

Starbucks Summer Nutritional Information

Please remember to check this information regularly as we're always working on our recipes.

Menu Item	Size	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates(g)	Of which Sugar(g)	Fibre (g)	Protein (g)	Salt(g)	Caffeine (mg)
Espresso Drinks										
Americano	Tall	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Americano	Grande	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Americano	Venti	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Caffe Latte - semi skimmed milk	Tall	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Caffe Latte - semi skimmed milk	Grande	175	6.1	5.9	17.1	16.3	0.2	12.9	0.42	66.2
Caffe Latte - semi skimmed milk	Venti	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Caffe Latte - whole milk	Tall	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Caffe Latte - whole milk	Grande	230	12.6	7.9	16.8	15.9	0.2	12.6	0.42	66.2
Caffe Latte - whole milk	Venti	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Caffe Latte - skimmed milk	Tall	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Caffe Latte - skimmed milk	Grande	134	1.3	0.5	17.4	16.6	0.2	12.9	0.43	66.2
Caffe Latte - skimmed milk	Venti	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Caffe Latte - almond drink	Tall	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66.2
Caffe Latte - almond drink	Grande	93	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66.2
Caffe Latte - almond drink	Venti	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99.2
Caffe Latte - soya drink	Tall	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66.2
Caffe Latte - soya drink	Grande	154	6.7	1.1	10.2	8.7	2.3	12.3	0.40	66.2
Caffe Latte - soya drink	Venti	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99.2
Caffe Latte - oat drink	Tall	160	7.9	0.8	18	8.5	2.8	3	0.39	66.2
Caffe Latte - oat drink	Grande	213	10.5	1.1	24	11.5	3.7	3.7	0.50	66.2
Caffe Latte - oat drink	Venti	274	13.5	1.4	30.9	14.7	4.7	4.9	0.65	99.2
Caffe Latte - coconut drink	Tall	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Caffe Latte - coconut drink	Grande	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Caffe Latte - coconut drink	Venti	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Latte Macchiato - semi skimmed milk	Tall	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Latte Macchiato - semi skimmed milk	Grande	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66.2
Latte Macchiato - semi skimmed milk	Venti	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Latte Macchiato - whole milk	Tall	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Latte Macchiato - whole milk	Grande	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66.2
Latte Macchiato - whole milk	Venti	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Latte Macchiato - skimmed milk	Tall	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Latte Macchiato - skimmed milk	Grande	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66.2
Latte Macchiato - skimmed milk	Venti	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Latte Macchiato - almond drink	Tall	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66.2
Latte Macchiato - almond drink	Grande	92	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66.2
Latte Macchiato - almond drink	Venti	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99.2
Latte Macchiato - soya drink	Tall	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66.2
Latte Macchiato - soya drink	Grande	154	6.7	1.1	10.2	8.7	2.3	12.2	0.40	66.2
Latte Macchiato - soya drink	Venti	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99.2
Latte Macchiato - oat drink	Tall	160	7.9	0.8	18	8.5	2.8	3	0.39	66.2
Latte Macchiato - oat drink	Grande	212	10.5	1.1	23.9	11.4	3.6	3.7	0.50	66.2
Latte Macchiato - oat drink	Venti	274	13.5	1.4	30.9	14.7	4.7	4.9	0.65	99.2
Latte Macchiato - coconut drink	Tall	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Latte Macchiato - coconut drink	Grande	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Latte Macchiato - coconut drink	Venti	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Freshly Brewed Coffee	Tall	35	1.8	0.4	1.4	0.4	1.8	2.1	0.44	101.5
Freshly Brewed Coffee	Grande	47	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136.3
Freshly Brewed Coffee	Venti	59	3	0.6	2.4	0.6	3	3.5	0.74	171.1
Espresso Doppio	Doppio	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Espresso	Single	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Espresso Con Panna	Single	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33.1
Espresso Con Panna - Doppio	Double	73	6.3	4.4	2.6	1.8	0.2	1.4	0.07	66.2
Espresso Macchiato - semi skimmed milk	Single	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - whole milk	Single	9	0.3	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - skimmed milk	Single	7	0.1	0	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - almond drink	Single	6	0.2	0	0.6	0.2	0.1	0.5	0.03	33.1
Espresso Macchiato - soya drink	Single	7	0.2	0	0.6	0.2	0.1	0.6	0.03	33.1
Espresso Macchiato - oat drink	Single	8	0.3	0	0.8	0.2	0.2	0.5	0.03	33.1
Espresso Macchiato - coconut drink	Single	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33.1
Espresso Macchiato - Doppio - semi skimmed milk	Double	18	0.5	0.3	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - whole milk	Double	21	0.8	0.4	1.7	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - skimmed milk	Double	16	0.3	0.1	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - almond drink	Double	14	0.4	0.1	1.4	0.5	0.3	1	0.07	66.2
Espresso Macchiato - Doppio - soya drink	Double	17	0.5	0.1	1.4	0.5	0.3	1.5	0.07	66.2
Espresso Macchiato - Doppio - oat drink	Double	20	0.7	0.1	2.1	0.7	0.4	1.1	0.08	66.2
Espresso Macchiato - Doppio - coconut drink	Double	18	0.6	0.4	1.6	0.7	0.5	1.1	0.09	66.2
Cappuccino - semi skimmed milk	Tall	120	4.1	3.9	11.7	10.9	0.2	8.9	0.30	66.2
Cappuccino - semi skimmed milk	Grande	139	4.8	4.6	13.5	12.7	0.2	10.3	0.34	66.2
Cappuccino - semi skimmed milk	Venti	193	6.6	6.4	18.9	17.6	0.3	14.4	0.48	99.2
Cappuccino - whole milk	Tall	156	8.4	5.3	11.5	10.6	0.2	8.7	0.30	66.2
Cappuccino - whole milk	Grande	181	9.8	6.2	13.3	12.4	0.2	10	0.34	66.2
Cappuccino - whole milk	Venti	253	13.7	8.5	18.5	17.2	0.3	14	0.47	99.2
Cappuccino - skimmed milk	Tall	93	0.9	0.3	11.9	11.1	0.2	8.9	0.31	66.2
Cappuccino - skimmed milk	Grande	106	1	0.4	13.8	13	0.2	10.3	0.35	66.2
Cappuccino - skimmed milk	Venti	149	1.4	0.5	19.3	18	0.3	14.4	0.49	99.2
Cappuccino - almond drink	Tall	65	3	0.3	6.9	5.8	0.9	2.1	0.24	66.2
Cappuccino - almond drink	Grande	74	3.4	0.3	7.9	6.8	1	2.3	0.27	66.2
Cappuccino - almond drink	Venti	104	4.8	0.4	11.1	9.5	1.4	3.3	0.38	99.2
Cappuccino - soya drink	Tall	106	4.6	0.7	7.2	5.8	1.6	8.5	0.28	66.2
Cappuccino - soya drink	Grande	123	5.3	0.8	8.2	6.8	1.8	9.8	0.32	66.2
Cappuccino - soya drink	Venti	171	7.4	1.2	11.5	9.5	2.6	13.6	0.45	99.2
Cappuccino - oat drink	Tall	145	7.1	0.7	16.3	7.7	2.5	2.8	0.35	66.2
Cappuccino - oat drink	Grande	168	8.2	0.8	18.9	8.9	2.9	3.1	0.40	66.2
Cappuccino - oat drink	Venti	234	11.4	1.2	26.3	12.4	4	4.4	0.57	99.2
Cappuccino - coconut drink	Tall	111	5.9	5.3	9	8.1	3.6	3.2	0.48	66.2
Cappuccino - coconut drink	Grande	128	6.9	6.2	10.3	9.5	4.2	3.6	0.56	66.2
Cappuccino - coconut drink	Venti	178	9.6	8.6	14.4	13.2	5.9	5.1	0.78	99.2
Misto - semi skimmed milk	Tall	116	4.4	3.6	10.3	9.7	0.9	8.2	0.45	53.7
Misto - semi skimmed milk	Grande	141	5.3	4.4	12.5	11.9	1.1	10	0.54	62.9
Misto - semi skimmed milk	Venti	192	7.2	6.1	17.2	16.3	1.4	13.6	0.72	82.1
Misto - whole milk	Tall	148	8.2	4.8	10.1	9.5	0.9	8	0.44	53.7
Misto - whole milk	Grande	181	10	5.9	12.3	11.6	1.1	9.7	0.53	62.9
Misto - whole milk	Venti	247	13.7	8.1	16.8	16	1.4	13.3	0.71	82.1
Misto - skimmed milk	Tall	92	1.5	0.4	10.5	9.9	0.9	8.2	0.45	53.7
Misto - skimmed milk	Grande	111	1.8	0.5	12.8	12.1	1.1	10	0.54	62.9
Misto - skimmed milk	Venti	151	2.4	0.7	17.5	16.7	1.4	13.6	0.73	82.1
Misto - almond drink	Tall	67	3.4	0.4	6	5.3	1.5	2.1	0.39	53.7

Misto - almond drink	Grande	81	4.1	0.5	7.3	6.4	1.8	2.5	0.47	62.9
Misto - almond drink	Venti	110	5.5	0.6	10	8.8	2.4	3.4	0.63	82.1
Misto - soya drink	Tall	104	4.8	0.8	6.2	5.3	2.1	7.8	0.43	53.7
Misto - soya drink	Grande	126	5.8	1	7.6	6.4	2.6	9.5	0.52	62.9
Misto - soya drink	Venti	172	7.9	1.3	10.3	8.8	3.5	13	0.69	82.1
Misto - oat drink	Tall	138	7	0.8	14.3	6.9	3	2.7	0.50	53.7
Misto - oat drink	Grande	168	8.5	1	17.5	8.4	3.6	3.3	0.59	62.9
Misto - oat drink	Venti	230	11.6	1.3	24	11.5	4.8	4.4	0.80	82.1
Misto - coconut drink	Tall	108	6	4.9	7.8	7.3	4	3.1	0.61	53.7
Misto - coconut drink	Grande	131	7.3	5.9	9.6	8.9	4.8	3.8	0.74	62.9
Misto - coconut drink	Venti	178	9.9	8.1	13.1	12.2	6.5	5.1	0.99	82.1
Flat White - semi skimmed milk	Short	92	3.1	2.9	9	8.1	0.2	6.9	0.24	66.2
Flat White - whole milk	Short	119	6.3	3.9	8.8	8	0.2	6.7	0.23	66.2
