

STARBUCKS

Holiday FY21 Beverage Nutritional Information

Updated 4th Nov 2021

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caffe Latte - Skimmed Milk	Tall	435	102	0.3	0.0	15.3	13.3	0.0	9.7	0.3	150
	Grande	543	128	0.3	0.0	19.0	17.0	0.0	12.3	0.3	150
	Venti	713	168	0.4	0.0	25.0	22.0	0.0	16.0	0.4	225
Caffe Latte - Semi - skimmed Milk	Tall	602	143	4.8	2.9	14.7	12.7	0.0	10.3	0.3	150
	Grande	757	180	6.1	3.7	18.3	16.3	0.0	12.9	0.3	150
	Venti	989	235	7.9	4.8	24.1	21.1	0.0	16.9	0.4	225
Caffe Latte - Whole Milk	Tall	756	181	9.6	6.1	14.5	12.5	0.0	9.2	0.3	150
	Grande	954	228	12	7.8	17.9	16.0	0.0	11.6	0.3	150
	Venti	1245	298	16	10.1	23.6	20.7	0.0	15.2	0.4	225
Caffe Latte - Soya	Tall	499	119	4.5	0.8	10.2	8.2	1.3	8.7	0.3	150
	Grande	625	149	5.8	1.0	12.5	10.5	1.7	10.9	0.4	150
	Venti	819	195	7.5	1.3	16.6	13.6	2.2	14.3	0.5	225
Caffe Latte - Coconut	Tall	526	126	6.6	6.1	11.3	9.3	4.0	3.4	0.5	150
	Grande	660	158	8.5	7.8	13.9	11.9	5.1	4.1	0.7	150
	Venti	865	207	11.0	10.1	18.4	15.4	6.6	5.5	0.84	225
Caffe Latte - Almond	Tall	310	74	3.2	0.3	8.9	6.6	0.8	2.1	0.2	150
	Grande	384	92	4.1	0.3	10.8	8.5	1.0	2.4	0.2	150
	Venti	506	121	5.3	0.4	14.4	11.0	1.3	3.3	0.3	225
Caffe Latte - Oat	Tall	670	160	6.6	5.0	19.0	10.1	5.6	3.4	0.3	150
	Grande	844	202	8.5	6.5	23.7	12.9	7.1	4.1	0.4	150
	Venti	1102	264	11.0	8.4	31.1	16.7	9.2	5.5	0.5	225
Filter Coffee	Tall	10	2	0.1	0.0	0.0	0.0	0.0	0.4	0.0	229
	Grande	13	3	0.1	0.0	0.0	0.0	0.0	0.6	0.0	308
	Venti	16	4	0.1	0.0	0.0	0.0	0.0	0.7	0.10	387
Espresso	Solo	24	6	0.0	0.0	1.0	0.0	0.0	0.4	0.00	75
	Doppio	48	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	150
Espresso Con Panna	Solo	265	64	5.8	4.2	2.4	1.4	0.0	0.7	0.00	75
	Doppio	333	80	6.8	4.9	3.6	1.6	0.0	1.1	0.00	150
Espresso Macchiato - Skimmed Milk	Solo	31	7	0.0	0.0	1.3	0.3	0.0	0.5	0.01	75
	Doppio	70	16	0.0	0.0	2.8	0.8	0.0	1.3	0.02	150
Espresso Macchiato - Semi - skimmed Milk	Solo	34	7	0.0	0.0	1.3	0.3	0.0	0.5	0.01	75 - 85
	Doppio	80	19	0.3	0.2	2.8	0.8	0.0	1.3	0.02	150 - 170
Espresso Macchiato - Whole Milk	Solo	37	9	0.2	0.1	1.2	0.3	0.0	0.5	0.01	75
	Doppio	90	21	0.6	0.4	2.8	0.8	0.0	1.2	0.02	150
Espresso Macchiato - Soya	Solo	32	8	0.1	0.0	1.2	0.2	0.0	0.5	0.01	75
	Doppio	74	17	0.3	0.1	2.5	0.5	0.1	1.2	0.02	150
Espresso Macchiato - Coconut	Solo	32	8	0.1	0.1	1.2	0.2	0.1	0.4	0.01	75
	Doppio	75	18	0.4	0.4	2.6	0.6	0.2	0.9	0.03	150
Espresso Macchiato - Almond	Solo	28	7	0.1	0.0	1.1	0.1	0.0	0.4	0.00	75
	Doppio	62	15	0.2	0.0	2.4	0.4	0.1	0.8	0.01	150
Espresso Macchiato - Oat	Solo	35	8	0.1	0.1	1.3	0.2	0.1	0.4	0.01	75
	Doppio	84	20	0.4	0.3	3.0	0.6	0.3	0.9	0.02	150
Café Americano	Tall	46	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	150
	Grande	69	16	0.0	0.0	3.0	0.0	0.0	1.1	0.00	225
	Venti	92	22	0.0	0.0	4.0	0.0	0.0	1.4	0.00	300
Cappuccino - Skimmed Milk	Tall	393	93	0.2	0.0	13.8	11.9	0.0	8.8	0.24	150
	Grande	436	103	0.3	0.0	15.3	13.3	0.0	9.8	0.27	150
	Venti	611	144	0.4	0.0	21.5	18.5	0.0	13.7	0.37	225
Cappuccino - Semi - skimmed Milk	Tall	542	129	4.3	2.6	13.4	11.4	0.0	9.3	0.24	150
	Grande	603	143	4.8	2.9	14.8	12.8	0.0	10.3	0.27	150
	Venti	844	201	6.7	4.1	20.8	17.8	0.0	14.4	0.37	225
Cappuccino - Whole Milk	Tall	680	163	8.5	5.5	13.1	11.1	0.0	8.3	0.24	150
	Grande	758	181	9.6	6.1	14.5	12.5	0.0	9.2	0.27	150
	Venti	1060	253	13.3	8.5	20.4	17.4	0.0	12.9	0.37	225
Cappuccino - Soya	Tall	450	107	4.0	0.7	9.3	7.4	1.2	7.8	0.26	150
	Grande	500	119	4.5	0.8	10.2	8.3	1.3	8.7	0.29	150
	Venti	701	167	6.3	1.1	14.5	11.5	1.9	12.2	0.41	225
Cappuccino - Coconut	Tall	475	114	5.9	5.5	10.3	8.3	3.6	3.1	0.45	150
	Grande	528	127	6.7	6.1	11.3	9.3	4.0	3.4	0.51	150
	Venti	739	177	9.3	8.5	15.9	13.0	5.6	4.8	0.70	225
Cappuccino - Almond	Tall	282	67	2.8	0.2	8.1	5.9	0.7	1.9	0.14	150
	Grande	311	74	3.2	0.3	8.9	6.7	0.8	2.1	0.16	150
	Venti	437	104	4.4	0.4	12.6	9.3	1.1	2.9	0.22	225
Cappuccino - Oat	Tall	603	144	5.9	4.5	17.2	9.0	5.0	3.1	0.28	150
	Grande	672	161	6.7	5.1	19.0	10.1	5.6	3.4	0.32	150
	Venti	940	225	9.3	7.0	26.7	14.1	7.8	4.8	0.44	225
Café Misto - Skimmed Milk	Tall	200	47	0.2	0.0	6.6	6.6	0.0	4.7	0.15	121
	Grande	291	69	0.2	0.0	9.7	9.7	0.0	6.9	0.22	142
	Venti	390	92	0.3	0.0	13.0	13.0	0.0	9.2	0.29	185
Café Misto - Semi - skimmed Milk	Tall	283	67	2.4	1.5	6.4	6.4	0.0	5.0	0.15	121
	Grande	413	98	3.5	2.1	9.3	9.3	0.0	7.3	0.22	142
	Venti	554	132	4.8	2.9	12.5	12.5	0.0	9.7	0.29	185
Café Misto - Whole Milk	Tall	360	86	4.8	3.1	6.2	6.2	0.0	4.5	0.15	121
	Grande	526	126	7.0	4.5	9.1	9.1	0.0	6.5	0.22	142
	Venti	705	169	9.4	6.0	12.3	12.3	0.0	8.7	0.29	185
Café Misto - Soya	Tall	232	55	2.3	0.4	4.1	4.1	0.7	4.2	0.16	121
	Grande	338	81	3.4	0.6	6.0	6.0	1.0	6.1	0.24	142
	Venti	453	108	4.5	0.8	8.1	8.1	1.3	8.2	0.32	185
Café Misto - Coconut	Tall	245	59	3.4	3.1	4.7	4.7	2.0	1.6	0.27	121
	Grande	358	86	4.9	4.5	6.8	6.8	2.9	2.2	0.39	142
	Venti	480	115	6.6	6.0	9.1	9.1	3.9	3.0	0.52	185
Café Misto - Almond	Tall	137	33	1.6	0.1	3.5	3.3	0.4	0.9	0.10	121
	Grande	199	48	2.4	0.2	5.1	4.9	0.6	1.2	0.14	142
	Venti	267	64	3.2	0.3	6.8	6.5	0.8	1.6	0.18	185
Café Misto - Oat	Tall	317	76	3.4	2.5	8.5	5.1	2.8	1.6	0.18	121
	Grande	463	111	4.9	3.7	12.4	7.4	4.1	2.2	0.25	142
	Venti	621	149	6.6	5.0	16.7	9.9	5.5	3.0	0.34	185
Flat White - Skimmed Milk	Short	369	63	0.2	0.0	9.6	7.6	0.0	5.9	0.15	150
Flat White - Semi - skimmed Milk	Short	365	87	2.7	1.7	9.3	7.3	0.0	6.2	0.15	150
Flat White - Whole Milk	Short	453	108	5.5	3.5	9.1	7.2	0.0	5.6	0.15	150
Flat White - Soya	Short	306	73	2.6	0.5	6.7	4.7	0.8	5.3	0.17	150
Flat White - Coconut	Short	322	77	3.8	3.5	7.3	5.3	2.3	2.2	0.29	150
Flat White - Almond	Short	197	47	1.8	0.2	5.9	3.8	0.5	1.5	0.09	150
Flat White - Oat	Short	404	97	3.8	2.9	11.7	5.8	3.2	2.2	0.18	150
	Tall	621	146	1.0	0.5	25.8	23.3	0.0	8.7	0.25	150

Caramel Macchiato - Skimmed Milk	Grande	792	187	1.0	0.5	33.5	31.0	0.0	10.8	0.32	150
	Venti	980	231	1.1	0.5	42.1	38.5	0.0	13.1	0.37	225
	Tall	767	180	4.9	3.0	25.3	22.9	0.0	9.1	0.25	150
Caramel Macchiato - Semi - skimmed Milk	Grande	977	229	6.0	3.7	33.0	30.4	0.0	11.4	0.32	150
	Venti	1202	281	7.1	4.3	41.4	37.8	0.0	13.8	0.37	225
	Tall	902	215	9.1	5.8	25.1	22.6	0.0	8.2	0.25	150
Caramel Macchiato - Whole Milk	Grande	1148	273	11.3	7.2	32.7	30.1	0.0	10.2	0.32	150
	Venti	1407	335	13.4	8.6	41.1	37.4	0.0	12.4	0.37	225
	Tall	677	161	4.7	1.2	21.3	18.9	1.2	7.7	0.28	150
Caramel Macchiato - Soya	Grande	863	205	5.7	1.3	28.0	25.4	1.5	9.6	0.34	150
	Venti	1065	253	6.7	1.5	35.4	31.8	1.8	11.7	0.41	225
	Tall	693	165	6.5	5.8	21.8	19.4	3.5	3.1	0.46	150
Caramel Macchiato - Coconut	Grande	881	210	8.1	7.2	28.5	25.9	4.4	3.7	0.58	150
	Venti	1086	259	9.5	8.6	35.9	32.3	5.3	4.7	0.69	225
	Tall	512	122	3.5	0.7	20.2	17.5	0.7	1.9	0.16	150
Caramel Macchiato - Almond	Grande	653	155	4.3	0.7	26.5	23.7	0.9	2.3	0.20	150
	Venti	814	193	5.0	0.8	33.7	29.7	1.1	2.9	0.23	225
	Tall	819	195	6.5	4.9	28.6	20.1	4.9	3.1	0.30	150
Caramel Macchiato - Oat	Grande	1041	248	8.1	6.0	37.0	26.8	6.2	3.7	0.38	150
	Venti	1276	304	9.5	7.2	46.2	33.4	7.4	4.7	0.45	225
	Tall										
Mocha & Hot Chocolate											
Caffe Mocha - Skimmed Milk	Tall	820	196	8.3	5.8	23.2	20.8	1.6	6.3	0.18	165
	Grande	1045	249	9.9	6.8	30.5	27.9	2.0	8.6	0.25	170
	Venti	1208	283	10.3	7.1	36.5	32.9	2.5	9.9	0.28	249
Caffe Mocha - Semi - skimmed Milk	Tall	920	220	11.0	7.5	22.8	20.5	1.6	6.6	0.18	165
	Grande	1186	283	13.7	9.2	30.0	27.4	2.0	9.0	0.25	170
	Venti	1368	322	14.6	9.8	36.0	32.4	2.5	10.4	0.28	249
Caffe Mocha - Whole Milk	Tall	1012	242	13.8	9.4	22.7	20.4	1.6	6.0	0.18	165
	Grande	1316	315	17.7	11.9	29.8	27.2	2.0	8.2	0.25	170
	Venti	1516	359	19.2	12.9	35.7	32.2	2.5	9.4	0.28	249
Caffe Mocha - Soya	Tall	859	205	10.8	6.2	20.2	17.8	2.4	5.7	0.19	165
	Grande	1099	263	13.5	7.5	26.2	23.6	3.2	7.7	0.27	170
	Venti	1269	299	14.4	7.8	31.7	28.1	3.8	8.9	0.31	249
Caffe Mocha - Coconut	Tall	858	206	12.7	10.0	20.6	18.0	1.9	1.2	0.11	165
	Grande	1098	263	16.1	12.8	26.9	23.9	2.5	1.4	0.15	170
	Venti	1312	300	17.4	13.9	32.4	28.3	3.0	1.8	0.17	249
Caffe Mocha - Almond	Tall	746	179	10.1	5.9	19.4	16.9	2.0	1.7	0.12	165
