

Winter FY25 UK/IRE BEVERAGE NUTRITIONAL INFORMATION

All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Menu Item	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	
Espresso Drinks												
Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1	
Americano	Grande	44	11	0.2	0.1	1.4	0.1	0.4	0.6	0.00	133.7	
Americano	Venti	59	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2	
Caffe Latte - semi skimmed milk	Tall	519	124	4.3	4.2	12.3	11.5	0.3	8.9	0.26	89.1	
Caffe Latte - semi skimmed milk	Grande	636	151	5.2	5.2	15	14.2	0.3	10.9	0.32	89.1	
Caffe Latte - semi skimmed milk	Venti	858	204	7.1	6.9	20.3	19.1	0.4	14.7	0.43	133.7	
Caffe Latte - whole milk	Tall	681	162	8.9	5.6	12.1	11.2	0.3	8.6	0.26	89.1	
Caffe Latte - whole milk	Grande	838	200	11	6.9	14.7	13.9	0.3	10.6	0.32	89.1	
Caffe Latte - whole milk	Venti	1128	269	14.7	9.3	19.9	18.7	0.4	14.3	0.42	133.7	
Caffe Latte - skimmed milk	Tall	398	94	0.9	0.4	12.5	11.7	0.3	8.9	0.27	89.1	
Caffe Latte - skimmed milk	Grande	486	115	1	0.4	15.3	14.5	0.3	10.9	0.33	89.1	
Caffe Latte - skimmed milk	Venti	657	156	1.4	0.6	20.7	19.5	0.4	14.7	0.45	133.7	
Caffe Latte - almond drink	Tall	272	68	3	0.3	6.9	6	0.7	1.6	0.18	89.1	
Caffe Latte - almond drink	Grande	330	82	3.7	0.3	8.3	7.5	0.9	1.9	0.22	89.1	
Caffe Latte - almond drink	Venti	447	112	5	0.5	11.3	10	1.2	2.6	0.29	133.7	
Caffe Latte - soya drink	Tall	458	109	4.7	0.8	7.4	6.2	1.7	8.4	0.24	89.1	
Caffe Latte - soya drink	Grande	561	133	5.8	0.9	9	7.6	2.1	10.3	0.30	89.1	
Caffe Latte - soya drink	Venti	757	180	7.9	1.3	12.2	10.2	2.8	13.9	0.40	133.7	
Caffe Latte - oat drink	Tall	628	150	7.4	0.8	17.1	8.1	2.7	2.3	0.32	89.1	
Caffe Latte - oat drink	Grande	771	184	9.1	0.9	21	10	3.3	2.8	0.39	89.1	
Caffe Latte - oat drink	Venti	1039	249	12.3	1.3	28.4	13.4	4.4	3.8	0.53	133.7	
Caffe Latte - coconut drink	Tall	468	114	6.2	5.6	9.4	8.6	3.9	2.8	0.11	89.1	
Caffe Latte - coconut drink	Grande	573	139	7.6	7	11.4	10.6	4.8	3.4	0.14	89.1	
Caffe Latte - coconut drink	Venti	773	188	10.3	9.3	15.5	14.2	6.5	4.6	0.18	133.7	
Latte Macchiato - semi skimmed milk	Tall	476	113	3.9	3.8	11.3	10.5	0.3	8.1	0.24	89.1	
Latte Macchiato - semi skimmed milk	Grande	616	147	5.1	5	14.6	13.7	0.3	10.6	0.31	89.1	
Latte Macchiato - semi skimmed milk	Venti	815	194	6.7	6.6	19.3	18.1	0.4	14	0.41	133.7	
Latte Macchiato - whole milk	Tall	624	149	8.1	5.1	11.1	10.3	0.3	7.9	0.23	89.1	
Latte Macchiato - whole milk	Grande	811	193	10.6	6.7	14.3	13.5	0.3	10.3	0.31	89.1	
Latte Macchiato - whole milk	Venti	1071	255	13.9	8.8	18.9	17.7	0.4	13.6	0.40	133.7	
Latte Macchiato - skimmed milk	Tall	365	87	0.8	0.3	11.5	10.7	0.3	8.1	0.24	89.1	
Latte Macchiato - skimmed milk	Grande	471	112	1	0.4	14.8	14	0.3	10.6	0.32	89.1	
Latte Macchiato - skimmed milk	Venti	624	148	1.3	0.6	19.7	18.5	0.4	14	0.42	133.7	
Latte Macchiato - almond drink	Tall	250	62	2.7	0.3	6.3	5.5	0.7	1.5	0.16	89.1	
Latte Macchiato - almond drink	Grande	320	80	3.6	0.3	8	7.2	0.8	1.8	0.21	89.1	
Latte Macchiato - almond drink	Venti	426	106	4.7	0.4	10.7	9.5	1.2	2.5	0.28	133.7	
Latte Macchiato - soya drink	Tall	421	100	4.3	0.7	6.9	5.6	1.6	7.7	0.22	89.1	
Latte Macchiato - soya drink	Grande	543	129	5.7	0.9	8.7	7.4	2	10	0.29	89.1	
Latte Macchiato - soya drink	Venti	720	171	7.5	1.2	11.7	9.7	2.7	13.2	0.38	133.7	
Latte Macchiato - oat drink	Tall	575	138	6.8	0.7	15.7	7.4	2.5	2.2	0.29	89.1	
Latte Macchiato - oat drink	Grande	747	179	8.8	0.9	20.4	9.7	3.2	2.7	0.38	89.1	
Latte Macchiato - oat drink	Venti	987	236	11.7	1.2	26.9	12.7	4.2	3.7	0.50	133.7	
Latte Macchiato - coconut drink	Tall	429	104	5.7	5.1	8.6	7.8	3.6	2.6	0.10	89.1	
Latte Macchiato - coconut drink	Grande	555	135	7.4	6.7	11.1	10.3	4.6	3.3	0.13	89.1	
Latte Macchiato - coconut drink	Venti	735	179	9.7	8.8	14.7	13.5	6.1	4.4	0.17	133.7	
Freshly Brewed Coffee	Tall	109	25	1.1	0.4	2.2	0.4	1.8	1.1	0.01	209.8	
Freshly Brewed Coffee	Grande	132	31	1.3	0.4	2.6	0.4	2.2	1.3	0.01	254.6	
Freshly Brewed Coffee	Venti	168	39	1.7	0.6	3.4	0.6	2.8	1.7	0.01	324.2	
Espresso Doppio	Doppio	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1	
Espresso	Single	15	4	0.1	0	0.5	0	0.1	0.2	0.00	44.6	
Espresso Con Panna - Doppio	Double	204	50	4.2	3	2	1.2	0.3	0.7	0.01	89.1	
Espresso Con Panna	Single	190	46	4.2	3	1.6	1.1	0.1	0.5	0.01	44.6	
Espresso Macchiato - semi skimmed milk	Single	25	6	0.2	0.1	0.7	0.3	0.1	0.4	0.01	44.6	
Espresso Macchiato - whole milk	Single	29	7	0.3	0.1	0.7	0.3	0.1	0.4	0.01	44.6	
Espresso Macchiato - skimmed milk	Single	23	6	0.1	0	0.7	0.3	0.1	0.4	0.01	44.6	
Espresso Macchiato - almond drink	Single	20	5	0.1	0	0.6	0.2	0.1	0.2	0.00	44.6	
Espresso Macchiato - soya drink	Single	24	6	0.2	0	0.6	0.2	0.2	0.4	0.01	44.6	
Espresso Macchiato - oat drink	Single	28	7	0.2	0	0.8	0.2	0.2	0.2	0.01	44.6	
Espresso Macchiato - coconut drink	Single	24	6	0.2	0.1	0.6	0.2	0.2	0.3	0.00	44.6	
Espresso Macchiato - Doppio - semi skimmed milk	Double	62	15	0.4	0.3	1.7	0.9	0.3	1	0.02	89.1	
Espresso Macchiato - Doppio - whole milk	Double	73	18	0.7	0.4	1.6	0.8	0.3	1	0.02	89.1	
Espresso Macchiato - Doppio - skimmed milk	Double	54	13	0.2	0.1	1.7	0.9	0.3	1	0.02	89.1	
Espresso Macchiato - Doppio - almond drink	Double	46	11	0.3	0.1	1.3	0.5	0.3	0.5	0.01	89.1	
Espresso Macchiato - Doppio - soya drink	Double	58	14	0.4	0.1	1.3	0.5	0.4	0.9	0.02	89.1	
Espresso Macchiato - Doppio - oat drink	Double	70	17	0.6	0.1	2	0.6	0.4	0.5	0.02	89.1	
Espresso Macchiato - Doppio - coconut drink	Double	59	14	0.5	0.4	1.5	0.7	0.5	0.6	0.01	89.1	
Cortado - semi skimmed milk	Short	228	54	1.7	1.7	6	4.6	0	3.9	0.11	106.6	
Cortado - whole milk	Short	292	69	3.5	2.2	5.9	4.5	0	3.8	0.10	106.6	
Cortado - skimmed milk	Short	180	43	0.3	0.2	6.1	4.7	0	3.9	0.11	106.6	
Cortado - almond drink	Short	130	32	1.2	0.1	3.8	2.4	0.2	1	0.07	106.6	
Cortado - soya drink	Short	204	48	1.9	0.3	4.1	2.5	0.6	3.7	0.10	106.6	
Cortado - oat drink	Short	271	65	2.9	0.3	7.9	3.2	1	1.3	0.13	106.6	
Cortado - coconut drink	Short	208	50	2.5	2.3	4.8	3.4	1.4	1.5	0.05	106.6	
Cappuccino - semi skimmed milk	Tall	432	103	3.5	3.4	10.3	9.5	0.3	7.4	0.22	89.1	
Cappuccino - semi skimmed milk	Grande	546	130	4.5	4.4	12.9	12.1	0.3	9.4	0.28	89.1	
Cappuccino - semi skimmed milk	Venti	708	169	5.8	5.7	16.8	15.6	0.4	12.1	0.36	133.7	
Cappuccino - whole milk	Tall	565	135	7.3	4.6	10.1	9.3	0.3	7.2	0.21	89.1	
Cappuccino - whole milk	Grande	717	171	9.3	5.9	12.7	11.8	0.3	9.1	0.27	89.1	
Cappuccino - whole milk	Venti	929	221	12	7.6	16.5	15.3	0.4	11.8	0.35	133.7	
Cappuccino - skimmed milk	Tall	332	79	0.7	0.3	10.5	9.7	0.3	7.4	0.22	89.1	
Cappuccino - skimmed milk	Grande	418	99	0.9	0.4	13.2	12.4	0.3	9.4	0.28	89.1	
Cappuccino - skimmed milk	Venti	544	129	1.2	0.5	17.1	15.9	0.4	12.1	0.36	133.7	
Cappuccino - almond drink	Tall	229	57	2.5	0.2	5.8	5	0.7	1.4	0.15	89.1	
Cappuccino - almond drink	Grande	285	71	3.2	0.3	7.2	6.4	0.8	1.7	0.19	89.1	
Cappuccino - almond drink	Venti	373	93	4.1	0.4	9.4	8.2	1.1	2.2	0.24	133.7	
Cappuccino - soya drink	Tall	382	91	3.9	0.6	6.3	5.1	1.5	7	0.20	89.1	
Cappuccino - soya drink	Grande	482	115	5	0.8	7.8	6.5	1.8	8.8	0.26	89.1	
Cappuccino - soya drink	Venti	626	149	6.5	1.1	10.2	8.4	2.4	11.5	0.33	133.7	
Cappuccino - oat drink	Tall	522	125	6.1	0.6	14.3	6.7	2.3	2	0.26	89.1	
Cappuccino - oat drink	Grande	661	158	7.8	0.8	18	8.5	2.8	2.5	0.33	89.1	
Cappuccino - oat drink	Venti	857	205	10.1	1.1	23.4	11	3.7	3.2	0.43	133.7	
Cappuccino - coconut drink	Tall	390	95	5.1	4.6	7.9	7.1	3.3	2.4	0.09	89.1	
Cappuccino - coconut drink	Grande	492	120	6.5	5.9	9.8	9	4.1	3	0.12	89.1	
Cappuccino - coconut drink	Venti	639	156	8.4	7.6	12.9	11.7	5.3	3.9	0.15	133.7	
Misto - semi skimmed milk	Tall	311	74	2.7	2.3	7.1	6.1	1	5	0.14	114.7	
Misto - semi skimmed milk	Grande	409	97	3.6	3.1	9.3	8.1	1.2	6.6	0.19	137.5	
Misto - semi skimmed milk	Venti	536	127	4.6	4.1	12.2	10.8	1.4	8.7	0.25	163.4	
Misto - whole milk	Tall	395	94	5.1	3.1	6.9	5.9	1	4.8	0.14	114.7	
Misto - whole milk	Grande	521	124	6.7	4.1	9.1	7.9	1.2	6.4	0.18	137.5	
Misto - whole milk	Venti	686	163	8.9	5.4	12	10.6	1.4	8.4	0.24	163.4	
Misto - skimmed milk	Tall	249	59	1	0.4	7.2	6.2	1	5	0.14</		

Misto - coconut drink	Grande	374	90	4.9	4.1	7.3	6.1	3.7	2.4	0.08	137.5
Misto - coconut drink	Venti	489	118	6.4	5.4	9.5	8.1	4.8	3.1	0.11	163.4
Flat White - semi skimmed milk	Short	246	59	2	1.9	6	5.1	0.3	4.2	0.12	89.1
Flat White - whole milk	Short	318	76	4	2.5	5.8	5	0.3	4.1	0.11	89.1
Flat White - skimmed milk	Short	193	46	0.5	0.2	6.1	5.2	0.3	4.2	0.12	89.1
Flat White - almond drink	Short	137	34	1.4	0.2	3.5	2.7	0.5	0.9	0.08	89.1
Flat White - soya drink	Short	219	52	2.2	0.4	3.8	2.8	0.9	4	0.11	89.1
Flat White - oat drink	Short	295	71	3.4	0.4	8.1	3.6	1.3	1.3	0.14	89.1
Flat White - coconut drink	Short	224	54	2.8	2.5	4.7	3.9	1.9	1.5	0.05	89.1
Caramel Macchiato - semi skimmed milk	Tall	705	167	4.9	4.5	22.2	21	0.3	8.5	0.27	89.1
Caramel Macchiato - semi skimmed milk	Grande	901	214	6	5.6	28.9	27.6	0.3	10.9	0.35	89.1
Caramel Macchiato - semi skimmed milk	Venti	1149	273	7.5	7.1	37	35.2	0.4	14	0.44	133.7
Caramel Macchiato - whole milk	Tall	859	204	9.3	5.8	21.9	20.7	0.3	8.3	0.27	89.1
Caramel Macchiato - whole milk	Grande	1100	261	11.7	7.4	28.6	27.3	0.3	10.6	0.34	89.1
Caramel Macchiato - whole milk	Venti	1404	334	14.8	9.3	36.6	34.8	0.4	13.7	0.43	133.7
Caramel Macchiato - skimmed milk	Tall	590	140	1.7	0.9	22.4	21.2	0.3	8.5	0.28	89.1
Caramel Macchiato - skimmed milk	Grande	753	178	1.9	1	29.2	27.9	0.3	10.9	0.35	89.1
Caramel Macchiato - skimmed milk	Venti	958	227	2.2	1.1	37.3	35.6	0.4	14	0.45	133.7
Caramel Macchiato - almond drink	Tall	470	115	3.7	0.8	17	15.8	0.7	1.6	0.19	89.1
Caramel Macchiato - almond drink	Grande	598	146	4.5	0.9	22.3	21	0.9	1.9	0.24	89.1
Caramel Macchiato - almond drink	Venti	759	185	5.6	1	28.4	26.6	1.2	2.6	0.31	133.7
Caramel Macchiato - soya drink	Tall	647	154	5.3	1.3	17.6	15.9	1.6	8.1	0.26	89.1
Caramel Macchiato - soya drink	Grande	827	196	6.6	1.5	23	21.1	2.1	10.3	0.32	89.1
Caramel Macchiato - soya drink	Venti	1053	250	8.3	1.7	29.3	26.8	2.7	13.3	0.41	133.7
Caramel Macchiato - oat drink	Tall	808	193	7.9	1.3	26.8	17.7	2.6	2.3	0.33	89.1
Caramel Macchiato - oat drink	Grande	1035	247	9.9	1.5	34.9	23.5	3.2	2.8	0.41	89.1
Caramel Macchiato - oat drink	Venti	1320	315	12.5	1.7	44.6	29.9	4.2	3.7	0.52	133.7
Caramel Macchiato - coconut drink	Tall	656	158	6.7	5.9	19.4	18.2	3.7	2.8	0.13	89.1
Caramel Macchiato - coconut drink	Grande	839	202	8.4	7.4	25.4	24.1	4.7	3.4	0.16	89.1
Caramel Macchiato - coconut drink	Venti	1068	257	10.6	9.4	32.4	30.6	6.1	4.5	0.20	133.7
Mocha - semi skimmed milk	Tall	962	230	9.7	7.6	25	23.2	2.2	9.4	0.20	89.1
Mocha - semi skimmed milk	Grande	1187	283	11.2	8.8	32.2	30.1	2.8	12	0.26	89.1
Mocha - semi skimmed milk	Venti	1511	360	13.6	10.8	41.7	38.8	3.6	16.1	0.35	133.7
Mocha - whole milk	Tall	1077	257	13	8.6	24.9	23	2.2	9.3	0.20	89.1
Mocha - whole milk	Grande	1334	318	15.3	10.1	32	29.9	2.8	11.8	0.25	89.1
Mocha - whole milk	Venti	1715	409	19.3	12.6	41.4	38.5	3.6	15.8	0.34	133.7
Mocha - skimmed milk	Tall	877	209	7.3	4.9	25.2	23.4	2.2	9.4	0.21	89.1
Mocha - skimmed milk	Grande	1077	257	8.1	5.3	32.5	30.3	2.8	12	0.26	89.1
Mocha - skimmed milk	Venti	1359	324	9.3	6.1	42	39.1	3.6	16.1	0.36	133.7
