

Autumn FY22 Beverage Nutritional Information

Updated 01.09.22

Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Menu Item	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Drinks											
Americano	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Americano	Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Caffe Latte - semi skimmed milk	Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Caffe Latte - semi skimmed milk	Grande	734	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66.2
Caffe Latte - semi skimmed milk	Venti	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Caffe Latte - whole milk	Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Caffe Latte - whole milk	Grande	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66.2
Caffe Latte - whole milk	Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Caffe Latte - skimmed milk	Tall	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Caffe Latte - skimmed milk	Grande	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66.2
Caffe Latte - skimmed milk	Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Caffe Latte - almond drink	Tall	305	74	3.4	0.3	7.9	6.7	1	2.3	0.21	66.2
Caffe Latte - almond drink	Grande	395	96	4.5	0.4	10.2	9	1.3	2.7	0.26	66.2
Caffe Latte - almond drink	Venti	516	125	5.8	0.5	13.3	11.6	1.7	3.7	0.35	99.2
Caffe Latte - soya drink	Tall	491	117	4.7	0.8	9.1	8.2	1.5	8.8	0.40	66.2
Caffe Latte - soya drink	Grande	645	154	6.2	1.1	11.9	11	2	11.5	0.52	66.2
Caffe Latte - soya drink	Venti	836	200	8	1.4	15.5	14.2	2.6	15	0.68	99.2
Caffe Latte - oat drink	Tall	641	153	6.6	4.9	17.3	9.8	5.6	3.5	0.35	66.2
Caffe Latte - oat drink	Grande	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66.2
Caffe Latte - oat drink	Venti	1095	261	11.3	8.4	29.5	16.9	9.5	5.8	0.59	99.2
Caffe Latte - coconut drink	Tall	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Caffe Latte - coconut drink	Grande	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Caffe Latte - coconut drink	Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Latte Macchiato - semi skimmed milk	Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Latte Macchiato - semi skimmed milk	Grande	734	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66.2
Latte Macchiato - semi skimmed milk	Venti	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Latte Macchiato - whole milk	Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Latte Macchiato - whole milk	Grande	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66.2
Latte Macchiato - whole milk	Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Latte Macchiato - skimmed milk	Tall	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Latte Macchiato - skimmed milk	Grande	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66.2
Latte Macchiato - skimmed milk	Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Latte Macchiato - almond drink	Tall	305	74	3.4	0.3	7.9	6.7	1	2.3	0.21	66.2
Latte Macchiato - almond drink	Grande	395	96	4.5	0.4	10.2	9	1.3	2.7	0.26	66.2
Latte Macchiato - almond drink	Venti	516	125	5.8	0.5	13.3	11.6	1.7	3.7	0.35	99.2
Latte Macchiato - soya drink	Tall	491	117	4.7	0.8	9.1	8.2	1.5	8.8	0.40	66.2
Latte Macchiato - soya drink	Grande	645	154	6.2	1.1	11.9	11	2	11.5	0.52	66.2
Latte Macchiato - soya drink	Venti	836	200	8	1.4	15.5	14.2	2.6	15	0.68	99.2
Latte Macchiato - oat drink	Tall	641	153	6.6	4.9	17.3	9.8	5.6	3.5	0.35	66.2
Latte Macchiato - oat drink	Grande	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66.2
Latte Macchiato - oat drink	Venti	1095	261	11.3	8.4	29.5	16.9	9.5	5.8	0.59	99.2
Latte Macchiato - coconut drink	Tall	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Latte Macchiato - coconut drink	Grande	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Latte Macchiato - coconut drink	Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Freshly Brewed Coffee	Tall	140	35	1.8	0.4	1.4	0.4	1.8	2.1	0.44	101.5
Freshly Brewed Coffee	Grande	188	47	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136.3
Freshly Brewed Coffee	Venti	236	59	3	0.6	2.4	0.6	3	3.5	0.74	171.1
Espresso	Single	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Espresso Doppio	Doppio	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Espresso Con Panna	Single	240	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33.1
Espresso Con Panna - Doppio	Double	303	73	6.3	4.4	2.6	1.8	0.2	1.4	0.07	66.2
Espresso Macchiato - semi skimmed milk	Single	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - whole milk	Single	36	9	0.3	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - skimmed milk	Single	30	7	0.1	0	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - almond drink	Single	27	6	0.2	0	0.6	0.2	0.1	0.5	0.03	33.1
Espresso Macchiato - soya drink	Single	31	7	0.2	0	0.7	0.2	0.1	0.6	0.04	33.1
Espresso Macchiato - oat drink	Single	34	8	0.2	0.1	0.8	0.3	0.2	0.5	0.03	33.1
Espresso Macchiato - coconut drink	Single	31	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33.1
Espresso Macchiato - Doppio - semi skimmed milk	Double	76	18	0.5	0.3	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - whole milk	Double	87	21	0.8	0.4	1.7	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - skimmed milk	Double	68	16	0.3	0.1	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - almond drink	Double	60	14	0.4	0.1	1.4	0.6	0.3	1	0.07	66.2
Espresso Macchiato - Doppio - soya drink	Double	72	17	0.5	0.1	1.5	0.7	0.3	1.4	0.08	66.2
Espresso Macchiato - Doppio - oat drink	Double	82	19	0.6	0.4	2	0.8	0.6	1.1	0.08	66.2
Espresso Macchiato - Doppio - coconut drink	Double	73	18	0.6	0.4	1.6	0.7	0.5	1.1	0.09	66.2
Cappuccino - semi skimmed milk	Tall	504	120	4.1	3.9	11.7	10.9	0.2	8.9	0.30	66.2
Cappuccino - semi skimmed milk	Grande	583	139	4.8	4.6	13.5	12.7	0.2	10.3	0.34	66.2
Cappuccino - semi skimmed milk	Venti	813	193	6.6	6.4	18.9	17.6	0.3	14.4	0.48	99.2
Cappuccino - whole milk	Tall	657	156	8.4	5.3	11.5	10.6	0.2	8.7	0.30	66.2
Cappuccino - whole milk	Grande	762	181	9.8	6.2	13.3	12.4	0.2	10	0.34	66.2
Cappuccino - whole milk	Venti	1061	253	13.7	8.5	18.5	17.2	0.3	14	0.47	99.2
Cappuccino - skimmed milk	Tall	390	93	0.9	0.3	11.9	11.1	0.2	8.9	0.31	66.2
Cappuccino - skimmed milk	Grande	449	106	1	0.4	13.8	13	0.2	10.3	0.35	66.2
Cappuccino - skimmed milk	Venti	628	149	1.4	0.5	19.3	18	0.3	14.4	0.49	99.2
Cappuccino - almond drink	Tall	278	67	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2
Cappuccino - almond drink	Grande	318	77	3.6	0.3	8.2	7.1	1.1	2.3	0.22	66.2
Cappuccino - almond drink	Venti	446	108	5	0.4	11.5	9.8	1.5	3.3	0.31	99.2
Cappuccino - soya drink	Tall	445	106	4.2	0.8	8.3	7.4	1.4	8	0.36	66.2
Cappuccino - soya drink	Grande	513	123	4.9	0.9	9.5	8.7	1.6	9.2	0.42	66.2
Cappuccino - soya drink	Venti	717	171	6.8	1.2	13.3	12	2.3	12.9	0.58	99.2
Cappuccino - oat drink	Tall	580	138	5.9	4.4	15.6	8.8	5	3.2	0.32	66.2
Cappuccino - oat drink	Grande	671	160	6.9	5.1	18.1	10.3	5.8	3.6	0.36	66.2
Cappuccino - oat drink	Venti	935	223	9.6	7.1	25.2	14.3	8.1	5.1	0.51	99.2
Cappuccino - coconut drink	Tall	456	111	5.9	5.3	9	8.1	3.6	3.2	0.48	66.2
Cappuccino - coconut drink	Grande	527	128	6.9	6.2	10.3	9.5	4.2	3.6	0.56	66.2
Cappuccino - coconut drink	Venti	735	178	9.6	8.6	14.4	13.2	5.9	5.1	0.78	99.2
Misto - semi skimmed milk	Tall	484	116	4.4	3.6	10.3	9.7	0.9	8.2	0.45	53.7
Misto - semi skimmed milk	Grande	589	141	5.3	4.4	12.5	11.9	1.1	10	0.54	62.9
Misto - semi skimmed milk	Venti	802	192	7.2	6.1	17.2	16.3	1.4	13.6	0.72	82.1
Misto - whole milk	Tall	620	148	8.2	4.8	10.1	9.5	0.9	8	0.44	53.7
Misto - whole milk	Grande	755	181	10	5.9	12.3	11.6	1.1	9.7	0.53	62.9
Misto - whole milk	Venti	1031	247	13.7	8.1	16.8	16	1.4	13.3	0.71	82.1
Misto - skimmed milk	Tall	383	92	1.5	0.4	10.5	9.9	0.9	8.2	0.45	53.7
Misto - skimmed milk	Grande	464	111	1.8	0.5	12.8	12.1	1.1	10	0.54	62.9
Misto - skimmed milk	Venti	632	151	2.4	0.7	17.5	16.7	1.4	13.6	0.73	82.1
Misto - almond drink	Tall	283	69	3.5	0.4	6.2	5.5	1.6	2.2	0.35	53.7
Misto - almond drink	Grande	343	84	4.2	0.5	7.6	6.7	1.9	2.6	0.42	62.9
Misto - almond drink	Venti	465	114	5.7	0.6	10.3	9.2	2.5	3.5	0.56	82.1
Misto - soya drink	Tall	431	104	4.5	0.8	7.2	6.7	2	7.4	0.51	53.7
Misto - soya drink	Grande	524	126	5.4	1	8.8	8.1	2.4	9	0.61	62.9

Mocha - skimmed milk	Grande	1218	290	10.2	6.8	34.8	32.5	2.9	13.2	0.33	66.2	
Mocha - skimmed milk	Venti	1418	338	11	7.2	42.1	39	3.7	15.6	0.39	99.2	
Mocha - almond drink	Tall	859	206	9.9	5.6	22.6	20.5	2.7	5.1	0.17	66.2	
Mocha - almond drink	Grande	1108	265	12.4	6.7	30.1	27.6	3.6	6.5	0.22	66.2	
Mocha - almond drink	Venti	1293	310	13.4	7.1	36.7	33.4	4.5	8.1	0.26	99.2	
Mocha - soya drink	Tall	970	232	10.7	5.9	23.4	21.4	3.1	9	0.28	66.2	
Mocha - soya drink	Grande	1272	304	13.5	7.2	31.2	28.9	4.1	12.2	0.38	66.2	
Mocha - soya drink	Venti	1479	353	14.7	7.7	38	34.9	5.1	14.6	0.45	99.2	
