

**Beverage Nutritional Information**  
**Updated 02.11.23**

Menu Item	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates(g)	Of which Sugar(g)	Fibre (g)	Protein (g)	Salt(g)	Caffeine (mg)
<b>Espresso Drinks</b>											
Americano	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Americano	Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Caffe Latte - semi skimmed milk	Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Caffe Latte - semi skimmed milk	Grande	736	175	6.1	5.9	17.1	16.3	0.2	12.9	0.42	66.2
Caffe Latte - semi skimmed milk	Venti	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Caffe Latte - whole milk	Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Caffe Latte - whole milk	Grande	966	230	12.6	7.9	16.8	15.9	0.2	12.6	0.42	66.2
Caffe Latte - whole milk	Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Caffe Latte - skimmed milk	Tall	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Caffe Latte - skimmed milk	Grande	564	134	1.3	0.5	17.4	16.6	0.2	12.9	0.43	66.2
Caffe Latte - skimmed milk	Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Caffe Latte - almond drink	Tall	297	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66.2
Caffe Latte - almond drink	Grande	386	93	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66.2
Caffe Latte - almond drink	Venti	503	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99.2
Caffe Latte - soya drink	Tall	493	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66.2
Caffe Latte - soya drink	Grande	650	154	6.7	1.1	10.2	8.7	2.3	12.3	0.40	66.2
Caffe Latte - soya drink	Venti	841	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99.2
Caffe Latte - oat drink	Tall	671	160	7.9	0.8	18	8.5	2.8	3	0.39	66.2
Caffe Latte - oat drink	Grande	890	213	10.5	1.1	24	11.5	3.7	3.7	0.50	66.2
Caffe Latte - oat drink	Venti	1147	274	13.5	1.4	30.9	14.7	4.7	4.9	0.65	99.2
Caffe Latte - coconut drink	Tall	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Caffe Latte - coconut drink	Grande	664	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Caffe Latte - coconut drink	Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Latte Macchiato - semi skimmed milk	Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Latte Macchiato - semi skimmed milk	Grande	734	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66.2
Latte Macchiato - semi skimmed milk	Venti	920	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Latte Macchiato - whole milk	Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Latte Macchiato - whole milk	Grande	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66.2
Latte Macchiato - whole milk	Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Latte Macchiato - skimmed milk	Tall	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Latte Macchiato - skimmed milk	Grande	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66.2
Latte Macchiato - skimmed milk	Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Latte Macchiato - almond drink	Tall	297	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66.2
Latte Macchiato - almond drink	Grande	385	92	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66.2
Latte Macchiato - almond drink	Venti	503	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99.2
Latte Macchiato - soya drink	Tall	493	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66.2
Latte Macchiato - soya drink	Grande	648	154	6.7	1.1	10.2	8.7	2.3	12.2	0.40	66.2
Latte Macchiato - soya drink	Venti	841	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99.2
Latte Macchiato - oat drink	Tall	671	160	7.9	0.8	18	8.5	2.8	3	0.39	66.2
Latte Macchiato - oat drink	Grande	888	212	10.5	1.1	23.9	11.4	3.6	3.7	0.50	66.2
Latte Macchiato - oat drink	Venti	1147	274	13.5	1.4	30.9	14.7	4.7	4.9	0.65	99.2
Latte Macchiato - coconut drink	Tall	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Latte Macchiato - coconut drink	Grande	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Latte Macchiato - coconut drink	Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Freshly Brewed Coffee	Tall	140	35	1.8	0.4	1.4	0.4	1.8	2.1	0.44	101.5
Freshly Brewed Coffee	Grande	188	47	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136.3
Freshly Brewed Coffee	Venti	236	59	3	0.6	2.4	0.6	3	3.5	0.74	171.1
Espresso Doppio	Doppio	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Espresso	Single	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Espresso Con Panna	Short	240	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33.1
Espresso Con Panna	Single	240	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33.1
Espresso Con Panna - Doppio	Double	303	73	6.3	4.4	2.6	1.8	0.2	1.4	0.07	66.2
Espresso Macchiato - semi skimmed milk	Single	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - whole milk	Single	36	9	0.3	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - skimmed milk	Single	30	7	0.1	0	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - almond drink	Single	27	6	0.2	0	0.6	0.2	0.1	0.5	0.03	33.1
Espresso Macchiato - soya drink	Single	31	7	0.2	0	0.6	0.2	0.1	0.6	0.03	33.1
Espresso Macchiato - oat drink	Single	35	8	0.3	0	0.8	0.2	0.2	0.5	0.03	33.1
Espresso Macchiato - coconut drink	Single	31	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33.1
Espresso Macchiato - Doppio - semi skimmed milk	Double	76	18	0.5	0.3	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - whole milk	Double	87	21	0.8	0.4	1.7	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - skimmed milk	Double	68	16	0.3	0.1	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - almond drink	Double	60	14	0.4	0.1	1.4	0.5	0.3	1	0.07	66.2
Espresso Macchiato - Doppio - soya drink	Double	72	17	0.5	0.1	1.4	0.5	0.3	1.5	0.07	66.2
Espresso Macchiato - Doppio - oat drink	Double	84	20	0.7	0.1	2.1	0.7	0.4	1.1	0.08	66.2
Espresso Macchiato - Doppio - coconut drink	Double	73	18	0.6	0.4	1.6	0.7	0.5	1.1	0.09	66.2
Cortado - semi skimmed milk	Short	237	56	1.9	1.7	5.5	4.6	0.2	4.3	0.16	66.2
Cortado - whole milk	Short	302	72	3.7	2.2	5.4	4.6	0.2	4.2	0.16	66.2
Cortado - skimmed milk	Short	189	45	0.5	0.2	5.6	4.7	0.2	4.3	0.16	66.2
Cortado - almond drink	Short	139	33	1.4	0.1	3.5	2.5	0.5	1.4	0.13	66.2
Cortado - soya drink	Short	213	51	2	0.3	3.6	2.5	0.8	4.1	0.15	66.2
Cortado - oat drink	Short	280	67	3.1	0.3	7.4	3.3	1.2	1.7	0.18	66.2
Cortado - coconut drink	Short	217	53	2.6	2.3	4.4	3.5	1.7	1.9	0.24	66.2
Cappuccino - semi skimmed milk	Tall	504	120	4.1	3.9	11.7	10.9	0.2	8.9	0.30	66.2
Cappuccino - semi skimmed milk	Grande	583	139	4.8	4.6	13.5	12.7	0.2	10.3	0.34	66.2
Cappuccino - semi skimmed milk	Venti	813	193	6.6	6.4	18.9	17.6	0.3	14.4	0.48	99.2
Cappuccino - whole milk	Tall	657	156	8.4	5.3	11.5	10.6	0.2	8.7	0.30	66.2
Cappuccino - whole milk	Grande	762	181	9.8	6.2	13.3	12.4	0.2	10	0.34	66.2
Cappuccino - whole milk	Venti	1061	253	13.7	8.5	18.5	17.2	0.3	14	0.47	99.2
Cappuccino - skimmed milk	Tall	390	93	0.9	0.3	11.9	11.1	0.2	8.9	0.31	66.2
Cappuccino - skimmed milk	Grande	449	106	1	0.4	13.8	13	0.2	10.3	0.35	66.2
Cappuccino - skimmed milk	Venti	628	149	1.4	0.5	19.3	18	0.3	14.4	0.49	99.2
Cappuccino - almond drink	Tall	271	65	3	0.3	6.9	5.8	0.9	2.1	0.24	66.2
Cappuccino - almond drink	Grande	310	74	3.4	0.3	7.9	6.8	1	2.3	0.27	66.2
Cappuccino - almond drink	Venti	435	104	4.8	0.4	11.1	9.5	1.4	3.3	0.38	99.2
Cappuccino - soya drink	Tall	447	106	4.6	0.7	7.2	5.8	1.6	8.5	0.28	66.2
Cappuccino - soya drink	Grande	516	123	5.3	0.8	8.2	6.8	1.8	9.8	0.32	66.2
Cappuccino - soya drink	Venti	720	171	7.4	1.2	11.5	9.5	2.6	13.6	0.45	99.2
Cappuccino - oat drink	Tall	607	145	7.1	0.7	16.3	7.7	2.5	2.8	0.35	66.2
Cappuccino - oat drink	Grande	703	168	8.2	0.8	18.9	8.9	2.9	3.1	0.40	66.2
Cappuccino - oat drink	Venti	980	234	11.4	1.2	26.3	12.4	4	4.4	0.57	99.2
Cappuccino - coconut drink	Tall	456	111	5.9	5.3	9	8.1	3.6	3.2	0.48	66.2
Cappuccino - coconut drink	Grande	527	128	6.9	6.2	10.3	9.5	4.2	3.6	0.56	66.2
Cappuccino - coconut drink	Venti	735	178	9.6	8.6	14.4	13.2	5.9	5.1	0.78	99.2
Misto - semi skimmed milk	Tall	484	116	4.4	3.6	10.3	9.7	0.9	8.2	0.45	53.7
Misto - semi skimmed milk	Grande	589	141	5.3	4.4	12.5	11.9	1.1	10	0.54	62.9
Misto - semi skimmed milk	Venti	802	192	7.2	6.1	17.2	16.3	1.4	13.6	0.72	82.1
Misto - whole milk	Tall	620	148	8.2	4.8	10.1	9.5	0.9	8	0.44	53.7
Misto - whole milk	Grande	755	181	10	5.9	12.3	11.6	1.1	9.7	0.53	62.9
Misto - whole milk	Venti	1031	247	13.7	8.1	16.8	16	1.4	13.3	0.71	82.1
Misto - skimmed milk	Tall	383	92	1.5	0.4	10.5	9.9	0.9	8.		

Misto - soya drink	Tall	433	104	4.8	0.8	6.2	5.3	2.1	7.8	0.43	53.7
Misto - soya drink	Grande	526	126	5.8	1	7.6	6.4	2.6	9.5	0.52	62.9
Misto - soya drink	Venti	717	172	7.9	1.3	10.3	8.8	3.5	13	0.69	82.1
Misto - oat drink	Tall	576	138	7	0.8	14.3	6.9	3	2.7	0.50	53.7
Misto - oat drink	Grande	700	168	8.5	1	17.5	8.4	3.6	3.3	0.59	62.9
Misto - oat drink	Venti	956	230	11.6	1.3	24	11.5	4.8	4.4	0.80	82.1
Misto - coconut drink	Tall	442	108	6	4.9	7.8	7.3	4	3.1	0.61	53.7
Misto - coconut drink	Grande	536	131	7.3	5.9	9.6	8.9	4.8	3.8	0.74	62.9
Misto - coconut drink	Venti	731	178	9.9	8.1	13.1	12.2	6.5	5.1	0.99	82.1
Flat White - semi skimmed milk	Short	387	92	3.1	2.9	9	8.1	0.2	6.9	0.24	66.2
Flat White - whole milk	Short	501	119	6.3	3.9	8.8	8	0.2	6.7	0.23	66.2
Flat White - skimmed milk	Short	302	72	0.7	0.3	9.2	8.3	0.2	6.9	0.24	66.2
Flat White - almond drink	Short	213	51	2.3	0.2	5.4	4.4	0.7	1.8	0.19	66.2
Flat White - soya drink	Short	344	82	3.5	0.6	5.6	4.4	1.2	6.6	0.23	66.2
Flat White - oat drink	Short	463	111	5.3	0.6	12.4	5.7	1.9	2.3	0.28	66.2
Flat White - coconut drink	Short	351	85	4.5	4	6.9	6.1	2.8	2.6	0.38	66.2
Caramel Macchiato - semi skimmed milk	Tall	719	171	5	4.5	22.4	21.1	0.2	8.9	0.33	66.2
Caramel Macchiato - semi skimmed milk	Grande	924	219	6.3	5.7	29.3	27.9	0.2	11.4	0.41	66.2
Caramel Macchiato - semi skimmed milk	Venti	1121	266	7.3	6.7	35.9	34.1	0.3	13.8	0.50	99.2
Caramel Macchiato - whole milk	Tall	869	207	9.3	5.8	22.2	20.9	0.2	8.6	0.32	66.2
Caramel Macchiato - whole milk	Grande	1122	266	11.9	7.4	29	27.6	0.2	11.1	0.40	66.2
Caramel Macchiato - whole milk	Venti	1357	322	14	8.8	35.6	33.7	0.3	13.5	0.49	99.2
Caramel Macchiato - skimmed milk	Tall	608	144	1.9	1	22.6	21.3	0.2	8.9	0.33	66.2
Caramel Macchiato - skimmed milk	Grande	776	184	2.1	1.1	29.6	28.2	0.2	11.4	0.41	66.2
Caramel Macchiato - skimmed milk	Venti	944	224	2.4	1.2	36.3	34.4	0.3	13.8	0.50	99.2
Caramel Macchiato - almond drink	Tall	491	117	3.9	0.9	17.7	16.2	0.9	2.1	0.27	66.2
Caramel Macchiato - almond drink	Grande	623	148	4.8	1	23.1	21.4	1.1	2.5	0.32	66.2
Caramel Macchiato - almond drink	Venti	761	181	5.6	1.1	28.5	26.3	1.4	3.3	0.40	99.2
Caramel Macchiato - soya drink	Tall	664	157	5.5	1.3	17.9	16.2	1.6	8.4	0.31	66.2
Caramel Macchiato - soya drink	Grande	850	201	6.8	1.6	23.4	21.4	2	10.8	0.38	66.2
Caramel Macchiato - soya drink	Venti	1033	245	8	1.8	28.9	26.3	2.5	13.1	0.47	99.2
Caramel Macchiato - oat drink	Tall	820	195	7.9	1.3	26.9	18	2.5	2.8	0.38	66.2
Caramel Macchiato - oat drink	Grande	1057	252	10.1	1.6	35.2	23.8	3.2	3.4	0.47	66.2
Caramel Macchiato - oat drink	Venti	1280	305	11.9	1.8	43	29.1	3.9	4.3	0.57	99.2
Caramel Macchiato - coconut drink	Tall	673	162	6.8	5.8	19.7	18.4	3.6	3.3	0.51	66.2
Caramel Macchiato - coconut drink	Grande	862	207	8.6	7.5	25.7	24.3	4.7	4	0.64	66.2
Caramel Macchiato - coconut drink	Venti	1047	252	10.2	8.8	31.7	29.8	5.6	5	0.78	99.2
Mocha - semi skimmed milk	Tall	1010	241	10.6	8.1	25.7	23.7	2.3	9.6	0.24	66.2
Mocha - semi skimmed milk	Grande	1330	317	13.4	10.3	34.6	32.3	2.9	13.2	0.32	66.2
Mocha - semi skimmed milk	Venti	1546	368	14.6	11.2	41.8	38.7	3.7	15.6	0.38	99.2
Mocha - whole milk	Tall	1111	265	13.5	9	25.5	23.6	2.3	9.4	0.24	66.2
Mocha - whole milk	Grande	1481	353	17.6	11.7	34.4	32.1	2.9	12.9	0.32	66.2
Mocha - whole milk	Venti	1716	409	19.4	12.7	41.6	38.5	3.7	15.4	0.38	99.2
Mocha - skimmed milk	Tall	933	223	8.5	5.7	25.8	23.9	2.3	9.6	0.24	66.2
Mocha - skimmed milk	Grande	1218	290	10.2	6.8	34.8	32.5	2.9	13.2	0.33	66.2
Mocha - skimmed milk	Venti	1418	338	11	7.2	42.1	39	3.7	15.6	0.39	99.2
Mocha - almond drink	Tall	854	204	9.9	5.6	22.5	20.4	2.7	5	0.20	66.2
Mocha - almond drink	Grande	1101	263	12.3	6.7	29.9	27.4	3.6	6.4	0.26	66.2
Mocha - almond drink	Venti	1286	307	13.3	7.1	36.5	33.1	4.5	8	0.31	99.2
Mocha - soya drink	Tall	971	232	10.9	5.9	22.6	20.4	3.2	9.3	0.23	66.2
Mocha - soya drink	Grande	1274	304	13.8	7.2	30.1	27.4	4.3	12.7	0.31	66.2
Mocha - soya drink	Venti	1482	353	15.1	7.7	36.7	33.1	5.3	15.1	0.37	99.2
Mocha - oat drink	Tall	1078	258	12.6	5.9	28.7	21.6	3.8	5.5	0.27	66.2
Mocha - oat drink	Grande	1431	342	16.3	7.2	39.1	29.2	5.2	7.1	0.37	66.2
Mocha - oat drink	Venti	1660	396	17.9	7.7	46.9	35.2	6.3	8.8	0.44	99.2
Mocha - coconut drink	Tall	978	235	11.8	9	23.8	21.9	4.5	5.8	0.36	66.2
Mocha - coconut drink	Grande	1283	308	15.2	11.7	31.9	29.6	6.3	7.5	0.50	66.2
Mocha - coconut drink	Venti	1492	358	16.6	12.7	38.8	35.7	7.6	9.3	0.59	99.2
White Mocha - semi skimmed milk	Tall	1198	286	11.8	9.4	35.5	34.6	0.3	9.2	0.43	66.2
White Mocha - semi skimmed milk	Grande	1528	364	14.5	11.7	46.4	45.6	0.3	11.7	0.55	66.2
White Mocha - semi skimmed milk	Venti	1907	454	17	13.9	59.3	58	0.4	15.9	0.73	99.2
White Mocha - whole milk	Tall	1313	313	15.1	10.4	35.3	34.4	0.3	9	0.43	66.2
White Mocha - whole milk	Grande	1679	400	18.8	13	46.2	45.4	0.3	11.5	0.55	66.2
White Mocha - whole milk	Venti	2115	504	22.9	15.7	58.9	57.7	0.4	15.5	0.72	99.2
White Mocha - skimmed milk	Tall	1112	265	9.4	6.7	35.6	34.8	0.3	9.2	0.44	66.2
White Mocha - skimmed milk	Grande	1416	337	11.4	8.2	46.7	45.8	0.3	11.7	0.56	66.2
White Mocha - skimmed milk	Venti	1752	417	12.6	9	59.6	58.3	0.4	15.9	0.74	99.2
White Mocha - almond drink	Tall	1023	244	10.9	6.7	31.9	30.8	0.8	4.1	0.39	66.2
White Mocha - almond drink	Grande	1300	310	13.4	8.1	41.7	40.7	1	5	0.49	66.2
White Mocha - almond drink	Venti	1590	379	15.4	8.9	52.7	51.1	1.4	6.5	0.65	99.2
White Mocha - soya drink	Tall	1155	275	12.1	7	32	30.8	1.3	8.9	0.42	66.2
White Mocha - soya drink	Grande	1472	351	15	8.6	42	40.7	1.6	11.3	0.54	66.2
