

Product Name	Celery	Cereals containing gluten	Wheat	Rye	Barley	Oat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur dioxide and sulphites	Brazil	Hazelnut	Walnut	Cashew	Pecan	Pistachio	Macadamia	Almonds	Ingredients	Suitable for vegetarians	Suitable for vegans
<b>Bakery</b>																												
Butter Croissant		Yes	Yes					Yes			Yes															Wheat Flour, Fine Butter (23%) (MILK), Water, Yeast, Sugar, Eggs, Salt, Wheat Gluten, Flour Treatment Agents (Alpha-amylases, Hemicellulases, Ascorbic Acid).	Yes	
Chocolate Twist		Yes	Yes					Yes			Yes					Yes										Water, Wheat Flour, Chocolate Chips (16%) (Sugar, Cocoa Mass, Cocoa Butter, Fat Reduced Cocoa, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Butter (MILK), Sugar, Yeast, Modified Starch, Eggs, Salt, Whey Powder (MILK), Wheat Gluten, Skimmed Milk Powder, Stabilisers (Calcium Acetate, Tetrasodium Diphosphate, Disodium Phosphate), Natural Flavouring, Colour: Carotenes, Flour Treatment Agent: Ascorbic Acid, Ascorbic Acid, Natural Colours (Carrot Extract, Turmeric Extract, Paprika Extract), Natural Flavouring.	Yes	
Pain au Chocolate		Yes	Yes					Yes			Yes					Yes										WHEAT Flour, Butter (MILK) 21%, Water, Chocolate 9% (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Yeast, Sugar, EGGS, Salt, WHEAT Gluten, Flour Treatment Agents (Alpha-Amylases, Hemicellulases, Ascorbic Acid).	Yes	
Fruit toast		Yes	Yes					Yes			Yes				Yes											Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sultanas (7%), Cranberry (7%), Currants (7%), Vegetable Oil (Palm, Rapeseed), Sugar, Invert Sugar Syrup, Dried Whole Cow's Milk Powder, Salt, Fresh Whole Hen Egg, Yeast, Orange Peel, Glucose Syrup, Emulsifiers (Sodium Stearyl-2-Lactylate, Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Esters of Mono- and Di-Glycerides of Fatty Acids), Antioxidant (Tocopherol-Rich Extract), Flavouring, Flour Treatment Agent (Ascorbic Acid), Acidulity Regulators (Citric Acid, Sorbic Acid).	Yes	
Cinnamon Swirl	Yes	Yes	Yes					Yes			Yes					Yes										Fortified wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), water, sugar, free range pasteurised whole egg, sultanas (5%), palm stearin, rapeseed oil, yeast, ground cinnamon, dextrose, invert sugar, emulsifiers: mono and diglycerides of fatty acids, mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids, sodium stearyl-2-lactylate, sorbitan monoesterate, WHEAT starch, skimmed MILK powder, salt, orange zest, raising agents: monocalcium phosphate, disodium phosphate, sodium bicarbonate, natural flavouring, colour: carotenes, flour treatment agent: ascorbic acid, glucose syrup, whey protein concentrate (MILK), cream frache powder (MILK), acidity regulators: citric acid, acetic acid, potassium hydroxide; stabilisers: agar, locust bean gum, xanthan gum, sunflower oil, WHEAT flour, skimmed MILK powder, orange concentrate, natural flavouring, butter (MILK), gelling agent: pectin.	Yes	
