

**Autumn FY24 IRE BEVERAGE NUTRITIONAL INFORMATION**

Updated 04.09.24

Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

| Menu Item                                       | Size        | Energy (kJ)        | Energy (kcal)        | Fat (g)        | Of which saturated (g)        | Carbohydrates (g)        | Of which Sugar (g) | Fibre (g)        | Protein (g)        | Salt (g)        | Caffeine (mg)        |
|---|-------------|--------------------|----------------------|----------------|-------------------------------|--------------------------|--------------------|------------------|--------------------|-----------------|----------------------|
| <b>Espresso Drinks</b>                          | <b>Size</b> | <b>Energy (kJ)</b> | <b>Energy (kcal)</b> | <b>Fat (g)</b> | <b>Of which saturated (g)</b> | <b>Carbohydrates (g)</b> | <b>Sugar (g)</b>   | <b>Fibre (g)</b> | <b>Protein (g)</b> | <b>Salt (g)</b> | <b>Caffeine (mg)</b> |
| Americano                                       | Tall        | 29                 | 7                    | 0.1            | 0                             | 0.9                      | 0.1                | 0.3              | 0.4                | 0.00            | 89.1                 |
| Americano                                       | Grande      | 44                 | 11                   | 0.2            | 0.1                           | 1.4                      | 0.1                | 0.4              | 0.6                | 0.00            | 133.7                |
| Americano                                       | Venti       | 59                 | 14                   | 0.3            | 0.1                           | 1.8                      | 0.2                | 0.5              | 0.8                | 0.00            | 178.2                |
| Caffe Latte - semi skimmed milk                 | Tall        | 519                | 124                  | 4.3            | 4.2                           | 12.3                     | 11.5               | 0.3              | 8.9                | 0.26            | 89.1                 |
| Caffe Latte - semi skimmed milk                 | Grande      | 636                | 151                  | 5.2            | 5.2                           | 15                       | 14.2               | 0.3              | 10.9               | 0.32            | 89.1                 |
| Caffe Latte - semi skimmed milk                 | Venti       | 858                | 204                  | 7.1            | 6.9                           | 20.3                     | 19.1               | 0.4              | 14.7               | 0.43            | 133.7                |
| Caffe Latte - whole milk                        | Tall        | 681                | 162                  | 8.9            | 5.6                           | 12.1                     | 11.2               | 0.3              | 8.6                | 0.26            | 89.1                 |
| Caffe Latte - whole milk                        | Grande      | 838                | 200                  | 11             | 6.9                           | 14.7                     | 13.9               | 0.3              | 10.6               | 0.32            | 89.1                 |
| Caffe Latte - whole milk                        | Venti       | 1128               | 269                  | 14.7           | 9.3                           | 19.9                     | 18.7               | 0.4              | 14.3               | 0.42            | 133.7                |
| Caffe Latte - skimmed milk                      | Tall        | 398                | 94                   | 0.9            | 0.4                           | 12.5                     | 11.7               | 0.3              | 8.9                | 0.27            | 89.1                 |
| Caffe Latte - skimmed milk                      | Grande      | 486                | 115                  | 1              | 0.4                           | 15.3                     | 14.5               | 0.3              | 10.9               | 0.33            | 89.1                 |
| Caffe Latte - skimmed milk                      | Venti       | 657                | 156                  | 1.4            | 0.6                           | 20.7                     | 19.5               | 0.4              | 14.7               | 0.45            | 133.7                |
| Caffe Latte - almond drink                      | Tall        | 272                | 68                   | 3              | 0.3                           | 6.9                      | 6                  | 0.7              | 1.6                | 0.18            | 89.1                 |
| Caffe Latte - almond drink                      | Grande      | 330                | 82                   | 3.7            | 0.3                           | 8.3                      | 7.5                | 0.9              | 1.9                | 0.22            | 89.1                 |
| Caffe Latte - almond drink                      | Venti       | 447                | 112                  | 5              | 0.5                           | 11.3                     | 10                 | 1.2              | 2.6                | 0.29            | 133.7                |
| Caffe Latte - soya drink                        | Tall        | 458                | 109                  | 4.7            | 0.8                           | 7.4                      | 6.2                | 1.7              | 8.4                | 0.24            | 89.1                 |
| Caffe Latte - soya drink                        | Grande      | 561                | 133                  | 5.8            | 0.9                           | 9                        | 7.6                | 2.1              | 10.3               | 0.30            | 89.1                 |
| Caffe Latte - soya drink                        | Venti       | 757                | 180                  | 7.9            | 1.3                           | 12.2                     | 10.2               | 2.8              | 13.9               | 0.40            | 133.7                |
| Caffe Latte - oat drink                         | Tall        | 628                | 150                  | 7.4            | 0.8                           | 17.1                     | 8.1                | 2.7              | 2.3                | 0.32            | 89.1                 |
| Caffe Latte - oat drink                         | Grande      | 771                | 184                  | 9.1            | 0.9                           | 21                       | 10                 | 3.3              | 2.8                | 0.39            | 89.1                 |
| Caffe Latte - oat drink                         | Venti       | 1039               | 249                  | 12.3           | 1.3                           | 28.4                     | 13.4               | 4.4              | 3.8                | 0.53            | 133.7                |
| Caffe Latte - coconut drink                     | Tall        | 468                | 114                  | 6.2            | 5.6                           | 9.4                      | 8.6                | 3.9              | 2.8                | 0.11            | 89.1                 |
| Caffe Latte - coconut drink                     | Grande      | 573                | 139                  | 7.6            | 7                             | 11.4                     | 10.6               | 4.8              | 3.4                | 0.14            | 89.1                 |
| Caffe Latte - coconut drink                     | Venti       | 773                | 188                  | 10.3           | 9.3                           | 15.5                     | 14.2               | 6.5              | 4.6                | 0.18            | 133.7                |
| Latte Macchiato - semi skimmed milk             | Tall        | 476                | 113                  | 3.9            | 3.8                           | 11.3                     | 10.5               | 0.3              | 8.1                | 0.24            | 89.1                 |
| Latte Macchiato - semi skimmed milk             | Grande      | 616                | 147                  | 5.1            | 5                             | 14.6                     | 13.7               | 0.3              | 10.6               | 0.31            | 89.1                 |
| Latte Macchiato - semi skimmed milk             | Venti       | 815                | 194                  | 6.7            | 6.6                           | 19.3                     | 18.1               | 0.4              | 14                 | 0.41            | 133.7                |
| Latte Macchiato - whole milk                    | Tall        | 624                | 149                  | 8.1            | 5.1                           | 11.1                     | 10.3               | 0.3              | 7.9                | 0.23            | 89.1                 |
| Latte Macchiato - whole milk                    | Grande      | 811                | 193                  | 10.6           | 6.7                           | 14.3                     | 13.5               | 0.3              | 10.3               | 0.31            | 89.1                 |
| Latte Macchiato - whole milk                    | Venti       | 1071               | 255                  | 13.9           | 8.8                           | 18.9                     | 17.7               | 0.4              | 13.6               | 0.40            | 133.7                |
| Latte Macchiato - skimmed milk                  | Tall        | 365                | 87                   | 0.8            | 0.3                           | 11.5                     | 10.7               | 0.3              | 8.1                | 0.24            | 89.1                 |
| Latte Macchiato - skimmed milk                  | Grande      | 471                | 112                  | 1              | 0.4                           | 14.8                     | 14                 | 0.3              | 10.6               | 0.32            | 89.1                 |
| Latte Macchiato - skimmed milk                  | Venti       | 624                | 148                  | 1.3            | 0.6                           | 19.7                     | 18.5               | 0.4              | 14                 | 0.42            | 133.7                |
| Latte Macchiato - almond drink                  | Tall        | 250                | 62                   | 2.7            | 0.3                           | 6.3                      | 5.5                | 0.7              | 1.5                | 0.16            | 89.1                 |
| Latte Macchiato - almond drink                  | Grande      | 320                | 80                   | 3.6            | 0.3                           | 8                        | 7.2                | 0.8              | 1.8                | 0.21            | 89.1                 |
| Latte Macchiato - almond drink                  | Venti       | 426                | 106                  | 4.7            | 0.4                           | 10.7                     | 9.5                | 1.2              | 2.5                | 0.28            | 133.7                |
| Latte Macchiato - soya drink                    | Tall        | 421                | 100                  | 4.3            | 0.7                           | 6.9                      | 5.6                | 1.6              | 7.7                | 0.22            | 89.1                 |
| Latte Macchiato - soya drink                    | Grande      | 543                | 129                  | 5.7            | 0.9                           | 8.7                      | 7.4                | 2                | 10                 | 0.29            | 89.1                 |
| Latte Macchiato - soya drink                    | Venti       | 720                | 171                  | 7.5            | 1.2                           | 11.7                     | 9.7                | 2.7              | 13.2               | 0.38            | 133.7                |
| Latte Macchiato - oat drink                     | Tall        | 575                | 138                  | 6.8            | 0.7                           | 15.7                     | 7.4                | 2.5              | 2.2                | 0.29            | 89.1                 |
| Latte Macchiato - oat drink                     | Grande      | 747                | 179                  | 8.8            | 0.9                           | 20.4                     | 9.7                | 3.2              | 2.7                | 0.38            | 89.1                 |
| Latte Macchiato - oat drink                     | Venti       | 987                | 236                  | 11.7           | 1.2                           | 26.9                     | 12.7               | 4.2              | 3.7                | 0.50            | 133.7                |
| Latte Macchiato - coconut drink                 | Tall        | 429                | 104                  | 5.7            | 5.1                           | 8.6                      | 7.8                | 3.6              | 2.6                | 0.10            | 89.1                 |
| Latte Macchiato - coconut drink                 | Grande      | 555                | 135                  | 7.4            | 6.7                           | 11.1                     | 10.3               | 4.6              | 3.3                | 0.13            | 89.1                 |
| Latte Macchiato - coconut drink                 | Venti       | 735                | 179                  | 9.7            | 8.8                           | 14.7                     | 13.5               | 6.1              | 4.4                | 0.17            | 133.7                |
| Freshly Brewed Coffee                           | Tall        | 109                | 25                   | 1.1            | 0.4                           | 2.2                      | 0.4                | 1.8              | 1.1                | 0.01            | 209.8                |
| Freshly Brewed Coffee                           | Grande      | 132                | 31                   | 1.3            | 0.4                           | 2.6                      | 0.4                | 2.2              | 1.3                | 0.01            | 254.6                |
| Freshly Brewed Coffee                           | Venti       | 168                | 39                   | 1.7            | 0.6                           | 3.4                      | 0.6                | 2.8              | 1.7                | 0.01            | 324.2                |
| Espresso Doppio                                 | Doppio      | 29                 | 7                    | 0.1            | 0                             | 0.9                      | 0.1                | 0.3              | 0.4                | 0.00            | 89.1                 |
| Espresso  | Single      | 15                 | 4                    | 0.1            | 0                             | 0.5                      | 0                  | 0.1              | 0.2                | 0.00            | 44.6                 |
| Espresso Con Panna                              | Single      | 190                | 46                   | 4.2            | 3                             | 1.6                      | 1.1                | 0.1              | 0.5                | 0.01            | 44.6                 |
| Espresso Con Panna - Doppio                     | Double      | 204                | 50                   | 4.2            | 3                             | 2                        | 1.2                | 0.3              | 0.7                | 0.01            | 89.1                 |
| Espresso Macchiato - semi skimmed milk          | Single      | 25                 | 6                    | 0.2            | 0.1                           | 0.7                      | 0.3                | 0.1              | 0.4                | 0.01            | 44.6                 |
| Espresso Macchiato - whole milk                 | Single      | 29                 | 7                    | 0.3            | 0.1                           | 0.7                      | 0.3                | 0.1              | 0.4                | 0.01            | 44.6                 |
| Espresso Macchiato - skimmed milk               | Single      | 23                 | 6                    | 0.1            | 0                             | 0.7                      | 0.3                | 0.1              | 0.4                | 0.01            | 44.6                 |
| Espresso Macchiato - almond drink               | Single      | 20                 | 5                    | 0.1            | 0                             | 0.6                      | 0.2                | 0.1              | 0.2                | 0.00            | 44.6                 |
| Espresso Macchiato - soya drink                 | Single      | 24                 | 6                    | 0.2            | 0                             | 0.6                      | 0.2                | 0.2              | 0.4                | 0.01            | 44.6                 |
| Espresso Macchiato - oat drink                  | Single      | 28                 | 7                    | 0.2            | 0                             | 0.8                      | 0.2                | 0.2              | 0.2                | 0.01            | 44.6                 |
| Espresso Macchiato - coconut drink              | Single      | 24                 | 6                    | 0.2            | 0.1                           | 0.6                      | 0.2                | 0.2              | 0.3                | 0.00            | 44.6                 |
| Espresso Macchiato - Doppio - semi skimmed milk | Double      | 62                 | 15                   | 0.4            | 0.3                           | 1.7                      | 0.9                | 0.3              | 1                  | 0.02            | 89.1                 |
| Espresso Macchiato - Doppio - whole milk        | Double      | 73                 | 18                   | 0.7            | 0.4                           | 1.6                      | 0.8                | 0.3              | 1                  | 0.02            | 89.1                 |
| Espresso Macchiato - Doppio - skimmed milk      | Double      | 54                 | 13                   | 0.2            | 0.1                           | 1.7                      | 0.9                | 0.3              | 1                  | 0.02            | 89.1                 |
| Espresso Macchiato - Doppio - almond drink      | Double      | 46                 | 11                   | 0.3            | 0.1                           | 1.3                      | 0.5                | 0.3              | 0.5                | 0.01            | 89.1                 |
| Espresso Macchiato - Doppio - soya drink        | Double      | 58                 | 14                   | 0.4            | 0.1                           | 1.3                      | 0.5                | 0.4              | 0.9                | 0.02            | 89.1                 |
| Espresso Macchiato - Doppio - oat drink         | Double      | 70                 | 17                   | 0.6            | 0.1                           | 2                        | 0.6                | 0.4              | 0.5                | 0.02            | 89.1                 |
| Espresso Macchiato - Doppio - coconut drink     | Double      | 59                 | 14                   | 0.5            | 0.4                           | 1.5                      | 0.7                | 0.5              | 0.6                | 0.01            | 89.1                 |
| Cappuccino - semi skimmed milk                  | Tall        | 432                | 103                  | 3.5            | 3.4                           | 10.3                     | 9.5                | 0.3              | 7.4                | 0.22            | 89.1                 |
| Cappuccino - semi skimmed milk                  | Grande      | 546                | 130                  | 4.5            | 4.4                           | 12.9                     | 12.1               | 0.3              | 9.4                | 0.28            | 89.1                 |
| Cappuccino - semi skimmed milk                  | Venti       | 708                | 169                  | 5.8            | 5.7                           | 16.8                     | 15.6               | 0.4              | 12.1               | 0.36            | 133.7                |
| Cappuccino - whole milk                         | Tall        | 565                | 135                  | 7.3            | 4.6                           | 10.1                     | 9.3                | 0.3              | 7.2                | 0.21            | 89.1                 |
| Cappuccino - whole milk                         | Grande      | 717                | 171                  | 9.3            | 5.9                           | 12.7                     | 11.8               | 0.3              | 9.1                | 0.27            | 89.1                 |
| Cappuccino - whole milk                         | Venti       | 929                | 221                  | 12             | 7.6                           | 16.5                     | 15.3               | 0.4              | 11.8               | 0.35            | 133.7                |
| Cappuccino - skimmed milk                       | Tall        | 332                | 79                   | 0.7            | 0.3                           | 10.5                     | 9.7                | 0.3              | 7.4                | 0.22            | 89.1                 |
| Cappuccino - skimmed milk                       | Grande      | 418                | 99                   | 0.9            | 0.4                           | 13.2                     | 12.4               | 0.3              | 9.4                | 0.28            | 89.1                 |
| Cappuccino - skimmed milk                       | Venti       | 544                | 129                  | 1.2            | 0.5                           | 17.1                     | 15.9               | 0.4              | 12.1               | 0.36            | 133.7                |
| Cappuccino - almond drink                       | Tall        | 229                | 57                   | 2.5            | 0.2                           | 5.8                      | 5                  | 0.7              | 1.4                | 0.15            | 89.1                 |
| Cappuccino - almond drink                       | Grande      | 285                | 71                   | 3.2            | 0.3                           | 7.2                      | 6.4                | 0.8              | 1.7                | 0.19            | 89.1                 |
| Cappuccino - almond drink                       | Venti       | 373                | 93                   | 4.1            | 0.4                           | 9.4                      | 8.2                | 1.1              | 2.2                | 0.24            | 133.7                |
| Cappuccino - soya drink                         | Tall        | 382                | 91                   | 3.9            | 0.6                           | 6.3                      | 5.1                | 1.5              | 7                  | 0.20            | 89.1                 |
| Cappuccino - soya drink                         | Grande      | 482                | 115                  | 5              | 0.8                           | 7.8                      | 6.5                | 1.8              | 8.8                | 0.26            | 89.1                 |
| Cappuccino - soya drink                         | Venti       | 626                | 149                  | 6.5            | 1.1                           | 10.2                     | 8.4                | 2.4              | 11.5               | 0.33            | 133.7                |
| Cappuccino - oat drink                          | Tall        | 522                | 125                  | 6.1            | 0.6                           | 14.3                     | 6.7                | 2.3              | 2                  | 0.26            | 89.1                 |
| Cappuccino - oat drink                          | Grande      | 661                | 158                  | 7.8            | 0.8                           | 18                       | 8.5                | 2.8              | 2.5                | 0.33            | 89.1                 |
| Cappuccino - oat drink                          | Venti       | 857                | 205                  | 10.1           | 1.1                           | 23.4                     | 11                 | 3.7              | 3.2                | 0.43            | 133.7                |
| Cappuccino - coconut drink                      | Tall        | 390                | 95                   | 5.1            | 4.6                           | 7.9                      | 7.1                | 3.3              | 2.4                | 0.09            | 89.1                 |
| Cappuccino - coconut drink                      | Grande      | 492                | 120                  | 6.5            | 5.9                           | 9.8                      | 9                  | 4.1              | 3                  | 0.12            | 89.1                 |
| Cappuccino - coconut drink                      | Venti       | 639                | 156                  | 8.4            | 7.6                           | 12.9                     | 11.7               | 5.3              | 3.9                | 0.15            | 133.7                |
| Misto - semi skimmed milk                       | Tall        | 311                | 74                   | 2.7            | 2.3                           | 7.1                      | 6.1                | 1                | 5                  | 0.14            | 114.7                |
| Misto - semi skimmed milk                       | Grande      | 409                | 97                   | 3.6            | 3.1                           | 9.3                      | 8.1                | 1.2              | 6.6                | 0.19            | 137.5                |
| Misto - semi skimmed milk                       | Venti       | 536                | 127                  | 4.6            | 4.1                           | 12.2                     | 10.8               | 1.4              | 8.7                | 0.25            | 163.4                |
| Misto - whole milk                              | Tall        | 395                | 94                   | 5.1            | 3.1                           | 6.9                      | 5.9                | 1                | 4.8                | 0.14            | 114.7                |
| Misto - whole milk                              | Grande      | 521                | 124                  | 6.7            | 4.1                           | 9.1                      | 7.9                | 1.2              | 6.4                | 0.18            | 137.5                |
| Misto - whole milk                              | Venti       | 686                | 163                  | 8.9            | 5.4                           | 12                       | 10.6               | 1.4              | 8.4                | 0.24            | 163.4                |
| Misto - skimmed milk                            | Tall        | 249                | 59                   | 1              | 0.4                           | 7.2                      | 6.2                | 1                | 5                  | 0.14            | 114.7                |
| Misto - skimmed milk                            | Grande      | 325                | 77                   | 1.2            | 0.5                           | 9.4                      | 8.3                | 1.2              | 6.6                | 0.19            | 137.5                |
| Misto - skimmed milk                            | Venti       | 424                | 100                  | 1.5            | 0.6                           | 12.4                     | 11                 | 1.4              | 8.7                | 0.25            | 163.4                |
| Misto - almond drink                            | Tall        | 184                | 45                   | 2.1            | 0.3                           | 4.3                      | 3.3                | 1.2              | 1.2                | 0.10            | 114.7                |
| Misto - almond drink                            | Grande      | 238                | 58                   | 2.7            | 0.4                           | 5.5                      | 4.3                | 1.5              | 1.5                | 0.13            | 137.5                |
| Misto - almond drink                            | Venti       | 308                | 76                   | 3.5            | 0.5                           | 7.2                      | 5.8                | 1.8              | 1.9                | 0.17            | 163.4                |
| Misto - soya drink                              | Tall        | 280                | 66                   | 3              | 0.6                           |                          |                    |                  |                    |                 |                      |

|                                       |             |                    |                      |                |                               |                          |                  |                  |                    |                 |                      |
|---------------------------------------|-------------|--------------------|----------------------|----------------|-------------------------------|--------------------------|------------------|------------------|--------------------|-----------------|----------------------|
| Misto - oat drink                     | Venti       | 636                | 152                  | 7.5            | 1                             | 16.7                     | 7.7              | 3.6              | 2.6                | 0.30            | 163.4                |
| Misto - coconut drink                 | Tall        | 285                | 69                   | 3.7            | 3.1                           | 5.6                      | 4.6              | 2.9              | 1.8                | 0.06            | 114.7                |
| Misto - coconut drink                 | Grande      | 374                | 90                   | 4.9            | 4.1                           | 7.3                      | 6.1              | 3.7              | 2.4                | 0.08            | 137.5                |
| Misto - coconut drink                 | Venti       | 489                | 118                  | 6.4            | 5.4                           | 9.5                      | 8.1              | 4.8              | 3.1                | 0.11            | 163.4                |
| Flat White - semi skimmed milk        | Short       | 246                | 59                   | 2              | 1.9                           | 6                        | 5.1              | 0.3              | 4.2                | 0.12            | 89.1                 |
| Flat White - whole milk               | Short       | 318                | 76                   | 4              | 2.5                           | 5.8                      | 5                | 0.3              | 4.1                | 0.11            | 89.1                 |
| Flat White - skimmed milk             | Short       | 193                | 46                   | 0.5            | 0.2                           | 6.1                      | 5.2              | 0.3              | 4.2                | 0.12            | 89.1                 |
| Flat White - almond drink             | Short       | 137                | 34                   | 1.4            | 0.2                           | 3.5                      | 2.7              | 0.5              | 0.9                | 0.08            | 89.1                 |
| Flat White - soya drink               | Short       | 219                | 52                   | 2.2            | 0.4                           | 3.8                      | 2.8              | 0.9              | 4                  | 0.11            | 89.1                 |
| Flat White - oat drink                | Short       | 295                | 71                   | 3.4            | 0.4                           | 8.1                      | 3.6              | 1.3              | 1.3                | 0.14            | 89.1                 |
| Flat White - coconut drink            | Short       | 224                | 54                   | 2.8            | 2.5                           | 4.7                      | 3.9              | 1.9              | 1.5                | 0.05            | 89.1                 |
| Caramel Macchiato - semi skimmed milk | Tall        | 705                | 167                  | 4.9            | 4.5                           | 22.2                     | 21               | 0.3              | 8.5                | 0.27            | 89.1                 |
| Caramel Macchiato - semi skimmed milk | Grande      | 901                | 214                  | 6              | 5.6                           | 28.9                     | 27.6             | 0.3              | 10.9               | 0.35            | 89.1                 |
| Caramel Macchiato - semi skimmed milk | Venti       | 1149               | 273                  | 7.5            | 7.1                           | 37                       | 35.2             | 0.4              | 14                 | 0.44            | 133.7                |
| Caramel Macchiato - whole milk        | Tall        | 859                | 204                  | 9.3            | 5.8                           | 21.9                     | 20.7             | 0.3              | 8.3                | 0.27            | 89.1                 |
| Caramel Macchiato - whole milk        | Grande      | 1100               | 261                  | 11.7           | 7.4                           | 28.6                     | 27.3             | 0.3              | 10.6               | 0.34            | 89.1                 |
| Caramel Macchiato - whole milk        | Venti       | 1404               | 334                  | 14.8           | 9.3                           | 36.6                     | 34.8             | 0.4              | 13.7               | 0.43            | 133.7                |
| Caramel Macchiato - skimmed milk      | Tall        | 590                | 140                  | 1.7            | 0.9                           | 22.4                     | 21.2             | 0.3              | 8.5                | 0.28            | 89.1                 |
| Caramel Macchiato - skimmed milk      | Grande      | 753                | 178                  | 1.9            | 1                             | 29.2                     | 27.9             | 0.3              | 10.9               | 0.35            | 89.1                 |
| Caramel Macchiato - skimmed milk      | Venti       | 958                | 227                  | 2.2            | 1.1                           | 37.3                     | 35.6             | 0.4              | 14                 | 0.45            | 133.7                |
| Caramel Macchiato - almond drink      | Tall        | 470                | 115                  | 3.7            | 0.8                           | 17                       | 15.8             | 0.7              | 1.6                | 0.19            | 89.1                 |
| Caramel Macchiato - almond drink      | Grande      | 598                | 146                  | 4.5            | 0.9                           | 22.3                     | 21               | 0.9              | 1.9                | 0.24            | 89.1                 |
| Caramel Macchiato - almond drink      | Venti       | 759                | 185                  | 5.6            | 1                             | 28.4                     | 26.6             | 1.2              | 2.6                | 0.31            | 133.7                |
| Caramel Macchiato - soya drink        | Tall        | 647                | 154                  | 5.3            | 1.3                           | 17.6                     | 15.9             | 1.6              | 8.1                | 0.26            | 89.1                 |
| Caramel Macchiato - soya drink        | Grande      | 827                | 196                  | 6.6            | 1.5                           | 23                       | 21.1             | 2.1              | 10.3               | 0.32            | 89.1                 |
| Caramel Macchiato - soya drink        | Venti       | 1053               | 250                  | 8.3            | 1.7                           | 29.3                     | 26.8             | 2.7              | 13.3               | 0.41            | 133.7                |
| Caramel Macchiato - oat drink         | Tall        | 808                | 193                  | 7.9            | 1.3                           | 26.8                     | 17.7             | 2.6              | 2.3                | 0.33            | 89.1                 |
| Caramel Macchiato - oat drink         | Grande      | 1035               | 247                  | 9.9            | 1.5                           | 34.9                     | 23.5             | 3.2              | 2.8                | 0.41            | 89.1                 |
| Caramel Macchiato - oat drink         | Venti       | 1320               | 315                  | 12.5           | 1.7                           | 44.6                     | 29.9             | 4.2              | 3.7                | 0.52            | 133.7                |
| Caramel Macchiato - coconut drink     | Tall        | 656                | 158                  | 6.7            | 5.9                           | 19.4                     | 18.2             | 3.7              | 2.8                | 0.13            | 89.1                 |
| Caramel Macchiato - coconut drink     | Grande      | 839                | 202                  | 8.4            | 7.4                           | 25.4                     | 24.1             | 4.7              | 3.4                | 0.16            | 89.1                 |
| Caramel Macchiato - coconut drink     | Venti       | 1068               | 257                  | 10.6           | 9.4                           | 32.4                     | 30.6             | 6.1              | 4.5                | 0.20            | 133.7                |
| Mocha - semi skimmed milk             | Tall        | 962                | 230                  | 9.7            | 7.6                           | 25                       | 23.2             | 2.2              | 9.4                | 0.20            | 89.1                 |
| Mocha - semi skimmed milk             | Grande      | 1187               | 283                  | 11.2           | 8.8                           | 32.2                     | 30.1             | 2.8              | 12                 | 0.26            | 89.1                 |
| Mocha - semi skimmed milk             | Venti       | 1511               | 360                  | 13.6           | 10.8                          | 41.7                     | 38.8             | 3.6              | 16.1               | 0.35            | 133.7                |
| Mocha - whole milk                    | Tall        | 1077               | 257                  | 13             | 8.6                           | 24.9                     | 23               | 2.2              | 9.3                | 0.20            | 89.1                 |
| Mocha - whole milk                    | Grande      | 1334               | 318                  | 15.3           | 10.1                          | 32                       | 29.9             | 2.8              | 11.8               | 0.25            | 89.1                 |
| Mocha - whole milk                    | Venti       | 1715               | 409                  | 19.3           | 12.6                          | 41.4                     | 38.5             | 3.6              | 15.8               | 0.34            | 133.7                |
| Mocha - skimmed milk                  | Tall        | 877                | 209                  | 7.3            | 4.9                           | 25.2                     | 23.4             | 2.2              | 9.4                | 0.21            | 89.1                 |
| Mocha - skimmed milk                  | Grande      | 1077               | 257                  | 8.1            | 5.3                           | 32.5                     | 30.3             | 2.8              | 12                 | 0.26            | 89.1                 |
| Mocha - skimmed milk                  | Venti       | 1359               | 324                  | 9.3            | 6.1                           | 42                       | 39.1             | 3.6              | 16.1               | 0.36            | 133.7                |
| Mocha - almond drink                  | Tall        | 788                | 190                  | 8.8            | 4.8                           | 21.2                     | 19.4             | 2.5              | 4.3                | 0.14            | 89.1                 |
| Mocha - almond drink                  | Grande      | 963                | 232                  | 10             | 5.3                           | 27.3                     | 25.2             | 3.2              | 5.4                | 0.18            | 89.1                 |
| Mocha - almond drink                  | Venti       | 1201               | 290                  | 12             | 6                             | 34.8                     | 32               | 4.2              | 7                  | 0.24            | 133.7                |
| Mocha - soya drink                    | Tall        | 919                | 219                  | 10.1           | 5.2                           | 21.6                     | 19.4             | 3.2              | 9.1                | 0.19            | 89.1                 |
| Mocha - soya drink                    | Grande      | 1132               | 270                  | 11.6           | 5.7                           | 27.8                     | 25.3             | 4.1              | 11.6               | 0.24            | 89.1                 |
| Mocha - soya drink                    | Venti       | 1435               | 342                  | 14.2           | 6.6                           | 35.6                     | 32.1             | 5.4              | 15.5               | 0.33            | 133.7                |
| Mocha - oat drink                     | Tall        | 1039               | 248                  | 11.9           | 5.2                           | 28.4                     | 20.8             | 3.9              | 4.8                | 0.24            | 89.1                 |
| Mocha - oat drink                     | Grande      | 1286               | 307                  | 14             | 5.7                           | 36.6                     | 27               | 5                | 6.1                | 0.31            | 89.1                 |
| Mocha - oat drink                     | Venti       | 1648               | 394                  | 17.5           | 6.6                           | 47.7                     | 34.5             | 6.6              | 7.9                | 0.42            | 133.7                |
| Mocha - coconut drink                 | Tall        | 926                | 223                  | 11.1           | 8.6                           | 23                       | 21.2             | 4.7              | 5.2                | 0.10            | 89.1                 |
| Mocha - coconut drink                 | Grande      | 1141               | 274                  | 12.9           | 10.1                          | 29.6                     | 27.5             | 6.1              | 6.5                | 0.12            | 89.1                 |
| Mocha - coconut drink                 | Venti       | 1448               | 348                  | 16             | 12.7                          | 38                       | 35.1             | 8.1              | 8.5                | 0.16            | 133.7                |
| White Mocha - semi skimmed milk       | Tall        | 1113               | 265                  | 10.5           | 8.5                           | 34.4                     | 33.6             | 0.3              | 8.1                | 0.36            | 89.1                 |
| White Mocha - semi skimmed milk       | Grande      | 1448               | 345                  | 12.7           | 10.5                          | 46.2                     | 45.4             | 0.3              | 11.3               | 0.50            | 89.1                 |
| White Mocha - semi skimmed milk       | Venti       | 1751               | 417                  | 14.7           | 12.2                          | 57.1                     | 55.9             | 0.5              | 13.7               | 0.61            | 133.7                |
| White Mocha - whole milk              | Tall        | 1218               | 290                  | 13.5           | 9.4                           | 34.3                     | 33.5             | 0.3              | 7.9                | 0.36            | 89.1                 |
| White Mocha - whole milk              | Grande      | 1603               | 382                  | 17.1           | 11.8                          | 46                       | 45.1             | 0.3              | 11.1               | 0.49            | 89.1                 |
| White Mocha - whole milk              | Venti       | 1936               | 461                  | 20             | 13.8                          | 56.8                     | 55.6             | 0.5              | 13.4               | 0.60            | 133.7                |
| White Mocha - skimmed milk            | Tall        | 1034               | 246                  | 8.3            | 6                             | 34.6                     | 33.8             | 0.3              | 8.1                | 0.36            | 89.1                 |
| White Mocha - skimmed milk            | Grande      | 1333               | 317                  | 9.4            | 6.8                           | 46.4                     | 45.6             | 0.3              | 11.3               | 0.51            | 89.1                 |
| White Mocha - skimmed milk            | Venti       | 1613               | 384                  | 10.9           | 7.9                           | 57.3                     | 56.1             | 0.5              | 13.7               | 0.62            | 133.7                |
| White Mocha - almond drink            | Tall        | 952                | 229                  | 9.7            | 5.9                           | 30.9                     | 30.1             | 0.6              | 3.4                | 0.31            | 89.1                 |
| White Mocha - almond drink            | Grande      | 1212               | 292                  | 11.5           | 6.8                           | 41                       | 40.2             | 0.8              | 4.4                | 0.42            | 89.1                 |
| White Mocha - almond drink            | Venti       | 1470               | 353                  | 13.3           | 7.8                           | 50.9                     | 49.7             | 1                | 5.4                | 0.51            | 133.7                |
| White Mocha - soya drink              | Tall        | 1073               | 256                  | 10.8           | 6.3                           | 31.3                     | 30.2             | 1.3              | 7.8                | 0.35            | 89.1                 |
| White Mocha - soya drink              | Grande      | 1390               | 331                  | 13.1           | 7.2                           | 41.6                     | 40.3             | 1.7              | 10.9               | 0.48            | 89.1                 |
| White Mocha - soya drink              | Venti       | 1682               | 400                  | 15.3           | 8.4                           | 51.6                     | 49.8             | 2.1              | 13.2               | 0.59            | 133.7                |
| White Mocha - oat drink               | Tall        | 1183               | 282                  | 12.5           | 6.3                           | 37.6                     | 31.4             | 1.9              | 3.9                | 0.40            | 89.1                 |
| White Mocha - oat drink               | Grande      | 1552               | 370                  | 15.7           | 7.2                           | 50.8                     | 42.1             | 2.6              | 5.1                | 0.55            | 89.1                 |
| White Mocha - oat drink               | Venti       | 1875               | 447                  | 18.3           | 8.4                           | 62.6                     | 52               | 3.2              | 6.3                | 0.67            | 133.7                |
| White Mocha - coconut drink           | Tall        | 1080               | 259                  | 11.7           | 9.4                           | 32.5                     | 31.7             | 2.7              | 4.2                | 0.26            | 89.1                 |
| White Mocha - coconut drink           | Grande      | 1400               | 336                  | 14.5           | 11.9                          | 43.4                     | 42.6             | 3.8              | 5.5                | 0.36            | 89.1                 |
| White Mocha - coconut drink           | Venti       | 1693               | 406                  | 16.9           | 13.9                          | 53.8                     | 52.5             | 4.6              | 6.8                | 0.44            | 133.7                |
| <b>Cold Coffee</b>                    | <b>Size</b> | <b>Energy (kJ)</b> | <b>Energy (kcal)</b> | <b>Fat (g)</b> | <b>Of which saturated (g)</b> | <b>Carbohydrates (g)</b> | <b>Sugar (g)</b> | <b>Fibre (g)</b> | <b>Protein (g)</b> | <b>Salt (g)</b> | <b>Caffeine (mg)</b> |
| Cold Brew                             | Tall        | 74                 | 17                   | 0.6            | 0.2                           | 1.7                      | 0.1              | 1.1              | 0.8                | 0.01            | 193.3                |
| Cold Brew                             | Grande      | 101                | 23                   | 0.9            | 0.3                           | 2.3                      | 0.1              | 1.4              | 1.2                | 0.01            | 264.7                |
| Cold Brew                             | Venti       | 108                | 25                   | 0.9            | 0.3                           | 2.5                      | 0.2              | 1.5              | 1.2                | 0.02            | 285.1                |
| Cold Brew Latte - semi skimmed milk   | Tall        | 373                | 88                   | 3.1            | 2.9                           | 8.6                      | 7.7              | 0.5              | 6.4                | 0.18            | 159.1                |
| Cold Brew Latte - semi skimmed milk   | Grande      | 520                | 123                  | 4.3            | 4.1                           | 12                       | 11.1             | 0.6              | 8.9                | 0.26            | 166.5                |
| Cold Brew Latte - semi skimmed milk   | Venti       | 598                | 142                  | 5              | 4.7                           | 13.8                     | 12.7             | 0.7              | 10.3               | 0.30            | 204.7                |
| Cold Brew Latte - whole milk          | Tall        | 482                | 114                  | 6.2            | 3.9                           | 8.4                      | 7.6              | 0.5              | 6.2                | 0.18            | 159.1                |
| Cold Brew Latte - whole milk          | Grande      | 677                | 161                  | 8.8            | 5.5                           | 11.7                     | 10.9             | 0.6              | 8.7                | 0.25            | 166.5                |
| Cold Brew Latte - whole milk          | Venti       | 778                | 185                  | 10.1           | 6.3                           | 13.5                     | 12.4             | 0.7              | 10                 | 0.29            | 204.7                |
| Cold Brew Latte - skimmed milk        | Tall        | 291                | 69                   | 0.8            | 0.3                           | 8.7                      | 7.9              | 0.5              | 6.4                | 0.19            | 159.1                |
| Cold Brew Latte - skimmed milk        | Grande      | 402                | 95                   | 1.1            | 0.4                           | 12.2                     | 11.3             | 0.6              | 8.9                | 0.26            | 166.5                |
| Cold Brew Latte - skimmed milk        | Venti       | 464                | 110                  | 1.2            | 0.5                           | 14                       | 13               | 0.7              | 10.3               | 0.30            | 204.7                |
| Cold Brew Latte - almond drink        | Tall        | 206                | 51                   | 2.3            | 0.3                           | 4.9                      | 4.1              | 0.9              | 1.5                | 0.12            | 159.1                |
| Cold Brew Latte - almond drink        | Grande      | 280                | 69                   | 3.1            | 0.3                           | 6.7                      | 5.8              | 1                | 1.8                | 0.18            | 166.5                |
| Cold Brew Latte - almond drink        | Venti       | 324                | 80                   | 3.6            | 0.4                           | 7.7                      | 6.7              | 1.2              | 2.2                | 0.20            | 204.7                |
| Cold Brew Latte - soya drink          | Tall        | 332                | 79                   | 3.4            | 0.6                           | 5.3                      | 4.1              | 1.5              | 6.1                | 0.17            | 159.1                |
| Cold Brew Latte - soya drink          | Grande      | 461                | 109                  | 4.8            | 0.8                           | 7.3                      | 5.9              | 2                | 8.5                | 0.24            | 166.5                |
| Cold Brew Latte - soya drink          | Venti       | 531                | 126                  | 5.5            | 0.9                           | 8.4                      | 6.8              | 2.3              | 9.7                | 0.28            | 204.7                |
| Cold Brew Latte - oat drink           | Tall        | 446                | 106                  | 5.2            | 0.6                           | 11.8                     | 5.4              | 2.2              | 2                  | 0.22            | 159.1                |
| Cold Brew Latte - oat drink           | Grande      | 626                | 149                  | 7.4            | 0.8                           | 16.7                     | 7.8              | 2.9              | 2.6                | 0.31            | 166.5                |
| Cold Brew Latte - oat drink           | Venti       | 719                | 171                  | 8.5            | 0.9                           | 19.1                     | 8.9              | 3.4              | 3                  | 0.36            | 204.7                |
| Cold Brew Latte - coconut drink       | Tall        | 339                | 82                   | 4.4            | 3.9                           | 6.6                      | 5.8              | 3                | 2.3                | 0.08            | 159.1                |
| Cold Brew Latte - coconut drink       | Grande      | 470                | 114                  | 6.2            | 5.5                           | 9.2                      | 8.3              | 4.1              | 3                  | 0.11            | 166.5                |
| Cold Brew Latte - coconut drink       | Venti       | 542                | 131                  | 7.1            | 6.3                           | 10.5                     | 9.5              | 4.7              | 3.5                | 0.13            | 204.7                |
| Iced Americano                        | Tall        | 29                 | 7                    | 0.1            | 0                             | 0.9                      | 0.1              | 0.3              | 0.4                | 0.00            | 89.1                 |
| Iced Americano                        | Grande      | 44                 | 11                   | 0.2            | 0.1                           | 1.4                      | 0.1              | 0.4              | 0.6                | 0.00            | 133.7                |
| Iced Americano                        | Venti       | 59                 | 14                   | 0.3            | 0.1                           | 1.8                      | 0.2              | 0.5              | 0.8                | 0.00            | 178.2                |
| Iced Latte - semi skimmed milk        | Tall        | 346                | 83                   | 2.8            | 2.7                           | 8.3                      | 7.5              | 0.3              | 5.9                | 0.17            | 89.1                 |
| Iced Latte - semi skimmed milk        | Grande      | 536                | 128                  | 4.4            | 4.3                           | 12.7                     | 11.9             | 0.3              | 9.2                | 0.27            | 89.1                 |
| Iced Latte - semi skimmed milk        | Venti       | 545                | 130                  | 4.4            | 4.3                           | 13                       | 11.8             | 0.4              | 9.3                | 0.27            | 133.7                |
| Iced Latte - whole milk               | Tall        | 451                | 108                  | 5.8            | 3.6                           | 8.1                      | 7.3              | 0.3              | 5.7                | 0.17            | 89.1                 |
| Iced Latte - whole milk               | Grande      | 704                | 168                  | 9.2            | 5.8                           | 12.4                     | 11.6             | 0.3              | 8.9                | 0.26            | 89.1                 |
| Iced Latte - whole milk               | Venti       | 711                | 170                  | 9.1            | 5.7                           | 12.8                     | 11.5             | 0.4              | 9                  | 0.26            | 133.7                |
| Iced Latte - skimmed milk             | Tall        | 268                | 64                   | 0.6            | 0.2                           | 8.4                      | 7.6              | 0.3              | 5.9                | 0.17            | 89.1                 |
| Iced Latte - skimmed milk             | Grande      | 410                | 97                   | 0.9            | 0.4                           | 12.9                     | 12.1             | 0.3              | 9.2                | 0.28            | 89.1                 |
| Iced Latte - skimmed milk             | Venti       | 421                | 100                  | 0.9            | 0.4                           | 13.3                     | 12               | 0.4              | 9.3                | 0.27            | 133.7                |
| Iced Latte - almond drink             | Tall        | 186                | 46                   | 2              | 0.2                           | 4.8                      | 3.9              | 0.6              | 1.2                | 0.11            | 89.1                 |
| Iced Latte - almond drink             | Grande      | 280                | 70                   | 3.1            | 0.3                           | 7.1                      | 6.3              | 0.8              | 1.6                | 0.18            | 89.1                 |
| Iced Latte - almond drink             | Venti       | 292                | 73                   | 3.1            | 0.3                           | 7.4                      | 6.2              | 0.9              | 1.8                | 0.18            | 133.7                |
| Iced Latte - soya drink               | Tall        | 307                | 73                   | 3.1            | 0.5                           | 5.1                      | 4                | 1.2              | 5.6                | 0.16            | 89.1                 |
| Iced Latte - soya drink               | Grande      | 473                | 113                  | 4.9            | 0.8                           | 7.7                      | 6.4              | 1.8              | 8.7                | 0.25            |                      |