White Mocha - soya drink	Venti	1829	435	17.6	9.5	53	51.1	2.3	15.2	0.71	99.2
White Mocha - oat drink	Tall	1275	304	14	7	38.9	32.2	2	4.6	0.47	66.2
White Mocha - oat drink	Grande	1629	389	17.4	8.6	50.9	42.5	2.5	5.7	0.60	66.2
White Mocha - oat drink	Venti	2047	488	21	9.5	65.5	53.6	3.5	7.5	0.80	99.2
White Mocha - coconut drink	Tall	1162	279	13.2	10.5	33.4	32.5	2.8	4.9	0.57	66.2
White Mocha - coconut drink	Grande	1481	355	16.3	13.1	43.8	42.9	3.7	6.1	0.73	66.2
White Mocha - coconut drink	Venti	1842	442	19.4	15.8	55.5	54.2	5.1	8.1	0.98	99.2
<b>Cold Coffee</b>											
Cold Brew	Tall	150	35	1	0.2	0	0	1	8.8	0.26	36.9
Cold Brew	Grande	203	47	1.4	0.3	0	0	1.4	12	0.35	50
Cold Brew	Venti	256	60	1.8	0.4	0	0	1.8	15.1	0.44	63.2
Cold Brew Latte - semi skimmed milk	Tall	419	99	3.3	2.9	7.8	7.8	0.5	10.6	0.30	38.7
Cold Brew Latte - semi skimmed milk	Grande	555	131	4.4	3.9	10.4	10.4	0.7	14.1	0.40	51.8
Cold Brew Latte - semi skimmed milk	Venti	688	163	5.4	4.6	12.3	12.3	1	18.6	0.53	76.9
Cold Brew Latte - whole milk	Tall	531	126	6.5	3.9	7.7	7.7	0.5	10.4	0.30	38.7
Cold Brew Latte - whole milk	Grande	703	167	8.6	5.2	10.2	10.2	0.7	13.9	0.40	51.8
Cold Brew Latte - whole milk	Venti	863	204	10.4	6.2	12	12	1	18.3	0.52	76.9
Cold Brew Latte - skimmed milk	Tall	335	79	1	0.3	8	8	0.5	10.6	0.31	38.7
Cold Brew Latte - skimmed milk	Grande	445	105	1.3	0.4	10.6	10.6	0.7	14.1	0.41	51.8
Cold Brew Latte - skimmed milk	Venti	558	131	1.8	0.5	12.5	12.5	1	18.6	0.53	76.9
Cold Brew Latte - almond drink	Tall	248	59	2.5	0.3	4.3	4.2	1	5.6	0.26	38.7
Cold Brew Latte - almond drink	Grande	330	78	3.3	0.4	5.7	5.5	1.3	7.5	0.34	51.8
Cold Brew Latte - almond drink	Venti	422	100	4.1	0.5	6.8	6.5	1.8	10.8	0.46	76.9
Cold Brew Latte - soya drink	Tall	377	89	3.7	0.6	4.5	4.2	1.5	10.3	0.29	38.7
Cold Brew Latte - soya drink	Grande	500	118	4.9	0.8	6	5.5	2	13.7	0.39	51.8
Cold Brew Latte - soya drink	Venti	623	147	5.9	1	7	6.5	2.6	18.1	0.51	76.9
Cold Brew Latte - oat drink	Tall	474	112	4.7	3.3	10.7	6.3	4	6.4	0.32	38.7
Cold Brew Latte - oat drink	Grande	628	149	6.2	4.3	14.1	8.4	5.3	8.6	0.42	51.8
Cold Brew Latte - oat drink	Venti	774	183	7.5	5.2	16.7	9.9	6.5	12.1	0.55	76.9
Cold Brew Latte - coconut drink	Tall	384	92	4.7	3.9	5.8	5.8	3	6.4	0.44	38.7
Cold Brew Latte - coconut drink	Grande	509	122	6.2	5.2	7.7	7.7	4	8.6	0.58	51.8
Cold Brew Latte - coconut drink	Venti	634	152	7.5	6.2	9.1	9.1	4.9	12.1	0.74	76.9
Nitro Cold Brew	Tall	254	59	1.7	0.3	0	0	1.7	15	0.43	62.6
Nitro Cold Brew	Grande	347	81	2.4	0.5	0	0	2.4	20.5	0.60	85.7
Nitro Cold Brew	Venti	488	114	3.3	0.7	0	0	3.3	28.8	0.84	120.4
Nitro Latte	Tall	684	163	11.2	6.4	6.6	6.5	1.2	12	0.37	42.9
Nitro Latte	Grande	924	221	15	8.7	8.9	8.8	1.6	16.4	0.50	58.6
Nitro Latte	Venti	1245	297	19.8	11.3	11.4	11.3	2.4	24.1	0.74	88.2
Nitro Cappuccino	Tall	288	67	1.4	0.3	3.6	3.6	1.2	12.9	0.38	42.9
Nitro Cappuccino	Grande	391	92	1.9	0.5	4.8	4.8	1.6	17.5	0.52	58.6
Nitro Cappuccino	Venti	555	130	2.8	0.7	6.3	6.3	2.4	25.6	0.75	88
Iced Americano	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Iced Americano	Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Iced Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Iced Latte - semi skimmed milk	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Iced Latte - semi skimmed milk	Grande	507	121	4.1	3.9	11.8	10				



Iced Latte - semi skimmed milk	Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Iced Latte - whole milk	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte - whole milk	Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Iced Latte - whole milk	Venti	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Iced Latte - skimmed milk	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte - skimmed milk	Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte - skimmed milk	Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte - almond drink	Tall	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Iced Latte - almond drink	Grande	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Iced Latte - almond drink	Venti	326	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Iced Latte - soya drink	Tall	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Iced Latte - soya drink	Grande	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Iced Latte - soya drink	Venti	527	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99.2
Iced Latte - oat drink	Tall	494	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66.2
Iced Latte - oat drink	Grande	611	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66.2
Iced Latte - oat drink	Venti	709	169	8.2	0.9	19	8.8	2.9	3.5	0.42	99.2
Iced Latte - coconut drink	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte - coconut drink	Venti	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2
Classic Iced Cappuccino - semi skimmed milk	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Classic Iced Cappuccino - semi skimmed milk	Grande	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Classic Iced Cappuccino - semi skimmed milk	Venti	591	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Classic Iced Cappuccino - whole milk	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Classic Iced Cappuccino - whole milk	Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Classic Iced Cappuccino - whole milk	Venti	766	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Classic Iced Cappuccino - skimmed milk	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Classic Iced Cappuccino - skimmed milk	Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Classic Iced Cappuccino - skimmed milk	Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Classic Iced Cappuccino - almond drink	Tall	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Classic Iced Cappuccino - almond drink	Grande	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Classic Iced Cappuccino - almond drink	Venti	325	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Classic Iced Cappuccino - soya drink	Tall	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Classic Iced Cappuccino - soya drink	Grande	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Classic Iced Cappuccino - soya drink	Venti	526	125	5.3	0.8	8.5	6.7	1.9	10	0.35	99.2
Classic Iced Cappuccino - oat drink	Tall	494	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66.2
Classic Iced Cappuccino - oat drink	Grande	611	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66.2
Classic Iced Cappuccino - oat drink	Venti	709	169	8.2	0.8	19	8.8	2.9	3.5	0.42	99.2
Classic Iced Cappuccino - coconut drink	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Classic Iced Cappuccino - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Classic Iced Cappuccino - coconut drink	Venti	537	130	6.9	6.1	10.6	9.3	4.2	4	0.57	99.2
Iced Latte Macchiato - semi skimmed milk	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Iced Latte Macchiato - semi skimmed milk	Grande	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Iced Latte Macchiato - semi skimmed milk	Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Iced Latte Macchiato - whole milk	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte Macchiato - whole milk	Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Iced Latte Macchiato - whole milk	Venti	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Iced Latte Macchiato - skimmed milk	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte Macchiato - skimmed milk	Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte Macchiato - skimmed milk	Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte Macchiato - almond drink	Tall	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Iced Latte Macchiato - almond drink	Grande	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Iced Latte Macchiato - almond drink	Venti	326	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Iced Latte Macchiato - soya drink	Tall	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Iced Latte Macchiato - soya drink	Grande	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Iced Latte Macchiato - soya drink	Venti	527	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99.2
Iced Latte Macchiato - oat drink	Tall	494	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66.2
Iced Latte Macchiato - oat drink	Grande	611	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66.2
Iced Latte Macchiato - oat drink	Venti	709	169	8.2	0.9	19	8.8	2.9	3.5	0.42	99.2
Iced Latte Macchiato - coconut drink	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte Macchiato - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte Macchiato - coconut drink	Venti	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2
Iced Caramel Macchiato - semi skimmed milk	Tall	636	151	4.3	3.8	20.5	19.2	0.2	7.4	0.28	66.2
Iced Caramel Macchiato - semi skimmed milk	Grande	791	188	5.1	4.6	26.2	24.8	0.2	9.1	0.33	66.2
Iced Caramel Macchiato - semi skimmed milk	Venti	935	222	5.8	5.1	31.6	29.8	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - whole milk	Tall	759	180	7.8	4.9	20.3	19	0.2	7.2	0.28	66.2
Iced Caramel Macchiato - whole milk	Grande	945	224	9.5	5.9	25.9	24.6	0.2	8.8	0.33	66.2
Iced Caramel Macchiato - whole milk	Venti	1110	264	10.7	6.7	31.4	29.5	0.3	10.4	0.39	99.2
Iced Caramel Macchiato - skimmed milk	Tall	545	129	1.8	0.9	20.6	19.3	0.2	7.4	0.29	66.2
Iced Caramel Macchiato - skimmed milk	Grande	676	160	1.9	1	26.4	25	0.2	9.1	0.34	66.2
Iced Caramel Macchiato - skimmed milk	Venti	805	190	2.1	1	31.9	30	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - almond drink	Tall	450	107	3.4	0.9	16.6	15.1	0.8	1.9	0.23	66.2
Iced Caramel Macchiato - almond drink	Grande	557	133	4	0.9	21.3	19.7	0.9	2.2	0.27	66.2
Iced Caramel Macchiato - almond drink	Venti	669	159	4.5	1	26.2	24	1.1	2.8	0.32	99.2
Iced Caramel Macchiato - soya drink	Tall	591	140	4.7	1.2	16.8	15.1	1.3	7	0.27	66.2
Iced Caramel Macchiato - soya drink	Grande	734	174	5.6	1.4	21.6	19.7	1.6	8.6	0.32	66.2
Iced Caramel Macchiato - soya drink	Venti	870	206	6.3	1.5	26.4	24	1.9	10.1	0.38	99.2
Iced Caramel Macchiato - oat drink	Tall	718	171	6.7	1.2	24.1	16.6	2	2.5	0.32	66.2
Iced Caramel Macchiato - oat drink	Grande	895	213	8.1	1.4	30.8	21.6	2.5	2.9	0.39	66.2
Iced Caramel Macchiato - oat drink	Venti	1053	250	9.2	1.5	36.8	26.1	2.9	3.6	0.46	99.2
Iced Caramel Macchiato - coconut drink	Tall	598	144	5.8	4.9	18.3	17	3	2.9	0.43	66.2
Iced Caramel Macchiato - coconut drink	Grande	743	178	7	6	23.4	22	3.7	3.3	0.52	66.2
Iced Caramel Macchiato - coconut drink	Venti	880	211	7.9	6.7	28.5	26.6	4.3	4.1	0.61	99.2
Iced Cappuccino with Cold Foam	Tall	243	58	0.5	0.1	9.7	8.8	0.2	3.6	0.14	66.2
Iced Cappuccino with Cold Foam	Grande	325	77	0.5	0.2	13.4	12.6	0.2	4.5	0.17	66.2
Iced Cappuccino with Cold Foam	Venti	436	103	0.7	0.2	17.9	16.6	0.3	6	0.23	99.2
Iced Mocha - semi skimmed milk	Tall	1153	275	13	10	27.6	25.7	2.3	10.8	0.28	66.2
Iced Mocha - semi skimmed milk	Grande	1518	363	17.6	13.4	36	33.7	2.9	13.6	0.34	66.2
Iced Mocha - semi skimmed milk	Venti	1736	414	18.8	14.3	43.2	40.1	3.7	16.2	0.40	99.2
Iced Mocha - whole milk	Tall	1275	304	16.5	11	27.4	25.5	2.3	10.6	0.27	66.2
Iced Mocha - whole milk	Grande	1672	399	22	14.8	35.7	33.4	2.9	13.4	0.33	66.2
Iced Mocha - whole milk	Venti	1911	456	23.8	15.9	43	39.9	3.7	15.9	0.39	99.2
Iced Mocha - skimmed milk	Tall	1062	253	10.5	7.1	27.8	25.8	2.3	10.8	0.28	66.2
Iced Mocha - skimmed milk	Grande	1403	335	14.4	9.8	36.2	33.9	2.9	13.6	0.34	66.2
Iced Mocha - skimmed milk	Venti	1605	383	15.2	10.2	43.5	40.4	3.7	16.2	0.41	99.2
Iced Mocha - almond drink	Tall	967	232	12.1	7	23.8	21.6	2.8	5.3	0.23	66.2
Iced Mocha - almond drink	Grande	1284	307	16.5	9.7	31.1	28.6	3.6	6.7	0.27	66.2
Iced Mocha - almond drink	Venti	1470	352	17.5	10.1	37.7	34.4	4.5	8.3	0.33	99.2
Iced Mocha - soya drink	Tall	1107	264	13.4	7.4	23.9	21.6	3.4	10.4	0.26	66.2
Iced Mocha - soya drink	Grande	1461	349	18.1	10.2	31.4	28.6	4.3	13.2	0.32	66.2
Iced Mocha - soya drink	Venti	1671	399	19.4	10.7	38	34.4	5.3	15.6	0.38	99.2
Iced Mocha - oat drink	Tall	1235	295	15.4	7.4	31.2	23.1	4.1	5.9	0.32	66.2
Iced Mocha - oat drink	Grande	1622	388	20.6	10.2	40.6	30.5	5.2	7.4	0.39	66.2
Iced Mocha - oat drink	Venti	1853	443	22.2	10.7	48.4	36.5	6.3	9.1	0.46	99.2
Iced Mocha - coconut drink	Tall	1115	268	14.5	11	25.4	23.5	5	6.2	0.42	66.2
Iced Mocha - coconut drink	Grande	1470	353	19.5	14.8	33.2	30.9	6.4	7.9	0.52	66.2
Iced Mocha - coconut drink	Venti	1681	404	20.9	15.9	40.1	37	7.7	9.6	0.61	99.2
Iced White Mocha - semi skimmed milk	Tall	1302	311	13.9	11	36.5	35.6	0.3	9.7	0.45	66.2
Iced White Mocha - semi skimmed milk	Grande	1717	410	18.8	14.8	47.8	47	0.3	12.2	0.57	66.2
Iced White Mocha - semi skimmed milk	Venti	1985	473	20.3	16	58	56.8	0.4	14.4	0.69	99.2
Iced White Mocha - whole milk	Tall	1424	340	17.4	12.1	36.3	35.4	0.3	9.5	0.45	66.2
Iced White Mocha - whole milk	Grande	1871	446	23.1	16.1	47.6	46.7	0.3	12	0.56	66.2
Iced White Mocha - whole milk	Venti	2159	515	25.2	17.6	57.8	56.5	0.4	14.1	0.68	99.2
Iced White Mocha - skimmed milk	Tall	1211	289	11.4	8.1	36.7	35.8	0.3	9.7	0.45	66.2
Iced White Mocha - skimmed milk	Grande	1602	382	15.6	11.2	48	47.2	0.3	12.2	0.57	66.2
Iced White Mocha - skimmed milk	Venti	1854	442	16.6	11.9	58.3	57	0.4	14.4	0.70	99.2

Iced White Mocha - soya drink	Tall	1257	300	14.3	8.4	32.8	31.6	1.4	9.4	0.44	66.2
Iced White Mocha - soya drink	Grande	1660	396	19.2	11.6	43.2	41.9	1.7	11.8	0.55	66.2
Iced White Mocha - soya drink	Venti	1919	457	20.8	12.4	52.8	51	2	13.9	0.67	99.2
Iced White Mocha - oat drink	Tall	1384	331	16.3	8.4	40.1	33.1	2.1	4.8	0.49	66.2
Iced White Mocha - oat drink	Grande	1821	435	21.8	11.6	52.4	43.7	2.6	6	0.62	66.2
Iced White Mocha - oat drink	Venti	2102	502	23.7	12.4	63.3	53.1	3	7.4	0.75	99.2
Iced White Mocha - coconut drink	Tall	1264	303	15.4	12.1	34.3	33.4	3	5.2	0.60	66.2
Iced White Mocha - coconut drink	Grande	1669	400	20.6	16.2	45.1	44.2	3.7	6.5	0.75	66.2
Iced White Mocha - coconut drink	Venti	1930	463	22.4	17.6	54.9	53.6	4.3	7.9	0.90	99.2
