

WINTER FY26 IRELAND/ NORTHERN IRELAND NUTRITIONAL INFORMATION

Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Menu Item	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates(g)	Of which Sugar(g)	Fibre (g)	Protein (g)	Salt(g)	Caffeine (mg)
Espresso Drinks		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Ube Vanilla Velvet Latte - semi skimmed milk	Tall	805	191	5.2	3.5	25.7	25	0.3	10.2	0.52	85.5
Ube Vanilla Velvet Latte - semi skimmed milk	Grande	1050	249	6.7	4.6	34.2	33.4	0.3	12.8	0.69	85.5
Ube Vanilla Velvet Latte - semi skimmed milk	Venti	1306	310	8.3	5.7	43	41.8	0.5	15.6	0.85	128.2
Ube Vanilla Velvet Latte - whole milk	Tall	948	225	9.2	6.1	25.5	24.8	0.3	10	0.51	85.5
Ube Vanilla Velvet Latte - whole milk	Grande	1229	292	11.7	7.8	33.9	33.2	0.3	12.6	0.68	85.5
Ube Vanilla Velvet Latte - whole milk	Venti	1522	362	14.4	9.5	42.6	41.5	0.5	15.3	0.85	128.2
Ube Vanilla Velvet Latte - skimmed milk	Tall	699	166	2.2	1.5	25.9	25.2	0.3	10.2	0.52	85.5
Ube Vanilla Velvet Latte - skimmed milk	Grande	917	218	3	2	34.4	33.7	0.3	12.8	0.69	85.5
Ube Vanilla Velvet Latte - skimmed milk	Venti	1146	272	3.8	2.6	43.3	42.2	0.5	15.6	0.86	128.2
Ube Vanilla Velvet Latte - almond drink	Tall	589	143	4.1	1.4	20.9	20.2	0.7	3.9	0.44	85.5
Ube Vanilla Velvet Latte - almond drink	Grande	779	188	5.3	1.9	28.2	27.5	0.8	4.8	0.59	85.5
Ube Vanilla Velvet Latte - almond drink	Venti	978	236	6.6	2.5	35.7	34.6	1.1	5.9	0.74	128.2
Ube Vanilla Velvet Latte - soya drink	Tall	740	177	5.5	1.8	21.1	20.2	1.6	9.6	0.47	85.5
Ube Vanilla Velvet Latte - soya drink	Grande	968	231	7.1	2.4	28.4	27.4	1.9	12.1	0.63	85.5
Ube Vanilla Velvet Latte - soya drink	Venti	1207	288	8.7	3.1	36	34.6	2.4	14.7	0.79	128.2
Ube Vanilla Velvet Latte - oat drink	Tall	888	211	7.7	1.8	29.5	21.8	2.4	4.5	0.55	85.5
Ube Vanilla Velvet Latte - oat drink	Grande	1154	273	9.9	2.4	39	29.4	2.9	5.6	0.73	85.5
Ube Vanilla Velvet Latte - oat drink	Venti	1432	339	12.2	3.1	48.7	37	3.6	6.8	0.91	128.2
Ube Vanilla Velvet Latte - coconut drink	Tall	665	157	4.7	2.7	22.6	21.9	0.9	5.9	0.47	85.5
Ube Vanilla Velvet Latte - coconut drink	Grande	875	207	6.1	3.5	30.3	29.5	1.1	7.4	0.63	85.5
Ube Vanilla Velvet Latte - coconut drink	Venti	1094	259	7.5	4.4	38.2	37.1	1.4	9.1	0.79	128.2
Iced Ube Vanilla Macchiato - semi skimmed milk	Tall	533	127	3.6	2.5	17.4	16.7	0.3	6	0.34	85.5
Iced Ube Vanilla Macchiato - semi skimmed milk	Grande	798	190	5.4	3.7	26	25.2	0.3	9.1	0.51	85.5
Iced Ube Vanilla Macchiato - semi skimmed milk	Venti	928	221	6	4.2	31.5	30.4	0.5	9.7	0.61	128.2
Iced Ube Vanilla Macchiato - whole milk	Tall	628	150	6.3	4.1	17.3	16.5	0.3	5.9	0.33	85.5
Iced Ube Vanilla Macchiato - whole milk	Grande	944	224	9.5	6.3	25.7	25	0.3	8.9	0.51	85.5
Iced Ube Vanilla Macchiato - whole milk	Venti	1077	256	10.2	6.9	31.3	30.2	0.5	9.5	0.60	128.2
Iced Ube Vanilla Macchiato - skimmed milk	Tall	462	110	1.6	1.1	17.5	16.8	0.3	6	0.34	85.5
Iced Ube Vanilla Macchiato - skimmed milk	Grande	688	163	2.3	1.6	26.2	25.4	0.3	9.1	0.52	85.5
Iced Ube Vanilla Macchiato - skimmed milk	Venti	817	194	2.9	2	31.7	30.6	0.5	9.7	0.61	128.2
Iced Ube Vanilla Macchiato - almond drink	Tall	388	94	2.8	1	14.2	13.5	0.6	1.8	0.29	85.5
Iced Ube Vanilla Macchiato - almond drink	Grande	575	139	4.2	1.5	21.1	20.3	0.7	2.5	0.44	85.5
Iced Ube Vanilla Macchiato - almond drink	Venti	702	170	4.8	2	26.5	25.4	0.9	3.1	0.53	128.2
Iced Ube Vanilla Macchiato - soya drink	Tall	489	117	3.8	1.3	14.3	13.5	1.1	5.6	0.31	85.5
Iced Ube Vanilla Macchiato - soya drink	Grande	730	174	5.7	1.9	21.2	20.3	1.6	8.5	0.47	85.5
Iced Ube Vanilla Macchiato - soya drink	Venti	859	205	6.3	2.4	26.7	25.4	1.8	9.1	0.56	128.2
Iced Ube Vanilla Macchiato - oat drink	Tall	588	140	5.3	1.3	20	14.6	1.7	2.2	0.36	85.5
Iced Ube Vanilla Macchiato - oat drink	Grande	883	209	8	1.9	29.9	22	2.4	3.1	0.55	85.5

Iced Ube Vanilla Macchiato - oat drink	Venti	1015	241	8.7	2.4	35.5	27.1	2.6	3.7	0.65	128.2
Iced Ube Vanilla Macchiato - coconut drink	Tall	439	104	3.2	1.9	15.3	14.6	0.7	3.1	0.31	85.5
Iced Ube Vanilla Macchiato - coconut drink	Grande	653	155	4.9	2.8	22.8	22	1	4.6	0.47	85.5
Iced Ube Vanilla Macchiato - coconut drink	Venti	782	185	5.5	3.3	28.3	27.2	1.1	5.2	0.56	128.2
Ube Vanilla Velvet Matcha - semi skimmed milk	Tall	993	236	6.3	4.4	31.9	31.8	0.8	12.2	0.65	53.7
Ube Vanilla Velvet Matcha - semi skimmed milk	Grande	1266	300	8	5.6	40.9	40.8	1.3	15.4	0.83	81.6
Ube Vanilla Velvet Matcha - semi skimmed milk	Venti	1621	385	10.4	7.2	51.7	51.5	1.7	20	1.05	109
Ube Vanilla Velvet Matcha - whole milk	Tall	1162	276	11.1	7.4	31.7	31.6	0.8	12	0.64	53.7
Ube Vanilla Velvet Matcha - whole milk	Grande	1478	351	14	9.3	40.6	40.5	1.3	15.1	0.82	81.6
Ube Vanilla Velvet Matcha - whole milk	Venti	1904	452	18.4	12.2	51.3	51.1	1.7	19.6	1.04	109
Ube Vanilla Velvet Matcha - skimmed milk	Tall	867	205	2.8	1.9	32.2	32.1	0.8	12.2	0.66	53.7
Ube Vanilla Velvet Matcha - skimmed milk	Grande	1108	263	3.6	2.5	41.2	41.1	1.3	15.4	0.84	81.6
Ube Vanilla Velvet Matcha - skimmed milk	Venti	1411	334	4.5	3.1	52.1	52	1.7	20	1.06	109
Ube Vanilla Velvet Matcha - almond drink	Short	485	117	3.1	1.3	17.9	17.8	0.7	3.2	0.38	23.8
Ube Vanilla Velvet Matcha - almond drink	Grande	944	228	6.4	2.4	33.8	33.7	1.9	5.9	0.72	81.6
Ube Vanilla Velvet Matcha - almond drink	Venti	1192	288	8.3	3	42.2	42.1	2.5	7.4	0.90	109
Ube Vanilla Velvet Matcha - soya drink	Tall	915	218	6.7	2.3	26.5	26.1	2.3	11.5	0.60	53.7
Ube Vanilla Velvet Matcha - soya drink	Grande	1168	278	8.5	3	34.1	33.6	3.1	14.5	0.77	81.6
Ube Vanilla Velvet Matcha - soya drink	Venti	1491	355	11.1	3.8	42.6	42	4.2	18.9	0.97	109
Ube Vanilla Velvet Matcha - oat drink	Tall	1091	258	9.4	2.3	36.5	28.1	3.3	5.4	0.69	53.7
Ube Vanilla Velvet Matcha - oat drink	Grande	1389	329	11.8	3	46.6	36	4.3	6.8	0.88	81.6
Ube Vanilla Velvet Matcha - oat drink	Venti	1786	423	15.5	3.8	59.3	45.2	5.8	8.6	1.13	109
Ube Vanilla Velvet Matcha - coconut drink	Tall	826	195	5.7	3.3	28.2	28.1	1.6	7.1	0.60	53.7
Ube Vanilla Velvet Matcha - coconut drink	Grande	1058	250	7.3	4.3	36.3	36.2	2.2	9	0.77	81.6
Ube Vanilla Velvet Matcha - coconut drink	Venti	1343	317	9.5	5.5	45.5	45.4	2.9	11.5	0.97	109
Iced Ube Vanilla Matcha Latte - semi skimmed milk	Tall	736	175	4.8	3.4	24	23.9	0.9	8.3	0.48	55.7
Iced Ube Vanilla Matcha Latte - semi skimmed milk	Grande	995	236	6.6	4.6	32.3	32.2	1.1	11.3	0.65	70.5
Iced Ube Vanilla Matcha Latte - semi skimmed milk	Venti	1173	278	7.6	5.4	38.8	38.7	1.2	12.9	0.78	78
Iced Ube Vanilla Matcha Latte - whole milk	Tall	864	205	8.5	5.7	23.8	23.7	0.9	8.1	0.48	55.7
Iced Ube Vanilla Matcha Latte - whole milk	Grande	1169	278	11.5	7.7	32	31.9	1.1	11	0.64	70.5
Iced Ube Vanilla Matcha Latte - whole milk	Venti	1369	325	13.2	8.9	38.5	38.4	1.2	12.6	0.77	78
Iced Ube Vanilla Matcha Latte - skimmed milk	Tall	641	152	2.2	1.5	24.2	24.1	0.9	8.3	0.49	55.7
Iced Ube Vanilla Matcha Latte - skimmed milk	Grande	864	205	2.9	2.1	32.5	32.5	1.1	11.3	0.66	70.5
Iced Ube Vanilla Matcha Latte - skimmed milk	Venti	1026	243	3.5	2.5	39.1	39	1.2	12.9	0.78	78
Iced Ube Vanilla Matcha Latte - almond drink	Tall	542	131	3.9	1.5	19.7	19.6	1.2	2.6	0.41	55.7
Iced Ube Vanilla Matcha Latte - almond drink	Grande	728	176	5.2	2	26.4	26.3	1.6	3.4	0.56	70.5
Iced Ube Vanilla Matcha Latte - almond drink	Venti	874	211	6.1	2.4	32.2	32.1	1.8	4	0.67	78
Iced Ube Vanilla Matcha Latte - soya drink	Tall	677	161	5.1	1.8	19.9	19.6	2	7.8	0.44	55.7
Iced Ube Vanilla Matcha Latte - soya drink	Grande	914	218	7	2.5	26.6	26.3	2.6	10.6	0.60	70.5
Iced Ube Vanilla Matcha Latte - soya drink	Venti	1082	258	8.1	3	32.5	32.1	3	12	0.72	78
Iced Ube Vanilla Matcha Latte - oat drink	Tall	811	192	7.1	1.8	27.4	21	2.7	3.1	0.51	55.7
Iced Ube Vanilla Matcha Latte - oat drink	Grande	1096	260	9.7	2.5	37	28.3	3.6	4.2	0.69	70.5
Iced Ube Vanilla Matcha Latte - oat drink	Venti	1287	305	11.2	3	44.1	34.3	4.1	4.9	0.83	78
Iced Ube Vanilla Matcha Latte - coconut drink	Tall	611	144	4.4	2.6	21.2	21.1	1.4	4.5	0.44	55.7
Iced Ube Vanilla Matcha Latte - coconut drink	Grande	822	194	6	3.5	28.5	28.4	1.9	6	0.60	70.5
Iced Ube Vanilla Matcha Latte - coconut drink	Venti	979	231	7	4.2	34.5	34.4	2.1	6.9	0.72	78
Ube Vanilla Macchiato - semi skimmed milk	Tall	692	164	4.9	3.3	21.1	20.4	0.3	8.8	0.42	85.5
Ube Vanilla Macchiato - semi skimmed milk	Grande	888	211	6.1	4.2	28.1	27.3	0.3	10.6	0.56	85.5
Ube Vanilla Macchiato - semi skimmed milk	Venti	1166	277	8	5.5	37	35.9	0.5	13.9	0.74	128.2
Ube Vanilla Macchiato - whole milk	Tall	839	200	9.1	5.9	20.9	20.2	0.3	8.6	0.42	85.5
Ube Vanilla Macchiato - whole milk	Grande	1064	253	11.1	7.3	27.8	27.1	0.3	10.4	0.55	85.5
Ube Vanilla Macchiato - whole milk	Venti	1394	332	14.5	9.5	36.7	35.6	0.5	13.5	0.73	128.2
Ube Vanilla Macchiato - skimmed milk	Tall	581	138	1.8	1.2	21.3	20.6	0.3	8.8	0.43	85.5

Ube Vanilla Macchiato - skimmed milk	Grande	756	179	2.4	1.7	28.3	27.6	0.3	10.6	0.57	85.5
Ube Vanilla Macchiato - skimmed milk	Venti	996	236	3.2	2.2	37.4	36.3	0.5	13.9	0.74	128.2
Ube Vanilla Macchiato - almond drink	Tall	467	114	3.7	1.1	16.1	15.4	0.7	2.1	0.35	85.5
Ube Vanilla Macchiato - almond drink	Grande	619	150	4.8	1.6	22.2	21.4	0.8	2.7	0.47	85.5
Ube Vanilla Macchiato - almond drink	Venti	819	199	6.2	2.1	29.4	28.3	1.1	3.6	0.62	128.2
Ube Vanilla Macchiato - soya drink	Tall	623	149	5.2	1.5	16.3	15.4	1.6	8.2	0.38	85.5
Ube Vanilla Macchiato - soya drink	Grande	806	193	6.5	2.1	22.4	21.4	1.9	9.9	0.51	85.5
Ube Vanilla Macchiato - soya drink	Venti	1061	253	8.5	2.7	29.7	28.3	2.5	12.9	0.67	128.2
Ube Vanilla Macchiato - oat drink	Tall	778	184	7.6	1.5	25.1	17.1	2.4	2.8	0.46	85.5
Ube Vanilla Macchiato - oat drink	Grande	991	235	9.3	2.1	32.8	23.4	2.9	3.5	0.61	85.5
Ube Vanilla Macchiato - oat drink	Venti	1299	308	12.1	2.7	43.2	30.8	3.8	4.6	0.79	128.2
Ube Vanilla Macchiato - coconut drink	Tall	546	129	4.4	2.4	17.9	17.1	0.9	4.3	0.38	85.5
Ube Vanilla Macchiato - coconut drink	Grande	714	169	5.5	3.1	24.2	23.5	1.1	5.3	0.51	85.5
Ube Vanilla Macchiato - coconut drink	Venti	942	223	7.2	4.1	32.1	31	1.5	7	0.67	128.2
Iced Ube Vanilla Velvet Latte - semi skimmed milk	Tall	664	158	4	2.8	22.4	21.7	0.3	7.8	0.44	85.5
Iced Ube Vanilla Velvet Latte - semi skimmed milk	Grande	953	226	5.9	4.1	31.9	31.2	0.3	11.2	0.63	85.5
Iced Ube Vanilla Velvet Latte - semi skimmed milk	Venti	1105	263	6.6	4.6	38.3	37.2	0.5	12.1	0.75	128.2
Iced Ube Vanilla Velvet Latte - whole milk	Tall	759	181	6.7	4.4	22.3	21.5	0.3	7.6	0.44	85.5
Iced Ube Vanilla Velvet Latte - whole milk	Grande	1100	261	10	6.7	31.7	31	0.3	10.9	0.63	85.5
Iced Ube Vanilla Velvet Latte - whole milk	Venti	1254	298	10.8	7.3	38.1	36.9	0.5	11.9	0.74	128.2
Iced Ube Vanilla Velvet Latte - skimmed milk	Tall	593	141	2	1.4	22.5	21.8	0.3	7.8	0.44	85.5
Iced Ube Vanilla Velvet Latte - skimmed milk	Grande	844	200	2.8	2	32.1	31.4	0.3	11.2	0.64	85.5
Iced Ube Vanilla Velvet Latte - skimmed milk	Venti	994	236	3.5	2.5	38.5	37.4	0.5	12.1	0.75	128.2
Iced Ube Vanilla Velvet Latte - almond drink	Tall	519	125	3.2	1.3	19.2	18.5	0.6	3.5	0.39	85.5
Iced Ube Vanilla Velvet Latte - almond drink	Grande	731	176	4.7	1.9	27	26.3	0.8	4.6	0.56	85.5
Iced Ube Vanilla Velvet Latte - almond drink	Venti	879	211	5.4	2.4	33.3	32.2	0.9	5.4	0.67	128.2
Iced Ube Vanilla Velvet Latte - soya drink	Tall	620	148	4.2	1.6	19.3	18.5	1.1	7.4	0.41	85.5
Iced Ube Vanilla Velvet Latte - soya drink	Grande	886	211	6.2	2.3	27.2	26.2	1.6	10.5	0.59	85.5
Iced Ube Vanilla Velvet Latte - soya drink	Venti	1036	247	6.9	2.8	33.5	32.1	1.8	11.5	0.70	128.2
Iced Ube Vanilla Velvet Latte - oat drink	Tall	719	171	5.7	1.6	25	19.5	1.7	3.9	0.46	85.5
Iced Ube Vanilla Velvet Latte - oat drink	Grande	1039	246	8.5	2.3	35.9	27.9	2.4	5.2	0.67	85.5
Iced Ube Vanilla Velvet Latte - oat drink	Venti	1192	283	9.3	2.8	42.3	33.8	2.6	6.1	0.79	128.2
Iced Ube Vanilla Velvet Latte - coconut drink	Tall	570	135	3.7	2.2	20.3	19.6	0.7	4.9	0.41	85.5
Iced Ube Vanilla Velvet Latte - coconut drink	Grande	809	192	5.4	3.2	28.7	28	1	6.7	0.59	85.5
Iced Ube Vanilla Velvet Latte - coconut drink	Venti	959	227	6.1	3.7	35	33.9	1.1	7.6	0.70	128.2
Espresso Drinks		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Americano	Grande	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Americano	Venti	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Caffe Latte - semi skimmed milk	Tall	519	124	4.3	2.7	12.3	11.5	0.3	8.9	0.26	89.1
Caffe Latte - semi skimmed milk	Grande	636	151	5.2	3.4	15	14.2	0.3	10.9	0.32	89.1
Caffe Latte - semi skimmed milk	Venti	858	204	7.1	4.5	20.3	19.1	0.4	14.7	0.43	133.6
Caffe Latte - whole milk	Tall	681	162	8.9	5.6	12.1	11.2	0.3	8.6	0.26	89.1
Caffe Latte - whole milk	Grande	838	200	11	6.9	14.7	13.9	0.3	10.6	0.32	89.1
Caffe Latte - whole milk	Venti	1128	269	14.7	9.3	19.9	18.7	0.4	14.3	0.42	133.6
Caffe Latte - skimmed milk	Tall	398	94	0.9	0.4	12.5	11.7	0.3	8.9	0.27	89.1
Caffe Latte - skimmed milk	Grande	486	115	1	0.4	15.3	14.5	0.3	10.9	0.33	89.1
Caffe Latte - skimmed milk	Venti	657	156	1.4	0.6	20.7	19.5	0.4	14.7	0.45	133.6
Caffe Latte - almond drink	Tall	272	68	3	0.3	6.9	6	0.7	1.6	0.18	89.1
Caffe Latte - almond drink	Grande	330	82	3.7	0.3	8.3	7.5	0.9	1.9	0.22	89.1
Caffe Latte - almond drink	Venti	447	112	5	0.5	11.3	10	1.2	2.6	0.29	133.6
Caffe Latte - soya drink	Tall	444	107	4.6	0.7	7.1	6	1.7	8.2	0.21	89.1

Caffe Latte - soya drink	Grande	543	130	5.7	0.9	8.5	7.4	2	10.1	0.26	89.1
Caffe Latte - soya drink	Venti	733	176	7.7	1.2	11.6	10	2.8	13.6	0.35	133.6
Caffe Latte - oat drink	Tall	614	145	7.2	0.7	16.7	7.8	2.6	2.3	0.30	89.1
Caffe Latte - oat drink	Grande	753	178	8.9	0.9	20.4	9.7	3.2	2.7	0.38	89.1
Caffe Latte - oat drink	Venti	1015	241	11.9	1.2	27.5	13	4.3	3.8	0.51	133.6
Caffe Latte - coconut drink	Tall	468	114	6.2	5.6	9.4	8.6	3.9	2.8	0.11	89.1
Caffe Latte - coconut drink	Grande	573	139	7.6	7	11.4	10.6	4.8	3.4	0.14	89.1
Caffe Latte - coconut drink	Venti	773	188	10.3	9.3	15.5	14.2	6.5	4.6	0.18	133.6
Latte Macchiato - semi skimmed milk	Tall	476	113	3.9	2.5	11.3	10.5	0.3	8.1	0.24	89.1
Latte Macchiato - semi skimmed milk	Grande	616	147	5.1	3.2	14.6	13.7	0.3	10.6	0.31	89.1
Latte Macchiato - semi skimmed milk	Venti	815	194	6.7	4.3	19.3	18.1	0.4	14	0.41	133.6
Latte Macchiato - whole milk	Tall	624	149	8.1	5.1	11.1	10.3	0.3	7.9	0.23	89.1
Latte Macchiato - whole milk	Grande	811	193	10.6	6.7	14.3	13.5	0.3	10.3	0.31	89.1
Latte Macchiato - whole milk	Venti	1071	255	13.9	8.8	18.9	17.7	0.4	13.6	0.40	133.6
Latte Macchiato - skimmed milk	Tall	365	87	0.8	0.3	11.5	10.7	0.3	8.1	0.24	89.1
Latte Macchiato - skimmed milk	Grande	471	112	1	0.4	14.8	14	0.3	10.6	0.32	89.1
Latte Macchiato - skimmed milk	Venti	624	148	1.3	0.6	19.7	18.5	0.4	14	0.42	133.6
Latte Macchiato - almond drink	Tall	250	62	2.7	0.3	6.3	5.5	0.7	1.5	0.16	89.1
Latte Macchiato - almond drink	Grande	320	80	3.6	0.3	8	7.2	0.8	1.8	0.21	89.1
Latte Macchiato - almond drink	Venti	426	106	4.7	0.4	10.7	9.5	1.2	2.5	0.28	133.6
Latte Macchiato - soya drink	Tall	407	98	4.2	0.7	6.5	5.5	1.6	7.5	0.19	89.1
Latte Macchiato - soya drink	Grande	526	126	5.5	0.9	8.3	7.2	2	9.8	0.26	89.1
Latte Macchiato - soya drink	Venti	697	167	7.3	1.2	11	9.4	2.7	12.9	0.34	133.6
Latte Macchiato - oat drink	Tall	562	133	6.6	0.7	15.3	7.2	2.4	2.1	0.28	89.1
Latte Macchiato - oat drink	Grande	729	173	8.6	0.9	19.8	9.4	3.1	2.7	0.36	89.1
Latte Macchiato - oat drink	Venti	964	228	11.3	1.2	26.2	12.4	4.1	3.6	0.48	133.6
Latte Macchiato - coconut drink	Tall	429	104	5.7	5.1	8.6	7.8	3.6	2.6	0.10	89.1
Latte Macchiato - coconut drink	Grande	555	135	7.4	6.7	11.1	10.3	4.6	3.3	0.13	89.1
Latte Macchiato - coconut drink	Venti	735	179	9.7	8.8	14.7	13.5	6.1	4.4	0.17	133.6
Freshly Brewed Coffee	Tall	109	25	1.1	0.4	2.2	0.4	1.8	1.1	0.01	209.8
Freshly Brewed Coffee	Grande	132	31	1.3	0.4	2.6	0.4	2.2	1.3	0.01	254.6
Freshly Brewed Coffee	Venti	168	39	1.7	0.6	3.4	0.6	2.8	1.7	0.01	324.2
Espresso	Single	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Espresso Doppio	Doppio	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Espresso Macchiato - semi skimmed milk	Single	25	6	0.2	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - whole milk	Single	29	7	0.3	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - skimmed milk	Single	23	6	0.1	0	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - almond drink	Single	20	5	0.1	0	0.6	0.2	0.1	0.2	0.00	44.5
Espresso Macchiato - soya drink	Single	24	6	0.2	0	0.6	0.2	0.2	0.4	0.01	44.5
Espresso Macchiato - oat drink	Single	27	7	0.2	0	0.8	0.2	0.2	0.2	0.01	44.5
Espresso Macchiato - coconut drink	Single	24	6	0.2	0.1	0.6	0.2	0.2	0.3	0.00	44.5
Espresso Macchiato - Doppio - semi skimmed milk	Double	62	15	0.4	0.2	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - whole milk	Double	73	18	0.7	0.4	1.6	0.8	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - skimmed milk	Double	54	13	0.2	0.1	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - almond drink	Double	46	11	0.3	0.1	1.3	0.5	0.3	0.5	0.01	89.1
Espresso Macchiato - Doppio - soya drink	Double	57	14	0.4	0.1	1.3	0.5	0.4	0.9	0.02	89.1
Espresso Macchiato - Doppio - oat drink	Double	69	16	0.6	0.1	2	0.6	0.4	0.5	0.02	89.1
Espresso Macchiato - Doppio - coconut drink	Double	59	14	0.5	0.4	1.5	0.7	0.5	0.6	0.01	89.1
Cortado - semi skimmed milk	Short	207	49	1.6	1	5.3	4.3	0	3.5	0.10	70.9
Cortado - whole milk	Short	268	64	3.3	2.1	5.2	4.2	0	3.4	0.10	70.9
Cortado - skimmed milk	Short	161	38	0.3	0.2	5.4	4.4	0	3.5	0.10	70.9
Cortado - almond drink	Short	114	28	1.1	0.1	3.2	2.3	0.2	0.8	0.07	70.9
Cortado - soya drink	Short	179	43	1.7	0.3	3.3	2.3	0.5	3.3	0.08	70.9

Cortado - oat drink	Short	242	57	2.7	0.3	6.9	3	0.9	1	0.12	70.9
Cortado - coconut drink	Short	188	45	2.3	2.1	4.2	3.2	1.4	1.2	0.04	70.9
Cappuccino - semi skimmed milk	Tall	432	103	3.5	2.2	10.3	9.5	0.3	7.4	0.22	89.1
Cappuccino - semi skimmed milk	Grande	546	130	4.5	2.9	12.9	12.1	0.3	9.4	0.28	89.1
Cappuccino - semi skimmed milk	Venti	708	169	5.8	3.7	16.8	15.6	0.4	12.1	0.36	133.6
Cappuccino - whole milk	Tall	565	135	7.3	4.6	10.1	9.3	0.3	7.2	0.21	89.1
Cappuccino - whole milk	Grande	717	171	9.3	5.9	12.7	11.8	0.3	9.1	0.27	89.1
Cappuccino - whole milk	Venti	929	221	12	7.6	16.5	15.3	0.4	11.8	0.35	133.6
Cappuccino - skimmed milk	Tall	332	79	0.7	0.3	10.5	9.7	0.3	7.4	0.22	89.1
Cappuccino - skimmed milk	Grande	418	99	0.9	0.4	13.2	12.4	0.3	9.4	0.28	89.1
Cappuccino - skimmed milk	Venti	544	129	1.2	0.5	17.1	15.9	0.4	12.1	0.36	133.6
Cappuccino - almond drink	Tall	229	57	2.5	0.2	5.8	5	0.7	1.4	0.15	89.1
Cappuccino - almond drink	Grande	285	71	3.2	0.3	7.2	6.4	0.8	1.7	0.19	89.1
Cappuccino - almond drink	Venti	373	93	4.1	0.4	9.4	8.2	1.1	2.2	0.24	133.6
Cappuccino - soya drink	Tall	370	89	3.8	0.6	6	5	1.4	6.8	0.18	89.1
Cappuccino - soya drink	Grande	466	112	4.9	0.8	7.4	6.3	1.8	8.6	0.22	89.1
Cappuccino - soya drink	Venti	606	146	6.3	1	9.7	8.2	2.3	11.2	0.29	133.6
Cappuccino - oat drink	Tall	510	121	5.9	0.6	13.9	6.5	2.2	2	0.25	89.1
Cappuccino - oat drink	Grande	645	153	7.6	0.8	17.5	8.3	2.7	2.4	0.32	89.1
Cappuccino - oat drink	Venti	837	198	9.8	1	22.7	10.7	3.6	3.2	0.41	133.6
Cappuccino - coconut drink	Tall	390	95	5.1	4.6	7.9	7.1	3.3	2.4	0.09	89.1
Cappuccino - coconut drink	Grande	492	120	6.5	5.9	9.8	9	4.1	3	0.12	89.1
Cappuccino - coconut drink	Venti	639	156	8.4	7.6	12.9	11.7	5.3	3.9	0.15	133.6
Flat White - semi skimmed milk	Short	246	59	2	1.2	6	5.1	0.3	4.2	0.12	89.1
Flat White - whole milk	Short	318	76	4	2.5	5.8	5	0.3	4.1	0.11	89.1
Flat White - skimmed milk	Short	193	46	0.5	0.2	6.1	5.2	0.3	4.2	0.12	89.1
Flat White - almond drink	Short	137	34	1.4	0.2	3.5	2.7	0.5	0.9	0.08	89.1
Flat White - soya drink	Short	213	51	2.1	0.4	3.6	2.7	0.9	3.9	0.10	89.1
Flat White - oat drink	Short	288	68	3.3	0.4	7.9	3.5	1.3	1.2	0.14	89.1
Flat White - coconut drink	Short	224	54	2.8	2.5	4.7	3.9	1.9	1.5	0.05	89.1
Caramel Macchiato - semi skimmed milk	Tall	704	167	4.9	3.1	22.2	21	0.3	8.5	0.27	89.1
Caramel Macchiato - semi skimmed milk	Grande	900	214	6	3.8	28.9	27.6	0.3	10.9	0.35	89.1
Caramel Macchiato - semi skimmed milk	Venti	1147	272	7.5	4.8	37	35.2	0.4	14	0.44	133.6
Caramel Macchiato - whole milk	Tall	858	204	9.3	5.8	21.9	20.7	0.3	8.3	0.27	89.1
Caramel Macchiato - whole milk	Grande	1099	261	11.7	7.4	28.6	27.3	0.3	10.6	0.34	89.1
Caramel Macchiato - whole milk	Venti	1403	333	14.8	9.3	36.6	34.8	0.4	13.7	0.43	133.6
Caramel Macchiato - skimmed milk	Tall	589	140	1.7	0.9	22.4	21.2	0.3	8.5	0.28	89.1
Caramel Macchiato - skimmed milk	Grande	751	178	1.9	1	29.2	27.9	0.3	10.9	0.35	89.1
Caramel Macchiato - skimmed milk	Venti	956	227	2.2	1.1	37.3	35.6	0.4	14	0.45	133.6
Caramel Macchiato - almond drink	Tall	469	114	3.7	0.8	17	15.8	0.7	1.6	0.19	89.1
Caramel Macchiato - almond drink	Grande	597	145	4.5	0.9	22.3	21	0.9	1.9	0.24	89.1
Caramel Macchiato - almond drink	Venti	757	185	5.6	1	28.4	26.6	1.2	2.6	0.31	133.6
Caramel Macchiato - soya drink	Tall	632	151	5.2	1.2	17.2	15.8	1.6	7.9	0.23	89.1
Caramel Macchiato - soya drink	Grande	808	193	6.5	1.4	22.5	20.9	2	10	0.29	89.1
Caramel Macchiato - soya drink	Venti	1028	246	8.1	1.7	28.7	26.6	2.7	13	0.36	133.6
Caramel Macchiato - oat drink	Tall	793	188	7.7	1.2	26.3	17.5	2.5	2.3	0.31	89.1
Caramel Macchiato - oat drink	Grande	1016	240	9.6	1.4	34.3	23.2	3.1	2.8	0.40	89.1
Caramel Macchiato - oat drink	Venti	1296	307	12.2	1.7	43.8	29.5	4.1	3.7	0.51	133.6
Caramel Macchiato - coconut drink	Tall	655	158	6.7	5.9	19.4	18.2	3.7	2.8	0.13	89.1
Caramel Macchiato - coconut drink	Grande	837	202	8.4	7.4	25.4	24.1	4.7	3.4	0.16	89.1
Caramel Macchiato - coconut drink	Venti	1067	257	10.6	9.4	32.4	30.6	6.1	4.5	0.20	133.6
Mocha - semi skimmed milk	Tall	962	230	9.7	6.6	25	23.2	2.2	9.4	0.20	89.1
Mocha - semi skimmed milk	Grande	1187	283	11.2	7.5	32.2	30.1	2.8	12	0.26	89.1