|   |        |      |     |      |      |      |      |     |      |      |       |
|---|--------|------|-----|------|------|------|------|-----|------|------|-------|
| Iced Latte - oat drink                      | Grande | 649  | 155 | 7.7  | 0.8  | 17.7 | 8.4  | 2.8 | 2.4  | 0.33 | 89.1  |
| Iced Latte - oat drink                      | Venti  | 656  | 157 | 7.6  | 0.8  | 18   | 8.3  | 2.9 | 2.6  | 0.32 | 133.7 |
| Iced Latte - coconut drink                  | Tall   | 313  | 76  | 4.1  | 3.7  | 6.4  | 5.6  | 2.6 | 2    | 0.07 | 89.1  |
| Iced Latte - coconut drink                  | Grande | 483  | 118 | 6.4  | 5.8  | 9.7  | 8.9  | 4   | 2.9  | 0.11 | 89.1  |
| Iced Latte - coconut drink                  | Venti  | 493  | 120 | 6.4  | 5.8  | 10   | 8.8  | 4.1 | 3.1  | 0.11 | 133.7 |
| Classic Iced Cappuccino - semi skimmed milk | Tall   | 297  | 71  | 2.4  | 2.3  | 7.1  | 6.3  | 0.3 | 5    | 0.14 | 89.1  |
| Classic Iced Cappuccino - semi skimmed milk | Grande | 446  | 106 | 3.6  | 3.5  | 10.6 | 9.8  | 0.3 | 7.6  | 0.22 | 89.1  |
| Classic Iced Cappuccino - semi skimmed milk | Venti  | 484  | 115 | 3.9  | 3.8  | 11.6 | 10.4 | 0.4 | 8.2  | 0.24 | 133.7 |
| Classic Iced Cappuccino - whole milk        | Tall   | 386  | 92  | 4.9  | 3.1  | 7    | 6.2  | 0.3 | 4.9  | 0.14 | 89.1  |
| Classic Iced Cappuccino - whole milk        | Grande | 584  | 139 | 7.6  | 4.8  | 10.4 | 9.6  | 0.3 | 7.4  | 0.22 | 89.1  |
| Classic Iced Cappuccino - whole milk        | Venti  | 630  | 150 | 8    | 5.1  | 11.4 | 10.2 | 0.4 | 8    | 0.23 | 133.7 |
| Classic Iced Cappuccino - skimmed milk      | Tall   | 231  | 55  | 0.5  | 0.2  | 7.3  | 6.5  | 0.3 | 5    | 0.15 | 89.1  |
| Classic Iced Cappuccino - skimmed milk      | Grande | 343  | 81  | 0.8  | 0.3  | 10.8 | 10   | 0.3 | 7.6  | 0.23 | 89.1  |
| Classic Iced Cappuccino - skimmed milk      | Venti  | 375  | 89  | 0.9  | 0.4  | 11.8 | 10.6 | 0.4 | 8.2  | 0.24 | 133.7 |
| Classic Iced Cappuccino - almond drink      | Tall   | 162  | 40  | 1.7  | 0.2  | 4.2  | 3.3  | 0.5 | 1.1  | 0.10 | 89.1  |
| Classic Iced Cappuccino - almond drink      | Grande | 235  | 59  | 2.6  | 0.2  | 6    | 5.2  | 0.7 | 1.4  | 0.15 | 89.1  |
| Classic Iced Cappuccino - almond drink      | Venti  | 262  | 65  | 2.8  | 0.3  | 6.7  | 5.5  | 0.8 | 1.7  | 0.16 | 133.7 |
| Classic Iced Cappuccino - soya drink        | Tall   | 264  | 63  | 2.7  | 0.4  | 4.5  | 3.4  | 1.1 | 4.8  | 0.13 | 89.1  |
| Classic Iced Cappuccino - soya drink        | Grande | 394  | 94  | 4.1  | 0.7  | 6.5  | 5.2  | 1.5 | 7.2  | 0.21 | 89.1  |
| Classic Iced Cappuccino - soya drink        | Venti  | 430  | 102 | 4.3  | 0.7  | 7.2  | 5.6  | 1.7 | 7.8  | 0.22 | 133.7 |
| Classic Iced Cappuccino - oat drink         | Tall   | 357  | 85  | 4.1  | 0.4  | 9.8  | 4.5  | 1.6 | 1.5  | 0.17 | 89.1  |
| Classic Iced Cappuccino - oat drink         | Grande | 538  | 129 | 6.3  | 0.7  | 14.7 | 6.9  | 2.3 | 2.1  | 0.27 | 89.1  |
| Classic Iced Cappuccino - oat drink         | Venti  | 582  | 139 | 6.7  | 0.7  | 15.9 | 7.3  | 2.6 | 2.4  | 0.28 | 133.7 |
| Classic Iced Cappuccino - coconut drink     | Tall   | 269  | 66  | 3.4  | 3.1  | 5.5  | 4.7  | 2.3 | 1.7  | 0.06 | 89.1  |
| Classic Iced Cappuccino - coconut drink     | Grande | 402  | 98  | 5.3  | 4.8  | 8.1  | 7.3  | 3.4 | 2.5  | 0.09 | 89.1  |
| Classic Iced Cappuccino - coconut drink     | Venti  | 438  | 107 | 5.7  | 5.1  | 9    | 7.8  | 3.7 | 2.8  | 0.10 | 133.7 |
| Iced Latte Macchiato - semi skimmed milk    | Tall   | 383  | 91  | 3.1  | 3    | 9.1  | 8.3  | 0.3 | 6.5  | 0.19 | 89.1  |
| Iced Latte Macchiato - semi skimmed milk    | Grande | 552  | 132 | 4.5  | 4.4  | 13.1 | 12.3 | 0.3 | 9.5  | 0.28 | 89.1  |
| Iced Latte Macchiato - semi skimmed milk    | Venti  | 578  | 138 | 4.7  | 4.6  | 13.8 | 12.6 | 0.4 | 9.9  | 0.29 | 133.7 |
| Iced Latte Macchiato - whole milk           | Tall   | 500  | 119 | 6.4  | 4.1  | 9    | 8.1  | 0.3 | 6.4  | 0.18 | 89.1  |
| Iced Latte Macchiato - whole milk           | Grande | 726  | 173 | 9.5  | 6    | 12.8 | 12   | 0.3 | 9.2  | 0.27 | 89.1  |
| Iced Latte Macchiato - whole milk           | Venti  | 755  | 180 | 9.7  | 6.1  | 13.5 | 12.3 | 0.4 | 9.6  | 0.28 | 133.7 |
| Iced Latte Macchiato - skimmed milk         | Tall   | 295  | 70  | 0.7  | 0.3  | 9.3  | 8.5  | 0.3 | 6.5  | 0.19 | 89.1  |
| Iced Latte Macchiato - skimmed milk         | Grande | 423  | 100 | 0.9  | 0.4  | 13.3 | 12.5 | 0.3 | 9.5  | 0.29 | 89.1  |
| Iced Latte Macchiato - skimmed milk         | Venti  | 446  | 106 | 1    | 0.4  | 14   | 12.8 | 0.4 | 9.9  | 0.29 | 133.7 |
| Iced Latte Macchiato - almond drink         | Tall   | 204  | 51  | 2.2  | 0.2  | 5.2  | 4.4  | 0.6 | 1.3  | 0.13 | 89.1  |
| Iced Latte Macchiato - almond drink         | Grande | 288  | 72  | 3.2  | 0.3  | 7.3  | 6.5  | 0.8 | 1.7  | 0.19 | 89.1  |
| Iced Latte Macchiato - almond drink         | Venti  | 308  | 77  | 3.3  | 0.3  | 7.9  | 6.6  | 0.9 | 1.9  | 0.19 | 133.7 |
| Iced Latte Macchiato - soya drink           | Tall   | 339  | 81  | 3.5  | 0.6  | 5.6  | 4.5  | 1.3 | 6.2  | 0.18 | 89.1  |
| Iced Latte Macchiato - soya drink           | Grande | 488  | 116 | 5.1  | 0.8  | 7.9  | 6.6  | 1.8 | 9    | 0.26 | 89.1  |
| Iced Latte Macchiato - soya drink           | Venti  | 512  | 122 | 5.2  | 0.9  | 8.5  | 6.7  | 2   | 9.3  | 0.27 | 133.7 |
| Iced Latte Macchiato - oat drink            | Tall   | 462  | 110 | 5.4  | 0.6  | 12.6 | 5.9  | 2   | 1.8  | 0.23 | 89.1  |
| Iced Latte Macchiato - oat drink            | Grande | 669  | 160 | 7.9  | 0.8  | 18.3 | 8.6  | 2.9 | 2.5  | 0.34 | 89.1  |
| Iced Latte Macchiato - oat drink            | Venti  | 697  | 167 | 8.1  | 0.9  | 19.1 | 8.9  | 3.1 | 2.7  | 0.35 | 133.7 |
| Iced Latte Macchiato - coconut drink        | Tall   | 346  | 84  | 4.5  | 4.1  | 7    | 6.2  | 2.9 | 2.2  | 0.08 | 89.1  |
| Iced Latte Macchiato - coconut drink        | Grande | 498  | 121 | 6.6  | 6    | 10   | 9.2  | 4.2 | 3    | 0.12 | 89.1  |
| Iced Latte Macchiato - coconut drink        | Venti  | 523  | 127 | 6.8  | 6.2  | 10.6 | 9.4  | 4.4 | 3.3  | 0.12 | 133.7 |
| Iced Caramel Macchiato - semi skimmed milk  | Tall   | 616  | 146 | 4.2  | 3.7  | 20.4 | 19.1 | 0.3 | 6.6  | 0.22 | 89.1  |
| Iced Caramel Macchiato - semi skimmed milk  | Grande | 847  | 201 | 5.6  | 5.1  | 27.9 | 26.6 | 0.3 | 9.6  | 0.31 | 89.1  |
| Iced Caramel Macchiato - semi skimmed milk  | Venti  | 933  | 222 | 5.8  | 5.2  | 32.2 | 30.4 | 0.4 | 10   | 0.32 | 133.7 |
| Iced Caramel Macchiato - whole milk         | Tall   | 733  | 174 | 7.5  | 4.7  | 20.2 | 18.9 | 0.3 | 6.4  | 0.22 | 89.1  |
| Iced Caramel Macchiato - whole milk         | Grande | 1020 | 242 | 10.5 | 6.6  | 27.7 | 26.3 | 0.3 | 9.3  | 0.31 | 89.1  |
| Iced Caramel Macchiato - whole milk         | Venti  | 1111 | 264 | 10.8 | 6.8  | 32   | 30.2 | 0.4 | 9.7  | 0.31 | 133.7 |
| Iced Caramel Macchiato - skimmed milk       | Tall   | 528  | 125 | 1.7  | 0.9  | 20.6 | 19.3 | 0.3 | 6.6  | 0.23 | 89.1  |
| Iced Caramel Macchiato - skimmed milk       | Grande | 717  | 170 | 2    | 1    | 28.2 | 26.9 | 0.3 | 9.6  | 0.32 | 89.1  |
| Iced Caramel Macchiato - skimmed milk       | Venti  | 801  | 190 | 2.1  | 1.1  | 32.5 | 30.7 | 0.4 | 10   | 0.33 | 133.7 |
| Iced Caramel Macchiato - almond drink       | Tall   | 437  | 106 | 3.3  | 0.9  | 16.5 | 15.2 | 0.6 | 1.4  | 0.16 | 89.1  |
| Iced Caramel Macchiato - almond drink       | Grande | 582  | 141 | 4.2  | 1    | 22.1 | 20.8 | 0.8 | 1.8  | 0.22 | 89.1  |
| Iced Caramel Macchiato - almond drink       | Venti  | 664  | 161 | 4.4  | 1    | 26.3 | 24.5 | 0.9 | 2    | 0.23 | 133.7 |
| Iced Caramel Macchiato - soya drink         | Tall   | 572  | 136 | 4.5  | 1.2  | 16.9 | 15.3 | 1.3 | 6.3  | 0.21 | 89.1  |
| Iced Caramel Macchiato - soya drink         | Grande | 782  | 185 | 6.1  | 1.5  | 22.8 | 20.9 | 1.8 | 9    | 0.29 | 89.1  |
| Iced Caramel Macchiato - soya drink         | Venti  | 867  | 206 | 6.3  | 1.5  | 27   | 24.6 | 2   | 9.4  | 0.30 | 133.7 |
| Iced Caramel Macchiato - oat drink          | Tall   | 695  | 166 | 6.4  | 1.2  | 23.9 | 16.7 | 2   | 1.9  | 0.26 | 89.1  |
| Iced Caramel Macchiato - oat drink          | Grande | 963  | 229 | 9    | 1.5  | 33.1 | 23   | 2.9 | 2.6  | 0.37 | 89.1  |
| Iced Caramel Macchiato - oat drink          | Venti  | 1052 | 251 | 9.2  | 1.5  | 37.5 | 26.7 | 3.1 | 2.8  | 0.38 | 133.7 |
| Iced Caramel Macchiato - coconut drink      | Tall   | 579  | 139 | 5.6  | 4.7  | 18.3 | 17   | 2.9 | 2.2  | 0.11 | 89.1  |
| Iced Caramel Macchiato - coconut drink      | Grande | 792  | 191 | 7.7  | 6.7  | 24.8 | 23.5 | 4.2 | 3.1  | 0.15 | 89.1  |
| Iced Caramel Macchiato - coconut drink      | Venti  | 878  | 211 | 7.9  | 6.8  | 29.1 | 27.2 | 4.4 | 3.3  | 0.15 | 133.7 |
| Iced Cappuccino with Cold Foam              | Tall   | 230  | 54  | 0.4  | 0.1  | 9.6  | 8.8  | 0.3 | 3    | 0.08 | 89.1  |
| Iced Cappuccino with Cold Foam              | Grande | 302  | 72  | 0.4  | 0.2  | 13.1 | 12.3 | 0.3 | 3.7  | 0.10 | 89.1  |
| Iced Cappuccino with Cold Foam              | Venti  | 396  | 94  | 0.6  | 0.2  | 17.2 | 16   | 0.4 | 4.7  | 0.13 | 133.7 |
| Iced Mocha - semi skimmed milk              | Tall   | 1027 | 246 | 12.9 | 9.6  | 23.6 | 21.7 | 2.2 | 7.8  | 0.15 | 89.1  |
| Iced Mocha - semi skimmed milk              | Grande | 1431 | 342 | 17.7 | 13.3 | 32.9 | 30.7 | 2.8 | 11.6 | 0.24 | 89.1  |
| Iced Mocha - semi skimmed milk              | Venti  | 1517 | 363 | 17.8 | 13.3 | 37   | 34.1 | 3.6 | 11.8 | 0.22 | 133.7 |
| Iced Mocha - whole milk                     | Tall   | 1105 | 264 | 15.1 | 10.3 | 23.4 | 21.6 | 2.2 | 7.7  | 0.15 | 89.1  |
| Iced Mocha - whole milk                     | Grande | 1560 | 373 | 21.3 | 14.5 | 32.7 | 30.5 | 2.8 | 11.4 | 0.24 | 89.1  |
| Iced Mocha - whole milk                     | Venti  | 1629 | 389 | 21   | 14.2 | 36.8 | 34   | 3.6 | 11.6 | 0.22 | 133.7 |
| Iced Mocha - skimmed milk                   | Tall   | 969  | 232 | 11.3 | 7.8  | 23.7 | 21.9 | 2.2 | 7.8  | 0.16 | 89.1  |
| Iced Mocha - skimmed milk                   | Grande | 1334 | 319 | 15   | 10.3 | 33   | 30.9 | 2.8 | 11.6 | 0.25 | 89.1  |
| Iced Mocha - skimmed milk                   | Venti  | 1433 | 343 | 15.5 | 10.6 | 37.2 | 34.3 | 3.6 | 11.8 | 0.22 | 133.7 |
| Iced Mocha - almond drink                   | Tall   | 908  | 219 | 12.3 | 7.7  | 20.9 | 19.1 | 2.4 | 4.3  | 0.11 | 89.1  |
| Iced Mocha - almond drink                   | Grande | 1234 | 298 | 16.7 | 10.3 | 28.5 | 26.4 | 3.2 | 5.8  | 0.18 | 89.1  |
| Iced Mocha - almond drink                   | Venti  | 1346 | 324 | 17   | 10.6 | 33.3 | 30.4 | 3.9 | 6.7  | 0.16 | 133.7 |
| Iced Mocha - soya drink                     | Tall   | 998  | 239 | 13.1 | 8    | 21.2 | 19.2 | 2.9 | 7.6  | 0.14 | 89.1  |
| Iced Mocha - soya drink                     | Grande | 1382 | 331 | 18.1 | 10.6 | 29   | 26.5 | 3.9 | 11.2 | 0.23 | 89.1  |
| Iced Mocha - soya drink                     | Venti  | 1475 | 353 | 18.2 | 10.9 | 33.7 | 30.4 | 4.6 | 11.4 | 0.21 | 133.7 |
| Iced Mocha - oat drink                      | Tall   | 1079 | 259 | 14.4 | 8    | 25.9 | 20.1 | 3.3 | 4.7  | 0.18 | 89.1  |
| Iced Mocha - oat drink                      | Grande | 1517 | 363 | 20.2 | 10.6 | 36.7 | 28   | 4.7 | 6.4  | 0.29 | 89.1  |
| Iced Mocha - oat drink                      | Venti  | 1592 | 381 | 20   | 10.9 | 40.3 | 31.8 | 5.2 | 7.3  | 0.26 | 133.7 |
| Iced Mocha - coconut drink                  | Tall   | 1002 | 241 | 13.8 | 10.3 | 22.2 | 20.3 | 3.9 | 4.9  | 0.08 | 89.1  |
| Iced Mocha - coconut drink                  | Grande | 1390 | 334 | 19.2 | 14.5 | 30.5 | 28.4 | 5.7 | 6.8  | 0.12 | 89.1  |
| Iced Mocha - coconut drink                  | Venti  | 1482 | 356 | 19.2 | 14.3 | 35   | 32.1 | 6.1 | 7.6  | 0.11 | 133.7 |
| Iced White Mocha - semi skimmed milk        | Tall   | 1207 | 288 | 13.9 | 10.7 | 33.7 | 32.8 | 0.3 | 7    | 0.33 | 89.1  |
| Iced White Mocha - semi skimmed milk        | Grande | 1680 | 401 | 19.1 | 14.9 | 46.5 | 45.7 | 0.3 | 10.6 | 0.48 | 89.1  |
| Iced White Mocha - semi skimmed milk        | Venti  | 1833 | 438 | 19.6 | 15.3 | 54.2 | 53   | 0.5 | 10.7 | 0.52 | 133.7 |
| Iced White Mocha - whole milk               | Tall   | 1286 | 307 | 16.1 | 11.4 | 33.5 | 32.7 | 0.3 | 6.9  | 0.32 | 89.1  |
| Iced White Mocha - whole milk               | Grande | 1813 | 433 | 22.8 | 16.1 | 46.3 | 45.5 | 0.3 | 10.4 | 0.48 | 89.1  |
| Iced White Mocha - whole milk               | Venti  | 1951 | 466 | 23   | 16.3 | 54   | 52.8 | 0.5 | 10.5 | 0.51 | 133.7 |
| Iced White Mocha - skimmed milk             | Tall   | 1149 | 274 | 12.3 | 8.9  | 33.8 | 33   | 0.3 | 7    | 0.33 | 89.1  |
| Iced White Mocha - skimmed milk             | Grande | 1581 | 377 | 16.3 | 11.8 | 46.7 | 45.9 | 0.3 | 10.6 | 0.49 | 89.1  |
| Iced White Mocha - skimmed milk             | Venti  | 1745 | 416 | 17.2 | 12.5 | 54.4 | 53.2 | 0.5 | 10.7 | 0.52 | 133.7 |
| Iced White Mocha - almond drink             | Tall   | 1088 | 261 | 13.3 | 8.9  | 31   | 30.2 | 0.5 | 3.5  | 0.29 | 89.1  |
| Iced White Mocha - almond drink             | Grande | 1477 | 355 | 18   | 11.7 | 42.1 | 41.3 | 0.7 | 4.7  | 0.41 | 89.1  |
| Iced White Mocha - almond drink             | Venti  | 1653 | 397 | 18.7 | 12.4 | 50.2 | 49   | 0.8 | 5.4  | 0.46 | 133.7 |
| Iced White Mocha - soya drink               | Tall   | 1178 | 281 | 14.1 | 9.1  | 31.3 | 30.3 | 1   | 6.8  | 0.32 | 89.1  |
| Iced White Mocha - soya drink               | Grande | 1630 | 389 | 19.5 | 12.1 | 42.5 | 41.3 | 1.5 | 10.3 | 0.47 | 89.1  |
| Iced White Mocha - soya drink               | Venti  | 1789 | 427 | 20   | 12.8 | 50.7 | 49.1 | 1.5 | 10.4 | 0.50 | 133.7 |
| Iced White Mocha - oat drink                | Tall   | 1260 | 301 | 15.4 | 9.1  | 36   | 31.2 | 1.5 | 3.8  | 0.35 | 89.1  |
| Iced White Mocha - oat drink                | Grande | 1769 | 423 | 21.7 | 12.1 | 50.5 | 42.9 | 2.3 | 5.3  | 0.53 | 89.1  |
| Iced White Mocha - oat drink                | Venti  | 1913 | 457 | 21.9 | 12.8 | 57.7 | 50.5 | 2.3 | 5.9  | 0.56 | 133.7 |
| Iced White Mocha - coconut drink            | Tall   | 1183 | 284 | 14.8 | 11.4 | 32.2 | 31.4 | 2.1 | 4.1  | 0.25 | 89.1  |
| Iced White Mocha - coconut drink            | Grande | 1638 | 393 | 20.7 | 16.1 | 44.1 | 43.3 | 3.3 | 5.7  | 0.36 | 89.1  |
| Iced White Mocha - coconut drink            | Venti  | 1796 | 430 | 21   | 16.3 | 52.1 | 50.9 | 3.1 | 6.3  | 0.41 | 133.7 |
| Starbucks Doubleshot™ Iced Coffee           | Mini   | 354  | 86  | 8    | 5    | 2.2  | 1.4  | 0.3 | 1    | 0.03 | 89.1  |
|   |        |      |     |      |      |      |      |     |      |      |       |

|  |             |                    |                      |                |                               |                          |                  |                  |                    |                 |                      |
|--|-------------|--------------------|----------------------|----------------|-------------------------------|--------------------------|------------------|------------------|--------------------|-----------------|----------------------|
| Iced Brown Sugar Oat Shaken Espresso - whole milk    | Venti       | 700                | 167                  | 6              | 3.8                           | 21.8                     | 20.2             | 0.5              | 6.1                | 0.17            | 171                  |
| Iced Brown Sugar Oat Shaken Espresso - skimmed milk  | Tall        | 310                | 73                   | 0.5            | 0.2                           | 12.7                     | 12               | 0.3              | 4.3                | 0.13            | 85.5                 |
| Iced Brown Sugar Oat Shaken Espresso - skimmed milk  | Grande      | 415                | 99                   | 0.6            | 0.2                           | 17.5                     | 16.4             | 0.4              | 5.4                | 0.16            | 128.2                |
| Iced Brown Sugar Oat Shaken Espresso - skimmed milk  | Venti       | 513                | 122                  | 0.7            | 0.3                           | 22.1                     | 20.5             | 0.5              | 6.2                | 0.18            | 171                  |
| Iced Brown Sugar Oat Shaken Espresso - almond drink  | Tall        | 250                | 61                   | 1.5            | 0.2                           | 10                       | 9.3              | 0.5              | 0.9                | 0.08            | 85.5                 |
| Iced Brown Sugar Oat Shaken Espresso - almond drink  | Grande      | 342                | 83                   | 1.9            | 0.2                           | 14.3                     | 13.1             | 0.7              | 1.2                | 0.10            | 128.2                |
| Iced Brown Sugar Oat Shaken Espresso - almond drink  | Venti       | 430                | 104                  | 2.2            | 0.2                           | 18.4                     | 16.8             | 0.9              | 1.4                | 0.12            | 171                  |
| Iced Brown Sugar Oat Shaken Espresso - soya drink    | Tall        | 338                | 80                   | 2.3            | 0.4                           | 10.3                     | 9.3              | 1                | 4.1                | 0.12            | 85.5                 |
| Iced Brown Sugar Oat Shaken Espresso - soya drink    | Grande      | 450                | 107                  | 2.9            | 0.5                           | 14.6                     | 13.2             | 1.2              | 5.1                | 0.14            | 128.2                |
| Iced Brown Sugar Oat Shaken Espresso - soya drink    | Venti       | 553                | 131                  | 3.3            | 0.6                           | 18.7                     | 16.9             | 1.5              | 5.9                | 0.16            | 171                  |
| Iced Brown Sugar Oat Shaken Espresso - oat drink     | Tall        | 419                | 100                  | 3.6            | 0.4                           | 14.9                     | 10.2             | 1.4              | 1.2                | 0.15            | 85.5                 |
| Iced Brown Sugar Oat Shaken Espresso - oat drink     | Grande      | 548                | 131                  | 4.4            | 0.5                           | 20.2                     | 14.3             | 1.8              | 1.6                | 0.18            | 128.2                |
| Iced Brown Sugar Oat Shaken Espresso - oat drink     | Venti       | 665                | 159                  | 5.1            | 0.6                           | 25.1                     | 18.1             | 2.1              | 1.9                | 0.21            | 171                  |
| Iced Brown Sugar Oat Shaken Espresso - coconut drink | Tall        | 343                | 83                   | 3              | 2.7                           | 11.2                     | 10.5             | 2                | 1.5                | 0.05            | 85.5                 |
| Iced Brown Sugar Oat Shaken Espresso - coconut drink | Grande      | 456                | 110                  | 3.7            | 3.3                           | 15.7                     | 14.6             | 2.5              | 1.9                | 0.06            | 128.2                |
| Iced Brown Sugar Oat Shaken Espresso - coconut drink | Venti       | 559                | 135                  | 4.3            | 3.8                           | 20                       | 18.5             | 2.9              | 2.2                | 0.07            | 171                  |
| <b>Hot Chocolates</b>                                | <b>Size</b> | <b>Energy (kJ)</b> | <b>Energy (kcal)</b> | <b>Fat (g)</b> | <b>Of which saturated (g)</b> | <b>Carbohydrates (g)</b> | <b>Sugar (g)</b> | <b>Fibre (g)</b> | <b>Protein (g)</b> | <b>Salt (g)</b> | <b>Caffeine (mg)</b> |
| Classic Hot Chocolate - semi skimmed milk            | Tall        | 1038               | 247                  | 10.3           | 8.2                           | 27.2                     | 26.1             | 2.1              | 10.5               | 0.24            | 0                    |
| Classic Hot Chocolate - semi skimmed milk            | Grande      | 1308               | 311                  | 12.1           | 9.8                           | 35.4                     | 34               | 2.7              | 13.9               | 0.32            | 0                    |
| Classic Hot Chocolate - semi skimmed milk            | Venti       | 1616               | 385                  | 14.5           | 11.8                          | 44.4                     | 42.6             | 3.3              | 17.7               | 0.41            | 0                    |
| Classic Hot Chocolate - whole milk                   | Tall        | 1175               | 280                  | 14.2           | 9.4                           | 27                       | 25.9             | 2.1              | 10.3               | 0.23            | 0                    |
| Classic Hot Chocolate - whole milk                   | Grande      | 1493               | 356                  | 17.4           | 11.4                          | 35.2                     | 33.7             | 2.7              | 13.6               | 0.31            | 0                    |
| Classic Hot Chocolate - whole milk                   | Venti       | 1857               | 442                  | 21.3           | 13.9                          | 44                       | 42.3             | 3.3              | 17.4               | 0.40            | 0                    |
| Classic Hot Chocolate - skimmed milk                 | Tall        | 935                | 223                  | 7.5            | 5                             | 27.4                     | 26.3             | 2.1              | 10.5               | 0.24            | 0                    |
| Classic Hot Chocolate - skimmed milk                 | Grande      | 1170               | 278                  | 8.3            | 5.5                           | 35.7                     | 34.3             | 2.7              | 13.9               | 0.32            | 0                    |
| Classic Hot Chocolate - skimmed milk                 | Venti       | 1437               | 342                  | 9.4            | 6.2                           | 44.7                     | 43               | 3.3              | 17.7               | 0.42            | 0                    |
| Classic Hot Chocolate - almond drink                 | Tall        | 829                | 200                  | 9.3            | 4.9                           | 22.6                     | 21.5             | 2.5              | 4.3                | 0.17            | 0                    |
| Classic Hot Chocolate - almond drink                 | Grande      | 1026               | 248                  | 10.7           | 5.4                           | 29.3                     | 27.8             | 3.3              | 5.6                | 0.22            | 0                    |
| Classic Hot Chocolate - almond drink                 | Venti       | 1250               | 302                  | 12.6           | 6.1                           | 36.3                     | 34.5             | 4                | 6.9                | 0.28            | 0                    |
| Classic Hot Chocolate - soya drink                   | Tall        | 986                | 235                  | 10.7           | 5.3                           | 23.1                     | 21.6             | 3.3              | 10.1               | 0.22            | 0                    |
| Classic Hot Chocolate - soya drink                   | Grande      | 1239               | 295                  | 12.7           | 5.9                           | 29.9                     | 27.9             | 4.4              | 13.3               | 0.30            | 0                    |
| Classic Hot Chocolate - soya drink                   | Venti       | 1527               | 363                  | 15.2           | 6.8                           | 37.2                     | 34.7             | 5.5              | 17                 | 0.38            | 0                    |
| Classic Hot Chocolate - oat drink                    | Tall        | 1130               | 270                  | 13             | 5.3                           | 31.3                     | 23.2             | 4.1              | 4.9                | 0.28            | 0                    |
| Classic Hot Chocolate - oat drink                    | Grande      | 1432               | 342                  | 15.7           | 5.9                           | 41                       | 30.1             | 5.5              | 6.4                | 0.38            | 0                    |
| Classic Hot Chocolate - oat drink                    | Venti       | 1778               | 424                  | 19.1           | 6.8                           | 51.6                     | 37.6             | 6.9              | 8                  | 0.49            | 0                    |
| Classic Hot Chocolate - coconut drink                | Tall        | 995                | 239                  | 12             | 9.4                           | 24.7                     | 23.6             | 5.1              | 5.4                | 0.11            | 0                    |
| Classic Hot Chocolate - coconut drink                | Grande      | 1250               | 300                  | 14.3           | 11.5                          | 32.1                     | 30.7             | 6.9              | 7                  | 0.14            | 0                    |
| Classic Hot Chocolate - coconut drink                | Venti       | 1541               | 370                  | 17.3           | 14                            | 40.1                     | 38.3             | 8.7              | 8.7                | 0.18            | 0                    |
| Hot White Chocolate - semi skimmed milk              | Tall        | 1208               | 288                  | 11.4           | 9.5                           | 36.4                     | 36.4             | 0                | 9.9                | 0.43            | 0                    |
| Hot White Chocolate - semi skimmed milk              | Grande      | 1498               | 357                  | 13.2           | 11.1                          | 47.1                     | 47.1             | 0.1              | 12.3               | 0.54            | 0                    |
| Hot White Chocolate - semi skimmed milk              | Venti       | 1899               | 452                  | 16.1           | 13.8                          | 60.2                     | 60.2             | 0.1              | 16.4               | 0.71            | 0                    |
| Hot White Chocolate - whole milk                     | Tall        | 1355               | 323                  | 15.5           | 10.8                          | 36.2                     | 36.2             | 0                | 9.6                | 0.42            | 0                    |
| Hot White Chocolate - whole milk                     | Grande      | 1680               | 400                  | 18.3           | 12.7                          | 46.9                     | 46.9             | 0.1              | 12                 | 0.53            | 0                    |
| Hot White Chocolate - whole milk                     | Venti       | 2148               | 511                  | 23.2           | 16                            | 59.8                     | 59.8             | 0.1              | 16.1               | 0.70            | 0                    |
| Hot White Chocolate - skimmed milk                   | Tall        | 1099               | 261                  | 8.3            | 6                             | 36.6                     | 36.6             | 0                | 9.9                | 0.43            | 0                    |
| Hot White Chocolate - skimmed milk                   | Grande      | 1363               | 324                  | 9.4            | 6.8                           | 47.4                     | 47.4             | 0.1              | 12.3               | 0.55            | 0                    |
| Hot White Chocolate - skimmed milk                   | Venti       | 1714               | 407                  | 10.9           | 7.9                           | 60.6                     | 60.6             | 0.1              | 16.4               | 0.72            | 0                    |
| Hot White Chocolate - almond drink                   | Tall        | 985                | 237                  | 10.3           | 6                             | 31.5                     | 31.5             | 0.5              | 3.3                | 0.35            | 0                    |
| Hot White Chocolate - almond drink                   | Grande      | 1222               | 294                  | 11.8           | 6.8                           | 41.1                     | 41.1             | 0.6              | 4.2                | 0.45            | 0                    |
| Hot White Chocolate - almond drink                   | Venti       | 1521               | 366                  | 14.2           | 7.8                           | 51.9                     | 51.9             | 0.8              | 5.3                | 0.58            | 0                    |
| Hot White Chocolate - soya drink                     | Tall        | 1153               | 275                  | 11.8           | 6.4                           | 32                       | 31.6             | 1.4              | 9.4                | 0.41            | 0                    |
| Hot White Chocolate - soya drink                     | Grande      | 1431               | 340                  | 13.7           | 7.3                           | 41.7                     | 41.2             | 1.7              | 11.8               | 0.52            | 0                    |
| Hot White Chocolate - soya drink                     | Venti       | 1807               | 429                  | 16.9           | 8.6                           | 52.8                     | 52               | 2.3              | 15.7               | 0.68            | 0                    |
| Hot White Chocolate - oat drink                      | Tall        | 1307               | 312                  | 14.2           | 6.4                           | 40.8                     | 33.4             | 2.2              | 4                  | 0.48            | 0                    |
| Hot White Chocolate - oat drink                      | Grande      | 1620               | 386                  | 16.7           | 7.3                           | 52.6                     | 43.3             | 2.8              | 5                  | 0.60            | 0                    |
| Hot White Chocolate - oat drink                      | Venti       | 2066               | 492                  | 21             | 8.6                           | 67.6                     | 55               | 3.8              | 6.4                | 0.79            | 0                    |
| Hot White Chocolate - coconut drink                  | Tall        | 1162               | 279                  | 13.1           | 10.8                          | 33.8                     | 33.8             | 3.3              | 4.4                | 0.29            | 0                    |
| Hot White Chocolate - coconut drink                  | Grande      | 1442               | 346                  | 15.4           | 12.7                          | 43.9                     | 43.9             | 4.1              | 5.5                | 0.37            | 0                    |
| Hot White Chocolate - coconut drink                  | Venti       | 1822               | 437                  | 19.1           | 16                            | 55.7                     | 55.7             | 5.6              | 7.2                | 0.48            | 0                    |
| Signature Hot Chocolate - semi skimmed milk          | Tall        | 1196               | 285                  | 12.2           | 9.8                           | 29.6                     | 28.3             | 3.6              | 12.2               | 0.30            | 20                   |
| Signature Hot Chocolate - semi skimmed milk          | Grande      | 1471               | 351                  | 14.2           | 11.4                          | 37.6                     | 35.9             | 4.8              | 15.3               | 0.38            | 26.8                 |
| Signature Hot Chocolate - semi skimmed milk          | Venti       | 1809               | 431                  | 17             | 13.9                          | 46.7                     | 44.5             | 5.8              | 19.5               | 0.49            | 32.8                 |
| Signature Hot Chocolate - whole milk                 | Tall        | 1372               | 327                  | 17.2           | 11.3                          | 29.3                     | 28               | 3.6              | 11.9               | 0.30            | 20                   |
| Signature Hot Chocolate - whole milk                 | Grande      | 1691               | 403                  | 20.5           | 13.4                          | 37.3                     | 35.5             | 4.8              | 15                 | 0.37            | 26.8                 |
| Signature Hot Chocolate - whole milk                 | Venti       | 2096               | 499                  | 25.2           | 16.4                          | 46.2                     | 44.1             | 5.8              | 19.1               | 0.48            | 32.8                 |
| Signature Hot Chocolate - skimmed milk               | Tall        | 1063               | 253                  | 8.5            | 5.6                           | 29.9                     | 28.5             | 3.6              | 12.2               | 0.31            | 20                   |
| Signature Hot Chocolate - skimmed milk               | Grande      | 1306               | 311                  | 9.6            | 6.3                           | 38                       | 36.2             | 4.8              | 15.3               | 0.38            | 26.8                 |
| Signature Hot Chocolate - skimmed milk               | Venti       | 1595               | 380                  | 11             | 7.1                           | 47.1                     | 45               | 5.8              | 19.5               | 0.50            | 32.8                 |
| Signature Hot Chocolate - almond drink               | Tall        | 926                | 224                  | 10.8           | 5.5                           | 23.7                     | 22.3             | 4.1              | 4.3                | 0.21            | 20                   |
| Signature Hot Chocolate - almond drink               | Grande      | 1135               | 275                  | 12.5           | 6.2                           | 30.3                     | 28.5             | 5.4              | 5.4                | 0.26            | 26.8                 |
| Signature Hot Chocolate - almond drink               | Venti       | 1372               | 332                  | 14.8           | 7                             | 37.1                     | 34.9             | 6.6              | 6.6                | 0.34            | 32.8                 |
| Signature Hot Chocolate - soya drink                 | Tall        | 1129               | 269                  | 12.7           | 6.1                           | 24.3                     | 22.4             | 5.2              | 11.7               | 0.28            | 20                   |
| Signature Hot Chocolate - soya drink                 | Grande      | 1388               | 331                  | 14.9           | 6.8                           | 31.1                     | 28.6             | 6.7              | 14.6               | 0.35            | 26.8                 |
| Signature Hot Chocolate - soya drink                 | Venti       | 1702               | 405                  | 17.9           | 7.9                           | 38.1                     | 35.1             | 8.3              | 18.6               | 0.45            | 32.8                 |
| Signature Hot Chocolate - oat drink                  | Tall        | 1314               | 314                  | 15.6           | 6.1                           | 34.9                     | 24.6             | 6.2              | 5.1                | 0.36            | 20                   |
| Signature Hot Chocolate - oat drink                  | Grande      | 1619               | 387                  | 18.5           | 6.8                           | 44.2                     | 31.3             | 8                | 6.4                | 0.45            | 26.8                 |
| Signature Hot Chocolate - oat drink                  | Venti       | 2002               | 478                  | 22.6           | 7.9                           | 55.2                     | 38.5             | 10               | 7.9                | 0.58            | 32.8                 |
| Signature Hot Chocolate - coconut drink              | Tall        | 1140               | 275                  | 14.3           | 11.3                          | 26.4                     | 25.1             | 7.5              | 5.6                | 0.14            | 20                   |
| Signature Hot Chocolate - coconut drink              | Grande      | 1402               | 337                  | 16.9           | 13.4                          | 33.7                     | 31.9             | 9.7              | 7.1                | 0.17            | 26.8                 |
| Signature Hot Chocolate - coconut drink              | Venti       | 1719               | 414                  | 20.5           | 16.4                          | 41.5                     | 39.4             | 12.2             | 8.8                | 0.22            | 32.8                 |
| Iced Chocolate - semi skimmed milk                   | Tall        | 1133               | 271                  | 13.8           | 10.5                          | 26.4                     | 25.3             | 2.1              | 9.4                | 0.21            | 0                    |
| Iced Chocolate - semi skimmed milk                   | Grande      | 1532               | 366                  | 18.5           | 14.2                          | 35.6                     | 34.1             | 2.7              | 13.1               | 0.30            | 0                    |
| Iced Chocolate - semi skimmed milk                   | Venti       | 1680               | 401                  | 19.2           | 14.7                          | 41.2                     | 39.4             | 3.4              | 14.3               | 0.31            | 0                    |
| Iced Chocolate - whole milk                          | Tall        | 1246               | 298                  | 16.9           | 11.5                          | 26.2                     | 25.1             | 2.1              | 9.2                | 0.20            | 0                    |
| Iced Chocolate - whole milk                          | Grande      | 1694               | 405                  | 23.1           | 15.6                          | 35.3                     | 33.9             | 2.7              | 12.9               | 0.29            | 0                    |
| Iced Chocolate - whole milk                          | Venti       | 1847               | 441                  | 23.9           | 16.2                          | 40.9                     | 39.1             | 3.4              | 14.1               | 0.30            | 0                    |
| Iced Chocolate - skimmed milk                        | Tall        | 1050               | 251                  | 11.4           | 7.9                           | 26.5                     | 25.4             | 2.1              | 9.4                | 0.21            | 0                    |
| Iced Chocolate - skimmed milk                        | Grande      | 1412               | 337                  | 15.1           | 10.4                          | 35.8                     | 34.4             | 2.7              | 13.1               | 0.30            | 0                    |
| Iced Chocolate - skimmed milk                        | Venti       | 1555               | 371                  | 15.7           | 10.8                          | 41.4                     | 39.6             | 3.4              | 14.3               | 0.31            | 0                    |
| Iced Chocolate - almond drink                        | Tall        | 963                | 232                  | 12.9           | 7.8                           | 22.6                     | 21.5             | 2.4              | 4.4                | 0.15            | 0                    |
| Iced Chocolate - almond drink                        | Grande      | 1287               | 311                  | 17.2           | 10.4                          | 30.2                     | 28.7             | 3.2              | 5.9                | 0.21            | 0                    |
| Iced Chocolate - almond drink                        | Venti       | 1426               | 344                  | 17.9           | 10.7                          | 35.6                     | 33.8             | 3.9              | 6.8                | 0.22            | 0                    |
| Iced Chocolate - soya drink                          | Tall        | 1092               | 261                  | 14.1           | 8.2                           | 23                       | 21.6             | 3.1              | 9.1                | 0.20            | 0                    |
| Iced Chocolate - soya drink                          | Grande      | 1472               | 352                  | 19             | 10.8                          | 30.8                     | 28.8             | 4.1              | 12.6               | 0.28            | 0                    |
| Iced Chocolate - soya drink                          | Venti       | 1618               | 386                  | 19.7           | 11.2                          | 36.2                     | 33.9             | 4.9              | 13.8               | 0.29            | 0                    |
| Iced Chocolate - oat drink                           | Tall        | 1209               | 289                  | 15.9           | 8.2                           | 29.7                     | 22.9             | 3.7              | 4.9                | 0.25            | 0                    |
| Iced Chocolate - oat drink                           | Grande      | 1641               | 393                  | 21.6           | 10.8                          | 40.4                     | 30.8             | 5.1              | 6.6                | 0.35            | 0                    |
| Iced Chocolate - oat drink                           | Venti       | 1792               | 428                  | 22.4           | 11.2                          | 46.1                     | 35.9             | 5.9              | 7.6                | 0.36            | 0                    |
| Iced Chocolate - coconut drink                       | Tall        | 1098               | 264                  | 15.1           | 11.5                          | 24.3                     | 23.3             | 4.6              | 5.2                | 0.10            | 0                    |
| Iced Chocolate - coconut drink                       | Grande      | 1482               | 356                  | 20.4           | 15.7                          | 32.7                     | 31.2             | 6.3              | 7.1                | 0.14            | 0                    |
| Iced Chocolate - coconut drink                       | Venti       | 1628               | 391                  | 21.2           | 16.2                          | 38.2                     | 36.4             | 7.1              | 8.1                | 0.15            | 0                    |
| Iced White Chocolate - semi skimmed milk             | Tall        | 1279               | 305                  | 14.6           | 11.5                          | 35.1                     | 35.1             | 0                | 8.3                | 0.38            | 0                    |
| Iced White Chocolate - semi skimmed milk             | Grande      | 1736               | 414                  | 19.7           | 15.6                          | 47.6                     | 47.6             | 0.1              | 11.7               | 0.53            | 0                    |
| Iced White Chocolate - semi skimmed milk             | Venti       | 1935               | 461                  | 20.7           | 16.4                          | 56.2                     | 56.2             | 0.1              | 12.6               | 0.59            | 0                    |
| Iced White Chocolate - whole milk                    | Tall        | 1391               | 332                  | 17.8           | 12.5                          | 34.9                     | 34.9             | 0                | 8.2                | 0.38            | 0                    |
| Iced White Chocolate - whole milk                    | Grande      | 1897               | 453                  | 24.2           | 17                            | 47.4                     | 47.4             | 0.1              | 11.5               | 0.52            | 0                    |
| Iced White Chocolate - whole milk                    | Venti       | 2102               | 501                  | 25.4           | 17.9                          | 56                       | 56               | 0.1              | 12.4               | 0.59            | 0                    |
| Iced White Chocolate - skimmed milk                  | Tall        | 1195               | 285                  | 12.3           | 8.9                           | 35.3                     | 35.3             | 0                | 8.3                | 0.38            | 0                    |
| Iced White Chocolate - skimmed milk                  | Grande      | 1616               | 385                  | 16.3           | 11.8                          | 47.8                     | 47.8             | 0.1              | 11.7               | 0.53            | 0                    |
| Iced White Chocolate - skimmed milk                  | Venti       | 1811               | 432                  | 17.2           | 12.5                          | 56.5                     | 56.5             | 0.1              | 12.6               | 0.60            | 0                    |
| Iced White Chocolate - almond drink                  | Tall        | 1108               | 267                  | 13.7           | 8.9                           | 31.3                     | 31.3             | 0.4              | 3.3                | 0.32            | 0                    |
| Iced White Chocolate - almond drink                  | Grande      | 1490               | 359                  | 18.4           | 11.7                          | 42.2                     | 42.2             | 0.5              | 4.5                | 0.44            | 0                    |
| Iced White Chocolate - almond drink                  | Venti       | 1681               | 404                  | 19.4           | 12.4                          | 50.7                     | 50.7             | 0.6              | 5.1                | 0.51            | 0                    |
| Iced White Chocolate - soya drink                    | Tall        | 1237               | 295                  | 14.9           | 9.2                           | 31.8                     | 31.4             | 1.1              | 8                  | 0.37            | 0                    |
| Iced White Chocolate - soya drink                    | Grande      | 1676               | 400                  | 20.1           | 12.2                          | 42.8                     | 42.3             | 1.5              | 11.2               | 0.51            | 0                    |
| Iced White Chocolate - soya drink                    | Venti       | 187                |                      |                |                               |                          |                  |                  |                    |                 |                      |

|  |             |                    |                      |                |                               |                          |                  |                  |                    |                 |                      |
|--|-------------|--------------------|----------------------|----------------|-------------------------------|--------------------------|------------------|------------------|--------------------|-----------------|----------------------|
| Iced White Chocolate - oat drink             | Venti       | 2047               | 489                  | 23.9           | 13                            | 61.2                     | 52.8             | 2.6              | 5.9                | 0.65            | 0                    |
| Iced White Chocolate - coconut drink         | Tall        | 1244               | 299                  | 15.9           | 12.5                          | 33.1                     | 33.1             | 2.6              | 4.2                | 0.28            | 0                    |
| Iced White Chocolate - coconut drink         | Grande      | 1685               | 405                  | 21.6           | 17                            | 44.7                     | 44.7             | 3.7              | 5.7                | 0.38            | 0                    |
| Iced White Chocolate - coconut drink         | Venti       | 1883               | 451                  | 22.6           | 17.9                          | 53.2                     | 53.2             | 3.8              | 6.4                | 0.44            | 0                    |
| <b>Frappuccino®</b>                          | <b>Size</b> | <b>Energy (kJ)</b> | <b>Energy (kcal)</b> | <b>Fat (g)</b> | <b>Of which saturated (g)</b> | <b>Carbohydrates (g)</b> | <b>Sugar (g)</b> | <b>Fibre (g)</b> | <b>Protein (g)</b> | <b>Salt (g)</b> | <b>Caffeine (mg)</b> |
| Coffee Frappuccino® - semi skimmed milk      | Tall        | 890                | 212                  | 10.6           | 7.9                           | 25.2                     | 24.4             | 0.1              | 3.7                | 0.40            | 23                   |
| Coffee Frappuccino® - semi skimmed milk      | Grande      | 1187               | 283                  | 14             | 10.5                          | 34                       | 33               | 0.2              | 4.9                | 0.54            | 31.4                 |
| Coffee Frappuccino® - semi skimmed milk      | Venti       | 1309               | 312                  | 14.1           | 10.5                          | 40.8                     | 39.5             | 0.2              | 5                  | 0.65            | 39.5                 |
| Coffee Frappuccino® - whole milk             | Tall        | 942                | 225                  | 12.1           | 8.4                           | 25.1                     | 24.4             | 0.1              | 3.6                | 0.40            | 23                   |
| Coffee Frappuccino® - whole milk             | Grande      | 1255               | 299                  | 15.9           | 11.1                          | 33.9                     | 32.9             | 0.2              | 4.8                | 0.54            | 31.4                 |
| Coffee Frappuccino® - whole milk             | Venti       | 1377               | 328                  | 16             | 11.1                          | 40.7                     | 39.4             | 0.2              | 4.9                | 0.65            | 39.5                 |
| Coffee Frappuccino® - skimmed milk           | Tall        | 851                | 203                  | 9.5            | 6.7                           | 25.3                     | 24.5             | 0.1              | 3.7                | 0.41            | 23                   |
| Coffee Frappuccino® - skimmed milk           | Grande      | 1137               | 271                  | 12.6           | 8.9                           | 34.1                     | 33.1             | 0.2              | 4.9                | 0.55            | 31.4                 |
| Coffee Frappuccino® - skimmed milk           | Venti       | 1258               | 300                  | 12.6           | 8.9                           | 40.9                     | 39.6             | 0.2              | 5                  | 0.65            | 39.5                 |
| Coffee Frappuccino® - almond drink           | Tall        | 811                | 195                  | 10.2           | 6.7                           | 23.5                     | 22.7             | 0.3              | 1.4                | 0.38            | 23                   |
| Coffee Frappuccino® - almond drink           | Grande      | 1084               | 260                  | 13.5           | 8.8                           | 31.8                     | 30.7             | 0.4              | 1.8                | 0.51            | 31.4                 |
| Coffee Frappuccino® - almond drink           | Venti       | 1205               | 289                  | 13.5           | 8.9                           | 38.5                     | 37.2             | 0.4              | 2                  | 0.62            | 39.5                 |
| Coffee Frappuccino® - soya drink             | Tall        | 870                | 208                  | 10.8           | 6.9                           | 23.7                     | 22.7             | 0.6              | 3.6                | 0.40            | 23                   |
| Coffee Frappuccino® - soya drink             | Grande      | 1162               | 277                  | 14.2           | 9.1                           | 32                       | 30.8             | 0.8              | 4.7                | 0.54            | 31.4                 |
| Coffee Frappuccino® - soya drink             | Venti       | 1284               | 306                  | 14.3           | 9.1                           | 38.8                     | 37.3             | 0.8              | 4.8                | 0.64            | 39.5                 |
| Coffee Frappuccino® - oat drink              | Tall        | 925                | 221                  | 11.6           | 6.9                           | 26.7                     | 23.4             | 0.9              | 1.6                | 0.42            | 23                   |
| Coffee Frappuccino® - oat drink              | Grande      | 1232               | 294                  | 15.3           | 9.1                           | 36                       | 31.6             | 1.2              | 2.2                | 0.57            | 31.4                 |
| Coffee Frappuccino® - oat drink              | Venti       | 1355               | 323                  | 15.4           | 9.1                           | 42.8                     | 38.1             | 1.2              | 2.3                | 0.67            | 39.5                 |
| Coffee Frappuccino® - coconut drink          | Tall        | 874                | 209                  | 11.2           | 8.4                           | 24.3                     | 23.5             | 1.3              | 1.8                | 0.36            | 23                   |
| Coffee Frappuccino® - coconut drink          | Grande      | 1166               | 279                  | 14.8           | 11.1                          | 32.8                     | 31.8             | 1.7              | 2.4                | 0.48            | 31.4                 |
| Coffee Frappuccino® - coconut drink          | Venti       | 1288               | 308                  | 14.9           | 11.1                          | 39.6                     | 38.3             | 1.7              | 2.5                | 0.59            | 39.5                 |
| Caramel Frappuccino® - semi skimmed milk     | Tall        | 1132               | 270                  | 12.3           | 9                             | 35.5                     | 34.2             | 0.1              | 3.9                | 0.46            | 23.1                 |
| Caramel Frappuccino® - semi skimmed milk     | Grande      | 1451               | 346                  | 15.8           | 11.6                          | 45.5                     | 43.9             | 0.2              | 5                  | 0.59            | 30.8                 |
| Caramel Frappuccino® - semi skimmed milk     | Venti       | 1626               | 387                  | 16.1           | 11.7                          | 54.8                     | 52.9             | 0.2              | 5.2                | 0.71            | 39.5                 |
| Caramel Frappuccino® - whole milk            | Tall        | 1184               | 282                  | 13.8           | 9.5                           | 35.4                     | 34.2             | 0.1              | 3.8                | 0.46            | 23.1                 |
| Caramel Frappuccino® - whole milk            | Grande      | 1517               | 362                  | 17.7           | 12.2                          | 45.4                     | 43.8             | 0.2              | 4.9                | 0.59            | 30.8                 |
| Caramel Frappuccino® - whole milk            | Venti       | 1694               | 403                  | 18             | 12.3                          | 54.7                     | 52.8             | 0.2              | 5.1                | 0.71            | 39.5                 |
| Caramel Frappuccino® - skimmed milk          | Tall        | 1093               | 260                  | 11.2           | 7.8                           | 35.6                     | 34.3             | 0.1              | 3.9                | 0.46            | 23.1                 |
| Caramel Frappuccino® - skimmed milk          | Grande      | 1401               | 334                  | 14.4           | 10                            | 45.6                     | 44               | 0.2              | 5                  | 0.59            | 30.8                 |
| Caramel Frappuccino® - skimmed milk          | Venti       | 1575               | 375                  | 14.6           | 10.1                          | 54.9                     | 53               | 0.2              | 5.2                | 0.72            | 39.5                 |
| Caramel Frappuccino® - almond drink          | Tall        | 1052               | 252                  | 11.9           | 7.8                           | 33.8                     | 32.5             | 0.3              | 1.5                | 0.43            | 23.1                 |
| Caramel Frappuccino® - almond drink          | Grande      | 1350               | 323                  | 15.3           | 10                            | 43.3                     | 41.7             | 0.4              | 2                  | 0.56            | 30.8                 |
| Caramel Frappuccino® - almond drink          | Venti       | 1522               | 364                  | 15.5           | 10.1                          | 52.6                     | 50.6             | 0.4              | 2.2                | 0.68            | 39.5                 |
| Caramel Frappuccino® - soya drink            | Tall        | 1112               | 265                  | 12.5           | 7.9                           | 34                       | 32.5             | 0.6              | 3.7                | 0.45            | 23.1                 |
| Caramel Frappuccino® - soya drink            | Grande      | 1426               | 340                  | 16             | 10.2                          | 43.5                     | 41.7             | 0.8              | 4.8                | 0.59            | 30.8                 |
| Caramel Frappuccino® - soya drink            | Venti       | 1601               | 381                  | 16.3           | 10.3                          | 52.8                     | 50.7             | 0.8              | 5                  | 0.71            | 39.5                 |
| Caramel Frappuccino® - oat drink             | Tall        | 1167               | 278                  | 13.3           | 7.9                           | 37.1                     | 33.1             | 0.9              | 1.8                | 0.48            | 23.1                 |
| Caramel Frappuccino® - oat drink             | Grande      | 1495               | 357                  | 17.1           | 10.2                          | 47.5                     | 42.5             | 1.2              | 2.3                | 0.61            | 30.8                 |
| Caramel Frappuccino® - oat drink             | Venti       | 1672               | 398                  | 17.4           | 10.3                          | 56.9                     | 51.5             | 1.2              | 2.5                | 0.74            | 39.5                 |
| Caramel Frappuccino® - coconut drink         | Tall        | 1115               | 267                  | 12.9           | 9.5                           | 34.6                     | 33.3             | 1.3              | 1.9                | 0.41            | 23.1                 |
| Caramel Frappuccino® - coconut drink         | Grande      | 1430               | 342                  | 16.6           | 12.2                          | 44.3                     | 42.7             | 1.7              | 2.5                | 0.53            | 30.8                 |
| Caramel Frappuccino® - coconut drink         | Venti       | 1605               | 383                  | 16.9           | 12.4                          | 53.6                     | 51.7             | 1.8              | 2.7                | 0.65            | 39.5                 |
| Espresso Frappuccino® - semi skimmed milk    | Tall        | 418                | 99                   | 0.9            | 0.8                           | 20.1                     | 19.1             | 0.2              | 2.1                | 0.32            | 59.1                 |
| Espresso Frappuccino® - semi skimmed milk    | Grande      | 564                | 133                  | 1.3            | 1.2                           | 27                       | 25.8             | 0.3              | 2.9                | 0.44            | 62.3                 |
| Espresso Frappuccino® - semi skimmed milk    | Venti       | 728                | 172                  | 1.5            | 1.3                           | 35.5                     | 33.9             | 0.3              | 3.4                | 0.58            | 72.1                 |
| Espresso Frappuccino® - whole milk           | Tall        | 448                | 106                  | 1.8            | 1.1                           | 20.1                     | 19               | 0.2              | 2                  | 0.32            | 59.1                 |
| Espresso Frappuccino® - whole milk           | Grande      | 608                | 144                  | 2.6            | 1.5                           | 26.9                     | 25.7             | 0.3              | 2.8                | 0.44            | 62.3                 |
| Espresso Frappuccino® - whole milk           | Venti       | 778                | 184                  | 3              | 1.8                           | 35.4                     | 33.9             | 0.3              | 3.3                | 0.57            | 72.1                 |
| Espresso Frappuccino® - skimmed milk         | Tall        | 395                | 93                   | 0.3            | 0.1                           | 20.2                     | 19.1             | 0.2              | 2.1                | 0.33            | 59.1                 |
| Espresso Frappuccino® - skimmed milk         | Grande      | 532                | 125                  | 0.4            | 0.1                           | 27.1                     | 25.8             | 0.3              | 2.9                | 0.44            | 62.3                 |
| Espresso Frappuccino® - skimmed milk         | Venti       | 690                | 163                  | 0.5            | 0.2                           | 35.6                     | 34               | 0.3              | 3.4                | 0.58            | 72.1                 |
| Espresso Frappuccino® - almond drink         | Tall        | 372                | 88                   | 0.7            | 0.1                           | 19.1                     | 18.1             | 0.3              | 0.7                | 0.31            | 59.1                 |
| Espresso Frappuccino® - almond drink         | Grande      | 498                | 118                  | 1              | 0.1                           | 25.5                     | 24.3             | 0.4              | 0.9                | 0.42            | 62.3                 |
| Espresso Frappuccino® - almond drink         | Venti       | 651                | 154                  | 1.1            | 0.1                           | 33.8                     | 32.2             | 0.5              | 1.1                | 0.55            | 72.1                 |
| Espresso Frappuccino® - soya drink           | Tall        | 407                | 96                   | 1              | 0.2                           | 19.2                     | 18.1             | 0.5              | 2                  | 0.32            | 59.1                 |
| Espresso Frappuccino® - soya drink           | Grande      | 548                | 129                  | 1.4            | 0.2                           | 25.7                     | 24.3             | 0.6              | 2.8                | 0.44            | 62.3                 |
| Espresso Frappuccino® - soya drink           | Venti       | 709                | 167                  | 1.7            | 0.3                           | 34                       | 32.3             | 0.8              | 3.3                | 0.57            | 72.1                 |
| Espresso Frappuccino® - oat drink            | Tall        | 438                | 104                  | 1.5            | 0.2                           | 21                       | 18.4             | 0.7              | 0.9                | 0.33            | 59.1                 |
| Espresso Frappuccino® - oat drink            | Grande      | 593                | 140                  | 2.2            | 0.2                           | 28.3                     | 24.9             | 0.9              | 1.1                | 0.45            | 62.3                 |
| Espresso Frappuccino® - oat drink            | Venti       | 761                | 180                  | 2.5            | 0.3                           | 37                       | 32.9             | 1.1              | 1.4                | 0.59            | 72.1                 |
| Espresso Frappuccino® - coconut drink        | Tall        | 408                | 97                   | 1.3            | 1.1                           | 19.6                     | 18.5             | 0.9              | 1                  | 0.30            | 59.1                 |
| Espresso Frappuccino® - coconut drink        | Grande      | 550                | 131                  | 1.8            | 1.5                           | 26.2                     | 25               | 1.2              | 1.3                | 0.40            | 62.3                 |
| Espresso Frappuccino® - coconut drink        | Venti       | 712                | 169                  | 2.1            | 1.8                           | 34.6                     | 33               | 1.4              | 1.5                | 0.53            | 72.1                 |
| Mocha Frappuccino® - semi skimmed milk       | Tall        | 1002               | 239                  | 11.1           | 8.2                           | 29.6                     | 28.5             | 0.7              | 4.5                | 0.40            | 22.6                 |
| Mocha Frappuccino® - semi skimmed milk       | Grande      | 1318               | 314                  | 14.6           | 10.8                          | 39.1                     | 37.7             | 1                | 5.9                | 0.52            | 30                   |
| Mocha Frappuccino® - semi skimmed milk       | Venti       | 1516               | 361                  | 15             | 11                            | 49                       | 47.1             | 1.3              | 6.6                | 0.65            | 39.3                 |
| Mocha Frappuccino® - whole milk              | Tall        | 1053               | 251                  | 12.6           | 8.7                           | 29.5                     | 28.5             | 0.7              | 4.5                | 0.40            | 22.6                 |
| Mocha Frappuccino® - whole milk              | Grande      | 1383               | 330                  | 16.5           | 11.4                          | 39                       | 37.6             | 1                | 5.8                | 0.52            | 30                   |
| Mocha Frappuccino® - whole milk              | Venti       | 1584               | 377                  | 16.9           | 11.6                          | 48.9                     | 47               | 1.3              | 6.5                | 0.65            | 39.3                 |
| Mocha Frappuccino® - skimmed milk            | Tall        | 964                | 230                  | 10.1           | 7                             | 29.7                     | 28.6             | 0.7              | 4.5                | 0.40            | 22.6                 |
| Mocha Frappuccino® - skimmed milk            | Grande      | 1270               | 303                  | 13.3           | 9.3                           | 39.2                     | 37.7             | 1                | 5.9                | 0.53            | 30                   |
| Mocha Frappuccino® - skimmed milk            | Venti       | 1465               | 349                  | 13.6           | 9.4                           | 49.1                     | 47.2             | 1.3              | 6.6                | 0.65            | 39.3                 |
| Mocha Frappuccino® - almond drink            | Tall        | 924                | 221                  | 10.7           | 7                             | 27.9                     | 26.8             | 0.9              | 2.3                | 0.37            | 22.6                 |
| Mocha Frappuccino® - almond drink            | Grande      | 1220               | 292                  | 14.1           | 9.3                           | 36.9                     | 35.5             | 1.2              | 3                  | 0.49            | 30                   |
| Mocha Frappuccino® - almond drink            | Venti       | 1412               | 338                  | 14.4           | 9.4                           | 46.7                     | 44.9             | 1.5              | 3.5                | 0.62            | 39.3                 |
| Mocha Frappuccino® - soya drink              | Tall        | 983                | 234                  | 11.3           | 7.2                           | 28.1                     | 26.9             | 1.2              | 4.4                | 0.39            | 22.6                 |
| Mocha Frappuccino® - soya drink              | Grande      | 1294               | 309                  | 14.8           | 9.5                           | 37.1                     | 35.5             | 1.6              | 5.7                | 0.52            | 30                   |
| Mocha Frappuccino® - soya drink              | Venti       | 1491               | 355                  | 15.2           | 9.6                           | 47                       | 44.9             | 1.9              | 6.4                | 0.64            | 39.3                 |
| Mocha Frappuccino® - oat drink               | Tall        | 1036               | 247                  | 12.1           | 7.2                           | 31.1                     | 27.5             | 1.5              | 2.5                | 0.42            | 22.6                 |
| Mocha Frappuccino® - oat drink               | Grande      | 1362               | 325                  | 15.9           | 9.5                           | 41                       | 36.3             | 1.9              | 3.3                | 0.55            | 30                   |
| Mocha Frappuccino® - oat drink               | Venti       | 1562               | 372                  | 16.3           | 9.6                           | 51                       | 45.7             | 2.3              | 3.8                | 0.67            | 39.3                 |
| Mocha Frappuccino® - coconut drink           | Tall        | 986                | 236                  | 11.7           | 8.7                           | 28.7                     | 27.6             | 1.9              | 2.6                | 0.35            | 22.6                 |
| Mocha Frappuccino® - coconut drink           | Grande      | 1298               | 311                  | 15.4           | 11.4                          | 37.9                     | 36.5             | 2.4              | 3.5                | 0.46            | 30                   |
| Mocha Frappuccino® - coconut drink           | Venti       | 1495               | 357                  | 15.8           | 11.6                          | 47.8                     | 45.9             | 2.8              | 4                  | 0.59            | 39.3                 |
| White Mocha Frappuccino® - semi skimmed milk | Tall        | 1047               | 250                  | 11.4           | 8.5                           | 32.3                     | 31.5             | 0.1              | 4.2                | 0.45            | 22.6                 |
| White Mocha Frappuccino® - semi skimmed milk | Grande      | 1488               | 355                  | 15.4           | 11.6                          | 47.6                     | 46.6             | 0.2              | 5.9                | 0.64            | 31.2                 |
| White Mocha Frappuccino® - semi skimmed milk | Venti       | 1602               | 381                  | 15.4           | 11.6                          | 54                       | 52.7             | 0.2              | 6                  | 0.75            | 39.7                 |
| White Mocha Frappuccino® - whole milk        | Tall        | 1098               | 262                  | 12.8           | 9                             | 32.2                     | 31.5             | 0.1              | 4.1                | 0.45            | 22.6                 |
| White Mocha Frappuccino® - whole milk        | Grande      | 1556               | 371                  | 17.3           | 12.2                          | 47.5                     | 46.5             | 0.2              | 5.8                | 0.64            | 31.2                 |
| White Mocha Frappuccino® - whole milk        | Venti       | 1671               | 398                  | 17.4           | 12.2                          | 53.9                     | 52.6             | 0.2              | 5.9                | 0.75            | 39.7                 |
| White Mocha Frappuccino® - skimmed milk      | Tall        | 1009               | 240                  | 10.3           | 7.4                           | 32.4                     | 31.6             | 0.1              | 4.2                | 0.45            | 22.6                 |
| White Mocha Frappuccino® - skimmed milk      | Grande      | 1438               | 343                  | 14             | 10                            | 47.7                     | 46.7             | 0.2              | 5.9                | 0.64            | 31.2                 |
| White Mocha Frappuccino® - skimmed milk      | Venti       | 1551               | 369                  | 14             | 10                            | 54.1                     | 52.9             | 0.2              | 6                  | 0.75            | 39.7                 |
| White Mocha Frappuccino® - almond drink      | Tall        | 969                | 232                  | 11             | 7.3                           | 30.6                     | 29.8             | 0.3              | 1.9                | 0.42            | 22.6                 |
| White Mocha Frappuccino® - almond drink      | Grande      | 1386               | 332                  | 14.9           | 10                            | 45.4                     | 44.4             | 0.4              | 2.9                | 0.61            | 31.2                 |
| White Mocha Frappuccino® - almond drink      | Venti       | 1498               | 358                  | 14.9           | 10                            | 51.7                     | 50.5             | 0.4              | 3                  | 0.71            | 39.7                 |
| White Mocha Frappuccino® - soya drink        | Tall        | 1028               | 245                  | 11.5           | 7.5                           | 30.8                     | 29.9             | 0.6              | 4.1                | 0.45            | 22.6                 |
| White Mocha Frappuccino® - soya drink        | Grande      | 1463               | 349                  | 15.6           | 10.2                          | 45.6                     | 44.4             | 0.8              | 5.7                | 0.63            | 31.2                 |
| White Mocha Frappuccino® - soya drink        | Venti       | 1577               | 375                  | 15.7           | 10.2                          | 52                       | 50.5             | 0.9              | 5.8                | 0.74            | 39.7                 |
| White Mocha Frappuccino® - oat drink         | Tall        | 1081               | 258                  | 12.4           | 7.5                           | 33.8                     | 30.5             | 0.9              | 2.2                | 0.47            | 22.6                 |
| White Mocha Frappuccino® - oat drink         | Grande      | 1533               | 366                  | 16.7           | 10.2                          | 49.6                     | 45.2             | 1.2              | 3.2                | 0.66            | 31.2                 |
| White Mocha Frappuccino® - oat drink         | Venti       | 1648               | 393                  | 16.8           | 10.2                          | 56.1                     | 51.3             | 1.3              | 3.3                | 0.77            | 39.7                 |
| White Mocha Frappuccino® - coconut drink     | Tall        | 1031               | 246                  | 12             | 9                             | 31.4                     | 30.6             | 1.3              | 2.3                | 0.40            | 22.6                 |
| White Mocha Frappuccino® - coconut drink     | Grande      | 1467               | 351                  | 16.2           | 12.2                          | 46.4                     | 45.4             | 1.7              | 3.4                | 0.58            | 31.2                 |
| White Mocha Frappuccino® - coconut drink     | Venti       | 1581               | 377                  | 16.3           | 12.2                          | 52.8                     | 51.5             | 1.8              | 3.5                | 0.68            | 39.7                 |
| Java Chip Frappuccino® - semi skimmed milk   | Tall        | 1157               | 276                  | 13.4           | 10.1                          | 33.2                     | 30.9             | 1.3              | 4.9                | 0.42            | 21.2                 |
| Java Chip Frappuccino® - semi skimmed milk   |             |                    |                      |                |                               |                          |                  |                  |                    |                 |                      |