Starbucks Doubleshot™ Iced Coffee	Mini	368	89	8.1	5	2.3	1.5	0.2	1.6	0.09	66.2
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	434	105	8.1	5	6.2	5.3	0.2	1.6	0.09	66.2
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	372	88	2.2	2	12.2	11.3	0.2	4.8	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	492	117	2.7	2.4	16.8	15.4	0.3	6.1	0.23	85.1
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	603	143	3.2	2.8	21.1	19.3	0.5	7.2	0.28	113.4
Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	449	107	4.4	2.7	12.1	11.2	0.2	4.7	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	586	139	5.4	3.3	16.7	15.3	0.3	6	0.23	85.1
Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	710	168	6.2	3.8	21	19.2	0.5	7.1	0.28	113.4
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	315	74	0.6	0.2	12.3	11.4	0.2	4.8	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	422	100	0.8	0.2	16.9	15.6	0.3	6.1	0.24	85.1
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	523	123	0.9	0.3	21.3	19.5	0.5	7.2	0.29	113.4
Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	255	61	1.6	0.2	9.8	8.8	0.6	1.4	0.15	56.7
Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	350	83	2	0.2	13.9	12.4	0.8	1.9	0.20	85.1
Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	440	104	2.4	0.3	17.8	15.8	0.9	2.4	0.24	113.4
Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	343	81	2.4	0.4	9.9	8.8	0.9	4.6	0.17	56.7
Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	457	108	3	0.5	14	12.4	1.2	5.8	0.22	85.1
Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	563	133	3.5	0.6	17.9	15.8	1.4	6.9	0.27	113.4
Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	424	101	3.7	0.4	14.5	9.7	1.4	1.7	0.21	56.7
Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	555	132	4.5	0.5	19.6	13.5	1.7	2.3	0.27	85.1
Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	675	160	5.3	0.6	24.3	17.1	2.1	2.9	0.32	113.4
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	348	84	3.1	2.7	10.8	9.9	2	2	0.27	56.7
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	463	111	3.8	3.3	15.1	13.8	2.4	2.6	0.35	85.1
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	569	136	4.5	3.8	19.2	17.4	2.9	3.2	0.41	113.4
<b>Hot Chocolates</b>											
Classic Hot Chocolate - semi skimmed milk	Tall	1099	262	11.4	8.9	28.3	27.1	2.2	10.6	0.24	0
Classic Hot Chocolate - semi skimmed milk	Grande	1353	322	13.6	10.6	35.7	34.2	2.9	13	0.28	0
Classic Hot Chocolate - semi skimmed milk	Venti	1672	398	15.7	12.6	45.3	43.5	3.6	17.2	0.38	0
Classic Hot Chocolate - whole milk	Tall	1234	294	15.2	10.1	28.1	26.9	2.2	10.4	0.23	0
Classic Hot Chocolate - whole milk	Grande	1513	361	18.1	12.1	35.5	33.9	2.9	12.8	0.28	0
Classic Hot Chocolate - whole milk	Venti	1895	451	22	14.5	45	43.1	3.6	16.9	0.38	0
Classic Hot Chocolate - skimmed milk	Tall	999	238	8.6	5.8	28.5	27.3	2.2	10.6	0.24	0
Classic Hot Chocolate - skimmed milk	Grande	1232	294	10.2	6.9	36	34.4	2.9	13	0.29	0
Classic Hot Chocolate - skimmed milk	Venti	1506	358	11.1	7.3	45.7	43.8	3.6	17.2	0.39	0
Classic Hot Chocolate - almond drink	Tall	894	214	10.4	5.7	24.1	22.7	2.8	4.6	0.18	0
Classic Hot Chocolate - almond drink	Grande	1108	265	12.4	6.8	30.7	28.9	3.6	5.8	0.22	0
Classic Hot Chocolate - almond drink	Venti	1333	318	14	7.2	38.4	36.1	4.6	7.2	0.29	0
Classic Hot Chocolate - soya drink	Tall	1049	250	11.8	6.1	24.3	22.7	3.4	10.2	0.22	0
Classic Hot Chocolate - soya drink	Grande	1292	308	14	7.3	30.9	28.9	4.3	12.5	0.27	0
Classic Hot Chocolate - soya drink	Venti	1589	378	16.4	7.9	38.7	36.1	5.6	16.5	0.36	0
Classic Hot Chocolate - oat drink	Tall	1190	284	14	6.1	32.3	24.3	4.2	5.2	0.28	0
Classic Hot Chocolate - oat drink	Grande	1461	349	16.7	7.3	40.5	30.8	5.3	6.5	0.34	0
Classic Hot Chocolate - oat drink	Venti	1822	435	20	7.9	52	38.8	6.9	8.2	0.46	0
Classic Hot Chocolate - coconut drink	Tall	1057	254	13	10.1	25.9	24.7	5.2	5.6	0.40	0
Classic Hot Chocolate - coconut drink	Grande	1302	313	15.5	12.1	32.8	31.3	6.5	7	0.48	0
Classic Hot Chocolate - coconut drink	Venti	1602	385	18.4	14.6	41.4	39.5	8.6	8.9	0.65	0
Hot White Chocolate - semi skimmed milk	Tall	1214	289	12.1	9.9	35.8	35.8	0	9.3	0.41	0
Hot White Chocolate - semi skimmed milk	Grande	1517	361	14.6	11.9	46.2	46.2	0.1	11.4	0.51	0
Hot White Chocolate - semi skimmed milk	Venti	1887	449	17	14.2	58.8	58.8	0.1	15.2	0.67	0
Hot White Chocolate - whole milk	Tall	1349	321	15.9	11.1	35.6	35.6	0	9.1	0.40	0
Hot White Chocolate - whole milk	Grande	1678	400	19.1	13.3	46	46	0.1	11.1	0.51	0
Hot White Chocolate - whole milk	Venti	2110	502	23.3	16.2	58.5	58.5	0.1	14.9	0.66	0
Hot White Chocolate - skimmed milk	Tall	1114	265	9.3	6.7	36	36	0	9.3	0.41	0
Hot White Chocolate - skimmed milk	Grande	1397	332	11.2	8.2	46.4	46.4	0.1	11.4	0.52	0
Hot White Chocolate - skimmed milk	Venti	1720	409	12.3	9	59.1	59.1	0.1	15.2	0.68	0
Hot White Chocolate - almond drink	Tall	1009	241	11.1	6.7	31.6	31.4	0.7	3.3	0.35	0
Hot White Chocolate - almond drink	Grande	1272	304	13.4	8.1	41.2	40.9	0.8	4.2	0.45	0
Hot White Chocolate - almond drink	Venti	1548	369	15.3	8.9	51.8	51.5	1.1	5.2	0.58	0
Hot White Chocolate - soya drink	Tall	1164	277	12.5	7.1	31.8	31.4	1.3	8.9	0.39	0
Hot White Chocolate - soya drink	Grande	1457	347	15	8.6	41.4	40.9	1.5	10.9	0.50	0
Hot White Chocolate - soya drink	Venti	1804	429	17.7	9.5	52.2	51.5	2.1	14.5	0.65	0
Hot White Chocolate - oat drink	Tall	1305	311	14.7	7.1	39.9	33	2.1	3.9	0.45	0
Hot White Chocolate - oat drink	Grande	1625	388	17.7	8.6	51	42.8	2.5	4.9	0.57	0
Hot White Chocolate - oat drink	Venti	2036	486	21.3	9.5	65.5	54.1	3.4	6.2	0.75	0
Hot White Chocolate - coconut drink	Tall	1172	281	13.7	11.1	33.4	33.4	3.1	4.3	0.57	0
Hot White Chocolate - coconut drink	Grande	1467	352	16.5	13.4	43.3	43.3	3.7	5.4	0.71	0
Hot White Chocolate - coconut drink	Venti	1817	436	19.7	16.2	54.8	54.8	5.1	6.9	0.94	0
Signature Hot Chocolate - semi skimmed milk	Tall	1241	296	13.2	10.5	29.9	28.6	3.6	12.3	0.31	20.4
Signature Hot Chocolate - semi skimmed milk	Grande	1576	376	16.3	13	38.7	36.9	4.8	15.8	0.39	27.2
Signature Hot Chocolate - semi skimmed milk	Venti	1903	454	18.8	15.1	48	45.8	5.9	19.9	0.50	34
Signature Hot Chocolate - whole milk	Tall	1418	338	18.2	12.1	29.7	28.3	3.6	12	0.30	20.4
Signature Hot Chocolate - whole milk	Grande	1804	430	22.8	15	38.4	36.6	4.8	15.5	0.38	27.2
Signature Hot Chocolate - whole milk	Venti	2194	523	27	17.7	47.5	45.3	5.9	19.4	0.49	34
Signature Hot Chocolate - skimmed milk	Tall	1109	264	9.5	6.3	30.2	28.9	3.6	12.3	0.31	20.4
Signature Hot Chocolate - skimmed milk	Grande	1405	335	11.6	7.7	39	37.3	4.8	15.8	0.40	27.2
Signature Hot Chocolate - skimmed milk	Venti	1686	402	12.7	8.3	48.4	46.2	5.9	19.9	0.51	34
Signature Hot Chocolate - almond drink	Tall	972	233	11.9	6.3	24.4	22.8	4.4	4.4	0.23	20.4
Signature Hot Chocolate - almond drink	Grande	1228	294	14.6	7.6	31.5	29.4	5.8	5.6	0.30	27.2
Signature Hot Chocolate - almond drink	Venti	1461	349	16.6	8.2	38.9	36.2	7.2	6.9	0.38	34
Signature Hot Chocolate - soya drink	Tall	1175	280	13.8	6.8	24.7	22.8	5.2	11.8	0.29	20.4
Signature Hot Chocolate - soya drink	Grande	1490	355	17	8.2	31.9	29.4	6.8	15.1	0.37	27.2
Signature Hot Chocolate - soya drink	Venti	1795	428	19.6	9	39.3	36.2	8.5	19	0.46	34
Signature Hot Chocolate - oat drink	Tall	1360	325	16.7	6.8	35.2	24.9	6.3	5.1	0.37	20.4
Signature Hot Chocolate - oat drink	Grande	1729	413	20.8	8.2	45.5	32.1	8.2	6.6	0.47	27.2
Signature Hot Chocolate - oat drink	Venti	2098	501	24.4	9	56.6	39.7	10.3	8.2	0.59	34
Signature Hot Chocolate - coconut drink	Tall	1186	286	15.3	12.1	26.8	25.4	7.6	5.7	0.52	20.4
Signature Hot Chocolate - coconut drink	Grande	1504	362	19.1	15	34.6	32.8	9.9	7.3	0.67	27.2
Signature Hot Chocolate - coconut drink	Venti	1812	436	22.2	17.7	42.8	40.6	12.4	9	0.84	34
Signature Caramel Hot Chocolate - semi skimmed milk	Tall	1514	360	13.8	10.9	44.9	43.4	3.5	12.1	0.33	20.4
Signature Caramel Hot Chocolate - semi skimmed milk	Grande	1924	458	16.9	13.4	58.1	56.1	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - semi skimmed milk	Venti	2327	554	19.3	15.5	71.8	69.5	5.8	19.7	0.52	34
Signature Caramel Hot Chocolate - whole milk	Tall	1690	403	18.8	12.4	44.6	43.1	3.5	11.9	0.32	20.4
Signature Caramel Hot Chocolate - whole milk	Grande	2152	512	23.4	15.4	57.8	55.8	4.6	15.3	0.41	27.2
Signature Caramel Hot Chocolate - whole milk	Venti	2618	623	27.6	18	71.4	69	5.8	19.3	0.51	34
Signature Caramel Hot Chocolate - skimmed milk	Tall	1381	329	10.1	6.7	45.2	43.6	3.5	12.1	0.34	20.4
Signature Caramel Hot Chocolate - skimmed milk	Grande	1754	417	12.1	8	58.4	56.5	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - skimmed milk	Venti	2110	502	13.3	8.7	72.3	69.9	5.8	19.7	0.53	34
Signature Caramel Hot Chocolate - almond drink	Tall	1244	297	12.5	6.6	39.4	37.6	4.3	4.2	0.26	20.4
Signature Caramel Hot Chocolate - almond drink	Grande	1577	376	15.2	7.9	51	48.7	5.6	5.4	0.32	27.2
Signature Caramel Hot Chocolate - almond drink	Venti	1885	450	17.2	8.5	62.7	59.9	7.1	6.7	0.40	34
Signature Caramel Hot Chocolate - soya drink	Tall	1447	345	14.3	7.2	39.6	37.6	5.1	11.6	0.31	20.4
Signature Caramel Hot Chocolate - soya drink	Grande	1839	438	17.6	8.6	51.3	48.7	6.7	15	0.39	27.2
Signature Caramel Hot Chocolate - soya drink	Venti	2219	528	20.2	9.4	63.2	59.9	8.4	18.9	0.49	34
Signature Caramel Hot Chocolate - oat drink	Tall	1632	389	17.2	7.2	50.2	39.7	6.1	5	0.39	20.4
Signature Caramel Hot Chocolate - oat drink	Grande	2077	495	21.3	8.6	64.9	51.4	8	6.5	0.49	27.2
Signature Caramel Hot Chocolate - oat drink	Venti	2522	601	25	9.4	80.5	63.4	10.1	8	0.62	34
Signature Caramel Hot Chocolate - coconut drink	Tall	1458	350	15.9	12.4	41.7	40.2	7.4	5.5	0.54	20.4



Signature Hazelnut Hot Chocolate - semi skimmed milk	Grande	1858	442	16.3	13	55.6	53.2	4.8	15.8	0.39	27.2
Signature Hazelnut Hot Chocolate - semi skimmed milk	Venti	2257	537	18.8	15.1	69.1	66.1	5.9	19.9	0.50	34
Signature Hazelnut Hot Chocolate - whole milk	Tall	1630	388	18.2	12.1	42.4	40.5	3.6	12	0.30	20.4
Signature Hazelnut Hot Chocolate - whole milk	Grande	2087	497	22.8	15	55.3	52.8	4.8	15.5	0.38	27.2
Signature Hazelnut Hot Chocolate - whole milk	Venti	2547	606	27	17.7	68.7	65.6	5.9	19.4	0.49	34
Signature Hazelnut Hot Chocolate - skimmed milk	Tall	1321	314	9.5	6.3	42.9	41	3.6	12.3	0.31	20.4
Signature Hazelnut Hot Chocolate - skimmed milk	Grande	1688	402	11.6	7.7	56	53.5	4.8	15.8	0.40	27.2
Signature Hazelnut Hot Chocolate - skimmed milk	Venti	2040	485	12.7	8.3	69.6	66.5	5.9	19.9	0.51	34
Signature Hazelnut Hot Chocolate - almond drink	Tall	1184	283	11.9	6.3	37.1	35	4.4	4.4	0.23	20.4
Signature Hazelnut Hot Chocolate - almond drink	Grande	1511	361	14.6	7.6	48.5	45.7	5.8	5.6	0.30	27.2
Signature Hazelnut Hot Chocolate - almond drink	Venti	1814	433	16.6	8.2	60	56.5	7.2	6.9	0.38	34
Signature Hazelnut Hot Chocolate - soya drink	Tall	1387	330	13.8	6.8	37.4	35	5.2	11.8	0.29	20.4
Signature Hazelnut Hot Chocolate - soya drink	Grande	1773	422	17	8.2	48.8	45.7	6.8	15.1	0.37	27.2
Signature Hazelnut Hot Chocolate - soya drink	Venti	2148	511	19.6	9	60.4	56.5	8.5	19	0.46	34
Signature Hazelnut Hot Chocolate - oat drink	Tall	1572	375	16.7	6.8	47.9	37.1	6.3	5.1	0.37	20.4
Signature Hazelnut Hot Chocolate - oat drink	Grande	2012	480	20.8	8.2	62.4	48.4	8.2	6.6	0.47	27.2
Signature Hazelnut Hot Chocolate - oat drink	Venti	2452	585	24.4	9	77.8	60	10.3	8.2	0.59	34
Signature Hazelnut Hot Chocolate - coconut drink	Tall	1398	335	15.3	12.1	39.5	37.6	7.6	5.7	0.52	20.4
Signature Hazelnut Hot Chocolate - coconut drink	Grande	1787	429	19.1	15	51.5	49.1	9.9	7.3	0.67	27.2
Signature Hazelnut Hot Chocolate - coconut drink	Venti	2166	520	22.2	17.7	63.9	60.9	12.4	9	0.84	34
Iced Chocolate - semi skimmed milk	Tall	1048	250	12.2	9.2	25.7	24.5	2.2	8.5	0.17	0
Iced Chocolate - semi skimmed milk	Grande	1381	330	16.5	12.4	33.3	31.8	2.9	10.7	0.22	0
Iced Chocolate - semi skimmed milk	Venti	1636	390	18.1	13.8	41.4	39.5	3.6	13.8	0.28	0
Iced Chocolate - whole milk	Tall	1139	272	14.8	10	25.5	24.4	2.2	8.3	0.17	0
Iced Chocolate - whole milk	Grande	1494	357	19.7	13.4	33.1	31.6	2.9	10.6	0.21	0
Iced Chocolate - whole milk	Venti	1789	427	22.4	15.1	41.2	39.3	3.6	13.6	0.28	0
Iced Chocolate - skimmed milk	Tall	979	234	10.3	7.1	25.8	24.6	2.2	8.5	0.18	0
Iced Chocolate - skimmed milk	Grande	1297	310	14.1	9.8	33.5	31.9	2.9	10.7	0.22	0
Iced Chocolate - skimmed milk	Venti	1522	363	14.9	10.2	41.6	39.8	3.6	13.8	0.29	0
Iced Chocolate - almond drink	Tall	908	217	11.5	7	22.8	21.5	2.6	4.4	0.13	0
Iced Chocolate - almond drink	Grande	1210	290	15.6	9.7	29.8	28.1	3.4	5.7	0.17	0
Iced Chocolate - almond drink	Venti	1403	336	16.9	10.1	36.6	34.5	4.2	7	0.22	0
Iced Chocolate - soya drink	Tall	1013	242	12.4	7.3	22.9	21.5	3	8.2	0.16	0
Iced Chocolate - soya drink	Grande	1339	320	16.8	10	29.9	28.1	3.9	10.4	0.20	0
Iced Chocolate - soya drink	Venti	1579	377	18.5	10.6	36.9	34.5	4.9	13.4	0.27	0
Iced Chocolate - oat drink	Tall	1109	265	13.9	7.3	28.4	22.6	3.6	4.8	0.20	0
Iced Chocolate - oat drink	Grande	1457	348	18.7	10	36.7	29.4	4.6	6.2	0.25	0
Iced Chocolate - oat drink	Venti	1739	416	21	10.6	46	36.3	5.8	7.7	0.33	0
Iced Chocolate - coconut drink	Tall	1019	245	13.3	10	24	22.9	4.2	5	0.28	0
Iced Chocolate - coconut drink	Grande	1346	323	17.8	13.4	31.3	29.8	5.4	6.5	0.35	0
Iced Chocolate - coconut drink	Venti	1588	381	19.9	15.1	38.7	36.8	7	8.1	0.47	0
Iced White Chocolate - semi skimmed milk	Tall	1166	278	12.9	10.2	33.3	33.3	0	7.2	0.34	0
Iced White Chocolate - semi skimmed milk	Grande	1550	370	17.5	13.7	43.9	43.9	0.1	9.1	0.45	0
Iced White Chocolate - semi skimmed milk	Venti	1854	442	19.4	15.4	55	55	0.1	11.8	0.57	0
Iced White Chocolate - whole milk	Tall	1257	300	15.5	11	33.2	33.2	0	7	0.34	0
Iced White Chocolate - whole milk	Grande	1662	397	20.7	14.7	43.8	43.8	0.1	9	0.44	0
Iced White Chocolate - whole milk	Venti	2007	479	23.7	16.8	54.8	54.8	0.1	11.6	0.56	0
Iced White Chocolate - skimmed milk	Tall	1098	262	11	8	33.5	33.5	0	7.2	0.35	0
Iced White Chocolate - skimmed milk	Grande	1466	350	15.1	11.1	44.1	44.1	0.1	9.1	0.45	0
Iced White Chocolate - skimmed milk	Venti	1740	415	16.2	11.8	55.3	55.3	0.1	11.8	0.58	0
