

Spring Beverage Nutritional Guide FY23

Menu Item	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Drinks										
Americano	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Americano	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Americano	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Caffe Latte - semi skimmed milk	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Caffe Latte - semi skimmed milk	734	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66.2
Caffe Latte - semi skimmed milk	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Caffe Latte - whole milk	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Caffe Latte - whole milk	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66.2
Caffe Latte - whole milk	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Caffe Latte - skimmed milk	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Caffe Latte - skimmed milk	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66.2
Caffe Latte - skimmed milk	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Caffe Latte - almond drink	297	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66.2
Caffe Latte - almond drink	385	92	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66.2
Caffe Latte - almond drink	503	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99.2
Caffe Latte - soya drink	493	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66.2
Caffe Latte - soya drink	648	154	6.7	1.1	10.2	8.7	2.3	12.2	0.40	66.2
Caffe Latte - soya drink	841	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99.2
Caffe Latte - oat drink	641	153	6.6	4.9	17.3	9.8	5.6	3.5	0.35	66.2
Caffe Latte - oat drink	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66.2
Caffe Latte - oat drink	1095	261	11.3	8.4	29.5	16.9	9.5	5.8	0.59	99.2
Caffe Latte - coconut drink	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Caffe Latte - coconut drink	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Caffe Latte - coconut drink	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Latte Macchiato - semi skimmed milk	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Latte Macchiato - semi skimmed milk	734	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66.2
Latte Macchiato - semi skimmed milk	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Latte Macchiato - whole milk	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Latte Macchiato - whole milk	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66.2
Latte Macchiato - whole milk	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Latte Macchiato - skimmed milk	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Latte Macchiato - skimmed milk	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66.2
Latte Macchiato - skimmed milk	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Latte Macchiato - almond drink	297	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66.2
Latte Macchiato - almond drink	385	92	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66.2
Latte Macchiato - almond drink	503	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99.2
Latte Macchiato - soya drink	493	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66.2
Latte Macchiato - soya drink	648	154	6.7	1.1	10.2	8.7	2.3	12.2	0.40	66.2
Latte Macchiato - soya drink	841	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99.2
Latte Macchiato - oat drink	641	153	6.6	4.9	17.3	9.8	5.6	3.5	0.35	66.2
Latte Macchiato - oat drink	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66.2
Latte Macchiato - oat drink	1095	261	11.3	8.4	29.5	16.9	9.5	5.8	0.59	99.2
Latte Macchiato - coconut drink	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Latte Macchiato - coconut drink	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Latte Macchiato - coconut drink	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Freshly Brewed Coffee	140	35	1.8	0.4	1.4	0.4	1.8	2.1	0.44	101.5
Freshly Brewed Coffee	188	47	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136.3
Freshly Brewed Coffee	236	59	3	0.6	2.4	0.6	3	3.5	0.74	171.1
Espresso	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Espresso Doppio	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Espresso Con Panna - Doppio	303	73	6.3	4.4	2.6	1.8	0.2	1.4	0.07	66.2
Espresso Con Panna	240	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33.1
Espresso Macchiato - Doppio - semi skimmed milk	76	18	0.5	0.3	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - whole milk	87	21	0.8	0.4	1.7	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - skimmed milk	68	16	0.3	0.1	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - almond drink	60	14	0.4	0.1	1.4	0.5	0.3	1	0.07	66.2
Espresso Macchiato - Doppio - soya drink	72	17	0.5	0.1	1.4	0.5	0.3	1.5	0.07	66.2
Espresso Macchiato - Doppio - oat drink	82	19	0.6	0.4	2	0.8	0.6	1.1	0.08	66.2
Espresso Macchiato - Doppio - coconut drink	73	18	0.6	0.4	1.6	0.7	0.5	1.1	0.09	66.2
Espresso Macchiato - semi skimmed milk	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - whole milk	36	9	0.3	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - skimmed milk	30	7	0.1	0	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - almond drink	27	6	0.2	0	0.6	0.2	0.1	0.5	0.03	33.1
Espresso Macchiato - soya drink	31	7	0.2	0	0.6	0.2	0.1	0.6	0.03	33.1
Espresso Macchiato - oat drink	34	8	0.2	0.1	0.8	0.3	0.2	0.5	0.03	33.1
Espresso Macchiato - coconut drink	31	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33.1
Cappuccino - semi skimmed milk	504	120	4.1	3.9	11.7	10.9	0.2	8.9	0.30	66.2
Cappuccino - semi skimmed milk	583	139	4.8	4.6	13.5	12.7	0.2	10.3	0.34	66.2
Cappuccino - semi skimmed milk	813	193	6.6	6.4	18.9	17.6	0.3	14.4	0.48	99.2
Cappuccino - whole milk	657	156	8.4	5.3	11.5	10.6	0.2	8.7	0.30	66.2
Cappuccino - whole milk	762	181	9.8	6.2	13.3	12.4	0.2	10	0.34	66.2
Cappuccino - whole milk	1061	253	13.7	8.5	18.5	17.2	0.3	14	0.47	99.2
Cappuccino - skimmed milk	390	93	0.9	0.3	11.9	11.1	0.2	8.9	0.31	66.2
Cappuccino - skimmed milk	449	106	1	0.4	13.8	13	0.2	10.3	0.35	66.2
Cappuccino - skimmed milk	628	149	1.4	0.5	19.3	18	0.3	14.4	0.49	99.2
Cappuccino - almond drink	271	65	3	0.3	6.9	5.8	0.9	2.1	0.24	66.2
Cappuccino - almond drink	310	74	3.4	0.3	7.9	6.8	1	2.3	0.27	66.2
Cappuccino - almond drink	435	104	4.8	0.4	11.1	9.5	1.4	3.3	0.38	99.2
Cappuccino - soya drink	447	106	4.6	0.7	7.2	5.8	1.6	8.5	0.28	66.2
Cappuccino - soya drink	516	123	5.3	0.8	8.2	6.8	1.8	9.8	0.32	66.2
Cappuccino - soya drink	720	171	7.4	1.2	11.5	9.5	2.6	13.6	0.45	99.2
Cappuccino - oat drink	580	138	5.9	4.4	15.6	8.8	5	3.2	0.32	66.2
Cappuccino - oat drink	671	160	6.9	5.1	18.1	10.3	5.8	3.6	0.36	66.2
Cappuccino - oat drink	935	223	9.6	7.1	25.2	14.3	8.1	5.1	0.51	99.2
Cappuccino - coconut drink	456	111	5.9	5.3	9	8.1	3.6	3.2	0.48	66.2
Cappuccino - coconut drink	527	128	6.9	6.2	10.3	9.5	4.2	3.6	0.56	66.2
Cappuccino - coconut drink	735	178	9.6	8.6	14.4	13.2	5.9	5.1	0.78	99.2
Misto - semi skimmed milk	484	116	4.4	3.6	10.3	9.7	0.9	8.2	0.45	53.7
Misto - semi skimmed milk	589	141	5.3	4.4	12.5	11.9	1.1	10	0.54	62.9
Misto - semi skimmed milk	802	192	7.2	6.1	17.2	16.3	1.4	13.6	0.72	82.1
Misto - whole milk	620	148	8.2	4.8	10.1	9.5	0.9	8	0.44	53.7
Misto - whole milk	755	181	10	5.9	12.3	11.6	1.1	9.7	0.53	62.9
Misto - whole milk	1031	247	13.7	8.1	16.8	16	1.4	13.3	0.71	82.1
Misto - skimmed milk	198	48	0.9	0.2	5.2	4.9	0.6	4.2	0.26	34.8
Misto - skimmed milk	383	92	1.5	0.4	10.5	9.9	0.9	8.2	0.45	53.7
Misto - skimmed milk	464	111	1.8	0.5	12.8	12.1	1.1	10	0.54	62.9
Misto - skimmed milk	632	151	2.4	0.7	17.5	16.7	1.4	13.6	0.73	82.1
Misto - almond drink	147	36	1.8	0.2	3	2.6	0.9	1.2	0.23	34.8
Misto - almond drink	277	67	3.4	0.4	6	5.3	1.5	2.1	0.39	53.7
Misto - almond drink	335	81	4.1	0.5	7.3	6.4	1.8	2.5	0.47	62.9
Misto - almond drink	454	110	5.5	0.6	10	8.8	2.4	3.4	0.63	82.1
Misto - soya drink	433	104	4.8	0.8	6.2	5.3	2.1	7.8	0.43	53.7
Misto - soya drink	526	126	5.8	1	7.6	6.4	2.6	9.5	0.52	62.9
Misto - soya drink	717	172	7.9	1.3	10.3	8.8	3.5	13	0.69	82.1
Misto - oat drink	551	132	6	4	13.7	7.9	5.2	3.1	0.46	53.7
Misto - oat drink	671	161	7.3	4.9	16.8	9.7	6.3	3.8	0.56	62.9
Misto - oat drink	915	219	9.9	6.8	23	13.2	8.6	5.1	0.75	82.1
Misto - coconut drink	442	108	6	4.9	7.8	7.3	4	3.1	0.61	53.7
Misto - coconut drink	536	131	7.3	5.9	9.6	8.9	4.8	3.8		

Caramel Macchiato - skimmed milk	800	189	2.1	1.1	31	29.6	0.2	11.4	0.41	66.2
Caramel Macchiato - skimmed milk	977	231	2.4	1.2	38.2	36.3	0.3	13.8	0.50	99.2
Caramel Macchiato - almond drink	507	121	3.9	0.9	18.7	17.1	0.9	2.1	0.27	66.2
Caramel Macchiato - almond drink	646	154	4.8	1	24.5	22.8	1.1	2.5	0.32	66.2
Caramel Macchiato - almond drink	793	189	5.6	1.1	30.5	28.2	1.4	3.3	0.40	99.2
Caramel Macchiato - soya drink	679	161	5.5	1.3	18.9	17.1	1.6	8.4	0.31	66.2
Caramel Macchiato - soya drink	874	207	6.8	1.6	24.8	22.8	2	10.8	0.38	66.2
Caramel Macchiato - soya drink	1065	252	8	1.8	30.8	28.2	2.5	13.1	0.47	99.2
Caramel Macchiato - oat drink	809	192	6.8	4.9	27.2	20	4.9	3.3	0.34	66.2
Caramel Macchiato - oat drink	1045	248	8.6	6.3	35.7	26.6	6.4	4	0.43	66.2
Caramel Macchiato - oat drink	1269	302	10.2	7.4	43.9	32.8	7.7	5	0.52	99.2
Caramel Macchiato - coconut drink	688	166	6.8	5.8	20.7	19.3	3.6	3.3	0.51	66.2
Caramel Macchiato - coconut drink	886	213	8.6	7.5	27.2	25.7	4.7	4	0.64	66.2
Caramel Macchiato - coconut drink	1079	259	10.2	8.8	33.6	31.7	5.6	5	0.78	99.2
Mocha - semi skimmed milk	1010	241	10.6	8.1	25.7	23.7	2.3	9.6	0.24	66.2
Mocha - semi skimmed milk	1330	317	13.4	10.3	34.6	32.3	2.9	13.2	0.32	66.2