|  |        |      |     |      |      |      |      |     |     |      |      |
|--|--------|------|-----|------|------|------|------|-----|-----|------|------|
| Java Chip Frappuccino® - skimmed milk                  | Venti  | 1836 | 438 | 18   | 13.1 | 59.4 | 55.2 | 2.5 | 7.7 | 0.75 | 40.3 |
| Java Chip Frappuccino® - almond drink                  | Tall   | 1085 | 260 | 13   | 8.9  | 31.6 | 29.3 | 1.5 | 2.8 | 0.39 | 21.2 |
| Java Chip Frappuccino® - almond drink                  | Grande | 1489 | 357 | 17.4 | 12   | 44.2 | 41   | 2.1 | 3.8 | 0.56 | 30.2 |
| Java Chip Frappuccino® - almond drink                  | Venti  | 1782 | 426 | 18.9 | 13   | 57   | 52.8 | 2.7 | 4.6 | 0.71 | 40.3 |
| Java Chip Frappuccino® - soya drink                    | Tall   | 1139 | 272 | 13.5 | 9.1  | 31.7 | 29.3 | 1.8 | 4.8 | 0.41 | 21.2 |
| Java Chip Frappuccino® - soya drink                    | Grande | 1564 | 373 | 18.1 | 12.2 | 44.4 | 41   | 2.4 | 6.5 | 0.58 | 30.2 |
| Java Chip Frappuccino® - soya drink                    | Venti  | 1862 | 444 | 19.6 | 13.3 | 57.3 | 52.8 | 3.1 | 7.5 | 0.74 | 40.3 |
| Java Chip Frappuccino® - oat drink                     | Tall   | 1189 | 284 | 14.3 | 9.1  | 34.6 | 29.9 | 2.1 | 3   | 0.44 | 21.2 |
| Java Chip Frappuccino® - oat drink                     | Grande | 1632 | 390 | 19.2 | 12.2 | 48.3 | 41.8 | 2.8 | 4.1 | 0.61 | 30.2 |
| Java Chip Frappuccino® - oat drink                     | Venti  | 1935 | 461 | 20.8 | 13.3 | 61.4 | 53.6 | 3.5 | 4.9 | 0.77 | 40.3 |
| Java Chip Frappuccino® - coconut drink                 | Tall   | 1142 | 273 | 13.9 | 10.5 | 32.3 | 30.1 | 2.4 | 3.1 | 0.38 | 21.2 |
| Java Chip Frappuccino® - coconut drink                 | Grande | 1568 | 375 | 18.7 | 14.1 | 45.2 | 42   | 3.3 | 4.3 | 0.53 | 30.2 |
| Java Chip Frappuccino® - coconut drink                 | Venti  | 1866 | 446 | 20.3 | 15.3 | 58.1 | 53.8 | 4   | 5.1 | 0.69 | 40.3 |
| Chocolate Cream Frappuccino® - semi skimmed milk       | Tall   | 992  | 237 | 11.6 | 8.7  | 27.5 | 26.6 | 0.8 | 5.3 | 0.41 | 0    |
| Chocolate Cream Frappuccino® - semi skimmed milk       | Grande | 1353 | 323 | 15.4 | 11.7 | 38.3 | 37.1 | 1.1 | 7.3 | 0.57 | 0    |
| Chocolate Cream Frappuccino® - semi skimmed milk       | Venti  | 1510 | 360 | 15.8 | 12   | 45.8 | 44.3 | 1.3 | 8   | 0.68 | 0    |
| Chocolate Cream Frappuccino® - whole milk              | Tall   | 1061 | 253 | 13.5 | 9.3  | 27.4 | 26.5 | 0.8 | 5.2 | 0.40 | 0    |
| Chocolate Cream Frappuccino® - whole milk              | Grande | 1447 | 346 | 18.1 | 12.5 | 38.2 | 36.9 | 1.1 | 7.1 | 0.57 | 0    |
| Chocolate Cream Frappuccino® - whole milk              | Venti  | 1611 | 384 | 18.7 | 12.9 | 45.7 | 44.2 | 1.3 | 7.9 | 0.68 | 0    |
| Chocolate Cream Frappuccino® - skimmed milk            | Tall   | 942  | 225 | 10.2 | 7.1  | 27.6 | 26.8 | 0.8 | 5.3 | 0.41 | 0    |
| Chocolate Cream Frappuccino® - skimmed milk            | Grande | 1282 | 306 | 13.5 | 9.5  | 38.4 | 37.2 | 1.1 | 7.3 | 0.57 | 0    |
| Chocolate Cream Frappuccino® - skimmed milk            | Venti  | 1434 | 342 | 13.7 | 9.6  | 46   | 44.5 | 1.3 | 8   | 0.68 | 0    |
| Chocolate Cream Frappuccino® - almond drink            | Tall   | 889  | 214 | 11.1 | 7.1  | 25.2 | 24.4 | 1   | 2.3 | 0.37 | 0    |
| Chocolate Cream Frappuccino® - almond drink            | Grande | 1209 | 291 | 14.7 | 9.4  | 35.1 | 33.9 | 1.4 | 3.1 | 0.52 | 0    |
| Chocolate Cream Frappuccino® - almond drink            | Venti  | 1356 | 326 | 15   | 9.6  | 42.5 | 40.9 | 1.6 | 3.5 | 0.63 | 0    |
| Chocolate Cream Frappuccino® - soya drink              | Tall   | 967  | 231 | 11.8 | 7.3  | 25.5 | 24.4 | 1.4 | 5.1 | 0.40 | 0    |
| Chocolate Cream Frappuccino® - soya drink              | Grande | 1318 | 315 | 15.7 | 9.7  | 35.5 | 34   | 1.9 | 7   | 0.56 | 0    |
| Chocolate Cream Frappuccino® - soya drink              | Venti  | 1472 | 351 | 16.1 | 9.9  | 42.8 | 41   | 2.2 | 7.7 | 0.67 | 0    |
| Chocolate Cream Frappuccino® - oat drink               | Tall   | 1038 | 248 | 12.9 | 7.3  | 29.6 | 25.2 | 1.8 | 2.6 | 0.43 | 0    |
| Chocolate Cream Frappuccino® - oat drink               | Grande | 1416 | 339 | 17.3 | 9.7  | 41.1 | 35.1 | 2.5 | 3.5 | 0.60 | 0    |
| Chocolate Cream Frappuccino® - oat drink               | Venti  | 1578 | 377 | 17.8 | 9.9  | 48.9 | 42.2 | 2.8 | 3.9 | 0.71 | 0    |
| Chocolate Cream Frappuccino® - coconut drink           | Tall   | 971  | 233 | 12.4 | 9.4  | 26.3 | 25.4 | 2.3 | 2.8 | 0.34 | 0    |
| Chocolate Cream Frappuccino® - coconut drink           | Grande | 1323 | 317 | 16.6 | 12.5 | 36.6 | 35.4 | 3.2 | 3.8 | 0.48 | 0    |
| Chocolate Cream Frappuccino® - coconut drink           | Venti  | 1478 | 354 | 17   | 12.9 | 44   | 42.5 | 3.6 | 4.2 | 0.59 | 0    |
| Vanilla Cream Frappuccino® - semi skimmed milk         | Tall   | 886  | 212 | 10.9 | 8.3  | 24.4 | 23.9 | 0   | 4.1 | 0.39 | 0    |
| Vanilla Cream Frappuccino® - semi skimmed milk         | Grande | 1215 | 290 | 14.5 | 11.1 | 34.4 | 33.7 | 0   | 5.6 | 0.56 | 0    |
| Vanilla Cream Frappuccino® - semi skimmed milk         | Venti  | 1381 | 330 | 14.8 | 11.4 | 43   | 42   | 0   | 6.3 | 0.69 | 0    |
| Vanilla Cream Frappuccino® - whole milk                | Tall   | 952  | 228 | 12.8 | 8.9  | 24.3 | 23.8 | 0   | 4   | 0.39 | 0    |
| Vanilla Cream Frappuccino® - whole milk                | Grande | 1307 | 312 | 17.1 | 11.9 | 34.3 | 33.5 | 0   | 5.5 | 0.55 | 0    |
| Vanilla Cream Frappuccino® - whole milk                | Venti  | 1485 | 354 | 17.7 | 12.3 | 42.8 | 41.9 | 0   | 6.1 | 0.69 | 0    |
| Vanilla Cream Frappuccino® - skimmed milk              | Tall   | 836  | 200 | 9.5  | 6.7  | 24.5 | 24   | 0   | 4.1 | 0.40 | 0    |
| Vanilla Cream Frappuccino® - skimmed milk              | Grande | 1146 | 274 | 12.5 | 8.9  | 34.6 | 33.8 | 0   | 5.6 | 0.56 | 0    |
| Vanilla Cream Frappuccino® - skimmed milk              | Venti  | 1304 | 311 | 12.6 | 8.9  | 43.1 | 42.2 | 0   | 6.3 | 0.70 | 0    |
| Vanilla Cream Frappuccino® - almond drink              | Tall   | 785  | 189 | 10.4 | 6.7  | 22.2 | 21.7 | 0.2 | 1.1 | 0.36 | 0    |
| Vanilla Cream Frappuccino® - almond drink              | Grande | 1074 | 259 | 13.8 | 8.9  | 31.3 | 30.6 | 0.3 | 1.5 | 0.51 | 0    |
| Vanilla Cream Frappuccino® - almond drink              | Venti  | 1223 | 294 | 14   | 8.9  | 39.5 | 38.5 | 0.3 | 1.6 | 0.64 | 0    |
| Vanilla Cream Frappuccino® - soya drink                | Tall   | 861  | 206 | 11.1 | 6.9  | 22.4 | 21.7 | 0.6 | 3.9 | 0.39 | 0    |
| Vanilla Cream Frappuccino® - soya drink                | Grande | 1180 | 282 | 14.7 | 9.1  | 31.7 | 30.7 | 0.8 | 5.4 | 0.55 | 0    |
| Vanilla Cream Frappuccino® - soya drink                | Venti  | 1342 | 320 | 15.1 | 9.2  | 39.9 | 38.6 | 0.9 | 5.9 | 0.68 | 0    |
| Vanilla Cream Frappuccino® - oat drink                 | Tall   | 930  | 223 | 12.2 | 6.9  | 26.4 | 22.5 | 1   | 1.4 | 0.42 | 0    |
| Vanilla Cream Frappuccino® - oat drink                 | Grande | 1277 | 305 | 16.3 | 9.1  | 37.2 | 31.8 | 1.4 | 1.9 | 0.59 | 0    |
| Vanilla Cream Frappuccino® - oat drink                 | Venti  | 1451 | 347 | 16.8 | 9.2  | 46.1 | 39.8 | 1.5 | 2.1 | 0.73 | 0    |
| Vanilla Cream Frappuccino® - coconut drink             | Tall   | 865  | 208 | 11.7 | 8.9  | 23.2 | 22.7 | 1.5 | 1.6 | 0.33 | 0    |
| Vanilla Cream Frappuccino® - coconut drink             | Grande | 1186 | 285 | 15.6 | 11.9 | 32.8 | 32   | 2.1 | 2.2 | 0.47 | 0    |
| Vanilla Cream Frappuccino® - coconut drink             | Venti  | 1349 | 323 | 16   | 12.3 | 41.1 | 40.1 | 2.3 | 2.4 | 0.60 | 0    |
| Caramel Cream Frappuccino® - semi skimmed milk         | Tall   | 1063 | 254 | 12.6 | 9.3  | 31   | 30   | 0   | 4.2 | 0.45 | 0    |
| Caramel Cream Frappuccino® - semi skimmed milk         | Grande | 1408 | 336 | 16.3 | 12.2 | 41.5 | 40.3 | 0   | 5.8 | 0.61 | 0    |
| Caramel Cream Frappuccino® - semi skimmed milk         | Venti  | 1593 | 380 | 16.8 | 12.6 | 50.8 | 49.3 | 0   | 6.4 | 0.76 | 0    |
| Caramel Cream Frappuccino® - whole milk                | Tall   | 1129 | 270 | 14.4 | 9.9  | 30.9 | 29.9 | 0   | 4.1 | 0.44 | 0    |
| Caramel Cream Frappuccino® - whole milk                | Grande | 1500 | 358 | 18.9 | 13   | 41.4 | 40.2 | 0   | 5.7 | 0.61 | 0    |
| Caramel Cream Frappuccino® - whole milk                | Venti  | 1697 | 405 | 19.7 | 13.5 | 50.6 | 49.2 | 0   | 6.3 | 0.75 | 0    |
| Caramel Cream Frappuccino® - skimmed milk              | Tall   | 1013 | 242 | 11.2 | 7.8  | 31.1 | 30.1 | 0   | 4.2 | 0.45 | 0    |
| Caramel Cream Frappuccino® - skimmed milk              | Grande | 1339 | 320 | 14.4 | 10   | 41.7 | 40.5 | 0   | 5.8 | 0.62 | 0    |
| Caramel Cream Frappuccino® - skimmed milk              | Venti  | 1515 | 361 | 14.6 | 10.2 | 51   | 49.5 | 0   | 6.4 | 0.76 | 0    |
| Caramel Cream Frappuccino® - almond drink              | Tall   | 962  | 231 | 12   | 7.7  | 28.7 | 27.8 | 0.2 | 1.3 | 0.41 | 0    |
| Caramel Cream Frappuccino® - almond drink              | Grande | 1267 | 304 | 15.6 | 10   | 38.5 | 37.2 | 0.3 | 1.7 | 0.57 | 0    |
| Caramel Cream Frappuccino® - almond drink              | Venti  | 1435 | 344 | 16   | 10.1 | 47.3 | 45.8 | 0.3 | 1.8 | 0.70 | 0    |
| Caramel Cream Frappuccino® - soya drink                | Tall   | 1038 | 248 | 12.7 | 7.9  | 29   | 27.8 | 0.6 | 4   | 0.44 | 0    |
| Caramel Cream Frappuccino® - soya drink                | Grande | 1373 | 328 | 16.6 | 10.3 | 38.8 | 37.3 | 0.8 | 5.5 | 0.60 | 0    |
| Caramel Cream Frappuccino® - soya drink                | Venti  | 1554 | 371 | 17.1 | 10.4 | 47.7 | 45.9 | 0.9 | 6.1 | 0.74 | 0    |
| Caramel Cream Frappuccino® - oat drink                 | Tall   | 1108 | 265 | 13.8 | 7.9  | 32.9 | 28.6 | 1   | 1.6 | 0.47 | 0    |
| Caramel Cream Frappuccino® - oat drink                 | Grande | 1469 | 351 | 18.1 | 10.3 | 44.3 | 38.4 | 1.4 | 2.1 | 0.64 | 0    |
| Caramel Cream Frappuccino® - oat drink                 | Venti  | 1663 | 397 | 18.8 | 10.4 | 53.9 | 47.2 | 1.6 | 2.3 | 0.79 | 0    |
| Caramel Cream Frappuccino® - coconut drink             | Tall   | 1042 | 250 | 13.3 | 9.9  | 29.8 | 28.8 | 1.5 | 1.8 | 0.38 | 0    |
| Caramel Cream Frappuccino® - coconut drink             | Grande | 1379 | 331 | 17.4 | 13   | 39.9 | 38.7 | 2.1 | 2.4 | 0.53 | 0    |
| Caramel Cream Frappuccino® - coconut drink             | Venti  | 1560 | 374 | 18   | 13.5 | 48.9 | 47.5 | 2.3 | 2.6 | 0.66 | 0    |
| White Chocolate Cream Frappuccino® - semi skimmed milk | Tall   | 1003 | 240 | 11.7 | 9    | 28.9 | 28.4 | 0   | 4.7 | 0.46 | 0    |
| White Chocolate Cream Frappuccino® - semi skimmed milk | Grande | 1446 | 345 | 16   | 12.3 | 43.7 | 43   | 0   | 6.7 | 0.66 | 0    |
| White Chocolate Cream Frappuccino® - semi skimmed milk | Venti  | 1526 | 364 | 16   | 12.3 | 48   | 47.2 | 0   | 7   | 0.76 | 0    |
| White Chocolate Cream Frappuccino® - whole milk        | Tall   | 1071 | 256 | 13.6 | 9.6  | 28.8 | 28.3 | 0   | 4.6 | 0.45 | 0    |
| White Chocolate Cream Frappuccino® - whole milk        | Grande | 1539 | 367 | 18.6 | 13.1 | 43.5 | 42.9 | 0   | 6.6 | 0.66 | 0    |
| White Chocolate Cream Frappuccino® - whole milk        | Venti  | 1625 | 388 | 18.8 | 13.2 | 47.9 | 47.1 | 0   | 6.8 | 0.75 | 0    |
| White Chocolate Cream Frappuccino® - skimmed milk      | Tall   | 952  | 227 | 10.3 | 7.4  | 29   | 28.5 | 0   | 4.7 | 0.46 | 0    |
| White Chocolate Cream Frappuccino® - skimmed milk      | Grande | 1377 | 329 | 14   | 10.1 | 43.8 | 43.2 | 0   | 6.7 | 0.66 | 0    |
| White Chocolate Cream Frappuccino® - skimmed milk      | Venti  | 1452 | 346 | 14   | 10   | 48.2 | 47.4 | 0   | 7   | 0.76 | 0    |
| White Chocolate Cream Frappuccino® - almond drink      | Tall   | 900  | 216 | 11.2 | 7.3  | 26.6 | 26.1 | 0.2 | 1.7 | 0.42 | 0    |
| White Chocolate Cream Frappuccino® - almond drink      | Grande | 1305 | 313 | 15.2 | 10.1 | 40.6 | 39.9 | 0.3 | 2.6 | 0.61 | 0    |
| White Chocolate Cream Frappuccino® - almond drink      | Venti  | 1375 | 330 | 15.3 | 10   | 44.7 | 43.9 | 0.3 | 2.5 | 0.71 | 0    |
| White Chocolate Cream Frappuccino® - soya drink        | Tall   | 978  | 234 | 11.9 | 7.5  | 26.8 | 26.2 | 0.6 | 4.5 | 0.45 | 0    |
| White Chocolate Cream Frappuccino® - soya drink        | Grande | 1411 | 337 | 16.2 | 10.3 | 40.9 | 40   | 0.9 | 6.5 | 0.65 | 0    |
| White Chocolate Cream Frappuccino® - soya drink        | Venti  | 1489 | 355 | 16.3 | 10.3 | 45.1 | 44   | 0.9 | 6.7 | 0.75 | 0    |
| White Chocolate Cream Frappuccino® - oat drink         | Tall   | 1049 | 251 | 13   | 7.5  | 30.9 | 27   | 1   | 2   | 0.48 | 0    |
| White Chocolate Cream Frappuccino® - oat drink         | Grande | 1508 | 360 | 17.8 | 10.3 | 46.4 | 41.1 | 1.4 | 3   | 0.69 | 0    |
| White Chocolate Cream Frappuccino® - oat drink         | Venti  | 1593 | 380 | 17.9 | 10.3 | 51   | 45.1 | 1.5 | 3   | 0.79 | 0    |
| White Chocolate Cream Frappuccino® - coconut drink     | Tall   | 982  | 236 | 12.5 | 9.6  | 27.6 | 27.2 | 1.5 | 2.2 | 0.39 | 0    |
| White Chocolate Cream Frappuccino® - coconut drink     | Grande | 1417 | 340 | 17.1 | 13.1 | 42   | 41.4 | 2.1 | 3.3 | 0.57 | 0    |
| White Chocolate Cream Frappuccino® - coconut drink     | Venti  | 1495 | 358 | 17.2 | 13.2 | 46.2 | 45.4 | 2.2 | 3.3 | 0.67 | 0    |
| Strawberries & Cream Frappuccino® - semi skimmed milk  | Tall   | 959  | 229 | 10.9 | 8.3  | 28.3 | 27.2 | 0.2 | 4.2 | 0.39 | 0    |
| Strawberries & Cream Frappuccino® - semi skimmed milk  | Grande | 1300 | 310 | 14.4 | 11   | 39.1 | 37.6 | 0.3 | 5.6 | 0.54 | 0    |
| Strawberries & Cream Frappuccino® - semi skimmed milk  | Venti  | 1434 | 342 | 14.6 | 11.1 | 46.3 | 44.5 | 0.4 | 5.9 | 0.64 | 0    |
| Strawberries & Cream Frappuccino® - whole milk         | Tall   | 1024 | 245 | 12.8 | 8.8  | 28.2 | 27.1 | 0.2 | 4.1 | 0.39 | 0    |
| Strawberries & Cream Frappuccino® - whole milk         | Grande | 1389 | 331 | 17   | 11.7 | 39   | 37.5 | 0.3 | 5.5 | 0.54 | 0    |
| Strawberries & Cream Frappuccino® - whole milk         | Venti  | 1528 | 364 | 17.2 | 11.9 | 46.2 | 44.3 | 0.4 | 5.8 | 0.63 | 0    |
| Strawberries & Cream Frappuccino® - skimmed milk       | Tall   | 910  | 217 | 9.5  | 6.7  | 28.4 | 27.3 | 0.2 | 4.2 | 0.40 | 0    |
| Strawberries & Cream Frappuccino® - skimmed milk       | Grande | 1234 | 294 | 12.6 | 8.9  | 39.2 | 37.7 | 0.3 | 5.6 | 0.55 | 0    |
| Strawberries & Cream Frappuccino® - skimmed milk       | Venti  | 1364 | 325 | 12.6 | 8.9  | 46.4 | 44.6 | 0.4 | 5.9 | 0.64 | 0    |
| Strawberries & Cream Frappuccino® - almond drink       | Tall   | 859  | 206 | 10.4 | 6.7  | 26.1 | 25   | 0.4 | 1.2 | 0.36 | 0    |
| Strawberries & Cream Frappuccino® - almond drink       | Grande | 1165 | 280 | 13.8 | 8.8  | 36.1 | 34.6 | 0.5 | 1.6 | 0.50 | 0    |
| Strawberries & Cream Frappuccino® - almond drink       | Venti  | 1292 | 310 | 13.9 | 8.9  | 43.2 | 41.3 | 0.6 | 1.7 | 0.59 | 0    |
| Strawberries & Cream Frappuccino® - soya drink         | Tall   | 935  | 223 | 11.1 | 6.9  | 26.4 | 25.1 | 0.8 | 4   | 0.39 | 0    |
| Strawberries & Cream Frappuccino® - soya drink         | Grande | 1267 | 302 | 14.7 | 9.1  | 36.5 | 34.7 | 1.1 | 5.3 | 0.53 | 0    |
| Strawberries & Cream Frappuccino® - soya drink         | Venti  | 1399 | 333 | 14.9 | 9.1  | 43.5 | 41.4 | 1.2 | 5.6 | 0.63 | 0    |
| Strawberries & Cream Frappuccino® - oat drink          | Tall   | 1003 | 240 |      |      |      |      |     |     |      |      |

|   |        |      |     |      |      |      |      |     |     |      |      |
|---|--------|------|-----|------|------|------|------|-----|-----|------|------|
| Cookies & Cream Frappuccino® - semi skimmed milk              | Venti  | 1766 | 421 | 19.3 | 14.2 | 53.4 | 45.1 | 0.5 | 8.2 | 0.93 | 0    |
| Cookies & Cream Frappuccino® - whole milk                     | Tall   | 1211 | 289 | 15.6 | 10.7 | 31.8 | 26.9 | 0.3 | 5.3 | 0.55 | 0    |
| Cookies & Cream Frappuccino® - whole milk                     | Grande | 1621 | 387 | 20.7 | 14.1 | 43   | 36.4 | 0.4 | 7.1 | 0.74 | 0    |
| Cookies & Cream Frappuccino® - whole milk                     | Venti  | 1870 | 446 | 22.3 | 15.1 | 53.3 | 45   | 0.5 | 8.1 | 0.92 | 0    |
| Cookies & Cream Frappuccino® - skimmed milk                   | Tall   | 1090 | 260 | 12.2 | 8.4  | 32   | 27.1 | 0.3 | 5.4 | 0.55 | 0    |
| Cookies & Cream Frappuccino® - skimmed milk                   | Grande | 1458 | 348 | 16.1 | 11.1 | 43.2 | 36.7 | 0.4 | 7.3 | 0.75 | 0    |
| Cookies & Cream Frappuccino® - skimmed milk                   | Venti  | 1688 | 403 | 17.2 | 11.8 | 53.6 | 45.3 | 0.5 | 8.2 | 0.93 | 0    |
| Cookies & Cream Frappuccino® - almond drink                   | Tall   | 1036 | 249 | 13.1 | 8.4  | 29.6 | 24.6 | 0.5 | 2.3 | 0.51 | 0    |
| Cookies & Cream Frappuccino® - almond drink                   | Grande | 1386 | 333 | 17.4 | 11.1 | 40   | 33.5 | 0.7 | 3.1 | 0.70 | 0    |
| Cookies & Cream Frappuccino® - almond drink                   | Venti  | 1607 | 386 | 18.5 | 11.7 | 49.9 | 41.7 | 0.8 | 3.6 | 0.87 | 0    |
| Cookies & Cream Frappuccino® - soya drink                     | Tall   | 1116 | 267 | 13.9 | 8.6  | 29.8 | 24.7 | 0.9 | 5.2 | 0.54 | 0    |
| Cookies & Cream Frappuccino® - soya drink                     | Grande | 1493 | 356 | 18.4 | 11.4 | 40.3 | 33.5 | 1.3 | 7   | 0.73 | 0    |
| Cookies & Cream Frappuccino® - soya drink                     | Venti  | 1727 | 412 | 19.6 | 12   | 50.3 | 41.7 | 1.5 | 7.9 | 0.92 | 0    |
| Cookies & Cream Frappuccino® - oat drink                      | Tall   | 1189 | 284 | 15   | 8.6  | 34   | 25.5 | 1.4 | 2.6 | 0.57 | 0    |
| Cookies & Cream Frappuccino® - oat drink                      | Grande | 1590 | 380 | 19.9 | 11.4 | 45.9 | 34.6 | 1.8 | 3.5 | 0.78 | 0    |
| Cookies & Cream Frappuccino® - oat drink                      | Venti  | 1836 | 438 | 21.4 | 12   | 56.5 | 43   | 2.1 | 4   | 0.96 | 0    |
| Cookies & Cream Frappuccino® - coconut drink                  | Tall   | 1120 | 269 | 14.5 | 10.7 | 30.6 | 25.7 | 1.9 | 2.8 | 0.48 | 0    |
| Cookies & Cream Frappuccino® - coconut drink                  | Grande | 1498 | 359 | 19.2 | 14.2 | 41.4 | 34.9 | 2.5 | 3.8 | 0.66 | 0    |
| Cookies & Cream Frappuccino® - coconut drink                  | Venti  | 1733 | 415 | 20.6 | 15.1 | 51.6 | 43.3 | 2.9 | 4.4 | 0.83 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk | Tall   | 1174 | 281 | 14   | 10.8 | 32.1 | 29.9 | 1.3 | 5.8 | 0.46 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk | Grande | 1591 | 380 | 18.8 | 14.5 | 44.1 | 41   | 1.8 | 7.8 | 0.63 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk | Venti  | 1784 | 426 | 19.9 | 15.3 | 52.1 | 48.4 | 2.2 | 8.5 | 0.74 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - whole milk        | Tall   | 1243 | 297 | 16   | 11.4 | 32   | 29.8 | 1.3 | 5.7 | 0.46 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - whole milk        | Grande | 1684 | 403 | 21.4 | 15.3 | 43.9 | 40.9 | 1.8 | 7.7 | 0.63 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - whole milk        | Venti  | 1882 | 450 | 22.7 | 16.2 | 52   | 48.3 | 2.2 | 8.4 | 0.74 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - skimmed milk      | Tall   | 1123 | 268 | 12.6 | 9.2  | 32.2 | 30   | 1.3 | 5.8 | 0.46 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - skimmed milk      | Grande | 1522 | 364 | 16.8 | 12.3 | 44.2 | 41.2 | 1.8 | 7.8 | 0.64 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - skimmed milk      | Venti  | 1711 | 409 | 17.8 | 13   | 52.3 | 48.6 | 2.2 | 8.5 | 0.75 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - almond drink      | Tall   | 1070 | 257 | 13.5 | 9.1  | 29.8 | 27.6 | 1.5 | 2.7 | 0.42 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - almond drink      | Grande | 1449 | 348 | 18.1 | 12.2 | 40.9 | 37.9 | 2.1 | 3.6 | 0.58 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - almond drink      | Venti  | 1635 | 392 | 19.1 | 13   | 48.8 | 45.1 | 2.5 | 4.1 | 0.69 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - soya drink        | Tall   | 1149 | 275 | 14.2 | 9.3  | 30.1 | 27.7 | 2   | 5.6 | 0.45 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - soya drink        | Grande | 1556 | 372 | 19.1 | 12.5 | 41.3 | 38   | 2.6 | 7.5 | 0.62 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - soya drink        | Venti  | 1747 | 417 | 20.2 | 13.3 | 49.2 | 45.2 | 3.1 | 8.2 | 0.73 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - oat drink         | Tall   | 1221 | 292 | 15.4 | 9.3  | 34.2 | 28.5 | 2.4 | 3   | 0.48 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - oat drink         | Grande | 1654 | 396 | 20.6 | 12.5 | 46.8 | 39.1 | 3.2 | 4   | 0.66 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - oat drink         | Venti  | 1850 | 442 | 21.8 | 13.3 | 55   | 46.4 | 3.7 | 4.6 | 0.78 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - coconut drink     | Tall   | 1153 | 277 | 14.9 | 11.4 | 30.9 | 28.7 | 2.9 | 3.2 | 0.39 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - coconut drink     | Grande | 1562 | 375 | 19.9 | 15.3 | 42.4 | 39.4 | 3.9 | 4.3 | 0.55 | 0    |
| Double Chocolatey Chip Cream Frappuccino® - coconut drink     | Venti  | 1753 | 420 | 21   | 16.2 | 50.4 | 46.7 | 4.4 | 4.9 | 0.65 | 0    |
| Matcha Cream Frappuccino® - semi skimmed milk                 | Tall   | 940  | 225 | 11   | 8.4  | 26.2 | 24.9 | 0.8 | 4.8 | 0.41 | 49.4 |
| Matcha Cream Frappuccino® - semi skimmed milk                 | Grande | 1266 | 302 | 14.6 | 11.1 | 35.9 | 34   | 1.1 | 6.4 | 0.56 | 68.2 |
| Matcha Cream Frappuccino® - semi skimmed milk                 | Venti  | 1402 | 335 | 14.8 | 11.3 | 42.8 | 40.5 | 1.4 | 6.9 | 0.67 | 85.1 |
| Matcha Cream Frappuccino® - whole milk                        | Tall   | 1009 | 241 | 13   | 9    | 26.1 | 24.8 | 0.8 | 4.7 | 0.41 | 49.4 |
| Matcha Cream Frappuccino® - whole milk                        | Grande | 1359 | 325 | 17.2 | 11.9 | 35.7 | 33.9 | 1.1 | 6.3 | 0.56 | 68.2 |
| Matcha Cream Frappuccino® - whole milk                        | Venti  | 1501 | 358 | 17.6 | 12.2 | 42.7 | 40.4 | 1.4 | 6.8 | 0.66 | 85.1 |
| Matcha Cream Frappuccino® - skimmed milk                      | Tall   | 888  | 212 | 9.6  | 6.8  | 26.3 | 25   | 0.8 | 4.8 | 0.41 | 49.4 |
| Matcha Cream Frappuccino® - skimmed milk                      | Grande | 1196 | 286 | 12.7 | 8.9  | 36   | 34.2 | 1.1 | 6.4 | 0.56 | 68.2 |
| Matcha Cream Frappuccino® - skimmed milk                      | Venti  | 1327 | 317 | 12.7 | 8.9  | 43   | 40.7 | 1.4 | 6.9 | 0.67 | 85.1 |
| Matcha Cream Frappuccino® - almond drink                      | Tall   | 834  | 201 | 10.5 | 6.7  | 23.9 | 22.6 | 1   | 1.7 | 0.37 | 49.4 |
| Matcha Cream Frappuccino® - almond drink                      | Grande | 1124 | 270 | 13.9 | 8.9  | 32.8 | 30.9 | 1.4 | 2.2 | 0.51 | 68.2 |
| Matcha Cream Frappuccino® - almond drink                      | Venti  | 1250 | 300 | 14   | 8.9  | 39.5 | 37.2 | 1.7 | 2.5 | 0.61 | 85.1 |
| Matcha Cream Frappuccino® - soya drink                        | Tall   | 914  | 218 | 11.2 | 6.9  | 24.2 | 22.6 | 1.4 | 4.6 | 0.40 | 49.4 |
| Matcha Cream Frappuccino® - soya drink                        | Grande | 1231 | 294 | 14.9 | 9.2  | 33.1 | 31   | 1.9 | 6.1 | 0.55 | 68.2 |
| Matcha Cream Frappuccino® - soya drink                        | Venti  | 1365 | 326 | 15.1 | 9.2  | 39.9 | 37.3 | 2.3 | 6.6 | 0.65 | 85.1 |
| Matcha Cream Frappuccino® - oat drink                         | Tall   | 987  | 236 | 12.4 | 6.9  | 28.3 | 23.5 | 1.8 | 2   | 0.43 | 49.4 |
| Matcha Cream Frappuccino® - oat drink                         | Grande | 1328 | 318 | 16.4 | 9.2  | 38.7 | 32.1 | 2.5 | 2.7 | 0.59 | 68.2 |
| Matcha Cream Frappuccino® - oat drink                         | Venti  | 1469 | 351 | 16.7 | 9.2  | 45.8 | 38.4 | 2.9 | 2.9 | 0.70 | 85.1 |
| Matcha Cream Frappuccino® - coconut drink                     | Tall   | 918  | 220 | 11.9 | 9    | 25   | 23.7 | 2.4 | 2.2 | 0.35 | 49.4 |
| Matcha Cream Frappuccino® - coconut drink                     | Grande | 1237 | 297 | 15.7 | 11.9 | 34.2 | 32.4 | 3.2 | 2.9 | 0.47 | 68.2 |
| Matcha Cream Frappuccino® - coconut drink                     | Venti  | 1370 | 329 | 16   | 12.2 | 41   | 38.7 | 3.6 | 3.2 | 0.57 | 85.1 |
| Chai Tea Cream Frappuccino® - semi skimmed milk               | Tall   | 893  | 213 | 10.8 | 8.2  | 25   | 24.6 | 0.1 | 4   | 0.38 | 9.5  |
| Chai Tea Cream Frappuccino® - semi skimmed milk               | Grande | 1271 | 304 | 14.4 | 11   | 37.9 | 37.3 | 0.1 | 5.5 | 0.54 | 18.3 |
| Chai Tea Cream Frappuccino® - semi skimmed milk               | Venti  | 1378 | 329 | 14.6 | 11.2 | 43.3 | 42.5 | 0.1 | 6   | 0.66 | 17.5 |
| Chai Tea Cream Frappuccino® - whole milk                      | Tall   | 957  | 229 | 12.6 | 8.8  | 24.9 | 24.5 | 0.1 | 3.9 | 0.38 | 9.5  |
| Chai Tea Cream Frappuccino® - whole milk                      | Grande | 1360 | 325 | 16.9 | 11.8 | 37.8 | 37.1 | 0.1 | 5.4 | 0.54 | 18.3 |
| Chai Tea Cream Frappuccino® - whole milk                      | Venti  | 1476 | 352 | 17.4 | 12.1 | 43.2 | 42.4 | 0.1 | 5.8 | 0.65 | 17.5 |
| Chai Tea Cream Frappuccino® - skimmed milk                    | Tall   | 845  | 202 | 9.5  | 6.7  | 25.1 | 24.7 | 0.1 | 4   | 0.38 | 9.5  |
| Chai Tea Cream Frappuccino® - skimmed milk                    | Grande | 1205 | 288 | 12.6 | 8.9  | 38   | 37.4 | 0.1 | 5.5 | 0.55 | 18.3 |
| Chai Tea Cream Frappuccino® - skimmed milk                    | Venti  | 1306 | 312 | 12.6 | 8.9  | 43.5 | 42.7 | 0.1 | 6   | 0.66 | 17.5 |
| Chai Tea Cream Frappuccino® - almond drink                    | Tall   | 796  | 192 | 10.3 | 6.7  | 22.9 | 22.5 | 0.2 | 1.1 | 0.35 | 9.5  |
| Chai Tea Cream Frappuccino® - almond drink                    | Grande | 1136 | 273 | 13.7 | 8.9  | 34.9 | 34.3 | 0.4 | 1.5 | 0.50 | 18.3 |
| Chai Tea Cream Frappuccino® - almond drink                    | Venti  | 1230 | 296 | 13.9 | 8.9  | 40.1 | 39.3 | 0.4 | 1.6 | 0.61 | 17.5 |
| Chai Tea Cream Frappuccino® - soya drink                      | Tall   | 869  | 208 | 11   | 6.9  | 23.1 | 22.5 | 0.6 | 3.8 | 0.37 | 9.5  |
| Chai Tea Cream Frappuccino® - soya drink                      | Grande | 1238 | 296 | 14.7 | 9.1  | 35.2 | 34.3 | 0.9 | 5.2 | 0.53 | 18.3 |
| Chai Tea Cream Frappuccino® - soya drink                      | Venti  | 1342 | 320 | 14.9 | 9.2  | 40.4 | 39.3 | 1   | 5.7 | 0.65 | 17.5 |
| Chai Tea Cream Frappuccino® - oat drink                       | Tall   | 936  | 224 | 12.1 | 6.9  | 26.9 | 23.3 | 1   | 1.4 | 0.40 | 9.5  |
| Chai Tea Cream Frappuccino® - oat drink                       | Grande | 1331 | 318 | 16.1 | 9.1  | 40.6 | 35.4 | 1.4 | 1.9 | 0.57 | 18.3 |
| Chai Tea Cream Frappuccino® - oat drink                       | Venti  | 1444 | 345 | 16.5 | 9.2  | 46.2 | 40.5 | 1.6 | 2   | 0.69 | 17.5 |
| Chai Tea Cream Frappuccino® - coconut drink                   | Tall   | 873  | 210 | 11.6 | 8.8  | 23.9 | 23.4 | 1.5 | 1.6 | 0.32 | 9.5  |
| Chai Tea Cream Frappuccino® - coconut drink                   | Grande | 1243 | 298 | 15.5 | 11.8 | 36.3 | 35.7 | 2.1 | 2.2 | 0.46 | 18.3 |
| Chai Tea Cream Frappuccino® - coconut drink                   | Venti  | 1348 | 323 | 15.8 | 12.1 | 41.6 | 40.8 | 2.3 | 2.3 | 0.57 | 17.5 |