Mocha - oat drink	Tall	1060	253	11.8	8.4	28.2	22.3	5.5	5.8	0.25	66.2	
Mocha - oat drink	Grande	1404	335	15.2	10.8	38.4	30.3	7.7	7.5	0.34	66.2	
Mocha - oat drink	Venti	1630	389	16.6	11.7	46.1	36.4	9.1	9.3	0.40	99.2	
Mocha - coconut drink	Tall	978	235	11.8	9	23.8	21.9	4.5	5.8	0.36	66.2	
Mocha - coconut drink	Grande	1283	308	15.2	11.7	31.9	29.6	6.3	7.5	0.50	66.2	
Mocha - coconut drink	Venti	1492	358	16.6	12.7	38.8	35.7	7.6	9.3	0.59	99.2	
White Mocha - semi skimmed milk	Tall	1306	311	13	10.4	30.2	37.4	0.2	10.2	0.43	66.2	
White Mocha - semi skimmed milk	Grande	1672	398	16.1	13.1	50.1	49.3	0.2	13	0.55	66.2	
White Mocha - semi skimmed milk	Venti	2087	497	19	15.6	63.9	62.6	0.3	17.5	0.72	99.2	
White Mocha - whole milk	Tall	1421	339	16.3	11.5	38.1	37.2	0.2	10	0.42	66.2	
White Mocha - whole milk	Grande	1823	434	20.4	14.4	49.9	49.1	0.2	12.8	0.54	66.2	
White Mocha - whole milk	Venti	2295	547	24.9	17.4	63.6	62.3	0.3	17.2	0.72	99.2	
White Mocha - skimmed milk	Tall	1220	291	10.6	7.8	38.4	37.5	0.2	10.2	0.43	66.2	
White Mocha - skimmed milk	Grande	1560	372	13	9.5	50.4	49.5	0.2	13	0.55	66.2	
White Mocha - skimmed milk	Venti	1932	460	14.6	10.7	64.2	62.9	0.3	17.5	0.73	99.2	
White Mocha - almond drink	Tall	1136	272	12.2	7.7	34.8	33.8	0.8	5.1	0.35	66.2	
White Mocha - almond drink	Grande	1450	347	15.1	9.5	45.7	44.6	0.9	6.4	0.44	66.2	
White Mocha - almond drink	Venti	1780	425	17.6	10.6	57.7	56.1	1.3	8.2	0.58	99.2	
White Mocha - soya drink	Tall	1262	301	13.1	8.1	35.6	34.8	1.1	9.5	0.48	66.2	
White Mocha - soya drink	Grande	1614	385	16.3	10	46.8	45.9	1.4	12.1	0.61	66.2	
White Mocha - soya drink	Venti	2006	478	19.1	11.3	59.2	57.9	2	16.2	0.81	99.2	
White Mocha - oat drink	Tall	1363	325	14.4	10.8	41.1	35.8	3.8	5.9	0.44	66.2	
White Mocha - oat drink	Grande	1746	416	17.9	13.5	54	47.3	4.9	7.4	0.56	66.2	
White Mocha - oat drink	Venti	2189	522	21.5	16.2	69.2	59.8	6.9	9.7	0.75	99.2	
White Mocha - coconut drink	Tall	1270	304	14.4	11.5	36.2	35.3	2.8	5.9	0.57	66.2	
White Mocha - coconut drink	Grande	1625	389	17.9	14.4	47.5	46.6	3.6	7.4	0.73	66.2	
White Mocha - coconut drink	Venti	2022	484	21.5	17.5	60.1	58.9	5	9.7	0.97	99.2	
Cold Coffee												
Cold Brew	Tall	68	16	1	0.2	0	0	1	1.2	0.26	36.9	
Cold Brew	Grande	92	22	1.4	0.3	0	0	1.4	1.7	0.35	50	
Cold Brew	Venti	116	28	1.8	0.4	0	0	1.8	2.1	0.44	63.2	
Cold Brew Latte - semi skimmed milk	Tall	390	93	3.3	2.9	8.8	7.9	0.5	6.6	0.30	38.7	
Cold Brew Latte - semi skimmed milk	Grande	517	123	4.4	3.9	11.7	10.5	0.7	8.8	0.40	51.8	
Cold Brew Latte - semi skimmed milk	Venti	631	151	5.4	4.6	14.2	12.4	1	10.7	0.53	76.9	
Cold Brew Latte - whole milk	Tall	502	120	6.5	3.9	8.7	7.8	0.5	6.5	0.30	38.7	
Cold Brew Latte - whole milk	Grande	665	159	8.6	5.2	11.5	10.3	0.7	8.6	0.40	51.8	
Cold Brew Latte - whole milk	Venti	806	192	10.4	6.2	14	12.2	1	10.4	0.52	76.9	
Cold Brew Latte - skimmed milk	Tall	306	73	1	0.3	9	8.1	0.5	6.6	0.31	38.7	
Cold Brew Latte - skimmed milk	Grande	406	97	1.3	0.4	11.9	10.7	0.7	8.8	0.41	51.8	
Cold Brew Latte - skimmed milk	Venti	501	119	1.8	0.5	14.5	12.7	1	10.7	0.53	76.9	
Cold Brew Latte - almond drink	Tall	225	55	2.6	0.3	5.5	4.4	1	1.7	0.22	38.7	
Cold Brew Latte - almond drink	Grande	298	73	3.4	0.4	7.3	5.9	1.3	2.2	0.30	51.8	
Cold Brew Latte - almond drink	Venti	373	91	4.2	0.5	9	7	1.8	2.9	0.40	76.9	
Cold Brew Latte - soya drink	Tall	346	83	3.4	0.6	6.3	5.4	1.4	6	0.35	38.7	
Cold Brew Latte - soya drink	Grande	459	110	4.5	0.8	8.4	7.2	1.8	7.9	0.46	51.8	
Cold Brew Latte - soya drink	Venti	563	135	5.5	1	10.3	8.5	2.3	9.6	0.60	76.9	
Cold Brew Latte - oat drink	Tall	445	106	4.7	3.3	11.7	6.4	4	2.5	0.32	38.7	
Cold Brew Latte - oat drink	Grande	590	141	6.2	4.3	15.5	8.5	5.3	3.3	0.42	51.8	
Cold Brew Latte - oat drink	Venti	717	172	7.5	5.2	18.7	10.1	6.5	4.2	0.55	76.9	
Cold Brew Latte - coconut drink	Tall	355	86	4.7	3.9	6.8	5.9	3	2.5	0.44	38.7	
Cold Brew Latte - coconut drink	Grande	470	115	6.2	5.2	9.1	7.9	4	3.3	0.58	51.8	
Cold Brew Latte - coconut drink	Venti	576	140	7.5	6.2	11.1	9.3	4.9	4.2	0.74	76.9	
Iced Americano	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2	
Iced Americano	Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2	
Iced Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3	
Iced Latte - semi skimmed milk	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2	
Iced Latte - semi skimmed milk	Grande	507	121	4.1	3.9	11.8	10.9	0.3	9	0.30	66.2	
Iced Latte - semi skimmed milk	Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2	
Iced Latte - whole milk	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2	
Iced Latte - whole milk	Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2	
Iced Latte - whole milk	Venti	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2	
Iced Latte - skimmed milk	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2	
Iced Latte - skimmed milk	Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2	
Iced Latte - skimmed milk	Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2	
Iced Latte - almond drink	Tall	231	56	2.5	0.2	5.9	4.9	0.8	1.9	0.17	66.2	
Iced Latte - almond drink	Grande	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2	
Iced Latte - almond drink	Venti	334	81	3.6	0.3	8.5	7	1.1	2.8	0.24	99.2	
Iced Latte - soya drink	Tall	364	87	3.4	0.6	6.8	6	1.2	6.6	0.30	66.2	
Iced Latte - soya drink	Grande	447	107	4.2	0.8	8.3	7.5	1.4	8	0.37	66.2	
Iced Latte - soya drink	Venti	524	125	4.9	0.9	9.8	8.5	1.7	9.5	0.44	99.2	
Iced Latte - oat drink	Tall	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66.2	
Iced Latte - oat drink	Grande	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2	
Iced Latte - oat drink	Venti	678	162	6.9	5	18.2	10.1	5.8	4	0.38	99.2	
Iced Latte - coconut drink	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2	
Iced Latte - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2	
Iced Latte - coconut drink	Venti	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2	
Iced Latte Macchiato - semi skimmed milk	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2	
Iced Latte Macchiato - semi skimmed milk	Grande	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2	
Iced Latte Macchiato - semi skimmed milk	Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2	
Iced Latte Macchiato - whole milk	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2	
Iced Latte Macchiato - whole milk	Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2	
Iced Latte Macchiato - whole milk	Venti	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2	
Iced Latte Macchiato - skimmed milk	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2	
Iced Latte Macchiato - skimmed milk	Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2	
Iced Latte Macchiato - skimmed milk	Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2	
Iced Latte Macchiato - almond drink	Tall	231	56	2.5	0.2	5.9	4.9	0.8	1.9	0.17	66.2	
Iced Latte Macchiato - almond drink	Grande	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2	
Iced Latte Macchiato - almond drink	Venti	334	81	3.6	0.3	8.5	7	1.1	2.8	0.24	99.2	
Iced Latte Macchiato - soya drink	Tall	364	87	3.4	0.6	6.8	6	1.2	6.6	0.30	66.2	
Iced Latte Macchiato - soya drink	Grande	447	107	4.2	0.8	8.3	7.5	1.4	8	0.37	66.2	
Iced Latte Macchiato - soya drink	Venti	524	125	4.9	0.9	9.8	8.5	1.7	9.5	0.44	99.2	
Iced Latte Macchiato - oat drink	Tall	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66.2	
Iced Latte Macchiato - oat drink	Grande	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2	
Iced Latte Macchiato - oat drink	Venti	678	162	6.9	5	18.2	10.1	5.8	4	0.38	99.2	
Iced Latte Macchiato - coconut drink	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2	
Iced Latte Macchiato - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2	
Iced Latte Macchiato - coconut drink	Venti	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2	
Iced Caramel Macchiato - semi skimmed milk	Tall	652	155	4.3	3.8	21.4	20.1	0.2	7.4	0.28	66.2	
Iced Caramel Macchiato - semi skimmed milk	Grande	815	193	5.1	4.6	27.6	26.2	0.2	9.1	0.33	66.2	
Iced Caramel Macchiato - semi skimmed milk	Venti	967	229	5.8	5.1	33.6	31.6	0.3	10.6	0.40	99.2	
Iced Caramel Macchiato - whole milk	Tall	774	184	7.8	4.9	21.2	19.9	0.2	7.2	0.28	66.2	
Iced Caramel Macchiato - whole milk	Grande	969	230	9.5	5.9	27.4	26	0.2	8.8	0.33	66.2	
Iced Caramel Macchiato - whole milk	Venti	1142	271	10.7	6.7	33.3	31.4	0.3	10.4	0.39	99.2	
Iced Caramel Macchiato - skimmed milk	Tall	561	133	1.8	0.9	21.6	20.3	0.2	7.4	0.29	66.2	
Iced Caramel Macchiato - skimmed milk	Grande	700	166	1.9	1	27.8	26.4	0.2	9.1	0.34	66.2	
Iced Caramel Macchiato - skimmed milk	Venti	837	198	2.1	1	33.8	31.9	0.3	10.6	0.40	99.2	
Iced Caramel Macchiato - almond drink	Tall	471	113	3.5	0.9	17.8	16.3	0.8	2	0.20	66.2	
Iced Caramel Macchiato - almond drink	Grande	588	140	4.1	0.9	23	21.4	0.9	2.2	0.23	66.2	