Iced White Chocolate - almond drink	Tall	1027	245	12.2	8	30.5	30.3	0.5	3.1	0.31	0
Iced White Chocolate - almond drink	Grande	1378	329	16.7	11	40.4	40.2	0.6	4.1	0.40	0
Iced White Chocolate - almond drink	Venti	1621	387	18.2	11.8	50.2	50	0.8	5	0.51	0
Iced White Chocolate - soya drink	Tall	1132	270	13.2	8.3	30.6	30.3	0.9	6.9	0.33	0
Iced White Chocolate - soya drink	Grande	1508	360	17.8	11.3	40.6	40.2	1.1	8.8	0.43	0
Iced White Chocolate - soya drink	Venti	1797	428	19.8	12.2	50.5	50	1.5	11.4	0.55	0
Iced White Chocolate - oat drink	Tall	1227	293	14.7	8.3	36.1	31.4	1.4	3.5	0.37	0
Iced White Chocolate - oat drink	Grande	1625	388	19.7	11.3	47.3	41.6	1.7	4.6	0.48	0
Iced White Chocolate - oat drink	Venti	1957	467	22.3	12.2	59.6	51.8	2.4	5.7	0.62	0
Iced White Chocolate - coconut drink	Tall	1137	273	14	11	31.7	31.7	2.1	3.8	0.45	0
Iced White Chocolate - coconut drink	Grande	1514	363	18.8	14.7	41.9	41.9	2.6	4.9	0.58	0
Iced White Chocolate - coconut drink	Venti	1806	433	21.2	16.8	52.3	52.3	3.5	6.1	0.75	0
<b>Frappuccino®</b>											
Coffee Frappuccino® - semi skimmed milk	Tall	856	204	9.5	7.1	25.7	24.9	0.1	3.7	0.41	23.2
Coffee Frappuccino® - semi skimmed milk	Grande	1173	280	13	9.7	35.5	34.5	0.2	4.7	0.57	32.9
Coffee Frappuccino® - semi skimmed milk	Venti	1326	316	13.2	9.9	43.4	42.1	0.2	5.2	0.69	41.7
Coffee Frappuccino® - whole milk	Tall	909	217	11	7.6	25.6	24.8	0.1	3.6	0.41	23.2
Coffee Frappuccino® - whole milk	Grande	1238	295	14.9	10.3	35.4	34.4	0.2	4.6	0.57	32.9
Coffee Frappuccino® - whole milk	Venti	1397	333	15.3	10.5	43.3	42	0.2	5.1	0.69	41.7
Coffee Frappuccino® - skimmed milk	Tall	816	194	8.4	5.9	25.7	25	0.1	3.7	0.42	23.2
Coffee Frappuccino® - skimmed milk	Grande	1125	268	11.7	8.2	35.6	34.6	0.2	4.7	0.57	32.9
Coffee Frappuccino® - skimmed milk	Venti	1273	303	11.7	8.2	43.6	42.2	0.2	5.2	0.70	41.7
Coffee Frappuccino® - almond drink	Tall	774	185	9.1	5.9	24	23.2	0.4	1.3	0.39	23.2
Coffee Frappuccino® - almond drink	Grande	1075	257	12.5	8.2	33.5	32.3	0.5	1.8	0.54	32.9
Coffee Frappuccino® - almond drink	Venti	1217	290	12.7	8.2	41.2	39.7	0.5	2	0.67	41.7
Coffee Frappuccino® - soya drink	Tall	836	199	9.6	6	24.1	23.2	0.6	3.6	0.41	23.2
Coffee Frappuccino® - soya drink	Grande	1149	274	13.2	8.4	33.6	32.3	0.8	4.5	0.56	32.9
Coffee Frappuccino® - soya drink	Venti	1299	309	13.4	8.4	41.3	39.7	0.9	5	0.69	41.7
Coffee Frappuccino® - oat drink	Tall	892	213	10.5	6	27.3	23.8	0.9	1.6	0.43	23.2
Coffee Frappuccino® - oat drink	Grande	1217	290	14.3	8.4	37.5	33.1	1.1	2.1	0.59	32.9
Coffee Frappuccino® - oat drink	Venti	1374	327	14.6	8.4	45.6	40.6	1.3	2.3	0.72	41.7
Coffee Frappuccino® - coconut drink	Tall	839	201	10.1	7.6	24.7	24	1.3	1.7	0.48	23.2
Coffee Frappuccino® - coconut drink	Grande	1153	276	13.8	10.3	34.4	33.3	1.6	2.3	0.65	32.9
Coffee Frappuccino® - coconut drink	Venti	1304	311	14.1	10.5	42.2	40.8	1.8	2.5	0.78	41.7
Caramel Frappuccino® - semi skimmed milk	Tall	1103	263	11.1	8.1	36.5	35.3	0.1	3.9	0.46	23.2
Caramel Frappuccino® - semi skimmed milk	Grande	1504	358	15.1	11	50.2	48.5	0.2	4.9	0.63	32.9
Caramel Frappuccino® - semi skimmed milk	Venti	1754	417	16	11.6	62.4	60.1	0.2	5.4	0.78	41.7
Caramel Frappuccino® - whole milk	Tall	1157	275	12.6	8.6	36.5	35.2	0.1	3.8	0.46	23.2
Caramel Frappuccino® - whole milk	Grande	1569	374	16.9	11.6	50.1	48.4	0.2	4.8	0.63	32.9
Caramel Frappuccino® - whole milk	Venti	1825	434	18	12.2	62.2	60	0.2	5.3	0.78	41.7
Caramel Frappuccino® - skimmed milk	Tall	1063	253	10	6.9	36.6	35.3	0.1	3.9	0.47	23.2
Caramel Frappuccino® - skimmed milk	Grande	1456	347	13.7	9.5	50.3	48.6	0.2	4.9	0.64	32.9
Caramel Frappuccino® - skimmed milk	Venti	1701	404	14.5	9.9	62.5	60.2	0.2	5.4	0.78	41.7
Caramel Frappuccino® - almond drink	Tall	1022	244	10.7	6.9	34.9	33.5	0.4	1.5	0.44	23.2
Caramel Frappuccino® - almond drink	Grande	1405	335	14.6	9.5	48.2	46.3	0.5	2	0.61	32.9
Caramel Frappuccino® - almond drink	Venti	1645	392	15.4	9.9	60.1	57.8	0.5	2.2	0.75	41.7
Caramel Frappuccino® - soya drink	Tall	1083	258	11.2	7	34.9	33.5	0.6	3.7	0.46	23.2
Caramel Frappuccino® - soya drink	Grande	1480	352	15.3	9.7	48.3	46.3	0.8	4.7	0.63	32.9
Caramel Frappuccino® - soya drink	Venti	1727	411	16.2	10.1	60.2	57.8	0.9	5.2	0.77	41.7
Caramel Frappuccino® - oat drink	Tall	1139	271	12.1	7	38.1	34.1	0.9	1.7	0.48	23.2
Caramel Frappuccino® - oat drink	Grande	1548	369	16.4	9.7	52.1	47.1	1.1	2.3	0.65	32.9
Caramel Frappuccino® - oat drink	Venti	1802	429	17.3	10.1	64.5	58.6	1.3	2.5	0.80	41.7
Caramel Frappuccino® - coconut drink	Tall	1086	260	11.7	8.6	35.6	34.3	1.3	1.9	0.53	23.2
Caramel Frappuccino® - coconut drink	Grande	1484	354	15.9	11.6	49	47.3	1.6	2.4	0.71	32.9
Caramel Frappuccino® - coconut drink	Venti	1731	413	16.8	12.2	61.1	58.9	1.8	2.7	0.87	41.7
Espresso Frappuccino® - semi skimmed milk	Tall	477	113	1.4	1.3	21.4	20.4	0.2	3.2	0.38	48.4
Espresso Frappuccino® - semi skimmed milk	Grande	673	159	1.8	1.6	31.1	29.7	0.3	4.1	0.53	58.5
Espresso Frappuccino® - semi skimmed milk	Venti	817	193	2	1.8	38.6	36.9	0.3	4.5	0.65	65.5
Espresso Frappuccino® - whole milk	Tall	525	124	2.8	1.7	21.3	20.3	0.2	3.2	0.37	48.4
Espresso Frappuccino® - whole milk	Grande	734	173	3.5	2.1	31	29.6	0.3	4	0.53	58.5
Espresso Frappuccino® - whole milk	Venti	884	209	3.9	2.4	38.5	36.8	0.3	4.4	0.65	65.5
Espresso Frappuccino® - skimmed milk	Tall	441	104	0.4	0.1	21.5	20.5	0.2	3.2	0.38	48.4
Espresso Frappuccino® - skimmed milk	Grande	627	148	0.5	0.2	31.1	29.8	0.3	4.1	0.54	58.5
Espresso Frappuccino® - skimmed milk	Venti	767	181	0.6	0.2	38.7	37	0.3	4.5	0.66	65.5
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Espresso Frappuccino® - soya drink	Grande	650	153	2	0.3	29.2	27.7	0.8	3.9	0.53	58.5
Espresso Frappuccino® - soya drink	Venti	792	187	2.2	0.4	36.6	34.7	0.9	4.3	0.65	65.5
Espresso Frappuccino® - oat drink	Tall	509	120	2.3	0.3	22.8	19.4	0.9	1.3	0.39	48.4
Espresso Frappuccino® - oat drink	Grande	714	169	3	0.3	32.9	28.4	1.2	1.6	0.55	58.5
Espresso Frappuccino® - oat drink	Venti	862	204	3.3	0.4	40.6	35.5	1.3	1.8	0.68	65.5
Espresso Frappuccino® - coconut drink	Tall	462	110	2	1.7	20.6	19.5	1.3	1.4	0.43	48.4
Espresso Frappuccino® - coconut drink	Grande	653	155	2.5	2.2	30	28.6	1.6	1.8	0.61	58.5
Espresso Frappuccino® - coconut drink	Venti	796	189	2.8	2.4	37.4	35.7	1.8	2	0.73	65.5
Mocha Frappuccino® - semi skimmed milk	Tall	964	230	10	7.4	29.8	28.7	0.8	4.5	0.40	22.1
Mocha Frappuccino® - semi skimmed milk	Grande	1321	315	13.8	10.1	41	39.5	1.2	5.9	0.53	30.4
Mocha Frappuccino® - semi skimmed milk	Venti	1574	375	14.3	10.6	53.2	51.1	1.6	7	0.68	40.8
Mocha Frappuccino® - whole milk	Tall	1015	242	11.4	7.9	29.7	28.7	0.8	4.5	0.39	22.1
Mocha Frappuccino® - whole milk	Grande	1381	329	15.5	10.7	41	39.4	1.2	5.8	0.53	30.4
Mocha Frappuccino® - whole milk	Venti	1644	391	16.3	11.2	53.1	51	1.6	6.9	0.68	40.8
Mocha Frappuccino® - skimmed milk	Tall	926	221	8.9	6.2	29.9	28.8	0.8	4.5	0.40	22.1
Mocha Frappuccino® - skimmed milk	Grande	1276	304	12.5	8.7	41.1	39.6	1.2	5.9	0.53	30.4
Mocha Frappuccino® - skimmed milk	Venti	1522	362	12.9	8.9	53.3	51.2	1.6	7	0.69	40.8
Mocha Frappuccino® - almond drink	Tall	886	211	9.6	6.2	28.2	27.1	1	2.3	0.38	22.1
Mocha Frappuccino® - almond drink	Grande	1230	293	13.3	8.7	39.2	37.5	1.5	3.2	0.51	30.4
Mocha Frappuccino® - almond drink	Venti	1468	350	13.8	8.9	51	48.8	1.9	3.9	0.66	40.8
Mocha Frappuccino® - soya drink	Tall	945	225	10.1	6.4	28.3	27.1	1.3	4.4	0.39	22.1
Mocha Frappuccino® - soya drink	Grande	1299	309	13.9	8.9	39.3	37.5	1.7	5.7	0.52	30.4
Mocha Frappuccino® - soya drink	Venti	1548	368	14.5	9.1	51.1	48.8	2.2	6.8	0.68	40.8
Mocha Frappuccino® - oat drink	Tall	998	238	11	6.4	31.3	27.7	1.6	2.5	0.41	22.1
Mocha Frappuccino® - oat drink	Grande	1362	325	14.9	8.9	42.8	38.3	2.1	3.4	0.55	30.4
Mocha Frappuccino® - oat drink	Venti	1621	386	15.7	9.1	55.3	49.7	2.6	4.2	0.71	40.8
Mocha Frappuccino® - coconut drink	Tall	948	227	10.6	7.9	28.9	27.8	1.9	2.6	0.46	22.1
Mocha Frappuccino® - coconut drink	Grande	1302	311	14.5	10.7	40	38.4	2.5	3.6	0.60	30.4
Mocha Frappuccino® - coconut drink	Venti	1552	370	15.2	11.2	51.9	49.9	3.1	4.4	0.77	40.8
White Mocha Frappuccino® - semi skimmed milk	Tall	1001	239	10.2	7.7	32.2	31.5	0.1	4.2	0.45	22.4
White Mocha Frappuccino® - semi skimmed milk	Grande	1433	341	14.3	10.8	47.2	46.2	0.2	5.5	0.63	30.8
White Mocha Frappuccino® - semi skimmed milk	Venti	1587	378	14.5	11	55.2	53.9	0.2	6	0.76	40
White Mocha Frappuccino® - whole milk	Tall	1053	251	11.7	8.2	32.2	31.4	0.1	4.1	0.45	22.4
White Mocha Frappuccino® - whole milk	Grande	1494	356	16.1	11.3	47.1	46.1	0.2	5.4	0.63	30.8
White Mocha Frappuccino® - whole milk	Venti	1656	394	16.5	11.6	55.1	53.8	0.2	5.9	0.76	40
White Mocha Frappuccino® - skimmed milk	Tall	963	229	9.1	6.5	32.3	31.6	0.1	4.2	0.45	22.4
White Mocha Frappuccino® - skimmed milk	Grande	1387	330	13.1	9.4	47.3	46.3	0.2	5.5	0.63	30.8
White Mocha Frappuccino® - skimmed milk	Venti	1536	365	13.1	9.4	55.3	54	0.2	6	0.77	40
White Mocha Frappuccino® - almond drink	Tall	923	220	9.8	6.5	30.6	29.8	0.4	1.9	0.43	22.4
White Mocha Frappuccino® - almond drink	Grande	1340	319	13.9	9.3	45.3	44.2	0.5	2.7	0.61	30.8
White Mocha Frappuccino® - almond drink	Venti	1483	353	14	9.3	53	51.6	0.6	2.9	0.74	40
White Mocha Frappuccino® - soya drink	Tall	982	234	10.4	6.6	30.7	29.8	0.6	4	0.45	22.4
White Mocha Frappuccino® - soya drink	Grande	1410	336	14.5	9.5	45.4	44.2	0.7	5.3	0.63	30.8
White Mocha Frappuccino® - soya drink	Venti	1562	372	14.7	9.5	53.1	51.6	0.9	5.8	0.76	40
White Mocha Frappuccino® - oat drink	Tall	1036	247	11.2	6.6	33.8	30.4	0.9	2.1	0.47	22.4
White Mocha Frappuccino® - oat drink	Grande	1474	351	15.5	9.5	49	44.9	1.1	3	0.65	30.8
White Mocha Frappuccino® - oat drink	Venti	1633	389	15.9	9.5	57.2	52.4	1.3	3.2	0.79	40
White Mocha Frappuccino® - coconut drink	Tall	985	235	10.8	8.2	31.3	30.6	1.3	2.2	0.51	22.4
White Mocha Frappuccino® - coconut drink	Grande	1414	338	15.1	11.3	46.1	45.1	1.6	3.2	0.71	30.8
White Mocha Frappuccino® - coconut drink	Venti	1566	374	15.4	11.6	53.9	52.6	1.8	3.4	0.85	40
Java Chip Frappuccino® - semi skimmed milk	Tall	1186	283	12.9	9.7	35.8	34	1.5	5.1	0.48	22.4
Java Chip Frappuccino® - semi skimmed milk	Grande	1641	391	17.8	13.4	49.9	47.3	2	6.7	0.66	32
Java Chip Frappuccino® - semi skimmed milk	Venti	1919	457	19.4	14.6	61.7	58.4	2.5	7.7	0.82	40.8
Java Chip Frappuccino® - whole milk	Mini	885	211	10.7	7.6	24.7	23.4	1	3.5	0.32	15
Java Chip Frappuccino® - whole milk	Tall	1237	295	14.3	10.2	35.7	33.9	1.5	5.1	0.47	22.4
Java Chip Frappuccino® - whole milk	Grande	1704	406	19.6	14	49.8	47.2	2	6.6	0.66	32
Java Chip Frappuccino® - whole milk	Venti	1989	474	21.3	15.2	61.6	58.3	2.5	7.6	0.82	40.8
Java Chip Frappuccino® - skimmed milk	Tall	1147	274	11.8	8.5	35.9	34	1.5	5.1	0.48	22.4
Java Chip Frappuccino® - skimmed milk	Grande	1594	380	16.5	12	50	47.4	2	6.7	0.67	32
Java Chip Frappuccino® - skimmed milk	Venti	1867	445	17.9	13	61.8	58.5	2.5	7.7	0.82	40.8
Java Chip Frappuccino® - almond drink	Tall	1107	264	12.5	8.5	34.2	32.3	1.7	2.8	0.45	22.4
Java Chip Frappuccino® - almond drink	Grande	1545	369	17.4	11.9	47.9	45.2	2.3	3.8	0.64	32
Java Chip Frappuccino® - almond drink	Venti	1813	432	18.8	13	59.5	56.1	2.8	4.6	0.79	40.8
Java Chip Frappuccino® - soya drink	Tall	1167	278	13	8.7	34.3	32.3	1.9	5	0.47	22.4
Java Chip Frappuccino® - soya drink	Grande	1617	386	18	12.1	48	45.2	2.6	6.5	0.66	32
Java Chip Frappuccino® - soya drink	Venti	1893	451	19.6	13.2	59.6	56.1	3.2	7.5	0.81	40.8
Java Chip Frappuccino® - oat drink	Tall	1220	291	13.9	8.7	37.4	32.9	2.2	3.1	0.49	22.4
Java Chip Frappuccino® - oat drink	Grande	1683	402	19.1	12.1	51.8	46	3	4.1	0.68	32
Java Chip Frappuccino® - oat drink	Venti	1966	469	20.7	13.2	63.8	56.9	3.6	4.9	0.84	40.8
Java Chip Frappuccino® - coconut drink	Tall	1170	280	13.5	10.2	34.9	33	2.6	3.2	0.54	22.4
Java Chip Frappuccino® - coconut drink	Grande	1621	388	18.6	14	48.8	46.1	3.4	4.3	0.74	32
Java Chip Frappuccino® - coconut drink	Venti	1897	453	20.2	15.3	60.4	57.1	4.1	5.1	0.90	40.8
Chocolate Cream Frappuccino® - semi skimmed milk	Tall	958	229	10.5	8	27.7	26.8	0.8	5.4	0.41	0
Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1316	314	14.5	10.9	38.4	37.1	1.2	7.1	0.56	0
Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1563	373	15.2	11.6	49.5	47.8	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - whole milk	Tall	1029	246	12.5	8.6	27.6	26.7	0.8	5.3	0.41	0
Chocolate Cream Frappuccino® - whole milk	Grande	1405	335	17	11.7	38.3	37	1.2	7	0.56	0
Chocolate Cream Frappuccino® - whole milk	Venti	1672	399	18.3	12.6	49.4	47.7	1.5	8.5	0.73	0
Chocolate Cream Frappuccino® - skimmed milk	Tall	905	216	9	6.3	27.9	27	0.8	5.4	0.41	0
Chocolate Cream Frappuccino® - skimmed milk	Grande	1249	298	12.6	8.8	38.5	37.3	1.2	7.1	0.56	0
Chocolate Cream Frappuccino® - skimmed milk	Venti	1481	353	13	9	49.7	48	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - almond drink	Tall	850	203	10	6.3	25.5	24.5	1.2	2.3	0.38	0
Chocolate Cream Frappuccino® - almond drink	Grande	1180	282	13.8	8.8	35.6	34.2	1.6	3.1	0.52	0
Chocolate Cream Frappuccino® - almond drink	Venti	1397	333	14.4	9	46.1	44.3	2	3.7	0.68	0
Chocolate Cream Frappuccino® - soya drink	Tall	932	222	10.7	6.5	25.6	24.5	1.5	5.2	0.40	0
Chocolate Cream Frappuccino® - soya drink	Grande	1283	306	14.7	9.1	35.7	34.2	2	6.8	0.55	0
Chocolate Cream Frappuccino® - soya drink	Venti	1522	363	15.6	9.3	46.3	44.3	2.5	8.3	0.72	0
Chocolate Cream Frappuccino® - oat drink	Tall	1005	240	11.9	6.5	29.9	25.4	1.9	2.6	0.43	0
Chocolate Cream Frappuccino® - oat drink	Grande	1376	329	16.2	9.1	41	35.3	2.5	3.5	0.59	0
Chocolate Cream Frappuccino® - oat drink	Venti	1636	391	17.4	9.3	52.8	45.6	3.1	4.2	0.77	0
Chocolate Cream Frappuccino® - coconut drink	Tall	936	224	11.3	8.6	26.5	25.6	2.4	2.8	0.49	0
Chocolate Cream Frappuccino® - coconut drink	Grande	1288	309	15.5	11.7	36.8	35.5	3.2	3.8	0.67	0
Chocolate Cream Frappuccino® - coconut drink	Venti	1529	366	16.6	12.6	47.6	45.9	4	4.6	0.86	0