Mocha - almond drink	Tall	788	190	8.8	4.8	21.2	19.4	2.5	4.3	0.14	89.1
Mocha - almond drink	Grande	963	232	10	5.3	27.3	25.2	3.2	5.4	0.18	89.1
Mocha - almond drink	Venti	1201	290	12	6	34.8	32	4.2	7	0.24	133.7
Mocha - soya drink	Tall	919	219	10.1	5.2	21.6	19.4	3.2	9.1	0.19	89.1
Mocha - soya drink	Grande	1132	270	11.6	5.7	27.8	25.3	4.1	11.6	0.24	89.1
Mocha - soya drink	Venti	1435	342	14.2	6.6	35.6	32.1	5.4	15.5	0.33	133.7
Mocha - oat drink	Tall	1039	248	11.9	5.2	28.4	20.8	3.9	4.8	0.24	89.1
Mocha - oat drink	Grande	1286	307	14	5.7	36.6	27	5	6.1	0.31	89.1
Mocha - oat drink	Venti	1648	394	17.5	6.6	47.7	34.5	6.6	7.9	0.42	133.7
Mocha - coconut drink	Tall	926	223	11.1	8.6	23	21.2	4.7	5.2	0.10	89.1
Mocha - coconut drink	Grande	1141	274	12.9	10.1	29.6	27.5	6.1	6.5	0.12	89.1
Mocha - coconut drink	Venti	1448	348	16	12.7	38	35.1	8.1	8.5	0.16	133.7
White Mocha - semi skimmed milk	Tall	1113	265	10.5	8.5	34.4	33.6	0.3	8.1	0.36	89.1
White Mocha - semi skimmed milk	Grande	1448	345	12.7	10.5	46.2	45.4	0.3	11.3	0.50	89.1
White Mocha - semi skimmed milk	Venti	1751	417	14.7	12.2	57.1	55.9	0.5	13.7	0.61	133.7
White Mocha - whole milk	Tall	1218	290	13.5	9.4	34.3	33.5	0.3	7.9	0.36	89.1
White Mocha - whole milk	Grande	1603	382	17.1	11.8	46	45.1	0.3	11.1	0.49	89.1
White Mocha - whole milk	Venti	1936	461	20	13.8	56.8	55.6	0.5	13.4	0.60	133.7
White Mocha - skimmed milk	Tall	1034	246	8.3	6	34.6	33.8	0.3	8.1	0.36	89.1
White Mocha - skimmed milk	Grande	1333	317	9.4	6.8	46.4	45.6	0.3	11.3	0.51	89.1
White Mocha - skimmed milk	Venti	1613	384	10.9	7.9	57.3	56.1	0.5	13.7	0.62	133.7
White Mocha - almond drink	Tall	952	229	9.7	5.9	30.9	30.1	0.6	3.4	0.31	89.1
White Mocha - almond drink	Grande	1212	292	11.5	6.8	41	40.2	0.8	4.4	0.42	89.1
White Mocha - almond drink	Venti	1470	353	13.3	7.8	50.9	49.7	1	5.4	0.51	133.7
White Mocha - soya drink	Tall	1073	256	10.8	6.3	31.3	30.2	1.3	7.8	0.35	89.1
White Mocha - soya drink	Grande	1390	331	13.1	7.2	41.6	40.3	1.7	10.9	0.48	89.1
White Mocha - soya drink	Venti	1682	400	15.3	8.4	51.6	49.8	2.1	13.2	0.59	133.7
White Mocha - oat drink	Tall	1183	282	12.5	6.3	37.6	31.4	1.9	3.9	0.40	89.1
White Mocha - oat drink	Grande	1552	370	15.7	7.2	50.8	42.1	2.6	5.1	0.55	89.1
White Mocha - oat drink	Venti	1875	447	18.3	8.4	62.6	52	3.2	6.3	0.67	133.7
White Mocha - coconut drink	Tall	1080	259	11.7	9.4	32.5	31.7	2.7	4.2	0.26	89.1
White Mocha - coconut drink	Grande	1400	336	14.5	11.9	43.4	42.6	3.8	5.5	0.36	89.1
White Mocha - coconut drink	Venti	1693	406	16.9	13.9	53.8	52.5	4.6	6.8	0.44	133.7
Cold Coffee		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cold Brew	Tall	72	16	0.6	0.2	1.6	0.1	1	0.8	0.01	188.6
Cold Brew	Grande	97	22	0.8	0.3	2.2	0.1	1.4	1.1	0.01	255.8
Cold Brew	Venti	123	28	1.1	0.4	2.8	0.2	1.8	1.4	0.02	322.9
Cold Brew Latte - semi skimmed milk	Tall	373	88	3.1	2.9	8.6	7.7	0.5	6.4	0.18	159.1
Cold Brew Latte - semi skimmed milk	Grande	520	123	4.3	4.1	12	11.1	0.6	8.9	0.26	166.5
Cold Brew Latte - semi skimmed milk	Venti	598	142	5	4.7	13.8	12.7	0.7	10.3	0.30	204.7
Cold Brew Latte - whole milk	Tall	482	114	6.2	3.9	8.4	7.6	0.5	6.2	0.18	159.1
Cold Brew Latte - whole milk	Grande	677	161	8.8	5.5	11.7	10.9	0.6	8.7	0.25	166.5
Cold Brew Latte - whole milk	Venti	778	185	10.1	6.3	13.5	12.4	0.7	10	0.29	204.7
Cold Brew Latte - skimmed milk	Tall	291	69	0.8	0.3	8.7	7.9	0.5	6.4	0.19	159.1
Cold Brew Latte - skimmed milk	Grande	402	95	1.1	0.4	12.2	11.3	0.6	8.9	0.26	166.5
Cold Brew Latte - skimmed milk	Venti	464	110	1.2	0.5	14	13	0.7	10.3	0.30	204.7
Cold Brew Latte - almond drink	Tall	206	51	2.3	0.3	4.9	4.1	0.9	1.5	0.12	159.1
Cold Brew Latte - almond drink	Grande	280	69	3.1	0.3	6.7	5.8	1	1.8	0.18	166.5
Cold Brew Latte - almond drink	Venti	324	80	3.6	0.4	7.7	6.7	1.2	2.2	0.20	204.7
Cold Brew Latte - soya drink	Tall	332	79	3.4	0.6	5.3	4.1	1.5	6.1	0.17	159.1
Cold Brew Latte - soya drink	Grande	461	109	4.8	0.8	7.3	5.9	2	8.5	0.24	166.5
Cold Brew Latte - soya drink	Venti	531	126	5.5	0.9	8.4	6.8	2.3	9.7	0.28	204.7
Cold Brew Latte - oat drink	Tall	446	106	5.2	0.6	11.8	5.4	2.2	2	0.22	159.1
Cold Brew Latte - oat drink	Grande	626	149	7.4	0.8	16.7	7.8	2.9	2.6	0.31	166.5
Cold Brew Latte - oat drink	Venti	719	171	8.5	0.9	19.1	8.9	3.4	3	0.36	204.7
Cold Brew Latte - coconut drink	Tall	339	82	4.4	3.9	6.6	5.8	3	2.3	0.08	159.1
Cold Brew Latte - coconut drink	Grande	470	114	6.2	5.5	9.2	8.3	4.1	3	0.11	166.5
Cold Brew Latte - coconut drink	Venti	542	131	7.1	6.3	10.5	9.5	4.7	3.5	0.13	204.7
Iced Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Iced Americano	Grande	44	11	0.2	0.1	1.4	0.1	0.4	0.6	0.00	133.7
Iced Americano	Venti	59	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Iced Latte - semi skimmed milk	Tall	346	83	2.8	2.7	8.3	7.5	0.3	5.9	0.17	89.1
Iced Latte - semi skimmed milk	Grande	536	128	4.4	4.3	12.7	11.9	0.3	9.2	0.27	89.1
Iced Latte - semi skimmed milk	Venti	545	130	4.4	4.3	13	11.8	0.4	9.3	0.27	133.7
Iced Latte - whole milk	Tall	451	108	5.8	3.6	8.1	7.3	0.3	5.7	0.17	89.1
Iced Latte - whole milk	Grande	704	168	9.2	5.8	12.4	11.6	0.3	8.9	0.26	89.1
Iced Latte - whole milk	Venti	711	170	9.1	5.7	12.8	11.5	0.4	9	0.26	133.7
Iced Latte - skimmed milk	Tall	268	64	0.6	0.2	8.4	7.6	0.3	5.9	0.17	89.1
Iced Latte - skimmed milk	Grande	410	97	0.9	0.4	12.9	12.1	0.3	9.2	0.28	89.1
Iced Latte - skimmed milk	Venti	421	100	0.9	0.4	13.3	12	0.4	9.3	0.27	133.7
Iced Latte - almond drink	Tall	186	46	2	0.2	4.8	3.9	0.6	1.2	0.11	89.1
Iced Latte - almond drink	Grande	280	70	3.1	0.3	7.1	6.3	0.8	1.6	0.18	89.1
Iced Latte - almond drink	Venti	292	73	3.1	0.3	7.4	6.2	0.9	1.8	0.18	133.7
Iced Latte - soya drink	Tall	307	73	3.1	0.5	5.1	4	1.2	5.6	0.16	89.1
Iced Latte - soya drink	Grande	473	113	4.9	0.8	7.7	6.4	1.8	8.7	0.25	89.1
Iced Latte - soya drink	Venti	483	115	4.9	0.8	8	6.3	1.9	8.8	0.25	133.7
Iced Latte - oat drink	Tall	417	100	4.8	0.5	11.4	5.3	1.8	1.7	0.21	89

Classic Iced Cappuccino - whole milk	Grande	584	139	7.6	4.8	10.4	9.6	0.3	7.4	0.22	89.1
Classic Iced Cappuccino - whole milk	Venti	630	150	8	5.1	11.4	10.2	0.4	8	0.23	133.7
Classic Iced Cappuccino - skimmed milk	Tall	231	55	0.5	0.2	7.3	6.5	0.3	5	0.15	89.1
Classic Iced Cappuccino - skimmed milk	Grande	343	81	0.8	0.3	10.8	10	0.3	7.6	0.23	89.1
Classic Iced Cappuccino - skimmed milk	Venti	375	89	0.9	0.4	11.8	10.6	0.4	8.2	0.24	133.7
Classic Iced Cappuccino - almond drink	Tall	162	40	1.7	0.2	4.2	3.3	1.7	1.1	0.10	89.1
Classic Iced Cappuccino - almond drink	Grande	235	59	2.6	0.2	6	5.2	0.7	1.4	0.15	89.1
Classic Iced Cappuccino - almond drink	Venti	262	65	2.8	0.3	6.7	5.5	0.8	1.7	0.16	133.7
Classic Iced Cappuccino - soya drink	Tall	264	63	2.7	0.4	4.5	3.4	1.1	4.8	0.13	89.1
Classic Iced Cappuccino - soya drink	Grande	394	94	4.1	0.7	6.5	5.2	1.5	7.2	0.21	89.1
Classic Iced Cappuccino - soya drink	Venti	430	102	4.3	0.7	7.2	5.6	1.7	7.8	0.22	133.7
Classic Iced Cappuccino - oat drink	Tall	357	85	4.1	0.4	9.8	4.5	1.6	1.5	0.17	89.1
Classic Iced Cappuccino - oat drink	Grande	538	129	6.3	0.7	14.7	6.9	2.3	2.1	0.27	89.1
Classic Iced Cappuccino - oat drink	Venti	582	139	6.7	0.7	15.9	7.3	2.6	2.4	0.28	133.7
Classic Iced Cappuccino - coconut drink	Tall	269	66	3.4	3.1	5.5	4.7	2.3	1.7	0.06	89.1
Classic Iced Cappuccino - coconut drink	Grande	402	98	5.3	4.8	8.1	7.3	3.4	2.5	0.09	89.1
Classic Iced Cappuccino - coconut drink	Venti	438	107	5.7	5.1	9	7.8	3.7	2.8	0.10	133.7
Iced Latte Macchiato - semi skimmed milk	Tall	383	91	3.1	3	9.1	8.3	0.3	6.5	0.19	89.1
Iced Latte Macchiato - semi skimmed milk	Grande	552	132	4.5	4.4	13.1	12.3	0.3	9.5	0.28	89.1
Iced Latte Macchiato - semi skimmed milk	Venti	578	138	4.7	4.6	13.8	12.6	0.4	9.9	0.29	133.7
Iced Latte Macchiato - whole milk	Tall	500	119	6.4	4.1	9	8.1	0.3	6.4	0.18	89.1
Iced Latte Macchiato - whole milk	Grande	726	173	9.5	6	12.8	12	0.3	9.2	0.27	89.1
Iced Latte Macchiato - whole milk	Venti	755	180	9.7	6.1	13.5	12.3	0.4	9.6	0.28	133.7
Iced Latte Macchiato - skimmed milk	Tall	295	70	0.7	0.3	9.3	8.5	0.3	6.5	0.19	89.1
Iced Latte Macchiato - skimmed milk	Grande	423	100	0.9	0.4	13.3	12.5	0.3	9.5	0.29	89.1
Iced Latte Macchiato - skimmed milk	Venti	446	106	1	0.4	14	12.8	0.4	9.9	0.29	133.7
Iced Latte Macchiato - almond drink	Tall	204	51	2.2	0.2	5.2	4.4	0.6	1.3	0.13	89.1
Iced Latte Macchiato - almond drink	Grande	288	72	3.2	0.3	7.3	6.5	0.8	1.7	0.19	89.1
Iced Latte Macchiato - almond drink	Venti	308	77	3.3	0.3	7.9	6.6	0.9	1.9	0.19	133.7
Iced Latte Macchiato - soya drink	Tall	339	81	3.5	0.6	5.6	4.5	1.3	6.2	0.18	89.1
Iced Latte Macchiato - soya drink	Grande	488	116	5.1	0.8	7.9	6.6	1.8	9	0.26	89.1
Iced Latte Macchiato - soya drink	Venti	512	122	5.2	0.9	8.5	6.7	2	9.3	0.27	133.7
Iced Latte Macchiato - oat drink	Tall	462	110	5.4	0.6	12.6	5.9	2	1.8	0.23	89.1
Iced Latte Macchiato - oat drink	Grande	669	160	7.9	0.8	18.3	8.6	2.9	2.5	0.34	89.1
Iced Latte Macchiato - oat drink	Venti	697	167	8.1	0.9	19.1	8.9	3.1	2.7	0.35	133.7
Iced Latte Macchiato - coconut drink	Tall	346	84	4.5	4.1	7	6.2	2.9	2.2	0.08	89.1
Iced Latte Macchiato - coconut drink	Grande	498	121	6.6	6	10	9.2	4.2	3	0.12	89.1
Iced Latte Macchiato - coconut drink	Venti	523	127	6.8	6.2	10.6	9.4	4.4	3.3	0.12	133.7
Iced Caramel Macchiato - semi skimmed milk	Tall	616	146	4.2	3.7	20.4	19.1	0.3	6.6	0.22	89.1
Iced Caramel Macchiato - semi skimmed milk	Grande	847	201	5.6	5.1	27.9	26.6	0.3	9.6	0.31	89.1
Iced Caramel Macchiato - semi skimmed milk	Venti	933	222	5.8	5.2	32.2	30.4	0.4	10	0.32	133.7
Iced Caramel Macchiato - whole milk	Tall	733	174	7.5	4.7	20.2	18.9	0.3	6.4	0.22	89.1
Iced Caramel Macchiato - whole milk	Grande	1020	242	10.5	6.6	27.7	26.3	0.3	9.3	0.31	89.1
Iced Caramel Macchiato - whole milk	Venti	1111	264	10.8	6.8	32	30.2	0.4	9.7	0.31	133.7
Iced Caramel Macchiato - skimmed milk	Tall	528	125	1.7	0.9	20.6	19.3	0.3	6.6	0.23	89.1
Iced Caramel Macchiato - skimmed milk	Grande	717	170	2	1	28.2	26.9	0.3	9.6	0.32	89.1
Iced Caramel Macchiato - skimmed milk	Venti	801	190	2.1	1.1	32.5	30.7	0.4	10	0.33	133.7
Iced Caramel Macchiato - almond drink	Tall	437	106	3.3	0.9	16.5	15.2	0.6	1.4	0.16	89.1
Iced Caramel Macchiato - almond drink	Grande	582	141	4.2	1	22.1	20.8	0.8	1.8	0.22	89.1
Iced Caramel Macchiato - almond drink	Venti	664	161	4.4	1	26.3	24.5	0.9	2	0.23	133.7
Iced Caramel Macchiato - soya drink	Tall	572	136	4.5	1.2	16.9	15.3	1.3	6.3	0.21	89.1
Iced Caramel Macchiato - soya drink	Grande	782	185	6.1	1.5	22.8	20.9	1.8	9	0.29	89.1
Iced Caramel Macchiato - soya drink	Venti	867	206	6.3	1.5	27	24.6	2	9.4	0.30	133.7
Iced Caramel Macchiato - oat drink	Tall	695	166	6.4	1.2	23.9	16.7	2	1.9	0.26	89.1
Iced Caramel Macchiato - oat drink	Grande	963	229	9	1.5	33.1	23	2.9	2.6	0.37	89.1
Iced Caramel Macchiato - oat drink	Venti	1052	251	9.2	1.5	37.5	26.7	3.1	2.8	0.38	133.7
Iced Caramel Macchiato - coconut drink	Tall	579	139	5.6	4.7	18.3	17	2.9	2.2	0.11	89.1
Iced Caramel Macchiato - coconut drink	Grande	792	191	7.7	6.7	24.8	23.5	4.2	3.1	0.15	89.1
Iced Caramel Macchiato - coconut drink	Venti	878	211	7.9	6.8	29.1	27.2	4.4	3.3	0.15	133.7
Iced Cappuccino with Cold Foam	Tall	230	54	0.4	0.1	9.6	8.8	0.3	3	0.08	89.1
Iced Cappuccino with Cold Foam	Grande	302	72	0.4	0.2	13.1	12.3	0.3	3.7	0.10	89.1