Iced Caramel Macchiato - almond drink	Venti	709	169	4.6	1	28.3	26.1	1.1	2.9	0.27	99.2	
Iced Caramel Macchiato - soya drink	Tall											

Iced White Mocha - semi skimmed milk	Venti	2165	516	22.3	17.7	62.7	61.4	0.3	16	0.68	99.2	
Iced White Mocha - whole milk	Tall	1532	366	18.6	13.1	39.1	38.2	0.2	10.5	0.44	66.2	
Iced White Mocha - whole milk	Grande	2015	481	24.8	17.5	51.3	50.4	0.2	13.3	0.56	66.2	
Iced White Mocha - whole milk	Venti	2339	558	27.3	19.3	62.4	61.1	0.3	15.8	0.67	99.2	
Iced White Mocha - skimmed milk	Tall	1319	314	12.6	9.1	39.4	38.6	0.2	10.7	0.45	66.2	
Iced White Mocha - skimmed milk	Grande	1746	417	17.2	12.5	51.7	50.9	0.2	13.5	0.57	66.2	
Iced White Mocha - skimmed milk	Venti	2034	485	18.6	13.6	62.9	61.6	0.3	16	0.69	99.2	
Iced White Mocha - almond drink	Tall	1230	294	14.3	9.1	35.6	34.6	0.8	5.3	0.36	66.2	
Iced White Mocha - almond drink	Grande	1634	391	19.4	12.5	46.9	45.8	0.9	6.7	0.45	66.2	
Iced White Mocha - almond drink	Venti	1906	456	21.1	13.6	57.4	55.9	1.1	8.2	0.56	99.2	
Iced White Mocha - soya drink	Tall	1363	325	15.2	9.5	36.5	35.6	1.2	10	0.50	66.2	
Iced White Mocha - soya drink	Grande	1801	430	20.5	13	48	47.2	1.4	12.6	0.62	66.2	
Iced White Mocha - soya drink	Venti	2097	500	22.4	14.1	58.7	57.4	1.7	15	0.75	99.2	
Iced White Mocha - oat drink	Tall	1470	351	16.6	12.4	42.4	41.6	4.1	6.1	0.46	66.2	
Iced White Mocha - oat drink	Grande	1937	462	22.2	16.6	55.4	54.6	5	7.8	0.58	66.2	
Iced White Mocha - oat drink	Venti	2251	537	24.4	18.3	67.1	66.3	5.8	9.5	0.70	99.2	
Iced White Mocha - coconut drink	Tall	1372	329	16.6	13.1	37.1	36.2	3	6.1	0.59	66.2	
Iced White Mocha - coconut drink	Grande	1813	435	22.2	17.5	48.8	47.9	3.7	7.8	0.75	66.2	
Iced White Mocha - coconut drink	Venti	2110	506	24.4	19.3	59.5	58.2	4.3	9.5	0.89	99.2	
Hot Chocolates												
Classic Hot Chocolate - semi skimmed milk	Tall	1099	262	11.4	8.9	28.3	27.1	2.2	10.6	0.24	0	
Classic Hot Chocolate - semi skimmed milk	Grande	1353	322	13.6	10.6	35.7	34.2	2.9	13	0.28	0	
Classic Hot Chocolate - semi skimmed milk	Venti	1672	398	15.7	12.6	45.3	43.5	3.6	17.2	0.38	0	
Classic Hot Chocolate - whole milk	Tall	1234	294	15.2	10.1	28.1	26.9	2.2	10.4	0.23	0	
Classic Hot Chocolate - whole milk	Grande	1513	361	18.1	12.1	35.5	33.9	2.9	12.8	0.28	0	
Classic Hot Chocolate - whole milk	Venti	1895	451	22	14.5	45	43.1	3.6	16.9	0.38	0	
Classic Hot Chocolate - skimmed milk	Tall	999	238	8.6	5.8	28.5	27.3	2.2	10.6	0.24	0	
Classic Hot Chocolate - skimmed milk	Grande	1232	294	10.2	6.9	36	34.4	2.9	13	0.29	0	
Classic Hot Chocolate - skimmed milk	Venti	1506	358	11.1	7.3	45.7	43.8	3.6	17.2	0.39	0	
Classic Hot Chocolate - almond drink	Tall	900	216	10.5	5.7	24.3	22.9	2.8	4.6	0.14	0	
Classic Hot Chocolate - almond drink	Grande	1115	267	12.5	6.8	30.9	29.1	3.6	5.8	0.17	0	
Classic Hot Chocolate - almond drink	Venti	1343	322	14.2	7.2	38.7	36.5	4.6	7.3	0.23	0	
Classic Hot Chocolate - soya drink	Tall	1047	250	11.5	6.1	25.3	24.1	3.3	9.8	0.29	0	
Classic Hot Chocolate - soya drink	Grande	1290	308	13.7	7.3	32.1	30.6	4.1	12	0.35	0	
Classic Hot Chocolate - soya drink	Venti	1586	378	15.9	7.9	40.3	38.4	5.3	15.8	0.48	0	
Classic Hot Chocolate - oat drink	Tall	1165	278	13	9.3	31.7	25.3	6.4	5.6	0.25	0	
Classic Hot Chocolate - oat drink	Grande	1432	342	15.5	11.1	39.8	32	7.9	7	0.30	0	
Classic Hot Chocolate - oat drink	Venti	1782	425	18.4	13.2	51	40.5	10.6	8.9	0.41	0	
Classic Hot Chocolate - coconut drink	Tall	1057	254	13	10.1	25.9	24.7	5.2	5.6	0.40	0	
Classic Hot Chocolate - coconut drink	Grande	1302	313	15.5	12.1	32.8	31.3	6.5	7	0.48	0	
Classic Hot Chocolate - coconut drink	Venti	1602	385	18.4	14.6	41.4	39.5	8.6	8.9	0.65	0	
Hot White Chocolate - semi skimmed milk	Tall	1322	315	13.3	10.9	38.6	38.6	0	10.3	0.40	0	
Hot White Chocolate - semi skimmed milk	Grande	1661	396	16.2	13.3	49.9	49.9	0	12.7	0.51	0	
Hot White Chocolate - semi skimmed milk	Venti	2067	492	19	15.9	63.4	63.4	0	16.8	0.66	0	
Hot White Chocolate - whole milk	Tall	1457	347	17.1	12.1	38.4	38.4	0	10.1	0.40	0	
Hot White Chocolate - whole milk	Grande	1822	434	20.7	14.7	49.7	49.7	0	12.4	0.50	0	
Hot White Chocolate - whole milk	Venti	2290	545	25.3	17.9	63.1	63.1	0	16.5	0.66	0	
Hot White Chocolate - skimmed milk	Tall	1222	291	10.5	7.7	38.8	38.8	0	10.3	0.41	0	
Hot White Chocolate - skimmed milk	Grande	1541	367	12.8	9.5	50.1	50.1	0	12.7	0.51	0	
Hot White Chocolate - skimmed milk	Venti	1900	452	14.4	10.7	63.8	63.8	0	16.8	0.67	0	
Hot White Chocolate - almond drink	Tall	1123	269	12.4	7.7	34.6	34.4	0.6	4.3	0.31	0	
Hot White Chocolate - almond drink	Grande	1424	340	15.1	9.5	45.1	44.9	0.7	5.5	0.39	0	
Hot White Chocolate - almond drink	Venti	1738	415	17.5	10.6	56.8	56.4	1	6.9	0.51	0	
Hot White Chocolate - soya drink	Tall	1270	303	13.4	8.1	35.6	35.6	1	9.4	0.46	0	
Hot White Chocolate - soya drink	Grande	1599	381	16.3	10	46.3	46.3	1.2	11.7	0.57	0	
Hot White Chocolate - soya drink	Venti	1980	472	19.2	11.3	58.4	58.4	1.7	15.5	0.76	0	
Hot White Chocolate - oat drink	Tall	1388	331	14.9	11.3	42	36.8	4.2	5.2	0.42	0	
Hot White Chocolate - oat drink	Grande	1740	415	18.1	13.8	54	47.7	5	6.6	0.52	0	
Hot White Chocolate - oat drink	Venti	2176	519	21.7	16.6	69.1	60.4	7	8.5	0.69	0	
Hot White Chocolate - coconut drink	Tall	1280	307	14.9	12.1	36.2	36.2	3	5.2	0.56	0	
Hot White Chocolate - coconut drink	Grande	1611	386	18.1	14.7	47	47	3.6	6.6	0.70	0	
Hot White Chocolate - coconut drink	Venti	1997	479	21.7	17.9	59.4	59.4	5	8.5	0.93	0	
Signature Hot Chocolate - semi skimmed milk	Tall	1241	296	13.2	10.5	29.9	28.6	3.6	12.3	0.31	20.4	
Signature Hot Chocolate - semi skimmed milk	Grande	1576	376	16.3	13	38.7	36.9	4.8	15.8	0.39	27.2	
Signature Hot Chocolate - semi skimmed milk	Venti	1903	454	18.8	15.1	48	45.8	5.9	19.9	0.50	34	
Signature Hot Chocolate - whole milk	Tall	1418	338	18.2	12.1	29.7	28.3	3.6	12	0.30	20.4	
Signature Hot Chocolate - whole milk	Grande	1804	430	22.8	15	38.4	36.6	4.8	15.5	0.38	27.2	
Signature Hot Chocolate - whole milk	Venti	2194	523	27	17.7	47.5	45.3	5.9	19.4	0.49	34	
Signature Hot Chocolate - skimmed milk	Tall	1109	264	9.5	6.3	30.2	28.9	3.6	12.3	0.31	20.4	
Signature Hot Chocolate - skimmed milk	Grande	1405	335	11.6	7.7	39	37.3	4.8	15.8	0.40	27.2	
Signature Hot Chocolate - skimmed milk	Venti	1686	402	12.7	8.3	48.4	46.2	5.9	19.9	0.51	34	
Signature Hot Chocolate - almond drink	Tall	980	235	12	6.3	24.7	23	4.4	4.4	0.18	20.4	
Signature Hot Chocolate - almond drink	Grande	1238	297	14.8	7.6	31.9	29.8	5.8	5.7	0.23	27.2	
Signature Hot Chocolate - almond drink	Venti	1474	354	16.8	8.2	39.3	36.7	7.3	7	0.29	34	
Signature Hot Chocolate - soya drink	Tall	1172	280	13.4	6.8	26	24.6	5	11.2	0.38	20.4	
Signature Hot Chocolate - soya drink	Grande	1487	355	16.5	8.3	33.6	31.8	6.6	14.4	0.49	27.2	
Signature Hot Chocolate - soya drink	Venti	1790	428	19	9.1	41.4	39.2	8.2	18.1	0.62	34	
Signature Hot Chocolate - oat drink	Tall	1328	317	15.3	11	34.4	26.2	9.2	5.7	0.33	20.4	
Signature Hot Chocolate - oat drink	Grande	1688	403	19.1	13.7	44.5	33.8	11.9	7.3	0.42	27.2	
Signature Hot Chocolate - oat drink	Venti	2046	488	22.2	16	55.3	41.9	15	9	0.53	34	
Signature Hot Chocolate - coconut drink	Tall	1186	286	15.3	12.1	26.8	25.4	7.6	5.7	0.52	20.4	
Signature Hot Chocolate - coconut drink	Grande	1504	362	19.1	15	34.6	32.8	9.9	7.3	0.67	27.2	
Signature Hot Chocolate - coconut drink	Venti	1812	436	22.2	17.7	42.8	40.6	12.4	9	0.84	34	
Signature Caramel Hot Chocolate - semi skimmed milk	Tall	1513	360	13.8	10.9	44.9	43.4	3.5	12.1	0.33	20.4	
Signature Caramel Hot Chocolate - semi skimmed milk	Grande	1923	458	16.9	13.4	58.1	56.1	4.6	15.7	0.42	27.2	
Signature Caramel Hot Chocolate - semi skimmed milk	Venti	2327	553	19.3	15.5	71.8	69.5	5.8	19.7	0.52	34	
Signature Caramel Hot Chocolate - whole milk	Tall	1690	403	18.8	12.4	44.6	43.1	3.5	11.9	0.32	20.4	
Signature Caramel Hot Chocolate - whole milk	Grande	2151	512	23.4	15.4	57.8	55.8	4.6	15.3	0.41	27.2	
Signature Caramel Hot Chocolate - whole milk	Venti	2617	623	27.6	18	71.4	69	5.8	19.3	0.51	34	
Signature Caramel Hot Chocolate - skimmed milk	Tall	1381	329	10.1	6.7	45.2	43.6	3.5	12.1	0.34	20.4	
Signature Caramel Hot Chocolate - skimmed milk	Grande	1753	417	12.1	8	58.4	56.5	4.6	15.7	0.42	27.2	
Signature Caramel Hot Chocolate - skimmed milk	Venti	2110	501	13.3	8.7	72.3	69.9	5.8	19.7	0.53	34	
Signature Caramel Hot Chocolate - almond drink	Tall	1252	300	12.6	6.6	39.6	37.8	4.3	4.2	0.20	20.4	
Signature Caramel Hot Chocolate - almond drink	Grande	1586	379	15.4	7.9	51.3	49	5.7	5.5	0.25	27.2	
Signature Caramel Hot Chocolate - almond drink	Venti	1897	454	17.4	8.5	63.2	60.3	7.1	6.8	0.31	34	
Signature Caramel Hot Chocolate - soya drink	Tall	1444	344	13.9	7.2	40.9	39.4	4.8	11	0.40	20.4	
Signature Caramel Hot Chocolate - soya drink	Grande	1835	437	17.1	8.6	53	51	6.4	14.3	0.51	27.2	
