

Summer FY24 IRE BEVERAGE NUTRITIONAL INFORMATION

please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.



Menu Item	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates(g)	Of which Sugar(g)	Fibre (g)	Protein (g)	Salt(g)	Caffeine (mg)
<b>Espresso Drinks</b>											
Americano	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Americano	Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Caffe Latte - semi skimmed milk	Tall	533	127	4.3	4.2	12.4	11.5	0.2	9.4	0.32	66.2
Caffe Latte - semi skimmed milk	Grande	650	155	5.3	5.2	15.1	14.3	0.2	11.5	0.38	66.2
Caffe Latte - semi skimmed milk	Venti	879	209	7.2	6.9	20.4	19.1	0.3	15.5	0.52	99.2
Caffe Latte - whole milk	Tall	695	166	9	5.6	12.1	11.3	0.2	9.2	0.31	66.2
Caffe Latte - whole milk	Grande	852	203	11	6.9	14.8	14	0.2	11.2	0.37	66.2
Caffe Latte - whole milk	Venti	1149	273	14.8	9.3	20	18.7	0.3	15.1	0.51	99.2
Caffe Latte - skimmed milk	Tall	412	98	1	0.4	12.6	11.8	0.2	9.4	0.32	66.2
Caffe Latte - skimmed milk	Grande	500	119	1.1	0.4	15.4	14.6	0.2	11.5	0.39	66.2
Caffe Latte - skimmed milk	Venti	677	161	1.5	0.6	20.8	19.5	0.3	15.5	0.53	99.2
Caffe Latte - almond drink	Tall	286	71	3.1	0.3	6.9	6.1	0.7	2.1	0.23	66.2
Caffe Latte - almond drink	Grande	344	85	3.8	0.3	8.4	7.5	0.8	2.4	0.27	66.2
Caffe Latte - almond drink	Venti	468	116	5.1	0.5	11.4	10.1	1.1	3.4	0.38	99.2
Caffe Latte - soya drink	Tall	472	112	4.8	0.8	7.5	6.2	1.7	8.9	0.30	66.2
Caffe Latte - soya drink	Grande	575	137	5.9	0.9	9.1	7.6	2	10.9	0.36	66.2
Caffe Latte - soya drink	Venti	778	185	8	1.3	12.4	10.3	2.8	14.7	0.49	99.2
Caffe Latte - oat drink	Tall	642	153	7.5	0.8	17.2	8.1	2.6	2.9	0.37	66.2
Caffe Latte - oat drink	Grande	785	188	9.2	0.9	21.1	10.1	3.2	3.3	0.45	66.2
Caffe Latte - oat drink	Venti	1060	253	12.4	1.3	28.5	13.5	4.4	4.6	0.61	99.2
Caffe Latte - coconut drink	Tall	482	117	6.3	5.6	9.5	8.6	3.9	3.4	0.51	66.2
Caffe Latte - coconut drink	Grande	587	143	7.7	7	11.5	10.7	4.7	3.9	0.62	66.2
Caffe Latte - coconut drink	Venti	794	193	10.4	9.3	15.6	14.3	6.4	5.4	0.84	99.2
Latte Macchiato - semi skimmed milk	Tall	490	116	4	3.8	11.4	10.5	0.2	8.7	0.29	66.2
Latte Macchiato - semi skimmed milk	Grande	630	150	5.2	5	14.6	13.8	0.2	11.1	0.37	66.2
Latte Macchiato - semi skimmed milk	Venti	836	199	6.8	6.6	19.4	18.1	0.3	14.8	0.49	99.2
Latte Macchiato - whole milk	Tall	638	152	8.2	5.1	11.2	10.3	0.2	8.5	0.29	66.2
Latte Macchiato - whole milk	Grande	825	196	10.7	6.7	14.4	13.5	0.2	10.8	0.36	66.2
Latte Macchiato - whole milk	Venti	1092	260	14.1	8.8	19	17.8	0.3	14.4	0.49	99.2
Latte Macchiato - skimmed milk	Tall	379	90	0.9	0.3	11.6	10.7	0.2	8.7	0.30	66.2
Latte Macchiato - skimmed milk	Grande	485	115	1.1	0.4	14.9	14.1	0.2	11.1	0.38	66.2
Latte Macchiato - skimmed milk	Venti	645	153	1.5	0.6	19.8	18.5	0.3	14.8	0.50	99.2
Latte Macchiato - almond drink	Tall	264	66	2.8	0.3	6.4	5.6	0.7	2	0.22	66.2
Latte Macchiato - almond drink	Grande	334	83	3.7	0.3	8.1	7.3	0.8	2.4	0.27	66.2
Latte Macchiato - almond drink	Venti	447	111	4.8	0.4	10.9	9.6	1.1	3.3	0.36	99.2
Latte Macchiato - soya drink	Tall	435	103	4.4	0.7	7	5.7	1.6	8.2	0.28	66.2
Latte Macchiato - soya drink	Grande	557	132	5.7	0.9	8.8	7.4	2	10.5	0.35	66.2
Latte Macchiato - soya drink	Venti	740	176	7.6	1.2	11.8	9.7	2.6	14	0.47	99.2
Latte Macchiato - oat drink	Tall	589	141	6.9	0.7	15.8	7.4	2.4	2.7	0.34	66.2
Latte Macchiato - oat drink	Grande	761	182	8.9	0.9	20.5	9.7	3.1	3.3	0.43	66.2
Latte Macchiato - oat drink	Venti	1008	241	11.8	1.2	27.1	12.8	4.2	4.5	0.58	99.2
Latte Macchiato - coconut drink	Tall	443	108	5.8	5.1	8.7	7.9	3.5	3.2	0.47	66.2
Latte Macchiato - coconut drink	Grande	569	138	7.5	6.7	11.2	10.3	4.6	3.8	0.60	66.2
Latte Macchiato - coconut drink	Venti	756	183	9.9	8.8	14.8	13.6	6.1	5.2	0.80	99.2
Freshly Brewed Coffee	Tall	145	36	1.8	0.4	1.4	0.4	1.8	2.2	0.45	104.9

Freshly Brewed Coffee	Grande	176	44	2.2	0.4	1.8	0.4	2.2	2.6	0.55	127.3
Freshly Brewed Coffee	Venti	224	56	2.8	0.6	2.2	0.6	2.8	3.4	0.70	162.1
Espresso Doppio	Doppio	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Espresso	Single	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Espresso Con Panna - Doppio	Double	218	53	4.3	3	2.1	1.2	0.2	1.2	0.07	66.2
Espresso Con Panna	Single	197	48	4.2	3	1.6	1.2	0.1	0.8	0.04	33.1
Espresso Macchiato - semi skimmed milk	Single	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - whole milk	Single	36	9	0.3	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - skimmed milk	Single	30	7	0.1	0	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - almond drink	Single	27	7	0.2	0	0.6	0.2	0.1	0.5	0.03	33.1
Espresso Macchiato - soya drink	Single	31	7	0.2	0	0.6	0.2	0.1	0.6	0.03	33.1
Espresso Macchiato - oat drink	Single	35	8	0.3	0	0.9	0.2	0.2	0.5	0.04	33.1
Espresso Macchiato - coconut drink	Single	31	8	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33.1
Espresso Macchiato - Doppio - semi skimmed milk	Double	76	18	0.5	0.3	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - whole milk	Double	87	21	0.8	0.4	1.7	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - skimmed milk	Double	68	16	0.3	0.1	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - almond drink	Double	60	14	0.4	0.1	1.4	0.5	0.3	1	0.07	66.2
Espresso Macchiato - Doppio - soya drink	Double	72	17	0.5	0.1	1.4	0.5	0.3	1.5	0.07	66.2
Espresso Macchiato - Doppio - oat drink	Double	83	20	0.7	0.1	2.1	0.7	0.4	1.1	0.08	66.2
Espresso Macchiato - Doppio - coconut drink	Double	73	18	0.6	0.4	1.6	0.7	0.5	1.1	0.09	66.2
Cortado - semi skimmed milk	Short	228	54	1.7	1.7	6	4.6	0	3.9	0.11	106.6
Cortado - whole milk	Short	292	69	3.5	2.2	5.9	4.5	0	3.8	0.10	106.6
Cortado - skimmed milk	Short	180	43	0.3	0.2	6.1	4.7	0	3.9	0.11	106.6
Cortado - almond drink	Short	130	32	1.2	0.1	3.8	2.4	0.2	1	0.07	106.6
Cortado - soya drink	Short	204	48	1.9	0.3	4.1	2.5	0.6	3.7	0.10	106.6
Cortado - oat drink	Short	271	65	2.9	0.3	7.9	3.2	1	1.3	0.13	106.6
Cortado - coconut drink	Short	208	50	2.5	2.3	4.8	3.4	1.4	1.5	0.18	106.6
Cappuccino - semi skimmed milk	Tall	446	106	3.6	3.4	10.4	9.5	0.2	7.9	0.27	66.2
Cappuccino - semi skimmed milk	Grande	560	133	4.6	4.4	13	12.2	0.2	9.9	0.33	66.2
Cappuccino - semi skimmed milk	Venti	729	173	5.9	5.7	16.9	15.7	0.3	12.9	0.44	99.2
Cappuccino - whole milk	Tall	579	138	7.4	4.6	10.2	9.3	0.2	7.7	0.27	66.2
Cappuccino - whole milk	Grande	731	174	9.4	5.9	12.7	11.9	0.2	9.6	0.32	66.2
Cappuccino - whole milk	Venti	950	226	12.2	7.6	16.6	15.3	0.3	12.6	0.43	99.2
Cappuccino - skimmed milk	Tall	346	82	0.8	0.3	10.6	9.7	0.2	7.9	0.28	66.2
Cappuccino - skimmed milk	Grande	432	102	1	0.4	13.3	12.4	0.2	9.9	0.34	66.2
Cappuccino - skimmed milk	Venti	565	134	1.3	0.5	17.3	16	0.3	12.9	0.45	99.2
Cappuccino - almond drink	Tall	243	60	2.6	0.2	5.9	5	0.6	1.9	0.20	66.2
Cappuccino - almond drink	Grande	299	74	3.2	0.3	7.3	6.4	0.7	2.2	0.24	66.2
Cappuccino - almond drink	Venti	394	98	4.2	0.4	9.6	8.3	1	3	0.32	99.2
Cappuccino - soya drink	Tall	396	94	4	0.6	6.4	5.1	1.4	7.5	0.26	66.2
Cappuccino - soya drink	Grande	496	118	5.1	0.8	7.9	6.5	1.8	9.4	0.31	66.2
Cappuccino - soya drink	Venti	647	154	6.6	1.1	10.4	8.4	2.3	12.3	0.41	99.2
Cappuccino - oat drink	Tall	536	128	6.2	0.6	14.3	6.7	2.2	2.5	0.32	66.2
Cappuccino - oat drink	Grande	675	161	7.9	0.8	18.1	8.6	2.8	3	0.39	66.2
Cappuccino - oat drink	Venti	877	210	10.2	1.1	23.5	11.1	3.6	4	0.51	99.2
Cappuccino - coconut drink	Tall	404	98	5.2	4.6	8	7.1	3.2	2.9	0.43	66.2
Cappuccino - coconut drink	Grande	506	123	6.6	5.9	9.9	9.1	4.1	3.5	0.54	66.2
Cappuccino - coconut drink	Venti	660	160	8.6	7.6	13	11.7	5.3	4.7	0.70	99.2
Misto - semi skimmed milk	Tall	331	80	3.1	2.3	6.7	6.1	1	5.6	0.38	57.4
Misto - semi skimmed milk	Grande	432	104	4	3.1	8.8	8.1	1.2	7.3	0.48	68.7
Misto - semi skimmed milk	Venti	564	135	5.2	4.1	11.6	10.8	1.4	9.5	0.59	81.7
Misto - whole milk	Tall	415	100	5.5	3.1	6.5	5.9	1	5.4	0.38	57.4
Misto - whole milk	Grande	544	131	7.2	4.1	8.6	7.9	1.2	7.1	0.47	68.7
Misto - whole milk	Venti	714	171	9.5	5.4	11.4	10.6	1.4	9.3	0.59	81.7
Misto - skimmed milk	Tall	269	65	1.4	0.4	6.8	6.2	1	5.6	0.38	57.4
Misto - skimmed milk	Grande	349	84	1.7	0.5	9	8.3	1.2	7.3	0.48	68.7

Misto - skimmed milk	Venti	452	109	2.1	0.6	11.9	11	1.4	9.5	0.60	81.7
Misto - almond drink	Tall	204	51	2.5	0.3	3.9	3.3	1.2	1.8	0.34	57.4
Misto - almond drink	Grande	262	65	3.2	0.4	5.1	4.3	1.5	2.2	0.42	68.7
Misto - almond drink	Venti	336	84	4	0.5	6.6	5.8	1.8	2.8	0.51	81.7
Misto - soya drink	Tall	300	72	3.4	0.6	4.2	3.3	1.7	5.3	0.37	57.4
Misto - soya drink	Grande	391	94	4.4	0.7	5.5	4.4	2.2	6.9	0.46	68.7
Misto - soya drink	Venti	508	122	5.7	1	7.2	5.9	2.7	9.1	0.58	81.7
Misto - oat drink	Tall	387	93	4.7	0.6	9.2	4.3	2.2	2.2	0.41	57.4
Misto - oat drink	Grande	508	122	6.2	0.7	12.1	5.8	2.9	2.8	0.51	68.7
Misto - oat drink	Venti	665	160	8.1	1	16.1	7.7	3.6	3.5	0.64	81.7
Misto - coconut drink	Tall	305	75	4.1	3.1	5.2	4.6	2.9	2.4	0.48	57.4
Misto - coconut drink	Grande	397	97	5.4	4.1	6.8	6.1	3.7	3.1	0.61	68.7
Misto - coconut drink	Venti	517	126	7	5.4	8.9	8.1	4.8	3.9	0.77	81.7
Flat White - semi skimmed milk	Short	260	62	2.1	1.9	6	5.2	0.2	4.7	0.17	66.2
Flat White - whole milk	Short	332	79	4.1	2.5	5.9	5.1	0.2	4.6	0.17	66.2
Flat White - skimmed milk	Short	207	49	0.5	0.2	6.1	5.3	0.2	4.7	0.17	66.2
Flat White - almond drink	Short	151	37	1.5	0.2	3.6	2.8	0.4	1.5	0.13	66.2
Flat White - soya drink	Short	233	55	2.3	0.4	3.9	2.8	0.9	4.5	0.16	66.2
Flat White - oat drink	Short	309	74	3.4	0.4	8.2	3.7	1.3	1.8	0.20	66.2
Flat White - coconut drink	Short	238	58	2.9	2.5	4.8	3.9	1.8	2	0.26	66.2
Caramel Macchiato - semi skimmed milk	Tall	719	171	5	4.5	22.3	21	0.2	9.1	0.33	66.2
Caramel Macchiato - semi skimmed milk	Grande	915	217	6.1	5.6	29	27.7	0.2	11.4	0.40	66.2
Caramel Macchiato - semi skimmed milk	Venti	1169	277	7.7	7.1	37.1	35.3	0.3	14.9	0.52	99.2
Caramel Macchiato - whole milk	Tall	872	207	9.3	5.8	22	20.8	0.2	8.8	0.32	66.2
Caramel Macchiato - whole milk	Grande	1114	265	11.8	7.4	28.7	27.4	0.2	11.1	0.39	66.2
Caramel Macchiato - whole milk	Venti	1425	339	14.9	9.3	36.7	34.9	0.3	14.5	0.51	99.2
Caramel Macchiato - skimmed milk	Tall	604	143	1.8	0.9	22.5	21.2	0.2	9.1	0.34	66.2
Caramel Macchiato - skimmed milk	Grande	767	181	2	1	29.3	28	0.2	11.4	0.41	66.2
Caramel Macchiato - skimmed milk	Venti	979	232	2.3	1.1	37.5	35.6	0.3	14.9	0.53	99.2
Caramel Macchiato - almond drink	Tall	484	118	3.8	0.8	17.1	15.9	0.7	2.1	0.25	66.2
Caramel Macchiato - almond drink	Grande	612	149	4.6	0.9	22.4	21	0.8	2.5	0.30	66.2
Caramel Macchiato - almond drink	Venti	780	190	5.7	1	28.5	26.7	1.1	3.4	0.39	99.2
Caramel Macchiato - soya drink	Tall	661	157	5.4	1.3	17.7	15.9	1.6	8.6	0.31	66.2
Caramel Macchiato - soya drink	Grande	841	199	6.7	1.5	23.1	21.1	2	10.8	0.38	66.2
Caramel Macchiato - soya drink	Venti	1074	255	8.4	1.7	29.5	26.9	2.6	14.1	0.49	99.2
Caramel Macchiato - oat drink	Tall	822	196	8	1.3	26.9	17.8	2.5	2.9	0.38	66.2
Caramel Macchiato - oat drink	Grande	1049	250	10	1.5	34.9	23.5	3.2	3.4	0.47	66.2
Caramel Macchiato - oat drink	Venti	1341	319	12.6	1.7	44.7	29.9	4.2	4.5	0.61	99.2
Caramel Macchiato - coconut drink	Tall	670	161	6.8	5.9	19.5	18.2	3.7	3.3	0.51	66.2
Caramel Macchiato - coconut drink	Grande	853	205	8.5	7.4	25.4	24.1	4.7	4	0.64	66.2
Caramel Macchiato - coconut drink	Venti	1089	262	10.7	9.4	32.5	30.7	6.1	5.3	0.83	99.2
Mocha - semi skimmed milk	Tall	976	233	9.8	7.6	25.1	23.3	2.1	10	0.26	66.2
Mocha - semi skimmed milk	Grande	1201	286	11.2	8.8	32.3	30.1	2.7	12.6	0.31	66.2
Mocha - semi skimmed milk	Venti	1532	365	13.7	10.8	41.8	38.8	3.5	16.9	0.43	99.2
Mocha - whole milk	Tall	1091	260	13.1	8.6	24.9	23.1	2.1	9.8	0.25	66.2
Mocha - whole milk	Grande	1348	321	15.4	10.1	32.1	29.9	2.7	12.4	0.31	66.2
Mocha - whole milk	Venti	1736	414	19.5	12.6	41.5	38.5	3.5	16.6	0.43	99.2
Mocha - skimmed milk	Tall	891	212	7.4	4.9	25.3	23.4	2.1	10	0.26	66.2
Mocha - skimmed milk	Grande	1091	260	8.2	5.3	32.6	30.4	2.7	12.6	0.32	66.2
Mocha - skimmed milk	Venti	1380	328	9.4	6.1	42.1	39.1	3.5	16.9	0.44	99.2
Mocha - almond drink	Tall	802	193	8.9	4.8	21.3	19.4	2.5	4.8	0.20	66.2
Mocha - almond drink	Grande	977	236	10.1	5.3	27.4	25.2	3.2	6	0.24	66.2
Mocha - almond drink	Venti	1222	295	12.1	6	35	32	4.1	7.8	0.33	99.2
Mocha - soya drink	Tall	933	223	10.2	5.2	21.7	19.5	3.1	9.6	0.24	66.2
Mocha - soya drink	Grande	1146	273	11.7	5.7	27.9	25.3	4.1	12.1	0.30	66.2
Mocha - soya drink	Venti	1456	347	14.3	6.6	35.7	32.2	5.3	16.3	0.41	99.2

Mocha - oat drink	Tall	1053	252	12	5.2	28.5	20.9	3.8	5.4	0.30	66.2
Mocha - oat drink	Grande	1300	310	14.1	5.7	36.7	27.1	4.9	6.6	0.36	66.2
Mocha - oat drink	Venti	1669	398	17.7	6.6	47.9	34.6	6.5	8.7	0.50	99.2
Mocha - coconut drink	Tall	940	226	11.2	8.6	23.1	21.2	4.7	5.7	0.39	66.2
Mocha - coconut drink	Grande	1155	277	13	10.1	29.7	27.5	6	7.1	0.49	66.2
Mocha - coconut drink	Venti	1468	353	16.1	12.7	38.1	35.2	8	9.3	0.68	99.2
White Mocha - semi skimmed milk	Tall	1127	268	10.6	8.5	34.5	33.7	0.3	8.6	0.42	66.2
White Mocha - semi skimmed milk	Grande	1462	348	12.8	10.5	46.3	45.4	0.3	11.9	0.56	66.2
White Mocha - semi skimmed milk	Venti	1772	422	14.9	12.2	57.2	55.9	0.4	14.5	0.69	99.2
White Mocha - whole milk	Tall	1232	293	13.5	9.4	34.4	33.5	0.3	8.5	0.41	66.2
White Mocha - whole milk	Grande	1617	385	17.1	11.8	46	45.2	0.3	11.6	0.55	66.2
White Mocha - whole milk	Venti	1957	466	20.1	13.8	56.9	55.6	0.4	14.2	0.68	99.2
White Mocha - skimmed milk	Tall	1048	249	8.4	6	34.7	33.8	0.3	8.6	0.42	66.2
White Mocha - skimmed milk	Grande	1346	320	9.5	6.8	46.5	45.7	0.3	11.9	0.56	66.2
White Mocha - skimmed milk	Venti	1634	389	11	7.9	57.5	56.2	0.4	14.5	0.70	99.2
White Mocha - almond drink	Tall	966	232	9.7	5.9	31	30.1	0.6	3.9	0.36	66.2
White Mocha - almond drink	Grande	1226	295	11.5	6.8	41.1	40.2	0.7	4.9	0.47	66.2
White Mocha - almond drink	Venti	1491	358	13.4	7.8	51	49.7	1	6.2	0.60	99.2
White Mocha - soya drink	Tall	1087	259	10.9	6.3	31.4	30.2	1.2	8.3	0.40	66.2
White Mocha - soya drink	Grande	1404	334	13.2	7.2	41.6	40.3	1.7	11.4	0.54	66.2
White Mocha - soya drink	Venti	1703	405	15.4	8.4	51.7	49.9	2.1	14	0.67	99.2
White Mocha - oat drink	Tall	1197	286	12.6	6.3	37.7	31.5	1.8	4.4	0.45	66.2
White Mocha - oat drink	Grande	1566	373	15.8	7.2	50.9	42.2	2.6	5.6	0.61	66.2
White Mocha - oat drink	Venti	1896	452	18.4	8.4	62.7	52.1	3.2	7.1	0.75	99.2
White Mocha - coconut drink	Tall	1094	262	11.8	9.4	32.6	31.8	2.6	4.7	0.54	66.2
White Mocha - coconut drink	Grande	1414	339	14.6	11.9	43.5	42.6	3.8	6.1	0.74	66.2
White Mocha - coconut drink	Venti	1714	411	17.1	13.9	53.9	52.6	4.6	7.6	0.91	99.2
<b>Cold Coffee</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
Cold Brew	Tall	153	36	1.1	0.2	0	0	1.1	9	0.26	37.8
Cold Brew	Grande	210	49	1.4	0.3	0	0	1.4	12.4	0.36	51.8
Cold Brew	Venti	226	53	1.5	0.3	0	0	1.5	13.3	0.39	55.8
Cold Brew Latte - semi skimmed milk	Tall	420	99	3.3	2.9	7.7	7.7	0.5	11	0.31	42.8
Cold Brew Latte - semi skimmed milk	Grande	569	135	4.6	4.1	11.1	11.1	0.6	13.7	0.40	44.8
Cold Brew Latte - semi skimmed milk	Venti	659	156	5.3	4.7	12.6	12.6	0.7	16.2	0.47	55.1
Cold Brew Latte - whole milk	Tall	530	125	6.4	3.9	7.5	7.5	0.5	10.8	0.31	42.8
Cold Brew Latte - whole milk	Grande	727	172	9	5.5	10.8	10.8	0.6	13.5	0.39	44.8
Cold Brew Latte - whole milk	Venti	839	199	10.4	6.3	12.4	12.4	0.7	15.9	0.46	55.1
Cold Brew Latte - skimmed milk	Tall	338	80	1	0.3	7.8	7.8	0.5	11	0.32	42.8
Cold Brew Latte - skimmed milk	Grande	452	106	1.3	0.4	11.3	11.3	0.6	13.7	0.40	44.8
Cold Brew Latte - skimmed milk	Venti	525	124	1.5	0.5	12.9	12.9	0.7	16.2	0.47	55.1
Cold Brew Latte - almond drink	Tall	253	62	2.5	0.3	4	4	0.9	6.1	0.26	42.8
Cold Brew Latte - almond drink	Grande	329	81	3.3	0.3	5.8	5.8	1	6.7	0.31	44.8
Cold Brew Latte - almond drink	Venti	385	94	3.9	0.4	6.6	6.6	1.2	8.1	0.37	55.1
Cold Brew Latte - soya drink	Tall	379	89	3.7	0.6	4.4	4.1	1.5	10.7	0.30	42.8
Cold Brew Latte - soya drink	Grande	510	121	5	0.8	6.4	5.9	2	13.3	0.38	44.8
Cold Brew Latte - soya drink	Venti	592	140	5.8	0.9	7.3	6.7	2.3	15.7	0.45	55.1
Cold Brew Latte - oat drink	Tall	494	117	5.5	0.6	10.9	5.4	2.2	6.6	0.35	42.8
Cold Brew Latte - oat drink	Grande	675	161	7.6	0.8	15.8	7.8	2.9	7.4	0.45	44.8
Cold Brew Latte - oat drink	Venti	780	185	8.8	0.9	18	8.9	3.4	8.9	0.53	55.1
Cold Brew Latte - coconut drink	Tall	386	93	4.6	3.9	5.7	5.7	3	6.9	0.44	42.8
Cold Brew Latte - coconut drink	Grande	520	125	6.5	5.5	8.2	8.2	4.1	7.9	0.58	44.8
Cold Brew Latte - coconut drink	Venti	602	145	7.4	6.3	9.4	9.4	4.7	9.5	0.68	55.1
Nitro Cold Brew	Tall	248	58	1.7	0.3	0	0	1.7	14.6	0.42	61.1
Nitro Cold Brew	Grande	335	78	2.3	0.5	0	0	2.3	19.7	0.57	82.5
Nitro Cold Brew	Venti	414	96	2.8	0.6	0	0	2.8	24.4	0.71	102.1

Nitro Latte	Tall	722	172	11.7	6.8	7	7	1.3	12.6	0.39	45
Nitro Latte	Grande	915	219	15	8.7	9	8.9	1.5	15.6	0.48	55.2
Nitro Latte	Venti	1083	259	17.5	10	10.4	10.3	2	19.6	0.60	70.4
Nitro Cappuccino	Tall	234	55	1.3	0.3	2.2	2.2	1.1	11.3	0.33	40.9
Nitro Cappuccino	Grande	302	71	1.6	0.4	2.9	2.9	1.4	14.5	0.43	51.9
Nitro Cappuccino	Venti	358	84	2	0.4	3.2	3.2	1.8	17.4	0.51	63.3
Iced Americano	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Iced Americano	Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Iced Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Iced Latte - semi skimmed milk	Tall	360	86	2.9	2.7	8.4	7.5	0.2	6.4	0.22	66.2
Iced Latte - semi skimmed milk	Grande	550	131	4.5	4.3	12.8	11.9	0.2	9.7	0.33	66.2
Iced Latte - semi skimmed milk	Venti	566	135	4.6	4.3	13.1	11.9	0.3	10.1	0.35	99.2
Iced Latte - whole milk	Tall	465	111	5.9	3.6	8.2	7.4	0.2	6.3	0.22	66.2
Iced Latte - whole milk	Grande	718	171	9.3	5.8	12.5	11.7	0.2	9.5	0.32	66.2
Iced Latte - whole milk	Venti	732	174	9.3	5.7	12.9	11.6	0.3	9.8	0.34	99.2
Iced Latte - skimmed milk	Tall	282	67	0.7	0.2	8.5	7.7	0.2	6.4	0.23	66.2
Iced Latte - skimmed milk	Grande	424	101	1	0.4	13	12.2	0.2	9.7	0.33	66.2
Iced Latte - skimmed milk	Venti	442	105	1.1	0.4	13.4	12.1	0.3	10.1	0.36	99.2
Iced Latte - almond drink	Tall	200	50	2.1	0.2	4.8	4	0.5	1.7	0.17	66.2
Iced Latte - almond drink	Grande	294	73	3.2	0.3	7.2	6.3	0.7	2.2	0.24	66.2
Iced Latte - almond drink	Venti	313	78	3.3	0.3	7.6	6.3	0.8	2.6	0.26	99.2
Iced Latte - soya drink	Tall	321	76	3.2	0.5	5.2	4.1	1.2	6.1	0.21	66.2
Iced Latte - soya drink	Grande	487	116	5	0.8	7.8	6.4	1.7	9.2	0.31	66.2
Iced Latte - soya drink	Venti	504	120	5	0.8	8.2	6.4	1.8	9.6	0.33	99.2
Iced Latte - oat drink	Tall	431	103	4.9	0.5	11.5	5.3	1.8	2.2	0.26	66.2
Iced Latte - oat drink	Grande	663	158	7.7	0.8	17.8	8.4	2.7	3	0.38	66.2
Iced Latte - oat drink	Venti	677	162	7.8	0.8	18.1	8.4	2.8	3.4	0.41	99.2
Iced Latte - coconut drink	Tall	327	79	4.1	3.7	6.5	5.6	2.6	2.5	0.35	66.2
Iced Latte - coconut drink	Grande	497	121	6.5	5.8	9.8	8.9	4	3.5	0.53	66.2
Iced Latte - coconut drink	Venti	514	125	6.5	5.8	10.2	8.9	4.1	3.9	0.55	99.2
Classic Iced Cappuccino - semi skimmed milk	Tall	311	74	2.5	2.3	7.2	6.4	0.2	5.6	0.20	66.2
Classic Iced Cappuccino - semi skimmed milk	Grande	460	109	3.7	3.5	10.7	9.8	0.2	8.2	0.28	66.2
Classic Iced Cappuccino - semi skimmed milk	Venti	505	120	4	3.8	11.7	10.4	0.3	9	0.32	99.2
Classic Iced Cappuccino - whole milk	Tall	400	95	5	3.1	7.1	6.2	0.2	5.5	0.20	66.2
Classic Iced Cappuccino - whole milk	Grande	598	142	7.6	4.8	10.5	9.6	0.2	8	0.27	66.2
Classic Iced Cappuccino - whole milk	Venti	651	155	8.2	5.1	11.5	10.2	0.3	8.8	0.31	99.2
Classic Iced Cappuccino - skimmed milk	Tall	245	58	0.6	0.2	7.4	6.5	0.2	5.6	0.20	66.2
Classic Iced Cappuccino - skimmed milk	Grande	356	85	0.8	0.3	10.9	10	0.2	8.2	0.28	66.2
Classic Iced Cappuccino - skimmed milk	Venti	396	94	1	0.4	11.9	10.7	0.3	9	0.32	99.2
Classic Iced Cappuccino - almond drink	Tall	176	43	1.8	0.2	4.2	3.4	0.5	1.6	0.15	66.2
Classic Iced Cappuccino - almond drink	Grande	249	62	2.7	0.2	6.1	5.2	0.6	2	0.21	66.2
Classic Iced Cappuccino - almond drink	Venti	283	70	2.9	0.3	6.8	5.6	0.8	2.5	0.24	99.2
Classic Iced Cappuccino - soya drink	Tall	278	66	2.7	0.4	4.6	3.4	1	5.3	0.19	66.2
Classic Iced Cappuccino - soya drink	Grande	408	97	4.1	0.7	6.6	5.3	1.5	7.7	0.26	66.2
Classic Iced Cappuccino - soya drink	Venti	450	107	4.5	0.7	7.4	5.7	1.6	8.6	0.30	99.2
Classic Iced Cappuccino - oat drink	Tall	370	89	4.2	0.4	9.9	4.5	1.6	2	0.23	66.2
Classic Iced Cappuccino - oat drink	Grande	552	132	6.4	0.7	14.8	6.9	2.3	2.6	0.32	66.2
Classic Iced Cappuccino - oat drink	Venti	603	144	6.9	0.7	16.1	7.4	2.5	3.2	0.37	99.2
Classic Iced Cappuccino - coconut drink	Tall	283	69	3.5	3.1	5.6	4.8	2.2	2.3	0.30	66.2
Classic Iced Cappuccino - coconut drink	Grande	416	101	5.4	4.8	8.2	7.3	3.3	3	0.44	66.2
Classic Iced Cappuccino - coconut drink	Venti	459	111	5.8	5.1	9.1	7.8	3.6	3.6	0.49	99.2
Iced Latte Macchiato - semi skimmed milk	Tall	397	94	3.2	3	9.2	8.4	0.2	7.1	0.24	66.2
Iced Latte Macchiato - semi skimmed milk	Grande	566	135	4.6	4.4	13.2	12.3	0.2	10	0.33	66.2
Iced Latte Macchiato - semi skimmed milk	Venti	599	142	4.8	4.6	13.9	12.6	0.3	10.7	0.37	99.2
Iced Latte Macchiato - whole milk	Tall	514	122	6.5	4.1	9	8.2	0.2	6.9	0.24	66.2
Iced Latte Macchiato - whole milk	Grande	740	176	9.5	6	12.9	12	0.2	9.8	0.33	66.2