Flat White - skimmed milk	Short	72	0.7	0.3	9.2	8.3	0.2	6.9	0.24	66.2
Flat White - almond drink	Short	51	2.3	0.2	5.4	4.4	0.7	1.8	0.19	66.2
Flat White - soya drink	Short	82	3.5	0.6	5.6	4.4	1.2	6.6	0.23	66.2
Flat White - oat drink	Short	111	5.3	0.6	12.4	5.7	1.9	2.3	0.28	66.2
Flat White - coconut drink	Short	85	4.5	4	6.9	6.1	2.8	2.6	0.38	66.2
Caramel Macchiato - semi skimmed milk	Tall	174	5	4.5	23.4	22	0.2	8.9	0.33	66.2
Caramel Macchiato - semi skimmed milk	Grande	225	6.3	5.7	30.7	29.3	0.2	11.4	0.41	66.2
Caramel Macchiato - semi skimmed milk	Venti	273	7.3	6.7	37.9	35.9	0.3	13.8	0.50	99.2
Caramel Macchiato - whole milk	Tall	210	9.3	5.8	23.1	21.8	0.2	8.6	0.32	66.2
Caramel Macchiato - whole milk	Grande	272	11.9	7.4	30.4	29	0.2	11.1	0.40	66.2
Caramel Macchiato - whole milk	Venti	330	14	8.8	37.5	35.6	0.3	13.5	0.49	99.2
Caramel Macchiato - skimmed milk	Tall	148	1.9	1	23.6	22.2	0.2	8.9	0.33	66.2
Caramel Macchiato - skimmed milk	Grande	189	2.1	1.1	31	29.6	0.2	11.4	0.41	66.2
Caramel Macchiato - skimmed milk	Venti	231	2.4	1.2	38.2	36.3	0.3	13.8	0.50	99.2
Caramel Macchiato - almond drink	Tall	121	3.9	0.9	18.7	17.1	0.9	2.1	0.27	66.2
Caramel Macchiato - almond drink	Grande	154	4.8	1	24.5	22.8	1.1	2.5	0.32	66.2
Caramel Macchiato - almond drink	Venti	189	5.6	1.1	30.5	28.2	1.4	3.3	0.40	99.2
Caramel Macchiato - soya drink	Tall	161	5.5	1.3	18.9	17.1	1.6	8.4	0.31	66.2
Caramel Macchiato - soya drink	Grande	207	6.8	1.6	24.8	22.8	2	10.8	0.38	66.2
Caramel Macchiato - soya drink	Venti	252	8	1.8	30.8	28.2	2.5	13.1	0.47	99.2
Caramel Macchiato - oat drink	Tall	199	7.9	1.3	27.8	18.9	2.5	2.8	0.38	66.2
Caramel Macchiato - oat drink	Grande	257	10.1	1.6	36.6	25.1	3.2	3.4	0.47	66.2
Caramel Macchiato - oat drink	Venti	312	11.9	1.8	44.9	31	3.9	4.3	0.57	99.2
Caramel Macchiato - coconut drink	Tall	166	6.8	5.8	20.7	19.3	3.6	3.3	0.51	66.2
Caramel Macchiato - coconut drink	Grande	213	8.6	7.5	27.2	25.7	4.7	4	0.64	66.2
Caramel Macchiato - coconut drink	Venti	259	10.2	8.8	33.6	31.7	5.6	5	0.78	99.2
Mocha - semi skimmed milk	Tall	241	10.6	8.1	25.7	23.7	2.3	9.6	0.24	66.2
Mocha - semi skimmed milk	Grande	317	13.4	10.3	34.6	32.3	2.9	13.2	0.32	66.2
Mocha - semi skimmed milk	Venti	368	14.6	11.2	41.8	38.7	3.7	15.6	0.38	99.2
Mocha - whole milk	Tall	265	13.5	9	25.5	23.6	2.3	9.4	0.24	66.2
Mocha - whole milk	Grande	353	17.6	11.7	34.4	32.1	2.9	12.9	0.32	66.2
Mocha - whole milk	Venti	409	19.4	12.7	41.6	38.5	3.7	15.4	0.38	99.2
Mocha - skimmed milk	Tall	223	8.5	5.7	25.8	23.9	2.3	9.6	0.24	66.2
Mocha - skimmed milk	Grande	290	10.2	6.8	34.8	32.5	2.9	13.2	0.33	66.2
Mocha - skimmed milk	Venti	338	11	7.2	42.1	39	3.7	15.6	0.39	99.2
Mocha - almond drink	Tall	204	9.9	5.6	22.5	20.4	2.7	5	0.20	66.2
Mocha - almond drink	Grande	263	12.3	6.7	29.9	27.4	3.6	6.4	0.26	66.2
Mocha - almond drink	Venti	307	13.3	7.1	36.5	33.1	4.5	8	0.31	99.2
Mocha - soya drink	Tall	232	10.9	5.9	22.6	20.4	3.2	9.3	0.23	66.2
Mocha - soya drink	Grande	304	13.8	7.2	30.1	27.4	4.3	12.7	0.31	66.2
Mocha - soya drink	Venti	353	15.1	7.7	36.7	33.1	5.3	15.1	0.37	99.2
Mocha - oat drink	Tall	258	12.6	5.9	28.7	21.6	3.8	5.5	0.27	66.2
Mocha - oat drink	Grande	342	16.3	7.2	39.1	29.2	5.2	7.1	0.37	66.2
Mocha - oat drink	Venti	396	17.9	7.7	46.9	35.2	6.3	8.8	0.44	99.2
Mocha - coconut drink	Tall	235	11.8	9	23.8	21.9	4.5	5.8	0.36	66.2
Mocha - coconut drink	Grande	308	15.2	11.7	31.9	29.6	6.3	7.5	0.50	66.2
Mocha - coconut drink	Venti	358	16.6	12.7	38.8	35.7	7.6	9.3	0.59	99.2
White Mocha - semi skimmed milk	Tall	286	11.8	9.4	35.5	34.6	0.3	9.2	0.43	66.2
White Mocha - semi skimmed milk	Grande	364	14.5	11.7	46.4	45.6	0.3	11.7	0.55	66.2
White Mocha - semi skimmed milk	Venti	454	17	13.9	59.3	58	0.4	15.9	0.73	99.2
White Mocha - whole milk	Tall	313	15.1	10.4	35.3	34.4	0.3	9	0.43	66.2
White Mocha - whole milk	Grande	400	18.8	13	46.2	45.4	0.3	11.5	0.55	66.2
White Mocha - whole milk	Venti	504	22.9	15.7	58.9	57.7	0.4	15.5	0.72	99.2
White Mocha - skimmed milk	Tall	265	9.4	6.7	35.6	34.8	0.3	9.2	0.44	66.2
White Mocha - skimmed milk	Grande	337	11.4	8.2	46.7	45.8	0.3	11.7	0.56	66.2
White Mocha - skimmed milk	Venti	417	12.6	9	59.6	58.3	0.4	15.9	0.74	99.2
White Mocha - almond drink	Tall	244	10.9	6.7	31.9	30.8	0.8	4.1	0.39	66.2
White Mocha - almond drink	Grande	310	13.4	8.1	41.7	40.7	1	5	0.49	66.2
White Mocha - almond drink	Venti	379	15.4	8.9	52.7	51.1	1.4	6.5	0.65	99.2
White Mocha - soya drink	Tall	275	12.1	7	32	30.8	1.3	8.9	0.42	66.2
White Mocha - soya drink	Grande	351	15	8.6	42	40.7	1.6	11.3	0.54	66.2
White Mocha - soya drink	Venti	435	17.6	9.5	53	51.1	2.3	15.2	0.71	99.2
White Mocha - oat drink	Tall	304	14	7	38.9	32.2	2	4.6	0.47	66.2
White Mocha - oat drink	Grande	389	17.4	8.6	50.9	42.5	2.5	5.7	0.60	66.2
White Mocha - oat drink	Venti	488	21	9.5	65.5	53.6	3.5	7.5	0.80	99.2
White Mocha - coconut drink	Tall	279	13.2	10.5	33.4	32.5	2.8	4.9	0.57	66.2
White Mocha - coconut drink	Grande	355	16.3	13.1	43.8	42.9	3.7	6.1	0.73	66.2
White Mocha - coconut drink	Venti	442	19.4	15.8	55.5	54.2	5.1	8.1	0.98	99.2
Cold Coffee										
Cold Brew	Tall	16	1	0.2	0	0	1	1.2	0.26	36.9
Cold Brew	Grande	22	1.4	0.3	0	0	1.4	1.7	0.35	50
Cold Brew	Venti	28	1.8	0.4	0	0	1.8	2.1	0.44	63.2
Cold Brew Latte - semi skimmed milk	Tall	93	3.3	2.9	8.8	7.9	0.5	6.6	0.30	38.7
Cold Brew Latte - semi skimmed milk	Grande	123	4.4	3.9	11.7	10.5	0.7	8.8	0.40	51.8
Cold Brew Latte - semi skimmed milk	Venti	151	5.4	4.6	14.2	12.4	1	10.7	0.53	76.9
Cold Brew Latte - whole milk	Tall	120	6.5	3.9	8.7	7.8	0.5	6.5	0.30	38.7
Cold Brew Latte - whole milk	Grande	159	8.6	5.2	11.5	10.3	0.7	8.6	0.40	51.8
Cold Brew Latte - whole milk	Venti	192	10.4	6.2	14	12.2	1	10.4	0.52	76.9
Cold Brew Latte - skimmed milk	Tall	73	1	0.3	9	8.1	0.5	6.6	0.31	38.7
Cold Brew Latte - skimmed milk	Grande	97	1.3	0.4	11.9	10.7	0.7	8.8	0.41	51.8
Cold Brew Latte - skimmed milk	Venti	119	1.8	0.5	14.5	12.7	1	10.7	0.53	76.9
Cold Brew Latte - almond drink	Tall	53	2.5	0.3	5.3	4.3	1	1.6	0.26	38.7
Cold Brew Latte - almond drink	Grande	70	3.3	0.4	7.1	5.7	1.3	2.2	0.34	51.8
Cold Brew Latte - almond drink	Venti	88	4.1	0.5	8.8	6.7	1.8	2.9	0.46	76.9
Cold Brew Latte - soya drink	Tall	83	3.7	0.6	5.5	4.3	1.5	6.3	0.29	38.7
Cold Brew Latte - soya drink	Grande	110	4.9	0.8	7.3	5.7	2	8.4	0.39	51.8
Cold Brew Latte - soya drink	Venti	135	5.9	1	9	6.7	2.6	10.2	0.51	76.9
Cold Brew Latte - oat drink	Tall	106	4.7	3.3	11.7	6.4	4	2.5	0.32	38.7
Cold Brew Latte - oat drink	Grande	141	6.2	4.3	15.5	8.5	5.3	3.3	0.42	51.8
Cold Brew Latte - oat drink	Venti	172	7.5	5.2	18.7	10.1	6.5	4.2	0.55	76.9
Cold Brew Latte - coconut drink	Tall	86	4.7	3.9	6.8	5.9	3	2.5	0.44	38.7
Cold Brew Latte - coconut drink	Grande	115	6.2	5.2	9.1	7.9	4	3.3	0.58	51.8

Cold Brew Latte - coconut drink	Venti	140	7.5	6.2	11.1	9.3	4.9	4.2	0.74	76.9
Iced Americano	Tall	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Iced Americano	Grande	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Iced Americano	Venti	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Iced Latte - semi skimmed milk	Tall	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Iced Latte - semi skimmed milk	Grande	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Iced Latte - semi skimmed milk	Venti	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Iced Latte - whole milk	Tall	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte - whole milk	Grande	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Iced Latte - whole milk	Venti	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Iced Latte - skimmed milk	Tall	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte - skimmed milk	Grande	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte - skimmed milk	Venti	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte - almond drink	Tall	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Iced Latte - almond drink	Grande	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Iced Latte - almond drink	Venti	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Iced Latte - soya drink	Tall	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Iced Latte - soya drink	Grande	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Iced Latte - soya drink	Venti	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99.2
Iced Latte - oat drink	Tall	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66.2
Iced Latte - oat drink	Grande	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66.2
Iced Latte - oat drink	Venti	169	8.2	0.9	19	8.8	2.9	3.5	0.42	99.2
Iced Latte - coconut drink	Tall	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte - coconut drink	Grande	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte - coconut drink	Venti	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2
