



Summer 25 ALLERGEN INFORMATION

UPDATED 29.04.25

WE CANNOT GUARANTEE THAT ANY ITEMS ARE 100% FREE FROM ALLERGENS AS WE USE SHARED EQUIPMENT TO STORE, PREPARE AND SERVE THEM.

KEY: ✓ = Allergen is present ✅ = May Contain Traces

Raspberry & Cream Ruffle	✓				✓	✓				✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Millionaire Shortbread	✓				✓	✓				✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Raspberry & White Chocolate Tiffin	✓				✓	✓				✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Ultimate Chocolate Brownie	✓				✓	✓				✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Bickie Pop	✓				✓	✓				✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Berry Sundae Tartlet	✓				✓	✓				✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Dubai Style Pistachio Brownie	✓				✓	✓				✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Breakfast	Suitable for vegetarians	Suitable for vegans	Gluten Free	Celery	Cereals containing gluten	Wheat	Rye	Barley	Oat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur dioxide and sulphites	Brazil	Hazelnut	Walnut	Cashew	Pecan	Pistachio	Macadamia	Almonds			
Porridge Made With Water	✓	✓			✓					✓																					
Porridge Made With Semi-Skimmed Milk	✓				✓					✓																					
Granola Pot Strawberry	✓				✓					✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Granola Pot Blueberry	✓				✓					✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Ham And Emmental Croissant					✓	✓					✓			✓			✓				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Cheese & Mushroom Croissant	✓				✓	✓	✓				✓			✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
All day Breakfast Panini					✓	✓	✓	✓	✓	✓	✓	✓	✓				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Sandwiches	Suitable for vegetarians	Suitable for vegans	Gluten Free	Celery	Cereals containing gluten	Wheat	Rye	Barley	Oat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur dioxide and sulphites	Brazil	Hazelnut	Walnut	Cashew	Pecan	Pistachio	Macadamia	Almonds			
Chicken & Stuffing Sandwich					✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Gluten Free Egg & Tomato Tapenade Sandwich	✓			✓							✓			✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Tuna Salad Sandwich				✓	✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Lemon Chicken Sandwich			✓								✓			✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Italian Style Chicken Flatbread					✓	✓	✓				✓			✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Double Egg & Cress Sandwich	✓				✓	✓				✓			✓			✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Toasties	Suitable for vegetarians	Suitable for vegans	Gluten Free	Celery	Cereals containing gluten	Wheat	Rye	Barley	Oat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur dioxide and sulphites	Brazil	Hazelnut	Walnut	Cashew	Pecan	Pistachio	Macadamia	Almonds			
Ham & Cheese Toastie					✓	✓	✓			✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Chicken & Bacon Croque					✓	✓	✓	✓		✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Breakfast Toastie				✓	✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Chicken Pesto Toastie				✓	✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Panini	Suitable for vegetarians	Suitable for vegans	Gluten Free	Celery	Cereals containing gluten	Wheat	Rye	Barley	Oat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur dioxide and sulphites	Brazil	Hazelnut	Walnut	Cashew	Pecan	Pistachio	Macadamia	Almonds			
Ham And Cheese Panini				✓	✓	✓				✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Bap	Suitable for vegetarians	Suitable for vegans	Gluten Free	Celery	Cereals containing gluten	Wheat	Rye	Barley	Oat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur dioxide and sulphites	Brazil	Hazelnut	Walnut	Cashew	Pecan	Pistachio	Macadamia	Almonds			
Sausage Bap					✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Tuna Rustique					✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Focaccia	Suitable for vegetarians	Suitable for vegans	Gluten Free	Celery	Cereals containing gluten	Wheat	Rye	Barley	Oat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur dioxide and sulphites	Brazil	Hazelnut	Walnut	Cashew	Pecan	Pistachio	Macadamia	Almonds			
Mediterranean Focaccia	✓				✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Chorizo, Mozzarella & Red Pepper Romana					✓	✓	✓	✓		✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Wraps	Suitable for vegetarians	Suitable for vegans	Gluten Free	Celery	Cereals containing gluten	Wheat	Rye	Barley	Oat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur dioxide and sulphites	Brazil	Hazelnut	Walnut	Cashew	Pecan	Pistachio	Macadamia	Almonds			
Chicken & Bacon Caesar Wrap					✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Chicken Fajita Burrito					✓	✓	✓	✓		✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Curied Chickpea Wrap	✓	✓			✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Salted Chilli Chicken Wrap					✓	✓	✓			✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Pretzel Rolls	Suitable for vegetarians	Suitable for vegans	Gluten Free	Celery	Cereals containing gluten	Wheat	Rye	Barley	Oat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur dioxide and sulphites	Brazil	Hazelnut	Walnut	Cashew	Pecan	Pistachio	Macadamia	Almonds			
Bacon & Eggs Benedict																															