Iced Latte Macchiato - whole milk	Venti	776	185	9.9	6.1	13.7	12.4	0.3	10.4	0.36	99.2
Iced Latte Macchiato - skimmed milk	Tall	309	73	0.8	0.3	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte Macchiato - skimmed milk	Grande	437	104	1	0.4	13.4	12.6	0.2	10	0.34	66.2
Iced Latte Macchiato - skimmed milk	Venti	467	111	1.1	0.4	14.2	12.9	0.3	10.7	0.38	99.2
Iced Latte Macchiato - almond drink	Tall	218	54	2.3	0.2	5.3	4.4	0.6	1.8	0.18	66.2
Iced Latte Macchiato - almond drink	Grande	302	75	3.3	0.3	7.4	6.5	0.7	2.2	0.24	66.2
Iced Latte Macchiato - almond drink	Venti	329	82	3.5	0.3	8	6.7	0.9	2.7	0.28	99.2
Iced Latte Macchiato - soya drink	Tall	353	84	3.6	0.6	5.7	4.5	1.3	6.7	0.23	66.2
Iced Latte Macchiato - soya drink	Grande	502	119	5.1	0.8	8	6.6	1.8	9.5	0.32	66.2
Iced Latte Macchiato - soya drink	Venti	533	127	5.4	0.9	8.6	6.8	1.9	10.1	0.35	99.2
Iced Latte Macchiato - oat drink	Tall	475	114	5.5	0.6	12.7	5.9	2	2.3	0.28	66.2
Iced Latte Macchiato - oat drink	Grande	683	163	8	0.8	18.3	8.7	2.8	3	0.39	66.2
Iced Latte Macchiato - oat drink	Venti	718	172	8.3	0.9	19.2	8.9	3	3.5	0.43	99.2
Iced Latte Macchiato - coconut drink	Tall	360	87	4.6	4.1	7.1	6.3	2.9	2.7	0.38	66.2
Iced Latte Macchiato - coconut drink	Grande	512	124	6.7	6	10.1	9.2	4.1	3.5	0.54	66.2
Iced Latte Macchiato - coconut drink	Venti	544	132	7	6.2	10.7	9.5	4.3	4.1	0.58	99.2
Iced Caramel Macchiato - semi skimmed milk	Tall	630	149	4.3	3.7	20.5	19.2	0.2	7.2	0.28	66.2
Iced Caramel Macchiato - semi skimmed milk	Grande	860	204	5.7	5.1	28	26.6	0.2	10.1	0.37	66.2
Iced Caramel Macchiato - semi skimmed milk	Venti	954	226	5.9	5.2	32.4	30.5	0.3	10.8	0.40	99.2
Iced Caramel Macchiato - whole milk	Tall	747	177	7.6	4.7	20.3	19	0.2	7	0.27	66.2
Iced Caramel Macchiato - whole milk	Grande	1034	246	10.6	6.6	27.8	26.4	0.2	9.8	0.36	66.2
Iced Caramel Macchiato - whole milk	Venti	1131	269	10.9	6.8	32.1	30.2	0.3	10.5	0.40	99.2
Iced Caramel Macchiato - skimmed milk	Tall	542	128	1.8	0.9	20.7	19.3	0.2	7.2	0.28	66.2
Iced Caramel Macchiato - skimmed milk	Grande	731	173	2.1	1	28.3	26.9	0.2	10.1	0.37	66.2
Iced Caramel Macchiato - skimmed milk	Venti	822	195	2.2	1.1	32.6	30.8	0.3	10.8	0.41	99.2
Iced Caramel Macchiato - almond drink	Tall	451	109	3.3	0.9	16.6	15.2	0.6	1.9	0.22	66.2
Iced Caramel Macchiato - almond drink	Grande	596	145	4.3	1	22.2	20.8	0.7	2.3	0.28	66.2
Iced Caramel Macchiato - almond drink	Venti	684	165	4.5	1	26.5	24.6	0.9	2.8	0.31	99.2
Iced Caramel Macchiato - soya drink	Tall	586	139	4.6	1.2	17	15.3	1.3	6.8	0.26	66.2
Iced Caramel Macchiato - soya drink	Grande	796	189	6.2	1.5	22.9	20.9	1.8	9.6	0.35	66.2
Iced Caramel Macchiato - soya drink	Venti	888	210	6.4	1.5	27.1	24.7	1.9	10.2	0.38	99.2
Iced Caramel Macchiato - oat drink	Tall	708	169	6.5	1.2	24	16.7	2	2.4	0.32	66.2
Iced Caramel Macchiato - oat drink	Grande	977	233	9.1	1.5	33.2	23	2.8	3.1	0.43	66.2
Iced Caramel Macchiato - oat drink	Venti	1073	255	9.3	1.5	37.7	26.8	3	3.6	0.46	99.2
Iced Caramel Macchiato - coconut drink	Tall	593	142	5.7	4.7	18.4	17.1	2.9	2.8	0.42	66.2
Iced Caramel Macchiato - coconut drink	Grande	806	194	7.8	6.7	24.9	23.5	4.1	3.6	0.57	66.2
Iced Caramel Macchiato - coconut drink	Venti	899	216	8	6.8	29.2	27.3	4.3	4.1	0.61	99.2
Iced Cappuccino with Cold Foam	Tall	244	58	0.4	0.1	9.7	8.8	0.2	3.5	0.14	66.2
Iced Cappuccino with Cold Foam	Grande	316	75	0.5	0.2	13.2	12.3	0.2	4.2	0.16	66.2
Iced Cappuccino with Cold Foam	Venti	416	98	0.7	0.2	17.4	16.1	0.3	5.5	0.21	99.2
Iced Mocha - semi skimmed milk	Tall	1041	249	13	9.6	23.6	21.8	2.1	8.3	0.21	66.2
Iced Mocha - semi skimmed milk	Grande	1445	345	17.8	13.3	32.9	30.7	2.7	12.1	0.30	66.2
Iced Mocha - semi skimmed milk	Venti	1538	367	18	13.3	37.1	34.2	3.5	12.6	0.30	99.2
Iced Mocha - whole milk	Tall	1119	268	15.2	10.3	23.5	21.7	2.1	8.2	0.21	66.2
Iced Mocha - whole milk	Grande	1574	376	21.4	14.5	32.7	30.6	2.7	11.9	0.29	66.2
Iced Mocha - whole milk	Venti	1650	394	21.1	14.2	37	34	3.5	12.4	0.30	99.2
Iced Mocha - skimmed milk	Tall	983	235	11.4	7.8	23.8	21.9	2.1	8.3	0.21	66.2
Iced Mocha - skimmed milk	Grande	1348	322	15.1	10.3	33.1	30.9	2.7	12.1	0.30	66.2
Iced Mocha - skimmed milk	Venti	1454	347	15.6	10.6	37.3	34.4	3.5	12.6	0.31	99.2
Iced Mocha - almond drink	Tall	922	222	12.4	7.7	21	19.2	2.3	4.8	0.17	66.2
Iced Mocha - almond drink	Grande	1248	301	16.8	10.3	28.6	26.4	3.1	6.3	0.23	66.2
Iced Mocha - almond drink	Venti	1367	329	17.1	10.6	33.4	30.4	3.8	7.6	0.24	99.2
Iced Mocha - soya drink	Tall	1012	242	13.2	8	21.3	19.2	2.8	8.1	0.20	66.2
Iced Mocha - soya drink	Grande	1396	334	18.1	10.6	29.1	26.5	3.9	11.7	0.29	66.2
Iced Mocha - soya drink	Venti	1496	357	18.3	10.9	33.8	30.5	4.5	12.3	0.29	99.2
Iced Mocha - oat drink	Tall	1093	262	14.5	8	26	20.2	3.3	5.2	0.23	66.2

Iced Mocha - oat drink	Grande	1531	367	20.3	10.6	36.8	28	4.7	6.9	0.34	66.2
Iced Mocha - oat drink	Venti	1613	386	20.1	10.9	40.5	31.8	5.2	8.1	0.34	99.2
Iced Mocha - coconut drink	Tall	1016	244	13.9	10.3	22.3	20.4	3.9	5.4	0.30	66.2
Iced Mocha - coconut drink	Grande	1404	338	19.3	14.5	30.6	28.4	5.6	7.3	0.45	66.2
Iced Mocha - coconut drink	Venti	1503	361	19.3	14.3	35.1	32.2	6	8.4	0.44	99.2
Iced White Mocha - semi skimmed milk	Tall	1221	292	14	10.7	33.7	32.9	0.3	7.5	0.38	66.2
Iced White Mocha - semi skimmed milk	Grande	1694	404	19.2	14.9	46.6	45.7	0.3	11.2	0.54	66.2
Iced White Mocha - semi skimmed milk	Venti	1854	442	19.8	15.3	54.3	53	0.4	11.5	0.60	99.2
Iced White Mocha - whole milk	Tall	1300	310	16.2	11.4	33.6	32.8	0.3	7.4	0.38	66.2
Iced White Mocha - whole milk	Grande	1827	436	22.9	16.1	46.4	45.5	0.3	11	0.53	66.2
Iced White Mocha - whole milk	Venti	1972	471	23.1	16.3	54.1	52.9	0.4	11.3	0.60	99.2
Iced White Mocha - skimmed milk	Tall	1163	278	12.3	8.9	33.9	33	0.3	7.5	0.39	66.2
Iced White Mocha - skimmed milk	Grande	1594	380	16.4	11.8	46.8	45.9	0.3	11.2	0.54	66.2
Iced White Mocha - skimmed milk	Venti	1766	421	17.3	12.5	54.5	53.2	0.4	11.5	0.61	99.2
Iced White Mocha - almond drink	Tall	1102	265	13.4	8.9	31.1	30.3	0.5	4	0.34	66.2
Iced White Mocha - almond drink	Grande	1491	359	18.1	11.7	42.2	41.3	0.7	5.2	0.47	66.2
Iced White Mocha - almond drink	Venti	1674	402	18.8	12.4	50.4	49.1	0.8	6.2	0.54	99.2
Iced White Mocha - soya drink	Tall	1192	285	14.2	9.1	31.4	30.3	1	7.3	0.37	66.2
Iced White Mocha - soya drink	Grande	1644	392	19.6	12.1	42.6	41.4	1.5	10.8	0.52	66.2
Iced White Mocha - soya drink	Venti	1810	432	20.1	12.8	50.8	49.2	1.5	11.2	0.59	99.2
Iced White Mocha - oat drink	Tall	1274	305	15.5	9.1	36.1	31.2	1.4	4.4	0.41	66.2
Iced White Mocha - oat drink	Grande	1783	426	21.7	12.1	50.6	43	2.3	5.8	0.58	66.2
Iced White Mocha - oat drink	Venti	1933	462	22.1	12.8	57.9	50.6	2.2	6.7	0.64	99.2
Iced White Mocha - coconut drink	Tall	1197	287	14.9	11.4	32.3	31.5	2	4.6	0.48	66.2
Iced White Mocha - coconut drink	Grande	1652	396	20.8	16.1	44.2	43.4	3.3	6.2	0.70	66.2
Iced White Mocha - coconut drink	Venti	1817	435	21.2	16.3	52.2	50.9	3.1	7.1	0.74	99.2
Starbucks Doubleshot™ Iced Coffee	Mini	368	89	8.1	5	2.3	1.5	0.2	1.6	0.09	66.2
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	435	105	8.1	5	6.3	5.4	0.2	1.6	0.09	66.2
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	382	90	2.2	2	12.8	11.9	0.2	4.8	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	507	120	2.7	2.4	17.7	16.3	0.3	6.1	0.23	85.1
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	623	147	3.2	2.8	22.3	20.5	0.5	7.2	0.28	113.4
Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	459	109	4.4	2.7	12.7	11.8	0.2	4.7	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	601	142	5.4	3.3	17.5	16.2	0.3	6	0.23	85.1
Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	730	173	6.2	3.8	22.1	20.3	0.5	7.1	0.28	113.4
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	324	77	0.6	0.2	12.9	12	0.2	4.8	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	437	103	0.8	0.2	17.8	16.4	0.3	6.1	0.24	85.1
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	543	128	0.9	0.3	22.5	20.6	0.5	7.2	0.29	113.4
Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	265	64	1.6	0.2	10.2	9.3	0.5	1.4	0.14	56.7
Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	365	88	2	0.2	14.5	13.2	0.6	1.9	0.19	85.1
Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	459	110	2.3	0.2	18.7	16.9	0.8	2.4	0.23	113.4
Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	353	84	2.4	0.4	10.5	9.4	0.9	4.6	0.17	56.7
Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	472	112	3	0.5	14.9	13.2	1.2	5.8	0.22	85.1
Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	583	138	3.5	0.6	19.1	17	1.4	6.9	0.27	113.4
Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	434	103	3.7	0.4	15.1	10.3	1.4	1.7	0.21	56.7
Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	570	135	4.5	0.5	20.5	14.3	1.7	2.3	0.27	85.1
Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	695	165	5.3	0.6	25.5	18.2	2.1	2.9	0.32	113.4
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	358	86	3.1	2.7	11.4	10.5	2	2	0.27	56.7
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	478	114	3.8	3.3	16	14.6	2.4	2.6	0.35	85.1
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	589	141	4.5	3.8	20.4	18.6	2.9	3.2	0.41	113.4
<b>Hot Chocolates</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
Classic Hot Chocolate - semi skimmed milk	Tall	1038	247	10.3	8.2	27.2	26.1	2.1	10.5	0.24	0
Classic Hot Chocolate - semi skimmed milk	Grande	1308	312	12.1	9.8	35.4	34	2.7	13.9	0.32	0
Classic Hot Chocolate - semi skimmed milk	Venti	1616	385	14.5	11.8	44.4	42.6	3.3	17.7	0.41	0
Classic Hot Chocolate - whole milk	Tall	1175	280	14.2	9.4	27	25.9	2.1	10.3	0.23	0
Classic Hot Chocolate - whole milk	Grande	1493	356	17.4	11.4	35.2	33.7	2.7	13.6	0.31	0

Classic Hot Chocolate - whole milk	Venti	1857	442	21.3	13.9	44	42.3	3.3	17.4	0.40	0
Classic Hot Chocolate - skimmed milk	Tall	935	223	7.5	5	27.4	26.3	2.1	10.5	0.24	0
Classic Hot Chocolate - skimmed milk	Grande	1170	278	8.3	5.5	35.7	34.3	2.7	13.9	0.32	0
Classic Hot Chocolate - skimmed milk	Venti	1437	342	9.4	6.2	44.7	43	3.3	17.7	0.42	0
Classic Hot Chocolate - almond drink	Tall	829	200	9.3	4.9	22.6	21.5	2.5	4.3	0.17	0
Classic Hot Chocolate - almond drink	Grande	1026	248	10.7	5.4	29.3	27.8	3.3	5.6	0.22	0
Classic Hot Chocolate - almond drink	Venti	1250	302	12.6	6.1	36.3	34.5	4	6.9	0.28	0
Classic Hot Chocolate - soya drink	Tall	986	235	10.7	5.3	23.1	21.6	3.3	10.1	0.22	0
Classic Hot Chocolate - soya drink	Grande	1239	295	12.7	5.9	29.9	27.9	4.4	13.3	0.30	0
Classic Hot Chocolate - soya drink	Venti	1527	363	15.2	6.8	37.2	34.7	5.5	17	0.38	0
Classic Hot Chocolate - oat drink	Tall	1130	270	13	5.3	31.3	23.2	4.1	4.9	0.28	0
Classic Hot Chocolate - oat drink	Grande	1432	342	15.7	5.9	41	30.1	5.5	6.4	0.38	0
Classic Hot Chocolate - oat drink	Venti	1778	424	19.1	6.8	51.6	37.6	6.9	8	0.49	0
Classic Hot Chocolate - coconut drink	Tall	995	239	12	9.4	24.7	23.6	5.1	5.4	0.40	0
Classic Hot Chocolate - coconut drink	Grande	1250	300	14.3	11.5	32.1	30.7	6.9	7	0.54	0
Classic Hot Chocolate - coconut drink	Venti	1541	370	17.3	14	40.1	38.3	8.7	8.7	0.70	0
Hot White Chocolate - semi skimmed milk	Tall	1208	288	11.4	9.5	36.4	36.4	0	9.9	0.43	0
Hot White Chocolate - semi skimmed milk	Grande	1498	357	13.2	11.1	47.1	47.1	0.1	12.3	0.54	0
Hot White Chocolate - semi skimmed milk	Venti	1899	452	16.1	13.8	60.2	60.2	0.1	16.4	0.71	0
Hot White Chocolate - whole milk	Tall	1355	323	15.5	10.8	36.2	36.2	0	9.6	0.42	0
Hot White Chocolate - whole milk	Grande	1680	400	18.3	12.7	46.9	46.9	0.1	12	0.53	0
Hot White Chocolate - whole milk	Venti	2148	511	23.2	16	59.8	59.8	0.1	16.1	0.70	0
Hot White Chocolate - skimmed milk	Tall	1099	261	8.3	6	36.6	36.6	0	9.9	0.43	0
Hot White Chocolate - skimmed milk	Grande	1363	324	9.4	6.8	47.4	47.4	0.1	12.3	0.55	0
Hot White Chocolate - skimmed milk	Venti	1714	407	10.9	7.9	60.6	60.6	0.1	16.4	0.72	0
Hot White Chocolate - almond drink	Tall	985	237	10.3	6	31.5	31.5	0.5	3.3	0.35	0
Hot White Chocolate - almond drink	Grande	1222	294	11.8	6.8	41.1	41.1	0.6	4.2	0.45	0
Hot White Chocolate - almond drink	Venti	1521	366	14.2	7.8	51.9	51.9	0.8	5.3	0.58	0
Hot White Chocolate - soya drink	Tall	1153	275	11.8	6.4	32	31.6	1.4	9.4	0.41	0
Hot White Chocolate - soya drink	Grande	1431	340	13.7	7.3	41.7	41.2	1.7	11.8	0.52	0
Hot White Chocolate - soya drink	Venti	1807	429	16.9	8.6	52.8	52	2.3	15.7	0.68	0
Hot White Chocolate - oat drink	Tall	1307	312	14.2	6.4	40.8	33.4	2.2	4	0.48	0
Hot White Chocolate - oat drink	Grande	1620	386	16.7	7.3	52.6	43.3	2.8	5	0.60	0
Hot White Chocolate - oat drink	Venti	2066	492	21	8.6	67.6	55	3.8	6.4	0.79	0
Hot White Chocolate - coconut drink	Tall	1162	279	13.1	10.8	33.8	33.8	3.3	4.4	0.60	0
Hot White Chocolate - coconut drink	Grande	1442	346	15.4	12.7	43.9	43.9	4.1	5.5	0.76	0
Hot White Chocolate - coconut drink	Venti	1822	437	19.1	16	55.7	55.7	5.6	7.2	1.01	0
Signature Hot Chocolate - semi skimmed milk	Tall	1196	285	12.2	9.8	29.6	28.3	3.6	12.2	0.30	20
Signature Hot Chocolate - semi skimmed milk	Grande	1471	351	14.2	11.4	37.6	35.9	4.8	15.3	0.38	26.8
Signature Hot Chocolate - semi skimmed milk	Venti	1809	431	17	13.9	46.7	44.5	5.8	19.5	0.49	32.8
Signature Hot Chocolate - whole milk	Tall	1372	327	17.2	11.3	29.3	28	3.6	11.9	0.30	20
Signature Hot Chocolate - whole milk	Grande	1691	403	20.5	13.4	37.3	35.5	4.8	15	0.37	26.8
Signature Hot Chocolate - whole milk	Venti	2096	499	25.2	16.4	46.2	44.1	5.8	19.1	0.48	32.8
Signature Hot Chocolate - skimmed milk	Tall	1063	253	8.5	5.6	29.9	28.5	3.6	12.2	0.31	20
Signature Hot Chocolate - skimmed milk	Grande	1306	311	9.6	6.3	38	36.2	4.8	15.3	0.38	26.8
Signature Hot Chocolate - skimmed milk	Venti	1595	380	11	7.1	47.1	45	5.8	19.5	0.50	32.8
Signature Hot Chocolate - almond drink	Tall	926	224	10.8	5.5	23.7	22.3	4.1	4.3	0.21	20
Signature Hot Chocolate - almond drink	Grande	1135	275	12.5	6.2	30.3	28.5	5.4	5.4	0.26	26.8
Signature Hot Chocolate - almond drink	Venti	1372	332	14.8	7	37.1	34.9	6.6	6.6	0.34	32.8
Signature Hot Chocolate - soya drink	Tall	1129	269	12.7	6.1	24.3	22.4	5.2	11.7	0.28	20
Signature Hot Chocolate - soya drink	Grande	1388	331	14.9	6.8	31.1	28.6	6.7	14.6	0.35	26.8
Signature Hot Chocolate - soya drink	Venti	1702	405	17.9	7.9	38.1	35.1	8.3	18.6	0.45	32.8
Signature Hot Chocolate - oat drink	Tall	1314	314	15.6	6.1	34.9	24.6	6.2	5.1	0.36	20
Signature Hot Chocolate - oat drink	Grande	1619	387	18.5	6.8	44.2	31.3	8	6.4	0.45	26.8
Signature Hot Chocolate - oat drink	Venti	2002	478	22.6	7.9	55.2	38.5	10	7.9	0.58	32.8
Signature Hot Chocolate - coconut drink	Tall	1140	275	14.3	11.3	26.4	25.1	7.5	5.6	0.52	20



Signature Hot Chocolate - coconut drink	Grande	1402	337	16.9	13.4	33.7	31.9	9.7	7.1	0.64	26.8
Signature Hot Chocolate - coconut drink	Venti	1719	414	20.5	16.4	41.5	39.4	12.2	8.8	0.83	32.8
Iced Chocolate - semi skimmed milk	Tall	1133	271	13.8	10.5	26.4	25.3	2.1	9.4	0.21	0
Iced Chocolate - semi skimmed milk	Grande	1532	366	18.5	14.2	35.6	34.1	2.7	13.1	0.30	0
Iced Chocolate - semi skimmed milk	Venti	1680	401	19.2	14.7	41.2	39.4	3.4	14.3	0.31	0
Iced Chocolate - whole milk	Tall	1246	298	16.9	11.5	26.2	25.1	2.1	9.2	0.20	0
Iced Chocolate - whole milk	Grande	1694	405	23.1	15.6	35.3	33.9	2.7	12.9	0.29	0
Iced Chocolate - whole milk	Venti	1847	441	23.9	16.2	40.9	39.1	3.4	14.1	0.30	0
Iced Chocolate - skimmed milk	Tall	1050	251	11.4	7.9	26.5	25.4	2.1	9.4	0.21	0
Iced Chocolate - skimmed milk	Grande	1412	337	15.1	10.4	35.8	34.4	2.7	13.1	0.30	0
Iced Chocolate - skimmed milk	Venti	1555	371	15.7	10.8	41.4	39.6	3.4	14.3	0.31	0
Iced Chocolate - almond drink	Tall	963	232	12.9	7.8	22.6	21.5	2.4	4.4	0.15	0
Iced Chocolate - almond drink	Grande	1287	311	17.2	10.4	30.2	28.7	3.2	5.9	0.21	0
Iced Chocolate - almond drink	Venti	1426	344	17.9	10.7	35.6	33.8	3.9	6.8	0.22	0
Iced Chocolate - soya drink	Tall	1092	261	14.1	8.2	23	21.6	3.1	9.1	0.20	0
Iced Chocolate - soya drink	Grande	1472	352	19	10.8	30.8	28.8	4.1	12.6	0.28	0
Iced Chocolate - soya drink	Venti	1618	386	19.7	11.2	36.2	33.9	4.9	13.8	0.29	0
Iced Chocolate - oat drink	Tall	1209	289	15.9	8.2	29.7	22.9	3.7	4.9	0.25	0
Iced Chocolate - oat drink	Grande	1641	393	21.6	10.8	40.4	30.8	5.1	6.6	0.35	0
Iced Chocolate - oat drink	Venti	1792	428	22.4	11.2	46.1	35.9	5.9	7.6	0.36	0
Iced Chocolate - coconut drink	Tall	1098	264	15.1	11.5	24.4	23.3	4.6	5.2	0.34	0
Iced Chocolate - coconut drink	Grande	1482	356	20.4	15.7	32.7	31.2	6.3	7.1	0.49	0
Iced Chocolate - coconut drink	Venti	1628	391	21.2	16.2	38.2	36.4	7.1	8.1	0.51	0
Iced White Chocolate - semi skimmed milk	Tall	1279	305	14.6	11.5	35.1	35.1	0	8.3	0.38	0
Iced White Chocolate - semi skimmed milk	Grande	1736	414	19.7	15.6	47.6	47.6	0.1	11.7	0.53	0
Iced White Chocolate - semi skimmed milk	Venti	1935	461	20.7	16.4	56.2	56.2	0.1	12.6	0.59	0
Iced White Chocolate - whole milk	Tall	1391	332	17.8	12.5	34.9	34.9	0	8.2	0.38	0
Iced White Chocolate - whole milk	Grande	1897	453	24.2	17	47.4	47.4	0.1	11.5	0.52	0
Iced White Chocolate - whole milk	Venti	2102	501	25.4	17.9	56	56	0.1	12.4	0.59	0
Iced White Chocolate - skimmed milk	Tall	1195	285	12.3	8.9	35.3	35.3	0	8.3	0.38	0
Iced White Chocolate - skimmed milk	Grande	1616	385	16.3	11.8	47.8	47.8	0.1	11.7	0.53	0
Iced White Chocolate - skimmed milk	Venti	1811	432	17.2	12.5	56.5	56.5	0.1	12.6	0.60	0
Iced White Chocolate - almond drink	Tall	1108	267	13.7	8.9	31.3	31.3	0.4	3.3	0.32	0
Iced White Chocolate - almond drink	Grande	1490	359	18.4	11.7	42.2	42.2	0.5	4.5	0.44	0
Iced White Chocolate - almond drink	Venti	1681	404	19.4	12.4	50.7	50.7	0.6	5.1	0.51	0
Iced White Chocolate - soya drink	Tall	1237	295	14.9	9.2	31.8	31.4	1.1	8	0.37	0
Iced White Chocolate - soya drink	Grande	1676	400	20.1	12.2	42.8	42.3	1.5	11.2	0.51	0
Iced White Chocolate - soya drink	Venti	1873	446	21.2	13	51.3	50.8	1.6	12.1	0.58	0
Iced White Chocolate - oat drink	Tall	1354	324	16.8	9.2	38.4	32.8	1.7	3.8	0.42	0
Iced White Chocolate - oat drink	Grande	1844	441	22.8	12.2	52.4	44.2	2.5	5.2	0.58	0
Iced White Chocolate - oat drink	Venti	2047	489	23.9	13	61.2	52.8	2.6	5.9	0.65	0
Iced White Chocolate - coconut drink	Tall	1244	299	15.9	12.5	33.1	33.1	2.6	4.2	0.51	0
Iced White Chocolate - coconut drink	Grande	1685	405	21.6	17	44.7	44.7	3.7	5.7	0.72	0
Iced White Chocolate - coconut drink	Venti	1883	451	22.6	17.9	53.2	53.2	3.8	6.4	0.79	0
<b>Frappuccino®</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
Coffee Frappuccino® - semi skimmed milk	Tall	890	212	10.6	7.9	25.2	24.4	0.1	3.7	0.40	23
Coffee Frappuccino® - semi skimmed milk	Grande	1187	283	14	10.5	34	33	0.2	4.9	0.54	31.4
Coffee Frappuccino® - semi skimmed milk	Venti	1309	312	14.1	10.5	40.8	39.5	0.2	5	0.65	39.5
Coffee Frappuccino® - whole milk	Tall	942	225	12.1	8.4	25.1	24.4	0.1	3.6	0.40	23
Coffee Frappuccino® - whole milk	Grande	1255	299	15.9	11.1	33.9	32.9	0.2	4.8	0.54	31.4
Coffee Frappuccino® - whole milk	Venti	1377	328	16	11.1	40.7	39.4	0.2	4.9	0.65	39.5
Coffee Frappuccino® - skimmed milk	Tall	851	203	9.5	6.7	25.3	24.5	0.1	3.7	0.41	23
Coffee Frappuccino® - skimmed milk	Grande	1137	271	12.6	8.9	34.1	33.1	0.2	4.9	0.55	31.4
Coffee Frappuccino® - skimmed milk	Venti	1258	300	12.6	8.9	40.9	39.6	0.2	5	0.65	39.5
Coffee Frappuccino® - almond drink	Tall	811	195	10.2	6.7	23.5	22.7	0.3	1.4	0.38	23