Mocha - semi skimmed milk	1546	368	14.6	11.2	41.8	38.7	3.7	15.6	0.38	99.2
Mocha - whole milk	1111	265	13.5	9	25.5	23.6	2.3	9.4	0.24	66.2
Mocha - whole milk	1481	353	17.6	11.7	34.4	32.1	2.9	12.9	0.32	66.2
Mocha - whole milk	1716	409	19.4	12.7	41.6	38.5	3.7	15.4	0.38	99.2
Mocha - skimmed milk	933	223	8.5	5.7	25.8	23.9	2.3	9.6	0.24	66.2
Mocha - skimmed milk	1218	290	10.2	6.8	34.8	32.5	2.9	13.2	0.33	66.2
Mocha - skimmed milk	1418	338	11	7.2	42.1	39	3.7	15.6	0.39	99.2
Mocha - almond drink	854	204	9.9	5.6	22.5	20.4	2.7	5	0.20	66.2
Mocha - almond drink	1101	263	12.3	6.7	29.9	27.4	3.6	6.4	0.26	66.2
Mocha - almond drink	1286	307	13.3	7.1	36.5	33.1	4.5	8	0.31	99.2
Mocha - soya drink	971	232	10.9	5.9	22.6	20.4	3.2	9.3	0.23	66.2
Mocha - soya drink	1274	304	13.8	7.2	30.1	27.4	4.3	12.7	0.31	66.2
Mocha - soya drink	1482	353	15.1	7.7	36.7	33.1	5.3	15.1	0.37	99.2
Mocha - oat drink	1060	253	11.8	8.4	28.2	22.3	5.5	5.8	0.25	66.2
Mocha - oat drink	1404	335	15.2	10.8	38.4	30.3	7.7	7.5	0.34	66.2
Mocha - oat drink	1630	389	16.6	11.7	46.1	36.4	9.1	9.3	0.40	99.2
Mocha - coconut drink	978	235	11.8	9	23.8	21.9	4.5	5.8	0.36	66.2
Mocha - coconut drink	1283	308	15.2	11.7	31.9	29.6	6.3	7.5	0.50	66.2
Mocha - coconut drink	1492	358	16.6	12.7	38.8	35.7	7.6	9.3	0.59	99.2
White Mocha - semi skimmed milk	1306	311	13	10.4	38.2	37.4	0.2	10.2	0.43	66.2
White Mocha - semi skimmed milk	1672	398	16.1	13.1	50.1	49.3	0.2	13	0.55	66.2
White Mocha - semi skimmed milk	2087	497	19	15.6	63.9	62.6	0.3	17.5	0.72	99.2
White Mocha - whole milk	1421	339	16.3	11.5	38.1	37.2	0.2	10	0.42	66.2
White Mocha - whole milk	1823	434	20.4	14.4	49.9	49.1	0.2	12.8	0.54	66.2
White Mocha - whole milk	2295	547	24.9	17.4	63.6	62.3	0.3	17.2	0.72	99.2
White Mocha - skimmed milk	1220	291	10.6	7.8	38.4	37.5	0.2	10.2	0.43	66.2
White Mocha - skimmed milk	1560	372	13	9.5	50.4	49.5	0.2	13	0.55	66.2
White Mocha - skimmed milk	1932	460	14.6	10.7	64.2	62.9	0.3	17.5	0.73	99.2
White Mocha - almond drink	1131	270	12.2	7.7	34.6	33.6	0.7	5	0.38	66.2
White Mocha - almond drink	1444	345	15	9.5	45.4	44.4	0.9	6.3	0.48	66.2
White Mocha - almond drink	1770	422	17.4	10.6	57.4	55.8	1.3	8.2	0.64	99.2
White Mocha - soya drink	1263	301	13.4	8	34.8	33.6	1.3	9.8	0.42	66.2
White Mocha - soya drink	1616	385	16.6	9.9	45.7	44.4	1.6	12.6	0.53	66.2
White Mocha - soya drink	2009	478	19.6	11.2	57.7	55.8	2.2	16.9	0.70	99.2
White Mocha - oat drink	1363	325	14.4	10.8	41.1	35.8	3.8	5.9	0.44	66.2
White Mocha - oat drink	1746	416	17.9	13.5	54	47.3	4.9	7.4	0.56	66.2
White Mocha - oat drink	2190	522	21.5	16.2	69.2	59.8	6.9	9.7	0.75	99.2
White Mocha - coconut drink	1270	304	14.4	11.5	36.2	35.3	2.8	5.9	0.57	66.2
White Mocha - coconut drink	1625	389	17.9	14.4	47.5	46.6	3.6	7.4	0.73	66.2
White Mocha - coconut drink	2022	484	21.5	17.5	60.1	58.9	5	9.7	0.97	99.2
Cold Coffee										
Cold Brew	68	16	1	0.2	0	0	1	1.2	0.26	36.9
Cold Brew	92	22	1.4	0.3	0	0	1.4	1.7	0.35	50
Cold Brew	116	28	1.8	0.4	0	0	1.8	2.1	0.44	63.2
Cold Brew Latte - semi skimmed milk	390	93	3.3	2.9	8.8	7.9	0.5	6.6	0.30	38.7
Cold Brew Latte - semi skimmed milk	517	123	4.4	3.9	11.7	10.5	0.7	8.8	0.40	51.8
Cold Brew Latte - semi skimmed milk	631	151	5.4	4.6	14.2	12.4	1	10.7	0.53	76.9
Cold Brew Latte - whole milk	502	120	6.5	3.9	8.7	7.8	0.5	6.5	0.30	38.7
Cold Brew Latte - whole milk	665	159	8.6	5.2	11.5	10.3	0.7	8.6	0.40	51.8
Cold Brew Latte - whole milk	806	192	10.4	6.2	14	12.2	1	10.4	0.52	76.9
Cold Brew Latte - skimmed milk	306	73	1	0.3	9	8.1	0.5	6.6	0.31	38.7
Cold Brew Latte - skimmed milk	406	97	1.3	0.4	11.9	10.7	0.7	8.8	0.41	51.8
Cold Brew Latte - skimmed milk	501	119	1.8	0.5	14.5	12.7	1	10.7	0.53	76.9
Cold Brew Latte - almond drink	220	53	2.5	0.3	5.3	4.3	1	1.6	0.26	38.7
Cold Brew Latte - almond drink	291	70	3.3	0.4	7.1	5.7	1.3	2.2	0.34	51.8
Cold Brew Latte - almond drink	365	88	4.1	0.5	8.8	6.7	1.8	2.9	0.46	76.9
Cold Brew Latte - soya drink	348	83	3.7	0.6	5.5	4.3	1.5	6.3	0.29	38.7
Cold Brew Latte - soya drink	462	110	4.9	0.8	7.3	5.7	2	8.4	0.39	51.8
Cold Brew Latte - soya drink	566	135	5.9	1	9	6.7	2.6	10.2	0.51	76.9
Cold Brew Latte - oat drink	445	106	4.7	3.3	11.7	6.4	4	2.5	0.32	38.7
Cold Brew Latte - oat drink	590	141	6.2	4.3	15.5	8.5	5.3	3.3	0.42	51.8
Cold Brew Latte - oat drink	717	172	7.5	5.2	18.7	10.1	6.5	4.2	0.55	76.9
Cold Brew Latte - coconut drink	355	86	4.7	3.9	6.8	5.9	3	2.5	0.44	38.7
Cold Brew Latte - coconut drink	470	115	6.2	5.2	9.1	7.9	4	3.3	0.58	51.8
Cold Brew Latte - coconut drink	576	140	7.5	6.2	11.1	9.3	4.9	4.2	0.74	76.9
Iced Americano	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Iced Americano	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Iced Americano	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Iced Latte - semi skimmed milk	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Iced Latte - semi skimmed milk	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Iced Latte - semi skimmed milk	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Iced Latte - whole milk	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte - whole milk	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Iced Latte - whole milk	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Iced Latte - skimmed milk	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte - skimmed milk	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte - skimmed milk	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte - almond drink	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Iced Latte - almond drink	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Iced Latte - almond drink	326	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Iced Latte - soya drink	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Iced Latte - soya drink	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Iced Latte - soya drink	527	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99.2
Iced Latte - oat drink	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66.2
Iced Latte - oat drink	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2
Iced Latte - oat drink	678	162	6.9	5	18.2	10.1	5.8	4	0.38	99.2
Iced Latte - coconut drink	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte - coconut drink	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte - coconut drink	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2
Classic Iced Cappuccino - semi skimmed milk	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Classic Iced Cappuccino - semi skimmed milk	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Classic Iced Cappuccino - semi skimmed milk	591	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Classic Iced Cappuccino - whole milk	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Classic Iced Cappuccino - whole milk	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Classic Iced Cappuccino - whole milk	766	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Classic Iced Cappuccino - skimmed milk	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Classic Iced Cappuccino - skimmed milk	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Classic Iced Cappuccino - skimmed milk	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Classic Iced Cappuccino - almond drink	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Classic Iced Cappuccino - almond drink	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Classic Iced Cappuccino - almond drink	325	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Classic Iced Cappuccino - soya drink	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Classic Iced Cappuccino - soya drink	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Classic Iced Cappuccino - soya drink	526	125	5.3	0.8	8.5	6.7	1.9	10	0.35	99.2
Classic Iced Cappuccino - oat drink	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66.2
Classic Iced Cappuccino - oat drink	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2
Classic Iced Cappuccino - oat drink	677	162	6.9	5	18.2	10.1	5.8	4	0.38	99.2
Classic Iced Cappuccino - coconut drink	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Classic Iced Cappuccino - coconut drink	459	111	6	5.3	9	8.2	3.7	3		

Iced Latte Macchiato - skimmed milk	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte Macchiato - skimmed milk	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte Macchiato - skimmed milk	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte Macchiato - almond drink	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Iced Latte Macchiato - almond drink	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Iced Latte Macchiato - almond drink	326	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Iced Latte Macchiato - soya drink	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Iced Latte Macchiato - soya drink	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Iced Latte Macchiato - soya drink	527	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99.2
Iced Latte Macchiato - oat drink	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66.2
Iced Latte Macchiato - oat drink	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2
Iced Latte Macchiato - oat drink	678	162	6.9	5	18.2	10.1	5.8	4	0.38	99.2
Iced Latte Macchiato - coconut drink	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte Macchiato - coconut drink	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte Macchiato - coconut drink	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2
Iced Caramel Macchiato - semi skimmed milk	652	155	4.3	3.8	21.4	20.1	0.2	7.4	0.28	66.2