	Grande	940	225	12.3	7.0	25.1	22.3	2.7	2.1	0.16	170
	Venti	1088	256	13.1	7.3	30.4	26.6	3.3	2.5	0.18	249
Caffe Mocha - Oat	Tall	1074	257	12.6	9.1	30.5	23.2	5.5	2.7	0.21	171
	Grande	1391	333	15.9	11.4	40.2	30.9	7.5	3.4	0.29	177
	Venti	1603	383	17.3	12.4	48.5	37.0	8.9	4.1	0.33	259
White Chocolate Mocha - Skimmed Milk	Tall	1239	295	10.8	8.1	39.6	38.1	0.0	9.8	0.37	150
	Grande	1571	374	13.2	9.9	51.4	49.9	0.0	12.3	0.48	150
	Venti	1951	459	14.6	10.9	65.6	63.4	0.0	16.4	0.62	225
White Chocolate Mocha - Semi - skimmed Milk	Tall	1351	322	13.8	10.0	39.3	37.8	0.0	10.1	0.37	150
	Grande	1712	408	17.0	12.3	50.9	49.4	0.0	12.8	0.48	150
	Venti	2146	507	19.8	14.3	65.0	62.8	0.0	17.1	0.62	225
White Chocolate Mocha - Whole Milk	Tall	1455	347	17.1	12.2	39.1	37.6	0.0	9.4	0.37	150
	Grande	1842	440	21.1	15.0	50.7	49.2	0.0	11.9	0.48	150
	Venti	2326	551	25.4	18.1	64.7	62.4	0.0	15.8	0.62	225
White Chocolate Mocha - Soya	Tall	1282	306	13.7	8.6	36.2	34.7	0.9	9.0	0.39	150
	Grande	1625	387	16.8	10.5	47.1	45.6	1.1	11.4	0.50	150
	Venti	2025	478	19.5	11.8	59.7	57.5	1.6	15.2	0.65	225
White Chocolate Mocha - Coconut	Tall	1281	306	15.8	12.9	36.8	34.7	0.4	4.1	0.29	150
	Grande	1624	388	19.5	15.9	47.8	45.6	0.5	5.1	0.37	150
	Venti	2078	479	23.3	19.3	60.7	57.5	0.6	6.5	0.48	225
White Chocolate Mocha - Almond	Tall	1156	276	12.8	8.2	35.3	33.7	0.5	4.6	0.30	150
	Grande	1466	350	15.7	10.1	46.0	44.3	0.7	5.8	0.39	150
	Venti	1805	426	18.0	11.2	58.2	55.6	0.9	7.4	0.50	225
White Chocolate Mocha - Oat	Tall	1545	369	15.5	10.9	50.1	41.1	3.6	5.5	0.42	150
	Grande	1956	466	19.0	13.5	64.6	53.7	4.5	6.9	0.54	150
	Venti	2484	588	22.6	15.9	83.9	68.7	6.2	9.0	0.71	225
Classic Hot Chocolate - Skimmed Milk	Tall	851	203	8.4	5.8	23.9	23.1	1.6	7.2	0.22	15
	Grande	1037	247	9.9	6.8	29.9	28.8	2.1	8.6	0.27	20
	Venti	1255	299	10.4	7.1	38.3	36.9	2.5	11.8	0.36	24
Classic Hot Chocolate - Semi - skimmed Milk	Tall	978	234	11.8	8.0	23.5	22.7	1.6	7.6	0.22	15
	Grande	1188	284	14.0	9.4	29.4	28.3	2.1	9.1	0.27	20
	Venti	1464	350	16.0	10.7	37.6	36.3	2.5	12.4	0.36	24
Classic Hot Chocolate - Whole Milk	Tall	1094	262	15.4	10.4	23.3	22.5	1.6	6.8	0.22	15
	Grande	1327	318	18.3	12.3	29.2	28.1	2.1	8.1	0.27	20
	Venti	1657	397	22.0	14.7	37.3	35.9	2.5	11.1	0.36	24
Classic Hot Chocolate - Soya	Tall	900	215	11.6	6.4	20.1	19.3	2.6	6.4	0.24	15
	Grande	1095	262	13.7	7.5	25.3	24.2	3.3	7.6	0.29	20
	Venti	1335	319	15.7	8.0	32.0	30.6	4.2	10.4	0.39	24
Classic Hot Chocolate - Coconut	Tall	1022	245	13.7	10.7	25.5	24.3	5.2	2.4	0.40	21
	Grande	1255	301	16.3	12.7	32.4	30.9	6.5	2.8	0.48	27
	Venti	1539	369	19.2	15.2	41.0	39.1	8.5	3.8	0.66	34
Classic Hot Chocolate - Almond	Tall	757	181	10.6	6.0	19.1	18.1	2.2	1.4	0.14	15
	Grande	924	221	12.5	7.0	24.1	22.8	2.8	1.6	0.17	20
	Venti	1099	263	14.1	7.4	30.3	28.6	3.5	2.1	0.23	24
Classic Hot Chocolate - Oat	Tall	1131	271	13.7	9.9	31.3	25.0	6.4	2.4	0.26	21
	Grande	1385	332	16.3	11.8	39.4	31.6	7.9	2.8	0.31	27
	Venti	1719	411	19.2	13.9	50.6	40.1	10.5	3.8	0.43	34
Signature Hot Chocolate - Skimmed Milk	Tall	1036	247	9.7	6.6	30.4	29.1	0.2	9.4	0.29	0
	Grande	1309	312	11.7	7.9	39.4	37.7	0.2	12.0	0.37	0
	Venti	1546	367	12.5	8.3	48.4	46.2	0.2	15.2	0.47	0
Signature Hot Chocolate - Semi - skimmed Milk	Tall	1202	287	14.2	9.5	29.9	28.5	0.2	9.9	0.29	0
	Grande	1524	364	17.5	11.6	38.8	37.0	0.2	12.7	0.37	0
	Venti	1819	439	19.9	13.1	47.5	45.4	0.2	16.1	0.47	0
Signature Hot Chocolate - Whole Milk	Tall	1356	325	19.0	12.6	29.6	28.3	0.2	8.8	0.29	0
	Grande	1721	412	23.6	15.7	38.4	36.7	0.2	11.3	0.37	0
	Venti	2071	495	27.7	18.3	47.1	44.9	0.2	14.3	0.47	0
Signature Hot Chocolate - Soya	Tall	1100	263	13.9	7.3	25.4	24.1	1.5	8.3	0.32	0
	Grande	1391	333	17.2	8.9	33.0	31.2	1.9	10.7	0.41	0
	Venti	1650	394	19.5	9.6	40.1	38.0	2.3	13.5	0.51	0
Signature Hot Chocolate - Coconut	Tall	1127	270	16.0	12.6	26.4	15.1	4.1	3.0	0.53	0
	Grande	1427	342	19.9	15.7	34.3	32.6	5.3	3.9	0.68	0
	Venti	1695	406	23.0	18.3	41.9	39.7	6.7	4.8	0.86	0
Signature Hot Chocolate - Almond	Tall	912	218	12.6	6.8	24.1	22.5	1.0	1.7	0.19	0
	Grande	1149	275	15.5	8.2	31.3	29.2	1.2	2.1	0.24	0
	Venti	1342	321	17.3	8.7	38.0	35.4	1.5	2.6	0.29	0
Signature Hot Chocolate - Oat	Tall	1270	304	16.0	11.6	34.1	25.9	5.7	3.0	0.34	0
	Grande	1611	386	19.9	14.3	44.2	33.6	7.3	3.9	0.44	0
	Venti	1930	462	23.0	16.5	54.5	41.0	9.3	4.8	0.56	0
White Hot Chocolate - Skimmed Milk	Tall	1238	295	10.8	8.1	39.3	39.2	0.0	10.0	0.39	0
	Grande	1578	375	13.2	9.9	51.3	51.3	0.0	12.7	0.50	0
	Venti	1931	459	14.6	10.9	65.1	65.0	0.0	16.8	0.65	0
White Hot Chocolate - Semi - skimmed Milk	Tall	1364	325	14.3	10.3	38.9	38.8	0.0	10.4	0.39	0
	Grande	1737	414	17.5	12.7	50.8	50.8	0.0	13.2	0.50	0
	Venti	2147	511	20.4	14.7	64.4	64.4	0.0	17.4	0.65	0
Tall	1481	354	17.9	12.7	38.7	38.6	0.0	9.6	0.39	0	

White Hot Chocolate - Whole Milk	Grande	1884	450	22.1	15.7	50.5	50.5	0.0	12.2	0.50	0
	Venti	2347	560	26.6	18.8	64.0	64.0	0.0	16.1	0.65	0
	Tall	1287	307	14.1	8.7	35.5	35.4	1.0	9.2	0.41	0
White Hot Chocolate - Soya	Grande	1639	391	17.3	10.6	46.5	46.5	1.3	11.7	0.53	0
	Venti	2013	480	20.1	11.9	58.5	58.5	1.7	15.4	0.69	0
	Tall	1307	313	15.7	12.7	36.3	36.2	3.0	5.2	0.57	0
White Hot Chocolate - Coconut	Grande	1665	398	19.3	15.7	47.5	47.5	3.8	6.7	0.73	0
	Venti	2049	489	22.8	18.8	59.9	59.9	5.2	8.5	0.96	0
	Tall	1144	273	13.1	8.3	34.4	34.2	0.6	4.2	0.31	0
White Hot Chocolate - Almond	Grande	1459	348	16.0	10.1	45.2	45.0	0.8	5.4	0.40	0
	Venti	1769	422	18.4	11.3	56.8	56.4	1.0	6.8	0.52	0
	Tall	1416	338	15.7	11.9	42.1	36.8	4.2	5.2	0.43	0
White Hot Chocolate - Oat	Grande	1802	430	19.3	14.7	54.8	48.3	5.3	6.7	0.55	0
	Venti	2235	533	22.8	17.4	69.9	60.9	7.2	8.5	0.72	0
Teavana™ Tea											
English Breakfast Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	40
Earl Grey Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	40
Hibiscus Blend Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Emperor's Clouds & Mist Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	15
Mint Citrus Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	25
Youthberry Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	15
Chai Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	40
Jasmine Pearl Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	15
Mint Herbal Blend Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Chamomile Tea	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Matcha Tea Latte - Skimmed Milk	Tall	434	102	0.4	0.1	14.7	13.6	0.7	9.8	0.27	60
	Grande	563	133	0.5	0.1	19.0	17.4	1.1	12.6	0.35	90
	Venti	736	174	0.6	0.1	24.8	22.6	1.5	16.5	0.45	120
Matcha Tea Latte - Semi - skimmed Milk	Tall	604	144	4.9	3.0	14.1	13.0	0.7	10.3	0.27	60
	Grande	780	186	6.3	3.8	18.3	16.7	1.1	13.3	0.35	90
	Venti	1019	242	8.3	5.0	23.9	21.7	1.5	17.4	0.45	120
Matcha Tea Latte - Whole Milk	Tall	761	182	9.8	6.2	13.9	12.8	0.7	9.2	0.27	60
	Grande	981	235	12.6	8.0	18.0	16.3	1.1	11.9	0.35	90
	Venti	1281	306	16.4	10.4	23.5	21.3	1.5	15.6	0.45	120
Matcha Tea Latte - Soya	Tall	499	119	4.7	0.8	9.5	8.4	2.1	8.7	0.30	60
	Grande	646	154	6.0	1.1	12.4	10.8	2.8	11.2	0.38	90
	Venti	845	201	7.8	1.4	16.3	14.1	3.7	14.7	0.50	120
Matcha Tea Latte - Coconut	Tall	527	127	6.8	6.2	10.6	9.5	4.8	3.3	0.51	60
	Grande	682	164	8.8	8.0	13.8	12.2	6.3	4.3	0.66	90
	Venti	892	214	11.4	10.4	18.1	15.9	8.2	5.7	0.86	120
Matcha Tea Latte - Almond	Tall	307	73	3.3	0.3	8.2	6.8	1.6	1.9	0.16	60
	Grande	401	96	4.3	0.4	10.7	8.7	2.2	2.6	0.21	90
	Venti	525	125	5.6	0.5	14.0	11.4	2.8	3.4	0.27	120
Matcha Tea Latte - Oat	Tall	673	161	6.8	5.2	18.4	10.3	6.4	3.3	0.32	60
	Grande	869	208	8.8	6.6	23.8	13.2	8.4	4.3	0.41	90
	Venti	1135	272	11.4	8.6	31.1	17.2	10.9	5.7	0.54	120
Classic Chai Tea Latte - Skimmed Milk	Tall	679	160	0.2	0.0	32.9	32.8	1.8	5.7	0.18	69
	Grande	881	208	0.3	0.0	42.9	42.8	2.4	7.2	0.23	92
	Venti	1151	271	0.4	0.0	55.4	55.3	3.0	10.0	0.31	115
Classic Chai Tea Latte - Semi - skimmed Milk	Tall	780	185	3.0	1.8	32.5	32.5	1.8	6.0	0.18	69
	Grande	1009	239	3.7	2.2	42.5	42.4	2.4	7.6	0.23	92