| Refreshment                            | Size   | Energy (kJ) | Energy (kcal) | Of which |               | Carbohydrates (g) | Sugar (g) | Fibre (g) | Protein (g) | Salt (g) | Caffeine (mg) |
|--|--------|-------------|---------------|----------|---------------|-------------------|-----------|-----------|-------------|----------|---------------|
|  |        |             |               | Fat (g)  | saturated (g) |                   |           |           |             |          |               |
| Peach Iced Tea                         | Tall   | 217         | 51            | 0.1      | 0             | 12.3              | 12        | 0.1       | 0.1         | 0.00     | 0.6           |
| Peach Iced Tea                         | Grande | 306         | 72            | 0.1      | 0             | 17.3              | 16.9      | 0.1       | 0.1         | 0.00     | 1             |
| Peach Iced Tea                         | Venti  | 347         | 82            | 0.1      | 0             | 19.7              | 19.2      | 0.1       | 0.1         | 0.00     | 1.1           |
| Lemon Iced Tea                         | Tall   | 216         | 51            | 0.1      | 0             | 12.1              | 11.9      | 0.1       | 0.1         | 0.00     | 0.6           |
| Lemon Iced Tea                         | Grande | 303         | 72            | 0.1      | 0             | 17.1              | 16.8      | 0.1       | 0.1         | 0.00     | 1             |
| Lemon Iced Tea                         | Venti  | 343         | 81            | 0.1      | 0             | 19.4              | 19        | 0.1       | 0.1         | 0.00     | 1.1           |
| Cool Lime Starbucks Refresha™          | Tall   | 226         | 53            | 0.1      | 0             | 12.7              | 12.2      | 0.4       | 0.2         | 0.04     | 34.1          |
| Cool Lime Starbucks Refresha™          | Grande | 318         | 75            | 0.1      | 0             | 18.1              | 17.4      | 0.4       | 0.3         | 0.05     | 49            |
| Cool Lime Starbucks Refresha™          | Venti  | 387         | 91            | 0.1      | 0             | 22                | 21.3      | 0.4       | 0.3         | 0.06     | 60.1          |
| Strawberry Acai Starbucks Refresha®    | Tall   | 288         | 68            | 0.1      | 0             | 16.1              | 15.9      | 0.5       | 0.3         | 0.01     | 8.4           |
| Strawberry Acai Starbucks Refresha®    | Grande | 368         | 86            | 0.1      | 0             | 20.8              | 20.5      | 0.5       | 0.4         | 0.01     | 11.1          |
| Strawberry Acai Starbucks Refresha®    | Venti  | 452         | 106           | 0.1      | 0             | 25.7              | 25.4      | 0.5       | 0.4         | 0.01     | 14            |
| Pink Coconut Starbucks Refresha®       | Tall   | 466         | 111           | 2.6      | 2.3           | 19.6              | 19.3      | 2         | 1.3         | 0.05     | 8.4           |
| Pink Coconut Starbucks Refresha®       | Grande | 604         | 144           | 3.4      | 3             | 25.3              | 25.1      | 2.5       | 1.7         | 0.07     | 11.1          |
| Pink Coconut Starbucks Refresha®       | Venti  | 739         | 176           | 4.1      | 3.6           | 31.3              | 30.9      | 2.9       | 2           | 0.08     | 14            |
| Classic Shaken Iced Black Tea          | Tall   | 0           | 0             | 0        | 0             | 0                 | 0         | 0         | 0           | 0.00     | 0.5           |
| Classic Shaken Iced Black Tea          | Grande | 0           | 0             | 0        | 0             | 0                 | 0         | 0         | 0           | 0.00     | 0.7           |
| Classic Shaken Iced Black Tea          | Venti  | 0           | 0             | 0        | 0             | 0                 | 0         | 0         | 0           | 0.00     | 0.8           |
| Classic Shaken Iced Black Tea Lemonade | Tall   | 135         | 32            | 0.1      | 0             | 7.4               | 7.4       | 0.1       | 0.1         | 0.00     | 0.5           |
| Classic Shaken Iced Black Tea Lemonade | Grande | 182         | 43            | 0.1      | 0             | 10                | 10        | 0.1       | 0.1         | 0.00     | 0.7           |
| Classic Shaken Iced Black Tea Lemonade | Venti  | 182         | 43            | 0.1      | 0             | 9.9               | 9.9       | 0.1       | 0.1         | 0.00     | 0.8           |
| Classic Shaken Iced Green Tea          | Tall   | 0           | 0             | 0        | 0             | 0                 | 0         | 0         | 0           | 0.00     | 0.6           |
| Classic Shaken Iced Green Tea          | Grande | 0           | 0             | 0        | 0             | 0                 | 0         | 0         | 0           | 0.00     | 1             |
| Classic Shaken Iced Green Tea          | Venti  | 0           | 0             | 0        | 0             | 0                 | 0         | 0         | 0           | 0.00     | 1.1           |
| Classic Shaken Iced Green Tea Lemonade | Tall   | 135         | 32            | 0.1      | 0             | 7.4               | 7.4       | 0.1       | 0.1         | 0.00     | 0.6           |
| Classic Shaken Iced Green Tea Lemonade | Grande | 182         | 43            | 0.1      | 0             | 10                | 10        | 0.1       | 0.1         | 0.00     | 1             |
| Classic Shaken Iced Green Tea Lemonade | Venti  | 182         | 43            | 0.1      | 0             | 9.9               | 9.9       | 0.1       | 0.1         | 0.00     | 1.1           |
| Classic Shaken Hibiscus Tea            | Tall   | 0           | 0             | 0        | 0             | 0                 | 0         | 0         | 0           | 0.00     | 0             |
| Classic Shaken Hibiscus Tea            | Grande | 0           | 0             | 0        | 0             | 0                 | 0         | 0         | 0           | 0.00     | 0             |
| Classic Shaken Hibiscus Tea            | Venti  | 0           | 0             | 0        | 0             |                   |           |           |             |          |               |

|   |             |                    |                      |                |                               |                          |                  |                  |                    |                 |                      |
|---|-------------|--------------------|----------------------|----------------|-------------------------------|--------------------------|------------------|------------------|--------------------|-----------------|----------------------|
| English Breakfast Tea                           | Tall        | 20                 | 5                    | 0.1            | 0                             | 0                        | 0                | 0                | 0.8                | 0.00            | 1.2                  |
| English Breakfast Tea                           | Grande      | 20                 | 5                    | 0.1            | 0                             | 0                        | 0                | 0                | 0.8                | 0.00            | 1.2                  |
| English Breakfast Tea                           | Venti       | 40                 | 10                   | 0.3            | 0.1                           | 0.1                      | 0.1              | 0                | 1.7                | 0.00            | 2.4                  |
| Jasmine Pearls Tea                              | Tall        | 24                 | 6                    | 0.2            | 0                             | 0                        | 0                | 0                | 1                  | 0.00            | 1.4                  |
| Jasmine Pearls Tea                              | Grande      | 24                 | 6                    | 0.2            | 0                             | 0                        | 0                | 0                | 1                  | 0.00            | 1.4                  |
| Jasmine Pearls Tea                              | Venti       | 47                 | 11                   | 0.3            | 0.1                           | 0.1                      | 0.1              | 0                | 2                  | 0.00            | 2.8                  |
| Mint Citrus Green Tea                           | Tall        | 15                 | 4                    | 0.1            | 0                             | 0.3                      | 0                | 0.2              | 0.3                | 0.00            | 0.3                  |
| Mint Citrus Green Tea                           | Grande      | 15                 | 4                    | 0.1            | 0                             | 0.3                      | 0                | 0.2              | 0.3                | 0.00            | 0.3                  |
| Mint Citrus Green Tea                           | Venti       | 30                 | 7                    | 0.1            | 0                             | 0.5                      | 0                | 0.5              | 0.7                | 0.01            | 0.6                  |
| Emperor's Clouds & Mist Tea                     | Tall        | 15                 | 4                    | 0.1            | 0                             | 0                        | 0                | 0                | 0.6                | 0.00            | 0.9                  |
| Emperor's Clouds & Mist Tea                     | Grande      | 15                 | 4                    | 0.1            | 0                             | 0                        | 0                | 0                | 0.6                | 0.00            | 0.9                  |
| Emperor's Clouds & Mist Tea                     | Venti       | 31                 | 7                    | 0.2            | 0                             | 0                        | 0                | 0                | 1.3                | 0.00            | 1.8                  |
| Chamomile                                       | Tall        | 16                 | 4                    | 0.1            | 0                             | 0.4                      | 0.1              | 0.3              | 0.3                | 0.00            | 0                    |
| Chamomile                                       | Grande      | 16                 | 4                    | 0.1            | 0                             | 0.4                      | 0.1              | 0.3              | 0.3                | 0.00            | 0                    |
| Chamomile                                       | Venti       | 32                 | 8                    | 0.2            | 0                             | 0.7                      | 0.1              | 0.6              | 0.5                | 0.01            | 0                    |
| Earl Grey Tea                                   | Tall        | 17                 | 4                    | 0.1            | 0                             | 0                        | 0                | 0                | 0.7                | 0.00            | 1.1                  |
| Earl Grey Tea                                   | Grande      | 17                 | 4                    | 0.1            | 0                             | 0                        | 0                | 0                | 0.7                | 0.00            | 1.1                  |
| Earl Grey Tea                                   | Venti       | 35                 | 8                    | 0.3            | 0                             | 0.1                      | 0                | 0                | 1.4                | 0.00            | 2.1                  |
| Mint Herbal Blend                               | Tall        | 18                 | 4                    | 0.1            | 0                             | 0.6                      | 0                | 0.3              | 0.2                | 0.00            | 0                    |
| Mint Herbal Blend                               | Grande      | 18                 | 4                    | 0.1            | 0                             | 0.6                      | 0                | 0.3              | 0.2                | 0.00            | 0                    |
| Mint Herbal Blend                               | Venti       | 37                 | 9                    | 0.1            | 0                             | 1.2                      | 0                | 0.7              | 0.4                | 0.01            | 0                    |
| Hibiscus Tea                                    | Tall        | 24                 | 6                    | 0              | 0                             | 1.1                      | 0.8              | 0                | 0.2                | 0.00            | 0                    |
| Hibiscus Tea                                    | Grande      | 24                 | 6                    | 0              | 0                             | 1.1                      | 0.8              | 0                | 0.2                | 0.00            | 0                    |
| Hibiscus Tea                                    | Venti       | 49                 | 12                   | 0.1            | 0                             | 2.3                      | 1.7              | 0.1              | 0.4                | 0.01            | 0                    |
| Chai Tea  | Tall        | 30                 | 7                    | 0.1            | 0                             | 0.6                      | 0.3              | 0                | 0.9                | 0.00            | 0.7                  |
| Chai Tea  | Grande      | 30                 | 7                    | 0.1            | 0                             | 0.6                      | 0.3              | 0                | 0.9                | 0.00            | 0.7                  |
| Chai Tea  | Venti       | 61                 | 14                   | 0.3            | 0                             | 1.1                      | 0.6              | 0.1              | 1.8                | 0.00            | 1.3                  |
| Youthberry Tea                                  | Tall        | 30                 | 7                    | 0              | 0                             | 1.4                      | 1.2              | 0                | 0.2                | 0.00            | 0.2                  |
| Youthberry Tea                                  | Grande      | 30                 | 7                    | 0              | 0                             | 1.4                      | 1.2              | 0                | 0.2                | 0.00            | 0.2                  |
| Youthberry Tea                                  | Venti       | 59                 | 14                   | 0.1            | 0                             | 2.8                      | 2.4              | 0                | 0.5                | 0.01            | 0.4                  |
| <b>Tea Latte</b>                                | <b>Size</b> | <b>Energy (kJ)</b> | <b>Energy (kcal)</b> | <b>Fat (g)</b> | <b>Of which saturated (g)</b> | <b>Carbohydrates (g)</b> | <b>Sugar (g)</b> | <b>Fibre (g)</b> | <b>Protein (g)</b> | <b>Salt (g)</b> | <b>Caffeine (mg)</b> |
| Matcha Green Tea Latte - semi skimmed milk      | Tall        | 578                | 137                  | 4.7            | 4.6                           | 13.6                     | 12.7             | 0.9              | 10                 | 0.29            | 52.5                 |
| Matcha Green Tea Latte - semi skimmed milk      | Grande      | 699                | 166                  | 5.6            | 5.5                           | 16.4                     | 15.2             | 1.2              | 12                 | 0.34            | 76.2                 |
| Matcha Green Tea Latte - semi skimmed milk      | Venti       | 939                | 223                  | 7.5            | 7.4                           | 22.1                     | 20.4             | 1.7              | 16.2               | 0.46            | 102.4                |
| Matcha Green Tea Latte - whole milk             | Tall        | 758                | 180                  | 9.8            | 6.2                           | 13.3                     | 12.4             | 0.9              | 9.7                | 0.28            | 52.5                 |
| Matcha Green Tea Latte - whole milk             | Grande      | 914                | 217                  | 11.7           | 7.4                           | 16.1                     | 14.9             | 1.2              | 11.7               | 0.34            | 76.2                 |
| Matcha Green Tea Latte - whole milk             | Venti       | 1228               | 292                  | 15.7           | 9.9                           | 21.6                     | 20               | 1.7              | 15.7               | 0.45            | 102.4                |
| Matcha Green Tea Latte - skimmed milk           | Tall        | 443                | 105                  | 0.9            | 0.4                           | 13.8                     | 13               | 0.9              | 10                 | 0.30            | 52.5                 |
| Matcha Green Tea Latte - skimmed milk           | Grande      | 538                | 128                  | 1.1            | 0.4                           | 16.8                     | 15.5             | 1.2              | 12                 | 0.35            | 76.2                 |
| Matcha Green Tea Latte - skimmed milk           | Venti       | 723                | 171                  | 1.5            | 0.6                           | 22.5                     | 20.9             | 1.7              | 16.2               | 0.47            | 102.4                |
| Matcha Green Tea Latte - almond drink           | Tall        | 304                | 75                   | 3.3            | 0.3                           | 7.5                      | 6.7              | 1.4              | 1.9                | 0.19            | 52.5                 |
| Matcha Green Tea Latte - almond drink           | Grande      | 371                | 92                   | 3.9            | 0.3                           | 9.2                      | 8                | 1.9              | 2.4                | 0.23            | 76.2                 |
| Matcha Green Tea Latte - almond drink           | Venti       | 499                | 124                  | 5.3            | 0.5                           | 12.4                     | 10.8             | 2.5              | 3.2                | 0.31            | 102.4                |
| Matcha Green Tea Latte - soya drink             | Tall        | 510                | 121                  | 5.2            | 0.8                           | 8.2                      | 6.8              | 2.5              | 9.4                | 0.27            | 52.5                 |
| Matcha Green Tea Latte - soya drink             | Grande      | 618                | 147                  | 6.2            | 1                             | 10                       | 8.1              | 3.2              | 11.4               | 0.32            | 76.2                 |
| Matcha Green Tea Latte - soya drink             | Venti       | 831                | 197                  | 8.4            | 1.3                           | 13.5                     | 10.9             | 4.2              | 15.3               | 0.43            | 102.4                |
| Matcha Green Tea Latte - oat drink              | Tall        | 698                | 167                  | 8.2            | 0.8                           | 18.9                     | 8.9              | 3.5              | 2.7                | 0.35            | 52.5                 |
| Matcha Green Tea Latte - oat drink              | Grande      | 843                | 201                  | 9.8            | 1                             | 22.8                     | 10.7             | 4.4              | 3.4                | 0.42            | 76.2                 |
| Matcha Green Tea Latte - oat drink              | Venti       | 1133               | 271                  | 13.1           | 1.3                           | 30.7                     | 14.4             | 6                | 4.5                | 0.56            | 102.4                |
| Matcha Green Tea Latte - coconut drink          | Tall        | 521                | 127                  | 6.8            | 6.2                           | 10.3                     | 9.5              | 4.9              | 3.2                | 0.12            | 52.5                 |
| Matcha Green Tea Latte - coconut drink          | Grande      | 631                | 153                  | 8.2            | 7.4                           | 12.6                     | 11.3             | 6                | 4                  | 0.14            | 76.2                 |
| Matcha Green Tea Latte - coconut drink          | Venti       | 848                | 206                  | 11             | 10                            | 16.9                     | 15.2             | 8.1              | 5.4                | 0.19            | 102.4                |
| Iced Matcha Green Tea Latte - semi skimmed milk | Tall        | 359                | 85                   | 2.8            | 2.8                           | 8.5                      | 7.6              | 0.8              | 6.2                | 0.17            | 51.4                 |
| Iced Matcha Green Tea Latte - semi skimmed milk | Grande      | 513                | 122                  | 4              | 3.9                           | 12.1                     | 10.9             | 1.3              | 8.8                | 0.25            | 77.7                 |
| Iced Matcha Green Tea Latte - semi skimmed milk | Venti       | 596                | 142                  | 4.6            | 4.5                           | 14.1                     | 12.4             | 1.7              | 10.2               | 0.28            | 103.8                |
| Iced Matcha Green Tea Latte - whole milk        | Tall        | 466                | 111                  | 5.9            | 3.7                           | 8.3                      | 7.5              | 0.8              | 6                  | 0.17            | 51.4                 |
| Iced Matcha Green Tea Latte - whole milk        | Grande      | 666                | 158                  | 8.4            | 5.3                           | 11.9                     | 10.6             | 1.3              | 8.6                | 0.24            | 77.7                 |
| Iced Matcha Green Tea Latte - whole milk        | Venti       | 771                | 184                  | 9.6            | 6                             | 13.9                     | 12.2             | 1.7              | 10                 | 0.27            | 103.8                |
| Iced Matcha Green Tea Latte - skimmed milk      | Tall        | 278                | 66                   | 0.6            | 0.2                           | 8.6                      | 7.8              | 0.8              | 6.2                | 0.18            | 51.4                 |
| Iced Matcha Green Tea Latte - skimmed milk      | Grande      | 399                | 95                   | 0.8            | 0.3                           | 12.3                     | 11.1             | 1.3              | 8.8                | 0.25            | 77.7                 |
| Iced Matcha Green Tea Latte - skimmed milk      | Venti       | 466                | 110                  | 1              | 0.4                           | 14.4                     | 12.7             | 1.7              | 10.2               | 0.29            | 103.8                |
| Iced Matcha Green Tea Latte - almond drink      | Tall        | 195                | 48                   | 2              | 0.2                           | 4.9                      | 4                | 1.1              | 1.3                | 0.12            | 51.4                 |
| Iced Matcha Green Tea Latte - almond drink      | Grande      | 280                | 69                   | 2.8            | 0.3                           | 7                        | 5.7              | 1.7              | 2                  | 0.17            | 77.7                 |
| Iced Matcha Green Tea Latte - almond drink      | Venti       | 330                | 82                   | 3.3            | 0.3                           | 8.3                      | 6.6              | 2.2              | 2.4                | 0.19            | 103.8                |
| Iced Matcha Green Tea Latte - soya drink        | Tall        | 319                | 76                   | 3.1            | 0.5                           | 5.3                      | 4.1              | 1.8              | 5.9                | 0.16            | 51.4                 |
| Iced Matcha Green Tea Latte - soya drink        | Grande      | 456                | 108                  | 4.5            | 0.7                           | 7.5                      | 5.8              | 2.6              | 8.4                | 0.23            | 77.7                 |
| Iced Matcha Green Tea Latte - soya drink        | Venti       | 531                | 126                  | 5.2            | 0.8                           | 8.9                      | 6.7              | 3.2              | 9.7                | 0.26            | 103.8                |
| Iced Matcha Green Tea Latte - oat drink         | Tall        | 431                | 103                  | 4.9            | 0.5                           | 11.7                     | 5.4              | 2.4              | 1.8                | 0.21            | 51.4                 |
| Iced Matcha Green Tea Latte - oat drink         | Grande      | 616                | 147                  | 7              | 0.7                           | 16.7                     | 7.7              | 3.5              | 2.7                | 0.30            | 77.7                 |
| Iced Matcha Green Tea Latte - oat drink         | Venti       | 714                | 171                  | 8              | 0.8                           | 19.3                     | 8.8              | 4.3              | 3.2                | 0.34            | 103.8                |
| Iced Matcha Green Tea Latte - coconut drink     | Tall        | 325                | 79                   | 4.1            | 3.7                           | 6.5                      | 5.7              | 3.2              | 2.2                | 0.07            | 51.4                 |
| Iced Matcha Green Tea Latte - coconut drink     | Grande      | 465                | 113                  | 5.9            | 5.3                           | 9.4                      | 8.1              | 4.7              | 3.1                | 0.10            | 77.7                 |
| Iced Matcha Green Tea Latte - coconut drink     | Venti       | 542                | 131                  | 6.7            | 6.1                           | 11                       | 9.3              | 5.6              | 3.7                | 0.12            | 103.8                |
| Chai Tea Latte - semi skimmed milk              | Tall        | 589                | 140                  | 2.5            | 2.5                           | 24                       | 24               | 0.2              | 5.1                | 0.17            | 33.3                 |
| Chai Tea Latte - semi skimmed milk              | Grande      | 822                | 195                  | 3.7            | 3.6                           | 32.9                     | 32.8             | 0.3              | 7.4                | 0.24            | 44.4                 |
| Chai Tea Latte - semi skimmed milk              | Venti       | 1030               | 244                  | 4.6            | 4.5                           | 41.1                     | 41               | 0.3              | 9.3                | 0.30            | 55.5                 |
| Chai Tea Latte - whole milk                     | Tall        | 686                | 163                  | 5.3            | 3.3                           | 23.9                     | 23.8             | 0.2              | 5                  | 0.16            | 33.3                 |
| Chai Tea Latte - whole milk                     | Grande      | 963                | 229                  | 7.7            | 4.8                           | 32.7                     | 32.6             | 0.3              | 7.2                | 0.24            | 44.4                 |
| Chai Tea Latte - whole milk                     | Venti       | 1207               | 286                  | 9.6            | 6.1                           | 40.9                     | 40.8             | 0.3              | 9.1                | 0.30            | 55.5                 |
| Chai Tea Latte - skimmed milk                   | Tall        | 517                | 122                  | 0.5            | 0.2                           | 24.2                     | 24.1             | 0.2              | 5.1                | 0.17            | 33.3                 |
| Chai Tea Latte - skimmed milk                   | Grande      | 717                | 170                  | 0.7            | 0.3                           | 33.1                     | 33               | 0.3              | 7.4                | 0.25            | 44.4                 |
| Chai Tea Latte - skimmed milk                   | Venti       | 898                | 213                  | 0.9            | 0.4                           | 41.4                     | 41.3             | 0.3              | 9.3                | 0.31            | 55.5                 |
| Chai Tea Latte - almond drink                   | Tall        | 442                | 107                  | 1.8            | 0.1                           | 20.8                     | 20.7             | 0.5              | 0.8                | 0.12            | 33.3                 |
| Chai Tea Latte - almond drink                   | Grande      | 608                | 147                  | 2.6            | 0.2                           | 28.2                     | 28.1             | 0.7              | 1.1                | 0.17            | 44.4                 |
| Chai Tea Latte - almond drink                   | Venti       | 761                | 184                  | 3.2            | 0.3                           | 35.2                     | 35.1             | 0.9              | 1.4                | 0.21            | 55.5                 |
| Chai Tea Latte - soya drink                     | Tall        | 553                | 131                  | 2.8            | 0.4                           | 21.1                     | 20.8             | 1.1              | 4.8                | 0.16            | 33.3                 |
| Chai Tea Latte - soya drink                     | Grande      | 770                | 182                  | 4.1            | 0.6                           | 28.7                     | 28.2             | 1.5              | 7                  | 0.23            | 44.4                 |
| Chai Tea Latte - soya drink                     | Venti       | 964                | 228                  | 5.1            | 0.8                           | 35.9                     | 35.2             | 1.9              | 8.8                | 0.28            | 55.5                 |
| Chai Tea Latte - oat drink                      | Tall        | 654                | 156                  | 4.4            | 0.4                           | 26.9                     | 21.9             | 1.6              | 1.2                | 0.20            | 33.3                 |
| Chai Tea Latte - oat drink                      | Grande      | 917                | 218                  | 6.4            | 0.6                           | 37.1                     | 29.8             | 2.4              | 1.8                | 0.29            | 44.4                 |
| Chai Tea Latte - oat drink                      | Venti       | 1149               | 273                  | 8              | 0.8                           | 46.4                     | 37.3             | 3                | 2.2                | 0.36            | 55.5                 |
| Chai Tea Latte - coconut drink                  | Tall        | 559                | 134                  | 3.7            | 3.3                           | 22.3                     | 22.2             | 2.4              | 1.5                | 0.08            | 33.3                 |
| Chai Tea Latte - coconut drink                  | Grande      | 778                | 187                  | 5.3            | 4.8                           | 30.4                     | 30.3             | 3.4              | 2.2                | 0.11            | 44.4                 |
| Chai Tea Latte - coconut drink                  | Venti       | 975                | 234                  | 6.7            | 6.1                           | 38                       | 37.9             | 4.3              | 2.7                | 0.14            | 55.5                 |
| Iced Chai Tea Latte - semi skimmed milk         | Tall        | 602                | 143                  | 2.6            | 2.6                           | 24.3                     | 24.3             | 0.2              | 5.3                | 0.17            | 33.3                 |
| Iced Chai Tea Latte - semi skimmed milk         | Grande      | 817                | 194                  | 3.6            | 3.5                           | 32.8                     | 32.7             | 0.3              | 7.4                | 0.24            | 44.4                 |
| Iced Chai Tea Latte - semi skimmed milk         | Venti       | 955                | 226                  | 4              | 3.9                           | 39.4                     | 39.3             | 0.3              | 8                  | 0.26            | 55.5                 |
| Iced Chai Tea Latte - whole milk                | Tall        | 703                | 167                  | 5.5            | 3.5                           | 24.2                     | 24.1             | 0.2              | 5.2                | 0.17            | 33.3                 |
| Iced Chai Tea Latte - whole milk                | Grande      | 957                | 227                  | 7.6            | 4.8                           | 32.6                     | 32.5             | 0.3              | 7.2                | 0.23            | 44.4                 |
| Iced Chai Tea Latte - whole milk                | Venti       | 1107               | 263                  | 8.3            | 5.2                           | 39.2                     | 39.1             | 0.3              | 7.8                | 0.26            | 55.5                 |
| Iced Chai Tea Latte - skimmed milk              | Tall        | 527                | 125                  | 0.5            | 0.2                           | 24.5                     | 24.4             | 0.2              | 5.3                | 0.18            | 33.3                 |
| Iced Chai Tea Latte - skimmed milk              | Grande      | 714                | 169                  | 0.7            | 0.3                           | 33                       | 32.9             | 0.3              | 7.4                | 0.24            | 44.4                 |
| Iced Chai Tea Latte - skimmed milk              | Venti       | 842                | 199                  | 0.8            | 0.3                           | 39.6                     | 39.5             | 0.3              | 8                  | 0.27            | 55.5                 |
| Iced Chai Tea Latte - almond drink              | Tall        | 449                | 108                  | 1.8            | 0.2                           | 20.9                     | 20.9             | 0.5              | 0.8                | 0.12            | 33.3                 |
| Iced Chai Tea Latte - almond drink              | Grande      | 606                | 146                  | 2.5            | 0.2                           | 28.1                     | 28               | 0.7              | 1.1                | 0.17            | 44.4                 |
| Iced Chai Tea Latte - almond drink              | Venti       | 724                | 174                  | 2.8            | 0.2                           | 34.3                     | 34.2             | 0.8              | 1.2                | 0.18            | 55.5                 |
| Iced Chai Tea Latte - soya drink                | Tall        | 565                | 134                  | 2.9            | 0.5                           | 21.3                     | 20.9             | 1.1              | 5                  | 0.16            | 33.3                 |
| Iced Chai Tea Latte - soya drink                | Grande      | 765                | 181                  | 4              | 0.6                           | 28.6                     | 28.1             | 1.5              | 6.9                | 0.22            | 44.4                 |
| Iced Chai Tea Latte - soya drink                | Venti       | 898                | 213                  | 4.4            | 0.7                           | 34.9                     | 34.3             | 1.7              | 7.6                | 0.25            | 55.5                 |
| Iced Chai Tea Latte - oat drink                 | Tall        | 670                | 159                  | 4.6            | 0.5                           | 27.3                     | 22.2             | 1.7              | 1.3                | 0.21            | 33.3                 |
| Iced Chai Tea Latte - oat drink                 | Grande      | 911                | 217                  | 6.3            | 0.6                           | 36.9                     | 29.8             | 2.3              | 1.8                | 0.29            | 44.4                 |
| Iced Chai Tea Latte - oat drink                 | Venti       | 1057               | 251                  | 6.9            | 0.7                           | 43.9                     | 36.1             | 2.6              | 1.9                | 0.31            | 55.5                 |
| Iced Chai Tea Latte - coconut drink             | Tall        | 571                | 137                  | 3.8            | 3.5                           | 22.5                     | 22.5             | 2.5              | 1.6                | 0.08            | 33.3                 |
| Iced Chai Tea Latte - coconut drink             | Grande      | 774                | 186                  | 5.3            | 4.8                           | 30.3                     | 30.2             | 3.4              | 2.2                | 0.11            | 44.4                 |
| Iced Chai Tea Latte - coconut drink             | Venti       | 907                | 217                  | 5.8            | 5.2                           | 36.7                     | 36.6             | 3.7              | 2.4                | 0.12            | 55.5                 |
| <b>Autumn FY24 Promo Beverages UK/IRE</b>       | <b>Size</b> | <b>Energy (kJ)</b> | <b>Energy (kcal)</b> | <b>Fat (g)</b> | <b>Of which saturated (g)</b> | <b>Carbohydrates (g)</b> | <b>Sugar (g)</b> | <b>Fibre (g)</b> | <b>Protein (g)</b> | <b>Salt (g)</b> | <b>Caffeine (mg)</b> |
| Pumpkin Spice Latte - semi skimmed milk         | Tall        | 878                | 210                  | 8.2            | 6.6                           | 25.5                     | 24.6             | 3.6              | 6.7                | 0.26            | 8                    |



|  |        |      |     |      |      |      |      |      |      |      |       |
|--|--------|------|-----|------|------|------|------|------|------|------|-------|
| Pumpkin Spice Latte - semi skimmed milk                    | Grande | 1116 | 266 | 9.4  | 7.8  | 33.8 | 32.9 | 4.7  | 9.1  | 0.36 | 89.1  |
| Pumpkin Spice Latte - semi skimmed milk                    | Venti  | 1423 | 339 | 11.4 | 9.6  | 43.6 | 42.3 | 6    | 12.4 | 0.48 | 133.7 |
| Pumpkin Spice Latte - whole milk                           | Tall   | 991  | 237 | 11.4 | 7.6  | 25.3 | 24.4 | 3.6  | 6.5  | 0.26 | 89.1  |
| Pumpkin Spice Latte - whole milk                           | Grande | 1274 | 304 | 13.9 | 9.2  | 33.6 | 32.6 | 4.7  | 8.8  | 0.35 | 89.1  |
| Pumpkin Spice Latte - whole milk                           | Venti  | 1641 | 391 | 17.6 | 11.5 | 43.3 | 41.9 | 6    | 12.1 | 0.47 | 133.7 |
| Pumpkin Spice Latte - skimmed milk                         | Tall   | 794  | 190 | 5.8  | 3.9  | 25.7 | 24.7 | 3.6  | 6.7  | 0.27 | 89.1  |
| Pumpkin Spice Latte - skimmed milk                         | Grande | 998  | 238 | 6.1  | 4.1  | 34.1 | 33.1 | 4.7  | 9.1  | 0.37 | 89.1  |
| Pumpkin Spice Latte - skimmed milk                         | Venti  | 1261 | 300 | 6.9  | 4.5  | 44   | 42.6 | 6    | 12.4 | 0.49 | 133.7 |
| Pumpkin Spice Latte - almond drink                         | Tall   | 707  | 171 | 7.3  | 3.9  | 21.7 | 20.8 | 4    | 1.6  | 0.20 | 89.1  |
| Pumpkin Spice Latte - almond drink                         | Grande | 875  | 212 | 8.2  | 4    | 28.5 | 27.6 | 5.2  | 2    | 0.28 | 89.1  |
| Pumpkin Spice Latte - almond drink                         | Venti  | 1092 | 265 | 9.8  | 4.4  | 36.4 | 35   | 6.6  | 2.7  | 0.37 | 133.7 |
| Pumpkin Spice Latte - soya drink                           | Tall   | 836  | 200 | 8.5  | 4.2  | 22.1 | 20.9 | 4.6  | 6.3  | 0.25 | 89.1  |
| Pumpkin Spice Latte - soya drink                           | Grande | 1057 | 252 | 9.9  | 4.5  | 29.1 | 27.7 | 6.1  | 8.6  | 0.34 | 89.1  |
| Pumpkin Spice Latte - soya drink                           | Venti  | 1342 | 320 | 12.1 | 5.1  | 37.1 | 35.1 | 7.9  | 11.8 | 0.46 | 133.7 |
| Pumpkin Spice Latte - oat drink                            | Tall   | 954  | 228 | 10.4 | 4.2  | 28.9 | 22.2 | 5.3  | 2.1  | 0.30 | 89.1  |
| Pumpkin Spice Latte - oat drink                            | Grande | 1222 | 292 | 12.5 | 4.5  | 38.5 | 29.6 | 7.1  | 2.7  | 0.41 | 89.1  |
| Pumpkin Spice Latte - oat drink                            | Venti  | 1570 | 375 | 15.7 | 5.1  | 50.1 | 37.7 | 9.2  | 3.7  | 0.55 | 133.7 |
| Pumpkin Spice Latte - coconut drink                        | Tall   | 843  | 203 | 9.5  | 7.6  | 23.5 | 22.6 | 6.1  | 2.5  | 0.16 | 89.1  |
| Pumpkin Spice Latte - coconut drink                        | Grande | 1066 | 257 | 11.3 | 9.2  | 31   | 30   | 8.3  | 3.2  | 0.21 | 89.1  |
| Pumpkin Spice Latte - coconut drink                        | Venti  | 1355 | 326 | 14   | 11.6 | 39.7 | 38.4 | 10.8 | 4.3  | 0.28 | 133.7 |
| Iced Pumpkin Spice Latte - semi skimmed milk               | Tall   | 591  | 141 | 2.5  | 2.3  | 22.5 | 21.6 | 3.6  | 5.1  | 0.21 | 89.1  |
| Iced Pumpkin Spice Latte - semi skimmed milk               | Grande | 837  | 199 | 3.8  | 3.6  | 31.1 | 30.1 | 4.7  | 7.7  | 0.32 | 89.1  |
| Iced Pumpkin Spice Latte - semi skimmed milk               | Venti  | 942  | 224 | 3.9  | 3.6  | 36.5 | 35.1 | 6    | 7.8  | 0.34 | 133.7 |
| Iced Pumpkin Spice Latte - whole milk                      | Tall   | 680  | 162 | 5    | 3.1  | 22.4 | 21.4 | 3.6  | 5    | 0.21 | 89.1  |
| Iced Pumpkin Spice Latte - whole milk                      | Grande | 975  | 232 | 7.7  | 4.8  | 30.9 | 29.9 | 4.7  | 7.5  | 0.31 | 89.1  |
| Iced Pumpkin Spice Latte - whole milk                      | Venti  | 1079 | 257 | 7.7  | 4.8  | 36.3 | 34.9 | 6    | 7.6  | 0.33 | 133.7 |
| Iced Pumpkin Spice Latte - skimmed milk                    | Tall   | 524  | 125 | 0.6  | 0.2  | 22.6 | 21.7 | 3.6  | 5.1  | 0.22 | 89.1  |
| Iced Pumpkin Spice Latte - skimmed milk                    | Grande | 733  | 174 | 0.9  | 0.4  | 31.3 | 30.3 | 4.7  | 7.7  | 0.32 | 89.1  |
| Iced Pumpkin Spice Latte - skimmed milk                    | Venti  | 840  | 200 | 1    | 0.4  | 36.7 | 35.3 | 6    | 7.8  | 0.34 | 133.7 |
| Iced Pumpkin Spice Latte - almond drink                    | Tall   | 455  | 110 | 1.8  | 0.2  | 19.5 | 18.6 | 3.9  | 1.1  | 0.17 | 89.1  |
| Iced Pumpkin Spice Latte - almond drink                    | Grande | 626  | 151 | 2.7  | 0.3  | 26.4 | 25.5 | 5.1  | 1.5  | 0.24 | 89.1  |
| Iced Pumpkin Spice Latte - almond drink                    | Venti  | 734  | 177 | 2.8  | 0.3  | 31.9 | 30.5 | 6.4  | 1.7  | 0.27 | 133.7 |
| Iced Pumpkin Spice Latte - soya drink                      | Tall   | 557  | 133 | 2.8  | 0.5  | 19.8 | 18.7 | 4.4  | 4.8  | 0.20 | 89.1  |
| Iced Pumpkin Spice Latte - soya drink                      | Grande | 785  | 187 | 4.2  | 0.7  | 26.9 | 25.6 | 6    | 7.3  | 0.30 | 89.1  |
| Iced Pumpkin Spice Latte - soya drink                      | Venti  | 891  | 212 | 4.3  | 0.7  | 32.4 | 30.6 | 7.2  | 7.4  | 0.32 | 133.7 |
| Iced Pumpkin Spice Latte - oat drink                       | Tall   | 651  | 155 | 4.2  | 0.5  | 25.2 | 19.7 | 5    | 1.5  | 0.24 | 89.1  |
| Iced Pumpkin Spice Latte - oat drink                       | Grande | 930  | 222 | 6.5  | 0.7  | 35.2 | 27.2 | 6.8  | 2.1  | 0.36 | 89.1  |
| Iced Pumpkin Spice Latte - oat drink                       | Venti  | 1034 | 247 | 6.5  | 0.7  | 40.5 | 32.2 | 8    | 2.3  | 0.38 | 133.7 |
| Iced Pumpkin Spice Latte - coconut drink                   | Tall   | 563  | 135 | 3.6  | 3.1  | 20.9 | 20   | 5.6  | 1.8  | 0.13 | 89.1  |
| Iced Pumpkin Spice Latte - coconut drink                   | Grande | 793  | 191 | 5.5  | 4.8  | 28.6 | 27.6 | 7.8  | 2.5  | 0.19 | 89.1  |
| Iced Pumpkin Spice Latte - coconut drink                   | Venti  | 899  | 216 | 5.5  | 4.8  | 34   | 32.7 | 9    | 2.7  | 0.21 | 133.7 |
| Salted Maple & Caramel Latte - semi skimmed milk           | Tall   | 687  | 163 | 3.9  | 3.7  | 24.2 | 23.4 | 0.3  | 7.7  | 0.28 | 85.5  |
| Salted Maple & Caramel Latte - semi skimmed milk           | Grande | 913  | 216 | 5    | 4.8  | 32.8 | 32   | 0.3  | 10   | 0.38 | 85.5  |
| Salted Maple & Caramel Latte - semi skimmed milk           | Venti  | 1189 | 282 | 6.5  | 6.3  | 42.6 | 41.4 | 0.4  | 13.1 | 0.50 | 128.2 |
| Salted Maple & Caramel Latte - whole milk                  | Tall   | 827  | 196 | 7.9  | 4.9  | 24   | 23.2 | 0.3  | 7.4  | 0.28 | 85.5  |
| Salted Maple & Caramel Latte - whole milk                  | Grande | 1097 | 260 | 10.2 | 6.4  | 32.5 | 31.7 | 0.3  | 9.7  | 0.37 | 85.5  |
| Salted Maple & Caramel Latte - whole milk                  | Venti  | 1429 | 339 | 13.3 | 8.4  | 42.2 | 41.1 | 0.4  | 12.7 | 0.49 | 128.2 |
| Salted Maple & Caramel Latte - skimmed milk                | Tall   | 583  | 138 | 1    | 0.4  | 24.4 | 23.6 | 0.3  | 7.7  | 0.29 | 85.5  |
| Salted Maple & Caramel Latte - skimmed milk                | Grande | 776  | 184 | 1.2  | 0.5  | 33   | 32.2 | 0.3  | 10   | 0.38 | 85.5  |
| Salted Maple & Caramel Latte - skimmed milk                | Venti  | 1010 | 239 | 1.5  | 0.7  | 42.9 | 41.8 | 0.4  | 13.1 | 0.50 | 128.2 |
| Salted Maple & Caramel Latte - almond drink                | Tall   | 474  | 115 | 2.8  | 0.4  | 19.5 | 18.7 | 0.7  | 1.4  | 0.21 | 85.5  |
| Salted Maple & Caramel Latte - almond drink                | Grande | 633  | 153 | 3.6  | 0.4  | 26.6 | 25.8 | 0.8  | 1.7  | 0.28 | 85.5  |
| Salted Maple & Caramel Latte - almond drink                | Venti  | 823  | 199 | 4.7  | 0.5  | 34.5 | 33.4 | 1.2  | 2.3  | 0.37 | 128.2 |
| Salted Maple & Caramel Latte - soya drink                  | Tall   | 635  | 150 | 4.3  | 0.8  | 20   | 18.8 | 1.5  | 7.2  | 0.26 | 85.5  |
| Salted Maple & Caramel Latte - soya drink                  | Grande | 844  | 200 | 5.6  | 1    | 27.3 | 25.9 | 1.9  | 9.4  | 0.36 | 85.5  |
| Salted Maple & Caramel Latte - soya drink                  | Venti  | 1099 | 260 | 7.2  | 1.3  | 35.4 | 33.5 | 2.6  | 12.3 | 0.47 | 128.2 |
| Salted Maple & Caramel Latte - oat drink                   | Tall   | 781  | 186 | 6.6  | 0.8  | 28.4 | 20.5 | 2.4  | 2    | 0.33 | 85.5  |
| Salted Maple & Caramel Latte - oat drink                   | Grande | 1037 | 247 | 8.6  | 1    | 38.3 | 28.1 | 3    | 2.5  | 0.44 | 85.5  |
| Salted Maple & Caramel Latte - oat drink                   | Venti  | 1350 | 321 | 11.2 | 1.3  | 49.7 | 36.4 | 4    | 3.4  | 0.58 | 128.2 |
| Salted Maple & Caramel Latte - coconut drink               | Tall   | 643  | 155 | 5.6  | 5    | 21.7 | 20.9 | 3.4  | 2.4  | 0.15 | 85.5  |
| Salted Maple & Caramel Latte - coconut drink               | Grande | 855  | 205 | 7.2  | 6.5  | 29.5 | 28.7 | 4.4  | 3.1  | 0.21 | 85.5  |
| Salted Maple & Caramel Latte - coconut drink               | Venti  | 1114 | 268 | 9.4  | 8.4  | 38.3 | 37.1 | 5.8  | 4.1  | 0.27 | 128.2 |
| Iced Salted Maple & Caramel Latte - semi skimmed milk      | Tall   | 552  | 131 | 2.8  | 2.6  | 21.1 | 20.3 | 0.3  | 5.3  | 0.21 | 85.5  |
| Iced Salted Maple & Caramel Latte - semi skimmed milk      | Grande | 800  | 190 | 4.1  | 3.9  | 30.1 | 29.3 | 0.3  | 8    | 0.32 | 85.5  |
| Iced Salted Maple & Caramel Latte - semi skimmed milk      | Venti  | 914  | 217 | 4.2  | 4    | 36.2 | 35   | 0.4  | 8.3  | 0.35 | 128.2 |
| Iced Salted Maple & Caramel Latte - whole milk             | Tall   | 647  | 154 | 5.5  | 3.4  | 20.9 | 20.1 | 0.3  | 5.2  | 0.20 | 85.5  |
| Iced Salted Maple & Caramel Latte - whole milk             | Grande | 946  | 224 | 8.2  | 5.2  | 29.9 | 29.1 | 0.3  | 7.8  | 0.31 | 85.5  |
| Iced Salted Maple & Caramel Latte - whole milk             | Venti  | 1063 | 252 | 8.4  | 5.3  | 35.9 | 34.8 | 0.4  | 8.1  | 0.34 | 128.2 |
| Iced Salted Maple & Caramel Latte - skimmed milk           | Tall   | 481  | 114 | 0.8  | 0.3  | 21.2 | 20.4 | 0.3  | 5.3  | 0.21 | 85.5  |
| Iced Salted Maple & Caramel Latte - skimmed milk           | Grande | 691  | 163 | 1    | 0.4  | 30.3 | 29.5 | 0.3  | 8    | 0.32 | 85.5  |
| Iced Salted Maple & Caramel Latte - skimmed milk           | Venti  | 803  | 190 | 1.1  | 0.5  | 36.4 | 35.2 | 0.4  | 8.3  | 0.36 | 128.2 |
| Iced Salted Maple & Caramel Latte - almond drink           | Tall   | 407  | 98  | 2    | 0.3  | 17.9 | 17.1 | 0.6  | 1    | 0.16 | 85.5  |
| Iced Salted Maple & Caramel Latte - almond drink           | Grande | 577  | 139 | 2.9  | 0.4  | 25.2 | 24.4 | 0.7  | 1.4  | 0.24 | 85.5  |
| Iced Salted Maple & Caramel Latte - almond drink           | Venti  | 687  | 165 | 3    | 0.4  | 31.2 | 30   | 0.9  | 1.6  | 0.27 | 128.2 |
| Iced Salted Maple & Caramel Latte - soya drink             | Tall   | 516  | 122 | 3    | 0.6  | 18.2 | 17.2 | 1.1  | 5    | 0.20 | 85.5  |
| Iced Salted Maple & Caramel Latte - soya drink             | Grande | 745  | 176 | 4.5  | 0.8  | 25.8 | 24.5 | 1.6  | 7.6  | 0.30 | 85.5  |
| Iced Salted Maple & Caramel Latte - soya drink             | Venti  | 858  | 203 | 4.7  | 0.9  | 31.7 | 30.1 | 1.8  | 7.9  | 0.33 | 128.2 |
| Iced Salted Maple & Caramel Latte - oat drink              | Tall   | 616  | 147 | 4.6  | 0.6  | 23.9 | 18.3 | 1.7  | 1.5  | 0.24 | 85.5  |
| Iced Salted Maple & Caramel Latte - oat drink              | Grande | 898  | 214 | 6.9  | 0.8  | 34.5 | 26.3 | 2.5  | 2.1  | 0.37 | 85.5  |
| Iced Salted Maple & Caramel Latte - oat drink              | Venti  | 1014 | 241 | 7.1  | 0.9  | 40.6 | 31.9 | 2.7  | 2.3  | 0.40 | 128.2 |
| Iced Salted Maple & Caramel Latte - coconut drink          | Tall   | 522  | 125 | 3.9  | 3.4  | 19.4 | 18.6 | 2.4  | 1.8  | 0.12 | 85.5  |
| Iced Salted Maple & Caramel Latte - coconut drink          | Grande | 754  | 181 | 5.8  | 5.2  | 27.5 | 26.7 | 3.6  | 2.5  | 0.18 | 85.5  |
| Iced Salted Maple & Caramel Latte - coconut drink          | Venti  | 867  | 208 | 6    | 5.3  | 33.5 | 32.3 | 3.8  | 2.7  | 0.21 | 128.2 |
| Pumpkin Cream Cold Brew                                    | Tall   | 697  | 166 | 10.4 | 6.3  | 16.1 | 14   | 2.2  | 1.4  | 0.07 | 188.9 |
| Pumpkin Cream Cold Brew                                    | Grande | 817  | 195 | 11.2 | 6.7  | 20.9 | 18.2 | 2.6  | 1.7  | 0.07 | 252.4 |
| Pumpkin Cream Cold Brew                                    | Venti  | 957  | 228 | 12.5 | 7.6  | 26   | 23.1 | 2.8  | 1.8  | 0.08 | 260.5 |
| Salted Maple & Caramel Cream Cold Brew                     | Tall   | 744  | 177 | 10.5 | 6.4  | 19.1 | 17   | 1.1  | 1.4  | 0.07 | 188.9 |
| Salted Maple & Caramel Cream Cold Brew                     | Grande | 865  | 206 | 11.3 | 6.8  | 24   | 21.2 | 1.4  | 1.7  | 0.08 | 252.4 |
| Salted Maple & Caramel Cream Cold Brew                     | Venti  | 1004 | 239 | 12.7 | 7.7  | 29.1 | 26.2 | 1.4  | 1.8  | 0.09 | 260.5 |
| Iced Pumpkin Cream Chai Tea Latte - semi skimmed milk      | Tall   | 1166 | 278 | 12.4 | 8.7  | 35.2 | 34.6 | 1.4  | 5.9  | 0.23 | 33.3  |
| Iced Pumpkin Cream Chai Tea Latte - semi skimmed milk      | Grande | 1417 | 338 | 14   | 10   | 44.3 | 43.7 | 1.5  | 7.9  | 0.30 | 44.4  |
| Iced Pumpkin Cream Chai Tea Latte - semi skimmed milk      | Venti  | 1630 | 389 | 15.6 | 11.2 | 52.4 | 51.7 | 1.7  | 8.7  | 0.33 | 55.5  |
| Iced Pumpkin Cream Chai Tea Latte - whole milk             | Tall   | 1267 | 302 | 15.2 | 9.5  | 35   | 34.5 | 1.4  | 5.7  | 0.23 | 33.3  |
| Iced Pumpkin Cream Chai Tea Latte - whole milk             | Grande | 1556 | 371 | 17.9 | 11.2 | 44.1 | 43.5 | 1.5  | 7.7  | 0.29 | 44.4  |
| Iced Pumpkin Cream Chai Tea Latte - whole milk             | Venti  | 1781 | 425 | 19.9 | 12.5 | 52.2 | 51.5 | 1.7  | 8.5  | 0.33 | 55.5  |
| Iced Pumpkin Cream Chai Tea Latte - skimmed milk           | Tall   | 1091 | 260 | 10.3 | 6.3  | 35.3 | 34.8 | 1.4  | 5.9  | 0.23 | 33.3  |
| Iced Pumpkin Cream Chai Tea Latte - skimmed milk           | Grande | 1313 | 313 | 11.1 | 6.8  | 44.5 | 43.9 | 1.5  | 7.9  | 0.30 | 44.4  |
| Iced Pumpkin Cream Chai Tea Latte - skimmed milk           | Venti  | 1516 | 361 | 12.5 | 7.6  | 52.6 | 51.9 | 1.7  | 8.7  | 0.34 | 55.5  |
| Iced Pumpkin Cream Chai Tea Latte - almond drink           | Tall   | 1012 | 244 | 11.6 | 6.2  | 31.8 | 31.2 | 1.7  | 1.4  | 0.18 | 33.3  |
| Iced Pumpkin Cream Chai Tea Latte - almond drink           | Grande | 1205 | 290 | 12.9 | 6.7  | 39.6 | 39   | 1.9  | 1.7  | 0.23 | 44.4  |
| Iced Pumpkin Cream Chai Tea Latte - almond drink           | Venti  | 1399 | 337 | 14.5 | 7.5  | 47.3 | 46.6 | 2.2  | 1.9  | 0.25 | 55.5  |
| Iced Pumpkin Cream Chai Tea Latte - soya drink             | Tall   | 1128 | 269 | 12.7 | 6.5  | 32.2 | 31.3 | 2.3  | 5.6  | 0.22 | 33.3  |
| Iced Pumpkin Cream Chai Tea Latte - soya drink             | Grande | 1365 | 325 | 14.4 | 7.1  | 40.1 | 39.1 | 2.8  | 7.5  | 0.28 | 44.4  |
| Iced Pumpkin Cream Chai Tea Latte - soya drink             | Venti  | 1573 | 375 | 16.1 | 8    | 47.9 | 46.7 | 3.1  | 8.2  | 0.31 | 55.5  |
| Iced Pumpkin Cream Chai Tea Latte - oat drink              | Tall   | 1234 | 295 | 14.3 | 6.5  | 38.2 | 32.5 | 2.9  | 1.8  | 0.26 | 33.3  |
| Iced Pumpkin Cream Chai Tea Latte - oat drink              | Grande | 1510 | 361 | 16.7 | 7.1  | 48.5 | 40.8 | 3.6  | 2.3  | 0.35 | 44.4  |
| Iced Pumpkin Cream Chai Tea Latte - oat drink              | Venti  | 1732 | 414 | 18.6 | 8    | 56.9 | 48.5 | 4    | 2.6  | 0.38 | 55.5  |
| Iced Pumpkin Cream Chai Tea Latte - coconut drink          | Tall   | 1134 | 272 | 13.6 | 9.6  | 33.4 | 32.8 | 3.6  | 2.1  | 0.14 | 33.3  |
| Iced Pumpkin Cream Chai Tea Latte - coconut drink          | Grande | 1373 | 330 | 15.6 | 11.3 | 41.8 | 41.2 | 4.6  | 2.7  | 0.17 | 44.4  |
| Iced Pumpkin Cream Chai Tea Latte - coconut drink          | Venti  | 1582 | 380 | 17.4 | 12.5 | 49.7 | 49   | 5.1  | 3    | 0.19 | 55.5  |
| Pumpkin Cream Iced Oat Shaken Espresso - semi skimmed milk | Tall   | 838  | 201 | 11.1 | 7.3  | 21.3 | 20.1 | 1.4  |      |      |       |