Iced Cappuccino with Cold Foam	Venti	396	94	0.6	0.2	17.2	16	0.4	4.7	0.13	133.7
Iced Mocha - semi skimmed milk	Tall	1027	246	12.9	9.6	23.6	21.7	2.2	7.8	0.15	89.1
Iced Mocha - semi skimmed milk	Grande	1431	342	17.7	13.3	32.9	30.7	2.8	11.6	0.24	89.1
Iced Mocha - semi skimmed milk	Venti	1517	363	17.8	13.3	37	34.1	3.6	11.8	0.22	133.7
Iced Mocha - whole milk	Tall	1105	264	15.1	10.3	23.4	21.6	2.2	7.7	0.15	89.1
Iced Mocha - whole milk	Grande	1560	373	21.3	14.5	32.7	30.5	2.8	11.4	0.24	89.1
Iced Mocha - whole milk	Venti	1629	389	21	14.2	36.8	34	3.6	11.6	0.22	133.7
Iced Mocha - skimmed milk	Tall	969	232	11.3	7.8	23.7	21.9	2.2	7.8	0.16	89.1
Iced Mocha - skimmed milk	Grande	1334	319	15	10.3	33	30.9	2.8	11.6	0.25	89.1
Iced Mocha - skimmed milk	Venti	1433	343	15.5	10.6	37.2	34.3	3.6	11.8	0.22	133.7
Iced Mocha - almond drink	Tall	908	219	12.3	7.7	20.9	19.1	2.4	4.3	0.11	89.1
Iced Mocha - almond drink	Grande	1234	298	16.7	10.3	28.5	26.4	3.2	5.8	0.18	89.1
Iced Mocha - almond drink	Venti	1346	324	17	10.6	33.3	30.4	3.9	6.7	0.16	133.7
Iced Mocha - soya drink	Tall	998	239	13.1	8	21.2	19.2	2.9	7.6	0.14	89.1
Iced Mocha - soya drink	Grande	1382	331	18.1	10.6	29	26.5	3.9	11.2	0.23	89.1
Iced Mocha - soya drink	Venti	1475	353	18.2	10.9	33.7	30.4	4.6	11.4	0.21	133.7
Iced Mocha - oat drink	Tall	1079	259	14.4	8	25.9	20.1	3.3	4.7	0.18	89.1
Iced Mocha - oat drink	Grande	1517	363	20.2	10.6	36.7	28	4.7	6.4	0.29	89.1
Iced Mocha - oat drink	Venti	1592	381	20	10.9	40.3	31.8	5.2	7.3	0.26	133.7
Iced Mocha - coconut drink	Tall	1002	241	13.8	10.3	22.2	20.3	3.9	4.9	0.08	89.1
Iced Mocha - coconut drink	Grande	1390	334	19.2	14.5	30.5	28.4	5.7	6.8	0.12	89.1
Iced Mocha - coconut drink	Venti	1482	356	19.2	14.3	35	32.1	6.1	7.6	0.11	133.7
Iced White Mocha - semi skimmed milk	Tall	1207	288	13.9	10.7	33.7	32.8	0.3	7	0.33	89.1
Iced White Mocha - semi skimmed milk	Grande	1680	401	19.1	14.9	46.5	45.7	0.3	10.6	0.48	89.1
Iced White Mocha - semi skimmed milk	Venti	1833	438	19.6	15.3	54.2	53	0.5	10.7	0.52	133.7
Iced White Mocha - whole milk	Tall	1286	307	16.1	11.4	33.5	32.7	0.3	6.9	0.32	89.1
Iced White Mocha - whole milk	Grande	1813	433	22.8	16.1	46.3	45.5	0.3	10.4	0.48	89.1
Iced White Mocha - whole milk	Venti	1951	466	23	16.3	54	52.8	0.5	10.5	0.51	133.7
Iced White Mocha - skimmed milk	Tall	1149	274	12.3	8.9	33.8	33	0.3	7	0.33	89.1
Iced White Mocha - skimmed milk	Grande	1581	377	16.3	11.8	46.7	45.9	0.3	10.6	0.49	89.1
Iced White Mocha - skimmed milk	Venti	1745	416	17.2	12.5	54.4	53.2	0.5	10.7	0.52	133.7
Iced White Mocha - almond drink	Tall	1088	261	13.3	8.9	31	30.2	0.5	3.5	0.29	89.1
Iced White Mocha - almond drink	Grande	1477	355	18	11.7	42.1	41.3	0.7	4.7	0.41	89.1
Iced White Mocha - almond drink	Venti	1653	397	18.7	12.4	50.2	49	0.8	5.4	0.46	133.7
Iced White Mocha - soya drink	Tall	1178	281	14.1	9.1	31.3	30.3	1	6.8	0.32	89.1
Iced White Mocha - soya drink	Grande	1630	389	19.5	12.1	42.5	41.3	1.5	10.3	0.47	89.1
Iced White Mocha - soya drink	Venti	1789	427	20	12.8	50.7	49.1	1.5	10.4	0.50	133.7
Iced White Mocha - oat drink	Tall	1260	301	15.4	9.1	36	31.2	1.5	3.8	0.35	89.1
Iced White Mocha - oat drink	Grande	1769	423	21.7	12.1	50.5	42.9	2.3	5.3	0.53	89.1
Iced White Mocha - oat drink	Venti	1913	457	21.9	12.8	57.7	50.5	2.3	5.9	0.56	133.7
Iced White Mocha - coconut drink	Tall	1183	284	14.8	11.4	32.2	31.4	2.1	4.1	0.25	89.1
Iced White Mocha - coconut drink	Grande	1638	393	20.7	16.1	44.1	43.3	3.3	5.7	0.36	89.1
Iced White Mocha - coconut drink	Venti	1796	430	21	16.3	52.1	50.9	3.1	6.3	0.41	133.7
Starbucks Doubleshot™ Iced Coffee	Mini	354	86	8	5	2.2	1.4	0.3	1	0.03	89.1
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	422	102	8	5	6.2	5.3	0.3	1	0.03	89.1
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	367	87	2.1	2	12.6	11.8	0.3	4.3	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	485	115	2.6	2.4	17.4	16.2	0.4	5.4	0.15	128.2
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	593	141	3	2.8	21.9	20.4	0.5	6.2	0.17	171
Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	444	106	4.3	2.7	12.5	11.7	0.3	4.2	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	579	138	5.2	3.3	17.3	16.1	0.4	5.2	0.15	128.2
Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	700	167	6	3.8	21.8	20.2	0.5	6.1	0.17	171
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	310	73	0.5	0.2	12.7	12	0.3	4.3	0.13	85.5
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	415	99	0.6	0.2	17.5	16.4				

		559	135	4.3	3.8	20	18.5	2.9	2.2	0.07	171
		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti										
Hot Chocolates											
Classic Hot Chocolate - semi skimmed milk	Tall	1038	247	10.3	8.2	27.2	26.1	2.1	10.5	0.24	0
Classic Hot Chocolate - semi skimmed milk	Grande	1308	311	12.1	9.8	35.4	34	2.7	13.9	0.32	0
Classic Hot Chocolate - semi skimmed milk	Venti	1616	385	14.5	11.8	44.4	42.6	3.3	17.7	0.41	0
Classic Hot Chocolate - whole milk	Tall	1175	280	14.2	9.4	27	25.9	2.1	10.3	0.23	0
Classic Hot Chocolate - whole milk	Grande	1493	356	17.4	11.4	35.2	33.7	2.7	13.6	0.31	0
Classic Hot Chocolate - whole milk	Venti	1857	442	21.3	13.9	44	42.3	3.3	17.4	0.40	0
Classic Hot Chocolate - skimmed milk	Tall	935	223	7.5	5	27.4	26.3	2.1	10.5	0.24	0
Classic Hot Chocolate - skimmed milk	Grande	1170	278	8.3	5.5	35.7	34.3	2.7	13.9	0.32	0
Classic Hot Chocolate - skimmed milk	Venti	1437	342	9.4	6.2	44.7	43	3.3	17.7	0.42	0
Classic Hot Chocolate - almond drink	Tall	829	200	9.3	4.9	22.6	21.5	2.5	4.3	0.17	0
Classic Hot Chocolate - almond drink	Grande	1026	248	10.7	5.4	29.3	27.8	3.3	5.6	0.22	0
Classic Hot Chocolate - almond drink	Venti	1250	302	12.6	6.1	36.3	34.5	4	6.9	0.28	0
Classic Hot Chocolate - soya drink	Tall	986	235	10.7	5.3	23.1	21.6	3.3	10.1	0.22	0
Classic Hot Chocolate - soya drink	Grande	1239	295	12.7	5.9	29.9	27.9	4.4	13.3	0.30	0
Classic Hot Chocolate - soya drink	Venti	1527	363	15.2	6.8	37.2	34.7	5.5	17	0.38	0
Classic Hot Chocolate - oat drink	Tall	1130	270	13	5.3	31.3	23.2	4.1	4.9	0.28	0
Classic Hot Chocolate - oat drink	Grande	1432	342	15.7	5.9	41	30.1	5.5	6.4	0.38	0
Classic Hot Chocolate - oat drink	Venti	1778	424	19.1	6.8	51.6	37.6	6.9	8	0.49	0
Classic Hot Chocolate - coconut drink	Tall	995	239	12	9.4	24.7	23.6	5.1	5.4	0.11	0
Classic Hot Chocolate - coconut drink	Grande	1250	300	14.3	11.5	32.1	30.7	6.9	7	0.14	0
Classic Hot Chocolate - coconut drink	Venti	1541	370	17.3	14	40.1	38.3	8.7	8.7	0.18	0
Hot White Chocolate - semi skimmed milk	Tall	1208	288	11.4	9.5	36.4	36.4	0	9.9	0.43	0
Hot White Chocolate - semi skimmed milk	Grande	1498	357	13.2	11.1	47.1	47.1	0.1	12.3	0.54	0
Hot White Chocolate - semi skimmed milk	Venti	1899	452	16.1	13.8	60.2	60.2	0.1	16.4	0.71	0
Hot White Chocolate - whole milk	Tall	1355	323	15.5	10.8	36.2	36.2	0	9.6	0.42	0
Hot White Chocolate - whole milk	Grande	1680	400	18.3	12.7	46.9	46.9	0.1	12	0.53	0
Hot White Chocolate - whole milk	Venti	2148	511	23.2	16	59.8	59.8	0.1	16.1	0.70	0
Hot White Chocolate - skimmed milk	Tall	1099	261	8.3	6	36.6	36.6	0	9.9	0.43	0
Hot White Chocolate - skimmed milk	Grande	1363	324	9.4	6.8	47.4	47.4	0.1	12.3	0.55	0
Hot White Chocolate - skimmed milk	Venti	1714	407	10.9	7.9	60.6	60.6	0.1	16.4	0.72	0
Hot White Chocolate - almond drink	Tall	985	237	10.3	6	31.5	31.5	0.5	3.3	0.35	0
Hot White Chocolate - almond drink	Grande	1222	294	11.8	6.8	41.1	41.1	0.6	4.2	0.45	0
Hot White Chocolate - almond drink	Venti	1521	366	14.2	7.8	51.9	51.9	0.8	5.3	0.58	0
Hot White Chocolate - soya drink	Tall	1153	275	11.8	6.4	32	31.6	1.4	9.4	0.41	0
Hot White Chocolate - soya drink	Grande	1431	340	13.7	7.3	41.7	41.2	1.7	11.8	0.52	0
Hot White Chocolate - soya drink	Venti	1807	429	16.9	8.6	52.8	52	2.3	15.7	0.68	0
Hot White Chocolate - oat drink	Tall	1307	312	14.2	6.4	40.8	33.4	2.2	4	0.48	0
Hot White Chocolate - oat drink	Grande	1620	386	16.7	7.3	52.6	43.3	2.8	5	0.60	0
Hot White Chocolate - oat drink	Venti	2066	492	21	8.6	67.6	55	3.8	6.4	0.79	0
Hot White Chocolate - coconut drink	Tall	1162	279	13.1	10.8	33.8	33.8	3.3	4.4	0.29	0
Hot White Chocolate - coconut drink	Grande	1442	346	15.4	12.7	43.9	43.9	4.1	5.5	0.37	0
Hot White Chocolate - coconut drink	Venti	1822	437	19.1	16	55.7	55.7	5.6	7.2	0.48	0
Signature Hot Chocolate - semi skimmed milk	Tall	1196	285	12.2	9.8	29.6	28.3	3.6	12.2	0.30	20
Signature Hot Chocolate - semi skimmed milk	Grande	1471	351	14.2	11.4	37.6	35.9	4.8	15.3	0.38	26.8
Signature Hot Chocolate - semi skimmed milk	Venti	1809	431	17	13.9	46.7	44.5	5.8	19.5	0.49	32.8
Signature Hot Chocolate - whole milk	Tall	1372	327	17.2	11.3	29.3	28	3.6	11.9	0.30	20
Signature Hot Chocolate - whole milk	Grande	1691	403	20.5	13.4	37.3	35.5	4.8	15	0.37	26.8
Signature Hot Chocolate - whole milk	Venti	2096	499	25.2	16.4	46.2	44.1	5.8	19.1	0.48	32.8
Signature Hot Chocolate - skimmed milk	Tall	1063	253	8.5	5.6	29.9	28.5	3.6	12.2	0.31	20
Signature Hot Chocolate - skimmed milk	Grande	1306	311	9.6	6.3	38	36.2	4.8	15.3	0.38	26.8
Signature Hot Chocolate - skimmed milk	Venti	1595	380	11	7.1	47.1	45	5.8	19.5	0.50	32.8
Signature Hot Chocolate - almond drink	Tall	926	224	10.8	5.5	23.7	22.3	4.1	4.3	0.21	20
Signature Hot Chocolate - almond drink	Grande	1135	275	12.5	6.2	30.3	28.5	5.4	5.4	0.26	26.8
Signature Hot Chocolate - almond drink	Venti	1372	332	14.8	7	37.1	34.9	6.6	6.6	0.34	32.8
Signature Hot Chocolate - soya drink	Tall	1129	269	12.7	6.1	24.3	22.4	5.2	11.7	0.28	20
Signature Hot Chocolate - soya drink	Grande	1388	331	14.9	6.8	31.1	28.6	6.7	14.6	0.35	26.8
Signature Hot Chocolate - soya drink	Venti	1702	405	17.9	7.9	38.1	35.1	8.3	18.6	0.45	32.8
Signature Hot Chocolate - oat drink	Tall	1314	314	15.6	6.1	34.9	24.6	6.2	5.1	0.36	20
Signature Hot Chocolate - oat drink	Grande	1619	387	18.5	6.8	44.2	31.3	8	6.4	0.45	26.8
Signature Hot Chocolate - oat drink	Venti	2002	478	22.6	7.9	55.2	38.5	10	7.9	0.58	32.8
Signature Hot Chocolate - coconut drink	Tall	1140	275	14.3	11.3	26.4	25.1	7.5	5.6	0.14	20
Signature Hot Chocolate - coconut drink	Grande	1402	337	16.9	13.4	33.7	31.9	9.7	7.1	0.17	26.8
Signature Hot Chocolate - coconut drink	Venti	1719	414	20.5	16.4	41.5	39.4	12.2	8.8	0.22	32.8
Iced Chocolate - semi skimmed milk	Tall	1133	271	13.8	10.5	26.4	25.3	2.1	9.4	0.21	0
Iced Chocolate - semi skimmed milk	Grande	1532	366	18.5	14.2	35.6	34.1	2.7	13.1	0.30	0
Iced Chocolate - semi skimmed milk	Venti	1680	401	19.2	14.7	41.2	39.4	3.4	14.3	0.31	0
Iced Chocolate - whole milk	Tall	1246	298	16.9	11.5	26.2	25.1	2.1	9.2	0.20	0
Iced Chocolate - whole milk	Grande	1694	405	23.1	15.6	35.3	33.9	2.7	12.9	0.29	0
Iced Chocolate - whole milk	Venti	1847	441	23.9	16.2	40.9	39.1	3.4	14.1	0.30	0
Iced Chocolate - skimmed milk	Tall	1050	251	11.4	7.9	26.5	25.4	2.1	9.4	0.21	0
Iced Chocolate - skimmed milk	Grande	1412	337	15.1	10.4	35.8	34.4	2.7	13.1	0.30	0
Iced Chocolate - skimmed milk	Venti	1555	371	15.7	10.8	41.4	39.6	3.4	14.3	0.31	0
Iced Chocolate - almond drink	Tall	963	232	12.9	7.8	22.6	21.5	2.4	4.4	0.15	0
Iced Chocolate - almond drink	Grande	1287	311	17.2	10.4	30.2	28.7	3.2	5.9	0.21	0
Iced Chocolate - almond drink	Venti	1426	344	17.9	10.7	35.6	33.8	3.9	6.8	0.22	0
Iced Chocolate - soya drink	Tall	1092	261	14.1	8.2	23	21.6	3.1	9.1	0.20	0