Iced Caramel Macchiato - semi skimmed milk	815	193	5.1	4.6	27.6	26.2	0.2	9.1	0.33	66.2
Iced Caramel Macchiato - semi skimmed milk	967	229	5.8	5.1	33.6	31.6	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - whole milk	774	184	7.8	4.9	21.2	19.9	0.2	7.2	0.28	66.2
Iced Caramel Macchiato - whole milk	969	230	9.5	5.9	27.4	26	0.2	8.8	0.33	66.2
Iced Caramel Macchiato - whole milk	1142	271	10.7	6.7	33.3	31.4	0.3	10.4	0.39	99.2
Iced Caramel Macchiato - skimmed milk	561	133	1.8	0.9	21.6	20.3	0.2	7.4	0.29	66.2
Iced Caramel Macchiato - skimmed milk	700	166	1.9	1	27.8	26.4	0.2	9.1	0.34	66.2
Iced Caramel Macchiato - skimmed milk	837	198	2.1	1	33.8	31.9	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - almond drink	466	111	3.4	0.9	17.6	16.1	0.8	1.9	0.23	66.2
Iced Caramel Macchiato - almond drink	581	138	4	0.9	22.8	21.1	0.9	2.2	0.27	66.2
Iced Caramel Macchiato - almond drink	701	167	4.5	1	28.1	25.9	1.1	2.8	0.32	99.2
Iced Caramel Macchiato - soya drink	606	144	4.7	1.2	17.8	16.7	1.3	7	0.27	66.2
Iced Caramel Macchiato - soya drink	758	180	5.6	1.4	23	21.1	1.6	8.6	0.32	66.2
Iced Caramel Macchiato - soya drink	902	214	6.3	1.5	28.3	25.9	1.9	10.1	0.38	99.2
Iced Caramel Macchiato - oat drink	712	169	5.8	4.1	24.5	18.4	4.1	2.9	0.30	66.2
Iced Caramel Macchiato - oat drink	891	212	7	5	31.5	24.1	5	3.3	0.35	66.2
Iced Caramel Macchiato - oat drink	1053	250	7.9	5.7	38	29.3	5.8	4.1	0.42	99.2
Iced Caramel Macchiato - coconut drink	614	147	5.8	4.9	19.2	17.9	3	2.9	0.43	66.2
Iced Caramel Macchiato - coconut drink	767	184	7	6	24.9	23.4	3.7	3.3	0.52	66.2
Iced Caramel Macchiato - coconut drink	912	219	7.9	6.7	30.4	28.5	4.3	4.1	0.61	99.2
Iced Cappuccino with Cold Foam	243	58	0.5	0.1	9.7	8.8	0.2	3.6	0.14	66.2
Iced Cappuccino with Cold Foam	325	77	0.5	0.2	13.4	12.6	0.2	4.5	0.17	66.2
Iced Cappuccino with Cold Foam	436	103	0.7	0.2	17.9	16.6	0.3	6	0.23	99.2
Iced Mocha - semi skimmed milk	1153	275	13	10	27.6	25.7	2.3	10.8	0.28	66.2
Iced Mocha - semi skimmed milk	1518	363	17.6	13.4	36	33.7	2.9	13.6	0.34	66.2
Iced Mocha - semi skimmed milk	1736	414	18.8	14.3	43.2	40.1	3.7	16.2	0.40	99.2
Iced Mocha - whole milk	1275	304	16.5	11	27.4	25.5	2.3	10.6	0.27	66.2
Iced Mocha - whole milk	1672	399	22	14.8	35.7	33.2	2.9	13.4	0.33	66.2
Iced Mocha - whole milk	1911	456	23.8	15.9	43	39.9	3.7	15.9	0.39	99.2
Iced Mocha - skimmed milk	1062	253	10.5	7.1	27.8	25.8	2.3	10.8	0.28	66.2
Iced Mocha - skimmed milk	1403	335	14.4	9.8	36.2	33.9	2.9	13.6	0.34	66.2
Iced Mocha - skimmed milk	1605	383	15.2	10.2	43.5	40.4	3.7	16.2	0.41	99.2
Iced Mocha - almond drink	967	232	12.1	7	23.8	21.6	2.8	5.3	0.23	66.2
Iced Mocha - almond drink	1284	307	16.5	9.7	31.1	28.6	3.6	6.7	0.27	66.2
Iced Mocha - almond drink	1470	352	17.5	10.1	37.7	34.4	4.5	8.3	0.33	99.2
Iced Mocha - soya drink	1107	264	13.4	7.4	23.9	21.6	3.4	10.4	0.26	66.2
Iced Mocha - soya drink	1461	349	18.1	10.2	31.4	28.6	4.3	13.2	0.32	66.2
Iced Mocha - soya drink	1671	399	19.4	10.7	38	34.4	5.3	15.6	0.38	99.2
Iced Mocha - oat drink	1213	290	14.5	10.3	30.7	24	6.1	6.2	0.29	66.2
Iced Mocha - oat drink	1594	381	19.5	13.9	39.9	31.6	7.8	7.9	0.35	66.2
Iced Mocha - oat drink	1822	435	20.9	14.8	47.7	37.8	9.2	9.6	0.42	99.2
Iced Mocha - coconut drink	1115	268	14.5	11	25.4	23.5	5	6.2	0.42	66.2
Iced Mocha - coconut drink	1470	353	19.5	14.8	33.2	30.9	6.4	7.9	0.52	66.2
Iced Mocha - coconut drink	1681	404	20.9	15.9	40.1	37	7.7	9.6	0.61	99.2
Iced White Mocha - semi skimmed milk	1410	336	15.1	12	39.3	38.4	0.2	10.7	0.45	66.2
Iced White Mocha - semi skimmed milk	1861	444	20.4	16.2	51.5	50.7	0.2	13.5	0.56	66.2
Iced White Mocha - semi skimmed milk	2165	516	22.3	17.7	62.7	61.4	0.3	16	0.68	99.2
Iced White Mocha - whole milk	1532	366	18.6	13.1	39.1	38.2	0.2	10.5	0.44	66.2
Iced White Mocha - whole milk	2015	481	24.8	17.5	51.3	50.4	0.2	13.3	0.56	66.2
Iced White Mocha - whole milk	2339	558	27.3	19.3	62.4	61.1	0.3	15.8	0.67	99.2
Iced White Mocha - skimmed milk	1319	314	12.6	9.1	39.4	38.6	0.2	10.7	0.45	66.2
Iced White Mocha - skimmed milk	1746	417	17.2	12.5	51.7	50.9	0.2	13.5	0.57	66.2
Iced White Mocha - skimmed milk	2034	485	18.6	13.6	62.9	61.6	0.3	16	0.69	99.2
Iced White Mocha - almond drink	1224	293	14.2	9.1	35.4	34.4	0.8	5.2	0.39	66.2
Iced White Mocha - almond drink	1627	389	19.2	12.5	46.7	45.6	0.9	6.6	0.50	66.2
Iced White Mocha - almond drink	1899	454	21	13.6	57.2	55.6	1.1	8.2	0.61	99.2
Iced White Mocha - soya drink	1365	325	15.5	9.5	35.6	34.4	1.3	10.3	0.43	66.2
Iced White Mocha - soya drink	1804	430	20.8	12.9	46.9	45.6	1.6	13.1	0.54	66.2
Iced White Mocha - soya drink	2099	500	22.8	14.1	57.4	55.6	1.9	15.5	0.66	99.2
Iced White Mocha - oat drink	1470	351	16.6	12.4	42.4	36.8	4.1	6.1	0.46	66.2
Iced White Mocha - oat drink	1937	462	22.2	16.6	55.4	48.6	5	7.8	0.58	66.2
Iced White Mocha - oat drink	2251	537	24.4	18.3	67.1	59	5.8	9.5	0.70	99.2
Iced White Mocha - coconut drink	1372	329	16.6	13.1	37.1	36.2	3	6.1	0.59	66.2
Iced White Mocha - coconut drink	1813	435	22.2	17.5	48.8	47.9	3.7	7.8	0.75	66.2
Iced White Mocha - coconut drink	2110	506	24.4	19.3	59.5	58.2	4.3	9.5	0.89	99.2
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	372	88	2.2	2	12.2	11.3	0.2	4.8	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	492	117	2.7	2.4	16.8	15.4	0.3	6.1	0.23	85.1
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	603	143	3.2	2.8	21.1	19.3	0.5	7.2	0.28	113.4
Iced Brown Sugar Oat Shaken Espresso - whole milk	449	107	4.4	2.7	12.1	11.2	0.2	4.7	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - whole milk	586	139	5.4	3.3	16.7	15.3	0.3	6	0.23	85.1
Iced Brown Sugar Oat Shaken Espresso - whole milk	710	168	6.2	3.8	21	19.2	0.5	7.1	0.28	113.4
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	315	74	0.6	0.2	12.3	11.4	0.2	4.8	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	422	100	0.8	0.2	16.9	15.6	0.3	6.1	0.24	85.1
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	523	123	0.9	0.3	21.3	19.5	0.5	7.2	0.29	113.4
Iced Brown Sugar Oat Shaken Espresso - almond drink	255	61	1.6	0.2	9.8	8.8	0.6	1.4	0.15	56.7
Iced Brown Sugar Oat Shaken Espresso - almond drink	350	83	2	0.2	13.9	12.4	0.8	1.9	0.20	85.1
Iced Brown Sugar Oat Shaken Espresso - almond drink	440	104	2.4	0.3	17.8	15.8	0.9	2.4	0.24	113.4
Iced Brown Sugar Oat Shaken Espresso - soya drink	343	81	2.4	0.4	9.9	8.8	0.9	4.6	0.17	56.7
Iced Brown Sugar Oat Shaken Espresso - soya drink	457	108	3	0.5	14	12.4	1.2	5.8	0.22	85.1
Iced Brown Sugar Oat Shaken Espresso - soya drink	563	133	3.5	0.6	17.9	15.8	1.4	6.9	0.27	113.4
Iced Brown Sugar Oat Shaken Espresso - oat drink	410	97	3.1	2.2	14.2	10.3	2.6	2	0.19	56.7
Iced Brown Sugar Oat Shaken Espresso - oat drink	539	128	3.8	2.7	19.2	14.2	3.3	2.6	0.25	85.1
Iced Brown Sugar Oat Shaken Espresso - oat drink	656	155	4.5	3.1	23.9	17.9	3.8	3.2	0.30	113.4
Iced Brown Sugar Oat Shaken Espresso - coconut drink	348	84	3.1	2.7	10.8	9.9	2	2	0.27	56.7
Iced Brown Sugar Oat Shaken Espresso - coconut drink	463	111	3.8	3.3	15.1	13.8	2.4	2.6	0.35	85.1
Iced Brown Sugar Oat Shaken Espresso - coconut drink	569	136	4.5	3.8	19.2	17.4	2.9	3.2	0.41	113.4
Starbucks Doubleshot™ Iced Coffee	368	89	8.1	5	2.3	1.5	0.2	1.6	0.09	66.2
Starbucks Doubleshot™ Vanilla Iced Coffee	444	107	8.1	5	6.8	5.8	0.2	1.6	0.09	66.2
Hot Chocolates										
Classic Hot Chocolate - semi skimmed milk	1099	262	11.4	8.9	28.3	27.1	2.2	10.6	0.24	0
Classic Hot Chocolate - semi skimmed milk	1353	322	13.6	10.6	35.7	34.2	2.9	13	0.28	0
Classic Hot Chocolate - semi skimmed milk	1672	398	15.7	12.6	45.3	43.5	3.6	17.2	0.38	0
Classic Hot Chocolate - whole milk	1234	294	15.2	10.1	28.1	26.9	2.2	10.4	0.23	0
Classic Hot Chocolate - whole milk	1513	361	18.1	12.1	35.5	33.9	2.9	12.8	0.28	0
Classic Hot Chocolate - whole milk	1895	451	22	14.5	45	43.1	3.6	16.9	0.38	0
Classic Hot Chocolate - skimmed milk	999	238	8.6	5.8	28.5	27.3	2.2	10.6	0.24	0
Classic Hot Chocolate - skimmed milk	1232	294	10.2	6.9	36	34.4	2.9	13	0.29	0
Classic Hot Chocolate - skimmed milk	1506	358	11.1	7.3	45.7	43.8	3.6	17.2	0.39	0
Classic Hot Chocolate - almond drink	894	214	10.4	5.7	24.1	22.7	2.8	4.6	0.18	0
Classic Hot Chocolate - almond drink	1108	265	12.4	6.8	30.7	28.9	3.6	5.8	0.22	0
Classic Hot Chocolate - almond drink	1333	318	14	7.2	38.4	36.1	4.6	7.2	0.29	0
Classic Hot Chocolate - soya drink	1049	250	11.8	6.1	24.3	22.7	3.4	10.2	0.22	0
Classic Hot Chocolate - soya drink	1292	308	14	7.3	30.9	28.9	4.3	12.5	0.27	0
Classic Hot Chocolate - soya drink	1589	378	16.4	7.9	38.7	36.1	5.6	16.5	0.36	0
Classic Hot Chocolate - oat drink	1165	278	13	9.3	31.7	25.3	6.4	5.6	0.25	0
Classic Hot Chocolate - oat										

Hot White Chocolate - skimmed milk	1222	291	10.5	7.7	38.8	38.8	0	10.3	0.41	0
Hot White Chocolate - skimmed milk	1541	367	12.8	9.5	50.1	50.1	0	12.7	0.51	0
Hot White Chocolate - skimmed milk	1900	452	14.4	10.7	63.8	63.8	0	16.8	0.67	0
Hot White Chocolate - almond drink	1117	267	12.3	7.7	34.4	34.2	0.6	4.2	0.35	0
Hot White Chocolate - almond drink	1416	338	15	9.5	44.9	44.6	0.7	5.4	0.44	0
Hot White Chocolate - almond drink	1728	412	17.4	10.6	56.4	56.1	1	6.9	0.57	0
Hot White Chocolate - soya drink	1272	303	13.7	8.1	34.6	34.2	1.2	9.9	0.39	0
Hot White Chocolate - soya drink	1601	381	16.7	9.9	45.1	44.6	1.4	12.2	0.49	0
Hot White Chocolate - soya drink	1984	472	19.7	11.2	56.8	56.1	2	16.2	0.64	0
Hot White Chocolate - oat drink	1388	331	14.9	11.3	42	36.8	4.2	5.2	0.42	0
Hot White Chocolate - oat drink	1740	415	18.1	13.8	54	47.7	5	6.6	0.52	0
Hot White Chocolate - oat drink	2177	519	21.7	16.6	69.1	60.4	7	8.5	0.69	0
Hot White Chocolate - coconut drink	1280	307	14.9	12.1	36.2	36.2	3	5.2	0.56	0