|  |        |      |     |      |      |      |      |     |     |      |       |
|--|--------|------|-----|------|------|------|------|-----|-----|------|-------|
| Pumpkin Cream Iced Oat Shaken Espresso - almond drink  | Tall   | 767  | 185 | 10.7 | 6.2  | 19.7 | 18.5 | 1.5 | 1.2 | 0.11 | 85.5  |
| Pumpkin Cream Iced Oat Shaken Espresso - almond drink  | Grande | 898  | 216 | 11.7 | 6.6  | 24.7 | 23.1 | 1.8 | 1.5 | 0.13 | 128.2 |
| Pumpkin Cream Iced Oat Shaken Espresso - almond drink  | Venti  | 1045 | 252 | 13.1 | 7.5  | 29.9 | 27.8 | 2.1 | 1.8 | 0.14 | 171   |
| Pumpkin Cream Iced Oat Shaken Espresso - soya drink    | Tall   | 821  | 197 | 11.2 | 6.3  | 19.9 | 18.5 | 1.8 | 3.2 | 0.13 | 85.5  |
| Pumpkin Cream Iced Oat Shaken Espresso - soya drink    | Grande | 974  | 233 | 12.4 | 6.8  | 25   | 23.1 | 2.2 | 4.3 | 0.16 | 128.2 |
| Pumpkin Cream Iced Oat Shaken Espresso - soya drink    | Venti  | 1124 | 269 | 13.9 | 7.7  | 30.1 | 27.8 | 2.5 | 4.6 | 0.17 | 171   |
| Pumpkin Cream Iced Oat Shaken Espresso - oat drink     | Tall   | 870  | 209 | 12   | 6.3  | 22.7 | 19.1 | 2.1 | 1.4 | 0.15 | 85.5  |
| Pumpkin Cream Iced Oat Shaken Espresso - oat drink     | Grande | 1043 | 250 | 13.5 | 6.8  | 28.9 | 23.9 | 2.6 | 1.8 | 0.19 | 128.2 |
| Pumpkin Cream Iced Oat Shaken Espresso - oat drink     | Venti  | 1195 | 286 | 15   | 7.7  | 34.2 | 28.6 | 2.9 | 2.1 | 0.20 | 171   |
| Pumpkin Cream Iced Oat Shaken Espresso - coconut drink | Tall   | 824  | 198 | 11.6 | 6.7  | 20.5 | 19.2 | 2.5 | 1.6 | 0.09 | 85.5  |
| Pumpkin Cream Iced Oat Shaken Espresso - coconut drink | Grande | 978  | 235 | 13   | 8.8  | 25.8 | 24.1 | 3.1 | 2   | 0.11 | 128.2 |
| Pumpkin Cream Iced Oat Shaken Espresso - coconut drink | Venti  | 1128 | 271 | 14.5 | 9.7  | 30.9 | 28.8 | 3.4 | 2.3 | 0.12 | 171   |
| Pumpkin Spice Frappuccino® - semi skimmed milk         | Tall   | 1077 | 257 | 10.7 | 8    | 35   | 34.1 | 2.2 | 3.8 | 0.45 | 23.3  |
| Pumpkin Spice Frappuccino® - semi skimmed milk         | Grande | 1491 | 355 | 14.2 | 10.6 | 49.7 | 48.5 | 3.2 | 5.2 | 0.64 | 33.4  |
| Pumpkin Spice Frappuccino® - semi skimmed milk         | Venti  | 1731 | 412 | 14.4 | 10.7 | 62.5 | 61   | 4.1 | 5.5 | 0.80 | 43.6  |
| Pumpkin Spice Frappuccino® - whole milk                | Tall   | 1130 | 269 | 12.2 | 8.4  | 34.9 | 34.1 | 2.2 | 3.7 | 0.45 | 23.3  |
| Pumpkin Spice Frappuccino® - whole milk                | Grande | 1563 | 372 | 16.3 | 11.2 | 49.6 | 48.4 | 3.2 | 5.1 | 0.64 | 33.4  |
| Pumpkin Spice Frappuccino® - whole milk                | Venti  | 1806 | 430 | 16.5 | 11.4 | 62.4 | 60.9 | 4.1 | 5.4 | 0.79 | 43.6  |
| Pumpkin Spice Frappuccino® - skimmed milk              | Tall   | 1038 | 247 | 9.6  | 6.7  | 35.1 | 34.2 | 2.2 | 3.8 | 0.45 | 23.3  |
| Pumpkin Spice Frappuccino® - skimmed milk              | Grande | 1437 | 342 | 12.7 | 8.9  | 49.8 | 48.6 | 3.2 | 5.2 | 0.64 | 33.4  |
| Pumpkin Spice Frappuccino® - skimmed milk              | Venti  | 1675 | 398 | 12.8 | 8.9  | 62.6 | 61.1 | 4.1 | 5.5 | 0.80 | 43.6  |
| Pumpkin Spice Frappuccino® - almond drink              | Tall   | 997  | 239 | 10.3 | 6.7  | 33.2 | 32.4 | 2.4 | 1.4 | 0.42 | 23.3  |
| Pumpkin Spice Frappuccino® - almond drink              | Grande | 1381 | 331 | 13.7 | 8.9  | 47.3 | 46.1 | 3.4 | 1.9 | 0.60 | 33.4  |
| Pumpkin Spice Frappuccino® - almond drink              | Venti  | 1616 | 386 | 13.8 | 8.9  | 60   | 58.5 | 4.3 | 2.1 | 0.76 | 43.6  |
| Pumpkin Spice Frappuccino® - soya drink                | Tall   | 1058 | 252 | 10.9 | 6.9  | 33.4 | 32.4 | 2.7 | 3.6 | 0.45 | 23.3  |
| Pumpkin Spice Frappuccino® - soya drink                | Grande | 1464 | 349 | 14.5 | 9.1  | 47.5 | 46.1 | 3.8 | 5   | 0.63 | 33.4  |
| Pumpkin Spice Frappuccino® - soya drink                | Venti  | 1703 | 405 | 14.6 | 9.1  | 60.3 | 58.5 | 4.8 | 5.3 | 0.79 | 43.6  |
| Pumpkin Spice Frappuccino® - oat drink                 | Tall   | 1112 | 265 | 11.7 | 6.9  | 36.5 | 33   | 3   | 1.7 | 0.47 | 23.3  |
| Pumpkin Spice Frappuccino® - oat drink                 | Grande | 1539 | 367 | 15.6 | 9.1  | 51.8 | 47   | 4.2 | 2.3 | 0.66 | 33.4  |
| Pumpkin Spice Frappuccino® - oat drink                 | Venti  | 1782 | 424 | 15.9 | 9.1  | 64.8 | 59.4 | 5.3 | 2.5 | 0.82 | 43.6  |
| Pumpkin Spice Frappuccino® - coconut drink             | Tall   | 1061 | 254 | 11.3 | 8.4  | 34   | 33.2 | 3.4 | 1.8 | 0.40 | 23.3  |
| Pumpkin Spice Frappuccino® - coconut drink             | Grande | 1468 | 351 | 15.1 | 11.2 | 48.4 | 47.2 | 4.8 | 2.5 | 0.57 | 33.4  |
| Pumpkin Spice Frappuccino® - coconut drink             | Venti  | 1707 | 407 | 15.3 | 11.4 | 61.2 | 59.6 | 5.8 | 2.7 | 0.73 | 43.6  |
| Pumpkin Spice Cream Frappuccino® - semi skimmed milk   | Tall   | 1042 | 249 | 11.1 | 8.4  | 31.9 | 31.3 | 2.2 | 4.4 | 0.46 | 0     |
| Pumpkin Spice Cream Frappuccino® - semi skimmed milk   | Grande | 1427 | 341 | 14.7 | 11.2 | 44.6 | 43.9 | 3   | 6   | 0.65 | 0     |
| Pumpkin Spice Cream Frappuccino® - semi skimmed milk   | Venti  | 1651 | 394 | 15   | 11.5 | 56.1 | 55.1 | 3.9 | 6.6 | 0.81 | 0     |
| Pumpkin Spice Cream Frappuccino® - whole milk          | Tall   | 1113 | 266 | 13.1 | 9    | 31.8 | 31.2 | 2.2 | 4.3 | 0.46 | 0     |
| Pumpkin Spice Cream Frappuccino® - whole milk          | Grande | 1524 | 364 | 17.5 | 12.1 | 44.5 | 43.7 | 3   | 5.8 | 0.64 | 0     |
| Pumpkin Spice Cream Frappuccino® - whole milk          | Venti  | 1760 | 420 | 18.1 | 12.5 | 55.9 | 54.9 | 3.9 | 6.4 | 0.81 | 0     |
| Pumpkin Spice Cream Frappuccino® - skimmed milk        | Tall   | 989  | 236 | 9.6  | 6.8  | 32   | 31.5 | 2.2 | 4.4 | 0.47 | 0     |
| Pumpkin Spice Cream Frappuccino® - skimmed milk        | Grande | 1354 | 323 | 12.7 | 8.9  | 44.8 | 44   | 3   | 6   | 0.65 | 0     |
| Pumpkin Spice Cream Frappuccino® - skimmed milk        | Venti  | 1569 | 374 | 12.7 | 9    | 56.2 | 55.2 | 3.9 | 6.6 | 0.81 | 0     |
| Pumpkin Spice Cream Frappuccino® - almond drink        | Tall   | 934  | 224 | 10.5 | 6.7  | 29.5 | 29   | 2.4 | 1.2 | 0.43 | 0     |
| Pumpkin Spice Cream Frappuccino® - almond drink        | Grande | 1278 | 307 | 13.9 | 8.9  | 41.4 | 40.6 | 3.3 | 1.6 | 0.60 | 0     |
| Pumpkin Spice Cream Frappuccino® - almond drink        | Venti  | 1484 | 356 | 14.2 | 8.9  | 52.4 | 51.4 | 4.3 | 1.7 | 0.75 | 0     |
| Pumpkin Spice Cream Frappuccino® - soya drink          | Tall   | 1015 | 242 | 11.3 | 6.9  | 29.8 | 29   | 2.8 | 4.2 | 0.46 | 0     |
| Pumpkin Spice Cream Frappuccino® - soya drink          | Grande | 1390 | 332 | 15   | 9.2  | 41.7 | 40.7 | 3.9 | 5.7 | 0.64 | 0     |
| Pumpkin Spice Cream Frappuccino® - soya drink          | Venti  | 1610 | 384 | 15.4 | 9.2  | 52.8 | 51.5 | 4.9 | 6.3 | 0.80 | 0     |
| Pumpkin Spice Cream Frappuccino® - oat drink           | Tall   | 1089 | 261 | 12.4 | 6.9  | 34   | 29.9 | 3.2 | 1.5 | 0.49 | 0     |
| Pumpkin Spice Cream Frappuccino® - oat drink           | Grande | 1492 | 357 | 16.6 | 9.2  | 47.5 | 41.8 | 4.5 | 2   | 0.68 | 0     |
| Pumpkin Spice Cream Frappuccino® - oat drink           | Venti  | 1724 | 412 | 17.1 | 9.2  | 59.3 | 52.8 | 5.6 | 2.2 | 0.85 | 0     |
| Pumpkin Spice Cream Frappuccino® - coconut drink       | Tall   | 1020 | 245 | 11.9 | 9.1  | 30.6 | 30.1 | 3.7 | 1.7 | 0.40 | 0     |
| Pumpkin Spice Cream Frappuccino® - coconut drink       | Grande | 1396 | 335 | 15.9 | 12.1 | 42.9 | 42.1 | 5.2 | 2.3 | 0.56 | 0     |
| Pumpkin Spice Cream Frappuccino® - coconut drink       | Venti  | 1616 | 387 | 16.3 | 12.5 | 54.1 | 53.1 | 6.4 | 2.5 | 0.71 | 0     |
| Sweet Pumpkin Frappuccino® - semi skimmed milk         | Tall   | 1111 | 265 | 12.1 | 9.4  | 34.5 | 29.5 | 0.1 | 4.5 | 0.43 | 0     |
| Sweet Pumpkin Frappuccino® - semi skimmed milk         | Grande | 1565 | 373 | 16.4 | 12.8 | 49.9 | 42.5 | 0.1 | 6.5 | 0.62 | 0     |
| Sweet Pumpkin Frappuccino® - semi skimmed milk         | Venti  | 1708 | 407 | 16.8 | 13.2 | 57.3 | 48.5 | 0.2 | 6.7 | 0.71 | 0     |
| Sweet Pumpkin Frappuccino® - whole milk                | Tall   | 1179 | 281 | 14   | 10   | 34.4 | 29.4 | 0.1 | 4.4 | 0.42 | 0     |
| Sweet Pumpkin Frappuccino® - whole milk                | Grande | 1664 | 397 | 19.2 | 13.7 | 49.8 | 42.4 | 0.1 | 6.3 | 0.62 | 0     |
| Sweet Pumpkin Frappuccino® - whole milk                | Venti  | 1809 | 431 | 19.6 | 14   | 57.1 | 48.3 | 0.2 | 6.5 | 0.71 | 0     |
| Sweet Pumpkin Frappuccino® - skimmed milk              | Tall   | 1060 | 253 | 10.7 | 7.8  | 34.6 | 29.6 | 0.1 | 4.5 | 0.43 | 0     |
| Sweet Pumpkin Frappuccino® - skimmed milk              | Grande | 1492 | 356 | 14.3 | 10.5 | 50.1 | 42.7 | 0.1 | 6.5 | 0.63 | 0     |
| Sweet Pumpkin Frappuccino® - skimmed milk              | Venti  | 1632 | 389 | 14.7 | 10.8 | 57.4 | 48.6 | 0.2 | 6.7 | 0.71 | 0     |
| Sweet Pumpkin Frappuccino® - almond drink              | Tall   | 1006 | 241 | 11.6 | 7.8  | 32.2 | 27.2 | 0.3 | 1.5 | 0.39 | 0     |
| Sweet Pumpkin Frappuccino® - almond drink              | Grande | 1415 | 339 | 15.6 | 10.4 | 46.6 | 39.2 | 0.4 | 2.1 | 0.57 | 0     |
| Sweet Pumpkin Frappuccino® - almond drink              | Venti  | 1554 | 372 | 16   | 10.7 | 53.9 | 45.1 | 0.5 | 2.2 | 0.66 | 0     |
| Sweet Pumpkin Frappuccino® - soya drink                | Tall   | 1085 | 259 | 12.3 | 8    | 32.4 | 27.2 | 0.7 | 4.3 | 0.42 | 0     |
| Sweet Pumpkin Frappuccino® - soya drink                | Grande | 1529 | 364 | 16.7 | 10.7 | 47   | 39.3 | 1   | 6.2 | 0.61 | 0     |
| Sweet Pumpkin Frappuccino® - soya drink                | Venti  | 1670 | 398 | 17.1 | 11   | 54.3 | 45.2 | 1.1 | 6.4 | 0.70 | 0     |
| Sweet Pumpkin Frappuccino® - oat drink                 | Tall   | 1157 | 276 | 13.4 | 8    | 36.5 | 28   | 1.1 | 1.8 | 0.45 | 0     |
| Sweet Pumpkin Frappuccino® - oat drink                 | Grande | 1632 | 389 | 18.3 | 10.7 | 52.9 | 40.4 | 1.6 | 2.5 | 0.66 | 0     |
| Sweet Pumpkin Frappuccino® - oat drink                 | Venti  | 1776 | 424 | 18.7 | 11   | 60.3 | 46.4 | 1.7 | 2.6 | 0.74 | 0     |
| Sweet Pumpkin Frappuccino® - coconut drink             | Tall   | 1089 | 261 | 12.9 | 10   | 33.2 | 28.2 | 1.6 | 2   | 0.36 | 0     |
| Sweet Pumpkin Frappuccino® - coconut drink             | Grande | 1534 | 367 | 17.6 | 13.7 | 48.2 | 40.7 | 2.4 | 2.8 | 0.53 | 0     |
| Sweet Pumpkin Frappuccino® - coconut drink             | Venti  | 1676 | 401 | 18   | 14.1 | 55.5 | 46.7 | 2.4 | 2.9 | 0.62 | 0     |

| Alternative Coffee Bean - Espresso Drinks | Size   | Energy (kJ) | Energy (kcal) | Of which |               | Carbohydrates (g) | Sugar (g) | Fibre (g) | Protein (g) | Salt (g) | Caffeine |
|---|--------|-------------|---------------|----------|---------------|-------------------|-----------|-----------|-------------|----------|----------|
|   |        |             |               | Fat (g)  | saturated (g) |                   |           |           |             |          | (mg)     |
| Blonde Americano                          | Tall   | 25          | 6             | 0.1      | 0             | 0.8               | 0.1       | 0.3       | 0.3         | 0.00     | 85.5     |
| Blonde Americano                          | Grande | 38          | 9             | 0.2      | 0.1           | 1.1               | 0.1       | 0.4       | 0.5         | 0.00     | 128.2    |
| Blonde Americano                          | Venti  | 50          | 13            | 0.3      | 0.1           | 1.5               | 0.2       | 0.5       | 0.6         | 0.00     | 171      |
| Decaf Americano                           | Tall   | 31          | 8             | 0.1      | 0             | 1.2               | 0.1       | 0.2       | 0.3         | 0.00     | 3.6      |
| Decaf Americano                           | Grande | 47          | 11            | 0.2      | 0.1           | 1.8               | 0.2       | 0.3       | 0.4         | 0.00     | 5.4      |
| Decaf Americano                           | Venti  | 62          | 15            | 0.3      | 0.1           | 2.3               | 0.2       | 0.4       | 0.5         | 0.00     | 7.2      |
| Blonde Caffè Latte - semi skimmed milk    | Tall   | 515         | 123           | 4.3      | 4.2           | 12.2              | 11.5      | 0.3       | 8.8         | 0.26     | 85.5     |
| Blonde Caffè Latte - semi skimmed milk    | Grande | 632         | 151           | 5.2      | 5.2           | 14.9              | 14.2      | 0.3       | 10.8        | 0.32     | 85.5     |
| Blonde Caffè Latte - semi skimmed milk    | Venti  | 852         | 203           | 7.1      | 6.9           | 20.1              | 19.1      | 0.4       | 14.6        | 0.43     | 128.2    |
| Blonde Caffè Latte - whole milk           | Tall   | 677         | 161           | 8.9      | 5.6           | 11.9              | 11.2      | 0.3       | 8.6         | 0.26     | 85.5     |
| Blonde Caffè Latte - whole milk           | Grande | 833         | 199           | 11       | 6.9           | 14.6              | 13.9      | 0.3       | 10.5        | 0.32     | 85.5     |
| Blonde Caffè Latte - whole milk           | Venti  | 1122        | 267           | 14.7     | 9.3           | 19.7              | 18.7      | 0.4       | 14.2        | 0.42     | 128.2    |
| Blonde Caffè Latte - skimmed milk         | Tall   | 394         | 94            | 0.9      | 0.4           | 12.4              | 11.7      | 0.3       | 8.8         | 0.27     | 85.5     |
| Blonde Caffè Latte - skimmed milk         | Grande | 482         | 114           | 1        | 0.4           | 15.2              | 14.5      | 0.3       | 10.8        | 0.33     | 85.5     |
| Blonde Caffè Latte - skimmed milk         | Venti  | 650         | 155           | 1.4      | 0.6           | 20.5              | 19.5      | 0.4       | 14.6        | 0.45     | 128.2    |
| Blonde Caffè Latte - almond drink         | Tall   | 268         | 67            | 3        | 0.3           | 6.7               | 6         | 0.7       | 1.5         | 0.18     | 85.5     |
| Blonde Caffè Latte - almond drink         | Grande | 326         | 81            | 3.7      | 0.3           | 8.2               | 7.5       | 0.9       | 1.8         | 0.22     | 85.5     |
| Blonde Caffè Latte - almond drink         | Venti  | 441         | 110           | 5        | 0.5           | 11.1              | 10        | 1.2       | 2.5         | 0.29     | 128.2    |
| Blonde Caffè Latte - soya drink           | Tall   | 454         | 108           | 4.7      | 0.8           | 7.3               | 6.2       | 1.7       | 8.3         | 0.24     | 85.5     |
| Blonde Caffè Latte - soya drink           | Grande | 557         | 133           | 5.8      | 0.9           | 8.9               | 7.6       | 2.1       | 10.2        | 0.30     | 85.5     |
| Blonde Caffè Latte - soya drink           | Venti  | 751         | 179           | 7.9      | 1.3           | 12                | 10.2      | 2.8       | 13.8        | 0.40     | 128.2    |
| Blonde Caffè Latte - oat drink            | Tall   | 624         | 149           | 7.4      | 0.8           | 17                | 8.1       | 2.7       | 2.3         | 0.32     | 85.5     |
| Blonde Caffè Latte - oat drink            | Grande | 767         | 184           | 9.1      | 0.9           | 20.9              | 10        | 3.3       | 2.7         | 0.39     | 85.5     |
| Blonde Caffè Latte - oat drink            | Venti  | 1033        | 247           | 12.3     | 1.3           | 28.2              | 13.4      | 4.4       | 3.7         | 0.53     | 128.2    |
| Blonde Caffè Latte - coconut drink        | Tall   | 464         | 113           | 6.2      | 5.6           | 9.3               | 8.6       | 3.9       | 2.7         | 0.11     | 85.5     |
| Blonde Caffè Latte - coconut drink        | Grande | 569         | 139           | 7.6      | 7             | 11.3              | 10.6      | 4.8       | 3.3         | 0.14     | 85.5     |
| Blonde Caffè Latte - coconut drink        | Venti  | 767         | 187           | 10.3     | 9.3           | 15.3              | 14.2      | 6.5       | 4.5         | 0.18     | 128.2    |
| Decaf Caffè Latte - semi skimmed milk     | Tall   | 521         | 124           | 4.3      | 4.2           | 12.6              | 11.5      | 0.2       | 8.8         | 0.26     | 3.6      |
| Decaf Caffè Latte - semi skimmed milk     | Grande | 638         | 152           | 5.2      | 5.2           | 15.3              | 14.2      | 0.2       | 10.8        | 0.32     | 3.6      |
| Decaf Caffè Latte - semi skimmed milk     | Venti  | 861         | 205           | 7.1      | 6.9           | 20.7              | 19.1      | 0.3       | 14.5        | 0.43     | 5.4      |
| Decaf Caffè Latte - whole milk            | Tall   | 683         | 163           | 8.9      | 5.6           | 12.3              | 11.3      | 0.2       | 8.5         | 0.26     | 3.6      |
| Decaf Caffè Latte - whole milk            | Grande | 839         | 200           | 11       | 6.9           | 15                | 13.9      | 0.2       | 10.5        | 0.32     | 3.6      |
| Decaf Caffè Latte - whole milk            | Venti  | 1131        | 269           | 14.7     | 9.3           | 20.3              | 18.7      | 0.3       | 14.1        | 0.42     | 5.4      |
| Decaf Caffè Latte - skimmed milk          | Tall   | 400         | 95            | 0.9      | 0.4           | 12.8              | 11.8      | 0.2       | 8.8         | 0.27     | 3.6      |
| Decaf Caffè Latte - skimmed milk          | Grande | 488         | 116           | 1        | 0.4           | 15.6              | 14.5      | 0.2       | 10.8        | 0.33     |          |

|  |                           |      |     |      |     |      |      |     |      |      |       |
|--|---------------------------|------|-----|------|-----|------|------|-----|------|------|-------|
| Decaf Caffè Latte - oat drink                          | Tall                      | 630  | 151 | 7.4  | 0.8 | 17.4 | 8.1  | 2.6 | 2.2  | 0.32 | 3.6   |
| Decaf Caffè Latte - oat drink                          | Grande                    | 773  | 185 | 9.1  | 0.9 | 21.3 | 10   | 3.2 | 2.7  | 0.39 | 3.6   |
| Decaf Caffè Latte - oat drink                          | Venti                     | 1042 | 249 | 12.3 | 1.3 | 28.8 | 13.5 | 4.4 | 3.6  | 0.53 | 5.4   |
| Decaf Caffè Latte - coconut drink                      | Tall                      | 470  | 114 | 6.2  | 5.6 | 9.7  | 8.6  | 3.9 | 2.7  | 0.11 | 3.6   |
| Decaf Caffè Latte - coconut drink                      | Grande                    | 575  | 140 | 7.6  | 7   | 11.7 | 10.6 | 4.7 | 3.3  | 0.14 | 3.6   |
| Decaf Caffè Latte - coconut drink                      | Venti                     | 776  | 189 | 10.3 | 9.3 | 15.9 | 14.3 | 6.4 | 4.4  | 0.18 | 5.4   |
| Blonde Latte Macchiato - semi skimmed milk             | Tall                      | 472  | 112 | 3.9  | 3.8 | 11.2 | 10.5 | 0.3 | 8.1  | 0.24 | 85.5  |
| Blonde Latte Macchiato - semi skimmed milk             | Grande                    | 612  | 146 | 5.1  | 5   | 14.4 | 13.7 | 0.3 | 10.5 | 0.31 | 85.5  |
| Blonde Latte Macchiato - semi skimmed milk             | Venti                     | 809  | 193 | 6.7  | 6.6 | 19.1 | 18.1 | 0.4 | 13.8 | 0.41 | 128.2 |
| Blonde Latte Macchiato - whole milk                    | Tall                      | 620  | 148 | 8.1  | 5.1 | 10.9 | 10.3 | 0.3 | 7.8  | 0.23 | 85.5  |
| Blonde Latte Macchiato - whole milk                    | Grande                    | 807  | 192 | 10.6 | 6.7 | 14.1 | 13.5 | 0.3 | 10.2 | 0.31 | 85.5  |
| Blonde Latte Macchiato - whole milk                    | Venti                     | 1065 | 254 | 13.9 | 8.8 | 18.7 | 17.7 | 0.4 | 13.5 | 0.40 | 128.2 |
| Blonde Latte Macchiato - skimmed milk                  | Tall                      | 361  | 86  | 0.8  | 0.3 | 11.4 | 10.7 | 0.3 | 8.1  | 0.24 | 85.5  |
| Blonde Latte Macchiato - skimmed milk                  | Grande                    | 467  | 111 | 1    | 0.4 | 14.7 | 14   | 0.3 | 10.5 | 0.32 | 85.5  |
| Blonde Latte Macchiato - skimmed milk                  | Venti                     | 618  | 147 | 1.3  | 0.6 | 19.5 | 18.5 | 0.4 | 13.8 | 0.42 | 128.2 |
| Blonde Latte Macchiato - almond drink                  | Tall                      | 246  | 62  | 2.7  | 0.3 | 6.2  | 5.5  | 0.7 | 1.4  | 0.16 | 85.5  |
| Blonde Latte Macchiato - almond drink                  | Grande                    | 316  | 79  | 3.6  | 0.3 | 7.9  | 7.2  | 0.8 | 1.7  | 0.21 | 85.5  |
| Blonde Latte Macchiato - almond drink                  | Venti                     | 420  | 105 | 4.7  | 0.4 | 10.5 | 9.5  | 1.2 | 2.4  | 0.28 | 128.2 |
| Blonde Latte Macchiato - soya drink                    | Tall                      | 417  | 99  | 4.3  | 0.7 | 6.7  | 5.6  | 1.6 | 7.6  | 0.22 | 85.5  |
| Blonde Latte Macchiato - soya drink                    | Grande                    | 539  | 128 | 5.7  | 0.9 | 8.6  | 7.4  | 2   | 9.9  | 0.29 | 85.5  |
| Blonde Latte Macchiato - soya drink                    | Venti                     | 713  | 170 | 7.5  | 1.2 | 11.5 | 9.7  | 2.7 | 13.1 | 0.38 | 128.2 |
| Blonde Latte Macchiato - oat drink                     | Tall                      | 571  | 137 | 6.8  | 0.7 | 15.6 | 7.4  | 2.5 | 2.1  | 0.29 | 85.5  |
| Blonde Latte Macchiato - oat drink                     | Grande                    | 743  | 178 | 8.8  | 0.9 | 20.2 | 9.7  | 3.2 | 2.6  | 0.38 | 85.5  |
| Blonde Latte Macchiato - oat drink                     | Venti                     | 981  | 235 | 11.7 | 1.2 | 26.7 | 12.7 | 4.2 | 3.5  | 0.50 | 128.2 |
| Blonde Latte Macchiato - coconut drink                 | Tall                      | 425  | 104 | 5.7  | 5.1 | 8.5  | 7.8  | 3.6 | 2.5  | 0.10 | 85.5  |
| Blonde Latte Macchiato - coconut drink                 | Grande                    | 551  | 134 | 7.4  | 6.7 | 10.9 | 10.3 | 4.6 | 3.2  | 0.13 | 85.5  |
| Blonde Latte Macchiato - coconut drink                 | Venti                     | 729  | 177 | 9.7  | 8.8 | 14.5 | 13.5 | 6.1 | 4.3  | 0.17 | 128.2 |
| Decaf Latte Macchiato - semi skimmed milk              | Tall                      | 478  | 114 | 3.9  | 3.8 | 11.6 | 10.5 | 0.2 | 8    | 0.24 | 3.6   |
| Decaf Latte Macchiato - semi skimmed milk              | Grande                    | 618  | 147 | 5.1  | 5   | 14.8 | 13.8 | 0.2 | 10.4 | 0.31 | 3.6   |
| Decaf Latte Macchiato - semi skimmed milk              | Venti                     | 818  | 195 | 6.7  | 6.6 | 19.7 | 18.1 | 0.3 | 13.8 | 0.41 | 5.4   |
| Decaf Latte Macchiato - whole milk                     | Tall                      | 626  | 149 | 8.1  | 5.1 | 11.3 | 10.3 | 0.2 | 7.8  | 0.23 | 3.6   |
| Decaf Latte Macchiato - whole milk                     | Grande                    | 812  | 194 | 10.6 | 6.7 | 14.5 | 13.5 | 0.2 | 10.1 | 0.31 | 3.6   |
| Decaf Latte Macchiato - whole milk                     | Venti                     | 1073 | 256 | 13.9 | 8.8 | 19.3 | 17.7 | 0.3 | 13.4 | 0.40 | 5.4   |
| Decaf Latte Macchiato - skimmed milk                   | Tall                      | 367  | 87  | 0.8  | 0.3 | 11.8 | 10.7 | 0.2 | 8    | 0.24 | 3.6   |
| Decaf Latte Macchiato - skimmed milk                   | Grande                    | 473  | 112 | 1    | 0.4 | 15.1 | 14.1 | 0.2 | 10.4 | 0.32 | 3.6   |
| Decaf Latte Macchiato - skimmed milk                   | Venti                     | 627  | 149 | 1.3  | 0.6 | 20.1 | 18.5 | 0.3 | 13.8 | 0.42 | 5.4   |
| Decaf Latte Macchiato - almond drink                   | Tall                      | 252  | 63  | 2.7  | 0.3 | 6.6  | 5.5  | 0.7 | 1.4  | 0.16 | 3.6   |
| Decaf Latte Macchiato - almond drink                   | Grande                    | 322  | 80  | 3.6  | 0.3 | 8.3  | 7.3  | 0.8 | 1.7  | 0.21 | 3.6   |
| Decaf Latte Macchiato - almond drink                   | Venti                     | 428  | 107 | 4.7  | 0.4 | 11.1 | 9.6  | 1.1 | 2.3  | 0.28 | 5.4   |
| Decaf Latte Macchiato - soya drink                     | Tall                      | 422  | 101 | 4.3  | 0.7 | 7.1  | 5.6  | 1.6 | 7.6  | 0.22 | 3.6   |
| Decaf Latte Macchiato - soya drink                     | Grande                    | 545  | 130 | 5.7  | 0.9 | 9    | 7.4  | 2   | 9.9  | 0.29 | 3.6   |
| Decaf Latte Macchiato - soya drink                     | Venti                     | 722  | 172 | 7.5  | 1.2 | 12.1 | 9.7  | 2.6 | 13   | 0.38 | 5.4   |
| Decaf Latte Macchiato - oat drink                      | Tall                      | 577  | 138 | 6.8  | 0.7 | 16   | 7.4  | 2.4 | 2    | 0.29 | 3.6   |
| Decaf Latte Macchiato - oat drink                      | Grande                    | 749  | 179 | 8.8  | 0.9 | 20.6 | 9.7  | 3.1 | 2.6  | 0.38 | 3.6   |
| Decaf Latte Macchiato - oat drink                      | Venti                     | 989  | 237 | 11.7 | 1.2 | 27.3 | 12.8 | 4.2 | 3.5  | 0.50 | 5.4   |
| Decaf Latte Macchiato - coconut drink                  | Tall                      | 431  | 105 | 5.7  | 5.1 | 8.9  | 7.9  | 3.5 | 2.5  | 0.10 | 3.6   |
| Decaf Latte Macchiato - coconut drink                  | Grande                    | 557  | 135 | 7.4  | 6.7 | 11.3 | 10.3 | 4.6 | 3.2  | 0.13 | 3.6   |
| Decaf Latte Macchiato - coconut drink                  | Venti                     | 738  | 179 | 9.7  | 8.8 | 15.1 | 13.5 | 6.1 | 4.2  | 0.17 | 5.4   |
| Blonde Espresso Doppio                                 | Doppio                    | 25   | 6   | 0.1  | 0   | 0.8  | 0.1  | 0.3 | 0.3  | 0.00 | 85.5  |
| Decaf Espresso Doppio                                  | Doppio                    | 31   | 8   | 0.1  | 0   | 1.2  | 0.1  | 0.2 | 0.3  | 0.00 | 3.6   |
| Blonde Espresso  | Single Espresso           | 13   | 3   | 0.1  | 0   | 0.4  | 0    | 0.1 | 0.2  | 0.00 | 42.7  |
| Decaf Espresso   | Single                    | 16   | 4   | 0.1  | 0   | 0.6  | 0.1  | 0.1 | 0.1  | 0.00 | 1.8   |
| Blonde Espresso Con Panna - Doppio                     | Double                    | 200  | 49  | 4.2  | 3   | 1.9  | 1.2  | 0.3 | 0.6  | 0.01 | 85.5  |
| Decaf Espresso Con Panna - Doppio                      | Double                    | 206  | 50  | 4.2  | 3   | 2.3  | 1.2  | 0.2 | 0.6  | 0.01 | 3.6   |
| Blonde Espresso Con Panna                              | Single Espresso Con Panna | 188  | 46  | 4.2  | 3   | 1.5  | 1.1  | 0.1 | 0.4  | 0.01 | 42.7  |
| Decaf Espresso Con Panna                               | Single Espresso Con Panna | 191  | 46  | 4.2  | 3   | 1.7  | 1.2  | 0.1 | 0.4  | 0.01 | 1.8   |
| Blonde Espresso Macchiato - semi skimmed milk          | Single                    | 23   | 6   | 0.2  | 0.1 | 0.6  | 0.3  | 0.1 | 0.3  | 0.01 | 42.7  |
| Blonde Espresso Macchiato - whole milk                 | Single                    | 27   | 7   | 0.3  | 0.1 | 0.6  | 0.3  | 0.1 | 0.3  | 0.01 | 42.7  |
| Blonde Espresso Macchiato - skimmed milk               | Single                    | 21   | 5   | 0.1  | 0   | 0.6  | 0.3  | 0.1 | 0.3  | 0.01 | 42.7  |
| Blonde Espresso Macchiato - almond drink               | Single                    | 18   | 4   | 0.1  | 0   | 0.5  | 0.2  | 0.1 | 0.2  | 0.00 | 42.7  |
| Blonde Espresso Macchiato - soya drink                 | Single                    | 22   | 5   | 0.2  | 0   | 0.5  | 0.2  | 0.2 | 0.3  | 0.01 | 42.7  |
| Blonde Espresso Macchiato - oat drink                  | Single                    | 26   | 6   | 0.2  | 0   | 0.7  | 0.2  | 0.2 | 0.2  | 0.01 | 42.7  |
| Blonde Espresso Macchiato - coconut drink              | Single                    | 22   | 5   | 0.2  | 0.1 | 0.6  | 0.2  | 0.2 | 0.2  | 0.00 | 42.7  |
| Decaf Espresso Macchiato - semi skimmed milk           | Single                    | 26   | 6   | 0.2  | 0.1 | 0.8  | 0.3  | 0.1 | 0.3  | 0.01 | 1.8   |
| Decaf Espresso Macchiato - whole milk                  | Single                    | 30   | 7   | 0.3  | 0.1 | 0.8  | 0.3  | 0.1 | 0.3  | 0.01 | 1.8   |
| Decaf Espresso Macchiato - skimmed milk                | Single                    | 24   | 6   | 0.1  | 0   | 0.8  | 0.3  | 0.1 | 0.3  | 0.01 | 1.8   |
| Decaf Espresso Macchiato - almond drink                | Single                    | 21   | 5   | 0.1  | 0   | 0.7  | 0.2  | 0.1 | 0.2  | 0.00 | 1.8   |
| Decaf Espresso Macchiato - soya drink                  | Single                    | 25   | 6   | 0.2  | 0   | 0.7  | 0.2  | 0.1 | 0.3  | 0.01 | 1.8   |
| Decaf Espresso Macchiato - oat drink                   | Single                    | 29   | 7   | 0.2  | 0   | 0.9  | 0.2  | 0.2 | 0.2  | 0.01 | 1.8   |
| Decaf Espresso Macchiato - coconut drink               | Single                    | 25   | 6   | 0.2  | 0.1 | 0.8  | 0.2  | 0.2 | 0.2  | 0.00 | 1.8   |
| Blonde Espresso Macchiato - Doppio - semi skimmed milk | Double                    | 58   | 14  | 0.4  | 0.3 | 1.5  | 0.9  | 0.3 | 0.9  | 0.02 | 85.5  |
| Blonde Espresso Macchiato - Doppio - whole milk        | Double                    | 69   | 17  | 0.7  | 0.4 | 1.5  | 0.8  | 0.3 | 0.9  | 0.02 | 85.5  |
| Blonde Espresso Macchiato - Doppio - skimmed milk      | Double                    | 50   | 12  | 0.2  | 0.1 | 1.5  | 0.9  | 0.3 | 0.9  | 0.02 | 85.5  |
| Blonde Espresso Macchiato - Doppio - almond drink      | Double                    | 41   | 10  | 0.3  | 0.1 | 1.2  | 0.5  | 0.3 | 0.4  | 0.01 | 85.5  |
| Blonde Espresso Macchiato - Doppio - soya drink        | Double                    | 54   | 13  | 0.4  | 0.1 | 1.2  | 0.5  | 0.4 | 0.9  | 0.02 | 85.5  |
| Blonde Espresso Macchiato - Doppio - oat drink         | Double                    | 65   | 16  | 0.6  | 0.1 | 1.9  | 0.6  | 0.4 | 0.4  | 0.02 | 85.5  |
| Blonde Espresso Macchiato - Doppio - coconut drink     | Double                    | 55   | 13  | 0.5  | 0.4 | 1.3  | 0.7  | 0.5 | 0.5  | 0.01 | 85.5  |
| Decaf Espresso Macchiato - Doppio - semi skimmed milk  | Double                    | 64   | 15  | 0.4  | 0.3 | 1.9  | 0.9  | 0.2 | 0.8  | 0.02 | 3.6   |
| Decaf Espresso Macchiato - Doppio - whole milk         | Double                    | 75   | 18  | 0.7  | 0.4 | 1.9  | 0.9  | 0.2 | 0.8  | 0.02 | 3.6   |
| Decaf Espresso Macchiato - Doppio - skimmed milk       | Double                    | 56   | 14  | 0.2  | 0.1 | 2    | 0.9  | 0.2 | 0.8  | 0.02 | 3.6   |
| Decaf Espresso Macchiato - Doppio - almond drink       | Double                    | 47   | 12  | 0.3  | 0.1 | 1.6  | 0.5  | 0.3 | 0.4  | 0.01 | 3.6   |
| Decaf Espresso Macchiato - Doppio - soya drink         | Double                    | 60   | 14  | 0.4  | 0.1 | 1.6  | 0.5  | 0.3 | 0.8  | 0.02 | 3.6   |
| Decaf Espresso Macchiato - Doppio - oat drink          | Double                    | 71   | 17  | 0.6  | 0.1 | 2.3  | 0.7  | 0.4 | 0.4  | 0.02 | 3.6   |
| Decaf Espresso Macchiato - Doppio - coconut drink      | Double                    | 61   | 15  | 0.5  | 0.4 | 1.7  | 0.7  | 0.5 | 0.4  | 0.01 | 3.6   |
| Blonde Cortado - semi skimmed milk                     | Short                     | 229  | 55  | 1.7  | 1.7 | 6    | 4.6  | 0   | 3.8  | 0.11 | 113.6 |
| Blonde Cortado - whole milk                            | Short                     | 294  | 70  | 3.5  | 2.2 | 5.9  | 4.5  | 0   | 3.7  | 0.10 | 113.6 |
| Blonde Cortado - skimmed milk                          | Short                     | 181  | 43  | 0.3  | 0.2 | 6.1  | 4.7  | 0   | 3.8  | 0.11 | 113.6 |
| Blonde Cortado - almond drink                          | Short                     | 131  | 32  | 1.2  | 0.1 | 3.8  | 2.4  | 0.2 | 0.9  | 0.07 | 113.6 |
| Blonde Cortado - soya drink                            | Short                     | 205  | 49  | 1.9  | 0.3 | 4.1  | 2.5  | 0.6 | 3.6  | 0.10 | 113.6 |
| Blonde Cortado - oat drink                             | Short                     | 272  | 65  | 2.9  | 0.3 | 7.9  | 3.2  | 1   | 1.2  | 0.13 | 113.6 |
| Blonde Cortado - coconut drink                         | Short                     | 209  | 51  | 2.5  | 2.3 | 4.8  | 3.4  | 1.4 | 1.4  | 0.05 | 113.6 |
| Decaf Cortado - semi skimmed milk                      | Short                     | 225  | 54  | 1.8  | 1.7 | 5.7  | 4.6  | 0.2 | 3.6  | 0.10 | 3.6   |
| Decaf Cortado - whole milk                             | Short                     | 289  | 69  | 3.6  | 2.2 | 5.6  | 4.5  | 0.2 | 3.5  | 0.10 | 3.6   |
| Decaf Cortado - skimmed milk                           | Short                     | 177  | 42  | 0.4  | 0.2 | 5.8  | 4.7  | 0.2 | 3.6  | 0.11 | 3.6   |
| Decaf Cortado - almond drink                           | Short                     | 127  | 32  | 1.3  | 0.1 | 3.5  | 2.5  | 0.4 | 0.7  | 0.07 | 3.6   |
| Decaf Cortado - soya drink                             | Short                     | 201  | 48  | 2    | 0.3 | 3.8  | 2.5  | 0.8 | 3.4  | 0.10 | 3.6   |
| Decaf Cortado - oat drink                              | Short                     | 268  | 64  | 3    | 0.3 | 7.6  | 3.3  | 1.2 | 1    | 0.13 | 3.6   |
| Decaf Cortado - coconut drink                          | Short                     | 205  | 50  | 2.5  | 2.3 | 4.5  | 3.5  | 1.7 | 1.2  | 0.04 | 3.6   |
| Blonde Cappuccino - semi skimmed milk                  | Tall                      | 428  | 102 | 3.5  | 3.4 | 10.1 | 9.5  | 0.3 | 7.3  | 0.22 | 85.5  |
| Blonde Cappuccino - semi skimmed milk                  | Grande                    | 542  | 129 | 4.5  | 4.4 | 12.8 | 12.1 | 0.3 | 9.3  | 0.28 | 85.5  |
| Blonde Cappuccino - semi skimmed milk                  | Venti                     | 702  | 167 | 5.8  | 5.7 | 16.6 | 15.6 | 0.4 | 12   | 0.36 | 128.2 |
| Blonde Cappuccino - whole milk                         | Tall                      | 561  | 134 | 7.3  | 4.6 | 9.9  | 9.3  | 0.3 | 7.1  | 0.21 | 85.5  |
| Blonde Cappuccino - whole milk                         | Grande                    | 713  | 170 | 9.3  | 5.9 | 12.5 | 11.8 | 0.3 | 9    | 0.27 | 85.5  |
| Blonde Cappuccino - whole milk                         | Venti                     | 923  | 220 | 12   | 7.6 | 16.3 | 15.3 | 0.4 | 11.7 | 0.35 | 128.2 |
| Blonde Cappuccino - skimmed milk                       | Tall                      | 328  | 78  | 0.7  | 0.3 | 10.3 | 9.7  | 0.3 | 7.3  | 0.22 | 85.5  |
| Blonde Cappuccino - skimmed milk                       | Grande                    | 414  | 98  | 0.9  | 0.4 | 13   | 12.4 | 0.3 | 9.3  | 0.28 | 85.5  |
| Blonde Cappuccino - skimmed milk                       | Venti                     | 538  | 128 | 1.2  | 0.5 | 16.9 | 15.9 | 0.4 | 12   | 0.36 | 128.2 |
| Blonde Cappuccino - almond drink                       | Tall                      | 225  | 56  | 2.5  | 0.2 | 5.7  | 5    | 0.7 | 1.3  | 0.15 | 85.5  |
| Blonde Cappuccino - almond drink                       | Grande                    | 281  | 70  | 3.2  | 0.3 | 7    | 6.4  | 0.8 | 1.6  | 0.19 | 85.5  |
| Blonde Cappuccino - almond drink                       | Venti                     | 367  | 92  | 4.1  | 0.4 | 9.2  | 8.2  | 1.1 | 2.1  | 0.24 | 128.2 |
| Blonde Cappuccino - soya drink                         | Tall                      | 378  | 90  | 3.9  | 0.6 | 6.1  | 5.1  | 1.5 | 6.9  | 0.20 | 85.5  |
| Blonde Cappuccino - soya drink                         | Grande                    | 478  | 114 | 5    | 0.8 | 7.7  | 6.5  | 1.8 | 8.8  | 0.26 | 85.5  |
| Blonde Cappuccino - soya drink                         | Venti                     | 620  | 148 | 6.5  | 1.1 | 10   | 8.4  | 2.4 | 11.3 | 0.33 | 128.2 |
| Blonde Cappuccino - oat drink                          | Tall                      | 518  | 124 | 6.1  | 0.6 | 14.1 | 6.7  | 2.3 | 1.9  | 0.26 | 85.5  |
| Blonde Cappuccino - oat drink                          | Grande                    | 657  | 157 | 7.8  | 0.8 | 17.9 | 8.5  | 2.8 | 2.4  | 0.33 | 85.5  |
| Blonde Cappuccino - oat drink                          | Venti                     | 850  | 204 | 10.1 | 1.1 | 23.2 | 11   |     |      |      |       |