Coffee Frappuccino® - almond drink	Grande	1084	260	13.5	8.8	31.8	30.7	0.4	1.8	0.51	31.4
Coffee Frappuccino® - almond drink	Venti	1205	289	13.5	8.9	38.5	37.2	0.4	2	0.62	39.5
Coffee Frappuccino® - soya drink	Tall	870	208	10.8	6.9	23.7	22.7	0.6	3.6	0.40	23
Coffee Frappuccino® - soya drink	Grande	1162	277	14.2	9.1	32	30.8	0.8	4.7	0.54	31.4
Coffee Frappuccino® - soya drink	Venti	1284	306	14.3	9.1	38.8	37.3	0.8	4.8	0.64	39.5
Coffee Frappuccino® - oat drink	Tall	925	221	11.6	6.9	26.7	23.4	0.9	1.6	0.42	23
Coffee Frappuccino® - oat drink	Grande	1232	294	15.3	9.1	36	31.6	1.2	2.2	0.57	31.4
Coffee Frappuccino® - oat drink	Venti	1355	323	15.4	9.1	42.8	38.1	1.2	2.3	0.67	39.5
Coffee Frappuccino® - coconut drink	Tall	874	209	11.2	8.4	24.3	23.5	1.3	1.8	0.47	23
Coffee Frappuccino® - coconut drink	Grande	1166	279	14.8	11.1	32.8	31.8	1.7	2.4	0.63	31.4
Coffee Frappuccino® - coconut drink	Venti	1288	308	14.9	11.1	39.6	38.3	1.7	2.5	0.73	39.5
Caramel Frappuccino® - semi skimmed milk	Tall	1148	274	12.3	9	36.5	35.2	0.1	3.9	0.46	23.1
Caramel Frappuccino® - semi skimmed milk	Grande	1473	351	15.8	11.6	46.8	45.2	0.2	5	0.59	30.8
Caramel Frappuccino® - semi skimmed milk	Venti	1654	394	16.1	11.7	56.5	54.6	0.2	5.2	0.71	39.5
Caramel Frappuccino® - whole milk	Tall	1200	286	13.8	9.5	36.4	35.1	0.1	3.8	0.46	23.1
Caramel Frappuccino® - whole milk	Grande	1539	367	17.7	12.2	46.7	45.1	0.2	4.9	0.59	30.8
Caramel Frappuccino® - whole milk	Venti	1722	410	18	12.3	56.4	54.5	0.2	5.1	0.71	39.5
Caramel Frappuccino® - skimmed milk	Tall	1109	264	11.2	7.8	36.6	35.3	0.1	3.9	0.46	23.1
Caramel Frappuccino® - skimmed milk	Grande	1423	339	14.4	10	46.9	45.3	0.2	5	0.59	30.8
Caramel Frappuccino® - skimmed milk	Venti	1603	382	14.6	10.1	56.6	54.7	0.2	5.2	0.72	39.5
Caramel Frappuccino® - almond drink	Tall	1069	256	11.9	7.8	34.7	33.5	0.3	1.5	0.43	23.1
Caramel Frappuccino® - almond drink	Grande	1372	328	15.3	10	44.6	43	0.4	2	0.56	30.8
Caramel Frappuccino® - almond drink	Venti	1550	370	15.5	10.1	54.2	52.3	0.4	2.1	0.68	39.5
Caramel Frappuccino® - soya drink	Tall	1129	269	12.5	7.9	34.9	33.5	0.6	3.7	0.45	23.1
Caramel Frappuccino® - soya drink	Grande	1448	345	16	10.2	44.8	43	0.8	4.8	0.59	30.8
Caramel Frappuccino® - soya drink	Venti	1628	388	16.3	10.3	54.5	52.3	0.8	5	0.71	39.5
Caramel Frappuccino® - oat drink	Tall	1183	282	13.3	7.9	38	34.1	0.9	1.8	0.48	23.1
Caramel Frappuccino® - oat drink	Grande	1517	362	17.1	10.2	48.8	43.8	1.2	2.3	0.61	30.8
Caramel Frappuccino® - oat drink	Venti	1700	405	17.4	10.3	58.5	53.1	1.2	2.5	0.74	39.5
Caramel Frappuccino® - coconut drink	Tall	1132	270	12.9	9.5	35.6	34.3	1.3	1.9	0.52	23.1
Caramel Frappuccino® - coconut drink	Grande	1452	347	16.6	12.2	45.6	44	1.7	2.5	0.67	30.8
Caramel Frappuccino® - coconut drink	Venti	1633	390	16.9	12.4	55.3	53.3	1.7	2.7	0.79	39.5
Espresso Frappuccino® - semi skimmed milk	Tall	424	100	1	0.8	20.2	19.1	0.2	2.3	0.35	49.4
Espresso Frappuccino® - semi skimmed milk	Grande	569	134	1.3	1.2	27	25.8	0.2	3.1	0.46	53.6
Espresso Frappuccino® - semi skimmed milk	Venti	733	173	1.6	1.3	35.5	33.9	0.3	3.6	0.60	63.3
Espresso Frappuccino® - whole milk	Tall	454	107	1.8	1.1	20.1	19.1	0.2	2.3	0.35	49.4
Espresso Frappuccino® - whole milk	Grande	613	145	2.6	1.5	27	25.7	0.2	3	0.46	53.6
Espresso Frappuccino® - whole milk	Venti	783	185	3	1.8	35.4	33.9	0.3	3.5	0.60	63.3
Espresso Frappuccino® - skimmed milk	Tall	401	95	0.3	0.1	20.2	19.1	0.2	2.3	0.35	49.4
Espresso Frappuccino® - skimmed milk	Grande	537	127	0.4	0.1	27.1	25.9	0.2	3.1	0.46	53.6
Espresso Frappuccino® - skimmed milk	Venti	695	164	0.5	0.2	35.6	34	0.3	3.6	0.60	63.3
Espresso Frappuccino® - almond drink	Tall	378	90	0.7	0.1	19.1	18.1	0.3	1	0.33	49.4
Espresso Frappuccino® - almond drink	Grande	503	119	1	0.1	25.6	24.3	0.4	1.1	0.44	53.6
Espresso Frappuccino® - almond drink	Venti	656	156	1.2	0.1	33.8	32.3	0.4	1.4	0.57	63.3
Espresso Frappuccino® - soya drink	Tall	412	97	1.1	0.2	19.3	18.1	0.5	2.2	0.34	49.4
Espresso Frappuccino® - soya drink	Grande	553	130	1.5	0.2	25.7	24.4	0.6	3	0.46	53.6
Espresso Frappuccino® - soya drink	Venti	714	168	1.7	0.3	34	32.3	0.7	3.5	0.59	63.3
Espresso Frappuccino® - oat drink	Tall	444	105	1.6	0.2	21.1	18.5	0.7	1.1	0.36	49.4
Espresso Frappuccino® - oat drink	Grande	599	142	2.2	0.2	28.3	24.9	0.9	1.3	0.48	53.6
Espresso Frappuccino® - oat drink	Venti	767	181	2.6	0.3	37	32.9	1	1.6	0.61	63.3
Espresso Frappuccino® - coconut drink	Tall	414	98	1.3	1.1	19.6	18.6	0.9	1.2	0.38	49.4
Espresso Frappuccino® - coconut drink	Grande	556	132	1.9	1.5	26.3	25	1.2	1.5	0.51	53.6
Espresso Frappuccino® - coconut drink	Venti	717	170	2.2	1.8	34.6	33	1.4	1.7	0.66	63.3
Mocha Frappuccino® - semi skimmed milk	Tall	1002	239	11.1	8.2	29.6	28.5	0.7	4.5	0.40	22.6
Mocha Frappuccino® - semi skimmed milk	Grande	1318	314	14.6	10.8	39.1	37.7	1	5.9	0.52	30
Mocha Frappuccino® - semi skimmed milk	Venti	1516	361	15	11	49	47.1	1.3	6.6	0.65	39.3

Mocha Frappuccino® - whole milk	Tall	1053	251	12.6	8.7	29.5	28.5	0.7	4.5	0.40	22.6
Mocha Frappuccino® - whole milk	Grande	1383	330	16.5	11.4	39	37.6	1	5.8	0.52	30
Mocha Frappuccino® - whole milk	Venti	1584	377	16.9	11.6	48.9	47	1.3	6.5	0.65	39.3
Mocha Frappuccino® - skimmed milk	Tall	964	230	10.1	7	29.7	28.6	0.7	4.5	0.40	22.6
Mocha Frappuccino® - skimmed milk	Grande	1270	303	13.3	9.3	39.2	37.7	1	5.9	0.53	30
Mocha Frappuccino® - skimmed milk	Venti	1465	349	13.6	9.4	49.1	47.2	1.3	6.6	0.65	39.3
Mocha Frappuccino® - almond drink	Tall	924	221	10.7	7	27.9	26.8	0.9	2.3	0.37	22.6
Mocha Frappuccino® - almond drink	Grande	1220	292	14.1	9.3	36.9	35.5	1.2	3	0.49	30
Mocha Frappuccino® - almond drink	Venti	1412	338	14.4	9.4	46.7	44.9	1.5	3.5	0.62	39.3
Mocha Frappuccino® - soya drink	Tall	983	234	11.3	7.2	28.1	26.9	1.2	4.4	0.39	22.6
Mocha Frappuccino® - soya drink	Grande	1294	309	14.8	9.5	37.1	35.5	1.6	5.7	0.52	30
Mocha Frappuccino® - soya drink	Venti	1491	355	15.2	9.6	47	44.9	1.9	6.4	0.64	39.3
Mocha Frappuccino® - oat drink	Tall	1036	247	12.1	7.2	31.1	27.5	1.5	2.5	0.42	22.6
Mocha Frappuccino® - oat drink	Grande	1362	325	15.9	9.5	41	36.3	1.9	3.3	0.55	30
Mocha Frappuccino® - oat drink	Venti	1562	372	16.3	9.6	51	45.7	2.3	3.8	0.67	39.3
Mocha Frappuccino® - coconut drink	Tall	986	236	11.7	8.7	28.7	27.6	1.9	2.6	0.46	22.6
Mocha Frappuccino® - coconut drink	Grande	1298	311	15.4	11.4	37.9	36.5	2.4	3.5	0.60	30
Mocha Frappuccino® - coconut drink	Venti	1495	357	15.8	11.6	47.8	45.9	2.8	4	0.73	39.3
White Mocha Frappuccino® - semi skimmed milk	Tall	1047	250	11.4	8.5	32.3	31.5	0.1	4.2	0.45	22.6
White Mocha Frappuccino® - semi skimmed milk	Grande	1488	355	15.4	11.6	47.6	46.6	0.2	5.9	0.64	31.2
White Mocha Frappuccino® - semi skimmed milk	Venti	1602	381	15.4	11.6	54	52.7	0.2	6	0.75	39.7
White Mocha Frappuccino® - whole milk	Tall	1098	262	12.8	9	32.2	31.5	0.1	4.1	0.45	22.6
White Mocha Frappuccino® - whole milk	Grande	1556	371	17.3	12.2	47.5	46.5	0.2	5.8	0.64	31.2
White Mocha Frappuccino® - whole milk	Venti	1671	398	17.4	12.2	53.9	52.6	0.2	5.9	0.75	39.7
White Mocha Frappuccino® - skimmed milk	Tall	1009	240	10.3	7.4	32.4	31.6	0.1	4.2	0.45	22.6
White Mocha Frappuccino® - skimmed milk	Grande	1438	343	14	10	47.7	46.7	0.2	5.9	0.64	31.2
White Mocha Frappuccino® - skimmed milk	Venti	1551	369	14	10	54.1	52.9	0.2	6	0.75	39.7
White Mocha Frappuccino® - almond drink	Tall	969	232	11	7.3	30.6	29.8	0.3	1.9	0.42	22.6
White Mocha Frappuccino® - almond drink	Grande	1386	332	14.9	10	45.4	44.4	0.4	2.9	0.61	31.2
White Mocha Frappuccino® - almond drink	Venti	1498	358	14.9	10	51.7	50.5	0.4	3	0.71	39.7
White Mocha Frappuccino® - soya drink	Tall	1028	245	11.5	7.5	30.8	29.9	0.6	4.1	0.45	22.6
White Mocha Frappuccino® - soya drink	Grande	1463	349	15.6	10.2	45.6	44.4	0.8	5.7	0.63	31.2
White Mocha Frappuccino® - soya drink	Venti	1577	375	15.7	10.2	52	50.5	0.9	5.8	0.74	39.7
White Mocha Frappuccino® - oat drink	Tall	1081	258	12.4	7.5	33.8	30.5	0.9	2.2	0.47	22.6
White Mocha Frappuccino® - oat drink	Grande	1533	366	16.7	10.2	49.6	45.2	1.2	3.2	0.66	31.2
White Mocha Frappuccino® - oat drink	Venti	1648	393	16.8	10.2	56.1	51.3	1.3	3.3	0.77	39.7
White Mocha Frappuccino® - coconut drink	Tall	1031	246	12	9	31.4	30.6	1.3	2.3	0.51	22.6
White Mocha Frappuccino® - coconut drink	Grande	1467	351	16.2	12.2	46.4	45.4	1.7	3.4	0.72	31.2
White Mocha Frappuccino® - coconut drink	Venti	1581	377	16.3	12.2	52.8	51.5	1.8	3.5	0.83	39.7
Java Chip Frappuccino® - semi skimmed milk	Tall	1157	276	13.4	10.1	33.2	30.9	1.3	4.9	0.42	21.2
Java Chip Frappuccino® - semi skimmed milk	Grande	1588	379	17.9	13.6	46.4	43.2	1.9	6.7	0.59	30.2
Java Chip Frappuccino® - semi skimmed milk	Venti	1888	450	19.4	14.7	59.3	55.1	2.5	7.7	0.75	40.3
Java Chip Frappuccino® - whole milk	Tall	1205	288	14.7	10.5	33.1	30.8	1.3	4.8	0.42	21.2
Java Chip Frappuccino® - whole milk	Grande	1653	395	19.8	14.1	46.3	43.1	1.9	6.6	0.59	30.2
Java Chip Frappuccino® - whole milk	Venti	1958	467	21.4	15.3	59.2	55	2.5	7.6	0.75	40.3
Java Chip Frappuccino® - skimmed milk	Tall	1122	268	12.4	8.9	33.2	31	1.3	4.9	0.42	21.2
Java Chip Frappuccino® - skimmed milk	Grande	1540	367	16.6	12	46.5	43.3	1.9	6.7	0.59	30.2
Java Chip Frappuccino® - skimmed milk	Venti	1836	438	18	13.1	59.4	55.2	2.5	7.7	0.75	40.3
Java Chip Frappuccino® - almond drink	Tall	1085	260	13	8.9	31.6	29.3	1.5	2.8	0.39	21.2
Java Chip Frappuccino® - almond drink	Grande	1489	357	17.4	12	44.2	41	2.1	3.8	0.56	30.2
Java Chip Frappuccino® - almond drink	Venti	1782	426	18.9	13	57	52.8	2.7	4.6	0.71	40.3
Java Chip Frappuccino® - soya drink	Tall	1139	272	13.5	9.1	31.7	29.3	1.8	4.8	0.41	21.2
Java Chip Frappuccino® - soya drink	Grande	1564	373	18.1	12.2	44.4	41	2.4	6.5	0.58	30.2
Java Chip Frappuccino® - soya drink	Venti	1862	444	19.6	13.3	57.3	52.8	3.1	7.5	0.74	40.3
Java Chip Frappuccino® - oat drink	Tall	1189	284	14.3	9.1	34.6	29.9	2.1	3	0.44	21.2
Java Chip Frappuccino® - oat drink	Grande	1632	390	19.2	12.2	48.3	41.8	2.8	4.1	0.61	30.2

Java Chip Frappuccino® - oat drink	Venti	1935	461	20.8	13.3	61.4	53.6	3.5	4.9	0.77	40.3
Java Chip Frappuccino® - coconut drink	Tall	1142	273	13.9	10.5	32.3	30.1	2.4	3.1	0.48	21.2
Java Chip Frappuccino® - coconut drink	Grande	1568	375	18.7	14.1	45.2	42	3.3	4.3	0.67	30.2
Java Chip Frappuccino® - coconut drink	Venti	1866	446	20.3	15.3	58.1	53.8	4	5.1	0.83	40.3
Chocolate Cream Frappuccino® - semi skimmed milk	Tall	992	237	11.6	8.7	27.5	26.6	0.8	5.3	0.41	0
Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1353	323	15.4	11.7	38.3	37.1	1.1	7.3	0.57	0
Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1510	360	15.8	12	45.8	44.3	1.3	8	0.68	0
Chocolate Cream Frappuccino® - whole milk	Tall	1061	253	13.5	9.3	27.4	26.5	0.8	5.2	0.40	0
Chocolate Cream Frappuccino® - whole milk	Grande	1447	346	18.1	12.5	38.2	36.9	1.1	7.1	0.57	0
Chocolate Cream Frappuccino® - whole milk	Venti	1611	384	18.7	12.9	45.7	44.2	1.3	7.9	0.68	0
Chocolate Cream Frappuccino® - skimmed milk	Tall	942	225	10.2	7.1	27.6	26.8	0.8	5.3	0.41	0
Chocolate Cream Frappuccino® - skimmed milk	Grande	1282	306	13.5	9.5	38.4	37.2	1.1	7.3	0.57	0
Chocolate Cream Frappuccino® - skimmed milk	Venti	1434	342	13.7	9.6	46	44.5	1.3	8	0.68	0
Chocolate Cream Frappuccino® - almond drink	Tall	889	214	11.1	7.1	25.2	24.4	1	2.3	0.37	0
Chocolate Cream Frappuccino® - almond drink	Grande	1209	291	14.7	9.4	35.1	33.9	1.4	3.1	0.52	0
Chocolate Cream Frappuccino® - almond drink	Venti	1356	326	15	9.6	42.5	40.9	1.6	3.5	0.63	0
Chocolate Cream Frappuccino® - soya drink	Tall	967	231	11.8	7.3	25.5	24.4	1.4	5.1	0.40	0
Chocolate Cream Frappuccino® - soya drink	Grande	1318	315	15.7	9.7	35.5	34	1.9	7	0.56	0
Chocolate Cream Frappuccino® - soya drink	Venti	1472	351	16.1	9.9	42.8	41	2.2	7.7	0.67	0
Chocolate Cream Frappuccino® - oat drink	Tall	1038	248	12.9	7.3	29.6	25.2	1.8	2.6	0.43	0
Chocolate Cream Frappuccino® - oat drink	Grande	1416	339	17.3	9.7	41.1	35.1	2.5	3.5	0.60	0
Chocolate Cream Frappuccino® - oat drink	Venti	1578	377	17.8	9.9	48.9	42.2	2.8	3.9	0.71	0
Chocolate Cream Frappuccino® - coconut drink	Tall	971	233	12.4	9.4	26.3	25.4	2.3	2.8	0.49	0
Chocolate Cream Frappuccino® - coconut drink	Grande	1323	317	16.6	12.5	36.6	35.4	3.2	3.8	0.68	0
Chocolate Cream Frappuccino® - coconut drink	Venti	1478	354	17	12.9	44	42.5	3.6	4.2	0.80	0
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	886	212	10.9	8.3	24.4	23.9	0	4.1	0.39	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	1215	290	14.5	11.1	34.4	33.7	0	5.6	0.56	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	1381	330	14.8	11.4	43	42	0	6.3	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	952	228	12.8	8.9	24.3	23.8	0	4	0.39	0
Vanilla Cream Frappuccino® - whole milk	Grande	1307	312	17.1	11.9	34.3	33.5	0	5.5	0.55	0
Vanilla Cream Frappuccino® - whole milk	Venti	1485	354	17.7	12.3	42.8	41.9	0	6.1	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	836	200	9.5	6.7	24.5	24	0	4.1	0.40	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	1146	274	12.5	8.9	34.6	33.8	0	5.6	0.56	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	1304	311	12.6	8.9	43.1	42.2	0	6.3	0.70	0
Vanilla Cream Frappuccino® - almond drink	Tall	785	189	10.4	6.7	22.2	21.7	0.2	1.1	0.36	0
Vanilla Cream Frappuccino® - almond drink	Grande	1074	259	13.8	8.9	31.3	30.6	0.3	1.5	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	1223	294	14	8.9	39.5	38.5	0.3	1.6	0.64	0
Vanilla Cream Frappuccino® - soya drink	Tall	861	206	11.1	6.9	22.4	21.7	0.6	3.9	0.39	0
Vanilla Cream Frappuccino® - soya drink	Grande	1180	282	14.7	9.1	31.7	30.7	0.8	5.4	0.55	0
Vanilla Cream Frappuccino® - soya drink	Venti	1342	320	15.1	9.2	39.9	38.6	0.9	5.9	0.68	0
Vanilla Cream Frappuccino® - oat drink	Tall	930	223	12.2	6.9	26.4	22.5	1	1.4	0.42	0
Vanilla Cream Frappuccino® - oat drink	Grande	1277	305	16.3	9.1	37.2	31.8	1.4	1.9	0.59	0
Vanilla Cream Frappuccino® - oat drink	Venti	1451	347	16.8	9.2	46.1	39.8	1.5	2.1	0.73	0
Vanilla Cream Frappuccino® - coconut drink	Tall	865	208	11.7	8.9	23.2	22.7	1.5	1.6	0.47	0
Vanilla Cream Frappuccino® - coconut drink	Grande	1186	285	15.6	11.9	32.8	32	2.1	2.2	0.67	0
Vanilla Cream Frappuccino® - coconut drink	Venti	1349	323	16	12.3	41.1	40.1	2.3	2.4	0.82	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	1079	258	12.6	9.3	31.9	30.9	0	4.2	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	1430	341	16.3	12.2	42.9	41.7	0	5.8	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	1622	387	16.8	12.6	52.6	51.1	0	6.4	0.76	0
Caramel Cream Frappuccino® - whole milk	Tall	1145	274	14.4	9.9	31.8	30.8	0	4.1	0.44	0
Caramel Cream Frappuccino® - whole milk	Grande	1522	363	18.9	13	42.7	41.5	0	5.7	0.61	0
Caramel Cream Frappuccino® - whole milk	Venti	1726	412	19.7	13.5	52.4	50.9	0	6.3	0.75	0
Caramel Cream Frappuccino® - skimmed milk	Tall	1029	246	11.2	7.8	32	31	0	4.2	0.45	0
Caramel Cream Frappuccino® - skimmed milk	Grande	1361	325	14.4	10	43	41.8	0	5.8	0.62	0
Caramel Cream Frappuccino® - skimmed milk	Venti	1545	368	14.6	10.2	52.7	51.2	0	6.4	0.76	0
Caramel Cream Frappuccino® - almond drink	Tall	978	235	12	7.7	29.7	28.7	0.2	1.3	0.41	0

Caramel Cream Frappuccino® - almond drink	Grande	1290	310	15.6	10	39.8	38.6	0.3	1.7	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	1464	351	16	10.1	49.1	47.6	0.3	1.8	0.70	0
Caramel Cream Frappuccino® - soya drink	Tall	1054	252	12.7	7.9	29.9	28.7	0.6	4	0.44	0
Caramel Cream Frappuccino® - soya drink	Grande	1396	333	16.6	10.3	40.1	38.6	0.8	5.5	0.60	0
Caramel Cream Frappuccino® - soya drink	Venti	1584	378	17.1	10.4	49.5	47.7	0.9	6.1	0.74	0
Caramel Cream Frappuccino® - oat drink	Tall	1123	269	13.8	7.9	33.9	29.5	1	1.6	0.47	0
Caramel Cream Frappuccino® - oat drink	Grande	1492	357	18.1	10.3	45.6	39.7	1.4	2.1	0.64	0
Caramel Cream Frappuccino® - oat drink	Venti	1692	404	18.8	10.4	55.7	48.9	1.5	2.2	0.79	0
Caramel Cream Frappuccino® - coconut drink	Tall	1058	254	13.3	9.9	30.7	29.7	1.5	1.8	0.53	0
Caramel Cream Frappuccino® - coconut drink	Grande	1401	336	17.4	13	41.2	40	2.1	2.4	0.72	0
Caramel Cream Frappuccino® - coconut drink	Venti	1590	381	18	13.5	50.7	49.2	2.3	2.5	0.88	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Tall	1003	240	11.7	9	28.9	28.4	0	4.7	0.46	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1446	345	16	12.3	43.7	43	0	6.7	0.66	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1526	364	16	12.3	48	47.2	0	7	0.76	0
White Chocolate Cream Frappuccino® - whole milk	Tall	1071	256	13.6	9.6	28.8	28.3	0	4.6	0.45	0
White Chocolate Cream Frappuccino® - whole milk	Grande	1539	367	18.6	13.1	43.5	42.9	0	6.6	0.66	0
White Chocolate Cream Frappuccino® - whole milk	Venti	1625	388	18.8	13.2	47.9	47.1	0	6.8	0.75	0
White Chocolate Cream Frappuccino® - skimmed milk	Tall	952	227	10.3	7.4	29	28.5	0	4.7	0.46	0
White Chocolate Cream Frappuccino® - skimmed milk	Grande	1377	329	14	10.1	43.8	43.2	0	6.7	0.66	0
White Chocolate Cream Frappuccino® - skimmed milk	Venti	1452	346	14	10	48.2	47.4	0	7	0.76	0
White Chocolate Cream Frappuccino® - almond drink	Tall	900	216	11.2	7.3	26.6	26.1	0.2	1.7	0.42	0
White Chocolate Cream Frappuccino® - almond drink	Grande	1305	313	15.2	10.1	40.6	39.9	0.3	2.6	0.61	0
White Chocolate Cream Frappuccino® - almond drink	Venti	1375	330	15.3	10	44.7	43.9	0.3	2.5	0.71	0
White Chocolate Cream Frappuccino® - soya drink	Tall	978	234	11.9	7.5	26.8	26.2	0.6	4.5	0.45	0
White Chocolate Cream Frappuccino® - soya drink	Grande	1411	337	16.2	10.3	40.9	40	0.9	6.5	0.65	0
White Chocolate Cream Frappuccino® - soya drink	Venti	1489	355	16.3	10.3	45.1	44	0.9	6.7	0.75	0
White Chocolate Cream Frappuccino® - oat drink	Tall	1049	251	13	7.5	30.9	27	1	2	0.48	0
White Chocolate Cream Frappuccino® - oat drink	Grande	1508	360	17.8	10.3	46.4	41.1	1.4	3	0.69	0
White Chocolate Cream Frappuccino® - oat drink	Venti	1593	380	17.9	10.3	51	45.1	1.5	3	0.79	0
White Chocolate Cream Frappuccino® - coconut drink	Tall	982	236	12.5	9.6	27.6	27.2	1.5	2.2	0.54	0
White Chocolate Cream Frappuccino® - coconut drink	Grande	1417	340	17.1	13.1	42	41.4	2.1	3.3	0.77	0
White Chocolate Cream Frappuccino® - coconut drink	Venti	1495	358	17.2	13.2	46.2	45.4	2.2	3.3	0.88	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	959	229	10.9	8.3	28.3	27.2	0.2	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	1300	310	14.4	11	39.1	37.6	0.3	5.6	0.54	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	1434	342	14.6	11.1	46.3	44.5	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - whole milk	Tall	1024	245	12.8	8.8	28.2	27.1	0.2	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	1389	331	17	11.7	39	37.5	0.3	5.5	0.54	0
Strawberries & Cream Frappuccino® - whole milk	Venti	1528	364	17.2	11.9	46.2	44.3	0.4	5.8	0.63	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	910	217	9.5	6.7	28.4	27.3	0.2	4.2	0.40	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	1234	294	12.6	8.9	39.2	37.7	0.3	5.6	0.55	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	1364	325	12.6	8.9	46.4	44.6	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - almond drink	Tall	859	206	10.4	6.7	26.1	25	0.4	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	1165	280	13.8	8.8	36.1	34.6	0.5	1.6	0.50	0
Strawberries & Cream Frappuccino® - almond drink	Venti	1292	310	13.9	8.9	43.2	41.3	0.6	1.7	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Tall	935	223	11.1	6.9	26.4	25.1	0.8	4	0.39	0
Strawberries & Cream Frappuccino® - soya drink	Grande	1267	302	14.7	9.1	36.5	34.7	1.1	5.3	0.53	0
Strawberries & Cream Frappuccino® - soya drink	Venti	1399	333	14.9	9.1	43.5	41.4	1.2	5.6	0.63	0
Strawberries & Cream Frappuccino® - oat drink	Tall	1003	240	12.2	6.9	30.3	25.9	1.2	1.5	0.42	0
Strawberries & Cream Frappuccino® - oat drink	Grande	1359	325	16.2	9.1	41.8	35.8	1.6	2	0.57	0
Strawberries & Cream Frappuccino® - oat drink	Venti	1497	357	16.4	9.1	49.1	42.5	1.7	2.1	0.67	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	938	225	11.7	8.8	27.1	26.1	1.7	1.7	0.47	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	1272	305	15.5	11.8	37.5	36	2.3	2.3	0.65	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	1405	336	15.7	11.9	44.6	42.8	2.4	2.4	0.75	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	1142	273	13.7	10.1	31.9	27	0.3	5.4	0.55	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	1528	365	18.1	13.3	43.1	36.6	0.4	7.3	0.75	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	1766	421	19.3	14.2	53.4	45.1	0.5	8.2	0.93	0