Iced Chocolate - soya drink	Grande	1472	352	19	10.8	30.8	28.8	4.1	12.6	0.28	0
Iced Chocolate - soya drink	Venti	1618	386	19.7	11.2	36.2	33.9	4.9	13.8	0.29	0
Iced Chocolate - oat drink	Tall	1209	289	15.9	8.2	29.7	22.9	3.7	4.9	0.25	0
Iced Chocolate - oat drink	Grande	1641	393	21.6	10.8	40.4	30.8	5.1	6.6	0.35	0
Iced Chocolate - oat drink	Venti	1792	428	22.4	11.2	46.1	35.9	5.9	7.6	0.36	0
Iced Chocolate - coconut drink	Tall	1098	264	15.1	11.5	24.3	23.3	4.6	5.2	0.10	0
Iced Chocolate - coconut drink	Grande	1482	356	20.4	15.7	32.7	31.2	6.3	7.1	0.14	0
Iced Chocolate - coconut drink	Venti	1628	391	21.2	16.2	38.2	36.4	7.1	8.1	0.15	0
Iced White Chocolate - semi skimmed milk	Tall	1279	305	14.6	11.5	35.1	35.1	0	8.3	0.38	0
Iced White Chocolate - semi skimmed milk	Grande	1736	414	19.7	15.6	47.6	47.6	0.1	11.7	0.53	0
Iced White Chocolate - semi skimmed milk	Venti	1935	461	20.7	16.4	56.2	56.2	0.1	12.6	0.59	0
Iced White Chocolate - whole milk	Tall	1391	332	17.8	12.5	34.9	34.9	0	8.2	0.38	0
Iced White Chocolate - whole milk	Grande	1897	453	24.2	17	47.4	47.4	0.1	11.5	0.52	0
Iced White Chocolate - whole milk	Venti	2102	501	25.4	17.9	56	56	0.1	12.4	0.59	0
Iced White Chocolate - skimmed milk	Tall	1195	285	12.3	8.9	35.3	35.3	0	8.3	0.38	0
Iced White Chocolate - skimmed milk	Grande	1616	385	16.3	11.8	47.8	47.8	0.1	11.7	0.53	0
Iced White Chocolate - skimmed milk	Venti	1811	432	17.2	12.5	56.5	56.5	0.1	12.6	0.60	0
Iced White Chocolate - almond drink	Tall	1108	267	13.7	8.9	31.3	31.3	0.4	3.3	0.32	0
Iced White Chocolate - almond drink	Grande	1490	359	18.4	11.7	42.2	42.2	0.5	4.5	0.44	0
Iced White Chocolate - almond drink	Venti	1681	404	19.4	12.4	50.7	50.7	0.6	5.1	0.51	0
Iced White Chocolate - soya drink	Tall	1237	295	14.9	9.2	31.8	31.4	1.1	8	0.37	0
Iced White Chocolate - soya drink	Grande	1676	400	20.1	12.2	42.8	42.3	1.5	11.2	0.51	0
Iced White Chocolate - soya drink	Venti	1873	446	21.2	13	51.3	50.8	1.6	12.1	0.58	0
Iced White Chocolate - oat drink	Tall	1354	324	16.8	9.2	38					

Coffee Frappuccino® - oat drink	Tall	925	221	11.6	6.9	26.7	23.4	0.9	1.6	0.42	23
Coffee Frappuccino® - oat drink	Grande	1232	294	15.3	9.1	36	31.6	1.2	2.2	0.57	31.4
Coffee Frappuccino® - oat drink	Venti	1355	323	15.4	9.1	42.8	38.1	1.2	2.3	0.67	39.5
Coffee Frappuccino® - coconut drink	Tall	874	209	11.2	8.4	24.3	23.5	1.3	1.8	0.36	23
Coffee Frappuccino® - coconut drink	Grande	1166	279	14.8	11.1	32.8	31.8	1.7	2.4	0.48	31.4
Coffee Frappuccino® - coconut drink	Venti	1288	308	14.9	11.1	39.6	38.3	1.7	2.5	0.59	39.5
Caramel Frappuccino® - semi skimmed milk	Tall	1132	270	12.3	9	35.5	34.2	0.1	3.9	0.46	23.1
Caramel Frappuccino® - semi skimmed milk	Grande	1451	346	15.8	11.6	45.5	43.9	0.2	5	0.59	30.8
Caramel Frappuccino® - semi skimmed milk	Venti	1626	387	16.1	11.7	54.8	52.9	0.2	5.2	0.71	39.5
Caramel Frappuccino® - whole milk	Tall	1184	282	13.8	9.5	35.4	34.2	0.1	3.8	0.46	23.1
Caramel Frappuccino® - whole milk	Grande	1517	362	17.7	12.2	45.4	43.8	0.2	4.9	0.59	30.8
Caramel Frappuccino® - whole milk	Venti	1694	403	18	12.3	54.7	52.8	0.2	5.1	0.71	39.5
Caramel Frappuccino® - skimmed milk	Tall	1093	260	11.2	7.8	35.6	34.3	0.1	3.9	0.46	23.1
Caramel Frappuccino® - skimmed milk	Grande	1401	334	14.4	10	45.6	44	0.2	5	0.59	30.8
Caramel Frappuccino® - skimmed milk	Venti	1575	375	14.6	10.1	54.9	53	0.2	5.2	0.72	39.5
Caramel Frappuccino® - almond drink	Tall	1052	252	11.9	7.8	33.8	32.5	0.3	1.5	0.43	23.1
Caramel Frappuccino® - almond drink	Grande	1350	323	15.3	10	43.3	41.7	0.4	2	0.56	30.8
Caramel Frappuccino® - almond drink	Venti	1522	364	15.5	10.1	52.6	50.6	0.4	2.2	0.68	39.5
Caramel Frappuccino® - soya drink	Tall	1112	265	12.5	7.9	34	32.5	0.6	3.7	0.45	23.1
Caramel Frappuccino® - soya drink	Grande	1426	340	16	10.2	43.5	41.7	0.8	4.8	0.59	30.8
Caramel Frappuccino® - soya drink	Venti	1601	381	16.3	10.3	52.8	50.7	0.8	5	0.71	39.5
Caramel Frappuccino® - oat drink	Tall	1167	278	13.3	7.9	37.1	33.1	0.9	1.8	0.48	23.1
Caramel Frappuccino® - oat drink	Grande	1495	357	17.1	10.2	47.5	42.5	1.2	2.3	0.61	30.8
Caramel Frappuccino® - oat drink	Venti	1672	398	17.4	10.3	56.9	51.5	1.2	2.5	0.74	39.5
Caramel Frappuccino® - coconut drink	Tall	1115	267	12.9	9.5	34.6	33.3	1.3	1.9	0.41	23.1
Caramel Frappuccino® - coconut drink	Grande	1430	342	16.6	12.2	44.3	42.7	1.7	2.5	0.53	30.8
Caramel Frappuccino® - coconut drink	Venti	1605	383	16.9	12.4	53.6	51.7	1.8	2.7	0.65	39.5
Espresso Frappuccino® - semi skimmed milk	Tall	418	99	0.9	0.8	20.1	19.1	0.2	2.1	0.32	59.1
Espresso Frappuccino® - semi skimmed milk	Grande	564	133	1.3	1.2	27	25.8	0.3	2.9	0.44	62.3
Espresso Frappuccino® - semi skimmed milk	Venti	728	172	1.5	1.3	35.5	33.9	0.3	3.4	0.58	72.1
Espresso Frappuccino® - whole milk	Tall	448	106	1.8	1.1	20.1	19	0.2	2	0.32	59.1
Espresso Frappuccino® - whole milk	Grande	608	144	2.6	1.5	26.9	25.7	0.3	2.8	0.44	62.3
Espresso Frappuccino® - whole milk	Venti	778	184	3	1.8	35.4	33.9	0.3	3.3	0.57	72.1
Espresso Frappuccino® - skimmed milk	Tall	395	93	0.3	0.1	20.2	19.1	0.2	2.1	0.33	59.1
Espresso Frappuccino® - skimmed milk	Grande	532	125	0.4	0.1	27.1	25.8	0.3	2.9	0.44	62.3
Espresso Frappuccino® - skimmed milk	Venti	690	163	0.5	0.2	35.6	34	0.3	3.4	0.58	72.1
Espresso Frappuccino® - almond drink	Tall	372	88	0.7	0.1	19.1	18.1	0.3	0.7	0.31	59.1
Espresso Frappuccino® - almond drink	Grande	498	118	1	0.1	25.5	24.3	0.4	0.9	0.42	62.3
Espresso Frappuccino® - almond drink	Venti	651	154	1.1	0.1	33.8	32.2	0.5	1.1	0.55	72.1
Espresso Frappuccino® - soya drink	Tall	407	96	1	0.2	19.2	18.1	0.5	2	0.32	59.1
Espresso Frappuccino® - soya drink	Grande	548	129	1.4	0.2	25.7	24.3	0.6	2.8	0.44	62.3
Espresso Frappuccino® - soya drink	Venti	709	167	1.7	0.3	34	32.3	0.8	3.3	0.57	72.1
Espresso Frappuccino® - oat drink	Tall	438	104	1.5	0.2	21	18.4	0.7	0.9	0.33	59.1
Espresso Frappuccino® - oat drink	Grande	593	140	2.2	0.2	28.3	24.9	0.9	1.1	0.45	62.3
Espresso Frappuccino® - oat drink	Venti	761	180	2.5	0.3	37	32.9	1.1	1.4	0.59	72.1
Espresso Frappuccino® - coconut drink	Tall	408	97	1.3	1.1	19.6	18.5	0.9	1	0.30	59.1
Espresso Frappuccino® - coconut drink	Grande	550	131	1.8	1.5	26.2	25	1.2	1.3	0.40	62.3
Espresso Frappuccino® - coconut drink	Venti	712	169	2.1	1.8	34.6	33	1.4	1.5	0.53	72.1
Mocha Frappuccino® - semi skimmed milk	Tall	1002	239	11.1	8.2	29.6	28.5	0.7	4.5	0.40	22.6
Mocha Frappuccino® - semi skimmed milk	Grande	1318	314	14.6	10.8	39.1	37.7	1	5.9	0.52	30
Mocha Frappuccino® - semi skimmed milk	Venti	1516	361	15	11	49	47.1	1.3	6.6	0.65	39.3
Mocha Frappuccino® - whole milk	Tall	1053	251	12.6	8.7	29.5	28.5	0.7	4.5	0.40	22.6
Mocha Frappuccino® - whole milk	Grande	1383	330	16.5	11.4	39	37.6	1	5.8	0.52	30
Mocha Frappuccino® - whole milk	Venti	1584	377	16.9	11.6	48.9	47	1.3	6.5	0.65	39.3
Mocha Frappuccino® - skimmed milk	Tall	964	230	10.1	7	29.7	28.6	0.7	4.5	0.40	22.6
Mocha Frappuccino® - skimmed milk	Grande	1270	303	13.3	9.3	39.2	37.7	1	5.9	0.53	30
Mocha Frappuccino® - skimmed milk	Venti	1465	349	13.6	9.4	49.1	47.2	1.3	6.6	0.65	39.3
Mocha Frappuccino® - almond drink	Tall	924	221	10.7	7	27.9	26.8	0.9	2.3	0.37	22.6
Mocha Frappuccino® - almond drink	Grande	1220	292	14.1	9.3	36.9	35.5	1.2	3	0.49	30
Mocha Frappuccino® - almond drink	Venti	1412	338	14.4	9.4	46.7	44.9	1.5	3.5	0.62	39.3
Mocha Frappuccino® - soya drink	Tall	983	234	11.3	7.2	28.1	26.9	1.2	4.4	0.39	22.6
Mocha Frappuccino® - soya drink	Grande	1294	309	14.8	9.5	37.1	35.5	1.6	5.7	0.52	30
Mocha Frappuccino® - soya drink	Venti	1491	355	15.2	9.6	47	44.9	1.9	6.4	0.64	39.3
Mocha Frappuccino® - oat drink	Tall	1036	247	12.1	7.2	31.1	27.5	1.5	2.5	0.42	22.6
Mocha Frappuccino® - oat drink	Grande	1362	325	15.9	9.5	41	36.3	1.9	3.3	0.55	30
Mocha Frappuccino® - oat drink	Venti	1562	372	16.3	9.6	51	45.7	2.3	3.8	0.67	39.3
Mocha Frappuccino® - coconut drink	Tall	986	236	11.7	8.7	28.7	27.6	1.9	2.6	0.35	22.6
Mocha Frappuccino® - coconut drink	Grande	1298	311	15.4	11.4	37.9	36.5	2.4	3.5	0.46	30
Mocha Frappuccino® - coconut drink	Venti	1495	357	15.8	11.6	47.8	45.9	2.8	4	0.59	39.3
White Mocha Frappuccino® - semi skimmed milk	Tall	1047	250	11.4	8.5	32.3	31.5	0.1	4.2	0.45	22.6
White Mocha Frappuccino® - semi skimmed milk	Grande	1488	355	15.4	11.6	47.6	46.6	0.2	5.9	0.64	31.2
White Mocha Frappuccino® - semi skimmed milk	Venti	1602	381	15.4	11.6	54	52.7	0.2	6	0.75	39.7
White Mocha Frappuccino® - whole milk	Tall	1098	262	12.8	9	32.2	31.5	0.1	4.1	0.45	22.6
White Mocha Frappuccino® - whole milk	Grande	1556	371	17.3	12.2	47.5	46.5	0.2	5.8	0.64	31.2
White Mocha Frappuccino® - whole milk	Venti	1671	398	17.4	12.2	53.9	52.6	0.2	5.9	0.75	39.7
White Mocha Frappuccino® - skimmed milk	Tall	1009	240	10.3	7.4	32.4	31.6	0.1	4.2	0.45	22.6
White Mocha Frappuccino® - skimmed milk	Grande	1438	343	14	10	47.7	46.7	0.2	5.9	0.64	31.2
White Mocha Frappuccino® - skimmed milk	Venti	1551	369	14	10	54.1	52.9	0.2	6	0.75	39.7
White Mocha Frappuccino® - almond drink	Tall	969	232	11	7.3	30.6	29.8	0.3	1.9	0.42	22.6
White Mocha Frappuccino® - almond drink	Grande	1386	332	14.9	10	45.4	44.4	0.4	2.9	0.61	31.2
White Mocha Frappuccino® - almond drink	Venti	1498	358	14.9	10	51.7	50.5	0.4	3	0.71	39.7
White Mocha Frappuccino® - soya drink	Tall	1028	245	11.5	7.5	30.8	29.9	0.6	4.1	0.45	22.6
White Mocha Frappuccino® - soya drink	Grande	1463	349	15.6	10.2	45.6	44.4	0.8	5.7	0.63	31.2
White Mocha Frappuccino® - soya drink	Venti	1577	375	15.7	10.2	52	50.5	0.9	5.8	0.74	39.7
White Mocha Frappuccino® - oat drink	Tall	1081	258	12.4	7.5	33.8	30.5	0.9	2.2	0.47	22.6
White Mocha Frappuccino® - oat drink	Grande	1533	366	16.7	10.2	49.6	45.2	1.2	3.2	0.66	31.2
White Mocha Frappuccino® - oat drink	Venti	1648	393	16.8	10.2	56.1	51.3	1.3	3.3	0.77	39.7
White Mocha Frappuccino® - coconut drink	Tall	1031	246	12	9	31.4	30.6	1.3	2.3	0.40	22.6
White Mocha Frappuccino® - coconut drink	Grande	1467	351	16.2	12.2	46.4	45.4	1.7	3.4	0.58	31.2
White Mocha Frappuccino® - coconut drink	Venti	1581	377	16.3	12.2	52.8	51.5	1.8	3.5	0.68	39.7
Java Chip Frappuccino® - semi skimmed milk	Tall	1157	276	13.4	10.1	33.2	30.9	1.3	4.9	0.42	21.2
Java Chip Frappuccino® - semi skimmed milk	Grande	1588	379	17.9	13.6	46.4	43.2	1.9	6.7	0.59	30.2
Java Chip Frappuccino® - semi skimmed milk	Venti	1888	450	19.4	14.7	59.3	55.1	2.5	7.7	0.75	40.3
Java Chip Frappuccino® - whole milk	Tall	1205	288	14.7	10.5	33.1	30.8	1.3	4.8	0.42	21.2
Java Chip Frappuccino® - whole milk	Grande	1653	395	19.8	14.1	46.3	43.1	1.9	6.6	0.59	30.2
Java Chip Frappuccino® - whole milk	Venti	1958	467	21.4	15.3	59.2	55	2.5	7.6	0.75	40.3
Java Chip Frappuccino® - skimmed milk	Tall	1122	268	12.4	8.9	33.2	31	1.3	4.9	0.42	21.2
Java Chip Frappuccino® - skimmed milk	Grande	1540	367	16.6	12	46.5	43.3	1.9	6.7	0.59	30.2
Java Chip Frappuccino® - skimmed milk	Venti	1836	438	18	13.1	59.4	55.2	2.5	7.7	0.75	40.3
Java Chip Frappuccino® - almond drink	Tall	1085	260	13	8.9	31.6	29.3	1.5	2.8	0.39	21.2
Java Chip Frappuccino® - almond drink	Grande	1489	357	17.4	12	44.2	41	2.1	3.8	0.56	30.2
Java Chip Frappuccino® - almond drink	Venti	1782	426	18.9	13	57	52.8	2.7	4.6	0.71	40.3
Java Chip Frappuccino® - soya drink	Tall	1139	272	13.5	9.1	31.7	29.3	1.8	4.8	0.41	21.2