Mocha - semi skimmed milk	Venti	1511	360	13.6	9	41.7	38.8	3.6	16.1	0.35	133.6
Mocha - whole milk	Tall	1077	257	13	8.6	24.9	23	2.2	9.3	0.20	89.1
Mocha - whole milk	Grande	1334	318	15.3	10.1	32	29.9	2.8	11.8	0.25	89.1
Mocha - whole milk	Venti	1715	409	19.3	12.6	41.4	38.5	3.6	15.8	0.34	133.6
Mocha - skimmed milk	Tall	877	209	7.3	4.9	25.2	23.4	2.2	9.4	0.21	89.1
Mocha - skimmed milk	Grande	1077	257	8.1	5.3	32.5	30.3	2.8	12	0.26	89.1
Mocha - skimmed milk	Venti	1359	324	9.3	6.1	42	39.1	3.6	16.1	0.36	133.6
Mocha - almond drink	Tall	788	190	8.8	4.8	21.2	19.4	2.5	4.3	0.14	89.1
Mocha - almond drink	Grande	963	232	10	5.3	27.3	25.2	3.2	5.4	0.18	89.1
Mocha - almond drink	Venti	1201	290	12	6	34.8	32	4.2	7	0.24	133.6
Mocha - soya drink	Tall	909	218	10	5.2	21.3	19.3	3.2	8.9	0.17	89.1
Mocha - soya drink	Grande	1119	268	11.5	5.7	27.5	25.1	4.1	11.4	0.21	89.1
Mocha - soya drink	Venti	1417	339	14	6.6	35.1	31.9	5.4	15.3	0.29	133.6
Mocha - oat drink	Tall	1029	245	11.8	5.2	28.1	20.6	3.8	4.8	0.23	89.1
Mocha - oat drink	Grande	1273	303	13.8	5.7	36.2	26.8	4.9	6.1	0.30	89.1
Mocha - oat drink	Venti	1630	388	17.2	6.6	47.1	34.2	6.5	7.8	0.40	133.6
Mocha - coconut drink	Tall	926	223	11.1	8.6	23	21.2	4.7	5.2	0.10	89.1
Mocha - coconut drink	Grande	1141	274	12.9	10.1	29.6	27.5	6.1	6.5	0.12	89.1
Mocha - coconut drink	Venti	1448	348	16	12.7	38	35.1	8.1	8.5	0.16	133.6
White Mocha - semi skimmed milk	Tall	1113	265	10.5	7.5	34.4	33.6	0.3	8.1	0.36	89.1
White Mocha - semi skimmed milk	Grande	1448	345	12.7	9.1	46.2	45.4	0.3	11.3	0.50	89.1
White Mocha - semi skimmed milk	Venti	1751	417	14.7	10.6	57.1	55.9	0.5	13.7	0.61	133.6
White Mocha - whole milk	Tall	1218	290	13.5	9.4	34.3	33.5	0.3	7.9	0.36	89.1
White Mocha - whole milk	Grande	1603	382	17.1	11.8	46	45.1	0.3	11.1	0.49	89.1
White Mocha - whole milk	Venti	1936	461	20	13.8	56.8	55.6	0.5	13.4	0.60	133.6
White Mocha - skimmed milk	Tall	1034	246	8.3	6	34.6	33.8	0.3	8.1	0.36	89.1
White Mocha - skimmed milk	Grande	1332	317	9.4	6.8	46.4	45.6	0.3	11.3	0.51	89.1
White Mocha - skimmed milk	Venti	1613	384	10.9	7.9	57.3	56.1	0.5	13.7	0.62	133.6
White Mocha - almond drink	Tall	952	229	9.7	5.9	30.9	30.1	0.6	3.4	0.31	89.1
White Mocha - almond drink	Grande	1212	292	11.5	6.8	41	40.2	0.8	4.4	0.42	89.1
White Mocha - almond drink	Venti	1470	353	13.3	7.8	50.9	49.7	1	5.4	0.51	133.6
White Mocha - soya drink	Tall	1064	254	10.7	6.3	31	30.1	1.2	7.7	0.33	89.1
White Mocha - soya drink	Grande	1376	329	13	7.2	41.2	40.1	1.7	10.7	0.45	89.1
White Mocha - soya drink	Venti	1666	398	15.1	8.3	51.1	49.6	2.1	12.9	0.55	133.6
White Mocha - oat drink	Tall	1174	279	12.4	6.3	37.2	31.3	1.8	3.8	0.39	89.1
White Mocha - oat drink	Grande	1538	366	15.5	7.2	50.4	41.9	2.6	5	0.54	89.1
White Mocha - oat drink	Venti	1859	442	18.1	8.3	62	51.7	3.2	6.2	0.66	133.6
White Mocha - coconut drink	Tall	1080	259	11.7	9.4	32.5	31.7	2.7	4.2	0.26	89.1
White Mocha - coconut drink	Grande	1400	336	14.5	11.9	43.4	42.6	3.8	5.5	0.36	89.1
White Mocha - coconut drink	Venti	1693	406	16.9	13.9	53.8	52.5	4.6	6.8	0.44	133.6
Cold Coffee		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cold Brew	Tall	72	16	0.6	0.2	1.6	0.1	1	0.8	0.01	188.6
Cold Brew	Grande	97	22	0.8	0.3	2.2	0.1	1.4	1.1	0.01	255.8
Cold Brew	Venti	123	28	1.1	0.4	2.8	0.2	1.8	1.4	0.02	322.9
Cold Brew Latte - semi skimmed milk	Tall	373	88	3.1	1.9	8.6	7.7	0.5	6.4	0.18	159.1
Cold Brew Latte - semi skimmed milk	Grande	520	123	4.3	2.7	12	11.1	0.6	8.9	0.26	166.5
Cold Brew Latte - semi skimmed milk	Venti	598	142	5	3.1	13.8	12.7	0.7	10.3	0.30	204.7
Cold Brew Latte - whole milk	Tall	482	114	6.2	3.9	8.4	7.6	0.5	6.2	0.18	159.1
Cold Brew Latte - whole milk	Grande	677	161	8.8	5.5	11.7	10.9	0.6	8.7	0.25	166.5
Cold Brew Latte - whole milk	Venti	778	185	10.1	6.3	13.5	12.4	0.7	10	0.29	204.7
Cold Brew Latte - skimmed milk	Tall	291	69	0.8	0.3	8.7	7.9	0.5	6.4	0.19	159.1
Cold Brew Latte - skimmed milk	Grande	402	95	1.1	0.4	12.2	11.3	0.6	8.9	0.26	166.5
Cold Brew Latte - skimmed milk	Venti	464	110	1.2	0.5	14	13	0.7	10.3	0.30	204.7

Cold Brew Latte - almond drink	Tall	206	51	2.3	0.3	4.9	4.1	0.9	1.5	0.12	159.1
Cold Brew Latte - almond drink	Grande	280	69	3.1	0.3	6.7	5.8	1	1.8	0.18	166.5
Cold Brew Latte - almond drink	Venti	324	80	3.6	0.4	7.7	6.7	1.2	2.2	0.20	204.7
Cold Brew Latte - soya drink	Tall	322	77	3.4	0.6	5	4	1.5	5.9	0.15	159.1
Cold Brew Latte - soya drink	Grande	447	107	4.7	0.8	6.9	5.8	2	8.3	0.21	166.5
Cold Brew Latte - soya drink	Venti	515	123	5.4	0.9	8	6.6	2.3	9.5	0.24	204.7
Cold Brew Latte - oat drink	Tall	437	103	5.1	0.6	11.5	5.3	2.1	1.9	0.21	159.1
Cold Brew Latte - oat drink	Grande	612	144	7.2	0.8	16.2	7.6	2.9	2.5	0.30	166.5
Cold Brew Latte - oat drink	Venti	703	166	8.2	0.9	18.6	8.7	3.3	2.9	0.34	204.7
Cold Brew Latte - coconut drink	Tall	339	82	4.4	3.9	6.6	5.8	3	2.3	0.08	159.1
Cold Brew Latte - coconut drink	Grande	470	114	6.2	5.5	9.2	8.3	4.1	3	0.11	166.5
Cold Brew Latte - coconut drink	Venti	542	131	7.1	6.3	10.5	9.5	4.7	3.5	0.13	204.7
Iced Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Iced Americano	Grande	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Iced Americano	Venti	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Iced Latte - semi skimmed milk	Tall	346	83	2.8	1.8	8.3	7.5	0.3	5.9	0.17	89.1
Iced Latte - semi skimmed milk	Grande	536	128	4.4	2.8	12.7	11.9	0.3	9.2	0.27	89.1
Iced Latte - semi skimmed milk	Venti	545	130	4.4	2.8	13	11.8	0.4	9.3	0.27	133.6
Iced Latte - whole milk	Tall	451	108	5.8	3.6	8.1	7.3	0.3	5.7	0.17	89.1
Iced Latte - whole milk	Grande	704	168	9.2	5.8	12.4	11.6	0.3	8.9	0.26	89.1
Iced Latte - whole milk	Venti	711	170	9.1	5.7	12.8	11.5	0.4	9	0.26	133.6
Iced Latte - skimmed milk	Tall	268	64	0.6	0.2	8.4	7.6	0.3	5.9	0.17	89.1
Iced Latte - skimmed milk	Grande	410	97	0.9	0.4	12.9	12.1	0.3	9.2	0.28	89.1
Iced Latte - skimmed milk	Venti	421	100	0.9	0.4	13.3	12	0.4	9.3	0.27	133.6
Iced Latte - almond drink	Tall	186	46	2	0.2	4.8	3.9	0.6	1.2	0.11	89.1
Iced Latte - almond drink	Grande	280	70	3.1	0.3	7.1	6.3	0.8	1.6	0.18	89.1
Iced Latte - almond drink	Venti	292	73	3.1	0.3	7.4	6.2	0.9	1.8	0.18	133.6
Iced Latte - soya drink	Tall	298	72	3	0.5	4.9	3.9	1.2	5.5	0.14	89.1
Iced Latte - soya drink	Grande	458	110	4.8	0.8	7.3	6.2	1.7	8.5	0.22	89.1
Iced Latte - soya drink	Venti	468	112	4.8	0.8	7.6	6.2	1.9	8.6	0.22	133.6
Iced Latte - oat drink	Tall	407	97	4.7	0.5	11.1	5.1	1.8	1.6	0.20	89.1
Iced Latte - oat drink	Grande	634	150	7.4	0.8	17.2	8.1	2.7	2.4	0.31	89.1
Iced Latte - oat drink	Venti	642	152	7.4	0.8	17.5	8.1	2.8	2.5	0.31	133.6
Iced Latte - coconut drink	Tall	313	76	4.1	3.7	6.4	5.6	2.6	2	0.07	89.1
Iced Latte - coconut drink	Grande	483	118	6.4	5.8	9.7	8.9	4	2.9	0.11	89.1
Iced Latte - coconut drink	Venti	493	120	6.4	5.8	10	8.8	4.1	3.1	0.11	133.6
Classic Iced Cappuccino - semi skimmed milk	Tall	297	71	2.4	1.5	7.1	6.3	0.3	5	0.14	89.1
Classic Iced Cappuccino - semi skimmed milk	Grande	446	106	3.6	2.3	10.6	9.8	0.3	7.6	0.22	89.1
Classic Iced Cappuccino - semi skimmed milk	Venti	484	115	3.9	2.5	11.6	10.4	0.4	8.2	0.24	133.6
Classic Iced Cappuccino - whole milk	Tall	386	92	4.9	3.1	7	6.2	0.3	4.9	0.14	89.1
Classic Iced Cappuccino - whole milk	Grande	584	139	7.6	4.8	10.4	9.6	0.3	7.4	0.22	89.1
Classic Iced Cappuccino - whole milk	Venti	630	150	8	5.1	11.4	10.2	0.4	8	0.23	133.6
Classic Iced Cappuccino - skimmed milk	Tall	231	55	0.5	0.2	7.3	6.4	0.3	5	0.15	89.1
Classic Iced Cappuccino - skimmed milk	Grande	343	81	0.8	0.3	10.8	10	0.3	7.6	0.23	89.1
Classic Iced Cappuccino - skimmed milk	Venti	375	89	0.9	0.4	11.8	10.6	0.4	8.2	0.24	133.6
Classic Iced Cappuccino - almond drink	Tall	162	40	1.7	0.2	4.2	3.3	0.5	1.1	0.10	89.1
Classic Iced Cappuccino - almond drink	Grande	235	59	2.6	0.2	6	5.2	0.7	1.4	0.15	89.1
Classic Iced Cappuccino - almond drink	Venti	262	65	2.8	0.3	6.7	5.5	0.8	1.7	0.16	133.6
Classic Iced Cappuccino - soya drink	Tall	256	62	2.6	0.4	4.3	3.3	1.1	4.7	0.12	89.1
Classic Iced Cappuccino - soya drink	Grande	382	92	3.9	0.6	6.1	5.1	1.5	7	0.18	89.1
Classic Iced Cappuccino - soya drink	Venti	416	100	4.2	0.7	6.9	5.5	1.7	7.6	0.19	133.6
Classic Iced Cappuccino - oat drink	Tall	349	83	4	0.4	9.5	4.3	1.6	1.4	0.17	89.1
Classic Iced Cappuccino - oat drink	Grande	526	125	6.1	0.6	14.3	6.7	2.3	2	0.26	89.1

Classic Iced Cappuccino - oat drink	Venti	569	135	6.5	0.7	15.5	7.1	2.5	2.3	0.27	133.6
Classic Iced Cappuccino - coconut drink	Tall	269	65	3.4	3.1	5.5	4.7	2.3	1.7	0.06	89.1
Classic Iced Cappuccino - coconut drink	Grande	402	98	5.3	4.8	8.1	7.3	3.4	2.5	0.09	89.1
Classic Iced Cappuccino - coconut drink	Venti	438	107	5.6	5.1	9	7.8	3.7	2.8	0.10	133.6
Iced Latte Macchiato - semi skimmed milk	Tall	383	91	3.1	2	9.1	8.3	0.3	6.5	0.19	89.1
Iced Latte Macchiato - semi skimmed milk	Grande	552	132	4.5	2.9	13.1	12.3	0.3	9.5	0.28	89.1
Iced Latte Macchiato - semi skimmed milk	Venti	578	138	4.7	3	13.8	12.6	0.4	9.9	0.29	133.6
Iced Latte Macchiato - whole milk	Tall	500	119	6.4	4.1	8.9	8.1	0.3	6.4	0.18	89.1
Iced Latte Macchiato - whole milk	Grande	726	173	9.5	6	12.8	12	0.3	9.2	0.27	89.1
Iced Latte Macchiato - whole milk	Venti	755	180	9.7	6.1	13.5	12.3	0.4	9.6	0.28	133.6
Iced Latte Macchiato - skimmed milk	Tall	295	70	0.7	0.3	9.3	8.5	0.3	6.5	0.19	89.1
Iced Latte Macchiato - skimmed milk	Grande	423	100	0.9	0.4	13.3	12.5	0.3	9.5	0.29	89.1
Iced Latte Macchiato - skimmed milk	Venti	446	106	1	0.4	14	12.8	0.4	9.9	0.29	133.6
Iced Latte Macchiato - almond drink	Tall	204	51	2.2	0.2	5.2	4.4	0.6	1.3	0.13	89.1
Iced Latte Macchiato - almond drink	Grande	288	72	3.2	0.3	7.3	6.5	0.8	1.7	0.19	89.1
Iced Latte Macchiato - almond drink	Venti	308	77	3.3	0.3	7.9	6.6	0.9	1.9	0.19	133.6
Iced Latte Macchiato - soya drink	Tall	328	79	3.4	0.6	5.3	4.4	1.3	6	0.15	89.1
Iced Latte Macchiato - soya drink	Grande	472	113	4.9	0.8	7.5	6.4	1.8	8.7	0.23	89.1
Iced Latte Macchiato - soya drink	Venti	496	119	5.1	0.8	8.1	6.6	2	9.1	0.23	133.6
Iced Latte Macchiato - oat drink	Tall	451	107	5.2	0.6	12.3	5.7	2	1.8	0.22	89.1
Iced Latte Macchiato - oat drink	Grande	653	155	7.7	0.8	17.7	8.4	2.8	2.4	0.32	89.1
Iced Latte Macchiato - oat drink	Venti	681	162	7.9	0.8	18.5	8.6	3	2.7	0.33	133.6
Iced Latte Macchiato - coconut drink	Tall	346	84	4.5	4.1	7	6.2	2.9	2.2	0.08	89.1
Iced Latte Macchiato - coconut drink	Grande	498	121	6.6	6	10	9.2	4.2	3	0.12	89.1
Iced Latte Macchiato - coconut drink	Venti	523	127	6.8	6.2	10.6	9.4	4.4	3.3	0.12	133.6
Iced Caramel Macchiato - semi skimmed milk	Tall	615	146	4.2	2.6	20.4	19.1	0.3	6.6	0.22	89.1
Iced Caramel Macchiato - semi skimmed milk	Grande	845	201	5.6	3.6	27.9	26.6	0.3	9.6	0.31	89.1
Iced Caramel Macchiato - semi skimmed milk	Venti	932	221	5.8	3.6	32.2	30.4	0.4	10	0.32	133.6
Iced Caramel Macchiato - whole milk	Tall	732	174	7.5	4.7	20.2	18.9	0.3	6.4	0.22	89.1
Iced Caramel Macchiato - whole milk	Grande	1019	242	10.5	6.6	27.7	26.3	0.3	9.3	0.31	89.1
Iced Caramel Macchiato - whole milk	Venti	1109	264	10.8	6.8	32	30.2	0.4	9.7	0.31	133.6
Iced Caramel Macchiato - skimmed milk	Tall	527	125	1.7	0.9	20.6	19.3	0.3	6.6	0.23	89.1
Iced Caramel Macchiato - skimmed milk	Grande	716	170	2	1	28.2	26.9	0.3	9.6	0.32	89.1
Iced Caramel Macchiato - skimmed milk	Venti	799	189	2.1	1.1	32.5	30.7	0.4	10	0.33	133.6
Iced Caramel Macchiato - almond drink	Tall	436	106	3.3	0.9	16.5	15.2	0.6	1.4	0.16	89.1
Iced Caramel Macchiato - almond drink	Grande	581	141	4.2	1	22.1	20.8	0.8	1.8	0.22	89.1
Iced Caramel Macchiato - almond drink	Venti	662	160	4.4	1	26.3	24.5	0.9	2	0.23	133.6
Iced Caramel Macchiato - soya drink	Tall	561	134	4.4	1.2	16.6	15.2	1.3	6.1	0.19	89.1
Iced Caramel Macchiato - soya drink	Grande	765	183	6	1.5	22.4	20.7	1.8	8.8	0.26	89.1
Iced Caramel Macchiato - soya drink	Venti	850	203	6.2	1.5	26.5	24.4	2	9.2	0.27	133.6
Iced Caramel Macchiato - oat drink	Tall	683	162	6.3	1.2	23.6	16.5	2	1.9	0.25	89.1
Iced Caramel Macchiato - oat drink	Grande	946	224	8.7	1.5	32.6	22.7	2.8	2.5	0.36	89.1
Iced Caramel Macchiato - oat drink	Venti	1035	245	9	1.5	37	26.5	3	2.8	0.37	133.6
Iced Caramel Macchiato - coconut drink	Tall	578	139	5.6	4.7	18.3	17	2.9	2.2	0.11	89.1
Iced Caramel Macchiato - coconut drink	Grande	791	190	7.7	6.7	24.8	23.5	4.2	3.1	0.15	89.1
Iced Caramel Macchiato - coconut drink	Venti	876	211	7.9	6.8	29.1	27.2	4.4	3.3	0.15	133.6
Iced Mocha - semi skimmed milk	Tall	1027	246	12.9	8.9	23.6	21.7	2.2	7.8	0.15	89.1
Iced Mocha - semi skimmed milk	Grande	1431	342	17.7	12.2	32.9	30.7	2.8	11.6	0.24	89.1
Iced Mocha - semi skimmed milk	Venti	1517	363	17.8	12.3	37	34.1	3.6	11.8	0.22	133.6
Iced Mocha - whole milk	Tall	1105	264	15.1	10.3	23.4	21.6	2.2	7.7	0.15	89.1
Iced Mocha - whole milk	Grande	1560	373	21.3	14.5	32.7	30.5	2.8	11.4	0.24	89.1
Iced Mocha - whole milk	Venti	1629	389	21	14.2	36.8	34	3.6	11.6	0.22	133.6
Iced Mocha - skimmed milk	Tall	969	232	11.3	7.8	23.7	21.9	2.2	7.8	0.16	89.1

Iced Mocha - skimmed milk	Grande	1334	319	15	10.3	33	30.9	2.8	11.6	0.25	89.1
Iced Mocha - skimmed milk	Venti	1433	343	15.5	10.6	37.2	34.3	3.6	11.8	0.22	133.6
Iced Mocha - almond drink	Tall	908	219	12.3	7.7	20.9	19.1	2.4	4.3	0.11	89.1
Iced Mocha - almond drink	Grande	1234	298	16.7	10.3	28.5	26.4	3.2	5.8	0.18	89.1
Iced Mocha - almond drink	Venti	1346	324	17	10.6	33.3	30.4	3.9	6.7	0.16	133.6
Iced Mocha - soya drink	Tall	991	238	13.1	8	21	19.1	2.8	7.5	0.13	89.1
Iced Mocha - soya drink	Grande	1371	329	18	10.6	28.7	26.3	3.9	11	0.21	89.1
Iced Mocha - soya drink	Venti	1465	351	18.1	10.9	33.4	30.3	4.5	11.3	0.19	133.6
Iced Mocha - oat drink	Tall	1072	256	14.3	8	25.6	20	3.3	4.6	0.17	89.1
Iced Mocha - oat drink	Grande	1506	360	20	10.6	36.3	27.8	4.7	6.3	0.28	89.1
Iced Mocha - oat drink	Venti	1582	378	19.9	10.9	40	31.6	5.2	7.2	0.25	133.6
Iced Mocha - coconut drink	Tall	1002	241	13.8	10.3	22.2	20.3	3.9	4.9	0.08	89.1
Iced Mocha - coconut drink	Grande	1390	334	19.2	14.5	30.5	28.4	5.7	6.8	0.12	89.1
Iced Mocha - coconut drink	Venti	1482	356	19.2	14.3	35	32.1	6.1	7.6	0.11	133.6
Iced White Mocha - semi skimmed milk	Tall	1207	288	13.9	10	33.7	32.8	0.3	7	0.33	89.1
Iced White Mocha - semi skimmed milk	Grande	1680	401	19.1	13.7	46.5	45.7	0.3	10.6	0.48	89.1
Iced White Mocha - semi skimmed milk	Venti	1833	438	19.6	14.2	54.2	53	0.5	10.7	0.52	133.6
Iced White Mocha - whole milk	Tall	1286	307	16.1	11.4	33.5	32.7	0.3	6.9	0.32	89.1
Iced White Mocha - whole milk	Grande	1813	433	22.8	16.1	46.3	45.5	0.3	10.4	0.48	89.1
Iced White Mocha - whole milk	Venti	1951	466	23	16.3	54	52.8	0.5	10.5	0.51	133.6
Iced White Mocha - skimmed milk	Tall	1149	274	12.3	8.9	33.8	33	0.3	7	0.33	89.1
Iced White Mocha - skimmed milk	Grande	1580	377	16.3	11.8	46.7	45.9	0.3	10.6	0.49	89.1
Iced White Mocha - skimmed milk	Venti	1745	416	17.2	12.5	54.4	53.2	0.5	10.7	0.52	133.6
Iced White Mocha - almond drink	Tall	1088	261	13.3	8.9	31	30.2	0.5	3.5	0.29	89.1
Iced White Mocha - almond drink	Grande	1477	355	18	11.7	42.1	41.2	0.7	4.7	0.41	89.1
Iced White Mocha - almond drink	Venti	1653	397	18.7	12.4	50.2	49	0.8	5.4	0.46	133.6
Iced White Mocha - soya drink	Tall	1171	280	14.1	9.1	31.1	30.2	1	6.7	0.30	89.1
Iced White Mocha - soya drink	Grande	1618	387	19.4	12.1	42.2	41.2	1.5	10.1	0.44	89.1
Iced White Mocha - soya drink	Venti	1778	425	19.9	12.8	50.4	49	1.5	10.2	0.48	133.6
Iced White Mocha - oat drink	Tall	1253	299	15.3	9.1	35.8	31.1	1.5	3.8	0.35	89.1
Iced White Mocha - oat drink	Grande	1757	419	21.5	12.1	50.1	42.7	2.3	5.3	0.52	89.1
Iced White Mocha - oat drink	Venti	1902	453	21.8	12.8	57.4	50.3	2.2	5.9	0.55	133.6
Iced White Mocha - coconut drink	Tall	1183	284	14.8	11.4	32.2	31.4	2.1	4.1	0.25	89.1
Iced White Mocha - coconut drink	Grande	1638	393	20.7	16.1	44.1	43.3	3.3	5.7	0.36	89.1
Iced White Mocha - coconut drink	Venti	1796	430	21	16.3	52.1	50.9	3.1	6.3	0.41	133.6
Starbucks Doubleshot™ Iced Coffee	Mini	360	87	8	5	2.2	1.4	0.3	1.4	0.03	89.1
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	427	103	8	5	6.2	5.3	0.3	1.4	0.03	89.1
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	367	87	2.1	1.3	12.6	11.8	0.3	4.3	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	484	115	2.6	1.6	17.4	16.2	0.4	5.4	0.15	128.2
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	592	141	3	1.8	21.9	20.3	0.5	6.2	0.17	171
Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	444	106	4.3	2.7	12.5	11.7	0.3	4.2	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	578	138	5.2	3.3	17.2	16.1	0.4	5.2	0.15	128.2
Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	699	166	6	3.8	21.7	20.2	0.5	6.1	0.17	171
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	309	73	0.5	0.2	12.7	11.9	0.3	4.3	0.13	85.5
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	414	98	0.6	0.2	17.5	16.3	0.4	5.4	0.16	128.2
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	512	122	0.7	0.3	22.1	20.5	0.5	6.2	0.18	171
Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	249	61	1.5	0.2	10	9.2	0.5	0.9	0.08	85.5
Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	342	83	1.9	0.2	14.2	13.1	0.7	1.2	0.10	128.2
Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	429	104	2.2	0.2	18.3	16.8	0.9	1.4	0.12	171
Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	331	79	2.3	0.4	10.1	9.2	0.9	4	0.10	85.5
Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	441	105	2.8	0.5	14.3	13	1.2	5	0.12	128.2
Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	542	130	3.2	0.6	18.4	16.7	1.5	5.8	0.14	171
Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	412	98	3.5	0.4	14.7	10.1	1.4	1.2	0.14	85.5

Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	539	128	4.3	0.5	19.9	14.1	1.8	1.6	0.18	128.2
Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	654	155	4.9	0.6	24.8	17.9	2.1	1.9	0.20	171
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	343	83	3	2.7	11.2	10.4	2	1.5	0.05	85.5
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	455	110	3.7	3.3	15.7	14.5	2.5	1.9	0.06	128.2
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	558	134	4.3	3.8	20	18.4	2.9	2.2	0.07	171
Hot Chocolates		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Hot Chocolate - semi skimmed milk	Tall	1038	247	10.3	7	27.2	26.1	2.1	10.5	0.24	0
Classic Hot Chocolate - semi skimmed milk	Grande	1308	311	12.1	8.1	35.4	34	2.7	13.9	0.32	0
Classic Hot Chocolate - semi skimmed milk	Venti	1616	385	14.5	9.7	44.4	42.6	3.3	17.7	0.41	0
Classic Hot Chocolate - whole milk	Tall	1175	280	14.2	9.4	27	25.9	2.1	10.3	0.23	0
Classic Hot Chocolate - whole milk	Grande	1493	356	17.4	11.4	35.2	33.7	2.7	13.6	0.31	0
Classic Hot Chocolate - whole milk	Venti	1857	442	21.3	13.9	44	42.3	3.3	17.4	0.40	0
Classic Hot Chocolate - skimmed milk	Tall	935	223	7.5	5	27.4	26.3	2.1	10.5	0.24	0
Classic Hot Chocolate - skimmed milk	Grande	1170	278	8.3	5.5	35.7	34.3	2.7	13.9	0.32	0
Classic Hot Chocolate - skimmed milk	Venti	1437	342	9.4	6.2	44.7	43	3.3	17.7	0.42	0
Classic Hot Chocolate - almond drink	Tall	829	200	9.3	4.9	22.6	21.5	2.5	4.3	0.17	0
Classic Hot Chocolate - almond drink	Grande	1026	248	10.7	5.4	29.3	27.8	3.3	5.6	0.22	0
Classic Hot Chocolate - almond drink	Venti	1250	302	12.6	6.1	36.3	34.5	4	6.9	0.28	0
Classic Hot Chocolate - soya drink	Tall	974	233	10.6	5.3	22.7	21.4	3.3	9.9	0.20	0
Classic Hot Chocolate - soya drink	Grande	1223	292	12.5	5.9	29.5	27.8	4.3	13.1	0.26	0
Classic Hot Chocolate - soya drink	Venti	1505	360	15	6.8	36.6	34.5	5.5	16.7	0.34	0
Classic Hot Chocolate - oat drink	Tall	1117	266	12.8	5.3	30.8	23	4.1	4.9	0.27	0
Classic Hot Chocolate - oat drink	Grande	1416	336	15.5	5.9	40.4	29.9	5.4	6.4	0.37	0
Classic Hot Chocolate - oat drink	Venti	1757	417	18.8	6.8	50.9	37.2	6.8	7.9	0.47	0
Classic Hot Chocolate - coconut drink	Tall	995	239	12	9.4	24.7	23.6	5.1	5.4	0.11	0
Classic Hot Chocolate - coconut drink	Grande	1250	300	14.3	11.5	32.1	30.7	6.9	7	0.14	0
Classic Hot Chocolate - coconut drink	Venti	1541	370	17.3	14	40.1	38.3	8.7	8.7	0.18	0
Signature Hot Chocolate - semi skimmed milk	Tall	1196	285	12.2	8.2	29.6	28.3	3.6	12.2	0.30	20
Signature Hot Chocolate - semi skimmed milk	Grande	1471	351	14.2	9.5	37.6	35.9	4.8	15.3	0.38	26.8
Signature Hot Chocolate - semi skimmed milk	Venti	1809	431	17	11.3	46.7	44.5	5.8	19.5	0.49	32.8
Signature Hot Chocolate - whole milk	Tall	1372	327	17.2	11.3	29.3	28	3.6	11.9	0.30	20
Signature Hot Chocolate - whole milk	Grande	1691	403	20.5	13.4	37.3	35.5	4.8	15	0.37	26.8
Signature Hot Chocolate - whole milk	Venti	2096	499	25.2	16.4	46.2	44.1	5.8	19.1	0.48	32.8
Signature Hot Chocolate - skimmed milk	Tall	1063	253	8.5	5.6	29.9	28.5	3.6	12.2	0.31	20
Signature Hot Chocolate - skimmed milk	Grande	1306	311	9.6	6.3	38	36.2	4.8	15.3	0.38	26.8
Signature Hot Chocolate - skimmed milk	Venti	1595	380	11	7.1	47.1	45	5.8	19.5	0.50	32.8
Signature Hot Chocolate - almond drink	Tall	926	224	10.8	5.5	23.7	22.3	4.1	4.3	0.21	20
Signature Hot Chocolate - almond drink	Grande	1135	275	12.5	6.2	30.3	28.5	5.4	5.4	0.26	26.8
Signature Hot Chocolate - almond drink	Venti	1372	332	14.8	7	37.1	34.9	6.6	6.6	0.34	32.8
Signature Hot Chocolate - soya drink	Tall	1114	267	12.6	6	23.9	22.3	5.1	11.5	0.25	20
Signature Hot Chocolate - soya drink	Grande	1369	327	14.7	6.8	30.5	28.4	6.7	14.4	0.31	26.8
Signature Hot Chocolate - soya drink	Venti	1676	401	17.7	7.8	37.4	34.8	8.3	18.3	0.40	32.8
Signature Hot Chocolate - oat drink	Tall	1298	309	15.4	6	34.4	24.3	6.1	5	0.35	20
Signature Hot Chocolate - oat drink	Grande	1599	380	18.2	6.8	43.6	30.9	7.9	6.3	0.43	26.8
Signature Hot Chocolate - oat drink	Venti	1976	470	22.2	7.8	54.4	38.1	9.9	7.8	0.56	32.8
Signature Hot Chocolate - coconut drink	Tall	1140	275	14.3	11.3	26.4	25.1	7.5	5.6	0.14	20
Signature Hot Chocolate - coconut drink	Grande	1402	337	16.9	13.4	33.7	31.9	9.7	7.1	0.17	26.8
Signature Hot Chocolate - coconut drink	Venti	1719	414	20.5	16.4	41.5	39.4	12.2	8.8	0.22	32.8
Iced Chocolate - semi skimmed milk	Tall	1133	271	13.8	9.5	26.4	25.3	2.1	9.4	0.21	0
Iced Chocolate - semi skimmed milk	Grande	1532	366	18.5	12.8	35.6	34.1	2.7	13.1	0.30	0
Iced Chocolate - semi skimmed milk	Venti	1680	401	19.2	13.2	41.2	39.4	3.4	14.3	0.31	0
Iced Chocolate - whole milk	Tall	1246	298	16.9	11.5	26.2	25.1	2.1	9.2	0.20	0
Iced Chocolate - whole milk	Grande	1694	405	23.1	15.6	35.3	33.9	2.7	12.9	0.29	0