Signature Caramel Hot Chocolate - soya drink	Venti	2214	527	19.6	9.4	65.3	62.9	8	17.9	0.64	34	
Signature Caramel Hot Chocolate - oat drink	Tall	1600	381	15.9	11.4	49.4	41	9	5.5	0.35	20.4	
Signature Caramel Hot Chocolate - oat drink	Grande	2036	485	19.6	14.1	63.9	53.1	11.8	7.1	0.44	27.2	
Signature Caramel Hot Chocolate - oat drink	Venti	2470	588	22.8	16.3	79.2	65.5	14.9	8.9	0.55	34	
Signature Caramel Hot Chocolate - coconut drink	Tall	1458	350	15.9	12.4	41.7	40.2	7.4	5.5	0.54	20.4	
Signature Caramel Hot Chocolate - coconut drink	Grande	1852	444	19.6	15.4	54	52.1	9.7	7.1	0.69	27.2	
Signature Caramel Hot Chocolate - coconut drink	Venti	2236	536	22.8	18.1	66.6	64.2	12.3	8.9	0.87	34	
Signature Hazelnut Hot Chocolate - semi skimmed milk	Tall	1457	347	13.2	10.5	42.6	40.9	3.6	12.3	0.31	20.4	
Signature Hazelnut Hot Chocolate - semi skimmed milk	Grande	1863	443	16.3	13	55.6	53.3	4.8	15.8	0.39	27.2	
Signature Hazelnut Hot Chocolate - semi skimmed milk	Venti	2263	538	18.8	15.1	69.1	66.3	5.9	19.9	0.50	34	
Signature Hazelnut Hot Chocolate - whole milk	Tall	1634	389	18.2	12.1	42.4	40.6	3.6	12	0.30	20.4	
Signature Hazelnut Hot Chocolate - whole milk	Grande	2091	498	22.8	15	55.3	53	4.8	15.5	0.38	27.2	
Signature Hazelnut Hot Chocolate - whole milk	Venti	2553	608	27	17.7	68.7	65.8	5.9	19.4	0.49	34	
Signature Hazelnut Hot Chocolate - skimmed milk	Tall	1325	315	9.5	6.3	42.9	41.2	3.6	12.3	0.31	20.4	
Signature Hazelnut Hot Chocolate - skimmed milk	Grande	1693	403	11.6	7.7	56	53.7	4.8	15.8	0.40	27.2	
Signature Hazelnut Hot Chocolate - skimmed milk	Venti	2046	486	12.7	8.3	69.6	66.7	5.9	19.9	0.51	34	
Signature Hazelnut Hot Chocolate - almond drink	Tall	1195	286	12	6.3	37.4	35.4	4.4	4.4	0.18	20.4	
Signature Hazelnut Hot Chocolate - almond drink	Grande	1526	365	14.8	7.6	48.8	46.2	5.8	5.7	0.23	27	

Iced White Chocolate - skimmed milk	Tall	1206	288	12.2	9	36.2	36.2	0	8.1	0.34	0
Iced White Chocolate - skimmed milk	Grande	1610	384	16.8	12.4	47.8	47.8	0	10.4	0.44	0
Iced White Chocolate - skimmed milk	Venti	1920	458	18.2	13.5	59.9	59.9	0	13.5	0.57	0
Iced White Chocolate - almond drink	Tall	1139	273	13.5	9	33.4	33.2	0.4	4.1	0.27	0
Iced White Chocolate - almond drink	Grande	1527	366	18.4	12.4	44.3	44.1	0.5	5.4	0.36	0
Iced White Chocolate - almond drink	Venti	1808	432	20.4	13.5	55.1	54.8	0.7	6.7	0.45	0
Iced White Chocolate - soya drink	Tall	1238	296	14.2	9.3	34	34	0.7	7.6	0.38	0
Iced White Chocolate - soya drink	Grande	1650	394	19.2	12.7	45.1	45.1	0.9	9.7	0.49	0
Iced White Chocolate - soya drink	Venti	1975	471	21.5	13.9	56.2	56.2	1.2	12.5	0.62	0
Iced White Chocolate - oat drink	Tall	1319	315	15.2	11.5	38.4	34.9	2.9	4.7	0.35	0
Iced White Chocolate - oat drink	Grande	1749	418	20.5	15.4	50.5	46.1	3.5	6.2	0.45	0
Iced White Chocolate - oat drink	Venti	2109	503	23.2	17.6	63.5	57.6	4.8	7.8	0.58	0
Iced White Chocolate - coconut drink	Tall	1245	298	15.2	12	34.5	34.5	2	4.7	0.45	0
Iced White Chocolate - coconut drink	Grande	1658	397	20.5	16.1	45.6	45.6	2.5	6.2	0.57	0
Iced White Chocolate - coconut drink	Venti	1986	476	23.2	18.5	56.9	56.9	3.4	7.8	0.74	0
Frappuccino®											
Coffee Frappuccino® - semi skimmed milk	Tall	851	203	9.5	7.1	25.7	24.9	0.1	3.7	0.41	23.3
Coffee Frappuccino® - semi skimmed milk	Grande	1167	278	13	9.7	35.5	34.5	0.2	4.7	0.57	32.9
Coffee Frappuccino® - semi skimmed milk	Venti	1318	314	13.2	9.9	43.4	42.1	0.2	5.2	0.69	41.7
Coffee Frappuccino® - whole milk	Tall	905	216	11	7.6	25.6	24.8	0.1	3.6	0.41	23.3
Coffee Frappuccino® - whole milk	Grande	1232	294	14.9	10.3	35.4	34.4	0.2	4.6	0.57	32.9
Coffee Frappuccino® - whole milk	Venti	1389	331	15.3	10.5	43.3	42	0.2	5.1	0.69	41.7
Coffee Frappuccino® - skimmed milk	Tall	812	193	8.4	5.9	25.7	25	0.1	3.7	0.42	23.3
Coffee Frappuccino® - skimmed milk	Grande	1119	267	11.7	8.2	35.6	34.6	0.2	4.7	0.57	32.9
Coffee Frappuccino® - skimmed milk	Venti	1265	301	11.7	8.2	43.6	42.2	0.2	5.2	0.70	41.7
Coffee Frappuccino® - almond drink	Tall	772	185	9.1	5.9	24.1	23.2	0.4	1.3	0.38	23.3
Coffee Frappuccino® - almond drink	Grande	1071	256	12.6	8.2	33.6	32.4	0.5	1.8	0.52	32.9
Coffee Frappuccino® - almond drink	Venti	1213	289	12.8	8.2	41.3	39.9	0.6	2	0.64	41.7
Coffee Frappuccino® - soya drink	Tall	831	198	9.5	6	24.5	23.7	0.5	3.4	0.44	23.3
Coffee Frappuccino® - soya drink	Grande	1142	273	13.1	8.4	34.1	33	0.7	4.3	0.59	32.9
Coffee Frappuccino® - soya drink	Venti	1290	308	13.3	8.4	41.8	40.5	0.8	4.7	0.72	41.7
Coffee Frappuccino® - oat drink	Tall	878	209	10.1	7.3	27	24.2	1.8	1.7	0.42	23.3
Coffee Frappuccino® - oat drink	Grande	1199	286	13.8	9.9	37.2	33.6	2.2	2.3	0.57	32.9
Coffee Frappuccino® - oat drink	Venti	1353	322	14.1	10.1	45.3	41.1	2.5	2.5	0.70	41.7
Coffee Frappuccino® - coconut drink	Tall	835	200	10.1	7.6	24.7	24	1.3	1.7	0.48	23.3
Coffee Frappuccino® - coconut drink	Grande	1147	275	13.8	10.3	34.4	33.3	1.6	2.3	0.65	32.9
Coffee Frappuccino® - coconut drink	Venti	1296	310	14.1	10.5	42.2	40.8	1.8	2.5	0.78	41.7
Caramel Frappuccino® - semi skimmed milk	Tall	1006	240	10.2	7.6	33.1	32.1	0.1	3.8	0.44	23.3
Caramel Frappuccino® - semi skimmed milk	Grande	1355	323	13.7	10.2	44.9	43.6	0.2	4.8	0.59	32.9
Caramel Frappuccino® - semi skimmed milk	Venti	1535	365	14	10.4	54.6	53	0.2	5.2	0.72	41.7
Caramel Frappuccino® - whole milk	Tall	1059	252	11.7	8.1	33	32.1	0.1	3.7	0.43	23.3
Caramel Frappuccino® - whole milk	Grande	1419	338	15.6	10.8	44.8	43.5	0.2	4.7	0.59	32.9
Caramel Frappuccino® - whole milk	Venti	1607	382	16	11	54.5	52.9	0.2	5.1	0.71	41.7
Caramel Frappuccino® - skimmed milk	Tall	966	230	9.1	6.3	33.2	32.2	0.1	3.8	0.44	23.3
Caramel Frappuccino® - skimmed milk	Grande	1306	311	12.4	8.7	45	43.7	0.2	4.8	0.59	32.9
Caramel Frappuccino® - skimmed milk	Venti	1482	353	12.5	8.7	54.7	53.1	0.2	5.2	0.72	41.7
Caramel Frappuccino® - almond drink	Tall	927	221	9.8	6.3	31.5	30.5	0.4	1.4	0.40	23.3
Caramel Frappuccino® - almond drink	Grande	1259	300	13.3	8.6	43	41.6	0.5	1.9	0.54	32.9
Caramel Frappuccino® - almond drink	Venti	1430	341	13.5	8.7	52.5	50.8	0.6	2.1	0.67	41.7
Caramel Frappuccino® - soya drink	Tall	985	235	10.2	6.5	31.9	30.9	0.5	3.5	0.46	23.3
Caramel Frappuccino® - soya drink	Grande	1329	317	13.8	8.8	43.5	42.2	0.7	4.4	0.62	32.9
Caramel Frappuccino® - soya drink	Venti	1508	359	14	8.9	53	51.4	0.8	4.8	0.75	41.7
Caramel Frappuccino® - oat drink	Tall	1032	246	10.8	7.7	34.5	31.4	1.8	1.8	0.44	23.3
Caramel Frappuccino® - oat drink	Grande	1387	330	14.5	10.4	46.6	42.7	2.2	2.3	0.60	32.9
Caramel Frappuccino® - oat drink	Venti	1571	374	14.8	10.6	56.4	52	2.5	2.6	0.73	41.7
Caramel Frappuccino® - coconut drink	Tall	989	236	10.8	8.1	32.2	31.2	1.3	1.8	0.50	23.3
Caramel Frappuccino® - coconut drink	Grande	1334	319	14.5	10.8	43.8	42.5	1.6	2.3	0.67	32.9
Caramel Frappuccino® - coconut drink	Venti	1513	361	14.8	11	53.3	51.7	1.8	2.6	0.80	41.7
Espresso Frappuccino® - semi skimmed milk	Tall	473	112	1.4	1.3	21.4	20.4	0.2	3.2	0.38	48.4
Espresso Frappuccino® - semi skimmed milk	Grande	667	157	1.8	1.6	31.1	29.7	0.3	4.1	0.53	58.5
Espresso Frappuccino® - semi skimmed milk	Venti	809	191	2	1.8	38.6	36.9	0.3	4.5	0.65	65.5
Espresso Frappuccino® - whole milk	Tall	521	123	2.8	1.7	21.3	20.3	0.2	3.2	0.37	48.4
Espresso Frappuccino® - whole milk	Grande	728	172	3.5	2.1	31	29.6	0.3	4	0.53	58.5
Espresso Frappuccino® - whole milk	Venti	877	207	3.9	2.4	38.5	36.8	0.3	4.4	0.65	65.5
Espresso Frappuccino® - skimmed milk	Tall	437	103	0.4	0.1	21.5	20.5	0.2	3.2	0.38	48.4
Espresso Frappuccino® - skimmed milk	Grande	621	146	0.5	0.2	31.1	29.8	0.3	4.1	0.54	58.5
Espresso Frappuccino® - skimmed milk	Venti	759	179	0.6	0.2	38.7	37	0.3	4.5	0.66	65.5
Espresso Frappuccino® - almond drink	Tall	403	95	1.1	0.1	20	18.9	0.4	1.1	0.34	48.4
Espresso Frappuccino® - almond drink	Grande	576	136	1.4	0.1	29.2	27.8	0.5	1.4	0.49	58.5
Espresso Frappuccino® - almond drink	Venti	710	168	1.6	0.2	36.6	34.8	0.6	1.5	0.61	65.5
Espresso Frappuccino® - soya drink	Tall	455	108	1.5	0.3	20.3	19.3	0.6	2.9	0.40	48.4
Espresso Frappuccino® - soya drink	Grande	643	152	1.9	0.3	29.7	28.3	0.7	3.7	0.56	58.5
Espresso Frappuccino® - soya drink	Venti	783	185	2.1	0.4	37	35.4	0.8	4.1	0.68	65.5
Espresso Frappuccino® - oat drink	Tall	497	117	2	1.4	22.6	19.7	1.7	1.4	0.38	48.4
Espresso Frappuccino® - oat drink	Grande	697	165	2.5	1.8	32.6	28.9	2.2	1.8	0.54	58.5
Espresso Frappuccino® - oat drink	Venti	843	199	2.8	2	40.3	36	2.4	2	0.66	65.5
Espresso Frappuccino® - coconut drink	Tall	458	109	2	1.7	20.6	19.5	1.3	1.4	0.43	48.4
Espresso Frappuccino® - coconut drink	Grande	647	154	2.5	2.2	30	28.6	1.6	1.8	0.61	58.5
Espresso Frappuccino® - coconut drink	Venti	788	187	2.8	2.4	37.4	35.7	1.8	2	0.73	65.5
Mocha Frappuccino® - semi skimmed milk	Tall	990	236	10.1	7.5	31	29.9	1	4.8	0.40	22.1
Mocha Frappuccino® - semi skimmed milk	Grande	1346	321	13.9	10.2	42.3	40.6	1.3	6.1	0.53	30.4