Cookies & Cream Frappuccino® - whole milk	Tall	1211	289	15.6	10.7	31.8	26.9	0.3	5.3	0.55	0
Cookies & Cream Frappuccino® - whole milk	Grande	1621	387	20.7	14.1	43	36.4	0.4	7.1	0.74	0
Cookies & Cream Frappuccino® - whole milk	Venti	1870	446	22.3	15.1	53.3	45	0.5	8.1	0.92	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	1090	260	12.2	8.4	32	27.1	0.3	5.4	0.55	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	1458	348	16.1	11.1	43.2	36.7	0.4	7.3	0.75	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	1688	403	17.2	11.8	53.6	45.3	0.5	8.2	0.93	0
Cookies & Cream Frappuccino® - almond drink	Tall	1036	249	13.1	8.4	29.6	24.6	0.5	2.3	0.51	0
Cookies & Cream Frappuccino® - almond drink	Grande	1386	333	17.4	11.1	40	33.5	0.7	3.1	0.70	0
Cookies & Cream Frappuccino® - almond drink	Venti	1607	386	18.5	11.7	49.9	41.7	0.8	3.6	0.87	0
Cookies & Cream Frappuccino® - soya drink	Tall	1116	267	13.9	8.6	29.8	24.7	0.9	5.2	0.54	0
Cookies & Cream Frappuccino® - soya drink	Grande	1493	356	18.4	11.4	40.3	33.5	1.3	7	0.73	0
Cookies & Cream Frappuccino® - soya drink	Venti	1727	412	19.6	12	50.3	41.7	1.5	7.9	0.92	0
Cookies & Cream Frappuccino® - oat drink	Tall	1189	284	15	8.6	34	25.5	1.4	2.6	0.57	0
Cookies & Cream Frappuccino® - oat drink	Grande	1590	380	19.9	11.4	45.9	34.6	1.8	3.5	0.78	0
Cookies & Cream Frappuccino® - oat drink	Venti	1836	438	21.4	12	56.5	43	2.1	4	0.96	0
Cookies & Cream Frappuccino® - coconut drink	Tall	1120	269	14.5	10.7	30.6	25.7	1.9	2.8	0.63	0
Cookies & Cream Frappuccino® - coconut drink	Grande	1498	359	19.2	14.2	41.4	34.9	2.5	3.8	0.86	0
Cookies & Cream Frappuccino® - coconut drink	Venti	1733	415	20.6	15.1	51.6	43.3	2.9	4.4	1.05	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Tall	1174	281	14	10.8	32.1	29.9	1.3	5.8	0.46	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Grande	1591	380	18.8	14.5	44.1	41	1.8	7.8	0.63	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Venti	1784	426	19.9	15.3	52.1	48.4	2.2	8.5	0.74	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Tall	1243	297	16	11.4	32	29.8	1.3	5.7	0.46	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Grande	1684	403	21.4	15.3	43.9	40.9	1.8	7.7	0.63	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Venti	1882	450	22.7	16.2	52	48.3	2.2	8.4	0.74	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Tall	1123	268	12.6	9.2	32.2	30	1.3	5.8	0.46	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Grande	1522	364	16.8	12.3	44.2	41.2	1.8	7.8	0.64	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Venti	1711	409	17.8	13	52.3	48.6	2.2	8.5	0.75	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Tall	1070	257	13.5	9.1	29.8	27.6	1.5	2.7	0.42	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Grande	1449	348	18.1	12.2	40.9	37.9	2.1	3.6	0.58	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Venti	1635	392	19.1	13	48.8	45.1	2.5	4.1	0.69	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Tall	1149	275	14.2	9.3	30.1	27.7	2	5.6	0.45	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Grande	1556	372	19.1	12.5	41.3	38	2.6	7.5	0.62	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Venti	1747	417	20.2	13.3	49.2	45.2	3.1	8.2	0.73	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Tall	1221	292	15.4	9.3	34.2	28.5	2.4	3	0.48	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Grande	1654	396	20.6	12.5	46.8	39.1	3.2	4	0.66	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Venti	1850	442	21.8	13.3	55	46.4	3.7	4.6	0.78	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Tall	1153	277	14.9	11.4	30.9	28.7	2.9	3.2	0.54	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Grande	1562	375	19.9	15.3	42.4	39.4	3.9	4.3	0.75	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Venti	1753	420	21	16.2	50.4	46.7	4.4	4.9	0.86	0
Matcha Cream Frappuccino® - semi skimmed milk	Tall	940	225	11	8.4	26.2	24.9	0.8	4.8	0.41	49.4
Matcha Cream Frappuccino® - semi skimmed milk	Grande	1266	302	14.6	11.1	35.9	34	1.1	6.4	0.56	68.2
Matcha Cream Frappuccino® - semi skimmed milk	Venti	1402	335	14.8	11.3	42.8	40.5	1.4	6.9	0.67	85.1
Matcha Cream Frappuccino® - whole milk	Tall	1009	241	13	9	26.1	24.8	0.8	4.7	0.41	49.4
Matcha Cream Frappuccino® - whole milk	Grande	1359	325	17.2	11.9	35.7	33.9	1.1	6.3	0.56	68.2
Matcha Cream Frappuccino® - whole milk	Venti	1501	358	17.6	12.2	42.7	40.4	1.4	6.8	0.66	85.1
Matcha Cream Frappuccino® - skimmed milk	Tall	888	212	9.6	6.8	26.3	25	0.8	4.8	0.41	49.4
Matcha Cream Frappuccino® - skimmed milk	Grande	1196	286	12.7	8.9	36	34.2	1.1	6.4	0.56	68.2
Matcha Cream Frappuccino® - skimmed milk	Venti	1327	317	12.7	8.9	43	40.7	1.4	6.9	0.67	85.1
Matcha Cream Frappuccino® - almond drink	Tall	834	201	10.5	6.7	23.9	22.6	1	1.7	0.37	49.4
Matcha Cream Frappuccino® - almond drink	Grande	1124	270	13.9	8.9	32.8	30.9	1.4	2.2	0.51	68.2
Matcha Cream Frappuccino® - almond drink	Venti	1250	300	14	8.9	39.5	37.2	1.7	2.5	0.61	85.1
Matcha Cream Frappuccino® - soya drink	Tall	914	218	11.2	6.9	24.2	22.6	1.4	4.6	0.40	49.4
Matcha Cream Frappuccino® - soya drink	Grande	1231	294	14.9	9.2	33.1	31	1.9	6.1	0.55	68.2
Matcha Cream Frappuccino® - soya drink	Venti	1365	326	15.1	9.2	39.9	37.3	2.3	6.6	0.65	85.1
Matcha Cream Frappuccino® - oat drink	Tall	987	236	12.4	6.9	28.3	23.5	1.8	2	0.43	49.4
Matcha Cream Frappuccino® - oat drink	Grande	1328	318	16.4	9.2	38.7	32.1	2.5	2.7	0.59	68.2



Classic Shaken Hibiscus Tea	Venti	0	0	0	0	0	0	0	0.00	0	
Classic Shaken Hibiscus Tea Lemonade	Tall	135	32	0.1	0	7.4	7.4	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Grande	182	43	0.1	0	10	10	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Venti	182	43	0.1	0	9.9	9.9	0.1	0.1	0.00	0
<b>Hot Teas</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
English Breakfast Tea	Tall	20	5	0.1	0	0	0	0	0.8	0.00	1.2
English Breakfast Tea	Grande	20	5	0.1	0	0	0	0	0.8	0.00	1.2
English Breakfast Tea	Venti	40	10	0.3	0.1	0.1	0.1	0	1.7	0.00	2.4
Jasmine Pearls Tea	Tall	24	6	0.2	0	0	0	0	1	0.00	1.4
Jasmine Pearls Tea	Grande	24	6	0.2	0	0	0	0	1	0.00	1.4
Jasmine Pearls Tea	Venti	47	11	0.3	0.1	0.1	0.1	0	2	0.00	2.8
Mint Citrus Green Tea	Tall	15	4	0.1	0	0.3	0	0.2	0.3	0.00	0.3
Mint Citrus Green Tea	Grande	15	4	0.1	0	0.3	0	0.2	0.3	0.00	0.3
Mint Citrus Green Tea	Venti	30	7	0.1	0	0.5	0	0.5	0.7	0.01	0.6
Emperor's Clouds & Mist Tea	Tall	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Grande	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Venti	31	7	0.2	0	0	0	0	1.3	0.00	1.8
Chamomile	Tall	16	4	0.1	0	0.4	0.1	0.3	0.3	0.00	0
Chamomile	Grande	16	4	0.1	0	0.4	0.1	0.3	0.3	0.00	0
Chamomile	Venti	32	8	0.2	0	0.7	0.1	0.6	0.5	0.01	0
Earl Grey Tea	Tall	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Grande	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Venti	35	8	0.3	0	0.1	0	0	1.4	0.00	2.1
Mint Herbal Blend	Tall	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Grande	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Venti	37	9	0.1	0	1.2	0	0.7	0.4	0.01	0
Hibiscus Tea	Tall	24	6	0	0	1.1	0.8	0	0.2	0.00	0
Hibiscus Tea	Grande	24	6	0	0	1.1	0.8	0	0.2	0.00	0
Hibiscus Tea	Venti	49	12	0.1	0	2.3	1.7	0.1	0.4	0.01	0
Chai Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.8
Youthberry Tea	Tall	30	7	0	0	1.4	1.2	0	0.2	0.00	0.2
Youthberry Tea	Grande	30	7	0	0	1.4	1.2	0	0.2	0.00	0.2
Youthberry Tea	Venti	59	14	0.1	0	2.8	2.4	0	0.5	0.01	0.4
<b>Tea Latte</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
Matcha Green Tea Latte - semi skimmed milk	Tall	578	137	4.7	4.6	13.6	12.7	0.9	10	0.29	52.5
Matcha Green Tea Latte - semi skimmed milk	Grande	699	166	5.6	5.5	16.4	15.2	1.2	12	0.34	76.2
Matcha Green Tea Latte - semi skimmed milk	Venti	939	223	7.5	7.4	22.1	20.4	1.7	16.2	0.46	102.4
Matcha Green Tea Latte - whole milk	Tall	758	180	9.8	6.2	13.3	12.4	0.9	9.7	0.28	52.5
Matcha Green Tea Latte - whole milk	Grande	914	217	11.7	7.4	16.1	14.9	1.2	11.7	0.34	76.2
Matcha Green Tea Latte - whole milk	Venti	1228	292	15.7	9.9	21.6	20	1.7	15.7	0.45	102.4
Matcha Green Tea Latte - skimmed milk	Tall	443	105	0.9	0.4	13.8	13	0.9	10	0.30	52.5
Matcha Green Tea Latte - skimmed milk	Grande	538	128	1.1	0.4	16.8	15.5	1.2	12	0.35	76.2
Matcha Green Tea Latte - skimmed milk	Venti	723	171	1.5	0.6	22.5	20.9	1.7	16.2	0.47	102.4
Matcha Green Tea Latte - almond drink	Tall	304	75	3.3	0.3	7.5	6.7	1.4	1.9	0.19	52.5
Matcha Green Tea Latte - almond drink	Grande	371	92	3.9	0.3	9.2	8	1.9	2.4	0.23	76.2
Matcha Green Tea Latte - almond drink	Venti	499	124	5.3	0.5	12.4	10.8	2.5	3.2	0.31	102.4
Matcha Green Tea Latte - soya drink	Tall	510	121	5.2	0.8	8.2	6.8	2.5	9.4	0.27	52.5
Matcha Green Tea Latte - soya drink	Grande	618	147	6.2	1	10	8.1	3.2	11.4	0.32	76.2
Matcha Green Tea Latte - soya drink	Venti	831	197	8.4	1.3	13.5	10.9	4.2	15.3	0.43	102.4
Matcha Green Tea Latte - oat drink	Tall	698	167	8.2	0.8	18.9	8.9	3.5	2.7	0.35	52.5
Matcha Green Tea Latte - oat drink	Grande	843	201	9.8	1	22.8	10.7	4.4	3.4	0.42	76.2
Matcha Green Tea Latte - oat drink	Venti	1133	271	13.1	1.3	30.7	14.4	6	4.5	0.56	102.4



Matcha Green Tea Latte - coconut drink	Tall	521	127	6.8	6.2	10.3	9.5	4.9	3.2	0.50	52.5
Matcha Green Tea Latte - coconut drink	Grande	631	153	8.2	7.4	12.6	11.3	6	4	0.60	76.2
Matcha Green Tea Latte - coconut drink	Venti	848	206	11	10	16.9	15.2	8.1	5.4	0.81	102.4
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	359	85	2.8	2.8	8.5	7.6	0.8	6.2	0.17	51.4
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	513	122	4	3.9	12.1	10.9	1.3	8.8	0.25	77.7
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	596	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	103.8
Iced Matcha Green Tea Latte - whole milk	Tall	466	111	5.9	3.7	8.3	7.5	0.8	6	0.17	51.4
Iced Matcha Green Tea Latte - whole milk	Grande	666	158	8.4	5.3	11.9	10.6	1.3	8.6	0.24	77.7
Iced Matcha Green Tea Latte - whole milk	Venti	771	184	9.6	6	13.9	12.2	1.7	10	0.27	103.8
Iced Matcha Green Tea Latte - skimmed milk	Tall	278	66	0.6	0.2	8.6	7.8	0.8	6.2	0.18	51.4
Iced Matcha Green Tea Latte - skimmed milk	Grande	399	95	0.8	0.3	12.3	11.1	1.3	8.8	0.25	77.7
Iced Matcha Green Tea Latte - skimmed milk	Venti	466	110	1	0.4	14.4	12.7	1.7	10.2	0.29	103.8
Iced Matcha Green Tea Latte - almond drink	Tall	195	48	2	0.2	4.9	4	1.1	1.3	0.12	51.4
Iced Matcha Green Tea Latte - almond drink	Grande	280	69	2.8	0.3	7	5.7	1.7	2	0.17	77.7
Iced Matcha Green Tea Latte - almond drink	Venti	330	82	3.3	0.3	8.3	6.6	2.2	2.4	0.19	103.8
Iced Matcha Green Tea Latte - soya drink	Tall	319	76	3.1	0.5	5.3	4.1	1.8	5.9	0.16	51.4
Iced Matcha Green Tea Latte - soya drink	Grande	456	108	4.5	0.7	7.5	5.8	2.6	8.4	0.23	77.7
Iced Matcha Green Tea Latte - soya drink	Venti	531	126	5.2	0.8	8.9	6.7	3.2	9.7	0.26	103.8
Iced Matcha Green Tea Latte - oat drink	Tall	431	103	4.9	0.5	11.7	5.4	2.4	1.8	0.21	51.4
Iced Matcha Green Tea Latte - oat drink	Grande	616	147	7	0.7	16.7	7.7	3.5	2.7	0.30	77.7
Iced Matcha Green Tea Latte - oat drink	Venti	714	171	8	0.8	19.3	8.8	4.3	3.2	0.34	103.8
Iced Matcha Green Tea Latte - coconut drink	Tall	325	79	4.1	3.7	6.5	5.7	3.2	2.2	0.30	51.4
Iced Matcha Green Tea Latte - coconut drink	Grande	465	113	5.9	5.3	9.4	8.1	4.7	3.1	0.43	77.7
Iced Matcha Green Tea Latte - coconut drink	Venti	542	131	6.7	6.1	11	9.3	5.6	3.7	0.49	103.8
Chai Tea Latte - semi skimmed milk	Tall	589	140	2.5	2.5	24	24	0.2	5.1	0.17	33.3
Chai Tea Latte - semi skimmed milk	Grande	822	195	3.7	3.6	32.9	32.8	0.3	7.4	0.24	44.4
Chai Tea Latte - semi skimmed milk	Venti	1030	244	4.6	4.5	41.1	41	0.3	9.3	0.30	55.5
Chai Tea Latte - whole milk	Tall	686	163	5.3	3.3	23.9	23.8	0.2	5	0.16	33.3
Chai Tea Latte - whole milk	Grande	963	229	7.7	4.8	32.7	32.6	0.3	7.2	0.24	44.4
Chai Tea Latte - whole milk	Venti	1207	286	9.6	6.1	40.9	40.8	0.3	9.1	0.30	55.5
Chai Tea Latte - skimmed milk	Tall	517	122	0.5	0.2	24.2	24.1	0.2	5.1	0.17	33.3
Chai Tea Latte - skimmed milk	Grande	717	170	0.7	0.3	33.1	33	0.3	7.4	0.25	44.4
Chai Tea Latte - skimmed milk	Venti	898	213	0.9	0.4	41.4	41.3	0.3	9.3	0.31	55.5
Chai Tea Latte - almond drink	Tall	442	107	1.8	0.1	20.8	20.7	0.5	0.8	0.12	33.3
Chai Tea Latte - almond drink	Grande	608	147	2.6	0.2	28.2	28.1	0.7	1.1	0.17	44.4
Chai Tea Latte - almond drink	Venti	761	184	3.2	0.3	35.2	35.1	0.9	1.4	0.21	55.5
Chai Tea Latte - soya drink	Tall	553	131	2.8	0.4	21.1	20.8	1.1	4.8	0.16	33.3
Chai Tea Latte - soya drink	Grande	770	182	4.1	0.6	28.7	28.2	1.5	7	0.23	44.4
Chai Tea Latte - soya drink	Venti	964	228	5.1	0.8	35.9	35.2	1.9	8.8	0.28	55.5
Chai Tea Latte - oat drink	Tall	654	156	4.4	0.4	26.9	21.9	1.6	1.2	0.20	33.3
Chai Tea Latte - oat drink	Grande	917	218	6.4	0.6	37.1	29.8	2.4	1.8	0.29	44.4
Chai Tea Latte - oat drink	Venti	1149	273	8	0.8	46.4	37.3	3	2.2	0.36	55.5
Chai Tea Latte - coconut drink	Tall	559	134	3.7	3.3	22.3	22.2	2.4	1.5	0.28	33.3
Chai Tea Latte - coconut drink	Grande	778	187	5.3	4.8	30.4	30.3	3.4	2.2	0.41	44.4
Chai Tea Latte - coconut drink	Venti	975	234	6.7	6.1	38	37.9	4.3	2.7	0.51	55.5
Iced Chai Tea Latte - semi skimmed milk	Tall	602	143	2.6	2.6	24.3	24.3	0.2	5.3	0.17	33.3
Iced Chai Tea Latte - semi skimmed milk	Grande	817	194	3.6	3.5	32.8	32.7	0.3	7.4	0.24	44.4
Iced Chai Tea Latte - semi skimmed milk	Venti	955	226	4	3.9	39.4	39.3	0.3	8	0.26	55.5
Iced Chai Tea Latte - whole milk	Tall	703	167	5.5	3.5	24.2	24.1	0.2	5.2	0.17	33.3
Iced Chai Tea Latte - whole milk	Grande	957	227	7.6	4.8	32.6	32.5	0.3	7.2	0.23	44.4
Iced Chai Tea Latte - whole milk	Venti	1107	263	8.3	5.2	39.2	39.1	0.3	7.8	0.26	55.5
Iced Chai Tea Latte - skimmed milk	Tall	527	125	0.5	0.2	24.5	24.4	0.2	5.3	0.18	33.3
Iced Chai Tea Latte - skimmed milk	Grande	714	169	0.7	0.3	33	32.9	0.3	7.4	0.24	44.4
Iced Chai Tea Latte - skimmed milk	Venti	842	199	0.8	0.3	39.6	39.5	0.3	8	0.27	55.5
Iced Chai Tea Latte - almond drink	Tall	449	108	1.8	0.2	20.9	20.9	0.5	0.8	0.12	33.3
Iced Chai Tea Latte - almond drink	Grande	606	146	2.5	0.2	28.1	28	0.7	1.1	0.17	44.4

Iced Chai Tea Latte - almond drink	Venti	724	174	2.8	0.2	34.3	34.2	0.8	1.2	0.18	55.5
Iced Chai Tea Latte - soya drink	Tall	565	134	2.9	0.5	21.3	20.9	1.1	5	0.16	33.3
Iced Chai Tea Latte - soya drink	Grande	765	181	4	0.6	28.6	28.1	1.5	6.9	0.22	44.4
Iced Chai Tea Latte - soya drink	Venti	898	213	4.4	0.7	34.9	34.3	1.7	7.6	0.25	55.5
Iced Chai Tea Latte - oat drink	Tall	670	159	4.6	0.5	27.3	22.2	1.7	1.3	0.21	33.3
Iced Chai Tea Latte - oat drink	Grande	911	217	6.3	0.6	36.9	29.8	2.3	1.8	0.29	44.4
Iced Chai Tea Latte - oat drink	Venti	1057	251	6.9	0.7	43.9	36.1	2.6	1.9	0.31	55.5
Iced Chai Tea Latte - coconut drink	Tall	571	137	3.8	3.5	22.5	22.5	2.5	1.6	0.29	33.3
Iced Chai Tea Latte - coconut drink	Grande	774	186	5.3	4.8	30.3	30.2	3.4	2.2	0.40	44.4
Iced Chai Tea Latte - coconut drink	Venti	907	217	5.8	5.2	36.7	36.6	3.7	2.4	0.44	55.5
<b>Summer FY24 Promo Beverages UK/IRE</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
Chocolate Cream Cold Brew	Tall	883	211	12.6	7.4	16.3	15	1.6	10.3	0.30	37
Chocolate Cream Cold Brew	Grande	1154	275	15.7	9.2	22.8	21.3	2.1	13.6	0.40	49.4
Chocolate Cream Cold Brew	Venti	1225	292	15.8	9.3	26.4	24.9	2.2	14	0.41	51
Crème Brulée X Cold Brew	Tall	1047	250	17.3	10.4	16.2	14.8	1.3	9.8	0.37	40.1
Crème Brulée X Cold Brew	Grande	1166	279	17.7	10.5	20.3	18.8	1.6	12.7	0.46	52.5
Crème Brulée X Cold Brew	Venti	1242	296	17.7	10.5	24.4	22.8	1.6	13.1	0.47	54.1
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - semi skimmed milk	Tall	1209	290	18.5	12.2	24.9	22.7	0.5	5.8	0.30	59.8
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - semi skimmed milk	Grande	1335	319	19	12.7	29.8	27.1	0.6	7	0.35	88.2
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - semi skimmed milk	Venti	1450	347	19.5	13	34.4	31.3	0.7	8.2	0.40	116.5
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - whole milk	Tall	1286	308	20.7	12.9	24.8	22.6	0.5	5.7	0.29	59.8
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - whole milk	Grande	1428	342	21.7	13.5	29.6	27	0.6	6.9	0.35	88.2
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - whole milk	Venti	1557	372	22.5	14	34.3	31.1	0.7	8	0.40	116.5
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - skimmed milk	Tall	1152	276	16.9	10.4	25	22.8	0.5	5.8	0.30	59.8
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - skimmed milk	Grande	1265	302	17.1	10.5	29.9	27.2	0.6	7	0.35	88.2
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - skimmed milk	Venti	1370	327	17.2	10.5	34.6	31.4	0.7	8.2	0.40	116.5
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - almond drink	Tall	1092	263	17.9	10.4	22.3	20.1	0.7	2.3	0.26	59.8
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - almond drink	Grande	1192	287	18.3	10.4	26.6	24	0.8	2.8	0.30	88.2
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - almond drink	Venti	1287	310	18.7	10.5	30.8	27.7	1	3.3	0.34	116.5
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - soya drink	Tall	1180	283	18.7	10.6	22.6	20.2	1.1	5.5	0.29	59.8
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - soya drink	Grande	1300	311	19.3	10.7	27	24	1.4	6.8	0.34	88.2
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - soya drink	Venti	1410	337	19.8	10.8	31.2	27.8	1.6	7.8	0.39	116.5
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - oat drink	Tall	1261	302	20	10.6	27.2	21.1	1.6	2.7	0.32	59.8
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - oat drink	Grande	1398	335	20.9	10.7	32.6	25.1	2	3.3	0.38	88.2
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - oat drink	Venti	1522	364	21.6	10.8	37.6	29	2.3	3.8	0.44	116.5
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - coconut drink	Tall	1185	285	19.4	12.9	23.5	21.3	2.2	2.9	0.39	59.8
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - coconut drink	Grande	1305	314	20.2	13.5	28.1	25.4	2.7	3.5	0.46	88.2
Crème Brulée X Brown Sugar Iced Oat Shaken Espresso - coconut drink	Venti	1416	340	20.8	14	32.5	29.4	3.1	4.2	0.53	116.5
Iced White Choc Pistachio Oat Shaken Espresso - semi skimmed milk	Tall	557	132	2.7	2.4	21.3	19.9	0.2	5.4	0.24	56.7
Iced White Choc Pistachio Oat Shaken Espresso - semi skimmed milk	Grande	769	182	3.5	3	30.5	28.3	0.3	6.9	0.33	85.1
Iced White Choc Pistachio Oat Shaken Espresso - semi skimmed milk	Venti	972	230	4.3	3.6	39.4	36.5	0.5	8.3	0.41	113.4
Iced White Choc Pistachio Oat Shaken Espresso - whole milk	Tall	634	150	4.9	3.1	21.2	19.8	0.2	5.2	0.24	56.7
Iced White Choc Pistachio Oat Shaken Espresso - whole milk	Grande	863	205	6.2	3.9	30.4	28.2	0.3	6.8	0.33	85.1
Iced White Choc Pistachio Oat Shaken Espresso - whole milk	Venti	1079	256	7.3	4.5	39.2	36.3	0.5	8.1	0.41	113.4
Iced White Choc Pistachio Oat Shaken Espresso - skimmed milk	Tall	499	118	1.1	0.6	21.5	20	0.2	5.4	0.25	56.7
Iced White Choc Pistachio Oat Shaken Espresso - skimmed milk	Grande	699	165	1.6	0.8	30.6	28.4	0.3	6.9	0.33	85.1
Iced White Choc Pistachio Oat Shaken Espresso - skimmed milk	Venti	892	211	2	1.1	39.6	36.6	0.5	8.3	0.42	113.4
Iced White Choc Pistachio Oat Shaken Espresso - almond drink	Tall	439	105	2.1	0.5	18.8	17.3	0.5	1.9	0.20	56.7
Iced White Choc Pistachio Oat Shaken Espresso - almond drink	Grande	626	150	2.8	0.8	27.4	25.2	0.6	2.7	0.28	85.1
Iced White Choc Pistachio Oat Shaken Espresso - almond drink	Venti	809	193	3.4	1	35.8	32.9	0.8	3.5	0.36	113.4
Iced White Choc Pistachio Oat Shaken Espresso - soya drink	Tall	528	125	3	0.8	19	17.4	0.9	5.1	0.23	56.7
Iced White Choc Pistachio Oat Shaken Espresso - soya drink	Grande	734	174	3.8	1.1	27.7	25.2	1.2	6.6	0.32	85.1
Iced White Choc Pistachio Oat Shaken Espresso - soya drink	Venti	932	220	4.6	1.4	36.2	33	1.4	7.9	0.40	113.4
Iced White Choc Pistachio Oat Shaken Espresso - oat drink	Tall	608	144	4.2	0.8	23.6	18.3	1.4	2.3	0.27	56.7
Iced White Choc Pistachio Oat Shaken Espresso - oat drink	Grande	832	198	5.4	1.1	33.3	26.3	1.7	3.1	0.36	85.1

Iced White Choc Pistachio Oat Shaken Espresso - oat drink	Venti	1044	248	6.4	1.4	42.6	34.2	2.1	3.9	0.45	113.4
Iced White Choc Pistachio Oat Shaken Espresso - coconut drink	Tall	532	127	3.7	3.1	20	18.5	2	2.5	0.34	56.7
Iced White Choc Pistachio Oat Shaken Espresso - coconut drink	Grande	740	177	4.7	3.9	28.8	26.6	2.4	3.4	0.44	85.1
Iced White Choc Pistachio Oat Shaken Espresso - coconut drink	Venti	938	224	5.6	4.6	37.5	34.6	2.9	4.3	0.54	113.4
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - semi skimmed m	Tall	1262	302	17.4	11.2	33	31	0.3	3.2	0.39	29.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - semi skimmed m	Grande	1463	349	17.8	11.6	42.8	40.5	0.4	4.1	0.52	37.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - semi skimmed m	Venti	1620	386	17.9	11.7	51.4	48.9	0.4	4.4	0.63	44.9
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - whole milk	Tall	1300	311	18.4	11.5	32.9	31	0.3	3.1	0.39	29.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - whole milk	Grande	1516	362	19.3	12.1	42.7	40.5	0.4	4	0.52	37.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - whole milk	Venti	1676	400	19.5	12.2	51.3	48.8	0.4	4.3	0.63	44.9
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - skimmed milk	Tall	1234	295	16.6	10.3	33	31.1	0.3	3.2	0.40	29.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - skimmed milk	Grande	1423	340	16.7	10.4	42.8	40.6	0.4	4.1	0.52	37.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - skimmed milk	Venti	1578	376	16.7	10.4	51.5	49	0.4	4.4	0.63	44.9
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - almond drink	Tall	1205	289	17.1	10.3	31.7	29.8	0.4	1.5	0.37	29.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - almond drink	Grande	1382	331	17.4	10.3	41	38.8	0.5	1.7	0.49	37.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - almond drink	Venti	1535	367	17.5	10.3	49.5	47	0.6	1.9	0.60	44.9
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - soya drink	Tall	1248	299	17.5	10.4	31.8	29.8	0.7	3.1	0.39	29.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - soya drink	Grande	1443	344	18	10.5	41.2	38.8	0.8	4	0.52	37.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - soya drink	Venti	1599	381	18.1	10.5	49.7	47	0.9	4.2	0.62	44.9
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - oat drink	Tall	1288	308	18.1	10.4	34.1	30.3	0.9	1.7	0.41	29.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - oat drink	Grande	1499	358	18.8	10.5	44.4	39.4	1.2	2	0.54	37.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - oat drink	Venti	1658	395	19	10.5	53.1	47.7	1.2	2.1	0.65	44.9
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - coconut drink	Tall	1251	300	17.8	11.5	32.3	30.4	1.2	1.8	0.44	29.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - coconut drink	Grande	1446	346	18.4	12.1	41.8	39.6	1.6	2.1	0.59	37.2
Crème Brulée X Brown Sugar Frappuccino® Blended Beverage - coconut drink	Venti	1603	383	18.6	12.2	50.4	47.9	1.7	2.3	0.70	44.9
Very Berry Refresha® Drink	Tall	315	74	0.1	0	15.9	15.7	2.1	0.6	0.04	37.2
Very Berry Refresha® Drink	Grande	392	93	0.1	0	20.4	20.1	2.1	0.6	0.05	49.2
Very Berry Refresha® Drink	Venti	473	112	0.1	0	25	24.7	2.1	0.7	0.07	61.6
Mango Dragonfruit Refresha® Drink	Tall	355	83	0.2	0	19.7	18.2	0.5	0.5	0.00	8.4
Mango Dragonfruit Refresha® Drink	Grande	434	102	0.2	0	24.3	22.7	0.5	0.6	0.00	11.1
Mango Dragonfruit Refresha® Drink	Venti	518	122	0.2	0	29.2	27.6	0.5	0.6	0.01	14
Dragon Coconut Starbucks Refresha® Drink	Tall	533	127	2.6	2.3	23.1	21.6	2	1.5	0.19	8.4
Dragon Coconut Starbucks Refresha® Drink	Grande	670	160	3.4	3.1	28.9	27.3	2.5	1.9	0.25	11.1
Dragon Coconut Starbucks Refresha® Drink	Venti	805	191	4.1	3.7	34.8	33.1	2.9	2.2	0.30	14
<b>Espresso Drinks</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
Blonde Americano	Tall	40	9	0.2	0	0.9	0.1	0.2	0.8	0.06	56.7
Blonde Americano	Grande	60	14	0.3	0.1	1.4	0.2	0.3	1.2	0.08	85.1
Blonde Americano	Venti	80	19	0.5	0.1	1.9	0.3	0.5	1.6	0.11	113.4
Decaf Americano	Tall	45	11	0.2	0	1.4	0.2	0.2	0.6	0.06	2.7
Decaf Americano	Grande	67	16	0.3	0.1	2.1	0.3	0.3	0.9	0.08	4.1
Decaf Americano	Venti	89	22	0.5	0.1	2.8	0.4	0.5	1.3	0.11	5.4
Blonde Caffè Latte - semi skimmed milk	Tall	530	126	4.3	4.2	12.3	11.5	0.2	9.3	0.32	56.7
Blonde Caffè Latte - semi skimmed milk	Grande	647	154	5.3	5.2	15.1	14.3	0.2	11.3	0.38	56.7
Blonde Caffè Latte - semi skimmed milk	Venti	874	208	7.2	6.9	20.4	19.1	0.3	15.3	0.52	85.1
Blonde Caffè Latte - whole milk	Tall	692	165	9	5.6	12.1	11.3	0.2	9.1	0.31	56.7
Blonde Caffè Latte - whole milk	Grande	848	202	11	6.9	14.8	14	0.2	11	0.37	56.7
Blonde Caffè Latte - whole milk	Venti	1144	272	14.8	9.3	20	18.7	0.3	14.9	0.51	85.1
Blonde Caffè Latte - skimmed milk	Tall	409	97	1	0.4	12.6	11.8	0.2	9.3	0.32	56.7
Blonde Caffè Latte - skimmed milk	Grande	497	118	1.1	0.4	15.4	14.6	0.2	11.3	0.39	56.7
Blonde Caffè Latte - skimmed milk	Venti	673	159	1.5	0.6	20.8	19.5	0.3	15.3	0.53	85.1
Blonde Caffè Latte - almond drink	Tall	283	70	3.1	0.3	6.9	6.1	0.7	2	0.23	56.7
Blonde Caffè Latte - almond drink	Grande	341	85	3.8	0.3	8.3	7.5	0.8	2.3	0.27	56.7
Blonde Caffè Latte - almond drink	Venti	463	115	5.1	0.5	11.3	10.1	1.1	3.2	0.38	85.1
Blonde Caffè Latte - soya drink	Tall	469	111	4.8	0.8	7.5	6.2	1.7	8.8	0.30	56.7
Blonde Caffè Latte - soya drink	Grande	572	136	5.9	0.9	9.1	7.6	2	10.7	0.36	56.7