Classic Iced Cappuccino - semi skimmed milk	Tall	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Classic Iced Cappuccino - semi skimmed milk	Grande	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Classic Iced Cappuccino - semi skimmed milk	Venti	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Classic Iced Cappuccino - whole milk	Tall	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Classic Iced Cappuccino - whole milk	Grande	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Classic Iced Cappuccino - whole milk	Venti	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Classic Iced Cappuccino - skimmed milk	Tall	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Classic Iced Cappuccino - skimmed milk	Grande	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Classic Iced Cappuccino - skimmed milk	Venti	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Classic Iced Cappuccino - almond drink	Tall	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Classic Iced Cappuccino - almond drink	Grande	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Classic Iced Cappuccino - almond drink	Venti	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Classic Iced Cappuccino - soya drink	Tall	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Classic Iced Cappuccino - soya drink	Grande	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Classic Iced Cappuccino - soya drink	Venti	125	5.3	0.8	8.5	6.7	1.9	10	0.35	99.2
Classic Iced Cappuccino - oat drink	Tall	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66.2
Classic Iced Cappuccino - oat drink	Grande	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66.2
Classic Iced Cappuccino - oat drink	Venti	169	8.2	0.8	19	8.8	2.9	3.5	0.42	99.2
Classic Iced Cappuccino - coconut drink	Tall	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Classic Iced Cappuccino - coconut drink	Grande	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Classic Iced Cappuccino - coconut drink	Venti	130	6.9	6.1	10.6	9.3	4.2	4	0.57	99.2
Iced Latte Macchiato - semi skimmed milk	Tall	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Iced Latte Macchiato - semi skimmed milk	Grande	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Iced Latte Macchiato - semi skimmed milk	Venti	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Iced Latte Macchiato - whole milk	Tall	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte Macchiato - whole milk	Grande	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Iced Latte Macchiato - whole milk	Venti	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Iced Latte Macchiato - skimmed milk	Tall	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte Macchiato - skimmed milk	Grande	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte Macchiato - skimmed milk	Venti	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte Macchiato - almond drink	Tall	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Iced Latte Macchiato - almond drink	Grande	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Iced Latte Macchiato - almond drink	Venti	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Iced Latte Macchiato - soya drink	Tall	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Iced Latte Macchiato - soya drink	Grande	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Iced Latte Macchiato - soya drink	Venti	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99.2
Iced Latte Macchiato - oat drink	Tall	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66.2
Iced Latte Macchiato - oat drink	Grande	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66.2
Iced Latte Macchiato - oat drink	Venti	169	8.2	0.9	19	8.8	2.9	3.5	0.42	99.2
Iced Latte Macchiato - coconut drink	Tall	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte Macchiato - coconut drink	Grande	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte Macchiato - coconut drink	Venti	130	6.9	6.1	10.6	9.3	4.2	4	0.57	99.2
Iced Caramel Macchiato - semi skimmed milk	Tall	155	4.3	3.8	21.4	20.1	0.2	7.4	0.28	66.2
Iced Caramel Macchiato - semi skimmed milk	Grande	193	5.1	4.6	27.6	26.2	0.2	9.1	0.33	66.2
Iced Caramel Macchiato - semi skimmed milk	Venti	229	5.8	5.1	33.6	31.6	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - whole milk	Tall	184	7.8	4.9	21.2	19.9	0.2	7.2	0.28	66.2
Iced Caramel Macchiato - whole milk	Grande	230	9.5	5.9	27.4	26	0.2	8.8	0.33	66.2
Iced Caramel Macchiato - whole milk	Venti	271	10.7	6.7	33.3	31.4	0.3	10.4	0.39	99.2
Iced Caramel Macchiato - skimmed milk	Tall	133	1.8	0.9	21.6	20.3	0.2	7.4	0.29	66.2
Iced Caramel Macchiato - skimmed milk	Grande	166	1.9	1	27.8	26.4	0.2	9.1	0.34	66.2
Iced Caramel Macchiato - skimmed milk	Venti	198	2.1	1	33.8	31.9	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - almond drink	Tall	111	3.4	0.9	17.6	16.1	0.8	1.9	0.23	66.2
Iced Caramel Macchiato - almond drink	Grande	138	4	0.9	22.8	21.1	0.9	2.2	0.27	66.2
Iced Caramel Macchiato - almond drink	Venti	167	4.5	1	28.1	25.9	1.1	2.8	0.32	99.2
Iced Caramel Macchiato - soya drink	Tall	144	4.7	1.2	17.8	16.1	1.3	7	0.27	66.2
Iced Caramel Macchiato - soya drink	Grande	180	5.6	1.4	23	21.1	1.6	8.6	0.32	66.2
Iced Caramel Macchiato - soya drink	Venti	214	6.3	1.5	28.3	25.9	1.9	10.1	0.38	99.2
Iced Caramel Macchiato - oat drink	Tall	175	6.7	1.2	25.1	17.5	2	2.5	0.32	66.2
Iced Caramel Macchiato - oat drink	Grande	219	8.1	1.4	32.2	23	2.5	2.9	0.39	66.2
Iced Caramel Macchiato - oat drink	Venti	258	9.2	1.5	38.8	28	2.9	3.6	0.46	99.2
Iced Caramel Macchiato - coconut drink	Tall	147	5.8	4.9	19.2	17.9	3	2.9	0.43	66.2
Iced Caramel Macchiato - coconut drink	Grande	184	7	6	24.9	23.4	3.7	3.3	0.52	66.2
Iced Caramel Macchiato - coconut drink	Venti	219	7.9	6.7	30.4	28.5	4.3	4.1	0.61	99.2
Iced Cappuccino with Cold Foam	Tall	58	0.5	0.1	9.7	8.8	0.2	3.6	0.14	66.2
Iced Cappuccino with Cold Foam	Grande	77	0.5	0.2	13.4	12.6	0.2	4.5	0.17	66.2
Iced Cappuccino with Cold Foam	Venti	103	0.7	0.2	17.9	16.6	0.3	6	0.23	99.2
Iced Mocha - semi skimmed milk	Tall	275	13	10	27.6	25.7	2.3	10.8	0.28	66.2
Iced Mocha - semi skimmed milk	Grande	363	17.6	13.4	36	33.7	2.9	13.6	0.34	66.2
Iced Mocha - semi skimmed milk	Venti	414	18.8	14.3	43.2	40.1	3.7	16.2	0.40	99.2
Iced Mocha - whole milk	Tall	304	16.5	11	27.4	25.5	2.3	10.6	0.27	66.2
Iced Mocha - whole milk	Grande	399	22	14.8	35.7	33.4	2.9	13.4	0.33	66.2
Iced Mocha - whole milk	Venti	456	23.8	15.9	43	39.9	3.7	15.9	0.39	99.2
Iced Mocha - skimmed milk	Tall	253	10.5	7.1	27.8	25.8	2.3	10.8	0.28	66.2
Iced Mocha - skimmed milk	Grande	335	14.4	9.8	36.2	33.9	2.9	13.6	0.34	66.2
Iced Mocha - skimmed milk	Venti	383	15.2	10.2	43.5	40.4	3.7	16.2	0.41	99.2
Iced Mocha - almond drink	Tall	232	12.1	7	23.8	21.6	2.8	5.3	0.23	66.2
Iced Mocha - almond drink	Grande	307	16.5	9.7	31.1	28.6	3.6	6.7	0.27	66.2
Iced Mocha - almond drink	Venti	352	17.5	10.1	37.7	34.4	4.5	8.3	0.33	99.2
Iced Mocha - soya drink	Tall	264	13.4	7.4	23.9	21.6	3.4	10.4	0.26	66.2
Iced Mocha - soya drink	Grande	349	18.1	10.2	31.4	28.6	4.3	13.2	0.32	66.2
Iced Mocha - soya drink	Venti	399	19.4	10.7	38	34.4	5.3	15.6	0.38	99.2

Iced Mocha - oat drink	Tall	295	15.4	7.4	31.2	23.1	4.1	5.9	0.32	66.2	
Iced Mocha - oat drink	Grande	388	20.6	10.2	40.6	30.5	5.2	7.4	0.39	66.2	
Iced Mocha - oat drink	Venti	443	22.2	10.7	48.4	36.5	6.3	9.1	0.46	99.2	
Iced Mocha - coconut drink	Tall	268	14.5	11	25.4	23.5	5	6.2	0.42	66.2	
Iced Mocha - coconut drink	Grande	353	19.5	14.8	33.2	30.9	6.4	7.9	0.52	66.2	
Iced Mocha - coconut drink	Venti	404	20.9	15.9	40.1	37	7.7	9.6	0.61	99.2	
Iced White Mocha - semi skimmed milk	Tall	311	13.9	11	36.5	35.6	0.3	9.7	0.45	66.2	
Iced White Mocha - semi skimmed milk	Grande	410	18.8	14.8	47.8	47	0.3	12.2	0.57	66.2	
Iced White Mocha - semi skimmed milk	Venti	473	20.3	16	58	56.8	0.4	14.4	0.69	99.2	
Iced White Mocha - whole milk	Tall	340	17.4	12.1	36.3	35.4	0.3	9.5	0.45	66.2	
Iced White Mocha - whole milk	Grande	446	23.1	16.1	47.6	46.7	0.3	12	0.56	66.2	
Iced White Mocha - whole milk	Venti	515	25.2	17.6	57.8	56.5	0.4	14.1	0.68	99.2	
Iced White Mocha - skimmed milk	Tall	289	11.4	8.1	36.7	35.8	0.3	9.7	0.45	66.2	
Iced White Mocha - skimmed milk	Grande	382	15.6	11.2	48	47.2	0.3	12.2	0.57	66.2	
Iced White Mocha - skimmed milk	Venti	442	16.6	11.9	58.3	57	0.4	14.4	0.70	99.2	
Iced White Mocha - almond drink	Tall	267	13	8.1	32.7	31.6	0.8	4.3	0.40	66.2	
Iced White Mocha - almond drink	Grande	355	17.6	11.1	43	41.9	1	5.3	0.50	66.2	
Iced White Mocha - almond drink	Venti	411	19	11.9	52.6	51	1.2	6.6	0.62	99.2	
Iced White Mocha - soya drink	Tall	300	14.3	8.4	32.8	31.6	1.4	9.4	0.44	66.2	
Iced White Mocha - soya drink	Grande	396	19.2	11.6	43.2	41.9	1.7	11.8	0.55	66.2	
Iced White Mocha - soya drink	Venti	457	20.8	12.4	52.8	51	2	13.9	0.67	99.2	
Iced White Mocha - oat drink	Tall	331	16.3	8.4	40.1	33.1	2.1	4.8	0.49	66.2	
Iced White Mocha - oat drink	Grande	435	21.8	11.6	52.4	43.7	2.6	6	0.62	66.2	
Iced White Mocha - oat drink	Venti	502	23.7	12.4	63.3	53.1	3	7.4	0.75	99.2	
Iced White Mocha - coconut drink	Tall	303	15.4	12.1	34.3	33.4	3	5.2	0.60	66.2	