Sea Salted Caramel Pecan Swirl	Yes	Yes	Yes					Yes			Yes										Yes					Fortified wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), salted caramel icing (13% (sweetened condensed milk (MILK), sugar, lactose (MILK), partially inverted refiners syrup, glucose syrup, palm kernel oil, water, emulsifier (MILK), sugar, palm oil, gelling agent: pectin (E406), emulsifier: rapeseed lecithin (E322), sorbitan trioleate (E402), free range glucose syrup, salt, sea salt, colour: beta carotene (E160a), preservative: potassium sorbate (E202) sugar, free range pasteurised whole egg, water, butter (MILK), PECAN pieces, palm oil, fresh yeast, partially invert sugar syrup, dextrose, rapeseed oil, salt, natural flavouring, crumelised sugar, emulsifiers: mono- and diglycerides of fatty acids (E471); free range whole egg powder, stabiliser: guar gum (E412), free range egg white powder, colour: beta carotene (E160a), raising agents: potassium and sodium diphosphates (E450), potassium hydrogen carbonate (E501), sodium bicarbonate (E500), skimmed MILK powder, ascorbic acid.	Yes	
Fruit Scone	Yes	Yes	Yes					Yes			Yes															Wheat Flour (WHEAT Flour, Raising Agents (Sodium Bicarbonate, Di Sodium Di Phosphate), Acidity Regulator (Calcium Phosphate)), MILK, Sultanas (20%) (Sultanas, Sunflower Oil), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Emulsifier Polyglycerol Esters of Fatty Acids), Natural Flavouring, Acid (Citric Acid), Colour (Carotenes)), Sugar, Brown Sugar, Pasteurised Liquid Egg, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids).	Yes	
Raspberry Twist	Yes	Yes	Yes					Yes			Yes															WHEAT Flour, Water, Butter (13%) (MILK), Sugar, Raspberries (9%), Yeast, EGGS, Glucose Fructose Syrup, Modified Starch, Salt, WHEAT Gluten, Thickeners (Pectin, Sodium Alginate), Whole MILK Powder, Skimmed MILK powder, Acidity Regulators (Citric Acid, Triacetic Phosphate), Concentrated Red Fruit Juice, Stabilisers (Calcium Lactate, Tetrasodium Diphosphate, Disodium Phosphate), Flavourings, Non-Hydrogenated Vegetable Oil (Coconut), Preservative (Potassium Sorbate), Glucose Syrup, Flour Treatment Agents (Alpha-Amylases, Hemicellulases, Ascorbic Acid), Turmeric Extract, Emulsifier (Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Natural Flavouring (MILK), Carrot Extract.	Yes	
Chocolate Swirl	Yes	Yes	Yes					Yes			Yes				Yes	Yes										Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Chocolate Chunks (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (SOYA Lecithin)), Pasteurised Free Range Egg, Butter (MILK), Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (SOYA Lecithin)), Palm Oil, Yeast, Cocoa Powder, Water, Humectant (Glycerine), Rapeseed Oil, Glucose Syrup, Dextrose, Salt, Emulsifier (Mono- and diglycerides of fatty acids), Colour (Beta Carotene), Raising Agents (Disodium Diphosphate, Potassium Hydrogen Carbonate, Calcium Lactate), Gelling Agent (Pectin), Acidity Regulator (Citric Acid), Stabiliser (Guar Gum), Flour Treatment Agent (Ascorbic Acid), Preservative (Potassium Sorbate), Antioxidant (Sodium Metabisulphite).	Yes	
Triple Chocolate Muffin		Yes	Yes					Yes			Yes					Yes										sugar, WHEAT flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), Non-hydrogenated vegetable oil (rapeseed), water, cocoa filling (9%) (sugar, non hydrogenated vegetable fat (oil/palm, rapeseed), fat reduced cocoa powder, lactose (MILK), emulsifier E322(SOYA), natural vanilla flavouring), free range liquid egg, plain chocolate chips (4.6%) (sugar, cocoa mass, cocoa butter, emulsifier E322(SOYA), natural vanilla flavouring), MILK chocolate (4.4%) (sugar, whole MILK powder, cocoa butter, cocoa mass, emulsifier E322(SOYA), natural vanilla flavouring), cocoa powder (3.9%), chocolate curls (2.7%) (sugar, cocoa butter, whole MILK powder, cocoa mass, LACTOSE, emulsifier E322(SOYA), natural vanilla flavouring), MILK chocolate (2.7%) (sugar, palm oil, whey powder (MILK), rapeseed oil), WHEAT flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), fat reduced cocoa powder, emulsifier E322(SOYA), E471, natural flavouring), WHEAT starch, raising agents (E501, E450, E341), MILK proteins, modified maize starch, emulsifiers (E471, E472), salt, stabiliser E415, acidity regulator E330, natural flavouring.	Yes	
Blueberry Muffin		Yes	Yes					Yes			Yes					Yes										WHEAT flour (WHEAT flour, Calcium Carbonate, Iron, Nicotinamide, Thiamin), free range liquid egg, blueberry (10.1%), non-hydrogenated vegetable oil (rapeseed, palm), sugar, blueberry filling (9%) (blueberries, water, sugar, thickener: E1422, preservative: E202, natural flavour, acidity regulator E330, inulin (6.2%), BUTTER (MILK) (2%), streusel (2.7%) (WHEAT flour (WHEAT flour, calcium carbonate, iron, nicotinamide, thiamin), coarse sugar, margarine (non hydrogenated vegetable oil/palm, rapeseed), water, salt, natural flavouring), muscovado sugar, unsalted butter (MILK), glucose syrup, raising agents (E501, E450, E341), water, MILK proteins, WHEAT starch, emulsifiers (E471, E472), salt, modified maize starch, preservative E202, stabiliser E415, humectants (E420, E422), natural flavourings, acidity regulator E330, colour E160a.	Yes	
Lemon muffin		Yes	Yes					Yes			Yes					Yes										WHEAT flour (WHEAT flour, calcium carbonate, iron, nicotinamide, thiamin), sugar, free range liquid egg, non-hydrogenated vegetable oil (rapeseed, palm), lemon curd (9%) (sugar, free range egg, water, vanilla flavouring), sweetened condensed milk (MILK, sugar), king sugar, golden syrup, white chocolate (sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier (SOYA Lecithin), vanilla extract), milk chocolate (5%) (sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier (SOYA Lecithin), vanilla extract), ground ALMONDS (NUTS), tapioca starch, potato starch, sorghum flour, natural vanilla flavouring, cocoa powder, baking powder (raising agents: disodium diphosphate, potassium hydrogen carbonate), stabiliser: xanthan gum.	Yes	
Chocolate Chunk Cookie	Yes	Yes	Yes					Yes			Yes				Yes											Fortified wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), dark chocolate (24%) (cocoa mass, sugar, cocoa butter, emulsifier: SOYA lecithin; natural vanilla flavouring), sugar, butter (MILK), free range pasteurised egg, raising agents: monocalcium phosphate, potassium hydrogen carbonate; WHEAT fibre, lactose powder (MILK), glucose fructose syrup, whey powder (MILK), natural flavouring, invert sugar, salt, rapeseed oil.	Yes	
Brownie							Yes				Yes				Yes											Dark chocolate (23%) (sugar, cocoa mass, cocoa butter, fat reduced cocoa powder, emulsifier: SOYA lecithin, vanilla extract), pasteurised free range egg, sugar, salted butter (butter (MILK), salt), milk chocolate chips (12%) (sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), emulsifier: SOYA lecithin, vanilla extract), milk chocolate (5%) (sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, vanilla extract), ground ALMONDS (NUTS), tapioca starch, potato starch, sorghum flour, natural vanilla flavouring, cocoa powder, baking powder (raising agents: disodium diphosphate, potassium hydrogen carbonate), stabiliser: xanthan gum.	Yes	