|  |        |      |     |      |      |      |      |     |      |      |       |
|--|--------|------|-----|------|------|------|------|-----|------|------|-------|
| Decaf Cappuccino - semi skimmed milk         | Grande | 547  | 130 | 4.5  | 4.4  | 13.2 | 12.1 | 0.2 | 9.2  | 0.28 | 3.6   |
| Decaf Cappuccino - semi skimmed milk         | Venti  | 711  | 169 | 5.8  | 5.7  | 17.2 | 15.6 | 0.3 | 11.9 | 0.36 | 5.4   |
| Decaf Cappuccino - whole milk                | Tall   | 567  | 135 | 7.3  | 4.6  | 10.3 | 9.3  | 0.2 | 7    | 0.21 | 3.6   |
| Decaf Cappuccino - whole milk                | Grande | 719  | 171 | 9.3  | 5.9  | 12.9 | 11.9 | 0.2 | 9    | 0.27 | 3.6   |
| Decaf Cappuccino - whole milk                | Venti  | 932  | 222 | 12   | 7.6  | 16.9 | 15.3 | 0.3 | 11.6 | 0.35 | 5.4   |
| Decaf Cappuccino - skimmed milk              | Tall   | 334  | 79  | 0.7  | 0.3  | 10.7 | 9.7  | 0.2 | 7.2  | 0.22 | 3.6   |
| Decaf Cappuccino - skimmed milk              | Grande | 420  | 100 | 0.9  | 0.4  | 13.4 | 12.4 | 0.2 | 9.2  | 0.28 | 3.6   |
| Decaf Cappuccino - skimmed milk              | Venti  | 547  | 130 | 1.2  | 0.5  | 17.5 | 16   | 0.3 | 11.9 | 0.36 | 5.4   |
| Decaf Cappuccino - almond drink              | Tall   | 230  | 57  | 2.5  | 0.2  | 6.1  | 5    | 0.6 | 1.3  | 0.15 | 3.6   |
| Decaf Cappuccino - almond drink              | Grande | 287  | 72  | 3.2  | 0.3  | 7.5  | 6.4  | 0.7 | 1.5  | 0.19 | 3.6   |
| Decaf Cappuccino - almond drink              | Venti  | 376  | 94  | 4.1  | 0.4  | 9.8  | 8.3  | 1   | 2    | 0.24 | 5.4   |
| Decaf Cappuccino - soya drink                | Tall   | 384  | 91  | 3.9  | 0.6  | 6.6  | 5.1  | 1.4 | 6.8  | 0.20 | 3.6   |
| Decaf Cappuccino - soya drink                | Grande | 484  | 115 | 5    | 0.8  | 8.1  | 6.5  | 1.8 | 8.7  | 0.26 | 3.6   |
| Decaf Cappuccino - soya drink                | Venti  | 629  | 150 | 6.5  | 1.1  | 10.6 | 8.4  | 2.3 | 11.3 | 0.33 | 5.4   |
| Decaf Cappuccino - oat drink                 | Tall   | 523  | 125 | 6.1  | 0.6  | 14.5 | 6.7  | 2.2 | 1.9  | 0.26 | 3.6   |
| Decaf Cappuccino - oat drink                 | Grande | 662  | 158 | 7.8  | 0.8  | 18.3 | 8.5  | 2.8 | 2.3  | 0.33 | 3.6   |
| Decaf Cappuccino - oat drink                 | Venti  | 859  | 206 | 10.1 | 1.1  | 23.8 | 11   | 3.6 | 3    | 0.43 | 5.4   |
| Decaf Cappuccino - coconut drink             | Tall   | 392  | 95  | 5.1  | 4.6  | 8.1  | 7.1  | 3.2 | 2.3  | 0.09 | 3.6   |
| Decaf Cappuccino - coconut drink             | Grande | 494  | 120 | 6.5  | 5.9  | 10.1 | 9.1  | 4.1 | 2.8  | 0.12 | 3.6   |
| Decaf Cappuccino - coconut drink             | Venti  | 642  | 156 | 8.4  | 7.6  | 13.3 | 11.7 | 5.3 | 3.7  | 0.15 | 5.4   |
| Blonde Flat White - semi skimmed milk        | Short  | 242  | 58  | 2    | 1.9  | 5.8  | 5.1  | 0.3 | 4.1  | 0.12 | 85.5  |
| Blonde Flat White - whole milk               | Short  | 314  | 75  | 4    | 2.5  | 5.7  | 5    | 0.3 | 4    | 0.11 | 85.5  |
| Blonde Flat White - skimmed milk             | Short  | 189  | 45  | 0.5  | 0.2  | 5.9  | 5.2  | 0.3 | 4.1  | 0.12 | 85.5  |
| Blonde Flat White - almond drink             | Short  | 133  | 33  | 1.4  | 0.2  | 3.4  | 2.7  | 0.5 | 0.8  | 0.08 | 85.5  |
| Blonde Flat White - soya drink               | Short  | 215  | 51  | 2.2  | 0.4  | 3.7  | 2.8  | 0.9 | 3.9  | 0.11 | 85.5  |
| Blonde Flat White - oat drink                | Short  | 291  | 70  | 3.4  | 0.4  | 8    | 3.6  | 1.3 | 1.2  | 0.14 | 85.5  |
| Blonde Flat White - coconut drink            | Short  | 220  | 54  | 2.8  | 2.5  | 4.5  | 3.9  | 1.9 | 1.4  | 0.05 | 85.5  |
| Decaf Flat White - semi skimmed milk         | Short  | 248  | 59  | 2    | 1.9  | 6.2  | 5.2  | 0.2 | 4    | 0.12 | 3.6   |
| Decaf Flat White - whole milk                | Short  | 320  | 76  | 4    | 2.5  | 6.1  | 5.1  | 0.2 | 3.9  | 0.11 | 3.6   |
| Decaf Flat White - skimmed milk              | Short  | 194  | 46  | 0.5  | 0.2  | 6.3  | 5.3  | 0.2 | 4    | 0.12 | 3.6   |
| Decaf Flat White - almond drink              | Short  | 139  | 35  | 1.4  | 0.2  | 3.8  | 2.8  | 0.4 | 0.8  | 0.08 | 3.6   |
| Decaf Flat White - soya drink                | Short  | 221  | 53  | 2.2  | 0.4  | 4.1  | 2.8  | 0.9 | 3.8  | 0.11 | 3.6   |
| Decaf Flat White - oat drink                 | Short  | 296  | 71  | 3.4  | 0.4  | 8.4  | 3.7  | 1.3 | 1.1  | 0.14 | 3.6   |
| Decaf Flat White - coconut drink             | Short  | 226  | 55  | 2.8  | 2.5  | 4.9  | 3.9  | 1.8 | 1.3  | 0.05 | 3.6   |
| Blonde Caramel Macchiato - semi skimmed milk | Tall   | 701  | 166 | 4.9  | 4.5  | 22   | 21   | 0.3 | 8.4  | 0.27 | 85.5  |
| Blonde Caramel Macchiato - semi skimmed milk | Grande | 897  | 213 | 6    | 5.6  | 28.8 | 27.6 | 0.3 | 10.8 | 0.35 | 85.5  |
| Blonde Caramel Macchiato - semi skimmed milk | Venti  | 1142 | 271 | 7.5  | 7.1  | 36.7 | 35.2 | 0.4 | 13.9 | 0.44 | 128.2 |
| Blonde Caramel Macchiato - whole milk        | Tall   | 854  | 203 | 9.3  | 5.8  | 21.8 | 20.7 | 0.3 | 8.2  | 0.27 | 85.5  |
| Blonde Caramel Macchiato - whole milk        | Grande | 1096 | 261 | 11.7 | 7.4  | 28.5 | 27.3 | 0.3 | 10.5 | 0.34 | 85.5  |
| Blonde Caramel Macchiato - whole milk        | Venti  | 1398 | 332 | 14.8 | 9.3  | 36.4 | 34.8 | 0.4 | 13.5 | 0.43 | 128.2 |
| Blonde Caramel Macchiato - skimmed milk      | Tall   | 586  | 139 | 1.7  | 0.9  | 22.3 | 21.2 | 0.3 | 8.4  | 0.28 | 85.5  |
| Blonde Caramel Macchiato - skimmed milk      | Grande | 749  | 177 | 1.9  | 1    | 29.1 | 27.9 | 0.3 | 10.8 | 0.35 | 85.5  |
| Blonde Caramel Macchiato - skimmed milk      | Venti  | 951  | 225 | 2.2  | 1.1  | 37.1 | 35.6 | 0.4 | 13.9 | 0.45 | 128.2 |
| Blonde Caramel Macchiato - almond drink      | Tall   | 466  | 114 | 3.7  | 0.8  | 17.1 | 15.8 | 0.7 | 1.5  | 0.19 | 85.5  |
| Blonde Caramel Macchiato - almond drink      | Grande | 594  | 145 | 4.5  | 0.9  | 22.1 | 21   | 0.9 | 1.8  | 0.24 | 85.5  |
| Blonde Caramel Macchiato - almond drink      | Venti  | 753  | 184 | 5.6  | 1    | 28.2 | 26.6 | 1.2 | 2.4  | 0.30 | 128.2 |
| Blonde Caramel Macchiato - soya drink        | Tall   | 643  | 153 | 5.3  | 1.3  | 17.4 | 15.9 | 1.6 | 8    | 0.26 | 85.5  |
| Blonde Caramel Macchiato - soya drink        | Grande | 823  | 195 | 6.6  | 1.5  | 22.8 | 21.1 | 2.1 | 10.2 | 0.32 | 85.5  |
| Blonde Caramel Macchiato - soya drink        | Venti  | 1047 | 248 | 8.3  | 1.7  | 29.1 | 26.8 | 2.7 | 13.1 | 0.41 | 128.2 |
| Blonde Caramel Macchiato - oat drink         | Tall   | 804  | 192 | 7.9  | 1.3  | 26.6 | 17.7 | 2.6 | 2.2  | 0.33 | 85.5  |
| Blonde Caramel Macchiato - oat drink         | Grande | 1031 | 246 | 9.9  | 1.5  | 34.7 | 23.5 | 3.2 | 2.8  | 0.41 | 85.5  |
| Blonde Caramel Macchiato - oat drink         | Venti  | 1314 | 313 | 12.5 | 1.7  | 44.4 | 29.8 | 4.2 | 3.6  | 0.52 | 128.2 |
| Blonde Caramel Macchiato - coconut drink     | Tall   | 652  | 157 | 6.7  | 5.9  | 19.3 | 18.2 | 3.7 | 2.7  | 0.13 | 85.5  |
| Blonde Caramel Macchiato - coconut drink     | Grande | 835  | 201 | 8.4  | 7.4  | 25.2 | 24.1 | 4.7 | 3.4  | 0.16 | 85.5  |
| Blonde Caramel Macchiato - coconut drink     | Venti  | 1062 | 256 | 10.6 | 9.4  | 32.2 | 30.6 | 6.1 | 4.4  | 0.20 | 128.2 |
| Decaf Caramel Macchiato - semi skimmed milk  | Tall   | 706  | 168 | 4.9  | 4.5  | 22.4 | 21   | 0.2 | 8.4  | 0.27 | 3.6   |
| Decaf Caramel Macchiato - semi skimmed milk  | Grande | 903  | 214 | 6    | 5.6  | 29.2 | 27.7 | 0.2 | 10.7 | 0.35 | 3.6   |
| Decaf Caramel Macchiato - semi skimmed milk  | Venti  | 1151 | 273 | 7.5  | 7.1  | 37.4 | 35.2 | 0.3 | 13.8 | 0.44 | 5.4   |
| Decaf Caramel Macchiato - whole milk         | Tall   | 860  | 205 | 9.3  | 5.8  | 22.2 | 20.8 | 0.2 | 8.2  | 0.27 | 3.6   |
| Decaf Caramel Macchiato - whole milk         | Grande | 1102 | 262 | 11.7 | 7.4  | 28.9 | 27.4 | 0.2 | 10.4 | 0.34 | 3.6   |
| Decaf Caramel Macchiato - whole milk         | Venti  | 1407 | 334 | 14.8 | 9.3  | 37   | 34.8 | 0.3 | 13.5 | 0.43 | 5.4   |
| Decaf Caramel Macchiato - skimmed milk       | Tall   | 591  | 140 | 1.7  | 0.9  | 22.7 | 21.2 | 0.2 | 8.4  | 0.28 | 3.6   |
| Decaf Caramel Macchiato - skimmed milk       | Grande | 754  | 179 | 1.9  | 1    | 29.5 | 28   | 0.2 | 10.7 | 0.35 | 3.6   |
| Decaf Caramel Macchiato - skimmed milk       | Venti  | 960  | 228 | 2.2  | 1.1  | 37.7 | 35.6 | 0.3 | 13.8 | 0.45 | 5.4   |
| Decaf Caramel Macchiato - almond drink       | Tall   | 472  | 115 | 3.7  | 0.8  | 17.3 | 15.8 | 0.7 | 1.5  | 0.19 | 3.6   |
| Decaf Caramel Macchiato - almond drink       | Grande | 600  | 146 | 4.5  | 0.9  | 22.5 | 21   | 0.8 | 1.8  | 0.24 | 3.6   |
| Decaf Caramel Macchiato - almond drink       | Venti  | 762  | 186 | 5.6  | 1    | 28.8 | 26.7 | 1.1 | 2.4  | 0.30 | 5.4   |
| Decaf Caramel Macchiato - soya drink         | Tall   | 649  | 154 | 5.3  | 1.3  | 17.8 | 15.9 | 1.6 | 7.9  | 0.26 | 3.6   |
| Decaf Caramel Macchiato - soya drink         | Grande | 829  | 197 | 6.6  | 1.5  | 23.2 | 21.1 | 2   | 10.1 | 0.32 | 3.6   |
| Decaf Caramel Macchiato - soya drink         | Venti  | 1056 | 250 | 8.3  | 1.7  | 29.7 | 26.8 | 2.6 | 13.1 | 0.41 | 5.4   |
| Decaf Caramel Macchiato - oat drink          | Tall   | 810  | 193 | 7.9  | 1.3  | 27   | 17.8 | 2.5 | 2.2  | 0.33 | 3.6   |
| Decaf Caramel Macchiato - oat drink          | Grande | 1036 | 247 | 9.9  | 1.5  | 35.1 | 23.5 | 3.2 | 2.7  | 0.41 | 3.6   |
| Decaf Caramel Macchiato - oat drink          | Venti  | 1323 | 315 | 12.5 | 1.7  | 45   | 29.9 | 4.2 | 3.5  | 0.52 | 5.4   |
| Decaf Caramel Macchiato - coconut drink      | Tall   | 658  | 159 | 6.7  | 5.9  | 19.7 | 18.2 | 3.7 | 2.6  | 0.13 | 3.6   |
| Decaf Caramel Macchiato - coconut drink      | Grande | 841  | 203 | 8.4  | 7.4  | 25.6 | 24.1 | 4.7 | 3.3  | 0.16 | 3.6   |
| Decaf Caramel Macchiato - coconut drink      | Venti  | 1071 | 258 | 10.6 | 9.4  | 32.8 | 30.6 | 6.1 | 4.3  | 0.20 | 5.4   |
| Blonde Mocha - semi skimmed milk             | Tall   | 855  | 204 | 9.4  | 7.4  | 20.4 | 19.1 | 1.5 | 8.8  | 0.21 | 85.5  |
| Blonde Mocha - semi skimmed milk             | Grande | 1099 | 262 | 11   | 8.8  | 28.1 | 26.4 | 2.2 | 11.7 | 0.28 | 85.5  |
| Blonde Mocha - semi skimmed milk             | Venti  | 1382 | 330 | 13   | 10.5 | 36.6 | 34.2 | 2.9 | 15.1 | 0.35 | 128.2 |
| Blonde Mocha - whole milk                    | Tall   | 976  | 233 | 12.8 | 8.5  | 20.3 | 18.9 | 1.5 | 8.6  | 0.21 | 85.5  |
| Blonde Mocha - whole milk                    | Grande | 1260 | 301 | 15.5 | 10.2 | 27.9 | 26.2 | 2.2 | 11.5 | 0.27 | 85.5  |
| Blonde Mocha - whole milk                    | Venti  | 1586 | 378 | 18.8 | 12.3 | 36.2 | 33.9 | 2.9 | 14.8 | 0.34 | 128.2 |
| Blonde Mocha - skimmed milk                  | Tall   | 764  | 183 | 6.8  | 4.6  | 20.6 | 19.3 | 1.5 | 8.8  | 0.22 | 85.5  |
| Blonde Mocha - skimmed milk                  | Grande | 980  | 234 | 7.6  | 5    | 28.4 | 26.7 | 2.2 | 11.7 | 0.28 | 85.5  |
| Blonde Mocha - skimmed milk                  | Venti  | 1230 | 293 | 8.8  | 5.7  | 36.9 | 34.5 | 2.9 | 15.1 | 0.36 | 128.2 |
| Blonde Mocha - almond drink                  | Tall   | 670  | 163 | 8.4  | 4.5  | 16.4 | 15.1 | 1.9 | 3.3  | 0.15 | 85.5  |
| Blonde Mocha - almond drink                  | Grande | 855  | 207 | 9.7  | 5    | 22.8 | 21.1 | 2.6 | 4.5  | 0.19 | 85.5  |
| Blonde Mocha - almond drink                  | Venti  | 1072 | 260 | 11.5 | 5.7  | 29.7 | 27.4 | 3.5 | 5.9  | 0.24 | 128.2 |
| Blonde Mocha - soya drink                    | Tall   | 810  | 193 | 9.7  | 4.9  | 16.8 | 15.1 | 2.6 | 8.4  | 0.20 | 85.5  |
| Blonde Mocha - soya drink                    | Grande | 1039 | 248 | 11.4 | 5.4  | 23.3 | 21.2 | 3.6 | 11.3 | 0.26 | 85.5  |
| Blonde Mocha - soya drink                    | Venti  | 1306 | 311 | 13.6 | 6.3  | 30.5 | 27.5 | 4.8 | 14.5 | 0.33 | 128.2 |
| Blonde Mocha - oat drink                     | Tall   | 936  | 224 | 11.7 | 4.9  | 24.1 | 16.6 | 3.3 | 3.9  | 0.25 | 85.5  |
| Blonde Mocha - oat drink                     | Grande | 1207 | 289 | 14.1 | 5.4  | 32.9 | 23.1 | 4.6 | 5.3  | 0.33 | 85.5  |
| Blonde Mocha - oat drink                     | Venti  | 1519 | 363 | 17   | 6.3  | 42.6 | 29.9 | 6   | 6.9  | 0.42 | 128.2 |
| Blonde Mocha - coconut drink                 | Tall   | 817  | 197 | 10.8 | 8.5  | 18.3 | 16.9 | 4.2 | 4.3  | 0.10 | 85.5  |
| Blonde Mocha - coconut drink                 | Grande | 1049 | 253 | 12.9 | 10.2 | 25.3 | 23.6 | 5.8 | 5.8  | 0.13 | 85.5  |
| Blonde Mocha - coconut drink                 | Venti  | 1318 | 317 | 15.5 | 12.3 | 32.9 | 30.6 | 7.5 | 7.5  | 0.16 | 128.2 |
| Decaf Mocha - semi skimmed milk              | Tall   | 964  | 230 | 9.7  | 7.6  | 25.3 | 23.2 | 2.1 | 9.3  | 0.20 | 3.6   |
| Decaf Mocha - semi skimmed milk              | Grande | 1189 | 283 | 11.2 | 8.8  | 32.5 | 30.1 | 2.7 | 11.9 | 0.26 | 3.6   |
| Decaf Mocha - semi skimmed milk              | Venti  | 1514 | 361 | 13.6 | 10.8 | 42.1 | 38.8 | 3.5 | 15.9 | 0.35 | 5.4   |
| Decaf Mocha - whole milk                     | Tall   | 1078 | 257 | 13   | 8.6  | 25.1 | 23.1 | 2.1 | 9.1  | 0.20 | 3.6   |
| Decaf Mocha - whole milk                     | Grande | 1336 | 319 | 15.3 | 10.1 | 32.3 | 29.9 | 2.7 | 11.7 | 0.25 | 3.6   |
| Decaf Mocha - whole milk                     | Venti  | 1718 | 410 | 19.3 | 12.6 | 41.8 | 38.5 | 3.5 | 15.6 | 0.34 | 5.4   |
| Decaf Mocha - skimmed milk                   | Tall   | 878  | 210 | 7.3  | 4.9  | 25.5 | 23.4 | 2.1 | 9.3  | 0.21 | 3.6   |
| Decaf Mocha - skimmed milk                   | Grande | 1079 | 257 | 8.1  | 5.3  | 32.7 | 30.3 | 2.7 | 11.9 | 0.26 | 3.6   |
| Decaf Mocha - skimmed milk                   | Venti  | 1362 | 324 | 9.3  | 6.1  | 42.4 | 39.1 | 3.5 | 15.9 | 0.36 | 5.4   |
| Decaf Mocha - almond drink                   | Tall   | 790  | 191 | 8.8  | 4.8  | 21.5 | 19.4 | 2.5 | 4.1  | 0.14 | 3.6   |
| Decaf Mocha - almond drink                   | Grande | 965  | 233 | 10   | 5.3  | 27.6 | 25.2 | 3.2 | 5.3  | 0.18 | 3.6   |
| Decaf Mocha - almond drink                   | Venti  | 1204 | 291 | 12   | 6    | 35.3 | 32   | 4.1 | 6.8  | 0.24 | 5.4   |
| Decaf Mocha - soya drink                     | Tall   | 921  | 220 | 10.1 | 5.2  | 21.9 | 19.5 | 3.1 | 8.9  | 0.19 | 3.6   |
| Decaf Mocha - soya drink                     | Grande | 1134 | 270 | 11.6 | 5.7  | 28.1 | 25.3 | 4.1 | 11.5 | 0.24 | 3.6   |
| Decaf Mocha - soya drink                     | Venti  | 1438 | 343 | 14.2 | 6.6  | 36   | 32.1 | 5.3 | 15.3 | 0.33 | 5.4   |
| Decaf Mocha - oat drink                      | Tall   | 1041 | 249 | 11.9 | 5.2  | 28.7 | 20.8 | 3.8 | 4.7  | 0.24 | 3.6   |
| Decaf Mocha - oat drink                      | Grande | 1288 | 308 | 14   | 5.7  | 36.9 | 27   | 4.9 | 6    | 0.31 | 3.6   |
|  |        |      |     |      |      |      |      |     |      |      |       |

|  |             |                    |                      |                |                      |                          |                  |                  |                    |                 |                 |
|--|-------------|--------------------|----------------------|----------------|----------------------|--------------------------|------------------|------------------|--------------------|-----------------|-----------------|
| Blonde White Mocha - semi skimmed milk             | Venti       | 1628               | 388                  | 14.4           | 12.1                 | 50.1                     | 49.1             | 0.5              | 14.1               | 0.58            | 128.2           |
| Blonde White Mocha - whole milk                    | Tall        | 1078               | 257                  | 13.2           | 9.1                  | 26.7                     | 26               | 0.3              | 7.8                | 0.32            | 85.5            |
| Blonde White Mocha - whole milk                    | Grande      | 1401               | 334                  | 16             | 11                   | 37.3                     | 36.6             | 0.3              | 10.2               | 0.43            | 85.5            |
| Blonde White Mocha - whole milk                    | Venti       | 1834               | 437                  | 20.3           | 13.9                 | 49.8                     | 48.8             | 0.5              | 13.8               | 0.58            | 128.2           |
| Blonde White Mocha - skimmed milk                  | Tall        | 873                | 208                  | 7.5            | 5.3                  | 27                       | 26.3             | 0.3              | 8                  | 0.32            | 85.5            |
| Blonde White Mocha - skimmed milk                  | Grande      | 1137               | 271                  | 8.5            | 6.1                  | 37.8                     | 37.1             | 0.3              | 10.4               | 0.44            | 85.5            |
| Blonde White Mocha - skimmed milk                  | Venti       | 1474               | 351                  | 10.1           | 7.2                  | 50.4                     | 49.4             | 0.5              | 14.1               | 0.59            | 128.2           |
| Blonde White Mocha - almond drink                  | Tall        | 783                | 189                  | 9              | 5.3                  | 22.9                     | 22.3             | 0.6              | 2.8                | 0.26            | 85.5            |
| Blonde White Mocha - almond drink                  | Grande      | 1020               | 246                  | 10.5           | 6.1                  | 32.5                     | 31.8             | 0.8              | 3.6                | 0.36            | 85.5            |
| Blonde White Mocha - almond drink                  | Venti       | 1314               | 317                  | 12.8           | 7.1                  | 43.2                     | 42.2             | 1.1              | 4.8                | 0.48            | 128.2           |
| Blonde White Mocha - soya drink                    | Tall        | 917                | 219                  | 10.3           | 5.6                  | 23.4                     | 22.3             | 1.3              | 7.7                | 0.31            | 85.5            |
| Blonde White Mocha - soya drink                    | Grande      | 1193               | 284                  | 12.2           | 6.5                  | 33                       | 31.9             | 1.7              | 10                 | 0.42            | 85.5            |
| Blonde White Mocha - soya drink                    | Venti       | 1551               | 369                  | 15             | 7.8                  | 44                       | 42.3             | 2.3              | 13.5               | 0.56            | 128.2           |
| Blonde White Mocha - oat drink                     | Tall        | 1039               | 248                  | 12.2           | 5.6                  | 30.3                     | 23.7             | 2                | 3.3                | 0.36            | 85.5            |
| Blonde White Mocha - oat drink                     | Grande      | 1352               | 323                  | 14.6           | 6.5                  | 42                       | 33.7             | 2.6              | 4.3                | 0.49            | 85.5            |
| Blonde White Mocha - oat drink                     | Venti       | 1766               | 422                  | 18.4           | 7.8                  | 56.3                     | 44.8             | 3.5              | 5.8                | 0.65            | 128.2           |
| Blonde White Mocha - coconut drink                 | Tall        | 924                | 222                  | 11.3           | 9.1                  | 24.7                     | 24.1             | 2.9              | 3.6                | 0.21            | 85.5            |
| Blonde White Mocha - coconut drink                 | Grande      | 1203               | 289                  | 13.5           | 11                   | 34.8                     | 34.1             | 3.7              | 4.8                | 0.29            | 85.5            |
| Blonde White Mocha - coconut drink                 | Venti       | 1563               | 375                  | 16.9           | 13.9                 | 46.4                     | 45.4             | 5.1              | 6.4                | 0.39            | 128.2           |
| Decaf White Mocha - semi skimmed milk              | Tall        | 1114               | 266                  | 10.5           | 8.5                  | 34.7                     | 33.6             | 0.3              | 8                  | 0.36            | 3.6             |
| Decaf White Mocha - semi skimmed milk              | Grande      | 1450               | 345                  | 12.7           | 10.5                 | 46.5                     | 45.4             | 0.3              | 11.2               | 0.50            | 3.6             |
| Decaf White Mocha - semi skimmed milk              | Venti       | 1754               | 418                  | 14.7           | 12.2                 | 57.5                     | 55.9             | 0.4              | 13.5               | 0.61            | 5.4             |
| Decaf White Mocha - whole milk                     | Tall        | 1220               | 291                  | 13.5           | 9.4                  | 34.5                     | 33.5             | 0.3              | 7.8                | 0.36            | 3.6             |
| Decaf White Mocha - whole milk                     | Grande      | 1605               | 382                  | 17.1           | 11.8                 | 46.2                     | 45.2             | 0.3              | 11                 | 0.49            | 3.6             |
| Decaf White Mocha - whole milk                     | Venti       | 1938               | 462                  | 20             | 13.8                 | 57.2                     | 55.6             | 0.4              | 13.2               | 0.60            | 5.4             |
| Decaf White Mocha - skimmed milk                   | Tall        | 1036               | 247                  | 8.3            | 6                    | 34.8                     | 33.8             | 0.3              | 8                  | 0.36            | 3.6             |
| Decaf White Mocha - skimmed milk                   | Grande      | 1334               | 317                  | 9.4            | 6.8                  | 46.7                     | 45.6             | 0.3              | 11.2               | 0.51            | 3.6             |
| Decaf White Mocha - skimmed milk                   | Venti       | 1616               | 384                  | 10.9           | 7.9                  | 57.7                     | 56.2             | 0.4              | 13.5               | 0.62            | 5.4             |
| Decaf White Mocha - almond drink                   | Tall        | 954                | 229                  | 9.7            | 5.9                  | 31.2                     | 30.1             | 0.6              | 3.2                | 0.31            | 3.6             |
| Decaf White Mocha - almond drink                   | Grande      | 1214               | 292                  | 11.5           | 6.8                  | 41.3                     | 40.2             | 0.7              | 4.2                | 0.42            | 3.6             |
| Decaf White Mocha - almond drink                   | Venti       | 1473               | 354                  | 13.3           | 7.8                  | 51.3                     | 49.7             | 1                | 5.2                | 0.51            | 5.4             |
| Decaf White Mocha - soya drink                     | Tall        | 1075               | 256                  | 10.8           | 6.3                  | 31.5                     | 30.2             | 1.2              | 7.7                | 0.35            | 3.6             |
| Decaf White Mocha - soya drink                     | Grande      | 1392               | 331                  | 13.1           | 7.2                  | 41.8                     | 40.3             | 1.7              | 10.7               | 0.48            | 3.6             |
| Decaf White Mocha - soya drink                     | Venti       | 1685               | 401                  | 15.3           | 8.4                  | 52                       | 49.8             | 2.1              | 13                 | 0.59            | 5.4             |
| Decaf White Mocha - oat drink                      | Tall        | 1185               | 283                  | 12.5           | 6.3                  | 37.8                     | 31.4             | 1.8              | 3.7                | 0.40            | 3.6             |
| Decaf White Mocha - oat drink                      | Grande      | 1554               | 371                  | 15.7           | 7.2                  | 51.1                     | 42.2             | 2.6              | 4.9                | 0.55            | 3.6             |
| Decaf White Mocha - oat drink                      | Venti       | 1878               | 448                  | 18.3           | 8.4                  | 63                       | 52               | 3.2              | 6.1                | 0.67            | 5.4             |
| Decaf White Mocha - coconut drink                  | Tall        | 1081               | 259                  | 11.7           | 9.4                  | 32.8                     | 31.7             | 2.6              | 4                  | 0.26            | 3.6             |
| Decaf White Mocha - coconut drink                  | Grande      | 1401               | 336                  | 14.5           | 11.9                 | 43.7                     | 42.6             | 3.8              | 5.4                | 0.36            | 3.6             |
| Decaf White Mocha - coconut drink                  | Venti       | 1696               | 407                  | 16.9           | 13.9                 | 54.2                     | 52.6             | 4.6              | 6.6                | 0.44            | 5.4             |
| <b>Of which</b>                                    |             |                    |                      |                |                      |                          |                  |                  |                    |                 |                 |
| <b>Alternative Coffee Bean - Cold Coffee</b>       |             |                    |                      |                |                      |                          |                  |                  |                    |                 | <b>Caffeine</b> |
|  | <b>Size</b> | <b>Energy (kJ)</b> | <b>Energy (kcal)</b> | <b>Fat (g)</b> | <b>saturated (g)</b> | <b>Carbohydrates (g)</b> | <b>Sugar (g)</b> | <b>Fibre (g)</b> | <b>Protein (g)</b> | <b>Salt (g)</b> | <b>(mg)</b>     |
| Decaf Iced Americano                               | Tall        | 31                 | 8                    | 0.1            | 0                    | 1.2                      | 0.1              | 0.2              | 0.3                | 0.00            | 3.6             |
| Decaf Iced Americano                               | Grande      | 47                 | 11                   | 0.2            | 0.1                  | 1.8                      | 0.2              | 0.3              | 0.4                | 0.00            | 5.4             |
| Decaf Iced Americano                               | Venti       | 62                 | 15                   | 0.3            | 0.1                  | 2.3                      | 0.2              | 0.4              | 0.5                | 0.00            | 7.2             |
| Blonde Iced Americano                              | Tall        | 25                 | 6                    | 0.1            | 0                    | 0.8                      | 0.1              | 0.3              | 0.3                | 0.00            | 85.5            |
| Blonde Iced Americano                              | Grande      | 38                 | 9                    | 0.2            | 0.1                  | 1.1                      | 0.1              | 0.4              | 0.5                | 0.00            | 128.2           |
| Blonde Iced Americano                              | Venti       | 50                 | 13                   | 0.3            | 0.1                  | 1.5                      | 0.2              | 0.5              | 0.6                | 0.00            | 171             |
| Blonde Iced Latte - semi skimmed milk              | Tall        | 342                | 82                   | 2.8            | 2.7                  | 8.1                      | 7.5              | 0.3              | 5.8                | 0.17            | 85.5            |
| Blonde Iced Latte - semi skimmed milk              | Grande      | 532                | 127                  | 4.4            | 4.3                  | 12.6                     | 11.9             | 0.3              | 9.1                | 0.27            | 85.5            |
| Blonde Iced Latte - semi skimmed milk              | Venti       | 539                | 128                  | 4.4            | 4.3                  | 12.8                     | 11.8             | 0.4              | 9.2                | 0.27            | 128.2           |
| Blonde Iced Latte - whole milk                     | Tall        | 447                | 107                  | 5.8            | 3.6                  | 8                        | 7.3              | 0.3              | 5.6                | 0.17            | 85.5            |
| Blonde Iced Latte - whole milk                     | Grande      | 700                | 167                  | 9.2            | 5.8                  | 12.3                     | 11.6             | 0.3              | 8.8                | 0.26            | 85.5            |
| Blonde Iced Latte - whole milk                     | Venti       | 705                | 168                  | 9.1            | 5.7                  | 12.6                     | 11.5             | 0.4              | 8.9                | 0.26            | 128.2           |
| Blonde Iced Latte - skimmed milk                   | Tall        | 264                | 63                   | 0.6            | 0.2                  | 8.3                      | 7.6              | 0.3              | 5.8                | 0.17            | 85.5            |
| Blonde Iced Latte - skimmed milk                   | Grande      | 406                | 97                   | 0.9            | 0.4                  | 12.8                     | 12.1             | 0.3              | 9.1                | 0.28            | 85.5            |
| Blonde Iced Latte - skimmed milk                   | Venti       | 415                | 99                   | 0.9            | 0.4                  | 13.1                     | 12               | 0.4              | 9.2                | 0.27            | 128.2           |
| Blonde Iced Latte - almond drink                   | Tall        | 182                | 46                   | 2              | 0.2                  | 4.6                      | 3.9              | 0.6              | 1.1                | 0.11            | 85.5            |
| Blonde Iced Latte - almond drink                   | Grande      | 276                | 69                   | 3.1            | 0.3                  | 6.9                      | 6.3              | 0.8              | 1.5                | 0.18            | 85.5            |
| Blonde Iced Latte - almond drink                   | Venti       | 286                | 71                   | 3.1            | 0.3                  | 7.2                      | 6.2              | 0.9              | 1.7                | 0.18            | 128.2           |
| Blonde Iced Latte - soya drink                     | Tall        | 303                | 72                   | 3.1            | 0.5                  | 5                        | 4                | 1.2              | 5.5                | 0.16            | 85.5            |
| Blonde Iced Latte - soya drink                     | Grande      | 469                | 112                  | 4.9            | 0.8                  | 7.5                      | 6.4              | 1.8              | 8.6                | 0.25            | 85.5            |
| Blonde Iced Latte - soya drink                     | Venti       | 477                | 114                  | 4.9            | 0.8                  | 7.8                      | 6.3              | 1.9              | 8.7                | 0.25            | 128.2           |
| Blonde Iced Latte - oat drink                      | Tall        | 413                | 99                   | 4.8            | 0.5                  | 11.3                     | 5.3              | 1.8              | 1.6                | 0.21            | 85.5            |
| Blonde Iced Latte - oat drink                      | Grande      | 645                | 154                  | 7.7            | 0.8                  | 17.6                     | 8.4              | 2.8              | 2.3                | 0.33            | 85.5            |
| Blonde Iced Latte - oat drink                      | Venti       | 650                | 156                  | 7.6            | 0.8                  | 17.8                     | 8.3              | 2.9              | 2.5                | 0.32            | 128.2           |
| Blonde Iced Latte - coconut drink                  | Tall        | 309                | 75                   | 4.1            | 3.7                  | 6.3                      | 5.6              | 2.6              | 1.9                | 0.07            | 85.5            |
| Blonde Iced Latte - coconut drink                  | Grande      | 479                | 117                  | 6.4            | 5.8                  | 9.5                      | 8.9              | 4                | 2.8                | 0.11            | 85.5            |
| Blonde Iced Latte - coconut drink                  | Venti       | 487                | 119                  | 6.4            | 5.8                  | 9.8                      | 8.8              | 4.1              | 3                  | 0.11            | 128.2           |
| Decaf Iced Latte - semi skimmed milk               | Tall        | 348                | 83                   | 2.8            | 2.7                  | 8.5                      | 7.5              | 0.2              | 5.8                | 0.17            | 3.6             |
| Decaf Iced Latte - semi skimmed milk               | Grande      | 538                | 128                  | 4.4            | 4.3                  | 13                       | 11.9             | 0.2              | 9                  | 0.27            | 3.6             |
| Decaf Iced Latte - semi skimmed milk               | Venti       | 548                | 131                  | 4.4            | 4.3                  | 13.4                     | 11.8             | 0.3              | 9.1                | 0.27            | 5.4             |
| Decaf Iced Latte - whole milk                      | Tall        | 453                | 108                  | 5.8            | 3.6                  | 8.4                      | 7.3              | 0.2              | 5.6                | 0.17            | 3.6             |
| Decaf Iced Latte - whole milk                      | Grande      | 706                | 168                  | 9.2            | 5.8                  | 12.7                     | 11.6             | 0.2              | 8.8                | 0.26            | 3.6             |
| Decaf Iced Latte - whole milk                      | Venti       | 714                | 170                  | 9.1            | 5.7                  | 13.2                     | 11.6             | 0.3              | 8.8                | 0.26            | 5.4             |
| Decaf Iced Latte - skimmed milk                    | Tall        | 270                | 64                   | 0.6            | 0.2                  | 8.7                      | 7.6              | 0.2              | 5.8                | 0.17            | 3.6             |
| Decaf Iced Latte - skimmed milk                    | Grande      | 412                | 98                   | 0.9            | 0.4                  | 13.2                     | 12.2             | 0.2              | 9                  | 0.28            | 3.6             |
| Decaf Iced Latte - skimmed milk                    | Venti       | 424                | 101                  | 0.9            | 0.4                  | 13.7                     | 12.1             | 0.3              | 9.1                | 0.27            | 5.4             |
| Decaf Iced Latte - almond drink                    | Tall        | 188                | 47                   | 2              | 0.2                  | 5                        | 4                | 0.5              | 1                  | 0.11            | 3.6             |
| Decaf Iced Latte - almond drink                    | Grande      | 282                | 70                   | 3.1            | 0.3                  | 7.3                      | 6.3              | 0.7              | 1.5                | 0.18            | 3.6             |
| Decaf Iced Latte - almond drink                    | Venti       | 295                | 73                   | 3.1            | 0.3                  | 7.9                      | 6.3              | 0.8              | 1.6                | 0.18            | 5.4             |
| Decaf Iced Latte - soya drink                      | Tall        | 309                | 74                   | 3.1            | 0.5                  | 5.4                      | 4                | 1.2              | 5.4                | 0.16            | 3.6             |
| Decaf Iced Latte - soya drink                      | Grande      | 475                | 113                  | 4.9            | 0.8                  | 7.9                      | 6.4              | 1.7              | 8.5                | 0.25            | 3.6             |
| Decaf Iced Latte - soya drink                      | Venti       | 486                | 116                  | 4.9            | 0.8                  | 8.5                      | 6.4              | 1.8              | 8.6                | 0.25            | 5.4             |
| Decaf Iced Latte - oat drink                       | Tall        | 419                | 100                  | 4.8            | 0.5                  | 11.7                     | 5.3              | 1.8              | 1.5                | 0.21            | 3.6             |
| Decaf Iced Latte - oat drink                       | Grande      | 651                | 156                  | 7.7            | 0.8                  | 18                       | 8.4              | 2.7              | 2.3                | 0.33            | 3.6             |
| Decaf Iced Latte - oat drink                       | Venti       | 659                | 158                  | 7.6            | 0.8                  | 18.4                     | 8.4              | 2.8              | 2.4                | 0.32            | 5.4             |
| Decaf Iced Latte - coconut drink                   | Tall        | 315                | 77                   | 4.1            | 3.7                  | 6.7                      | 5.6              | 2.6              | 1.8                | 0.07            | 3.6             |
| Decaf Iced Latte - coconut drink                   | Grande      | 485                | 118                  | 6.4            | 5.8                  | 9.9                      | 8.9              | 4                | 2.8                | 0.11            | 3.6             |
| Decaf Iced Latte - coconut drink                   | Venti       | 495                | 121                  | 6.4            | 5.8                  | 10.4                     | 8.8              | 4.1              | 2.9                | 0.11            | 5.4             |
| Blonde Classic Iced Cappuccino - semi skimmed milk | Tall        | 293                | 70                   | 2.4            | 2.3                  | 7                        | 6.3              | 0.3              | 5                  | 0.14            | 85.5            |
| Blonde Classic Iced Cappuccino - semi skimmed milk | Grande      | 442                | 105                  | 3.6            | 3.5                  | 10.5                     | 9.8              | 0.3              | 7.5                | 0.22            | 85.5            |
| Blonde Classic Iced Cappuccino - semi skimmed milk | Venti       | 478                | 114                  | 3.9            | 3.8                  | 11.4                     | 10.4             | 0.4              | 8.1                | 0.24            | 128.2           |
| Blonde Classic Iced Cappuccino - whole milk        | Tall        | 382                | 91                   | 4.9            | 3.1                  | 6.9                      | 6.2              | 0.3              | 4.8                | 0.14            | 85.5            |
| Blonde Classic Iced Cappuccino - whole milk        | Grande      | 580                | 138                  | 7.6            | 4.8                  | 10.2                     | 9.6              | 0.3              | 7.3                | 0.22            | 85.5            |
| Blonde Classic Iced Cappuccino - whole milk        | Venti       | 624                | 149                  | 8              | 5.1                  | 11.2                     | 10.2             | 0.4              | 7.9                | 0.23            | 128.2           |
| Blonde Classic Iced Cappuccino - skimmed milk      | Tall        | 227                | 54                   | 0.5            | 0.2                  | 7.1                      | 6.4              | 0.3              | 5                  | 0.15            | 85.5            |
| Blonde Classic Iced Cappuccino - skimmed milk      | Grande      | 338                | 80                   | 0.8            | 0.3                  | 10.7                     | 10               | 0.3              | 7.5                | 0.23            | 85.5            |
| Blonde Classic Iced Cappuccino - skimmed milk      | Venti       | 369                | 88                   | 0.9            | 0.4                  | 11.6                     | 10.6             | 0.4              | 8.1                | 0.24            | 128.2           |
| Blonde Classic Iced Cappuccino - almond drink      | Tall        | 158                | 39                   | 1.7            | 0.2                  | 4                        | 3.3              | 0.5              | 1                  | 0.10            | 85.5            |
| Blonde Classic Iced Cappuccino - almond drink      | Grande      | 231                | 58                   | 2.6            | 0.2                  | 5.8                      | 5.2              | 0.7              | 1.3                | 0.15            | 85.5            |
| Blonde Classic Iced Cappuccino - almond drink      | Venti       | 256                | 64                   | 2.8            | 0.3                  | 6.5                      | 5.5              | 0.8              | 1.5                | 0.16            | 128.2           |
| Blonde Classic Iced Cappuccino - soya drink        | Tall        | 260                | 62                   | 2.7            | 0.4                  | 4.3                      | 3.4              | 1.1              | 4.7                | 0.13            | 85.5            |
| Blonde Classic Iced Cappuccino - soya drink        | Grande      | 390                | 93                   | 4.1            | 0.7                  | 6.3                      | 5.2              | 1.5              | 7.1                | 0.21            | 85.5            |
| Blonde Classic Iced Cappuccino - soya drink        | Venti       | 423                | 101                  | 4.3            | 0.7                  | 7                        | 5.6              | 1.7              | 7.7                | 0.22            | 128.2           |
| Blonde Classic Iced Cappuccino - oat drink         | Tall        | 352                | 84                   | 4.1            | 0.4                  | 9.6                      | 4.5              | 1.6              | 1.4                | 0.17            | 85.5            |
| Blonde Classic Iced Cappuccino - oat drink         | Grande      | 534                | 128                  | 6.3            | 0.7                  | 14.6                     | 6.9              | 2.3              | 2                  | 0.27            | 85.5            |
| Blonde Classic Iced Cappuccino - oat drink         | Venti       | 576                | 138                  | 6.7            | 0.7                  | 15.7                     | 7.3              | 2.6              | 2.2                | 0.28            | 128.2           |
| Blonde Classic Iced Cappuccino - coconut drink     | Tall        | 265                | 65                   | 3.4            | 3.1                  | 5.4                      | 4.7              | 2.3              | 1.6                | 0.06            | 85.5            |
| Blonde Classic Iced Cappuccino - coconut drink     | Grande      | 398                | 97                   | 5.3            | 4.8                  | 8                        | 7.3              | 3.4              | 2.4                | 0.09            | 85.5            |
| Blonde Classic Iced Cappuccino - coconut drink     | Venti       | 432                | 105                  | 5.6            | 5.1                  | 8.8                      | 7.8              | 3.7              | 2.7                | 0.10            | 128.2           |
| Decaf Classic Iced Cappuccino - semi skimmed milk  | Tall        | 299                | 71                   | 2.4            | 2.3                  | 7.4                      | 6.3              | 0.2              | 4.9                | 0.14            | 3.6             |
| Decaf Classic Iced Cappuccino - semi skimmed milk  | Grande      | 447                | 107                  | 3.6            | 3.5                  |                          |                  |                  |                    |                 |                 |