Hot White Chocolate - coconut drink	1611	386	18.1	14.7	47	47	3.6	6.6	0.70	0
Hot White Chocolate - coconut drink	1997	479	21.7	17.9	59.4	59.4	5	8.5	0.93	0
Signature Hot Chocolate - semi skimmed milk	1232	294	13.2	10.5	29.6	28.3	3.5	12.2	0.31	20
Signature Hot Chocolate - semi skimmed milk	1568	374	16.3	13	38.4	36.7	4.7	15.8	0.39	26.8
Signature Hot Chocolate - semi skimmed milk	1878	448	18.6	15	47.1	45	5.7	19.7	0.50	32.8
Signature Hot Chocolate - whole milk	1409	336	18.2	12	29.4	28	3.5	12	0.30	20
Signature Hot Chocolate - whole milk	1796	429	22.8	15	38.1	36.3	4.7	15.4	0.38	26.8
Signature Hot Chocolate - whole milk	2169	517	26.8	17.6	46.7	44.5	5.7	19.3	0.48	32.8
Signature Hot Chocolate - skimmed milk	1100	262	9.5	6.3	29.9	28.6	3.5	12.2	0.31	20
Signature Hot Chocolate - skimmed milk	1398	333	11.5	7.6	38.8	37	4.7	15.8	0.40	26.8
Signature Hot Chocolate - skimmed milk	1661	396	12.5	8.2	47.5	45.4	5.7	19.7	0.51	32.8
Signature Hot Chocolate - almond drink	962	231	11.8	6.2	24.1	22.5	4.3	4.3	0.23	20
Signature Hot Chocolate - almond drink	1221	292	14.6	7.5	31.3	29.2	5.7	5.6	0.30	26.8
Signature Hot Chocolate - almond drink	1436	344	16.4	8.1	38	35.4	7	6.7	0.38	32.8
Signature Hot Chocolate - soya drink	1166	278	13.7	6.8	24.3	22.5	5.1	11.7	0.29	20
Signature Hot Chocolate - soya drink	1483	354	17	8.2	31.6	29.2	6.8	15.1	0.37	26.8
Signature Hot Chocolate - soya drink	1770	422	19.5	8.9	38.4	35.4	8.3	18.9	0.46	32.8
Signature Hot Chocolate - oat drink	1319	315	15.3	11	34.1	25.9	9.1	5.6	0.33	20
Signature Hot Chocolate - oat drink	1681	401	19	13.7	44.2	33.6	11.9	7.3	0.42	26.8
Signature Hot Chocolate - oat drink	2021	482	22.1	15.9	54.5	41.1	14.8	8.9	0.53	32.8
Signature Hot Chocolate - coconut drink	1176	283	15.3	12	26.5	25.1	7.5	5.6	0.52	20
Signature Hot Chocolate - coconut drink	1497	360	19	15	34.4	32.6	9.8	7.3	0.67	26.8
Signature Hot Chocolate - coconut drink	1787	430	22.1	17.6	41.9	39.8	12.2	8.9	0.84	32.8
Signature Caramel Hot Chocolate - semi skimmed milk	1513	360	13.8	10.9	44.9	43.4	3.5	12.1	0.33	20.4
Signature Caramel Hot Chocolate - semi skimmed milk	1923	458	16.9	13.4	58.1	56.1	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - semi skimmed milk	2327	553	19.3	15.5	71.8	69.5	5.8	19.7	0.52	34
Signature Caramel Hot Chocolate - whole milk	1690	403	18.8	12.4	44.6	43.1	3.5	11.9	0.32	20.4
Signature Caramel Hot Chocolate - whole milk	2151	512	23.4	15.4	57.8	55.8	4.6	15.3	0.41	27.2
Signature Caramel Hot Chocolate - whole milk	2617	623	27.6	18	71.4	69	5.8	19.3	0.51	34
Signature Caramel Hot Chocolate - skimmed milk	1381	329	10.1	6.7	45.2	43.6	3.5	12.1	0.34	20.4
Signature Caramel Hot Chocolate - skimmed milk	1753	417	12.1	8	58.4	56.5	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - skimmed milk	2110	501	13.3	8.7	72.3	69.9	5.8	19.7	0.53	34
Signature Caramel Hot Chocolate - almond drink	1244	297	12.5	6.6	39.4	37.6	4.3	4.2	0.26	20.4
Signature Caramel Hot Chocolate - almond drink	1576	376	15.2	7.9	51	48.7	5.6	5.4	0.32	27.2
Signature Caramel Hot Chocolate - almond drink	1884	449	17.2	8.5	62.7	59.9	7.1	6.7	0.40	34
Signature Caramel Hot Chocolate - soya drink	1447	344	14.3	7.2	39.6	37.6	5.1	11.6	0.31	20.4
Signature Caramel Hot Chocolate - soya drink	1838	437	17.6	8.6	51.3	48.7	6.7	15	0.39	27.2
Signature Caramel Hot Chocolate - soya drink	2218	527	20.2	9.4	63.2	59.9	8.4	18.9	0.49	34
Signature Caramel Hot Chocolate - oat drink	1600	381	15.9	11.4	49.4	41	9	5.5	0.35	20.4
Signature Caramel Hot Chocolate - oat drink	2036	485	19.6	14.1	63.9	53.1	11.8	7.1	0.44	27.2
Signature Caramel Hot Chocolate - oat drink	2470	588	22.8	16.3	79.2	65.5	14.9	8.9	0.55	34
Signature Caramel Hot Chocolate - coconut drink	1458	350	12.4	12.4	41.7	40.2	7.4	5.5	0.54	20.4
Signature Caramel Hot Chocolate - coconut drink	1852	444	19.6	15.4	54	52.1	9.7	7.1	0.69	27.2
Signature Caramel Hot Chocolate - coconut drink	2236	536	22.8	18.1	66.6	64.2	12.3	8.9	0.87	34
Signature Hazelnut Hot Chocolate - semi skimmed milk	1453	346	13.2	10.5	42.6	40.8	3.6	12.3	0.31	20.4
Signature Hazelnut Hot Chocolate - semi skimmed milk	1858	442	16.3	13	55.6	53.2	4.8	15.8	0.39	27.2
Signature Hazelnut Hot Chocolate - semi skimmed milk	2257	537	18.8	15.1	69.1	66.1	5.9	19.9	0.50	34
Signature Hazelnut Hot Chocolate - whole milk	1630	388	18.2	12.1	42.4	40.5	3.6	12	0.30	20.4
Signature Hazelnut Hot Chocolate - whole milk	2087	497	22.8	15	55.3	52.8	4.8	15.5	0.38	27.2
Signature Hazelnut Hot Chocolate - whole milk	2547	606	27	17.7	68.7	65.6	5.9	19.4	0.49	34
Signature Hazelnut Hot Chocolate - skimmed milk	1321	314	9.5	6.3	42.9	41	3.6	12.3	0.31	20.4
Signature Hazelnut Hot Chocolate - skimmed milk	1688	402	11.6	7.7	56	53.5	4.8	15.8	0.40	27.2
Signature Hazelnut Hot Chocolate - skimmed milk	2040	485	12.7	8.3	69.6	66.5	5.9	19.9	0.51	34
Signature Hazelnut Hot Chocolate - almond drink	1184	283	11.9	6.3	37.1	35	4.4	4.4	0.23	20.4
Signature Hazelnut Hot Chocolate - almond drink	1511	361	14.6	7.6	48.5	45.7	5.8	5.6	0.30	27.2
Signature Hazelnut Hot Chocolate - almond drink	1814	433	16.6	8.2	60	56.5	7.2	6.9	0.38	34
Signature Hazelnut Hot Chocolate - soya drink	1387	330	13.8	6.8	37.4	35	5.2	11.8	0.29	20.4
Signature Hazelnut Hot Chocolate - soya drink	1773	422	17	8.2	48.8	45.7	6.8	15.1	0.37	27.2
Signature Hazelnut Hot Chocolate - soya drink	2148	511	19.6	9	60.4	56.5	8.5	19	0.46	34
Signature Hazelnut Hot Chocolate - oat drink	1540	367	15.3	11	47.1	38.4	9.2	5.7	0.33	20.4
Signature Hazelnut Hot Chocolate - oat drink	1971	470	19.1	13.7	61.4	50.1	11.9	7.3	0.42	27.2
Signature Hazelnut Hot Chocolate - oat drink	2400	572	22.2	16	76.5	62.2	15	9	0.53	34
Signature Hazelnut Hot Chocolate - coconut drink	1398	335	15.3	12.1	39.5	37.6	7.6	5.7	0.52	20.4
Signature Hazelnut Hot Chocolate - coconut drink	1787	429	19.1	15	51.5	49.1	9.9	7.3	0.67	27.2
Signature Hazelnut Hot Chocolate - coconut drink	2166	520	22.2	17.7	63.9	60.9	12.4	9	0.84	34
Iced Chocolate - semi skimmed milk	1047	250	12.2	9.2	25.6	24.5	2.2	8.4	0.17	0
Iced Chocolate - semi skimmed milk	1381	330	16.5	12.4	33.3	31.8	2.9	10.7	0.22	0
Iced Chocolate - semi skimmed milk	1636	390	18.1	13.8	41.4	39.5	3.6	13.8	0.28	0
Iced Chocolate - whole milk	1138	272	14.8	10	25.5	24.3	2.2	8.3	0.17	0
Iced Chocolate - whole milk	1494	357	19.7	13.4	33.1	31.6	2.9	10.6	0.21	0
Iced Chocolate - whole milk	1789	427	22.4	15.1	41.2	39.3	3.6	13.6	0.28	0
Iced Chocolate - skimmed milk	979	234	10.3	7.1	25.8	24.6	2.2	8.4	0.18	0
Iced Chocolate - skimmed milk	1297	310	14.1	9.8	33.5	31.9	2.9	10.7	0.22	0
Iced Chocolate - skimmed milk	1522	363	14.9	10.2	41.6	39.8	3.6	13.8	0.29	0
Iced Chocolate - almond drink	908	217	11.5	7	22.8	21.5	2.6	4.4	0.13	0
Iced Chocolate - almond drink	1210	290	15.6	9.7	29.8	28.1	3.4	5.7	0.17	0
Iced Chocolate - almond drink	1403	336	16.9	10.1	36.6	34.5	4.2	7	0.22	0
Iced Chocolate - soya drink	1013	242	12.4	7.3	22.9	21.5	3	8.2	0.16	0
Iced Chocolate - soya drink	1339	320	16.8	10	29.9	28.1	3.9	10.4	0.20	0
Iced Chocolate - soya drink	1579	377	18.5	10.6	36.9	34.5	4.9	13.4	0.27	0
Iced Chocolate - oat drink	1092	261	13.3	9.5	28	23.3	5.1	5	0.18	0
Iced Chocolate - oat drink	1437	343	17.8	12.7	36.2	30.3	6.4	6.5	0.23	0
Iced Chocolate - oat drink	1711	409	19.9	14.2	45.3	37.5	8.4	8.1	0.30	0
Iced Chocolate - coconut drink	1018	245	13.3	10	24	22.8	4.2	5	0.28	0
Iced Chocolate - coconut drink	1346	323	17.8	13.4	31.3	29.8	5.4	6.5	0.35	0
Iced Chocolate - coconut drink	1588	381	19.9	15.1	38.7	36.8	7	8.1	0.47	0
Iced White Chocolate - semi skimmed milk	1274	304	14.1	11.2	36.1	36.1	0	8.1	0.34	0
Iced White Chocolate - semi skimmed milk	1694	404	19.1	15.1	47.6	47.6	0	10.4	0.44	0
Iced White Chocolate - semi skimmed milk	2034	485	21.4	17.1	59.6	59.6	0	13.5	0.56	0
Iced White Chocolate - whole milk	1365	326	16.7	12	36	36	0	8	0.34	0
Iced White Chocolate - whole milk	1806	431	22.3	16.1	47.5	47.5	0	10.3	0.43	0
Iced White Chocolate - whole milk	2187	522	25.7	18.5	59.4	59.4	0	13.2	0.56	0
Iced White Chocolate - skimmed milk	1206	288	12.2	9	36.2	36.2	0	8.1	0.34	0
Iced White Chocolate - skimmed milk	1610	384	16.8	12.4	47.8	47.8	0	10.4	0.44	0
Iced White Chocolate - skimmed milk	1920	458	18.2	13.5	59.9	59.9	0	13.5	0.57	0
Iced White Chocolate - almond drink	1135	271	13.4	9	33.2	33.1	0.4	4.1	0.30	0
Iced White Chocolate - almond drink	1522	364	18.3	12.4	44.1	43.9	0.5	5.4	0.39	0
Iced White Chocolate - almond drink	1801	430	20.3	13.5	54.9	54.6	0.7	6.6	0.50	0
Iced White Chocolate - soya drink	1240	296	14.4	9.3	33.4	33.1	0.8	7.9	0.33	0
Iced White Chocolate - soya drink	1652	394	19.5	12.7	44.3	43.9	1	10.1	0.43	0
Iced White Chocolate - soya drink	1977	471	21.9	13.9	55.1	54.6	1.4	13	0.54	0
Iced White Chocolate - oat drink	1319	315	15.2	11.5	38.4	34.9	2.9	4.7	0.35	0
Iced White Chocolate - oat drink	1749	418	20.5	15.4	50.5	46.1	3.5	6.2	0.45	0
Iced White Chocolate - oat drink	2109	503	23.2	17.6	63.5	57.6	4.8	7.8	0.58	0
Iced White Chocolate - coconut drink	1245	298	15.2	12	34.5	34.5	2	4.7	0.45	0
Iced White Chocolate - coconut drink	1658	397	20.5	16.1	45.6	45.6	2.5	6.2	0.57	0
Iced White Chocolate - coconut drink	1986	476	23.2	18.5	56.9	56.9	3.4	7.8	0.74	0
Frappuccino®										
Coffee Frappuccino® - semi skimmed milk	856	204	9.5	7.1	25.7	24.9	0.1	3.7	0.41	23.2
Coffee Frappuccino® - semi skimmed milk	1173	280	13							

Coffee Frappuccino® - almond drink	1217	290	12.7	8.2	41.2	39.7	0.5	2	0.67	41.7
Coffee Frappuccino® - soya drink	836	199	9.6	6	24.1	23.2	0.6	3.6	0.41	23.2
Coffee Frappuccino® - soya drink	1149	274	13.2	8.4	33.6	32.3	0.8	4.5	0.56	32.9
Coffee Frappuccino® - soya drink	1299	309	13.4	8.4	41.3	39.7	0.9	5	0.69	41.7