Mocha Frappuccino® - semi skimmed milk	Venti	1597	380	14.5	10.7	54.4	52.3	1.7	7.2	0.68	40.8
Mocha Frappuccino® - whole milk	Tall	1041	248	11.6	7.9	30.9	29.8	1	4.7	0.39	22.1
Mocha Frappuccino® - whole milk	Grande	1406	335	15.6	10.7	42.2	40.6	1.3	6	0.53	30.4
Mocha Frappuccino® - whole milk	Venti	1667	397	16.5	11.3	54.3	52.1	1.7	7.1	0.68	40.8
Mocha Frappuccino® - skimmed milk	Tall	952	227	9.1	6.3	31.1	29.9	1	4.8	0.40	22.1
Mocha Frappuccino® - skimmed milk	Grande	1301	310	12.6	8.8	42.3	40.7	1.3	6.1	0.53	30.4
Mocha Frappuccino® - skimmed milk	Venti	1545	368	13	9	54.5	52.4	1.7	7.2	0.69	40.8
Mocha Frappuccino® - almond drink	Tall	915	218	9.8	6.3	29.5	28.3	1.2	2.5	0.36	22.1
Mocha Frappuccino® - almond drink	Grande	1257	300	13.5	8.8	40.5	38.8	1.6	3.4	0.49	30.4
Mocha Frappuccino® - almond drink	Venti	1494	356	14	9	52.3	50.1	2.1	4.1	0.64	40.8
Mocha Frappuccino® - soya drink	Tall	970	231	10.2	6.4	29.9	28.7	1.4	4.4	0.42	22.1
Mocha Frappuccino® - soya drink	Grande	1323	315	13.9	9	40.9	39.3	1.8	5.7	0.56	30.4
Mocha Frappuccino® - soya drink	Venti	1570	374	14.5	9.2	52.8	50.7	2.3	6.8	0.71	40.8
Mocha Frappuccino® - oat drink	Tall	1015	242	10.7	7.6	32.3	29.2	2.6	2.9	0.40	22.1
Mocha Frappuccino® - oat drink	Grande	1376	328	14.6	10.4	43.8	39.8	3.2	3.8	0.54	30.4
Mocha Frappuccino® - oat drink	Venti	1631	388	15.3	10.9	56.2	51.3	3.9	4.6	0.69	40.8
Mocha Frappuccino® - coconut drink	Tall	974	233	10.7	8	30.1	28.9	2.1	2.9	0.46	22.1
Mocha Frappuccino® - coconut drink	Grande	1327	317	14.6	10.8	41.2	39.6	2.7	3.8	0.60	30.4
Mocha Frappuccino® - coconut drink	Venti	1575	376	15.3	11.3	53.1	51	3.3	4.6	0.77	40.8
White Mocha Frappuccino® - semi skimmed milk	Tall	1030	245	10.6	8	33.1	32.3	0.1	4.5	0.45	22.4
White Mocha Frappuccino® - semi skimmed milk	Grande	1487	354	15	11.3	48.7	47.7	0.2	6	0.63	30.9
White Mocha Frappuccino® - semi skimmed milk	Venti	1638	390	15.2	11.5	56.7	55.4	0.2	6.5	0.76	40
White Mocha Frappuccino® - whole milk	Tall	1081	258	12	8.5	33	32.3	0.1	4.4	0.45	22.4
White Mocha Frappuccino® - whole milk	Grande	1548	369	16.7	11.9	48.6	47.6	0.2	5.9	0.63	30.9
White Mocha Frappuccino® - whole milk	Venti	1706	406	17.1	12.1	56.6	55.2	0.2	6.4	0.76	40
White Mocha Frappuccino® - skimmed milk	Tall	991	236	9.5	6.8	33.1	32.4	0.1	4.5	0.45	22.4
White Mocha Frappuccino® - skimmed milk	Grande	1441	343	13.7	9.9	48.8	47.8	0.2	6	0.63	30.9
White Mocha Frappuccino® - skimmed milk	Venti	1587	378	13.8	9.9	56.8	55.5	0.2	6.5	0.76	40
White Mocha Frappuccino® - almond drink	Tall	953	228	10.2	6.8	31.5	30.7	0.4	2.2	0.41	22.4
White Mocha Frappuccino® - almond drink	Grande	1397	333	14.6	9.9	46.9	45.8	0.4	3.3	0.59	30.9
White Mocha Frappuccino® - almond drink	Venti	1537	366	14.7	9.9	54.6	53.2	0.5	3.5	0.71	40
White Mocha Frappuccino® - soya drink	Tall	1010	241	10.6	6.9	31.9	31.2	0.5	4.1	0.47	22.4
White Mocha Frappuccino® - soya drink	Grande	1463	349	15.1	10.1	47.3	46.3	0.6	5.6	0.65	3

Chocolate Cream Frappuccino® - almond drink	Grande	1185	284	13.9	8.8	35.7	34.3	1.6	3.1	0.50	0
Chocolate Cream Frappuccino® - almond drink	Venti	1403	335	14.5	9	46.3	44.4	2	3.8	0.65	0
Chocolate Cream Frappuccino® - soya drink	Tall	931	222	10.6	6.5	26.2	25.3	1.4	5	0.44	0
Chocolate Cream Frappuccino® - soya drink	Grande	1283	306	14.5	9.1	36.4	35.1	1.9	6.6	0.60	0
Chocolate Cream Frappuccino® - soya drink	Venti	1522	363	15.3	9.3	47.1	45.4	2.4	8	0.77	0
Chocolate Cream Frappuccino® - oat drink	Tall	994	237	11.3	8.2	29.5	25.9	3.1	2.8	0.42	0
Chocolate Cream Frappuccino® - oat drink	Grande	1361	325	15.5	11.2	40.6	35.9	4	3.8	0.57	0
Chocolate Cream Frappuccino® - oat drink	Venti	1618	386	16.6	11.9	52.3	46.4	4.9	4.6	0.74	0
Chocolate Cream Frappuccino® - coconut drink	Tall	937	224	11.3	8.6	26.5	25.6	2.4	2.8	0.49	0
Chocolate Cream Frappuccino® - coconut drink	Grande	1289	309	15.5	11.7	36.8	35.5	3.2	3.8	0.67	0
Chocolate Cream Frappuccino® - coconut drink	Venti	1530	366	16.6	12.6	47.6	45.9	4	4.6	0.86	0
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	863	206	9.8	7.5	25.2	24.7	0	4.2	0.40	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	1166	278	13.4	10.2	34.2	33.4	0	5.3	0.54	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	1357	323	13.8	10.7	43.5	42.5	0	6.2	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	933	223	11.8	8.2	25.1	24.6	0	4.1	0.40	0
Vanilla Cream Frappuccino® - whole milk	Grande	1253	299	15.9	11	34	33.3	0	5.2	0.54	0
Vanilla Cream Frappuccino® - whole milk	Venti	1460	348	16.8	11.6	43.4	42.4	0	6	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	810	193	8.3	5.9	25.4	24.8	0	4.2	0.41	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	1101	263	11.6	8.2	34.3	33.5	0	5.3	0.54	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	1279	305	11.7	8.3	43.7	42.7	0	6.2	0.69	0
Vanilla Cream Frappuccino® - almond drink	Tall	759	182	9.3	5.9	23.2	22.5	0.3	1.1	0.35	0
Vanilla Cream Frappuccino® - almond drink	Grande	1038	248	12.8	8.2	31.6	30.7	0.4	1.4	0.48	0
Vanilla Cream Frappuccino® - almond drink	Venti	1203	288	13.1	8.2	40.4	39.3	0.5	1.6	0.62	0
Vanilla Cream Frappuccino® - soya drink	Tall	835	199	9.8	6.1	23.7	23.1	0.5	3.8	0.43	0
Vanilla Cream Frappuccino® - soya drink	Grande	1132	270	13.5	8.5	32.2	31.5	0.7	4.8	0.58	0
Vanilla Cream Frappuccino® - soya drink	Venti	1316	314	13.9	8.5	41.2	40.2	0.8	5.6	0.73	0
Vanilla Cream Frappuccino® - oat drink	Tall	897	214	10.6	7.7	27	23.8	2.2	1.6	0.41	0
Vanilla Cream Frappuccino® - oat drink	Grande	1209	289	14.4	10.5	36.4	32.2	2.7	2.1	0.55	0
Vanilla Cream Frappuccino® - oat drink	Venti	1408	336	15.1	11	46.2	41.1	3.3	2.3	0.70	0
Vanilla Cream Frappuccino® - coconut drink	Tall	841	202	10.6	8.2	24	23.4	1.6	1.6	0.49	0
Vanilla Cream Frappuccino® - coconut drink	Grande	1139	273	14.4	11	32.6	31.9	1.9	2.1	0.64	0
Vanilla Cream Frappuccino® - coconut drink	Venti	1324	317	15.1	11.6	41.7	40.7	2.3	2.3	0.81	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	1038	247	11.4	8.5	31.9	31	0	4.4	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	1395	333	15.5	11.5	42.9	41.6	0	5.5	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	1672	398	16.7	12.5	55.6	53.8	0	6.4	0.78	0
Caramel Cream Frappuccino® - whole milk	Tall	1108	264	13.4	9.2	31.8	30.9	0	4.2	0.45	0
Caramel Cream Frappuccino® - whole milk	Grande	1481	353	17.9	12.3	42.8	41.5	0	5.3	0.60	0
Caramel Cream Frappuccino® - whole milk	Venti	1776	423	19.7	13.4	55.4	53.7	0	6.3	0.78	0
Caramel Cream Frappuccino® - skimmed milk	Tall	986	235	9.9	6.9	32.1	31.1	0	4.4	0.46	0
Caramel Cream Frappuccino® - skimmed milk	Grande	1330	317	13.7	9.5	43	41.7	0	5.5	0.61	0
Caramel Cream Frappuccino® - skimmed milk	Venti	1595	380	14.5	10.1	55.8	54	0	6.4	0.78	0
Caramel Cream Frappuccino® - almond drink	Tall	934	223	10.9	6.9	29.8	28.8	0.3	1.2	0.40	0
Caramel Cream Frappuccino® - almond drink	Grande	1267	303	14.9	9.5	40.3	38.9	0.4	1.6	0.54	0
Caramel Cream Frappuccino® - almond drink	Venti	1519	363	16	10	52.5	50.6	0.5	1.8	0.71	0
Caramel Cream Frappuccino® - soya drink	Tall	1011	241	11.4	7.1	30.4	29.4	0.5	3.9	0.48	0
Caramel Cream Frappuccino® - soya drink	Grande	1361	325	15.5	9.8	41	39.7	0.7	4.9	0.64	0
Caramel Cream Frappuccino® - soya drink	Venti	1632	389	16.8	10.3	53.3	51.5	0.8	5.8	0.82	0
Caramel Cream Frappuccino® - oat drink	Tall	1073	256	12.2	8.7	33.7	30	2.2	1.7	0.46	0
Caramel Cream Frappuccino® - oat drink	Grande	1437	343	16.5	11.8	45.1	40.5	2.7	2.2	0.62	0
Caramel Cream Frappuccino® - oat drink	Venti	1723	411	18	12.8	58.2	52.5	3.3	2.6	0.79	0
Caramel Cream Frappuccino® - coconut drink	Tall	1016	243	12.2	9.2	30.7	29.7	1.6	1.7	0.54	0
Caramel Cream Frappuccino® - coconut drink	Grande	1367	327	16.5	12.3	41.4	40.1	1.9	2.2	0.71	0
Caramel Cream Frappuccino® - coconut drink	Venti	1640	392	18	13.4	53.7	52	2.3	2.6	0.90	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Tall	1198	285	12.1	9.5	38.1	37.7	0	6	0.51	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1628	388	16.6	12.9	51.9	51.3	0	7.7	0.69	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1969	469	18.1	14.2	67.1	66.2	0	9.4	0.89	0
White Chocolate Cream Frappuccino® - whole milk	Tall	1268	302	14.1	10.1	38	37.6	0	5.9	0.51	0
White Chocolate Cream Frappuccino® - whole milk	Grande	1715	409	19.1	13.7	51.8	51.2	0	7.6	0.69	0
White Chocolate Cream Frappuccino® - whole milk	Venti	2073	493	21.1	15.1	66.9	66.1	0	9.2	0.88	0
White Chocolate Cream Frappuccino® - skimmed milk	Tall	1145	273	10.7	7.8	38.2	37.8	0	6	0.51	0
White Chocolate Cream Frappuccino® - skimmed milk	Grande	1564	372	14.8	10.9	52	51.4	0	7.7	0.69	0
White Chocolate Cream Frappuccino® - skimmed milk	Venti	1892	450	15.9	11.8	67.2	66.4	0	9.4	0.89	0
White Chocolate Cream Frappuccino® - almond drink	Tall	1094	261	11.7	7.8	36	35.5	0.3	2.8	0.46	0
White Chocolate Cream Frappuccino® - almond drink	Grande	1500	358	16	10.8	49.3	48.6	0.4	3.8	0.63	0
White Chocolate Cream Frappuccino® - almond drink	Venti	1816	433	17.4	11.7	64	63	0.5	4.8	0.81	0