Java Chip Frappuccino® - soya drink	Grande	1564	373	18.1	12.2	44.4	41	2.4	6.5	0.58	30.2
Java Chip Frappuccino® - soya drink	Venti	1862	444	19.6	13.3	57.3	52.8	3.1	7.5	0.74	40.3
Java Chip Frappuccino® - oat drink	Tall	1189	284	14.3	9.1	34.6	29.9	2.1	3	0.44	21.2
Java Chip Frappuccino® - oat drink	Grande	1632	390	19.2	12.2	48.3	41.8	2.8	4.1	0.61	30.2
Java Chip Frappuccino® - oat drink	Venti	1935	461	20.8	13.3	61.4	53.6	3.5	4.9	0.77	40.3
Java Chip Frappuccino® - coconut drink	Tall	1142	273	13.9	10.5	32.3	30.1	2.4	3.1	0.38	21.2
Java Chip Frappuccino® - coconut drink	Grande	1568	375	18.7	14.1	45.2	42	3.3	4.3	0.53	30.2
Java Chip Frappuccino® - coconut drink	Venti	1866	446	20.3	15.3	58.1	53.8	4	5.1	0.69	40.3

Chocolate Cream Frappuccino® - oat drink	Tall	1038	248	12.9	7.3	29.6	25.2	1.8	2.6	0.43	0
Chocolate Cream Frappuccino® - oat drink	Grande	1416	339	17.3	9.7	41.1	35.1	2.5	3.5	0.60	0
Chocolate Cream Frappuccino® - oat drink	Venti	1578	377	17.8	9.9	48.9	42.2	2.8	3.9	0.71	0
Chocolate Cream Frappuccino® - coconut drink	Tall	971	233	12.4	9.4	26.3	25.4	2.3	2.8	0.34	0
Chocolate Cream Frappuccino® - coconut drink	Grande	1323	317	16.6	12.5	36.6	35.4	3.2	3.8	0.48	0
Chocolate Cream Frappuccino® - coconut drink	Venti	1478	354	17	12.9	44	42.5	3.6	4.2	0.59	0
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	886	212	10.9	8.3	24.4	23.9	0	4.1	0.39	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	1215	290	14.5	11.1	34.4	33.7	0	5.6	0.56	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	1381	330	14.8	11.4	43	42	0	6.3	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	952	228	12.8	8.9	24.3	23.8	0	4	0.39	0
Vanilla Cream Frappuccino® - whole milk	Grande	1307	312	17.1	11.9	34.3	33.5	0	5.5	0.55	0
Vanilla Cream Frappuccino® - whole milk	Venti	1485	354	17.7	12.3	42.8	41.9	0	6.1	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	836	200	9.5	6.7	24.5	24	0	4.1	0.40	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	1146	274	12.5	8.9	34.6	33.8	0	5.6	0.56	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	1304	311	12.6	8.9	43.1	42.2	0	6.3	0.70	0
Vanilla Cream Frappuccino® - almond drink	Tall	785	189	10.4	6.7	22.2	21.7	0.2	1.1	0.36	0
Vanilla Cream Frappuccino® - almond drink	Grande	1074	259	13.8	8.9	31.3	30.6	0.3	1.5	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	1223	294	14	8.9	39.5	38.5	0.3	1.6	0.64	0
Vanilla Cream Frappuccino® - soya drink	Tall	861	206	11.1	6.9	22.4	21.7	0.6	3.9	0.39	0
Vanilla Cream Frappuccino® - soya drink	Grande	1180	282	14.7	9.1	31.7	30.7	0.8	5.4	0.55	0
Vanilla Cream Frappuccino® - soya drink	Venti	1342	320	15.1	9.2	39.9	38.6	0.9	5.9	0.68	0
Vanilla Cream Frappuccino® - oat drink	Tall	930	223	12.2	6.9	26.4	22.5	1	1.4	0.42	0
Vanilla Cream Frappuccino® - oat drink	Grande	1277	305	16.3	9.1	37.2	31.8	1.4	1.9	0.59	0
Vanilla Cream Frappuccino® - oat drink	Venti	1451	347	16.8	9.2	46.1	39.8	1.5	2.1	0.73	0
Vanilla Cream Frappuccino® - coconut drink	Tall	865	208	11.7	8.9	23.2	22.7	1.5	1.6	0.33	0
Vanilla Cream Frappuccino® - coconut drink	Grande	1186	285	15.6	11.9	32.8	32	2.1	2.2	0.47	0
Vanilla Cream Frappuccino® - coconut drink	Venti	1349	323	16	12.3	41.1	40.1	2.3	2.4	0.60	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	1063	254	12.6	9.3	31	30	0	4.2	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	1408	336	16.3	12.2	41.5	40.3	0	5.8	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	1593	380	16.8	12.6	50.8	49.3	0	6.4	0.76	0
Caramel Cream Frappuccino® - whole milk	Tall	1129	270	14.4	9.9	30.9	29.9	0	4.1	0.44	0
Caramel Cream Frappuccino® - whole milk	Grande	1500	358	18.9	13	41.4	40.2	0	5.7	0.61	0
Caramel Cream Frappuccino® - whole milk	Venti	1697	405	19.7	13.5	50.6	49.2	0	6.3	0.75	0
Caramel Cream Frappuccino® - skimmed milk	Tall	1013	242	11.2	7.8	31.1	30.1	0	4.2	0.45	0
Caramel Cream Frappuccino® - skimmed milk	Grande	1339	320	14.4	10	41.7	40.5	0	5.8	0.62	0
Caramel Cream Frappuccino® - skimmed milk	Venti	1515	361	14.6	10.2	51	49.5	0	6.4	0.76	0
Caramel Cream Frappuccino® - almond drink	Tall	962	231	12	7.7	28.7	27.8	0.2	1.3	0.41	0
Caramel Cream Frappuccino® - almond drink	Grande	1267	304	15.6	10	38.5	37.2	0.3	1.7	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	1435	344	16	10.1	47.3	45.8	0.3	1.8	0.70	0
Caramel Cream Frappuccino® - soya drink	Tall	1038	248	12.7	7.9	29	27.8	0.6	4	0.44	0
Caramel Cream Frappuccino® - soya drink	Grande	1373	328	16.6	10.3	38.8	37.3	0.8	5.5	0.60	0
Caramel Cream Frappuccino® - soya drink	Venti	1554	371	17.1	10.4	47.7	45.9	0.9	6.1	0.74	0
Caramel Cream Frappuccino® - oat drink	Tall	1108	265	13.8	7.9	32.9	28.6	1	1.6	0.47	0
Caramel Cream Frappuccino® - oat drink	Grande	1469	351	18.1	10.3	44.3	38.4	1.4	2.1	0.64	0
Caramel Cream Frappuccino® - oat drink	Venti	1663	397	18.8	10.4	53.9	47.2	1.6	2.3	0.79	0
Caramel Cream Frappuccino® - coconut drink	Tall	1042	250	13.3	9.9	29.8	28.8	1.5	1.8	0.38	0
Caramel Cream Frappuccino® - coconut drink	Grande	1379	331	17.4	13	39.9	38.7	2.1	2.4	0.53	0
Caramel Cream Frappuccino® - coconut drink	Venti	1560	374	18	13.5	48.9	47.5	2.3	2.6	0.66	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Tall	1003	240	11.7	9	28.9	28.4	0	4.7	0.46	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1446	345	16	12.3	43.7	43	0	6.7	0.66	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1526	364	16	12.3	48	47.2	0	7	0.76	0
White Chocolate Cream Frappuccino® - whole milk	Tall	1071	256	13.6	9.6	28.8	28.3	0	4.6	0.45	0
White Chocolate Cream Frappuccino® - whole milk	Grande	1539	367	18.6	13.1	43.5	42.9	0	6.6	0.66	0
White Chocolate Cream Frappuccino® - whole milk	Venti	1625	388	18.8	13.2	47.9	47.1	0	6.8	0.75	0
White Chocolate Cream Frappuccino® - skimmed milk	Tall	952	227	10.3	7.4	29	28.5	0	4.7	0.46	0
White Chocolate Cream Frappuccino® - skimmed milk	Grande	1377	329	14	10.1	43.8	43.2	0	6.7	0.66	0
White Chocolate Cream Frappuccino® - skimmed milk	Venti	1452	346	14	10	48.2	47.4	0	7	0.76	0
White Chocolate Cream Frappuccino® - almond drink	Tall	900	216	11.2	7.3	26.6	26.1	0.2	1.7	0.42	0
White Chocolate Cream Frappuccino® - almond drink	Grande	1305	313	15.2	10.1	40.6	39.9	0.3	2.6	0.61	0
White Chocolate Cream Frappuccino® - almond drink	Venti	1375	330	15.3	10	44.7	43.9	0.3	2.5	0.71	0
White Chocolate Cream Frappuccino® - soya drink	Tall	978	234	11.9	7.5	26.8	26.2	0.6	4.5	0.45	0
White Chocolate Cream Frappuccino® - soya drink	Grande	1411	337	16.2	10.3	40.9	40	0.9	6.5	0.65	0
White Chocolate Cream Frappuccino® - soya drink	Venti	1489	355	16.3	10.3	45.1	44	0.9	6.7	0.75	0
White Chocolate Cream Frappuccino® - oat drink	Tall	1049	251	13	7.5	30.9	27	1	2	0.48	0
White Chocolate Cream Frappuccino® - oat drink	Grande	1508	360	17.8	10.3	46.4	41.1	1.4	3	0.69	0
White Chocolate Cream Frappuccino® - oat drink	Venti	1593	380	17.9	10.3	51	45.1	1.5	3	0.79	0
White Chocolate Cream Frappuccino® - coconut drink	Tall	982	236	12.5	9.6	27.6	27.2	1.5	2.2	0.39	0
White Chocolate Cream Frappuccino® - coconut drink	Grande	1417	340	17.1	13.1	42	41.4	2.1	3.3	0.57	0
White Chocolate Cream Frappuccino® - coconut drink	Venti	1495	358	17.2	13.2	46.2	45.4	2.2	3.3	0.67	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	959	229	10.9	8.3	28.3	27.2	0.2	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	1300	310	14.4	11	39.1	37.6	0.3	5.6	0.54	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	1434	342	14.6	11.1	46.3	44.5	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - whole milk	Tall	1024	245	12.8	8.8	28.2	27.1	0.2	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	1389	331	17	11.7	39	37.5	0.3	5.5	0.54	0
Strawberries & Cream Frappuccino® - whole milk	Venti	1528	364	17.2	11.9	46.2	44.3	0.4	5.8	0.63	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	910	217	9.5	6.7	28.4	27.3	0.2	4.2	0.40	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	1234	294	12.6	8.9	39.2	37.7	0.3	5.6	0.55	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	1364	325	12.6	8.9	46.4	44.6	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - almond drink	Tall	859	206	10.4	6.7	26.1	25	0.4	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	1165	280	13.8	8.8	36.1	34.6	0.5	1.6	0.50	0
Strawberries & Cream Frappuccino® - almond drink	Venti	1292	310	13.9	8.9	43.2	41.3	0.6	1.7	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Tall	935	223	11.1	6.9	26.4	25.1	0.8	4	0.39	0
Strawberries & Cream Frappuccino® - soya drink	Grande	1267	302	14.7	9.1	36.5	34.7	1.1	5.3	0.53	0
Strawberries & Cream Frappuccino® - soya drink	Venti	1399	333	14.9	9.1	43.5	41.4	1.2	5.6	0.63	0
Strawberries & Cream Frappuccino® - oat drink	Tall	1003	240	12.2	6.9	30.3	25.9	1.2	1.5	0.42	0
Strawberries & Cream Frappuccino® - oat drink	Grande	1359	325	16.2	9.1	41.8	35.8	1.6	2	0.57	0
Strawberries & Cream Frappuccino® - oat drink	Venti	1497	357	16.4	9.1	49.1	42.5	1.7	2.1	0.67	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	938	225	11.7	8.8	27.1	26.1	1.7	1.7	0.33	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	1272	305	15.5	11.8	37.5	36	2.3	2.3	0.46	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	1405	336	15.7	11.9	44.6	42.8	2.4	2.4	0.55	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	1142	273	13.7	10.1	31.9	27	0.3	5.4	0.55	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	1528	365	18.1	13.3	43.1	36.6	0.4	7.3	0.75	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	1766	421	19.3	14.2	53.4	45.1	0.5	8.2	0.93	0
Cookies & Cream Frappuccino® - whole milk	Tall	1211	289	15.6	10.7	31.8	26.9	0.3	5.3	0.55	0
Cookies & Cream Frappuccino® - whole milk	Grande	1621	387	20.7	14.1	43	36.4	0.4	7.1	0.74	0
Cookies & Cream Frappuccino® - whole milk	Venti	1870	446	22.3	15.1	53.3	45	0.5	8.1	0.92	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	1090	260	12.2	8.4	32	27.1	0.3	5.4	0.55	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	1458	348	16.1	11.1	43.2	36.7	0.4	7.3	0.75	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	1688	403	17.2	11.8	53.6	45.3	0.5	8.2	0.93	0
Cookies & Cream Frappuccino® - almond drink	Tall	1036	249	13.1	8.4	29.6	24.6	0.5	2.3	0.51	0
Cookies & Cream Frappuccino® - almond drink	Grande	1386	333	17.4	11.1	40	33.5	0.7	3.1	0.70	0
Cookies & Cream Frappuccino® - almond drink	Venti	1607	386	18.5	11.7	49.9	41.7	0.8	3.6	0.87	0
Cookies & Cream Frappuccino® - soya drink	Tall	1116	267	13.9	8.6	29.8	24.7	0.9	5.2	0.54	0
Cookies & Cream Frappuccino® - soya drink	Grande	1493	356	18.4	11.4	40.3	33.5	1.3	7	0.73	0
Cookies & Cream Frappuccino® - soya drink	Venti	1727	412	19.6	12	50.3	41.7	1.5	7.9	0.92	0
Cookies & Cream Frappuccino® - oat drink	Tall	1189	284	15	8.6	34	25.5	1.4	2.6	0.57	0
Cookies & Cream Frappuccino® - oat drink	Grande	1590	380	19.9	11.4	45.9	34.6	1.8	3.5	0.78	0
Cookies & Cream Frappuccino® - oat drink	Venti	1836	438	21.4	12	56.5	43	2.1	4	0.96	0
Cookies & Cream Frappuccino® - coconut drink	Tall	1120	269	14.5	10.7	30.6	25.7	1.9	2.8	0.48	0
Cookies & Cream Frappuccino® - coconut drink	Grande	1498	359	19.2	14.2	41.4	34.9	2.5	3.8	0.66	0
Cookies & Cream Frappuccino® - coconut drink	Venti	1733	415	20.6	15.1	51.6	43.3	2.9	4.4	0.83	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Tall	1174	281	14	10.8	32.1	29.9	1.			