Coffee Frappuccino® - oat drink	882	210	10.1	7.3	27	24.2	1.8	1.7	0.42	23.2
Coffee Frappuccino® - oat drink	1205	288	13.8	9.9	37.2	33.6	2.2	2.3	0.57	32.9
Coffee Frappuccino® - oat drink	1361	324	14.1	10.1	45.3	41.1	2.5	2.5	0.70	41.7
Coffee Frappuccino® - coconut drink	839	201	10.1	7.6	24.7	24	1.3	1.7	0.48	23.2
Coffee Frappuccino® - coconut drink	1153	276	13.8	10.3	34.4	33.3	1.6	2.3	0.65	32.9
Coffee Frappuccino® - coconut drink	1304	311	14.1	10.5	42.2	40.8	1.8	2.5	0.78	41.7
Caramel Frappuccino® - semi skimmed milk	1102	262	11.1	8.1	36.5	35.3	0.1	3.9	0.46	23.2
Caramel Frappuccino® - semi skimmed milk	1503	358	15.1	11	50.2	48.5	0.2	4.9	0.63	32.9
Caramel Frappuccino® - semi skimmed milk	1752	417	16	11.6	62.4	60.1	0.2	5.4	0.78	41.7
Caramel Frappuccino® - whole milk	1155	275	12.6	8.6	36.5	35.2	0.1	3.8	0.46	23.2
Caramel Frappuccino® - whole milk	1567	373	16.9	11.6	50.1	48.4	0.2	4.8	0.63	32.9
Caramel Frappuccino® - whole milk	1823	434	18	12.2	62.2	60	0.2	5.3	0.78	41.7
Caramel Frappuccino® - skimmed milk	1062	253	10	6.9	36.6	35.3	0.1	3.9	0.47	23.2
Caramel Frappuccino® - skimmed milk	1454	346	13.7	9.5	50.3	48.6	0.2	4.9	0.64	32.9
Caramel Frappuccino® - skimmed milk	1699	404	14.5	9.9	62.5	60.2	0.2	5.4	0.78	41.7
Caramel Frappuccino® - almond drink	1021	243	10.7	6.9	34.9	33.5	0.4	1.5	0.44	23.2
Caramel Frappuccino® - almond drink	1404	335	14.6	9.5	48.2	46.3	0.5	2	0.61	32.9
Caramel Frappuccino® - almond drink	1643	391	15.4	9.9	60.1	57.8	0.5	2.2	0.75	41.7
Caramel Frappuccino® - soya drink	1082	258	11.2	7	34.9	33.5	0.6	3.7	0.46	23.2
Caramel Frappuccino® - soya drink	1478	352	15.3	9.7	48.3	46.3	0.8	4.7	0.63	32.9
Caramel Frappuccino® - soya drink	1725	410	16.2	10.1	60.2	57.8	0.9	5.2	0.77	41.7
Caramel Frappuccino® - oat drink	1128	269	11.7	8.3	37.9	34.5	1.8	1.9	0.47	23.2
Caramel Frappuccino® - oat drink	1535	366	15.9	11.2	51.8	47.6	2.2	2.4	0.64	32.9
Caramel Frappuccino® - oat drink	1787	425	16.8	11.8	64.2	59.2	2.5	2.7	0.79	41.7
Caramel Frappuccino® - coconut drink	1085	259	11.7	8.6	35.6	34.3	1.3	1.9	0.53	23.2
Caramel Frappuccino® - coconut drink	1482	354	15.9	11.6	49	47.3	1.6	2.4	0.71	32.9
Caramel Frappuccino® - coconut drink	1729	412	16.8	12.2	61.1	58.9	1.8	2.7	0.87	41.7
Espresso Frappuccino® - semi skimmed milk	477	113	1.4	1.3	21.4	20.4	0.2	3.2	0.38	48.4
Espresso Frappuccino® - semi skimmed milk	673	159	1.8	1.6	31.1	29.7	0.3	4.1	0.53	58.5
Espresso Frappuccino® - semi skimmed milk	817	193	2	1.8	38.6	36.9	0.3	4.5	0.65	65.5
Espresso Frappuccino® - whole milk	525	124	2.8	1.7	21.3	20.3	0.2	3.2	0.37	48.4
Espresso Frappuccino® - whole milk	734	173	3.5	2.1	31	29.6	0.3	4	0.53	58.5
Espresso Frappuccino® - whole milk	884	209	3.9	2.4	38.5	36.8	0.3	4.4	0.65	65.5
Espresso Frappuccino® - skimmed milk	441	104	0.4	0.1	21.5	20.5	0.2	3.2	0.38	48.4
Espresso Frappuccino® - skimmed milk	627	148	0.5	0.2	31.1	29.8	0.3	4.1	0.54	58.5
Espresso Frappuccino® - skimmed milk	767	181	0.6	0.2	38.7	37	0.3	4.5	0.66	65.5
Espresso Frappuccino® - almond drink	404	96	1.1	0.1	19.9	18.8	0.4	1.1	0.36	48.4
Espresso Frappuccino® - almond drink	579	137	1.4	0.1	29.1	27.7	0.5	1.4	0.51	58.5
Espresso Frappuccino® - almond drink	714	169	1.5	0.2	36.5	34.7	0.6	1.5	0.63	65.5
Espresso Frappuccino® - soya drink	459	108	1.6	0.3	20	18.8	0.6	3.1	0.37	48.4
Espresso Frappuccino® - soya drink	650	153	2	0.3	29.2	27.7	0.8	3.9	0.53	58.5
Espresso Frappuccino® - soya drink	792	187	2.2	0.4	36.6	34.7	0.9	4.3	0.65	65.5
Espresso Frappuccino® - oat drink	501	118	2	1.4	22.6	19.7	1.7	1.4	0.38	48.4
Espresso Frappuccino® - oat drink	703	166	2.5	1.8	32.6	28.9	2.2	1.8	0.54	58.5
Espresso Frappuccino® - oat drink	850	201	2.8	2	40.3	36	2.4	2	0.66	65.5
Espresso Frappuccino® - coconut drink	462	110	2	1.7	20.6	19.5	1.3	1.4	0.43	48.4
Espresso Frappuccino® - coconut drink	653	155	2.5	2.2	30	28.6	1.6	1.8	0.61	58.5
Espresso Frappuccino® - coconut drink	796	189	2.8	2.4	37.4	35.7	1.8	2	0.73	65.5
Mocha Frappuccino® - semi skimmed milk	964	230	10	7.4	29.8	28.7	0.8	4.5	0.40	22.1
Mocha Frappuccino® - semi skimmed milk	1321	315	13.8	10.1	41	39.5	1.2	5.9	0.53	30.4
Mocha Frappuccino® - semi skimmed milk	1574	375	14.3	10.6	53.2	51.1	1.6	7	0.68	40.8
Mocha Frappuccino® - whole milk	1015	242	11.4	7.9	29.7	28.7	0.8	4.5	0.39	22.1
Mocha Frappuccino® - whole milk	1381	329	15.5	10.7	41	39.4	1.2	5.8	0.53	30.4
Mocha Frappuccino® - whole milk	1644	391	16.3	11.2	53.1	51	1.6	6.9	0.68	40.8
Mocha Frappuccino® - skimmed milk	926	221	8.9	6.2	29.9	28.8	0.8	4.5	0.40	22.1
Mocha Frappuccino® - skimmed milk	1276	304	12.5	8.7	41.1	39.6	1.2	5.9	0.53	30.4
Mocha Frappuccino® - skimmed milk	1522	362	12.9	8.9	53.3	51.2	1.6	7	0.69	40.8
Mocha Frappuccino® - almond drink	886	211	9.6	6.2	28.2	27.1	1	2.3	0.38	22.1
Mocha Frappuccino® - almond drink	1230	293	13.3	8.7	39.2	37.5	1.5	3.2	0.51	30.4
Mocha Frappuccino® - almond drink	1468	350	13.8	8.9	51	48.8	1.9	3.9	0.66	40.8
Mocha Frappuccino® - soya drink	945	225	10.1	6.4	28.3	27.1	1.3	4.4	0.39	22.1
Mocha Frappuccino® - soya drink	1299	309	13.9	8.9	39.3	37.5	1.7	5.7	0.52	30.4
Mocha Frappuccino® - soya drink	1548	368	14.5	9.1	51.1	48.8	2.2	6.8	0.68	40.8
Mocha Frappuccino® - oat drink	989	236	10.6	7.6	31.1	28	2.4	2.6	0.40	22.1
Mocha Frappuccino® - oat drink	1351	322	14.5	10.3	42.6	38.7	3.1	3.6	0.54	30.4
Mocha Frappuccino® - oat drink	1608	383	15.2	10.8	54.9	50.2	3.8	4.4	0.69	40.8
Mocha Frappuccino® - coconut drink	948	227	10.6	7.9	28.9	27.8	1.9	2.6	0.46	22.1
Mocha Frappuccino® - coconut drink	1302	311	14.5	10.7	40	38.4	2.5	3.6	0.60	30.4
Mocha Frappuccino® - coconut drink	1552	370	15.2	11.2	51.9	49.9	3.1	4.4	0.77	40.8
White Mocha Frappuccino® - semi skimmed milk	1034	246	10.6	8	33.1	32.3	0.1	4.5	0.45	22.4
White Mocha Frappuccino® - semi skimmed milk	1493	356	15	11.3	48.7	47.7	0.2	6	0.63	30.8
White Mocha Frappuccino® - semi skimmed milk	1645	391	15.2	11.5	56.7	55.4	0.2	6.5	0.76	40
White Mocha Frappuccino® - whole milk	1085	259	12	8.5	33	32.3	0.1	4.4	0.45	22.4
White Mocha Frappuccino® - whole milk	1553	370	16.7	11.9	48.6	47.6	0.2	5.9	0.63	30.8
White Mocha Frappuccino® - whole milk	1714	408	17.1	12.1	56.6	55.3	0.2	6.4	0.76	40
White Mocha Frappuccino® - skimmed milk	995	237	9.5	6.8	33.1	32.4	0.1	4.5	0.45	22.4
White Mocha Frappuccino® - skimmed milk	1447	345	13.7	9.9	48.8	47.8	0.2	6	0.63	30.8
White Mocha Frappuccino® - skimmed milk	1594	379	13.8	9.9	56.8	55.5	0.2	6.5	0.76	40
White Mocha Frappuccino® - almond drink	955	228	10.2	6.8	31.4	30.6	0.4	2.1	0.43	22.4
White Mocha Frappuccino® - almond drink	1400	334	14.6	9.9	46.8	45.7	0.4	3.3	0.61	30.8
White Mocha Frappuccino® - almond drink	1541	367	14.7	9.9	54.5	53.1	0.5	3.5	0.73	40
White Mocha Frappuccino® - soya drink	1015	242	10.7	6.9	31.5	30.6	0.6	4.3	0.45	22.4
White Mocha Frappuccino® - soya drink	1470	350	15.2	10.1	46.9	45.7	0.7	5.8	0.62	30.8
White Mocha Frappuccino® - soya drink	1620	385	15.4	10.1	54.6	53.1	0.8	6.3	0.75	40
White Mocha Frappuccino® - oat drink	1059	252	11.2	8.2	34.4	31.6	1.7	2.5	0.46	22.4
White Mocha Frappuccino® - oat drink	1523	363	15.7	11.5	50.3	46.9	2.1	3.7	0.64	30.8
White Mocha Frappuccino® - oat drink	1679	400	16	11.7	58.4	54.4	2.4	4	0.77	40
White Mocha Frappuccino® - coconut drink	1018	243	11.2	8.5	32.1	31.4	1.3	2.5	0.51	22.4
White Mocha Frappuccino® - coconut drink	1473	352	15.7	11.9	47.6	46.6	1.5	3.7	0.70	30.8
White Mocha Frappuccino® - coconut drink	1624	387	16	12.1	55.4	54.1	1.8	4	0.84	40
Java Chip Frappuccino® - semi skimmed milk	1188	283	12.9	9.7	35.8	34	1.5	5.1	0.48	22.4
Java Chip Frappuccino® - semi skimmed milk	1644	392	17.8	13.4	49.9	47.3	2	6.7	0.66	32
Java Chip Frappuccino® - semi skimmed milk	1923	458	19.4	14.6	61.7	58.4	2.5	7.7	0.82	40.8
Java Chip Frappuccino® - whole milk	1240	296	14.3	10.2	35.7	33.9	1.5	5.1	0.47	22.4
Java Chip Frappuccino® - whole milk	1707	407	19.6	14	49.8	47.2	2	6.6	0.66	32
Java Chip Frappuccino® - whole milk	1993	475	21.3	15.2	61.6	58.3	2.5	7.6	0.82	40.8
Java Chip Frappuccino® - skimmed milk	1150	274	11.8	8.5	35.9	34	1.5	5.1	0.48	22.4
Java Chip Frappuccino® - skimmed milk	1597	381	16.5	12	50	47.4	2	6.7	0.67	32
Java Chip Frappuccino® - skimmed milk	1871	446	17.9	13	61.8	58.5	2.5	7.7	0.82	40.8
Java Chip Frappuccino® - almond drink	1110	265	12.5	8.5	34.2	32.3	1.7	2.8	0.45	22.4
Java Chip Frappuccino® - almond drink	1548	370	17.4	11.9	47.9	45.2	2.3	3.8	0.64	32
Java Chip Frappuccino® - almond drink	1817	433	18.8	13	59.5	56.1	2.8	4.6	0.79	40.8
Java Chip Frappuccino® - soya drink	1169	279	13	8.7	34.3	32.3	1.9	5	0.47	22.4
Java Chip Frappuccino® - soya drink	1621	386	18	12.1	48	45.2	2.6	6.5	0.66	32
Java Chip Frappuccino® - soya drink	1897	452	19.6	13.2	59.6	56.1	3.2	7.5	0.81	40.8
Java Chip Frappuccino® - oat drink	1213	290	13.5	9.9	37.1	33.3	3.1	3.2	0.48	22.4
Java Chip Frappuccino® - oat drink	1675	400	18.6	13.6	51.5	46.4	4	4.3	0.67	32
Java Chip Frappuccino® - oat drink	1958	467	20.2	14.8	63.5	57.4	4.7	5.1	0.83	40.8
Java Chip Frappuccino® - coconut drink	1172	280	13.5	10.2	34.9	33	2.6	3.2	0.54	22.4
Java Chip Frappuccino® - coconut drink	1624	388	18.6	14	48.8	46.1	3.4	4.3	0.74	32
Java Chip Frappuccino® - coconut drink	1901	454	20.2	15.3	60.4	57.1	4.1	5.1	0.90	40.8
Chocolate Cream Frappuccino® - semi skimmed milk	959	229	10.5	8	27.7	26.8	0.8	5.4	0.41	0
Chocolate Cream Frappuccino® - semi skimmed milk	1317	314	14.5	10.9	38.4	37.1	1.2	7.1	0.56	0
Chocolate Cream Frappuccino® - semi skimmed milk	1564	373	15.2	11.6	49.5	47.8	1.5			

Chocolate Cream Frappuccino® - oat drink	1618	386	16.6	11.9	52.3	46.4	4.9	4.6	0.74	0
Chocolate Cream Frappuccino® - coconut drink	937	224	11.3	8.6	26.5	25.6	2.4	2.8	0.49	0