	Venti	1329	315	5.2	3.1	54.9	54.8	3.0	10.6	0.31	115
Classic Chai Tea Latte - Whole Milk	Tall	875	208	5.9	3.7	32.4	32.3	1.8	5.4	0.18	69
	Grande	1127	268	7.4	4.7	42.3	42.2	2.4	6.8	0.23	92
	Venti	1494	355	10.3	6.5	54.6	54.5	3.0	9.4	0.31	115
Classic Chai Tea Latte - Soya	Tall	718	170	2.8	0.5	29.8	29.7	2.6	5.1	0.20	69
	Grande	930	220	3.5	0.6	39.1	39.0	3.4	6.4	0.25	92
	Venti	1219	289	4.9	0.9	50.0	49.9	4.4	8.9	0.34	115
Classic Chai Tea Latte - Coconut	Tall	734	175	4.1	3.7	30.4	30.4	4.2	1.8	0.33	69
	Grande	955	227	5.2	4.7	40.1	40.0	5.4	2.3	0.41	92
	Venti	1249	297	7.2	6.5	51.2	51.1	7.2	3.2	0.57	115
Classic Chai Tea Latte - Almond	Tall	602	143	2.0	0.2	29.0	28.7	2.3	1.0	0.11	69
	Grande	786	186	2.5	0.2	38.1	37.8	3.0	1.3	0.14	92
	Venti	1017	241	3.5	0.3	48.6	48.2	3.8	1.8	0.20	115
Classic Chai Tea Latte - Oat	Tall	822	195	4.1	3.1	35.1	30.8	5.2	1.8	0.21	69
	Grande	1065	253	5.2	3.9	46.0	40.6	6.7	2.3	0.27	92
	Venti	1402	333	7.2	5.4	59.4	51.9	8.9	3.2	0.37	115
Cold Craft											
Cold Brew	Tall	3	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	148
	Grande	4	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	207
	Venti	5	1	0.0	0.0	0.0	0.0	0.0	0.2	0.00	266
Cold Brew Latte -Skimmed Milk	Tall	247	58	0.2	0.0	8.4	8.4	0.0	5.8	0.18	139
	Grande	327	77	0.3	0.0	11.1	11.1	0.0	7.7	0.23	186
	Venti	387	91	0.3	0.0	13.0	13.0	0.0	9.1	0.28	276
Cold Brew Latte -Semi - skimmed Milk	Tall	352	83	3.0	1.8	8.0	8.0	0.0	6.1	0.18	139
	Grande	466	110	4.0	2.4	10.6	10.6	0.0	8.1	0.23	186
	Venti	551	130	4.7	2.9	12.5	12.5	0.0	9.6	0.28	276
Cold Brew Latte - Whole Milk	Tall	449	108	6.0	3.8	7.9	7.9	0.0	5.5	0.18	139
	Grande	595	142	8.0	5.1	10.4	10.4	0.0	7.2	0.23	186
	Venti	703	168	9.4	6.0	12.3	12.3	0.0	8.6	0.28	276
Cold Brew Latte - Soya	Tall	288	69	2.9	0.5	5.2	5.2	0.8	5.1	0.19	139
	Grande	381	91	3.8	0.7	6.9	6.9	1.1	6.8	0.26	186
	Venti	450	107	4.5	0.8	8.1	8.1	1.3	8.1	0.31	276
Cold Brew Latte - Coconut	Tall	305	73	4.2	3.8	5.9	5.9	2.5	1.8	0.33	139
	Grande	404	97	5.6	5.1	7.7	7.7	3.3	2.4	0.43	186
	Venti	477	115	6.6	6.0	9.1	9.1	3.9	2.8	0.52	276
Cold Brew Latte - Almond	Tall	169	40	2.0	0.2	4.3	4.2	0.5	1.0	0.11	139
	Grande	224	53	2.7	0.2	5.8	5.5	0.7	1.3	0.15	186
	Venti	265	63	3.2	0.3	6.8	6.5	0.8	1.5	0.18	276
Cold Brew Latte - Oat	Tall	395	95	4.2	3.2	10.7	6.4	3.5	1.8	0.21	139
	Grande	523	125	5.6	4.2	14.1	8.4	4.6	2.4	0.28	186
	Venti	618	148	6.6	5.0	16.7	9.9	5.5	2.8	0.33	276

Iced Cappuccino with Cold Foam - Skimmed Milk	Tall	243	57	0.1	0.0	10.9	8.9	0.0	3.3	0.10	150
	Grande	295	69	0.1	0.0	13.0	11.0	0.0	4.1	0.10	150
	Venti	396	93	0.1	0.0	17.5	14.5	0.0	5.5	0.10	225
Iced Coffee											
Iced Caffè Latte - Skimmed Milk	Tall	313	74	0.2	0.0	11.1	9.1	0.0	6.9	0.18	150
	Grande	382	90	0.2	0.0	13.5	11.5	0.0	8.5	0.23	150
	Venti	615	106	0.3	0.0	16.0	13.0	0.0	9.9	0.26	225
Iced Caffè Latte - Semi - skimmed Milk	Tall	428	102	3.3	2.0	10.7	8.8	0.0	7.3	0.18	150
	Grande	527	125	4.1	2.5	13.0	11.0	0.0	9.0	0.23	150
	Venti	766	146	4.7	2.9	15.5	12.5	0.0	10.5	0.26	225
Iced Caffè Latte - Whole Milk	Tall	534	128	6.6	4.2	10.6	8.6	0.0	6.6	0.18	150
	Grande	660	158	8.3	5.3	12.8	10.8	0.0	8.1	0.23	150
	Venti	615	183	9.4	6.0	15.2	12.3	0.0	9.4	0.26	225
Iced Caffè Latte - Soya	Tall	357	85	3.1	0.6	7.6	5.7	0.9	6.2	0.20	150
	Grande	438	104	3.9	0.7	9.1	7.1	1.2	7.6	0.25	150
	Venti	514	122	4.4	0.8	11.1	8.1	1.3	8.9	0.29	225
Iced Caffè Latte - Coconut	Tall	376	90	4.6	4.2	8.4	6.4	2.7	2.5	0.35	150
	Grande	462	111	5.7	5.3	10.0	8.0	3.5	3.0	0.44	150
	Venti	541	130	6.5	6.0	12.1	9.1	3.9	3.7	0.50	225
Iced Caffè Latte - Almond	Tall	227	54	2.2	0.2	6.7	4.6	0.6	1.6	0.11	150
	Grande	274	65	2.8	0.2	8.0	5.7	0.7	1.9	0.14	150
	Venti	328	78	3.1	0.3	9.8	6.5	0.8	2.4	0.16	225
Iced Caffè Latte - Oat	Tall	475	114	4.6	3.5	13.7	6.9	3.8	2.5	0.22	150
	Grande	586	140	5.7	4.4	16.7	8.7	4.8	3.0	0.28	150
	Venti	682	163	6.5	5.0	19.7	9.9	5.5	3.7	0.31	225
Iced Cappuccino - Skimmed Milk	Tall	338	80	0.2	0.0	12.0	10.0	0.0	7.5	0.20	150
	Grande	413	97	0.3	0.0	14.5	12.5	0.0	9.2	0.25	150
	Venti	482	113	0.3	0.0	17.1	14.1	0.0	10.7	0.28	225
Iced Cappuccino - Semi - skimmed Milk	Tall	464	110	3.6	2.2	11.6	9.6	0.0	7.9	0.20	150
	Grande	571	136	4.5	2.8	14.0	12.0	0.0	9.7	0.25	150
	Venti	659	156	5.1	3.1	16.5	13.5	0.0	11.2	0.28	225
Iced Cappuccino - Whole Milk	Tall	579	138	7.2	4.6	11.4	9.4	0.0	7.1	0.20	150
	Grande	716	171	9.0	5.8	13.8	11.8	0.0	8.7	0.25	150
	Venti	822	196	10.1	6.5	16.2	13.2	0.0	10.1	0.28	225
Iced Cappuccino - Soya	Tall	386	92	3.4	0.6	8.2	6.2	1.0	6.7	0.22	150
	Grande	474	113	4.3	0.8	9.8	7.8	1.3	8.2	0.28	150
	Venti	549	131	4.8	0.9	11.7	8.7	1.4	9.5	0.31	225
Iced Cappuccino - Coconut	Tall	407	98	5.0	4.6	9.0	7.0	3.0	2.7	0.38	150
	Grande	500	120	6.3	5.8	10.8	8.8	3.8	3.2	0.48	150
	Venti	579	139	7.0	6.5	12.8	9.9	4.2	3.9	0.54	225
Iced Cappuccino - Almond	Tall	244	58	2.4	0.2	7.2	5.0	0.6	1.7	0.12	150
	Grande	295	70	3.0	0.3	8.5	6.3	0.8	2.0	0.15	150
	Venti	349	83	3.4	0.3	10.3	7.0	0.9	2.5	0.17	225
Iced Cappuccino - Oat	Tall	515	123	5.0	3.8	14.7	7.6	4.2	2.7	0.24	150
	Grande	635	152	6.3	4.8	18.0	9.5	5.3	3.2	0.30	150
	Venti	731	175	7.0	5.4	21.0	10.7	5.9	3.9	0.34	225
Iced Caffè Americano	Tall	46	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	150
	Grande	69	16	0.0	0.0	3.0	0.0	0.0	1.1	0.00	150
	Venti	92	22	0.0	0.0	4.0	0.0	0.0	1.4	0.00	225
Iced Caffè Mocha - Skimmed Milk	Tall	961	229	10.5	7.3	25.5	22.7	1.6	7.4	0.21	165
	Grande	1264	302	14.6	10.2	32.5	29.4	2.1	9.2	0.27	170
	Venti	1415	338	15.0	10.4	38.8	34.4	2.5	10.6	0.30	249
Iced Caffè Mocha - Semi - Skimmed Milk	Tall	1076	257	13.6	9.3	25.1	22.3	1.6	7.8	0.21	165
	Grande	1409	337	18.5	12.7	32.0	28.9	2.1	9.7	0.27	170
	Venti	1579	378	19.4	13.3	38.3	33.9	2.5	11.2	0.30	249
Iced Caffè Mocha - Whole Milk	Tall	1182	283	16.9	11.5	24.9	22.1	1.6	7.1	0.21	165
	Grande	1542	370	22.6	15.5	31.8	28.7	2.1	8.8	0.27	170
	Venti	1731	415	24.1	16.4	38.0	33.6	2.5	10.1	0.30	249
Iced Caffè Mocha - Soya	Tall	1005	241	13.4	7.9	22.0	19.2	2.5	6.7	0.23	165
	Grande	1319	316	18.2	10.9	28.1	25.0	3.2	8.3	0.29	170
	Venti	1478	354	19.2	11.2	33.8	29.5	3.8	9.6	0.32	249
Iced Caffè Mocha - Coconut	Tall	1126	270	15.4	11.8	27.4	24.2	4.9	3.0	0.37	171
	Grande	1479	355	20.7	15.9	35.2	31.6	6.3	3.7	0.47	177
	Venti	1675	401	22.1	16.9	42.5	37.7	7.4	4.4	0.53	259
Iced Caffè Mocha - Almond	Tall	875	210	12.5	7.5	21.1	18.1	2.1	2.1	0.14	165
	Grande	1156	277	17.1	10.4	27.0	23.6	2.8	2.6	0.17	170
	Venti	1293	310	17.9	10.7	32.5	27.9	3.3	3.1	0.19	249
Iced Caffè Mocha - Oat	Tall	1224	293	15.4	11.1	32.7	24.8	6.0	3.0	0.24	171
	Grande	1603	384	20.7	14.9	41.8	32.3	7.7	3.7	0.31	177
	Venti	1816	435	22.1	15.9	50.1	38.4	9.0	4.4	0.35	259
Iced White Chocolate Mocha - Skimmed Milk	Tall	1280	305	12.9	9.6	38.5	36.5	0.0	8.6	0.33	150
	Grande	1697	405	17.8	13.3	50.2	48.2	0.0	10.8	0.43	150
	Venti	2027	483	19.2	14.3	63.4	60.4	0.0	14.2	0.55	225
Iced White Chocolate Mocha - Semi - skimmed Milk	Tall	1366	326	15.3	11.1	38.3	36.3	0.0	8.9	0.33	150
	Grande	1803	430	20.7	15.1	49.8	47.8	0.0	11.2	0.43	150
	Venti	2170	517	23.0	16.8	62.9	59.9	0.0	14.6	0.55	225
Iced White Chocolate Mocha - Whole Milk	Tall	1445	345	17.7	12.8	38.1	36.1	0.0	8.4	0.33	150
	Grande	1900	454	23.7	17.1	49.7	47.7	0.0	10.5	0.43	150
	Venti	2303	550	27.1	19.5	62.7	59.7	0.0	13.7	0.55	225
Iced White Chocolate Mocha - Soya	Tall	1313	313	15.1	10.0	35.9	33.9	0.7	8.1	0.35	150
	Grande	1737	415	20.5	13.8	47.0	45.0	0.8	10.2	0.45	150
	Venti	2082	497	22.8	15.0	59.0	56.0	1.1	13.3	0.57	225
Iced White Chocolate Mocha - Coconut	Tall	1327	317	16.2	12.8	36.5	34.5	2.0	5.4	0.45	150
	Grande	1755	420	21.9	17.1	47.7	45.6	2.5	6.8	0.58	150
	Venti	2106	503	24.6	19.5	60.0	56.9	3.4	8.7	0.75	225
Iced White Chocolate Mocha - Almond	Tall	1216	290	14.4	9.8	35.3	33.1	0.4	4.7	0.28	150
	Grande	1618	387	19.7	13.4	46.1	44.0	0.5	6.0	0.36	150
	Venti	1920	458	21.7	14.5	57.9	54.7	0.7	7.5	0.46	225
Iced White Chocolate Mocha - Oat	Tall	1401	335	16.2	12.2	40.4	34.9	2.9	5.4	0.36	150
	Grande	1846	441	21.9	16.5	52.5	46.2	3.5	6.8	0.46	150
	Venti	2229	532	24.6	18.6	66.6	57.6	4.8	8.7	0.59	225