Iced White Mocha - coconut drink	Grande	400	20.6	16.2	45.1	44.2	3.7	6.5	0.75	66.2	
Iced White Mocha - coconut drink	Venti	463	22.4	17.6	54.9	53.6	4.3	7.9	0.90	99.2	
Starbucks Doubleshot™ Iced Coffee	Mini	89	8.1	5	2.3	1.5	0.2	1.6	0.09	66.2	
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	107	8.1	5	6.8	5.8	0.2	1.6	0.09	66.2	
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	88	2.2	2	12.2	11.3	0.2	4.8	0.18	56.7	
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	117	2.7	2.4	16.8	15.4	0.3	6.1	0.23	85.1	
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	143	3.2	2.8	21.1	19.3	0.5	7.2	0.28	113.4	
Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	107	4.4	2.7	12.1	11.2	0.2	4.7	0.18	56.7	
Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	139	5.4	3.3	16.7	15.3	0.3	6	0.23	85.1	
Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	168	6.2	3.8	21	19.2	0.5	7.1	0.28	113.4	
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	74	0.6	0.2	12.3	11.4	0.2	4.8	0.18	56.7	
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	100	0.8	0.2	16.9	15.6	0.3	6.1	0.24	85.1	
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	123	0.9	0.3	21.3	19.5	0.5	7.2	0.29	113.4	
Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	61	1.6	0.2	9.8	8.8	0.6	1.4	0.15	56.7	
Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	83	2	0.2	13.9	12.4	0.8	1.9	0.20	85.1	
Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	104	2.4	0.3	17.8	15.8	0.9	2.4	0.24	113.4	
Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	81	2.4	0.4	9.9	8.8	0.9	4.6	0.17	56.7	
Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	108	3	0.5	14	12.4	1.2	5.8	0.22	85.1	
Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	133	3.5	0.6	17.9	15.8	1.4	6.9	0.27	113.4	
Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	101	3.7	0.4	14.5	9.7	1.4	1.7	0.21	56.7	
Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	132	4.5	0.5	19.6	13.5	1.7	2.3	0.27	85.1	
Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	160	5.3	0.6	24.3	17.1	2.1	2.9	0.32	113.4	
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	84	3.1	2.7	10.8	9.9	2	2	0.27	56.7	
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	111	3.8	3.3	15.1	13.8	2.4	2.6	0.35	85.1	
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	136	4.5	3.8	19.2	17.4	2.9	3.2	0.41	113.4	
Hot Chocolates											
Classic Hot Chocolate - semi skimmed milk	Tall	262	11.4	8.9	28.3	27.1	2.2	10.6	0.24	0	
Classic Hot Chocolate - semi skimmed milk	Grande	322	13.6	10.6	35.7	34.2	2.9	13	0.28	0	
Classic Hot Chocolate - semi skimmed milk	Venti	398	15.7	12.6	45.3	43.5	3.6	17.2	0.38	0	
Classic Hot Chocolate - whole milk	Tall	294	15.2	10.1	28.1	26.9	2.2	10.4	0.23	0	
Classic Hot Chocolate - whole milk	Grande	361	18.1	12.1	35.5	33.9	2.9	12.8	0.28	0	
Classic Hot Chocolate - whole milk	Venti	451	22	14.5	45	43.1	3.6	16.9	0.38	0	
Classic Hot Chocolate - skimmed milk	Tall	238	8.6	5.8	28.5	27.3	2.2	10.6	0.24	0	
Classic Hot Chocolate - skimmed milk	Grande	294	10.2	6.9	36	34.4	2.9	13	0.29	0	
Classic Hot Chocolate - skimmed milk	Venti	358	11.1	7.3	45.7	43.8	3.6	17.2	0.39	0	
Classic Hot Chocolate - almond drink	Tall	214	10.4	5.7	24.1	22.7	2.8	4.6	0.18	0	
Classic Hot Chocolate - almond drink	Grande	265	12.4	6.8	30.7	28.9	3.6	5.8	0.22	0	
Classic Hot Chocolate - almond drink	Venti	318	14	7.2	38.4	36.1	4.6	7.2	0.29	0	
Classic Hot Chocolate - soya drink	Tall	250	11.8	6.1	24.3	22.7	3.4	10.2	0.22	0	
Classic Hot Chocolate - soya drink	Grande	308	14	7.3	30.9	28.9	4.3	12.5	0.27	0	
Classic Hot Chocolate - soya drink	Venti	378	16.4	7.9	38.7	36.1	5.6	16.5	0.36	0	
Classic Hot Chocolate - oat drink	Tall	284	14	6.1	32.3	24.3	4.2	5.2	0.28	0	
Classic Hot Chocolate - oat drink	Grande	349	16.7	7.3	40.5	30.8	5.3	6.5	0.34	0	
Classic Hot Chocolate - oat drink	Venti	435	20	7.9	52	38.8	6.9	8.2	0.46	0	
Classic Hot Chocolate - coconut drink	Tall	254	13	10.1	25.9	24.7	5.2	5.6	0.40	0	
Classic Hot Chocolate - coconut drink	Grande	313	15.5	12.1	32.8	31.3	6.5	7	0.48	0	
Classic Hot Chocolate - coconut drink	Venti	385	18.4	14.6	41.4	39.5	8.6	8.9	0.65	0	
Hot White Chocolate - semi skimmed milk	Tall	289	12.1	9.9	35.8	35.8	0	9.3	0.41	0	
Hot White Chocolate - semi skimmed milk	Grande	361	14.6	11.9	46.2	46.2	0.1	11.4	0.51	0	
Hot White Chocolate - semi skimmed milk	Venti	449	17	14.2	58.8	58.8	0.1	15.2	0.67	0	
Hot White Chocolate - whole milk	Tall	321	15.9	11.1	35.6	35.6	0	9.1	0.40	0	
Hot White Chocolate - whole milk	Grande	400	19.1	13.3	46	46	0.1	11.1	0.51	0	
Hot White Chocolate - whole milk	Venti	502	23.3	16.2	58.5	58.5	0.1	14.9	0.66	0	
Hot White Chocolate - skimmed milk	Tall	265	9.3	6.7	36	36	0	9.3	0.41	0	
Hot White Chocolate - skimmed milk	Grande	332	11.2	8.2	46.4	46.4	0.1	11.4	0.52	0	
Hot White Chocolate - skimmed milk	Venti	409	12.3	9	59.1	59.1	0.1	15.2	0.68	0	
Hot White Chocolate - almond drink	Tall	241	11.1	6.7	31.6	31.4	0.7	3.3	0.35	0	
Hot White Chocolate - almond drink	Grande	304	13.4	8.1	41.2	40.9	0.8	4.2	0.45	0	
Hot White Chocolate - almond drink	Venti	369	15.3	8.9	51.8	51.5	1.1	5.2	0.58	0	
Hot White Chocolate - soya drink	Tall	277	12.5	7.1	31.8	31.4	1.3	8.9	0.39	0	
Hot White Chocolate - soya drink	Grande	347	15	8.6	41.4	40.9	1.5	10.9	0.50	0	
Hot White Chocolate - soya drink	Venti	429	17.7	9.5	52.2	51.5	2.1	14.5	0.65	0	
Hot White Chocolate - oat drink	Tall	311	14.7	7.1	39.9	33	2.1	3.9	0.45	0	
Hot White Chocolate - oat drink	Grande	388	17.7	8.6	51	42.8	2.5	4.9	0.57	0	
Hot White Chocolate - oat drink	Venti	486	21.3	9.5	65.5	54.1	3.4	6.2	0.75	0	
Hot White Chocolate - coconut drink	Tall	281	13.7	11.1	33.4	33.4	3.1	4.3	0.57	0	
Hot White Chocolate - coconut drink	Grande	352	16.5	13.4	43.3	43.3	3.7	5.4	0.71	0	
Hot White Chocolate - coconut drink	Venti	436	19.7	16.2	54.8	54.8	5.1	6.9	0.94	0	
Signature Hot Chocolate - semi skimmed milk	Tall	296	13.2	10.5	29.9	28.6	3.6	12.3	0.31	20.4	
Signature Hot Chocolate - semi skimmed milk	Grande	376	16.3	13	38.7	36.9	4.8	15.8	0.39	27.2	
Signature Hot Chocolate - semi skimmed milk	Venti	454	18.8	15.1	48	45.8	5.9	19.9	0.50	34	
Signature Hot Chocolate - whole milk	Tall	338	18.2	12.1	29.7	28.3	3.6	12	0.30	20.4	
Signature Hot Chocolate - whole milk	Grande	430	22.8	15	38.4	36.6	4.8	15.5	0.38	27.2	
Signature Hot Chocolate - whole milk	Venti	523	27	17.7	47.5	45.3	5.9	19.4	0.49	34	
Signature Hot Chocolate - skimmed milk	Tall	264	9.5	6.3	30.2	28.9	3.6	12.3	0.31	20.4	
Signature Hot Chocolate - skimmed milk	Grande	335	11.6	7.7	39	37.3	4.8	15.8	0.40	27.2	
Signature Hot Chocolate - skimmed milk	Venti	402	12.7	8.3	48.4	46.2	5.9	19.9	0.51	34	
Signature Hot Chocolate - almond drink	Tall	233	11.9	6.3	24.4	22.8	4.4	4.4	0.23	20.4	
Signature Hot Chocolate - almond drink	Grande	294	14.6	7.6	31.5	29.4	5.8	5.6	0.30	27.2	
Signature Hot Chocolate - almond drink	Venti	349	16.6	8.2	38.9	36.2	7.2	6.9	0.38	34	

Signature Hot Chocolate - soya drink	Tall	280	13.8	6.8	24.7	22.8	5.2	11.8	0.29	20.4
Signature Hot Chocolate - soya drink	Grande	355	17	8.2	31.9	29.4	6.8	15.1	0.37	27.2
Signature Hot Chocolate - soya drink	Venti	428	19.6	9	39.3	36.2	8.5	19	0.46	34
Signature Hot Chocolate - oat drink	Tall	325	16.7	6.8	35.2	24.9	6.3	5.1	0.37	20.4
Signature Hot Chocolate - oat drink	Grande	413	20.8	8.2	45.5	32.1	8.2	6.6	0.47	27.2
Signature Hot Chocolate - oat drink	Venti	501	24.4	9	56.6	39.7	10.3	8.2	0.59	34
Signature Hot Chocolate - coconut drink	Tall	286	15.3	12.1	26.8	25.4	7.6	5.7	0.52	20.4
Signature Hot Chocolate - coconut drink	Grande	362	19.1	15	34.6	32.8	9.9	7.3	0.67	27.2
Signature Hot Chocolate - coconut drink	Venti	436	22.2	17.7	42.8	40.6	12.4	9	0.84	34
Signature Caramel Hot Chocolate - semi skimmed milk	Tall	360	13.8	10.9	44.9	43.4	3.5	12.1	0.33	20.4
Signature Caramel Hot Chocolate - semi skimmed milk	Grande	458	16.9	13.4	58.1	56.1	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - semi skimmed milk	Venti	553	19.3	15.5	71.8	69.5	5.8	19.7	0.52	34
Signature Caramel Hot Chocolate - whole milk	Tall	403	18.8	12.4	44.6	43.1	3.5	11.9	0.32	20.4
Signature Caramel Hot Chocolate - whole milk	Grande	512	23.4	15.4	57.8	55.8	4.6	15.3	0.41	27.2
Signature Caramel Hot Chocolate - whole milk	Venti	623	27.6	18	71.4	69	5.8	19.3	0.51	34
Signature Caramel Hot Chocolate - skimmed milk	Tall	329	10.1	6.7	45.2	43.6	3.5	12.1	0.34	20.4
Signature Caramel Hot Chocolate - skimmed milk	Grande	417	12.1	8	58.4	56.5	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - skimmed milk	Venti	501	13.3	8.7	72.3	69.9	5.8	19.7	0.53	34
Signature Caramel Hot Chocolate - almond drink	Tall	297	12.5	6.6	39.4	37.6	4.3	4.2	0.26	20.4
Signature Caramel Hot Chocolate - almond drink	Grande	376	15.2	7.9	51	48.7	5.6	5.4	0.32	27.2
Signature Caramel Hot Chocolate - almond drink	Venti	449	17.2	8.5	62.7	59.9	7.1	6.7	0.40	34
Signature Caramel Hot Chocolate - soya drink	Tall	344	14.3	7.2	39.6	37.6	5.1	11.6	0.31	20.4
Signature Caramel Hot Chocolate - soya drink	Grande	437	17.6	8.6	51.3	48.7	6.7	15	0.39	27.2