Chocolate Cream Frappuccino® - coconut drink	1289	309	15.5	11.7	36.8	35.5	3.2	3.8	0.67	0
Chocolate Cream Frappuccino® - coconut drink	1530	366	16.6	12.6	47.6	45.9	4	4.6	0.86	0
Vanilla Cream Frappuccino® - semi skimmed milk	863	206	9.8	7.5	25.2	24.7	0	4.2	0.40	0
Vanilla Cream Frappuccino® - semi skimmed milk	1166	278	13.4	10.2	34.2	33.4	0	5.3	0.54	0
Vanilla Cream Frappuccino® - semi skimmed milk	1357	323	13.8	10.7	43.5	42.5	0	6.2	0.69	0
Vanilla Cream Frappuccino® - whole milk	933	223	11.8	8.2	25.1	24.6	0	4.1	0.40	0
Vanilla Cream Frappuccino® - whole milk	1253	299	15.9	11	34	33.3	0	5.2	0.54	0
Vanilla Cream Frappuccino® - whole milk	1460	348	16.8	11.6	43.4	42.4	0	6	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	810	193	8.3	5.9	25.4	24.8	0	4.2	0.41	0
Vanilla Cream Frappuccino® - skimmed milk	1101	263	11.6	8.2	34.3	33.5	0	5.3	0.54	0
Vanilla Cream Frappuccino® - skimmed milk	1279	305	11.7	8.3	43.7	42.7	0	6.2	0.69	0
Vanilla Cream Frappuccino® - almond drink	756	181	9.3	5.9	23	22.4	0.3	1.1	0.37	0
Vanilla Cream Frappuccino® - almond drink	1034	247	12.8	8.2	31.4	30.6	0.4	1.4	0.51	0
Vanilla Cream Frappuccino® - almond drink	1199	286	13.1	8.2	40.3	39.1	0.5	1.5	0.65	0
Vanilla Cream Frappuccino® - soya drink	836	199	10	6.1	23.2	22.4	0.6	4	0.40	0
Vanilla Cream Frappuccino® - soya drink	1134	270	13.7	8.4	31.6	30.6	0.8	5	0.53	0
Vanilla Cream Frappuccino® - soya drink	1318	314	14.1	8.5	40.4	39.1	0.9	5.9	0.68	0
Vanilla Cream Frappuccino® - oat drink	897	214	10.6	7.7	27	23.8	2.2	1.6	0.41	0
Vanilla Cream Frappuccino® - oat drink	1209	289	14.4	10.5	36.4	32.2	2.7	2.1	0.55	0
Vanilla Cream Frappuccino® - oat drink	1408	336	15.1	11	46.2	41.1	3.3	2.3	0.70	0
Vanilla Cream Frappuccino® - coconut drink	841	202	10.6	8.2	24	23.4	1.6	1.6	0.49	0
Vanilla Cream Frappuccino® - coconut drink	1139	273	14.4	11	32.6	31.9	1.9	2.1	0.64	0
Vanilla Cream Frappuccino® - coconut drink	1324	317	15.1	11.6	41.7	40.7	2.3	2.3	0.81	0
Caramel Cream Frappuccino® - semi skimmed milk	1038	247	11.4	8.5	31.9	31	0	4.4	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	1395	333	15.5	11.5	42.9	41.6	0	5.5	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	1656	394	16.6	12.4	55	53.3	0	6.4	0.78	0
Caramel Cream Frappuccino® - whole milk	1108	264	13.4	9.2	31.8	30.9	0	4.2	0.45	0
Caramel Cream Frappuccino® - whole milk	1481	353	17.9	12.3	42.8	41.5	0	5.3	0.60	0
Caramel Cream Frappuccino® - whole milk	1759	419	19.5	13.3	54.8	53.1	0	6.3	0.77	0
Caramel Cream Frappuccino® - skimmed milk	986	235	9.9	6.9	32.1	31.1	0	4.4	0.46	0
Caramel Cream Frappuccino® - skimmed milk	1330	317	13.7	9.5	43	41.7	0	5.5	0.61	0
Caramel Cream Frappuccino® - skimmed milk	1578	376	14.4	10	55.1	53.4	0	6.4	0.78	0
Caramel Cream Frappuccino® - almond drink	931	222	10.9	6.9	29.7	28.7	0.3	1.2	0.42	0
Caramel Cream Frappuccino® - almond drink	1263	302	14.8	9.5	40.2	38.8	0.4	1.6	0.57	0
Caramel Cream Frappuccino® - almond drink	1498	357	15.8	9.9	51.7	49.9	0.5	1.8	0.73	0
Caramel Cream Frappuccino® - soya drink	1012	241	11.6	7.1	29.8	28.7	0.6	4.1	0.45	0
Caramel Cream Frappuccino® - soya drink	1362	325	15.7	9.7	40.3	38.8	0.8	5.2	0.60	0
Caramel Cream Frappuccino® - soya drink	1617	385	16.9	10.2	51.9	49.9	0.9	6.1	0.76	0
Caramel Cream Frappuccino® - oat drink	1073	256	12.2	8.7	33.7	30	2.2	1.7	0.46	0
Caramel Cream Frappuccino® - oat drink	1437	343	16.5	11.8	45.1	40.5	2.7	2.2	0.62	0
Caramel Cream Frappuccino® - oat drink	1707	407	17.8	12.7	57.6	51.9	3.3	2.5	0.79	0
Caramel Cream Frappuccino® - coconut drink	1016	243	12.2	9.2	30.7	29.7	1.6	1.7	0.54	0
Caramel Cream Frappuccino® - coconut drink	1367	327	16.5	12.3	41.4	40.1	1.9	2.2	0.71	0
Caramel Cream Frappuccino® - coconut drink	1623	388	17.8	13.3	53.1	51.4	2.3	2.5	0.90	0
White Chocolate Cream Frappuccino® - semi skimmed milk	995	237	11	8.5	29.6	29.2	0	5.1	0.46	0
White Chocolate Cream Frappuccino® - semi skimmed milk	1442	344	15.6	12	44.1	43.5	0	6.9	0.64	0
White Chocolate Cream Frappuccino® - semi skimmed milk	1599	381	16	12.4	51.5	50.7	0	7.8	0.79	0
White Chocolate Cream Frappuccino® - whole milk	1065	254	12.9	9.1	29.5	29.1	0	5	0.45	0
White Chocolate Cream Frappuccino® - whole milk	1529	364	18	12.8	44	43.4	0	6.8	0.64	0
White Chocolate Cream Frappuccino® - whole milk	1703	406	18.9	13.4	51.4	50.6	0	7.6	0.78	0
White Chocolate Cream Frappuccino® - skimmed milk	943	225	9.5	6.8	29.7	29.3	0	5.1	0.46	0
White Chocolate Cream Frappuccino® - skimmed milk	1377	328	13.7	10	44.2	43.6	0	6.9	0.64	0
White Chocolate Cream Frappuccino® - skimmed milk	1522	362	13.8	10	51.7	50.9	0	7.8	0.79	0
White Chocolate Cream Frappuccino® - almond drink	888	212	10.4	6.8	27.4	26.9	0.3	1.9	0.43	0
White Chocolate Cream Frappuccino® - almond drink	1310	313	14.9	9.9	41.4	40.6	0.4	3	0.60	0
White Chocolate Cream Frappuccino® - almond drink	1441	344	15.2	10	48.3	47.3	0.5	3.1	0.75	0
White Chocolate Cream Frappuccino® - soya drink	969	231	11.2	7	27.5	26.9	0.6	4.9	0.45	0
White Chocolate Cream Frappuccino® - soya drink	1410	336	15.8	10.2	41.5	40.6	0.8	6.6	0.63	0
White Chocolate Cream Frappuccino® - soya drink	1560	372	16.3	10.3	48.4	47.3	0.9	7.5	0.78	0
White Chocolate Cream Frappuccino® - oat drink	1030	246	11.8	8.7	31.4	28.2	2.2	2.5	0.47	0
White Chocolate Cream Frappuccino® - oat drink	1485	354	16.6	12.3	46.3	42.3	2.7	3.7	0.65	0
White Chocolate Cream Frappuccino® - oat drink	1650	393	17.2	12.7	54.2	49.3	3.3	3.9	0.80	0
White Chocolate Cream Frappuccino® - coconut drink	973	233	11.8	9.1	28.4	27.9	1.6	2.5	0.54	0
White Chocolate Cream Frappuccino® - coconut drink	1415	339	16.6	12.8	42.6	41.9	1.9	3.7	0.74	0
White Chocolate Cream Frappuccino® - coconut drink	1566	375	17.2	13.4	49.7	48.8	2.3	3.9	0.91	0
Strawberries & Cream Frappuccino® - semi skimmed milk	1015	241	9.8	7.4	34.1	32.5	0.4	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	1409	335	13.4	10.1	48.1	45.8	0.6	5.3	0.53	0
Strawberries & Cream Frappuccino® - semi skimmed milk	1668	396	13.8	10.5	61.6	58.5	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - whole milk	1081	257	11.6	8	34	32.4	0.4	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	1490	355	15.7	10.8	48	45.7	0.6	5.2	0.52	0
Strawberries & Cream Frappuccino® - whole milk	1763	419	16.5	11.3	61.4	58.3	0.7	6	0.66	0
Strawberries & Cream Frappuccino® - skimmed milk	965	230	8.4	5.9	34.2	32.6	0.4	4.2	0.39	0
Strawberries & Cream Frappuccino® - skimmed milk	1348	320	11.7	8.2	48.2	45.9	0.6	5.3	0.53	0
Strawberries & Cream Frappuccino® - skimmed milk	1596	379	11.8	8.2	61.7	58.6	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - almond drink	914	218	9.3	5.8	32	30.3	0.7	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	1284	306	12.8	8.2	45.6	43.1	0.9	1.7	0.49	0
Strawberries & Cream Frappuccino® - almond drink	1522	362	13.1	8.2	58.6	55.3	1.2	1.9	0.62	0
Strawberries & Cream Frappuccino® - soya drink	990	235	10	6	32.1	30.3	1	4	0.38	0
Strawberries & Cream Frappuccino® - soya drink	1378	328	13.7	8.4	45.7	43.1	1.3	5.1	0.52	0
Strawberries & Cream Frappuccino® - soya drink	1632	387	14.1	8.5	58.7	55.3	1.6	5.9	0.65	0
Strawberries & Cream Frappuccino® - oat drink	1047	249	10.6	7.6	35.8	31.6	2.4	1.7	0.40	0
Strawberries & Cream Frappuccino® - oat drink	1449	345	14.4	10.4	50.2	44.7	3.1	2.3	0.54	0
Strawberries & Cream Frappuccino® - oat drink	1715	407	15	10.8	64	57.2	3.7	2.6	0.67	0
Strawberries & Cream Frappuccino® - coconut drink	994	237	10.6	8	32.9	31.3	1.9	1.7	0.47	0
Strawberries & Cream Frappuccino® - coconut drink	1383	330	14.4	10.9	46.7	44.3	2.4	2.3	0.62	0
Strawberries & Cream Frappuccino® - coconut drink	1638	390	15	11.3	59.9	56.7	2.9	2.6	0.77	0
Cookies & Cream Frappuccino® - semi skimmed milk	1062	253	12.3	9.1	30.4	25.8	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - semi skimmed milk	1499	358	17.2	12.6	43.5	36.8	0.4	7.1	0.75	0
Cookies & Cream Frappuccino® - semi skimmed milk	1768	421	18.7	13.7	54.7	46.1	0.5	8.1	0.95	0
Cookies & Cream Frappuccino® - whole milk	1132	270	14.3	9.7	30.3	25.7	0.3	5.2	0.53	0
Cookies & Cream Frappuccino® - whole milk	1590	379	19.8	13.4	43.4	36.7	0.4	7	0.75	0
Cookies & Cream Frappuccino® - whole milk	1875	447	21.7	14.7	54.6	46	0.5	8.2	0.95	0
Cookies & Cream Frappuccino® - skimmed milk	1010	241	10.8	7.4	30.5	25.9	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - skimmed milk	1431	341	15.3	10.5	43.6	37	0.4	7.1	0.76	0
Cookies & Cream Frappuccino® - skimmed milk	1689	402	16.4	11.2	54.9	46.3	0.5	8.4	0.96	0
Cookies & Cream Frappuccino® - almond drink	956	228	11.8	7.4	28.2	23.5	0.6	2.2	0.50	0
Cookies & Cream Frappuccino® - almond drink	1360	325	16.5	10.5	40.6	33.9	0.8	3	0.72	0
Cookies & Cream Frappuccino® - almond drink	1606	383	17.9	11.2	51.4	42.6	1	3.6	0.91	0
Cookies & Cream Frappuccino® - soya drink	1036	247	12.5	7.6	28.3	23.5	0.9	5.1	0.52	0
Cookies & Cream Frappuccino® - soya drink	1465	349	17.4	10.7	40.8	33.9	1.2	6.8	0.74	0
Cookies & Cream Frappuccino® - soya drink	1728	412	19	11.5	51.6	42.6	1.5	8.1	0.94	0
Cookies & Cream Frappuccino® - oat drink	1096	262	13.1	9.3	32.1	24.9	2.5	2.7	0.54	0
Cookies & Cream Frappuccino® - oat drink	1544	368	18.3	12.9	45.8	35.6	3.3	3.7	0.76	0
Cookies & Cream Frappuccino® - oat drink	1821	434	19.9	14	57.5	44.7	3.9	4.4	0.96	0
Cookies & Cream Frappuccino® - coconut drink	1040	249	13.1	9.7	29.1	24.6	1.9	2.7	0.61	0
Cookies & Cream Frappuccino® - coconut drink	1470	352	18.3	13.5	41.9	35.2	2.5	3.7	0.86	0