Double Chocolatey Chip Cream Frappuccino® - oat drink	Tall	1221	292	15.4	9.3	34.2	28.5	2.4	3	0.48	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Grande	1654	396	20.6	12.5	46.8	39.1	3.2	4	0.66	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Venti	1850	442	21.8	13.3	55	46.4	3.7	4.6	0.78	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Tall	1153	277	14.9	11.4	30.9	28.7	2.9	3.2	0.39	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Grande	1562	375	19.9	15.3	42.4	39.4	3.9	4.3	0.55	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Venti	1753	420	21	16.2	50.4	46.7	4.4	4.9	0.65	0
Matcha Cream Frappuccino® - semi skimmed milk	Tall	940	225	11	8.4	26.2	24.9	0.8	4.8	0.41	49.4
Matcha Cream Frappuccino® - semi skimmed milk	Grande	1266	302	14.6	11.1	35.9	34	1.1	6.4	0.56	68.2
Matcha Cream Frappuccino® - semi skimmed milk	Venti	1402	335	14.8	11.3	42.8	40.5	1.4	6.9	0.67	85.1
Matcha Cream Frappuccino® - whole milk	Tall	1009	241	13	9	26.1	24.8	0.8	4.7	0.41	49.4
Matcha Cream Frappuccino® - whole milk	Grande	1359	325	17.2	11.9	35.7	33.9	1.1	6.3	0.56	68.2
Matcha Cream Frappuccino® - whole milk	Venti	1501	358	17.6	12.2	42.7	40.4	1.4	6.8	0.66	85.1
Matcha Cream Frappuccino® - skimmed milk	Tall	888	212	9.6	6.8	26.3	25	0.8	4.8	0.41	49.4
Matcha Cream Frappuccino® - skimmed milk	Grande	1196	286	12.7	8.9	36	34.2	1.1	6.4	0.56	68.2
Matcha Cream Frappuccino® - skimmed milk	Venti	1327	317	12.7	8.9	43	40.7	1.4	6.9	0.67	85.1
Matcha Cream Frappuccino® - almond drink	Tall	834	201	10.5	6.7	23.9	22.6	1	1.7	0.37	49.4
Matcha Cream Frappuccino® - almond drink	Grande	1124	270	13.9	8.9	32.8	30.9	1.4	2.2	0.51	68.2
Matcha Cream Frappuccino® - almond drink	Venti	1250	300	14	8.9	39.5	37.2	1.7	2.5	0.61	85.1
Matcha Cream Frappuccino® - soya drink	Tall	914	218	11.2	6.9	24.2	22.6	1.4	4.6	0.40	49.4
Matcha Cream Frappuccino® - soya drink	Grande	1231	294	14.9	9.2	33.1	31	1.9	6.1	0.55	68.2
Matcha Cream Frappuccino® - soya drink	Venti	1365	326	15.1	9.2	39.9	37.3	2.3	6.6	0.65	85.1
Matcha Cream Frappuccino® - oat drink	Tall	987	236	12.4	6.9	28.3	23.5	1.8	2	0.43	49.4
Matcha Cream Frappuccino® - oat drink	Grande	1328	318	16.4	9.2	38.7	32.1	2.5	2.7	0.59	68.2
Matcha Cream Frappuccino® - oat drink	Venti	1469	351	16.7	9.2	45.8	38.4	2.9	2.9	0.70	85.1
Matcha Cream Frappuccino® - coconut drink	Tall	918	220	11.9	9	25	23.7	2.4	2.2	0.35	49.4
Matcha Cream Frappuccino® - coconut drink	Grande	1237	297	15.7	11.9	34.2	32.4	3.2	2.9	0.47	68.2
Matcha Cream Frappuccino® - coconut drink	Venti	1370	329	16	12.2	41	38.7	3.6	3.2	0.57	85.1
Chai Tea Cream Frappuccino® - semi skimmed milk	Tall	881	210	10.8	8.2	24.3	23.8	0.1	4	0.38	11.3
Chai Tea Cream Frappuccino® - semi skimmed milk	Grande	1247	298	14.4	11	36.5	35.8	0.1	5.5	0.54	21.6
Chai Tea Cream Frappuccino® - semi skimmed milk	Venti	1356	323	14.6	11.2	42	41.1	0.1	6	0.66	20.7
Chai Tea Cream Frappuccino® - whole milk	Tall	944	226	12.6	8.8	24.2	23.7	0.1	3.9	0.38	11.3
Chai Tea Cream Frappuccino® - whole milk	Grande	1336	319	16.9	11.8	36.3	35.7	0.1	5.4	0.54	21.6
Chai Tea Cream Frappuccino® - whole milk	Venti	1453	347	17.4	12.1	41.8	41	0.1	5.8	0.65	20.7
Chai Tea Cream Frappuccino® - skimmed milk	Tall	833	199	9.5	6.7	24.4	23.9	0.1	4	0.38	11.3
Chai Tea Cream Frappuccino® - skimmed milk	Grande	1181	282	12.6	8.9	36.6	36	0.1	5.5	0.55	21.6
Chai Tea Cream Frappuccino® - skimmed milk	Venti	1283	306	12.6	8.9	42.1	41.3	0.1	6	0.66	20.7
Chai Tea Cream Frappuccino® - almond drink	Tall	784	189	10.3	6.7	22.2	21.7	0.2	1.1	0.35	11.3
Chai Tea Cream Frappuccino® - almond drink	Grande	1112	267	13.7	8.9	33.5	32.8	0.4	1.5	0.50	21.6
Chai Tea Cream Frappuccino® - almond drink	Venti	1207	290	13.9	8.9	38.7	37.9	0.4	1.6	0.61	20.7
Chai Tea Cream Frappuccino® - soya drink	Tall	857	205	11	6.9	22.4	21.8	0.6	3.8	0.37	11.3
Chai Tea Cream Frappuccino® - soya drink	Grande	1214	290	14.7	9.1	33.8	32.9	0.9	5.2	0.53	21.6
Chai Tea Cream Frappuccino® - soya drink	Venti	1319	315	14.9	9.2	39.1	38	1	5.7	0.65	20.7
Chai Tea Cream Frappuccino® - oat drink	Tall	923	221	12.1	6.9	26.2	22.5	1	1.4	0.40	11.3
Chai Tea Cream Frappuccino® - oat drink	Grande	1307	312	16.1	9.1	39.1	34	1.4	1.9	0.57	21.6
Chai Tea Cream Frappuccino® - oat drink	Venti	1421	339	16.5	9.2	44.9	39.1	1.6	2	0.69	20.7
Chai Tea Cream Frappuccino® - coconut drink	Tall	861	207	11.6	8.8	23.1	22.7	1.5	1.6	0.32	11.3
Chai Tea Cream Frappuccino® - coconut drink	Grande	1219	292	15.5	11.8	34.9	34.2	2.1	2.2	0.46	21.6
Chai Tea Cream Frappuccino® - coconut drink	Venti	1325	318	15.8	12.1	40.2	39.4	2.3	2.3	0.57	20.7

Refreshment		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Peach Iced Tea	Tall	217	51	0.1	0	12.3	12	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	306	72	0.1	0	17.3	16.9	0.1	0.1	0.00	1
Peach Iced Tea	Venti	347	82	0.1	0	19.7	19.2	0.1	0.1	0.00	1.1
Lemon Iced Tea	Tall	216	51	0.1	0	12.1	11.9	0.1	0.1	0.00	0.6
Lemon Iced Tea	Grande	303	72	0.1	0	17.1	16.8	0.1	0.1	0.00	1
Lemon Iced Tea	Venti	343	81	0.1	0	19.4	19	0.1	0.1	0.00	1.1
Cool Lime Starbucks Refresha™	Tall	226	53	0.1	0	12.7	12.2	0.4	0.2	0.04	34.1
Cool Lime Starbucks Refresha™	Grande	318	75	0.1	0	18.1	17.4	0.4	0.3	0.05	49
Cool Lime Starbucks Refresha™	Venti	387	91	0.1	0	22	21.3	0.4	0.3	0.06	60.1
Strawberry Acai Starbucks Refresha®	Tall	288	68	0.1	0	16.1	15.9	0.5	0.3	0.01	8.4
Strawberry Acai Starbucks Refresha®	Grande	368	86	0.1	0	20.8	20.5	0.5	0.4	0.01	11.1
Strawberry Acai Starbucks Refresha®	Venti	452	106	0.1	0	25.7	25.4	0.5	0.4	0.01	14
Pink Coconut Starbucks Refresha®	Tall	466	111	2.6	2.3	19.6	19.3	2	1.3	0.05	8.4
Pink Coconut Starbucks Refresha®	Grande	604	144	3.4	3	25.3	25.1	2.5	1.7	0.07	11.1
Pink Coconut Starbucks Refresha®	Venti	739	176	4.1	3.6	31.3	30.9	2.9	2	0.08	14
Classic Shaken Iced Black Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.5
Classic Shaken Iced Black Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.7
Classic Shaken Iced Black Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.8
Classic Shaken Iced Black Tea Lemonade	Tall	135	32	0.1	0	7.4	7.4	0.1	0.1	0.00	0.5
Classic Shaken Iced Black Tea Lemonade	Grande	182	43	0.1	0	10	10	0.1	0.1	0.00	0.7
Classic Shaken Iced Black Tea Lemonade	Venti	182	43	0.1	0	9.9	9.9	0.1	0.1	0.00	0.8
Classic Shaken Iced Green Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.6
Classic Shaken Iced Green Tea	Grande	0	0	0	0	0	0	0	0	0.00	1
Classic Shaken Iced Green Tea	Venti	0	0	0	0	0	0	0	0	0.00	1.1
Classic Shaken Iced Green Tea Lemonade	Tall	135	32	0.1	0	7.4	7.4	0.1	0.1	0.00	0.6
Classic Shaken Iced Green Tea Lemonade	Grande	182	43	0.1	0	10	10	0.1	0.1	0.00	1
Classic Shaken Iced Green Tea Lemonade	Venti	182	43	0.1	0	9.9	9.9	0.1	0.1	0.00	1.1
Classic Shaken Hibiscus Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	Venti	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Tall	135	32	0.1	0	7.4	7.4	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Grande	182	43	0.1	0	10	10	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Venti	182	43	0.1	0	9.9	9.9	0.1	0.1	0.00	0

Hot Teas		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
English Breakfast Tea	Tall	20	5	0.1	0	0	0	0	0.8	0.00	1.2
English Breakfast Tea	Grande	20	5	0.1	0	0	0	0	0.8	0.00	1.2
English Breakfast Tea	Venti	40	10	0.3	0.1	0.1	0.1	0	1.7	0.00	2.4
Jasmine Pearls Tea	Tall	24	6	0.2	0	0	0	0	1	0.00	1.4
Jasmine Pearls Tea	Grande	24	6	0.2	0	0	0	0	1	0.00	1.4
Jasmine Pearls Tea	Venti	47	11	0.3	0.1	0.1	0.1	0	2	0.00	2.8
Mint Citrus Green Tea	Tall	15	4	0.1	0	0.3	0	0.2	0.3	0.00	0.3
Mint Citrus Green Tea	Grande	15	4	0.1	0	0.3	0	0.2	0.3	0.00	0.3
Mint Citrus Green Tea	Venti	30	7	0.1	0	0.5	0	0.5	0.7	0.01	0.6
Emperor's Clouds & Mist Tea	Tall	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Grande	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Venti	31	7	0.2	0	0	0	0	1.3	0.00	1.8
Chamomile	Tall	16	4	0.1	0	0.4	0.1	0.3	0.3	0.00	0
Chamomile	Grande	16	4	0.1	0	0.4	0.1	0.3	0.3	0.00	0
Chamomile	Venti	32	8	0.2	0	0.7	0.1	0.6	0.5	0.01	0
Earl Grey Tea	Tall	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Grande	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Venti	35	8	0.3	0	0.1	0	0	1.4	0.00	2.1
Mint Herbal Blend	Tall	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Grande	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Venti	37	9	0.1	0	1.2	0	0.7	0.4	0.01	0
Hibiscus Tea	Tall	24	6	0	0	1.1	0.8	0	0.2	0.00	0
Hibiscus Tea	Grande	24	6	0	0	1.1	0.8	0	0.2	0.00	0
Hibiscus Tea	Venti	49	12	0.1	0	2.3	1.7	0.1	0.4	0.01	0
Chai Tea	Tall	30	7	0.1	0	0.6	0.3	0	0.9	0.00	0.7
Chai Tea	Grande	30	7	0.1	0	0.6	0.3	0	0.9	0.00	0.7
Chai Tea	Venti	61	14	0.3	0	1.1	0.6	0.1	1.8	0.00	1.3
Youthberry Tea	Tall	30	7	0	0	1.4	1.2	0	0.2	0.00	0.2
Youthberry Tea	Grande	30	7	0	0	1.4	1.2	0	0.2	0.00	0.2
Youthberry Tea	Venti	59	14	0.1	0	2.8	2.4	0	0.5	0.01	0.4

Tea Latte		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Green Tea Latte - semi skimmed milk	Tall	578	137	4.7	4.6	13.6	12.7	0.9	10	0.29	52.5
Matcha Green Tea Latte - semi skimmed milk	Grande	699	166	5.6	5.5	16.4	15.2	1.2	12	0.34	76.2
Matcha Green Tea Latte - semi skimmed milk	Venti	939	223	7.5	7.4	22.1	20.4	1.7	16.2	0.46	102.4
Matcha Green Tea Latte - whole milk	Tall	758	180	9.8	6.2	1					

Matcha Green Tea Latte - skimmed milk	Grande	538	128	1.1	0.4	16.8	15.5	1.2	12	0.35	76.2
Matcha Green Tea Latte - skimmed milk	Venti	723	171	1.5	0.6	22.5	20.9	1.7	16.2	0.47	102.4
Matcha Green Tea Latte - almond drink	Tall	304	75	3.3	0.3	7.5	6.7	1.4	1.9	0.19	52.5
Matcha Green Tea Latte - almond drink	Grande	371	92	3.9	0.3	9.2	8	1.9	2.4	0.23	76.2
Matcha Green Tea Latte - almond drink	Venti	499	124	5.3	0.5	12.4	10.8	2.5	3.2	0.31	102.4
Matcha Green Tea Latte - soya drink	Tall	510	121	5.2	0.8	8.2	6.8	2.5	9.4	0.27	52.5
Matcha Green Tea Latte - soya drink	Grande	618	147	6.2	1	10	8.1	3.2	11.4	0.32	76.2
Matcha Green Tea Latte - soya drink	Venti	831	197	8.4	1.3	13.5	10.9	4.2	15.3	0.43	102.4
Matcha Green Tea Latte - oat drink	Tall	698	167	8.2	0.8	18.9	8.9	3.5	2.7	0.35	52.5
Matcha Green Tea Latte - oat drink	Grande	843	201	9.8	1	22.8	10.7	4.4	3.4	0.42	76.2
Matcha Green Tea Latte - oat drink	Venti	1133	271	13.1	1.3	30.7	14.4	6	4.5	0.56	102.4
Matcha Green Tea Latte - coconut drink	Tall	521	127	6.8	6.2	10.3	9.5	4.9	3.2	0.12	52.5
Matcha Green Tea Latte - coconut drink	Grande	631	153	8.2	7.4	12.6	11.3	6	4	0.14	76.2
Matcha Green Tea Latte - coconut drink	Venti	848	206	11	10	16.9	15.2	8.1	5.4	0.19	102.4
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	359	85	2.8	2.8	8.5	7.6	0.8	6.2	0.17	51.4
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	513	122	4	3.9	12.1	10.9	1.3	8.8	0.25	77.7
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	596	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	103.8
Iced Matcha Green Tea Latte - whole milk	Tall	466	111	5.9	3.7	8.3	7.5	0.8	6	0.17	51.4
Iced Matcha Green Tea Latte - whole milk	Grande	666	158	8.4	5.3	11.9	10.6	1.3	8.6	0.24	77.7
Iced Matcha Green Tea Latte - whole milk	Venti	771	184	9.6	6	13.9	12.2	1.7	10	0.27	103.8
Iced Matcha Green Tea Latte - skimmed milk	Tall	278	66	0.6	0.2	8.6	7.8	0.8	6.2	0.18	51.4
Iced Matcha Green Tea Latte - skimmed milk	Grande	399	95	0.8	0.3	12.3	11.1	1.3	8.8	0.25	77.7
Iced Matcha Green Tea Latte - skimmed milk	Venti	466	110	1	0.4	14.4	12.7	1.7	10.2	0.29	103.8