Iced Chocolate - whole milk	Venti	1847	441	23.9	16.2	40.9	39.1	3.4	14.1	0.30	0
Iced Chocolate - skimmed milk	Tall	1050	251	11.4	7.9	26.5	25.4	2.1	9.4	0.21	0
Iced Chocolate - skimmed milk	Grande	1412	337	15.1	10.4	35.8	34.4	2.7	13.1	0.30	0
Iced Chocolate - skimmed milk	Venti	1555	371	15.7	10.8	41.4	39.6	3.4	14.3	0.31	0
Iced Chocolate - almond drink	Tall	963	232	12.9	7.8	22.6	21.5	2.4	4.4	0.15	0
Iced Chocolate - almond drink	Grande	1287	311	17.2	10.4	30.2	28.7	3.2	5.9	0.21	0
Iced Chocolate - almond drink	Venti	1426	344	17.9	10.7	35.6	33.8	3.9	6.8	0.22	0
Iced Chocolate - soya drink	Tall	1082	259	14	8.2	22.7	21.5	3	8.9	0.17	0
Iced Chocolate - soya drink	Grande	1458	349	18.9	10.8	30.4	28.7	4.1	12.4	0.25	0
Iced Chocolate - soya drink	Venti	1603	384	19.6	11.2	35.8	33.7	4.8	13.6	0.26	0
Iced Chocolate - oat drink	Tall	1199	286	15.8	8.2	29.4	22.8	3.7	4.9	0.24	0
Iced Chocolate - oat drink	Grande	1626	388	21.4	10.8	39.9	30.5	5	6.5	0.34	0
Iced Chocolate - oat drink	Venti	1777	423	22.2	11.2	45.6	35.6	5.8	7.6	0.35	0
Iced Chocolate - coconut drink	Tall	1098	264	15.1	11.5	24.3	23.3	4.6	5.2	0.10	0
Iced Chocolate - coconut drink	Grande	1482	356	20.4	15.7	32.7	31.2	6.3	7.1	0.14	0
Iced Chocolate - coconut drink	Venti	1628	391	21.2	16.2	38.2	36.4	7.1	8.1	0.15	0
Frappuccino®		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Coffee Frappuccino® - semi skimmed milk	Tall	890	212	10.6	7.5	25.2	24.4	0.1	3.7	0.41	23
Coffee Frappuccino® - semi skimmed milk	Grande	1187	283	14	9.9	34.1	33	0.2	4.9	0.55	31.4
Coffee Frappuccino® - semi skimmed milk	Venti	1309	312	14.1	9.9	40.9	39.5	0.2	5	0.66	39.5
Coffee Frappuccino® - whole milk	Tall	942	225	12.1	8.4	25.2	24.4	0.1	3.6	0.41	23
Coffee Frappuccino® - whole milk	Grande	1255	299	15.9	11.1	34	32.9	0.2	4.8	0.55	31.4
Coffee Frappuccino® - whole milk	Venti	1377	328	16	11.1	40.8	39.4	0.2	4.9	0.66	39.5
Coffee Frappuccino® - skimmed milk	Tall	851	203	9.5	6.7	25.3	24.5	0.1	3.7	0.41	23
Coffee Frappuccino® - skimmed milk	Grande	1137	271	12.6	8.9	34.2	33.1	0.2	4.9	0.55	31.4
Coffee Frappuccino® - skimmed milk	Venti	1258	300	12.6	8.9	41	39.6	0.2	5	0.66	39.5
Coffee Frappuccino® - almond drink	Tall	811	195	10.2	6.7	23.5	22.7	0.3	1.4	0.38	23
Coffee Frappuccino® - almond drink	Grande	1084	260	13.5	8.8	31.8	30.7	0.4	1.8	0.52	31.4
Coffee Frappuccino® - almond drink	Venti	1205	289	13.5	8.9	38.6	37.2	0.4	2	0.62	39.5
Coffee Frappuccino® - soya drink	Tall	866	207	10.7	6.9	23.6	22.7	0.6	3.5	0.39	23
Coffee Frappuccino® - soya drink	Grande	1156	276	14.2	9	31.9	30.7	0.8	4.6	0.53	31.4
Coffee Frappuccino® - soya drink	Venti	1278	305	14.2	9.1	38.7	37.2	0.8	4.8	0.64	39.5
Coffee Frappuccino® - oat drink	Tall	920	219	11.6	6.9	26.6	23.3	0.9	1.6	0.42	23
Coffee Frappuccino® - oat drink	Grande	1226	292	15.2	9	35.9	31.5	1.1	2.1	0.57	31.4
Coffee Frappuccino® - oat drink	Venti	1349	321	15.3	9.1	42.7	38	1.2	2.3	0.68	39.5
Coffee Frappuccino® - coconut drink	Tall	874	209	11.2	8.4	24.3	23.5	1.3	1.8	0.36	23
Coffee Frappuccino® - coconut drink	Grande	1166	279	14.8	11.1	32.9	31.8	1.7	2.4	0.49	31.4
Coffee Frappuccino® - coconut drink	Venti	1288	308	14.9	11.1	39.7	38.3	1.7	2.5	0.60	39.5
Caramel Frappuccino® - semi skimmed milk	Tall	1132	270	12.3	8.5	35.6	34.2	0.1	3.9	0.46	23.1
Caramel Frappuccino® - semi skimmed milk	Grande	1451	346	15.8	11	45.6	43.9	0.2	5	0.60	30.8
Caramel Frappuccino® - semi skimmed milk	Venti	1626	387	16.1	11.1	54.9	52.9	0.2	5.2	0.72	39.5
Caramel Frappuccino® - whole milk	Tall	1184	282	13.8	9.5	35.5	34.2	0.1	3.8	0.46	23.1
Caramel Frappuccino® - whole milk	Grande	1517	362	17.7	12.2	45.5	43.8	0.2	4.9	0.60	30.8
Caramel Frappuccino® - whole milk	Venti	1694	403	18	12.3	54.8	52.8	0.2	5.1	0.72	39.5
Caramel Frappuccino® - skimmed milk	Tall	1093	260	11.2	7.8	35.6	34.3	0.1	3.9	0.46	23.1
Caramel Frappuccino® - skimmed milk	Grande	1401	334	14.4	10	45.7	44	0.2	5	0.60	30.8
Caramel Frappuccino® - skimmed milk	Venti	1575	375	14.6	10.1	55	53	0.2	5.2	0.72	39.5
Caramel Frappuccino® - almond drink	Tall	1052	252	11.9	7.8	33.8	32.5	0.3	1.5	0.44	23.1
Caramel Frappuccino® - almond drink	Grande	1350	323	15.3	10	43.3	41.7	0.4	2	0.56	30.8
Caramel Frappuccino® - almond drink	Venti	1522	364	15.5	10.1	52.6	50.6	0.4	2.2	0.69	39.5
Caramel Frappuccino® - soya drink	Tall	1108	264	12.4	7.9	33.9	32.5	0.6	3.7	0.45	23.1
Caramel Frappuccino® - soya drink	Grande	1420	339	16	10.2	43.4	41.7	0.8	4.7	0.58	30.8
Caramel Frappuccino® - soya drink	Venti	1595	380	16.2	10.3	52.7	50.6	0.8	4.9	0.70	39.5

Caramel Frappuccino® - oat drink	Tall	1162	277	13.3	7.9	37	33.1	0.9	1.8	0.48	23.1
Caramel Frappuccino® - oat drink	Grande	1489	355	17	10.2	47.3	42.4	1.1	2.3	0.62	30.8
Caramel Frappuccino® - oat drink	Venti	1666	396	17.3	10.3	56.7	51.4	1.2	2.4	0.74	39.5
Caramel Frappuccino® - coconut drink	Tall	1115	267	12.9	9.5	34.6	33.3	1.3	1.9	0.41	23.1
Caramel Frappuccino® - coconut drink	Grande	1430	342	16.6	12.2	44.4	42.7	1.7	2.5	0.54	30.8
Caramel Frappuccino® - coconut drink	Venti	1605	383	16.9	12.4	53.7	51.7	1.8	2.7	0.66	39.5
Mocha Frappuccino® - semi skimmed milk	Tall	1002	239	11.1	7.8	29.6	28.5	0.7	4.5	0.40	22.6
Mocha Frappuccino® - semi skimmed milk	Grande	1318	314	14.6	10.2	39.1	37.7	1	5.9	0.53	30
Mocha Frappuccino® - semi skimmed milk	Venti	1516	361	15	10.4	49.1	47.1	1.3	6.6	0.66	39.3
Mocha Frappuccino® - whole milk	Tall	1053	251	12.6	8.7	29.6	28.5	0.7	4.5	0.40	22.6
Mocha Frappuccino® - whole milk	Grande	1383	330	16.5	11.4	39	37.6	1	5.8	0.53	30
Mocha Frappuccino® - whole milk	Venti	1584	377	16.9	11.6	49	47	1.3	6.5	0.66	39.3
Mocha Frappuccino® - skimmed milk	Tall	964	230	10.1	7	29.7	28.6	0.7	4.5	0.41	22.6
Mocha Frappuccino® - skimmed milk	Grande	1270	303	13.3	9.3	39.2	37.7	1	5.9	0.53	30
Mocha Frappuccino® - skimmed milk	Venti	1465	349	13.6	9.4	49.2	47.2	1.3	6.6	0.66	39.3
Mocha Frappuccino® - almond drink	Tall	924	221	10.7	7	27.9	26.8	0.9	2.3	0.38	22.6
Mocha Frappuccino® - almond drink	Grande	1220	292	14.1	9.3	37	35.5	1.2	3	0.50	30
Mocha Frappuccino® - almond drink	Venti	1412	338	14.4	9.4	46.8	44.9	1.5	3.5	0.62	39.3
Mocha Frappuccino® - soya drink	Tall	978	234	11.2	7.2	28	26.8	1.2	4.3	0.39	22.6
Mocha Frappuccino® - soya drink	Grande	1288	308	14.8	9.5	37	35.5	1.6	5.6	0.51	30
Mocha Frappuccino® - soya drink	Venti	1484	354	15.1	9.6	46.9	44.9	1.9	6.3	0.64	39.3
Mocha Frappuccino® - oat drink	Tall	1031	246	12	7.2	31	27.4	1.5	2.5	0.42	22.6
Mocha Frappuccino® - oat drink	Grande	1356	323	15.8	9.5	40.9	36.2	1.9	3.2	0.55	30
Mocha Frappuccino® - oat drink	Venti	1555	370	16.2	9.6	50.9	45.6	2.3	3.8	0.68	39.3
Mocha Frappuccino® - coconut drink	Tall	986	236	11.7	8.7	28.7	27.6	1.9	2.6	0.36	22.6
Mocha Frappuccino® - coconut drink	Grande	1298	311	15.4	11.4	38	36.5	2.4	3.5	0.47	30
Mocha Frappuccino® - coconut drink	Venti	1495	357	15.8	11.6	47.9	45.9	2.8	4	0.60	39.3
Java Chip Frappuccino® - semi skimmed milk	Tall	1157	276	13.4	9.6	33.2	30.9	1.3	4.9	0.42	21.2
Java Chip Frappuccino® - semi skimmed milk	Grande	1588	379	17.9	13	46.4	43.2	1.9	6.7	0.60	30.2
Java Chip Frappuccino® - semi skimmed milk	Venti	1888	450	19.4	14.1	59.4	55.1	2.5	7.7	0.76	40.3
Java Chip Frappuccino® - whole milk	Tall	1205	288	14.7	10.5	33.1	30.8	1.3	4.8	0.42	21.2
Java Chip Frappuccino® - whole milk	Grande	1653	395	19.8	14.1	46.3	43.1	1.9	6.6	0.60	30.2
Java Chip Frappuccino® - whole milk	Venti	1958	467	21.4	15.3	59.3	55	2.5	7.6	0.76	40.3
Java Chip Frappuccino® - skimmed milk	Tall	1122	268	12.4	8.9	33.3	31	1.3	4.9	0.43	21.2
Java Chip Frappuccino® - skimmed milk	Grande	1540	367	16.6	12	46.5	43.3	1.9	6.7	0.60	30.2
Java Chip Frappuccino® - skimmed milk	Venti	1836	438	18	13.1	59.5	55.2	2.5	7.7	0.76	40.3
Java Chip Frappuccino® - almond drink	Tall	1085	260	13	8.9	31.6	29.3	1.5	2.8	0.40	21.2
Java Chip Frappuccino® - almond drink	Grande	1489	357	17.4	12	44.3	41	2.1	3.8	0.56	30.2
Java Chip Frappuccino® - almond drink	Venti	1782	426	18.9	13	57.1	52.8	2.7	4.6	0.72	40.3
Java Chip Frappuccino® - soya drink	Tall	1135	271	13.5	9.1	31.7	29.3	1.8	4.7	0.41	21.2
Java Chip Frappuccino® - soya drink	Grande	1558	372	18.1	12.2	44.3	41	2.4	6.4	0.58	30.2
Java Chip Frappuccino® - soya drink	Venti	1856	443	19.6	13.2	57.2	52.7	3.1	7.4	0.74	40.3
Java Chip Frappuccino® - oat drink	Tall	1185	283	14.2	9.1	34.5	29.8	2	3	0.44	21.2
Java Chip Frappuccino® - oat drink	Grande	1626	388	19.1	12.2	48.2	41.7	2.8	4	0.61	30.2
Java Chip Frappuccino® - oat drink	Venti	1928	459	20.7	13.2	61.3	53.5	3.5	4.9	0.78	40.3
Java Chip Frappuccino® - coconut drink	Tall	1142	273	13.9	10.5	32.4	30.1	2.4	3.1	0.38	21.2
Java Chip Frappuccino® - coconut drink	Grande	1568	375	18.7	14.1	45.3	42	3.3	4.3	0.54	30.2
Java Chip Frappuccino® - coconut drink	Venti	1866	446	20.3	15.3	58.2	53.8	4	5.1	0.69	40.3
Chocolate Cream Frappuccino® - semi skimmed milk	Tall	992	237	11.6	8.1	27.5	26.7	0.8	5.3	0.41	0
Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1353	323	15.4	10.8	38.3	37.1	1.1	7.3	0.57	0
Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1510	360	15.8	11.1	45.8	44.3	1.3	8	0.68	0
Chocolate Cream Frappuccino® - whole milk	Tall	1061	253	13.5	9.3	27.4	26.5	0.8	5.2	0.40	0
Chocolate Cream Frappuccino® - whole milk	Grande	1447	346	18.1	12.5	38.2	36.9	1.1	7.1	0.57	0

Chocolate Cream Frappuccino® - whole milk	Venti	1611	384	18.7	12.9	45.7	44.2	1.3	7.9	0.68	0
Chocolate Cream Frappuccino® - skimmed milk	Tall	942	225	10.2	7.1	27.6	26.8	0.8	5.3	0.41	0
Chocolate Cream Frappuccino® - skimmed milk	Grande	1282	306	13.5	9.5	38.4	37.2	1.1	7.3	0.58	0
Chocolate Cream Frappuccino® - skimmed milk	Venti	1434	342	13.7	9.6	46	44.5	1.3	8	0.68	0
Chocolate Cream Frappuccino® - almond drink	Tall	889	214	11.1	7.1	25.2	24.4	1	2.3	0.37	0
Chocolate Cream Frappuccino® - almond drink	Grande	1209	291	14.7	9.4	35.1	33.9	1.4	3.1	0.52	0
Chocolate Cream Frappuccino® - almond drink	Venti	1356	326	15	9.6	42.5	40.9	1.6	3.5	0.63	0
Chocolate Cream Frappuccino® - soya drink	Tall	961	230	11.7	7.3	25.3	24.4	1.4	5	0.39	0
Chocolate Cream Frappuccino® - soya drink	Grande	1309	313	15.6	9.7	35.3	33.9	1.9	6.9	0.54	0
Chocolate Cream Frappuccino® - soya drink	Venti	1463	350	16	9.8	42.6	40.9	2.2	7.6	0.65	0
Chocolate Cream Frappuccino® - oat drink	Tall	1032	246	12.8	7.3	29.4	25.1	1.8	2.6	0.42	0
Chocolate Cream Frappuccino® - oat drink	Grande	1408	336	17.1	9.7	40.8	35	2.4	3.5	0.60	0
Chocolate Cream Frappuccino® - oat drink	Venti	1569	374	17.6	9.8	48.6	42.1	2.8	3.9	0.71	0
Chocolate Cream Frappuccino® - coconut drink	Tall	971	233	12.4	9.4	26.3	25.4	2.3	2.8	0.34	0
Chocolate Cream Frappuccino® - coconut drink	Grande	1323	317	16.6	12.5	36.6	35.4	3.2	3.8	0.48	0
Chocolate Cream Frappuccino® - coconut drink	Venti	1478	354	17	12.9	44	42.5	3.6	4.2	0.59	0
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	885	212	10.9	7.7	24.4	23.9	0	4.1	0.39	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	1214	290	14.5	10.2	34.4	33.7	0	5.6	0.56	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	1380	329	14.8	10.4	43	42	0	6.3	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	952	227	12.8	8.9	24.3	23.8	0	4	0.39	0
Vanilla Cream Frappuccino® - whole milk	Grande	1306	312	17.1	11.9	34.3	33.5	0	5.5	0.55	0
Vanilla Cream Frappuccino® - whole milk	Venti	1484	354	17.7	12.3	42.8	41.9	0	6.1	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	836	200	9.5	6.7	24.5	24	0	4.1	0.40	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	1145	274	12.5	8.9	34.6	33.8	0	5.6	0.56	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	1303	311	12.6	8.9	43.1	42.2	0	6.3	0.70	0
Vanilla Cream Frappuccino® - almond drink	Tall	784	189	10.4	6.7	22.2	21.7	0.2	1.1	0.36	0
Vanilla Cream Frappuccino® - almond drink	Grande	1074	258	13.8	8.9	31.3	30.6	0.3	1.5	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	1222	294	14	8.9	39.5	38.5	0.3	1.6	0.64	0
Vanilla Cream Frappuccino® - soya drink	Tall	855	205	11	6.9	22.3	21.7	0.6	3.8	0.37	0
Vanilla Cream Frappuccino® - soya drink	Grande	1172	280	14.7	9.1	31.4	30.6	0.8	5.3	0.53	0
Vanilla Cream Frappuccino® - soya drink	Venti	1332	319	15	9.2	39.6	38.5	0.9	5.8	0.66	0
Vanilla Cream Frappuccino® - oat drink	Tall	924	221	12.1	6.9	26.2	22.4	1	1.4	0.41	0
Vanilla Cream Frappuccino® - oat drink	Grande	1268	302	16.1	9.1	36.9	31.6	1.3	1.9	0.58	0
Vanilla Cream Frappuccino® - oat drink	Venti	1441	343	16.6	9.2	45.8	39.7	1.5	2	0.72	0
Vanilla Cream Frappuccino® - coconut drink	Tall	864	208	11.7	8.9	23.2	22.7	1.5	1.6	0.33	0
Vanilla Cream Frappuccino® - coconut drink	Grande	1185	285	15.6	11.9	32.8	32	2.1	2.2	0.47	0
Vanilla Cream Frappuccino® - coconut drink	Venti	1348	323	16	12.3	41.1	40.2	2.3	2.4	0.60	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	1063	254	12.6	8.7	31	30	0	4.2	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	1408	336	16.3	11.4	41.5	40.3	0	5.8	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	1593	380	16.8	11.7	50.8	49.3	0	6.4	0.76	0
Caramel Cream Frappuccino® - whole milk	Tall	1129	270	14.4	9.9	30.9	29.9	0	4.1	0.44	0
Caramel Cream Frappuccino® - whole milk	Grande	1500	358	18.9	13	41.4	40.2	0	5.7	0.61	0
Caramel Cream Frappuccino® - whole milk	Venti	1697	405	19.7	13.5	50.6	49.2	0	6.3	0.75	0
Caramel Cream Frappuccino® - skimmed milk	Tall	1013	242	11.2	7.8	31.1	30.1	0	4.2	0.45	0
Caramel Cream Frappuccino® - skimmed milk	Grande	1339	320	14.4	10	41.7	40.5	0	5.8	0.62	0
Caramel Cream Frappuccino® - skimmed milk	Venti	1515	361	14.6	10.2	51	49.5	0	6.4	0.76	0
Caramel Cream Frappuccino® - almond drink	Tall	962	231	12	7.7	28.7	27.8	0.2	1.3	0.41	0
Caramel Cream Frappuccino® - almond drink	Grande	1267	304	15.6	10	38.5	37.2	0.3	1.7	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	1435	344	16	10.1	47.3	45.9	0.3	1.8	0.70	0
Caramel Cream Frappuccino® - soya drink	Tall	1032	247	12.7	7.9	28.8	27.7	0.6	4	0.43	0
Caramel Cream Frappuccino® - soya drink	Grande	1365	326	16.5	10.3	38.6	37.2	0.8	5.4	0.59	0
Caramel Cream Frappuccino® - soya drink	Venti	1545	369	17	10.4	47.5	45.8	0.9	6	0.73	0
Caramel Cream Frappuccino® - oat drink	Tall	1102	263	13.8	7.9	32.7	28.5	1	1.6	0.46	0

Caramel Cream Frappuccino® - oat drink	Grande	1461	348	18	10.3	44	38.3	1.3	2.1	0.64	0
Caramel Cream Frappuccino® - oat drink	Venti	1653	394	18.6	10.4	53.6	47	1.5	2.2	0.78	0
Caramel Cream Frappuccino® - coconut drink	Tall	1042	250	13.3	9.9	29.8	28.8	1.5	1.8	0.38	0
Caramel Cream Frappuccino® - coconut drink	Grande	1379	331	17.4	13	39.9	38.7	2.1	2.4	0.53	0
Caramel Cream Frappuccino® - coconut drink	Venti	1560	374	18	13.5	48.9	47.5	2.3	2.6	0.66	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	959	229	10.9	7.7	28.3	27.2	0.2	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	1300	310	14.4	10.2	39.1	37.6	0.3	5.6	0.54	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	1434	342	14.6	10.3	46.3	44.5	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - whole milk	Tall	1025	245	12.8	8.8	28.2	27.1	0.2	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	1389	331	17	11.7	39	37.5	0.3	5.5	0.54	0
Strawberries & Cream Frappuccino® - whole milk	Venti	1528	364	17.2	11.9	46.2	44.3	0.4	5.8	0.63	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	910	217	9.5	6.7	28.4	27.3	0.2	4.2	0.40	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	1234	294	12.6	8.9	39.2	37.7	0.3	5.6	0.55	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	1364	325	12.6	8.9	46.5	44.6	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - almond drink	Tall	859	206	10.4	6.7	26.1	25	0.4	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	1165	280	13.8	8.8	36.1	34.6	0.5	1.6	0.50	0
Strawberries & Cream Frappuccino® - almond drink	Venti	1292	310	13.9	8.9	43.2	41.3	0.6	1.7	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Tall	929	222	11	6.9	26.2	25	0.8	3.9	0.37	0
Strawberries & Cream Frappuccino® - soya drink	Grande	1259	301	14.6	9.1	36.3	34.6	1.1	5.2	0.52	0
Strawberries & Cream Frappuccino® - soya drink	Venti	1391	332	14.8	9.1	43.3	41.3	1.2	5.5	0.61	0
Strawberries & Cream Frappuccino® - oat drink	Tall	997	238	12.1	6.9	30.1	25.8	1.2	1.5	0.41	0
Strawberries & Cream Frappuccino® - oat drink	Grande	1352	322	16	9.1	41.5	35.6	1.6	2	0.57	0
Strawberries & Cream Frappuccino® - oat drink	Venti	1489	354	16.3	9.1	48.8	42.4	1.7	2.1	0.66	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	938	225	11.7	8.8	27.1	26.1	1.7	1.7	0.33	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	1272	305	15.5	11.8	37.5	36	2.3	2.3	0.46	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	1405	336	15.7	11.9	44.6	42.8	2.4	2.4	0.55	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	1142	273	13.9	9.6	31.6	27	0.2	5.3	0.57	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	1528	365	18.4	12.7	42.7	36.6	0.3	7.1	0.77	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	1766	422	19.7	13.6	52.9	45.2	0.4	8	0.96	0
Cookies & Cream Frappuccino® - whole milk	Tall	1212	290	15.9	10.8	31.5	26.9	0.2	5.2	0.57	0
Cookies & Cream Frappuccino® - whole milk	Grande	1621	387	21.1	14.4	42.6	36.5	0.3	6.9	0.77	0
Cookies & Cream Frappuccino® - whole milk	Venti	1870	446	22.7	15.4	52.7	45	0.4	7.8	0.95	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	1090	260	12.5	8.6	31.7	27.1	0.2	5.3	0.57	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	1458	348	16.5	11.4	42.8	36.8	0.3	7.1	0.77	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	1689	403	17.6	12.1	53.1	45.4	0.4	8	0.96	0
Cookies & Cream Frappuccino® - almond drink	Tall	1036	249	13.4	8.6	29.2	24.7	0.4	2.2	0.53	0
Cookies & Cream Frappuccino® - almond drink	Grande	1386	333	17.7	11.3	39.6	33.5	0.6	2.9	0.72	0
Cookies & Cream Frappuccino® - almond drink	Venti	1608	386	18.9	12	49.4	41.7	0.7	3.3	0.90	0
Cookies & Cream Frappuccino® - soya drink	Tall	1110	266	14.1	8.8	29.3	24.7	0.8	5	0.55	0
Cookies & Cream Frappuccino® - soya drink	Grande	1485	355	18.6	11.6	39.7	33.5	1.1	6.7	0.74	0
Cookies & Cream Frappuccino® - soya drink	Venti	1718	411	20	12.3	49.5	41.7	1.3	7.6	0.93	0
Cookies & Cream Frappuccino® - oat drink	Tall	1183	282	15.2	8.8	33.4	25.5	1.2	2.5	0.59	0
Cookies & Cream Frappuccino® - oat drink	Grande	1582	378	20.1	11.6	45.2	34.5	1.6	3.3	0.79	0
Cookies & Cream Frappuccino® - oat drink	Venti	1827	436	21.6	12.3	55.7	42.9	1.9	3.8	0.99	0
Cookies & Cream Frappuccino® - coconut drink	Tall	1120	269	14.7	10.9	30.3	25.8	1.8	2.7	0.50	0
Cookies & Cream Frappuccino® - coconut drink	Grande	1499	359	19.5	14.4	41	35	2.4	3.6	0.68	0
Cookies & Cream Frappuccino® - coconut drink	Venti	1734	415	21	15.4	51	43.3	2.7	4.1	0.86	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Tall	1174	281	14	10.2	32.1	29.9	1.3	5.8	0.46	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Grande	1591	380	18.8	13.6	44.1	41	1.8	7.8	0.63	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Venti	1784	426	19.9	14.5	52.1	48.4	2.2	8.5	0.74	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Tall	1243	297	16	11.4	32	29.8	1.3	5.7	0.46	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Grande	1684	403	21.4	15.3	43.9	40.9	1.8	7.7	0.63	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Venti	1882	450	22.7	16.2	52	48.3	2.2	8.4	0.74	0

Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Tall	1123	268	12.6	9.2	32.2	30	1.3	5.8	0.46	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Grande	1522	364	16.8	12.3	44.2	41.2	1.8	7.8	0.64	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Venti	1711	409	17.8	13	52.3	48.6	2.2	8.5	0.75	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Tall	1070	257	13.5	9.1	29.8	27.6	1.5	2.7	0.42	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Grande	1449	348	18.1	12.2	40.9	37.9	2.1	3.6	0.58	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Venti	1635	392	19.1	13	48.8	45.1	2.5	4.1	0.69	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Tall	1143	274	14.2	9.3	29.9	27.6	1.9	5.5	0.44	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Grande	1548	371	19	12.5	41	37.9	2.6	7.4	0.61	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Venti	1739	416	20.1	13.3	48.9	45.1	3.1	8.1	0.71	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Tall	1214	290	15.3	9.3	34	28.4	2.3	3	0.48	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Grande	1645	393	20.5	12.5	46.6	39	3.2	4	0.66	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Venti	1841	439	21.6	13.3	54.7	46.2	3.6	4.5	0.77	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Tall	1153	277	14.9	11.4	30.9	28.7	2.9	3.2	0.39	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Grande	1562	375	19.9	15.3	42.4	39.4	3.9	4.3	0.55	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Venti	1753	420	21	16.2	50.4	46.7	4.4	4.9	0.65	0
Matcha Cream Frappuccino® - semi skimmed milk	Tall	927	221	11	7.8	25.4	24.9	0.8	4.8	0.41	53.7
Matcha Cream Frappuccino® - semi skimmed milk	Grande	1247	298	14.6	10.3	34.8	34	1.1	6.4	0.56	74.2
Matcha Cream Frappuccino® - semi skimmed milk	Venti	1379	329	14.8	10.4	41.5	40.5	1.4	6.9	0.67	92.7
Matcha Cream Frappuccino® - whole milk	Tall	996	238	13	9	25.3	24.8	0.8	4.7	0.41	53.7
Matcha Cream Frappuccino® - whole milk	Grande	1340	320	17.2	11.9	34.6	33.9	1.1	6.3	0.56	74.2
Matcha Cream Frappuccino® - whole milk	Venti	1478	353	17.6	12.2	41.3	40.4	1.4	6.8	0.66	92.7
Matcha Cream Frappuccino® - skimmed milk	Tall	875	209	9.6	6.8	25.5	25	0.8	4.8	0.41	53.7
Matcha Cream Frappuccino® - skimmed milk	Grande	1178	281	12.7	8.9	34.9	34.2	1.1	6.4	0.56	74.2
Matcha Cream Frappuccino® - skimmed milk	Venti	1304	311	12.7	8.9	41.6	40.7	1.4	6.9	0.67	92.7
Matcha Cream Frappuccino® - almond drink	Tall	821	198	10.5	6.7	23.1	22.6	1	1.7	0.37	53.7
Matcha Cream Frappuccino® - almond drink	Grande	1106	266	13.9	8.9	31.7	30.9	1.4	2.2	0.51	74.2
Matcha Cream Frappuccino® - almond drink	Venti	1227	295	14	8.9	38.1	37.2	1.7	2.5	0.61	92.7
Matcha Cream Frappuccino® - soya drink	Tall	894	214	11.2	6.9	23.2	22.6	1.4	4.5	0.39	53.7
Matcha Cream Frappuccino® - soya drink	Grande	1204	288	14.8	9.1	31.8	30.9	1.9	6	0.53	74.2
Matcha Cream Frappuccino® - soya drink	Venti	1333	319	15	9.2	38.2	37.2	2.3	6.5	0.64	92.7
Matcha Cream Frappuccino® - oat drink	Tall	967	231	12.3	6.9	27.3	23.3	1.8	2	0.43	53.7
Matcha Cream Frappuccino® - oat drink	Grande	1301	310	16.3	9.1	37.3	32	2.4	2.6	0.58	74.2
Matcha Cream Frappuccino® - oat drink	Venti	1437	342	16.6	9.2	44.1	38.3	2.8	2.9	0.69	92.7
Matcha Cream Frappuccino® - coconut drink	Tall	905	217	11.9	9	24.2	23.7	2.3	2.2	0.35	53.7
Matcha Cream Frappuccino® - coconut drink	Grande	1218	292	15.7	11.9	33.1	32.4	3.2	2.9	0.47	74.2
Matcha Cream Frappuccino® - coconut drink	Venti	1347	323	16	12.2	39.7	38.7	3.6	3.2	0.57	92.7
Refreshment		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Peach Iced Tea	Tall	217	51	0.1	0	12.3	12	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	306	72	0.1	0	17.3	16.9	0.1	0.1	0.00	1
Peach Iced Tea	Venti	347	82	0.1	0	19.7	19.2	0.1	0.1	0.00	1.1
Cool Lime Starbucks Refresha™	Tall	223	53	0.1	0	12.3	11.9	0.4	0.2	0.01	7.4
Cool Lime Starbucks Refresha™	Grande	290	69	0.1	0	16.1	15.6	0.4	0.2	0.02	9.8
Cool Lime Starbucks Refresha™	Venti	361	86	0.1	0	20.1	19.6	0.4	0.2	0.02	12.4
Strawberry Acai Starbucks Refresha®	Tall	262	62	0.1	0	14.3	14.1	0.6	0.3	0.01	3.7
Strawberry Acai Starbucks Refresha®	Grande	333	79	0.1	0	18.4	18.1	0.6	0.4	0.01	4.9
Strawberry Acai Starbucks Refresha®	Venti	409	97	0.1	0	22.8	22.4	0.7	0.4	0.01	6.2
Very Berry Hibiscus Refresha	Tall	315	74	0.1	0	15.9	15.7	2.1	0.6	0.04	37.2
Very Berry Hibiscus Refresha	Grande	392	93	0.1	0	20.4	20.1	2.1	0.6	0.05	49.2
Very Berry Hibiscus Refresha	Venti	475	112	0.1	0	25.2	24.8	2.1	0.7	0.07	62
Very Berry Hibiscus Coconut Refresha	Tall	493	118	2.6	2.3	19.3	19.1	3.6	1.6	0.08	37.2
Very Berry Hibiscus Coconut Refresha	Grande	629	150	3.4	3	25	24.7	4.1	1.9	0.11	49.2
Very Berry Hibiscus Coconut Refresha	Venti	762	182	4.1	3.7	30.7	30.4	4.5	2.3	0.14	62

Hot Teas											
		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
English Breakfast Tea	Tall	20	5	0.1	0	0	0	0	0.8	0.00	1.2
English Breakfast Tea	Grande	20	5	0.1	0	0	0	0	0.8	0.00	1.2
English Breakfast Tea	Venti	40	10	0.3	0.1	0.1	0.1	0	1.7	0.00	2.4
Emperor's Clouds & Mist Tea	Tall	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Grande	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Venti	31	7	0.2	0	0	0	0	1.3	0.00	1.8
Earl Grey Tea	Tall	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Grande	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Venti	35	8	0.3	0	0.1	0	0	1.4	0.00	2.1
Mint Herbal Blend	Tall	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Grande	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Venti	37	9	0.1	0	1.2	0	0.7	0.4	0.01	0
Spiced Apple Tea	Tall	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Grande	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Venti	76	18	0.6	0.4	3	2.7	0	0.2	0.01	0
Tea Latte											
		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Green Tea Latte - semi skimmed milk	Tall	564	134	4.7	3	12.7	12.7	0.8	10	0.29	57.2
Matcha Green Tea Latte - semi skimmed milk	Grande	679	161	5.6	3.6	15.2	15.2	1.2	12	0.34	83
Matcha Green Tea Latte - semi skimmed milk	Venti	912	217	7.5	4.8	20.4	20.4	1.7	16.2	0.46	111.5
Matcha Green Tea Latte - whole milk	Tall	744	177	9.8	6.2	12.4	12.4	0.8	9.7	0.28	57.2
Matcha Green Tea Latte - whole milk	Grande	894	213	11.7	7.4	14.9	14.9	1.2	11.7	0.34	83
Matcha Green Tea Latte - whole milk	Venti	1201	286	15.7	9.9	20	20	1.7	15.7	0.45	111.5
Matcha Green Tea Latte - skimmed milk	Tall	429	102	0.9	0.4	13	13	0.8	10	0.30	57.2
Matcha Green Tea Latte - skimmed milk	Grande	518	123	1.1	0.4	15.5	15.5	1.2	12	0.35	83
Matcha Green Tea Latte - skimmed milk	Venti	696	165	1.5	0.6	20.9	20.9	1.7	16.2	0.47	111.5
Matcha Green Tea Latte - almond drink	Tall	290	72	3.3	0.3	6.7	6.7	1.4	1.9	0.19	57.2
Matcha Green Tea Latte - almond drink	Grande	351	88	3.9	0.3	8	8	1.9	2.4	0.23	83
Matcha Green Tea Latte - almond drink	Venti	472	118	5.3	0.5	10.8	10.8	2.5	3.2	0.31	111.5
Matcha Green Tea Latte - soya drink	Tall	480	115	5.1	0.8	6.9	6.6	2.4	9.2	0.24	57.2
Matcha Green Tea Latte - soya drink	Grande	579	139	6.1	1	8.3	7.9	3.1	11.1	0.28	83
Matcha Green Tea Latte - soya drink	Venti	778	187	8.2	1.3	11.1	10.7	4.2	14.9	0.38	111.5
Matcha Green Tea Latte - oat drink	Tall	669	158	7.9	0.8	17.5	8.7	3.5	2.6	0.34	57.2
Matcha Green Tea Latte - oat drink	Grande	804	190	9.5	1	21	10.4	4.3	3.3	0.40	83
Matcha Green Tea Latte - oat drink	Venti	1080	256	12.7	1.3	28.2	14	5.8	4.4	0.54	111.5
Matcha Green Tea Latte - coconut drink	Tall	507	123	6.8	6.2	9.5	9.5	4.9	3.2	0.12	57.2
Matcha Green Tea Latte - coconut drink	Grande	611	149	8.2	7.4	11.3	11.3	6	4	0.14	83
Matcha Green Tea Latte - coconut drink	Venti	821	200	11	10	15.3	15.2	8.1	5.4	0.19	111.5
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	345	82	2.8	1.8	7.6	7.6	0.8	6.2	0.17	56
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	492	117	4	2.5	10.9	10.9	1.3	8.8	0.25	84.6
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	569	135	4.6	2.9	12.4	12.4	1.7	10.2	0.28	113
Iced Matcha Green Tea Latte - whole milk	Tall	453	108	5.9	3.7	7.5	7.5	0.8	6	0.17	56
Iced Matcha Green Tea Latte - whole milk	Grande	645	154	8.4	5.3	10.6	10.6	1.3	8.6	0.24	84.6
Iced Matcha Green Tea Latte - whole milk	Venti	744	177	9.6	6	12.2	12.2	1.7	10	0.27	113
Iced Matcha Green Tea Latte - skimmed milk	Tall	265	63	0.6	0.2	7.8	7.8	0.8	6.2	0.18	56
Iced Matcha Green Tea Latte - skimmed milk	Grande	378	90	0.8	0.3	11.1	11.1	1.3	8.8	0.25	84.6
Iced Matcha Green Tea Latte - skimmed milk	Venti	439	104	1	0.4	12.7	12.7	1.7	10.2	0.29	113
Iced Matcha Green Tea Latte - almond drink	Tall	181	45	2	0.2	4	4	1.1	1.3	0.12	56
Iced Matcha Green Tea Latte - almond drink	Grande	260	65	2.8	0.3	5.7	5.7	1.7	1.9	0.17	84.6
Iced Matcha Green Tea Latte - almond drink	Venti	303	75	3.3	0.3	6.6	6.6	2.2	2.4	0.19	113
Iced Matcha Green Tea Latte - soya drink	Tall	295	71	3.1	0.5	4.2	4	1.8	5.7	0.14	56
Iced Matcha Green Tea Latte - soya drink	Grande	422	101	4.4	0.7	5.9	5.7	2.6	8.2	0.20	84.6

Iced Matcha Green Tea Latte - soya drink	Venti	488	117	5	0.8	6.8	6.5	3.2	9.5	0.23	113
Iced Matcha Green Tea Latte - oat drink	Tall	408	97	4.8	0.5	10.5	5.2	2.4	1.8	0.20	56
Iced Matcha Green Tea Latte - oat drink	Grande	582	138	6.8	0.7	15	7.4	3.5	2.6	0.29	84.6
Iced Matcha Green Tea Latte - oat drink	Venti	671	159	7.8	0.8	17.1	8.5	4.2	3.1	0.33	113
Iced Matcha Green Tea Latte - coconut drink	Tall	312	76	4.1	3.7	5.7	5.7	3.2	2.1	0.07	56
Iced Matcha Green Tea Latte - coconut drink	Grande	445	108	5.9	5.3	8.1	8.1	4.7	3.1	0.10	84.6
Iced Matcha Green Tea Latte - coconut drink	Venti	514	125	6.7	6.1	9.3	9.3	5.6	3.7	0.12	113
Chai Tea Latte - semi skimmed milk	Short	376	89	1.8	1.1	14.6	14.5	0.1	3.6	0.12	26.2
Chai Tea Latte - semi skimmed milk	Tall	546	129	2.5	1.6	21.4	21.4	0.2	5.1	0.17	39.3
Chai Tea Latte - semi skimmed milk	Grande	764	181	3.7	2.3	29.4	29.3	0.3	7.4	0.24	52.4
Chai Tea Latte - semi skimmed milk	Venti	958	227	4.6	2.9	36.8	36.7	0.3	9.3	0.30	65.5
Chai Tea Latte - whole milk	Short	445	105	3.7	2.3	14.5	14.4	0.1	3.5	0.11	26.2
Chai Tea Latte - whole milk	Tall	642	152	5.3	3.3	21.3	21.2	0.2	5	0.16	39.3
Chai Tea Latte - whole milk	Grande	905	214	7.7	4.8	29.2	29.1	0.3	7.2	0.24	52.4
Chai Tea Latte - whole milk	Venti	1135	269	9.6	6.1	36.6	36.4	0.3	9.1	0.30	65.5
Chai Tea Latte - skimmed milk	Short	325	77	0.4	0.1	14.7	14.6	0.1	3.6	0.12	26.2
Chai Tea Latte - skimmed milk	Tall	474	112	0.5	0.2	21.6	21.5	0.2	5.1	0.17	39.3
Chai Tea Latte - skimmed milk	Grande	659	156	0.7	0.3	29.6	29.5	0.3	7.4	0.25	52.4
Chai Tea Latte - skimmed milk	Venti	826	195	0.9	0.4	37.1	37	0.3	9.3	0.31	65.5
Chai Tea Latte - almond drink	Short	272	65	1.2	0.1	12.3	12.2	0.3	0.5	0.08	26.2
Chai Tea Latte - almond drink	Tall	399	96	1.8	0.1	18.2	18.1	0.5	0.8	0.12	39.3
Chai Tea Latte - almond drink	Grande	550	132	2.6	0.2	24.7	24.6	0.7	1.1	0.17	52.4
Chai Tea Latte - almond drink	Venti	689	166	3.2	0.3	30.9	30.8	0.9	1.4	0.21	65.5
Chai Tea Latte - soya drink	Short	345	82	1.9	0.3	12.4	12.2	0.7	3.3	0.10	26.2
Chai Tea Latte - soya drink	Tall	501	119	2.7	0.4	18.3	18.1	1	4.7	0.14	39.3
Chai Tea Latte - soya drink	Grande	699	166	4	0.6	24.9	24.6	1.5	6.9	0.20	52.4
Chai Tea Latte - soya drink	Venti	876	208	5	0.8	31.1	30.7	1.9	8.6	0.25	65.5
Chai Tea Latte - oat drink	Short	416	98	3	0.3	16.4	13	1.1	0.8	0.14	26.2
Chai Tea Latte - oat drink	Tall	602	142	4.3	0.4	24	19.2	1.6	1.2	0.19	39.3
Chai Tea Latte - oat drink	Grande	846	200	6.2	0.6	33.2	26.2	2.3	1.7	0.28	52.4
Chai Tea Latte - oat drink	Venti	1061	250	7.8	0.8	41.6	32.8	2.9	2.2	0.35	65.5
Chai Tea Latte - coconut drink	Short	355	85	2.6	2.4	13.3	13.3	1.7	1.1	0.05	26.2
Chai Tea Latte - coconut drink	Tall	516	123	3.7	3.3	19.7	19.6	2.4	1.5	0.08	39.3
Chai Tea Latte - coconut drink	Grande	720	172	5.3	4.8	26.9	26.8	3.4	2.2	0.11	52.4
Chai Tea Latte - coconut drink	Venti	903	216	6.7	6.1	33.7	33.5	4.3	2.7	0.14	65.5
Iced Chai Tea Latte - semi skimmed milk	Tall	559	132	2.6	1.7	21.7	21.7	0.2	5.3	0.17	39.3
Iced Chai Tea Latte - semi skimmed milk	Grande	760	180	3.6	2.3	29.3	29.2	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - semi skimmed milk	Venti	883	209	4	2.5	35.1	35	0.3	8	0.26	65.5
Iced Chai Tea Latte - whole milk	Tall	660	156	5.5	3.5	21.6	21.5	0.2	5.2	0.17	39.3
Iced Chai Tea Latte - whole milk	Grande	899	213	7.6	4.8	29.1	29	0.3	7.2	0.23	52.4
Iced Chai Tea Latte - whole milk	Venti	1034	245	8.3	5.2	34.8	34.7	0.3	7.8	0.26	65.5
Iced Chai Tea Latte - skimmed milk	Tall	484	114	0.5	0.2	21.9	21.8	0.2	5.3	0.18	39.3
Iced Chai Tea Latte - skimmed milk	Grande	656	155	0.7	0.3	29.5	29.4	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - skimmed milk	Venti	769	181	0.8	0.3	35.3	35.2	0.3	8	0.27	65.5
Iced Chai Tea Latte - almond drink	Tall	406	98	1.8	0.2	18.4	18.3	0.5	0.8	0.12	39.3
Iced Chai Tea Latte - almond drink	Grande	548	132	2.5	0.2	24.6	24.6	0.7	1.1	0.17	52.4
Iced Chai Tea Latte - almond drink	Venti	652	157	2.8	0.2	30	29.9	0.8	1.2	0.18	65.5
Iced Chai Tea Latte - soya drink	Tall	512	122	2.9	0.4	18.5	18.3	1.1	4.9	0.14	39.3
Iced Chai Tea Latte - soya drink	Grande	695	165	3.9	0.6	24.8	24.5	1.5	6.8	0.20	52.4
Iced Chai Tea Latte - soya drink	Venti	812	193	4.3	0.7	30.2	29.8	1.7	7.4	0.22	65.5
Iced Chai Tea Latte - oat drink	Tall	618	146	4.4	0.4	24.4	19.4	1.7	1.2	0.20	39.3
Iced Chai Tea Latte - oat drink	Grande	841	198	6.1	0.6	33	26.1	2.3	1.7	0.28	52.4
Iced Chai Tea Latte - oat drink	Venti	971	229	6.7	0.7	39.1	31.6	2.5	1.9	0.30	65.5

Iced Chai Tea Latte - coconut drink	Tall	527	126	3.8	3.5	19.9	19.9	2.5	1.6	0.08	39.3
Iced Chai Tea Latte - coconut drink	Grande	716	171	5.3	4.8	26.8	26.7	3.4	2.2	0.11	52.4
Iced Chai Tea Latte - coconut drink	Venti	835	200	5.8	5.2	32.3	32.2	3.7	2.4	0.12	65.5
Winter FY26 UK/IRE Promo Beverages		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Pistachio Velvet Latte - semi skimmed milk	Tall	894	212	5.5	3.8	30.1	29.2	0.3	10.5	0.46	89.1
Pistachio Velvet Latte - semi skimmed milk	Grande	1114	265	6.8	4.7	37.9	37	0.4	12.8	0.58	89.1
Pistachio Velvet Latte - semi skimmed milk	Venti	1434	340	8.9	6.1	48.1	46.8	0.5	16.7	0.74	133.6
Pistachio Velvet Latte - whole milk	Tall	1034	246	9.4	6.3	29.9	29	0.3	10.3	0.46	89.1
Pistachio Velvet Latte - whole milk	Grande	1284	305	11.6	7.7	37.7	36.7	0.4	12.5	0.58	89.1
Pistachio Velvet Latte - whole milk	Venti	1663	395	15.3	10.2	47.8	46.4	0.5	16.4	0.73	133.6
Pistachio Velvet Latte - skimmed milk	Tall	790	187	2.5	1.8	30.3	29.4	0.3	10.5	0.47	89.1
Pistachio Velvet Latte - skimmed milk	Grande	988	234	3.2	2.3	38.2	37.2	0.4	12.8	0.59	89.1
Pistachio Velvet Latte - skimmed milk	Venti	1263	299	4.1	2.8	48.5	47.1	0.5	16.7	0.75	133.6
Pistachio Velvet Latte - almond drink	Tall	682	164	4.4	1.7	25.4	24.5	0.7	4.2	0.39	89.1
Pistachio Velvet Latte - almond drink	Grande	856	206	5.4	2.2	32.2	31.3	0.8	5.1	0.49	89.1
Pistachio Velvet Latte - almond drink	Venti	1085	262	7.1	2.7	40.5	39.1	1.2	6.4	0.62	133.6
Pistachio Velvet Latte - soya drink	Tall	830	198	5.8	2.1	25.6	24.4	1.6	9.9	0.42	89.1
Pistachio Velvet Latte - soya drink	Grande	1036	247	7.1	2.7	32.5	31.3	1.8	12	0.53	89.1
Pistachio Velvet Latte - soya drink	Venti	1328	317	9.4	3.4	40.8	39	2.5	15.7	0.67	133.6
Pistachio Velvet Latte - oat drink	Tall	976	231	8	2.1	33.8	26	2.4	4.8	0.50	89.1
Pistachio Velvet Latte - oat drink	Grande	1213	287	9.8	2.7	42.5	33.2	2.8	5.9	0.63	89.1
Pistachio Velvet Latte - oat drink	Venti	1567	371	13	3.4	54.3	41.6	3.8	7.4	0.80	133.6
Pistachio Velvet Latte - coconut drink	Tall	851	204	7.1	6.3	27.6	26.7	3.5	5.3	0.33	89.1
Pistachio Velvet Latte - coconut drink	Grande	1061	254	8.8	7.7	34.9	33.9	4.1	6.4	0.42	89.1
Pistachio Velvet Latte - coconut drink	Venti	1362	327	11.6	10.2	44	42.7	5.6	8.2	0.53	133.6
Iced Pistachio Latte - semi skimmed milk	Tall	742	176	4.2	3	26.5	25.6	0.3	7.9	0.38	89.1
Iced Pistachio Latte - semi skimmed milk	Grande	1021	242	6	4.2	35.7	34.8	0.4	11.1	0.53	89.1
Iced Pistachio Latte - semi skimmed milk	Venti	1155	274	6.5	4.6	41.7	40.3	0.5	11.9	0.60	133.6
Iced Pistachio Latte - whole milk	Tall	832	198	6.7	4.5	26.4	25.5	0.3	7.7	0.38	89.1
Iced Pistachio Latte - whole milk	Grande	1160	275	9.9	6.7	35.5	34.6	0.4	10.9	0.53	89.1
Iced Pistachio Latte - whole milk	Venti	1292	307	10.4	7	41.5	40.1	0.5	11.7	0.59	133.6
Iced Pistachio Latte - skimmed milk	Tall	676	160	2.3	1.7	26.7	25.8	0.3	7.9	0.39	89.1
Iced Pistachio Latte - skimmed milk	Grande	917	218	3.1	2.2	36	35	0.4	11.1	0.54	89.1
Iced Pistachio Latte - skimmed milk	Venti	1053	250	3.7	2.6	41.9	40.5	0.5	11.9	0.60	133.6
Iced Pistachio Latte - almond drink	Tall	606	146	3.5	1.6	23.5	22.6	0.6	3.9	0.34	89.1
Iced Pistachio Latte - almond drink	Grande	810	195	4.9	2.1	31.1	30.2	0.8	4.9	0.46	89.1
Iced Pistachio Latte - almond drink	Venti	947	227	5.5	2.6	37.1	35.7	0.9	5.7	0.52	133.6
Iced Pistachio Latte - soya drink	Tall	701	167	4.4	1.9	23.7	22.6	1.1	7.5	0.36	89.1
Iced Pistachio Latte - soya drink	Grande	957	228	6.3	2.5	31.3	30.1	1.6	10.6	0.49	89.1
Iced Pistachio Latte - soya drink	Venti	1092	260	6.8	3	37.3	35.7	1.7	11.3	0.55	133.6
Iced Pistachio Latte - oat drink	Tall	794	188	5.8	1.9	28.9	23.6	1.6	4.3	0.41	89.1
Iced Pistachio Latte - oat drink	Grande	1102	261	8.5	2.5	39.5	31.7	2.4	5.5	0.57	89.1
Iced Pistachio Latte - oat drink	Venti	1235	293	9	3	45.3	37.2	2.5	6.3	0.63	133.6
Iced Pistachio Latte - coconut drink	Tall	714	171	5.2	4.6	24.9	24	2.3	4.5	0.30	89.1
Iced Pistachio Latte - coconut drink	Grande	977	234	7.6	6.7	33.3	32.3	3.5	6	0.40	89.1
Iced Pistachio Latte - coconut drink	Venti	1112	266	8.1	7.1	39.2	37.8	3.6	6.8	0.47	133.6
Pistachio Hot ChocolateUK - semi skimmed milk	Tall	866	205	5.1	3.3	28.2	27.2	1.9	10.8	0.28	0
Pistachio Hot ChocolateUK - semi skimmed milk	Grande	1124	267	6.6	4.2	36.6	35.3	2.5	13.9	0.36	0
Pistachio Hot ChocolateUK - semi skimmed milk	Venti	1480	351	9	5.8	47.3	45.6	3.2	18.8	0.48	0
Pistachio Hot ChocolateUK - whole milk	Tall	988	235	8.5	5.4	28	27	1.9	10.6	0.28	0
Pistachio Hot ChocolateUK - whole milk	Grande	1282	305	11.1	7.1	36.4	35	2.5	13.7	0.35	0
Pistachio Hot ChocolateUK - whole milk	Venti	1709	406	15.5	9.8	46.9	45.2	3.2	18.5	0.48	0
Pistachio Hot ChocolateUK - skimmed milk	Tall	775	184	2.5	1.5	28.4	27.4	1.9	10.8	0.29	0

Pistachio Hot ChocolateUK - skimmed milk	Grande	1006	238	3.3	2	36.8	35.5	2.5	13.9	0.36	0
Pistachio Hot ChocolateUK - skimmed milk	Venti	1310	310	4.2	2.5	47.6	45.9	3.2	18.8	0.49	0
Pistachio Hot ChocolateUK - almond drink	Tall	680	164	4.1	1.4	24.1	23.1	2.3	5.3	0.22	0
Pistachio Hot ChocolateUK - almond drink	Grande	883	212	5.4	1.9	31.3	30	3	6.8	0.27	0
Pistachio Hot ChocolateUK - almond drink	Venti	1132	273	7.2	2.4	39.6	37.9	3.8	8.5	0.36	0
Pistachio Hot ChocolateUK - soya drink	Tall	810	193	5.4	1.8	24.3	23.1	3	10.3	0.24	0
Pistachio Hot ChocolateUK - soya drink	Grande	1051	250	7	2.3	31.5	29.9	3.9	13.3	0.31	0
Pistachio Hot ChocolateUK - soya drink	Venti	1374	327	9.5	3	39.9	37.8	5.2	17.8	0.42	0
Pistachio Hot ChocolateUK - oat drink	Tall	937	222	7.3	1.8	31.5	24.5	3.7	5.9	0.31	0
Pistachio Hot ChocolateUK - oat drink	Grande	1216	288	9.5	2.3	40.9	31.7	4.8	7.5	0.40	0
Pistachio Hot ChocolateUK - oat drink	Venti	1613	382	13.1	3	53.4	40.4	6.5	9.5	0.54	0
Pistachio Hot ChocolateUK - coconut drink	Tall	828	198	6.5	5.4	26	25	4.6	6.3	0.17	0
Pistachio Hot ChocolateUK - coconut drink	Grande	1074	257	8.5	7.1	33.8	32.4	6.1	8	0.21	0
Pistachio Hot ChocolateUK - coconut drink	Venti	1409	338	11.7	9.9	43.2	41.5	8.3	10.3	0.27	0
Pistachio Iced Chocolate - semi skimmed milk	Tall	836	198	4.8	3.1	27.5	26.5	1.9	10.3	0.27	0
Pistachio Iced Chocolate - semi skimmed milk	Grande	1133	269	6.7	4.3	36.8	35.5	2.5	14.1	0.36	0
Pistachio Iced Chocolate - semi skimmed milk	Venti	1293	307	7.4	4.8	42.9	41.2	3.2	15.5	0.38	0
Pistachio Iced Chocolate - whole milk	Tall	949	225	8	5.1	27.3	26.3	1.9	10.1	0.26	0
Pistachio Iced Chocolate - whole milk	Grande	1294	307	11.3	7.2	36.6	35.2	2.5	13.8	0.36	0
Pistachio Iced Chocolate - whole milk	Venti	1460	347	12.2	7.7	42.6	41	3.2	15.3	0.38	0
Pistachio Iced Chocolate - skimmed milk	Tall	753	178	2.5	1.5	27.7	26.7	1.9	10.3	0.27	0
Pistachio Iced Chocolate - skimmed milk	Grande	1012	240	3.3	2	37.1	35.7	2.5	14.1	0.37	0
Pistachio Iced Chocolate - skimmed milk	Venti	1169	277	3.9	2.3	43.1	41.4	3.2	15.5	0.39	0
Pistachio Iced Chocolate - almond drink	Tall	666	160	4	1.4	23.8	22.7	2.2	5.3	0.21	0
Pistachio Iced Chocolate - almond drink	Grande	887	213	5.4	1.9	31.4	30.1	3	6.8	0.28	0
Pistachio Iced Chocolate - almond drink	Venti	1039	250	6.1	2.3	37.3	35.6	3.7	8.1	0.30	0
Pistachio Iced Chocolate - soya drink	Tall	785	187	5.1	1.7	23.9	22.7	2.9	9.8	0.23	0
Pistachio Iced Chocolate - soya drink	Grande	1058	252	7.1	2.3	31.6	30	4	13.4	0.31	0
Pistachio Iced Chocolate - soya drink	Venti	1216	289	7.8	2.7	37.5	35.6	4.6	14.9	0.33	0
Pistachio Iced Chocolate - oat drink	Tall	902	214	6.9	1.7	30.5	24	3.5	5.7	0.29	0
Pistachio Iced Chocolate - oat drink	Grande	1227	290	9.6	2.3	41.1	31.8	4.9	7.5	0.40	0
Pistachio Iced Chocolate - oat drink	Venti	1390	329	10.4	2.7	47.4	37.5	5.6	8.8	0.43	0
Pistachio Iced Chocolate - coconut drink	Tall	801	192	6.2	5.1	25.5	24.5	4.4	6.1	0.16	0
Pistachio Iced Chocolate - coconut drink	Grande	1082	259	8.6	7.2	33.9	32.6	6.1	8.1	0.21	0
Pistachio Iced Chocolate - coconut drink	Venti	1241	297	9.4	7.7	39.9	38.2	6.9	9.3	0.23	0
Pistachio Velvet Matcha Latte - semi skimmed milk	Tall	975	231	6.2	4.2	31.4	31.3	0.9	12.2	0.51	53.7
Pistachio Velvet Matcha Latte - semi skimmed milk	Grande	1243	295	7.8	5.4	40.1	40	1.3	15.3	0.65	81.6
Pistachio Velvet Matcha Latte - semi skimmed milk	Venti	1592	378	10.2	7	50.8	50.6	1.7	19.9	0.83	109
Pistachio Velvet Matcha Latte - whole milk	Tall	1144	272	11	7.2	31.1	31	0.9	11.9	0.51	53.7
Pistachio Velvet Matcha Latte - whole milk	Grande	1454	345	13.8	9.1	39.8	39.7	1.3	15	0.64	81.6
Pistachio Velvet Matcha Latte - whole milk	Venti	1875	445	18.2	12	50.3	50.2	1.7	19.5	0.82	109
Pistachio Velvet Matcha Latte - skimmed milk	Tall	849	201	2.6	1.8	31.6	31.5	0.9	12.2	0.52	53.7
Pistachio Velvet Matcha Latte - skimmed milk	Grande	1085	257	3.4	2.3	40.4	40.3	1.3	15.3	0.66	81.6
Pistachio Velvet Matcha Latte - skimmed milk	Venti	1382	327	4.3	2.9	51.2	51	1.7	19.9	0.84	109
Pistachio Velvet Matcha Latte - almond drink	Tall	717	173	4.9	1.7	25.7	25.6	1.4	4.6	0.42	53.7
Pistachio Velvet Matcha Latte - almond drink	Grande	921	222	6.2	2.2	33.1	32.9	1.9	5.8	0.54	81.6
Pistachio Velvet Matcha Latte - almond drink	Venti	1163	281	8	2.8	41.3	41.1	2.5	7.3	0.68	109
Pistachio Velvet Matcha Latte - soya drink	Tall	897	214	6.5	2.2	25.9	25.6	2.3	11.5	0.46	53.7
Pistachio Velvet Matcha Latte - soya drink	Grande	1145	273	8.3	2.8	33.3	32.9	3.2	14.5	0.59	81.6
Pistachio Velvet Matcha Latte - soya drink	Venti	1462	348	10.8	3.6	41.7	41.1	4.2	18.8	0.74	109
Pistachio Velvet Matcha Latte - oat drink	Tall	1073	254	9.2	2.2	35.9	27.5	3.3	5.3	0.56	53.7
Pistachio Velvet Matcha Latte - oat drink	Grande	1366	323	11.6	2.8	45.8	35.3	4.4	6.8	0.70	81.6
Pistachio Velvet Matcha Latte - oat drink	Venti	1757	416	15.3	3.6	58.3	44.3	5.8	8.5	0.90	109