Cookies & Cream Frappuccino® - coconut drink	1735	415	19.9	14.7	52.8	44.2	2.9	4.4	1.08	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	1166	278	13.4	10.3	33	31.3	1.4	5.9	0.49	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	1610	384	18.5	14.2	45.7	43.4	2	7.7	0.67	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	1962	468	20.8	16.1	59.5	56.4	2.6	9.5	0.88	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	1237	295	15.4	10.9	32.8	31.2	1.4	5.8	0.48	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	1699	406	21.1	15	45.6	43.3	2	7.6	0.67	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	2071	494	23.9	17	59.3	56.2	2.6	9.3	0.87	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	1114	266	11.9	8.6	33.1	31.4	1.4	5.9	0.49	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	1544	368	16.7	12.1	45.9	43.6	2	7.7	0.67	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	1880	448	18.5	13.5	59.7	56.6	2.6	9.5	0.88	0
Double Chocolatey Chip Cream Frappucc										

Matcha Cream Frappuccino® - semi skimmed milk	1428	340	14	10.8	45.7	43.2	1.5	7.2	0.70	90.5
Matcha Cream Frappuccino® - whole milk	984	235	12	8.2	26.7	25.3	0.8	4.8	0.41	50.3
Matcha Cream Frappuccino® - whole milk	1366	326	16.4	11.3	37.9	35.9	1.2	6.3	0.58	73
Matcha Cream Frappuccino® - whole milk	1533	365	17	11.7	45.5	43	1.5	7.1	0.70	90.5
Matcha Cream Frappuccino® - skimmed milk	857	204	8.4	5.9	26.9	25.6	0.8	4.9	0.42	50.3
Matcha Cream Frappuccino® - skimmed milk	1202	286	11.8	8.3	38.2	36.2	1.2	6.4	0.59	73
Matcha Cream Frappuccino® - skimmed milk	1350	321	11.8	8.3	45.8	43.3	1.5	7.2	0.70	90.5
Matcha Cream Frappuccino® - almond drink	801	191	9.4	5.9	24.5	23.1	1.1	1.6	0.39	50.3
Matcha Cream Frappuccino® - almond drink	1129	270	13	8.2	35.1	33	1.6	2.2	0.55	73
Matcha Cream Frappuccino® - almond drink	1268	303	13.2	8.2	42.4	39.7	1.9	2.5	0.66	90.5
Matcha Cream Frappuccino® - soya drink	884	211	10.1	6.1	24.7	23.1	1.5	4.6	0.41	50.3
Matcha Cream Frappuccino® - soya drink	1237	295	14	8.5	35.3	33	2	6.2	0.57	73
Matcha Cream Frappuccino® - soya drink	1389	331	14.3	8.6	42.5	39.7	2.4	6.9	0.69	90.5
Matcha Cream Frappuccino® - oat drink	947	226	10.8	7.8	28.7	24.5	3.1	2.2	0.42	50.3
Matcha Cream Frappuccino® - oat drink	1318	314	14.8	10.7	40.4	34.8	4.1	2.9	0.59	73
Matcha Cream Frappuccino® - oat drink	1480	353	15.3	11.1	48.3	41.8	4.8	3.3	0.71	90.5
Matcha Cream Frappuccino® - coconut drink	889	213	10.8	8.3	25.5	24.1	2.4	2.2	0.50	50.3
Matcha Cream Frappuccino® - coconut drink	1242	298	14.8	11.3	36.4	34.4	3.3	2.9	0.70	73
Matcha Cream Frappuccino® - coconut drink	1395	334	15.3	11.7	43.8	41.3	3.8	3.3	0.82	90.5
Chai Tea Cream Frappuccino® - semi skimmed milk	897	214	9.7	7.4	27.3	26.9	0.5	4.1	0.39	20.1
Chai Tea Cream Frappuccino® - semi skimmed milk	1288	307	13.4	10.2	41	40.4	1	5.2	0.53	37.6
Chai Tea Cream Frappuccino® - semi skimmed milk	1456	347	13.8	10.6	49	48.1	1	6.2	0.69	38.1
Chai Tea Cream Frappuccino® - whole milk	964	230	11.6	8	27.2	26.8	0.5	4	0.39	20.1
Chai Tea Cream Frappuccino® - whole milk	1372	327	15.7	10.9	40.9	40.3	1	5.1	0.53	37.6
Chai Tea Cream Frappuccino® - whole milk	1558	371	16.7	11.5	48.8	48	1	6	0.68	38.1
Chai Tea Cream Frappuccino® - skimmed milk	848	202	8.3	5.9	27.4	27	0.5	4.1	0.39	20.1
Chai Tea Cream Frappuccino® - skimmed milk	1226	292	11.6	8.2	41.2	40.5	1	5.2	0.53	37.6
Chai Tea Cream Frappuccino® - skimmed milk	1381	329	11.7	8.3	49.1	48.3	1	6.2	0.69	38.1
Chai Tea Cream Frappuccino® - almond drink	796	190	9.2	5.9	25.2	24.7	0.8	1.1	0.36	20.1
Chai Tea Cream Frappuccino® - almond drink	1161	277	12.7	8.2	38.4	37.7	1.4	1.5	0.50	37.6
Chai Tea Cream Frappuccino® - almond drink	1302	310	13.1	8.2	45.8	44.8	1.4	1.6	0.64	38.1
Chai Tea Cream Frappuccino® - soya drink	872	208	9.9	6.1	25.3	24.7	1.1	3.9	0.38	20.1
Chai Tea Cream Frappuccino® - soya drink	1257	300	13.6	8.4	38.5	37.7	1.7	5	0.52	37.6
Chai Tea Cream Frappuccino® - soya drink	1418	338	14.1	8.5	45.9	44.8	1.9	5.9	0.67	38.1
Chai Tea Cream Frappuccino® - oat drink	930	222	10.5	7.6	29	26	2.6	1.6	0.40	20.1
Chai Tea Cream Frappuccino® - oat drink	1329	317	14.3	10.4	43.2	39.3	3.6	2.1	0.54	37.6
Chai Tea Cream Frappuccino® - oat drink	1506	359	15	10.9	51.5	46.7	4.2	2.4	0.70	38.1
Chai Tea Cream Frappuccino® - coconut drink	876	210	10.5	8	26.1	25.7	2	1.6	0.47	20.1
Chai Tea Cream Frappuccino® - coconut drink	1262	302	14.3	10.9	39.5	38.9	2.8	2.1	0.63	37.6
Chai Tea Cream Frappuccino® - coconut drink	1424	341	15	11.5	47.1	46.3	3.3	2.4	0.81	38.1
Refreshment										
Peach Iced Tea	225	53	0.1	0	12.9	12.6	0.1	0.1	0.00	0.6
Peach Iced Tea	313	74	0.1	0	17.9	17.5	0.1	0.1	0.00	0.9
Peach Iced Tea	396	94	0.1	0	22.8	22.2	0.1	0.1	0.00	1
Lemon Iced Tea	223	53	0.1	0	12.8	12.6	0.1	0.1	0.00	0.6
Lemon Iced Tea	310	73	0.1	0	17.8	17.5	0.1	0.1	0.00	0.9
Lemon Iced Tea	393	93	0.1	0	22.6	22.2	0.1	0.1	0.00	1
Cool Lime Starbucks Refresha™	245	58	0.1	0	13.9	13.3	0.4	0.3	0.04	37.2
Cool Lime Starbucks Refresha™	320	75	0.1	0	18.2	17.5	0.4	0.3	0.05	49.3
Cool Lime Starbucks Refresha™	398	93	0.1	0	22.7	22	0.4	0.4	0.07	61.9
Strawberry Acai Starbucks Refresha®	288	68	0.1	0	15.9	15.7	0.5	0.3	0.00	8.4
Strawberry Acai Starbucks Refresha®	389	91	0.2	0	21.4	21.1	0.7	0.5	0.01	11.1
Strawberry Acai Starbucks Refresha®	493	116	0.2	0	27	26.7	0.9	0.6	0.01	13.9
Pink Coconut Starbucks Refresha®	449	107	2.3	2.1	19.1	18.9	1.8	1.2	0.17	8.4
Pink Coconut Starbucks Refresha®	603	143	3.1	2.7	25.5	25.3	2.5	1.6	0.23	11.1
Pink Coconut Starbucks Refresha®	761	181	3.9	3.4	32.2	31.9	3.2	2.1	0.29	13.9
Classic Shaken Iced Black Tea	0	0	0	0	0	0	0	0	0.00	0.5
Classic Shaken Iced Black Tea	0	0	0	0	0	0	0	0	0.00	0.7
Classic Shaken Iced Black Tea	0	0	0	0	0	0	0	0	0.00	0.8
Classic Shaken Iced Black Tea Lemonade	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.5
Classic Shaken Iced Black Tea Lemonade	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.7
Classic Shaken Iced Black Tea Lemonade	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0.8
Classic Shaken Iced Green Tea	0	0	0	0	0	0	0	0	0.00	0.6
Classic Shaken Iced Green Tea	0	0	0	0	0	0	0	0	0.00	0.9
Classic Shaken Iced Green Tea	0	0	0	0	0	0	0	0	0.00	1
Classic Shaken Iced Green Tea Lemonade	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.6
Classic Shaken Iced Green Tea Lemonade	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.9
Classic Shaken Iced Green Tea Lemonade	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	1
Classic Shaken Hibiscus Tea	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea Lemonade	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0
Hot Teas										
English Breakfast Tea	0	0	0	0	0	0	0	0	0.00	0.8
English Breakfast Tea	0	0	0	0	0	0	0	0	0.00	0.8
English Breakfast Tea	0	0	0	0	0	0	0	0	0.00	1.6
Jasmine Pearls Tea	1	0	0	0	0	0	0	0	0.00	1.1
Jasmine Pearls Tea	1	0	0	0	0	0	0	0	0.00	1.1
Jasmine Pearls Tea	3	1	0	0	0	0	0	0	0.00	2.1
Mint Citrus Green Tea	0	0	0	0	0	0	0	0	0.00	0
Mint Citrus Green Tea	0	0	0	0	0	0	0	0	0.00	0
Mint Citrus Green Tea	0	0	0	0	0	0	0	0	0.00	0
Emperor's Clouds & Mist Tea	1	0	0	0	0	0	0	0	0.00	0.8
Emperor's Clouds & Mist Tea	1	0	0	0	0	0	0	0	0.00	0.8
Emperor's Clouds & Mist Tea	2	1	0	0	0	0	0	0	0.00	1.6
Chamomile	0	0	0	0	0	0	0	0	0.00	0
Chamomile	0	0	0	0	0	0	0	0	0.00	0
Chamomile	0	0	0	0	0	0	0	0	0.00	0
Earl Grey Tea	0	0	0	0	0	0	0	0	0.00	0.5
Earl Grey Tea	0	0	0	0	0	0	0	0	0.00	0.5
Earl Grey Tea	0	0	0	0	0	0	0	0	0.00	1
Mint Herbal Blend	0	0	0	0	0	0	0	0	0.00	0
Mint Herbal Blend	0	0	0	0	0	0	0	0	0.00	0
Mint Herbal Blend	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	0	0	0	0	0	0	0	0	0.00	0
Chai Tea	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	0	0	0	0	0	0	0	0	0.00	0.8
Youthberry Tea	2	0	0	0	0	0	0	0	0.00	0
Youthberry Tea	2	0	0	0	0	0	0	0	0.00	0
Youthberry Tea	3	1	0	0	0.1	0.1	0	0	0.00	0
Tea Latte										
Matcha Green Tea Latte - semi skimmed milk	424	101	3.4	3.4	9.9	9.3	0.6	7.3	0.21	38.5
Matcha Green Tea Latte - semi skimmed milk	622	148	5	4.9	14.6	13.6	1.1	10.7	0.31	65.7
Matcha Green Tea Latte - semi skimmed milk	773	184	6.2	6.1	18.2	16.8	1.4	13.3	0.38	83.4
Matcha Green Tea Latte - whole milk	556	132	7.2	4.5	9.8	9.1	0.6	7.1	0.21	38.5
Matcha Green Tea Latte - whole milk	814	194	10.4	6.6	14.3	13.3	1.1	10.4	0.30	65.7
Matcha Green Tea Latte - whole milk	1012	241	13	8.2	17.8	16.5	1.4	13	0.37	83.4
Matcha Green Tea Latte - skimmed milk	325	77	0.7	0.3	10.1	9.5	0.6	7.3	0.22	38.5
Matcha Green Tea Latte - skimmed milk	479	114	1	0.4	14.9	13.8	1.1	10.7	0.31	65.7
Matcha Green Tea Latte - skimmed milk	596	141	1.2	0.5	18.5	17.2	1.4	13.3	0.39	83.4
Matcha Green Tea Latte - almond drink	223	53	2.4	0.2	5.8	5	1.2	1.4	0.16	38.5
Matcha Green Tea Latte - almond drink	330	79	3.6	0.3	8.6	7.3	1.9	2.1	0.23	65.7
Matcha Green Tea Latte - almond drink	411	99	4.4	0.4	10.7	9	2.4	2.7	0.28	83.4
Matcha Green Tea Latte - soya drink	374	89	3.8	0.6	6	5	1.8	6.9	0.20	38.5
Matcha Green Tea Latte - soya drink	550	131	5.6	0.9	8.9	7.3	2.8	10.1	0.29	65.7
Matcha Green Tea Latte - soya drink	685	163	6.9	1.1	11.1	9	3.5	12.6	0.36	83.4
Matcha Green Tea Latte - oat drink	489	116	5	3.8	13.3	7.6	4.8	2.4	0.23	38.5
Matcha Green Tea Latte - oat drink	717	171	7.3	5.5	19.5	11	7.1	3.6	0.33	65.7
Matcha Green Tea Latte - oat drink	891	212	9	6.8	24.2	13.6	8.8	4.4	0.41	83.4
Matcha Green Tea Latte - coconut drink	382	93	5	4.5	7.6	7	3.6	2.4	0.37	38.5
Matcha Green Tea Latte - coconut drink	562	136	7.3	6.6	11.2	10.1	5.4	3.6	0.54	65.7
Matcha Green Tea Latte - coconut drink	699	170	9	8.2	13.9	12.6	6.7	4.4	0.67	83.4
Iced Matcha Green Tea Latte - semi skimmed milk	404	96	3.2	3.1	9.5	8.7	0.9	6.9	0.20	52.8
Iced Matcha Green Tea Latte - semi skimmed milk	517	123	4	3.9	12.2	10.9	1.3	8.9	0.25	79.2
Iced Matcha Green Tea Latte - semi skimmed milk	597	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	105.6
Iced Matcha Green Tea Latte - whole milk	526	125	6.7	4.2	9.3	8.5	0.9	6.		