Iced Caramel Macchiato - Skimmed Milk	Tall	548	129	0.9	0.5	23.3	20.8	0.0	7.0	0.20	150
	Grande	697	164	1.0	0.5	30.3	27.8	0.0	8.6	0.25	150
	Venti	845	199	1.0	0.5	37.5	33.9	0.0	10.0	0.28	225
Iced Caramel Macchiato - Semi - skimmed Milk	Tall	663	157	4.0	2.5	22.9	20.5	0.0	7.3	0.20	150
	Grande	841	199	4.9	3.0	29.8	27.3	0.0	9.1	0.25	150
	Venti	1009	239	5.4	3.3	37.0	33.4	0.0	10.5	0.28	225
Iced Caramel Macchiato - Whole Milk	Tall	769	183	7.3	4.7	22.7	20.3	0.0	6.6	0.20	150
	Grande	975	232	9.0	5.7	29.6	27.1	0.0	8.1	0.25	150
	Venti	1160	276	10.1	6.5	36.7	33.1	0.0	9.5	0.28	225
Iced Caramel Macchiato - Soya	Tall	592	141	3.8	1.0	19.8	17.4	0.9	6.3	0.22	150
	Grande	752	178	4.6	1.2	25.9	23.4	1.2	7.7	0.27	150
	Venti	908	215	5.2	1.2	32.6	28.9	1.3	9.0	0.31	225
Iced Caramel Macchiato - Coconut	Tall	603	144	5.3	4.7	20.1	17.7	2.7	2.6	0.37	150
	Grande	764	182	6.5	5.7	26.2	23.7	3.5	3.1	0.46	150
	Venti	919	219	7.2	6.5	32.7	29.1	3.9	3.7	0.52	225
Iced Caramel Macchiato - Almond	Tall	462	110	2.9	0.6	18.9	16.3	0.6	1.7	0.13	150
	Grande	589	140	3.5	0.7	24.8	22.0	0.7	1.9	0.16	150
	Venti	722	171	3.9	0.7	31.3	27.4	0.8	2.4	0.18	

Iced Matcha Tea - Skimmed milk	Tall	306	72	0.3	0.0	10.3	9.2	0.7	6.8	0.18	60
	Grande	394	93	0.4	0.1	13.2	11.6	1.1	8.7	0.23	90
	Venti	459	108	0.4	0.1	15.4	13.2	1.5	10.0	0.26	120
Iced Matcha Tea - Semi -skimmed milk	Tall	421	100	3.4	2.0	9.9	8.8	0.7	7.1	0.18	60
	Grande	539	128	4.3	2.6	12.8	11.1	1.1	9.1	0.23	90
	Venti	623	148	4.9	2.9	14.8	12.7	1.5	10.5	0.26	120
Iced Matcha Tea - Whole milk	Tall	527	126	6.7	4.2	9.7	8.6	0.7	6.4	0.18	60
	Grande	672	161	8.4	5.3	12.5	10.9	1.1	8.2	0.23	90
	Venti	774	185	9.6	6.0	14.6	12.4	1.5	9.5	0.26	120
Iced Matcha Tea - Soya	Tall	350	83	3.2	0.6	6.8	5.7	1.7	6.1	0.20	60
	Grande	450	107	4.0	0.7	8.9	7.2	2.3	7.8	0.25	90
	Venti	522	124	4.6	0.8	10.4	8.2	2.8	9.0	0.29	120
Iced Matcha Tea - Coconut	Tall	369	89	4.7	4.2	7.5	6.5	3.5	2.4	0.35	60
	Grande	473	114	5.9	5.3	9.8	8.1	4.6	3.2	0.44	90
	Venti	549	132	6.7	6.0	11.4	9.3	5.4	3.8	0.50	120
Iced Matcha Tea - Almond	Tall	220	53	2.3	0.2	5.9	4.6	1.3	1.5	0.11	60
	Grande	286	68	2.9	0.3	7.7	5.8	1.8	2.0	0.14	90
	Venti	336	80	3.3	0.3	9.1	6.7	2.3	2.5	0.16	120
Iced Matcha Tea - Oat	Tall	467	112	4.7	3.5	12.8	7.0	4.6	2.4	0.22	60
	Grande	598	143	5.9	4.4	16.4	8.8	5.9	3.2	0.28	90
	Venti	690	165	6.7	5.0	19.0	10.0	7.0	3.8	0.31	120
Iced Chai Tea Latte - Skimmed milk	Tall	420	99	0.2	0.0	19.2	19.2	0.9	4.7	0.14	34
	Grande	540	127	0.2	0.0	24.9	24.9	1.2	5.9	0.18	46
	Venti	702	165	0.3	0.0	32.0	32.0	1.5	7.9	0.24	57
Iced Chai Tea Latte - Semi -skimmed milk	Tall	506	120	2.5	1.5	18.9	18.9	0.9	5.0	0.14	34
	Grande	646	153	3.1	1.9	24.6	24.5	1.2	6.2	0.18	46
	Venti	846	200	4.2	2.5	31.6	31.5	1.5	8.4	0.24	57
Iced Chai Tea Latte - Whole milk	Tall	585	139	4.9	3.1	18.8	18.8	0.9	4.5	0.14	34
	Grande	744	177	6.1	3.9	24.4	24.4	1.2	5.5	0.18	46
	Venti	978	233	8.3	5.3	31.4	31.3	1.5	7.5	0.24	57
Iced Chai Tea Latte - Soya	Tall	453	107	2.4	0.4	16.6	16.6	1.6	4.2	0.16	34
	Grande	581	138	2.9	0.5	21.7	21.7	2.0	5.2	0.20	46
	Venti	757	180	3.9	0.7	27.7	27.7	2.6	7.0	0.27	57
Iced Chai Tea Latte - Coconut	Tall	467	111	3.4	3.1	17.2	17.1	2.9	1.5	0.27	34
	Grande	598	143	4.3	3.9	22.4	22.3	3.7	1.8	0.33	46
	Venti	781	186	5.8	5.3	28.6	28.6	4.9	2.5	0.45	57
Iced Chai Tea Latte - Almond	Tall	356	84	1.7	0.1	15.9	15.8	1.3	0.8	0.09	34
	Grande	461	109	2.1	0.2	20.9	20.7	1.7	1.0	0.11	46
	Venti	595	141	2.8	0.2	26.6	26.3	2.2	1.3	0.15	57
Iced Chai Tea Latte - Oat	Tall	541	129	3.4	2.6	21.1	17.5	3.8	1.5	0.17	34
	Grande	689	164	4.3	3.2	27.3	22.8	4.7	1.8	0.21	46
	Venti	904	215	5.8	4.3	35.2	29.2	6.3	2.5	0.29	57
Iced Teavana™ Tea											
Iced Shaken Black Tea Lemonade	Tall	147	35	0.1	0.0	8.3	8.3	0.1	0.1	0.0	20
	Grande	196	46	0.1	0.0	11.1	11.1	0.1	0.1	0.0	25
	Venti	240	56	0.2	0.0	13.6	13.6	0.2	0.2	0.0	35
Iced Shaken Green Tea Lemonade	Tall	147	35	0.1	0.0	8.3	8.3	0.1	0.1	0.0	20
	Grande	196	46	0.1	0.0	11.1	11.1	0.1	0.1	0.0	25
	Venti	240	56	0.2	0.0	13.6	13.6	0.2	0.2	0.0	35
Iced Shaken Hibiscus Infusion Lemonade	Tall	147	35	0.1	0.0	8.3	8.3	0.1	0.1	0.0	0.0
	Grande	196	46	0.1	0.0	11.1	11.1	0.1	0.1	0.0	0.0
	Venti	240	56	0.2	0.0	13.6	13.6	0.2	0.2	0.0	0.0
Iced Shaken Hibiscus Infusion	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Frappuccino®											
Coffee Frappuccino® - Skimmed Milk	Tall	828	197	9.1	6.5	25.7	25.4	0.0	3.2	0.38	65
	Grande	1142	272	12.7	9.1	35.5	35.2	0.0	4.0	0.52	92
	Venti	1281	305	12.7	9.1	43.4	42.9	0.0	4.3	0.63	116
Coffee Frappuccino® - Semi -skimmed Milk	Tall	878	210	10.4	7.4	25.5	25.3	0.0	3.4	0.38	65
	Grande	1203	287	14.4	10.2	35.3	35.0	0.0	4.2	0.52	92
	Venti	1348	322	14.5	10.3	43.2	42.7	0.0	4.5	0.63	116
Coffee Frappuccino® - Whole Milk	Tall	924	221	11.9	8.3	25.4	25.2	0.0	3.1	0.38	65
	Grande	1259	301	16.1	11.3	35.2	34.9	0.0	3.8	0.52	92
	Venti	1410	337	16.5	11.6	43.1	42.6	0.0	4.1	0.63	116
Coffee Frappuccino® - Soya	Tall	847	202	10.4	6.7	24.2	23.9	0.4	2.9	0.39	65
	Grande	1165	278	14.3	9.4	33.7	33.3	0.5	3.6	0.53	92
	Venti	1307	312	14.4	9.4	41.4	40.9	0.5	3.9	0.64	116
Coffee Frappuccino® - Coconut	Tall	855	205	11.0	8.3	24.5	24.2	1.2	1.3	0.45	65
	Grande	1175	281	15.0	11.3	34.1	33.7	1.5	1.7	0.60	92
	Venti	1318	315	15.3	11.6	41.8	41.3	1.6	1.8	0.73	116
Coffee Frappuccino® - Almond	Tall	790	189	10.0	6.6	23.8	23.4	0.2	0.9	0.35	65
	Grande	1096	262	13.8	9.2	33.2	32.7	0.3	1.2	0.48	92
	Venti	1231	294	13.9	9.2	40.8	40.3	0.3	1.2	0.59	116
Coffee Frappuccino® - Oat	Tall	898	215	11.0	8.0	26.8	24.5	1.7	1.3	0.39	65
	Grande	1228	294	15.0	10.9	36.9	34.0	2.0	1.7	0.54	92
	Venti	1376	328	15.3	11.1	44.9	41.6	2.2	1.8	0.65	116
Caramel Frappuccino® - Skimmed Milk	Tall	1074	256	10.7	7.5	36.6	35.6	0.0	3.3	0.43	64
	Grande	1477	352	14.8	10.4	50.5	49.2	0.0	4.1	0.58	91
	Venti	1722	410	15.4	10.8	63.1	61.4	0.0	4.5	0.72	117
Caramel Frappuccino® - Semi -skimmed Milk	Tall	1124	268	12.0	8.4	36.5	35.5	0.0	3.5	0.43	64
	Grande	1537	367	16.4	11.5	50.3	49.0	0.0	4.3	0.58	91
	Venti	1789	426	17.3	12.0	62.9	61.1	0.0	4.8	0.72	117
Caramel Frappuccino® - Whole Milk	Tall	1170	279	13.5	9.3	36.4	35.4	0.0	3.2	0.43	64
	Grande	1593	380	18.2	12.6	50.3	48.9	0.0	3.9	0.58	91
	Venti	1851	441	19.2	13.3	62.8	61.0	0.0	4.3	0.72	117
Caramel Frappuccino® - Soya	Tall	1093	261	12.0	7.7	35.1	34.1	0.4	3.0	0.43	64
	Grande	1500	358	16.3	10.7	48.7	47.3	0.5	3.8	0.59	91
	Venti	1748	416	17.2	11.1	61.1	59.3	0.5	4.1	0.73	117
Caramel Frappuccino® - Coconut	Tall	1102	263	12.6	9.3	35.5	34.4	1.2	1.4	0.50	64
	Grande	1510	360	17.1	12.6	49.1	47.7	1.5	1.8	0.67	91
	Venti	1759	419	18.0	13.3	61.5	59.8	1.6	2.0	0.82	117
Caramel Frappuccino® - Almond	Tall	1037	248	11.6	7.6	34.7	33.6	0.2	1.0	0.39	64
	Grande	1431	341	15.9	10.5	48.2	46.7	0.3	1.3	0.54	91
	Venti	1672	398	16.6	10.9	60.6	58.7	0.3	1.4	0.68	117
Caramel Frappuccino® - Oat	Tall	1144	273	12.6	9.0	37.7	34.7	1.7	1.4	0.44	64
	Grande	1562	373	17.1	12.2	51.9	48.0	2.0	1.8	0.60	91
	Venti	1817	433	18.0	12.8	64.6	60.1	2.2	2.0	0.74	117
Mocha Frappuccino® - Skimmed Milk	Tall	879	210	9.4	6.7	27.9	27.4	0.4	3.1	0.36	66
	Grande	1197	286	13.2	9.4	37.7	37.0	0.6	3.8	0.48	91
	Venti	1401	334	13.4	9.5	48.7	47.8	0.8	4.2	0.62	121
Mocha Frappuccino® - Semi -skimmed Milk	Tall	927	221	10.7	7.6	27.7	27.3	0.4	3.2	0.36	66
	Grande	1254	299	14.7	10.4	37.5	36.9	0.6	3.9	0.48	91
	Venti	1467	350	15.2	10.7	48.5	47.6	0.8	4.5	0.62	121
Mocha Frappuccino® - Whole Milk	Tall	971	232	12.1	8.5	27.6	27.2	0.4	2.9	0.36	66
	Grande	1306	312	16.3	11.5	37.4	36.8	0.6	3.6	0.48	91
	Venti	1527	364	17.0	11.9	48.4	47.5	0.8	4.0	0.62	121
Mocha Frappuccino® - Soya	Tall	897	214	10.7	7.0	26.4	26.0	0.8	2.8	0.37	66
	Grande	1219	291	14.6	9.7	36.0	35.3	1.0	3.4	0.49	91
	Venti	1426	340	15.1	9.8	46.7	45.8	1.3	3.8	0.63	121
Mocha Frappuccino® - Coconut	Tall	910	218	11.3	8.5	26.8	26.0	2.0	1.3	0.32	66
	Grande	1234	295	15.4	11.5	36.4	35.4	2.5	1.6	0.44	91

	Venti	1444	345	15.9	11.9	47.2	45.9	3.0	1.7	0.57	121
Mocha Frappuccino® - Almond	Tall	843	202	10.3	6.8	26.1	25.5	0.7	0.9	0.33	66
	Grande	1155	276	14.2	9.5	35.5	34.8	0.9	1.2	0.45	91