Blonde Caffè Latte - soya drink	Venti	774	183	8	1.3	12.3	10.3	2.8	14.5	0.49	85.1
Blonde Caffè Latte - oat drink	Tall	639	153	7.5	0.8	17.2	8.1	2.6	2.7	0.37	56.7
Blonde Caffè Latte - oat drink	Grande	782	187	9.2	0.9	21.1	10.1	3.2	3.2	0.45	56.7
Blonde Caffè Latte - oat drink	Venti	1056	252	12.4	1.3	28.4	13.5	4.4	4.4	0.61	85.1
Blonde Caffè Latte - coconut drink	Tall	479	116	6.3	5.6	9.4	8.6	3.9	3.2	0.51	56.7
Blonde Caffè Latte - coconut drink	Grande	584	142	7.7	7	11.5	10.7	4.7	3.8	0.62	56.7
Blonde Caffè Latte - coconut drink	Venti	790	192	10.4	9.3	15.5	14.3	6.4	5.2	0.84	85.1
Decaf Caffè Latte - semi skimmed milk	Tall	534	127	4.3	4.2	12.8	11.6	0.2	9.1	0.32	2.7
Decaf Caffè Latte - semi skimmed milk	Grande	652	155	5.3	5.2	15.5	14.3	0.2	11.1	0.38	2.7
Decaf Caffè Latte - semi skimmed milk	Venti	881	210	7.2	6.9	21	19.2	0.3	15.1	0.52	4.1
Decaf Caffè Latte - whole milk	Tall	697	166	9	5.6	12.5	11.3	0.2	8.9	0.31	2.7
Decaf Caffè Latte - whole milk	Grande	853	203	11	6.9	15.2	14	0.2	10.8	0.37	2.7
Decaf Caffè Latte - whole milk	Venti	1151	274	14.8	9.3	20.6	18.8	0.3	14.6	0.51	4.1
Decaf Caffè Latte - skimmed milk	Tall	413	98	1	0.4	13	11.8	0.2	9.1	0.32	2.7
Decaf Caffè Latte - skimmed milk	Grande	501	119	1.1	0.4	15.8	14.6	0.2	11.1	0.39	2.7
Decaf Caffè Latte - skimmed milk	Venti	679	161	1.5	0.6	21.4	19.6	0.3	15.1	0.53	4.1
Decaf Caffè Latte - almond drink	Tall	287	71	3.1	0.3	7.4	6.1	0.7	1.8	0.23	2.7
Decaf Caffè Latte - almond drink	Grande	345	86	3.8	0.3	8.8	7.6	0.8	2.1	0.27	2.7
Decaf Caffè Latte - almond drink	Venti	470	117	5.1	0.5	12	10.2	1.1	2.9	0.38	4.1
Decaf Caffè Latte - soya drink	Tall	474	113	4.8	0.8	7.9	6.2	1.7	8.6	0.30	2.7
Decaf Caffè Latte - soya drink	Grande	576	137	5.9	0.9	9.5	7.7	2	10.5	0.36	2.7
Decaf Caffè Latte - soya drink	Venti	780	185	8	1.3	13	10.3	2.8	14.2	0.49	4.1
Decaf Caffè Latte - oat drink	Tall	643	154	7.5	0.8	17.6	8.2	2.6	2.6	0.37	2.7
Decaf Caffè Latte - oat drink	Grande	787	188	9.2	0.9	21.5	10.1	3.2	3	0.45	2.7
Decaf Caffè Latte - oat drink	Venti	1062	254	12.4	1.3	29.1	13.6	4.4	4.2	0.61	4.1
Decaf Caffè Latte - coconut drink	Tall	483	117	6.3	5.6	9.9	8.7	3.9	3.1	0.51	2.7
Decaf Caffè Latte - coconut drink	Grande	588	143	7.7	7	11.9	10.7	4.7	3.6	0.62	2.7
Decaf Caffè Latte - coconut drink	Venti	796	194	10.4	9.3	16.2	14.4	6.4	5	0.84	4.1
Blonde Latte Macchiato - semi skimmed milk	Tall	487	116	4	3.8	11.3	10.5	0.2	8.5	0.29	56.7
Blonde Latte Macchiato - semi skimmed milk	Grande	627	149	5.2	5	14.6	13.8	0.2	11	0.37	56.7
Blonde Latte Macchiato - semi skimmed milk	Venti	831	197	6.8	6.6	19.4	18.1	0.3	14.6	0.49	85.1
Blonde Latte Macchiato - whole milk	Tall	635	151	8.2	5.1	11.1	10.3	0.2	8.3	0.29	56.7
Blonde Latte Macchiato - whole milk	Grande	821	195	10.7	6.7	14.3	13.5	0.2	10.7	0.36	56.7
Blonde Latte Macchiato - whole milk	Venti	1087	258	14.1	8.8	19	17.8	0.3	14.2	0.49	85.1
Blonde Latte Macchiato - skimmed milk	Tall	376	89	0.9	0.3	11.6	10.7	0.2	8.5	0.30	56.7
Blonde Latte Macchiato - skimmed milk	Grande	482	114	1.1	0.4	14.9	14.1	0.2	11	0.38	56.7
Blonde Latte Macchiato - skimmed milk	Venti	640	152	1.5	0.6	19.7	18.5	0.3	14.6	0.50	85.1
Blonde Latte Macchiato - almond drink	Tall	261	65	2.8	0.3	6.4	5.6	0.7	1.9	0.22	56.7
Blonde Latte Macchiato - almond drink	Grande	331	82	3.7	0.3	8.1	7.3	0.8	2.2	0.27	56.7
Blonde Latte Macchiato - almond drink	Venti	442	110	4.8	0.4	10.8	9.6	1.1	3.1	0.36	85.1
Blonde Latte Macchiato - soya drink	Tall	431	102	4.4	0.7	6.9	5.7	1.6	8.1	0.28	56.7
Blonde Latte Macchiato - soya drink	Grande	554	131	5.7	0.9	8.8	7.4	2	10.4	0.35	56.7
Blonde Latte Macchiato - soya drink	Venti	736	175	7.6	1.2	11.7	9.7	2.6	13.8	0.47	85.1
Blonde Latte Macchiato - oat drink	Tall	586	140	6.9	0.7	15.8	7.4	2.4	2.6	0.34	56.7
Blonde Latte Macchiato - oat drink	Grande	758	181	8.9	0.9	20.4	9.7	3.1	3.1	0.43	56.7
Blonde Latte Macchiato - oat drink	Venti	1003	239	11.8	1.2	27	12.8	4.2	4.3	0.58	85.1
Blonde Latte Macchiato - coconut drink	Tall	440	107	5.8	5.1	8.7	7.9	3.5	3	0.47	56.7
Blonde Latte Macchiato - coconut drink	Grande	566	137	7.5	6.7	11.1	10.3	4.6	3.7	0.60	56.7
Blonde Latte Macchiato - coconut drink	Venti	751	182	9.9	8.8	14.8	13.6	6.1	5	0.80	85.1
Decaf Latte Macchiato - semi skimmed milk	Tall	491	117	4	3.8	11.8	10.6	0.2	8.4	0.29	2.7
Decaf Latte Macchiato - semi skimmed milk	Grande	631	150	5.2	5	15	13.8	0.2	10.8	0.37	2.7
Decaf Latte Macchiato - semi skimmed milk	Venti	838	199	6.8	6.6	20	18.2	0.3	14.3	0.49	4.1
Decaf Latte Macchiato - whole milk	Tall	639	152	8.2	5.1	11.6	10.4	0.2	8.1	0.29	2.7
Decaf Latte Macchiato - whole milk	Grande	826	197	10.7	6.7	14.8	13.5	0.2	10.5	0.36	2.7
Decaf Latte Macchiato - whole milk	Venti	1094	261	14.1	8.8	19.7	17.8	0.3	13.9	0.49	4.1
Decaf Latte Macchiato - skimmed milk	Tall	381	90	0.9	0.3	12	10.8	0.2	8.4	0.30	2.7

Decaf Latte Macchiato - skimmed milk	Grande	486	115	1.1	0.4	15.3	14.1	0.2	10.8	0.38	2.7
Decaf Latte Macchiato - skimmed milk	Venti	647	154	1.5	0.6	20.4	18.6	0.3	14.3	0.50	4.1
Decaf Latte Macchiato - almond drink	Tall	266	66	2.8	0.3	6.8	5.6	0.7	1.7	0.22	2.7
Decaf Latte Macchiato - almond drink	Grande	335	83	3.7	0.3	8.5	7.3	0.8	2.1	0.27	2.7
Decaf Latte Macchiato - almond drink	Venti	449	112	4.8	0.4	11.5	9.7	1.1	2.8	0.36	4.1
Decaf Latte Macchiato - soya drink	Tall	436	104	4.4	0.7	7.4	5.7	1.6	7.9	0.28	2.7
Decaf Latte Macchiato - soya drink	Grande	559	133	5.7	0.9	9.2	7.4	2	10.2	0.35	2.7
Decaf Latte Macchiato - soya drink	Venti	743	177	7.6	1.2	12.4	9.8	2.6	13.5	0.47	4.1
Decaf Latte Macchiato - oat drink	Tall	591	141	6.9	0.7	16.2	7.5	2.4	2.4	0.34	2.7
Decaf Latte Macchiato - oat drink	Grande	762	182	8.9	0.9	20.9	9.8	3.1	3	0.43	2.7
Decaf Latte Macchiato - oat drink	Venti	1010	241	11.8	1.2	27.7	12.9	4.2	4	0.58	4.1
Decaf Latte Macchiato - coconut drink	Tall	445	108	5.8	5.1	9.1	7.9	3.5	2.8	0.47	2.7
Decaf Latte Macchiato - coconut drink	Grande	570	139	7.5	6.7	11.6	10.3	4.6	3.5	0.60	2.7
Decaf Latte Macchiato - coconut drink	Venti	758	184	9.9	8.8	15.5	13.6	6.1	4.8	0.80	4.1
Blonde Espresso Doppio	Doppio	40	9	0.2	0	0.9	0.1	0.2	0.8	0.06	56.7
Decaf Espresso Doppio	Doppio	45	11	0.2	0	1.4	0.2	0.2	0.6	0.06	2.7
Blonde Espresso	Short	20	5	0.1	0	0.5	0.1	0.1	0.4	0.03	28.4
Blonde Espresso	Mini	20	5	0.1	0	0.5	0.1	0.1	0.4	0.03	28.4
Blonde Espresso	Tall	20	5	0.1	0	0.5	0.1	0.1	0.4	0.03	28.4
Blonde Espresso	Grande	20	5	0.1	0	0.5	0.1	0.1	0.4	0.03	28.4
Blonde Espresso	Venti	20	5	0.1	0	0.5	0.1	0.1	0.4	0.03	28.4
Blonde Espresso	Single	20	5	0.1	0	0.5	0.1	0.1	0.4	0.03	28.4
Blonde Espresso	Double	20	5	0.1	0	0.5	0.1	0.1	0.4	0.03	28.4
Blonde Espresso	One	20	5	0.1	0	0.5	0.1	0.1	0.4	0.03	28.4
Blonde Espresso	Doppio	20	5	0.1	0	0.5	0.1	0.1	0.4	0.03	28.4
Decaf Espresso	Short	22	5	0.1	0	0.7	0.1	0.1	0.3	0.03	1.4
Decaf Espresso	Tall	22	5	0.1	0	0.7	0.1	0.1	0.3	0.03	1.4
Decaf Espresso	Grande	22	5	0.1	0	0.7	0.1	0.1	0.3	0.03	1.4
Decaf Espresso	Venti	22	5	0.1	0	0.7	0.1	0.1	0.3	0.03	1.4
Decaf Espresso	Single	22	5	0.1	0	0.7	0.1	0.1	0.3	0.03	1.4
Decaf Espresso	Double	22	5	0.1	0	0.7	0.1	0.1	0.3	0.03	1.4
Decaf Espresso	One	22	5	0.1	0	0.7	0.1	0.1	0.3	0.03	1.4
Decaf Espresso	Doppio	22	5	0.1	0	0.7	0.1	0.1	0.3	0.03	1.4
Blonde Espresso Con Panna - Doppio	Double	215	52	4.3	3	2	1.2	0.2	1.1	0.07	56.7
Decaf Espresso Con Panna - Doppio	Double	220	53	4.3	3	2.5	1.3	0.2	0.9	0.07	2.7
Blonde Espresso Con Panna	Single	195	47	4.2	3	1.6	1.2	0.1	0.7	0.04	28.4
Decaf Espresso Con Panna	Single	197	48	4.2	3	1.8	1.2	0.1	0.6	0.04	1.4
Blonde Espresso Macchiato - semi skimmed milk	Single	31	7	0.2	0.1	0.7	0.3	0.1	0.6	0.03	28.4
Blonde Espresso Macchiato - whole milk	Single	34	8	0.3	0.1	0.7	0.3	0.1	0.6	0.03	28.4
Blonde Espresso Macchiato - skimmed milk	Single	28	7	0.1	0	0.7	0.3	0.1	0.6	0.03	28.4
Blonde Espresso Macchiato - almond drink	Single	25	6	0.2	0	0.6	0.2	0.1	0.4	0.03	28.4
Blonde Espresso Macchiato - soya drink	Single	29	7	0.2	0	0.6	0.2	0.1	0.6	0.03	28.4
Blonde Espresso Macchiato - oat drink	Single	33	8	0.3	0	0.8	0.2	0.2	0.4	0.03	28.4
Blonde Espresso Macchiato - coconut drink	Single	30	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	28.4
Decaf Espresso Macchiato - semi skimmed milk	Single	33	8	0.2	0.1	0.9	0.3	0.1	0.5	0.03	1.4
Decaf Espresso Macchiato - whole milk	Single	36	9	0.3	0.1	0.9	0.3	0.1	0.5	0.03	1.4
Decaf Espresso Macchiato - skimmed milk	Single	30	7	0.1	0	1	0.3	0.1	0.5	0.03	1.4
Decaf Espresso Macchiato - almond drink	Single	28	7	0.2	0	0.8	0.2	0.1	0.3	0.03	1.4
Decaf Espresso Macchiato - soya drink	Single	32	8	0.2	0	0.8	0.2	0.1	0.5	0.03	1.4
Decaf Espresso Macchiato - oat drink	Single	35	9	0.3	0	1.1	0.3	0.2	0.4	0.03	1.4
Decaf Espresso Macchiato - coconut drink	Single	32	8	0.2	0.1	0.9	0.3	0.2	0.4	0.04	1.4
Blonde Espresso Macchiato - Doppio - semi skimmed milk	Double	73	17	0.5	0.3	1.7	0.9	0.2	1.4	0.07	56.7
Blonde Espresso Macchiato - Doppio - whole milk	Double	84	20	0.8	0.4	1.7	0.9	0.2	1.4	0.07	56.7
Blonde Espresso Macchiato - Doppio - skimmed milk	Double	65	15	0.3	0.1	1.7	0.9	0.2	1.4	0.07	56.7
Blonde Espresso Macchiato - Doppio - almond drink	Double	56	14	0.4	0.1	1.3	0.5	0.3	0.9	0.07	56.7
Blonde Espresso Macchiato - Doppio - soya drink	Double	69	16	0.5	0.1	1.4	0.5	0.3	1.3	0.07	56.7

Blonde Espresso Macchiato - Doppio - oat drink	Double	80	19	0.7	0.1	2	0.7	0.4	0.9	0.08	56.7
Blonde Espresso Macchiato - Doppio - coconut drink	Double	70	17	0.6	0.4	1.5	0.7	0.5	1	0.09	56.7
Decaf Espresso Macchiato - Doppio - semi skimmed milk	Double	77	19	0.5	0.3	2.2	0.9	0.2	1.2	0.07	2.7
Decaf Espresso Macchiato - Doppio - whole milk	Double	88	21	0.8	0.4	2.1	0.9	0.2	1.2	0.07	2.7
Decaf Espresso Macchiato - Doppio - skimmed milk	Double	69	17	0.3	0.1	2.2	1	0.2	1.2	0.07	2.7
Decaf Espresso Macchiato - Doppio - almond drink	Double	61	15	0.4	0.1	1.8	0.6	0.3	0.7	0.07	2.7
Decaf Espresso Macchiato - Doppio - soya drink	Double	73	18	0.5	0.1	1.8	0.6	0.3	1.2	0.07	2.7
Decaf Espresso Macchiato - Doppio - oat drink	Double	85	20	0.7	0.1	2.5	0.7	0.4	0.8	0.08	2.7
Decaf Espresso Macchiato - Doppio - coconut drink	Double	74	18	0.6	0.4	2	0.8	0.5	0.8	0.09	2.7
Blonde Cortado - semi skimmed milk	Short	229	55	1.7	1.7	6	4.6	0	3.8	0.11	113.6
Blonde Cortado - whole milk	Short	294	70	3.5	2.2	5.9	4.5	0	3.7	0.10	113.6
Blonde Cortado - skimmed milk	Short	181	43	0.3	0.2	6.1	4.7	0	3.8	0.11	113.6
Blonde Cortado - almond drink	Short	131	32	1.2	0.1	3.8	2.4	0.2	0.9	0.07	113.6
Blonde Cortado - soya drink	Short	205	49	1.9	0.3	4.1	2.5	0.6	3.6	0.10	113.6
Blonde Cortado - oat drink	Short	272	65	2.9	0.3	7.9	3.2	1	1.2	0.13	113.6
Blonde Cortado - coconut drink	Short	209	51	2.5	2.3	4.8	3.4	1.4	1.4	0.18	113.6
Decaf Cortado - semi skimmed milk	Short	239	57	1.9	1.7	5.9	4.7	0.2	4	0.16	2.7
Decaf Cortado - whole milk	Short	303	72	3.7	2.2	5.8	4.6	0.2	3.9	0.16	2.7
Decaf Cortado - skimmed milk	Short	191	45	0.5	0.2	6	4.8	0.2	4	0.16	2.7
Decaf Cortado - almond drink	Short	141	35	1.4	0.1	3.8	2.5	0.4	1.1	0.13	2.7
Decaf Cortado - soya drink	Short	215	51	2	0.3	4	2.6	0.8	3.8	0.15	2.7
Decaf Cortado - oat drink	Short	282	67	3.1	0.3	7.8	3.3	1.2	1.4	0.18	2.7
Decaf Cortado - coconut drink	Short	218	53	2.6	2.3	4.8	3.5	1.7	1.6	0.24	2.7
Blonde Cappuccino - semi skimmed milk	Tall	443	105	3.6	3.4	10.3	9.5	0.2	7.8	0.27	56.7
Blonde Cappuccino - semi skimmed milk	Grande	556	132	4.6	4.4	13	12.2	0.2	9.8	0.33	56.7
Blonde Cappuccino - semi skimmed milk	Venti	725	172	5.9	5.7	16.9	15.7	0.3	12.7	0.44	85.1
Blonde Cappuccino - whole milk	Tall	576	137	7.4	4.6	10.1	9.3	0.2	7.6	0.27	56.7
Blonde Cappuccino - whole milk	Grande	728	173	9.4	5.9	12.7	11.9	0.2	9.5	0.32	56.7
Blonde Cappuccino - whole milk	Venti	945	225	12.2	7.6	16.6	15.3	0.3	12.4	0.43	85.1
Blonde Cappuccino - skimmed milk	Tall	343	81	0.8	0.3	10.5	9.7	0.2	7.8	0.28	56.7
Blonde Cappuccino - skimmed milk	Grande	429	101	1	0.4	13.2	12.4	0.2	9.8	0.34	56.7
Blonde Cappuccino - skimmed milk	Venti	560	133	1.3	0.5	17.2	16	0.3	12.7	0.45	85.1
Blonde Cappuccino - almond drink	Tall	239	59	2.6	0.2	5.8	5	0.6	1.8	0.20	56.7
Blonde Cappuccino - almond drink	Grande	296	73	3.2	0.3	7.2	6.4	0.7	2.1	0.24	56.7
Blonde Cappuccino - almond drink	Venti	389	96	4.2	0.4	9.5	8.3	1	2.8	0.32	85.1
Blonde Cappuccino - soya drink	Tall	393	93	4	0.6	6.3	5.1	1.4	7.4	0.26	56.7
Blonde Cappuccino - soya drink	Grande	493	117	5.1	0.8	7.8	6.5	1.8	9.2	0.31	56.7
Blonde Cappuccino - soya drink	Venti	642	152	6.6	1.1	10.3	8.4	2.3	12.1	0.41	85.1
Blonde Cappuccino - oat drink	Tall	532	127	6.2	0.6	14.3	6.7	2.2	2.4	0.32	56.7
Blonde Cappuccino - oat drink	Grande	671	160	7.9	0.8	18.1	8.6	2.8	2.9	0.39	56.7
Blonde Cappuccino - oat drink	Venti	873	208	10.2	1.1	23.5	11.1	3.6	3.8	0.51	85.1
Blonde Cappuccino - coconut drink	Tall	401	97	5.2	4.6	7.9	7.1	3.2	2.8	0.43	56.7
Blonde Cappuccino - coconut drink	Grande	503	122	6.6	5.9	9.9	9.1	4.1	3.4	0.54	56.7
Blonde Cappuccino - coconut drink	Venti	656	159	8.6	7.6	12.9	11.7	5.3	4.5	0.70	85.1
Decaf Cappuccino - semi skimmed milk	Tall	447	106	3.6	3.4	10.8	9.5	0.2	7.6	0.27	2.7
Decaf Cappuccino - semi skimmed milk	Grande	561	134	4.6	4.4	13.4	12.2	0.2	9.6	0.33	2.7
Decaf Cappuccino - semi skimmed milk	Venti	731	174	5.9	5.7	17.6	15.7	0.3	12.5	0.44	4.1
Decaf Cappuccino - whole milk	Tall	581	138	7.4	4.6	10.6	9.3	0.2	7.4	0.27	2.7
Decaf Cappuccino - whole milk	Grande	732	174	9.4	5.9	13.2	11.9	0.2	9.3	0.32	2.7
Decaf Cappuccino - whole milk	Venti	952	227	12.2	7.6	17.2	15.4	0.3	12.1	0.43	4.1
Decaf Cappuccino - skimmed milk	Tall	348	83	0.8	0.3	11	9.7	0.2	7.6	0.28	2.7
Decaf Cappuccino - skimmed milk	Grande	433	103	1	0.4	13.7	12.5	0.2	9.6	0.34	2.7
Decaf Cappuccino - skimmed milk	Venti	567	135	1.3	0.5	17.9	16.1	0.3	12.5	0.45	4.1
Decaf Cappuccino - almond drink	Tall	244	61	2.6	0.2	6.3	5.1	0.6	1.6	0.20	2.7
Decaf Cappuccino - almond drink	Grande	300	75	3.2	0.3	7.7	6.5	0.7	1.9	0.24	2.7
Decaf Cappuccino - almond drink	Venti	396	98	4.2	0.4	10.2	8.4	1	2.6	0.32	4.1

Decaf Cappuccino - soya drink	Tall	397	95	4	0.6	6.8	5.2	1.4	7.2	0.26	2.7
Decaf Cappuccino - soya drink	Grande	497	118	5.1	0.8	8.3	6.6	1.8	9.1	0.31	2.7
Decaf Cappuccino - soya drink	Venti	649	154	6.6	1.1	11	8.5	2.3	11.8	0.41	4.1
Decaf Cappuccino - oat drink	Tall	537	128	6.2	0.6	14.7	6.8	2.2	2.2	0.32	2.7
Decaf Cappuccino - oat drink	Grande	676	162	7.9	0.8	18.5	8.6	2.8	2.7	0.39	2.7
Decaf Cappuccino - oat drink	Venti	879	210	10.2	1.1	24.1	11.1	3.6	3.6	0.51	4.1
Decaf Cappuccino - coconut drink	Tall	405	99	5.2	4.6	8.4	7.2	3.2	2.6	0.43	2.7
Decaf Cappuccino - coconut drink	Grande	507	123	6.6	5.9	10.3	9.1	4.1	3.2	0.54	2.7
Decaf Cappuccino - coconut drink	Venti	662	161	8.6	7.6	13.6	11.8	5.3	4.2	0.70	4.1
Blonde Flat White - semi skimmed milk	Short	257	61	2.1	1.9	6	5.2	0.2	4.6	0.17	56.7
Blonde Flat White - whole milk	Short	329	78	4.1	2.5	5.9	5.1	0.2	4.5	0.17	56.7
Blonde Flat White - skimmed milk	Short	203	48	0.5	0.2	6.1	5.3	0.2	4.6	0.17	56.7
Blonde Flat White - almond drink	Short	148	36	1.5	0.2	3.6	2.8	0.4	1.3	0.13	56.7
Blonde Flat White - soya drink	Short	230	55	2.3	0.4	3.8	2.8	0.9	4.4	0.16	56.7
Blonde Flat White - oat drink	Short	305	73	3.4	0.4	8.1	3.7	1.3	1.7	0.20	56.7
Blonde Flat White - coconut drink	Short	235	57	2.9	2.5	4.7	3.9	1.8	1.9	0.26	56.7
Decaf Flat White - semi skimmed milk	Short	262	62	2.1	1.9	6.4	5.2	0.2	4.4	0.17	2.7
Decaf Flat White - whole milk	Short	334	80	4.1	2.5	6.3	5.1	0.2	4.3	0.17	2.7
Decaf Flat White - skimmed milk	Short	208	49	0.5	0.2	6.6	5.3	0.2	4.4	0.17	2.7
Decaf Flat White - almond drink	Short	152	38	1.5	0.2	4	2.8	0.4	1.2	0.13	2.7
Decaf Flat White - soya drink	Short	235	56	2.3	0.4	4.3	2.9	0.9	4.2	0.16	2.7
Decaf Flat White - oat drink	Short	310	74	3.4	0.4	8.6	3.7	1.3	1.5	0.20	2.7
Decaf Flat White - coconut drink	Short	239	58	2.9	2.5	5.2	3.9	1.8	1.7	0.26	2.7
Blonde Caramel Macchiato - semi skimmed milk	Tall	715	170	5	4.5	22.2	21	0.2	8.9	0.33	56.7
Blonde Caramel Macchiato - semi skimmed milk	Grande	912	216	6.1	5.6	29	27.7	0.2	11.3	0.40	56.7
Blonde Caramel Macchiato - semi skimmed milk	Venti	1165	276	7.7	7.1	37	35.3	0.3	14.6	0.52	85.1
Blonde Caramel Macchiato - whole milk	Tall	869	206	9.3	5.8	22	20.8	0.2	8.7	0.32	56.7
Blonde Caramel Macchiato - whole milk	Grande	1111	264	11.8	7.4	28.7	27.4	0.2	11	0.39	56.7
Blonde Caramel Macchiato - whole milk	Venti	1420	337	14.9	9.3	36.6	34.9	0.3	14.3	0.51	85.1
Blonde Caramel Macchiato - skimmed milk	Tall	600	142	1.8	0.9	22.4	21.2	0.2	8.9	0.34	56.7
Blonde Caramel Macchiato - skimmed milk	Grande	763	181	2	1	29.3	28	0.2	11.3	0.41	56.7
Blonde Caramel Macchiato - skimmed milk	Venti	974	230	2.3	1.1	37.4	35.6	0.3	14.6	0.53	85.1
Blonde Caramel Macchiato - almond drink	Tall	481	117	3.8	0.8	17.1	15.9	0.7	2	0.25	56.7
Blonde Caramel Macchiato - almond drink	Grande	609	148	4.6	0.9	22.3	21	0.8	2.3	0.30	56.7
Blonde Caramel Macchiato - almond drink	Venti	775	188	5.7	1	28.5	26.7	1.1	3.2	0.39	85.1
Blonde Caramel Macchiato - soya drink	Tall	658	156	5.4	1.3	17.6	15.9	1.6	8.5	0.31	56.7
Blonde Caramel Macchiato - soya drink	Grande	838	198	6.7	1.5	23	21.1	2	10.7	0.38	56.7
Blonde Caramel Macchiato - soya drink	Venti	1069	253	8.4	1.7	29.4	26.9	2.6	13.9	0.49	85.1
Blonde Caramel Macchiato - oat drink	Tall	819	195	8	1.3	26.8	17.8	2.5	2.7	0.38	56.7
Blonde Caramel Macchiato - oat drink	Grande	1045	249	10	1.5	34.9	23.5	3.2	3.3	0.47	56.7
Blonde Caramel Macchiato - oat drink	Venti	1336	318	12.6	1.7	44.7	29.9	4.2	4.3	0.61	85.1
Blonde Caramel Macchiato - coconut drink	Tall	667	160	6.8	5.9	19.5	18.2	3.7	3.2	0.51	56.7
Blonde Caramel Macchiato - coconut drink	Grande	850	204	8.5	7.4	25.4	24.1	4.7	3.8	0.64	56.7
Blonde Caramel Macchiato - coconut drink	Venti	1084	261	10.7	9.4	32.4	30.7	6.1	5.1	0.83	85.1
Decaf Caramel Macchiato - semi skimmed milk	Tall	720	171	5	4.5	22.7	21	0.2	8.7	0.33	2.7
Decaf Caramel Macchiato - semi skimmed milk	Grande	916	218	6.1	5.6	29.4	27.7	0.2	11.1	0.40	2.7
Decaf Caramel Macchiato - semi skimmed milk	Venti	1171	278	7.7	7.1	37.7	35.3	0.3	14.4	0.52	4.1
Decaf Caramel Macchiato - whole milk	Tall	874	208	9.3	5.8	22.4	20.8	0.2	8.5	0.32	2.7
Decaf Caramel Macchiato - whole milk	Grande	1115	265	11.8	7.4	29.1	27.4	0.2	10.8	0.39	2.7
Decaf Caramel Macchiato - whole milk	Venti	1427	339	14.9	9.3	37.3	34.9	0.3	14	0.51	4.1
Decaf Caramel Macchiato - skimmed milk	Tall	605	143	1.8	0.9	22.9	21.3	0.2	8.7	0.34	2.7
Decaf Caramel Macchiato - skimmed milk	Grande	768	182	2	1	29.7	28	0.2	11.1	0.41	2.7
Decaf Caramel Macchiato - skimmed milk	Venti	980	232	2.3	1.1	38.1	35.7	0.3	14.4	0.53	4.1
Decaf Caramel Macchiato - almond drink	Tall	486	118	3.8	0.8	17.5	15.9	0.7	1.8	0.25	2.7
Decaf Caramel Macchiato - almond drink	Grande	614	149	4.6	0.9	22.8	21.1	0.8	2.2	0.30	2.7
Decaf Caramel Macchiato - almond drink	Venti	782	190	5.7	1	29.1	26.8	1.1	2.9	0.39	4.1