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	853	204	9.8	7.5	24.7	24.2	0	4.2	0.40	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	1153	275	13.4	10.2	33.5	32.7	0	5.3	0.54	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	1339	319	13.8	10.7	42.6	41.7	0	6.2	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	924	221	11.8	8.2	24.6	24.1	0	4.1	0.40	0
Vanilla Cream Frappuccino® - whole milk	Grande	1240	296	15.9	11	33.3	32.6	0	5.2	0.54	0
Vanilla Cream Frappuccino® - whole milk	Venti	1443	344	16.8	11.6	42.5	41.5	0	6	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	801	191	8.3	5.9	24.9	24.3	0	4.2	0.41	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	1089	260	11.6	8.2	33.6	32.9	0	5.3	0.54	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	1262	301	11.7	8.3	42.8	41.8	0	6.2	0.69	0
Vanilla Cream Frappuccino® - almond drink	Tall	746	179	9.3	5.9	22.5	21.9	0.3	1.1	0.37	0
Vanilla Cream Frappuccino® - almond drink	Grande	1021	244	12.8	8.2	30.8	29.9	0.4	1.4	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	1181	282	13.1	8.2	39.4	38.2	0.5	1.5	0.65	0
Vanilla Cream Frappuccino® - soya drink	Tall	827	197	10	6.1	22.7	21.9	0.6	4	0.40	0
Vanilla Cream Frappuccino® - soya drink	Grande	1121	268	13.7	8.4	30.9	29.9	0.8	5	0.53	0
Vanilla Cream Frappuccino® - soya drink	Venti	1301	310	14.1	8.5	39.5	38.2	0.9	5.9	0.68	0
Vanilla Cream Frappuccino® - oat drink	Tall	900	215	11.1	6.1	26.8	22.8	1	1.4	0.43	0
Vanilla Cream Frappuccino® - oat drink	Grande	1211	290	15.1	8.4	36.1	30.9	1.3	1.8	0.57	0
Vanilla Cream Frappuccino® - oat drink	Venti	1409	336	15.8	8.5	45.7	39.5	1.5	2	0.73	0
Vanilla Cream Frappuccino® - coconut drink	Tall	831	200	10.6	8.2	23.5	23	1.6	1.6	0.49	



Caramel Cream Frappuccino® - whole milk	Grande	1482	354	17.9	12.3	42.8	41.5	0	5.3	0.60	0
Caramel Cream Frappuccino® - whole milk	Venti	1760	420	19.5	13.3	54.8	53.1	0	6.3	0.77	0
Caramel Cream Frappuccino® - skimmed milk	Tall	986	235	9.9	6.9	32.1	31.1	0	4.4	0.46	0
Caramel Cream Frappuccino® - skimmed milk	Grande	1330	317	13.7	9.5	43	41.7	0	5.5	0.61	0
Caramel Cream Frappuccino® - skimmed milk	Venti	1579	376	14.4	10	55.1	53.4	0	6.4	0.78	0
Caramel Cream Frappuccino® - almond drink	Tall	931	223	10.9	6.9	29.7	28.7	0.3	1.2	0.42	0
Caramel Cream Frappuccino® - almond drink	Grande	1263	302	14.8	9.5	40.2	38.8	0.4	1.6	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	1498	358	15.8	9.9	51.7	49.9	0.5	1.8	0.73	0
Caramel Cream Frappuccino® - soya drink	Tall	1012	241	11.6	7.1	29.8	28.7	0.6	4.1	0.45	0
Caramel Cream Frappuccino® - soya drink	Grande	1363	325	15.7	9.7	40.3	38.8	0.8	5.2	0.60	0
Caramel Cream Frappuccino® - soya drink	Venti	1617	386	16.9	10.2	51.9	49.9	0.9	6.1	0.76	0
Caramel Cream Frappuccino® - oat drink	Tall	1085	259	12.7	7.1	34	29.5	1	1.5	0.48	0
Caramel Cream Frappuccino® - oat drink	Grande	1453	347	17.2	9.7	45.5	39.8	1.3	2	0.63	0
Caramel Cream Frappuccino® - oat drink	Venti	1726	412	18.6	10.2	58.1	51.1	1.5	2.2	0.81	0
Caramel Cream Frappuccino® - coconut drink	Tall	1016	244	12.2	9.2	30.7	29.7	1.6	1.7	0.54	0
Caramel Cream Frappuccino® - coconut drink	Grande	1368	328	16.5	12.3	41.4	40.1	1.9	2.2	0.71	0
Caramel Cream Frappuccino® - coconut drink	Venti	1624	389	17.8	13.3	53.1	51.4	2.3	2.5	0.90	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Tall	961	229	10.6	8.2	28.8	28.3	0	4.8	0.46	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1379	329	14.9	11.4	42.5	41.9	0	6.3	0.64	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1536	366	15.3	11.9	50	49.1	0	7.2	0.79	0
White Chocolate Cream Frappuccino® - whole milk	Tall	1031	246	12.6	8.8	28.7	28.2	0	4.7	0.46	0
White Chocolate Cream Frappuccino® - whole milk	Grande	1466	350	17.3	12.2	42.4	41.8	0	6.2	0.64	0
White Chocolate Cream Frappuccino® - whole milk	Venti	1640	391	18.2	12.8	49.8	49	0	7.1	0.79	0
White Chocolate Cream Frappuccino® - skimmed milk	Tall	909	217	9.1	6.5	28.9	28.4	0	4.8	0.46	0
White Chocolate Cream Frappuccino® - skimmed milk	Grande	1315	314	13.1	9.4	42.7	42	0	6.3	0.65	0
White Chocolate Cream Frappuccino® - skimmed milk	Venti	1459	348	13.1	9.4	50.1	49.3	0	7.2	0.80	0
White Chocolate Cream Frappuccino® - almond drink	Tall	854	204	10.1	6.5	26.6	26	0.3	1.6	0.43	0
White Chocolate Cream Frappuccino® - almond drink	Grande	1248	298	14.2	9.4	39.8	39.1	0.4	2.5	0.61	0
White Chocolate Cream Frappuccino® - almond drink	Venti	1378	329	14.5	9.4	46.7	45.7	0.5	2.6	0.75	0
White Chocolate Cream Frappuccino® - soya drink	Tall	935	223	10.8	6.7	26.7	26	0.6	4.6	0.45	0
White Chocolate Cream Frappuccino® - soya drink	Grande	1347	321	15.1	9.6	39.9	39.1	0.8	6.1	0.63	0
White Chocolate Cream Frappuccino® - soya drink	Venti	1498	357	15.6	9.7	46.9	45.7	1	6.9	0.78	0
White Chocolate Cream Frappuccino® - oat drink	Tall	1008	241	11.9	6.7	30.9	26.9	1.1	2	0.48	0
White Chocolate Cream Frappuccino® - oat drink	Grande	1438	343	16.5	9.6	45.1	40.1	1.3	2.9	0.67	0
White Chocolate Cream Frappuccino® - oat drink	Venti	1606	383	17.3	9.7	53.1	47	1.6	3.1	0.83	0
White Chocolate Cream Frappuccino® - coconut drink	Tall	939	225	11.4	8.8	27.5	27.1	1.6	2.2	0.54	0
White Chocolate Cream Frappuccino® - coconut drink	Grande	1352	324	15.9	12.2	41	40.4	2	3.1	0.75	0
White Chocolate Cream Frappuccino® - coconut drink	Venti	1504	360	16.5	12.8	48.1	47.3	2.4	3.4	0.92	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	987	235	9.8	7.4	32.2	30.8	0.3	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	1341	319	13.4	10.1	43.9	41.9	0.4	5.3	0.52	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	1566	373	13.8	10.5	55.4	52.8	0.6	6.1	0.65	0
Strawberries & Cream Frappuccino® - whole milk	Tall	1053	251	11.6	8	32.1	30.7	0.3	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	1422	339	15.7	10.8	43.8	41.8	0.4	5.1	0.52	0
Strawberries & Cream Frappuccino® - whole milk	Venti	1662	395	16.5	11.3	55.2	52.6	0.6	5.9	0.65	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	937	223	8.4	5.9	32.3	30.9	0.3	4.2	0.39	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	1280	305	11.7	8.2	44.1	42.1	0.4	5.3	0.53	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	1495	355	11.8	8.2	55.5	52.9	0.6	6.1	0.66	0
Strawberries & Cream Frappuccino® - almond drink	Tall	886	211	9.3	5.8	30.2	28.6	0.6	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	1217	290	12.8	8.2	41.4	39.3	0.8	1.6	0.49	0
Strawberries & Cream Frappuccino® - almond drink	Venti	1420	338	13.1	8.2	52.4	49.6	1	1.8	0.62	0
Strawberries & Cream Frappuccino® - soya drink	Tall	962	229	10	6	30.3	28.6	0.9	4	0.38	0
Strawberries & Cream Frappuccino® - soya drink	Grande	1310	312	13.6	8.4	41.5	39.3	1.2	5	0.51	0
Strawberries & Cream Frappuccino® - soya drink	Venti	1530	364	14.1	8.5	52.5	49.6	1.4	5.8	0.64	0
Strawberries & Cream Frappuccino® - oat drink	Tall	1031	246	11	6	34.2	29.4	1.3	1.5	0.41	0
Strawberries & Cream Frappuccino® - oat drink	Grande	1396	333	15	8.4	46.4	40.2	1.7	2	0.55	0
Strawberries & Cream Frappuccino® - oat drink	Venti	1630	388	15.6	8.5	58.2	50.8	2	2.2	0.69	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	966	231	10.5	8	31.1	29.6	1.8	1.7	0.47	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	1315	315	14.4	10.9	42.5	40.5	2.3	2.2	0.62	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	1536	367	14.9	11.3	53.7	51.1	2.7	2.5	0.77	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	1064	254	12.3	9.1	30.4	25.9	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	1492	356	17.1	12.6	43.3	36.7	0.4	7.1	0.75	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	1774	423	18.7	13.8	55	46.3	0.6	8.4	0.96	0
Cookies & Cream Frappuccino® - whole milk	Tall	1133	271	14.3	9.7	30.3	25.8	0.3	5.2	0.53	0
Cookies & Cream Frappuccino® - whole milk	Grande	1583	378	19.7	13.4	43.2	36.6	0.4	7	0.75	0
Cookies & Cream Frappuccino® - whole milk	Venti	1881	449	21.8	14.7	54.8	46.1	0.6	8.3	0.95	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	1012	241	10.8	7.5	30.5	26	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	1424	340	15.2	10.5	43.4	36.9	0.4	7.1	0.75	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	1695	404	16.5	11.3	55.2	46.4	0.6	8.4	0.96	0
Cookies & Cream Frappuccino® - almond drink	Tall	957	229	11.8	7.4	28.3	23.6	0.6	2.2	0.50	0
Cookies & Cream Frappuccino® - almond drink	Grande	1354	324	16.4	10.4	40.5	33.8	0.8	3	0.71	0
Cookies & Cream Frappuccino® - almond drink	Venti	1612	385	17.9	11.2	51.7	42.8	1	3.7	0.91	0
Cookies & Cream Frappuccino® - soya drink	Tall	1038	248	12.5	7.6	28.4	23.6	0.9	5.1	0.52	0
Cookies & Cream Frappuccino® - soya drink	Grande	1458	348	17.4	10.7	40.6	33.8	1.2	6.8	0.74	0
Cookies & Cream Frappuccino® - soya drink	Venti	1734	414	19.1	11.5	51.8	42.8	1.5	8.1	0.94	0
Cookies & Cream Frappuccino® - oat drink	Tall	1110	265	13.7	7.6	32.5	24.4	1.3	2.5	0.55	0
Cookies & Cream Frappuccino® - oat drink	Grande	1553	371	18.9	10.7	46	34.8	1.8	3.4	0.78	0
Cookies & Cream Frappuccino® - oat drink	Venti	1846	441	20.8	11.5	58.2	44	2.2	4.1	0.99	0
Cookies & Cream Frappuccino® - coconut drink	Tall	1042	250	13.1	9.7	29.2	24.6	1.9	2.7	0.61	0
Cookies & Cream Frappuccino® - coconut drink	Grande	1464	351	18.2	13.4	41.7	35.1	2.5	3.7	0.86	0
Cookies & Cream Frappuccino® - coconut drink	Venti	1741	417	20	14.7	53.1	44.4	2.9	4.5	1.08	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Tall	1163	278	13.4	10.3	33	31.3	1.4	5.9	0.49	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Grande	1606	384	18.5	14.2	45.7	43.4	2	7.7	0.67	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Venti	1955	467	20.8	16.1	59.5	56.4	2.6	9.5	0.88	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Tall	1234	295	15.4	10.9	32.8	31.2	1.4	5.8	0.48	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Grande	1695	405	21.1	15	45.6	43.3	2	7.6	0.67	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Venti	2065	493	23.9	17	59.3	56.2	2.6	9.3	0.87	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Tall	1110	265	11.9	8.6	33.1	31.4	1.4	5.9	0.49	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Grande	1539	368	16.7	12.1	45.9	43.6	2	7.7	0.67	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Venti	1874	447	18.5	13.5	59.7	56.6	2.6	9.5	0.88	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Tall	1056	253	12.9	8.6	30.7	29	1.7	2.7	0.46	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Grande	1470	352	17.9	12.1	43	40.5	2.4	3.7	0.63	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Venti	1789	428	20	13.4	56.1	52.8	3.1	4.6	0.83	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Tall	1137	272	13.6	8.8	30.8	29	2.1	5.7	0.48	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Grande	1572	376	18.8	12.3	43.1	40.5	2.8	7.5	0.66	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Venti	1915	457	21.1	13.8	56.2	52.8	3.6	9.2	0.87	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Tall	1211	289	14.8	8.8	35.1	29.8	2.5	3	0.51	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Grande	1666	398	20.3	12.3	48.4	41.6	3.3	4.1	0.70	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Venti	2029	485	22.9	13.8	62.7	54.1	4.3	5.1	0.91	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Tall	1141	274	14.2	10.9	31.7	30	3	3.2	0.57	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Grande	1578	378	19.6	15	44.1	41.8	4	4.4	0.77	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Venti	1921	460	22.1	17	57.5	54.4	5.1	5.4	1.01	0
Matcha Cream Frappuccino® - semi skimmed milk	Tall	902	215	9.9	7.6	26.3	24.9	0.8	4.9	0.41	50.3
Matcha Cream Frappuccino® - semi skimmed milk	Grande	1258	300	13.7	10.5	37.3	35.3	1.2	6.4	0.58	73
Matcha Cream Frappuccino® - semi skimmed milk	Venti	1411	336	14	10.8	44.7	42.3	1.5	7.2	0.70	90.5
Matcha Cream Frappuccino® - whole milk	Tall	974	233	12	8.2	26.2	24.8	0.8	4.8	0.41	50.3
Matcha Cream Frappuccino® - whole milk	Grande	1352	323	16.4	11.3	37.2	35.2	1.2	6.3	0.58	73
Matcha Cream Frappuccino® - whole milk	Venti	1516	362	17	11.7	44.6	42.1	1.5	7.1	0.70	90.5
Matcha Cream Frappuccino® - skimmed milk	Tall	848	202	8.4	5.9	26.4	25.1	0.8	4.9	0.42	50.3
Matcha Cream Frappuccino® - skimmed milk	Grande	1188	283	11.8	8.3	37.4	35.5	1.2	6.4	0.59	73
Matcha Cream Frappuccino® - skimmed milk	Venti	1332	318	11.8	8.3	44.9	42.5	1.5	7.2	0.70	90.5
Matcha Cream Frappuccino® - almond drink	Tall	792	189	9.4	5.9	24	22.6	1.1			

Matcha Cream Frappuccino® - oat drink	Venti	1481	354	16.1	8.6	47.9	40.1	3	3	0.73	90.5
Matcha Cream Frappuccino® - coconut drink	Tall	879	211	10.8	8.3	25	23.7	2.4	2.2	0.50	50.3
Matcha Cream Frappuccino® - coconut drink	Grande	1228	295	14.8	11.3	35.6	33.7	3.3	2.9	0.70	73
Matcha Cream Frappuccino® - coconut drink	Venti	1378	330	15.3	11.7	42.9	40.4	3.8	3.3	0.82	90.5
Chai Tea Cream Frappuccino® - semi skimmed milk	Tall	858	205	9.7	7.4	25.3	24.9	0.1	4	0.39	10.1
Chai Tea Cream Frappuccino® - semi skimmed milk	Grande	1215	290	13.4	10.2	37.3	36.6	0.1	5.2	0.53	18.8
Chai Tea Cream Frappuccino® - semi skimmed milk	Venti	1382	330	13.8	10.6	45.2	44.3	0.1	6.1	0.68	19
Chai Tea Cream Frappuccino® - whole milk	Tall	924	221	11.6	8	25.2	24.8	0.1	3.9	0.38	10.1
Chai Tea Cream Frappuccino® - whole milk	Grande	1298	310	15.7	10.9	37.1	36.5	0.1	5	0.52	18.8
Chai Tea Cream Frappuccino® - whole milk	Venti	1483	354	16.7	11.5	45	44.2	0.1	6	0.68	19
Chai Tea Cream Frappuccino® - skimmed milk	Tall	808	193	8.3	5.9	25.4	25	0.1	4	0.39	10.1
Chai Tea Cream Frappuccino® - skimmed milk	Grande	1153	275	11.6	8.2	37.4	36.8	0.1	5.2	0.53	18.8
Chai Tea Cream Frappuccino® - skimmed milk	Venti	1306	311	11.7	8.3	45.3	44.5	0.1	6.1	0.69	19
Chai Tea Cream Frappuccino® - almond drink	Tall	756	181	9.2	5.9	23.2	22.7	0.4	1.1	0.36	10.1
Chai Tea Cream Frappuccino® - almond drink	Grande	1088	260	12.7	8.2	34.7	33.9	0.5	1.4	0.49	18.8
Chai Tea Cream Frappuccino® - almond drink	Venti	1227	293	13.1	8.2	42	41	0.6	1.6	0.64	19
Chai Tea Cream Frappuccino® - soya drink	Tall	833	199	9.9	6	23.3	22.7	0.7	3.8	0.38	10.1
Chai Tea Cream Frappuccino® - soya drink	Grande	1184	283	13.6	8.4	34.8	33.9	0.9	4.9	0.52	18.8
Chai Tea Cream Frappuccino® - soya drink	Venti	1344	321	14.1	8.5	42.1	41	1	5.8	0.67	19
Chai Tea Cream Frappuccino® - oat drink	Tall	902	216	11	6	27.3	23.5	1.1	1.4	0.41	10.1