	Venti	1352	323	14.5	9.6	46.2	45.2	1.1	1.2	0.58	121
Mocha Frappuccino® - Oat	Tall	976	233	11.4	8.3	30.3	27.8	2.2	1.3	0.38	67
	Grande	1318	315	15.6	11.2	40.8	37.7	2.7	1.6	0.50	93
	Venti	1549	370	16.2	11.7	52.7	48.9	3.3	1.7	0.64	124
Espresso Frappuccino® - Skimmed Milk	Tall	416	98	0.1	0.0	21.6	20.8	0.0	2.7	0.32	105
	Grande	591	139	0.1	0.0	31.2	30.3	0.0	3.3	0.46	133
	Venti	724	170	0.1	0.0	38.7	37.7	0.0	3.6	0.57	154
Espresso Frappuccino® - Semi- skimmed Milk	Tall	461	109	1.3	0.8	21.5	20.7	0.0	2.8	0.32	105
	Grande	649	153	1.7	1.0	31.1	30.1	0.0	3.5	0.46	133
	Venti	787	186	1.8	1.1	38.5	37.5	0.0	3.8	0.57	154
Espresso Frappuccino® - Whole Milk	Tall	502	119	2.5	1.6	21.4	20.6	0.0	2.5	0.32	105
	Grande	702	166	3.3	2.1	31.0	30.0	0.0	3.2	0.46	133
	Venti	845	200	3.6	2.3	38.4	37.4	0.0	3.4	0.57	154
Espresso Frappuccino® - Soya	Tall	433	102	1.2	0.2	20.3	19.5	0.4	2.4	0.33	105
	Grande	613	145	1.6	0.3	29.5	28.6	0.5	3.0	0.47	133
	Venti	748	177	1.7	0.3	36.3	35.8	0.5	3.2	0.58	154
Espresso Frappuccino® - Coconut	Tall	440	104	1.8	1.6	20.6	19.8	1.1	0.9	0.38	105
	Grande	623	147	2.3	2.1	29.9	29.0	1.4	1.1	0.54	133
	Venti	758	179	2.5	2.3	37.2	36.2	1.5	1.2	0.66	154
Espresso Frappuccino® - Almond	Tall	382	90	0.9	0.1	19.9	19.0	0.2	0.6	0.29	105
	Grande	549	129	1.1	0.1	29.1	28.0	0.3	0.7	0.42	133
	Venti	676	160	1.2	0.1	36.3	35.2	0.3	0.7	0.53	154
Espresso Frappuccino® - Oat	Tall	479	113	1.8	1.4	22.6	20.0	1.5	0.9	0.33	105
	Grande	672	159	2.3	1.7	32.5	29.2	1.9	1.1	0.48	133
	Venti	813	192	2.5	1.9	40.1	36.5	2.1	1.2	0.59	154
Java Chip Frappuccino® - Skimmed Milk	Tall	1105	264	12.3	9.0	34.1	32.8	1.1	3.5	0.44	68
	Grande	1538	367	17.3	12.7	47.5	45.8	1.6	4.5	0.61	96
	Venti	1786	426	18.6	13.7	58.7	56.5	1.9	5.0	0.76	122
Java Chip Frappuccino® - Semi- skimmed Milk	Tall	1154	276	13.6	9.9	33.9	32.7	1.1	3.7	0.44	68
	Grande	1597	382	18.9	13.7	47.4	46.5	1.6	4.7	0.61	96
	Venti	1852	442	20.3	14.8	58.5	56.3	1.9	5.2	0.76	122
Java Chip Frappuccino® - Whole Milk	Tall	1198	286	15.0	10.8	33.9	32.6	1.1	3.4	0.44	68
	Grande	1652	395	20.6	14.9	47.3	45.5	1.6	4.3	0.61	96
	Venti	1912	457	22.2	16.1	58.4	56.2	1.9	4.8	0.76	122
Java Chip Frappuccino® - Soya	Tall	1124	269	13.6	9.3	32.6	31.4	1.5	3.2	0.45	68
	Grande	1561	373	18.8	13.0	45.8	44.0	2.0	4.2	0.62	96
	Venti	1812	432	20.2	14.0	56.8	54.5	2.5	4.6	0.77	122
Java Chip Frappuccino® - Almond	Tall	1069	256	13.2	9.1	32.3	30.9	1.3	1.3	0.41	68
	Grande	1494	357	18.4	12.8	45.3	43.4	1.8	1.8	0.57	96
	Venti	1737	415	19.7	13.8	56.2	53.9	2.3	2.0	0.71	122
Java Chip Frappuccino® - Coconut	Tall	1162	278	14.3	10.9	34.3	33.0	2.4	1.7	0.51	69
	Grande	1614	386	19.8	15.0	48.1	46.2	3.2	2.3	0.70	99
	Venti	1878	449	21.3	16.2	59.7	57.3	3.8	2.5	0.85	126
Java Chip Frappuccino® - Oat	Tall	1204	288	14.3	10.6	36.6	33.2	2.9	1.7	0.45	69
	Grande	1665	398	19.8	14.6	50.8	46.5	3.8	2.3	0.63	99
	Venti	1934	462	21.3	15.8	62.7	57.6	4.5	2.5	0.78	126
White Chocolate Mocha Frappuccino® - Skimmed Milk	Tall	927	221	9.8	7.1	29.7	29.4	0.0	3.6	0.39	62
	Grande	1317	314	13.9	10.1	42.4	42.1	0.0	4.7	0.54	86
	Venti	1459	347	13.9	10.1	50.5	50.1	0.0	5.1	0.66	112
White Chocolate Mocha Frappuccino® - Semi-Skimmed Milk	Tall	975	233	11.1	7.9	29.5	29.3	0.0	3.8	0.39	62
	Grande	1374	328	15.5	11.1	42.3	41.9	0.0	4.9	0.54	86
	Venti	1524	363	15.7	11.2	50.3	49.9	0.0	5.3	0.66	112
White Chocolate Mocha Frappuccino® - Whole Milk	Tall	1020	244	12.4	8.8	29.5	29.2	0.0	3.5	0.39	62
	Grande	1427	341	17.1	12.2	42.8	41.8	0.0	4.5	0.54	86
	Venti	1583	378	17.5	12.4	50.2	49.8	0.0	4.9	0.66	112
White Chocolate Mocha Frappuccino® - Soya	Tall	945	226	11.0	7.3	28.2	28.0	0.4	3.3	0.40	62
	Grande	1339	320	15.4	10.4	40.7	40.4	0.5	4.3	0.55	86
	Venti	1484	354	15.6	10.4	48.6	48.1	0.5	4.6	0.67	112
White Chocolate Mocha Frappuccino® - Coconut	Tall	953	228	11.6	8.8	28.5	28.3	1.2	1.8	0.46	62
	Grande	1348	322	16.1	12.2	41.1	40.7	1.4	2.5	0.63	86
	Venti	1495	357	16.4	12.4	49.0	48.5	1.5	2.6	0.76	112
White Chocolate Mocha Frappuccino® - Almond	Tall	891	213	10.6	7.1	27.8	27.5	0.2	1.4	0.36	62
	Grande	1274	304	14.9	10.2	40.3	39.8	0.3	2.1	0.51	86
	Venti	1411	337	15.0	10.2	48.1	47.5	0.3	2.1	0.62	112
White Chocolate Mocha Frappuccino® - Oat	Tall	995	238	11.6	8.5	30.8	28.5	1.6	1.8	0.41	62
	Grande	1397	334	16.1	11.8	43.7	41.0	1.9	2.5	0.56	86
	Venti	1550	370	16.4	12.0	51.9	48.8	2.2	2.6	0.68	112
Double Chocolatey Chip Cream Frappuccino® - Skimmed Milk	Tall	1076	257	12.5	9.1	31.1	29.6	1.2	4.5	0.48	5
	Grande	1484	355	17.4	12.8	42.8	40.7	1.6	5.9	0.66	7
	Venti	1791	427	19.1	14.1	55.7	52.9	2.1	7.1	0.86	9
Double Chocolatey Chip Cream Frappuccino® - Semi-skimmed Milk	Tall	1142	273	14.3	10.3	30.9	29.4	1.2	4.7	0.48	5
	Grande	1568	375	19.7	14.2	42.5	40.4	1.6	6.1	0.66	7
	Venti	1893	452	21.9	15.8	55.4	52.5	2.1	7.4	0.86	9
Double Chocolatey Chip Cream Frappuccino® - Whole Milk	Tall	1204	288	16.2	11.5	30.8	29.3	1.2	4.3	0.48	5
	Grande	1645	394	22.1	15.8	42.4	40.3	1.6	5.6	0.66	7
	Venti	1988	475	24.8	17.8	55.2	52.4	2.1	6.8	0.86	9
Double Chocolatey Chip Cream Frappuccino® - Soya	Tall	1076	257	12.5	9.1	31.1	29.6	1.2	4.5	0.48	5
	Grande	1484	355	17.4	12.8	42.8	40.7	1.6	5.9	0.66	7
	Venti	1791	427	19.1	14.1	55.7	52.9	2.1	7.1	0.86	9
Double Chocolatey Chip Cream Frappuccino® - Coconut	Tall	1144	274	15.2	11.6	31.0	29.3	2.9	2.0	0.57	7
	Grande	1575	377	20.9	16.0	42.8	40.5	3.8	2.7	0.78	10
	Venti	1908	456	23.3	18.0	56.0	53.0	4.9	3.2	1.01	13
Double Chocolatey Chip Cream Frappuccino® - Almond	Tall	1027	246	13.6	9.2	28.6	27.0	1.5	1.5	0.43	5
	Grande	1422	340	18.9	12.9	39.6	37.3	2.0	2.0	0.60	7
	Venti	1714	410	20.9	14.2	51.8	48.8	2.6	2.4	0.80	9
Double Chocolatey Chip Cream Frappuccino® - Oat	Tall	1201	287	15.2	11.2	34.0	29.7	3.5	2.0	0.50	7
	Grande	1647	394	20.9	15.4	46.7	40.9	4.6	2.7	0.68	10
	Venti	1996	477	23.3	17.3	60.7	53.5	5.9	3.2	0.89	13
Strawberries & Cream Frappuccino® - Skimmed Milk	Tall	964	229	9.2	6.5	32.5	31.1	0.3	4.0	0.38	0
	Grande	1318	314	12.8	9.1	44.3	42.3	0.5	5.1	0.52	0
	Venti	1529	364	12.9	9.1	55.8	53.2	0.6	5.9	0.65	0
Strawberries & Cream Frappuccino® - Semi- skimmed Milk	Tall	1026	245	10.9	7.6	32.3	30.9	0.3	4.2	0.38	0
	Grande	1394	333	14.9	10.4	44.1	42.0	0.5	5.3	0.52	0
	Venti	1619	386	15.3	10.7	55.5	52.9	0.6	6.1	0.65	0
Strawberries & Cream Frappuccino® - Whole Milk	Tall	1083	259	12.6	8.8	32.2	30.8	0.3	3.8	0.38	0
	Grande	1465	350	17.1	11.9	43.9	41.9	0.5	4.8	0.52	0
	Venti	1702	406	17.9	12.4	55.4	52.8	0.6	5.6	0.65	0
	Tall	987	236	10.8	6.8	30.7	29.2	0.8	3.6	0.39	0

Strawberries & Cream Frappuccino® - Soya	Grande	1347	321	14.8	9.5	42.0	40.0	1.1	4.6	0.53	0
	Venti	1564	373	15.2	9.5	53.1	50.5	1.3	5.3	0.66	0
Strawberries & Cream Frappuccino® - Coconut	Tall	998	238	11.6	8.8	31.1	29.6	1.8	1.7	0.47	0
	Grande	1360	325	15.8	11.9	42.5	40.4	2.3	2.1	0.63	0
Strawberries & Cream Frappuccino® - Almond	Venti	1579	377	16.3	12.4	53.7	51.0	2.7	2.4	0.77	0
	Tall	917	219	10.3	6.6	30.2	28.6	0.6	1.2	0.34	0
Strawberries & Cream Frappuccino® - Oat	Grande	1260	301	14.2	9.2	41.2	39.2	0.8	1.5	0.47	0
	Venti	1462	348	14.5	9.2	52.4	49.6	1.0	1.7	0.59	0
Caramel Cream Frappuccino® - Skimmed Milk	Tall	1051	251	11.6	8.4	33.9	29.9	2.4	1.7	0.40	0
	Grande	1426	340	15.8	11.4	46.0	40.8	3.0	2.1	0.54	0
Caramel Cream Frappuccino® - Semi-skimmed Milk	Venti	1656	395	16.3	11.8	57.8	51.5	3.6	2.4	0.67	0
	Tall	1027	245	10.7	7.5	32.9	31.7	0.0	4.2	0.45	0
Caramel Cream Frappuccino® - Whole Milk	Grande	1387	331	14.8	10.4	44.1	42.4	0.0	5.3	0.60	0
	Venti	1656	394	15.5	10.8	57.4	55.1	0.0	6.3	0.79	0
Caramel Cream Frappuccino® - Soya	Tall	1094	261	12.5	8.7	32.7	31.4	0.0	4.4	0.45	0
	Grande	1469	351	17.0	11.8	43.8	42.1	0.0	5.6	0.60	0
Caramel Cream Frappuccino® - Coconut	Venti	1756	419	18.2	12.6	57.1	54.8	0.0	6.6	0.79	0
	Tall	1156	276	14.4	9.9	32.6	31.3	0.0	4.0	0.45	0
Caramel Cream Frappuccino® - Almond	Grande	1545	369	19.4	13.4	43.7	42.0	0.0	5.0	0.60	0
	Venti	1849	441	21.1	14.5	56.9	54.7	0.0	6.0	0.79	0
Caramel Cream Frappuccino® - Oat	Tall	1053	251	12.4	7.8	30.9	29.6	0.5	3.8	0.46	0