Millionaire Shortbread	Yes	Yes	Yes								Yes				Yes											Salted butter (butter (MILK), salt), wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), milk chocolate (sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, vanilla flavouring), sweetened condensed milk (MILK, sugar), king sugar, golden syrup, white chocolate (sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, vanilla flavouring), palm oil, cocoa butter, whey powder (MILK), vanilla flavouring, emulsifier: mono- and diglycerides of fatty acids.	Yes	
Caramel Crispe		Yes			Yes			Yes			Yes			Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	MILK Chocolate (52%) (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Flavouring), Caramel (29%) (Sweetened Condensed Skimmed Milk (Skimmed MILK, Sugar), Glucose Syrup, Golden Syrup, Palm Oil, Butter (MILK), Salt, Sugar, Stabiliser (Pectin), Flavouring, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Salted Butter (MILK, Salt), Rice Crisps (12%) (Rice Flour, Wheat Flour, Sugar, Malted Barley Flour, Rapeseed Oil, Emulsifier (Soya Lecithin)), Honeycomb Granules (5.1%) (Sugar, Glucose Syrup, Raising Agent (Sodium Carbonate)), Rapeseed Oil		
Fifteens			Yes								Yes						Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Sweetened Condensed Milk (36%): Milk (56%) (MILK), Granulated Sugar (44%), Lactose Trace. Biscuit Crumb (26%): Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Nicotinamide, Thiamine), and Wholemeal Flour, Vegetable Oil (Palm (M), Rapeseed), Sugar, Invert Sugar Syrup, Raising Agents (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Marshmallows (25%): Sugar, Glucose Syrup, Water, Cornflour, Beef Gelatine, Flavourings, Natural Colour (Beetroot Red), Cherries (12%): Whole and Broken Cherries, Glucose Fructose Syrup, Citric Acid (E330), Colour: Anthocyanin, Sulphur Dioxide, Decalcified Coconut (1%).		



Vegan Pesto, Chickpea & Red Pepper Sandwich		Yes	Yes	Yes																	Seeded Bread (51%) [Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Seed Mix (Toasted Brown Linseed, Toasted Sunflower Seeds, Pumpkin Seeds, Sunflower Seeds, Millet Seeds), Golden Linseed, Poppy Seeds], Yeast, WHEAT Protein, Salt, SOYA Flour, Caramelised Sugar, Malted BARLEY Flour, Preservative (Calcium Propionate), Emulsifier (Mono- and Diacetyltartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), BARLEY Flour, Flour Treatment Agent (Ascorbic Acid)], Pesto Chickpea and Pepper Mix (38%) [Chickpeas, Mayonnaise (Rapeseed Oil, Water, Sugar, Spirit Vinegar, Salt, Modified Waxy Maize Starch, Stabiliser (Xanthan Gum), Flavouring, Colour (Carotenes), Antioxidant (Calcium Dioxide) (E770)), Mixed Peppers, Pesto (Basil, Rapeseed Oil, Salt), Sunflower Seeds], Rocket (5%), Semi dried Tomato Tapenade (5%) (Tomato, Canola Oil, Salt, Garlic Granules, Oregano)	Yes	Yes
Bella Mozzarella Panini		Yes	Yes	Yes					Yes												Ciabatta (45%) [WHEAT Flour, Water, RYE Flour, Iodized Salt, Yeast, Dextrose, WHEAT Malt Flour], Mozzarella (27%) (MILK), Tomato (16%), Green Pesto (7%) (Basil Puree (Basil, Sunflower Oil, Salt), Sunflower Oil, Medium Fat Hard Cheese (MILK)), Spinach (5%), Black Pepper	Yes	
