Product Allergen Guide Ireland and Northern Ireland

Ver. 1.0

Autumn 2020

✓	Contains allergen
T	May Contain allergen

Key **A**
tick means the product contains the allergen. **T**
means a trace amount of the allergen is present.
*** (for Sulphites only) <10ppm**

Our Food is prepared where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Product Description	Cereals (Containing Gluten)				Milk	Eggs	Soy	Nuts									S02 & Sulphites	Sesame Seeds	Peanuts	Celery	Mustard	Lupins	Fish	Molluscs	Crustaceans
Bakery	Wheat	Rye	Barley	Oats				Almonds	Hazelnut	Walnut	Cashew	Pecan	Brazil	Pistachio	Macadamia	Queensland									
Pain au Chocolate	✓				✓	✓	✓	T	T	T	T	T	T	T	T	T		T	T						
Pain au Raisin	✓				✓		T	T	T	T	T	T	T	T	T	T		T	T						
Croissant	✓				✓	✓	T	T	T	T	T	T	T	T	T	T		T	T						
Fruit Toast	✓				✓	✓	T	T	T	T	T	T	T	T	T	T		T	T						
Cinnamon Swirl	✓				✓	✓	T	T	T	T	T	T	T	T	T	T		T	T						
Blueberry Muffin	✓				✓	✓	T	T	T	T	T	T	T	T	T	T	✓	T	T						
Chocolate Muffin	✓				✓	✓	✓	T	T	T	T	T	T	T	T	T		T	T						
Lemon Muffin	✓				✓	✓	T	T	T	T	T	T	T	T	T	T	✓	T	T						
White Chocolate Twizzle					✓		✓										✓		✓						
Dark Chocolate Cookie	✓				✓	✓	✓	T	T	T	T	T	T	T	T	T		T	T						
Toffee Crispies	✓		✓		✓	✓	✓										✓		✓						
Fifteens	✓				✓												✓								
Millionaire Shortbread	✓				✓		✓										✓								
Brownie	✓				✓	✓	✓										✓								
Hot breakfast	Cereals (Containing Gluten)				Milk	Eggs	Soy	Nuts									S02 & Sulphites	Sesame Seeds	Peanuts	Celery	Mustard	Lupins	Fish	Molluscs	Crustaceans
	Wheat	Rye	Barley	Oats				Almonds	Hazelnut	Walnut	Cashew	Pecan	Brazil	Pistachio	Macadamia	Queensland									
Breakfast Panini	✓					✓	✓	T	T	T	T	T	T	T	T	T	✓	T	T		✓				
Ham & Cheese Croissant	✓				✓	✓		T	T	T	T	T	T	T	T	T		T	T						
Lunch																									
Chicken & Bacon Caesar Wrap	✓				✓	✓		T	T	T	T	T	T	T	T	T		T	T		✓				
Chicken & Stuffing Sandwich	✓		✓		✓	✓	✓	T	T	T	T	T	T	T	T	T		T	T		✓				
Egg & Cress Sandwich	✓		✓			✓	✓	T	T	T	T	T	T	T	T	T		T	T		✓				
Ham & Cheese Panini	✓				✓			T	T	T	T	T	T	T	T	T		T	T						
Mozzarella & Tomato Panini	✓				✓			T	T	T	T	T	T	T	T	T		T	T						
Fresh Fruit & Pots																									
Blueberry Granola Yogurt				✓	✓																				
Snacks & Sweets	Cereals (Containing Gluten)				Milk	Eggs	Soy	Nuts									S02 & Sulphites	Sesame Seeds	Peanuts	Celery	Mustard	Lupins	Fish	Molluscs	Crustaceans
	Wheat	Rye	Barley	Oats	Butter			Almonds	Hazelnut	Walnut	Cashew	Pecan	Brazil	Pistachio	Macadamia	Queensland									
Almond Biscotti	✓				✓	✓	✓																		
Caramel Waffle	✓					✓	✓																		
Ginger Biscuit	✓					✓																			
Shortbread biscuit	✓				✓																				
Milk Chocolate bar					✓																				
Dark chocolate bar					T																				
Smoked Almonds	✓							✓	T	T	T	T	T	T	T				✓						
Almonds, Cashews, Cranberries & Raisins								✓			✓						✓								
Chocolate Gold Coin					✓		T	T	T	T	T	T	T	T	T	T			T						