Iced Matcha Green Tea Latte - whole milk	670	160	8.4	5.3	12	10.7	1.3	8.7	0.24	79.2
Iced Matcha Green Tea Latte - whole milk	771	184	9.6	6	13.9	12.2	1.7	10	0.27	105.6
Iced Matcha Green Tea Latte - skimmed milk	312	74	0.6	0.3	9.7	8.8	0.9	6.9	0.20	52.8
Iced Matcha Green Tea Latte - skimmed milk	402	95	0.8	0.3	12.4	11.1	1.3	8.9	0.25	79.2
Iced Matcha Green Tea Latte - skimmed milk	466	111	1	0.4	14.4	12.7	1.7	10.2	0.29	105.6
Iced Matcha Green Tea Latte - almond drink	217	52	2.3	0.2	5.7	4.6	1.4	1.5	0.15	52.8
Iced Matcha Green Tea Latte - almond drink	282	68	2.9	0.3	7.4	5.9	2	2	0.18	79.2
Iced Matcha Green Tea Latte - almond drink	331	79	3.3	0.3	8.7	6.7	2.5	2.4	0.21	105.6
Iced Matcha Green Tea Latte - soya drink	358	85	3.6	0.6	5.9	4.6	1.9	6.6	0.18	52.8
Iced Matcha Green Tea Latte - soya drink	459	109	4.5	0.7	7.6	5.9	2.7	8.4	0.23	79.2
Iced Matcha Green Tea Latte - soya drink	532	126	5.1	0.8	8.9	6.7	3.3	9.7	0.26	105.6
Iced Matcha Green Tea Latte - oat drink	464	111	4.7	3.5	12.6	7	4.7	2.4	0.21	52.8
Iced Matcha Green Tea Latte - oat drink	592	141	5.9	4.4	16.1	8.9	6.1	3.1	0.26	79.2
Iced Matcha Green Tea Latte - oat drink	683	163	6.7	5	18.6	10.1	7.2	3.7	0.30	105.6
Iced Matcha Green Tea Latte - coconut drink	365	89	4.7	4.2	7.3	6.5	3.6	2.4	0.34	52.8
Iced Matcha Green Tea Latte - coconut drink	468	114	5.9	5.3	9.4	8.2	4.7	3.1	0.43	79.2
Iced Matcha Green Tea Latte - coconut drink	542	131	6.7	6	11	9.3	5.6	3.7	0.49	105.6
Chai Tea Latte - semi skimmed milk	885	210	3.8	3.8	35.1	35	1.8	7.9	0.25	68.9
Chai Tea Latte - semi skimmed milk	998	236	3.5	3.5	42.5	42.4	2.4	7.4	0.24	91.9
Chai Tea Latte - semi skimmed milk	1307	309	4.9	4.8	54.6	54.4	3	10.3	0.33	114.9
Chai Tea Latte - whole milk	1032	245	8	5.1	34.9	34.8	1.8	7.7	0.25	68.9
Chai Tea Latte - whole milk	1134	269	7.4	4.7	42.3	42.2	2.4	7.2	0.24	91.9
Chai Tea Latte - whole milk	1497	355	10.3	6.5	54.3	54.2	3	10	0.33	114.9
Chai Tea Latte - skimmed milk	775	183	0.7	0.3	35.3	35.2	1.8	7.9	0.26	68.9
Chai Tea Latte - skimmed milk	896	212	0.7	0.3	42.7	42.6	2.4	7.4	0.25	91.9
Chai Tea Latte - skimmed milk	1166	275	1	0.4	54.8	54.7	3	10.3	0.34	114.9
Chai Tea Latte - almond drink	661	157	2.7	0.2	30.5	30.2	2.5	1.3	0.19	68.9
Chai Tea Latte - almond drink	791	187	2.5	0.2	38.3	38	3	1.3	0.19	91.9
Chai Tea Latte - almond drink	1019	241	3.5	0.3	48.6	48.2	3.8	1.8	0.26	114.9
Chai Tea Latte - soya drink	830	196	4.2	0.7	30.7	30.2	3.1	7.5	0.24	68.9
Chai Tea Latte - soya drink	947	224	3.9	0.6	38.5	38	3.6	7	0.23	91.9
Chai Tea Latte - soya drink	1237	292	5.5	0.9	48.9	48.2	4.7	9.7	0.31	114.9
Chai Tea Latte - oat drink	958	227	5.6	4.2	38.8	33	6.4	2.4	0.27	68.9
Chai Tea Latte - oat drink	1065	252	5.2	3.9	46	40.6	6.6	2.3	0.26	91.9
Chai Tea Latte - oat drink	1401	332	7.2	5.4	59.4	51.9	8.9	3.2	0.35	114.9
Chai Tea Latte - coconut drink	839	201	5.6	5.1	32.4	32.4	5.1	2.4	0.43	68.9
Chai Tea Latte - coconut drink	955	228	5.2	4.7	40.1	40	5.4	2.3	0.40	91.9
Chai Tea Latte - coconut drink	1248	298	7.2	6.5	51.2	51	7.2	3.2	0.56	114.9
Iced Chai Tea Latte - semi skimmed milk	717	170	2.4	2.3	31.2	31.1	1.8	5	0.16	68.9
Iced Chai Tea Latte - semi skimmed milk	928	220	3	2.9	40.9	40.8	2.4	6.2	0.20	91.9
Iced Chai Tea Latte - semi skimmed milk	1197	283	4	3.9	52	51.9	3	8.3	0.27	114.9
Iced Chai Tea Latte - whole milk	808	191	5	3.1	31	30.9	1.8	4.8	0.16	68.9
Iced Chai Tea Latte - whole milk	1041	246	6.1	3.9	40.7	40.6	2.4	6	0.20	91.9
Iced Chai Tea Latte - whole milk	1350	320	8.3	5.3	51.8	51.6	3	8.1	0.27	114.9
Iced Chai Tea Latte - skimmed milk	648	153	0.5	0.2	31.3	31.2	1.8	5	0.17	68.9
Iced Chai Tea Latte - skimmed milk	844	199	0.6	0.2	41.1	41	2.4	6.2	0.21	91.9
Iced Chai Tea Latte - skimmed milk	1082	256	0.8	0.3	52.2	52.1	3	8.3	0.28	114.9
Iced Chai Tea Latte - almond drink	578	137	1.7	0.2	28.3	28.1	2.2	0.9	0.13	68.9
Iced Chai Tea Latte - almond drink	756	179	2.1	0.2	37.4	37.1	2.9	1.1	0.16	91.9
Iced Chai Tea Latte - almond drink	964	228	2.9	0.3	47.2	46.8	3.7	1.5	0.21	114.9
Iced Chai Tea Latte - soya drink	682	161	2.7	0.4	28.4	28.1	2.6	4.7	0.15	68.9
Iced Chai Tea Latte - soya drink	886	209	3.3	0.5	37.5	37.1	3.4	5.8	0.19	91.9
Iced Chai Tea Latte - soya drink	1139	269	4.5	0.7	47.4	46.8	4.4	7.9	0.26	114.9
Iced Chai Tea Latte - oat drink	762	180	3.5	2.6	33.5	29.9	4.7	1.6	0.17	68.9
Iced Chai Tea Latte - oat drink	983	233	4.3	3.2	43.8	39.3	5.9	2	0.22	91.9
Iced Chai Tea Latte - oat drink	1272	301	5.8	4.4	55.9	49.8	7.8	2.6	0.29	114.9
Iced Chai Tea Latte - coconut drink	688	164	3.5	3.2	29.5	29.5	3.8	1.6	0.27	68.9
Iced Chai Tea Latte - coconut drink	893	213	4.3	3.9	38.9	38.8	4.9	2	0.34	91.9
Iced Chai Tea Latte - coconut drink	1149	274	5.8	5.3	49.2	49.1	6.4	2.6	0.46	114.9
Spring FY23 Promo Beverages										
Iced Toasted Vanilla Oat Shaken Espresso - semi skimmed milk	369	87	2.2	2	12	11	0.2	4.8	0.18	56.7
Iced Toasted Vanilla Oat Shaken Espresso - semi skimmed milk	488	115	2.7	2.4	16.5	15	0.3	6.1	0.23	85.1
Iced Toasted Vanilla Oat Shaken Espresso - semi skimmed milk	596	141	3.2	2.8	20.8	18.8	0.5	7.2	0.28	113.4
Iced Toasted Vanilla Oat Shaken Espresso - whole milk	446	106	4.4	2.7	11.9	10.9	0.2	4.7	0.18	56.7
Iced Toasted Vanilla Oat Shaken Espresso - whole milk	581	138	5.4	3.3	16.4	14.9	0.3	6	0.23	85.1
Iced Toasted Vanilla Oat Shaken Espresso - whole milk	703	167	6.2	3.8	20.6	18.6	0.5	7.1	0.28	113.4
Iced Toasted Vanilla Oat Shaken Espresso - skimmed milk	311	74	0.6	0.2	12.1	11.1	0.2	4.8	0.18	56.7
Iced Toasted Vanilla Oat Shaken Espresso - skimmed milk	418	99	0.8	0.2	16.7	15.2	0.3	6.1	0.24	85.1
Iced Toasted Vanilla Oat Shaken Espresso - skimmed milk	516	122	0.9	0.3	20.9	18.9	0.5	7.2	0.29	113.4
Iced Toasted Vanilla Oat Shaken Espresso - almond drink	252	60	1.6	0.2	9.6	8.5	0.6	1.4	0.15	56.7
Iced Toasted Vanilla Oat Shaken Espresso - almond drink	345	82	2	0.2	13.6	11.9	0.8	1.9	0.20	85.1
Iced Toasted Vanilla Oat Shaken Espresso - almond drink	433	103	2.4	0.3	17.4	15.2	0.9	2.4	0.24	113.4
Iced Toasted Vanilla Oat Shaken Espresso - soya drink	340	80	2.4	0.4	9.7	8.5	0.9	4.6	0.17	56.7
Iced Toasted Vanilla Oat Shaken Espresso - soya drink	453	107	3	0.5	13.7	11.9	1.2	5.8	0.22	85.1
Iced Toasted Vanilla Oat Shaken Espresso - soya drink	556	132	3.5	0.6	17.6	15.2	1.4	6.9	0.27	113.4
Iced Toasted Vanilla Oat Shaken Espresso - oat drink	407	97	3.1	2.2	14	10	2.6	2	0.19	56.7
Iced Toasted Vanilla Oat Shaken Espresso - oat drink	534	127	3.8	2.7	18.9	13.8	3.3	2.6	0.25	85.1
Iced Toasted Vanilla Oat Shaken Espresso - oat drink	649	154	4.5	3.1	23.5	17.3	3.8	3.2	0.30	113.4
Iced Toasted Vanilla Oat Shaken Espresso - coconut drink	345	83	3.1	2.7	10.6	9.6	2	2	0.27	56.7
Iced Toasted Vanilla Oat Shaken Espresso - coconut drink	458	110	3.8	3.3	14.8	13.3	2.4	2.6	0.35	85.1
Iced Toasted Vanilla Oat Shaken Espresso - coconut drink	563	135	4.5	3.8	18.8	16.8	2.9	3.2	0.41	113.4
Iced White Mocha Oat Shaken Espresso - semi skimmed milk	710	168	4.7	4.1	24.7	23.9	0.2	6.7	0.30	56.7
Iced White Mocha Oat Shaken Espresso - semi skimmed milk	999	237	6.5	5.6	35.5	34.3	0.3	8.9	0.41	85.1
Iced White Mocha Oat Shaken Espresso - semi skimmed milk	1279	303	8.2	7	46.1	44.5	0.5	11	0.52	113.4
Iced White Mocha Oat Shaken Espresso - whole milk	787	187	6.9	4.8	24.6	23.8	0.2	6.6	0.29	56.7
Iced White Mocha Oat Shaken Espresso - whole milk	1093	259	9.2	6.4	35.4	34.2	0.3	8.8	0.41	85.1
Iced White Mocha Oat Shaken Espresso - whole milk	1386	329	11.3	7.9	46	44.4	0.5	10.8	0.51	113.4
Iced White Mocha Oat Shaken Espresso - skimmed milk	652	155	3.1	2.3	24.8	24	0.2	6.7	0.30	56.7
Iced White Mocha Oat Shaken Espresso - skimmed milk	929	220	4.6	3.4	35.7	34.5	0.3	8.9	0.41	85.1
Iced White Mocha Oat Shaken Espresso - skimmed milk	1199	284	6	4.5	46.3	44.7	0.5	11	0.52	113.4
Iced White Mocha Oat Shaken Espresso - almond drink	593	141	4.1	2.2	22.3	21.4	0.6	3.3	0.26	56.7
Iced White Mocha Oat Shaken Espresso - almond drink	857	203	5.8	3.3	32.6	31.2	0.8	4.7	0.37	85.1
Iced White Mocha Oat Shaken Espresso - almond drink	1115	265	7.4	4.4	42.8	41	0.9	6.2	0.47	113.4
Iced White Mocha Oat Shaken Espresso - soya drink	681	162	4.9	2.5	22.4	21.4	0.9	6.5	0.29	56.7
Iced White Mocha Oat Shaken Espresso - soya drink	964	229	6.8	3.6	32.7	31.2	1.2	7.7	0.40	85.1
Iced White Mocha Oat Shaken Espresso - soya drink	1239	294	8.6	4.7	42.9	41	1.4	10.7	0.50	113.4
Iced White Mocha Oat Shaken Espresso - oat drink	748	178	5.6	4.3	26.7	22.9	2.6	3.8	0.30	56.7
Iced White Mocha Oat Shaken Espresso - oat drink	1046	248	7.6	5.8	37.9	33.1	3.3	5.4	0.42	85.1
Iced White Mocha Oat Shaken Espresso - oat drink	1331	316	9.5	7.3	48.9	43.1	3.8	7	0.53	113.4
Iced White Mocha Oat Shaken Espresso - coconut drink	686	164	5.6	4.8	23.3	22.5	2	3.8	0.39	56.7
Iced White Mocha Oat Shaken Espresso - coconut drink	970	231	7.6	6.4	33.9	32.6	2.4	5.4	0.52	85.1
Iced White Mocha Oat Shaken Espresso - coconut drink	1245	297	9.5	7.9	44.2	42.6	2.9	7	0.64	113.4
Blue Raspberry Cloud Frappuccino® - semi skimmed milk	1372	328	17.7	13.2	37.5	29.3	0.1	4.6	0.40	0
Blue Raspberry Cloud Frappuccino® - semi skimmed milk	1810	432	23	17.1	50.6	39.1	0.1	5.8	0.55	0
Blue Raspberry Cloud Frappuccino® - semi skimmed milk	2030	484	23.3	17.4	62.1	47.3	0.1	6.6	0.67	0
Blue Raspberry Cloud Frappuccino® - whole milk	1438	344	19.6	13.8	37.4	29.2	0.1	4.5	0.40	0
Blue Raspberry Cloud Frappuccino® - whole milk	1893	452	25.3	17.8	50.5	39	0.1	5.7	0.54	0
Blue Raspberry Cloud Frappuccino® - whole milk	2126	507	26	18.3	61.9	47.2	0.1	6.4	0.67	0
Blue Raspberry Cloud Frappuccino® - skimmed milk	1323	316	16.3	11.7	37.6	29.4	0.1	4.6	0.41	0
Blue Raspberry Cloud Frappuccino® - skimmed milk	1748	417	21.2	15.1	50.8	39.3	0.1	5.8	0.55	0
Blue Raspberry Cloud Frappuccino® - skimmed milk	1958	467	21.3	15.2	62.2	47.5	0.1	6.6	0.67	0
Blue Raspberry Cloud Frappuccino® - almond drink	1271	304	17.2	11.6	35.4	27.2	0.4	1.7	0.38	0
Blue Raspberry Cloud Frappuccino® - almond drink	1684	403	22.3	15.1	48	36.4	0.5	2.1	0.51	0
Blue Raspberry Cloud Frappuccino® - almond drink	1883	450	22.6	15.1	59.1	44.2	0.5	2.3	0.63	0
Blue Raspberry Cloud Frappuccino® - soya drink	1347	322	17.9	11.8	35.5	27.2	0.6	4.4	0.40	0
Blue Raspberry Cloud Frappuccino® - soya drink	1779	425	23.2	15.4	48.2	36.4	0.8	5.6	0.54	0
Blue Raspberry Cloud Frappuccino® - soya drink	1994	475	23.6	15.4	59.2	44.2	1	6.3	0.66	0
Blue Raspberry Cloud Frappuccino® - oat drink	1405	336	18.5	13.4	39.2	28.4	2.1	2.1	0.41	0
Blue Raspberry Cloud Frappuccino® - oat drink	1851	442	23.9	17.3	52.7	38	2.7	2.7	0.56	0
Blue Raspberry Cloud Frappuccino® - oat drink	2077	496	24.4	17.7</						