	Grande	1419	339	16.9	10.8	41.6	39.9	0.7	4.8	0.62	0
Caramel Cream Frappuccino® - Soya	Venti	1694	404	18.0	11.3	54.4	52.1	0.8	5.7	0.80	0
	Tall	1039	248	12.7	9.5	31.2	29.9	1.6	1.7	0.55	0
Caramel Cream Frappuccino® - Coconut	Grande	1357	324	16.2	12.1	41.7	40.0	2.0	2.1	0.72	0
	Venti	1642	392	17.7	13.3	54.6	52.4	2.4	2.4	0.93	0
Caramel Cream Frappuccino® - Almond	Tall	978	234	11.9	7.6	30.4	29.0	0.3	1.2	0.41	0
	Grande	1326	317	16.2	10.5	41.0	39.1	0.4	1.5	0.55	0
Caramel Cream Frappuccino® - Oat	Venti	1581	377	17.2	11.0	53.6	51.2	0.5	1.7	0.72	0
	Tall	1097	262	12.7	9.1	34.3	30.2	2.2	1.7	0.47	0
Chocolate Cream Frappuccino® - Skimmed Milk	Grande	1427	341	16.2	11.6	45.5	40.4	2.7	2.1	0.63	0
	Venti	1729	412	17.7	12.7	59.2	52.9	3.4	2.4	0.82	0
Chocolate Cream Frappuccino® - Semi-skimmed Milk	Tall	854	204	9.6	6.8	25.2	24.5	0.6	4.0	0.39	5
	Grande	1184	283	13.4	9.5	35.1	34.0	0.7	5.2	0.54	7
Chocolate Cream Frappuccino® - Whole Milk	Venti	1361	324	13.6	9.6	44.1	42.7	0.9	6.0	0.69	9
	Tall	919	220	11.3	7.9	25.0	24.3	0.6	4.2	0.39	5
Chocolate Cream Frappuccino® - Soya	Grande	1267	303	15.6	10.9	34.8	33.7	0.7	5.4	0.54	7
	Venti	1459	348	16.2	11.3	43.8	42.4	0.9	6.3	0.69	9
Chocolate Cream Frappuccino® - Coconut	Tall	978	234	13.1	9.1	24.9	24.2	0.6	3.8	0.39	5
	Grande	1343	321	18.0	12.5	34.7	33.6	0.7	4.9	0.54	7
Chocolate Cream Frappuccino® - Almond	Venti	1550	370	19.0	13.2	43.6	42.3	0.9	5.7	0.69	9
	Tall	879	210	11.2	7.1	23.3	22.5	1.1	3.6	0.40	5
Chocolate Cream Frappuccino® - Oat	Grande	1216	291	15.5	9.9	32.6	31.5	1.4	4.6	0.56	7
	Venti	1398	334	16.1	10.1	41.1	39.8	1.7	5.4	0.71	9
White Chocolate Cream Frappuccino® - Skimmed	Tall	920	220	12.2	9.2	25.1	24.2	2.3	1.5	0.48	7
	Grande	1273	305	16.7	12.6	35.1	33.9	3.0	2.0	0.66	10
White Chocolate Cream Frappuccino® - Semi-skimmed	Venti	1473	352	17.6	13.4	44.4	42.8	3.6	2.3	0.83	12
	Tall	806	193	10.7	6.9	22.8	21.9	0.9	1.0	0.35	5
White Chocolate Cream Frappuccino® - Whole Milk	Grande	1122	269	14.8	9.6	31.9	30.7	1.1	1.4	0.49	7
	Venti	1287	308	15.3	9.7	40.3	38.8	1.4	1.5	0.63	9
White Chocolate Cream Frappuccino® - Soya	Tall	976	233	12.2	8.8	28.0	24.5	2.9	1.5	0.41	7
	Grande	1344	322	16.7	12.1	38.9	34.3	3.8	2.0	0.57	10
White Chocolate Cream Frappuccino® - Coconut	Venti	1557	372	17.6	12.7	48.9	43.3	4.6	2.3	0.72	12
	Tall	890	212	9.8	7.1	26.5	26.0	0.0	4.6	0.43	0
White Chocolate Cream Frappuccino® - Almond	Grande	1267	302	14.0	10.2	38.1	37.4	0.0	6.0	0.59	0
	Venti	1411	336	14.0	10.2	45.6	44.7	0.0	6.9	0.74	0
White Chocolate Cream Frappuccino® - Oat	Tall	956	228	11.6	8.2	26.2	25.8	0.0	4.8	0.43	0
	Grande	1349	322	16.2	11.6	37.8	37.2	0.0	6.3	0.59	0
White Chocolate Cream Frappuccino® - Soya	Venti	1508	360	16.7	11.8	45.3	44.4	0.0	7.2	0.74	0
	Tall	1016	243	13.5	9.5	26.1	25.7	0.0	4.4	0.43	0
White Chocolate Cream Frappuccino® - Coconut	Grande	1424	340	18.5	13.1	37.7	37.0	0.0	5.8	0.59	0
	Venti	1598	382	19.4	13.7	45.1	44.3	0.0	6.6	0.74	0
White Chocolate Cream Frappuccino® - Almond	Tall	915	219	11.5	7.4	24.5	24.0	0.5	4.2	0.44	0
	Grande	1298	310	16.1	10.5	35.6	35.0	0.7	5.5	0.60	0
White Chocolate Cream Frappuccino® - Oat	Venti	1448	346	16.5	10.6	42.7	41.8	0.8	6.3	0.75	0
	Tall	926	222	12.3	9.5	24.9	24.4	1.6	2.1	0.52	0
White Chocolate Cream Frappuccino® - Soya	Grande	1312	314	17.1	13.1	36.1	35.5	1.9	2.9	0.71	0
	Venti	1464	350	17.7	13.7	43.3	42.4	2.3	3.2	0.88	0
White Chocolate Cream Frappuccino® - Coconut	Tall	840	201	11.0	7.2	23.9	23.4	0.3	1.5	0.39	0
	Grande	1207	288	15.4	10.3	35.0	34.2	0.4	2.3	0.54	0
White Chocolate Cream Frappuccino® - Almond	Venti	1338	320	15.7	10.3	41.9	40.9	0.5	2.4	0.68	0
	Tall	983	235	12.3	9.1	27.9	24.7	2.2	2.1	0.45	0
White Chocolate Cream Frappuccino® - Oat	Grande	1382	330	17.1	12.6	39.9	35.9	2.7	2.9	0.62	0
	Venti	1548	370	17.7	13.1	47.8	42.9	3.3	3.2	0.77	0
Cookie & Cream Frappuccino® - Skimmed Milk	Tall	1133	270	12.4	8.5	33.8	28.7	0.5	5.5	0.57	0
	Grande	1598	381	17.4	11.9	48.3	41.2	0.8	7.5	0.82	0
Cookie & Cream Frappuccino® - Semi-skimmed Milk	Venti	1920	457	18.9	12.8	62.3	52.9	1.0	9.1	1.06	0
	Tall	1204	288	14.4	9.7	33.6	28.5	0.5	5.8	0.57	0
Cookie & Cream Frappuccino® - Whole Milk	Grande	1694	405	20.0	13.6	48.0	40.9	0.8	7.8	0.82	0
	Venti	2035	485	22.0	14.8	61.9	52.6	1.0	9.5	1.06	0
Cookie & Cream Frappuccino® - Soya	Tall	1270	304	16.4	11.1	33.4	28.4	0.5	5.3	0.57	0
	Grande	1782	426	22.7	15.4	47.9	40.8	0.8	7.2	0.82	0
Cookie & Cream Frappuccino® - Coconut	Venti	2142	511	25.3	17.0	61.7	52.4	1.0	8.7	1.06	0
	Tall	1160	277	14.3	8.8	31.6	26.6	1.1	5.1	0.58	0
Cookie & Cream Frappuccino® - Almond	Grande	1635	391	19.8	12.3	45.5	38.4	1.5	6.9	0.84	0
	Venti	1964	469	21.8	13.3	58.8	49.4	1.9	8.4	1.08	0
Cookie & Cream Frappuccino® - Oat	Tall	1172	281	15.2	11.1	32.1	27.0	2.2	2.8	0.67	0
	Grande	1651	395	21.0	15.4	46.1	39.0	3.0	3.9	0.96	0
Matcha Tea Cream Frappuccino® - Skimmed Milk	Venti	1983	474	23.3	17.0	59.5	50.2	3.7	4.7	1.23	0
	Tall	1080	258	13.7	8.6	31.1	25.9	0.9	2.3	0.53	0
Matcha Tea Cream Frappuccino® - Semi-skimmed Milk	Grande	1527	365	19.1	12.0	44.7	37.5	1.2	3.1	0.76	0
	Venti	1834	438	20.9	13.0	57.9	48.3	1.5	3.8	0.99	0
Matcha Tea Cream Frappuccino® - Whole Milk	Tall	1234	295	15.2	10.7	35.4	27.3	2.9	2.8	0.59	0
	Grande	1733	414	21.0	14.8	50.5	39.4	3.9	3.9	0.85	0
Matcha Tea Cream Frappuccino® - Soya	Venti	2082	497	23.3	16.2	64.8	50.7	4.8	4.7	1.10	0
	Tall	891	212	9.2	6.5	27.3	25.7	0.7	4.7	0.41	57
Matcha Tea Cream Frappuccino® - Coconut	Grande	1249	298	12.9	9.1	38.8	36.4	1.0	6.3	0.57	83
	Venti	1397	333	12.9	9.2	46.5	43.6	1.3	7.0	0.69	103
Matcha Tea Cream Frappuccino® - Almond	Tall	958	229	11.0	7.7	27.1	25.5	0.7	4.9	0.41	57
	Grande	1337	319	15.2	10.7	38.5	36.1	1.0	6.5	0.57	83
Matcha Tea Cream Frappuccino® - Oat	Venti	1496	357	15.6	10.9	46.2	43.3	1.3	7.3	0.69	103
	Tall	1021	244	13.0	9.0	27.0	25.4	0.7	4.5	0.41	57
Matcha Tea Cream Frappuccino® - Soya	Grande	1419	339	17.8	12.4	38.3	36.0	1.0	6.0	0.57	83
	Venti	1587	379	18.4	12.7	46.0	43.1	1.3	6.7	0.69	103
Matcha Tea Cream Frappuccino® - Coconut	Tall	917									

Matcha Tea Cream Frappuccino - Coconut	Grande	1298	310	16.2	12.4	36.7	34.3	3.1	2.9	0.70	83
	Venti	1451	347	16.7	12.7	44.1	41.2	3.6	3.3	0.83	103
Matcha Tea Cream Frappuccino® - Almond	Tall	840	201	10.4	6.6	24.8	23.0	1.0	1.6	0.36	57
	Grande	1183	283	14.4	9.3	35.4	32.9	1.5	2.2	0.52	83
Matcha Tea Cream Frappuccino® - Oat	Venti	1324	316	14.6	9.3	42.7	39.7	1.8	2.5	0.63	103
	Tall	986	236	11.8	8.6	28.9	24.4	3.0	2.1	0.43	57
Chai Tea Cream Frappuccino® - Skimmed Milk	Grande	1373	328	16.2	11.8	40.7	34.7	4.0	2.9	0.60	83
	Venti	1536	367	16.7	12.1	48.7	41.7	4.6	3.3	0.72	103
Chai Tea Cream Frappuccino® - Semi-skimmed Milk	Tall	878	209	9.1	6.5	27.6	27.2	0.5	3.9	0.38	20
	Grande	1209	288	12.8	9.1	38.0	37.4	0.7	5.0	0.52	28
Chai Tea Cream Frappuccino® - Whole Milk	Venti	1422	339	12.8	9.1	49.4	48.5	1.0	6.0	0.68	38
	Tall	940	225	10.8	7.6	27.4	27.0	0.5	4.1	0.38	20
Chai Tea Cream Frappuccino® - Soya	Grande	1288	307	14.9	10.5	37.8	37.1	0.7	5.3	0.52	28
	Venti	1518	362	15.4	10.8	49.1	48.2	1.0	6.3	0.68	38
Chai Tea Cream Frappuccino® - Coconut	Tall	998	239	12.6	8.8	27.3	26.9	0.5	3.7	0.38	20
	Grande	1360	325	17.1	12.0	37.7	37.0	0.7	4.8	0.52	28
Chai Tea Cream Frappuccino® - Almond	Venti	1606	383	18.1	12.6	49.0	48.1	1.0	5.7	0.68	38
	Tall	905	215	10.7	6.8	25.7	25.3	1.0	3.5	0.39	20
Chai Tea Cream Frappuccino® - Oat	Grande	1239	296	14.7	9.5	35.7	35.0	1.4	4.5	0.53	28
	Venti	1459	348	15.2	9.6	46.5	45.6	1.8	5.4	0.69	38
Chai Tea Cream Frappuccino® - Soya	Tall	912	218	11.5	8.8	26.1	25.7	2.0	1.6	0.47	20
	Grande	1252	300	15.7	12.0	36.2	35.5	2.6	2.0	0.63	28
Chai Tea Cream Frappuccino® - Coconut	Venti	1475	352	16.4	12.6	47.1	46.3	3.3	2.3	0.81	38
	Tall	831	199	10.2	6.6	25.2	24.7	0.8	1.1	0.34	20
Chai Tea Cream Frappuccino® - Almond	Grande	1151	275	14.1	9.2	35.0	34.3	1.1	1.4	0.47	28
	Venti	1351	322	14.5	9.3	45.8	44.7	1.4	1.6	0.62	38
Chai Tea Cream Frappuccino® - Oat	Tall	966	231	11.5	8.4	29.0	26.0	2.6	1.6	0.40	20
	Grande	1320	315	15.7	11.5	39.8	35.9	3.4	2.0	0.55	28