Decaf Caramel Macchiato - soya drink	Tall	662	157	5.4	1.3	18.1	16	1.6	8.3	0.31	2.7
Decaf Caramel Macchiato - soya drink	Grande	842	200	6.7	1.5	23.5	21.2	2	10.5	0.38	2.7
Decaf Caramel Macchiato - soya drink	Venti	1076	255	8.4	1.7	30.1	26.9	2.6	13.6	0.49	4.1
Decaf Caramel Macchiato - oat drink	Tall	823	196	8	1.3	27.3	17.8	2.5	2.5	0.38	2.7
Decaf Caramel Macchiato - oat drink	Grande	1050	250	10	1.5	35.3	23.6	3.2	3.1	0.47	2.7
Decaf Caramel Macchiato - oat drink	Venti	1343	320	12.6	1.7	45.3	30	4.2	4.1	0.61	4.1
Decaf Caramel Macchiato - coconut drink	Tall	672	162	6.8	5.9	19.9	18.3	3.7	3	0.51	2.7
Decaf Caramel Macchiato - coconut drink	Grande	854	206	8.5	7.4	25.8	24.2	4.7	3.7	0.64	2.7
Decaf Caramel Macchiato - coconut drink	Venti	1091	263	10.7	9.4	33.1	30.7	6.1	4.8	0.83	4.1
Blonde Mocha - semi skimmed milk	Tall	870	207	9.5	7.4	20.6	19.2	1.5	9.3	0.27	56.7
Blonde Mocha - semi skimmed milk	Grande	1114	265	11	8.8	28.3	26.5	2.1	12.2	0.33	56.7
Blonde Mocha - semi skimmed milk	Venti	1404	334	13.2	10.5	36.8	34.3	2.9	15.8	0.43	85.1
Blonde Mocha - whole milk	Tall	991	236	12.9	8.5	20.4	19	1.5	9.1	0.26	56.7
Blonde Mocha - whole milk	Grande	1275	304	15.6	10.2	28.1	26.3	2.1	12	0.33	56.7
Blonde Mocha - whole milk	Venti	1608	383	18.9	12.3	36.5	34	2.9	15.5	0.42	85.1
Blonde Mocha - skimmed milk	Tall	779	186	6.9	4.6	20.8	19.3	1.5	9.3	0.27	56.7
Blonde Mocha - skimmed milk	Grande	994	237	7.7	5	28.5	26.7	2.1	12.2	0.34	56.7
Blonde Mocha - skimmed milk	Venti	1252	298	8.9	5.7	37.1	34.6	2.9	15.8	0.44	85.1
Blonde Mocha - almond drink	Tall	685	166	8.5	4.5	16.6	15.1	1.8	3.8	0.20	56.7
Blonde Mocha - almond drink	Grande	870	210	9.8	5	22.9	21.1	2.6	5	0.25	56.7
Blonde Mocha - almond drink	Venti	1094	264	11.6	5.7	30	27.5	3.5	6.7	0.33	85.1
Blonde Mocha - soya drink	Tall	824	197	9.8	4.9	17	15.2	2.6	8.9	0.25	56.7
Blonde Mocha - soya drink	Grande	1054	251	11.5	5.4	23.5	21.2	3.6	11.8	0.31	56.7
Blonde Mocha - soya drink	Venti	1328	316	13.8	6.3	30.7	27.6	4.7	15.2	0.41	85.1
Blonde Mocha - oat drink	Tall	951	227	11.8	4.9	24.2	16.6	3.3	4.4	0.31	56.7
Blonde Mocha - oat drink	Grande	1222	292	14.2	5.4	33.1	23.1	4.5	5.8	0.39	56.7
Blonde Mocha - oat drink	Venti	1541	368	17.1	6.3	42.9	30	5.9	7.6	0.50	85.1
Blonde Mocha - coconut drink	Tall	832	200	10.9	8.5	18.5	17	4.2	4.8	0.41	56.7
Blonde Mocha - coconut drink	Grande	1064	256	13	10.2	25.4	23.6	5.7	6.2	0.52	56.7
Blonde Mocha - coconut drink	Venti	1340	322	15.6	12.3	33.2	30.6	7.4	8.2	0.67	85.1
Decaf Mocha - semi skimmed milk	Tall	977	233	9.8	7.6	25.5	23.3	2.1	9.7	0.26	2.7
Decaf Mocha - semi skimmed milk	Grande	1202	287	11.2	8.8	32.7	30.2	2.7	12.3	0.31	2.7
Decaf Mocha - semi skimmed milk	Venti	1534	366	13.7	10.8	42.4	38.9	3.5	16.4	0.43	4.1
Decaf Mocha - whole milk	Tall	1092	261	13.1	8.6	25.3	23.1	2.1	9.5	0.25	2.7
Decaf Mocha - whole milk	Grande	1349	322	15.4	10.1	32.5	30	2.7	12	0.31	2.7
Decaf Mocha - whole milk	Venti	1738	414	19.5	12.6	42.1	38.6	3.5	16.1	0.43	4.1
Decaf Mocha - skimmed milk	Tall	892	213	7.4	4.9	25.7	23.5	2.1	9.7	0.26	2.7
Decaf Mocha - skimmed milk	Grande	1092	260	8.2	5.3	33	30.4	2.7	12.3	0.32	2.7
Decaf Mocha - skimmed milk	Venti	1382	329	9.4	6.1	42.7	39.2	3.5	16.4	0.44	4.1
Decaf Mocha - almond drink	Tall	803	194	8.9	4.8	21.7	19.5	2.5	4.5	0.20	2.7
Decaf Mocha - almond drink	Grande	978	236	10.1	5.3	27.8	25.3	3.2	5.7	0.24	2.7
Decaf Mocha - almond drink	Venti	1224	296	12.1	6	35.6	32.1	4.1	7.3	0.33	4.1
Decaf Mocha - soya drink	Tall	935	223	10.2	5.2	22.1	19.5	3.1	9.3	0.24	2.7
Decaf Mocha - soya drink	Grande	1147	273	11.7	5.7	28.3	25.4	4.1	11.8	0.30	2.7
Decaf Mocha - soya drink	Venti	1458	347	14.3	6.6	36.3	32.2	5.3	15.8	0.41	4.1
Decaf Mocha - oat drink	Tall	1054	252	12	5.2	28.9	20.9	3.8	5	0.30	2.7
Decaf Mocha - oat drink	Grande	1301	311	14.1	5.7	37.1	27.1	4.9	6.3	0.36	2.7
Decaf Mocha - oat drink	Venti	1671	399	17.7	6.6	48.5	34.7	6.5	8.2	0.50	4.1
Decaf Mocha - coconut drink	Tall	942	226	11.2	8.6	23.5	21.2	4.7	5.4	0.39	2.7
Decaf Mocha - coconut drink	Grande	1156	278	13	10.1	30.1	27.5	6	6.8	0.49	2.7
Decaf Mocha - coconut drink	Venti	1471	353	16.1	12.7	38.8	35.3	8	8.8	0.68	4.1
Blonde White Mocha - semi skimmed milk	Tall	976	232	10	8.1	27	26.2	0.3	8.5	0.37	56.7
Blonde White Mocha - semi skimmed milk	Grande	1265	301	11.8	9.7	37.7	36.9	0.3	10.9	0.49	56.7
Blonde White Mocha - semi skimmed milk	Venti	1650	392	14.5	12.1	50.4	49.2	0.4	14.8	0.67	85.1
Blonde White Mocha - whole milk	Tall	1092	260	13.3	9.1	26.8	26	0.3	8.3	0.37	56.7
Blonde White Mocha - whole milk	Grande	1416	337	16.1	11	37.5	36.7	0.3	10.7	0.48	56.7



Blonde White Mocha - whole milk	Venti	1856	442	20.4	13.9	50.1	48.9	0.4	14.5	0.66	85.1
Blonde White Mocha - skimmed milk	Tall	888	211	7.6	5.3	27.2	26.4	0.3	8.5	0.38	56.7
Blonde White Mocha - skimmed milk	Grande	1152	274	8.6	6.1	37.9	37.1	0.3	10.9	0.50	56.7
Blonde White Mocha - skimmed milk	Venti	1496	356	10.2	7.2	50.7	49.5	0.4	14.8	0.67	85.1
Blonde White Mocha - almond drink	Tall	798	192	9.1	5.3	23.1	22.3	0.6	3.3	0.31	56.7
Blonde White Mocha - almond drink	Grande	1034	249	10.6	6.1	32.6	31.8	0.7	4.1	0.41	56.7
Blonde White Mocha - almond drink	Venti	1336	322	12.9	7.1	43.5	42.3	1	5.6	0.56	85.1
Blonde White Mocha - soya drink	Tall	932	222	10.3	5.6	23.5	22.4	1.3	8.1	0.36	56.7
Blonde White Mocha - soya drink	Grande	1208	287	12.2	6.5	33.2	31.9	1.6	10.5	0.47	56.7
Blonde White Mocha - soya drink	Venti	1573	374	15.2	7.8	44.2	42.4	2.3	14.2	0.64	85.1
Blonde White Mocha - oat drink	Tall	1054	252	12.3	5.6	30.5	23.8	2	3.8	0.41	56.7
Blonde White Mocha - oat drink	Grande	1366	326	14.7	6.5	42.2	33.7	2.5	4.8	0.54	56.7
Blonde White Mocha - oat drink	Venti	1789	426	18.6	7.8	56.6	44.9	3.5	6.5	0.74	85.1
Blonde White Mocha - coconut drink	Tall	939	225	11.4	9.1	24.9	24.1	2.9	4.1	0.51	56.7
Blonde White Mocha - coconut drink	Grande	1217	292	13.6	11	35	34.2	3.7	5.3	0.67	56.7
Blonde White Mocha - coconut drink	Venti	1585	380	17	13.9	46.7	45.5	5	7.1	0.91	85.1
Decaf White Mocha - semi skimmed milk	Tall	1128	269	10.6	8.5	34.9	33.7	0.3	8.3	0.42	2.7
Decaf White Mocha - semi skimmed milk	Grande	1464	348	12.8	10.5	46.7	45.5	0.3	11.6	0.56	2.7
Decaf White Mocha - semi skimmed milk	Venti	1774	422	14.9	12.2	57.8	56	0.4	14.1	0.69	4.1
Decaf White Mocha - whole milk	Tall	1233	294	13.5	9.4	34.8	33.5	0.3	8.2	0.41	2.7
Decaf White Mocha - whole milk	Grande	1619	385	17.1	11.8	46.5	45.2	0.3	11.3	0.55	2.7
Decaf White Mocha - whole milk	Venti	1959	466	20.1	13.8	57.5	55.7	0.4	13.8	0.68	4.1
Decaf White Mocha - skimmed milk	Tall	1049	250	8.4	6	35.1	33.9	0.3	8.3	0.42	2.7
Decaf White Mocha - skimmed milk	Grande	1348	321	9.5	6.8	46.9	45.7	0.3	11.6	0.56	2.7
Decaf White Mocha - skimmed milk	Venti	1636	389	11	7.9	58.1	56.3	0.4	14.1	0.70	4.1
Decaf White Mocha - almond drink	Tall	968	233	9.7	5.9	31.4	30.2	0.6	3.6	0.36	2.7
Decaf White Mocha - almond drink	Grande	1227	295	11.5	6.8	41.5	40.3	0.7	4.6	0.47	2.7
Decaf White Mocha - almond drink	Venti	1493	359	13.4	7.8	51.6	49.8	1	5.8	0.60	4.1
Decaf White Mocha - soya drink	Tall	1089	259	10.9	6.3	31.8	30.2	1.2	8	0.40	2.7
Decaf White Mocha - soya drink	Grande	1406	335	13.2	7.2	42.1	40.4	1.7	11.1	0.54	2.7
Decaf White Mocha - soya drink	Venti	1705	406	15.4	8.4	52.3	49.9	2.1	13.5	0.67	4.1
Decaf White Mocha - oat drink	Tall	1199	286	12.6	6.3	38.1	31.5	1.8	4.1	0.45	2.7
Decaf White Mocha - oat drink	Grande	1568	374	15.8	7.2	51.3	42.2	2.6	5.3	0.61	2.7
Decaf White Mocha - oat drink	Venti	1898	453	18.4	8.4	63.3	52.1	3.2	6.6	0.75	4.1
Decaf White Mocha - coconut drink	Tall	1095	262	11.8	9.4	33	31.8	2.6	4.4	0.54	2.7
Decaf White Mocha - coconut drink	Grande	1415	339	14.6	11.9	43.9	42.7	3.8	5.8	0.74	2.7
Decaf White Mocha - coconut drink	Venti	1716	411	17.1	13.9	54.5	52.7	4.6	7.2	0.91	4.1
<b>Cold Coffee</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
Decaf Iced Americano	Tall	45	11	0.2	0	1.4	0.2	0.2	0.6	0.06	2.7
Decaf Iced Americano	Grande	67	16	0.3	0.1	2.1	0.3	0.3	0.9	0.08	4.1
Decaf Iced Americano	Venti	89	22	0.5	0.1	2.8	0.4	0.5	1.3	0.11	5.4
Blonde Iced Americano	Tall	40	9	0.2	0	0.9	0.1	0.2	0.8	0.06	56.7
Blonde Iced Americano	Grande	60	14	0.3	0.1	1.4	0.2	0.3	1.2	0.08	85.1
Blonde Iced Americano	Venti	80	19	0.5	0.1	1.9	0.3	0.5	1.6	0.11	113.4
Blonde Iced Latte - semi skimmed milk	Tall	357	85	2.9	2.7	8.3	7.5	0.2	6.3	0.22	56.7
Blonde Iced Latte - semi skimmed milk	Grande	547	130	4.5	4.3	12.7	11.9	0.2	9.6	0.33	56.7
Blonde Iced Latte - semi skimmed milk	Venti	561	133	4.6	4.3	13.1	11.9	0.3	9.9	0.35	85.1
Blonde Iced Latte - whole milk	Tall	462	110	5.9	3.6	8.2	7.4	0.2	6.1	0.22	56.7
Blonde Iced Latte - whole milk	Grande	715	170	9.3	5.8	12.5	11.7	0.2	9.3	0.32	56.7
Blonde Iced Latte - whole milk	Venti	727	173	9.3	5.7	12.8	11.6	0.3	9.6	0.34	85.1
Blonde Iced Latte - skimmed milk	Tall	279	66	0.7	0.2	8.5	7.7	0.2	6.3	0.23	56.7
Blonde Iced Latte - skimmed milk	Grande	421	100	1	0.4	13	12.2	0.2	9.6	0.33	56.7
Blonde Iced Latte - skimmed milk	Venti	437	103	1.1	0.4	13.3	12.1	0.3	9.9	0.36	85.1
Blonde Iced Latte - almond drink	Tall	197	49	2.1	0.2	4.8	4	0.5	1.6	0.17	56.7
Blonde Iced Latte - almond drink	Grande	291	72	3.2	0.3	7.1	6.3	0.7	2	0.24	56.7

Blonde Iced Latte - almond drink	Venti	308	76	3.3	0.3	7.5	6.3	0.8	2.4	0.26	85.1
Blonde Iced Latte - soya drink	Tall	318	75	3.2	0.5	5.2	4.1	1.2	6	0.21	56.7
Blonde Iced Latte - soya drink	Grande	484	115	5	0.8	7.7	6.4	1.7	9.1	0.31	56.7
Blonde Iced Latte - soya drink	Venti	499	118	5	0.8	8.1	6.4	1.8	9.4	0.33	85.1
Blonde Iced Latte - oat drink	Tall	428	102	4.9	0.5	11.5	5.3	1.8	2.1	0.26	56.7
Blonde Iced Latte - oat drink	Grande	660	157	7.7	0.8	17.7	8.4	2.7	2.8	0.38	56.7
Blonde Iced Latte - oat drink	Venti	673	160	7.8	0.8	18	8.4	2.8	3.2	0.41	85.1
Blonde Iced Latte - coconut drink	Tall	324	78	4.1	3.7	6.4	5.6	2.6	2.4	0.35	56.7
Blonde Iced Latte - coconut drink	Grande	494	120	6.5	5.8	9.7	8.9	4	3.3	0.53	56.7
Blonde Iced Latte - coconut drink	Venti	509	123	6.5	5.8	10.1	8.9	4.1	3.7	0.55	85.1
Decaf Iced Latte - semi skimmed milk	Tall	361	86	2.9	2.7	8.8	7.6	0.2	6.1	0.22	2.7
Decaf Iced Latte - semi skimmed milk	Grande	551	131	4.5	4.3	13.2	12	0.2	9.4	0.33	2.7
Decaf Iced Latte - semi skimmed milk	Venti	568	135	4.6	4.3	13.7	11.9	0.3	9.6	0.35	4.1
Decaf Iced Latte - whole milk	Tall	467	111	5.9	3.6	8.6	7.4	0.2	6	0.22	2.7
Decaf Iced Latte - whole milk	Grande	719	171	9.3	5.8	12.9	11.7	0.2	9.2	0.32	2.7
Decaf Iced Latte - whole milk	Venti	734	175	9.3	5.7	13.5	11.7	0.3	9.4	0.34	4.1
Decaf Iced Latte - skimmed milk	Tall	283	67	0.7	0.2	8.9	7.7	0.2	6.1	0.23	2.7
Decaf Iced Latte - skimmed milk	Grande	426	101	1	0.4	13.4	12.2	0.2	9.4	0.33	2.7
Decaf Iced Latte - skimmed milk	Venti	444	105	1.1	0.4	14	12.2	0.3	9.6	0.36	4.1
Decaf Iced Latte - almond drink	Tall	201	50	2.1	0.2	5.3	4	0.5	1.4	0.17	2.7
Decaf Iced Latte - almond drink	Grande	295	74	3.2	0.3	7.6	6.3	0.7	1.9	0.24	2.7
Decaf Iced Latte - almond drink	Venti	315	78	3.3	0.3	8.2	6.4	0.8	2.2	0.26	4.1
Decaf Iced Latte - soya drink	Tall	322	77	3.2	0.5	5.6	4.1	1.2	5.8	0.21	2.7
Decaf Iced Latte - soya drink	Grande	488	116	5	0.8	8.2	6.5	1.7	8.9	0.31	2.7
Decaf Iced Latte - soya drink	Venti	506	120	5	0.8	8.8	6.5	1.8	9.1	0.33	4.1
Decaf Iced Latte - oat drink	Tall	432	103	4.9	0.5	11.9	5.4	1.8	1.9	0.26	2.7
Decaf Iced Latte - oat drink	Grande	664	159	7.7	0.8	18.2	8.5	2.7	2.6	0.38	2.7
Decaf Iced Latte - oat drink	Venti	679	163	7.8	0.8	18.7	8.5	2.8	2.9	0.41	4.1
Decaf Iced Latte - coconut drink	Tall	329	80	4.1	3.7	6.9	5.7	2.6	2.2	0.35	2.7
Decaf Iced Latte - coconut drink	Grande	499	121	6.5	5.8	10.2	9	4	3.1	0.53	2.7
Decaf Iced Latte - coconut drink	Venti	516	125	6.5	5.8	10.8	9	4.1	3.4	0.55	4.1
Blonde Classic Iced Cappuccino - semi skimmed milk	Tall	308	73	2.5	2.3	7.2	6.4	0.2	5.4	0.20	56.7
Blonde Classic Iced Cappuccino - semi skimmed milk	Grande	456	108	3.7	3.5	10.6	9.8	0.2	8	0.28	56.7
Blonde Classic Iced Cappuccino - semi skimmed milk	Venti	500	119	4	3.8	11.7	10.4	0.3	8.8	0.32	85.1
Blonde Classic Iced Cappuccino - whole milk	Tall	396	94	5	3.1	7	6.2	0.2	5.3	0.20	56.7
Blonde Classic Iced Cappuccino - whole milk	Grande	594	141	7.6	4.8	10.4	9.6	0.2	7.8	0.27	56.7
Blonde Classic Iced Cappuccino - whole milk	Venti	646	154	8.2	5.1	11.4	10.2	0.3	8.6	0.31	85.1
Blonde Classic Iced Cappuccino - skimmed milk	Tall	241	57	0.6	0.2	7.3	6.5	0.2	5.4	0.20	56.7
Blonde Classic Iced Cappuccino - skimmed milk	Grande	353	84	0.8	0.3	10.8	10	0.2	8	0.28	56.7
Blonde Classic Iced Cappuccino - skimmed milk	Venti	391	93	1	0.4	11.9	10.7	0.3	8.8	0.32	85.1
Blonde Classic Iced Cappuccino - almond drink	Tall	173	43	1.8	0.2	4.2	3.4	0.5	1.5	0.15	56.7
Blonde Classic Iced Cappuccino - almond drink	Grande	246	61	2.7	0.2	6	5.2	0.6	1.8	0.21	56.7
Blonde Classic Iced Cappuccino - almond drink	Venti	278	69	2.9	0.3	6.8	5.6	0.8	2.3	0.24	85.1
Blonde Classic Iced Cappuccino - soya drink	Tall	275	65	2.7	0.4	4.5	3.4	1	5.2	0.19	56.7
Blonde Classic Iced Cappuccino - soya drink	Grande	405	96	4.1	0.7	6.5	5.3	1.5	7.6	0.26	56.7
Blonde Classic Iced Cappuccino - soya drink	Venti	446	106	4.5	0.7	7.3	5.7	1.6	8.4	0.30	85.1
Blonde Classic Iced Cappuccino - oat drink	Tall	367	88	4.2	0.4	9.8	4.5	1.6	1.9	0.23	56.7
Blonde Classic Iced Cappuccino - oat drink	Grande	549	131	6.4	0.7	14.8	6.9	2.3	2.5	0.32	56.7
Blonde Classic Iced Cappuccino - oat drink	Venti	598	143	6.9	0.7	16	7.4	2.5	3	0.37	85.1
Blonde Classic Iced Cappuccino - coconut drink	Tall	280	68	3.5	3.1	5.6	4.8	2.2	2.1	0.30	56.7
Blonde Classic Iced Cappuccino - coconut drink	Grande	413	100	5.4	4.8	8.2	7.3	3.3	2.9	0.44	56.7
Blonde Classic Iced Cappuccino - coconut drink	Venti	454	110	5.8	5.1	9	7.8	3.6	3.4	0.49	85.1
Decaf Classic Iced Cappuccino - semi skimmed milk	Tall	312	74	2.5	2.3	7.6	6.4	0.2	5.3	0.20	2.7
Decaf Classic Iced Cappuccino - semi skimmed milk	Grande	461	110	3.7	3.5	11.1	9.9	0.2	7.8	0.28	2.7
Decaf Classic Iced Cappuccino - semi skimmed milk	Venti	507	121	4	3.8	12.3	10.5	0.3	8.6	0.32	4.1
Decaf Classic Iced Cappuccino - whole milk	Tall	401	96	5	3.1	7.5	6.3	0.2	5.1	0.20	2.7

Decaf Classic Iced Cappuccino - whole milk	Grande	599	143	7.6	4.8	10.9	9.7	0.2	7.6	0.27	2.7
Decaf Classic Iced Cappuccino - whole milk	Venti	653	156	8.2	5.1	12.1	10.3	0.3	8.4	0.31	4.1
Decaf Classic Iced Cappuccino - skimmed milk	Tall	246	59	0.6	0.2	7.8	6.5	0.2	5.3	0.20	2.7
Decaf Classic Iced Cappuccino - skimmed milk	Grande	358	85	0.8	0.3	11.3	10.1	0.2	7.8	0.28	2.7
Decaf Classic Iced Cappuccino - skimmed milk	Venti	398	95	1	0.4	12.6	10.7	0.3	8.6	0.32	4.1
Decaf Classic Iced Cappuccino - almond drink	Tall	177	44	1.8	0.2	4.7	3.4	0.5	1.3	0.15	2.7
Decaf Classic Iced Cappuccino - almond drink	Grande	251	62	2.7	0.2	6.5	5.2	0.6	1.6	0.21	2.7
Decaf Classic Iced Cappuccino - almond drink	Venti	285	71	2.9	0.3	7.4	5.6	0.8	2	0.24	4.1
Decaf Classic Iced Cappuccino - soya drink	Tall	279	66	2.7	0.4	5	3.5	1	5	0.19	2.7
Decaf Classic Iced Cappuccino - soya drink	Grande	409	97	4.1	0.7	7	5.3	1.5	7.4	0.26	2.7
Decaf Classic Iced Cappuccino - soya drink	Venti	453	108	4.5	0.7	8	5.7	1.6	8.1	0.30	4.1
Decaf Classic Iced Cappuccino - oat drink	Tall	372	89	4.2	0.4	10.3	4.6	1.6	1.7	0.23	2.7
Decaf Classic Iced Cappuccino - oat drink	Grande	554	132	6.4	0.7	15.2	7	2.3	2.3	0.32	2.7
Decaf Classic Iced Cappuccino - oat drink	Venti	605	145	6.9	0.7	16.7	7.5	2.5	2.7	0.37	4.1
Decaf Classic Iced Cappuccino - coconut drink	Tall	284	69	3.5	3.1	6	4.8	2.2	2	0.30	2.7
Decaf Classic Iced Cappuccino - coconut drink	Grande	418	101	5.4	4.8	8.6	7.4	3.3	2.7	0.44	2.7
Decaf Classic Iced Cappuccino - coconut drink	Venti	461	112	5.8	5.1	9.7	7.9	3.6	3.1	0.49	4.1
Blonde Iced Latte Macchiato - semi skimmed milk	Tall	394	93	3.2	3	9.2	8.4	0.2	6.9	0.24	56.7
Blonde Iced Latte Macchiato - semi skimmed milk	Grande	563	134	4.6	4.4	13.1	12.3	0.2	9.9	0.33	56.7
Blonde Iced Latte Macchiato - semi skimmed milk	Venti	594	141	4.8	4.6	13.8	12.6	0.3	10.5	0.37	85.1
Blonde Iced Latte Macchiato - whole milk	Tall	511	121	6.5	4.1	9	8.2	0.2	6.8	0.24	56.7
Blonde Iced Latte Macchiato - whole milk	Grande	737	175	9.5	6	12.9	12	0.2	9.6	0.33	56.7
Blonde Iced Latte Macchiato - whole milk	Venti	772	183	9.9	6.1	13.6	12.4	0.3	10.2	0.36	85.1
Blonde Iced Latte Macchiato - skimmed milk	Tall	306	72	0.8	0.3	9.3	8.5	0.2	6.9	0.25	56.7
Blonde Iced Latte Macchiato - skimmed milk	Grande	434	103	1	0.4	13.4	12.6	0.2	9.9	0.34	56.7
Blonde Iced Latte Macchiato - skimmed milk	Venti	462	109	1.1	0.4	14.1	12.9	0.3	10.5	0.38	85.1
Blonde Iced Latte Macchiato - almond drink	Tall	215	53	2.3	0.2	5.2	4.4	0.6	1.7	0.18	56.7
Blonde Iced Latte Macchiato - almond drink	Grande	299	74	3.3	0.3	7.3	6.5	0.7	2.1	0.24	56.7
Blonde Iced Latte Macchiato - almond drink	Venti	325	80	3.5	0.3	7.9	6.7	0.9	2.5	0.28	85.1
Blonde Iced Latte Macchiato - soya drink	Tall	350	83	3.6	0.6	5.7	4.5	1.3	6.6	0.23	56.7
Blonde Iced Latte Macchiato - soya drink	Grande	498	118	5.1	0.8	7.9	6.6	1.8	9.4	0.32	56.7
Blonde Iced Latte Macchiato - soya drink	Venti	528	125	5.4	0.9	8.6	6.8	1.9	9.9	0.35	85.1
Blonde Iced Latte Macchiato - oat drink	Tall	472	113	5.5	0.6	12.7	5.9	2	2.2	0.28	56.7
Blonde Iced Latte Macchiato - oat drink	Grande	680	162	8	0.8	18.3	8.7	2.8	2.9	0.39	56.7
Blonde Iced Latte Macchiato - oat drink	Venti	713	170	8.3	0.9	19.1	8.9	3	3.3	0.43	85.1
Blonde Iced Latte Macchiato - coconut drink	Tall	357	86	4.6	4.1	7.1	6.3	2.9	2.6	0.38	56.7
Blonde Iced Latte Macchiato - coconut drink	Grande	509	123	6.7	6	10	9.2	4.1	3.4	0.54	56.7
Blonde Iced Latte Macchiato - coconut drink	Venti	539	131	7	6.2	10.7	9.5	4.3	3.9	0.58	85.1
Decaf Iced Latte Macchiato - semi skimmed milk	Tall	398	95	3.2	3	9.6	8.4	0.2	6.8	0.24	2.7
Decaf Iced Latte Macchiato - semi skimmed milk	Grande	568	135	4.6	4.4	13.6	12.4	0.2	9.7	0.33	2.7
Decaf Iced Latte Macchiato - semi skimmed milk	Venti	601	143	4.8	4.6	14.5	12.7	0.3	10.2	0.37	4.1
Decaf Iced Latte Macchiato - whole milk	Tall	515	123	6.5	4.1	9.4	8.2	0.2	6.6	0.24	2.7
Decaf Iced Latte Macchiato - whole milk	Grande	741	177	9.5	6	13.3	12.1	0.2	9.4	0.33	2.7
Decaf Iced Latte Macchiato - whole milk	Venti	778	185	9.9	6.1	14.3	12.4	0.3	9.9	0.36	4.1
Decaf Iced Latte Macchiato - skimmed milk	Tall	311	74	0.8	0.3	9.8	8.6	0.2	6.8	0.25	2.7
Decaf Iced Latte Macchiato - skimmed milk	Grande	438	104	1	0.4	13.8	12.6	0.2	9.7	0.34	2.7
Decaf Iced Latte Macchiato - skimmed milk	Venti	469	111	1.1	0.4	14.8	13	0.3	10.2	0.38	4.1
Decaf Iced Latte Macchiato - almond drink	Tall	220	55	2.3	0.2	5.7	4.5	0.6	1.5	0.18	2.7
Decaf Iced Latte Macchiato - almond drink	Grande	304	76	3.3	0.3	7.8	6.5	0.7	1.9	0.24	2.7
Decaf Iced Latte Macchiato - almond drink	Venti	331	82	3.5	0.3	8.6	6.8	0.9	2.2	0.28	4.1
Decaf Iced Latte Macchiato - soya drink	Tall	354	84	3.6	0.6	6.1	4.6	1.3	6.4	0.23	2.7
Decaf Iced Latte Macchiato - soya drink	Grande	503	120	5.1	0.8	8.4	6.7	1.8	9.2	0.32	2.7
Decaf Iced Latte Macchiato - soya drink	Venti	535	127	5.4	0.9	9.2	6.9	1.9	9.7	0.35	4.1
Decaf Iced Latte Macchiato - oat drink	Tall	477	114	5.5	0.6	13.1	6	2	2	0.28	2.7
Decaf Iced Latte Macchiato - oat drink	Grande	684	164	8	0.8	18.7	8.7	2.8	2.7	0.39	2.7
Decaf Iced Latte Macchiato - oat drink	Venti	720	172	8.3	0.9	19.8	9	3	3.1	0.43	4.1