White Chocolate Cream Frappuccino® - soya drink	Tall	1170	279	12.2	8	36.5	36.1	0.5	5.5	0.54	0
White Chocolate Cream Frappuccino® - soya drink	Grande	1595	380	16.7	11.1	50	49.3	0.7	7.2	0.72	0
White Chocolate Cream Frappuccino® - soya drink	Venti	1929	459	18.2	12	64.7	63.9	0.8	8.7	0.93	0
White Chocolate Cream Frappuccino® - oat drink	Tall	1232	294	13	9.7	39.9	36.7	2.2	3.3	0.52	0
White Chocolate Cream Frappuccino® - oat drink	Grande	1671	398	17.7	13.2	54.1	50.1	2.7	4.5	0.70	0
White Chocolate Cream Frappuccino® - oat drink	Venti	2020	481	19.4	14.5	69.7	64.8	3.3	5.5	0.90	0
White Chocolate Cream Frappuccino® - coconut drink	Tall	1176	281	13	10.1	36.9	36.4	1.6	3.3	0.59	0
White Chocolate Cream Frappuccino® - coconut drink	Grande	1601	383	17.7	13.7	50.4	49.7	1.9	4.5	0.79	0
White Chocolate Cream Frappuccino® - coconut drink	Venti	1937	462	19.4	15.1	65.2	64.4	2.3	5.5	1.01	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	1015	241	9.8	7.4	34.1	32.5	0.4	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	1409	335	13.4	10.1	48.1	45.8	0.6	5.3	0.53	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	1668	396	13.8	10.5	61.6	58.5	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - whole milk	Tall	1081	257	11.6	8	34	32.4	0.4	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	1490	355	15.7	10.8	48	45.7	0.6	5.2	0.52	0
Strawberries & Cream Frappuccino® - whole milk	Venti	1763	419	16.5	11.3	61.4	58.3	0.7	6	0.66	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	965	230	8.4	5.9	34.2	32.6	0.4	4.2	0.39	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	1348	320	11.7	8.2	48.2	45.9	0.6	5.3	0.53	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	1596	379	11.8	8.2	61.7	58.6	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - almond drink	Tall	917	219	9.3	5.8	32.1	30.4	0.7	1.2	0.34	0
Strawberries & Cream Frappuccino® - almond drink	Grande	1288	307	12.9	8.2	45.7	43.2	0.9	1.7	0.47	0
Strawberries & Cream Frappuccino® - almond drink	Venti	1526	363	13.2	8.2	58.7	55.5	1.2	1.9	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Tall	989	235	9.8	6.1	32.6	31	0.9	3.8	0.42	0
Strawberries & Cream Frappuccino® - soya drink	Grande	1377	328	13.5	8.4	46.3	43.9	1.2	4.8	0.56	0
Strawberries & Cream Frappuccino® - soya drink	Venti	1630	387	13.9	8.5	59.4	56.3	1.5	5.6	0.70	0
Strawberries & Cream Frappuccino® - oat drink	Tall	1047	249	10.6	7.6	35.8	31.6	2.4	1.7	0.40	0
Strawberries & Cream Frappuccino® - oat drink	Grande	1449	345	14.4	10.4	50.2	44.7	3.1	2.3	0.54	0
Strawberries & Cream Frappuccino® - oat drink	Venti	1715	407	15	10.8	64	57.2	3.7	2.6	0.67	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	994	237	10.6	8	32.9	31.3	1.9	1.7	0.47	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	1383	330	14.4	10.9	46.7	44.3	2.4	2.3	0.62	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	1638	390	15	11.3	59.9	56.7	2.9	2.6	0.77	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	1062	253	12.3	9.1	30.4	25.8	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	1499	358	17.2	12.6	43.5	36.8	0.4	7.1	0.75	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	1768	421	18.7	13.7	54.7	46.1	0.5	8.4	0.95	0
Cookies & Cream Frappuccino® - whole milk	Tall	1132	270	14.3	9.7	30.3	25.7	0.3	5.2	0.53	0
Cookies & Cream Frappuccino® - whole milk	Grande	1590	379	19.8	13.4	43.4	36.7	0.4	7	0.75	0
Cookies & Cream Frappuccino® - whole milk	Venti	1875	447	21.7	14.7	54.6	46	0.5	8.2	0.95	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	1010	241	10.8	7.4	30.5	25.9	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	1431	341	15.3	10.5	43.6	37	0.4	7.1	0.76	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	1689	402	16.4	11.2	54.9	46.3	0.5	8.4	0.96	0
Cookies & Cream Frappuccino® - almond drink	Tall	959	229	11.8	7.4	28.3	23.6	0.6	2.2	0.48	0
Cookies & Cream Frappuccino® - almond drink	Grande	1364	326	16.6	10.5	40.8	34	0.8	3.1	0.69	0
Cookies & Cream Frappuccino® - almond drink	Venti	1610	385	17.9	11.2	51.6	42.8	1	3.7	0.88	0
Cookies & Cream Frappuccino® - soya drink	Tall	1035	247	12.3	7.6	28.8	24.2	0.8	4.8	0.56	0
Cookies & Cream Frappuccino® - soya drink	Grande	1464	349	17.2	10.7	41.4	34.8	1.1	6.6	0.79	0
Cookies & Cream Frappuccino® - soya drink	Venti	1727	412	18.7	11.5	52.3	43.7	1.4	7.8	1.00	0
Cookies & Cream Frappuccino® - oat drink	Tall	1096	262	13.1	9.3	32.1	24.9	2.5	2.7	0.54	0
Cookies & Cream Frappuccino® - oat drink	Grande	1544	368	18.3	12.9	45.8	35.6	3.3	3.7	0.76	0
Cookies & Cream Frappuccino® - oat drink	Venti	1821	434	19.9	14	57.5	44.7				

Matcha Cream Frappuccino® - oat drink	Tall	947	226	10.8	7.8	28.6	24.5	3.1	2.2	0.42	50.3
Matcha Cream Frappuccino® - oat drink	Grande	1318	314	14.8	10.7	40.4	34.8	4.1	2.9	0.59	73
Matcha Cream Frappuccino® - oat drink	Venti	1480	353	15.3	11.1	48.3	41.8	4.8	3.3	0.71	90.5
Matcha Cream Frappuccino® - coconut drink	Tall	889	213	10.8	8.3	25.5	24.1	2.4	2.2	0.50	50.3
Matcha Cream Frappuccino® - coconut drink	Grande	1242	298	14.8	11.3	36.4	34.4	3.3	2.9	0.70	73
Matcha Cream Frappuccino® - coconut drink	Venti	1395	334	15.3	11.7	43.8	41.3	3.8	3.3	0.82	90.5
Chai Tea Cream Frappuccino® - semi skimmed milk	Tall	897	214	9.7	7.4	27.3	26.9	0.5	4.1	0.39	20.1
Chai Tea Cream Frappuccino® - semi skimmed milk	Grande	1288	307	13.4	10.2	41	40.4	1	5.2	0.53	37.6
Chai Tea Cream Frappuccino® - semi skimmed milk	Venti	1456	347	13.8	10.6	49	48.1	1	6.2	0.69	38.1
Chai Tea Cream Frappuccino® - whole milk	Tall	964	230	11.6	8	27.2	26.8	0.5	4	0.39	20.1
Chai Tea Cream Frappuccino® - whole milk	Grande	1372	327	15.7	10.9	40.9	40.3	1	5.1	0.53	37.6
Chai Tea Cream Frappuccino® - whole milk	Venti	1558	371	16.7	11.5	48.8	48	1	6	0.68	38.1
Chai Tea Cream Frappuccino® - skimmed milk	Tall	848	202	8.3	5.9	27.4	27	0.5	4.1	0.39	20.1
Chai Tea Cream Frappuccino® - skimmed milk	Grande	1226	292	11.6	8.2	41.2	40.5	1	5.2	0.53	37.6
Chai Tea Cream Frappuccino® - skimmed milk	Venti	1381	329	11.7	8.3	49.1	48.3	1	6.2	0.69	38.1
Chai Tea Cream Frappuccino® - almond drink	Tall	799	191	9.3	5.9	25.3	24.8	0.8	1.1	0.34	20.1
Chai Tea Cream Frappuccino® - almond drink	Grande	1165	278	12.8	8.2	38.5	37.8	1.4	1.5	0.47	37.6
Chai Tea Cream Frappuccino® - almond drink	Venti	1306	312	13.1	8.2	45.9	44.9	1.5	1.7	0.61	38.1
Chai Tea Cream Frappuccino® - soya drink	Tall	871	208	9.8	6.1	25.8	25.4	1	3.7	0.42	20.1
Chai Tea Cream Frappuccino® - soya drink	Grande	1256	300	13.4	8.4	39.2	38.5	1.6	4.7	0.56	37.6
Chai Tea Cream Frappuccino® - soya drink	Venti	1417	338	13.9	8.5	46.7	45.8	1.8	5.6	0.73	38.1
Chai Tea Cream Frappuccino® - oat drink	Tall	930	222	10.5	7.6	29	26	2.6	1.6	0.40	20.1
Chai Tea Cream Frappuccino® - oat drink	Grande	1329	317	14.3	10.4	43.2	39.3	3.6	2.1	0.54	37.6
Chai Tea Cream Frappuccino® - oat drink	Venti	1506	359	15	10.9	51.5	46.7	4.2	2.4	0.70	38.1
Chai Tea Cream Frappuccino® - coconut drink	Tall	876	210	10.5	8	26.1	25.7	2	1.6	0.47	20.1
Chai Tea Cream Frappuccino® - coconut drink	Grande	1262	302	14.3	10.9	39.5	38.9	2.8	2.1	0.63	37.6
Chai Tea Cream Frappuccino® - coconut drink	Venti	1424	341	15	11.5	47.1	46.3	3.3	2.4	0.81	38.1
Refreshment											
Peach Iced Tea	Tall	225	53	0.1	0	12.9	12.6	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	313	74	0.1	0	17.9	17.5	0.1	0.1	0.00	0.9
Peach Iced Tea	Venti	396	94	0.1	0	22.8	22.2	0.1	0.1	0.00	1
Lemon Iced Tea	Tall	223	53	0.1	0	12.8	12.6	0.1	0.1	0.00	0.6
Lemon Iced Tea	Grande	310	73	0.1	0	17.8	17.5	0.1	0.1	0.00	0.9
Lemon Iced Tea	Venti	393	93	0.1	0	22.6	22.2	0.1	0.1	0.00	1
Cool Lime Starbucks Refresha™	Tall	245	58	0.1	0	13.9	13.3	0.4	0.3	0.04	37.2
Cool Lime Starbucks Refresha™	Grande	320	75	0.1	0	18.2	17.5	0.4	0.3	0.05	49.3
Cool Lime Starbucks Refresha™	Venti	398	93	0.1	0	22.7	22	0.4	0.4	0.07	61.9
Strawberry Acai Starbucks Refresha*	Tall	288	68	0.1	0	15.9	15.7	0.5	0.3	0.00	8.4
Strawberry Acai Starbucks Refresha*	Grande	389	91	0.2	0	21.4	21.1	0.7	0.5	0.01	11.1
Strawberry Acai Starbucks Refresha*	Venti	493	116	0.2	0	27	26.7	0.9	0.6	0.01	13.9
Pink Coconut Starbucks Refresha*	Tall	449	107	2.3	2.1	19.1	18.9	1.8	1.2	0.17	8.4
Pink Coconut Starbucks Refresha*	Grande	603	143	3.1	2.7	25.5	25.3	2.5	1.6	0.23	11.1
Pink Coconut Starbucks Refresha*	Venti	761	181	3.9	3.4	32.2	31.9	3.2	2.1	0.29	13.9
Classic Shaken Iced Black Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.5
Classic Shaken Iced Black Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.7
Classic Shaken Iced Black Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.8
Classic Shaken Iced Black Tea Lemonade	Tall	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.5
Classic Shaken Iced Black Tea Lemonade	Grande	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.7
Classic Shaken Iced Black Tea Lemonade	Venti	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0.8
Classic Shaken Iced Green Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.6