Venti	1557	372	16.4	12.0	51.5	46.7	4.2	2.3	0.71	38	
Holiday Promotion											
Toffee Nut Latte - Skimmed Milk	Tall	695	166	7.1	5.0	16.7	15.1	0.0	8.8	0.27	113
	Grande	900	214	8.3	5.8	22.4	20.8	0.0	12.6	0.39	113
	Venti	1044	248	8.4	5.8	27.4	25.1	0.0	15.8	0.47	169
Toffee Nut Latte - Semi Skimmed Milk	Tall	841	201	11.0	7.5	16.2	14.6	0.0	9.3	0.27	113
	Grande	1115	266	14.1	9.5	21.7	20.1	0.0	13.3	0.39	113
	Venti	1313	313	15.6	10.4	26.6	24.3	0.0	16.7	0.47	169
Toffee Nut Latte - Whole Milk	Tall	976	234	15.2	10.3	16.0	14.4	0.0	8.4	0.27	113
	Grande	1313	315	20.2	13.6	21.3	19.8	0.0	11.9	0.39	113
	Venti	1561	374	23.3	15.6	26.1	23.9	0.0	14.9	0.47	169
Toffee Nut Latte - Soya	Tall	751	180	10.8	5.6	12.2	10.7	1.2	7.9	0.30	113
	Grande	982	235	13.7	6.7	15.9	14.3	1.7	11.2	0.42	113
	Venti	1147	275	15.2	7.0	19.3	17.0	2.1	14.1	0.51	169
Toffee Nut Latte - Coconut	Tall	775	186	12.7	10.3	13.2	11.6	3.5	3.3	0.48	113
	Grande	1018	245	16.5	13.6	17.3	15.7	5.1	4.4	0.69	113
	Venti	1191	287	18.6	15.6	21.0	18.7	6.4	5.5	0.86	169
Toffee Nut Latte - Almond	Tall	586	141	9.6	5.2	11.1	9.3	0.7	2.1	0.18	113
	Grande	740	178	12.0	6.1	14.2	12.3	1.0	2.7	0.25	113
	Venti	843	202	13.1	6.2	17.2	14.4	1.3	3.4	0.30	169
Toffee Nut Latte - Oat	Tall	901	216	12.7	9.4	19.9	12.3	4.9	3.3	0.32	113
	Grande	1203	289	16.5	12.2	27.2	16.7	7.2	4.4	0.45	113
	Venti	1423	341	18.6	13.9	33.4	20.0	9.0	5.5	0.56	169
Iced Toffee Nut Latte - Skimmed Milk	Tall	793	189	7.0	5.0	24.2	22.2	0.0	7.1	0.44	113
	Grande	968	230	8.2	5.7	30.4	28.2	0.0	8.8	0.57	113
	Venti	1092	259	8.2	5.8	36.3	33.2	0.0	10.1	0.68	169
Iced Toffee Nut Latte - Semi Skimmed Milk	Tall	908	217	10.1	7.0	23.9	21.9	0.0	7.5	0.44	113
	Grande	1113	265	12.1	8.3	30.0	27.8	0.0	9.3	0.57	113
	Venti	1256	299	12.6	8.6	35.8	32.6	0.0	10.7	0.68	169
Iced Toffee Nut Latte - Whole Milk	Tall	1014	243	13.4	9.1	23.7	21.7	0.0	6.8	0.44	113
	Grande	1246	298	16.2	11.0	29.7	27.5	0.0	8.3	0.57	113
	Venti	1407	336	17.3	11.7	35.5	32.4	0.0	9.6	0.68	169
Iced Toffee Nut Latte - Soya	Tall	837	200	9.9	5.5	20.8	18.8	0.9	6.4	0.46	113
	Grande	1024	244	11.8	6.4	26.1	23.9	1.2	7.9	0.59	113
	Venti	1154	275	12.4	6.5	31.3	28.2	1.3	9.1	0.70	169
Iced Toffee Nut Latte - Coconut	Tall	856	205	11.4	9.1	21.5	19.5	2.7	2.8	0.61	113
	Grande	1047	251	13.7	11.0	27.0	24.8	3.5	3.3	0.78	113
	Venti	1182	283	14.4	11.7	32.4	29.3	3.9	3.9	0.91	169
Iced Toffee Nut Latte - Almond	Tall	708	169	9.0	5.1	19.9	17.7	0.6	1.8	0.37	113
	Grande	860	206	10.7	6.0	24.9	22.5	0.7	2.1	0.48	113
	Venti	969	231	11.1	6.0	30.0	26.6	0.8	2.6	0.57	169
Iced Toffee Nut Latte - Oat	Tall	955	228	11.4	8.4	26.8	20.0	3.8	2.8	0.48	113
	Grande	1172	280	13.7	10.1	33.6	25.5	4.8	3.3	0.61	113
	Venti	1323	316	14.4	10.7	39.9	30.0	5.5	3.9	0.73	169
Toffee Nut Crème Frappuccino® - Skimmed Milk	Tall	856	204	9.1	6.5	26.5	25.8	0.0	4.1	0.49	0
	Grande	1177	281	12.7	9.1	36.3	35.3	0.0	5.2	0.68	0
	Venti	1326	316	12.8	9.1	44.3	43.1	0.0	6.0	0.84	0
Toffee Nut Crème Frappuccino® - Semi Skimmed Milk	Tall	922	220	10.9	7.7	26.3	25.6	0.0	4.3	0.49	0
	Grande	1261	301	15.0	10.6	36.0	35.1	0.0	5.5	0.68	0
	Venti	1423	339	15.4	10.8	44.0	42.8	0.0	6.3	0.84	0
Toffee Nut Crème Frappuccino® - Whole Milk	Tall	983	235	12.8	8.9	26.2	25.5	0.0	3.9	0.49	0
	Grande	1339	320	17.4	12.2	35.9	34.9	0.0	5.0	0.68	0
	Venti	1513	361	18.2	12.7	43.9	42.7	0.0	5.6	0.84	0
Toffee Nut Crème Frappuccino® - Soya	Tall	882	211	10.8	6.8	24.5	23.8	0.5	3.7	0.50	0
	Grande	1209	289	14.9	9.5	33.7	32.8	0.7	4.7	0.69	0
	Venti	1364	325	15.2	9.6	41.4	40.2	0.8	5.3	0.85	0
Toffee Nut Crème Frappuccino® - Coconut	Tall	893	214	11.6	8.9	24.9	24.2	1.6	1.6	0.59	0
	Grande	1223	293	15.9	12.2	34.3	33.3	2.0	2.0	0.80	0
	Venti	1380	330	16.5	12.7	42.0	40.8	2.3	2.3	0.97	0
Toffee Nut Crème Frappuccino® - Almond	Tall	807	193	10.3	6.6	24.0	23.2	0.3	1.0	0.45	0
	Grande	1114	266	14.2	9.2	33.1	32.0	0.4	1.4	0.62	0
	Venti	1254	299	14.5	9.3	40.6	39.3	0.5	1.5	0.77	0
Toffee Nut Crème Frappuccino® - Oat	Tall	949	227	11.6	8.5	28.0	24.6	2.2	1.6	0.51	0
	Grande	1295	310	15.9	11.6	38.2	33.7	2.8	2.0	0.70	0
	Venti	1463	349	16.5	12.0	46.5	41.3	3.2	2.3	0.87	0
Toffee Nut Coffee Frappuccino® - Skimmed Milk	Tall	908	216	9.1	6.5	30.5	30.0	0.0	3.2	0.47	64
	Grande	1251	298	12.7	9.1	41.9	41.3	0.0	4.0	0.64	91
	Venti	1421	338	12.7	9.1	51.5	50.8	0.0	4.3	0.79	117
Toffee Nut Coffee Frappuccino® - Semi Skimmed Milk	Tall	958	228	10.4	7.4	30.3	29.9	0.0	3.4	0.47	64
	Grande	1311	313	14.4	10.2	41.7	41.1	0.0	4.2	0.64	91
	Venti	1488	354	14.5	10.3	51.3	50.6	0.0	4.6	0.79	117
Toffee Nut Coffee Frappuccino® - Whole Milk	Tall	1004	240	11.9	8.3	30.2	29.8	0.0	3.0	0.47	64
	Grande	1367	326	16.1	11.3	41.6	41.0	0.0	3.8	0.64	91
	Venti	1550	369	16.5	11.6	51.2	50.4	0.0	4.1	0.79	117
Toffee Nut Coffee Frappuccino® - Soya	Tall	927	221	10.4	6.7	29.0	28.5	0.4	2.9	0.47	64
	Grande	1274	304	14.3	9.4	40.1	39.5	0.5	3.6	0.65	91
	Venti	1446	345	14.4	9.4	49.5	48.7	0.5	3.9	0.80	117
Toffee Nut Coffee Frappuccino® - Coconut	Tall	935	223	11.0	8.3	29.3	28.8	1.2	1.3	0.54	64
	Grande	1284	307	15.0	11.3	40.5	39.9	1.5	1.7	0.73</	

	Venti	1515	361	15.3	11.1	53.0	49.5	2.2	1.8	0.81	117
Gingerbread Latte - Skimmed Milk	Tall	845	201	6.2	4.3	27.8	25.5	0.0	8.5	0.28	113
	Grande	1110	263	7.2	5.0	37.4	34.8	0.0	12.2	0.40	113
	Venti	1317	312	7.3	5.0	46.2	42.7	0.0	15.4	0.49	169
Gingerbread Latte - Semi Skimmed Milk	Tall	992	236	10.1	6.8	27.4	25.0	0.0	9.0	0.28	113
	Grande	1325	315	13.0	8.7	36.7	34.2	0.0	12.9	0.40	113
	Venti	1586	377	14.6	9.7	45.3	41.9	0.0	16.3	0.49	169
Gingerbread Latte - Whole Milk	Tall	1127	269	14.3	9.6	27.2	24.8	0.0	8.0	0.28	113
	Grande	1523	364	19.1	12.8	36.4	33.8	0.0	11.5	0.40	113
	Venti	1834	438	22.3	14.8	44.9	41.4	0.0	14.6	0.49	169
Gingerbread Latte - Soya	Tall	901	215	9.9	5.0	23.4	21.0	1.2	7.6	0.30	113
	Grande	1192	284	12.7	6.0	30.9	28.4	1.7	10.8	0.43	113
	Venti	1420	338	14.1	6.2	38.1	34.6	2.2	13.7	0.53	169
Gingerbread Latte - Coconut	Tall	926	222	11.7	9.6	24.4	22.0	3.5	2.9	0.49	113
	Grande	1228	294	15.4	12.8	32.3	29.7	5.1	4.0	0.70	113
	Venti	1464	350	17.6	14.8	39.8	36.3	6.4	5.1	0.87	169
Gingerbread Latte - Almond	Tall	736	176	8.7	4.5	22.3	19.6	0.7	1.8	0.19	113
	Grande	949	227	11.0	5.3	29.2	26.3	1.0	2.3	0.26	113
	Venti	1116	266	12.0	5.4	35.9	32.0	1.3	3.0	0.32	169
Gingerbread Latte - Oat	Tall	1051	251	11.7	8.7	31.1	22.7	4.9	2.9	0.33	113
	Grande	1412	338	15.4	11.4	42.2	30.8	7.2	4.0	0.47	113
	Venti	1696	405	17.6	13.1	52.2	37.6	9.0	5.1	0.58	169
Iced Gingerbread Latte - Skimmed Milk	Tall	772	184	6.1	4.3	25.4	23.0	0.0	6.8	0.23	113
	Grande	946	225	7.1	5.0	31.8	29.3	0.0	8.4	0.29	113
	Venti	1072	254	7.1	5.0	37.9	34.4	0.0	9.7	0.32	169
Iced Gingerbread Latte - Semi Skimmed Milk	Tall	887	211	9.2	6.3	25.0	22.6	0.0	7.2	0.23	113
	Grande	1091	260	11.0	7.5	31.4	28.8	0.0	8.9	0.29	113
	Venti	1237	294	11.6	7.8	37.3	33.9	0.0	10.3	0.32	169
Iced Gingerbread Latte - Whole Milk	Tall	993	237	12.5	8.5	24.8	22.4	0.0	6.4	0.23	113
	Grande	1224	292	15.1	10.2	31.1	28.6	0.0	7.9	0.29	113
	Venti	1338	331	16.3	11.0	37.1	33.6	0.0	9.2	0.32	169
Iced Gingerbread Latte - Soya	Tall	816	195	9.0	4.8	21.9	19.5	0.9	6.1	0.25	113
	Grande	1002	239	10.8	5.6	27.5	24.9	1.2	7.5	0.31	113
	Venti	1135	271	11.3	5.7	32.9	29.4	1.3	8.7	0.35	169
Iced Gingerbread Latte - Coconut	Tall	835	200	10.5	8.5	22.6	20.2	2.8	2.4	0.39	113
	Grande	1025	245	12.6	10.2	28.4	25.8	3.5	2.9	0.49	113
	Venti	1162	278	13.4	11.0	34.0	30.5	3.9	3.5	0.56	169
Iced Gingerbread Latte - Almond	Tall	687	164	8.1	4.5	21.0	18.4	0.6	1.5	0.16	113
	Grande	838	200	9.6	5.2	26.3	23.5	0.7	1.7	0.19	113
	Venti	950	227	10.0	5.2	31.6	27.9	0.8	2.2	0.22	169
Iced Gingerbread Latte - Oat	Tall	934	223	10.5	7.7	27.9	20.8	3.9	2.4	0.27	113
	Grande	1150	275	12.6	9.3	35.1	26.5	4.8	2.9	0.33	113
	Venti	1304	311	13.4	9.9	41.5	31.2	5.5	3.5	0.38	169
Gingerbread Coffee Frappuccino® - Skimmed Milk	Tall	874	208	7.9	5.6	31.5	30.7	0.0	2.7	0.39	64
	Grande	1204	287	11.0	7.9	43.5	42.5	0.0	3.3	0.54	91
	Venti	1375	327	11.0	7.9	53.2	52.0	0.0	3.7	0.66	117
Gingerbread Coffee Frappuccino® - Semi Skimmed Milk	Tall	923	220	9.2	6.5	31.4	30.5	0.0	2.9	0.39	64