Signature Caramel Hot Chocolate - soya drink	Venti	527	20.2	9.4	63.2	59.9	8.4	18.9	0.49	34
Signature Caramel Hot Chocolate - oat drink	Tall	389	17.2	7.2	50.2	39.7	6.1	5	0.39	20.4
Signature Caramel Hot Chocolate - oat drink	Grande	495	21.3	8.6	64.9	51.4	8	6.5	0.49	27.2
Signature Caramel Hot Chocolate - oat drink	Venti	601	25	9.4	80.5	63.4	10.1	8	0.62	34
Signature Caramel Hot Chocolate - coconut drink	Tall	350	15.9	12.4	41.7	40.2	7.4	5.5	0.54	20.4
Signature Caramel Hot Chocolate - coconut drink	Grande	444	19.6	15.4	54	52.1	9.7	7.1	0.69	27.2
Signature Caramel Hot Chocolate - coconut drink	Venti	536	22.8	18.1	66.6	64.2	12.3	8.9	0.87	34
Signature Hazelnut Hot Chocolate - semi skimmed milk	Tall	346	13.2	10.5	42.6	40.8	3.6	12.3	0.31	20.4
Signature Hazelnut Hot Chocolate - semi skimmed milk	Grande	442	16.3	13	55.6	53.2	4.8	15.8	0.39	27.2
Signature Hazelnut Hot Chocolate - semi skimmed milk	Venti	537	18.8	15.1	69.1	66.1	5.9	19.9	0.50	34
Signature Hazelnut Hot Chocolate - whole milk	Tall	388	18.2	12.1	42.4	40.5	3.6	12	0.30	20.4
Signature Hazelnut Hot Chocolate - whole milk	Grande	497	22.8	15	55.3	52.8	4.8	15.5	0.38	27.2
Signature Hazelnut Hot Chocolate - whole milk	Venti	606	27	17.7	68.7	65.6	5.9	19.4	0.49	34
Signature Hazelnut Hot Chocolate - skimmed milk	Tall	314	9.5	6.3	42.9	41	3.6	12.3	0.31	20.4
Signature Hazelnut Hot Chocolate - skimmed milk	Grande	402	11.6	7.7	56	53.5	4.8	15.8	0.40	27.2
Signature Hazelnut Hot Chocolate - skimmed milk	Venti	485	12.7	8.3	69.6	66.5	5.9	19.9	0.51	34
Signature Hazelnut Hot Chocolate - almond drink	Tall	283	11.9	6.3	37.1	35	4.4	4.4	0.23	20.4
Signature Hazelnut Hot Chocolate - almond drink	Grande	361	14.6	7.6	48.5	45.7	5.8	5.6	0.30	27.2
Signature Hazelnut Hot Chocolate - almond drink	Venti	433	16.6	8.2	60	56.5	7.2	6.9	0.38	34
Signature Hazelnut Hot Chocolate - soya drink	Tall	330	13.8	6.8	37.4	35	5.2	11.8	0.29	20.4
Signature Hazelnut Hot Chocolate - soya drink	Grande	422	17	8.2	48.8	45.7	6.8	15.1	0.37	27.2
Signature Hazelnut Hot Chocolate - soya drink	Venti	511	19.6	9	60.4	56.5	8.5	19	0.46	34
Signature Hazelnut Hot Chocolate - oat drink	Tall	375	16.7	6.8	47.9	37.1	6.3	5.1	0.37	20.4
Signature Hazelnut Hot Chocolate - oat drink	Grande	480	20.8	8.2	62.4	48.4	8.2	6.6	0.47	27.2
Signature Hazelnut Hot Chocolate - oat drink	Venti	585	24.4	9	77.8	60	10.3	8.2	0.59	34
Signature Hazelnut Hot Chocolate - coconut drink	Tall	335	15.3	12.1	39.5	37.6	7.6	5.7	0.52	20.4
Signature Hazelnut Hot Chocolate - coconut drink	Grande	429	19.1	15	51.5	49.1	9.9	7.3	0.67	27.2
Signature Hazelnut Hot Chocolate - coconut drink	Venti	520	22.2	17.7	63.9	60.9	12.4	9	0.84	34
Iced Chocolate - semi skimmed milk	Tall	250	12.2	9.2	25.7	24.5	2.2	8.5	0.17	0
Iced Chocolate - semi skimmed milk	Grande	330	16.5	12.4	33.3	31.8	2.9	10.7	0.22	0
Iced Chocolate - semi skimmed milk	Venti	390	18.1	13.8	41.4	39.5	3.6	13.8	0.28	0
Iced Chocolate - whole milk	Tall	272	14.8	10	25.5	24.4	2.2	8.3	0.17	0
Iced Chocolate - whole milk	Grande	357	19.7	13.4	33.1	31.6	2.9	10.6	0.21	0
Iced Chocolate - whole milk	Venti	427	22.4	15.1	41.2	39.3	3.6	13.6	0.28	0
Iced Chocolate - skimmed milk	Tall	234	10.3	7.1	25.8	24.6	2.2	8.5	0.18	0
Iced Chocolate - skimmed milk	Grande	310	14.1	9.8	33.5	31.9	2.9	10.7	0.22	0
Iced Chocolate - skimmed milk	Venti	363	14.9	10.2	41.6	39.8	3.6	13.8	0.29	0
Iced Chocolate - almond drink	Tall	217	11.5	7	22.8	21.5	2.6	4.4	0.13	0
Iced Chocolate - almond drink	Grande	290	15.6	9.7	29.8	28.1	3.4	5.7	0.17	0
Iced Chocolate - almond drink	Venti	336	16.9	10.1	36.6	34.5	4.2	7	0.22	0
Iced Chocolate - soya drink	Tall	242	12.4	7.3	22.9	21.5	3	8.2	0.16	0
Iced Chocolate - soya drink	Grande	320	16.8	10	29.9	28.1	3.9	10.4	0.20	0
Iced Chocolate - soya drink	Venti	377	18.5	10.6	36.9	34.5	4.9	13.4	0.27	0
Iced Chocolate - oat drink	Tall	265	13.9	7.3	28.4	22.6	3.6	4.8	0.20	0
Iced Chocolate - oat drink	Grande	348	18.7	10	36.7	29.4	4.6	6.2	0.25	0
Iced Chocolate - oat drink	Venti	416	21	10.6	46	36.3	5.8	7.7	0.33	0
Iced Chocolate - coconut drink	Tall	245	13.3	10	24	22.9	4.2	5	0.28	0
Iced Chocolate - coconut drink	Grande	323	17.8	13.4	31.3	29.8	5.4	6.5	0.35	0
Iced Chocolate - coconut drink	Venti	381	19.9	15.1	38.7	36.8	7	8.1	0.47	0
Iced White Chocolate - semi skimmed milk	Tall	278	12.9	10.2	33.3	33.3	0	7.2	0.34	0
Iced White Chocolate - semi skimmed milk	Grande	370	17.5	13.7	43.9	43.9	0.1	9.1	0.45	0
Iced White Chocolate - semi skimmed milk	Venti	442	19.4	15.4	55	55	0.1	11.8	0.57	0
Iced White Chocolate - whole milk	Tall	300	15.5	11	33.2	33.2	0	7	0.34	0
Iced White Chocolate - whole milk	Grande	397	20.7	14.7	43.8	43.8	0.1	9	0.44	0
Iced White Chocolate - whole milk	Venti	479	23.7	16.8	54.8	54.8	0.1	11.6	0.56	0
Iced White Chocolate - skimmed milk	Tall	262	11	8	33.5	33.5	0	7.2	0.35	0
Iced White Chocolate - skimmed milk	Grande	350	15.1	11.1	44.1	44.1	0.1	9.1	0.45	0
Iced White Chocolate - skimmed milk	Venti	415	16.2	11.8	55.3	55.3	0.1	11.8	0.58	0
Iced White Chocolate - almond drink	Tall	245	12.2	8	30.5	30.3	0.5	3.1	0.31	0
Iced White Chocolate - almond drink	Grande	329	16.7	11	40.4	40.2	0.6	4.1	0.40	0
Iced White Chocolate - almond drink	Venti	387	18.2	11.8	50.2	50	0.8	5	0.51	0
Iced White Chocolate - soya drink	Tall	270	13.2	8.3	30.6	30.3	0.9	6.9	0.33	0
Iced White Chocolate - soya drink	Grande	360	17.8	11.3	40.6	40.2	1.1	8.8	0.43	0
Iced White Chocolate - soya drink	Venti	428	19.8	12.2	50.5	50	1.5	11.4	0.55	0
Iced White Chocolate - oat drink	Tall	293	14.7	8.3	36.1	31.4	1.4	3.5	0.37	0
Iced White Chocolate - oat drink	Grande	388	19.7	11.3	47.3	41.6	1.7	4.6	0.48	0
Iced White Chocolate - oat drink	Venti	467	22.3	12.2	59.6	51.8	2.4	5.7	0.62	0
Iced White Chocolate - coconut drink	Tall	273	14	11	31.7	31.7	2.1	3.8	0.45	0
Iced White Chocolate - coconut drink	Grande	363	18.8	14.7	41.9	41.9	2.6	4.9	0.58	0
Iced White Chocolate - coconut drink	Venti	433	21.2	16.8	52.3	52.3	3.5	6.1	0.75	0
Frappuccino®										
Coffee Frappuccino® - semi skimmed milk	Tall	204	9.5	7.1	25.7	24.9	0.1	3.7	0.41	23.2
Coffee Frappuccino® - semi skimmed milk	Grande	280	13	9.7	35.5	34.5	0.2	4.7	0.57	32.9
Coffee Frappuccino® - semi skimmed milk	Venti	316	13.2	9.9	43.4	42.1	0.2	5.2	0.69	41.7
Coffee Frappuccino® - whole milk	Tall	217	11	7.6	25.6	24.8	0.1	3.6	0.41	23.2
Coffee Frappuccino® - whole milk	Grande	295	14.9	10.3	35.4	34.4	0.2	4.6	0.57	32.9
Coffee Frappuccino® - whole milk	Venti	333	15.3	10.5	43.3	42	0.2	5.1	0.69	41.7
Coffee Frappuccino® - skimmed milk	Tall	194	8.4	5.9	25.7	25	0.1	3.7	0.42	23.2
Coffee Frappuccino® - skimmed milk	Grande	268	11.7	8.2	35.6	34.6	0.2	4.7	0.57	32.9
Coffee Frappuccino® - skimmed milk	Venti	303	11.7	8.2	43.6	42.2	0.2	5.2	0.70	41.7
Coffee Frappuccino® - almond drink	Tall	185	9.1	5.9	24	23.2	0.4	1.3	0.39	23.2
Coffee Frappuccino® - almond drink	Grande	257	12.5	8.2	33.5	32.3	0.5	1.8	0.54	32.9
Coffee Frappuccino® - almond drink	Venti	290	12.7	8.2	41.2	39.7	0.5	2	0.67	41.7

Coffee Frappuccino® - soya drink	Tall	199	9.6	6	24.1	23.2	0.6	3.6	0.41	23.2
Coffee Frappuccino® - soya drink	Grande	274	13.2	8.4	33.6	32.3	0.8	4.5	0.56	32.9
Coffee Frappuccino® - soya drink	Venti	309	13.4	8.4	41.3	39.7	0.9	5	0.69	41.7
Coffee Frappuccino® - oat drink	Tall	213	10.5	6	27.3	23.8	0.9	1.6	0.43	23.2
Coffee Frappuccino® - oat drink	Grande	290	14.3	8.4	37.5	33.1	1.1	2.1	0.59	32.9
Coffee Frappuccino® - oat drink	Venti	327	14.6	8.4	45.6	40.6	1.3	2.3	0.72	41.7
Coffee Frappuccino® - coconut drink	Tall	201	10.1	7.6	24.7	24	1.3	1.7	0.48	23.2
Coffee Frappuccino® - coconut drink	Grande	276	13.8	10.3	34.4	33.3	1.6	2.3	0.65	32.9
Coffee Frappuccino® - coconut drink	Venti	311	14.1	10.5	42.2	40.8	1.8	2.5	0.78	41.7
Caramel Frappuccino® - semi skimmed milk	Tall	262	11.1	8.1	36.5	35.3	0.1	3.9	0.46	23.2
Caramel Frappuccino® - semi skimmed milk	Grande	358	15.1	11	50.2	48.5	0.2	4.9	0.63	32.9
Caramel Frappuccino® - semi skimmed milk	Venti	417	16	11.6	62.4	60.1	0.2	5.4	0.78	41.7
Caramel Frappuccino® - whole milk	Tall	275	12.6	8.6	36.5	35.2	0.1	3.8	0.46	23.2
Caramel Frappuccino® - whole milk	Grande	373	16.9	11.6	50.1	48.4	0.2	4.8	0.63	32.9
Caramel Frappuccino® - whole milk	Venti	434	18	12.2	62.2	60	0.2	5.3	0.78	41.7
Caramel Frappuccino® - skimmed milk	Tall	253	10	6.9	36.6	35.3	0.1	3.9	0.47	23.2
Caramel Frappuccino® - skimmed milk	Grande	346	13.7	9.5	50.3	48.6	0.2	4.9	0.64	32.9
Caramel Frappuccino® - skimmed milk	Venti	404	14.5	9.9	62.5	60.2	0.2	5.4	0.78	41.7
Caramel Frappuccino® - almond drink	Tall	243	10.7	6.9	34.9	33.5	0.4	1.5	0.44	23.2
Caramel Frappuccino® - almond drink	Grande	335	14.6	9.5	48.2	46.3	0.5	2	0.61	32.9
Caramel Frappuccino® - almond drink	Venti	391	15.4	9.9	60.1	57.8	0.5	2.2	0.75	41.7
Caramel Frappuccino® - soya drink	Tall	258	11.2	7	34.9	33.5	0.6	3.7	0.46	23.2
Caramel Frappuccino® - soya drink	Grande	352	15.3	9.7	48.3	46.3	0.8	4.7	0.63	32.9
Caramel Frappuccino® - soya drink	Venti	410	16.2	10.1	60.2	57.8	0.9	5.2	0.77	41.7