Classic Shaken Iced Green Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.9
Classic Shaken Iced Green Tea	Venti	0	0	0	0	0	0	0	0	0.00	1
Classic Shaken Iced Green Tea Lemonade	Tall	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.6
Classic Shaken Iced Green Tea Lemonade	Grande	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.9
Classic Shaken Iced Green Tea Lemonade	Venti	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	1
Classic Shaken Hibiscus Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	Venti	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Tall	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Grande	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Venti	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0
Hot Teas											
English Breakfast Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.8
English Breakfast Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.8
English Breakfast Tea	Venti	0	0	0	0	0	0	0	0	0.00	1.6
Jasmine Pearls Tea	Tall	1	0	0	0	0	0	0	0	0.00	1.1
Jasmine Pearls Tea	Grande	1	0	0	0	0	0	0	0	0.00	1.1
Jasmine Pearls Tea	Venti	3	1	0	0	0	0	0	0	0.00	2.1
Mint Citrus Green Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Mint Citrus Green Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Mint Citrus Green Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.1
Emperor's Clouds & Mist Tea	Tall	1	0	0	0	0	0	0	0	0.00	0.8
Emperor's Clouds & Mist Tea	Grande	1	0	0	0	0	0	0	0	0.00	0.8
Emperor's Clouds & Mist Tea	Venti	2	1	0	0	0	0	0	0	0.00	1.6
Chamomile	Tall	0	0	0	0	0	0	0	0	0.00	0
Chamomile	Grande	0	0	0	0	0	0	0	0	0.00	0
Chamomile	Venti	0	0	0	0	0	0	0	0	0.00	0
Earl Grey Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.5
Earl Grey Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.5
Earl Grey Tea	Venti	0	0	0	0	0	0	0	0	0.00	1
Mint Herbal Blend	Tall	0	0	0	0	0	0	0	0	0.00	0
Mint Herbal Blend	Grande	0	0	0	0	0	0	0	0	0.00	0
Mint Herbal Blend	Venti	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	Venti	0	0	0	0	0	0	0	0	0.00	0
Chai Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.8
Youthberry Tea	Tall	2	0	0	0	0	0	0	0	0.00	0
Youthberry Tea	Grande	2	0	0	0	0	0	0	0	0.00	0
Youthberry Tea	Venti	3	1	0	0	0.1	0.1	0	0	0.00	0
Tea Latte											
Matcha Green Tea Latte - semi skimmed milk	Tall	424	101	3.4	3.4	9.9	9.3	0.6	7.3	0.21	38.5
Matcha Green Tea Latte - semi skimmed milk	Grande	622	148	5	4.9	14.6	13.6	1.1	10.7	0.31	65.7
Matcha Green Tea Latte - semi skimmed milk	Venti	773	184	6.2	6.1	18.2	16.8	1.3	13.3	0.38	83.4
Matcha Green Tea Latte - whole milk	Tall	556	132	7.2	4.5	9.8	9.1	0.6	7.1	0.21	38.5
Matcha Green Tea Latte - whole milk	Grande	814	194	10.4	6.6	14.3	13.3	1.1	10.4	0.30	65.7
Matcha Green Tea Latte - whole milk	Venti	1012	241	13	8.2	17.8	16.5	1.3	13	0.37	83.4
Matcha Green Tea Latte - skimmed milk	Tall	325	77	0.7	0.3	10.1	9.5	0.6	7.3	0.22	38.5
Matcha Green Tea Latte - skimmed milk	Grande	479	114	1	0.4	14.9	13.8	1.1	10.7	0.31	65.7
Matcha Green Tea Latte - skimmed milk	Venti	596	141	1.2	0.5	18.5	17.2	1.3	13.3	0.39	83.4
Matcha Green Tea Latte - almond drink	Tall	229	55	2.5	0.2	6	5.2	1.2	1.4	0.12	38.5
Matcha Green Tea Latte - almond drink	Grande	339	82	3.7	0.3	8.9	7.5	2	2.2	0.17	65.7
Matcha Green Tea Latte - almond drink	Venti	422	102	4.6	0.4	11.1	9.4	2.5	2.7	0.21	83.4
Matcha Green Tea Latte - soya drink	Tall	372	89	3.5	0.6	7	6.3	1.6	6.5	0.27	38.5
Matcha Green Tea Latte - soya drink	Grande	548	131	5.1	0.9	10.3	9.2	2.6	9.5	0.39	65.7
Matcha Green Tea Latte - soya drink	Venti	681	163	6.4	1.1	12.8	11.5	3.2	11.9	0.48	83.4
Matcha Green Tea Latte - oat drink	Tall	489	116	5	3.8	13.3	7.6	4.8	2.4	0.23	38.5
Matcha Green Tea Latte - oat drink	Grande	717	171	7.3	5.5	19.5	11	7.1	3.6	0.33	65.7
Matcha Green Tea Latte - oat drink	Venti	891	212	9	6.8	24.2	13.6	8.8	4.4	0.41	83.4
Matcha Green Tea Latte - coconut drink	Tall	382	93	5	4.5	7.6	7	3.6	2.4	0.37	38.5
Matcha Green Tea Latte - coconut drink	Grande	562	136	7.3	6.6	11.2	10.1	5.4	3.6	0.54	65.7
Matcha Green Tea Latte - coconut drink	Venti	699	170	9	8.2	13.9	12.6	6.7	4.4	0.67	83.4
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	404	96	3.2	3.1	9.5	8.7	0.9	6.9	0.20	52.8
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	517	123	4	3.9	12.2	10.9	1.3	8.9	0.25	79.2
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	597	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	105.6
Iced Matcha Green Tea Latte - whole milk	Tall	526	125	6.7	4.2	9.3	8.5	0.9	6.8	0.19	52.8
Iced Matcha Green Tea Latte - whole milk	Grande	670	160	8.4	5.3	12	10.7	1.3	8.7	0.24	79.2
Iced Matcha Green Tea Latte - whole milk	Venti	771	184	9.6	6	13.9	12.2	1.7	10	0.27	105.6
Iced Matcha Green Tea Latte - skimmed milk	Tall	312	74	0.6	0.3	9.7	8.8	0.9	6.9	0.20	52.8
Iced Matcha Green Tea Latte - skimmed milk	Grande	402	95	0.8	0.3	12.4	11.1	1.3	8.9	0.25	79.2
Iced Matcha Green Tea Latte - skimmed milk	Venti	466	111	1	0.4	14.4	12.7	1.7	10.2	0.29	105.6
Iced Matcha Green Tea Latte - almond drink	Tall	223	54	2.4	0.2	5.9	4.8	1.4	1.5	0.11	52.8
Iced Matcha Green Tea Latte - almond drink	Grande	289	70	3	0.3	7.6	6.1				

Chai Tea Latte - oat drink	Grande	1197	284	6.6	5	49.6	42.8	7.8	2.9	0.32	91.9
Chai Tea Latte - oat drink	Venti	1581	375	9.1	6.9	64.3	54.8	10.5	3.9	0.44	114.9
Chai Tea Latte - coconut drink	Tall	839	201	5.6	5.1	32.4	32.4	5.1	2.4	0.43	68.9
Chai Tea Latte - coconut drink	Grande	1057	253	6.6	6	42.1	42	6.3	2.9	0.51	91.9
Chai Tea Latte - coconut drink	Venti	1387	332	9.1	8.3	53.8	53.7	8.4	3.9	0.70	114.9
Iced Chai Tea Latte - semi skimmed milk	Tall	717	170	2.4	2.3	31.2	31.1	1.8	5	0.16	68.9
Iced Chai Tea Latte - semi skimmed milk	Grande	928	220	3	2.9	40.9	40.8	2.4	6.2	0.20	91.9
Iced Chai Tea Latte - semi skimmed milk	Venti	1197	283	4	3.9	52	51.9	3	8.3	0.27	114.9
Iced Chai Tea Latte - whole milk	Tall	808	191	5	3.1	31	31	1.8	4.8	0.16	68.9
Iced Chai Tea Latte - whole milk	Grande	1041	246	6.1	3.9	40.7	40.6	2.4	6	0.20	91.9
Iced Chai Tea Latte - whole milk	Venti	1350	320	8.3	5.3	51.8	51.6	3	8.1	0.27	114.9
Iced Chai Tea Latte - skimmed milk	Tall	648	153	0.5	0.2	31.3	31.2	1.8	5	0.17	68.9
Iced Chai Tea Latte - skimmed milk	Grande	844	199	0.6	0.2	41.1	41	2.4	6.2	0.21	91.9
Iced Chai Tea Latte - skimmed milk	Venti	1082	256	0.8	0.3	52.2	52.1	3	8.3	0.28	114.9
Iced Chai Tea Latte - almond drink	Tall	582	138	1.8	0.2	28.4	28.2	2.2	0.9	0.10	68.9
Iced Chai Tea Latte - almond drink	Grande	762	181	2.2	0.2	37.5	37.3	2.9	1.2	0.12	91.9
Iced Chai Tea Latte - almond drink	Venti	971	231	3	0.3	47.4	47.1	3.7	1.5	0.17	114.9
Iced Chai Tea Latte - soya drink	Tall	681	161	2.5	0.4	29.1	29	2.5	4.4	0.20	68.9
Iced Chai Tea Latte - soya drink	Grande	884	209	3	0.5	38.4	38.3	3.3	5.5	0.25	91.9
Iced Chai Tea Latte - soya drink	Venti	1137	269	4.1	0.7	48.5	48.4	4.2	7.4	0.34	114.9
Iced Chai Tea Latte - oat drink	Tall	762	180	3.5	2.6	33.5	33.5	4.7	1.6	0.17	68.9
Iced Chai Tea Latte - oat drink	Grande	983	233	4.3	3.2	43.8	43.3	5.9	2	0.22	91.9
Iced Chai Tea Latte - oat drink	Venti	1272	301	5.8	4.4	55.9	55.9	7.8	2.6	0.29	114.9
Iced Chai Tea Latte - coconut drink	Tall	688	164	3.5	3.2	29.5	29.5	3.8	1.6	0.27	68.9
Iced Chai Tea Latte - coconut drink	Grande	893	213	4.3	3.9	38.9	38.8	4.9	2	0.34	91.9
Iced Chai Tea Latte - coconut drink	Venti	1149	274	5.8	5.3	49.2	49.1	6.4	2.6	0.46	114.9
Autumn FY22 Promo Beverages											
Pumpkin Spice Latte - semi skimmed milk	Tall	1111	265	11.5	8.9	30.9	30	3.3	7.9	0.34	66.2
Pumpkin Spice Latte - semi skimmed milk	Grande	1455	347	15.5	12	40.2	39.3	4.3	9.6	0.42	66.2
Pumpkin Spice Latte - semi skimmed milk	Venti	1772	422	17.1	13.5	51.2	49.9	5.5	13.2	0.56	99.2
Pumpkin Spice Latte - whole milk	Tall	1233	294	14.9	10	30.7	29.8	3.3	7.7	0.33	66.2
Pumpkin Spice Latte - whole milk	Grande	1606	383	19.8	13.3	40	39.1	4.3	9.4	0.41	66.2
Pumpkin Spice Latte - whole milk	Venti	1981	472	23.1	15.3	50.9	49.5	5.5	12.9	0.55	99.2
Pumpkin Spice Latte - skimmed milk	Tall	1020	243	9	6.1	31.1	30.2	3.3	7.9	0.34	66.2
Pumpkin Spice Latte - skimmed milk	Grande	1343	320	12.3	8.4	40.5	39.5	4.3	9.6	0.42	66.2
Pumpkin Spice Latte - skimmed milk	Venti	1616	385	12.8	8.6	51.5	50.2	5.5	13.2	0.57	99.2
Pumpkin Spice Latte - almond drink	Tall	932	223	10.7	6	27.3	26.2	3.9	2.5	0.25	66.2
Pumpkin Spice Latte - almond drink	Grande	1233	296	14.5	8.4	35.7	34.6	5	2.9	0.31	66.2
Pumpkin Spice Latte - almond drink	Venti	1463	351	15.7	8.5	45	43.3	6.4	3.9	0.41	99.2
Pumpkin Spice Latte - soya drink	Tall	1064	254	11.6	6.4	28.2	27.3	4.3	7.1	0.39	66.2
Pumpkin Spice Latte - soya drink	Grande	1397	334	15.6	8.8	36.8	35.9	5.5	8.7	0.48	66.2
Pumpkin Spice Latte - soya drink	Venti	1691	404	17.3	9.1	46.5	45.1	7.1	11.9	0.65	99.2
Pumpkin Spice Latte - oat drink	Tall	1171	280	12.9	9.3	34	28.4	7.1	3.4	0.35	66.2
Pumpkin Spice Latte - oat drink	Grande	1530	365	17.3	12.4	44.1	37.3	9	4	0.43	66.2