|   |        |      |     |      |      |      |      |     |      |      |       |
|---|--------|------|-----|------|------|------|------|-----|------|------|-------|
| Decaf Classic Iced Cappuccino - skimmed milk      | Venti  | 378  | 90  | 0.9  | 0.4  | 12.2 | 10.6 | 0.3 | 8    | 0.24 | 5.4   |
| Decaf Classic Iced Cappuccino - almond drink      | Tall   | 164  | 41  | 1.7  | 0.2  | 4.4  | 3.4  | 0.5 | 0.9  | 0.10 | 3.6   |
| Decaf Classic Iced Cappuccino - almond drink      | Grande | 237  | 59  | 2.6  | 0.2  | 6.2  | 5.2  | 0.6 | 1.3  | 0.15 | 3.6   |
| Decaf Classic Iced Cappuccino - almond drink      | Venti  | 264  | 66  | 2.8  | 0.3  | 7.1  | 5.5  | 0.8 | 1.5  | 0.16 | 5.4   |
| Decaf Classic Iced Cappuccino - soya drink        | Tall   | 266  | 63  | 2.7  | 0.4  | 4.7  | 3.4  | 1   | 4.6  | 0.13 | 3.6   |
| Decaf Classic Iced Cappuccino - soya drink        | Grande | 396  | 94  | 4.1  | 0.7  | 6.7  | 5.3  | 1.5 | 7.1  | 0.21 | 3.6   |
| Decaf Classic Iced Cappuccino - soya drink        | Venti  | 432  | 103 | 4.3  | 0.7  | 7.6  | 5.6  | 1.6 | 7.6  | 0.22 | 5.4   |
| Decaf Classic Iced Cappuccino - oat drink         | Tall   | 358  | 86  | 4.1  | 0.4  | 10   | 4.5  | 1.5 | 1.3  | 0.17 | 3.6   |
| Decaf Classic Iced Cappuccino - oat drink         | Grande | 540  | 129 | 6.3  | 0.7  | 15   | 6.9  | 2.3 | 1.9  | 0.27 | 3.6   |
| Decaf Classic Iced Cappuccino - oat drink         | Venti  | 585  | 140 | 6.7  | 0.7  | 16.4 | 7.4  | 2.5 | 2.1  | 0.28 | 5.4   |
| Decaf Classic Iced Cappuccino - coconut drink     | Tall   | 271  | 66  | 3.4  | 3.1  | 5.8  | 4.7  | 2.2 | 1.6  | 0.06 | 3.6   |
| Decaf Classic Iced Cappuccino - coconut drink     | Grande | 404  | 98  | 5.3  | 4.8  | 8.4  | 7.3  | 3.3 | 2.3  | 0.09 | 3.6   |
| Decaf Classic Iced Cappuccino - coconut drink     | Venti  | 441  | 107 | 5.6  | 5.1  | 9.4  | 7.8  | 3.6 | 2.6  | 0.10 | 5.4   |
| Blonde Iced Latte Macchiato - semi skimmed milk   | Tall   | 379  | 90  | 3.1  | 3    | 9    | 8.3  | 0.3 | 6.4  | 0.19 | 85.5  |
| Blonde Iced Latte Macchiato - semi skimmed milk   | Grande | 548  | 131 | 4.5  | 4.4  | 12.9 | 12.3 | 0.3 | 9.4  | 0.28 | 85.5  |
| Blonde Iced Latte Macchiato - semi skimmed milk   | Venti  | 572  | 136 | 4.7  | 4.6  | 13.6 | 12.6 | 0.4 | 9.7  | 0.29 | 128.2 |
| Blonde Iced Latte Macchiato - whole milk          | Tall   | 496  | 118 | 6.4  | 4.1  | 8.8  | 8.1  | 0.3 | 6.3  | 0.18 | 85.5  |
| Blonde Iced Latte Macchiato - whole milk          | Grande | 722  | 172 | 9.5  | 6    | 12.7 | 12   | 0.3 | 9.1  | 0.27 | 85.5  |
| Blonde Iced Latte Macchiato - whole milk          | Venti  | 749  | 179 | 9.7  | 6.1  | 13.3 | 12.3 | 0.4 | 9.5  | 0.28 | 128.2 |
| Blonde Iced Latte Macchiato - skimmed milk        | Tall   | 291  | 69  | 0.7  | 0.3  | 9.2  | 8.5  | 0.3 | 6.4  | 0.19 | 85.5  |
| Blonde Iced Latte Macchiato - skimmed milk        | Grande | 419  | 100 | 0.9  | 0.4  | 13.2 | 12.5 | 0.3 | 9.4  | 0.29 | 85.5  |
| Blonde Iced Latte Macchiato - skimmed milk        | Venti  | 440  | 105 | 1    | 0.4  | 13.8 | 12.8 | 0.4 | 9.7  | 0.29 | 128.2 |
| Blonde Iced Latte Macchiato - almond drink        | Tall   | 200  | 50  | 2.2  | 0.2  | 5.1  | 4.4  | 0.6 | 1.2  | 0.13 | 85.5  |
| Blonde Iced Latte Macchiato - almond drink        | Grande | 284  | 71  | 3.2  | 0.3  | 7.1  | 6.5  | 0.8 | 1.6  | 0.19 | 85.5  |
| Blonde Iced Latte Macchiato - almond drink        | Venti  | 302  | 76  | 3.3  | 0.3  | 7.6  | 6.6  | 0.9 | 1.8  | 0.19 | 128.2 |
| Blonde Iced Latte Macchiato - soya drink          | Tall   | 335  | 80  | 3.5  | 0.6  | 5.5  | 4.5  | 1.3 | 6.1  | 0.18 | 85.5  |
| Blonde Iced Latte Macchiato - soya drink          | Grande | 484  | 115 | 5.1  | 0.8  | 7.8  | 6.6  | 1.8 | 8.9  | 0.26 | 85.5  |
| Blonde Iced Latte Macchiato - soya drink          | Venti  | 506  | 121 | 5.2  | 0.9  | 8.3  | 6.7  | 2   | 9.2  | 0.27 | 128.2 |
| Blonde Iced Latte Macchiato - oat drink           | Tall   | 457  | 110 | 5.4  | 0.6  | 12.5 | 5.9  | 2   | 1.7  | 0.23 | 85.5  |
| Blonde Iced Latte Macchiato - oat drink           | Grande | 665  | 159 | 7.9  | 0.8  | 18.1 | 8.6  | 2.9 | 2.4  | 0.34 | 85.5  |
| Blonde Iced Latte Macchiato - oat drink           | Venti  | 691  | 166 | 8.1  | 0.9  | 18.9 | 8.9  | 3   | 2.6  | 0.35 | 128.2 |
| Blonde Iced Latte Macchiato - coconut drink       | Tall   | 342  | 83  | 4.5  | 4.1  | 6.9  | 6.2  | 2.9 | 2.1  | 0.08 | 85.5  |
| Blonde Iced Latte Macchiato - coconut drink       | Grande | 494  | 120 | 6.6  | 6    | 9.8  | 9.2  | 4.2 | 2.9  | 0.12 | 85.5  |
| Blonde Iced Latte Macchiato - coconut drink       | Venti  | 517  | 126 | 6.8  | 6.2  | 10.4 | 9.4  | 4.4 | 3.1  | 0.12 | 128.2 |
| Decaf Iced Latte Macchiato - semi skimmed milk    | Tall   | 385  | 92  | 3.1  | 3    | 9.4  | 8.3  | 0.2 | 6.4  | 0.19 | 3.6   |
| Decaf Iced Latte Macchiato - semi skimmed milk    | Grande | 554  | 132 | 4.5  | 4.4  | 13.3 | 12.3 | 0.2 | 9.3  | 0.28 | 3.6   |
| Decaf Iced Latte Macchiato - semi skimmed milk    | Venti  | 581  | 138 | 4.7  | 4.6  | 14.2 | 12.6 | 0.3 | 9.7  | 0.29 | 5.4   |
| Decaf Iced Latte Macchiato - whole milk           | Tall   | 502  | 120 | 6.4  | 4.1  | 9.2  | 8.2  | 0.2 | 6.2  | 0.18 | 3.6   |
| Decaf Iced Latte Macchiato - whole milk           | Grande | 728  | 173 | 9.5  | 6    | 13.1 | 12   | 0.2 | 9.1  | 0.27 | 3.6   |
| Decaf Iced Latte Macchiato - whole milk           | Venti  | 758  | 181 | 9.7  | 6.1  | 13.9 | 12.3 | 0.3 | 9.4  | 0.28 | 5.4   |
| Decaf Iced Latte Macchiato - skimmed milk         | Tall   | 297  | 71  | 0.7  | 0.3  | 9.6  | 8.5  | 0.2 | 6.4  | 0.19 | 3.6   |
| Decaf Iced Latte Macchiato - skimmed milk         | Grande | 425  | 101 | 0.9  | 0.4  | 13.6 | 12.5 | 0.2 | 9.3  | 0.29 | 3.6   |
| Decaf Iced Latte Macchiato - skimmed milk         | Venti  | 449  | 107 | 1    | 0.4  | 14.5 | 12.9 | 0.3 | 9.7  | 0.29 | 5.4   |
| Decaf Iced Latte Macchiato - almond drink         | Tall   | 206  | 51  | 2.2  | 0.2  | 5.5  | 4.4  | 0.6 | 1.1  | 0.13 | 3.6   |
| Decaf Iced Latte Macchiato - almond drink         | Grande | 290  | 72  | 3.2  | 0.3  | 7.5  | 6.5  | 0.7 | 1.5  | 0.19 | 3.6   |
| Decaf Iced Latte Macchiato - almond drink         | Venti  | 311  | 78  | 3.3  | 0.3  | 8.3  | 6.7  | 0.9 | 1.7  | 0.19 | 5.4   |
| Decaf Iced Latte Macchiato - soya drink           | Tall   | 341  | 81  | 3.5  | 0.6  | 5.9  | 4.5  | 1.3 | 6    | 0.18 | 3.6   |
| Decaf Iced Latte Macchiato - soya drink           | Grande | 489  | 116 | 5.1  | 0.8  | 8.2  | 6.6  | 1.8 | 8.8  | 0.26 | 3.6   |
| Decaf Iced Latte Macchiato - soya drink           | Venti  | 515  | 123 | 5.2  | 0.9  | 8.9  | 6.8  | 1.9 | 9.1  | 0.27 | 5.4   |
| Decaf Iced Latte Macchiato - oat drink            | Tall   | 463  | 111 | 5.4  | 0.6  | 12.9 | 5.9  | 2   | 1.7  | 0.23 | 3.6   |
| Decaf Iced Latte Macchiato - oat drink            | Grande | 671  | 160 | 7.9  | 0.8  | 18.5 | 8.7  | 2.8 | 2.3  | 0.34 | 3.6   |
| Decaf Iced Latte Macchiato - oat drink            | Venti  | 700  | 168 | 8.1  | 0.9  | 19.5 | 8.9  | 3   | 2.5  | 0.35 | 5.4   |
| Decaf Iced Latte Macchiato - coconut drink        | Tall   | 348  | 85  | 4.5  | 4.1  | 7.3  | 6.2  | 2.8 | 2    | 0.08 | 3.6   |
| Decaf Iced Latte Macchiato - coconut drink        | Grande | 500  | 122 | 6.6  | 6    | 10.2 | 9.2  | 4.1 | 2.9  | 0.12 | 3.6   |
| Decaf Iced Latte Macchiato - coconut drink        | Venti  | 525  | 128 | 6.8  | 6.2  | 11   | 9.4  | 4.3 | 3    | 0.12 | 5.4   |
| Blonde Iced Caramel Macchiato - semi skimmed milk | Tall   | 612  | 145 | 4.2  | 3.7  | 20.3 | 19.1 | 0.3 | 6.5  | 0.22 | 85.5  |
| Blonde Iced Caramel Macchiato - semi skimmed milk | Grande | 842  | 200 | 5.6  | 5.1  | 27.8 | 26.6 | 0.3 | 9.5  | 0.31 | 85.5  |
| Blonde Iced Caramel Macchiato - semi skimmed milk | Venti  | 927  | 220 | 5.8  | 5.2  | 32   | 30.4 | 0.4 | 9.8  | 0.32 | 128.2 |
| Blonde Iced Caramel Macchiato - whole milk        | Tall   | 729  | 173 | 7.5  | 4.7  | 20.1 | 18.9 | 0.3 | 6.4  | 0.22 | 85.5  |
| Blonde Iced Caramel Macchiato - whole milk        | Grande | 1016 | 242 | 10.5 | 6.6  | 27.6 | 26.3 | 0.3 | 9.2  | 0.31 | 85.5  |
| Blonde Iced Caramel Macchiato - whole milk        | Venti  | 1104 | 263 | 10.8 | 6.8  | 31.8 | 30.2 | 0.4 | 9.6  | 0.31 | 128.2 |
| Blonde Iced Caramel Macchiato - skimmed milk      | Tall   | 524  | 124 | 1.7  | 0.9  | 20.4 | 19.3 | 0.3 | 6.5  | 0.23 | 85.5  |
| Blonde Iced Caramel Macchiato - skimmed milk      | Grande | 713  | 169 | 2    | 1    | 28.1 | 26.9 | 0.3 | 9.5  | 0.32 | 85.5  |
| Blonde Iced Caramel Macchiato - skimmed milk      | Venti  | 795  | 188 | 2.1  | 1.1  | 32.3 | 30.7 | 0.4 | 9.8  | 0.33 | 128.2 |
| Blonde Iced Caramel Macchiato - almond drink      | Tall   | 433  | 105 | 3.3  | 0.9  | 16.3 | 15.2 | 0.6 | 1.3  | 0.16 | 85.5  |
| Blonde Iced Caramel Macchiato - almond drink      | Grande | 578  | 141 | 4.2  | 1    | 22   | 20.8 | 0.8 | 1.7  | 0.22 | 85.5  |
| Blonde Iced Caramel Macchiato - almond drink      | Venti  | 657  | 159 | 4.4  | 1    | 26.1 | 24.5 | 0.9 | 1.9  | 0.23 | 128.2 |
| Blonde Iced Caramel Macchiato - soya drink        | Tall   | 568  | 135 | 4.5  | 1.2  | 16.8 | 15.3 | 1.3 | 6.2  | 0.21 | 85.5  |
| Blonde Iced Caramel Macchiato - soya drink        | Grande | 778  | 185 | 6.1  | 1.5  | 22.6 | 20.9 | 1.8 | 8.9  | 0.29 | 85.5  |
| Blonde Iced Caramel Macchiato - soya drink        | Venti  | 861  | 204 | 6.3  | 1.5  | 26.8 | 24.6 | 2   | 9.3  | 0.30 | 128.2 |
| Blonde Iced Caramel Macchiato - oat drink         | Tall   | 690  | 165 | 6.4  | 1.2  | 23.8 | 16.7 | 2   | 1.8  | 0.26 | 85.5  |
| Blonde Iced Caramel Macchiato - oat drink         | Grande | 959  | 229 | 9    | 1.5  | 33   | 23   | 2.9 | 2.5  | 0.37 | 85.5  |
| Blonde Iced Caramel Macchiato - oat drink         | Venti  | 1046 | 249 | 9.2  | 1.5  | 37.3 | 26.7 | 3   | 2.7  | 0.38 | 128.2 |
| Blonde Iced Caramel Macchiato - coconut drink     | Tall   | 575  | 138 | 5.6  | 4.7  | 18.2 | 17   | 2.9 | 2.2  | 0.11 | 85.5  |
| Blonde Iced Caramel Macchiato - coconut drink     | Grande | 788  | 190 | 7.7  | 6.7  | 24.7 | 23.5 | 4.2 | 3    | 0.15 | 85.5  |
| Blonde Iced Caramel Macchiato - coconut drink     | Venti  | 872  | 210 | 7.9  | 6.8  | 28.9 | 27.2 | 4.4 | 3.2  | 0.15 | 128.2 |
| Decaf Iced Caramel Macchiato - semi skimmed milk  | Tall   | 618  | 147 | 4.2  | 3.7  | 20.7 | 19.1 | 0.2 | 6.5  | 0.22 | 3.6   |
| Decaf Iced Caramel Macchiato - semi skimmed milk  | Grande | 848  | 201 | 5.6  | 5.1  | 28.2 | 26.6 | 0.2 | 9.4  | 0.31 | 3.6   |
| Decaf Iced Caramel Macchiato - semi skimmed milk  | Venti  | 936  | 222 | 5.8  | 5.2  | 32.7 | 30.5 | 0.3 | 9.7  | 0.32 | 5.4   |
| Decaf Iced Caramel Macchiato - whole milk         | Tall   | 735  | 175 | 7.5  | 4.7  | 20.5 | 19   | 0.2 | 6.3  | 0.22 | 3.6   |
| Decaf Iced Caramel Macchiato - whole milk         | Grande | 1022 | 243 | 10.5 | 6.6  | 28   | 26.4 | 0.2 | 9.2  | 0.31 | 3.6   |
| Decaf Iced Caramel Macchiato - whole milk         | Venti  | 1113 | 265 | 10.8 | 6.8  | 32.4 | 30.2 | 0.3 | 9.5  | 0.31 | 5.4   |
| Decaf Iced Caramel Macchiato - skimmed milk       | Tall   | 530  | 126 | 1.7  | 0.9  | 20.8 | 19.3 | 0.2 | 6.5  | 0.23 | 3.6   |
| Decaf Iced Caramel Macchiato - skimmed milk       | Grande | 719  | 170 | 2    | 1    | 28.5 | 26.9 | 0.2 | 9.4  | 0.32 | 3.6   |
| Decaf Iced Caramel Macchiato - skimmed milk       | Venti  | 804  | 191 | 2.1  | 1.1  | 32.9 | 30.7 | 0.3 | 9.7  | 0.33 | 5.4   |
| Decaf Iced Caramel Macchiato - almond drink       | Tall   | 439  | 107 | 3.3  | 0.9  | 16.7 | 15.2 | 0.6 | 1.2  | 0.16 | 3.6   |
| Decaf Iced Caramel Macchiato - almond drink       | Grande | 584  | 142 | 4.2  | 1    | 22.4 | 20.8 | 0.7 | 1.6  | 0.22 | 3.6   |
| Decaf Iced Caramel Macchiato - almond drink       | Venti  | 666  | 161 | 4.4  | 1    | 26.7 | 24.5 | 0.9 | 1.8  | 0.23 | 5.4   |
| Decaf Iced Caramel Macchiato - soya drink         | Tall   | 574  | 136 | 4.5  | 1.2  | 17.2 | 15.3 | 1.3 | 6.1  | 0.21 | 3.6   |
| Decaf Iced Caramel Macchiato - soya drink         | Grande | 784  | 186 | 6.1  | 1.5  | 23   | 20.9 | 1.8 | 8.9  | 0.29 | 3.6   |
| Decaf Iced Caramel Macchiato - soya drink         | Venti  | 870  | 206 | 6.3  | 1.5  | 27.4 | 24.6 | 1.9 | 9.2  | 0.30 | 5.4   |
| Decaf Iced Caramel Macchiato - oat drink          | Tall   | 696  | 166 | 6.4  | 1.2  | 24.2 | 16.7 | 2   | 1.8  | 0.26 | 3.6   |
| Decaf Iced Caramel Macchiato - oat drink          | Grande | 965  | 230 | 9    | 1.5  | 33.4 | 23   | 2.8 | 2.4  | 0.37 | 3.6   |
| Decaf Iced Caramel Macchiato - oat drink          | Venti  | 1055 | 251 | 9.2  | 1.5  | 37.9 | 26.8 | 3   | 2.6  | 0.38 | 5.4   |
| Decaf Iced Caramel Macchiato - coconut drink      | Tall   | 581  | 140 | 5.6  | 4.7  | 18.6 | 17   | 2.8 | 2.1  | 0.11 | 3.6   |
| Decaf Iced Caramel Macchiato - coconut drink      | Grande | 794  | 191 | 7.7  | 6.7  | 25.1 | 23.5 | 4.1 | 2.9  | 0.15 | 3.6   |
| Decaf Iced Caramel Macchiato - coconut drink      | Venti  | 880  | 212 | 7.9  | 6.8  | 29.5 | 27.3 | 4.3 | 3.1  | 0.15 | 5.4   |
| Blonde Iced Cappuccino with Cold Foam             | Tall   | 226  | 54  | 0.4  | 0.1  | 9.5  | 8.8  | 0.3 | 2.9  | 0.08 | 85.5  |
| Blonde Iced Cappuccino with Cold Foam             | Grande | 298  | 71  | 0.4  | 0.2  | 13   | 12.3 | 0.3 | 3.6  | 0.10 | 85.5  |
| Blonde Iced Cappuccino with Cold Foam             | Venti  | 389  | 92  | 0.6  | 0.2  | 17   | 16   | 0.4 | 4.5  | 0.13 | 128.2 |
| Decaf Iced Cappuccino with Cold Foam              | Tall   | 231  | 55  | 0.4  | 0.1  | 9.9  | 8.8  | 0.2 | 2.9  | 0.08 | 3.6   |
| Decaf Iced Cappuccino with Cold Foam              | Grande | 304  | 72  | 0.4  | 0.2  | 13.4 | 12.3 | 0.2 | 3.5  | 0.10 | 3.6   |
| Decaf Iced Cappuccino with Cold Foam              | Venti  | 398  | 94  | 0.6  | 0.2  | 17.6 | 16   | 0.3 | 4.5  | 0.13 | 5.4   |
| Blonde Iced Mocha - semi skimmed milk             | Tall   | 929  | 223 | 12.6 | 9.5  | 19.2 | 17.9 | 1.5 | 7.3  | 0.17 | 85.5  |
| Blonde Iced Mocha - semi skimmed milk             | Grande | 1311 | 314 | 17.2 | 13.1 | 28   | 26.3 | 2.2 | 10.7 | 0.25 | 85.5  |
| Blonde Iced Mocha - semi skimmed milk             | Venti  | 1436 | 344 | 17.7 | 13.3 | 33   | 30.7 | 2.9 | 11.6 | 0.24 | 128.2 |
| Blonde Iced Mocha - whole milk                    | Tall   | 1017 | 244 | 15.1 | 10.3 | 19.1 | 17.7 | 1.5 | 7.2  | 0.16 | 85.5  |
| Blonde Iced Mocha - whole milk                    | Grande | 1443 | 345 | 20.9 | 14.2 | 27.8 | 26.1 | 2.2 | 10.5 | 0.24 | 85.5  |
| Blonde Iced Mocha - whole milk                    | Venti  | 1564 | 374 | 21.3 | 14.5 | 32.8 | 30.5 | 2.9 | 11.4 | 0.24 | 128.2 |
| Blonde Iced Mocha - skimmed milk                  | Tall   | 864  | 207 | 10.8 | 7.5  | 19.3 | 18   | 1.5 | 7.3  | 0.17 | 85.5  |
| Blonde Iced Mocha - skimmed milk                  | Grande | 1213 | 290 | 14.4 | 10   | 28.2 | 26.5 | 2.2 | 10.7 | 0.25 | 85.5  |
| Blonde Iced Mocha - skimmed milk                  | Venti  | 1341 | 321 | 15   | 10.3 | 33.2 | 30.9 | 2.9 | 11.6 |      |       |

|   |        |      |     |      |      |      |      |     |      |      |       |
|---|--------|------|-----|------|------|------|------|-----|------|------|-------|
| Blonde Iced Mocha - oat drink                                   | Venti  | 1522 | 365 | 20.2 | 10.7 | 36.9 | 28   | 4.8 | 6.4  | 0.29 | 128.2 |
| Blonde Iced Mocha - coconut drink                               | Tall   | 902  | 217 | 13.7 | 10.3 | 17.6 | 16.3 | 3.5 | 4    | 0.09 | 85.5  |
| Blonde Iced Mocha - coconut drink                               | Grande | 1270 | 306 | 18.8 | 14.3 | 25.6 | 24   | 5.1 | 5.8  | 0.12 | 85.5  |
| Blonde Iced Mocha - coconut drink                               | Venti  | 1396 | 336 | 19.2 | 14.5 | 30.7 | 28.4 | 5.8 | 6.8  | 0.12 | 128.2 |
| Decaf Iced Mocha - semi skimmed milk                            | Tall   | 1029 | 246 | 12.9 | 9.6  | 23.8 | 21.8 | 2.1 | 7.7  | 0.15 | 3.6   |
| Decaf Iced Mocha - semi skimmed milk                            | Grande | 1432 | 343 | 17.7 | 13.3 | 33.1 | 30.7 | 2.7 | 11.4 | 0.24 | 3.6   |
| Decaf Iced Mocha - semi skimmed milk                            | Venti  | 1520 | 363 | 17.8 | 13.3 | 37.4 | 34.2 | 3.5 | 11.6 | 0.22 | 5.4   |
| Decaf Iced Mocha - whole milk                                   | Tall   | 1107 | 265 | 15.1 | 10.3 | 23.7 | 21.6 | 2.1 | 7.5  | 0.15 | 3.6   |
| Decaf Iced Mocha - whole milk                                   | Grande | 1562 | 373 | 21.3 | 14.5 | 32.9 | 30.5 | 2.7 | 11.2 | 0.24 | 3.6   |
| Decaf Iced Mocha - whole milk                                   | Venti  | 1632 | 390 | 21   | 14.2 | 37.2 | 34   | 3.5 | 11.4 | 0.22 | 5.4   |
| Decaf Iced Mocha - skimmed milk                                 | Tall   | 971  | 232 | 11.3 | 7.8  | 23.9 | 21.9 | 2.1 | 7.7  | 0.16 | 3.6   |
| Decaf Iced Mocha - skimmed milk                                 | Grande | 1336 | 319 | 15   | 10.3 | 33.3 | 30.9 | 2.7 | 11.4 | 0.25 | 3.6   |
| Decaf Iced Mocha - skimmed milk                                 | Venti  | 1436 | 343 | 15.5 | 10.6 | 37.6 | 34.3 | 3.5 | 11.6 | 0.22 | 5.4   |
| Decaf Iced Mocha - almond drink                                 | Tall   | 910  | 219 | 12.3 | 7.7  | 21.2 | 19.2 | 2.3 | 4.2  | 0.11 | 3.6   |
| Decaf Iced Mocha - almond drink                                 | Grande | 1236 | 298 | 16.7 | 10.3 | 28.8 | 26.4 | 3.1 | 5.6  | 0.18 | 3.6   |
| Decaf Iced Mocha - almond drink                                 | Venti  | 1349 | 325 | 17   | 10.6 | 33.7 | 30.4 | 3.8 | 6.5  | 0.16 | 5.4   |
| Decaf Iced Mocha - soya drink                                   | Tall   | 1000 | 239 | 13.1 | 8    | 21.5 | 19.2 | 2.8 | 7.4  | 0.14 | 3.6   |
| Decaf Iced Mocha - soya drink                                   | Grande | 1384 | 331 | 18.1 | 10.6 | 29.3 | 26.5 | 3.9 | 11.1 | 0.23 | 3.6   |
| Decaf Iced Mocha - soya drink                                   | Venti  | 1478 | 353 | 18.2 | 10.9 | 34.1 | 30.5 | 4.5 | 11.2 | 0.21 | 5.4   |
| Decaf Iced Mocha - oat drink                                    | Tall   | 1081 | 259 | 14.4 | 8    | 26.2 | 20.1 | 3.3 | 4.5  | 0.18 | 3.6   |
| Decaf Iced Mocha - oat drink                                    | Grande | 1519 | 364 | 20.2 | 10.6 | 37   | 28   | 4.7 | 6.2  | 0.29 | 3.6   |
| Decaf Iced Mocha - oat drink                                    | Venti  | 1595 | 382 | 20   | 10.9 | 40.8 | 31.8 | 5.2 | 7.1  | 0.26 | 5.4   |
| Decaf Iced Mocha - coconut drink                                | Tall   | 1004 | 242 | 13.8 | 10.3 | 22.4 | 20.4 | 3.9 | 4.8  | 0.08 | 3.6   |
| Decaf Iced Mocha - coconut drink                                | Grande | 1392 | 335 | 19.2 | 14.5 | 30.8 | 28.4 | 5.6 | 6.6  | 0.12 | 3.6   |
| Decaf Iced Mocha - coconut drink                                | Venti  | 1485 | 357 | 19.2 | 14.3 | 35.4 | 32.1 | 6   | 7.4  | 0.11 | 5.4   |
| Blonde Iced White Mocha - semi skimmed milk                     | Tall   | 1050 | 251 | 13.3 | 10.3 | 25.9 | 25.3 | 0.3 | 6.8  | 0.28 | 85.5  |
| Blonde Iced White Mocha - semi skimmed milk                     | Grande | 1520 | 363 | 18.4 | 14.5 | 38.7 | 38.1 | 0.3 | 10.4 | 0.44 | 85.5  |
| Blonde Iced White Mocha - semi skimmed milk                     | Venti  | 1681 | 402 | 19.1 | 14.9 | 46.6 | 45.6 | 0.5 | 10.6 | 0.48 | 128.2 |
| Blonde Iced White Mocha - whole milk                            | Tall   | 1139 | 272 | 15.8 | 11.1 | 25.8 | 25.1 | 0.3 | 6.7  | 0.28 | 85.5  |
| Blonde Iced White Mocha - whole milk                            | Grande | 1661 | 397 | 22.5 | 15.7 | 38.5 | 37.9 | 0.3 | 10.2 | 0.43 | 85.5  |
| Blonde Iced White Mocha - whole milk                            | Venti  | 1811 | 433 | 22.8 | 16   | 46.4 | 45.4 | 0.5 | 10.4 | 0.47 | 128.2 |
| Blonde Iced White Mocha - skimmed milk                          | Tall   | 984  | 235 | 11.4 | 8.2  | 26.1 | 25.4 | 0.3 | 6.8  | 0.29 | 85.5  |
| Blonde Iced White Mocha - skimmed milk                          | Grande | 1414 | 338 | 15.5 | 11.1 | 38.9 | 38.3 | 0.3 | 10.4 | 0.44 | 85.5  |
| Blonde Iced White Mocha - skimmed milk                          | Venti  | 1583 | 378 | 16.4 | 11.8 | 46.8 | 45.8 | 0.5 | 10.6 | 0.48 | 128.2 |
| Blonde Iced White Mocha - almond drink                          | Tall   | 915  | 221 | 12.6 | 8.2  | 23   | 22.3 | 0.6 | 2.8  | 0.24 | 85.5  |
| Blonde Iced White Mocha - almond drink                          | Grande | 1304 | 315 | 17.3 | 11.1 | 34   | 33.3 | 0.7 | 4    | 0.36 | 85.5  |
| Blonde Iced White Mocha - almond drink                          | Venti  | 1482 | 357 | 18.1 | 11.8 | 42.2 | 41.2 | 0.9 | 4.7  | 0.41 | 128.2 |
| Blonde Iced White Mocha - soya drink                            | Tall   | 1017 | 243 | 13.5 | 8.4  | 23.3 | 22.4 | 1.1 | 6.5  | 0.27 | 85.5  |
| Blonde Iced White Mocha - soya drink                            | Grande | 1467 | 351 | 18.9 | 11.5 | 34.5 | 33.4 | 1.6 | 10   | 0.42 | 85.5  |
| Blonde Iced White Mocha - soya drink                            | Venti  | 1632 | 390 | 19.5 | 12.2 | 42.7 | 41.3 | 1.6 | 10.2 | 0.46 | 128.2 |
| Blonde Iced White Mocha - oat drink                             | Tall   | 1109 | 266 | 15   | 8.4  | 28.6 | 23.4 | 1.6 | 3.2  | 0.31 | 85.5  |
| Blonde Iced White Mocha - oat drink                             | Grande | 1615 | 387 | 21.2 | 11.5 | 43   | 35.1 | 2.4 | 4.7  | 0.48 | 85.5  |
| Blonde Iced White Mocha - oat drink                             | Venti  | 1768 | 423 | 21.6 | 12.2 | 50.5 | 42.8 | 2.4 | 5.3  | 0.52 | 128.2 |
| Blonde Iced White Mocha - coconut drink                         | Tall   | 1022 | 246 | 14.3 | 11.1 | 24.4 | 23.7 | 2.3 | 3.5  | 0.20 | 85.5  |
| Blonde Iced White Mocha - coconut drink                         | Grande | 1475 | 355 | 20.1 | 15.7 | 36.2 | 35.5 | 3.5 | 5.1  | 0.30 | 85.5  |
| Blonde Iced White Mocha - coconut drink                         | Venti  | 1640 | 394 | 20.6 | 16.1 | 44.2 | 43.2 | 3.4 | 5.7  | 0.36 | 128.2 |
| Decaf Iced White Mocha - semi skimmed milk                      | Tall   | 1209 | 289 | 13.9 | 10.7 | 33.9 | 32.9 | 0.3 | 6.9  | 0.33 | 3.6   |
| Decaf Iced White Mocha - semi skimmed milk                      | Grande | 1682 | 402 | 19.1 | 14.9 | 46.8 | 45.7 | 0.3 | 10.5 | 0.48 | 3.6   |
| Decaf Iced White Mocha - semi skimmed milk                      | Venti  | 1836 | 438 | 19.6 | 15.3 | 54.6 | 53   | 0.4 | 10.5 | 0.52 | 5.4   |
| Decaf Iced White Mocha - whole milk                             | Tall   | 1288 | 308 | 16.1 | 11.4 | 33.8 | 32.7 | 0.3 | 6.7  | 0.32 | 3.6   |
| Decaf Iced White Mocha - whole milk                             | Grande | 1814 | 433 | 22.8 | 16.1 | 46.6 | 45.5 | 0.3 | 10.3 | 0.48 | 3.6   |
| Decaf Iced White Mocha - whole milk                             | Venti  | 1954 | 466 | 23   | 16.3 | 54.4 | 52.8 | 0.4 | 10.3 | 0.51 | 5.4   |
| Decaf Iced White Mocha - skimmed milk                           | Tall   | 1151 | 275 | 12.3 | 8.9  | 34   | 33   | 0.3 | 6.9  | 0.33 | 3.6   |
| Decaf Iced White Mocha - skimmed milk                           | Grande | 1582 | 378 | 16.3 | 11.8 | 47   | 45.9 | 0.3 | 10.5 | 0.49 | 3.6   |
| Decaf Iced White Mocha - skimmed milk                           | Venti  | 1747 | 417 | 17.2 | 12.5 | 54.8 | 53.2 | 0.4 | 10.5 | 0.52 | 5.4   |
| Decaf Iced White Mocha - almond drink                           | Tall   | 1089 | 262 | 13.3 | 8.9  | 31.3 | 30.2 | 0.5 | 3.3  | 0.29 | 3.6   |
| Decaf Iced White Mocha - almond drink                           | Grande | 1479 | 356 | 18   | 11.7 | 42.3 | 41.3 | 0.7 | 4.5  | 0.41 | 3.6   |
| Decaf Iced White Mocha - almond drink                           | Venti  | 1656 | 398 | 18.7 | 12.4 | 50.6 | 49   | 0.8 | 5.2  | 0.46 | 5.4   |
| Decaf Iced White Mocha - soya drink                             | Tall   | 1180 | 282 | 14.1 | 9.1  | 31.6 | 30.3 | 1   | 6.6  | 0.32 | 3.6   |
| Decaf Iced White Mocha - soya drink                             | Grande | 1632 | 390 | 19.5 | 12.1 | 42.8 | 41.4 | 1.5 | 10.1 | 0.47 | 3.6   |
| Decaf Iced White Mocha - soya drink                             | Venti  | 1792 | 428 | 20   | 12.8 | 51.1 | 49.1 | 1.5 | 10.1 | 0.50 | 5.4   |
| Decaf Iced White Mocha - oat drink                              | Tall   | 1262 | 302 | 15.4 | 9.1  | 36.3 | 31.2 | 1.4 | 3.7  | 0.35 | 3.6   |
| Decaf Iced White Mocha - oat drink                              | Grande | 1771 | 423 | 21.7 | 12.1 | 50.7 | 42.9 | 2.3 | 5.2  | 0.53 | 3.6   |
| Decaf Iced White Mocha - oat drink                              | Venti  | 1915 | 458 | 21.9 | 12.8 | 58.1 | 50.5 | 2.2 | 5.7  | 0.56 | 5.4   |
| Decaf Iced White Mocha - coconut drink                          | Tall   | 1185 | 284 | 14.8 | 11.4 | 32.5 | 31.5 | 2   | 3.9  | 0.25 | 3.6   |
| Decaf Iced White Mocha - coconut drink                          | Grande | 1640 | 394 | 20.7 | 16.1 | 44.4 | 43.3 | 3.3 | 5.6  | 0.36 | 3.6   |
| Decaf Iced White Mocha - coconut drink                          | Venti  | 1799 | 431 | 21   | 16.3 | 52.5 | 50.9 | 3.1 | 6.1  | 0.41 | 5.4   |
| Blonde Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk | Tall   | 367  | 87  | 2.1  | 2    | 12.6 | 11.8 | 0.3 | 4.3  | 0.12 | 85.5  |
| Blonde Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk | Grande | 485  | 115 | 2.6  | 2.4  | 17.4 | 16.2 | 0.4 | 5.4  | 0.15 | 128.2 |
| Blonde Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk | Venti  | 593  | 141 | 3    | 2.8  | 21.9 | 20.4 | 0.5 | 6.2  | 0.17 | 171   |
| Blonde Iced Brown Sugar Oat Shaken Espresso - whole milk        | Tall   | 444  | 106 | 4.3  | 2.7  | 12.5 | 11.7 | 0.3 | 4.2  | 0.12 | 85.5  |
| Blonde Iced Brown Sugar Oat Shaken Espresso - whole milk        | Grande | 579  | 138 | 5.2  | 3.3  | 17.3 | 16.1 | 0.4 | 5.2  | 0.15 | 128.2 |
| Blonde Iced Brown Sugar Oat Shaken Espresso - whole milk        | Venti  | 700  | 167 | 6    | 3.8  | 21.8 | 20.2 | 0.5 | 6.1  | 0.17 | 171   |
| Blonde Iced Brown Sugar Oat Shaken Espresso - skimmed milk      | Tall   | 310  | 73  | 0.5  | 0.2  | 12.7 | 12   | 0.3 | 4.3  | 0.13 | 85.5  |
| Blonde Iced Brown Sugar Oat Shaken Espresso - skimmed milk      | Grande | 415  | 99  | 0.6  | 0.2  | 17.5 | 16.4 | 0.4 | 5.4  | 0.16 | 128.2 |
| Blonde Iced Brown Sugar Oat Shaken Espresso - skimmed milk      | Venti  | 513  | 122 | 0.7  | 0.3  | 22.1 | 20.5 | 0.5 | 6.2  | 0.18 | 171   |
| Blonde Iced Brown Sugar Oat Shaken Espresso - almond drink      | Tall   | 250  | 61  | 1.5  | 0.2  | 10   | 9.3  | 0.5 | 0.9  | 0.08 | 85.5  |
| Blonde Iced Brown Sugar Oat Shaken Espresso - almond drink      | Grande | 342  | 83  | 1.9  | 0.2  | 14.3 | 13.1 | 0.7 | 1.2  | 0.10 | 128.2 |
| Blonde Iced Brown Sugar Oat Shaken Espresso - almond drink      | Venti  | 430  | 104 | 2.2  | 0.2  | 18.4 | 16.8 | 0.9 | 1.4  | 0.12 | 171   |
| Blonde Iced Brown Sugar Oat Shaken Espresso - soya drink        | Tall   | 338  | 80  | 2.3  | 0.4  | 10.3 | 9.3  | 1   | 4.1  | 0.12 | 85.5  |
| Blonde Iced Brown Sugar Oat Shaken Espresso - soya drink        | Grande | 450  | 107 | 2.9  | 0.5  | 14.6 | 13.2 | 1.2 | 5.1  | 0.14 | 128.2 |
| Blonde Iced Brown Sugar Oat Shaken Espresso - soya drink        | Venti  | 553  | 131 | 3.3  | 0.6  | 18.7 | 16.9 | 1.5 | 5.9  | 0.16 | 171   |
| Blonde Iced Brown Sugar Oat Shaken Espresso - oat drink         | Tall   | 419  | 100 | 3.6  | 0.4  | 14.9 | 10.2 | 1.4 | 1.2  | 0.15 | 85.5  |
| Blonde Iced Brown Sugar Oat Shaken Espresso - oat drink         | Grande | 548  | 131 | 4.4  | 0.5  | 20.2 | 14.3 | 1.8 | 1.6  | 0.18 | 128.2 |
| Blonde Iced Brown Sugar Oat Shaken Espresso - oat drink         | Venti  | 665  | 159 | 5.1  | 0.6  | 25.1 | 18.1 | 2.1 | 1.9  | 0.21 | 171   |
| Blonde Iced Brown Sugar Oat Shaken Espresso - coconut drink     | Tall   | 343  | 83  | 3    | 2.7  | 11.2 | 10.5 | 2   | 1.5  | 0.05 | 85.5  |
| Blonde Iced Brown Sugar Oat Shaken Espresso - coconut drink     | Grande | 456  | 110 | 3.7  | 3.3  | 15.7 | 14.6 | 2.5 | 1.9  | 0.06 | 128.2 |
| Blonde Iced Brown Sugar Oat Shaken Espresso - coconut drink     | Venti  | 559  | 135 | 4.3  | 3.8  | 20   | 18.5 | 2.9 | 2.2  | 0.07 | 171   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk  | Tall   | 428  | 102 | 2.1  | 2    | 16.2 | 15   | 0.2 | 4.3  | 0.12 | 3.6   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk  | Grande | 549  | 130 | 2.6  | 2.4  | 21.2 | 19.4 | 0.3 | 5.3  | 0.15 | 5.4   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk  | Venti  | 659  | 157 | 3    | 2.8  | 26   | 23.6 | 0.4 | 6.1  | 0.17 | 7.2   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk         | Tall   | 505  | 120 | 4.3  | 2.7  | 16.1 | 14.9 | 0.2 | 4.2  | 0.12 | 3.6   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk         | Grande | 642  | 153 | 5.2  | 3.3  | 21.1 | 19.3 | 0.3 | 5.2  | 0.15 | 5.4   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk         | Venti  | 767  | 182 | 6    | 3.8  | 25.8 | 23.4 | 0.4 | 6    | 0.17 | 7.2   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk       | Tall   | 370  | 88  | 0.5  | 0.2  | 16.4 | 15.1 | 0.2 | 4.3  | 0.13 | 3.6   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk       | Grande | 479  | 113 | 0.6  | 0.2  | 21.4 | 19.6 | 0.3 | 5.3  | 0.16 | 5.4   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk       | Venti  | 579  | 137 | 0.7  | 0.3  | 26.1 | 23.8 | 0.4 | 6.1  | 0.18 | 7.2   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink       | Tall   | 310  | 75  | 1.5  | 0.2  | 13.7 | 12.5 | 0.5 | 0.8  | 0.08 | 3.6   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink       | Grande | 406  | 98  | 1.9  | 0.2  | 18.1 | 16.3 | 0.6 | 1.1  | 0.10 | 5.4   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink       | Venti  | 496  | 120 | 2.2  | 0.2  | 22.4 | 20   | 0.8 | 1.3  | 0.12 | 7.2   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink         | Tall   | 399  | 95  | 2.3  | 0.4  | 13.9 | 12.5 | 0.9 | 4.1  | 0.12 | 3.6   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink         | Grande | 514  | 122 | 2.9  | 0.5  | 18.4 | 16.4 | 1.2 | 5    | 0.14 | 5.4   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink         | Venti  | 619  | 147 | 3.3  | 0.6  | 22.8 | 20.1 | 1.4 | 5.8  | 0.16 | 7.2   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink          | Tall   | 480  | 114 | 3.6  | 0.4  | 18.5 | 13.4 | 1.4 | 1.2  | 0.15 | 3.6   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink          | Grande | 612  | 146 | 4.4  | 0.5  | 24   | 17.5 | 1.7 | 1.5  | 0.18 | 5.4   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink          | Venti  | 731  | 174 | 5.1  | 0.6  | 29.2 | 21.4 | 2   | 1.8  | 0.21 | 7.2   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink      | Tall   | 404  | 97  | 3    | 2.7  | 14.9 | 13.7 | 1.9 | 1.4  | 0.05 | 3.6   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink      | Grande | 519  | 125 | 3.7  | 3.3  | 19.6 | 17.8 | 2.4 | 1.8  | 0.06 | 5.4   |
| Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink      | Venti  | 626  | 150 | 4.3  | 3.8  | 24.1 | 21.7 | 2.8 | 2.1  | 0.07 | 7.2   |
| Blonde Starbucks Doubleshot Iced Coffee                         | Mini   | 350  | 85  | 8    | 5    | 2.1  | 1.4  | 0.3 | 0.9  |      |       |

|   |        |      |     |      |      |      |      |     |     |      |      |
|---|--------|------|-----|------|------|------|------|-----|-----|------|------|
| Blonde Espresso Frappuccino - whole milk          | Grande | 606  | 143 | 2.6  | 1.5  | 26.9 | 25.7 | 0.3 | 2.8 | 0.44 | 60.9 |
| Blonde Espresso Frappuccino - whole milk          | Venti  | 776  | 183 | 3    | 1.8  | 35.4 | 33.9 | 0.3 | 3.3 | 0.57 | 70.7 |
| Blonde Espresso Frappuccino - skimmed milk        | Tall   | 394  | 93  | 0.3  | 0.1  | 20.1 | 19.1 | 0.2 | 2.1 | 0.33 | 57.6 |
| Blonde Espresso Frappuccino - skimmed milk        | Grande | 530  | 125 | 0.4  | 0.1  | 27   | 25.8 | 0.3 | 2.9 | 0.44 | 60.9 |
| Blonde Espresso Frappuccino - skimmed milk        | Venti  | 688  | 162 | 0.5  | 0.2  | 35.5 | 34   | 0.3 | 3.4 | 0.58 | 70.7 |
| Blonde Espresso Frappuccino - almond drink        | Tall   | 470  | 88  | 0.7  | 0.1  | 19.1 | 18.1 | 0.3 | 0.7 | 0.31 | 57.6 |
| Blonde Espresso Frappuccino - almond drink        | Grande | 496  | 118 | 1    | 0.1  | 25.5 | 24.3 | 0.4 | 0.9 | 0.42 | 60.9 |
| Blonde Espresso Frappuccino - almond drink        | Venti  | 649  | 154 | 1.1  | 0.1  | 33.7 | 32.2 | 0.5 | 1.1 | 0.55 | 70.7 |
| Blonde Espresso Frappuccino - soya drink          | Tall   | 405  | 96  | 1    | 0.2  | 19.2 | 18.1 | 0.5 | 2   | 0.32 | 57.6 |
| Blonde Espresso Frappuccino - soya drink          | Grande | 546  | 129 | 1.4  | 0.2  | 25.7 | 24.3 | 0.6 | 2.7 | 0.44 | 60.9 |
| Blonde Espresso Frappuccino - soya drink          | Venti  | 707  | 167 | 1.7  | 0.3  | 33.9 | 32.3 | 0.8 | 3.2 | 0.57 | 70.7 |
| Blonde Espresso Frappuccino - oat drink           | Tall   | 436  | 103 | 1.5  | 0.2  | 21   | 18.4 | 0.7 | 0.8 | 0.33 | 57.6 |
| Blonde Espresso Frappuccino - oat drink           | Grande | 592  | 140 | 2.2  | 0.2  | 28.3 | 24.9 | 0.9 | 1.1 | 0.45 | 60.9 |
| Blonde Espresso Frappuccino - oat drink           | Venti  | 760  | 180 | 2.5  | 0.3  | 36.9 | 32.9 | 1.1 | 1.3 | 0.59 | 70.7 |
| Blonde Espresso Frappuccino - coconut drink       | Tall   | 407  | 96  | 1.3  | 1.1  | 19.5 | 18.5 | 0.9 | 0.9 | 0.30 | 57.6 |
| Blonde Espresso Frappuccino - coconut drink       | Grande | 549  | 130 | 1.8  | 1.5  | 26.2 | 25   | 1.2 | 1.2 | 0.40 | 60.9 |
| Blonde Espresso Frappuccino - coconut drink       | Venti  | 710  | 168 | 2.1  | 1.8  | 34.5 | 33   | 1.4 | 1.5 | 0.53 | 70.7 |
| Decaf Espresso Frappuccino - semi skimmed milk    | Tall   | 387  | 92  | 0.8  | 0.8  | 19   | 18.1 | 0.2 | 1.7 | 0.28 | 2.9  |
| Decaf Espresso Frappuccino - semi skimmed milk    | Grande | 519  | 123 | 1.2  | 1.1  | 25.2 | 24.1 | 0.2 | 2.4 | 0.37 | 3.8  |
| Decaf Espresso Frappuccino - semi skimmed milk    | Venti  | 669  | 158 | 1.3  | 1.1  | 33.5 | 32   | 0.3 | 2.6 | 0.49 | 5.2  |
| Decaf Espresso Frappuccino - whole milk           | Tall   | 416  | 98  | 1.6  | 1    | 18.9 | 18.1 | 0.2 | 1.7 | 0.28 | 2.9  |
| Decaf Espresso Frappuccino - whole milk           | Grande | 558  | 132 | 2.3  | 1.4  | 25.2 | 24   | 0.2 | 2.3 | 0.37 | 3.8  |
| Decaf Espresso Frappuccino - whole milk           | Venti  | 710  | 168 | 2.4  | 1.5  | 33.4 | 31.9 | 0.3 | 2.5 | 0.49 | 5.2  |
| Decaf Espresso Frappuccino - skimmed milk         | Tall   | 366  | 86  | 0.2  | 0.1  | 19   | 18.2 | 0.2 | 1.7 | 0.28 | 2.9  |
| Decaf Espresso Frappuccino - skimmed milk         | Grande | 489  | 115 | 0.3  | 0.1  | 25.3 | 24.2 | 0.2 | 2.4 | 0.38 | 3.8  |
| Decaf Espresso Frappuccino - skimmed milk         | Venti  | 637  | 151 | 0.4  | 0.1  | 33.6 | 32   | 0.3 | 2.6 | 0.49 | 5.2  |
| Decaf Espresso Frappuccino - almond drink         | Tall   | 344  | 82  | 0.6  | 0.1  | 18   | 17.2 | 0.3 | 0.4 | 0.27 | 2.9  |
| Decaf Espresso Frappuccino - almond drink         | Grande | 458  | 109 | 0.8  | 0.1  | 23.9 | 22.8 | 0.4 | 0.6 | 0.35 | 3.8  |
| Decaf Espresso Frappuccino - almond drink         | Venti  | 605  | 144 | 0.9  | 0.1  | 32.1 | 30.6 | 0.4 | 0.7 | 0.47 | 5.2  |
| Decaf Espresso Frappuccino - soya drink           | Tall   | 377  | 89  | 0.9  | 0.2  | 18.1 | 17.2 | 0.4 | 1.6 | 0.28 | 2.9  |
| Decaf Espresso Frappuccino - soya drink           | Grande | 504  | 119 | 1.3  | 0.2  | 24   | 22.8 | 0.6 | 2.3 | 0.37 | 3.8  |
| Decaf Espresso Frappuccino - soya drink           | Venti  | 653  | 154 | 1.4  | 0.3  | 32.3 | 30.6 | 0.7 | 2.4 | 0.49 | 5.2  |
| Decaf Espresso Frappuccino - oat drink            | Tall   | 406  | 96  | 1.4  | 0.2  | 19.8 | 17.5 | 0.6 | 0.6 | 0.29 | 2.9  |
| Decaf Espresso Frappuccino - oat drink            | Grande | 545  | 129 | 1.9  | 0.2  | 26.4 | 23.3 | 0.8 | 0.8 | 0.39 | 3.8  |
| Decaf Espresso Frappuccino - oat drink            | Venti  | 697  | 165 | 2.1  | 0.3  | 34.8 | 31.1 | 1   | 0.9 | 0.50 | 5.2  |
| Decaf Espresso Frappuccino - coconut drink        | Tall   | 378  | 90  | 1.2  | 1    | 18.5 | 17.6 | 0.8 | 0.6 | 0.25 | 2.9  |
| Decaf Espresso Frappuccino - coconut drink        | Grande | 506  | 120 | 1.6  | 1.4  | 24.5 | 23.4 | 1.1 | 0.9 | 0.34 | 3.8  |
| Decaf Espresso Frappuccino - coconut drink        | Venti  | 656  | 156 | 1.8  | 1.5  | 32.8 | 31.2 | 1.3 | 1   | 0.45 | 5.2  |
| Decaf Coffee Frappuccino - semi skimmed milk      | Tall   | 872  | 208 | 9.5  | 7.2  | 26.6 | 26.1 | 0.1 | 3.7 | 0.40 | 1.8  |
| Decaf Coffee Frappuccino - semi skimmed milk      | Grande | 1246 | 297 | 13.2 | 10   | 39.2 | 38.1 | 0.2 | 4.9 | 0.58 | 3.6  |
| Decaf Coffee Frappuccino - semi skimmed milk      | Venti  | 1467 | 349 | 13.6 | 10.3 | 50.5 | 48.9 | 0.3 | 5.6 | 0.75 | 5.4  |
| Decaf Coffee Frappuccino - whole milk             | Tall   | 930  | 222 | 11.1 | 7.7  | 26.5 | 26   | 0.1 | 3.6 | 0.40 | 1.8  |
| Decaf Coffee Frappuccino - whole milk             | Grande | 1319 | 315 | 15.3 | 10.6 | 39.1 | 38   | 0.2 | 4.8 | 0.58 | 3.6  |
| Decaf Coffee Frappuccino - whole milk             | Venti  | 1552 | 370 | 16   | 11   | 50.4 | 48.8 | 0.3 | 5.5 | 0.74 | 5.4  |
| Decaf Coffee Frappuccino - skimmed milk           | Tall   | 830  | 198 | 8.3  | 5.9  | 26.7 | 26.2 | 0.1 | 3.7 | 0.40 | 1.8  |
| Decaf Coffee Frappuccino - skimmed milk           | Grande | 1191 | 284 | 11.7 | 8.2  | 39.3 | 38.2 | 0.2 | 4.9 | 0.58 | 3.6  |
| Decaf Coffee Frappuccino - skimmed milk           | Venti  | 1404 | 334 | 11.8 | 8.3  | 50.6 | 49   | 0.3 | 5.6 | 0.75 | 5.4  |
| Decaf Coffee Frappuccino - almond drink           | Tall   | 786  | 188 | 9.1  | 5.9  | 24.7 | 24.2 | 0.3 | 1.1 | 0.37 | 1.8  |
| Decaf Coffee Frappuccino - almond drink           | Grande | 1134 | 272 | 12.6 | 8.2  | 36.7 | 35.7 | 0.4 | 1.6 | 0.54 | 3.6  |
| Decaf Coffee Frappuccino - almond drink           | Venti  | 1338 | 320 | 12.9 | 8.2  | 47.7 | 46.1 | 0.6 | 1.8 | 0.70 | 5.4  |
| Decaf Coffee Frappuccino - soya drink             | Tall   | 851  | 203 | 9.7  | 6    | 24.9 | 24.2 | 0.6 | 3.5 | 0.40 | 1.8  |
| Decaf Coffee Frappuccino - soya drink             | Grande | 1218 | 290 | 13.4 | 8.4  | 37   | 35.7 | 0.9 | 4.7 | 0.57 | 3.6  |
| Decaf Coffee Frappuccino - soya drink             | Venti  | 1435 | 342 | 13.8 | 8.5  | 48   | 46.1 | 1.1 | 5.4 | 0.74 | 5.4  |
| Decaf Coffee Frappuccino - oat drink              | Tall   | 911  | 217 | 10.6 | 6    | 28.3 | 24.9 | 1   | 1.4 | 0.42 | 1.8  |
| Decaf Coffee Frappuccino - oat drink              | Grande | 1295 | 309 | 14.6 | 8.4  | 41.4 | 36.6 | 1.3 | 1.9 | 0.61 | 3.6  |
| Decaf Coffee Frappuccino - oat drink              | Venti  | 1524 | 363 | 15.2 | 8.5  | 53   | 47.1 | 1.6 | 2.2 | 0.77 | 5.4  |
| Decaf Coffee Frappuccino - coconut drink          | Tall   | 855  | 205 | 10.2 | 7.7  | 25.6 | 25.1 | 1.4 | 1.5 | 0.35 | 1.8  |
| Decaf Coffee Frappuccino - coconut drink          | Grande | 1223 | 293 | 14.1 | 10.6 | 37.9 | 36.8 | 1.9 | 2.1 | 0.51 | 3.6  |
| Decaf Coffee Frappuccino - coconut drink          | Venti  | 1440 | 344 | 14.6 | 11   | 49   | 47.4 | 2.2 | 2.4 | 0.67 | 5.4  |
| Decaf Caramel Frappuccino - semi skimmed milk     | Tall   | 1056 | 252 | 12   | 8.8  | 32.4 | 31.4 | 0.1 | 3.2 | 0.39 | 1.5  |
| Decaf Caramel Frappuccino - semi skimmed milk     | Grande | 1337 | 319 | 15.3 | 11.2 | 41   | 39.6 | 0.2 | 3.8 | 0.49 | 2.6  |
| Decaf Caramel Frappuccino - semi skimmed milk     | Venti  | 1503 | 358 | 15.5 | 11.3 | 50.1 | 48.4 | 0.3 | 3.9 | 0.59 | 3.9  |
| Decaf Caramel Frappuccino - whole milk            | Tall   | 1101 | 263 | 13.3 | 9.2  | 32.3 | 31.4 | 0.1 | 3.1 | 0.39 | 1.5  |
| Decaf Caramel Frappuccino - whole milk            | Grande | 1388 | 331 | 16.8 | 11.6 | 40.9 | 39.6 | 0.2 | 3.8 | 0.49 | 2.6  |
| Decaf Caramel Frappuccino - whole milk            | Venti  | 1553 | 370 | 17   | 11.7 | 50.1 | 48.3 | 0.3 | 3.8 | 0.59 | 3.9  |
| Decaf Caramel Frappuccino - skimmed milk          | Tall   | 1023 | 244 | 11.1 | 7.8  | 32.5 | 31.5 | 0.1 | 3.2 | 0.39 | 1.5  |
| Decaf Caramel Frappuccino - skimmed milk          | Grande | 1299 | 310 | 14.3 | 10   | 41.1 | 39.7 | 0.2 | 3.8 | 0.49 | 2.6  |
| Decaf Caramel Frappuccino - skimmed milk          | Venti  | 1466 | 349 | 14.5 | 10.1 | 50.2 | 48.4 | 0.3 | 3.9 | 0.59 | 3.9  |
| Decaf Caramel Frappuccino - almond drink          | Tall   | 989  | 237 | 11.7 | 7.7  | 30.9 | 30   | 0.2 | 1.2 | 0.36 | 1.5  |
| Decaf Caramel Frappuccino - almond drink          | Grande | 1260 | 302 | 14.9 | 10   | 39.3 | 37.9 | 0.3 | 1.6 | 0.46 | 2.6  |
| Decaf Caramel Frappuccino - almond drink          | Venti  | 1428 | 341 | 15.2 | 10.1 | 48.5 | 46.7 | 0.4 | 1.7 | 0.56 | 3.9  |
| Decaf Caramel Frappuccino - soya drink            | Tall   | 1040 | 248 | 12.2 | 7.9  | 31.1 | 30   | 0.5 | 3.1 | 0.38 | 1.5  |
| Decaf Caramel Frappuccino - soya drink            | Grande | 1318 | 315 | 15.5 | 10.1 | 39.5 | 38   | 0.6 | 3.7 | 0.48 | 2.6  |
| Decaf Caramel Frappuccino - soya drink            | Venti  | 1485 | 354 | 15.7 | 10.2 | 48.6 | 46.7 | 0.7 | 3.8 | 0.58 | 3.9  |
| Decaf Caramel Frappuccino - oat drink             | Tall   | 1086 | 259 | 12.9 | 7.9  | 33.7 | 30.5 | 0.8 | 1.4 | 0.40 | 1.5  |
| Decaf Caramel Frappuccino - oat drink             | Grande | 1371 | 327 | 16.3 | 10.1 | 42.5 | 38.6 | 0.9 | 1.8 | 0.50 | 2.6  |
| Decaf Caramel Frappuccino - oat drink             | Venti  | 1537 | 367 | 16.5 | 10.2 | 51.6 | 47.3 | 1   | 1.9 | 0.61 | 3.9  |
| Decaf Caramel Frappuccino - coconut drink         | Tall   | 1043 | 249 | 12.6 | 9.2  | 31.6 | 30.6 | 1.1 | 1.5 | 0.35 | 1.5  |
| Decaf Caramel Frappuccino - coconut drink         | Grande | 1321 | 316 | 15.9 | 11.6 | 40.1 | 38.7 | 1.3 | 1.9 | 0.44 | 2.6  |
| Decaf Caramel Frappuccino - coconut drink         | Venti  | 1488 | 355 | 16.1 | 11.7 | 49.2 | 47.5 | 1.4 | 2   | 0.54 | 3.9  |
| Decaf Mocha Frappuccino - semi skimmed milk       | Tall   | 948  | 226 | 10.9 | 8.1  | 27.6 | 26.8 | 0.7 | 3.9 | 0.34 | 1.5  |
| Decaf Mocha Frappuccino - semi skimmed milk       | Grande | 1255 | 300 | 14.3 | 10.5 | 37.1 | 35.8 | 1   | 5   | 0.45 | 2.8  |
| Decaf Mocha Frappuccino - semi skimmed milk       | Venti  | 1411 | 336 | 14.4 | 10.6 | 45.4 | 43.7 | 1.3 | 5.2 | 0.54 | 4    |
| Decaf Mocha Frappuccino - whole milk              | Tall   | 993  | 237 | 12.2 | 8.5  | 27.5 | 26.8 | 0.7 | 3.9 | 0.34 | 1.5  |
| Decaf Mocha Frappuccino - whole milk              | Grande | 1308 | 312 | 15.8 | 11   | 37   | 35.8 | 1   | 4.9 | 0.45 | 2.8  |
| Decaf Mocha Frappuccino - whole milk              | Venti  | 1462 | 349 | 15.9 | 11   | 45.3 | 43.6 | 1.3 | 5.2 | 0.54 | 4    |
| Decaf Mocha Frappuccino - skimmed milk            | Tall   | 914  | 218 | 9.9  | 7    | 27.6 | 26.9 | 0.7 | 3.9 | 0.35 | 1.5  |
| Decaf Mocha Frappuccino - skimmed milk            | Grande | 1215 | 290 | 13.1 | 9.3  | 37.2 | 35.9 | 1   | 5   | 0.46 | 2.8  |
| Decaf Mocha Frappuccino - skimmed milk            | Venti  | 1373 | 327 | 13.4 | 9.4  | 45.4 | 43.7 | 1.3 | 5.2 | 0.55 | 4    |
| Decaf Mocha Frappuccino - almond drink            | Tall   | 879  | 211 | 10.5 | 7    | 26.1 | 25.3 | 0.8 | 1.9 | 0.32 | 1.5  |
| Decaf Mocha Frappuccino - almond drink            | Grande | 1174 | 281 | 13.8 | 9.2  | 35.3 | 34.1 | 1.1 | 2.6 | 0.43 | 2.8  |
| Decaf Mocha Frappuccino - almond drink            | Venti  | 1333 | 319 | 14   | 9.4  | 43.7 | 42   | 1.4 | 2.9 | 0.52 | 4    |
| Decaf Mocha Frappuccino - soya drink              | Tall   | 931  | 222 | 11   | 7.1  | 26.2 | 25.3 | 1.1 | 3.8 | 0.34 | 1.5  |
| Decaf Mocha Frappuccino - soya drink              | Grande | 1235 | 295 | 14.4 | 9.4  | 35.5 | 34.1 | 1.4 | 4.8 | 0.45 | 2.8  |
| Decaf Mocha Frappuccino - soya drink              | Venti  | 1392 | 332 | 14.6 | 9.5  | 43.8 | 42   | 1.7 | 5.1 | 0.54 | 4    |
| Decaf Mocha Frappuccino - oat drink               | Tall   | 978  | 234 | 11.8 | 7.1  | 28.9 | 25.9 | 1.4 | 2.1 | 0.36 | 1.5  |
| Decaf Mocha Frappuccino - oat drink               | Grande | 1291 | 308 | 15.3 | 9.4  | 38.7 | 34.7 | 1.8 | 2.8 | 0.47 | 2.8  |
| Decaf Mocha Frappuccino - oat drink               | Venti  | 1445 | 345 | 15.4 | 9.5  | 46.9 | 42.6 | 2   | 3.2 | 0.56 | 4    |
| Decaf Mocha Frappuccino - coconut drink           | Tall   | 933  | 223 | 11.4 | 8.5  | 26.8 | 26   | 1.7 | 2.2 | 0.30 | 1.5  |
| Decaf Mocha Frappuccino - coconut drink           | Grande | 1238 | 296 | 14.9 | 11   | 36.1 | 34.9 | 2.2 | 3   | 0.40 | 2.8  |
| Decaf Mocha Frappuccino - coconut drink           | Venti  | 1395 | 333 | 15   | 11   | 44.5 | 42.7 | 2.4 | 3.3 | 0.50 | 4    |
| Decaf White Mocha Frappuccino - semi skimmed milk | Tall   | 1025 | 244 | 11.2 | 8.5  | 31.7 | 31.2 | 0.1 | 3.8 | 0.41 | 1.6  |
| Decaf White Mocha Frappuccino - semi skimmed milk | Grande | 1421 | 339 | 15   | 11.3 | 45.5 | 44.6 | 0.2 | 5   | 0.57 | 2.9  |
| Decaf White Mocha Frappuccino - semi skimmed milk | Venti  | 1521 | 362 | 15   | 11.2 | 51.5 | 50.3 | 0.3 | 4.9 | 0.65 | 4.1  |
| Decaf White Mocha Frappuccino - whole milk        | Tall   | 1073 | 256 | 12.6 | 8.9  | 31.6 | 31.2 | 0.1 | 3.7 | 0.41 | 1.6  |
| Decaf White Mocha Frappuccino - whole milk        | Grande | 1477 | 352 | 16.6 | 11.8 | 45.4 | 44.5 | 0.2 | 4.9 | 0.56 | 2.9  |
| Decaf White Mocha Frappuccino - whole milk        | Venti  | 1574 | 375 | 16.5 | 11.7 | 51.4 | 50.2 | 0.3 | 4.8 | 0.65 | 4.1  |
| Decaf White Mocha Frappuccino - skimmed milk      | Tall   | 989  | 236 | 10.2 | 7.3  | 31.8 | 31.3 | 0.1 | 3.8 | 0.42 | 1.6  |
| Decaf White Mocha Frappuccino - skimmed milk      | Grande | 1379 | 329 | 13.9 | 10   | 45.6 | 44.7 | 0.2 | 5   | 0.57 | 2.9  |
| Decaf White Mocha Frappuccino - skimmed milk      | Venti  | 1481 | 353 | 13.8 | 9.9  | 51.6 | 50.4 | 0.3 | 4.9 | 0.65 | 4.1  |
| Decaf White Mocha Frappuccino - almond drink      | Tall   | 952  | 228 | 10.9 | 7.3  | 30.1 | 29.6 | 0.3 | 1.7 | 0.39 | 1.6  |
| Decaf White Mocha Frappuccino - almond drink      | Grande | 1336 | 320 | 14.6 | 10   | 43.6 | 42.8 |     |     |      |      |