Caramel Frappuccino® - oat drink	Tall	271	12.1	7	38.1	34.1	0.9	1.7	0.48	23.2
Caramel Frappuccino® - oat drink	Grande	368	16.4	9.7	52.1	47.1	1.1	2.3	0.65	32.9
Caramel Frappuccino® - oat drink	Venti	428	17.3	10.1	64.5	58.6	1.3	2.5	0.80	41.7
Caramel Frappuccino® - coconut drink	Tall	259	11.7	8.6	35.6	34.3	1.3	1.9	0.53	23.2
Caramel Frappuccino® - coconut drink	Grande	354	15.9	11.6	49	47.3	1.6	2.4	0.71	32.9
Caramel Frappuccino® - coconut drink	Venti	412	16.8	12.2	61.1	58.9	1.8	2.7	0.87	41.7
Espresso Frappuccino® - semi skimmed milk	Tall	113	1.4	1.3	21.4	20.4	0.2	3.2	0.38	48.4
Espresso Frappuccino® - semi skimmed milk	Grande	159	1.8	1.6	31.1	29.7	0.3	4.1	0.53	58.5
Espresso Frappuccino® - semi skimmed milk	Venti	193	2	1.8	38.6	36.9	0.3	4.5	0.65	65.5
Espresso Frappuccino® - whole milk	Tall	124	2.8	1.7	21.3	20.3	0.2	3.2	0.37	48.4
Espresso Frappuccino® - whole milk	Grande	173	3.5	2.1	31	29.6	0.3	4	0.53	58.5
Espresso Frappuccino® - whole milk	Venti	209	3.9	2.4	38.5	36.8	0.3	4.4	0.65	65.5
Espresso Frappuccino® - skimmed milk	Tall	104	0.4	0.1	21.5	20.5	0.2	3.2	0.38	48.4
Espresso Frappuccino® - skimmed milk	Grande	148	0.5	0.2	31.1	29.8	0.3	4.1	0.54	58.5
Espresso Frappuccino® - skimmed milk	Venti	181	0.6	0.2	38.7	37	0.3	4.5	0.66	65.5
Espresso Frappuccino® - almond drink	Tall	96	1.1	0.1	19.9	18.8	0.4	1.1	0.36	48.4
Espresso Frappuccino® - almond drink	Grande	137	1.4	0.1	29.1	27.7	0.5	1.4	0.51	58.5
Espresso Frappuccino® - almond drink	Venti	169	1.5	0.2	36.5	34.7	0.6	1.5	0.63	65.5
Espresso Frappuccino® - soya drink	Tall	108	1.6	0.3	20	18.8	0.6	3.1	0.37	48.4
Espresso Frappuccino® - soya drink	Grande	153	2	0.3	29.2	27.7	0.8	3.9	0.53	58.5
Espresso Frappuccino® - soya drink	Venti	187	2.2	0.4	36.6	34.7	0.9	4.3	0.65	65.5
Espresso Frappuccino® - oat drink	Tall	120	2.3	0.3	22.8	19.4	0.9	1.3	0.39	48.4
Espresso Frappuccino® - oat drink	Grande	169	3	0.3	32.9	28.4	1.2	1.6	0.55	58.5
Espresso Frappuccino® - oat drink	Venti	204	3.3	0.4	40.6	35.5	1.3	1.8	0.68	65.5
Espresso Frappuccino® - coconut drink	Tall	110	2	1.7	20.6	19.5	1.3	1.4	0.43	48.4
Espresso Frappuccino® - coconut drink	Grande	155	2.5	2.2	30	28.6	1.6	1.8	0.61	58.5
Espresso Frappuccino® - coconut drink	Venti	189	2.8	2.4	37.4	35.7	1.8	2	0.73	65.5
Mocha Frappuccino® - semi skimmed milk	Tall	230	10	7.4	29.8	28.7	0.8	4.5	0.40	22.1
Mocha Frappuccino® - semi skimmed milk	Grande	315	13.8	10.1	41	39.5	1.2	5.9	0.53	30.4
Mocha Frappuccino® - semi skimmed milk	Venti	375	14.3	10.6	53.2	51.1	1.6	7	0.68	40.8
Mocha Frappuccino® - whole milk	Tall	242	11.4	7.9	29.7	28.7	0.8	4.5	0.39	22.1
Mocha Frappuccino® - whole milk	Grande	329	15.5	10.7	41	39.4	1.2	5.8	0.53	30.4
Mocha Frappuccino® - whole milk	Venti	391	16.3	11.2	53.1	51	1.6	6.9	0.68	40.8
Mocha Frappuccino® - skimmed milk	Tall	221	8.9	6.2	29.9	28.8	0.8	4.5	0.40	22.1
Mocha Frappuccino® - skimmed milk	Grande	304	12.5	8.7	41.1	39.6	1.2	5.9	0.53	30.4
Mocha Frappuccino® - skimmed milk	Venti	362	12.9	8.9	53.3	51.2	1.6	7	0.69	40.8
Mocha Frappuccino® - almond drink	Tall	211	9.6	6.2	28.2	27.1	1	2.3	0.38	22.1
Mocha Frappuccino® - almond drink	Grande	293	13.3	8.7	39.2	37.5	1.5	3.2	0.51	30.4
Mocha Frappuccino® - almond drink	Venti	350	13.8	8.9	51	48.8	1.9	3.9	0.66	40.8
Mocha Frappuccino® - soya drink	Tall	225	10.1	6.4	28.3	27.1	1.3	4.4	0.39	22.1
Mocha Frappuccino® - soya drink	Grande	309	13.9	8.9	39.3	37.5	1.7	5.7	0.52	30.4
Mocha Frappuccino® - soya drink	Venti	368	14.5	9.1	51.1	48.8	2.2	6.8	0.68	40.8
Mocha Frappuccino® - oat drink	Tall	238	11	6.4	31.3	27.7	1.6	2.5	0.41	22.1
Mocha Frappuccino® - oat drink	Grande	325	14.9	8.9	42.8	38.3	2.1	3.4	0.55	30.4
Mocha Frappuccino® - oat drink	Venti	386	15.7	9.1	55.3	49.7	2.6	4.2	0.71	40.8
Mocha Frappuccino® - coconut drink	Tall	227	10.6	7.9	28.9	27.8	1.9	2.6	0.46	22.1
Mocha Frappuccino® - coconut drink	Grande	311	14.5	10.7	40	38.4	2.5	3.6	0.60	30.4
Mocha Frappuccino® - coconut drink	Venti	370	15.2	11.2	51.9	49.9	3.1	4.4	0.77	40.8
White Mocha Frappuccino® - semi skimmed milk	Tall	239	10.2	7.7	32.2	31.5	0.1	4.2	0.45	22.4
White Mocha Frappuccino® - semi skimmed milk	Grande	341	14.3	10.8	47.2	46.2	0.2	5.5	0.63	30.8
White Mocha Frappuccino® - semi skimmed milk	Venti	378	14.5	11	55.2	53.9	0.2	6	0.76	40
White Mocha Frappuccino® - whole milk	Tall	251	11.7	8.2	32.2	31.4	0.1	4.1	0.45	22.4
White Mocha Frappuccino® - whole milk	Grande	356	16.1	11.3	47.1	46.1	0.2	5.4	0.63	30.8
White Mocha Frappuccino® - whole milk	Venti	394	16.5	11.6	55.1	53.8	0.2	5.9	0.76	40
White Mocha Frappuccino® - skimmed milk	Tall	229	9.1	6.5	32.3	31.6	0.1	4.2	0.45	22.4
White Mocha Frappuccino® - skimmed milk	Grande	330	13.1	9.4	47.3	46.3	0.2	5.5	0.63	30.8
White Mocha Frappuccino® - skimmed milk	Venti	365	13.1	9.4	55.3	54	0.2	6	0.77	40
White Mocha Frappuccino® - almond drink	Tall	220	9.8	6.5	30.6	29.8	0.4	1.9	0.43	22.4
White Mocha Frappuccino® - almond drink	Grande	319	13.9	9.3	45.3	44.2	0.5	2.7	0.61	30.8
White Mocha Frappuccino® - almond drink	Venti	353	14	9.3	53	51.6	0.6	2.9	0.74	40
White Mocha Frappuccino® - soya drink	Tall	234	10.4	6.6	30.7	29.8	0.6	4	0.45	22.4
White Mocha Frappuccino® - soya drink	Grande	336	14.5	9.5	45.4	44.2	0.7	5.3	0.63	30.8
White Mocha Frappuccino® - soya drink	Venti	372	14.7	9.5	53.1	51.6	0.9	5.8	0.76	40
White Mocha Frappuccino® - oat drink	Tall	247	11.2	6.6	33.8	30.4	0.9	2.1	0.47	22.4
White Mocha Frappuccino® - oat drink	Grande	351	15.5	9.5	49	44.9	1.1	3	0.65	30.8
White Mocha Frappuccino® - oat drink	Venti	389	15.9	9.5	57.2	52.4	1.3	3.2	0.79	40
White Mocha Frappuccino® - coconut drink	Tall	235	10.8	8.2	31.3	30.6	1.3	2.2	0.51	22.4
White Mocha Frappuccino® - coconut drink	Grande	338	15.1	11.3	46.1	45.1	1.6	3.2	0.71	30.8
White Mocha Frappuccino® - coconut drink	Venti	374	15.4	11.6	53.9	52.6	1.8	3.4	0.85	40
Java Chip Frappuccino® - semi skimmed milk	Tall	283	12.9	9.7	35.8	34	1.5	5.1	0.48	22.4
Java Chip Frappuccino® - semi skimmed milk	Grande	392	17.8	13.4	49.9	47.3	2	6.7	0.66	32
Java Chip Frappuccino® - semi skimmed milk	Venti	458	19.4	14.6	61.7	58.4	2.5	7.7	0.82	40.8
Java Chip Frappuccino® - whole milk	Tall	296	14.3	10.2	35.7	33.9	1.5	5.1	0.47	22.4
Java Chip Frappuccino® - whole milk	Grande	407	19.6	14	49.8	47.2	2	6.6	0.66	32
Java Chip Frappuccino® - whole milk	Venti	475	21.3	15.2	61.6	58.3	2.5	7.6	0.82	40.8
Java Chip Frappuccino® - skimmed milk	Tall	274	11.8	8.5	35.9	34	1.5	5.1	0.48	22.4
Java Chip Frappuccino® - skimmed milk	Grande	381	16.5	12	50	47.4	2	6.7	0.67	32
Java Chip Frappuccino® - skimmed milk	Venti	446	17.9	13	61.8	58.5	2.5	7.7	0.82	40.8
Java Chip Frappuccino® - almond drink	Tall	265	12.5	8.5	34.2	32.3	1.7	2.8	0.45	22.4
Java Chip Frappuccino® - almond drink	Grande	370	17.4	11.9	47.9	45.2	2.3	3.8	0.64	32
Java Chip Frappuccino® - almond drink	Venti	433	18.8	13	59.5	56.1	2.8	4.6	0.79	40.8
Java Chip Frappuccino® - soya drink	Tall	279	13	8.7	34.3	32.3	1.9	5	0.47	22.4
Java Chip Frappuccino® - soya drink	Grande	386	18	12.1	48	45.2	2.6	6.5	0.66	32

Java Chip Frappuccino® - soya drink	Venti	452	19.6	13.2	59.6	56.1	3.2	7.5	0.81	40.8
Java Chip Frappuccino® - oat drink	Tall	292	13.9	8.7	37.4	32.9	2.2	3.1	0.49	22.4
Java Chip Frappuccino® - oat drink	Grande	403	19.1	12.1	51.8	46	3	4.1	0.68	32
Java Chip Frappuccino® - oat drink	Venti	470	20.7	13.2	63.8	56.9	3.6	4.9	0.84	40.8
Java Chip Frappuccino® - coconut drink	Tall	280	13.5	10.2	34.9	33	2.6	3.2	0.54	22.4
Java Chip Frappuccino® - coconut drink	Grande	388	18.6	14	48.8	46.1	3.4	4.3	0.74	32
Java Chip Frappuccino® - coconut drink	Venti	454	20.2	15.3	60.4	57.1	4.1	5.1	0.90	40.8
Chocolate Cream Frappuccino® - semi skimmed milk	Tall	229	10.5	8	27.7	26.8	0.8	5.4	0.41	0
Chocolate Cream Frappuccino® - semi skimmed milk	Grande	314	14.5	10.9	38.4	37.1	1.2	7.1	0.56	0
Chocolate Cream Frappuccino® - semi skimmed milk	Venti	373	15.2	11.6	49.5	47.8	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - whole milk	Tall	246	12.5	8.6	27.6	26.7	0.8	5.3	0.41	0
Chocolate Cream Frappuccino® - whole milk	Grande	335	17	11.7	38.3	37	1.2	7	0.56	0
Chocolate Cream Frappuccino® - whole milk	Venti	399	18.3	12.6	49.4	47.7	1.5	8.5	0.73	0
Chocolate Cream Frappuccino® - skimmed milk	Tall	216	9	6.3	27.9	27	0.8	5.4	0.41	0
Chocolate Cream Frappuccino® - skimmed milk	Grande	298	12.6	8.8	38.5	37.3	1.2	7.1	0.56	0
Chocolate Cream Frappuccino® - skimmed milk	Venti	353	13	9	49.7	48	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - almond drink	Tall	203	10	6.3	25.5	24.5	1.2	2.3	0.38	0
Chocolate Cream Frappuccino® - almond drink	Grande	282	13.8	8.8	35.6	34.2	1.6	3.1	0.52	0
Chocolate Cream Frappuccino® - almond drink	Venti	333	14.4	9	46.1	44.3	2	3.7	0.68	0
Chocolate Cream Frappuccino® - soya drink	Tall	222	10.7	6.5	25.6	24.5	1.5	5.2	0.40	0
Chocolate Cream Frappuccino® - soya drink	Grande	306	14.7	9.1	35.7	34.2	2	6.8	0.55	0
Chocolate Cream Frappuccino® - soya drink	Venti	363	15.6	9.3	46.3	44.3	2.5	8.3	0.72	0