Decaf Iced Latte Macchiato - coconut drink	Tall	361	88	4.6	4.1	7.5	6.3	2.9	2.4	0.38	2.7
Decaf Iced Latte Macchiato - coconut drink	Grande	513	125	6.7	6	10.5	9.2	4.1	3.2	0.54	2.7
Decaf Iced Latte Macchiato - coconut drink	Venti	546	133	7	6.2	11.4	9.5	4.3	3.6	0.58	4.1
Blonde Iced Caramel Macchiato - semi skimmed milk	Tall	627	149	4.3	3.7	20.4	19.2	0.2	7	0.28	56.7
Blonde Iced Caramel Macchiato - semi skimmed milk	Grande	857	203	5.7	5.1	28	26.6	0.2	10	0.37	56.7
Blonde Iced Caramel Macchiato - semi skimmed milk	Venti	950	225	5.9	5.2	32.3	30.5	0.3	10.6	0.40	85.1
Blonde Iced Caramel Macchiato - whole milk	Tall	744	177	7.6	4.7	20.3	19	0.2	6.8	0.27	56.7
Blonde Iced Caramel Macchiato - whole milk	Grande	1031	245	10.6	6.6	27.7	26.4	0.2	9.7	0.36	56.7
Blonde Iced Caramel Macchiato - whole milk	Venti	1127	267	10.9	6.8	32	30.2	0.3	10.3	0.40	85.1
Blonde Iced Caramel Macchiato - skimmed milk	Tall	539	128	1.8	0.9	20.6	19.3	0.2	7	0.28	56.7
Blonde Iced Caramel Macchiato - skimmed milk	Grande	728	172	2.1	1	28.2	26.9	0.2	10	0.37	56.7
Blonde Iced Caramel Macchiato - skimmed milk	Venti	817	193	2.2	1.1	32.6	30.8	0.3	10.6	0.41	85.1
Blonde Iced Caramel Macchiato - almond drink	Tall	448	108	3.3	0.9	16.5	15.2	0.6	1.8	0.22	56.7
Blonde Iced Caramel Macchiato - almond drink	Grande	593	144	4.3	1	22.2	20.8	0.7	2.2	0.28	56.7
Blonde Iced Caramel Macchiato - almond drink	Venti	680	164	4.5	1	26.4	24.6	0.9	2.6	0.31	85.1
Blonde Iced Caramel Macchiato - soya drink	Tall	583	138	4.6	1.2	16.9	15.3	1.3	6.7	0.26	56.7
Blonde Iced Caramel Macchiato - soya drink	Grande	793	188	6.2	1.5	22.8	20.9	1.8	9.4	0.35	56.7
Blonde Iced Caramel Macchiato - soya drink	Venti	883	209	6.4	1.5	27	24.7	1.9	10	0.38	85.1
Blonde Iced Caramel Macchiato - oat drink	Tall	705	168	6.5	1.2	23.9	16.7	2	2.3	0.32	56.7
Blonde Iced Caramel Macchiato - oat drink	Grande	974	232	9.1	1.5	33.2	23	2.8	3	0.43	56.7
Blonde Iced Caramel Macchiato - oat drink	Venti	1069	254	9.3	1.5	37.6	26.8	3	3.4	0.46	85.1
Blonde Iced Caramel Macchiato - coconut drink	Tall	590	142	5.7	4.7	18.3	17.1	2.9	2.6	0.42	56.7
Blonde Iced Caramel Macchiato - coconut drink	Grande	803	193	7.8	6.7	24.9	23.5	4.1	3.5	0.57	56.7
Blonde Iced Caramel Macchiato - coconut drink	Venti	894	214	8	6.8	29.1	27.3	4.3	3.9	0.61	85.1
Decaf Iced Caramel Macchiato - semi skimmed milk	Tall	631	150	4.3	3.7	20.9	19.2	0.2	6.8	0.28	2.7
Decaf Iced Caramel Macchiato - semi skimmed milk	Grande	862	205	5.7	5.1	28.4	26.7	0.2	9.8	0.37	2.7
Decaf Iced Caramel Macchiato - semi skimmed milk	Venti	956	227	5.9	5.2	33	30.6	0.3	10.3	0.40	4.1
Decaf Iced Caramel Macchiato - whole milk	Tall	748	178	7.6	4.7	20.7	19	0.2	6.7	0.27	2.7
Decaf Iced Caramel Macchiato - whole milk	Grande	1035	246	10.6	6.6	28.2	26.4	0.2	9.5	0.36	2.7
Decaf Iced Caramel Macchiato - whole milk	Venti	1134	269	10.9	6.8	32.7	30.3	0.3	10	0.40	4.1
Decaf Iced Caramel Macchiato - skimmed milk	Tall	544	129	1.8	0.9	21.1	19.4	0.2	6.8	0.28	2.7
Decaf Iced Caramel Macchiato - skimmed milk	Grande	732	174	2.1	1	28.7	26.9	0.2	9.8	0.37	2.7
Decaf Iced Caramel Macchiato - skimmed milk	Venti	824	195	2.2	1.1	33.3	30.8	0.3	10.3	0.41	4.1
Decaf Iced Caramel Macchiato - almond drink	Tall	453	110	3.3	0.9	17	15.3	0.6	1.6	0.22	2.7
Decaf Iced Caramel Macchiato - almond drink	Grande	598	145	4.3	1	22.6	20.9	0.7	2	0.28	2.7
Decaf Iced Caramel Macchiato - almond drink	Venti	687	166	4.5	1	27.1	24.6	0.9	2.3	0.31	4.1
Decaf Iced Caramel Macchiato - soya drink	Tall	587	139	4.6	1.2	17.4	15.4	1.3	6.5	0.26	2.7
Decaf Iced Caramel Macchiato - soya drink	Grande	797	189	6.2	1.5	23.3	21	1.8	9.3	0.35	2.7
Decaf Iced Caramel Macchiato - soya drink	Venti	890	211	6.4	1.5	27.7	24.7	1.9	9.8	0.38	4.1
Decaf Iced Caramel Macchiato - oat drink	Tall	710	169	6.5	1.2	24.4	16.8	2	2.1	0.32	2.7
Decaf Iced Caramel Macchiato - oat drink	Grande	978	233	9.1	1.5	33.6	23.1	2.8	2.8	0.43	2.7
Decaf Iced Caramel Macchiato - oat drink	Venti	1075	256	9.3	1.5	38.3	26.9	3	3.1	0.46	4.1
Decaf Iced Caramel Macchiato - coconut drink	Tall	594	143	5.7	4.7	18.8	17.1	2.9	2.5	0.42	2.7
Decaf Iced Caramel Macchiato - coconut drink	Grande	807	194	7.8	6.7	25.3	23.6	4.1	3.3	0.57	2.7
Decaf Iced Caramel Macchiato - coconut drink	Venti	901	216	8	6.8	29.8	27.4	4.3	3.7	0.61	4.1
Blonde Iced Cappuccino with Cold Foam	Tall	240	57	0.4	0.1	9.7	8.8	0.2	3.4	0.14	56.7
Blonde Iced Cappuccino with Cold Foam	Grande	313	74	0.5	0.2	13.1	12.3	0.2	4.1	0.16	56.7
Blonde Iced Cappuccino with Cold Foam	Venti	412	97	0.7	0.2	17.3	16.1	0.3	5.3	0.21	85.1
Decaf Iced Cappuccino with Cold Foam	Tall	245	58	0.4	0.1	10.1	8.9	0.2	3.2	0.14	2.7
Decaf Iced Cappuccino with Cold Foam	Grande	317	75	0.5	0.2	13.6	12.4	0.2	3.9	0.16	2.7
Decaf Iced Cappuccino with Cold Foam	Venti	418	99	0.7	0.2	18	16.1	0.3	5	0.21	4.1
Blonde Iced Mocha - semi skimmed milk	Tall	944	226	12.7	9.5	19.4	17.9	1.5	7.8	0.22	56.7
Blonde Iced Mocha - semi skimmed milk	Grande	1326	317	17.3	13.1	28.2	26.4	2.1	11.2	0.30	56.7
Blonde Iced Mocha - semi skimmed milk	Venti	1458	348	17.8	13.3	33.3	30.7	2.9	12.3	0.33	85.1
Blonde Iced Mocha - whole milk	Tall	1032	247	15.2	10.3	19.3	17.8	1.5	7.7	0.22	56.7
Blonde Iced Mocha - whole milk	Grande	1458	349	21	14.2	28	26.2	2.1	11	0.30	56.7

Blonde Iced Mocha - whole milk	Venti	1587	379	21.5	14.5	33.1	30.6	2.9	12.1	0.32	85.1
Blonde Iced Mocha - skimmed milk	Tall	879	210	10.9	7.5	19.5	18	1.5	7.8	0.23	56.7
Blonde Iced Mocha - skimmed milk	Grande	1228	293	14.5	10	28.4	26.6	2.1	11.2	0.31	56.7
Blonde Iced Mocha - skimmed milk	Venti	1363	325	15.2	10.3	33.5	30.9	2.9	12.3	0.33	85.1
Blonde Iced Mocha - almond drink	Tall	810	196	12	7.4	16.4	15	1.7	3.9	0.18	56.7
Blonde Iced Mocha - almond drink	Grande	1125	272	16.3	9.9	23.8	22	2.5	5.3	0.23	56.7
Blonde Iced Mocha - almond drink	Venti	1263	304	16.8	10.3	29	26.5	3.2	6.6	0.26	85.1
Blonde Iced Mocha - soya drink	Tall	911	218	13	7.7	16.8	15	2.3	7.6	0.21	56.7
Blonde Iced Mocha - soya drink	Grande	1277	305	17.7	10.3	24.2	22	3.3	10.8	0.29	56.7
Blonde Iced Mocha - soya drink	Venti	1411	337	18.2	10.7	29.5	26.5	4	11.9	0.31	85.1
Blonde Iced Mocha - oat drink	Tall	1003	240	14.4	7.7	22	16.1	2.8	4.3	0.25	56.7
Blonde Iced Mocha - oat drink	Grande	1415	339	19.9	10.3	32.1	23.6	4.1	5.9	0.35	56.7
Blonde Iced Mocha - oat drink	Venti	1545	369	20.3	10.7	37.1	28.1	4.8	7.2	0.37	85.1
Blonde Iced Mocha - coconut drink	Tall	917	221	13.7	10.3	17.8	16.3	3.5	4.5	0.33	56.7
Blonde Iced Mocha - coconut drink	Grande	1285	309	18.9	14.3	25.8	24	5.1	6.3	0.46	56.7
Blonde Iced Mocha - coconut drink	Venti	1418	341	19.4	14.5	31	28.4	5.7	7.5	0.48	85.1
Decaf Iced Mocha - semi skimmed milk	Tall	1042	249	13	9.6	24.1	21.8	2.1	8	0.21	2.7
Decaf Iced Mocha - semi skimmed milk	Grande	1446	346	17.8	13.3	33.3	30.8	2.7	11.8	0.30	2.7
Decaf Iced Mocha - semi skimmed milk	Venti	1540	368	18	13.3	37.7	34.3	3.5	12.1	0.30	4.1
Decaf Iced Mocha - whole milk	Tall	1120	268	15.2	10.3	23.9	21.7	2.1	7.9	0.21	2.7
Decaf Iced Mocha - whole milk	Grande	1575	377	21.4	14.5	33.2	30.6	2.7	11.6	0.29	2.7
Decaf Iced Mocha - whole milk	Venti	1652	395	21.1	14.2	37.6	34.1	3.5	11.9	0.30	4.1
Decaf Iced Mocha - skimmed milk	Tall	984	235	11.4	7.8	24.2	22	2.1	8	0.21	2.7
Decaf Iced Mocha - skimmed milk	Grande	1350	323	15.1	10.3	33.5	31	2.7	11.8	0.30	2.7
Decaf Iced Mocha - skimmed milk	Venti	1456	348	15.6	10.6	37.9	34.4	3.5	12.1	0.31	4.1
Decaf Iced Mocha - almond drink	Tall	924	223	12.4	7.7	21.4	19.2	2.3	4.5	0.17	2.7
Decaf Iced Mocha - almond drink	Grande	1249	301	16.8	10.3	29	26.5	3.1	6	0.23	2.7
Decaf Iced Mocha - almond drink	Venti	1369	330	17.1	10.6	34	30.5	3.8	7.1	0.24	4.1
Decaf Iced Mocha - soya drink	Tall	1013	242	13.2	8	21.7	19.3	2.8	7.8	0.20	2.7
Decaf Iced Mocha - soya drink	Grande	1398	334	18.1	10.6	29.5	26.6	3.9	11.4	0.29	2.7
Decaf Iced Mocha - soya drink	Venti	1498	358	18.3	10.9	34.4	30.6	4.5	11.8	0.29	4.1
Decaf Iced Mocha - oat drink	Tall	1095	262	14.5	8	26.4	20.2	3.3	4.9	0.23	2.7
Decaf Iced Mocha - oat drink	Grande	1533	367	20.3	10.6	37.2	28.1	4.7	6.6	0.34	2.7
Decaf Iced Mocha - oat drink	Venti	1615	387	20.1	10.9	41.1	31.9	5.2	7.6	0.34	4.1
Decaf Iced Mocha - coconut drink	Tall	1018	245	13.9	10.3	22.7	20.4	3.9	5.1	0.30	2.7
Decaf Iced Mocha - coconut drink	Grande	1405	338	19.3	14.5	31	28.5	5.6	7	0.45	2.7
Decaf Iced Mocha - coconut drink	Venti	1505	361	19.3	14.3	35.7	32.2	6	7.9	0.44	4.1
Blonde Iced White Mocha - semi skimmed milk	Tall	1065	254	13.4	10.3	26.1	25.3	0.3	7.3	0.34	56.7
Blonde Iced White Mocha - semi skimmed milk	Grande	1534	366	18.5	14.5	38.9	38.1	0.3	10.9	0.49	56.7
Blonde Iced White Mocha - semi skimmed milk	Venti	1703	406	19.2	14.9	46.9	45.6	0.4	11.3	0.56	85.1
Blonde Iced White Mocha - whole milk	Tall	1153	276	15.9	11.1	26	25.2	0.3	7.2	0.34	56.7
Blonde Iced White Mocha - whole milk	Grande	1676	400	22.5	15.7	38.7	37.9	0.3	10.7	0.49	56.7
Blonde Iced White Mocha - whole milk	Venti	1834	437	22.9	16	46.7	45.4	0.4	11.1	0.56	85.1
Blonde Iced White Mocha - skimmed milk	Tall	999	239	11.5	8.2	26.3	25.5	0.3	7.3	0.34	56.7
Blonde Iced White Mocha - skimmed milk	Grande	1429	341	15.6	11.1	39.1	38.3	0.3	10.9	0.50	56.7
Blonde Iced White Mocha - skimmed milk	Venti	1606	383	16.5	11.8	47	45.8	0.4	11.3	0.57	85.1
Blonde Iced White Mocha - almond drink	Tall	930	224	12.7	8.2	23.2	22.4	0.5	3.3	0.29	56.7
Blonde Iced White Mocha - almond drink	Grande	1319	318	17.4	11.1	34.2	33.4	0.7	4.5	0.42	56.7
Blonde Iced White Mocha - almond drink	Venti	1504	362	18.2	11.8	42.5	41.3	0.8	5.5	0.49	85.1
Blonde Iced White Mocha - soya drink	Tall	1032	247	13.6	8.4	23.5	22.4	1	7	0.33	56.7
Blonde Iced White Mocha - soya drink	Grande	1481	354	19	11.5	34.7	33.5	1.5	10.5	0.48	56.7
Blonde Iced White Mocha - soya drink	Venti	1654	395	19.6	12.2	43	41.4	1.6	10.9	0.55	85.1
Blonde Iced White Mocha - oat drink	Tall	1124	269	15.1	8.4	28.8	23.5	1.6	3.7	0.37	56.7
Blonde Iced White Mocha - oat drink	Grande	1630	390	21.3	11.5	43.2	35.1	2.4	5.2	0.54	56.7
Blonde Iced White Mocha - oat drink	Venti	1791	428	21.7	12.2	50.7	42.9	2.3	6.1	0.60	85.1
Blonde Iced White Mocha - coconut drink	Tall	1037	249	14.4	11.1	24.5	23.7	2.2	4	0.44	56.7

Blonde Iced White Mocha - coconut drink	Grande	1490	358	20.2	15.7	36.4	35.6	3.4	5.6	0.66	56.7
Blonde Iced White Mocha - coconut drink	Venti	1662	399	20.8	16.1	44.5	43.3	3.3	6.5	0.72	85.1
Decaf Iced White Mocha - semi skimmed milk	Tall	1223	292	14	10.7	34.1	32.9	0.3	7.2	0.38	2.7
Decaf Iced White Mocha - semi skimmed milk	Grande	1695	405	19.2	14.9	47	45.8	0.3	10.9	0.54	2.7
Decaf Iced White Mocha - semi skimmed milk	Venti	1856	443	19.8	15.3	54.9	53.1	0.4	11	0.60	4.1
Decaf Iced White Mocha - whole milk	Tall	1301	311	16.2	11.4	34	32.8	0.3	7.1	0.38	2.7
Decaf Iced White Mocha - whole milk	Grande	1828	436	22.9	16.1	46.8	45.6	0.3	10.7	0.53	2.7
Decaf Iced White Mocha - whole milk	Venti	1974	471	23.1	16.3	54.8	52.9	0.4	10.9	0.60	4.1
Decaf Iced White Mocha - skimmed milk	Tall	1164	278	12.3	8.9	34.3	33.1	0.3	7.2	0.39	2.7
Decaf Iced White Mocha - skimmed milk	Grande	1596	381	16.4	11.8	47.2	46	0.3	10.9	0.54	2.7
Decaf Iced White Mocha - skimmed milk	Venti	1768	422	17.3	12.5	55.1	53.3	0.4	11	0.61	4.1
Decaf Iced White Mocha - almond drink	Tall	1103	265	13.4	8.9	31.5	30.3	0.5	3.7	0.34	2.7
Decaf Iced White Mocha - almond drink	Grande	1493	359	18.1	11.7	42.6	41.3	0.7	4.9	0.47	2.7
Decaf Iced White Mocha - almond drink	Venti	1676	402	18.8	12.4	51	49.2	0.8	5.7	0.54	4.1
Decaf Iced White Mocha - soya drink	Tall	1193	285	14.2	9.1	31.8	30.4	1	7	0.37	2.7
Decaf Iced White Mocha - soya drink	Grande	1645	393	19.6	12.1	43	41.4	1.5	10.5	0.52	2.7
Decaf Iced White Mocha - soya drink	Venti	1812	432	20.1	12.8	51.4	49.2	1.5	10.7	0.59	4.1
Decaf Iced White Mocha - oat drink	Tall	1276	305	15.5	9.1	36.5	31.3	1.4	4	0.41	2.7
Decaf Iced White Mocha - oat drink	Grande	1784	427	21.7	12.1	51	43	2.3	5.5	0.58	2.7
Decaf Iced White Mocha - oat drink	Venti	1936	462	22.1	12.8	58.5	50.6	2.2	6.3	0.64	4.1
Decaf Iced White Mocha - coconut drink	Tall	1198	287	14.9	11.4	32.7	31.5	2	4.3	0.48	2.7
Decaf Iced White Mocha - coconut drink	Grande	1653	397	20.8	16.1	44.6	43.4	3.3	5.9	0.70	2.7
Decaf Iced White Mocha - coconut drink	Venti	1819	436	21.2	16.3	52.8	51	3.1	6.6	0.74	4.1
Blonde Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	382	90	2.2	2	12.8	11.9	0.2	4.8	0.18	56.7
Blonde Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	507	120	2.7	2.4	17.7	16.3	0.3	6.1	0.23	85.1
Blonde Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	623	147	3.2	2.8	22.3	20.5	0.5	7.2	0.28	113.4
Blonde Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	459	109	4.4	2.7	12.7	11.8	0.2	4.7	0.18	56.7
Blonde Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	601	142	5.4	3.3	17.5	16.2	0.3	6	0.23	85.1
Blonde Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	730	173	6.2	3.8	22.1	20.3	0.5	7.1	0.28	113.4
Blonde Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	324	77	0.6	0.2	12.9	12	0.2	4.8	0.18	56.7
Blonde Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	437	103	0.8	0.2	17.8	16.4	0.3	6.1	0.24	85.1
Blonde Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	543	128	0.9	0.3	22.5	20.6	0.5	7.2	0.29	113.4
Blonde Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	265	64	1.6	0.2	10.2	9.3	0.5	1.4	0.14	56.7
Blonde Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	365	88	2	0.2	14.5	13.2	0.6	1.9	0.19	85.1
Blonde Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	459	110	2.3	0.2	18.7	16.9	0.8	2.4	0.23	113.4
Blonde Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	353	84	2.4	0.4	10.5	9.4	0.9	4.6	0.17	56.7
Blonde Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	472	112	3	0.5	14.9	13.2	1.2	5.8	0.22	85.1
Blonde Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	583	138	3.5	0.6	19.1	17	1.4	6.9	0.27	113.4
Blonde Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	434	103	3.7	0.4	15.1	10.3	1.4	1.7	0.21	56.7
Blonde Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	570	135	4.5	0.5	20.5	14.3	1.7	2.3	0.27	85.1
Blonde Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	695	165	5.3	0.6	25.5	18.2	2.1	2.9	0.32	113.4
Blonde Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	358	86	3.1	2.7	11.4	10.5	2	2	0.27	56.7
Blonde Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	478	114	3.8	3.3	16	14.6	2.4	2.6	0.35	85.1
Blonde Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	589	141	4.5	3.8	20.4	18.6	2.9	3.2	0.41	113.4
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	441	105	2.2	2	16.5	15.1	0.2	4.7	0.18	2.7
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	569	135	2.7	2.4	21.6	19.5	0.3	5.8	0.23	4.1
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	686	163	3.2	2.8	26.4	23.7	0.5	6.9	0.28	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	518	123	4.4	2.7	16.4	15	0.2	4.5	0.18	2.7
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	663	157	5.4	3.3	21.4	19.4	0.3	5.7	0.23	4.1
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	794	188	6.2	3.8	26.3	23.6	0.5	6.7	0.28	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	384	91	0.6	0.2	16.6	15.2	0.2	4.7	0.18	2.7
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	499	118	0.8	0.2	21.7	19.7	0.3	5.8	0.24	4.1
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	606	144	0.9	0.3	26.6	23.9	0.5	6.9	0.29	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	324	78	1.6	0.2	13.9	12.5	0.5	1.2	0.14	2.7
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	426	103	2	0.2	18.4	16.4	0.6	1.6	0.19	4.1
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	523	126	2.3	0.2	22.8	20.2	0.8	2	0.23	5.4

Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	413	98	2.4	0.4	14.2	12.6	0.9	4.4	0.17	2.7
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	534	127	3	0.5	18.8	16.5	1.2	5.6	0.22	4.1
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	646	153	3.5	0.6	23.2	20.2	1.4	6.5	0.27	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	493	117	3.7	0.4	18.8	13.5	1.4	1.6	0.21	2.7
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	632	150	4.5	0.5	24.4	17.6	1.7	2.1	0.27	4.1
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	758	180	5.3	0.6	29.6	21.5	2.1	2.5	0.32	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	417	100	3.1	2.7	15.1	13.7	2	1.8	0.27	2.7
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	539	129	3.8	3.3	19.9	17.9	2.4	2.3	0.35	4.1
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	653	156	4.5	3.8	24.5	21.8	2.9	2.9	0.41	5.4
Blonde Starbucks Doubleshot Iced Coffee	Mini	365	88	8.1	5	2.3	1.5	0.2	1.4	0.09	56.7
Decaf Starbucks Doubleshot Iced Coffee	Mini	369	89	8.1	5	2.7	1.5	0.2	1.3	0.09	2.7
Blonde Starbucks Doubleshot Vanilla Iced Coffee	Mini	432	104	8.1	5	6.2	5.4	0.2	1.4	0.09	56.7
Decaf Starbucks Doubleshot Vanilla Iced Coffee	Mini	437	105	8.1	5	6.7	5.4	0.2	1.3	0.09	2.7
<b>Frappuccino</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
Blonde Espresso Frappuccino - semi skimmed milk	Tall	422	100	1	0.8	20.1	19.1	0.2	2.3	0.35	45.4
Blonde Espresso Frappuccino - semi skimmed milk	Grande	568	134	1.3	1.2	27	25.8	0.2	3.1	0.46	50
Blonde Espresso Frappuccino - semi skimmed milk	Venti	732	173	1.6	1.3	35.5	33.9	0.3	3.6	0.60	59.7
Blonde Espresso Frappuccino - whole milk	Tall	452	107	1.8	1.1	20.1	19.1	0.2	2.2	0.35	45.4
Blonde Espresso Frappuccino - whole milk	Grande	612	144	2.6	1.5	27	25.7	0.2	3	0.46	50
Blonde Espresso Frappuccino - whole milk	Venti	782	185	3	1.8	35.4	33.9	0.3	3.5	0.60	59.7
Blonde Espresso Frappuccino - skimmed milk	Tall	400	94	0.3	0.1	20.2	19.1	0.2	2.3	0.35	45.4
Blonde Espresso Frappuccino - skimmed milk	Grande	536	126	0.4	0.1	27.1	25.9	0.2	3.1	0.46	50
Blonde Espresso Frappuccino - skimmed milk	Venti	694	163	0.5	0.2	35.6	34	0.3	3.6	0.60	59.7
Blonde Espresso Frappuccino - almond drink	Tall	377	89	0.7	0.1	19.1	18.1	0.3	0.9	0.33	45.4
Blonde Espresso Frappuccino - almond drink	Grande	502	119	1	0.1	25.6	24.3	0.4	1.1	0.44	50
Blonde Espresso Frappuccino - almond drink	Venti	655	155	1.2	0.1	33.8	32.3	0.4	1.3	0.57	59.7
Blonde Espresso Frappuccino - soya drink	Tall	411	97	1.1	0.2	19.2	18.1	0.5	2.2	0.34	45.4
Blonde Espresso Frappuccino - soya drink	Grande	552	130	1.5	0.2	25.7	24.4	0.6	2.9	0.46	50
Blonde Espresso Frappuccino - soya drink	Venti	713	168	1.7	0.3	34	32.3	0.7	3.4	0.59	59.7
Blonde Espresso Frappuccino - oat drink	Tall	443	105	1.6	0.2	21	18.5	0.7	1	0.36	45.4
Blonde Espresso Frappuccino - oat drink	Grande	597	141	2.2	0.2	28.3	24.9	0.9	1.3	0.48	50
Blonde Espresso Frappuccino - oat drink	Venti	766	181	2.6	0.3	37	32.9	1	1.5	0.61	59.7
Blonde Espresso Frappuccino - coconut drink	Tall	413	98	1.3	1.1	19.6	18.6	0.9	1.1	0.38	45.4
Blonde Espresso Frappuccino - coconut drink	Grande	555	131	1.9	1.5	26.2	25	1.2	1.4	0.51	50
Blonde Espresso Frappuccino - coconut drink	Venti	716	170	2.2	1.8	34.6	33	1.4	1.7	0.66	59.7
Decaf Espresso Frappuccino - semi skimmed milk	Tall	398	94	0.9	0.8	19.2	18.2	0.2	2	0.33	2.2
Decaf Espresso Frappuccino - semi skimmed milk	Grande	533	126	1.3	1.1	25.5	24.2	0.2	2.8	0.43	2.9
Decaf Espresso Frappuccino - semi skimmed milk	Venti	688	163	1.4	1.1	33.8	32.1	0.3	3.1	0.57	3.9
Decaf Espresso Frappuccino - whole milk	Tall	427	101	1.7	1	19.1	18.1	0.2	2	0.32	2.2
Decaf Espresso Frappuccino - whole milk	Grande	573	135	2.4	1.4	25.4	24.1	0.2	2.7	0.43	2.9
Decaf Espresso Frappuccino - whole milk	Venti	730	173	2.6	1.5	33.8	32	0.3	3	0.57	3.9
Decaf Espresso Frappuccino - skimmed milk	Tall	377	89	0.3	0.1	19.2	18.2	0.2	2	0.33	2.2
Decaf Espresso Frappuccino - skimmed milk	Grande	503	119	0.4	0.1	25.5	24.2	0.2	2.8	0.44	2.9
Decaf Espresso Frappuccino - skimmed milk	Venti	657	155	0.5	0.1	33.9	32.1	0.3	3.1	0.57	3.9
Decaf Espresso Frappuccino - almond drink	Tall	355	84	0.7	0.1	18.2	17.2	0.3	0.7	0.31	2.2
Decaf Espresso Frappuccino - almond drink	Grande	472	112	0.9	0.1	24.1	22.8	0.4	1	0.41	2.9
Decaf Espresso Frappuccino - almond drink	Venti	625	148	1.1	0.1	32.4	30.7	0.4	1.2	0.55	3.9
Decaf Espresso Frappuccino - soya drink	Tall	387	92	1	0.2	18.3	17.2	0.4	1.9	0.32	2.2
Decaf Espresso Frappuccino - soya drink	Grande	518	122	1.4	0.2	24.3	22.9	0.6	2.6	0.43	2.9
Decaf Espresso Frappuccino - soya drink	Venti	673	159	1.5	0.3	32.6	30.7	0.7	3	0.57	3.9
Decaf Espresso Frappuccino - oat drink	Tall	417	99	1.5	0.2	20	17.6	0.6	0.8	0.33	2.2
Decaf Espresso Frappuccino - oat drink	Grande	560	133	2	0.2	26.7	23.3	0.8	1.1	0.45	2.9
Decaf Espresso Frappuccino - oat drink	Venti	716	169	2.2	0.3	35.1	31.2	1	1.4	0.58	3.9
Decaf Espresso Frappuccino - coconut drink	Tall	389	92	1.2	1	18.6	17.7	0.8	0.9	0.36	2.2
Decaf Espresso Frappuccino - coconut drink	Grande	520	124	1.7	1.4	24.8	23.5	1.1	1.3	0.48	2.9