Iced Matcha Green Tea Latte - almond drink	Tall	195	48	2	0.2	4.9	4	1.1	1.3	0.12	51.4
Iced Matcha Green Tea Latte - almond drink	Grande	280	69	2.8	0.3	7	5.7	1.7	2	0.17	77.7
Iced Matcha Green Tea Latte - almond drink	Venti	330	82	3.3	0.3	8.3	6.6	2.2	2.4	0.19	103.8
Iced Matcha Green Tea Latte - soya drink	Tall	319	76	3.1	0.5	5.3	4.1	1.8	5.9	0.16	51.4
Iced Matcha Green Tea Latte - soya drink	Grande	456	108	4.5	0.7	7.5	5.8	2.6	8.4	0.23	77.7
Iced Matcha Green Tea Latte - soya drink	Venti	531	126	5.2	0.8	8.9	6.7	3.2	9.7	0.26	103.8
Iced Matcha Green Tea Latte - oat drink	Tall	431	103	4.9	0.5	11.7	5.4	2.4	1.8	0.21	51.4
Iced Matcha Green Tea Latte - oat drink	Grande	616	147	7	0.7	16.7	7.7	3.5	2.7	0.30	77.7
Iced Matcha Green Tea Latte - oat drink	Venti	714	171	8	0.8	19.3	8.8	4.3	3.2	0.34	103.8
Iced Matcha Green Tea Latte - coconut drink	Tall	325	79	4.1	3.7	6.5	5.7	3.2	2.2	0.07	51.4
Iced Matcha Green Tea Latte - coconut drink	Grande	465	113	5.9	5.3	9.4	8.1	4.7	3.1	0.10	77.7
Iced Matcha Green Tea Latte - coconut drink	Venti	542	131	6.7	6.1	11	9.3	5.6	3.7	0.12	103.8
Chai Tea Latte - semi skimmed milk	Tall	546	129	2.5	2.5	21.4	21.4	0.2	5.1	0.17	39.3
Chai Tea Latte - semi skimmed milk	Grande	764	181	3.7	3.6	29.4	29.3	0.3	7.4	0.24	52.4
Chai Tea Latte - semi skimmed milk	Venti	958	227	4.6	4.5	36.8	36.7	0.3	9.3	0.30	65.5
Chai Tea Latte - whole milk	Tall	643	152	5.3	3.3	21.3	21.2	0.2	5	0.16	39.3
Chai Tea Latte - whole milk	Grande	905	214	7.7	4.8	29.2	29.1	0.3	7.2	0.24	52.4
Chai Tea Latte - whole milk	Venti	1135	269	9.6	6.1	36.6	36.4	0.3	9.1	0.30	65.5
Chai Tea Latte - skimmed milk	Tall	474	112	0.5	0.2	21.6	21.5	0.2	5.1	0.17	39.3
Chai Tea Latte - skimmed milk	Grande	659	156	0.7	0.3	29.6	29.5	0.3	7.4	0.25	52.4
Chai Tea Latte - skimmed milk	Venti	826	195	0.9	0.4	37.1	37	0.3	9.3	0.31	65.5
Chai Tea Latte - almond drink	Tall	399	96	1.8	0.1	18.2	18.1	0.5	0.8	0.12	39.3
Chai Tea Latte - almond drink	Grande	550	132	2.6	0.2	24.7	24.6	0.7	1.1	0.17	52.4
Chai Tea Latte - almond drink	Venti	689	166	3.2	0.3	30.9	30.8	0.9	1.4	0.21	65.5
Chai Tea Latte - soya drink	Tall	510	120	2.8	0.4	18.5	18.2	1.1	4.8	0.16	39.3
Chai Tea Latte - soya drink	Grande	712	168	4.1	0.6	25.2	24.7	1.5	7	0.23	52.4
Chai Tea Latte - soya drink	Venti	892	211	5.1	0.8	31.5	30.9	1.9	8.8	0.28	65.5
Chai Tea Latte - oat drink	Tall	611	145	4.4	0.4	24.3	19.3	1.6	1.2	0.20	39.3
Chai Tea Latte - oat drink	Grande	859	204	6.4	0.6	33.6	26.4	2.4	1.8	0.29	52.4
Chai Tea Latte - oat drink	Venti	1077	256	8	0.8	42.1	33	3	2.2	0.36	65.5
Chai Tea Latte - coconut drink	Tall	516	123	3.7	3.3	19.7	19.6	2.4	1.5	0.08	39.3
Chai Tea Latte - coconut drink	Grande	720	172	5.3	4.8	26.9	26.8	3.4	2.2	0.11	52.4
Chai Tea Latte - coconut drink	Venti	903	216	6.7	6.1	33.7	33.5	4.3	2.7	0.14	65.5
Iced Chai Tea Latte - semi skimmed milk	Tall	559	132	2.6	2.6	21.7	21.7	0.2	5.3	0.17	39.3
Iced Chai Tea Latte - semi skimmed milk	Grande	760	180	3.6	3.5	29.3	29.2	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - semi skimmed milk	Venti	883	209	4	3.9	35.1	35	0.3	8	0.26	65.5
Iced Chai Tea Latte - whole milk	Tall	660	156	5.5	3.5	21.6	21.5	0.2	5.2	0.17	39.3
Iced Chai Tea Latte - whole milk	Grande	899	213	7.6	4.8	29.1	29	0.3	7.2	0.23	52.4
Iced Chai Tea Latte - whole milk	Venti	1034	245	8.3	5.2	34.8	34.7	0.3	7.8	0.26	65.5
Iced Chai Tea Latte - skimmed milk	Tall	484	114	0.5	0.2	21.9	21.8	0.2	5.3	0.18	39.3
Iced Chai Tea Latte - skimmed milk	Grande	656	155	0.7	0.3	29.5	29.4	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - skimmed milk	Venti	769	181	0.8	0.3	35.3	35.2	0.3	8	0.27	65.5
Iced Chai Tea Latte - almond drink	Tall	406	98	1.8	0.2	18.4	18.3	0.5	0.8	0.12	39.3
Iced Chai Tea Latte - almond drink	Grande	548	132	2.5	0.2	24.6	24.6	0.7	1.1	0.17	52.4
Iced Chai Tea Latte - almond drink	Venti	652	157	2.8	0.2	30	29.9	0.8	1.2	0.18	65.5
Iced Chai Tea Latte - soya drink	Tall	521	123	2.9	0.5	18.7	18.3	1.1	5	0.16	39.3
Iced Chai Tea Latte - soya drink	Grande	708	167	4	0.6	25.1	24.6	1.5	6.9	0.22	52.4
Iced Chai Tea Latte - soya drink	Venti	826	195	4.4	0.7	30.5	30	1.7	7.6	0.25	65.5
Iced Chai Tea Latte - oat drink	Tall	627	149	4.6	0.5	24.7	19.6	1.7	1.3	0.21	39.3
Iced Chai Tea Latte - oat drink	Grande	853	202	6.3	0.6	33.5	26.3	2.3	1.8	0.29	52.4
Iced Chai Tea Latte - oat drink	Venti	985	234	6.9	0.7	39.6	31.8	2.6	1.9	0.31	65.5
Iced Chai Tea Latte - coconut drink	Tall	528	126	3.8	3.5	19.9	19.9	2.5	1.6	0.08	39.3
Iced Chai Tea Latte - coconut drink	Grande	716	171	5.3	4.8	26.8	26.7	3.4	2.2	0.11	52.4
Iced Chai Tea Latte - coconut drink	Venti	835	200	5.8	5.2	32.3	32.2	3.7	2.4	0.12	65.5
Winter FY25 UK/IRE Promo Beverages		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Pistachio Velvet Latte - semi skimmed milk	Tall	923	219	5.6	5.1	31.4	30.5	0.3	10.6	0.49	89.1
Pistachio Velvet Latte - semi skimmed milk	Grande	1152	274	6.9	6.3	39.6	38.7	0.4	12.9	0.61	89.1
Pistachio Velvet Latte - semi skimmed milk	Venti	1480	352	9.1	8.3	50.2	48.9	0.5	16.8	0.78	133.7
Pistachio Velvet Latte - whole milk	Tall	1063	253	9.6	6.3	31.1	30.3	0.3	10.4	0.48	89.1
Pistachio Velvet Latte - whole milk	Grande	1322	314	11.8	7.8	39.4	38.4	0.4	12.6	0.60	89.1
Pistachio Velvet Latte - whole milk	Venti	1709	406	15.6	10.3	49.9	48.5	0.5	16.5	0.77	133.7
Pistachio Velvet Latte - skimmed milk	Tall	819	194	2.7	1.8	31.6	30.7	0.3	10.6	0.49	89.1
Pistachio Velvet Latte - skimmed milk	Grande	1025	243	3.4	2.4	39.9	39	0.4	12.9	0.62	89.1
Pistachio Velvet Latte - skimmed milk	Venti	1309	311	4.3	3	50.6	49.2	0.5	16.8	0.79	133.7
Pistachio Velvet Latte - almond drink	Tall	711	171	4.5	1.8	26.7	25.8	0.8	4.3	0.41	89.1
Pistachio Velvet Latte - almond drink	Grande	894	215	5.6	2.3	33.9	33	0.9	5.3	0.52	89.1
Pistachio Velvet Latte - almond drink	Venti	1132	273	7.3	2.8	42.6	41.2	1.2	6.6	0.66	133.7
Pistachio Velvet Latte - soya drink	Tall	871	207	6	2.2	27.2	25.9	1.6	10.2	0.47	89.1
Pistachio Velvet Latte - soya drink	Grande	1089	258	7.4	2.8	34.5	33.1	1.9	12.4	0.59	89.1
Pistachio Velvet Latte - soya drink	Venti	1395	331	9.8	3.5	43.4	41.4	2.6	16.1	0.75	133.7
Pistachio Velvet Latte - oat drink	Tall	1017	242	8.3	2.2	35.5	27.6	2.4	5	0.53	89.1
Pistachio Velvet Latte - oat drink	Grande	1266	301	10.2	2.8	44.7	35.2	2.9	6	0.67	89.1
Pistachio Velvet Latte - oat drink	Venti	1634	389	13.5	3.5	57	44.1	3.9	7.6	0.86	133.7
Pistachio Velvet Latte - coconut drink	Tall	879	211	7.3	6.4	28.9	28	3.5	5.4	0.36	89.1
Pistachio Velvet Latte - coconut drink	Grande	1099	263	9	7.9	36.6	35.7	4.2	6.5	0.45	89.1
Pistachio Velvet Latte - coconut drink	Venti	1408	338	11.8	10.4	46.1	44.8	5.6	8.3	0.56	133.7
Iced Pistachio Latte - semi skimmed milk	Tall	771	183	4.3	3.8	27.8	26.9	0.3	8	0.41	89.1
Iced Pistachio Latte - semi skimmed milk	Grande	1059	251	6.2	5.5	37.4	36.5	0.4	11.3	0.56	89.1
Iced Pistachio Latte - semi skimmed milk	Venti	1202	285	6.7	6	43.7	42.4	0.5	12	0.63	133.7
Iced Pistachio Latte - whole milk	Tall	860	204	6.9	4.6	27.7	26.8	0.3	7.8	0.40	89.1
Iced Pistachio Latte - whole milk	Grande	1197	284	10.1	6.8	37.2	36.3	0.4	11	0.56	89.1
Iced Pistachio Latte - whole milk	Venti	1338	318	10.6	7.2	43.5	42.2	0.5	11.8	0.63	133.7
Iced Pistachio Latte - skimmed milk	Tall	705	167	2.5	1.7	27.9	27.1	0.3	8	0.41	89.1
Iced Pistachio Latte - skimmed milk	Grande	955	227	3.3	2.3	37.6	36.7	0.4	11.3	0.57	89.1
Iced Pistachio Latte - skimmed milk	Venti	1100	261	3.9	2.8	43.9	42.6	0.5	12	0.64	133.7
Iced Pistachio Latte - almond drink	Tall	635	153	3.6	1.7	24.8	23.9	0.6	4	0.36	89.1
Iced Pistachio Latte - almond drink	Grande	848	204	5.1	2.2	32.8	31.9	0.8	5	0.49	89.1
Iced Pistachio Latte - almond drink	Venti	994	239	5.7	2.7	39.2	37.8	0.9	5.9	0.56	133.7
Iced Pistachio Latte - soya drink	Tall	738	175	4.6	2	25.2	24	1.1	7.7	0.40	89.1
Iced Pistachio Latte - soya drink	Grande	1007	239	6.6	2.7	33.3					

Pistachio Chai Latte - whole milk	Venti	1321	313	10.3	6.5	43.6	43.5	0.3	11.5	0.41	65.5
Pistachio Chai Latte - skimmed milk	Tall	606	143	0.9	0.5	26.7	26.6	0.2	6.8	0.25	39.3
Pistachio Chai Latte - almond drink	Grande	815	192	1.2	0.6	35.6	35.5	0.3	9.5	0.34	52.4
Pistachio Chai Latte - whole milk	Venti	1009	238	1.5	0.8	44.1	44	0.3	11.8	0.42	65.5
Pistachio Chai Latte - almond drink	Tall	531	127	2.2	0.4	23.3	23.2	0.5	2.5	0.20	39.3
Pistachio Chai Latte - almond drink	Grande	707	169	3	0.6	30.8	30.7	0.7	3.2	0.27	52.4
Pistachio Chai Latte - almond drink	Venti	871	209	3.8	0.7	37.9	37.8	0.9	3.8	0.32	65.5
Pistachio Chai Latte - soya drink	Tall	641	152	3.2	0.7	23.7	23.3	1.1	6.5	0.24	39.3
Pistachio Chai Latte - soya drink	Grande	867	205	4.5	1	31.3	30.8	1.5	9	0.32	52.4
Pistachio Chai Latte - soya drink	Venti	1076	254	5.7	1.2	38.6	37.9	1.9	11.3	0.40	65.5
Pistachio Chai Latte - oat drink	Tall	741	176	4.8	0.7	29.4	24.4	1.6	3	0.28	39.3
Pistachio Chai Latte - oat drink	Grande	1012	240	6.8	1	39.6	32.4	2.4	3.8	0.38	52.4
Pistachio Chai Latte - oat drink	Venti	1262	299	8.7	1.2	49.2	40	3	4.6	0.48	65.5
Pistachio Chai Latte - coconut drink	Tall	647	154	4.1	3.6	24.8	24.7	2.4	3.3	0.16	39.3
Pistachio Chai Latte - coconut drink	Grande	875	209	5.8	5.1	32.9	32.8	3.4	4.3	0.21	52.4
Pistachio Chai Latte - coconut drink	Venti	1087	260	7.3	6.5	40.7	40.6	4.3	5.1	0.25	65.5
Iced Pistachio Chai Latte - semi skimmed milk	Tall	692	164	3	2.9	26.9	26.8	0.2	7.1	0.26	39.3
Iced Pistachio Chai Latte - semi skimmed milk	Grande	918	217	4.1	3.9	35.4	35.3	0.3	9.5	0.34	52.4
Iced Pistachio Chai Latte - semi skimmed milk	Venti	1063	251	4.5	4.3	42	41.9	0.3	10.4	0.38	65.5
Iced Pistachio Chai Latte - whole milk	Tall	793	188	5.9	3.7	26.7	26.6	0.2	6.9	0.25	39.3
Iced Pistachio Chai Latte - whole milk	Grande	1057	250	8.1	5.1	35.2	35.1	0.3	9.2	0.33	52.4
Iced Pistachio Chai Latte - whole milk	Venti	1214	287	8.8	5.6	41.8	41.7	0.3	10.2	0.37	65.5
Iced Pistachio Chai Latte - skimmed milk	Tall	617	146	0.9	0.5	27	26.9	0.2	7.1	0.26	39.3
Iced Pistachio Chai Latte - skimmed milk	Grande	814	192	1.2	0.6	35.6	35.5	0.3	9.5	0.34	52.4
Iced Pistachio Chai Latte - skimmed milk	Venti	949	224	1.4	0.7	42.2	42.1	0.3	10.4	0.38	65.5
Iced Pistachio Chai Latte - almond drink	Tall	539	129	2.3	0.5	23.5	23.4	0.5	2.6	0.20	39.3
Iced Pistachio Chai Latte - almond drink	Grande	706	169	3	0.6	30.8	30.7	0.7	3.2	0.27	52.4
Iced Pistachio Chai Latte - almond drink	Venti	832	199	3.4	0.6	36.9	36.8	0.8	3.6	0.30	65.5
Iced Pistachio Chai Latte - soya drink	Tall	655	155	3.4	0.8	23.9	23.5	1.1	6.8	0.25	39.3
Iced Pistachio Chai Latte - soya drink	Grande	866	205	4.5	1	31.3	30.7	1.5	9	0.32	52.4
Iced Pistachio Chai Latte - soya drink	Venti	1006	238	5	1.1	37.5	36.9	1.7	10	0.36	65.5
Iced Pistachio Chai Latte - oat drink	Tall	760	180	5	0.8	29.9	24.7	1.7	3	0.29	39.3
Iced Pistachio Chai Latte - oat drink	Grande	1012	240	6.8	1	39.6	32.4	2.4	3.8	0.38	52.4
Iced Pistachio Chai Latte - oat drink	Venti	1165	276	7.5	1.1	46.5	38.7	2.6	4.3	0.43	65.5
Iced Pistachio Chai Latte - coconut drink	Tall	661	158	4.3	3.8	25.1	25	2.5	3.3	0.16	39.3
Iced Pistachio Chai Latte - coconut drink	Grande	875	209	5.8	5.1	32.9	32.8	3.4	4.3	0.21	52.4
Iced Pistachio Chai Latte - coconut drink	Venti	1015	242	6.3	5.6	39.3	39.2	3.7	4.8	0.23	65.5
Pistachio Crème Frappuccino® - semi skimmed milk	Tall	1032	246	11.8	9	30.3	29.8	0	4.8	0.50	0
Pistachio Crème Frappuccino® - semi skimmed milk	Grande	1368	327	15.5	11.9	40.4	39.7	0	6.3	0.67	0
Pistachio Crème Frappuccino® - semi skimmed milk	Venti	1549	370	16.1	12.4	49.3	48.4	0.1	6.9	0.82	0