Chocolate Cream Frappuccino® - oat drink	Tall	240	11.9	6.5	29.9	25.4	1.9	2.6	0.43	0
Chocolate Cream Frappuccino® - oat drink	Grande	329	16.2	9.1	41	35.3	2.5	3.5	0.59	0
Chocolate Cream Frappuccino® - oat drink	Venti	391	17.4	9.3	52.8	45.6	3.1	4.2	0.77	0
Chocolate Cream Frappuccino® - coconut drink	Tall	224	11.3	8.6	26.5	25.6	2.4	2.8	0.49	0
Chocolate Cream Frappuccino® - coconut drink	Grande	309	15.5	11.7	36.8	35.5	3.2	3.8	0.67	0
Chocolate Cream Frappuccino® - coconut drink	Venti	366	16.6	12.6	47.6	45.9	4	4.6	0.86	0
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	206	9.8	7.5	25.2	24.7	0	4.2	0.40	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	278	13.4	10.2	34.2	33.4	0	5.3	0.54	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	323	13.8	10.7	43.5	42.5	0	6.2	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	223	11.8	8.2	25.1	24.6	0	4.1	0.40	0
Vanilla Cream Frappuccino® - whole milk	Grande	299	15.9	11	34	33.3	0	5.2	0.54	0
Vanilla Cream Frappuccino® - whole milk	Venti	348	16.8	11.6	43.4	42.4	0	6	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	193	8.3	5.9	25.4	24.8	0	4.2	0.41	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	263	11.6	8.2	34.3	33.5	0	5.3	0.54	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	305	11.7	8.3	43.7	42.7	0	6.2	0.69	0
Vanilla Cream Frappuccino® - almond drink	Tall	181	9.3	5.9	23	22.4	0.3	1.1	0.37	0
Vanilla Cream Frappuccino® - almond drink	Grande	247	12.8	8.2	31.4	30.6	0.4	1.4	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	286	13.1	8.2	40.3	39.1	0.5	1.5	0.65	0
Vanilla Cream Frappuccino® - soya drink	Tall	199	10	6.1	23.2	22.4	0.6	4	0.40	0
Vanilla Cream Frappuccino® - soya drink	Grande	270	13.7	8.4	31.6	30.6	0.8	5	0.53	0
Vanilla Cream Frappuccino® - soya drink	Venti	314	14.1	8.5	40.4	39.1	0.9	5.9	0.68	0
Vanilla Cream Frappuccino® - oat drink	Tall	217	11.1	6.1	27.3	23.2	1	1.4	0.43	0
Vanilla Cream Frappuccino® - oat drink	Grande	292	15.1	8.4	36.7	31.6	1.3	1.8	0.57	0
Vanilla Cream Frappuccino® - oat drink	Venti	340	15.8	8.5	46.6	40.4	1.5	2	0.73	0
Vanilla Cream Frappuccino® - coconut drink	Tall	202	10.6	8.2	24	23.4	1.6	1.6	0.49	0
Vanilla Cream Frappuccino® - coconut drink	Grande	273	14.4	11	32.6	31.9	1.9	2.1	0.64	0
Vanilla Cream Frappuccino® - coconut drink	Venti	317	15.1	11.6	41.7	40.7	2.3	2.3	0.81	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	247	11.4	8.5	31.9	31	0	4.4	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	333	15.5	11.5	42.9	41.6	0	5.5	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	394	16.6	12.4	55	53.3	0	6.4	0.78	0
Caramel Cream Frappuccino® - whole milk	Tall	264	13.4	9.2	31.8	30.9	0	4.2	0.45	0
Caramel Cream Frappuccino® - whole milk	Grande	353	17.9	12.3	42.8	41.5	0	5.3	0.60	0
Caramel Cream Frappuccino® - whole milk	Venti	419	19.5	13.3	54.8	53.1	0	6.3	0.77	0
Caramel Cream Frappuccino® - skimmed milk	Tall	235	9.9	6.9	32.1	31.1	0	4.4	0.46	0
Caramel Cream Frappuccino® - skimmed milk	Grande	317	13.7	9.5	43	41.7	0	5.5	0.61	0
Caramel Cream Frappuccino® - skimmed milk	Venti	376	14.4	10	55.1	53.4	0	6.4	0.78	0
Caramel Cream Frappuccino® - almond drink	Tall	222	10.9	6.9	29.7	28.7	0.3	1.2	0.42	0
Caramel Cream Frappuccino® - almond drink	Grande	302	14.8	9.5	40.2	38.8	0.4	1.6	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	357	15.8	9.9	51.7	49.9	0.5	1.8	0.73	0
Caramel Cream Frappuccino® - soya drink	Tall	241	11.6	7.1	29.8	28.7	0.6	4.1	0.45	0
Caramel Cream Frappuccino® - soya drink	Grande	325	15.7	9.7	40.3	38.8	0.8	5.2	0.60	0
Caramel Cream Frappuccino® - soya drink	Venti	385	16.9	10.2	51.9	49.9	0.9	6.1	0.76	0
Caramel Cream Frappuccino® - oat drink	Tall	259	12.7	7.1	34	29.5	1	1.5	0.48	0
Caramel Cream Frappuccino® - oat drink	Grande	347	17.2	9.7	45.5	39.8	1.3	2	0.63	0
Caramel Cream Frappuccino® - oat drink	Venti	411	18.6	10.2	58.1	51.1	1.5	2.2	0.81	0
Caramel Cream Frappuccino® - coconut drink	Tall	243	12.2	9.2	30.7	29.7	1.6	1.7	0.54	0
Caramel Cream Frappuccino® - coconut drink	Grande	327	16.5	12.3	41.4	40.1	1.9	2.2	0.71	0
Caramel Cream Frappuccino® - coconut drink	Venti	388	17.8	13.3	53.1	51.4	2.3	2.5	0.90	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Tall	229	10.6	8.2	28.8	28.3	0	4.8	0.46	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Grande	329	14.9	11.4	42.5	41.9	0	6.3	0.64	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Venti	366	15.3	11.9	50	49.1	0	7.2	0.79	0
White Chocolate Cream Frappuccino® - whole milk	Tall	246	12.6	8.8	28.7	28.2	0	4.7	0.46	0
White Chocolate Cream Frappuccino® - whole milk	Grande	350	17.3	12.2	42.4	41.8	0	6.2	0.64	0
White Chocolate Cream Frappuccino® - whole milk	Venti	391	18.2	12.8	49.8	49	0	7.1	0.79	0
White Chocolate Cream Frappuccino® - skimmed milk	Tall	217	9.1	6.5	28.9	28.4	0	4.8	0.46	0
White Chocolate Cream Frappuccino® - skimmed milk	Grande	314	13.1	9.4	42.7	42	0	6.3	0.65	0
White Chocolate Cream Frappuccino® - skimmed milk	Venti	348	13.1	9.4	50.1	49.3	0	7.2	0.80	0
White Chocolate Cream Frappuccino® - almond drink	Tall	204	10.1	6.5	26.6	26	0.3	1.6	0.43	0
White Chocolate Cream Frappuccino® - almond drink	Grande	298	14.2	9.4	39.8	39.1	0.4	2.5	0.61	0
White Chocolate Cream Frappuccino® - almond drink	Venti	329	14.5	9.4	46.7	45.7	0.5	2.6	0.75	0
White Chocolate Cream Frappuccino® - soya drink	Tall	223	10.8	6.7	26.7	26	0.6	4.6	0.45	0
White Chocolate Cream Frappuccino® - soya drink	Grande	321	15.1	9.6	39.9	39.1	0.8	6.1	0.63	0
White Chocolate Cream Frappuccino® - soya drink	Venti	357	15.6	9.7	46.9	45.7	1	6.9	0.78	0
White Chocolate Cream Frappuccino® - oat drink	Tall	241	11.9	6.7	30.9	26.9	1.1	2	0.48	0
White Chocolate Cream Frappuccino® - oat drink	Grande	343	16.5	9.6	45.1	40.1	1.3	2.9	0.67	0
White Chocolate Cream Frappuccino® - oat drink	Venti	383	17.3	9.7	53.1	47	1.6	3.1	0.83	0
White Chocolate Cream Frappuccino® - coconut drink	Tall	225	11.4	8.8	27.5	27.1	1.6	2.2	0.54	0
White Chocolate Cream Frappuccino® - coconut drink	Grande	324	15.9	12.2	41	40.4	2	3.1	0.75	0
White Chocolate Cream Frappuccino® - coconut drink	Venti	360	16.5	12.8	48.1	47.3	2.4	3.4	0.92	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	241	9.8	7.4	34.1	32.5	0.4	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	335	13.4	10.1	48.1	45.8	0.6	5.3	0.53	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	396	13.8	10.5	61.6	58.5	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - whole milk	Tall	257	11.6	8	34	32.4	0.4	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	355	15.7	10.8	48	45.7	0.6	5.2	0.52	0
Strawberries & Cream Frappuccino® - whole milk	Venti	419	16.5	11.3	61.4	58.3	0.7	6	0.66	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	230	8.4	5.9	34.2	32.6	0.4	4.2	0.39	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	320	11.7	8.2	48.2	45.9	0.6	5.3	0.53	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	379	11.8	8.2	61.7	58.6	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - almond drink	Tall	218	9.3	5.8	32	30.3	0.7	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	306	12.8	8.2	45.6	43.1	0.9	1.7	0.49	0
Strawberries & Cream Frappuccino® - almond drink	Venti	362	13.1	8.2	58.6	55.3	1.2	1.9	0.62	0
Strawberries & Cream Frappuccino® - soya drink	Tall	235	10	6	32.1	30.3	1	4	0.38	0
Strawberries & Cream Frappuccino® - soya drink	Grande	328	13.7	8.4	45.7	43.1	1.3	5.1	0.52	0
Strawberries & Cream Frappuccino® - soya drink	Venti	387	14.1	8.5	58.7	55.3	1.6	5.9	0.65	0
Strawberries & Cream Frappuccino® - oat drink	Tall	252	11.1	6	36	31.1	1.4	1.5	0.41	0

Classic Shaken Iced Black Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.8
Classic Shaken Iced Black Tea Lemonade	Tall	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.5	
Classic Shaken Iced Black Tea Lemonade	Grande	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.7	
Classic Shaken Iced Black Tea Lemonade	Venti	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0.8	
Classic Shaken Iced Green Tea	Tall	0	0	0	0	0	0	0	0.00	0.6	
Classic Shaken Iced Green Tea	Grande	0	0	0	0	0	0	0	0.00	0.9	
Classic Shaken Iced Green Tea	Venti	0	0	0	0	0	0	0	0.00	1	
Classic Shaken Iced Green Tea Lemonade	Tall	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.6	
Classic Shaken Iced Green Tea Lemonade	Grande	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.9	
Classic Shaken Iced Green Tea Lemonade	Venti	56	0.2	0	13.3	13.3	0.2	0.2	0.00	1	
Classic Shaken Hibiscus Tea	Tall	0	0	0	0	0	0	0	0.00	0	
Classic Shaken Hibiscus Tea	Grande	0	0	0	0	0	0	0	0.00	0	
Classic Shaken Hibiscus Tea	Venti	0	0	0	0	0	0	0	0.00	0	
Classic Shaken Hibiscus Tea Lemonade	Tall	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0	
Classic Shaken Hibiscus Tea Lemonade	Grande	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0	
Classic Shaken Hibiscus Tea Lemonade	Venti	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0	
Hot Teas											
English Breakfast Tea	Tall	0	0	0	0	0	0	0	0.00	0.8	
English Breakfast Tea	Grande	0	0	0	0	0	0	0	0.00	0.8	