Pumpkin Spice Latte - oat drink	Venti	1875	447	19.6	14.1	56.5	47	12	5.4	0.58	99.2
Pumpkin Spice Latte - coconut drink	Tall	1073	258	12.9	10	28.7	27.8	6	3.4	0.48	66.2
Pumpkin Spice Latte - coconut drink	Grande	1408	338	17.3	13.3	37.5	36.6	7.7	4	0.60	66.2
Pumpkin Spice Latte - coconut drink	Venti	1706	410	19.6	15.3	47.5	46.1	10.1	5.4	0.81	99.2
Salted Maple and Caramel Latte - semi skimmed milk	Tall	989	234	4.8	4.5	37.8	36.9	0.3	9.9	0.42	66.2
Salted Maple and Caramel Latte - semi skimmed milk	Grande	1292	306	6.3	6	49.4	48.4	0.3	13	0.54	66.2
Salted Maple and Caramel Latte - semi skimmed milk	Venti	1635	387	8	7.6	61.8	60.3	0.4	16.8	0.70	99.2
Salted Maple and Caramel Latte - whole milk	Tall	1159	275	9.6	6	37.6	36.6	0.3	9.6	0.41	66.2
Salted Maple and Caramel Latte - whole milk	Grande	1521	361	12.8	8	49	48	0.3	12.6	0.53	66.2
Salted Maple and Caramel Latte - whole milk	Venti	1929	457	16.4	10.2	61.3	59.9	0.4	16.4	0.69	99.2
Salted Maple and Caramel Latte - skimmed milk	Tall	862	204	1.2	0.5	38.1	37.1	0.3	9.9	0.42	66.2
Salted Maple and Caramel Latte - skimmed milk	Grande	1121	265	1.5	0.6	49.7	48.7	0.3	13	0.55	66.2
Salted Maple and Caramel Latte - skimmed milk	Venti	1416	334	1.9	0.8	62.2	60.8	0.4	16.8	0.71	99.2
Salted Maple and Caramel Latte - almond drink	Tall	737	176	3.6	0.4	32.8	31.5	1	2.3	0.30	66.2
Salted Maple and Caramel Latte - almond drink	Grande	954	227	4.7	0.5	42.5	41.2	1.3	2.8	0.38	66.2
Salted Maple and Caramel Latte - almond drink	Venti	1201	286	6.1	0.6	53	51.1	1.8	3.8	0.49	99.2
Salted Maple and Caramel Latte - soya drink	Tall	923	219	4.9	1	34	33	1.6	8.8	0.49	66.2
Salted Maple and Caramel Latte - soya drink	Grande	1203	285	6.4	1.2	44.2	43.2	2.1	11.6	0.63	66.2
Salted Maple and Caramel Latte - soya drink	Venti	1521	361	8.2	1.5	55.2	53.7	2.7	15	0.82	99.2
Salted Maple and Caramel Latte - oat drink	Tall	1073	254	6.8	5	42.2	34.6	5.6	3.5	0.44	66.2
Salted Maple and Caramel Latte - oat drink	Grande	1405	333	9	6.7	55.2	45.3	7.5	4.4	0.57	66.2
Salted Maple and Caramel Latte - oat drink	Venti	1780	422	11.5	8.5	69.2	56.4	9.6	5.9	0.73	99.2
Salted Maple and Caramel Latte - coconut drink	Tall	935	224	6.8	6	34.8	33.8	4.1	3.5	0.62	66.2
Salted Maple and Caramel Latte - coconut drink	Grande	1221	292	9	8	45.3	44.3	5.4	4.4	0.81	66.2
Salted Maple and Caramel Latte - coconut drink	Venti	1543	369	11.5	10.3	56.5	55.1	7	5.9	1.05	99.2
Iced Salted Maple and Caramel Latte - semi skimmed milk	Tall	844	200	3.5	3.3	34.5	33.5	0.3	7.4	0.34	66.2
Iced Salted Maple and Caramel Latte - semi skimmed milk	Grande	1066	252	4.4	4.1	44.1	43.1	0.3	9	0.42	66.2
Iced Salted Maple and Caramel Latte - semi skimmed milk	Venti	1277	302	5	4.6	53.4	52	0.4	10.6	0.51	99.2
Iced Salted Maple and Caramel Latte - whole milk	Tall	966	229	7	4.3	34.3	33.3	0.3	7.2	0.34	66.2
Iced Salted Maple and Caramel Latte - whole milk	Grande	1220	289	8.7	5.4	43.9	42.9	0.3	8.8	0.41	66.2
Iced Salted Maple and Caramel Latte - whole milk	Venti	1452	344	10	6.2	53.2	51.7	0.4	10.3	0.50	99.2
Iced Salted Maple and Caramel Latte - skimmed milk	Tall	753	178	1	0.4	34.6	33.7	0.3	7.4	0.34	66.2
Iced Salted Maple and Caramel Latte - skimmed milk	Grande	951	224	1.1	0.5	44.3	43.3	0.3	9	0.43	66.2
Iced Salted Maple and Caramel Latte - skimmed milk	Venti	1146	271	1.4	0.5	53.7	52.3	0.4	10.6	0.52	99.2
Iced Salted Maple and Caramel Latte - almond drink	Tall	663	158	2.7	0.3	30.8	29.6	0.8	1.9	0.25	66.2
Iced Salted Maple and Caramel Latte - almond drink	Grande	838	199	3.3	0.4	39.5	38.3	1	2.2	0.31	66.2
Iced Salted Maple and Caramel Latte - almond drink	Venti	1019	242	3.8	0.4	48.2	46.5	1.2	2.8	0.39	99.2
Iced Salted Maple and Caramel Latte - soya drink	Tall	796	189	3.6	0.7	31.7	30.7	1.2	6.6	0.39	66.2
Iced Salted Maple and Caramel Latte - soya drink	Grande	1006	238	4.5	0.9	40.6	39.6	1.5	8.1	0.48	66.2
Iced Salted Maple and Caramel Latte - soya drink	Venti	1209	286	5.1	1	49.5	48.1	1.8	9.5	0.58	99.2
Iced Salted Maple and Caramel Latte - oat drink	Tall	904	214	5	3.6	37.6	31.8	4.1	2.8	0.35	66.2
Iced Salted Maple and Caramel Latte - oat drink	Grande	1142	270	6.2	4.5	48	41	5.1	3.3	0.44	66.2
Iced Salted Maple and Caramel Latte - oat drink	Venti	1363	323	7.1	5.1	57.9	49.7	5.9	4.1	0.53	99.2
Iced Salted Maple and Caramel Latte - coconut drink	Tall	805	192	5	4.4	32.3	31.3	3	2.8	0.49	66.2
Iced Salted Maple and Caramel Latte - coconut drink	Grande	1017	243	6.2	5.4	41.3	40.3	3.7	3.3	0.60	66.2
Iced Salted Maple and Caramel Latte - coconut drink	Venti	1222	291	7.1	6.2	50.3	48.9	4.3	4.1	0.72	99.2
Iced Pumpkin Spice Latte - semi skimmed milk	Tall	1093	261	11.3	8.7	30.5	29.6	3.3	7.6	0.33	66.2
Iced Pumpkin Spice Latte - semi skimmed milk	Grande	1438	343	15.3	11.8	39.8	38.9	4.3	9.3	0.41	66.2
Iced Pumpkin Spice Latte - semi skimmed milk	Venti	1668	398	16.3	12.6	48.8	47.4	5.5	11.4	0.51	99.2
Iced Pumpkin Spice Latte - whole milk	Tall	1208	288	14.6	9.8	30.3	29.4	3.3	7.4	0.33	66.2
Iced Pumpkin Spice Latte - whole milk	Grande	1583	378	19.5	13.1	39.6	38.7	4.3	9.1	0.40	66.2
Iced Pumpkin Spice Latte - whole milk	Venti	1843	440	21.2	14.1	48.6	47.2	5.5	11.1	0.50	99.2
Iced Pumpkin Spice Latte - skimmed milk	Tall	1007	240	8.9	6	30.7	29.7	3.3	7.6	0.33	66.2
Iced Pumpkin Spice Latte - skimmed milk	Grande	1330	317	12.3	8.4	40	39.1	4.3	9.3	0.41	66.2
Iced Pumpkin Spice Latte - skimmed milk	Venti	1538	367	12.6	8.5	49.1	47.7	5.5	11.4	0.51	99.2
Iced Pumpkin Spice Latte - almond drink	Tall	922	221	10.6	6	27.1	26	3.8	2.4	0.25	66.2
Iced Pumpkin Spice Latte - almond drink	Grande	1224	293	14.4	8.3	35.5	34.4	5	2.9	0.30	66.2
Iced Pumpkin Spice Latte - almond drink	Venti	1410	338	15.1	8.4	43.6	42	6.3	3.6	0.38	99.2
Iced Pumpkin Spice Latte - soya drink	Tall	1048	250	11.4	6.4	27.9	27	4.2	6.9	0.38	66.2
Iced Pumpkin Spice Latte - soya drink	Grande	1382	330	15.5	8.8	36.6	35.6	5.4	8.5	0.47	66.2
Iced Pumpkin Spice Latte - soya drink	Venti	1601	382	16.4	9	44.9	43.5	6.8	10.3	0.58	99.2
Iced Pumpkin Spice Latte - oat drink	Tall	1150	275	12.7	9.1	33.4	28	6.9	3.3	0.34	66.2
Iced Pumpkin Spice Latte - oat drink	Grande	1509	360	17.1	12.2	43.5	36.9	8.9	3.9	0.42	66.2
Iced Pumpkin Spice Latte - oat drink	Venti	1754	419	18.4	13.1	53.3	45.1	10.9	4.9	0.53	99.2
Iced Pumpkin Spice Latte - coconut drink	Tall	1057	254	12.7	9.8	28.4	27.5	5.9	3.3	0.47	66.2
Iced Pumpkin Spice Latte - coconut drink	Grande	1392	334	17.1	13.1	37.2	36.3	7.6	3.9	0.58	66.2
Iced Pumpkin Spice Latte - coconut drink	Venti	1614	387	18.4	14.2	45.7	44.3	9.4	4.9	0.71	99.2
Pumpkin Spice Cream Frappuccino - semi skimmed milk	Tall	1033	246	9.9	7.5	34	33.5	2.1	4.2	0.45	0
Pumpkin Spice Cream Frappuccino - semi skimmed milk	Grande	1429	340	13.6	10.3	47.7					

Pumpkin Spice Coffee Frappuccino* - coconut drink	Venti	1775	423	14.3	10.6	67.8	66.4	5.9	2.6	0.87	41.7
Pumpkin Cream Cold Brew	Tall	189	45	1.1	0.2	6.8	6.8	1.5	1.2	0.27	36.9
Pumpkin Cream Cold Brew	Grande	307	73	1.4	0.3	12.3	12.1	2.1	1.7	0.36	50
Pumpkin Cream Cold Brew	Venti	425	101	1.8	0.4	17.7	17.4	2.7	2.1	0.46	63.2
Sour Apple Frappuccino* - semi skimmed milk	Tall	1091	258	3.9	3.3	51.1	36	0.5	4.5	0.44	0
Sour Apple Frappuccino* - semi skimmed milk	Grande	1442	341	5	4.1	68.4	48.7	0.6	5.3	0.60	0
Sour Apple Frappuccino* - semi skimmed milk	Venti	1678	396	5.2	4.4	81.2	57.5	0.7	5.9	0.74	0
Sour Apple Frappuccino* - whole milk	Tall	1161	275	5.9	3.9	51	35.9	0.5	4.4	0.44	0
Sour Apple Frappuccino* - whole milk	Grande	1523	360	7.3	4.9	68.3	48.6	0.6	5.2	0.60	0
Sour Apple Frappuccino* - whole milk	Venti	1771	419	7.8	5.2	81	57.3	0.7	5.8	0.74	0
Sour Apple Frappuccino* - skimmed milk	Tall	1039	246	2.4	1.7	51.2	36.1	0.5	4.5	0.44	0
Sour Apple Frappuccino* - skimmed milk	Grande	1381	326	3.3	2.2	68.5	48.8	0.6	5.3	0.61	0
Sour Apple Frappuccino* - skimmed milk	Venti	1609	380	3.3	2.2	81.3	57.6	0.7	5.9	0.74	0
Sour Apple Frappuccino* - almond drink	Tall	988	234	3.4	1.6	49	33.8	0.8	1.4	0.39	0
Sour Apple Frappuccino* - almond drink	Grande	1321	313	4.4	2.2	65.9	46.1	1	1.7	0.55	0
Sour Apple Frappuccino* - almond drink	Venti	1541	364	4.6	2.2	78.4	54.6	1.1	1.8	0.67	0
Sour Apple Frappuccino* - soya drink	Tall	1064	252	3.9	1.8	49.5	34.5	1	4	0.47	0
Sour Apple Frappuccino* - soya drink	Grande	1410	333	5	2.5	66.5	46.8	1.2	4.8	0.64	0
Sour Apple Frappuccino* - soya drink	Venti	1642	388	5.3	2.5	79.1	55.4	1.4	5.3	0.78	0
Sour Apple Frappuccino* - oat drink	Tall	1126	266	4.7	3.5	52.9	35.1	2.6	1.9	0.45	0
Sour Apple Frappuccino* - oat drink	Grande	1482	350	6	4.4	70.4	47.6	3.1	2.3	0.61	0
Sour Apple Frappuccino* - oat drink	Venti	1724	408	6.3	4.7	83.5	56.2	3.6	2.4	0.75	0
Sour Apple Frappuccino* - coconut drink	Tall	1070	254	4.7	3.9	49.8	34.8	2	1.9	0.52	0
Sour Apple Frappuccino* - coconut drink	Grande	1416	336	6	4.9	66.9	47.2	2.4	2.3	0.70	0
Sour Apple Frappuccino* - coconut drink	Venti	1649	391	6.3	5.2	79.5	55.8	2.8	2.4	0.85	0