Pistachio Velvet Matcha Latte - coconut drink	Tall	922	221	8.2	7.3	28.3	28.2	4.6	5.9	0.35	53.7
Pistachio Velvet Matcha Latte - coconut drink	Grande	1176	282	10.3	9.2	36.3	36.2	6	7.5	0.45	81.6
Pistachio Velvet Matcha Latte - coconut drink	Venti	1504	361	13.6	12.1	45.7	45.5	8	9.4	0.56	109
Iced Pistachio Matcha Latte - semi skimmed milk	Tall	721	171	4.7	3.3	23.5	23.4	0.9	8.3	0.36	55.7
Iced Pistachio Matcha Latte - semi skimmed milk	Grande	974	231	6.4	4.4	31.6	31.5	1.1	11.2	0.49	70.5
Iced Pistachio Matcha Latte - semi skimmed milk	Venti	1147	272	7.4	5.2	38	37.8	1.2	12.8	0.58	78
Iced Pistachio Matcha Latte - whole milk	Tall	848	202	8.3	5.5	23.3	23.2	0.9	8.1	0.36	55.7
Iced Pistachio Matcha Latte - whole milk	Grande	1149	273	11.4	7.5	31.4	31.2	1.1	11	0.49	70.5
Iced Pistachio Matcha Latte - whole milk	Venti	1343	319	13	8.7	37.7	37.5	1.2	12.5	0.57	78
Iced Pistachio Matcha Latte - skimmed milk	Tall	626	148	2	1.4	23.7	23.6	0.9	8.3	0.37	55.7
Iced Pistachio Matcha Latte - skimmed milk	Grande	843	200	2.7	1.9	31.9	31.8	1.1	11.2	0.50	70.5
Iced Pistachio Matcha Latte - skimmed milk	Venti	1000	237	3.3	2.3	38.2	38.1	1.2	12.8	0.59	78
Iced Pistachio Matcha Latte - almond drink	Tall	527	127	3.7	1.4	19.2	19.1	1.3	2.5	0.30	55.7
Iced Pistachio Matcha Latte - almond drink	Grande	708	171	5	1.8	25.8	25.7	1.6	3.4	0.40	70.5
Iced Pistachio Matcha Latte - almond drink	Venti	848	205	5.9	2.2	31.4	31.2	1.8	4	0.48	78
Iced Pistachio Matcha Latte - soya drink	Tall	662	158	5	1.7	19.4	19.1	2	7.7	0.33	55.7
Iced Pistachio Matcha Latte - soya drink	Grande	893	213	6.8	2.3	26	25.6	2.7	10.5	0.44	70.5
Iced Pistachio Matcha Latte - soya drink	Venti	1056	252	7.9	2.8	31.6	31.2	3	12	0.52	78
Iced Pistachio Matcha Latte - oat drink	Tall	795	188	7	1.7	26.9	20.5	2.7	3.1	0.40	55.7
Iced Pistachio Matcha Latte - oat drink	Grande	1075	255	9.6	2.3	36.3	27.6	3.6	4.1	0.54	70.5
Iced Pistachio Matcha Latte - oat drink	Venti	1261	299	11	2.8	43.2	33.4	4.1	4.8	0.63	78
Iced Pistachio Matcha Latte - coconut drink	Tall	681	163	6.2	5.6	21.2	21.1	3.7	3.5	0.25	55.7
Iced Pistachio Matcha Latte - coconut drink	Grande	919	221	8.5	7.6	28.5	28.4	5	4.7	0.33	70.5
Iced Pistachio Matcha Latte - coconut drink	Venti	1085	260	9.8	8.7	34.4	34.3	5.6	5.4	0.40	78
Ristretto Bianco - semi skimmed milk	Short	344	82	2.6	1.7	8.7	7.2	0	5.8	0.17	113.4
Ristretto Bianco - whole milk	Short	446	106	5.5	3.5	8.5	7.1	0	5.6	0.16	113.4
Ristretto Bianco - skimmed milk	Short	267	63	0.5	0.2	8.8	7.4	0	5.8	0.17	113.4
Ristretto Bianco - almond drink	Short	188	47	1.9	0.2	5.2	3.8	0.3	1.2	0.11	113.4
Ristretto Bianco - soya drink	Short	296	71	2.9	0.5	5.4	3.8	0.9	5.4	0.14	113.4
Ristretto Bianco - oat drink	Short	403	95	4.5	0.5	11.4	4.9	1.5	1.6	0.19	113.4
Ristretto Bianco - coconut drink	Short	312	76	3.9	3.6	6.8	5.4	2.3	2	0.07	113.4
Alternative Coffee Bean - Espresso Drinks		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Americano	Tall	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Americano	Grande	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Americano	Venti	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Decaf Americano	Tall	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Americano	Grande	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Americano	Venti	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Caffè Latte - semi skimmed milk	Tall	515	123	4.3	2.7	12.2	11.5	0.3	8.8	0.26	85.5
Blonde Caffè Latte - semi skimmed milk	Grande	632	151	5.2	3.4	14.9	14.2	0.3	10.8	0.32	85.5
Blonde Caffè Latte - semi skimmed milk	Venti	852	203	7.1	4.5	20.1	19.1	0.4	14.6	0.43	128.2
Blonde Caffè Latte - whole milk	Tall	677	161	8.9	5.6	11.9	11.2	0.3	8.6	0.26	85.5
Blonde Caffè Latte - whole milk	Grande	833	199	11	6.9	14.6	13.9	0.3	10.5	0.32	85.5
Blonde Caffè Latte - whole milk	Venti	1122	267	14.7	9.3	19.7	18.7	0.4	14.2	0.42	128.2
Blonde Caffè Latte - skimmed milk	Tall	394	94	0.9	0.4	12.4	11.7	0.3	8.8	0.27	85.5
Blonde Caffè Latte - skimmed milk	Grande	482	114	1	0.4	15.2	14.5	0.3	10.8	0.33	85.5
Blonde Caffè Latte - skimmed milk	Venti	650	155	1.4	0.6	20.5	19.5	0.4	14.6	0.45	128.2
Blonde Caffè Latte - almond drink	Tall	268	67	3	0.3	6.7	6	0.7	1.5	0.18	85.5
Blonde Caffè Latte - almond drink	Grande	326	81	3.7	0.3	8.2	7.5	0.9	1.8	0.22	85.5
Blonde Caffè Latte - almond drink	Venti	441	110	5	0.5	11.1	10	1.2	2.5	0.29	128.2
Blonde Caffè Latte - soya drink	Tall	440	106	4.6	0.7	6.9	6	1.7	8.1	0.21	85.5
Blonde Caffè Latte - soya drink	Grande	539	129	5.7	0.9	8.4	7.4	2	10	0.26	85.5
Blonde Caffè Latte - soya drink	Venti	727	175	7.7	1.2	11.4	10	2.8	13.5	0.35	128.2

Blonde Caffè Latte - oat drink	Tall	610	145	7.2	0.7	16.5	7.8	2.6	2.2	0.30	85.5
Blonde Caffè Latte - oat drink	Grande	749	178	8.9	0.9	20.3	9.7	3.2	2.7	0.38	85.5
Blonde Caffè Latte - oat drink	Venti	1009	239	11.9	1.2	27.3	13	4.3	3.6	0.51	128.2
Blonde Caffè Latte - coconut drink	Tall	464	113	6.2	5.6	9.3	8.6	3.9	2.7	0.11	85.5
Blonde Caffè Latte - coconut drink	Grande	569	139	7.6	7	11.3	10.6	4.8	3.3	0.14	85.5
Blonde Caffè Latte - coconut drink	Venti	767	187	10.3	9.3	15.3	14.2	6.5	4.5	0.18	128.2
Decaf Caffè Latte - semi skimmed milk	Tall	521	124	4.3	2.7	12.6	11.5	0.2	8.8	0.26	3.6
Decaf Caffè Latte - semi skimmed milk	Grande	638	152	5.2	3.4	15.3	14.2	0.2	10.8	0.32	3.6
Decaf Caffè Latte - semi skimmed milk	Venti	861	205	7.1	4.5	20.7	19.1	0.3	14.5	0.43	5.4
Decaf Caffè Latte - whole milk	Tall	683	163	8.9	5.6	12.3	11.3	0.2	8.5	0.26	3.6
Decaf Caffè Latte - whole milk	Grande	839	200	11	6.9	15	13.9	0.2	10.5	0.32	3.6
Decaf Caffè Latte - whole milk	Venti	1131	269	14.7	9.3	20.3	18.7	0.3	14.1	0.42	5.4
Decaf Caffè Latte - skimmed milk	Tall	400	95	0.9	0.4	12.8	11.8	0.2	8.8	0.27	3.6
Decaf Caffè Latte - skimmed milk	Grande	488	116	1	0.4	15.6	14.5	0.2	10.8	0.33	3.6
Decaf Caffè Latte - skimmed milk	Venti	659	157	1.4	0.6	21.1	19.5	0.3	14.5	0.45	5.4
Decaf Caffè Latte - almond drink	Tall	274	68	3	0.3	7.1	6.1	0.7	1.5	0.18	3.6
Decaf Caffè Latte - almond drink	Grande	332	83	3.7	0.3	8.6	7.5	0.8	1.7	0.22	3.6
Decaf Caffè Latte - almond drink	Venti	450	112	5	0.5	11.7	10.1	1.1	2.4	0.29	5.4
Decaf Caffè Latte - soya drink	Tall	446	107	4.6	0.7	7.3	6	1.7	8.1	0.21	3.6
Decaf Caffè Latte - soya drink	Grande	545	131	5.7	0.9	8.8	7.4	2	9.9	0.26	3.6
Decaf Caffè Latte - soya drink	Venti	736	177	7.7	1.2	12	10	2.7	13.4	0.35	5.4
Decaf Caffè Latte - oat drink	Tall	615	146	7.2	0.7	16.9	7.9	2.6	2.2	0.30	3.6
Decaf Caffè Latte - oat drink	Grande	755	179	8.9	0.9	20.7	9.7	3.1	2.6	0.38	3.6
Decaf Caffè Latte - oat drink	Venti	1018	241	11.9	1.2	28	13.1	4.2	3.5	0.51	5.4
Decaf Caffè Latte - coconut drink	Tall	470	114	6.2	5.6	9.7	8.6	3.9	2.7	0.11	3.6
Decaf Caffè Latte - coconut drink	Grande	575	140	7.6	7	11.7	10.6	4.7	3.3	0.14	3.6
Decaf Caffè Latte - coconut drink	Venti	776	189	10.3	9.3	15.9	14.3	6.4	4.4	0.18	5.4
Blonde Latte Macchiato - semi skimmed milk	Tall	472	112	3.9	2.5	11.2	10.5	0.3	8.1	0.24	85.5
Blonde Latte Macchiato - semi skimmed milk	Grande	612	146	5.1	3.2	14.4	13.7	0.3	10.5	0.31	85.5
Blonde Latte Macchiato - semi skimmed milk	Venti	809	193	6.7	4.3	19.1	18.1	0.4	13.8	0.41	128.2
Blonde Latte Macchiato - whole milk	Short	351	84	4.6	2.9	6.2	5.8	0.1	4.4	0.13	42.7
Blonde Latte Macchiato - whole milk	Tall	620	148	8.1	5.1	10.9	10.3	0.3	7.8	0.23	85.5
Blonde Latte Macchiato - whole milk	Grande	807	192	10.6	6.7	14.1	13.5	0.3	10.2	0.31	85.5
Blonde Latte Macchiato - whole milk	Venti	1065	254	13.9	8.8	18.7	17.7	0.4	13.5	0.40	128.2
Blonde Latte Macchiato - skimmed milk	Tall	361	86	0.8	0.3	11.4	10.7	0.3	8.1	0.24	85.5
Blonde Latte Macchiato - skimmed milk	Grande	467	111	1	0.4	14.7	14	0.3	10.5	0.32	85.5
Blonde Latte Macchiato - skimmed milk	Venti	618	147	1.3	0.6	19.5	18.5	0.4	13.8	0.42	128.2
Blonde Latte Macchiato - almond drink	Tall	246	62	2.7	0.3	6.2	5.5	0.7	1.4	0.16	85.5
Blonde Latte Macchiato - almond drink	Grande	316	79	3.6	0.3	7.9	7.2	0.8	1.7	0.21	85.5
Blonde Latte Macchiato - almond drink	Venti	420	105	4.7	0.4	10.5	9.5	1.2	2.4	0.28	128.2
Blonde Latte Macchiato - soya drink	Tall	403	97	4.2	0.7	6.4	5.5	1.6	7.4	0.19	85.5
Blonde Latte Macchiato - soya drink	Grande	522	125	5.5	0.9	8.1	7.2	2	9.7	0.26	85.5
Blonde Latte Macchiato - soya drink	Venti	691	166	7.3	1.2	10.8	9.4	2.7	12.8	0.34	128.2
Blonde Latte Macchiato - oat drink	Tall	558	132	6.6	0.7	15.1	7.2	2.4	2	0.28	85.5
Blonde Latte Macchiato - oat drink	Grande	725	172	8.6	0.9	19.6	9.4	3.1	2.6	0.36	85.5
Blonde Latte Macchiato - oat drink	Venti	958	227	11.3	1.2	26	12.4	4.1	3.5	0.48	128.2
Blonde Latte Macchiato - coconut drink	Tall	425	104	5.7	5.1	8.5	7.8	3.6	2.5	0.10	85.5
Blonde Latte Macchiato - coconut drink	Grande	551	134	7.4	6.7	10.9	10.3	4.6	3.2	0.13	85.5
Blonde Latte Macchiato - coconut drink	Venti	729	177	9.7	8.8	14.5	13.5	6.1	4.3	0.17	128.2
Decaf Latte Macchiato - semi skimmed milk	Tall	478	114	3.9	2.5	11.6	10.5	0.2	8	0.24	3.6
Decaf Latte Macchiato - semi skimmed milk	Grande	618	147	5.1	3.2	14.8	13.8	0.2	10.4	0.31	3.6
Decaf Latte Macchiato - semi skimmed milk	Venti	818	195	6.7	4.3	19.7	18.1	0.3	13.8	0.41	5.4
Decaf Latte Macchiato - whole milk	Tall	626	149	8.1	5.1	11.3	10.3	0.2	7.8	0.23	3.6

Decaf Latte Macchiato - whole milk	Grande	812	194	10.6	6.7	14.5	13.5	0.2	10.1	0.31	3.6
Decaf Latte Macchiato - whole milk	Venti	1073	256	13.9	8.8	19.3	17.7	0.3	13.4	0.40	5.4
Decaf Latte Macchiato - skimmed milk	Tall	367	87	0.8	0.3	11.8	10.7	0.2	8	0.24	3.6
Decaf Latte Macchiato - skimmed milk	Grande	473	112	1	0.4	15.1	14.1	0.2	10.4	0.32	3.6
Decaf Latte Macchiato - skimmed milk	Venti	627	149	1.3	0.6	20.1	18.5	0.3	13.8	0.42	5.4
Decaf Latte Macchiato - almond drink	Tall	252	63	2.7	0.3	6.6	5.5	0.7	1.4	0.16	3.6
Decaf Latte Macchiato - almond drink	Grande	322	80	3.6	0.3	8.3	7.3	0.8	1.7	0.21	3.6
Decaf Latte Macchiato - almond drink	Venti	428	107	4.7	0.4	11.1	9.6	1.1	2.3	0.28	5.4
Decaf Latte Macchiato - soya drink	Tall	409	98	4.2	0.7	6.8	5.5	1.5	7.4	0.19	3.6
Decaf Latte Macchiato - soya drink	Grande	528	127	5.5	0.9	8.5	7.2	1.9	9.6	0.26	3.6
Decaf Latte Macchiato - soya drink	Venti	699	168	7.3	1.2	11.5	9.5	2.6	12.7	0.34	5.4
Decaf Latte Macchiato - oat drink	Tall	564	134	6.6	0.7	15.5	7.2	2.4	2	0.28	3.6
Decaf Latte Macchiato - oat drink	Grande	731	173	8.6	0.9	20.1	9.4	3	2.5	0.36	3.6
Decaf Latte Macchiato - oat drink	Venti	967	229	11.3	1.2	26.6	12.4	4	3.4	0.48	5.4
Decaf Latte Macchiato - coconut drink	Short	243	59	3.2	2.9	5	4.5	2	1.4	0.06	1.8
Decaf Latte Macchiato - coconut drink	Tall	431	105	5.7	5.1	8.9	7.9	3.5	2.5	0.10	3.6
Decaf Latte Macchiato - coconut drink	Grande	557	135	7.4	6.7	11.3	10.3	4.6	3.2	0.13	3.6
Decaf Latte Macchiato - coconut drink	Venti	738	179	9.7	8.8	15.1	13.5	6.1	4.2	0.17	5.4
Blonde Espresso Doppio	Doppio	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Decaf Espresso Doppio	Doppio	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Blonde Espresso	Single	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Decaf Espresso	Single	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Blonde Espresso Macchiato - semi skimmed milk	Single	23	6	0.2	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - whole milk	Single	27	7	0.3	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - skimmed milk	Single	21	5	0.1	0	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - almond drink	Single	18	4	0.1	0	0.5	0.2	0.1	0.2	0.00	42.7
Blonde Espresso Macchiato - soya drink	Single	22	5	0.2	0	0.5	0.2	0.2	0.3	0.01	42.7
Blonde Espresso Macchiato - oat drink	Single	25	6	0.2	0	0.7	0.2	0.2	0.2	0.01	42.7
Blonde Espresso Macchiato - coconut drink	Single	22	5	0.2	0.1	0.6	0.2	0.2	0.2	0.00	42.7
Decaf Espresso Macchiato - semi skimmed milk	Single	26	6	0.2	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - whole milk	Single	30	7	0.3	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - skimmed milk	Single	24	6	0.1	0	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - almond drink	Single	21	5	0.1	0	0.7	0.2	0.1	0.2	0.00	1.8
Decaf Espresso Macchiato - soya drink	Single	25	6	0.2	0	0.7	0.2	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - oat drink	Single	28	7	0.2	0	0.9	0.2	0.2	0.2	0.01	1.8
Decaf Espresso Macchiato - coconut drink	Single	25	6	0.2	0.1	0.8	0.2	0.2	0.2	0.00	1.8
Blonde Espresso Macchiato - Doppio - semi skimmed milk	Double	58	14	0.4	0.2	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - whole milk	Double	69	17	0.7	0.4	1.5	0.8	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - skimmed milk	Double	50	12	0.2	0.1	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - almond drink	Double	41	10	0.3	0.1	1.2	0.5	0.3	0.4	0.01	85.5
Blonde Espresso Macchiato - Doppio - soya drink	Double	53	13	0.4	0.1	1.2	0.5	0.4	0.8	0.02	85.5
Blonde Espresso Macchiato - Doppio - oat drink	Double	64	16	0.6	0.1	1.8	0.6	0.4	0.4	0.02	85.5
Blonde Espresso Macchiato - Doppio - coconut drink	Double	55	13	0.5	0.4	1.3	0.7	0.5	0.5	0.01	85.5
Decaf Espresso Macchiato - Doppio - semi skimmed milk	Double	64	15	0.4	0.2	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - whole milk	Double	75	18	0.7	0.4	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - skimmed milk	Double	56	14	0.2	0.1	2	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - almond drink	Double	47	12	0.3	0.1	1.6	0.5	0.3	0.4	0.01	3.6
Decaf Espresso Macchiato - Doppio - soya drink	Double	59	14	0.4	0.1	1.6	0.5	0.3	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - oat drink	Double	70	17	0.6	0.1	2.2	0.6	0.4	0.4	0.02	3.6
Decaf Espresso Macchiato - Doppio - coconut drink	Double	61	15	0.5	0.4	1.7	0.7	0.5	0.4	0.01	3.6
Blonde Cortado - semi skimmed milk	Short	208	49	1.6	1	5.3	4.3	0	3.5	0.10	75.6
Blonde Cortado - whole milk	Short	269	64	3.3	2.1	5.2	4.2	0	3.4	0.10	75.6
Blonde Cortado - skimmed milk	Short	162	38	0.3	0.2	5.4	4.4	0	3.5	0.10	75.6

Blonde Cortado - almond drink	Short	115	28	1.1	0.1	3.2	2.3	0.2	0.7	0.07	75.6
Blonde Cortado - soya drink	Short	179	43	1.7	0.3	3.3	2.3	0.5	3.2	0.08	75.6
Blonde Cortado - oat drink	Short	243	58	2.7	0.3	6.9	3	0.9	1	0.12	75.6
Blonde Cortado - coconut drink	Short	189	46	2.3	2.1	4.2	3.2	1.4	1.2	0.04	75.6
Decaf Cortado - semi skimmed milk	Short	215	51	1.7	1	5.5	4.4	0.2	3.5	0.10	3.6
Decaf Cortado - whole milk	Short	277	66	3.4	2.1	5.4	4.3	0.2	3.4	0.10	3.6
Decaf Cortado - skimmed milk	Short	170	41	0.4	0.2	5.6	4.5	0.2	3.5	0.10	3.6
Decaf Cortado - almond drink	Short	122	30	1.2	0.1	3.4	2.4	0.4	0.7	0.07	3.6
Decaf Cortado - soya drink	Short	187	45	1.8	0.3	3.5	2.3	0.8	3.2	0.08	3.6
Decaf Cortado - oat drink	Short	251	60	2.8	0.3	7.1	3	1.1	1	0.12	3.6
Decaf Cortado - coconut drink	Short	196	48	2.4	2.1	4.4	3.3	1.6	1.2	0.04	3.6
Blonde Cappuccino - semi skimmed milk	Tall	428	102	3.5	2.2	10.1	9.5	0.3	7.3	0.22	85.5
Blonde Cappuccino - semi skimmed milk	Grande	542	129	4.5	2.9	12.8	12.1	0.3	9.3	0.28	85.5
Blonde Cappuccino - semi skimmed milk	Venti	702	167	5.8	3.7	16.6	15.6	0.4	12	0.36	128.2
Blonde Cappuccino - whole milk	Tall	561	134	7.3	4.6	9.9	9.3	0.3	7.1	0.21	85.5
Blonde Cappuccino - whole milk	Grande	713	170	9.3	5.9	12.5	11.8	0.3	9	0.27	85.5
Blonde Cappuccino - whole milk	Venti	923	220	12	7.6	16.3	15.3	0.4	11.7	0.35	128.2
Blonde Cappuccino - skimmed milk	Tall	328	78	0.7	0.3	10.3	9.7	0.3	7.3	0.22	85.5
Blonde Cappuccino - skimmed milk	Grande	414	98	0.9	0.4	13	12.4	0.3	9.3	0.28	85.5
Blonde Cappuccino - skimmed milk	Venti	538	128	1.2	0.5	16.9	15.9	0.4	12	0.36	128.2
Blonde Cappuccino - almond drink	Tall	225	56	2.5	0.2	5.7	5	0.7	1.3	0.15	85.5
Blonde Cappuccino - almond drink	Grande	281	70	3.2	0.3	7	6.4	0.8	1.6	0.19	85.5
Blonde Cappuccino - almond drink	Venti	367	92	4.1	0.4	9.2	8.2	1.1	2.1	0.24	128.2
Blonde Cappuccino - soya drink	Tall	366	88	3.8	0.6	5.8	5	1.4	6.7	0.18	85.5
Blonde Cappuccino - soya drink	Grande	462	111	4.9	0.8	7.3	6.3	1.8	8.5	0.22	85.5
Blonde Cappuccino - soya drink	Venti	600	144	6.3	1	9.5	8.2	2.3	11.1	0.29	128.2
Blonde Cappuccino - oat drink	Tall	506	120	5.9	0.6	13.7	6.5	2.2	1.9	0.25	85.5
Blonde Cappuccino - oat drink	Grande	641	152	7.6	0.8	17.4	8.3	2.7	2.3	0.32	85.5
Blonde Cappuccino - oat drink	Venti	831	197	9.8	1	22.5	10.7	3.6	3	0.41	128.2
Blonde Cappuccino - coconut drink	Tall	386	94	5.1	4.6	7.7	7.1	3.3	2.3	0.09	85.5
Blonde Cappuccino - coconut drink	Grande	488	119	6.5	5.9	9.7	9	4.1	2.9	0.12	85.5
Blonde Cappuccino - coconut drink	Venti	633	154	8.4	7.6	12.7	11.7	5.3	3.8	0.15	128.2
Decaf Cappuccino - semi skimmed milk	Tall	434	103	3.5	2.2	10.5	9.5	0.2	7.2	0.22	3.6
Decaf Cappuccino - semi skimmed milk	Grande	547	130	4.5	2.9	13.2	12.1	0.2	9.2	0.28	3.6
Decaf Cappuccino - semi skimmed milk	Venti	711	169	5.8	3.7	17.2	15.6	0.3	11.9	0.36	5.4
Decaf Cappuccino - whole milk	Tall	567	135	7.3	4.6	10.3	9.3	0.2	7	0.21	3.6
Decaf Cappuccino - whole milk	Grande	719	171	9.3	5.9	12.9	11.9	0.2	9	0.27	3.6
Decaf Cappuccino - whole milk	Venti	932	222	12	7.6	16.9	15.3	0.3	11.6	0.35	5.4
Decaf Cappuccino - skimmed milk	Tall	334	79	0.7	0.3	10.7	9.7	0.2	7.2	0.22	3.6
Decaf Cappuccino - skimmed milk	Grande	420	100	0.9	0.4	13.4	12.4	0.2	9.2	0.28	3.6
Decaf Cappuccino - skimmed milk	Venti	547	130	1.2	0.5	17.5	16	0.3	11.9	0.36	5.4
Decaf Cappuccino - almond drink	Tall	230	57	2.5	0.2	6.1	5	0.6	1.3	0.15	3.6
Decaf Cappuccino - almond drink	Grande	287	72	3.2	0.3	7.5	6.4	0.7	1.5	0.19	3.6
Decaf Cappuccino - almond drink	Venti	376	94	4.1	0.4	9.8	8.3	1	2	0.24	5.4
Decaf Cappuccino - soya drink	Tall	372	89	3.8	0.6	6.2	5	1.4	6.7	0.18	3.6
Decaf Cappuccino - soya drink	Grande	468	112	4.9	0.8	7.7	6.4	1.7	8.5	0.22	3.6
Decaf Cappuccino - soya drink	Venti	609	146	6.3	1	10.1	8.2	2.3	11	0.29	5.4
Decaf Cappuccino - oat drink	Tall	511	121	5.9	0.6	14.1	6.5	2.2	1.8	0.25	3.6
Decaf Cappuccino - oat drink	Grande	647	153	7.6	0.8	17.8	8.3	2.7	2.3	0.32	3.6
Decaf Cappuccino - oat drink	Venti	839	199	9.8	1	23.1	10.7	3.5	3	0.41	5.4
Decaf Cappuccino - coconut drink	Tall	392	95	5.1	4.6	8.1	7.1	3.2	2.3	0.09	3.6
Decaf Cappuccino - coconut drink	Grande	494	120	6.5	5.9	10.1	9.1	4.1	2.8	0.12	3.6
Decaf Cappuccino - coconut drink	Venti	642	156	8.4	7.6	13.3	11.7	5.3	3.7	0.15	5.4

Blonde Flat White - semi skimmed milk	Short	242	58	2	1.2	5.8	5.1	0.3	4.1	0.12	85.5
Blonde Flat White - whole milk	Short	314	75	4	2.5	5.7	5	0.3	4	0.11	85.5
Blonde Flat White - skimmed milk	Short	189	45	0.5	0.2	5.9	5.2	0.3	4.1	0.12	85.5
Blonde Flat White - almond drink	Short	133	33	1.4	0.2	3.4	2.7	0.5	0.8	0.08	85.5
Blonde Flat White - soya drink	Short	209	50	2.1	0.4	3.5	2.7	0.9	3.8	0.10	85.5
Blonde Flat White - oat drink	Short	284	68	3.3	0.4	7.7	3.5	1.3	1.2	0.14	85.5
Blonde Flat White - coconut drink	Short	220	54	2.8	2.5	4.5	3.9	1.9	1.4	0.05	85.5
Decaf Flat White - semi skimmed milk	Short	248	59	2	1.2	6.2	5.2	0.2	4	0.12	3.6
Decaf Flat White - whole milk	Short	320	76	4	2.5	6.1	5.1	0.2	3.9	0.11	3.6
Decaf Flat White - skimmed milk	Short	194	46	0.5	0.2	6.3	5.3	0.2	4	0.12	3.6
Decaf Flat White - almond drink	Short	139	35	1.4	0.2	3.8	2.8	0.4	0.8	0.08	3.6
Decaf Flat White - soya drink	Short	215	52	2.1	0.4	3.9	2.7	0.9	3.7	0.10	3.6
Decaf Flat White - oat drink	Short	290	69	3.3	0.4	8.2	3.6	1.3	1.1	0.14	3.6
Decaf Flat White - coconut drink	Short	226	55	2.8	2.5	4.9	3.9	1.8	1.3	0.05	3.6
Blonde Caramel Macchiato - semi skimmed milk	Tall	700	166	4.9	3.1	22	21	0.3	8.4	0.27	85.5
Blonde Caramel Macchiato - semi skimmed milk	Grande	896	213	6	3.8	28.8	27.6	0.3	10.8	0.35	85.5
Blonde Caramel Macchiato - semi skimmed milk	Venti	1141	271	7.5	4.8	36.7	35.2	0.4	13.9	0.44	128.2
Blonde Caramel Macchiato - whole milk	Tall	854	203	9.3	5.8	21.8	20.7	0.3	8.2	0.27	85.5
Blonde Caramel Macchiato - whole milk	Grande	1095	260	11.7	7.4	28.5	27.3	0.3	10.5	0.34	85.5
Blonde Caramel Macchiato - whole milk	Venti	1396	332	14.8	9.3	36.4	34.8	0.4	13.5	0.43	128.2
Blonde Caramel Macchiato - skimmed milk	Tall	585	139	1.7	0.9	22.3	21.2	0.3	8.4	0.28	85.5
Blonde Caramel Macchiato - skimmed milk	Grande	747	177	1.9	1	29.1	27.9	0.3	10.8	0.35	85.5
Blonde Caramel Macchiato - skimmed milk	Venti	950	225	2.2	1.1	37.1	35.6	0.4	13.9	0.45	128.2
Blonde Caramel Macchiato - almond drink	Tall	465	113	3.7	0.8	16.9	15.8	0.7	1.5	0.19	85.5
Blonde Caramel Macchiato - almond drink	Grande	593	145	4.5	0.9	22.1	21	0.9	1.8	0.24	85.5
Blonde Caramel Macchiato - almond drink	Venti	751	183	5.6	1	28.2	26.6	1.2	2.4	0.30	128.2
Blonde Caramel Macchiato - soya drink	Tall	628	150	5.2	1.2	17.1	15.8	1.6	7.8	0.23	85.5
Blonde Caramel Macchiato - soya drink	Grande	804	192	6.5	1.4	22.4	20.9	2	9.9	0.29	85.5
Blonde Caramel Macchiato - soya drink	Venti	1022	244	8.1	1.7	28.5	26.6	2.7	12.8	0.36	128.2
Blonde Caramel Macchiato - oat drink	Tall	789	187	7.7	1.2	26.2	17.5	2.5	2.2	0.31	85.5
Blonde Caramel Macchiato - oat drink	Grande	1011	239	9.6	1.4	34.1	23.2	3.1	2.7	0.40	85.5
Blonde Caramel Macchiato - oat drink	Venti	1289	305	12.2	1.7	43.6	29.5	4.1	3.5	0.51	128.2
Blonde Caramel Macchiato - coconut drink	Tall	651	157	6.7	5.9	19.3	18.2	3.7	2.7	0.13	85.5
Blonde Caramel Macchiato - coconut drink	Grande	833	201	8.4	7.4	25.2	24.1	4.7	3.4	0.16	85.5
Blonde Caramel Macchiato - coconut drink	Venti	1060	256	10.6	9.4	32.2	30.6	6.1	4.4	0.20	128.2
Decaf Caramel Macchiato - semi skimmed milk	Tall	706	168	4.9	3.1	22.4	21	0.2	8.4	0.27	3.6
Decaf Caramel Macchiato - semi skimmed milk	Grande	902	214	6	3.8	29.2	27.7	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - semi skimmed milk	Venti	1149	273	7.5	4.8	37.4	35.2	0.3	13.8	0.44	5.4
Decaf Caramel Macchiato - whole milk	Tall	859	204	9.3	5.8	22.2	20.8	0.2	8.2	0.27	3.6
Decaf Caramel Macchiato - whole milk	Grande	1100	262	11.7	7.4	28.9	27.4	0.2	10.4	0.34	3.6
Decaf Caramel Macchiato - whole milk	Venti	1405	334	14.8	9.3	37	34.8	0.3	13.5	0.43	5.4
Decaf Caramel Macchiato - skimmed milk	Tall	591	140	1.7	0.9	22.7	21.2	0.2	8.4	0.28	3.6
Decaf Caramel Macchiato - skimmed milk	Grande	753	179	1.9	1	29.5	28	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - skimmed milk	Venti	958	227	2.2	1.1	37.7	35.6	0.3	13.8	0.45	5.4
Decaf Caramel Macchiato - almond drink	Tall	471	115	3.7	0.8	17.3	15.8	0.7	1.5	0.19	3.6
Decaf Caramel Macchiato - almond drink	Grande	599	146	4.5	0.9	22.5	21	0.8	1.8	0.24	3.6
Decaf Caramel Macchiato - almond drink	Venti	760	185	5.6	1	28.8	26.7	1.1	2.4	0.30	5.4
Decaf Caramel Macchiato - soya drink	Tall	634	152	5.2	1.2	17.5	15.8	1.6	7.7	0.23	3.6
Decaf Caramel Macchiato - soya drink	Grande	810	193	6.5	1.4	22.8	20.9	2	9.9	0.29	3.6
Decaf Caramel Macchiato - soya drink	Venti	1031	246	8.1	1.7	29.1	26.6	2.6	12.8	0.36	5.4
Decaf Caramel Macchiato - oat drink	Tall	795	188	7.7	1.2	26.6	17.5	2.5	2.1	0.31	3.6
Decaf Caramel Macchiato - oat drink	Grande	1017	241	9.6	1.4	34.5	23.2	3.1	2.7	0.40	3.6
Decaf Caramel Macchiato - oat drink	Venti	1298	307	12.2	1.7	44.2	29.5	4	3.5	0.51	5.4