Ham And Cheese Panini		Yes	Yes						Yes												Large Ciabatta (49%) [Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Extra Virgin Olive Oil, Fermented WHEAT Flour, Salt, Yeast, Malted WHEAT Flour, WHEAT Starch], Emmental Cheese (29%) [Pasteurised Cow's MILK, Salt, Lactic Starter, Rennet (Microbial)], Sliced Ham (22%) (Pork, Water, Salt, Baking Flavouring, Starch (Maize, Potato), Stabilisers (Sodium Di, Tri & Polyphosphates), Sugars, Pork Protein, Antioxidant (Sodium Erythorbate), Flavouring, Preservative (Sodium Nitrite)]		
Chicken Caesar Wrap		Yes	Yes	Yes	Yes		Yes		Yes	Yes											Chicken Caesar Mix (48%) [Chicken (Chicken Breast, Salt), Mayonnaise (Rapeseed Oil, Water, Pasteurised Liquid EGG, Acidity Regulators (Acetic Acid, Citric Acid), Sugar, Salt, Modified Maize Starch, Spice (MUSTARD), Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate)), Caesar Dressing (Rapeseed Oil, Water, Acidity Regulator (Acetic Acid), Pasteurised Liquid EGG Yolk, Sugar, Salt, Garlic Puree, Garlic, Lemon Concentrate, Black Pepper, Worcester Sauce (Malt Vinegar (BARLEY), Water, Spirit Vinegar, Tamarind Extract, Sugar, Molasses, Colour (Caramel), Onion Powder, Garlic Powder, White Pepper, Cloves, Paprika), MUSTARD Flour, Natural Cheese Flavouring (MILK, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate)), Bar Marketed Tortilla (16%) [Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, Raising Agents (Sodium Carbonates, Diphosphates, Malic Acid), Salt], Smoked Bacon (7%) [Pork, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)], Mixed Leaf (6%), Italian Medium Fat Hard Cheese (2%) (MILK, Preservative (EGG Lysozyme)		
Gluten Free Ham, Cheese & Salad Sandwich						Yes			Yes	Yes											Gluten Free Seeded Brown Bread (42%) [Water, Tapioca Starch, Potato Starch, Sunflower Seeds, Rapeseed Oil, Corn Starch, Potato Protein, Linseed, Humectant (Glycerol), Brown Rice Flour, Brown Teff Flour, Thickening Agents (Hydroxypropyl Methylcellulose, Xanthan Gum, Cellulose, Agar Agar, Carboxy Methylcellulose), Yeast, Poppy Seeds, Apple Fibre, Psyllium Husk, Millet Seeds, Buckwheat Flour, Tricals, Emulsifier (Mono & Diglycerides of Fatty Acids), Rice Bran, Pea Protein, Cultured Dextrose, Salt, Sourdough (Fermented Quinoa, Rice and Maize Flour), Anticaking Agent (Calcium Sulphate), Acidity Regulators (Citric Acid, Malic Acid)], Ham Formed from select cuts of pork with added water (12%) [Pork Leg Meat, Water, Salt, Potato Starch, Pea Starch, Glucose Syrup, Dextrose, Potassium and Sodium Tri-Phosphates, Potassium and Sodium Di-Phosphates, Polyphosphates], Gelling Agent (Carrageenan), Antioxidant (Ascorbic Acid), Preservative (Sodium Nitrite)], Tomato (12%), Emmental Cheese (10%) (MILK, Mayonnaise (7%) (Rapeseed Oil, Water, Pasteurised Liquid EGG, Acidity Regulators (Acetic Acid, Citric Acid), Sugar, Salt, Modified Maize Starch, Spice (MUSTARD), Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate)], Cucumber (7%), Mixed Lettuce (4%) (Radicchio, Endive, Lollo Rossa), Apple Chutney (2%) (Apples, Sugar, White Wine Vinegar, Onion, Raisins, Yellow MUSTARD Seeds, Gelling Agent (Pectin), Spices, Salt), Spring Onion (2%). ALLERGY ADVICE: In our Production Area we also handle Gluten, Fish, Crustaceans, Celery, Sesame, Soya, Sulphites. May contain traces of Peanuts, Tree Nuts and Sesame. CAUTION: Although every care has been taken to remove all bones, some small fragments may remain.		