	Grande	1265	301	12.7	8.9	43.4	42.3	0.0	3.5	0.54	91
	Venti	1442	343	12.8	9.1	53.0	51.8	0.0	3.9	0.66	117
Gingerbread Coffee Frappuccino® - Whole Milk	Tall	969	231	10.6	7.4	31.3	30.5	0.0	2.6	0.39	64
	Grande	1321	315	14.4	10.1	43.3	42.2	0.0	3.1	0.54	91
	Venti	1505	358	14.8	10.3	52.9	51.7	0.0	3.5	0.66	117
Gingerbread Coffee Frappuccino® - Soya	Tall	893	213	9.1	5.9	30.0	29.2	0.4	2.4	0.40	64
	Grande	1228	293	12.6	8.2	41.7	40.7	0.5	3.0	0.55	91
	Venti	1401	333	12.7	8.2	51.2	50.0	0.6	3.3	0.67	117
Gingerbread Coffee Frappuccino® - Coconut	Tall	901	215	9.8	7.4	30.3	29.5	1.2	0.8	0.47	64
	Grande	1238	295	13.3	10.1	42.1	41.1	1.5	1.0	0.63	91
	Venti	1412	336	13.6	10.3	51.6	50.4	1.6	1.1	0.76	117
Gingerbread Coffee Frappuccino® - Almond	Tall	837	199	8.7	5.7	29.6	28.7	0.3	0.5	0.36	64
	Grande	1159	276	12.1	8.0	41.2	40.1	0.3	0.5	0.50	91
	Venti	1325	315	12.2	8.0	50.7	49.4	0.3	0.6	0.62	117
Gingerbread Coffee Frappuccino® - Oat	Tall	944	225	9.8	7.1	32.6	29.7	1.7	0.8	0.41	64
	Grande	1290	308	13.3	9.7	44.9	41.4	2.0	1.0	0.56	91
	Venti	1470	350	13.6	9.9	54.7	50.8	2.3	1.1	0.68	117
Gingerbread Crème Frappuccino® - Skimmed Milk	Tall	822	196	7.9	5.6	27.5	26.5	0.0	3.6	0.42	0
	Grande	1131	269	11.0	7.9	37.9	36.6	0.0	4.6	0.57	0
	Venti	1281	305	11.1	7.9	46.0	44.4	0.0	5.3	0.70	0
Gingerbread Crème Frappuccino® - Semi Skimmed Milk	Tall	888	212	9.7	6.8	27.3	26.3	0.0	3.8	0.42	0
	Grande	1215	290	13.3	9.3	37.6	36.3	0.0	4.9	0.57	0
	Venti	1378	328	13.7	9.6	45.7	44.1	0.0	5.6	0.70	0
Gingerbread Crème Frappuccino® - Whole Milk	Tall	949	227	11.6	8.0	27.2	26.2	0.0	3.4	0.42	0
	Grande	1292	309	15.7	10.9	37.5	36.2	0.0	4.3	0.57	0
	Venti	1468	350	16.5	11.4	45.5	44.0	0.0	5.0	0.70	0
Gingerbread Crème Frappuccino® - Soya	Tall	847	202	9.6	5.9	25.6	24.5	0.5	3.2	0.43	0
	Grande	1163	278	13.2	8.3	35.4	34.0	0.7	4.1	0.59	0
	Venti	1318	314	13.5	8.3	43.1	41.5	0.8	4.7	0.72	0
Gingerbread Crème Frappuccino® - Coconut	Tall	858	205	10.4	8.0	26.0	24.9	1.6	1.1	0.51	0
	Grande	1177	281	14.2	10.9	35.9	34.6	2.0	1.4	0.69	0
	Venti	1334	319	14.8	11.4	43.7	42.1	2.3	1.6	0.84	0
Gingerbread Crème Frappuccino® - Almond	Tall	773	184	9.1	5.7	25.0	23.9	0.3	0.6	0.38	0
	Grande	1068	255	12.5	8.0	34.7	33.2	0.4	0.7	0.52	0
	Venti	1209	288	12.8	8.0	42.3	40.6	0.5	0.8	0.64	0
Gingerbread Crème Frappuccino® - Oat	Tall	915	219	10.4	7.6	29.0	25.2	2.2	1.1	0.44	0
	Grande	1249	298	14.2	10.4	39.8	35.0	2.8	1.4	0.60	0
	Venti	1418	338	14.8	10.8	48.2	42.6	3.3	1.6	0.73	0
Caramel Waffle Latte - Skimmed milk	Tall	971	231	7.2	4.4	31.8	29.2	0.0	9.6	0.30	113
	Grande	1201	285	8.3	5.1	40.3	37.7	0.0	12.2	0.38	113
	Venti	1435	340	8.4	5.1	50.3	46.8	0.0	15.8	0.48	169
Caramel Waffle Latte - Semi-skimmed milk	Tall	1138	271	11.7	7.3	31.3	28.7	0.0	10.1	0.30	113
	Grande	1415	337	14.1	8.8	39.7	37.0	0.0	12.9	0.38	113
	Venti	1711	407	15.9	9.8	49.5	45.9	0.0	16.7	0.48	169
Caramel Waffle Latte - Whole milk	Tall	1291	309	16.5	10.5	31.0	28.5	0.0	9.1	0.30	113
	Grande	1613	386	20.2	12.9	39.3	36.6	0.0	11.5	0.38	113
	Venti	1965	469	23.7	15.1	49.0	45.5	0.0	14.9	0.48	169
Caramel Waffle Latte - Soya	Tall	1035	247	11.4	5.2	26.8	24.2	1.4	8.5	0.33	113
	Grande	1283	306	13.8	6.0	33.9	31.2	1.7	10.9	0.41	113
	Venti	1541	367	15.4	6.3	42.0	38.5	2.2	14.0	0.52	169
Caramel Waffle Latte - Coconut	Tall	1063	254	13.6	10.5	27.9	25.3	4.0	3.3	0.54	113
	Grande	1318	316	16.5	12.9	35.2	32.5	5.2	4.0	0.69	113
	Venti	1586	380	18.9	15.1	43.8	40.2	6.6	5.3	0.87	169
Caramel Waffle Latte - Almond	Tall	847	202	10.1	4.7	25.2	22.6	0.8	1.9	0.19	113
	Grande	1040	248	12.1	5.4	32.2	29.1	1.1	2.3	0.24	113
	Venti	1229	293	13.2	5.5	39.8	35.8	1.4	3.1	0.30	169
Caramel Waffle Latte - Oat	Tall	1205	288	13.6	9.4	35.5	26.1	5.6	3.3	0.35	113
	Grande	1503	359	16.5	11.5	45.1	33.6	7.2	4.0	0.45	113
	Venti	1823	436	18.9	13.4	56.5	41.5	9.2	5.3	0.56	169
Caramel Waffle Coffee Frappuccino® - Skimmed milk	Tall	945	225	9.1	5.7	33.1	31.9	0.0	2.8	0.40	65
	Grande	1291	307	12.4	7.8	45.5	44.2	0.0	3.4	0.54	92
	Venti	1472	350	12.5	7.8	55.8	54.3	0.0	3.7	0.65	116
Caramel Waffle Coffee Frappuccino® - Semi-skimmed milk	Tall	995	237	10.4	6.5	32.9	31.8	0.0	3.0	0.40	65
	Grande	1352	322	14.1	8.8	45.3	44.0	0.0	3.6	0.54	92

	Venti	1539	366	14.3	8.9	55.6	54.1	0.0	3.9	0.65	116
Caramel Waffle Coffee Frappuccino® - Whole milk	Tall	1041	249	11.9	7.5	32.8	31.7	0.0	2.6	0.40	65
	Grande	1408	336	15.8	10.0	45.2	43.9	0.0	3.2	0.54	92
	Venti	1601	381	16.2	10.2	55.5	54.0	0.0	3.5	0.65	116
Caramel Waffle Coffee Frappuccino® - Soya	Tall	964	230	10.3	5.9	31.5	30.4	0.4	2.5	0.41	65
	Grande	1314	313	14.0	8.1	43.6	42.3	0.5	3.0	0.55	92
	Venti	1498	357	14.2	8.1	53.8	52.3	0.6	3.3	0.66	116
Caramel Waffle Coffee Frappuccino® - Coconut	Tall	972	232	11.0	7.5	31.9	30.7	1.2	0.9	0.47	65
	Grande	1324	316	14.8	10.0	44.0	42.7	1.5	1.1	0.63	92
	Venti	1509	360	15.0	10.2	54.2	52.7	1.6	1.2	0.75	116
Caramel Waffle Coffee Frappuccino® - Almond	Tall	907	216	9.9	5.7	31.1	29.9	0.3	0.5	0.37	65
	Grande	1245	297	13.5	7.9	43.1	41.7	0.3	0.6	0.50	92
	Venti	1422	339	13.6	7.9	53.2	51.7	0.4	0.6	0.61	116
Caramel Waffle Coffee Frappuccino® - Oat	Tall	1016	242	11.0	7.2	34.2	31.0	1.7	0.9	0.41	65
	Grande	1376	328	14.8	9.6	46.8	43.0	2.1	0.6	0.56	92
	Venti	1566	373	15.0	9.8	57.3	53.1	2.3	1.2	0.67	116
Caramel Waffle Crème Frappuccino® - Skimmed milk	Tall	854	204	9.1	5.7	27.7	26.4	0.0	2.8	0.40	0
	Grande	1162	277	12.4	7.8	37.9	36.3	0.0	3.4	0.54	0
	Venti	1309	312	12.4	7.8	46.2	44.4	0.0	3.7	0.65	0
Caramel Waffle Crème Frappuccino® - Semi- skimmed milk	Tall	904	216	10.4	6.5	27.6	26.2	0.0	3.0	0.40	0
	Grande	1223	292	14.1	8.8	37.7	36.1	0.0	3.6	0.54	0
	Venti	1376	328	14.2	8.9	46.0	44.2	0.0	3.9	0.65	0
Caramel Waffle Crème Frappuccino® - Whole milk	Tall	951	227	11.8	7.5	27.5	26.1	0.0	2.6	0.40	0
	Grande	1279	306	15.8	10.0	37.6	36.0	0.0	3.2	0.54	0
	Venti	1438	343	16.2	10.2	45.9	44.1	0.0	3.5	0.65	0
Caramel Waffle Crème Frappuccino® - Soya	Tall	873	209	10.3	5.9	26.2	24.9	0.4	2.5	0.40	0
	Grande	1185	283	14.0	8.1	36.1	34.5	0.5	3.0	0.55	0
	Venti	1335	318	14.1	8.1	44.2	42.4	0.6	3.3	0.66	0
Caramel Waffle Crème Frappuccino® - Coconut	Tall	882	211	11.0	7.5	26.5	25.2	1.2	0.9	0.47	0
	Grande	1196	286	14.8	10.0	36.5	34.9	1.5	1.1	0.62	0
	Venti	1346	321	15.0	10.2	44.6	42.8	1.6	1.2	0.74	0
Caramel Waffle Crème Frappuccino® - Almond	Tall	816	195	9.9	5.7	25.8	24.4	0.3	0.5	0.36	0
	Grande	1117	267	13.5	7.9	35.6	33.6	0.3	0.6	0.50	0
	Venti	1259	300	13.6	7.9	43.7	41.7	0.4	0.6	0.61	0
Caramel Waffle Crème Frappuccino® - Oat	Tall	925	221	11.0	7.2	28.9	25.4	1.7	0.9	0.41	0
	Grande	1248	298	14.8	9.6	39.3	35.1	2.1	1.1	0.55	0
	Venti	1404	335	15.0	9.8	47.7	43.1	2.3	1.2	0.67	0
Fudge Brownie Hot Chocolate - Skimmed Milk	Tall	1122	266	7.4	4.5	42.4	41.1	1.4	6.9	0.35	1
	Grande	1379	327	8.6	5.2	53.4	51.9	1.8	8.3	0.42	2
	Venti	1599	379	8.9	5.4	64.1	62.4	2.2	9.6	0.42	2
Fudge Brownie Hot Chocolate - Semi- skimmed Milk	Tall	1248	297	10.8	6.7	42.0	40.7	1.4	7.3	0.35	1
	Grande	1531	364	12.7	7.8	52.9	51.4	1.8	8.8	0.42	2
	Venti	1774	422	13.6	8.4	63.6	61.9	2.2	10.1	0.50	2
Fudge Brownie Hot Chocolate - Whole Milk	Tall	1365	326	14.4	9.1	41.8	40.5	1.4	6.5	0.35	1
	Grande	1670	398	17.0	10.7	52.7	51.2	1.8	7.8	0.42	2
	Venti	1935	461	18.6	11.8	63.3	61.6	2.2	9.0	0.50	2
Fudge Brownie Hot Chocolate - Soya	Tall	1170	279	10.6	5.1	38.5	37.3	2.5	6.1	0.37	1
	Grande	1437	342	12.4	5.9	48.8	47.4	3.0	7.3	0.45	2
	Venti	1666	396	13.4	6.2	58.8	57.1	3.6	8.4	0.53	2
Fudge Brownie Hot Chocolate - Coconut	Tall	1191	284	12.2	9.1	39.3	38.1	4.5	2.1	0.53	1
	Grande	1462	349	14.3	10.7	49.8	48.3	5.4	2.5	0.64	2
	Venti	1695	4	15.6	11.8	59.9	58.2	6.3	2.9	0.75	2
Fudge Brownie Hot Chocolate - Almond	Tall	1028	245	9.6	4.7	37.5	36.1	2.0	1.1	0.27	1
	Grande	1267	302	11.2	5.4	47.6	45.9	2.5	1.3	0.33	2
	Venti	1468	349	12.0	5.6	57.4	55.5	3.0	1.5	0.39	2
Fudge Brownie Hot Chocolate - Oat	Tall	1300	310	12.2	8.3	45.2	38.7	5.7	2.1	0.39	1
	Grande	1592	380	14.3	9.7	56.7	49.0	6.9	2.5	0.47	2
	Venti	1845	440	15.6	10.6	68.0	59.1	8.0	2.9	0.55	2