Decaf Caramel Macchiato - coconut drink	Tall	657	158	6.7	5.9	19.7	18.2	3.7	2.6	0.13	3.6
Decaf Caramel Macchiato - coconut drink	Grande	839	202	8.4	7.4	25.6	24.1	4.7	3.3	0.16	3.6
Decaf Caramel Macchiato - coconut drink	Venti	1069	258	10.6	9.4	32.8	30.6	6.1	4.3	0.20	5.4
Blonde Mocha - semi skimmed milk	Tall	855	204	9.4	6.3	20.4	19.1	1.5	8.8	0.21	85.5
Blonde Mocha - semi skimmed milk	Grande	1099	262	11	7.4	28.1	26.4	2.2	11.7	0.28	85.5
Blonde Mocha - semi skimmed milk	Venti	1382	330	13	8.7	36.6	34.2	2.9	15.1	0.35	128.2
Blonde Mocha - whole milk	Tall	976	233	12.8	8.5	20.3	18.9	1.5	8.6	0.21	85.5
Blonde Mocha - whole milk	Grande	1260	301	15.5	10.2	27.9	26.2	2.2	11.5	0.27	85.5
Blonde Mocha - whole milk	Venti	1586	378	18.8	12.3	36.2	33.9	2.9	14.8	0.34	128.2
Blonde Mocha - skimmed milk	Tall	764	183	6.8	4.6	20.6	19.3	1.5	8.8	0.22	85.5
Blonde Mocha - skimmed milk	Grande	980	234	7.6	5	28.4	26.7	2.2	11.7	0.28	85.5
Blonde Mocha - skimmed milk	Venti	1230	293	8.8	5.7	36.9	34.5	2.9	15.1	0.36	128.2
Blonde Mocha - almond drink	Tall	670	163	8.4	4.5	16.4	15.1	1.9	3.3	0.15	85.5
Blonde Mocha - almond drink	Grande	855	207	9.7	5	22.8	21.1	2.6	4.5	0.19	85.5
Blonde Mocha - almond drink	Venti	1072	260	11.5	5.7	29.7	27.4	3.5	5.9	0.24	128.2
Blonde Mocha - soya drink	Tall	799	192	9.6	4.9	16.5	15	2.6	8.3	0.18	85.5
Blonde Mocha - soya drink	Grande	1025	246	11.3	5.4	23	21	3.6	11.1	0.23	85.5
Blonde Mocha - soya drink	Venti	1288	308	13.5	6.2	30	27.3	4.7	14.2	0.29	128.2
Blonde Mocha - oat drink	Tall	925	221	11.6	4.9	23.7	16.4	3.3	3.9	0.24	85.5
Blonde Mocha - oat drink	Grande	1193	284	13.9	5.4	32.4	22.9	4.5	5.2	0.32	85.5
Blonde Mocha - oat drink	Venti	1500	357	16.7	6.2	42	29.6	5.9	6.8	0.40	128.2
Blonde Mocha - coconut drink	Tall	817	197	10.8	8.5	18.3	16.9	4.2	4.3	0.10	85.5
Blonde Mocha - coconut drink	Grande	1049	253	12.9	10.2	25.3	23.6	5.8	5.8	0.13	85.5
Blonde Mocha - coconut drink	Venti	1318	317	15.5	12.3	32.9	30.6	7.5	7.5	0.16	128.2
Decaf Mocha - semi skimmed milk	Tall	964	230	9.7	6.6	25.3	23.2	2.1	9.3	0.20	3.6
Decaf Mocha - semi skimmed milk	Grande	1189	283	11.2	7.5	32.5	30.1	2.7	11.9	0.26	3.6
Decaf Mocha - semi skimmed milk	Venti	1514	361	13.6	9	42.1	38.8	3.5	15.9	0.35	5.4
Decaf Mocha - whole milk	Tall	1078	257	13	8.6	25.1	23.1	2.1	9.1	0.20	3.6
Decaf Mocha - whole milk	Grande	1336	319	15.3	10.1	32.3	29.9	2.7	11.7	0.25	3.6
Decaf Mocha - whole milk	Venti	1718	410	19.3	12.6	41.8	38.5	3.5	15.6	0.34	5.4
Decaf Mocha - skimmed milk	Tall	878	210	7.3	4.9	25.5	23.4	2.1	9.3	0.21	3.6
Decaf Mocha - skimmed milk	Grande	1079	257	8.1	5.3	32.7	30.3	2.7	11.9	0.26	3.6
Decaf Mocha - skimmed milk	Venti	1362	324	9.3	6.1	42.4	39.1	3.5	15.9	0.36	5.4
Decaf Mocha - almond drink	Tall	790	191	8.8	4.8	21.5	19.4	2.5	4.1	0.14	3.6
Decaf Mocha - almond drink	Grande	965	233	10	5.3	27.6	25.2	3.2	5.3	0.18	3.6
Decaf Mocha - almond drink	Venti	1204	291	12	6	35.3	32	4.1	6.8	0.24	5.4
Decaf Mocha - soya drink	Tall	911	218	10	5.2	21.6	19.4	3.1	8.8	0.17	3.6
Decaf Mocha - soya drink	Grande	1121	268	11.5	5.7	27.8	25.2	4	11.3	0.21	3.6
Decaf Mocha - soya drink	Venti	1420	340	14	6.6	35.5	31.9	5.3	15.1	0.29	5.4
Decaf Mocha - oat drink	Tall	1031	245	11.8	5.2	28.4	20.7	3.8	4.6	0.23	3.6
Decaf Mocha - oat drink	Grande	1274	303	13.8	5.7	36.5	26.8	4.9	5.9	0.30	3.6
Decaf Mocha - oat drink	Venti	1633	388	17.2	6.6	47.5	34.2	6.4	7.6	0.40	5.4
Decaf Mocha - coconut drink	Tall	928	223	11.1	8.6	23.2	21.2	4.7	5	0.10	3.6
Decaf Mocha - coconut drink	Grande	1143	275	12.9	10.1	29.9	27.5	6	6.4	0.12	3.6
Decaf Mocha - coconut drink	Venti	1450	349	16	12.7	38.4	35.2	8	8.3	0.16	5.4
Blonde White Mocha - semi skimmed milk	Tall	961	229	9.9	7	26.8	26.2	0.3	8	0.32	85.5
Blonde White Mocha - semi skimmed milk	Grande	1250	298	11.7	8.3	37.5	36.9	0.3	10.4	0.43	85.5
Blonde White Mocha - semi skimmed milk	Venti	1628	388	14.4	10.2	50.1	49.1	0.5	14.1	0.58	128.2
Blonde White Mocha - whole milk	Tall	1077	257	13.2	9.1	26.7	26	0.3	7.8	0.32	85.5
Blonde White Mocha - whole milk	Grande	1401	334	16	11	37.3	36.6	0.3	10.2	0.43	85.5
Blonde White Mocha - whole milk	Venti	1834	437	20.3	13.9	49.8	48.8	0.5	13.8	0.58	128.2
Blonde White Mocha - skimmed milk	Tall	873	208	7.5	5.3	27	26.3	0.3	8	0.32	85.5
Blonde White Mocha - skimmed milk	Grande	1137	271	8.5	6.1	37.8	37.1	0.3	10.4	0.44	85.5

Blonde White Mocha - skimmed milk	Venti	1474	351	10.1	7.2	50.4	49.4	0.5	14.1	0.59	128.2
Blonde White Mocha - almond drink	Tall	783	189	9	5.3	22.9	22.3	0.6	2.8	0.26	85.5
Blonde White Mocha - almond drink	Grande	1020	246	10.5	6.1	32.5	31.8	0.8	3.6	0.36	85.5
Blonde White Mocha - almond drink	Venti	1314	317	12.8	7.1	43.2	42.2	1.1	4.8	0.48	128.2
Blonde White Mocha - soya drink	Tall	907	217	10.2	5.6	23.1	22.2	1.3	7.5	0.28	85.5
Blonde White Mocha - soya drink	Grande	1180	282	12	6.5	32.7	31.8	1.7	9.8	0.39	85.5
Blonde White Mocha - soya drink	Venti	1532	366	14.9	7.7	43.5	42.2	2.3	13.2	0.52	128.2
Blonde White Mocha - oat drink	Tall	1029	245	12	5.6	30	23.6	2	3.3	0.35	85.5
Blonde White Mocha - oat drink	Grande	1338	318	14.4	6.5	41.6	33.5	2.5	4.3	0.47	85.5
Blonde White Mocha - oat drink	Venti	1748	415	18.1	7.7	55.7	44.5	3.5	5.7	0.64	128.2
Blonde White Mocha - coconut drink	Tall	924	222	11.3	9.1	24.7	24.1	2.9	3.6	0.21	85.5
Blonde White Mocha - coconut drink	Grande	1202	289	13.5	11	34.8	34.1	3.7	4.8	0.29	85.5
Blonde White Mocha - coconut drink	Venti	1563	375	16.9	13.9	46.4	45.4	5.1	6.4	0.39	128.2
Decaf White Mocha - semi skimmed milk	Tall	1114	266	10.5	7.5	34.7	33.6	0.3	8	0.36	3.6
Decaf White Mocha - semi skimmed milk	Grande	1450	345	12.7	9.1	46.5	45.4	0.3	11.2	0.50	3.6
Decaf White Mocha - semi skimmed milk	Venti	1754	418	14.7	10.6	57.5	55.9	0.4	13.5	0.61	5.4
Decaf White Mocha - whole milk	Tall	1220	291	13.5	9.4	34.5	33.5	0.3	7.8	0.36	3.6
Decaf White Mocha - whole milk	Grande	1605	382	17.1	11.8	46.2	45.2	0.3	11	0.49	3.6
Decaf White Mocha - whole milk	Venti	1938	462	20	13.8	57.2	55.6	0.4	13.2	0.60	5.4
Decaf White Mocha - skimmed milk	Tall	1036	247	8.3	6	34.8	33.8	0.3	8	0.36	3.6
Decaf White Mocha - skimmed milk	Grande	1334	317	9.4	6.8	46.7	45.6	0.3	11.2	0.51	3.6
Decaf White Mocha - skimmed milk	Venti	1616	384	10.9	7.9	57.7	56.2	0.4	13.5	0.62	5.4
Decaf White Mocha - almond drink	Tall	954	229	9.7	5.9	31.2	30.1	0.6	3.2	0.31	3.6
Decaf White Mocha - almond drink	Grande	1214	292	11.5	6.8	41.3	40.2	0.7	4.2	0.42	3.6
Decaf White Mocha - almond drink	Venti	1473	354	13.3	7.8	51.3	49.7	1	5.2	0.51	5.4
Decaf White Mocha - soya drink	Tall	1066	255	10.7	6.3	31.3	30.1	1.2	7.5	0.33	3.6
Decaf White Mocha - soya drink	Grande	1378	329	13	7.2	41.5	40.2	1.7	10.5	0.45	3.6
Decaf White Mocha - soya drink	Venti	1668	398	15.1	8.3	51.5	49.7	2	12.7	0.55	5.4
Decaf White Mocha - oat drink	Tall	1176	280	12.4	6.3	37.5	31.3	1.8	3.7	0.39	3.6
Decaf White Mocha - oat drink	Grande	1540	366	15.5	7.2	50.6	41.9	2.5	4.9	0.54	3.6
Decaf White Mocha - oat drink	Venti	1861	442	18.1	8.3	62.4	51.8	3.1	6	0.66	5.4
Decaf White Mocha - coconut drink	Tall	1081	259	11.7	9.4	32.8	31.7	2.6	4	0.26	3.6
Decaf White Mocha - coconut drink	Grande	1401	336	14.5	11.9	43.7	42.6	3.8	5.4	0.36	3.6
Decaf White Mocha - coconut drink	Venti	1696	407	16.9	13.9	54.2	52.6	4.6	6.6	0.44	5.4
Alternative Coffee Bean - Cold Coffee		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Iced Americano	Tall	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Iced Americano	Grande	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Iced Americano	Venti	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Iced Americano	Tall	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Iced Americano	Grande	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Iced Americano	Venti	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Blonde Iced Latte - semi skimmed milk	Tall	342	82	2.8	1.8	8.1	7.5	0.3	5.8	0.17	85.5
Blonde Iced Latte - semi skimmed milk	Grande	532	127	4.4	2.8	12.6	11.9	0.3	9.1	0.27	85.5
Blonde Iced Latte - semi skimmed milk	Venti	539	128	4.4	2.8	12.8	11.8	0.4	9.2	0.27	128.2
Blonde Iced Latte - whole milk	Tall	447	107	5.8	3.6	8	7.3	0.3	5.6	0.17	85.5
Blonde Iced Latte - whole milk	Grande	700	167	9.2	5.8	12.3	11.6	0.3	8.8	0.26	85.5
Blonde Iced Latte - whole milk	Venti	705	168	9.1	5.7	12.6	11.5	0.4	8.9	0.26	128.2
Blonde Iced Latte - skimmed milk	Tall	264	63	0.6	0.2	8.3	7.6	0.3	5.8	0.17	85.5
Blonde Iced Latte - skimmed milk	Grande	406	97	0.9	0.4	12.8	12.1	0.3	9.1	0.28	85.5
Blonde Iced Latte - skimmed milk	Venti	415	99	0.9	0.4	13.1	12	0.4	9.2	0.27	128.2
Blonde Iced Latte - almond drink	Tall	182	46	2	0.2	4.6	3.9	0.6	1.1	0.11	85.5
Blonde Iced Latte - almond drink	Grande	276	69	3.1	0.3	6.9	6.3	0.8	1.5	0.18	85.5
Blonde Iced Latte - almond drink	Venti	286	71	3.1	0.3	7.2	6.2	0.9	1.7	0.18	128.2

Blonde Iced Latte - soya drink	Tall	293	71	3	0.5	4.8	3.9	1.2	5.4	0.14	85.5
Blonde Iced Latte - soya drink	Grande	454	109	4.8	0.8	7.1	6.2	1.7	8.4	0.22	85.5
Blonde Iced Latte - soya drink	Venti	462	111	4.8	0.8	7.4	6.2	1.9	8.5	0.22	128.2
Blonde Iced Latte - oat drink	Tall	403	96	4.7	0.5	11	5.1	1.8	1.5	0.20	85.5
Blonde Iced Latte - oat drink	Grande	630	149	7.4	0.8	17.1	8.1	2.7	2.3	0.31	85.5
Blonde Iced Latte - oat drink	Venti	635	151	7.4	0.8	17.3	8.1	2.8	2.4	0.31	128.2
Blonde Iced Latte - coconut drink	Tall	309	75	4.1	3.7	6.3	5.6	2.6	1.9	0.07	85.5
Blonde Iced Latte - coconut drink	Grande	479	117	6.4	5.8	9.5	8.9	4	2.8	0.11	85.5
Blonde Iced Latte - coconut drink	Venti	487	119	6.4	5.8	9.8	8.8	4.1	3	0.11	128.2
Decaf Iced Latte - semi skimmed milk	Tall	348	83	2.8	1.8	8.5	7.5	0.2	5.8	0.17	3.6
Decaf Iced Latte - semi skimmed milk	Grande	538	128	4.4	2.8	13	11.9	0.2	9	0.27	3.6
Decaf Iced Latte - semi skimmed milk	Venti	548	131	4.4	2.8	13.4	11.8	0.3	9.1	0.27	5.4
Decaf Iced Latte - whole milk	Tall	453	108	5.8	3.6	8.4	7.3	0.2	5.6	0.17	3.6
Decaf Iced Latte - whole milk	Grande	706	168	9.2	5.8	12.7	11.6	0.2	8.8	0.26	3.6
Decaf Iced Latte - whole milk	Venti	714	170	9.1	5.7	13.2	11.6	0.3	8.8	0.26	5.4
Decaf Iced Latte - skimmed milk	Tall	270	64	0.6	0.2	8.7	7.6	0.2	5.8	0.17	3.6
Decaf Iced Latte - skimmed milk	Grande	412	98	0.9	0.4	13.2	12.2	0.2	9	0.28	3.6
Decaf Iced Latte - skimmed milk	Venti	424	101	0.9	0.4	13.7	12.1	0.3	9.1	0.27	5.4
Decaf Iced Latte - almond drink	Tall	188	47	2	0.2	5	4	0.5	1	0.11	3.6
Decaf Iced Latte - almond drink	Grande	282	70	3.1	0.3	7.3	6.3	0.7	1.5	0.18	3.6
Decaf Iced Latte - almond drink	Venti	295	73	3.1	0.3	7.9	6.3	0.8	1.6	0.18	5.4
Decaf Iced Latte - soya drink	Tall	299	72	3	0.5	5.2	3.9	1.2	5.3	0.14	3.6
Decaf Iced Latte - soya drink	Grande	460	110	4.8	0.8	7.5	6.2	1.7	8.3	0.22	3.6
Decaf Iced Latte - soya drink	Venti	471	113	4.8	0.8	8.1	6.2	1.8	8.4	0.22	5.4
Decaf Iced Latte - oat drink	Tall	409	97	4.7	0.5	11.4	5.1	1.7	1.5	0.20	3.6
Decaf Iced Latte - oat drink	Grande	635	151	7.4	0.8	17.5	8.1	2.7	2.2	0.31	3.6
Decaf Iced Latte - oat drink	Venti	644	153	7.4	0.8	17.9	8.1	2.7	2.3	0.31	5.4
Decaf Iced Latte - coconut drink	Tall	315	77	4.1	3.7	6.7	5.6	2.6	1.8	0.07	3.6
Decaf Iced Latte - coconut drink	Grande	485	118	6.4	5.8	9.9	8.9	4	2.8	0.11	3.6
Decaf Iced Latte - coconut drink	Venti	495	121	6.4	5.8	10.4	8.8	4.1	2.9	0.11	5.4
Blonde Classic Iced Cappuccino - semi skimmed milk	Tall	293	70	2.4	1.5	7	6.3	0.3	5	0.14	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Grande	442	105	3.6	2.3	10.5	9.8	0.3	7.5	0.22	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Venti	478	114	3.9	2.5	11.4	10.4	0.4	8.1	0.24	128.2
Blonde Classic Iced Cappuccino - whole milk	Tall	382	91	4.9	3.1	6.9	6.2	0.3	4.8	0.14	85.5
Blonde Classic Iced Cappuccino - whole milk	Grande	580	138	7.6	4.8	10.2	9.6	0.3	7.3	0.22	85.5
Blonde Classic Iced Cappuccino - whole milk	Venti	624	149	8	5.1	11.2	10.2	0.4	7.9	0.23	128.2
Blonde Classic Iced Cappuccino - skimmed milk	Tall	227	54	0.5	0.2	7.1	6.4	0.3	5	0.15	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Grande	338	80	0.8	0.3	10.7	10	0.3	7.5	0.23	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Venti	369	88	0.9	0.4	11.6	10.6	0.4	8.1	0.24	128.2
Blonde Classic Iced Cappuccino - almond drink	Tall	158	39	1.7	0.2	4	3.3	0.5	1	0.10	85.5
Blonde Classic Iced Cappuccino - almond drink	Grande	231	58	2.6	0.2	5.8	5.2	0.7	1.3	0.15	85.5
Blonde Classic Iced Cappuccino - almond drink	Venti	256	64	2.8	0.3	6.5	5.5	0.8	1.5	0.16	128.2
Blonde Classic Iced Cappuccino - soya drink	Tall	252	61	2.6	0.4	4.1	3.3	1.1	4.6	0.12	85.5
Blonde Classic Iced Cappuccino - soya drink	Grande	378	91	3.9	0.6	6	5.1	1.5	7	0.18	85.5
Blonde Classic Iced Cappuccino - soya drink	Venti	410	99	4.2	0.7	6.7	5.5	1.7	7.5	0.19	128.2
Blonde Classic Iced Cappuccino - oat drink	Tall	345	82	4	0.4	9.4	4.3	1.6	1.3	0.17	85.5
Blonde Classic Iced Cappuccino - oat drink	Grande	522	124	6.1	0.6	14.2	6.7	2.3	1.9	0.26	85.5
Blonde Classic Iced Cappuccino - oat drink	Venti	563	134	6.5	0.7	15.3	7.1	2.5	2.2	0.27	128.2
Blonde Classic Iced Cappuccino - coconut drink	Tall	265	65	3.4	3.1	5.4	4.7	2.3	1.6	0.06	85.5
Blonde Classic Iced Cappuccino - coconut drink	Grande	398	97	5.3	4.8	8	7.3	3.4	2.4	0.09	85.5
Blonde Classic Iced Cappuccino - coconut drink	Venti	432	105	5.6	5.1	8.8	7.8	3.7	2.7	0.10	128.2
Decaf Classic Iced Cappuccino - semi skimmed milk	Tall	299	71	2.4	1.5	7.4	6.3	0.2	4.9	0.14	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Grande	447	107	3.6	2.3	10.9	9.8	0.2	7.5	0.22	3.6

Decaf Classic Iced Cappuccino - semi skimmed milk	Venti	487	116	3.9	2.5	12	10.4	0.3	8	0.24	5.4
Decaf Classic Iced Cappuccino - whole milk	Tall	387	92	4.9	3.1	7.3	6.2	0.2	4.8	0.14	3.6
Decaf Classic Iced Cappuccino - whole milk	Grande	585	140	7.6	4.8	10.7	9.6	0.2	7.3	0.22	3.6
Decaf Classic Iced Cappuccino - whole milk	Venti	633	151	8	5.1	11.8	10.2	0.3	7.8	0.23	5.4
Decaf Classic Iced Cappuccino - skimmed milk	Tall	232	55	0.5	0.2	7.5	6.5	0.2	4.9	0.15	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Grande	344	82	0.8	0.3	11.1	10	0.2	7.5	0.23	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Venti	378	90	0.9	0.4	12.2	10.6	0.3	8	0.24	5.4
Decaf Classic Iced Cappuccino - almond drink	Tall	164	41	1.7	0.2	4.4	3.4	0.5	0.9	0.10	3.6
Decaf Classic Iced Cappuccino - almond drink	Grande	237	59	2.6	0.2	6.2	5.2	0.6	1.3	0.15	3.6
Decaf Classic Iced Cappuccino - almond drink	Venti	264	66	2.8	0.3	7.1	5.5	0.8	1.5	0.16	5.4
Decaf Classic Iced Cappuccino - soya drink	Tall	258	62	2.6	0.4	4.5	3.3	1	4.5	0.12	3.6
Decaf Classic Iced Cappuccino - soya drink	Grande	383	92	3.9	0.6	6.4	5.1	1.4	6.9	0.18	3.6
Decaf Classic Iced Cappuccino - soya drink	Venti	419	101	4.2	0.7	7.3	5.5	1.6	7.4	0.19	5.4
Decaf Classic Iced Cappuccino - oat drink	Tall	350	83	4	0.4	9.8	4.4	1.5	1.3	0.17	3.6
Decaf Classic Iced Cappuccino - oat drink	Grande	528	125	6.1	0.6	14.6	6.7	2.2	1.9	0.26	3.6
Decaf Classic Iced Cappuccino - oat drink	Venti	572	136	6.5	0.7	15.9	7.1	2.5	2.1	0.27	5.4
Decaf Classic Iced Cappuccino - coconut drink	Tall	271	66	3.4	3.1	5.8	4.7	2.2	1.6	0.06	3.6
Decaf Classic Iced Cappuccino - coconut drink	Grande	404	98	5.3	4.8	8.4	7.3	3.3	2.3	0.09	3.6
Decaf Classic Iced Cappuccino - coconut drink	Venti	441	107	5.6	5.1	9.4	7.8	3.6	2.6	0.10	5.4
Blonde Iced Latte Macchiato - semi skimmed milk	Tall	379	90	3.1	2	9	8.3	0.3	6.4	0.19	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Grande	548	131	4.5	2.9	12.9	12.3	0.3	9.4	0.28	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Venti	572	136	4.7	3	13.6	12.6	0.4	9.7	0.29	128.2
Blonde Iced Latte Macchiato - whole milk	Tall	496	118	6.4	4.1	8.8	8.1	0.3	6.3	0.18	85.5
Blonde Iced Latte Macchiato - whole milk	Grande	722	172	9.5	6	12.7	12	0.3	9.1	0.27	85.5
Blonde Iced Latte Macchiato - whole milk	Venti	749	179	9.7	6.1	13.3	12.3	0.4	9.5	0.28	128.2
Blonde Iced Latte Macchiato - skimmed milk	Tall	291	69	0.7	0.3	9.2	8.5	0.3	6.4	0.19	85.5
Blonde Iced Latte Macchiato - skimmed milk	Grande	419	100	0.9	0.4	13.2	12.5	0.3	9.4	0.29	85.5
Blonde Iced Latte Macchiato - skimmed milk	Venti	440	105	1	0.4	13.8	12.8	0.4	9.7	0.29	128.2
Blonde Iced Latte Macchiato - almond drink	Tall	200	50	2.2	0.2	5.1	4.4	0.6	1.2	0.13	85.5
Blonde Iced Latte Macchiato - almond drink	Grande	284	71	3.2	0.3	7.1	6.5	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato - almond drink	Venti	302	76	3.3	0.3	7.6	6.6	0.9	1.8	0.19	128.2
Blonde Iced Latte Macchiato - soya drink	Tall	324	78	3.4	0.6	5.2	4.4	1.3	5.9	0.15	85.5
Blonde Iced Latte Macchiato - soya drink	Grande	468	112	4.9	0.8	7.3	6.4	1.8	8.7	0.23	85.5
Blonde Iced Latte Macchiato - soya drink	Venti	490	118	5.1	0.8	7.9	6.6	2	9	0.23	128.2
Blonde Iced Latte Macchiato - oat drink	Tall	447	106	5.2	0.6	12.1	5.7	2	1.7	0.22	85.5
Blonde Iced Latte Macchiato - oat drink	Grande	649	154	7.7	0.8	17.6	8.4	2.8	2.3	0.32	85.5
Blonde Iced Latte Macchiato - oat drink	Venti	675	160	7.9	0.8	18.3	8.6	3	2.5	0.33	128.2
Blonde Iced Latte Macchiato - coconut drink	Tall	342	83	4.5	4.1	6.9	6.2	2.9	2.1	0.08	85.5
Blonde Iced Latte Macchiato - coconut drink	Grande	494	120	6.6	6	9.8	9.2	4.2	2.9	0.12	85.5
Blonde Iced Latte Macchiato - coconut drink	Venti	517	126	6.8	6.2	10.4	9.4	4.4	3.1	0.12	128.2
Decaf Iced Latte Macchiato - semi skimmed milk	Tall	385	92	3.1	2	9.4	8.3	0.2	6.4	0.19	3.6
Decaf Iced Latte Macchiato - semi skimmed milk	Grande	554	132	4.5	2.9	13.3	12.3	0.2	9.3	0.28	3.6
Decaf Iced Latte Macchiato - semi skimmed milk	Venti	581	138	4.7	3	14.2	12.6	0.3	9.7	0.29	5.4
Decaf Iced Latte Macchiato - whole milk	Tall	502	120	6.4	4.1	9.2	8.2	0.2	6.2	0.18	3.6
Decaf Iced Latte Macchiato - whole milk	Grande	728	173	9.5	6	13.1	12	0.2	9.1	0.27	3.6
Decaf Iced Latte Macchiato - whole milk	Venti	758	181	9.7	6.1	13.9	12.3	0.3	9.4	0.28	5.4
Decaf Iced Latte Macchiato - skimmed milk	Tall	297	71	0.7	0.3	9.6	8.5	0.2	6.4	0.19	3.6
Decaf Iced Latte Macchiato - skimmed milk	Grande	425	101	0.9	0.4	13.6	12.5	0.2	9.3	0.29	3.6
Decaf Iced Latte Macchiato - skimmed milk	Venti	449	107	1	0.4	14.5	12.9	0.3	9.7	0.29	5.4
Decaf Iced Latte Macchiato - almond drink	Tall	206	51	2.2	0.2	5.5	4.4	0.6	1.1	0.13	3.6
Decaf Iced Latte Macchiato - almond drink	Grande	290	72	3.2	0.3	7.5	6.5	0.7	1.5	0.19	3.6
Decaf Iced Latte Macchiato - almond drink	Venti	311	78	3.3	0.3	8.3	6.7	0.9	1.7	0.19	5.4
Decaf Iced Latte Macchiato - soya drink	Tall	330	79	3.4	0.6	5.6	4.4	1.3	5.9	0.15	3.6