Chai Tea Cream Frappuccino® - oat drink	Grande	1271	304	15	8.4	39.8	34.9	1.4	1.8	0.56	18.8
Chai Tea Cream Frappuccino® - oat drink	Venti	1450	346	15.8	8.5	48.2	42.2	1.6	2	0.72	19
Chai Tea Cream Frappuccino® - coconut drink	Tall	837	201	10.5	8	24.1	23.7	1.5	1.6	0.47	10.1
Chai Tea Cream Frappuccino® - coconut drink	Grande	1189	285	14.3	10.9	35.8	35.1	2	2.1	0.63	18.8
Chai Tea Cream Frappuccino® - coconut drink	Venti	1350	324	15	11.5	43.3	42.5	2.4	2.3	0.80	19
<b>Refreshment</b>											
Peach Iced Tea	Tall	224	53	0.1	0	12.9	12.6	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	312	74	0.1	0	17.9	17.5	0.1	0.1	0.00	0.9
Peach Iced Tea	Venti	395	94	0.1	0	22.8	22.2	0.1	0.1	0.00	1
Lemon Iced Tea	Tall	224	53	0.1	0	12.8	12.6	0.1	0.1	0.00	0.6
Lemon Iced Tea	Grande	311	73	0.1	0	17.8	17.5	0.1	0.1	0.00	0.9
Lemon Iced Tea	Venti	394	93	0.1	0	22.6	22.2	0.1	0.1	0.00	1
Cool Lime Starbucks Refresha™	Tall	245	58	0.1	0	13.9	13.3	0.4	0.3	0.04	37.2
Cool Lime Starbucks Refresha™	Grande	320	75	0.1	0	18.2	17.5	0.4	0.3	0.05	49.3
Cool Lime Starbucks Refresha™	Venti	398	93	0.1	0	22.7	22	0.4	0.4	0.07	61.9
Strawberry Acai Starbucks Refresha®	Tall	288	68	0.1	0	15.9	15.7	0.5	0.3	0.00	8.4
Strawberry Acai Starbucks Refresha®	Grande	389	91	0.2	0	21.4	21.1	0.7	0.5	0.01	11.1
Strawberry Acai Starbucks Refresha®	Venti	493	116	0.2	0	27	26.7	0.9	0.6	0.01	13.9
Pink Coconut Starbucks Refresha®	Tall	449	107	2.3	2.1	19.1	18.9	1.8	1.2	0.17	8.4
Pink Coconut Starbucks Refresha®	Grande	603	143	3.1	2.7	25.5	25.3	2.5	1.6	0.23	11.1
Pink Coconut Starbucks Refresha®	Venti	761	181	3.9	3.4	32.2	31.9	3.2	2.1	0.29	13.9
Classic Shaken Iced Black Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.5
Classic Shaken Iced Black Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.7
Classic Shaken Iced Black Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.8
Classic Shaken Iced Black Tea Lemonade	Tall	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.5
Classic Shaken Iced Black Tea Lemonade	Grande	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.7
Classic Shaken Iced Black Tea Lemonade	Venti	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0.8
Classic Shaken Iced Green Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.6
Classic Shaken Iced Green Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.9
Classic Shaken Iced Green Tea	Venti	0	0	0	0	0	0	0	0	0.00	1
Classic Shaken Iced Green Tea Lemonade	Tall	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.6
Classic Shaken Iced Green Tea Lemonade	Grande	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.9
Classic Shaken Iced Green Tea Lemonade	Venti	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	1
Classic Shaken Hibiscus Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	Venti	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Tall	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Grande	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Venti	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0
<b>Hot Teas</b>											
English Breakfast Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.8
English Breakfast Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.8
English Breakfast Tea	Venti	0	0	0	0	0	0	0	0	0.00	1.6
Jasmine Pearls Tea	Tall	1	0	0	0	0	0	0	0	0.00	1.1
Jasmine Pearls Tea	Grande	1	0	0	0	0	0	0	0	0.00	1.1
Jasmine Pearls Tea	Venti	3	1	0	0	0	0	0	0	0.00	2.1
Mint Citrus Green Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Mint Citrus Green Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Mint Citrus Green Tea	Venti	0	0	0	0	0	0	0	0	0.00	0
Emperor's Clouds & Mist Tea	Tall	1	0	0	0	0	0	0	0	0.00	0.8
Emperor's Clouds & Mist Tea	Grande	1	0	0	0	0	0	0	0	0.00	0.8
Emperor's Clouds & Mist Tea	Venti	2	1	0	0	0	0	0	0	0.00	1.6
Chamomile	Tall	0	0	0	0	0	0	0	0	0.00	0
Chamomile	Grande	0	0	0	0	0	0	0	0	0.00	0
Chamomile	Venti	0	0	0	0	0	0	0	0	0.00	0
Earl Grey Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.5
Earl Grey Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.5
Earl Grey Tea	Venti	0	0	0	0	0	0	0	0	0.00	1
Mint Herbal Blend	Tall	0	0	0	0	0	0	0	0	0.00	0
Mint Herbal Blend	Grande	0	0	0	0	0	0	0	0	0.00	0
Mint Herbal Blend	Venti	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	Venti	0	0	0	0	0	0	0	0	0.00	0
Chai Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.8
Youthberry Tea	Tall	2	0	0	0	0	0	0	0	0.00	0
Youthberry Tea	Grande	2	0	0	0	0	0	0	0	0.00	0
Youthberry Tea	Venti	3	1	0	0	0.1	0.1	0	0	0.00	0
<b>Tea Latte</b>											
Matcha Green Tea Latte - semi skimmed milk	Tall	424	101	3.4	3.4	9.9	9.3	0.6	7.3	0.21	38.5
Matcha Green Tea Latte - semi skimmed milk	Grande	622	148	5	4.9	14.6	13.6	1.1	10.7	0.31	65.7
Matcha Green Tea Latte - semi skimmed milk	Venti	773	184	6.2	6.1	18.2	16.8	1.4	13.3	0.38	83.4
Matcha Green Tea Latte - whole milk	Tall	556	132	7.2	4.5	9.8	9.1	0.6	7.1	0.21	38.5
Matcha Green Tea Latte - whole milk	Grande	814	194	10.4	6.6	14.3	13.3	1.1	10.4	0.30	65.7
Matcha Green Tea Latte - whole milk	Venti	1012	241	13	8.2	17.8	16.5	1.4	13	0.37	83.4
Matcha Green Tea Latte - skimmed milk	Tall	325	77	0.7	0.3	10.1	9.5	0.6	7.3	0.22	38.5
Matcha Green Tea Latte - skimmed milk	Grande	479	114	1	0.4	14.9	13.8	1.1	10.7	0.31	65.7
Matcha Green Tea Latte - skimmed milk	Venti	596	141	1.2	0.5	18.5	17.2	1.4	13.3	0.39	83.4
Matcha Green Tea Latte - almond drink	Tall	223	53	2.4	0.2	5.8	5	1.2	1.4	0.16	38.5
Matcha Green Tea Latte - almond drink	Grande	330	79	3.6	0.3	8.6	7.3	1.9	2.1	0.23	65.7
Matcha Green Tea Latte - almond drink	Venti	411	99	4.4	0.4	10.7	9	2.4	2.7	0.28	83.4
Matcha Green Tea Latte - soya drink	Tall	374	89	3.8	0.6	6	5	1.8	6.9	0.20	38.5
Matcha Green Tea Latte - soya drink	Grande	550	131	5.6	0.9	8.9	7.3	2.8	10.1	0.29	65.7
Matcha Green Tea Latte - soya drink	Venti	685	163	6.9	1.1	11.1	9	3.5	12.6	0.36	83.4
Matcha Green Tea Latte - oat drink	Tall	512	122	6	0.6	13.9	6.6	2.6	2	0.26	38.5
Matcha Green Tea Latte - oat drink	Grande	751	179	8.7	0.9	20.4	9.6	3.9	3	0.37	65.7
Matcha Green Tea Latte - oat drink	Venti	933	223	10.8	1.1	25.3	11.9	4.9	3.7	0.46	83.4
Matcha Green Tea Latte - coconut drink	Tall	382	93	5	4.5	7.6	7	3.6	2.4	0.37	38.5
Matcha Green Tea Latte - coconut drink	Grande	562	136	7.3	6.6	11.2	10.1	5.4	3.6	0.54	65.7
Matcha Green Tea Latte - coconut drink	Venti	699	170	9	8.2	13.9	12.6	6.7	4.4	0.67	83.4
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	404	96	3.2	3.1	9.5	8.7	0.9	6.9	0.20	52.8
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	517	123	4	3.9	12.2	10.9	1.3	8.9	0.25	79.2
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	597	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	105.6
Iced Matcha Green Tea Latte - whole milk	Tall	526	125	6.7	4.2	9.3	8.5	0.9	6.8	0.19	52.8
Iced Matcha Green Tea Latte - whole milk	Grande	670	160	8.4	5.3	12	10.7	1.3	8.7	0.24	79.2



Iced Matcha Green Tea Latte - whole milk	Venti	771	184	9.6	6	13.9	12.2	1.7	10	0.27	105.6
Iced Matcha Green Tea Latte - skimmed milk	Tall	312	74	0.6	0.3	9.7	8.8	0.9	6.9	0.20	52.8
Iced Matcha Green Tea Latte - skimmed milk	Grande	402	95	0.8	0.3	12.4	11.1	1.3	8.9	0.25	79.2
Iced Matcha Green Tea Latte - skimmed milk	Venti	466	111	1	0.4	14.4	12.7	1.7	10.2	0.29	105.6
Iced Matcha Green Tea Latte - almond drink	Tall	217	52	2.3	0.2	5.7	4.6	1.4	1.5	0.15	52.8
Iced Matcha Green Tea Latte - almond drink	Grande	282	68	2.9	0.3	7.4	5.9	2	2	0.18	79.2
Iced Matcha Green Tea Latte - almond drink	Venti	331	79	3.3	0.3	8.7	6.7	2.5	2.4	0.21	105.6
Iced Matcha Green Tea Latte - soya drink	Tall	358	85	3.6	0.6	5.9	4.6	1.9	6.6	0.18	52.8
Iced Matcha Green Tea Latte - soya drink	Grande	459	109	4.5	0.7	7.6	5.9	2.7	8.4	0.23	79.2
Iced Matcha Green Tea Latte - soya drink	Venti	532	126	5.1	0.8	8.9	6.7	3.3	9.7	0.26	105.6
Iced Matcha Green Tea Latte - oat drink	Tall	486	116	5.6	0.6	13.2	6.1	2.7	2	0.24	52.8
Iced Matcha Green Tea Latte - oat drink	Grande	620	148	7	0.7	16.8	7.7	3.6	2.7	0.30	79.2
Iced Matcha Green Tea Latte - oat drink	Venti	714	171	8	0.8	19.3	8.8	4.3	3.2	0.34	105.6
Iced Matcha Green Tea Latte - coconut drink	Tall	365	89	4.7	4.2	7.3	6.5	3.6	2.4	0.34	52.8
Iced Matcha Green Tea Latte - coconut drink	Grande	468	114	5.9	5.3	9.4	8.2	4.7	3.1	0.43	79.2
Iced Matcha Green Tea Latte - coconut drink	Venti	542	131	6.7	6	11	9.3	5.6	3.7	0.49	105.6
Chai Tea Latte - semi skimmed milk	Tall	753	179	3.8	3.7	28.2	28.1	0.2	7.8	0.25	34.5
Chai Tea Latte - semi skimmed milk	Grande	821	195	3.5	3.5	33.3	33.2	0.3	7.2	0.23	46
Chai Tea Latte - semi skimmed milk	Venti	1087	258	4.9	4.8	43.1	43	0.3	10	0.32	57.4
Chai Tea Latte - whole milk	Tall	900	214	8	5	28	27.9	0.2	7.5	0.24	34.5
Chai Tea Latte - whole milk	Grande	957	227	7.4	4.7	33.1	33	0.3	7	0.23	46
Chai Tea Latte - whole milk	Venti	1277	303	10.3	6.5	42.8	42.7	0.3	9.7	0.32	57.4
Chai Tea Latte - skimmed milk	Tall	643	152	0.7	0.3	28.4	28.3	0.2	7.8	0.25	34.5
Chai Tea Latte - skimmed milk	Grande	720	170	0.7	0.3	33.5	33.4	0.3	7.2	0.24	46
Chai Tea Latte - skimmed milk	Venti	945	224	1	0.4	43.4	43.2	0.3	10	0.33	57.4
Chai Tea Latte - almond drink	Tall	529	126	2.7	0.2	23.6	23.3	0.9	1.2	0.19	34.5
Chai Tea Latte - almond drink	Grande	615	146	2.5	0.2	29.1	28.8	0.9	1.1	0.18	46
Chai Tea Latte - almond drink	Venti	798	190	3.5	0.3	37.1	36.7	1.2	1.5	0.25	57.4
Chai Tea Latte - soya drink	Tall	698	165	4.2	0.7	23.8	23.3	1.5	7.3	0.23	34.5
Chai Tea Latte - soya drink	Grande	771	183	3.9	0.6	29.3	28.8	1.5	6.8	0.22	46
Chai Tea Latte - soya drink	Venti	1016	241	5.5	0.9	37.4	36.7	2	9.5	0.30	57.4
Chai Tea Latte - oat drink	Tall	852	203	6.7	0.7	32.6	25	2.4	1.8	0.30	34.5
Chai Tea Latte - oat drink	Grande	913	217	6.2	0.6	37.4	30.4	2.3	1.7	0.28	46
Chai Tea Latte - oat drink	Venti	1214	289	8.6	0.9	48.7	39	3.2	2.4	0.39	57.4
Chai Tea Latte - coconut drink	Tall	707	170	5.6	5.1	25.5	25.5	3.5	2.3	0.42	34.5
Chai Tea Latte - coconut drink	Grande	779	187	5.2	4.7	30.9	30.8	3.3	2.1	0.40	46
Chai Tea Latte - coconut drink	Venti	1027	246	7.2	6.5	39.7	39.6	4.6	2.9	0.55	57.4
Iced Chai Tea Latte - semi skimmed milk	Tall	584	138	2.4	2.3	24.3	24.2	0.2	4.8	0.16	34.5
Iced Chai Tea Latte - semi skimmed milk	Grande	751	178	3	2.9	31.7	31.6	0.3	6	0.20	46
Iced Chai Tea Latte - semi skimmed milk	Venti	976	231	4	3.9	40.5	40.4	0.3	8.1	0.27	57.4
Iced Chai Tea Latte - whole milk	Tall	675	160	5	3.1	24.1	24.1	0.2	4.7	0.16	34.5
Iced Chai Tea Latte - whole milk	Grande	864	205	6.1	3.9	31.5	31.5	0.3	5.8	0.19	46
Iced Chai Tea Latte - whole milk	Venti	1129	268	8.3	5.2	40.3	40.1	0.3	7.9	0.26	57.4
Iced Chai Tea Latte - skimmed milk	Tall	516	122	0.5	0.2	24.4	24.3	0.2	4.8	0.16	34.5
Iced Chai Tea Latte - skimmed milk	Grande	667	158	0.6	0.2	31.9	31.8	0.3	6	0.20	46
Iced Chai Tea Latte - skimmed milk	Venti	862	204	0.8	0.3	40.7	40.6	0.3	8.1	0.27	57.4
Iced Chai Tea Latte - almond drink	Tall	445	106	1.7	0.1	21.4	21.2	0.6	0.8	0.12	34.5
Iced Chai Tea Latte - almond drink	Grande	580	138	2.1	0.2	28.2	27.9	0.8	0.9	0.15	46
Iced Chai Tea Latte - almond drink	Venti	743	177	2.9	0.2	35.7	35.4	1	1.3	0.20	57.4
Iced Chai Tea Latte - soya drink	Tall	550	130	2.7	0.4	21.5	21.2	1	4.6	0.15	34.5
Iced Chai Tea Latte - soya drink	Grande	709	168	3.3	0.5	28.3	27.9	1.3	5.6	0.18	46
Iced Chai Tea Latte - soya drink	Venti	919	218	4.5	0.7	35.9	35.4	1.7	7.6	0.25	57.4
Iced Chai Tea Latte - oat drink	Tall	646	153	4.2	0.4	27	22.3	1.6	1.2	0.19	34.5
Iced Chai Tea Latte - oat drink	Grande	827	197	5.1	0.5	35.1	29.3	2	1.4	0.23	46
Iced Chai Tea Latte - oat drink	Venti	1079	257	7	0.7	45.1	37.2	2.6	1.9	0.32	57.4
Iced Chai Tea Latte - coconut drink	Tall	556	133	3.5	3.1	22.6	22.6	2.3	1.4	0.27	34.5
Iced Chai Tea Latte - coconut drink	Grande	716	171	4.3	3.9	29.7	29.6	2.8	1.8	0.33	46
Iced Chai Tea Latte - coconut drink	Venti	928	222	5.8	5.3	37.8	37.6	3.8	2.4	0.45	57.4
<b>Holiday FY24 UK/IRE Promo Beverages</b>											
Toffee Nut Latte - semi skimmed milk	Tall	1019	243	10.8	8.9	25.7	24.7	0.2	10.6	0.60	66.2
Toffee Nut Latte - semi skimmed milk	Grande	1268	302	13.1	10.9	32.7	31.6	0.2	13.4	0.76	66.2
Toffee Nut Latte - semi skimmed milk	Venti	1539	366	14.8	12.6	40.9	39.3	0.3	17.2	0.97	99.2
Toffee Nut Latte - whole milk	Tall	1196	285	15.8	10.5	25.5	24.4	0.2	10.3	0.59	66.2
Toffee Nut Latte - whole milk	Grande	1496	357	19.5	12.9	32.4	31.2	0.2	13	0.75	66.2
Toffee Nut Latte - whole milk	Venti	1833	437	23.2	15.2	40.5	38.9	0.3	16.8	0.96	99.2
Toffee Nut Latte - skimmed milk	Tall	887	211	7.1	4.8	26	24.9	0.2	10.6	0.60	66.2
Toffee Nut Latte - skimmed milk	Grande	1098	261	8.3	5.5	33.1	31.9	0.2	13.4	0.77	66.2
Toffee Nut Latte - skimmed milk	Venti	1320	314	8.7	5.7	41.3	39.7	0.3	17.2	0.98	99.2
Toffee Nut Latte - almond drink	Tall	749	179	9.5	4.7	20.2	18.9	1	2.7	0.52	66.2
Toffee Nut Latte - almond drink	Grande	920	220	11.4	5.4	25.6	24.1	1.2	3.1	0.66	66.2
Toffee Nut Latte - almond drink	Venti	1092	261	12.6	5.6	31.7	29.6	1.7	4.1	0.85	99.2
Toffee Nut Latte - soya drink	Tall	953	227	11.3	5.2	20.5	18.9	1.8	10.1	0.58	66.2
Toffee Nut Latte - soya drink	Grande	1183	282	13.7	6.1	25.9	24.1	2.3	12.7	0.73	66.2
Toffee Nut Latte - soya drink	Venti	1430	340	15.7	6.4	32.1	29.6	3	16.4	0.93	99.2
Toffee Nut Latte - oat drink	Tall	1138	272	14.2	5.2	31	21	2.9	3.5	0.66	66.2
Toffee Nut Latte - oat drink	Grande	1421	340	17.5	6.1	39.5	26.8	3.6	4.2	0.83	66.2
Toffee Nut Latte - oat drink	Venti	1736	415	20.5	6.4	49.7	33.2	4.7	5.4	1.07	99.2
Toffee Nut Latte - coconut drink	Tall	963	232	12.9	10.5	22.6	21.5	4.2	4	0.81	66.2
Toffee Nut Latte - coconut drink	Grande	1196	288	15.8	12.9	28.6	27.5	5.3	4.8	1.03	66.2
Toffee Nut Latte - coconut drink	Venti	1447	349	18.3	15.2	35.6	34	6.9	6.3	1.32	99.2
Gingerbread Latte - semi skimmed milk	Tall	1033	246	11.1	8.5	26.1	24.7	0.3	10.2	0.37	66.2
Gingerbread Latte - semi skimmed milk	Grande	1294	308	13.4	10.5	33.7	32.1	0.3	12.9	0.46	66.2
Gingerbread Latte - semi skimmed milk	Venti	1576	375	15.2	12.2	42.5	40.3	0.4	16.8	0.60	99.2
Gingerbread Latte - whole milk	Tall	1210	289	16.1	10.1	25.9	24.5	0.3	9.9	0.36	66.2
Gingerbread Latte - whole milk	Grande	1522	363	19.9	12.5	33.4	31.8	0.3	12.5	0.45	66.2
Gingerbread Latte - whole milk	Venti	1870	445	23.5	14.7	42.1	39.9	0.4	16.3	0.59	99.2