English Breakfast Tea	Venti	0	0	0	0	0	0	0	0.00	1.6	
Jasmine Pearls Tea	Tall	0	0	0	0	0	0	0	0.00	1.1	
Jasmine Pearls Tea	Grande	0	0	0	0	0	0	0	0.00	1.1	
Jasmine Pearls Tea	Venti	1	0	0	0	0	0	0	0.00	2.1	
Mint Citrus Green Tea	Tall	0	0	0	0	0	0	0	0.00	0	
Mint Citrus Green Tea	Grande	0	0	0	0	0	0	0	0.00	0	
Mint Citrus Green Tea	Venti	0	0	0	0	0	0	0	0.00	0	
Emperor's Clouds & Mist Tea	Tall	0	0	0	0	0	0	0	0.00	0.8	
Emperor's Clouds & Mist Tea	Grande	0	0	0	0	0	0	0	0.00	0.8	
Emperor's Clouds & Mist Tea	Venti	1	0	0	0	0	0	0	0.00	1.6	
Chamomile	Tall	0	0	0	0	0	0	0	0.00	0	
Chamomile	Grande	0	0	0	0	0	0	0	0.00	0	
Chamomile	Venti	0	0	0	0	0	0	0	0.00	0	
Earl Grey Tea	Tall	0	0	0	0	0	0	0	0.00	0.5	
Earl Grey Tea	Grande	0	0	0	0	0	0	0	0.00	0.5	
Earl Grey Tea	Venti	0	0	0	0	0	0	0	0.00	1	
Mint Herbal Blend	Tall	0	0	0	0	0	0	0	0.00	0	
Mint Herbal Blend	Grande	0	0	0	0	0	0	0	0.00	0	
Mint Herbal Blend	Venti	0	0	0	0	0	0	0	0.00	0	
Hibiscus Tea	Tall	0	0	0	0	0	0	0	0.00	0	
Hibiscus Tea	Grande	0	0	0	0	0	0	0	0.00	0	
Hibiscus Tea	Venti	0	0	0	0	0	0	0	0.00	0	
Chai Tea	Tall	0	0	0	0	0	0	0	0.00	0.4	
Chai Tea	Grande	0	0	0	0	0	0	0	0.00	0.4	
Chai Tea	Venti	0	0	0	0	0	0	0	0.00	0.8	
Youthberry Tea	Tall	0	0	0	0	0	0	0	0.00	0	
Youthberry Tea	Grande	0	0	0	0	0	0	0	0.00	0	
Youthberry Tea	Venti	1	0	0	0.1	0.1	0	0	0.00	0	
Tea Latte											
Matcha Green Tea Latte - semi skimmed milk	Tall	101	3.4	3.4	9.9	9.3	0.6	7.3	0.21	38.5	
Matcha Green Tea Latte - semi skimmed milk	Grande	148	5	4.9	14.6	13.6	1.1	10.7	0.31	65.7	
Matcha Green Tea Latte - semi skimmed milk	Venti	184	6.2	6.1	18.2	16.8	1.4	13.3	0.38	83.4	
Matcha Green Tea Latte - whole milk	Tall	132	7.2	4.5	9.8	9.1	0.6	7.1	0.21	38.5	
Matcha Green Tea Latte - whole milk	Grande	194	10.4	6.6	14.3	13.3	1.1	10.4	0.30	65.7	
Matcha Green Tea Latte - whole milk	Venti	241	13	8.2	17.8	16.5	1.4	13	0.37	83.4	
Matcha Green Tea Latte - skimmed milk	Tall	77	0.7	0.3	10.1	9.5	0.6	7.3	0.22	38.5	
Matcha Green Tea Latte - skimmed milk	Grande	114	1	0.4	14.9	13.8	1.1	10.7	0.31	65.7	
Matcha Green Tea Latte - skimmed milk	Venti	141	1.2	0.5	18.5	17.2	1.4	13.3	0.39	83.4	
Matcha Green Tea Latte - almond drink	Tall	53	2.4	0.2	5.8	5	1.2	1.4	0.16	38.5	
Matcha Green Tea Latte - almond drink	Grande	79	3.6	0.3	8.6	7.3	1.9	2.1	0.23	65.7	
Matcha Green Tea Latte - almond drink	Venti	99	4.4	0.4	10.7	9	2.4	2.7	0.28	83.4	
Matcha Green Tea Latte - soya drink	Tall	89	3.8	0.6	6	5	1.8	6.9	0.20	38.5	
Matcha Green Tea Latte - soya drink	Grande	131	5.6	0.9	8.9	7.3	2.8	10.1	0.29	65.7	
Matcha Green Tea Latte - soya drink	Venti	163	6.9	1.1	11.1	9	3.5	12.6	0.36	83.4	
Matcha Green Tea Latte - oat drink	Tall	122	6	0.6	13.9	6.6	2.6	2	0.26	38.5	
Matcha Green Tea Latte - oat drink	Grande	179	8.7	0.9	20.4	9.6	3.9	3	0.37	65.7	
Matcha Green Tea Latte - oat drink	Venti	223	10.8	1.1	25.3	11.9	4.9	3.7	0.46	83.4	
Matcha Green Tea Latte - coconut drink	Tall	93	5	4.5	7.6	7	3.6	2.4	0.37	38.5	
Matcha Green Tea Latte - coconut drink	Grande	136	7.3	6.6	11.2	10.1	5.4	3.6	0.54	65.7	
Matcha Green Tea Latte - coconut drink	Venti	170	9	8.2	13.9	12.6	6.7	4.4	0.67	83.4	
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	96	3.2	3.1	9.5	8.7	0.9	6.9	0.20	52.8	
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	123	4	3.9	12.2	10.9	1.3	8.9	0.25	79.2	
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	105.6	
Iced Matcha Green Tea Latte - whole milk	Tall	125	6.7	4.2	9.3	8.5	0.9	6.8	0.19	52.8	
Iced Matcha Green Tea Latte - whole milk	Grande	160	8.4	5.3	12	10.7	1.3	8.7	0.24	79.2	
Iced Matcha Green Tea Latte - whole milk	Venti	184	9.6	6	13.9	12.2	1.7	10	0.27	105.6	
Iced Matcha Green Tea Latte - skimmed milk	Tall	74	0.6	0.3	9.7	8.8	0.9	6.9	0.20	52.8	
Iced Matcha Green Tea Latte - skimmed milk	Grande	95	0.8	0.3	12.4	11.1	1.3	8.9	0.25	79.2	
Iced Matcha Green Tea Latte - skimmed milk	Venti	111	1	0.4	14.4	12.7	1.7	10.2	0.29	105.6	
Iced Matcha Green Tea Latte - almond drink	Tall	52	2.3	0.2	5.7	4.6	1.4	1.5	0.15	52.8	
Iced Matcha Green Tea Latte - almond drink	Grande	68	2.9	0.3	7.4	5.9	2	2	0.18	79.2	
Iced Matcha Green Tea Latte - almond drink	Venti	79	3.3	0.3	8.7	6.7	2.5	2.4	0.21	105.6	
Iced Matcha Green Tea Latte - soya drink	Tall	85	3.6	0.6	5.9	4.6	1.9	6.6	0.18	52.8	
Iced Matcha Green Tea Latte - soya drink	Grande	109	4.5	0.7	7.6	5.9	2.7	8.4	0.23	79.2	
Iced Matcha Green Tea Latte - soya drink	Venti	126	5.1	0.8	8.9	6.7	3.3	9.7	0.26	105.6	
Iced Matcha Green Tea Latte - oat drink	Tall	116	5.6	0.6	13.2	6.1	2.7	2	0.24	52.8	
Iced Matcha Green Tea Latte - oat drink	Grande	148	7	0.7	16.8	7.7	3.6	2.7	0.30	79.2	
Iced Matcha Green Tea Latte - oat drink	Venti	171	8	0.8	19.3	8.8	4.3	3.2	0.34	105.6	
Iced Matcha Green Tea Latte - coconut drink	Tall	89	4.7	4.2	7.3	6.5	3.6	2.4	0.34	52.8	
Iced Matcha Green Tea Latte - coconut drink	Grande	114	5.9	5.3	9.4	8.2	4.7	3.1	0.43	79.2	
Iced Matcha Green Tea Latte - coconut drink	Venti	131	6.7	6	11	9.3	5.6	3.7	0.49	105.6	
Chai Tea Latte - semi skimmed milk	Tall	210	3.8	3.8	35.1	35	1.8	7.9	0.25	68.9	
Chai Tea Latte - semi skimmed milk	Grande	236	3.5	3.5	42.5	42.4	2.4	7.4	0.24	91.9	
Chai Tea Latte - semi skimmed milk	Venti	309	4.9	4.8	54.6	54.4	3	10.3	0.33	114.9	
Chai Tea Latte - whole milk	Tall	245	8	5.1	34.9	34.8	1.8	7.7	0.25	68.9	
Chai Tea Latte - whole milk	Grande	269	7.4	4.7	42.3	42.2	2.4	7.2	0.24	91.9	
Chai Tea Latte - whole milk	Venti	355	10.3	6.5	54.3	54.2	3	10	0.33	114.9	
Chai Tea Latte - skimmed milk	Tall	183	0.7	0.3	35.3	35.2	1.8	7.9	0.26	68.9	
Chai Tea Latte - skimmed milk	Grande	212	0.7	0.3	42.7	42.6	2.4	7.4	0.25	91.9	
Chai Tea Latte - skimmed milk	Venti	275	1	0.4	54.8	54.7	3	10.3	0.34	114.9	
Chai Tea Latte - almond drink	Tall	157	2.7	0.2	30.5	30.2	2.5	1.3	0.19	68.9	
Chai Tea Latte - almond drink	Grande	187	2.5	0.2	38.3	38	3	1.3	0.19	91.9	
Chai Tea Latte - almond drink	Venti	241	3.5	0.3	48.6	48.2	3.8	1.8	0.26	114.9	
Chai Tea Latte - soya drink	Tall	196	4.2	0.7	30.7	30.2	3.1	7.5	0.24	68.9	
Chai Tea Latte - soya drink	Grande	224	3.9	0.6	38.5	38	3.6	7	0.23	91.9	
Chai Tea Latte - soya drink	Venti	292	5.5	0.9	48.9	48.2	4.7	9.7	0.31	114.9	

Chai Tea Latte - oat drink	Tall	234	6.7	0.7	39.5	31.9	4	2	0.30	68.9
Chai Tea Latte - oat drink	Grande	258	6.2	0.6	46.6	39.6	4.4	1.9	0.29	91.9
Chai Tea Latte - oat drink	Venti	341	8.6	0.9	60.2	50.5	5.8	2.6	0.40	114.9
Chai Tea Latte - coconut drink	Tall	201	5.6	5.1	32.4	32.4	5.1	2.4	0.43	68.9
Chai Tea Latte - coconut drink	Grande	228	5.2	4.7	40.1	40	5.4	2.3	0.40	91.9
Chai Tea Latte - coconut drink	Venti	298	7.2	6.5	51.2	51	7.2	3.2	0.56	114.9
Iced Chai Tea Latte - semi skimmed milk	Tall	170	2.4	2.3	31.2	31.1	1.8	5	0.16	68.9
Iced Chai Tea Latte - semi skimmed milk	Grande	220	3	2.9	40.9	40.8	2.4	6.2	0.20	91.9
Iced Chai Tea Latte - semi skimmed milk	Venti	283	4	3.9	52	51.9	3	8.3	0.27	114.9
Iced Chai Tea Latte - whole milk	Tall	191	5	3.1	31	30.9	1.8	4.8	0.16	68.9
Iced Chai Tea Latte - whole milk	Grande	246	6.1	3.9	40.7	40.6	2.4	6	0.20	91.9
Iced Chai Tea Latte - whole milk	Venti	320	8.3	5.3	51.8	51.6	3	8.1	0.27	114.9
Iced Chai Tea Latte - skimmed milk	Tall	153	0.5	0.2	31.3	31.2	1.8	5	0.17	68.9
Iced Chai Tea Latte - skimmed milk	Grande	199	0.6	0.2	41.1	41	2.4	6.2	0.21	91.9
Iced Chai Tea Latte - skimmed milk	Venti	256	0.8	0.3	52.2	52.1	3	8.3	0.28	114.9
Iced Chai Tea Latte - almond drink	Tall	137	1.7	0.2	28.3	28.1	2.2	0.9	0.13	68.9
Iced Chai Tea Latte - almond drink	Grande	179	2.1	0.2	37.4	37.1	2.9	1.1	0.16	91.9
Iced Chai Tea Latte - almond drink	Venti	228	2.9	0.3	47.2	46.8	3.7	1.5	0.21	114.9
Iced Chai Tea Latte - soya drink	Tall	161	2.7	0.4	28.4	28.1	2.6	4.7	0.15	68.9
Iced Chai Tea Latte - soya drink	Grande	209	3.3	0.5	37.5	37.1	3.4	5.8	0.19	91.9
Iced Chai Tea Latte - soya drink	Venti	269	4.5	0.7	47.4	46.8	4.4	7.9	0.26	114.9
Iced Chai Tea Latte - oat drink	Tall	185	4.2	0.4	33.9	29.2	3.2	1.3	0.19	68.9
Iced Chai Tea Latte - oat drink	Grande	238	5.1	0.5	44.3	38.5	4.1	1.6	0.24	91.9
Iced Chai Tea Latte - oat drink	Venti	308	7	0.7	56.5	48.7	5.3	2.2	0.33	114.9
Iced Chai Tea Latte - coconut drink	Tall	164	3.5	3.2	29.5	29.5	3.8	1.6	0.27	68.9
Iced Chai Tea Latte - coconut drink	Grande	213	4.3	3.9	38.9	38.8	4.9	2	0.34	91.9
Iced Chai Tea Latte - coconut drink	Venti	274	5.8	5.3	49.2	49.1	6.4	2.6	0.46	114.9
Summer FY23 Promo Beverages										
Salted Caramel Cream Cold Brew	Tall	160	12.2	7.2	10.6	10.4	1	1.6	1.17	36.9
Salted Caramel Cream Cold Brew	Grande	246	18.1	10.8	17.9	17.6	1.4	2.2	1.71	50
Salted Caramel Cream Cold Brew	Venti	332	24.1	14.3	25.2	24.8	1.8	2.8	2.26	63.2
Mango Dragonfruit Refresha™	Tall	84	0.2	0	19.7	18.3	0.5	0.5	0.01	2.8
Mango Dragonfruit Refresha™	Grande	115	0.3	0.1	27.1	25	0.8	0.8	0.01	3.7
Mango Dragonfruit Refresha™	Venti	148	0.3	0.1	34.6	31.8	1.1	1	0.01	4.6
Dragon Coconut Refresha™ Drink	Tall	123	2.4	2.1	22.8	21.4	1.9	1.4	0.17	2.8
Dragon Coconut Refresha™ Drink	Grande	167	3.2	2.8	31.2	29.1	2.6	2	0.23	3.7
Dragon Coconut Refresha™ Drink	Venti	213	4	3.5	39.8	37	3.3	2.5	0.29	4.6