Decaf Iced Latte Macchiato - soya drink	Grande	474	114	4.9	0.8	7.7	6.4	1.8	8.6	0.23	3.6
Decaf Iced Latte Macchiato - soya drink	Venti	499	120	5.1	0.8	8.5	6.6	1.9	8.9	0.23	5.4
Decaf Iced Latte Macchiato - oat drink	Tall	453	107	5.2	0.6	12.5	5.7	1.9	1.6	0.22	3.6
Decaf Iced Latte Macchiato - oat drink	Grande	655	155	7.7	0.8	18	8.4	2.7	2.3	0.32	3.6
Decaf Iced Latte Macchiato - oat drink	Venti	684	162	7.9	0.8	18.9	8.6	2.9	2.5	0.33	5.4
Decaf Iced Latte Macchiato - coconut drink	Tall	348	85	4.5	4.1	7.3	6.2	2.8	2	0.08	3.6
Decaf Iced Latte Macchiato - coconut drink	Grande	500	122	6.6	6	10.2	9.2	4.1	2.9	0.12	3.6
Decaf Iced Latte Macchiato - coconut drink	Venti	525	128	6.8	6.2	11	9.4	4.3	3	0.12	5.4
Blonde Iced Caramel Macchiato - semi skimmed milk	Tall	611	145	4.2	2.6	20.3	19.1	0.3	6.5	0.22	85.5
Blonde Iced Caramel Macchiato - semi skimmed milk	Grande	841	200	5.6	3.6	27.8	26.6	0.3	9.5	0.31	85.5
Blonde Iced Caramel Macchiato - semi skimmed milk	Venti	926	220	5.8	3.6	32	30.4	0.4	9.8	0.32	128.2
Blonde Iced Caramel Macchiato - whole milk	Tall	728	173	7.5	4.7	20.1	18.9	0.3	6.4	0.22	85.5
Blonde Iced Caramel Macchiato - whole milk	Grande	1015	241	10.5	6.6	27.6	26.3	0.3	9.2	0.31	85.5
Blonde Iced Caramel Macchiato - whole milk	Venti	1103	262	10.8	6.8	31.8	30.2	0.4	9.6	0.31	128.2
Blonde Iced Caramel Macchiato - skimmed milk	Tall	523	124	1.7	0.9	20.4	19.3	0.3	6.5	0.23	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Grande	712	169	2	1	28.1	26.9	0.3	9.5	0.32	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Venti	793	188	2.1	1.1	32.3	30.7	0.4	9.8	0.33	128.2
Blonde Iced Caramel Macchiato - almond drink	Tall	432	105	3.3	0.9	16.3	15.2	0.6	1.3	0.16	85.5
Blonde Iced Caramel Macchiato - almond drink	Grande	577	140	4.2	1	22	20.8	0.8	1.7	0.22	85.5
Blonde Iced Caramel Macchiato - almond drink	Venti	656	159	4.4	1	26.1	24.5	0.9	1.9	0.23	128.2
Blonde Iced Caramel Macchiato - soya drink	Tall	557	133	4.4	1.2	16.5	15.2	1.3	6	0.19	85.5
Blonde Iced Caramel Macchiato - soya drink	Grande	761	182	6	1.5	22.2	20.7	1.8	8.7	0.26	85.5
Blonde Iced Caramel Macchiato - soya drink	Venti	844	201	6.2	1.5	26.3	24.4	2	9.1	0.27	128.2
Blonde Iced Caramel Macchiato - oat drink	Tall	679	161	6.3	1.2	23.4	16.5	2	1.8	0.25	85.5
Blonde Iced Caramel Macchiato - oat drink	Grande	942	223	8.7	1.5	32.5	22.7	2.8	2.4	0.36	85.5
Blonde Iced Caramel Macchiato - oat drink	Venti	1029	244	9	1.5	36.8	26.5	3	2.6	0.37	128.2
Blonde Iced Caramel Macchiato - coconut drink	Tall	574	138	5.6	4.7	18.2	17	2.9	2.2	0.11	85.5
Blonde Iced Caramel Macchiato - coconut drink	Grande	787	189	7.7	6.7	24.7	23.5	4.2	3	0.15	85.5
Blonde Iced Caramel Macchiato - coconut drink	Venti	870	209	7.9	6.8	28.9	27.2	4.4	3.2	0.15	128.2
Decaf Iced Caramel Macchiato - semi skimmed milk	Tall	617	147	4.2	2.6	20.7	19.1	0.2	6.5	0.22	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Grande	847	201	5.6	3.6	28.2	26.6	0.2	9.4	0.31	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Venti	934	222	5.8	3.6	32.7	30.5	0.3	9.7	0.32	5.4
Decaf Iced Caramel Macchiato - whole milk	Tall	734	175	7.5	4.7	20.5	19	0.2	6.3	0.22	3.6
Decaf Iced Caramel Macchiato - whole milk	Grande	1021	243	10.5	6.6	28	26.4	0.2	9.2	0.31	3.6
Decaf Iced Caramel Macchiato - whole milk	Venti	1112	264	10.8	6.8	32.4	30.2	0.3	9.5	0.31	5.4
Decaf Iced Caramel Macchiato - skimmed milk	Tall	529	126	1.7	0.9	20.8	19.3	0.2	6.5	0.23	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Grande	718	170	2	1	28.5	26.9	0.2	9.4	0.32	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Venti	802	190	2.1	1.1	32.9	30.7	0.3	9.7	0.33	5.4
Decaf Iced Caramel Macchiato - almond drink	Tall	438	106	3.3	0.9	16.7	15.2	0.6	1.2	0.16	3.6
Decaf Iced Caramel Macchiato - almond drink	Grande	583	142	4.2	1	22.4	20.8	0.7	1.6	0.22	3.6
Decaf Iced Caramel Macchiato - almond drink	Venti	665	161	4.4	1	26.7	24.5	0.9	1.8	0.23	5.4
Decaf Iced Caramel Macchiato - soya drink	Tall	562	134	4.4	1.2	16.9	15.2	1.3	6	0.19	3.6
Decaf Iced Caramel Macchiato - soya drink	Grande	767	183	6	1.5	22.6	20.8	1.8	8.7	0.26	3.6
Decaf Iced Caramel Macchiato - soya drink	Venti	852	203	6.2	1.5	26.9	24.5	1.9	9	0.27	5.4
Decaf Iced Caramel Macchiato - oat drink	Tall	685	162	6.3	1.2	23.8	16.5	1.9	1.7	0.25	3.6
Decaf Iced Caramel Macchiato - oat drink	Grande	948	224	8.7	1.5	32.9	22.7	2.7	2.4	0.36	3.6
Decaf Iced Caramel Macchiato - oat drink	Venti	1037	246	9	1.5	37.4	26.5	2.9	2.6	0.37	5.4
Decaf Iced Caramel Macchiato - coconut drink	Tall	580	140	5.6	4.7	18.6	17	2.8	2.1	0.11	3.6
Decaf Iced Caramel Macchiato - coconut drink	Grande	793	191	7.7	6.7	25.1	23.5	4.1	2.9	0.15	3.6
Decaf Iced Caramel Macchiato - coconut drink	Venti	879	211	7.9	6.8	29.5	27.3	4.3	3.1	0.15	5.4
Blonde Iced Mocha - semi skimmed milk	Tall	929	223	12.6	8.7	19.2	17.9	1.5	7.3	0.17	85.5
Blonde Iced Mocha - semi skimmed milk	Grande	1311	314	17.2	11.9	28	26.3	2.2	10.7	0.25	85.5
Blonde Iced Mocha - semi skimmed milk	Venti	1436	344	17.7	12.2	33	30.7	2.9	11.6	0.24	128.2

Blonde Iced Mocha - whole milk	Tall	1017	244	15.1	10.3	19.1	17.7	1.5	7.2	0.16	85.5
Blonde Iced Mocha - whole milk	Grande	1443	345	20.9	14.2	27.8	26.1	2.2	10.5	0.24	85.5
Blonde Iced Mocha - whole milk	Venti	1564	374	21.3	14.5	32.8	30.5	2.9	11.4	0.24	128.2
Blonde Iced Mocha - skimmed milk	Tall	864	207	10.8	7.5	19.3	18	1.5	7.3	0.17	85.5
Blonde Iced Mocha - skimmed milk	Grande	1213	290	14.4	10	28.2	26.5	2.2	10.7	0.25	85.5
Blonde Iced Mocha - skimmed milk	Venti	1341	321	15	10.3	33.2	30.9	2.9	11.6	0.25	128.2
Blonde Iced Mocha - almond drink	Tall	796	193	11.9	7.4	16.3	14.9	1.8	3.4	0.12	85.5
Blonde Iced Mocha - almond drink	Grande	1111	269	16.2	9.9	23.6	21.9	2.5	4.8	0.18	85.5
Blonde Iced Mocha - almond drink	Venti	1241	300	16.7	10.3	28.7	26.4	3.3	5.8	0.18	128.2
Blonde Iced Mocha - soya drink	Tall	889	213	12.8	7.7	16.4	14.9	2.3	7	0.14	85.5
Blonde Iced Mocha - soya drink	Grande	1250	300	17.5	10.3	23.7	21.9	3.3	10.2	0.21	85.5
Blonde Iced Mocha - soya drink	Venti	1377	330	18	10.6	28.9	26.4	4.1	11.1	0.21	128.2
Blonde Iced Mocha - oat drink	Tall	980	234	14.2	7.7	21.6	15.9	2.8	3.8	0.19	85.5
Blonde Iced Mocha - oat drink	Grande	1388	332	19.6	10.3	31.5	23.4	4.1	5.4	0.28	85.5
Blonde Iced Mocha - oat drink	Venti	1511	361	20	10.6	36.5	27.8	4.8	6.4	0.28	128.2
Blonde Iced Mocha - coconut drink	Tall	902	217	13.7	10.3	17.6	16.3	3.5	4	0.09	85.5
Blonde Iced Mocha - coconut drink	Grande	1270	306	18.8	14.3	25.6	24	5.1	5.8	0.12	85.5
Blonde Iced Mocha - coconut drink	Venti	1396	336	19.2	14.5	30.7	28.4	5.8	6.8	0.12	128.2
Decaf Iced Mocha - semi skimmed milk	Tall	1029	246	12.9	8.9	23.8	21.8	2.1	7.7	0.15	3.6
Decaf Iced Mocha - semi skimmed milk	Grande	1432	343	17.7	12.2	33.1	30.7	2.7	11.4	0.24	3.6
Decaf Iced Mocha - semi skimmed milk	Venti	1520	363	17.8	12.3	37.4	34.2	3.5	11.6	0.22	5.4
Decaf Iced Mocha - whole milk	Tall	1107	265	15.1	10.3	23.7	21.6	2.1	7.5	0.15	3.6
Decaf Iced Mocha - whole milk	Grande	1562	373	21.3	14.5	32.9	30.5	2.7	11.2	0.24	3.6
Decaf Iced Mocha - whole milk	Venti	1632	390	21	14.2	37.2	34	3.5	11.4	0.22	5.4
Decaf Iced Mocha - skimmed milk	Tall	971	232	11.3	7.8	23.9	21.9	2.1	7.7	0.16	3.6
Decaf Iced Mocha - skimmed milk	Grande	1336	319	15	10.3	33.3	30.9	2.7	11.4	0.25	3.6
Decaf Iced Mocha - skimmed milk	Venti	1436	343	15.5	10.6	37.6	34.3	3.5	11.6	0.22	5.4
Decaf Iced Mocha - almond drink	Tall	910	219	12.3	7.7	21.2	19.2	2.3	4.2	0.11	3.6
Decaf Iced Mocha - almond drink	Grande	1236	298	16.7	10.3	28.8	26.4	3.1	5.6	0.18	3.6
Decaf Iced Mocha - almond drink	Venti	1349	325	17	10.6	33.7	30.4	3.8	6.5	0.16	5.4
Decaf Iced Mocha - soya drink	Tall	993	238	13.1	8	21.3	19.1	2.8	7.3	0.13	3.6
Decaf Iced Mocha - soya drink	Grande	1373	329	18	10.6	29	26.4	3.9	10.9	0.21	3.6
Decaf Iced Mocha - soya drink	Venti	1468	352	18.1	10.9	33.8	30.4	4.5	11.1	0.19	5.4
Decaf Iced Mocha - oat drink	Tall	1074	257	14.3	8	25.9	20	3.2	4.5	0.17	3.6
Decaf Iced Mocha - oat drink	Grande	1508	360	20	10.6	36.6	27.8	4.6	6.2	0.28	3.6
Decaf Iced Mocha - oat drink	Venti	1585	378	19.9	10.9	40.4	31.6	5.1	7	0.25	5.4
Decaf Iced Mocha - coconut drink	Tall	1004	242	13.8	10.3	22.4	20.4	3.9	4.8	0.08	3.6
Decaf Iced Mocha - coconut drink	Grande	1392	335	19.2	14.5	30.8	28.4	5.6	6.6	0.12	3.6
Decaf Iced Mocha - coconut drink	Venti	1485	357	19.2	14.3	35.4	32.1	6	7.4	0.11	5.4
Blonde Iced White Mocha - semi skimmed milk	Tall	1050	251	13.3	9.5	25.9	25.3	0.3	6.8	0.28	85.5
Blonde Iced White Mocha - semi skimmed milk	Grande	1519	363	18.4	13.2	38.7	38.1	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - semi skimmed milk	Venti	1681	402	19.1	13.7	46.6	45.6	0.5	10.6	0.48	128.2
Blonde Iced White Mocha - whole milk	Tall	1138	272	15.8	11.1	25.8	25.1	0.3	6.7	0.28	85.5
Blonde Iced White Mocha - whole milk	Grande	1661	397	22.5	15.7	38.5	37.9	0.3	10.2	0.43	85.5
Blonde Iced White Mocha - whole milk	Venti	1811	433	22.8	16	46.4	45.4	0.5	10.4	0.47	128.2
Blonde Iced White Mocha - skimmed milk	Tall	984	235	11.4	8.2	26.1	25.4	0.3	6.8	0.29	85.5
Blonde Iced White Mocha - skimmed milk	Grande	1414	338	15.5	11.1	38.9	38.3	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - skimmed milk	Venti	1583	378	16.4	11.8	46.8	45.8	0.5	10.6	0.48	128.2
Blonde Iced White Mocha - almond drink	Tall	915	221	12.6	8.2	23	22.3	0.6	2.8	0.24	85.5
Blonde Iced White Mocha - almond drink	Grande	1304	315	17.3	11.1	34	33.3	0.7	4	0.36	85.5
Blonde Iced White Mocha - almond drink	Venti	1482	357	18.1	11.8	42.2	41.2	0.9	4.7	0.41	128.2
Blonde Iced White Mocha - soya drink	Tall	1009	242	13.5	8.4	23.1	22.3	1.1	6.4	0.26	85.5
Blonde Iced White Mocha - soya drink	Grande	1454	348	18.8	11.5	34.2	33.3	1.6	9.8	0.39	85.5

Blonde Iced White Mocha - soya drink	Venti	1620	388	19.4	12.1	42.4	41.2	1.6	10	0.44	128.2
Blonde Iced White Mocha - oat drink	Tall	1102	263	14.9	8.4	28.3	23.3	1.6	3.2	0.31	85.5
Blonde Iced White Mocha - oat drink	Grande	1602	382	21	11.5	42.5	34.9	2.4	4.6	0.47	85.5
Blonde Iced White Mocha - oat drink	Venti	1757	419	21.4	12.1	50.1	42.6	2.4	5.3	0.51	128.2
Blonde Iced White Mocha - coconut drink	Tall	1022	246	14.3	11.1	24.4	23.7	2.3	3.5	0.20	85.5
Blonde Iced White Mocha - coconut drink	Grande	1475	355	20.1	15.7	36.2	35.5	3.5	5.1	0.30	85.5
Blonde Iced White Mocha - coconut drink	Venti	1640	394	20.6	16.1	44.2	43.2	3.4	5.7	0.36	128.2
Decaf Iced White Mocha - semi skimmed milk	Tall	1209	289	13.9	10	33.9	32.9	0.3	6.9	0.33	3.6
Decaf Iced White Mocha - semi skimmed milk	Grande	1681	402	19.1	13.7	46.8	45.7	0.3	10.5	0.48	3.6
Decaf Iced White Mocha - semi skimmed milk	Venti	1836	438	19.6	14.2	54.6	53	0.4	10.5	0.52	5.4
Decaf Iced White Mocha - whole milk	Tall	1288	308	16.1	11.4	33.8	32.7	0.3	6.7	0.32	3.6
Decaf Iced White Mocha - whole milk	Grande	1814	433	22.8	16.1	46.6	45.5	0.3	10.3	0.48	3.6
Decaf Iced White Mocha - whole milk	Venti	1954	466	23	16.3	54.4	52.8	0.4	10.3	0.51	5.4
Decaf Iced White Mocha - skimmed milk	Tall	1150	275	12.3	8.9	34	33	0.3	6.9	0.33	3.6
Decaf Iced White Mocha - skimmed milk	Grande	1582	378	16.3	11.8	47	45.9	0.3	10.5	0.49	3.6
Decaf Iced White Mocha - skimmed milk	Venti	1747	417	17.2	12.5	54.8	53.2	0.4	10.5	0.52	5.4
Decaf Iced White Mocha - almond drink	Tall	1089	262	13.3	8.9	31.3	30.2	0.5	3.3	0.29	3.6
Decaf Iced White Mocha - almond drink	Grande	1479	356	18	11.7	42.3	41.3	0.7	4.5	0.41	3.6
Decaf Iced White Mocha - almond drink	Venti	1656	398	18.7	12.4	50.6	49	0.8	5.2	0.46	5.4
Decaf Iced White Mocha - soya drink	Tall	1173	281	14.1	9.1	31.4	30.2	1	6.5	0.30	3.6
Decaf Iced White Mocha - soya drink	Grande	1620	388	19.4	12.1	42.5	41.2	1.5	10	0.44	3.6
Decaf Iced White Mocha - soya drink	Venti	1781	426	19.9	12.8	50.8	49	1.5	10	0.48	5.4
Decaf Iced White Mocha - oat drink	Tall	1255	299	15.3	9.1	36	31.1	1.4	3.7	0.35	3.6
Decaf Iced White Mocha - oat drink	Grande	1759	419	21.5	12.1	50.3	42.7	2.2	5.1	0.52	3.6
Decaf Iced White Mocha - oat drink	Venti	1905	454	21.8	12.8	57.8	50.4	2.1	5.7	0.55	5.4
Decaf Iced White Mocha - coconut drink	Tall	1185	284	14.8	11.4	32.5	31.5	2	3.9	0.25	3.6
Decaf Iced White Mocha - coconut drink	Grande	1640	394	20.7	16.1	44.4	43.3	3.3	5.6	0.36	3.6
Decaf Iced White Mocha - coconut drink	Venti	1799	431	21	16.3	52.5	50.9	3.1	6.1	0.41	5.4
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	425	101	2.1	1.3	15.9	15	0.3	4.4	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	545	129	2.6	1.6	20.8	19.4	0.4	5.5	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	655	155	3	1.8	25.4	23.5	0.5	6.4	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	502	119	4.3	2.7	15.8	14.9	0.3	4.3	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	639	152	5.2	3.3	20.6	19.2	0.4	5.4	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	762	181	6	3.8	25.2	23.3	0.5	6.2	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	368	87	0.5	0.2	16.1	15.1	0.3	4.4	0.13	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	475	113	0.6	0.2	20.9	19.5	0.4	5.5	0.16	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	575	136	0.7	0.3	25.5	23.7	0.5	6.4	0.18	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	308	74	1.5	0.2	13.4	12.4	0.5	1	0.08	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	402	97	1.9	0.2	17.6	16.2	0.7	1.3	0.10	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	491	119	2.2	0.2	21.8	19.9	0.9	1.6	0.12	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	390	93	2.3	0.4	13.5	12.4	0.9	4.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	502	120	2.8	0.5	17.8	16.2	1.2	5.1	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	605	144	3.2	0.6	21.9	19.9	1.5	6	0.14	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	470	111	3.5	0.4	18	13.2	1.4	1.3	0.14	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	600	142	4.3	0.5	23.3	17.3	1.8	1.7	0.18	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	717	170	4.9	0.6	28.3	21.1	2.1	2.1	0.20	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	401	96	3	2.7	14.6	13.6	2	1.6	0.05	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	516	124	3.7	3.3	19.1	17.7	2.5	2	0.06	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	621	149	4.3	3.8	23.5	21.6	2.9	2.4	0.07	178.2
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	427	101	2.1	1.3	16.2	15	0.2	4.3	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	548	130	2.6	1.6	21.2	19.4	0.3	5.3	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	658	156	3	1.8	25.9	23.5	0.4	6.1	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	504	120	4.3	2.7	16.1	14.9	0.2	4.2	0.12	3.6

Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	642	152	5.2	3.3	21	19.2	0.3	5.2	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	765	182	6	3.8	25.8	23.4	0.4	6	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	370	88	0.5	0.2	16.3	15.1	0.2	4.3	0.13	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	478	113	0.6	0.2	21.3	19.5	0.3	5.3	0.16	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	578	137	0.7	0.3	26.1	23.7	0.4	6.1	0.18	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	310	75	1.5	0.2	13.6	12.4	0.5	0.8	0.08	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	405	98	1.9	0.2	18	16.2	0.6	1.1	0.10	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	495	120	2.2	0.2	22.3	20	0.8	1.3	0.12	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	391	93	2.3	0.4	13.7	12.4	0.9	4	0.10	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	504	120	2.8	0.5	18.2	16.2	1.2	4.9	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	609	145	3.2	0.6	22.5	19.9	1.4	5.7	0.14	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	472	112	3.5	0.4	18.3	13.3	1.3	1.2	0.14	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	602	143	4.3	0.5	23.7	17.3	1.7	1.5	0.18	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	721	171	4.9	0.6	28.8	21.1	2	1.8	0.20	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	403	97	3	2.7	14.8	13.6	1.9	1.4	0.05	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	518	124	3.7	3.3	19.5	17.7	2.4	1.8	0.06	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	625	150	4.3	3.8	24	21.6	2.8	2.1	0.07	7.2
Blonde Starbucks Doubleshot Iced Coffee	Mini	356	86	8	5	2.1	1.4	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Iced Coffee	Mini	362	88	8	5	2.5	1.4	0.2	1.3	0.03	3.6
Blonde Starbucks Doubleshot Vanilla Iced Coffee	Mini	423	102	8	5	6.1	5.3	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Vanilla Iced Coffee	Mini	429	103	8	5	6.5	5.3	0.2	1.3	0.03	3.6
Alternative Coffee Bean - Frappuccino		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Decaf Coffee Frappuccino - semi skimmed milk	Tall	873	208	10.5	7.4	24.9	24.4	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - semi skimmed milk	Grande	1108	265	13.6	9.6	31.4	30.5	0.2	3.9	0.46	2.8
Decaf Coffee Frappuccino - semi skimmed milk	Venti	1226	293	13.6	9.6	38.2	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - whole milk	Tall	922	220	11.9	8.3	24.9	24.3	0.1	3.3	0.37	1.7
Decaf Coffee Frappuccino - whole milk	Grande	1162	278	15.1	10.6	31.3	30.4	0.2	3.8	0.46	2.8
Decaf Coffee Frappuccino - whole milk	Venti	1278	305	15.1	10.6	38.1	36.9	0.3	3.8	0.56	4.1
Decaf Coffee Frappuccino - skimmed milk	Tall	836	200	9.5	6.7	25	24.5	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - skimmed milk	Grande	1068	255	12.5	8.9	31.4	30.6	0.2	3.9	0.47	2.8
Decaf Coffee Frappuccino - skimmed milk	Venti	1187	283	12.5	8.9	38.3	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - almond drink	Tall	798	192	10.1	6.7	23.3	22.7	0.2	1.1	0.35	1.7
Decaf Coffee Frappuccino - almond drink	Grande	1026	246	13.2	8.8	29.6	28.7	0.3	1.4	0.43	2.8
Decaf Coffee Frappuccino - almond drink	Venti	1147	275	13.2	8.8	36.5	35.2	0.4	1.5	0.53	4.1
Decaf Coffee Frappuccino - soya drink	Tall	850	203	10.6	6.8	23.3	22.7	0.5	3.1	0.36	1.7
Decaf Coffee Frappuccino - soya drink	Grande	1083	259	13.7	9	29.6	28.7	0.7	3.7	0.45	2.8
Decaf Coffee Frappuccino - soya drink	Venti	1202	287	13.7	9	36.5	35.2	0.7	3.6	0.54	4.1
Decaf Coffee Frappuccino - oat drink	Tall	902	215	11.4	6.8	26.3	23.3	0.8	1.3	0.39	1.7
Decaf Coffee Frappuccino - oat drink	Grande	1140	272	14.6	9	32.8	29.3	1	1.7	0.48	2.8
Decaf Coffee Frappuccino - oat drink	Venti	1256	300	14.5	9	39.6	35.8	1	1.7	0.57	4.1
Decaf Coffee Frappuccino - coconut drink	Tall	858	206	11.1	8.3	24.1	23.5	1.2	1.5	0.33	1.7
Decaf Coffee Frappuccino - coconut drink	Grande	1091	262	14.3	10.6	30.4	29.5	1.4	1.9	0.41	2.8
Decaf Coffee Frappuccino - coconut drink	Venti	1210	290	14.2	10.6	37.3	36	1.4	1.9	0.51	4.1
Decaf Caramel Frappuccino - semi skimmed milk	Tall	1056	252	12	8.4	32.4	31.4	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - semi skimmed milk	Grande	1337	319	15.3	10.7	41	39.6	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - semi skimmed milk	Venti	1503	358	15.5	10.8	50.2	48.4	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - whole milk	Tall	1101	263	13.3	9.2	32.4	31.4	0.1	3.1	0.39	1.5
Decaf Caramel Frappuccino - whole milk	Grande	1388	331	16.8	11.6	41	39.6	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - whole milk	Venti	1553	370	17	11.7	50.1	48.3	0.3	3.8	0.60	3.9
Decaf Caramel Frappuccino - skimmed milk	Tall	1023	244	11.1	7.8	32.5	31.5	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - skimmed milk	Grande	1299	310	14.3	10	41.1	39.7	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - skimmed milk	Venti	1466	349	14.5	10.1	50.3	48.4	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - almond drink	Tall	989	237	11.7	7.7	31	30	0.2	1.2	0.37	1.5

Decaf Caramel Frappuccino - almond drink	Grande	1260	302	14.9	10	39.3	37.9	0.3	1.6	0.47	2.6
Decaf Caramel Frappuccino - almond drink	Venti	1428	341	15.2	10.1	48.5	46.7	0.4	1.7	0.57	3.9
Decaf Caramel Frappuccino - soya drink	Tall	1036	247	12.1	7.9	31	29.9	0.5	3	0.38	1.5
Decaf Caramel Frappuccino - soya drink	Grande	1314	314	15.5	10.1	39.4	37.9	0.6	3.6	0.48	2.6
Decaf Caramel Frappuccino - soya drink	Venti	1480	353	15.7	10.2	48.6	46.7	0.7	3.7	0.58	3.9
Decaf Caramel Frappuccino - oat drink	Tall	1082	258	12.8	7.9	33.6	30.4	0.7	1.4	0.40	1.5
Decaf Caramel Frappuccino - oat drink	Grande	1367	326	16.3	10.1	42.4	38.5	0.9	1.8	0.51	2.6
Decaf Caramel Frappuccino - oat drink	Venti	1532	365	16.4	10.2	51.5	47.2	1	1.9	0.61	3.9
Decaf Caramel Frappuccino - coconut drink	Tall	1043	249	12.6	9.2	31.7	30.6	1.1	1.5	0.35	1.5
Decaf Caramel Frappuccino - coconut drink	Grande	1321	316	15.9	11.6	40.1	38.7	1.3	1.9	0.45	2.6
Decaf Caramel Frappuccino - coconut drink	Venti	1488	355	16.1	11.7	49.3	47.5	1.4	2	0.55	3.9
Decaf Mocha Frappuccino - semi skimmed milk	Tall	948	226	10.9	7.7	27.6	26.8	0.7	3.9	0.35	1.5
Decaf Mocha Frappuccino - semi skimmed milk	Grande	1255	300	14.3	10	37.1	35.8	1	5	0.46	2.8
Decaf Mocha Frappuccino - semi skimmed milk	Venti	1411	336	14.4	10.1	45.4	43.7	1.3	5.2	0.55	4
Decaf Mocha Frappuccino - whole milk	Tall	993	237	12.2	8.5	27.6	26.8	0.7	3.9	0.35	1.5
Decaf Mocha Frappuccino - whole milk	Grande	1308	312	15.8	11	37.1	35.8	1	4.9	0.46	2.8
Decaf Mocha Frappuccino - whole milk	Venti	1462	349	15.9	11	45.4	43.6	1.3	5.2	0.55	4
Decaf Mocha Frappuccino - skimmed milk	Tall	914	218	9.9	7	27.7	26.9	0.7	3.9	0.35	1.5
Decaf Mocha Frappuccino - skimmed milk	Grande	1215	290	13.1	9.3	37.2	35.9	1	5	0.46	2.8
Decaf Mocha Frappuccino - skimmed milk	Venti	1373	327	13.4	9.4	45.5	43.7	1.3	5.2	0.55	4
Decaf Mocha Frappuccino - almond drink	Tall	879	211	10.5	7	26.1	25.3	0.8	1.9	0.32	1.5
Decaf Mocha Frappuccino - almond drink	Grande	1174	281	13.8	9.2	35.3	34.1	1.1	2.6	0.43	2.8
Decaf Mocha Frappuccino - almond drink	Venti	1333	319	14	9.4	43.7	42	1.4	2.9	0.52	4
Decaf Mocha Frappuccino - soya drink	Tall	927	221	11	7.1	26.2	25.3	1.1	3.7	0.33	1.5
Decaf Mocha Frappuccino - soya drink	Grande	1230	294	14.4	9.4	35.4	34	1.4	4.7	0.44	2.8
Decaf Mocha Frappuccino - soya drink	Venti	1387	331	14.5	9.5	43.8	41.9	1.7	5	0.54	4
Decaf Mocha Frappuccino - oat drink	Tall	974	232	11.7	7.1	28.8	25.8	1.3	2.1	0.36	1.5
Decaf Mocha Frappuccino - oat drink	Grande	1286	307	15.2	9.4	38.6	34.6	1.7	2.8	0.47	2.8
Decaf Mocha Frappuccino - oat drink	Venti	1441	343	15.4	9.5	46.8	42.5	2	3.2	0.56	4
Decaf Mocha Frappuccino - coconut drink	Tall	933	223	11.4	8.5	26.8	26	1.7	2.2	0.31	1.5
Decaf Mocha Frappuccino - coconut drink	Grande	1238	296	14.9	11	36.2	34.9	2.2	3	0.41	2.8
Decaf Mocha Frappuccino - coconut drink	Venti	1395	333	15	11	44.5	42.7	2.4	3.3	0.50	4
Decaf Java Chip Frappuccino - semi skimmed milk	Tall	1128	269	13.2	9.5	32.3	30.3	1.3	4.5	0.39	1.5
Decaf Java Chip Frappuccino - semi skimmed milk	Grande	1498	358	17.4	12.6	43.5	40.5	1.8	5.7	0.51	2.7
Decaf Java Chip Frappuccino - semi skimmed milk	Venti	1703	406	18.3	13.3	52.8	48.9	2.3	6.1	0.61	3.9
Decaf Java Chip Frappuccino - whole milk	Tall	1172	280	14.4	10.3	32.3	30.2	1.3	4.4	0.38	1.5
Decaf Java Chip Frappuccino - whole milk	Grande	1551	370	18.9	13.5	43.4	40.4	1.8	5.6	0.51	2.7
Decaf Java Chip Frappuccino - whole milk	Venti	1753	418	19.7	14.2	52.7	48.9	2.3	6	0.61	3.9
Decaf Java Chip Frappuccino - skimmed milk	Tall	1094	261	12.2	8.9	32.4	30.4	1.3	4.5	0.39	1.5
Decaf Java Chip Frappuccino - skimmed milk	Grande	1459	348	16.3	11.8	43.6	40.6	1.8	5.7	0.52	2.7
Decaf Java Chip Frappuccino - skimmed milk	Venti	1666	398	17.3	12.6	52.9	49	2.3	6.1	0.62	3.9
Decaf Java Chip Frappuccino - almond drink	Tall	1060	254	12.8	8.9	30.9	28.8	1.4	2.5	0.36	1.5
Decaf Java Chip Frappuccino - almond drink	Grande	1418	340	17	11.8	41.7	38.7	1.9	3.3	0.49	2.7
Decaf Java Chip Frappuccino - almond drink	Venti	1627	389	17.9	12.6	51.1	47.3	2.4	3.8	0.59	3.9
Decaf Java Chip Frappuccino - soya drink	Tall	1107	265	13.3	9	30.9	28.8	1.7	4.3	0.37	1.5
Decaf Java Chip Frappuccino - soya drink	Grande	1474	352	17.5	12	41.8	38.7	2.2	5.4	0.50	2.7
Decaf Java Chip Frappuccino - soya drink	Venti	1680	401	18.4	12.7	51.2	47.3	2.7	5.9	0.60	3.9
Decaf Java Chip Frappuccino - oat drink	Tall	1153	275	14	9	33.5	29.3	2	2.7	0.40	1.5
Decaf Java Chip Frappuccino - oat drink	Grande	1529	365	18.3	12	44.9	39.3	2.5	3.5	0.53	2.7
Decaf Java Chip Frappuccino - oat drink	Venti	1732	413	19.2	12.7	54.1	47.8	3	4	0.63	3.9
Decaf Java Chip Frappuccino - coconut drink	Tall	1114	267	13.7	10.3	31.5	29.5	2.3	2.8	0.34	1.5
Decaf Java Chip Frappuccino - coconut drink	Grande	1481	355	18	13.5	42.5	39.6	3	3.7	0.47	2.7
Decaf Java Chip Frappuccino - coconut drink	Venti	1688	404	18.9	14.2	51.9	48	3.4	4.2	0.57	3.9