Decaf Espresso Frappuccino - coconut drink	Venti	675	160	1.9	1.5	33.1	31.3	1.3	1.5	0.62	3.9
Decaf Coffee Frappuccino - semi skimmed milk	Tall	514	124	9.4	7.2	6.2	6.2	0	3.5	0.11	0
Decaf Coffee Frappuccino - semi skimmed milk	Grande	700	169	13.1	9.9	8.2	8.2	0	4.6	0.14	0
Decaf Coffee Frappuccino - semi skimmed milk	Venti	735	177	13.4	10.2	9	9	0	5.2	0.16	0
Decaf Coffee Frappuccino - whole milk	Tall	571	137	11.1	7.7	6.1	6.1	0	3.4	0.11	0
Decaf Coffee Frappuccino - whole milk	Grande	774	186	15.1	10.6	8.1	8.1	0	4.5	0.14	0
Decaf Coffee Frappuccino - whole milk	Venti	820	197	15.8	11	8.8	8.8	0	5.1	0.16	0
Decaf Coffee Frappuccino - skimmed milk	Tall	472	113	8.3	5.9	6.2	6.2	0	3.5	0.11	0
Decaf Coffee Frappuccino - skimmed milk	Grande	646	155	11.5	8.2	8.3	8.3	0	4.6	0.15	0
Decaf Coffee Frappuccino - skimmed milk	Venti	672	162	11.6	8.2	9.1	9.1	0	5.2	0.17	0
Decaf Coffee Frappuccino - almond drink	Tall	427	104	9	5.8	4.2	4.2	0.2	1	0.08	0
Decaf Coffee Frappuccino - almond drink	Grande	589	143	12.5	8.2	5.7	5.7	0.2	1.3	0.11	0
Decaf Coffee Frappuccino - almond drink	Venti	606	148	12.7	8.2	6.1	6.1	0.2	1.4	0.12	0
Decaf Coffee Frappuccino - soya drink	Tall	493	119	9.6	6	4.5	4.3	0.5	3.4	0.10	0
Decaf Coffee Frappuccino - soya drink	Grande	673	162	13.3	8.4	6	5.8	0.7	4.4	0.14	0
Decaf Coffee Frappuccino - soya drink	Venti	703	169	13.6	8.4	6.4	6.2	0.8	5	0.15	0
Decaf Coffee Frappuccino - oat drink	Tall	553	133	10.6	6	7.9	5	0.9	1.2	0.13	0
Decaf Coffee Frappuccino - oat drink	Grande	750	181	14.5	8.4	10.4	6.6	1.1	1.6	0.17	0
Decaf Coffee Frappuccino - oat drink	Venti	792	191	15	8.4	11.5	7.2	1.3	1.8	0.19	0
Decaf Coffee Frappuccino - coconut drink	Tall	496	120	10.1	7.7	5.1	5.1	1.3	1.4	0.18	0
Decaf Coffee Frappuccino - coconut drink	Grande	677	164	13.9	10.6	6.9	6.9	1.6	1.9	0.23	0
Decaf Coffee Frappuccino - coconut drink	Venti	708	172	14.4	11	7.5	7.5	1.9	2	0.26	0
Decaf Caramel Frappuccino - semi skimmed milk	Tall	1077	257	12.1	8.8	33.4	32.3	0.1	3.3	0.41	1.1
Decaf Caramel Frappuccino - semi skimmed milk	Grande	1366	326	15.4	11.2	42.3	40.8	0.2	4.1	0.53	2
Decaf Caramel Frappuccino - semi skimmed milk	Venti	1543	368	15.6	11.3	51.9	49.9	0.2	4.3	0.65	2.9
Decaf Caramel Frappuccino - whole milk	Tall	1121	267	13.3	9.2	33.3	32.3	0.1	3.3	0.41	1.1
Decaf Caramel Frappuccino - whole milk	Grande	1417	338	16.8	11.6	42.2	40.8	0.2	4	0.53	2
Decaf Caramel Frappuccino - whole milk	Venti	1593	380	17	11.7	51.8	49.9	0.2	4.2	0.65	2.9
Decaf Caramel Frappuccino - skimmed milk	Tall	1044	249	11.2	7.8	33.4	32.4	0.1	3.3	0.41	1.1
Decaf Caramel Frappuccino - skimmed milk	Grande	1329	317	14.3	10	42.4	40.9	0.2	4.1	0.53	2
Decaf Caramel Frappuccino - skimmed milk	Venti	1506	359	14.6	10.1	52	50	0.2	4.3	0.65	2.9
Decaf Caramel Frappuccino - almond drink	Tall	1009	242	11.7	7.7	31.9	30.8	0.2	1.4	0.39	1.1
Decaf Caramel Frappuccino - almond drink	Grande	1289	309	15	10	40.6	39.1	0.3	1.8	0.50	2
Decaf Caramel Frappuccino - almond drink	Venti	1467	351	15.2	10.1	50.2	48.3	0.4	2	0.62	2.9
Decaf Caramel Frappuccino - soya drink	Tall	1060	253	12.2	7.9	32	30.9	0.5	3.2	0.40	1.1
Decaf Caramel Frappuccino - soya drink	Grande	1347	321	15.6	10.1	40.8	39.2	0.6	3.9	0.52	2
Decaf Caramel Frappuccino - soya drink	Venti	1525	363	15.8	10.2	50.4	48.3	0.7	4.1	0.64	2.9
Decaf Caramel Frappuccino - oat drink	Tall	1106	264	12.9	7.9	34.7	31.4	0.8	1.6	0.42	1.1
Decaf Caramel Frappuccino - oat drink	Grande	1400	334	16.4	10.1	43.8	39.8	0.9	2	0.54	2
Decaf Caramel Frappuccino - oat drink	Venti	1577	376	16.6	10.2	53.4	48.9	1	2.3	0.67	2.9
Decaf Caramel Frappuccino - coconut drink	Tall	1063	254	12.6	9.2	32.6	31.5	1.1	1.7	0.46	1.1
Decaf Caramel Frappuccino - coconut drink	Grande	1350	323	16	11.6	41.4	39.9	1.3	2.2	0.59	2
Decaf Caramel Frappuccino - coconut drink	Venti	1528	365	16.2	11.7	51	49	1.4	2.4	0.71	2.9
Decaf Mocha Frappuccino - semi skimmed milk	Tall	953	228	10.9	8.1	27.7	26.9	0.7	4.1	0.37	1.1
Decaf Mocha Frappuccino - semi skimmed milk	Grande	1265	302	14.3	10.5	37.3	35.9	1	5.2	0.50	2.1
Decaf Mocha Frappuccino - semi skimmed milk	Venti	1426	340	14.5	10.6	45.6	43.7	1.3	5.6	0.60	3
Decaf Mocha Frappuccino - whole milk	Tall	999	238	12.2	8.5	27.6	26.8	0.7	4	0.37	1.1
Decaf Mocha Frappuccino - whole milk	Grande	1319	315	15.8	11	37.2	35.8	1	5.2	0.49	2.1
Decaf Mocha Frappuccino - whole milk	Venti	1477	352	16	11	45.5	43.7	1.3	5.6	0.60	3
Decaf Mocha Frappuccino - skimmed milk	Tall	920	219	10	7	27.7	26.9	0.7	4.1	0.37	1.1
Decaf Mocha Frappuccino - skimmed milk	Grande	1225	292	13.2	9.3	37.3	36	1	5.2	0.50	2.1
Decaf Mocha Frappuccino - skimmed milk	Venti	1388	331	13.5	9.4	45.7	43.8	1.3	5.6	0.61	3
Decaf Mocha Frappuccino - almond drink	Tall	884	212	10.6	7	26.2	25.3	0.8	2.1	0.34	1.1
Decaf Mocha Frappuccino - almond drink	Grande	1184	284	13.9	9.2	35.5	34.1	1.1	2.8	0.47	2.1
Decaf Mocha Frappuccino - almond drink	Venti	1348	322	14.1	9.4	43.9	42	1.4	3.3	0.58	3
Decaf Mocha Frappuccino - soya drink	Tall	936	223	11.1	7.1	26.3	25.4	1.1	4	0.36	1.1



Decaf Mocha Frappuccino - soya drink	Grande	1245	297	14.5	9.4	35.7	34.1	1.4	5.1	0.49	2.1
Decaf Mocha Frappuccino - soya drink	Venti	1407	335	14.7	9.5	44.1	42.1	1.7	5.5	0.60	3
Decaf Mocha Frappuccino - oat drink	Tall	984	235	11.8	7.1	29	25.9	1.4	2.3	0.38	1.1
Decaf Mocha Frappuccino - oat drink	Grande	1301	311	15.4	9.4	38.9	34.8	1.8	3.1	0.51	2.1
Decaf Mocha Frappuccino - oat drink	Venti	1460	348	15.5	9.5	47.1	42.7	2	3.6	0.62	3
Decaf Mocha Frappuccino - coconut drink	Tall	939	225	11.5	8.5	26.9	26	1.7	2.4	0.42	1.1
Decaf Mocha Frappuccino - coconut drink	Grande	1249	299	15	11	36.3	34.9	2.2	3.2	0.56	2.1
Decaf Mocha Frappuccino - coconut drink	Venti	1410	337	15.1	11	44.7	42.8	2.4	3.7	0.67	3
Decaf White Mocha Frappuccino - semi skimmed milk	Tall	1031	246	11.3	8.5	31.8	31.3	0.1	4	0.44	1.2
Decaf White Mocha Frappuccino - semi skimmed milk	Grande	1432	341	15.1	11.3	45.7	44.7	0.2	5.3	0.61	2.2
Decaf White Mocha Frappuccino - semi skimmed milk	Venti	1536	366	15.1	11.2	51.8	50.4	0.3	5.3	0.72	3.1
Decaf White Mocha Frappuccino - whole milk	Tall	1079	257	12.6	8.9	31.8	31.2	0.1	3.9	0.44	1.2
Decaf White Mocha Frappuccino - whole milk	Grande	1488	355	16.7	11.8	45.6	44.6	0.2	5.2	0.61	2.2
Decaf White Mocha Frappuccino - whole milk	Venti	1589	379	16.6	11.7	51.7	50.3	0.3	5.2	0.71	3.1
Decaf White Mocha Frappuccino - skimmed milk	Tall	995	237	10.3	7.3	31.9	31.3	0.1	4	0.44	1.2
Decaf White Mocha Frappuccino - skimmed milk	Grande	1390	331	13.9	10	45.7	44.8	0.2	5.3	0.61	2.2
Decaf White Mocha Frappuccino - skimmed milk	Venti	1497	356	13.9	9.9	51.9	50.5	0.3	5.3	0.72	3.1
Decaf White Mocha Frappuccino - almond drink	Tall	958	229	10.9	7.3	30.2	29.7	0.3	1.8	0.41	1.2
Decaf White Mocha Frappuccino - almond drink	Grande	1347	322	14.7	10	43.8	42.8	0.4	2.7	0.58	2.2
Decaf White Mocha Frappuccino - almond drink	Venti	1455	348	14.6	9.9	50	48.6	0.4	2.9	0.69	3.1
Decaf White Mocha Frappuccino - soya drink	Tall	1013	242	11.4	7.5	30.4	29.7	0.5	3.8	0.43	1.2
Decaf White Mocha Frappuccino - soya drink	Grande	1411	336	15.3	10.1	44	42.8	0.7	5.1	0.60	2.2
Decaf White Mocha Frappuccino - soya drink	Venti	1516	361	15.2	10.1	50.2	48.6	0.8	5.1	0.71	3.1
Decaf White Mocha Frappuccino - oat drink	Tall	1063	254	12.2	7.5	33.3	30.3	0.8	2	0.46	1.2
Decaf White Mocha Frappuccino - oat drink	Grande	1469	351	16.2	10.1	47.3	43.5	1	3	0.63	2.2
Decaf White Mocha Frappuccino - oat drink	Venti	1572	375	16.1	10.1	53.4	49.3	1.1	3.1	0.73	3.1
Decaf White Mocha Frappuccino - coconut drink	Tall	1016	243	11.9	8.9	31	30.4	1.2	2.2	0.50	1.2
Decaf White Mocha Frappuccino - coconut drink	Grande	1414	338	15.8	11.8	44.7	43.7	1.5	3.2	0.68	2.2
Decaf White Mocha Frappuccino - coconut drink	Venti	1520	363	15.7	11.7	50.8	49.4	1.5	3.3	0.78	3.1
Decaf Java Chip Frappuccino - semi skimmed milk	Tall	1133	271	13.2	9.9	32.4	30.3	1.3	4.6	0.40	1.1
Decaf Java Chip Frappuccino - semi skimmed milk	Grande	1508	360	17.4	13.1	43.6	40.6	1.8	5.9	0.55	2.1
Decaf Java Chip Frappuccino - semi skimmed milk	Venti	1718	410	18.4	13.8	53	49	2.3	6.5	0.67	2.9
Decaf Java Chip Frappuccino - whole milk	Tall	1178	281	14.5	10.3	32.3	30.3	1.3	4.6	0.40	1.1
Decaf Java Chip Frappuccino - whole milk	Grande	1561	373	18.9	13.5	43.5	40.5	1.8	5.9	0.55	2.1
Decaf Java Chip Frappuccino - whole milk	Venti	1768	422	19.8	14.2	52.9	48.9	2.3	6.4	0.66	2.9
Decaf Java Chip Frappuccino - skimmed milk	Tall	1100	263	12.3	8.9	32.5	30.4	1.3	4.6	0.41	1.1
Decaf Java Chip Frappuccino - skimmed milk	Grande	1469	351	16.3	11.8	43.7	40.6	1.8	5.9	0.55	2.1
Decaf Java Chip Frappuccino - skimmed milk	Venti	1681	401	17.4	12.6	53	49.1	2.3	6.5	0.67	2.9
Decaf Java Chip Frappuccino - almond drink	Tall	1066	255	12.9	8.9	30.9	28.8	1.4	2.6	0.38	1.1
Decaf Java Chip Frappuccino - almond drink	Grande	1428	342	17	11.8	41.8	38.8	1.9	3.6	0.52	2.1
Decaf Java Chip Frappuccino - almond drink	Venti	1642	393	18	12.6	51.3	47.3	2.4	4.2	0.64	2.9
Decaf Java Chip Frappuccino - soya drink	Tall	1117	267	13.3	9	31.1	28.9	1.7	4.5	0.40	1.1
Decaf Java Chip Frappuccino - soya drink	Grande	1489	355	17.6	12	42	38.8	2.3	5.8	0.54	2.1
Decaf Java Chip Frappuccino - soya drink	Venti	1699	405	18.5	12.7	51.5	47.4	2.7	6.3	0.66	2.9
Decaf Java Chip Frappuccino - oat drink	Tall	1163	278	14.1	9	33.7	29.4	2	2.8	0.42	1.1
Decaf Java Chip Frappuccino - oat drink	Grande	1544	369	18.5	12	45.2	39.5	2.6	3.8	0.57	2.1
Decaf Java Chip Frappuccino - oat drink	Venti	1751	418	19.4	12.7	54.4	48	3	4.4	0.68	2.9
Decaf Java Chip Frappuccino - coconut drink	Tall	1119	268	13.7	10.3	31.6	29.5	2.3	3	0.46	1.1
Decaf Java Chip Frappuccino - coconut drink	Grande	1492	357	18.1	13.5	42.6	39.6	3	4	0.61	2.1
Decaf Java Chip Frappuccino - coconut drink	Venti	1702	407	19	14.2	52.1	48.1	3.4	4.6	0.73	2.9
<b>Summer FY24 Promo Beverages</b>		<b>Energy (kJ)</b>	<b>Energy (kcal)</b>	<b>Fat (g)</b>	<b>Of which saturated (g)</b>	<b>Carbohydrates (g)</b>	<b>Of which Sugar (g)</b>	<b>Fibre (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>	<b>Caffeine (mg)</b>
Iced Decaf White Choc Pistachio Oat Shaken Espresso - semi skimmed milk	Tall	703	167	3	2.6	29.3	27.1	0.2	5.4	0.28	2.7
Iced Decaf White Choc Pistachio Oat Shaken Espresso - semi skimmed milk	Grande	918	218	3.8	3.2	38.7	35.5	0.3	6.9	0.36	4.1
Iced Decaf White Choc Pistachio Oat Shaken Espresso - semi skimmed milk	Venti	1123	266	4.6	3.8	47.8	43.7	0.5	8.2	0.44	5.4
Iced Decaf White Choc Pistachio Oat Shaken Espresso - whole milk	Tall	780	185	5.2	3.3	29.2	27	0.2	5.3	0.27	2.7

Iced Decaf White Choc Pistachio Oat Shaken Espresso - whole milk	Grande	1012	240	6.5	4.1	38.5	35.4	0.3	6.7	0.36	4.1
Iced Decaf White Choc Pistachio Oat Shaken Espresso - whole milk	Venti	1230	292	7.6	4.7	47.6	43.6	0.5	8	0.44	5.4
Iced Decaf White Choc Pistachio Oat Shaken Espresso - skimmed milk	Tall	646	153	1.4	0.8	29.4	27.2	0.2	5.4	0.28	2.7
Iced Decaf White Choc Pistachio Oat Shaken Espresso - skimmed milk	Grande	848	201	1.9	1	38.8	35.7	0.3	6.9	0.37	4.1
Iced Decaf White Choc Pistachio Oat Shaken Espresso - skimmed milk	Venti	1043	247	2.3	1.3	48	43.9	0.5	8.2	0.45	5.4
Iced Decaf White Choc Pistachio Oat Shaken Espresso - almond drink	Tall	586	140	2.4	0.7	26.7	24.5	0.5	2	0.23	2.7
Iced Decaf White Choc Pistachio Oat Shaken Espresso - almond drink	Grande	775	186	3.1	1	35.5	32.4	0.6	2.7	0.31	4.1
Iced Decaf White Choc Pistachio Oat Shaken Espresso - almond drink	Venti	960	229	3.7	1.2	44.2	40.2	0.8	3.4	0.39	5.4
Iced Decaf White Choc Pistachio Oat Shaken Espresso - soya drink	Tall	675	160	3.2	1	27	24.6	0.9	5.2	0.27	2.7
Iced Decaf White Choc Pistachio Oat Shaken Espresso - soya drink	Grande	883	209	4.1	1.3	35.9	32.5	1.2	6.6	0.35	4.1
Iced Decaf White Choc Pistachio Oat Shaken Espresso - soya drink	Venti	1083	257	4.9	1.5	44.6	40.2	1.4	7.8	0.43	5.4
Iced Decaf White Choc Pistachio Oat Shaken Espresso - oat drink	Tall	755	179	4.5	1	31.6	25.5	1.4	2.3	0.30	2.7
Iced Decaf White Choc Pistachio Oat Shaken Espresso - oat drink	Grande	981	233	5.6	1.3	41.5	33.6	1.7	3.1	0.39	4.1
Iced Decaf White Choc Pistachio Oat Shaken Espresso - oat drink	Venti	1195	284	6.6	1.5	51	41.5	2.1	3.8	0.48	5.4
Iced Decaf White Choc Pistachio Oat Shaken Espresso - coconut drink	Tall	679	162	3.9	3.3	27.9	25.7	2	2.6	0.37	2.7
Iced Decaf White Choc Pistachio Oat Shaken Espresso - coconut drink	Grande	889	212	4.9	4.1	37	33.9	2.4	3.4	0.47	4.1
Iced Decaf White Choc Pistachio Oat Shaken Espresso - coconut drink	Venti	1089	260	5.8	4.7	45.9	41.8	2.9	4.2	0.57	5.4
Iced Signature White Choc Pistachio Oat Shaken Espresso - semi skimmed milk	Tall	702	166	3	2.6	28.9	27.1	0.2	5.8	0.28	66.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - semi skimmed milk	Grande	916	217	3.8	3.2	38.1	35.5	0.3	7.4	0.36	99.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - semi skimmed milk	Venti	1120	265	4.6	3.8	47	43.6	0.5	8.8	0.44	132.3
Iced Signature White Choc Pistachio Oat Shaken Espresso - whole milk	Tall	779	185	5.2	3.3	28.8	26.9	0.2	5.6	0.27	66.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - whole milk	Grande	1010	239	6.5	4.1	37.9	35.3	0.3	7.2	0.36	99.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - whole milk	Venti	1227	291	7.6	4.7	46.8	43.5	0.5	8.6	0.44	132.3
Iced Signature White Choc Pistachio Oat Shaken Espresso - skimmed milk	Tall	644	152	1.4	0.8	29	27.2	0.2	5.8	0.28	66.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - skimmed milk	Grande	846	200	1.9	1	38.2	35.6	0.3	7.4	0.37	99.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - skimmed milk	Venti	1040	246	2.3	1.3	47.1	43.8	0.5	8.8	0.45	132.3
Iced Signature White Choc Pistachio Oat Shaken Espresso - almond drink	Tall	585	140	2.4	0.7	26.3	24.5	0.5	2.3	0.23	66.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - almond drink	Grande	773	185	3.1	1	34.9	32.3	0.6	3.1	0.31	99.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - almond drink	Venti	957	229	3.7	1.2	43.4	40.1	0.8	4	0.39	132.3
Iced Signature White Choc Pistachio Oat Shaken Espresso - soya drink	Tall	673	159	3.2	1	26.6	24.5	0.9	5.5	0.27	66.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - soya drink	Grande	881	209	4.1	1.3	35.3	32.4	1.2	7.1	0.35	99.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - soya drink	Venti	1080	256	4.9	1.5	43.8	40.1	1.4	8.5	0.43	132.3
Iced Signature White Choc Pistachio Oat Shaken Espresso - oat drink	Tall	754	179	4.5	1	31.2	25.4	1.4	2.6	0.30	66.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - oat drink	Grande	979	232	5.6	1.3	40.9	33.5	1.7	3.6	0.39	99.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - oat drink	Venti	1192	283	6.6	1.5	50.2	41.4	2.1	4.5	0.48	132.3
Iced Signature White Choc Pistachio Oat Shaken Espresso - coconut drink	Tall	678	162	3.9	3.3	27.5	25.7	2	2.9	0.37	66.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - coconut drink	Grande	887	211	4.9	4.1	36.4	33.8	2.4	3.9	0.47	99.2
Iced Signature White Choc Pistachio Oat Shaken Espresso - coconut drink	Venti	1087	259	5.8	4.7	45.1	41.7	2.9	4.8	0.57	132.3
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	1268	304	18.5	12.2	28.6	25.9	0.5	5.6	0.30	5.8
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	1396	334	19	12.7	33.7	30.3	0.6	6.8	0.35	7.2
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	1514	362	19.5	13	38.5	34.5	0.7	7.8	0.40	8.5
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - whole milk	Tall	1346	322	20.7	12.9	28.5	25.8	0.5	5.5	0.29	5.8
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - whole milk	Grande	1490	357	21.7	13.5	33.5	30.2	0.6	6.6	0.35	7.2
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - whole milk	Venti	1621	388	22.5	14	38.4	34.4	0.7	7.6	0.40	8.5
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	1211	290	16.9	10.4	28.7	26	0.5	5.6	0.30	5.8
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	1326	317	17.1	10.5	33.8	30.5	0.6	6.8	0.35	7.2
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	1434	343	17.2	10.5	38.7	34.7	0.7	7.8	0.40	8.5
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - almond drink	Tall	1151	277	17.9	10.4	26	23.3	0.7	2.1	0.26	5.8
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - almond drink	Grande	1253	302	18.3	10.4	30.5	27.2	0.8	2.6	0.30	7.2
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - almond drink	Venti	1350	325	18.7	10.5	35	31	1	3	0.34	8.5
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - soya drink	Tall	1240	297	18.7	10.6	26.3	23.4	1.1	5.4	0.29	5.8
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - soya drink	Grande	1361	326	19.3	10.7	30.9	27.3	1.4	6.5	0.34	7.2
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - soya drink	Venti	1474	353	19.8	10.8	35.3	31	1.6	7.5	0.39	8.5
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - oat drink	Tall	1320	317	20	10.6	30.9	24.3	1.6	2.5	0.32	5.8
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - oat drink	Grande	1459	350	20.9	10.7	36.5	28.4	2	3	0.38	7.2
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - oat drink	Venti	1586	380	21.6	10.8	41.7	32.3	2.3	3.5	0.44	8.5

Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - coconut drink	Tall	1244	299	19.4	12.9	27.2	24.5	2.2	2.7	0.39	5.8
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - coconut drink	Grande	1367	329	20.2	13.5	32	28.7	2.7	3.3	0.46	7.2
Crème Brulée Iced Decaf Brown Sugar Oat Shaken Espresso - coconut drink	Venti	1480	356	20.8	14	36.6	32.6	3.1	3.8	0.53	8.5
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - semi skimmed r	Tall	1267	303	18.5	12.2	28.2	25.9	0.5	5.9	0.30	69.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - semi skimmed r	Grande	1394	334	19	12.7	33.1	30.3	0.6	7.2	0.35	102.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - semi skimmed r	Venti	1511	361	19.5	13	37.7	34.5	0.7	8.4	0.40	135.4
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - whole milk	Tall	1344	322	20.7	12.9	28.1	25.7	0.5	5.8	0.29	69.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - whole milk	Grande	1488	356	21.7	13.5	32.9	30.1	0.6	7.1	0.35	102.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - whole milk	Venti	1618	387	22.5	14	37.6	34.3	0.7	8.3	0.40	135.4
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	1210	290	16.9	10.4	28.3	26	0.5	5.9	0.30	69.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	1324	317	17.1	10.5	33.2	30.4	0.6	7.2	0.35	102.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	1431	342	17.2	10.5	37.9	34.6	0.7	8.4	0.40	135.4
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - almond drink	Tall	1150	277	17.9	10.4	25.6	23.3	0.7	2.4	0.26	69.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - almond drink	Grande	1251	301	18.3	10.4	29.9	27.1	0.8	3	0.30	102.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - almond drink	Venti	1348	324	18.7	10.5	34.1	30.9	1	3.6	0.34	135.4
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - soya drink	Tall	1238	297	18.7	10.6	25.9	23.3	1.1	5.7	0.29	69.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - soya drink	Grande	1359	325	19.3	10.7	30.3	27.2	1.4	7	0.34	102.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - soya drink	Venti	1471	352	19.8	10.8	34.5	30.9	1.6	8.1	0.39	135.4
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - oat drink	Tall	1319	316	20	10.6	30.5	24.2	1.6	2.8	0.32	69.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - oat drink	Grande	1457	349	20.9	10.7	35.9	28.3	2	3.5	0.38	102.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - oat drink	Venti	1583	379	21.6	10.8	40.9	32.2	2.3	4.1	0.44	135.4
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - coconut drink	Tall	1243	299	19.4	12.9	26.8	24.5	2.2	3	0.39	69.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - coconut drink	Grande	1365	328	20.2	13.5	31.4	28.6	2.7	3.7	0.46	102.3
Crème Brulée Iced Signature Brown Sugar Oat Shaken Espresso - coconut drink	Venti	1477	355	20.8	14	35.8	32.5	3.1	4.4	0.53	135.4