Gingerbread Latte - skimmed milk	Tall	901	215	7.4	4.4	26.4	25	0.3	10.2	0.38	66.2
Gingerbread Latte - skimmed milk	Grande	1124	267	8.7	5.1	34.1	32.5	0.3	12.9	0.47	66.2
Gingerbread Latte - skimmed milk	Venti	1357	323	9.1	5.3	42.9	40.8	0.4	16.8	0.61	99.2
Gingerbread Latte - almond drink	Tall	764	183	9.8	4.3	20.6	18.9	1.1	2.3	0.30	66.2
Gingerbread Latte - almond drink	Grande	946	227	11.7	5	26.6	24.6	1.3	2.7	0.37	66.2
Gingerbread Latte - almond drink	Venti	1129	270	13	5.1	33.3	30.7	1.7	3.6	0.48	99.2
Gingerbread Latte - soya drink	Tall	967	230	11.7	4.8	20.8	18.9	1.9	9.7	0.35	66.2
Gingerbread Latte - soya drink	Grande	1209	288	14.1	5.7	26.9	24.6	2.3	12.2	0.43	66.2
Gingerbread Latte - soya drink	Venti	1467	349	16.1	6	33.7	30.7	3	15.9	0.57	99.2
Gingerbread Latte - oat drink	Tall	1152	275	14.6	4.8	31.4	21	2.9	3.1	0.43	66.2
Gingerbread Latte - oat drink	Grande	1447	346	17.9	5.7	40.5	27.3	3.7	3.7	0.54	66.2
Gingerbread Latte - oat drink	Venti	1774	424	20.9	6	51.3	34.2	4.8	4.9	0.70	99.2
Gingerbread Latte - coconut drink	Tall	978	236	13.2	10.1	23	21.5	4.2	3.6	0.58	66.2
Gingerbread Latte - coconut drink	Grande	1222	295	16.2	12.5	29.6	28	5.4	4.4	0.73	66.2
Gingerbread Latte - coconut drink	Venti	1484	358	18.7	14.8	37.2	35.1	7	5.8	0.95	99.2
Caramel Waffle Latte - semi skimmed milk	Tall	1087	259	11.5	9.4	27.9	26	0.3	11	0.38	66.2
Caramel Waffle Latte - semi skimmed milk	Grande	1336	318	13.7	11.3	35	33.1	0.3	13.6	0.46	66.2
Caramel Waffle Latte - semi skimmed milk	Venti	1631	388	15.6	13.1	44	41.5	0.4	17.8	0.60	99.2
Caramel Waffle Latte - whole milk	Tall	1267	302	16.6	11	27.6	25.7	0.3	10.7	0.37	66.2
Caramel Waffle Latte - whole milk	Grande	1566	373	20.2	13.3	34.7	32.7	0.3	13.3	0.45	66.2
Caramel Waffle Latte - whole milk	Venti	1932	460	24.2	15.8	43.5	41	0.4	17.4	0.59	99.2
Caramel Waffle Latte - skimmed milk	Tall	952	227	7.7	5.1	28.1	26.2	0.3	11	0.39	66.2
Caramel Waffle Latte - skimmed milk	Grande	1164	277	8.9	5.9	35.4	33.4	0.3	13.6	0.47	66.2
Caramel Waffle Latte - skimmed milk	Venti	1406	334	9.3	6.1	44.4	41.9	0.4	17.8	0.62	99.2
Caramel Waffle Latte - almond drink	Tall	811	194	10.1	5	22.2	20	1.1	2.9	0.31	66.2
Caramel Waffle Latte - almond drink	Grande	985	236	12	5.8	27.8	25.5	1.3	3.3	0.37	66.2
Caramel Waffle Latte - almond drink	Venti	1172	280	13.4	5.9	34.5	31.6	1.8	4.3	0.48	99.2
Caramel Waffle Latte - soya drink	Tall	1019	243	12	5.6	22.5	20	1.9	10.4	0.36</	

Caramel Waffle Latte - oat drink	Venti	1833	438	21.5	6.8	53	35.2	4.9	5.7	0.71	99.2
Caramel Waffle Latte - coconut drink	Tall	1030	248	13.6	11	24.6	22.7	4.3	4.2	0.60	66.2
Caramel Waffle Latte - coconut drink	Grande	1264	305	16.5	13.4	30.9	28.9	5.5	5	0.74	66.2
Caramel Waffle Latte - coconut drink	Venti	1536	370	19.2	15.8	38.6	36.1	7.2	6.6	0.96	99.2
Chocolatey Gingerbread Latte - semi skimmed milk	Tall	1120	267	11.9	9	28.1	26.4	1.1	11.4	0.36	66.2
Chocolatey Gingerbread Latte - semi skimmed milk	Grande	1419	338	14.5	11.1	36.7	34.7	1.4	14.6	0.45	66.2
Chocolatey Gingerbread Latte - semi skimmed milk	Venti	1740	414	16.5	13	46.5	43.8	1.9	19	0.59	99.2
Chocolatey Gingerbread Latte - whole milk	Tall	1297	309	16.9	10.6	27.8	26.1	1.1	11.2	0.36	66.2
Chocolatey Gingerbread Latte - whole milk	Grande	1648	393	20.9	13.1	36.3	34.4	1.4	14.3	0.45	66.2
Chocolatey Gingerbread Latte - whole milk	Venti	2034	485	24.8	15.6	46	43.4	1.9	18.5	0.58	99.2
Chocolatey Gingerbread Latte - skimmed milk	Tall	988	235	8.2	4.9	28.3	26.7	1.1	11.4	0.37	66.2
Chocolatey Gingerbread Latte - skimmed milk	Grande	1249	297	9.7	5.8	37	35.1	1.4	14.6	0.46	66.2
Chocolatey Gingerbread Latte - skimmed milk	Venti	1521	362	10.4	6.1	46.9	44.3	1.9	19	0.60	99.2
Chocolatey Gingerbread Latte - almond drink	Tall	850	204	10.5	4.8	22.5	20.6	1.9	3.5	0.29	66.2
Chocolatey Gingerbread Latte - almond drink	Grande	1071	256	12.8	5.7	29.5	27.2	2.5	4.4	0.36	66.2
Chocolatey Gingerbread Latte - almond drink	Venti	1293	309	14.3	6	37.3	34.2	3.2	5.8	0.47	99.2
Chocolatey Gingerbread Latte - soya drink	Tall	1054	251	12.4	5.3	22.8	20.6	2.7	10.9	0.35	66.2
Chocolatey Gingerbread Latte - soya drink	Grande	1334	318	15.1	6.3	29.8	27.2	3.5	13.9	0.43	66.2
Chocolatey Gingerbread Latte - soya drink	Venti	1631	388	17.4	6.8	37.7	34.2	4.5	18.1	0.56	99.2
Chocolatey Gingerbread Latte - oat drink	Tall	1239	296	15.3	5.3	33.3	22.7	3.7	4.3	0.42	66.2
Chocolatey Gingerbread Latte - oat drink	Grande	1573	376	18.9	6.3	43.5	29.9	4.8	5.4	0.53	66.2
Chocolatey Gingerbread Latte - oat drink	Venti	1937	463	22.2	6.8	55.2	37.7	6.3	7.1	0.69	99.2
Chocolatey Gingerbread Latte - coconut drink	Tall	1064	256	14	10.6	24.9	23.2	5.1	4.8	0.58	66.2
Chocolatey Gingerbread Latte - coconut drink	Grande	1348	325	17.2	13.2	32.6	30.6	6.6	6.1	0.73	66.2
Chocolatey Gingerbread Latte - coconut drink	Venti	1648	397	20	15.6	41.2	38.6	8.5	8	0.94	99.2
Eggnog Latte	Tall	1192	284	12.8	7.5	32.8	31.8	1	9.2	0.52	66.2
Eggnog Latte	Grande	1528	364	16.4	9.7	42.1	41.2	1.1	11.6	0.65	66.2
Eggnog Latte	Venti	1966	469	21.1	12.4	54.2	52.8	1.4	15	0.85	99.2
Iced Toffee Nut Latte - semi skimmed milk	Tall	594	141	3.3	3.1	20.3	19.2	0.2	7.3	0.49	66.2
Iced Toffee Nut Latte - semi skimmed milk	Grande	742	176	4.1	4	25.6	24.5	0.2	9	0.62	66.2
Iced Toffee Nut Latte - semi skimmed milk	Venti	880	208	4.8	4.5	30.7	29.1	0.3	10.6	0.76	99.2
Iced Toffee Nut Latte - whole milk	Tall	716	170	6.8	4.2	20.1	19	0.2	7.2	0.49	66.2
Iced Toffee Nut Latte - whole milk	Grande	896	213	8.5	5.3	25.4	24.2	0.2	8.8	0.62	66.2
Iced Toffee Nut Latte - whole milk	Venti	1055	250	9.7	6	30.4	28.8	0.3	10.3	0.75	99.2
Iced Toffee Nut Latte - skimmed milk	Tall	503	119	0.8	0.3	20.4	19.4	0.2	7.3	0.50	66.2
Iced Toffee Nut Latte - skimmed milk	Grande	628	148	0.9	0.3	25.8	24.7	0.2	9	0.63	66.2
Iced Toffee Nut Latte - skimmed milk	Venti	749	177	1.1	0.4	30.9	29.3	0.3	10.6	0.77	99.2
Iced Toffee Nut Latte - almond drink	Tall	408	97	2.4	0.2	16.4	15.2	0.8	1.9	0.44	66.2
Iced Toffee Nut Latte - almond drink	Grande	508	121	3	0.3	20.8	19.4	0.9	2.1	0.56	66.2
Iced Toffee Nut Latte - almond drink	Venti	614	146	3.5	0.3	25.2	23.3	1.1	2.7	0.69	99.2
Iced Toffee Nut Latte - soya drink	Tall	548	130	3.7	0.6	16.6	15.2	1.3	7	0.48	66.2
Iced Toffee Nut Latte - soya drink	Grande	685	162	4.6	0.7	21	19.4	1.6	8.5	0.60	66.2
Iced Toffee Nut Latte - soya drink	Venti	815	193	5.3	0.9	25.5	23.3	1.9	10	0.74	99.2
Iced Toffee Nut Latte - oat drink	Tall	676	161	5.7	0.6	23.9	16.6	2.1	2.4	0.54	66.2
Iced Toffee Nut Latte - oat drink	Grande	846	201	7.1	0.7	30.2	21.3	2.5	2.8	0.67	66.2
Iced Toffee Nut Latte - oat drink	Venti	997	237	8.2	0.9	35.9	25.4	2.9	3.5	0.82	99.2
Iced Toffee Nut Latte - coconut drink	Tall	556	133	4.8	4.2	18.1	17	3	2.8	0.64	66.2
Iced Toffee Nut Latte - coconut drink	Grande	694	167	6	5.3	22.8	21.7	3.7	3.2	0.81	66.2
Iced Toffee Nut Latte - coconut drink	Venti	825	198	6.9	6.1	27.5	25.9	4.3	4	0.97	99.2
Iced Gingerbread Latte - semi skimmed milk	Tall	604	143	3.3	3.1	20.7	19.4	0.3	7.3	0.27	66.2
Iced Gingerbread Latte - semi skimmed milk	Grande	764	181	4.1	4	26.7	25.1	0.3	9	0.33	66.2
Iced Gingerbread Latte - semi skimmed milk	Venti	913	216	4.8	4.5	32.4	30.2	0.4	10.6	0.39	99.2
Iced Gingerbread Latte - whole milk	Tall	727	172	6.8	4.2	20.6	19.2	0.3	7.2	0.27	66.2
Iced Gingerbread Latte - whole milk	Grande	918	218	8.5	5.3	26.4	24.9	0.3	8.8	0.32	66.2
Iced Gingerbread Latte - whole milk	Venti	1087	258	9.7	6	32.1	30	0.4	10.3	0.39	99.2
Iced Gingerbread Latte - skimmed milk	Tall	513	121	0.8	0.3	20.9	19.6	0.3	7.3	0.27	66.2
Iced Gingerbread Latte - skimmed milk	Grande	649	153	0.9	0.3	26.9	25.4	0.3	9	0.33	66.2
Iced Gingerbread Latte - skimmed milk	Venti	782	185	1.1	0.4	32.6	30.5	0.4	10.6	0.40	99.2
Iced Gingerbread Latte - almond drink	Tall	418	99	2.4	0.2	16.9	15.4	0.8	1.9	0.22	66.2
Iced Gingerbread Latte - almond drink	Grande	530	126	3	0.3	21.9	20.1	1	2.1	0.26	66.2
Iced Gingerbread Latte - almond drink	Venti	646	154	3.5	0.3	26.9	24.5	1.2	2.7	0.32	99.2
Iced Gingerbread Latte - soya drink	Tall	559	132	3.7	0.6	17.1	15.4	1.4	7	0.26	66.2
Iced Gingerbread Latte - soya drink	Grande	707	167	4.6	0.7	22.1	20.1	1.7	8.5	0.31	66.2
Iced Gingerbread Latte - soya drink	Venti	847	201	5.3	0.9	27.1	24.5	2	10	0.37	99.2
Iced Gingerbread Latte - oat drink	Tall	687	163	5.7	0.6	24.4	16.8	2.1	2.4	0.31	66.2
Iced Gingerbread Latte - oat drink	Grande	867	206	7.1	0.7	31.3	21.9	2.6	2.8	0.38	66.2
Iced Gingerbread Latte - oat drink	Venti	1030	245	8.2	0.9	37.6	26.6	3	3.5	0.45	99.2
Iced Gingerbread Latte - coconut drink	Tall	566	136	4.8	4.2	18.5	17.2	3	2.8	0.42	66.2
Iced Gingerbread Latte - coconut drink	Grande	716	172	6	5.3	23.9	22.4	3.7	3.2	0.51	66.2
Iced Gingerbread Latte - coconut drink	Venti	858	206	6.9	6.1	29.2	27.1	4.3	4	0.60	99.2
Iced Caramel Waffle Latte - semi skimmed milk	Tall	650	154	3.9	3.5	22.1	20.2	0.3	7.5	0.27	66.2
Iced Caramel Waffle Latte - semi skimmed milk	Grande	804	191	4.7	4.3	27.8	25.8	0.3	9.1	0.32	66.2
Iced Caramel Waffle Latte - semi skimmed milk	Venti	948	225	5.4	4.9	33.2	30.7	0.4	10.7	0.38	99.2
Iced Caramel Waffle Latte - whole milk	Tall	772	183	7.4	4.6	21.9	20	0.3	7.3	0.27	66.2
Iced Caramel Waffle Latte - whole milk	Grande	958	227	9.1	5.7	27.5	25.6	0.3	8.9	0.32	66.2
Iced Caramel Waffle Latte - whole milk	Venti	1122	267	10.3	6.4	32.9	30.4	0.4	10.5	0.38	99.2
Iced Caramel Waffle Latte - skimmed milk	Tall	559	132	1.4	0.6	22.3	20.4	0.3	7.5	0.28	66.2
Iced Caramel Waffle Latte - skimmed milk	Grande	689	163	1.5	0.7	28	26	0.3	9.1	0.33	66.2
Iced Caramel Waffle Latte - skimmed milk	Venti	817	193	1.7	0.8	33.5	30.9	0.4	10.7	0.39	99.2
Iced Caramel Waffle Latte - almond drink	Tall	464	110	3	0.6	18.3	16.2	0.8	2	0.22	66.2
Iced Caramel Waffle Latte - almond drink	Grande	570	136	3.6	0.6	23	20.7	1	2.3	0.26	66.2
Iced Caramel Waffle Latte - almond drink	Venti	682	162	4.1	0.7	27.7	24.9	1.2	2.9	0.31	99.2
Iced Caramel Waffle Latte - soya drink	Tall	604	143	4.3	1	18.5	16.2	1.4	7.1	0.26	66.2
Iced Caramel Waffle Latte - soya drink	Grande	747	177	5.2	1.1	23.2	20.7	1.7	8.7	0.31	66.2
Iced Caramel Waffle Latte - soya drink	Venti	882	209	5.9	1.2	28	24.9	2	10.2	0.36	99.2
Iced Caramel Waffle Latte - oat drink	Tall	732	174	6.3	1	25.8	17.7	2.1	2.6	0.31	66.2
Iced Caramel Waffle Latte - oat drink	Grande	907	216	7.7	1.1	32.4	22.6	2.6	2.9	0.37	66.2
Iced Caramel Waffle Latte - oat drink	Venti	1065	253	8.8	1.2	38.4	27	3	3.7	0.44	99.2
Iced Caramel Waffle Latte - coconut drink	Tall	611	147	5.4	4.6	19.9	18	3	2.9	0.42	66.2
Iced Caramel Waffle Latte - coconut drink	Grande	756	182	6.6	5.7	25	23	3.7	3.4	0.51	66.2
Iced Caramel Waffle Latte - coconut drink	Venti	893	214	7.5	6.4	30.1	27.5	4.3	4.2	0.59	99.2
Toffee Nut Cream Cold Brew	Tall	742	177	11.7	6.9	11.3	11.1	1	9.2	0.36	36.9
Toffee Nut Cream Cold Brew	Grande	1109	265	17.4	10.3	18.1	17.7	1.4	12.5	0.50	50
Toffee Nut Cream Cold Brew	Venti	1476	353	23	13.7	24.8	24.3	1.8	15.8	0.64	63.2
Toffee Nut Frappuccino® - semi skimmed milk	Tall	929	221	9.5	7.1	30	29.2	0.1	3.7	0.50	23
Toffee Nut Frappuccino® - semi skimmed milk	Grande	1272	303	13	9.7	41.3	40.1	0.2	4.7	0.69	32.7
Toffee Nut Frappuccino® - semi skimmed milk	Venti	1452	345	13.2	9.9	50.8	49.3	0.2	5.2	0.85	41.8
Toffee Nut Frappuccino® - whole milk	Tall	981	234	11	7.6	29.9	29.1	0.1	3.6	0.50	23
Toffee Nut Frappuccino® - whole milk	Grande	1336	318	14.9	10.3	41.2	40	0.2	4.6	0.69	32.7
Toffee Nut Frappuccino® - whole milk	Venti	1524	362	15.3	10.5	50.7	49.2	0.2	5.1	0.85	41.8
Toffee Nut Frappuccino® - skimmed milk	Tall	889	212	8.4	5.9	30.1	29.2	0.1	3.7	0.50	23
Toffee Nut Frappuccino® - skimmed milk	Grande	1224	291	11.7	8.2	41.4	40.2	0.2	4.7	0.69	32.7
Toffee Nut Frappuccino® - skimmed milk	Venti	1399	332	11.7	8.2	50.9	49.4	0.2	5.2	0.86	41.8
Toffee Nut Frappuccino® - almond drink	Tall	848	202	9.1	5.9	28.3	27.4	0.4	1.3	0.48	23
Toffee Nut Frappuccino® - almond drink	Grande	1173	280	12.5	8.2	39.3	38	0.5	1.8	0.66	32.7
Toffee Nut Frappuccino® - almond drink	Venti	1343	320	12.7	8.2	48.6	47	0.5	2	0.82	41.8
Toffee Nut Frappuccino® - soya drink	Tall	909	216	9.6	6	28.4	27.4	0.6	3.5	0.50	23
Toffee Nut Frappuccino® - soya drink	Grande	1248	297	13.2	8.4	39.4	38	0.8	4.5	0.68	32.7
Toffee Nut Frappuccino® - soya drink	Venti	1425	339	13.5	8.4	48.7	47	0.9	5	0.85	41.8
Toffee Nut Frappuccino® - oat drink	Tall	964	230	10.5	6	31.6	28	0.9	1.6	0.52	23
Toffee Nut Frappuccino® - oat drink	Grande	1315	313	14.3	8.4	43.3	38.8	1.1	2.1	0.71	32.7
Toffee Nut Frappuccino® - oat drink	Venti	1500	357	14.6	8.4	53	47.8	1.3	2.3	0.88	41.8
Toffee Nut Frappuccino® - coconut drink	Tall	912	218	10.1	7.6	29.1	28.2	1.3	1.7		



Toffee Nut Cream Frappuccino® - whole milk	Tall	941	225	11.8	8.2	25.6	25.1	0	4.1	0.49	0
Toffee Nut Cream Frappuccino® - whole milk	Grande	1279	305	16	11.1	35.1	34.4	0	5.3	0.68	0
Toffee Nut Cream Frappuccino® - whole milk	Venti	1450	346	16.7	11.6	42.9	41.9	0	6	0.84	0
Toffee Nut Cream Frappuccino® - skimmed milk	Tall	818	195	8.3	5.9	25.8	25.3	0	4.2	0.50	0
Toffee Nut Cream Frappuccino® - skimmed milk	Grande	1122	268	11.6	8.2	35.4	34.6	0	5.4	0.69	0
Toffee Nut Cream Frappuccino® - skimmed milk	Venti	1270	303	11.7	8.3	43.2	42.2	0	6.2	0.85	0
Toffee Nut Cream Frappuccino® - almond drink	Tall	763	183	9.3	5.9	23.5	22.9	0.3	1.1	0.47	0
Toffee Nut Cream Frappuccino® - almond drink	Grande	1053	252	12.8	8.2	32.5	31.6	0.4	1.4	0.65	0
Toffee Nut Cream Frappuccino® - almond drink	Venti	1189	284	13.1	8.2	39.8	38.7	0.5	1.5	0.80	0
Toffee Nut Cream Frappuccino® - soya drink	Tall	844	201	10	6.1	23.6	22.9	0.6	4	0.49	0
Toffee Nut Cream Frappuccino® - soya drink	Grande	1156	276	13.7	8.5	32.6	31.6	0.8	5.2	0.67	0
Toffee Nut Cream Frappuccino® - soya drink	Venti	1308	312	14.1	8.5	40	38.7	0.9	5.9	0.83	0
Toffee Nut Cream Frappuccino® - oat drink	Tall	918	219	11.2	6.1	27.8	23.7	1.1	1.4	0.52	0
Toffee Nut Cream Frappuccino® - oat drink	Grande	1249	299	15.2	8.5	37.9	32.6	1.3	1.8	0.71	0
Toffee Nut Cream Frappuccino® - oat drink	Venti	1416	338	15.8	8.5	46.2	39.9	1.5	2	0.88	0
Toffee Nut Cream Frappuccino® - coconut drink	Tall	848	204	10.6	8.2	24.5	23.9	1.6	1.6	0.58	0
Toffee Nut Cream Frappuccino® - coconut drink	Grande	1161	279	14.5	11.1	33.7	32.9	2	2.1	0.79	0