|   |             |                    |                      |                |                               |                          |                  |                  |                    |                 |                      |
|---|-------------|--------------------|----------------------|----------------|-------------------------------|--------------------------|------------------|------------------|--------------------|-----------------|----------------------|
| Decaf White Mocha Frappuccino - coconut drink                   | Grande      | 1404               | 336                  | 15.7           | 11.8                          | 44.5                     | 43.6             | 1.5              | 2.9                | 0.51            | 2.9                  |
| Decaf White Mocha Frappuccino - coconut drink                   | Venti       | 1504               | 359                  | 15.6           | 11.7                          | 50.6                     | 49.3             | 1.5              | 2.9                | 0.60            | 4.1                  |
| Decaf Java Chip Frappuccino - semi skimmed milk                 | Tall        | 1128               | 269                  | 13.2           | 9.9                           | 32.3                     | 30.3             | 1.3              | 4.5                | 0.38            | 1.5                  |
| Decaf Java Chip Frappuccino - semi skimmed milk                 | Grande      | 1498               | 358                  | 17.4           | 13.1                          | 43.4                     | 40.5             | 1.8              | 5.7                | 0.51            | 2.7                  |
| Decaf Java Chip Frappuccino - semi skimmed milk                 | Venti       | 1703               | 406                  | 18.3           | 13.8                          | 52.7                     | 48.9             | 2.3              | 6.1                | 0.61            | 3.9                  |
| Decaf Java Chip Frappuccino - whole milk                        | Tall        | 1172               | 280                  | 14.4           | 10.3                          | 32.2                     | 30.2             | 1.3              | 4.4                | 0.38            | 1.5                  |
| Decaf Java Chip Frappuccino - whole milk                        | Grande      | 1551               | 370                  | 18.9           | 13.5                          | 43.3                     | 40.4             | 1.8              | 5.6                | 0.51            | 2.7                  |
| Decaf Java Chip Frappuccino - whole milk                        | Venti       | 1753               | 418                  | 19.7           | 14.2                          | 52.6                     | 48.9             | 2.3              | 6                  | 0.60            | 3.9                  |
| Decaf Java Chip Frappuccino - skimmed milk                      | Tall        | 1094               | 261                  | 12.2           | 8.9                           | 32.4                     | 30.4             | 1.3              | 4.5                | 0.38            | 1.5                  |
| Decaf Java Chip Frappuccino - skimmed milk                      | Grande      | 1459               | 348                  | 16.3           | 11.8                          | 43.5                     | 40.6             | 1.8              | 5.7                | 0.51            | 2.7                  |
| Decaf Java Chip Frappuccino - skimmed milk                      | Venti       | 1666               | 398                  | 17.3           | 12.6                          | 52.8                     | 49               | 2.3              | 6.1                | 0.61            | 3.9                  |
| Decaf Java Chip Frappuccino - almond drink                      | Tall        | 1060               | 254                  | 12.8           | 8.9                           | 30.8                     | 28.8             | 1.4              | 2.5                | 0.36            | 1.5                  |
| Decaf Java Chip Frappuccino - almond drink                      | Grande      | 1418               | 340                  | 17             | 11.8                          | 41.7                     | 38.7             | 1.9              | 3.3                | 0.48            | 2.7                  |
| Decaf Java Chip Frappuccino - almond drink                      | Venti       | 1627               | 389                  | 17.9           | 12.6                          | 51                       | 47.3             | 2.4              | 3.8                | 0.58            | 3.9                  |
| Decaf Java Chip Frappuccino - soya drink                        | Tall        | 1111               | 265                  | 13.3           | 9                             | 31                       | 28.8             | 1.7              | 4.3                | 0.38            | 1.5                  |
| Decaf Java Chip Frappuccino - soya drink                        | Grande      | 1478               | 353                  | 17.5           | 12                            | 41.8                     | 38.8             | 2.3              | 5.5                | 0.50            | 2.7                  |
| Decaf Java Chip Frappuccino - soya drink                        | Venti       | 1685               | 402                  | 18.5           | 12.7                          | 51.2                     | 47.3             | 2.7              | 5.9                | 0.60            | 3.9                  |
| Decaf Java Chip Frappuccino - oat drink                         | Tall        | 1157               | 277                  | 14             | 9                             | 33.6                     | 29.4             | 2                | 2.7                | 0.40            | 1.5                  |
| Decaf Java Chip Frappuccino - oat drink                         | Grande      | 1533               | 366                  | 18.4           | 12                            | 45                       | 39.4             | 2.6              | 3.5                | 0.53            | 2.7                  |
| Decaf Java Chip Frappuccino - oat drink                         | Venti       | 1737               | 415                  | 19.3           | 12.7                          | 54.2                     | 47.9             | 3                | 4.1                | 0.62            | 3.9                  |
| Decaf Java Chip Frappuccino - coconut drink                     | Tall        | 1114               | 267                  | 13.7           | 10.3                          | 31.5                     | 29.5             | 2.3              | 2.8                | 0.34            | 1.5                  |
| Decaf Java Chip Frappuccino - coconut drink                     | Grande      | 1481               | 355                  | 18             | 13.5                          | 42.5                     | 39.6             | 3                | 3.7                | 0.46            | 2.7                  |
| Decaf Java Chip Frappuccino - coconut drink                     | Venti       | 1688               | 404                  | 18.9           | 14.2                          | 51.8                     | 48               | 3.4              | 4.2                | 0.56            | 3.9                  |
| <b>Autumn FY24 Promo Beverages UK/IRE - Alternative Coffees</b> | <b>Size</b> | <b>Energy (kJ)</b> | <b>Energy (kcal)</b> | <b>Fat (g)</b> | <b>Of which saturated (g)</b> | <b>Carbohydrates (g)</b> | <b>Sugar (g)</b> | <b>Fibre (g)</b> | <b>Protein (g)</b> | <b>Salt (g)</b> | <b>Caffeine (mg)</b> |
| Decaf Pumpkin Spice Latte - semi skimmed milk                   | Tall        | 880                | 210                  | 8.2            | 6.6                           | 25.8                     | 24.6             | 3.6              | 6.5                | 0.26            | 3.6                  |
| Decaf Pumpkin Spice Latte - semi skimmed milk                   | Grande      | 1118               | 267                  | 9.4            | 7.8                           | 34.1                     | 32.9             | 4.7              | 8.9                | 0.36            | 3.6                  |
| Decaf Pumpkin Spice Latte - semi skimmed milk                   | Venti       | 1426               | 340                  | 11.4           | 9.6                           | 44                       | 42.3             | 5.9              | 12.2               | 0.48            | 5.4                  |
| Decaf Pumpkin Spice Latte - whole milk                          | Tall        | 993                | 237                  | 11.4           | 7.6                           | 25.6                     | 24.4             | 3.6              | 6.4                | 0.26            | 3.6                  |
| Decaf Pumpkin Spice Latte - whole milk                          | Grande      | 1276               | 305                  | 13.9           | 9.2                           | 33.9                     | 32.7             | 4.7              | 8.7                | 0.35            | 3.6                  |
| Decaf Pumpkin Spice Latte - whole milk                          | Venti       | 1644               | 392                  | 17.6           | 11.5                          | 43.7                     | 42               | 5.9              | 11.9               | 0.47            | 5.4                  |
| Decaf Pumpkin Spice Latte - skimmed milk                        | Tall        | 796                | 190                  | 5.8            | 3.9                           | 25.9                     | 24.8             | 3.6              | 6.5                | 0.27            | 3.6                  |
| Decaf Pumpkin Spice Latte - skimmed milk                        | Grande      | 1000               | 238                  | 6.1            | 4.1                           | 34.3                     | 33.1             | 4.7              | 8.9                | 0.37            | 3.6                  |
| Decaf Pumpkin Spice Latte - skimmed milk                        | Venti       | 1264               | 301                  | 6.9            | 4.5                           | 44.4                     | 42.6             | 5.9              | 12.2               | 0.49            | 5.4                  |
| Decaf Pumpkin Spice Latte - almond drink                        | Tall        | 709                | 172                  | 7.3            | 3.9                           | 22                       | 20.8             | 3.9              | 1.5                | 0.20            | 3.6                  |
| Decaf Pumpkin Spice Latte - almond drink                        | Grande      | 877                | 212                  | 8.2            | 4                             | 28.8                     | 27.6             | 5.1              | 1.8                | 0.28            | 3.6                  |
| Decaf Pumpkin Spice Latte - almond drink                        | Venti       | 1095               | 265                  | 9.8            | 4.4                           | 36.8                     | 35               | 6.5              | 2.4                | 0.37            | 5.4                  |
| Decaf Pumpkin Spice Latte - soya drink                          | Tall        | 838                | 200                  | 8.5            | 4.2                           | 22.4                     | 20.9             | 4.6              | 6.2                | 0.25            | 3.6                  |
| Decaf Pumpkin Spice Latte - soya drink                          | Grande      | 1059               | 253                  | 9.9            | 4.5                           | 29.4                     | 27.7             | 6.1              | 8.5                | 0.34            | 3.6                  |
| Decaf Pumpkin Spice Latte - soya drink                          | Venti       | 1345               | 321                  | 12.1           | 5.1                           | 37.6                     | 35.2             | 7.8              | 11.6               | 0.46            | 5.4                  |
| Decaf Pumpkin Spice Latte - oat drink                           | Tall        | 956                | 229                  | 10.4           | 4.2                           | 29.1                     | 22.3             | 5.3              | 2                  | 0.30            | 3.6                  |
| Decaf Pumpkin Spice Latte - oat drink                           | Grande      | 1224               | 293                  | 12.5           | 4.5                           | 38.8                     | 29.6             | 7                | 2.6                | 0.41            | 3.6                  |
| Decaf Pumpkin Spice Latte - oat drink                           | Venti       | 1572               | 376                  | 15.7           | 5.1                           | 50.5                     | 37.8             | 9.1              | 3.5                | 0.55            | 5.4                  |
| Decaf Pumpkin Spice Latte - coconut drink                       | Tall        | 845                | 204                  | 9.5            | 7.6                           | 23.8                     | 22.6             | 6.1              | 2.3                | 0.16            | 3.6                  |
| Decaf Pumpkin Spice Latte - coconut drink                       | Grande      | 1068               | 257                  | 11.3           | 9.2                           | 31.3                     | 30.1             | 8.2              | 3                  | 0.21            | 3.6                  |
| Decaf Pumpkin Spice Latte - coconut drink                       | Venti       | 1358               | 327                  | 14             | 11.6                          | 40.1                     | 38.4             | 10.8             | 4.1                | 0.28            | 5.4                  |
| Blonde Pumpkin Spice Latte - semi skimmed milk                  | Tall        | 794                | 190                  | 8.3            | 6.7                           | 20.7                     | 19.9             | 2.5              | 6.9                | 0.25            | 85.5                 |
| Blonde Pumpkin Spice Latte - semi skimmed milk                  | Grande      | 1024               | 244                  | 9.5            | 7.9                           | 28.8                     | 28               | 3.6              | 9.1                | 0.34            | 85.5                 |
| Blonde Pumpkin Spice Latte - semi skimmed milk                  | Venti       | 1282               | 306                  | 11.1           | 9.3                           | 37.4                     | 36.3             | 4.9              | 11.6               | 0.44            | 128.2                |
| Blonde Pumpkin Spice Latte - whole milk                         | Tall        | 912                | 218                  | 11.6           | 7.8                           | 20.5                     | 19.7             | 2.5              | 6.7                | 0.24            | 85.5                 |
| Blonde Pumpkin Spice Latte - whole milk                         | Grande      | 1185               | 283                  | 14.1           | 9.3                           | 28.5                     | 27.8             | 3.6              | 8.9                | 0.34            | 85.5                 |
| Blonde Pumpkin Spice Latte - whole milk                         | Venti       | 1486               | 355                  | 16.9           | 11.1                          | 37.1                     | 36               | 4.9              | 11.3               | 0.43            | 128.2                |
| Blonde Pumpkin Spice Latte - skimmed milk                       | Tall        | 706                | 169                  | 5.8            | 4                             | 20.8                     | 20.1             | 2.5              | 6.9                | 0.25            | 85.5                 |
| Blonde Pumpkin Spice Latte - skimmed milk                       | Grande      | 903                | 216                  | 6.1            | 4.1                           | 29                       | 28.2             | 3.6              | 9.1                | 0.35            | 85.5                 |
| Blonde Pumpkin Spice Latte - skimmed milk                       | Venti       | 1129               | 269                  | 6.8            | 4.5                           | 37.7                     | 36.6             | 4.9              | 11.6               | 0.44            | 128.2                |
| Blonde Pumpkin Spice Latte - almond drink                       | Tall        | 614                | 149                  | 7.4            | 3.9                           | 16.7                     | 15.9             | 2.9              | 1.6                | 0.19            | 85.5                 |
| Blonde Pumpkin Spice Latte - almond drink                       | Grande      | 778                | 189                  | 8.2            | 4                             | 23.4                     | 22.6             | 4.1              | 1.9                | 0.26            | 85.5                 |
| Blonde Pumpkin Spice Latte - almond drink                       | Venti       | 970                | 236                  | 9.5            | 4.4                           | 30.6                     | 29.4             | 5.5              | 2.4                | 0.33            | 128.2                |
| Blonde Pumpkin Spice Latte - soya drink                         | Tall        | 750                | 179                  | 8.6            | 4.3                           | 17.1                     | 16               | 3.6              | 6.5                | 0.24            | 85.5                 |
| Blonde Pumpkin Spice Latte - soya drink                         | Grande      | 963                | 230                  | 10             | 4.5                           | 24                       | 22.7             | 5.1              | 8.6                | 0.32            | 85.5                 |
| Blonde Pumpkin Spice Latte - soya drink                         | Venti       | 1205               | 288                  | 11.7           | 5                             | 31.3                     | 29.6             | 6.7              | 11                 | 0.41            | 128.2                |
| Blonde Pumpkin Spice Latte - oat drink                          | Tall        | 874                | 209                  | 10.6           | 4.3                           | 24.2                     | 17.4             | 4.3              | 2.1                | 0.29            | 85.5                 |
| Blonde Pumpkin Spice Latte - oat drink                          | Grande      | 1132               | 271                  | 12.6           | 4.5                           | 33.6                     | 24.6             | 6                | 2.6                | 0.40            | 85.5                 |
| Blonde Pumpkin Spice Latte - oat drink                          | Venti       | 1419               | 340                  | 15.1           | 5                             | 43.6                     | 32               | 7.9              | 3.4                | 0.50            | 128.2                |
| Blonde Pumpkin Spice Latte - coconut drink                      | Tall        | 757                | 183                  | 9.7            | 7.8                           | 18.5                     | 17.8             | 5.2              | 2.5                | 0.14            | 85.5                 |
| Blonde Pumpkin Spice Latte - coconut drink                      | Grande      | 973                | 235                  | 11.4           | 9.3                           | 25.9                     | 25.1             | 7.2              | 3.1                | 0.19            | 85.5                 |
| Blonde Pumpkin Spice Latte - coconut drink                      | Venti       | 1217               | 294                  | 13.5           | 11.1                          | 33.8                     | 32.6             | 9.4              | 4                  | 0.25            | 128.2                |
| Decaf Iced Pumpkin Spice Latte - semi skimmed milk              | Tall        | 593                | 141                  | 2.5            | 2.3                           | 22.8                     | 21.6             | 3.6              | 5                  | 0.21            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - semi skimmed milk              | Grande      | 838                | 199                  | 3.8            | 3.6                           | 31.3                     | 30.1             | 4.7              | 7.6                | 0.32            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - semi skimmed milk              | Venti       | 945                | 225                  | 3.9            | 3.6                           | 36.9                     | 35.1             | 5.9              | 7.6                | 0.34            | 5.4                  |
| Decaf Iced Pumpkin Spice Latte - whole milk                     | Tall        | 682                | 162                  | 5              | 3.1                           | 22.6                     | 21.5             | 3.6              | 4.8                | 0.21            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - whole milk                     | Grande      | 977                | 233                  | 7.7            | 4.8                           | 31.1                     | 29.9             | 4.7              | 7.4                | 0.31            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - whole milk                     | Venti       | 1081               | 257                  | 7.7            | 4.8                           | 36.7                     | 34.9             | 5.9              | 7.4                | 0.33            | 5.4                  |
| Decaf Iced Pumpkin Spice Latte - skimmed milk                   | Tall        | 526                | 125                  | 0.6            | 0.2                           | 22.9                     | 21.7             | 3.6              | 5                  | 0.22            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - skimmed milk                   | Grande      | 735                | 175                  | 0.9            | 0.4                           | 31.5                     | 30.4             | 4.7              | 7.6                | 0.32            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - skimmed milk                   | Venti       | 843                | 200                  | 1              | 0.4                           | 37.1                     | 35.3             | 5.9              | 7.6                | 0.34            | 5.4                  |
| Decaf Iced Pumpkin Spice Latte - almond drink                   | Tall        | 457                | 110                  | 1.8            | 0.2                           | 19.8                     | 18.6             | 3.8              | 1                  | 0.17            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - almond drink                   | Grande      | 627                | 152                  | 2.7            | 0.3                           | 26.7                     | 25.5             | 5.1              | 1.3                | 0.24            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - almond drink                   | Venti       | 737                | 178                  | 2.8            | 0.3                           | 32.3                     | 30.6             | 6.3              | 1.5                | 0.27            | 5.4                  |
| Decaf Iced Pumpkin Spice Latte - soya drink                     | Tall        | 559                | 133                  | 2.8            | 0.5                           | 20.1                     | 18.7             | 4.4              | 4.7                | 0.20            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - soya drink                     | Grande      | 787                | 187                  | 4.2            | 0.7                           | 27.2                     | 25.6             | 5.9              | 7.2                | 0.30            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - soya drink                     | Venti       | 894                | 213                  | 4.3            | 0.7                           | 32.8                     | 30.6             | 7.1              | 7.2                | 0.32            | 5.4                  |
| Decaf Iced Pumpkin Spice Latte - oat drink                      | Tall        | 652                | 156                  | 4.2            | 0.5                           | 25.4                     | 19.7             | 4.9              | 1.4                | 0.24            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - oat drink                      | Grande      | 932                | 222                  | 6.5            | 0.7                           | 35.5                     | 27.2             | 6.7              | 2                  | 0.36            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - oat drink                      | Venti       | 1037               | 247                  | 6.5            | 0.7                           | 40.9                     | 32.3             | 7.9              | 2.1                | 0.38            | 5.4                  |
| Decaf Iced Pumpkin Spice Latte - coconut drink                  | Tall        | 565                | 136                  | 3.6            | 3.1                           | 21.2                     | 20               | 5.6              | 1.6                | 0.13            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - coconut drink                  | Grande      | 795                | 191                  | 5.5            | 4.8                           | 28.8                     | 27.7             | 7.8              | 2.4                | 0.19            | 3.6                  |
| Decaf Iced Pumpkin Spice Latte - coconut drink                  | Venti       | 902                | 217                  | 5.5            | 4.8                           | 34.4                     | 32.7             | 9                | 2.5                | 0.21            | 5.4                  |
| Blonde Iced Pumpkin Spice Latte - semi skimmed milk             | Tall        | 508                | 121                  | 2.6            | 2.5                           | 17.7                     | 16.9             | 2.5              | 5.3                | 0.20            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - semi skimmed milk             | Grande      | 759                | 181                  | 4              | 3.8                           | 26.4                     | 25.6             | 3.6              | 8                  | 0.31            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - semi skimmed milk             | Venti       | 876                | 209                  | 4.1            | 3.9                           | 32                       | 30.9             | 4.9              | 8.3                | 0.33            | 128.2                |
| Blonde Iced Pumpkin Spice Latte - whole milk                    | Tall        | 603                | 144                  | 5.3            | 3.3                           | 17.5                     | 16.8             | 2.5              | 5.2                | 0.20            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - whole milk                    | Grande      | 905                | 215                  | 8.1            | 5.1                           | 26.1                     | 25.4             | 3.6              | 7.8                | 0.30            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - whole milk                    | Venti       | 1025               | 244                  | 8.4            | 5.2                           | 31.8                     | 30.7             | 4.9              | 8.1                | 0.33            | 128.2                |
| Blonde Iced Pumpkin Spice Latte - skimmed milk                  | Tall        | 437                | 104                  | 0.6            | 0.2                           | 17.8                     | 17.1             | 2.5              | 5.3                | 0.20            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - skimmed milk                  | Grande      | 650                | 154                  | 0.9            | 0.4                           | 26.6                     | 25.8             | 3.6              | 8                  | 0.31            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - skimmed milk                  | Venti       | 765                | 182                  | 1              | 0.4                           | 32.3                     | 31.1             | 4.9              | 8.3                | 0.34            | 128.2                |
| Blonde Iced Pumpkin Spice Latte - almond drink                  | Tall        | 363                | 88                   | 1.9            | 0.2                           | 14.5                     | 13.7             | 2.8              | 1                  | 0.15            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - almond drink                  | Grande      | 536                | 130                  | 2.8            | 0.3                           | 21.5                     | 20.7             | 4.1              | 1.4                | 0.23            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - almond drink                  | Venti       | 650                | 157                  | 3              | 0.3                           | 27                       | 25.9             | 5.3              | 1.6                | 0.26            | 128.2                |
| Blonde Iced Pumpkin Spice Latte - soya drink                    | Tall        | 472                | 112                  | 2.9            | 0.5                           | 14.8                     | 13.8             | 3.4              | 5                  | 0.19            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - soya drink                    | Grande      | 704                | 167                  | 4.4            | 0.7                           | 22                       | 20.8             | 4.9              | 7.6                | 0.29            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - soya drink                    | Venti       | 821                | 195                  | 4.6            | 0.8                           | 27.6                     | 26               | 6.2              | 7.9                | 0.32            | 128.2                |
| Blonde Iced Pumpkin Spice Latte - oat drink                     | Tall        | 572                | 137                  | 4.5            | 0.5                           | 20.5                     | 14.9             | 3.9              | 1.5                | 0.23            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - oat drink                     | Grande      | 857                | 205                  | 6.8            | 0.7                           | 30.7                     | 22.5             | 5.8              | 2.1                | 0.35            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - oat drink                     | Venti       | 976                | 233                  | 7              | 0.8                           | 36.5                     | 27.8             | 7.1              | 2.3                | 0.38            | 128.2                |
| Blonde Iced Pumpkin Spice Latte - coconut drink                 | Tall        | 478                | 115                  | 3.8            | 3.3                           | 16                       | 15.2             | 4.6              | 1.8                | 0.11            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - coconut drink                 | Grande      | 713                | 172                  | 5.7            | 5.1                           | 23.7                     | 23               | 6.9              | 2.5                | 0.17            | 85.5                 |
| Blonde Iced Pumpkin Spice Latte - coconut drink                 | Venti       | 830                | 200                  | 5.9            | 5.2                           | 29.4                     | 28.2             | 8.2              | 2.7                | 0.19            | 128.2                |
| Decaf Salted Maple & Caramel Latte - semi skimmed milk          | Tall        | 769                | 182                  | 3.8            | 3.6                           | 29.7                     | 28.5             | 0.3              | 7.3                | 0.30            | 3.6                  |
| Decaf Salted Maple & Caramel Latte - semi skimmed milk          | Grande      | 1011               | 239                  | 5              | 4.8                           | 38.6                     | 37.4             | 0.3              | 9.9                | 0.40            | 3.6                  |
| Decaf Salted Maple & Caramel Latte - semi skimmed milk          | Venti       | 1287               | 305                  | 6.5            | 6.2                           | 48.5                     | 46.8             | 0.4              | 12.9               | 0.52            |                      |

|  |        |      |     |      |      |      |      |     |      |      |       |
|--|--------|------|-----|------|------|------|------|-----|------|------|-------|
| Decaf Salted Maple & Caramel Latte - almond drink                | Grande | 732  | 176 | 3.6  | 0.4  | 32.5 | 31.3 | 0.8 | 1.7  | 0.31 | 3.6   |
| Decaf Salted Maple & Caramel Latte - almond drink                | Venti  | 924  | 223 | 4.6  | 0.5  | 40.6 | 38.8 | 1.1 | 2.2  | 0.40 | 5.4   |
| Decaf Salted Maple & Caramel Latte - soya drink                  | Tall   | 719  | 170 | 4.2  | 0.8  | 25.7 | 24.1 | 1.5 | 6.9  | 0.28 | 3.6   |
| Decaf Salted Maple & Caramel Latte - soya drink                  | Grande | 942  | 223 | 5.6  | 1    | 33.1 | 31.4 | 1.9 | 9.3  | 0.38 | 3.6   |
| Decaf Salted Maple & Caramel Latte - soya drink                  | Venti  | 1198 | 284 | 7.2  | 1.3  | 41.4 | 39   | 2.5 | 12.2 | 0.49 | 5.4   |
| Decaf Salted Maple & Caramel Latte - oat drink                   | Tall   | 859  | 204 | 6.4  | 0.8  | 33.7 | 25.7 | 2.3 | 1.9  | 0.34 | 3.6   |
| Decaf Salted Maple & Caramel Latte - oat drink                   | Grande | 1134 | 270 | 8.6  | 1    | 44.1 | 33.6 | 3   | 2.5  | 0.47 | 3.6   |
| Decaf Salted Maple & Caramel Latte - oat drink                   | Venti  | 1448 | 344 | 11.1 | 1.3  | 55.7 | 41.8 | 4   | 3.3  | 0.60 | 5.4   |
| Decaf Salted Maple & Caramel Latte - coconut drink               | Tall   | 727  | 174 | 5.4  | 4.8  | 27.3 | 26.1 | 3.3 | 2.3  | 0.17 | 3.6   |
| Decaf Salted Maple & Caramel Latte - coconut drink               | Grande | 953  | 228 | 7.2  | 6.5  | 35.3 | 34.1 | 4.4 | 3.1  | 0.23 | 3.6   |
| Decaf Salted Maple & Caramel Latte - coconut drink               | Venti  | 1212 | 291 | 9.3  | 8.4  | 44.3 | 42.5 | 5.7 | 4    | 0.30 | 5.4   |
| Signature Salted Maple & Caramel Latte - semi skimmed milk       | Tall   | 767  | 182 | 3.8  | 3.6  | 29.4 | 28.5 | 0.3 | 7.4  | 0.30 | 89.1  |
| Signature Salted Maple & Caramel Latte - semi skimmed milk       | Grande | 1009 | 239 | 5    | 4.8  | 38.3 | 37.4 | 0.3 | 10   | 0.40 | 89.1  |
| Signature Salted Maple & Caramel Latte - semi skimmed milk       | Venti  | 1284 | 304 | 6.5  | 6.2  | 48.1 | 46.8 | 0.5 | 13.1 | 0.52 | 133.7 |
| Signature Salted Maple & Caramel Latte - whole milk              | Tall   | 901  | 214 | 7.6  | 4.7  | 29.2 | 28.3 | 0.3 | 7.2  | 0.29 | 89.1  |
| Signature Salted Maple & Caramel Latte - whole milk              | Grande | 1192 | 283 | 10.2 | 6.4  | 38.1 | 37.1 | 0.3 | 9.8  | 0.40 | 89.1  |
| Signature Salted Maple & Caramel Latte - whole milk              | Venti  | 1523 | 361 | 13.3 | 8.3  | 47.8 | 46.4 | 0.5 | 12.8 | 0.51 | 133.7 |
| Signature Salted Maple & Caramel Latte - skimmed milk            | Tall   | 667  | 158 | 0.9  | 0.4  | 29.6 | 28.7 | 0.3 | 7.4  | 0.30 | 89.1  |
| Signature Salted Maple & Caramel Latte - skimmed milk            | Grande | 872  | 206 | 1.2  | 0.5  | 38.6 | 37.7 | 0.3 | 10   | 0.41 | 89.1  |
| Signature Salted Maple & Caramel Latte - skimmed milk            | Venti  | 1106 | 262 | 1.5  | 0.7  | 48.5 | 47.1 | 0.5 | 13.1 | 0.53 | 133.7 |
| Signature Salted Maple & Caramel Latte - almond drink            | Tall   | 563  | 136 | 2.7  | 0.4  | 24.9 | 24   | 0.7 | 1.4  | 0.23 | 89.1  |
| Signature Salted Maple & Caramel Latte - almond drink            | Grande | 730  | 176 | 3.6  | 0.4  | 32.2 | 31.2 | 0.9 | 1.8  | 0.31 | 89.1  |
| Signature Salted Maple & Caramel Latte - almond drink            | Venti  | 921  | 222 | 4.6  | 0.5  | 40.1 | 38.8 | 1.2 | 2.4  | 0.40 | 133.7 |
| Signature Salted Maple & Caramel Latte - soya drink              | Tall   | 717  | 170 | 4.2  | 0.8  | 25.4 | 24.1 | 1.5 | 7    | 0.28 | 89.1  |
| Signature Salted Maple & Caramel Latte - soya drink              | Grande | 941  | 223 | 5.6  | 1    | 32.9 | 31.4 | 2   | 9.5  | 0.38 | 89.1  |
| Signature Salted Maple & Caramel Latte - soya drink              | Venti  | 1195 | 283 | 7.2  | 1.3  | 41   | 38.9 | 2.6 | 12.4 | 0.49 | 133.7 |
| Signature Salted Maple & Caramel Latte - oat drink               | Tall   | 857  | 204 | 6.4  | 0.8  | 33.4 | 25.7 | 2.3 | 2    | 0.34 | 89.1  |
| Signature Salted Maple & Caramel Latte - oat drink               | Grande | 1132 | 269 | 8.6  | 1    | 43.8 | 33.5 | 3.1 | 2.6  | 0.47 | 89.1  |
| Signature Salted Maple & Caramel Latte - oat drink               | Venti  | 1445 | 344 | 11.1 | 1.3  | 55.3 | 41.8 | 4   | 3.5  | 0.60 | 133.7 |
| Signature Salted Maple & Caramel Latte - coconut drink           | Tall   | 725  | 174 | 5.4  | 4.8  | 27   | 26.1 | 3.3 | 2.4  | 0.17 | 89.1  |
| Signature Salted Maple & Caramel Latte - coconut drink           | Grande | 952  | 228 | 7.2  | 6.5  | 35   | 34.1 | 4.4 | 3.2  | 0.23 | 89.1  |
| Signature Salted Maple & Caramel Latte - coconut drink           | Venti  | 1210 | 290 | 9.3  | 8.4  | 43.9 | 42.5 | 5.8 | 4.2  | 0.30 | 133.7 |
| Decaf Iced Salted Maple & Caramel Latte - semi skimmed milk      | Tall   | 634  | 150 | 2.6  | 2.4  | 26.5 | 25.3 | 0.3 | 5    | 0.23 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - semi skimmed milk      | Grande | 876  | 207 | 3.9  | 3.7  | 35.5 | 34.3 | 0.3 | 7.6  | 0.33 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - semi skimmed milk      | Venti  | 979  | 232 | 3.9  | 3.7  | 41.4 | 39.6 | 0.4 | 7.6  | 0.36 | 5.4   |
| Decaf Iced Salted Maple & Caramel Latte - whole milk             | Tall   | 723  | 171 | 5.1  | 3.2  | 26.4 | 25.2 | 0.3 | 4.8  | 0.22 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - whole milk             | Grande | 1015 | 240 | 7.8  | 4.9  | 35.3 | 34.1 | 0.3 | 7.3  | 0.33 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - whole milk             | Venti  | 1115 | 264 | 7.8  | 4.9  | 41.2 | 39.4 | 0.4 | 7.4  | 0.35 | 5.4   |
| Decaf Iced Salted Maple & Caramel Latte - skimmed milk           | Tall   | 567  | 134 | 0.7  | 0.3  | 26.7 | 25.5 | 0.3 | 5    | 0.23 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - skimmed milk           | Grande | 773  | 183 | 1    | 0.4  | 35.7 | 34.5 | 0.3 | 7.6  | 0.34 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - skimmed milk           | Venti  | 877  | 207 | 1    | 0.5  | 41.6 | 39.8 | 0.4 | 7.6  | 0.36 | 5.4   |
| Decaf Iced Salted Maple & Caramel Latte - almond drink           | Tall   | 498  | 119 | 1.9  | 0.3  | 23.5 | 22.4 | 0.5 | 1    | 0.18 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - almond drink           | Grande | 665  | 160 | 2.8  | 0.4  | 30.8 | 29.6 | 0.7 | 1.3  | 0.26 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - almond drink           | Venti  | 771  | 185 | 2.8  | 0.4  | 36.8 | 35.1 | 0.8 | 1.5  | 0.29 | 5.4   |
| Decaf Iced Salted Maple & Caramel Latte - soya drink             | Tall   | 600  | 142 | 2.9  | 0.6  | 23.9 | 22.4 | 1.1 | 4.7  | 0.22 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - soya drink             | Grande | 824  | 195 | 4.3  | 0.8  | 31.3 | 29.7 | 1.5 | 7.1  | 0.32 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - soya drink             | Venti  | 928  | 219 | 4.3  | 0.8  | 37.3 | 35.1 | 1.6 | 7.2  | 0.34 | 5.4   |
| Decaf Iced Salted Maple & Caramel Latte - oat drink              | Tall   | 693  | 165 | 4.3  | 0.6  | 29.2 | 23.5 | 1.6 | 1.4  | 0.26 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - oat drink              | Grande | 969  | 230 | 6.6  | 0.8  | 39.6 | 31.4 | 2.3 | 2    | 0.38 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - oat drink              | Venti  | 1071 | 254 | 6.6  | 0.8  | 45.4 | 36.8 | 2.4 | 2.1  | 0.40 | 5.4   |
| Decaf Iced Salted Maple & Caramel Latte - coconut drink          | Tall   | 606  | 145 | 3.7  | 3.2  | 24.9 | 23.7 | 2.3 | 1.6  | 0.14 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - coconut drink          | Grande | 833  | 199 | 5.5  | 4.9  | 33   | 31.8 | 3.4 | 2.4  | 0.20 | 3.6   |
| Decaf Iced Salted Maple & Caramel Latte - coconut drink          | Venti  | 936  | 224 | 5.5  | 4.9  | 38.9 | 37.2 | 3.4 | 2.5  | 0.23 | 5.4   |
| Signature Iced Salted Maple & Caramel Latte - semi skimmed milk  | Tall   | 632  | 150 | 2.6  | 2.4  | 26.3 | 25.3 | 0.3 | 5.1  | 0.23 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - semi skimmed milk  | Grande | 874  | 207 | 3.9  | 3.7  | 35.2 | 34.2 | 0.3 | 7.7  | 0.33 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - semi skimmed milk  | Venti  | 976  | 231 | 3.9  | 3.7  | 41   | 39.6 | 0.5 | 7.8  | 0.36 | 133.7 |
| Signature Iced Salted Maple & Caramel Latte - whole milk         | Tall   | 721  | 171 | 5.1  | 3.2  | 26.1 | 25.2 | 0.3 | 5    | 0.22 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - whole milk         | Grande | 1013 | 240 | 7.8  | 4.9  | 35   | 34   | 0.3 | 7.5  | 0.33 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - whole milk         | Venti  | 1113 | 264 | 7.8  | 4.9  | 40.8 | 39.4 | 0.5 | 7.6  | 0.35 | 133.7 |
| Signature Iced Salted Maple & Caramel Latte - skimmed milk       | Tall   | 565  | 134 | 0.7  | 0.3  | 26.4 | 25.5 | 0.3 | 5.1  | 0.23 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - skimmed milk       | Grande | 771  | 182 | 1    | 0.4  | 35.4 | 34.4 | 0.3 | 7.7  | 0.34 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - skimmed milk       | Venti  | 874  | 207 | 1    | 0.5  | 41.2 | 39.8 | 0.5 | 7.8  | 0.36 | 133.7 |
| Signature Iced Salted Maple & Caramel Latte - almond drink       | Tall   | 496  | 119 | 1.9  | 0.3  | 23.3 | 22.3 | 0.6 | 1.1  | 0.18 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - almond drink       | Grande | 663  | 159 | 2.8  | 0.4  | 30.6 | 29.6 | 0.7 | 1.5  | 0.26 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - almond drink       | Venti  | 768  | 184 | 2.8  | 0.4  | 36.4 | 35   | 0.9 | 1.7  | 0.29 | 133.7 |
| Signature Iced Salted Maple & Caramel Latte - soya drink         | Tall   | 598  | 142 | 2.9  | 0.6  | 23.6 | 22.4 | 1.1 | 4.8  | 0.22 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - soya drink         | Grande | 822  | 195 | 4.3  | 0.8  | 31.1 | 29.7 | 1.6 | 7.3  | 0.32 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - soya drink         | Venti  | 925  | 219 | 4.3  | 0.8  | 36.9 | 35.1 | 1.7 | 7.4  | 0.34 | 133.7 |
| Signature Iced Salted Maple & Caramel Latte - oat drink          | Tall   | 692  | 164 | 4.3  | 0.6  | 28.9 | 23.5 | 1.6 | 1.5  | 0.26 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - oat drink          | Grande | 967  | 230 | 6.6  | 0.8  | 39.3 | 31.3 | 2.4 | 2.1  | 0.38 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - oat drink          | Venti  | 1068 | 253 | 6.6  | 0.8  | 45   | 36.7 | 2.5 | 2.3  | 0.40 | 133.7 |
| Signature Iced Salted Maple & Caramel Latte - coconut drink      | Tall   | 604  | 144 | 3.7  | 3.2  | 24.7 | 23.7 | 2.3 | 1.8  | 0.14 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - coconut drink      | Grande | 831  | 199 | 5.5  | 4.9  | 32.7 | 31.8 | 3.4 | 2.5  | 0.20 | 89.1  |
| Signature Iced Salted Maple & Caramel Latte - coconut drink      | Venti  | 933  | 223 | 5.5  | 4.9  | 38.5 | 37.2 | 3.5 | 2.7  | 0.23 | 133.7 |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - semi skimmed milk | Tall   | 899  | 215 | 11.1 | 7.3  | 24.9 | 23.3 | 1.4 | 3.3  | 0.13 | 3.6   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - semi skimmed milk | Grande | 1062 | 254 | 12.2 | 8.2  | 30.8 | 28.5 | 1.5 | 4.4  | 0.17 | 5.4   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - semi skimmed milk | Venti  | 1216 | 291 | 13.7 | 9.1  | 36.2 | 33.3 | 1.8 | 4.8  | 0.18 | 7.2   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - whole milk        | Tall   | 946  | 226 | 12.4 | 7.7  | 24.9 | 23.2 | 1.4 | 3.2  | 0.13 | 3.6   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - whole milk        | Grande | 1128 | 270 | 14.1 | 8.8  | 30.7 | 28.4 | 1.5 | 4.3  | 0.16 | 5.4   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - whole milk        | Venti  | 1284 | 307 | 15.6 | 9.7  | 36.1 | 33.2 | 1.8 | 4.7  | 0.18 | 7.2   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - skimmed milk      | Tall   | 864  | 207 | 10.1 | 6.2  | 25   | 23.3 | 1.4 | 3.3  | 0.13 | 3.6   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - skimmed milk      | Grande | 1013 | 242 | 10.9 | 6.7  | 30.9 | 28.6 | 1.5 | 4.4  | 0.17 | 5.4   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - skimmed milk      | Venti  | 1165 | 278 | 12.2 | 7.5  | 36.3 | 33.4 | 1.8 | 4.8  | 0.18 | 7.2   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - almond drink      | Tall   | 828  | 199 | 10.7 | 6.2  | 23.4 | 21.7 | 1.5 | 1.2  | 0.11 | 3.6   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - almond drink      | Grande | 962  | 231 | 11.7 | 6.6  | 28.6 | 26.3 | 1.7 | 1.5  | 0.13 | 5.4   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - almond drink      | Venti  | 1112 | 267 | 13.1 | 7.5  | 33.9 | 31   | 2   | 1.7  | 0.14 | 7.2   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - soya drink        | Tall   | 881  | 211 | 11.2 | 6.3  | 23.5 | 21.7 | 1.8 | 3.1  | 0.13 | 3.6   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - soya drink        | Grande | 1038 | 248 | 12.4 | 6.8  | 28.8 | 26.3 | 2.1 | 4.2  | 0.16 | 5.4   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - soya drink        | Venti  | 1190 | 285 | 13.9 | 7.7  | 34.2 | 31   | 2.4 | 4.6  | 0.17 | 7.2   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - oat drink         | Tall   | 930  | 223 | 12   | 6.3  | 26.3 | 22.3 | 2.1 | 1.4  | 0.15 | 3.6   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - oat drink         | Grande | 1106 | 265 | 13.5 | 6.8  | 32.7 | 27.1 | 2.5 | 1.8  | 0.19 | 5.4   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - oat drink         | Venti  | 1262 | 302 | 15   | 7.7  | 38.2 | 31.9 | 2.8 | 2    | 0.20 | 7.2   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - coconut drink     | Tall   | 884  | 212 | 11.6 | 7.7  | 24.1 | 22.4 | 2.4 | 1.5  | 0.09 | 3.6   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - coconut drink     | Grande | 1042 | 250 | 13   | 8.8  | 29.6 | 27.3 | 3   | 2    | 0.11 | 5.4   |
| Decaf Pumpkin Cream Iced Oat Shaken Espresso - coconut drink     | Venti  | 1194 | 287 | 14.5 | 9.7  | 35   | 32.1 | 3.3 | 2.2  | 0.12 | 7.2   |
| Decaf Pumpkin Spice Frappuccino® - semi skimmed milk             | Tall   | 1053 | 251 | 10.6 | 7.9  | 34.3 | 33.8 | 2.2 | 3.4  | 0.41 | 1.7   |
| Decaf Pumpkin Spice Frappuccino® - semi skimmed milk             | Grande | 1404 | 335 | 13.8 | 10.3 | 46.6 | 45.6 | 3   | 4.2  | 0.55 | 3     |
| Decaf Pumpkin Spice Frappuccino® - semi skimmed milk             | Venti  | 1594 | 380 | 13.8 | 10.2 | 57.3 | 55.9 | 3.9 | 4.1  | 0.66 | 4.4   |
| Decaf Pumpkin Spice Frappuccino® - whole milk                    | Tall   | 1103 | 263 | 12   | 8.3  | 34.3 | 33.7 | 2.2 | 3.3  | 0.41 | 1.7   |
| Decaf Pumpkin Spice Frappuccino® - whole milk                    | Grande | 1463 | 349 | 15.5 | 10.8 | 46.5 | 45.5 | 3   | 4.1  | 0.55 | 3     |
| Decaf Pumpkin Spice Frappuccino® - whole milk                    | Venti  | 1650 | 393 | 15.4 | 10.7 | 57.2 | 55.8 | 3.9 | 4    | 0.66 | 4.4   |
| Decaf Pumpkin Spice Frappuccino® - skimmed milk                  | Tall   | 1017 | 242 | 9.5  | 6.7  | 34.4 | 33.8 | 2.2 | 3.4  | 0.42 | 1.7   |
| Decaf Pumpkin Spice Frappuccino® - skimmed milk                  | Grande | 1360 | 324 | 12.6 | 8.9  | 46.7 | 45.7 | 3   | 4.2  | 0.55 | 3     |
| Decaf Pumpkin Spice Frappuccino® - skimmed milk                  | Venti  | 1552 | 370 | 12.7 | 8.9  | 57.4 | 56   | 3.9 | 4.1  | 0.67 | 4.4   |
| Decaf Pumpkin Spice Frappuccino® - almond drink                  | Tall   | 978  | 234 | 10.2 | 6.7  | 32.7 | 32.1 | 2.3 | 1.1  | 0.39 | 1.7   |
| Decaf Pumpkin Spice Frappuccino® - almond drink                  | Grande | 1315 | 315 | 13.4 | 8.9  | 44.6 | 43.6 | 3.2 | 1.5  | 0.52 | 3     |
| Decaf Pumpkin Spice Frappuccino® - almond drink                  | Venti  | 1509 | 361 | 13.4 | 8.9  | 55.4 | 54   | 4   | 1.6  | 0.64 | 4.4   |
| Decaf Pumpkin Spice Frappuccino® - soya drink                    | Tall   | 1035 |     |      |      |      |      |     |      |      |       |