Winter FY26 UK/IRE Promo Beverages Alternative Coffees		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Pistachio Velvet Latte - semi skimmed milk	Tall	793	188	5.1	3.4	25.3	24.5	0.3	10.2	0.42	85.5
Blonde Pistachio Velvet Latte - semi skimmed milk	Grande	1032	245	6.5	4.5	33.6	32.8	0.3	12.8	0.54	85.5
Blonde Pistachio Velvet Latte - semi skimmed milk	Venti	1282	305	8.1	5.5	42.2	41	0.5	15.5	0.67	128.2
Blonde Pistachio Velvet Latte - whole milk	Tall	935	222	9.1	6	25.1	24.3	0.3	10	0.41	85.5
Blonde Pistachio Velvet Latte - whole milk	Grande	1210	288	11.6	7.6	33.3	32.6	0.3	12.5	0.54	85.5
Blonde Pistachio Velvet Latte - whole milk	Venti	1498	356	14.2	9.4	41.9	40.7	0.5	15.2	0.66	128.2
Blonde Pistachio Velvet Latte - skimmed milk	Tall	687	163	2.1	1.4	25.5	24.8	0.3	10.2	0.42	85.5
Blonde Pistachio Velvet Latte - skimmed milk	Grande	899	213	2.8	1.9	33.9	33.1	0.3	12.8	0.55	85.5
Blonde Pistachio Velvet Latte - skimmed milk	Venti	1121	266	3.6	2.4	42.5	41.4	0.5	15.5	0.68	128.2
Blonde Pistachio Velvet Latte - almond drink	Tall	576	140	4	1.3	20.5	19.8	0.7	3.8	0.34	85.5
Blonde Pistachio Velvet Latte - almond drink	Grande	760	184	5.1	1.8	27.6	26.8	0.9	4.8	0.45	85.5
Blonde Pistachio Velvet Latte - almond drink	Venti	954	231	6.4	2.3	35	33.8	1.1	5.8	0.56	128.2
Blonde Pistachio Velvet Latte - soya drink	Tall	727	174	5.4	1.7	20.7	19.8	1.6	9.6	0.37	85.5
Blonde Pistachio Velvet Latte - soya drink	Grande	949	226	6.9	2.3	27.8	26.8	1.9	12	0.49	85.5
Blonde Pistachio Velvet Latte - soya drink	Venti	1183	282	8.5	2.9	35.2	33.8	2.4	14.6	0.60	128.2
Blonde Pistachio Velvet Latte - oat drink	Tall	875	207	7.6	1.7	29.1	21.4	2.4	4.4	0.45	85.5
Blonde Pistachio Velvet Latte - oat drink	Grande	1136	269	9.7	2.3	38.4	28.8	2.9	5.5	0.59	85.5
Blonde Pistachio Velvet Latte - oat drink	Venti	1408	334	12	2.9	48	36.2	3.6	6.8	0.73	128.2
Blonde Pistachio Velvet Latte - coconut drink	Tall	748	180	6.8	6	22.7	22	3.5	4.9	0.28	85.5
Blonde Pistachio Velvet Latte - coconut drink	Grande	976	234	8.7	7.7	30.4	29.6	4.3	6.1	0.38	85.5
Blonde Pistachio Velvet Latte - coconut drink	Venti	1215	292	10.6	9.4	38.3	37.2	5.3	7.5	0.47	128.2
Decaf Pistachio Velvet Latte - semi skimmed milk	Tall	896	213	5.5	3.8	30.3	29.2	0.3	10.4	0.46	3.6
Decaf Pistachio Velvet Latte - semi skimmed milk	Grande	1116	265	6.8	4.7	38.2	37	0.3	12.6	0.58	3.6
Decaf Pistachio Velvet Latte - semi skimmed milk	Venti	1436	341	8.9	6.1	48.5	46.8	0.4	16.5	0.74	5.4
Decaf Pistachio Velvet Latte - whole milk	Tall	1036	246	9.4	6.3	30.1	29	0.3	10.2	0.46	3.6
Decaf Pistachio Velvet Latte - whole milk	Grande	1286	306	11.6	7.7	37.9	36.7	0.3	12.4	0.58	3.6
Decaf Pistachio Velvet Latte - whole milk	Venti	1665	396	15.3	10.2	48.2	46.5	0.4	16.2	0.73	5.4
Decaf Pistachio Velvet Latte - skimmed milk	Tall	792	188	2.5	1.8	30.5	29.4	0.3	10.4	0.47	3.6
Decaf Pistachio Velvet Latte - skimmed milk	Grande	989	235	3.2	2.3	38.4	37.3	0.3	12.6	0.59	3.6
Decaf Pistachio Velvet Latte - skimmed milk	Venti	1265	300	4.1	2.8	48.9	47.1	0.4	16.5	0.75	5.4
Decaf Pistachio Velvet Latte - almond drink	Tall	684	165	4.4	1.7	25.7	24.5	0.7	4.1	0.39	3.6
Decaf Pistachio Velvet Latte - almond drink	Grande	858	207	5.4	2.2	32.5	31.3	0.8	5	0.49	3.6
Decaf Pistachio Velvet Latte - almond drink	Venti	1088	263	7.1	2.7	40.9	39.1	1.1	6.2	0.62	5.4
Decaf Pistachio Velvet Latte - soya drink	Tall	832	198	5.8	2.1	25.8	24.5	1.5	9.8	0.42	3.6
Decaf Pistachio Velvet Latte - soya drink	Grande	1038	247	7.1	2.7	32.7	31.3	1.8	11.9	0.53	3.6
Decaf Pistachio Velvet Latte - soya drink	Venti	1330	317	9.4	3.4	41.2	39.1	2.5	15.5	0.67	5.4
Decaf Pistachio Velvet Latte - oat drink	Tall	978	232	8	2.1	34.1	26.1	2.3	4.7	0.50	3.6
Decaf Pistachio Velvet Latte - oat drink	Grande	1215	288	9.8	2.7	42.7	33.2	2.8	5.7	0.63	3.6
Decaf Pistachio Velvet Latte - oat drink	Venti	1570	372	13	3.4	54.7	41.7	3.8	7.2	0.80	5.4
Decaf Pistachio Velvet Latte - coconut drink	Tall	852	205	7.1	6.3	27.8	26.7	3.4	5.2	0.33	3.6
Decaf Pistachio Velvet Latte - coconut drink	Grande	1063	255	8.8	7.7	35.2	34	4.1	6.3	0.42	3.6
Decaf Pistachio Velvet Latte - coconut drink	Venti	1365	327	11.6	10.2	44.4	42.7	5.6	7.9	0.53	5.4
Blonde Iced Pistachio Latte - semi skimmed milk	Tall	651	155	3.9	2.7	22	21.3	0.3	7.7	0.34	85.5
Blonde Iced Pistachio Latte - semi skimmed milk	Grande	935	222	5.7	3.9	31.3	30.6	0.3	11.1	0.49	85.5
Blonde Iced Pistachio Latte - semi skimmed milk	Venti	1081	257	6.4	4.4	37.5	36.4	0.5	12	0.56	128.2
Blonde Iced Pistachio Latte - whole milk	Tall	746	177	6.6	4.4	21.9	21.1	0.3	7.6	0.34	85.5
Blonde Iced Pistachio Latte - whole milk	Grande	1081	257	9.9	6.5	31.1	30.3	0.3	10.9	0.49	85.5
Blonde Iced Pistachio Latte - whole milk	Venti	1230	292	10.6	7.1	37.3	36.1	0.5	11.8	0.56	128.2
Blonde Iced Pistachio Latte - skimmed milk	Tall	580	138	1.9	1.3	22.1	21.4	0.3	7.7	0.34	85.5
Blonde Iced Pistachio Latte - skimmed milk	Grande	826	196	2.6	1.8	31.6	30.8	0.3	11.1	0.50	85.5
Blonde Iced Pistachio Latte - skimmed milk	Venti	970	230	3.3	2.3	37.7	36.6	0.5	12	0.57	128.2
Blonde Iced Pistachio Latte - almond drink	Tall	506	122	3.1	1.2	18.8	18.1	0.6	3.5	0.29	85.5

Blonde Iced Pistachio Latte - almond drink	Grande	712	172	4.6	1.8	26.4	25.7	0.8	4.5	0.41	85.5
Blonde Iced Pistachio Latte - almond drink	Venti	854	206	5.2	2.2	32.5	31.4	0.9	5.3	0.48	128.2
Blonde Iced Pistachio Latte - soya drink	Tall	607	145	4.1	1.5	18.9	18	1.2	7.3	0.31	85.5
Blonde Iced Pistachio Latte - soya drink	Grande	867	207	6	2.2	26.6	25.6	1.6	10.5	0.45	85.5
Blonde Iced Pistachio Latte - soya drink	Venti	1012	241	6.7	2.6	32.7	31.3	1.8	11.4	0.52	128.2
Blonde Iced Pistachio Latte - oat drink	Tall	706	168	5.6	1.5	24.6	19.1	1.7	3.9	0.37	85.5
Blonde Iced Pistachio Latte - oat drink	Grande	1020	242	8.3	2.2	35.3	27.3	2.5	5.2	0.53	85.5
Blonde Iced Pistachio Latte - oat drink	Venti	1168	277	9.1	2.6	41.5	33	2.6	6	0.60	128.2
Blonde Iced Pistachio Latte - coconut drink	Tall	621	149	5	4.4	20.3	19.5	2.4	4.2	0.25	85.5
Blonde Iced Pistachio Latte - coconut drink	Grande	889	213	7.5	6.6	28.7	27.9	3.6	5.6	0.35	85.5
Blonde Iced Pistachio Latte - coconut drink	Venti	1034	248	8.1	7.1	34.8	33.7	3.8	6.5	0.42	128.2
Decaf Iced Pistachio Latte - semi skimmed milk	Tall	744	177	4.2	3	26.8	25.6	0.3	7.7	0.38	3.6
Decaf Iced Pistachio Latte - semi skimmed milk	Grande	1023	243	6	4.2	36	34.8	0.3	11	0.53	3.6
Decaf Iced Pistachio Latte - semi skimmed milk	Venti	1158	275	6.5	4.6	42.1	40.3	0.4	11.7	0.60	5.4
Decaf Iced Pistachio Latte - whole milk	Tall	833	198	6.7	4.5	26.7	25.5	0.3	7.6	0.38	3.6
Decaf Iced Pistachio Latte - whole milk	Grande	1161	276	9.9	6.7	35.8	34.6	0.3	10.8	0.53	3.6
Decaf Iced Pistachio Latte - whole milk	Venti	1294	308	10.4	7	41.9	40.1	0.4	11.5	0.59	5.4
Decaf Iced Pistachio Latte - skimmed milk	Tall	678	161	2.3	1.7	26.9	25.8	0.3	7.7	0.39	3.6
Decaf Iced Pistachio Latte - skimmed milk	Grande	919	218	3.1	2.2	36.2	35	0.3	11	0.54	3.6
Decaf Iced Pistachio Latte - skimmed milk	Venti	1056	251	3.7	2.6	42.3	40.5	0.4	11.7	0.60	5.4
Decaf Iced Pistachio Latte - almond drink	Tall	608	146	3.5	1.6	23.8	22.7	0.5	3.7	0.34	3.6
Decaf Iced Pistachio Latte - almond drink	Grande	812	195	4.9	2.1	31.4	30.2	0.7	4.8	0.46	3.6
Decaf Iced Pistachio Latte - almond drink	Venti	950	228	5.5	2.6	37.5	35.7	0.8	5.5	0.52	5.4
Decaf Iced Pistachio Latte - soya drink	Tall	703	167	4.4	1.9	23.9	22.6	1.1	7.4	0.36	3.6
Decaf Iced Pistachio Latte - soya drink	Grande	959	228	6.3	2.5	31.5	30.2	1.5	10.4	0.49	3.6
Decaf Iced Pistachio Latte - soya drink	Venti	1095	261	6.8	3	37.7	35.7	1.6	11.1	0.55	5.4
Decaf Iced Pistachio Latte - oat drink	Tall	796	189	5.8	1.9	29.2	23.6	1.6	4.1	0.41	3.6
Decaf Iced Pistachio Latte - oat drink	Grande	1103	261	8.5	2.5	39.7	31.7	2.3	5.4	0.57	3.6
Decaf Iced Pistachio Latte - oat drink	Venti	1237	293	9	3	45.7	37.3	2.4	6.1	0.63	5.4
Decaf Iced Pistachio Latte - coconut drink	Tall	716	171	5.2	4.6	25.2	24	2.3	4.4	0.30	3.6
Decaf Iced Pistachio Latte - coconut drink	Grande	979	235	7.6	6.7	33.5	32.3	3.4	5.8	0.40	3.6
Decaf Iced Pistachio Latte - coconut drink	Venti	1115	267	8.1	7.1	39.6	37.9	3.5	6.6	0.47	5.4
Signature Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Tall	596	142	3	2.2	23.1	22.2	0.3	5.3	0.31	89.1
Signature Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Grande	725	172	3.4	2.5	29	27.6	0.5	6	0.37	133.6
Signature Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Venti	885	210	4.2	3.1	35.5	33.7	0.6	7.1	0.44	178.2
Signature Pistachio Iced Oat Shaken Espresso - whole milk	Tall	637	151	4.1	2.9	23.1	22.2	0.3	5.3	0.30	89.1
Signature Pistachio Iced Oat Shaken Espresso - whole milk	Grande	761	181	4.4	3.2	28.9	27.6	0.5	5.9	0.37	133.6
Signature Pistachio Iced Oat Shaken Espresso - whole milk	Venti	928	220	5.4	3.8	35.4	33.7	0.6	7.1	0.44	178.2
Signature Pistachio Iced Oat Shaken Espresso - skimmed milk	Tall	566	134	2.1	1.6	23.2	22.3	0.3	5.3	0.31	89.1
Signature Pistachio Iced Oat Shaken Espresso - skimmed milk	Grande	699	166	2.7	2	29	27.7	0.5	6	0.37	133.6
Signature Pistachio Iced Oat Shaken Espresso - skimmed milk	Venti	854	203	3.3	2.5	35.6	33.8	0.6	7.1	0.45	178.2
Signature Pistachio Iced Oat Shaken Espresso - almond drink	Tall	534	128	2.6	1.5	21.8	20.9	0.5	3.5	0.28	89.1
Signature Pistachio Iced Oat Shaken Espresso - almond drink	Grande	671	160	3.2	2	27.8	26.4	0.6	4.4	0.35	133.6
Signature Pistachio Iced Oat Shaken Espresso - almond drink	Venti	821	196	3.9	2.5	34.1	32.3	0.8	5.2	0.42	178.2
Signature Pistachio Iced Oat Shaken Espresso - soya drink	Tall	578	137	3	1.7	21.8	20.8	0.7	5.2	0.29	89.1
Signature Pistachio Iced Oat Shaken Espresso - soya drink	Grande	709	169	3.5	2.1	27.8	26.4	0.8	5.8	0.36	133.6
Signature Pistachio Iced Oat Shaken Espresso - soya drink	Venti	866	206	4.3	2.6	34.1	32.3	1	7	0.43	178.2
Signature Pistachio Iced Oat Shaken Espresso - oat drink	Tall	620	147	3.7	1.7	24.2	21.3	0.9	3.7	0.32	89.1
Signature Pistachio Iced Oat Shaken Espresso - oat drink	Grande	746	177	4.1	2.1	29.9	26.8	1	4.5	0.38	133.6
Signature Pistachio Iced Oat Shaken Espresso - oat drink	Venti	910	216	5	2.6	36.6	32.8	1.3	5.4	0.46	178.2
Signature Pistachio Iced Oat Shaken Espresso - coconut drink	Tall	584	139	3.4	2.9	22.4	21.5	1.2	3.8	0.27	89.1
Signature Pistachio Iced Oat Shaken Espresso - coconut drink	Grande	714	170	3.9	3.2	28.3	27	1.3	4.6	0.33	133.6
Signature Pistachio Iced Oat Shaken Espresso - coconut drink	Venti	872	208	4.7	3.9	34.7	33	1.6	5.6	0.40	178.2

Decaf Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Tall	598	142	3	2.2	23.4	22.2	0.3	5.2	0.31	3.6
Decaf Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Grande	728	173	3.4	2.5	29.4	27.7	0.4	5.8	0.37	5.4
Decaf Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Venti	889	211	4.2	3.1	36	33.8	0.5	6.9	0.44	7.2
Decaf Pistachio Iced Oat Shaken Espresso - whole milk	Tall	639	152	4.1	2.9	23.3	22.2	0.3	5.2	0.30	3.6
Decaf Pistachio Iced Oat Shaken Espresso - whole milk	Grande	764	181	4.4	3.2	29.3	27.6	0.4	5.7	0.37	5.4
Decaf Pistachio Iced Oat Shaken Espresso - whole milk	Venti	931	221	5.4	3.8	36	33.7	0.5	6.8	0.44	7.2
Decaf Pistachio Iced Oat Shaken Espresso - skimmed milk	Tall	568	135	2.1	1.6	23.5	22.3	0.3	5.2	0.31	3.6
Decaf Pistachio Iced Oat Shaken Espresso - skimmed milk	Grande	701	167	2.7	2	29.4	27.7	0.4	5.8	0.37	5.4
Decaf Pistachio Iced Oat Shaken Espresso - skimmed milk	Venti	858	204	3.3	2.5	36.1	33.8	0.5	6.9	0.45	7.2
Decaf Pistachio Iced Oat Shaken Espresso - almond drink	Tall	536	128	2.6	1.5	22	20.9	0.4	3.4	0.28	3.6
Decaf Pistachio Iced Oat Shaken Espresso - almond drink	Grande	674	161	3.2	2	28.2	26.5	0.5	4.2	0.35	5.4
Decaf Pistachio Iced Oat Shaken Espresso - almond drink	Venti	825	197	3.9	2.5	34.6	32.3	0.7	5	0.42	7.2
Decaf Pistachio Iced Oat Shaken Espresso - soya drink	Tall	579	138	3	1.7	22.1	20.9	0.6	5	0.29	3.6
Decaf Pistachio Iced Oat Shaken Espresso - soya drink	Grande	711	169	3.5	2.1	28.2	26.5	0.7	5.6	0.36	5.4
Decaf Pistachio Iced Oat Shaken Espresso - soya drink	Venti	870	207	4.3	2.6	34.7	32.3	0.9	6.7	0.43	7.2
Decaf Pistachio Iced Oat Shaken Espresso - oat drink	Tall	622	148	3.7	1.7	24.5	21.3	0.9	3.6	0.32	3.6
Decaf Pistachio Iced Oat Shaken Espresso - oat drink	Grande	749	178	4.1	2.1	30.3	26.9	0.9	4.3	0.38	5.4
Decaf Pistachio Iced Oat Shaken Espresso - oat drink	Venti	914	217	5	2.6	37.2	32.8	1.2	5.2	0.46	7.2
Decaf Pistachio Iced Oat Shaken Espresso - coconut drink	Tall	585	140	3.4	2.9	22.7	21.5	1.2	3.7	0.27	3.6
Decaf Pistachio Iced Oat Shaken Espresso - coconut drink	Grande	717	171	3.9	3.2	28.7	27	1.2	4.4	0.33	5.4
Decaf Pistachio Iced Oat Shaken Espresso - coconut drink	Venti	876	209	4.7	3.9	35.3	33	1.5	5.3	0.40	7.2
Blonde Pistachio Macchiato - semi skimmed milk	Tall	735	175	5	3.4	23.2	22.5	0.3	8.9	0.37	85.5
Blonde Pistachio Macchiato - semi skimmed milk	Grande	934	222	6.3	4.3	30.4	29.6	0.3	10.8	0.48	85.5
Blonde Pistachio Macchiato - semi skimmed milk	Venti	1207	287	8.1	5.6	39.2	38.1	0.5	14	0.61	128.2
Blonde Pistachio Macchiato - whole milk	Tall	883	210	9.2	6.1	23	22.3	0.3	8.7	0.37	85.5
Blonde Pistachio Macchiato - whole milk	Grande	1110	264	11.3	7.5	30.1	29.3	0.3	10.5	0.47	85.5
Blonde Pistachio Macchiato - whole milk	Venti	1435	341	14.6	9.6	38.9	37.7	0.5	13.7	0.60	128.2
Blonde Pistachio Macchiato - skimmed milk	Tall	625	148	2	1.3	23.4	22.7	0.3	8.9	0.38	85.5
Blonde Pistachio Macchiato - skimmed milk	Grande	802	190	2.6	1.8	30.7	29.9	0.3	10.8	0.48	85.5
Blonde Pistachio Macchiato - skimmed milk	Venti	1037	246	3.3	2.3	39.5	38.4	0.5	14	0.62	128.2
Blonde Pistachio Macchiato - almond drink	Tall	510	124	3.9	1.2	18.3	17.5	0.7	2.3	0.29	85.5
Blonde Pistachio Macchiato - almond drink	Grande	665	161	4.9	1.7	24.5	23.7	0.8	2.9	0.38	85.5
Blonde Pistachio Macchiato - almond drink	Venti	860	209	6.3	2.2	31.6	30.4	1.2	3.8	0.49	128.2
Blonde Pistachio Macchiato - soya drink	Tall	666	159	5.4	1.7	18.5	17.5	1.6	8.3	0.33	85.5
Blonde Pistachio Macchiato - soya drink	Grande	852	203	6.7	2.2	24.7	23.7	1.9	10.1	0.42	85.5
Blonde Pistachio Macchiato - soya drink	Venti	1101	263	8.6	2.8	31.9	30.4	2.5	13	0.54	128.2
Blonde Pistachio Macchiato - oat drink	Tall	821	195	7.7	1.7	27.2	19.2	2.5	2.9	0.41	85.5
Blonde Pistachio Macchiato - oat drink	Grande	1036	246	9.4	2.2	35.1	25.7	2.9	3.6	0.52	85.5
Blonde Pistachio Macchiato - oat drink	Venti	1339	317	12.2	2.8	45.3	33	3.8	4.7	0.67	128.2
Blonde Pistachio Macchiato - coconut drink	Tall	689	166	6.8	6.1	20.6	19.8	3.6	3.4	0.23	85.5
Blonde Pistachio Macchiato - coconut drink	Grande	879	211	8.4	7.5	27.2	26.5	4.3	4.2	0.31	85.5
Blonde Pistachio Macchiato - coconut drink	Venti	1135	273	10.8	9.7	35.1	34	5.6	5.5	0.40	128.2
Decaf Pistachio Macchiato - semi skimmed milk	Tall	741	176	5	3.4	23.6	22.5	0.3	8.9	0.37	3.6
Decaf Pistachio Macchiato - semi skimmed milk	Grande	940	223	6.3	4.3	30.8	29.6	0.3	10.7	0.48	3.6
Decaf Pistachio Macchiato - semi skimmed milk	Venti	1216	289	8.1	5.6	39.8	38.1	0.4	13.9	0.61	5.4
Decaf Pistachio Macchiato - whole milk	Tall	889	211	9.2	6.1	23.4	22.3	0.3	8.7	0.37	3.6
Decaf Pistachio Macchiato - whole milk	Grande	1116	265	11.3	7.5	30.5	29.4	0.3	10.5	0.47	3.6
Decaf Pistachio Macchiato - whole milk	Venti	1443	343	14.6	9.6	39.5	37.7	0.4	13.6	0.60	5.4
Decaf Pistachio Macchiato - skimmed milk	Short	339	80	1.1	0.7	13	12.4	0.1	4.6	0.20	1.8
Decaf Pistachio Macchiato - skimmed milk	Tall	630	150	2	1.3	23.8	22.7	0.3	8.9	0.38	3.6
Decaf Pistachio Macchiato - skimmed milk	Grande	808	192	2.6	1.8	31.1	29.9	0.3	10.7	0.48	3.6
Decaf Pistachio Macchiato - skimmed milk	Venti	1046	248	3.3	2.3	40.1	38.4	0.4	13.9	0.62	5.4
Decaf Pistachio Macchiato - almond drink	Short	281	68	2.1	0.7	10.4	9.8	0.4	1.2	0.16	1.8

Decaf Pistachio Macchiato - almond drink	Tall	516	125	3.9	1.2	18.7	17.5	0.7	2.2	0.29	3.6
Decaf Pistachio Macchiato - almond drink	Grande	671	163	4.9	1.7	24.9	23.7	0.8	2.8	0.38	3.6
Decaf Pistachio Macchiato - almond drink	Venti	869	211	6.3	2.2	32.2	30.5	1.1	3.7	0.49	5.4
Decaf Pistachio Macchiato - soya drink	Short	360	86	2.8	0.9	10.5	9.8	0.8	4.2	0.18	1.8
Decaf Pistachio Macchiato - soya drink	Tall	672	161	5.4	1.7	18.9	17.5	1.6	8.3	0.33	3.6
Decaf Pistachio Macchiato - soya drink	Grande	858	205	6.7	2.2	25.1	23.7	1.8	10	0.42	3.6
Decaf Pistachio Macchiato - soya drink	Venti	1110	265	8.6	2.8	32.5	30.4	2.4	13	0.54	5.4
Decaf Pistachio Macchiato - oat drink	Short	438	104	4	0.9	14.9	10.6	1.2	1.5	0.22	1.8
Decaf Pistachio Macchiato - oat drink	Tall	827	196	7.7	1.7	27.6	19.2	2.4	2.9	0.41	3.6
Decaf Pistachio Macchiato - oat drink	Grande	1042	247	9.4	2.2	35.5	25.7	2.8	3.6	0.52	3.6
Decaf Pistachio Macchiato - oat drink	Venti	1348	319	12.2	2.8	45.9	33	3.7	4.7	0.67	5.4
Decaf Pistachio Macchiato - coconut drink	Short	371	89	3.5	3.2	11.5	11	1.8	1.8	0.13	1.8
Decaf Pistachio Macchiato - coconut drink	Tall	694	167	6.8	6.1	21	19.8	3.6	3.4	0.23	3.6
Decaf Pistachio Macchiato - coconut drink	Grande	884	213	8.4	7.5	27.6	26.5	4.2	4.2	0.31	3.6
Decaf Pistachio Macchiato - coconut drink	Venti	1144	275	10.8	9.7	35.7	34	5.5	5.4	0.40	5.4
Blonde Iced Pistachio Macchiato - semi skimmed milk	Tall	576	137	3.7	2.6	19.5	18.8	0.3	6.2	0.29	85.5
Blonde Iced Pistachio Macchiato - semi skimmed milk	Grande	843	200	5.5	3.8	28.3	27.5	0.3	9.2	0.43	85.5
Blonde Iced Pistachio Macchiato - semi skimmed milk	Venti	969	230	6.1	4.3	33.7	32.5	0.5	9.9	0.49	128.2
Blonde Iced Pistachio Macchiato - whole milk	Tall	672	160	6.4	4.3	19.4	18.6	0.3	6	0.28	85.5
Blonde Iced Pistachio Macchiato - whole milk	Grande	990	235	9.6	6.4	28.1	27.3	0.3	9	0.42	85.5
Blonde Iced Pistachio Macchiato - whole milk	Venti	1118	266	10.3	6.9	33.4	32.3	0.5	9.7	0.48	128.2
Blonde Iced Pistachio Macchiato - skimmed milk	Tall	505	120	1.7	1.2	19.7	18.9	0.3	6.2	0.29	85.5
Blonde Iced Pistachio Macchiato - skimmed milk	Grande	734	174	2.4	1.7	28.5	27.7	0.3	9.2	0.43	85.5
Blonde Iced Pistachio Macchiato - skimmed milk	Venti	858	204	3	2.1	33.9	32.7	0.5	9.9	0.49	128.2
Blonde Iced Pistachio Macchiato - almond drink	Tall	431	104	3	1.2	16.3	15.6	0.6	1.9	0.24	85.5
Blonde Iced Pistachio Macchiato - almond drink	Grande	621	150	4.4	1.6	23.4	22.6	0.8	2.7	0.35	85.5
Blonde Iced Pistachio Macchiato - almond drink	Venti	742	179	4.9	2.1	28.7	27.5	0.9	3.2	0.41	128.2
Blonde Iced Pistachio Macchiato - soya drink	Tall	532	127	3.9	1.4	16.5	15.6	1.2	5.8	0.26	85.5
Blonde Iced Pistachio Macchiato - soya drink	Grande	776	185	5.8	2.1	23.6	22.6	1.6	8.6	0.38	85.5
Blonde Iced Pistachio Macchiato - soya drink	Venti	900	215	6.4	2.5	28.9	27.5	1.8	9.3	0.44	128.2
Blonde Iced Pistachio Macchiato - oat drink	Tall	632	150	5.4	1.4	22.1	16.7	1.7	2.3	0.31	85.5
Blonde Iced Pistachio Macchiato - oat drink	Grande	929	220	8.1	2.1	32.2	24.2	2.4	3.3	0.47	85.5
Blonde Iced Pistachio Macchiato - oat drink	Venti	1056	250	8.8	2.5	37.7	29.2	2.6	3.8	0.52	128.2
Blonde Iced Pistachio Macchiato - coconut drink	Tall	546	131	4.8	4.3	17.8	17.1	2.4	2.6	0.20	85.5
Blonde Iced Pistachio Macchiato - coconut drink	Grande	798	192	7.2	6.5	25.7	24.9	3.6	3.8	0.29	85.5
Blonde Iced Pistachio Macchiato - coconut drink	Venti	922	221	7.9	7	31	29.9	3.8	4.3	0.35	128.2
Decaf Iced Pistachio Macchiato - semi skimmed milk	Tall	582	138	3.7	2.6	19.9	18.8	0.3	6.1	0.29	3.6
Decaf Iced Pistachio Macchiato - semi skimmed milk	Grande	849	202	5.5	3.8	28.7	27.5	0.3	9.2	0.43	3.6
Decaf Iced Pistachio Macchiato - semi skimmed milk	Venti	978	232	6.1	4.3	34.3	32.6	0.4	9.8	0.49	5.4
Decaf Iced Pistachio Macchiato - whole milk	Tall	677	161	6.4	4.3	19.8	18.7	0.3	6	0.28	3.6
Decaf Iced Pistachio Macchiato - whole milk	Grande	996	237	9.6	6.4	28.5	27.3	0.3	9	0.42	3.6
Decaf Iced Pistachio Macchiato - whole milk	Venti	1127	268	10.3	6.9	34	32.3	0.4	9.6	0.48	5.4
Decaf Iced Pistachio Macchiato - skimmed milk	Tall	511	121	1.7	1.2	20.1	18.9	0.3	6.1	0.29	3.6
Decaf Iced Pistachio Macchiato - skimmed milk	Grande	740	176	2.4	1.7	28.9	27.8	0.3	9.2	0.43	3.6
Decaf Iced Pistachio Macchiato - skimmed milk	Venti	867	206	3	2.1	34.5	32.8	0.4	9.8	0.49	5.4
Decaf Iced Pistachio Macchiato - almond drink	Tall	437	106	3	1.2	16.7	15.6	0.5	1.9	0.24	3.6
Decaf Iced Pistachio Macchiato - almond drink	Grande	627	152	4.4	1.6	23.8	22.6	0.7	2.6	0.35	3.6
Decaf Iced Pistachio Macchiato - almond drink	Venti	751	181	4.9	2.1	29.3	27.6	0.9	3.1	0.41	5.4
Decaf Iced Pistachio Macchiato - soya drink	Tall	538	128	3.9	1.4	16.9	15.6	1.1	5.7	0.26	3.6
Decaf Iced Pistachio Macchiato - soya drink	Grande	782	186	5.8	2.1	24	22.6	1.6	8.6	0.38	3.6
Decaf Iced Pistachio Macchiato - soya drink	Venti	909	217	6.4	2.5	29.5	27.5	1.7	9.2	0.44	5.4
Decaf Iced Pistachio Macchiato - oat drink	Tall	638	151	5.4	1.4	22.5	16.7	1.6	2.3	0.31	3.6
Decaf Iced Pistachio Macchiato - oat drink	Grande	934	221	8.1	2.1	32.6	24.3	2.4	3.2	0.47	3.6

Decaf Iced Pistachio Macchiato - oat drink	Venti	1065	252	8.8	2.5	38.3	29.2	2.6	3.8	0.52	5.4
Decaf Iced Pistachio Macchiato - coconut drink	Tall	552	133	4.8	4.3	18.2	17.1	2.4	2.6	0.20	3.6
Decaf Iced Pistachio Macchiato - coconut drink	Grande	803	193	7.2	6.5	26.1	24.9	3.6	3.7	0.29	3.6
Decaf Iced Pistachio Macchiato - coconut drink	Venti	931	223	7.9	7	31.6	29.9	3.8	4.2	0.35	5.4
Signature Ristretto Bianco - semi skimmed milk	Short	342	81	2.6	1.7	8.7	7.2	0	5.8	0.17	106.4
Signature Ristretto Bianco - whole milk	Short	445	106	5.5	3.5	8.5	7.1	0	5.7	0.16	106.4
Signature Ristretto Bianco - skimmed milk	Short	266	63	0.5	0.2	8.8	7.4	0	5.8	0.17	106.4
Signature Ristretto Bianco - almond drink	Short	186	46	1.9	0.2	5.2	3.8	0.3	1.2	0.11	106.4
Signature Ristretto Bianco - soya drink	Short	295	71	2.9	0.5	5.4	3.8	0.9	5.4	0.14	106.4
Signature Ristretto Bianco - oat drink	Short	402	95	4.5	0.5	11.4	4.9	1.5	1.7	0.19	106.4
Signature Ristretto Bianco - coconut drink	Short	310	75	3.9	3.6	6.8	5.4	2.3	2	0.07	106.4
Decaf Ristretto Bianco - semi skimmed milk	Short	355	85	2.8	1.7	8.9	7.3	0.3	5.8	0.17	5.4
Decaf Ristretto Bianco - whole milk	Short	457	109	5.7	3.6	8.8	7.2	0.3	5.6	0.16	5.4
Decaf Ristretto Bianco - skimmed milk	Short	279	66	0.7	0.3	9.1	7.5	0.3	5.8	0.17	5.4
Decaf Ristretto Bianco - almond drink	Short	199	50	2	0.2	5.5	3.9	0.6	1.2	0.11	5.4
Decaf Ristretto Bianco - soya drink	Short	308	74	3	0.5	5.6	3.9	1.2	5.3	0.14	5.4
Decaf Ristretto Bianco - oat drink	Short	415	99	4.6	0.5	11.7	5.1	1.8	1.6	0.19	5.4
Decaf Ristretto Bianco - coconut drink	Short	323	79	4	3.6	7.1	5.5	2.6	1.9	0.07	5.4