Toffee Nut Cream Frappuccino® - coconut drink	Venti	1314	315	15.1	11.6	41.2	40.2	2.3	2.3	0.97	0
Gingerbread Frappuccino® - semi skimmed milk	Tall	975	232	10.3	7.1	30.4	29.4	0.2	4.1	0.44	23
Gingerbread Frappuccino® - semi skimmed milk	Grande	1348	321	14.3	9.7	42.5	41.1	0.2	5.2	0.61	32.7
Gingerbread Frappuccino® - semi skimmed milk	Venti	1554	370	14.7	10	52.7	51	0.3	6.1	0.76	41.8
Gingerbread Frappuccino® - whole milk	Tall	1046	249	12.3	7.7	30.3	29.3	0.2	3.9	0.44	23
Gingerbread Frappuccino® - whole milk	Grande	1437	342	16.8	10.5	42.4	41	0.2	5.1	0.61	32.7
Gingerbread Frappuccino® - whole milk	Venti	1657	394	17.6	11	52.6	50.8	0.3	5.9	0.75	41.8
Gingerbread Frappuccino® - skimmed milk	Tall	923	220	8.9	5.4	30.5	29.5	0.2	4.1	0.44	23
Gingerbread Frappuccino® - skimmed milk	Grande	1281	305	12.4	7.6	42.6	41.2	0.2	5.2	0.61	32.7
Gingerbread Frappuccino® - skimmed milk	Venti	1476	351	12.5	7.6	52.9	51.1	0.3	6.1	0.76	41.8
Gingerbread Frappuccino® - almond drink	Tall	868	207	9.8	5.4	28.2	27.1	0.5	0.9	0.41	23
Gingerbread Frappuccino® - almond drink	Grande	1212	289	13.6	7.6	39.7	38.2	0.6	1.2	0.57	32.7
Gingerbread Frappuccino® - almond drink	Venti	1396	333	13.9	7.6	49.5	47.6	0.7	1.5	0.71	41.8
Gingerbread Frappuccino® - soya drink	Tall	949	226	10.6	5.6	28.3	27.1	0.8	3.8	0.43	23
Gingerbread Frappuccino® - soya drink	Grande	1314	313	14.5	7.8	39.8	38.2	1	4.9	0.60	32.7
Gingerbread Frappuccino® - soya drink	Venti	1515	360	15	7.9	49.7	47.6	1.2	5.8	0.74	41.8
Gingerbread Frappuccino® - oat drink	Tall	1022	244	11.7	5.6	32.5	28	1.2	1.2	0.46	23
Gingerbread Frappuccino® - oat drink	Grande	1408	336	16	7.8	45.2	39.2	1.6	1.6	0.64	32.7
Gingerbread Frappuccino® - oat drink	Venti	1623	387	16.7	7.9	55.8	48.8	1.8	1.9	0.79	41.8
Gingerbread Frappuccino® - coconut drink	Tall	953	228	11.2	7.7	29.2	28.2	1.8	1.4	0.52	23
Gingerbread Frappuccino® - coconut drink	Grande	1320	316	15.3	10.5	40.9	39.5	2.2	1.9	0.72	32.7
Gingerbread Frappuccino® - coconut drink	Venti	1521	363	15.9	11	50.9	49.1	2.6	2.2	0.88	41.8
Gingerbread Cream Frappuccino® - semi skimmed milk	Tall	865	207	10.2	7.1	24.9	24.2	0.1	3.7	0.41	0
Gingerbread Cream Frappuccino® - semi skimmed milk	Grande	1190	284	14.1	9.7	34.7	33.7	0.1	4.7	0.56	0
Gingerbread Cream Frappuccino® - semi skimmed milk	Venti	1353	323	14.4	10	42.8	41.5	0.1	5.4	0.69	0
Gingerbread Cream Frappuccino® - whole milk	Tall	935	223	12.2	7.7	24.8	24.1	0.1	3.6	0.40	0
Gingerbread Cream Frappuccino® - whole milk	Grande	1280	306	16.6	10.4	34.6	33.6	0.1	4.5	0.56	0
Gingerbread Cream Frappuccino® - whole milk	Venti	1456	347	17.4	10.9	42.6	41.4	0.1	5.2	0.69	0
Gingerbread Cream Frappuccino® - skimmed milk	Tall	812	194	8.7	5.4	25	24.3	0.1	3.7	0.41	0
Gingerbread Cream Frappuccino® - skimmed milk	Grande	1124	268	12.2	7.6	34.8	33.8	0.1	4.7	0.57	0
Gingerbread Cream Frappuccino® - skimmed milk	Venti	1275	304	12.3	7.6	42.9	41.7	0.1	5.4	0.70	0
Gingerbread Cream Frappuccino® - almond drink	Tall	758	181	9.7	5.4	22.7	21.9	0.4	0.5	0.38	0
Gingerbread Cream Frappuccino® - almond drink	Grande	1054	252	13.4	7.5	31.9	30.8	0.5	0.7	0.53	0
Gingerbread Cream Frappuccino® - almond drink	Venti	1195	286	13.7	7.5	39.5	38.1	0.5	0.8	0.65	0
Gingerbread Cream Frappuccino® - soya drink	Tall	838	200	10.4	5.6	22.8	21.9	0.7	3.5	0.40	0
Gingerbread Cream Frappuccino® - soya drink	Grande	1157	276	14.3	7.8	32	30.8	0.9	4.4	0.55	0
Gingerbread Cream Frappuccino® - soya drink	Venti	1314	313	14.7	7.8	39.7	38.1	1	5.1	0.68	0
Gingerbread Cream Frappuccino® - oat drink	Tall	912	218	11.6	5.6	27	22.8	1.1	0.8	0.43	0
Gingerbread Cream Frappuccino® - oat drink	Grande	1250	299	15.8	7.8	37.4	31.8	1.4	1.1	0.59	0
Gingerbread Cream Frappuccino® - oat drink	Venti	1422	340	16.4	7.8	45.8	39.4	1.6	1.2	0.73	0
Gingerbread Cream Frappuccino® - coconut drink	Tall	843	202	11.1	7.7	23.7	23	1.6	1.1	0.49	0
Gingerbread Cream Frappuccino® - coconut drink	Grande	1162	279	15.1	10.5	33.1	32.1	2.1	1.3	0.67	0
Gingerbread Cream Frappuccino® - coconut drink	Venti	1320	317	15.7	10.9	40.9	39.7	2.4	1.5	0.82	0
Caramel Waffle Frappuccino® - semi skimmed milk	Tall	979	233	10.1	7.5	31.5	29.9	0.2	3.9	0.43	23.2
Caramel Waffle Frappuccino® - semi skimmed milk	Grande	1322	315	13.6	10.1	42.8	40.9	0.2	4.8	0.59	32.9
Caramel Waffle Frappuccino® - semi skimmed milk	Venti	1498	356	13.8	10.3	52.1	49.8	0.3	5.3	0.71	41.7
Caramel Waffle Frappuccino® - whole milk	Tall	1032	246	11.6	8	31.4	29.8	0.2	3.8	0.43	23.2
Caramel Waffle Frappuccino® - whole milk	Grande	1387	330	15.5	10.7	42.7	40.8	0.2	4.7	0.58	32.9
Caramel Waffle Frappuccino® - whole milk	Venti	1569	373	15.8	10.9	52	49.7	0.3	5.2	0.71	41.7
Caramel Waffle Frappuccino® - skimmed milk	Tall	939	224	9	6.2	31.5	30	0.2	3.9	0.43	23.2
Caramel Waffle Frappuccino® - skimmed milk	Grande	1274	303	12.3	8.6	42.9	41	0.2	4.8	0.59	32.9
Caramel Waffle Frappuccino® - skimmed milk	Venti	1445	344	12.3	8.6	52.2	49.9	0.3	5.3	0.72	41.7
Caramel Waffle Frappuccino® - almond drink	Tall	897	214	9.7	6.2	29.8	28.1	0.4	1.5	0.41	23.2
Caramel Waffle Frappuccino® - almond drink	Grande	1223	292	13.1	8.5	40.8	38.8	0.5	1.9	0.56	32.9
Caramel Waffle Frappuccino® - almond drink	Venti	1389	331	13.3	8.6	49.9	47.5	0.6	2.1	0.68	41.7
Caramel Waffle Frappuccino® - soya drink	Tall	959	228	10.2	6.4	29.9	28.1	0.7	3.7	0.43	23.2
Caramel Waffle Frappuccino® - soya drink	Grande	1298	309	13.8	8.7	40.9	38.8	0.8	4.6	0.58	32.9
Caramel Waffle Frappuccino® - soya drink	Venti	1471	350	14	8.8	50	47.5	0.9	5.1	0.71	41.7
Caramel Waffle Frappuccino® - oat drink	Tall	1015	242	11.1	6.4	33.1	28.8	1	1.7	0.45	23.2
Caramel Waffle Frappuccino® - oat drink	Grande	1366	326	14.9	8.7	44.8	39.5	1.2	2.2	0.61	32.9
Caramel Waffle Frappuccino® - oat drink	Venti	1546	368	15.2	8.8	54.2	48.3	1.3	2.4	0.74	41.7
Caramel Waffle Frappuccino® - coconut drink	Tall	962	230	10.7	8	30.5	28.9	1.4	1.9	0.50	23.2
Caramel Waffle Frappuccino® - coconut drink	Grande	1302	311	14.4	10.7	41.7	39.7	1.7	2.4	0.66	32.9
Caramel Waffle Frappuccino® - coconut drink	Venti	1475	352	14.7	10.9	50.8	48.6	1.9	2.7	0.80	41.7
Caramel Waffle Cream Frappuccino® - semi skimmed milk	Tall	867	207	9.9	7.5	25.9	24.6	0	3.5	0.40	0
Caramel Waffle Cream Frappuccino® - semi skimmed milk	Grande	1164	278	13.4	10.1	35	33.5	0	4.3	0.54	0
Caramel Waffle Cream Frappuccino® - semi skimmed milk	Venti	1298	310	13.6	10.2	42.2	40.4	0.1	4.6	0.65	0
Caramel Waffle Cream Frappuccino® - whole milk	Tall	921	220	11.5	7.9	25.8	24.6	0	3.4	0.40	0
Caramel Waffle Cream Frappuccino® - whole milk	Grande	1229	294	15.3	10.6	34.9	33.4	0	4.2	0.54	0
Caramel Waffle Cream Frappuccino® - whole milk	Venti	1369	327	15.6	10.9	42.1	40.3	0.1	4.5	0.65	0
Caramel Waffle Cream Frappuccino® - skimmed milk	Tall	827	198	8.8	6.2	26	24.7	0	3.5	0.40	0
Caramel Waffle Cream Frappuccino® - skimmed milk	Grande	1116	266	12.1	8.5	35.1	33.6	0	4.3	0.54	0
Caramel Waffle Cream Frappuccino® - skimmed milk	Venti	1244	297	12.1	8.6	42.3	40.5	0.1	4.6	0.66	0
Caramel Waffle Cream Frappuccino® - almond drink	Tall	786	188	9.5	6.2	24.2	22.9	0.3	1.1	0.38	0
Caramel Waffle Cream Frappuccino® - almond drink	Grande	1065	255	13	8.5	33	31.3	0.3	1.4	0.51	0
Caramel Waffle Cream Frappuccino® - almond drink	Venti	1189	284	13.1	8.5	39.9	38.1	0.4	1.4	0.62	0
Caramel Waffle Cream Frappuccino® - soya drink	Tall	847	202	10.1	6.4	24.3	22.9	0.5	3.3	0.39	0
Caramel Waffle Cream Frappuccino® - soya drink	Grande	1140	272	13.6	8.7	33.1	31.3	0.6	4.1	0.53	0
Caramel Waffle Cream Frappuccino® - soya drink	Venti	1271	303	13.8	8.7	40	38.1	0.7	4.4	0.65	0
Caramel Waffle Cream Frappuccino® - oat drink	Tall	903	216	11	6.4	27.5	23.5	0.8	1.3	0.42	0
Caramel Waffle Cream Frappuccino® - oat drink	Grande	1208	289	14.7	8.7	36.9	32.1	1	1.7	0.56	0
Caramel Waffle Cream Frappuccino® - oat drink	Venti	1345	321	15	8.7	44.3	38.9	1.1	1.8	0.68	0
Caramel Waffle Cream Frappuccino® - coconut drink	Tall	850	204	10.6	7.9	25	23.7	1.2	1.5	0.46	0
Caramel Waffle Cream Frappuccino® - coconut drink	Grande	1144	274	14.2	10.6	33.8	32.3	1.5	1.9	0.62	0
Caramel Waffle Cream Frappuccino® - coconut drink	Venti	1275	305	14.5	10.9	40.9	39.2	1.6	2	0.74	0
Chocolatey Gingerbread Frappuccino® - semi skimmed milk	Tall	1076	256	10.5	7	35.4	34	0.9	4.2	0.42	23.2
Chocolatey Gingerbread Frappuccino® - semi skimmed milk	Grande	1483	353	14.5	9.6	49.2	47.2	1.2	5.4	0.58	32.9
Chocolatey Gingerbread Frappuccino® - semi skimmed milk	Venti	1708	406	14.9	9.9	60.4	58	1.5	6.2	0.71	41.7
Chocolatey Gingerbread Frappuccino® - whole milk	Tall	1129	269	12.1	7.5	35.3	33.9	0.9	4.2	0.42	23.2
Chocolatey Gingerbread Frappuccino® - whole milk	Grande	1548	369	16.4	10.2	49.1	47.1	1.2	5.3	0.57	32.9
Chocolatey Gingerbread Frappuccino® - whole milk	Venti	1779	423	17	10.5	60.3	57.9	1.5	6.1	0.70	41.7
Chocolatey Gingerbread Frappuccino® - skimmed milk	Tall	1036	247	9.4	5.8	35.4	34	0.9	4.2	0.42	23.2
Chocolatey Gingerbread Frappuccino® - skimmed milk	Grande	1434	341	13.2	8.1	49.3	47.3	1.2	5.4	0.58	32.9
Chocolatey Gingerbread Frappuccino® - skimmed milk	Venti	1655	393	13.4	8.2	60.5	58.1	1.5	6.2	0.71	41.7
Chocolatey Gingerbread Frappuccino® - almond drink	T										

Chocolatey Gingerbread Frappuccino® - oat drink	Grande	1526	364	15.8	8.3	51.1	45.8	2.2	2.8	0.60	32.9
Chocolatey Gingerbread Frappuccino® - oat drink	Venti	1756	418	16.3	8.4	62.6	56.5	2.6	3.4	0.73	41.7
Chocolatey Gingerbread Frappuccino® - coconut drink	Tall	1059	253	11.2	7.5	34.4	33	2.1	2.2	0.48	23.2
Chocolatey Gingerbread Frappuccino® - coconut drink	Grande	1462	349	15.3	10.2	48	46	2.7	3	0.65	32.9
Chocolatey Gingerbread Frappuccino® - coconut drink	Venti	1685	402	15.8	10.5	59.2	56.7	3.1	3.6	0.79	41.7
Chocolatey Gingerbread Cream Frappuccino® - semi skimmed milk	Tall	1017	243	10.9	7.5	31	29.9	0.8	4.8	0.41	0
Chocolatey Gingerbread Cream Frappuccino® - semi skimmed milk	Grande	1400	334	15	10.2	43.1	41.5	1.1	6.2	0.57	0
Chocolatey Gingerbread Cream Frappuccino® - semi skimmed milk	Venti	1603	382	15.5	10.7	52.7	50.8	1.3	7.2	0.70	0
Chocolatey Gingerbread Cream Frappuccino® - whole milk	Tall	1088	260	12.9	8.1	30.9	29.8	0.8	4.7	0.41	0
Chocolatey Gingerbread Cream Frappuccino® - whole milk	Grande	1490	355	17.5	11	42.9	41.4	1.1	6.1	0.56	0
Chocolatey Gingerbread Cream Frappuccino® - whole milk	Venti	1706	407	18.4	11.6	52.6	50.6	1.3	7.1	0.69	0
Chocolatey Gingerbread Cream Frappuccino® - skimmed milk	Tall	964	230	9.4	5.8	31.2	30.1	0.8	4.8	0.42	0
Chocolatey Gingerbread Cream Frappuccino® - skimmed milk	Grande	1333	318	13.1	8.1	43.2	41.7	1.1	6.2	0.57	0
Chocolatey Gingerbread Cream Frappuccino® - skimmed milk	Venti	1526	364	13.4	8.3	52.9	50.9	1.3	7.2	0.70	0
Chocolatey Gingerbread Cream Frappuccino® - almond drink	Tall	909	217	10.3	5.8	28.8	27.6	1.1	1.6	0.38	0
Chocolatey Gingerbread Cream Frappuccino® - almond drink	Grande	1263	302	14.3	8.1	40.3	38.6	1.5	2.2	0.53	0
Chocolatey Gingerbread Cream Frappuccino® - almond drink	Venti	1446	345	14.7	8.2	49.5	47.4	1.8	2.6	0.65	0
Chocolatey Gingerbread Cream Frappuccino® - soya drink	Tall	991	236	11.1	6	28.9	27.6	1.4	4.6	0.41	0
Chocolatey Gingerbread Cream Frappuccino® - soya drink	Grande	1366	326	15.2	8.3	40.4	38.6	1.9	5.9	0.56	0
Chocolatey Gingerbread Cream Frappuccino® - soya drink	Venti	1564	373	15.8	8.5	49.6	47.4	2.2	6.9	0.68	0
Chocolatey Gingerbread Cream Frappuccino® - oat drink	Tall	1065	254	12.2	6	33.2	28.5	1.8	1.9	0.44	0
Chocolatey Gingerbread Cream Frappuccino® - oat drink	Grande	1460	349	16.7	8.3	45.8	39.6	2.4	2.6	0.60	0
Chocolatey Gingerbread Cream Frappuccino® - oat drink	Venti	1672	399	17.5	8.5	55.8	48.6	2.8	3.1	0.73	0
Chocolatey Gingerbread Cream Frappuccino® - coconut drink	Tall	995	238	11.7	8.1	29.8	28.7	2.3	2.1	0.50	0
Chocolatey Gingerbread Cream Frappuccino® - coconut drink	Grande	1372	329	16	11	41.5	39.9	3.1	2.8	0.68	0
Chocolatey Gingerbread Cream Frappuccino® - coconut drink	Venti	1570	376	16.7	11.6	50.9	48.9	3.6	3.4	0.82	0
Hazelnut Chocolate Crunch Hot Chocolate - semi skimmed milk	Tall	1023	244	11.4	8.5	25.6	23.7	0.3	9.7	0.38	0
Hazelnut Chocolate Crunch Hot Chocolate - semi skimmed milk	Grande	1294	308	14.1	10.7	32.9	30.6	0.3	12.4	0.47	0
Hazelnut Chocolate Crunch Hot Chocolate - semi skimmed milk	Venti	1536	366	15.8	12.4	40.2	37.6	0.3	15.7	0.58	0
Hazelnut Chocolate Crunch Hot Chocolate - whole milk	Tall	1200	286	16.4	10.1	25.4	23.4	0.3	9.4	0.37	0
Hazelnut Chocolate Crunch Hot Chocolate - whole milk	Grande	1522	363	20.6	12.7	32.5	30.3	0.3	12	0.46	0
Hazelnut Chocolate Crunch Hot Chocolate - whole milk	Venti	1826	435	24.1	14.9	39.7	37.2	0.3	15.2	0.57	0
Hazelnut Chocolate Crunch Hot Chocolate - skimmed milk	Tall	891	212	7.7	4.4	25.9	23.9	0.3	9.7	0.38	0
Hazelnut Chocolate Crunch Hot Chocolate - skimmed milk	Grande	1123	268	9.4	5.4	33.2	31	0.3	12.4	0.48	0
Hazelnut Chocolate Crunch Hot Chocolate - skimmed milk	Venti	1319	314	9.8	5.6	40.6	38.1	0.3	15.7	0.59	0
Hazelnut Chocolate Crunch Hot Chocolate - almond drink	Tall	753	181	10.1	4.3	20.1	17.9	1.1	1.8	0.30	0
Hazelnut Chocolate Crunch Hot Chocolate - almond drink	Grande	946	227	12.4	5.3	25.7	23.1	1.3	2.2	0.38	0
Hazelnut Chocolate Crunch Hot Chocolate - almond drink	Venti	1093	262	13.7	5.4	31	28.1	1.6	2.6	0.46	0
Hazelnut Chocolate Crunch Hot Chocolate - soya drink	Tall	957	228	11.9	4.8	20.3	17.9	1.9	9.1	0.36	0
Hazelnut Chocolate Crunch Hot Chocolate - soya drink	Grande	1208	288	14.8	5.9	26.1	23.1	2.3	11.7	0.44	0
Hazelnut Chocolate Crunch Hot Chocolate - soya drink	Venti	1427	340	16.7	6.3	31.5	28.1	2.9	14.8	0.55	0
Hazelnut Chocolate Crunch Hot Chocolate - oat drink	Tall	1141	273	14.8	4.8	30.9	20	2.9	2.5	0.44	0
Hazelnut Chocolate Crunch Hot Chocolate - oat drink	Grande	1447	346	18.6	5.9	39.7	25.9	3.7	3.2	0.55	0
Hazelnut Chocolate Crunch Hot Chocolate - oat drink	Venti	1731	414	21.5	6.3	48.8	31.6	4.6	3.9	0.68	0
Hazelnut Chocolate Crunch Hot Chocolate - coconut drink	Tall	967	233	13.5	10.1	22.5	20.5	4.2	3.1	0.59	0
Hazelnut Chocolate Crunch Hot Chocolate - coconut drink	Grande	1222	295	16.8	12.8	28.8	26.5	5.4	3.9	0.74	0
Hazelnut Chocolate Crunch Hot Chocolate - coconut drink	Venti	1444	348	19.3	15	35	32.4	6.8	4.8	0.93	0