Jerk Chicken Ciabatta	Yes	Yes	Yes	Yes	Yes				Yes												Ciabatta (42%) [WHEAT Flour, Water, RYE Flour, Iodized Salt (Salt, Potassium Iodate), Yeast, Dextrose, WHEAT Malt Flour, Flour Treatment Agent (Ascorbic Acid)], Jerk Chicken (32%) [Cooked Chicken (Chicken Breast, Salt), Jerk Sauce (Water, Sugar, Acidity Regulator (Ascorbic Acid), Tomato Puree, Modified Maize Starch, Salt, Malt Vinegar (BARLEY), Worcester Sauce (Malt Vinegar (BARLEY), Water, Spirit Vinegar, Tamarind Extract, Sugar, Molasses, Colour (Caramel), Onion Powder, Garlic Powder, White Pepper, Cloves, Paprika), Onion, Chipotle Chilies, Lime Concentrate, Caramel Sugar, Spice (MUSTARD), Smoke Flavouring, Stabilisers (Xanthan Gum, Guar Gum), Preservative (Potassium Sorbate), Spice Mix (Thyme, Cumin, Star Anise, Cinnamon, Cloves, Fennel, Black Pepper)], Cheese Sauce (13%) [White Sauce (Water, Rapeseed Oil, Modified Potato Starch, Salt, Whey Protein Concentrate (MILK), Sugar, Vegetable Stock (Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, CELERY, Lovage), Acidity Regulator (Lactic Acid), Stabilisers (Xanthan Gum, Guar Gum), Preservative (Potassium Sorbate), Spices], Mozzarella Cheese (MILK), Cheddar Cheese (MILK), Rainbow Star (13%) (Red Cabbage, White Cabbage, Carrot). ALLERGY ADVICE: In our Production Area we also handle Fish, Crustaceans, Egg, Sesame, Sulphites, Soya. May contain traces of Peanuts and Tree Nuts.		
Sausage Bap		Yes	Yes						Yes						Yes						Cooked Pork Sausage (58%) [Pork, Pork Rind, Rusk (Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Raising Agent (Ammonium Bicarbonate)), Pea Fibre, WHEAT Starch, Dextrose, Rapeseed Oil, Salt, Beef Collagen Casings, Flavour Enhancer (Potassium Acetate), Spice Extracts (Black Pepper, Nutmeg), Stabilisers (Diphosphates, Triphosphates), Preservative (Sodium SULPHITE), Antioxidant (Sodium Ascorbate)], Buns (39%) [Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Flour Treatment Agent (Ascorbic Acid)], Vegetable Fat Spread (Vegetable Oils (Rapeseed, Palm, Sunflower), Water, Reconstituted Buttermilk (MILK, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Natural Flavour, Vitamin A, Vitamin D, Colour (Beta Carotene)].		
BLT Sandwich		Yes	Yes	Yes	Yes				Yes												Malted Bread (43%) [Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Mixed Grains (Malted WHEAT, Toasted WHEAT Flakes, Malt Flour (BARLEY, WHEAT Bran), Yeast, WHEAT Gluten, Salt, Vegetable Oils (Palm, Rapeseed), Emulsifiers (Diacetyl Tartaric Acid Esters of Mono and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Preservative (Calcium Propionate), Malt Extract (BARLEY), Flour Treatment Agent (Ascorbic Acid)], Tomato (27%), Smoked Bacon (11%) [Pork, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)], iceberg lettuce (11%), Tomato Relish (5%) [Tomatoes, White Wine Vinegar, Sugar, Onions, Sulphates, Tomato Puree, Sea Salt, MUSTARD Seeds, Spices], Mayonnaise (Rapeseed Oil, Water, Pasteurised Liquid EGG, Acidity Regulators (Acetic Acid, Citric Acid), Sugar, Salt, Modified Maize Starch, Spice (MUSTARD), Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate)].		
Pulled Ham, Cheddar & Spiced Apple Chutney Wrap		Yes	Yes						Yes	Yes				Yes							Tomato Wrap (42%) [Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (Palm, Rapeseed), Tomato Seasoning (Tomato Powder, Red Pepper, Paprika, Basil), Raising Agents (Sodium Carbonate, Malic Acid, Disodium Pyrophosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt], Pulled Ham (24%) [Pork, Water, Salt, Stabilisers (Triphosphates, Polyphosphates), Sugars, Hydrolysed Vegetable Protein (SOYA), Antioxidant (Sodium Erythorbate), Preservative (Sodium Nitrite)], White Cheddar Cheese (19%) (MILK), Apple Chutney (9%) [Apples, Sugar, White Wine Vinegar, Onions, Raisins, Yellow MUSTARD Seeds, Gelling Agent (Pectin), Spices, Salt], Watercress (6%)		
Chicken Pesto Toast	Yes	Yes	Yes	Yes					Yes					Yes							Sourdough Bread (47%) [Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Liquid Sour (RYE, Starter Culture), SOYA Flour, Rapeseed Oil, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flour Treatment Agent (Ascorbic Acid)], Tomato (18%), Cooked Sliced Chicken (17%) [Chicken Breast, Salt], Cheese Sauce (10%) [White Sauce (Water, Rapeseed Oil, Modified Potato Starch, Salt, Whey Protein Concentrate (MILK), Sugar, Vegetable Stock (Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, CELERY, Lovage), Acidity Regulator (Lactic Acid), Stabilisers (Xanthan Gum, Guar Gum), Preservative (Potassium Sorbate), Spices], Mozzarella Cheese (MILK), Red Cheddar Cheese (MILK, Colour (Annatto, Norbixin)], Basil Pesto (4%) (Basil Puree (Basil, Sunflower Oil, Salt), Sunflower Oil, Medium Fat Hard Cheese (MILK), Spinach (6%).		
<b>Impulse Items</b>																							
O'Donnells Crisps - Ballymaloe Relish																							
O'Donnells Crisps - Cheese & Onion																							
O'Donnells Crisps - Salt & Vinegar																							
Caramel Waffle		Yes	Yes						Yes					Yes									
Shortbread Cookies		Yes	Yes						Yes														
Almonds Biscotti		Yes	Yes			Yes			Yes												Yes		
Smoked Almonds		Yes	Yes										Yes								Yes		
Almonds, Cashews, Cranberries & Raisins														Yes							Yes		
Ginger Biscuit		Yes	Yes						Yes												Yes		
Chocolate Gold Coin		Yes	Yes						Yes												Yes		
Trio of favourites		Yes	Yes										Yes										
Skeleton Gingerbread Bearista		1	1																		1	Yes	
<b>Bottled Beverages</b>																							
Innocent Bubble Lemon, Lime, & Apple																							
Ballygowan Still 500ml																							
Ballygowan Sparkling 500ml																							
Ballygowan Sportscap 750ml																							
Innocent Apple Raspberry																							
Innocent orange juice 330ml																							
Wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), king sugar, sugar, partially inverted refiners syrup, water, vegetable margarine (vegetable oils (palm, rapeseed), water, salt, emulsifier: polyglycerol esters of fatty acids, natural flavouring, colours: annatto (bixin, carotenoids), sugar paste pumpkin (sugar, glucose syrup, vegetable fats (palm kernel, palm), invert sugar syrup, thickeners: gum arabic (acacia gum), xanthan gum; emulsifier: mono- and diglycerides of fatty acids, humectant: glycerol, colours: beetroot red, carotenes), fruit, plant and vegetable concentrates (alfalfa, apple, carrot, hibiscus), spirulina, raising agent: sodium carbonates, egg white powder (WHEAT starch, EGG albumen, sugar, modified potato starch, dextrose, gelling agent: guar gum), ginger, mixed spice, cinnamon, colour: vegetable carbon.																							