Pistachio Crème Frappuccino® - whole milk	Tall	1099	262	13.7	9.6	30.2	29.7	0	4.7	0.50	0
Pistachio Crème Frappuccino® - whole milk	Grande	1455	347	18	12.7	40.2	39.6	0	6.2	0.67	0
Pistachio Crème Frappuccino® - whole milk	Venti	1644	392	18.8	13.2	49.1	48.3	0.1	6.8	0.81	0
Pistachio Crème Frappuccino® - skimmed milk	Tall	982	234	10.4	7.5	30.4	29.9	0	4.8	0.51	0
Pistachio Crème Frappuccino® - skimmed milk	Grande	1303	311	13.7	9.9	40.5	39.9	0	6.3	0.67	0
Pistachio Crème Frappuccino® - skimmed milk	Venti	1479	353	14.1	10.2	49.4	48.6	0.1	6.9	0.82	0
Pistachio Crème Frappuccino® - almond drink	Tall	930	223	11.3	7.4	28	27.6	0.2	1.8	0.47	0
Pistachio Crème Frappuccino® - almond drink	Grande	1236	297	14.9	9.8	37.5	36.8	0.3	2.4	0.62	0
Pistachio Crème Frappuccino® - almond drink	Venti	1405	337	15.3	10.1	46.1	45.3	0.3	2.7	0.77	0
Pistachio Crème Frappuccino® - soya drink	Tall	1007	240	12	7.6	28.3	27.6	0.6	4.6	0.50	0
Pistachio Crème Frappuccino® - soya drink	Grande	1335	319	15.8	10.1	37.8	36.9	0.8	6	0.66	0
Pistachio Crème Frappuccino® - soya drink	Venti	1514	361	16.3	10.4	46.4	45.3	0.9	6.7	0.81	0
Pistachio Crème Frappuccino® - oat drink	Tall	1077	257	13.1	7.6	32.3	28.4	1	2.1	0.53	0
Pistachio Crème Frappuccino® - oat drink	Grande	1426	341	17.2	10.1	43	37.9	1.3	2.8	0.70	0
Pistachio Crème Frappuccino® - oat drink	Venti	1613	385	17.9	10.4	52.1	46.5	1.5	3.1	0.85	0
Pistachio Crème Frappuccino® - coconut drink	Tall	1011	242	12.6	9.6	29.1	28.6	1.5	2.3	0.44	0
Pistachio Crème Frappuccino® - coconut drink	Grande	1341	321	16.6	12.7	38.8	38.2	2	3	0.59	0
Pistachio Crème Frappuccino® - coconut drink	Venti	1520	364	17.2	13.2	47.6	46.7	2.2	3.4	0.73	0
Golden Caramel White Hot Chocolate - semi skimmed milk	Tall	1268	301	10.7	8.5	43.4	34.1	0	7.9	0.40	0
Golden Caramel White Hot Chocolate - semi skimmed milk	Grande	1576	374	12.3	9.8	56.2	44.1	0	9.8	0.51	0
Golden Caramel White Hot Chocolate - semi skimmed milk	Venti	1977	469	14.8	12	70.9	56.1	0	13.1	0.66	0
Golden Caramel White Hot Chocolate - whole milk	Tall	1403	333	14.6	9.7	43.2	33.9	0	7.7	0.40	0
Golden Caramel White Hot Chocolate - whole milk	Grande	1745	414	17.1	11.3	55.9	43.9	0	9.5	0.50	0
Golden Caramel White Hot Chocolate - whole milk	Venti	2207	524	21.4	14	70.6	55.7	0	12.8	0.65	0
Golden Caramel White Hot Chocolate - skimmed milk	Tall	1168	277	7.9	5.3	43.6	34.3	0	7.9	0.41	0
Golden Caramel White Hot Chocolate - skimmed milk	Grande	1450	344	8.8	5.8	56.4	44.4	0	9.8	0.52	0
Golden Caramel White Hot Chocolate - skimmed milk	Venti	1805	428	10	6.6	71.3	56.4	0	13.1	0.67	0
Golden Caramel White Hot Chocolate - almond drink	Tall	1064	255	9.7	5.3	38.9	29.6	0.4	1.8	0.33	0
Golden Caramel White Hot Chocolate - almond drink	Grande	1318	316	11	5.7	50.5	38.5	0.5	2.2	0.42	0
Golden Caramel White Hot Chocolate - almond drink	Venti	1626	390	13	6.5	63.2	48.3	0.7	2.8	0.54	0
Golden Caramel White Hot Chocolate - soya drink	Tall	1218	289	11.1	5.7	39.4	29.7	1.2	7.5	0.39	0
Golden Caramel White Hot Chocolate - soya drink	Grande	1513	359	12.8	6.2	51.1	38.6	1.5	9.3	0.49	0
Golden Caramel White Hot Chocolate - soya drink	Venti	1891	448	15.5	7.2	64.1	48.5	2.1	12.5	0.64	0
Golden Caramel White Hot Chocolate - oat drink	Tall	1359	323	13.4	5.7	47.4	31.3	2	2.4	0.45	0
Golden Caramel White Hot Chocolate - oat drink	Grande	1689	402	15.6	6.2	61.2	40.6	2.6	3	0.57	0
Golden Caramel White Hot Chocolate - oat drink	Venti	2132	507	19.3	7.2	77.8	51.2	3.5	3.9	0.74	0
Golden Caramel White Hot Chocolate - coconut drink	Tall	1226	293	12.4	9.7	41	31.7	3	2.8	0.28	0
Golden Caramel White Hot Chocolate - coconut drink	Grande	1523	364	14.3	11.3	53.2	41.1	3.8	3.5	0.35	0
Golden Caramel White Hot Chocolate - coconut drink	Venti	1905	455	17.6	14.1	66.8	51.9	5.2	4.6	0.45	0
Spring FY25 promo beverages		Energy (kj)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Lavender Matcha Latte - semi skimmed milk	Tall	600	142	3.4	2.1	20.5	19.6	0.9	7.2	0.21	51.1
Iced Lavender Matcha Latte - semi skimmed milk	Grande	812	193	4.6	2.9	27.5	26.5	1.1	9.9	0.28	64.7
Iced Lavender Matcha Latte - semi skimmed milk	Venti	942	223	5.2	3.3	32.7	31.5	1.2	11.1	0.32	71.6
Iced Lavender Matcha Latte - whole milk	Tall	728	173	7	4.4	20.3	19.4	0.9	7	0.20	51.1
Iced Lavender Matcha Latte - whole milk	Grande	987	234	9.5	6	27.3	26.2	1.1	9.6	0.27	64.7
Iced Lavender Matcha Latte - whole milk	Venti	1139	270	10.7	6.7	32.4	31.2	1.2	10.8	0.31	71.6
Iced Lavender Matcha Latte - skimmed milk	Tall	505	119	0.7	0.3	20.6	19.8	0.9	7.2	0.21	51.1
Iced Lavender Matcha Latte - skimmed milk	Grande	682	161	0.9	0.4	27.8	26.7	1.1	9.9	0.29	64.7
Iced Lavender Matcha Latte - skimmed milk	Venti	796	188	1.1	0.4	33	31.8	1.2	11.1	0.32	71.6
Iced Lavender Matcha Latte - almond drink	Tall	406	99	2.4	0.2	16.2	15.3	1.2	1.5	0.14	51.1
Iced Lavender Matcha Latte - almond drink	Grande	546	133	3.2	0.3	21.7	20.6	1.6	2	0.19	64.7
Iced Lavender Matcha Latte - almond drink	Venti	643	156	3.6	0.3	26.1	24.9	1.8	2.2	0.21	71.6
Iced Lavender Matcha Latte - soya drink	Tall	553	131	3.7	0.6	16.6	15.4	2	6.9	0.19	51.1
Iced Lavender Matcha Latte - soya drink	Grande	747	177	5.1	0.8	22.3	20.7	2.6	9.3	0.26	64.7
Iced Lavender Matcha Latte - soya drink	Venti	869	206	5.7	0.9	26.8	25.1	3	10.5	0.29	71.6
Iced Lavender Matcha Latte - oat drink	Tall	686	163	5.8	0.6	24.3	16.9	2.8	2.1	0.25	51.1
Iced Lavender Matcha Latte - oat drink	Grande	930	221	8	0.8	32.8	22.8	3.7	2.8	0.34	64.7
Iced Lavender Matcha Latte - oat drink	Venti	1074	256	9	0.9	38.6	27.4	4.1	3.1	0.38	71.6
Iced Lavender Matcha Latte - coconut drink	Tall	560	135	4.9	4.4	18.2	17.3	3.7	2.5	0.09	51.1
Iced Lavender Matcha Latte - coconut drink	Grande	757	182	6.7	6	24.4	23.3	5	3.3	0.12	64.7
Iced Lavender Matcha Latte - coconut drink	Venti	881	212	7.5	6.8	29.2	28	5.6	3.7	0.13	71.6
Iced Lavender Latte - semi skimmed milk	Tall	551	131	2.8	1.8	19.1	18.4	0.3	7.1	0.21	85.5
Iced Lavender Latte - semi skimmed milk	Grande	805	191	4.3	2.7	27.4	26.7	0.3	10.4	0.31	85.5
Iced Lavender Latte - semi skimmed milk	Venti	879	209	4.3	2.7	31.7	30.6	0.4	10.6	0.31	128.2
Iced Lavender Latte - whole milk	Tall	652	155	5.7	3.5	18.9	18.2	0.3	7	0.21	85.5
Iced Lavender Latte - whole milk	Grande	964	229	8.8	5.5	27.2	26.5	0.3	10.2	0.31	85.5
Iced Lavender Latte - whole milk	Venti	1032	245	8.6	5.4	31.4	30.4	0.4	10.4	0.31	128.2
Iced Lavender Latte - skimmed milk	Tall	476	113	0.7	0.3	19.2	18.5	0.3	7.1	0.21	85.5
Iced Lavender Latte - skimmed milk	Grande	687	163	1	0.4	27.7	27	0.3	10.4	0.32	85.5
Iced Lavender Latte - skimmed milk	Venti	765	181	1.1	0.4	31.9	30.8	0.4	10.6	0.32	128.2
Iced Lavender Latte - almond drink	Tall	398	96	2.1	0.2	15.7	15	0.6	2.6	0.16	85.5
Iced Lavender Latte - almond drink	Grande	565	137	3.1	0.3	22.1	21.4	0.8			

Lavender Velvet Latte - whole milk	Tall	738	175	6.8	4.3	20.4	19.7	0.3	8.1	0.24	85.5
Lavender Velvet Latte - whole milk	Grande	936	222	8.5	5.3	26.7	26	0.3	9.9	0.30	85.5
Lavender Velvet Latte - whole milk	Venti	1284	305	12	7.5	35.7	34.7	0.4	13.5	0.41	128.2
Lavender Velvet Latte - skimmed milk	Tall	525	125	0.8	0.3	20.7	20	0.3	8.2	0.25	85.5
Lavender Velvet Latte - skimmed milk	Grande	672	159	1	0.4	27.2	26.5	0.3	10.1	0.31	85.5
Lavender Velvet Latte - skimmed milk	Venti	907	215	1.4	0.6	36.4	35.3	0.4	13.9	0.42	128.2
Lavender Velvet Latte - almond drink	Tall	430	104	2.4	0.3	16.5	15.8	0.7	2.8	0.18	85.5
Lavender Velvet Latte - almond drink	Grande	555	134	3	0.3	21.9	21.2	0.7	3.3	0.22	85.5
Lavender Velvet Latte - almond drink	Venti	740	180	4.2	0.5	28.8	27.8	1.1	4.2	0.30	128.2
Lavender Velvet Latte - soya drink	Tall	571	135	3.7	0.6	16.9	15.9	1.4	7.9	0.23	85.5
Lavender Velvet Latte - soya drink	Grande	729	173	4.6	0.8	22.4	21.3	1.7	9.6	0.29	85.5
Lavender Velvet Latte - soya drink	Venti	988	234	6.5	1.1	29.6	27.9	2.4	13.2	0.39	128.2
Lavender Velvet Latte - oat drink	Tall	698	166	5.7	0.6	24.2	17.3	2.1	3.3	0.29	85.5
Lavender Velvet Latte - oat drink	Grande	887	211	7.1	0.8	31.5	23.1	2.6	4	0.35	85.5
Lavender Velvet Latte - oat drink	Venti	1213	289	10.1	1.1	42.5	30.5	3.7	5.2	0.49	128.2
Lavender Velvet Latte - coconut drink	Tall	578	139	4.8	4.3	18.4	17.7	3	3.7	0.13	85.5
Lavender Velvet Latte - coconut drink	Grande	738	177	6	5.3	24.2	23.5	3.7	4.4	0.16	85.5
Lavender Velvet Latte - coconut drink	Venti	1001	241	8.5	7.5	32.2	31.1	5.3	5.8	0.21	128.2
Lavender Cream Frappuccino - semi skimmed milk	Tall	934	223	10.9	7.7	27.2	26.7	0	4.1	0.39	0
Lavender Cream Frappuccino - semi skimmed milk	Grande	1284	306	14.5	10.2	38.4	37.7	0	5.7	0.56	0
Lavender Cream Frappuccino - semi skimmed milk	Venti	1471	351	14.8	10.4	48.2	47.3	0	6.3	0.69	0
Lavender Cream Frappuccino - whole milk	Tall	1000	239	12.8	8.9	27.1	26.6	0	4	0.39	0
Lavender Cream Frappuccino - whole milk	Grande	1376	328	17.1	11.9	38.2	37.6	0	5.5	0.55	0
Lavender Cream Frappuccino - whole milk	Venti	1575	376	17.7	12.3	48	47.2	0	6.1	0.69	0
Lavender Cream Frappuccino - skimmed milk	Tall	884	211	9.5	6.7	27.3	26.8	0	4.1	0.40	0
Lavender Cream Frappuccino - skimmed milk	Grande	1215	290	12.6	8.9	38.5	37.9	0	5.7	0.56	0
Lavender Cream Frappuccino - skimmed milk	Venti	1394	332	12.6	8.9	48.3	47.5	0	6.3	0.70	0
Lavender Cream Frappuccino - almond drink	Tall	833	200	10.4	6.7	25	24.5	0.2	1.1	0.36	0
Lavender Cream Frappuccino - almond drink	Grande	1143	275	13.8	8.9	35.3	34.6	0.3	1.5	0.51	0
Lavender Cream Frappuccino - almond drink	Venti	1313	315	14	8.9	44.7	43.8	0.3	1.6	0.64	0
Lavender Cream Frappuccino - soya drink	Tall	909	217	11.1	6.9	25.2	24.5	0.6	3.9	0.39	0
Lavender Cream Frappuccino - soya drink	Grande	1249	298	14.8	9.1	35.6	34.7	0.8	5.4	0.55	0
Lavender Cream Frappuccino - soya drink	Venti	1433	342	15.1	9.2	45.1	43.9	1	6	0.68	0
Lavender Cream Frappuccino - oat drink	Tall	978	234	12.2	6.9	29.2	25.3	1	1.4	0.42	0
Lavender Cream Frappuccino - oat drink	Grande	1345	322	16.3	9.1	41.1	35.8	1.4	2	0.59	0
Lavender Cream Frappuccino - oat drink	Venti	1541	368	16.8	9.2	51.3	45.2	1.6	2.1	0.73	0
Lavender Cream Frappuccino - coconut drink	Tall	913	219	11.7	8.9	26	25.5	1.5	1.6	0.33	0
Lavender Cream Frappuccino - coconut drink	Grande	1255	301	15.6	11.9	36.7	36.1	2.1	2.2	0.47	0
Lavender Cream Frappuccino - coconut drink	Venti	1439	345	16	12.3	46.3	45.5	2.4	2.4	0.60	0
White Mocha Iced Shaken Espresso - semi skimmed milk	Tall	623	148	3.8	2.7	22.7	22	0.3	5.6	0.24	85.5
White Mocha Iced Shaken Espresso - semi skimmed milk	Grande	861	205	5.1	3.7	32.3	31.3	0.5	7.1	0.33	128.2
White Mocha Iced Shaken Espresso - semi skimmed milk	Venti	1105	263	6.4	4.6	42.1	40.7	0.6	8.7	0.41	171
White Mocha Iced Shaken Espresso - whole milk	Tall	700	167	6	4.1	22.6	21.9	0.3	5.5	0.24	85.5
White Mocha Iced Shaken Espresso - whole milk	Grande	952	226	7.7	5.3	32.2	31.2	0.5	6.9	0.32	128.2
White Mocha Iced Shaken Espresso - whole milk	Venti	1212	288	9.5	6.5	41.9	40.6	0.6	8.5	0.41	171
White Mocha Iced Shaken Espresso - skimmed milk	Tall	566	134	2.2	1.6	22.8	22.1	0.3	5.6	0.25	85.5
White Mocha Iced Shaken Espresso - skimmed milk	Grande	793	188	3.2	2.3	32.4	31.4	0.5	7.1	0.33	128.2
White Mocha Iced Shaken Espresso - skimmed milk	Venti	1025	243	4.2	3.1	42.2	40.9	0.6	8.7	0.42	171
White Mocha Iced Shaken Espresso - almond drink	Tall	506	122	3.2	1.6	20.1	19.4	0.5	2.1	0.20	85.5
White Mocha Iced Shaken Espresso - almond drink	Grande	722	173	4.4	2.3	29.3	28.2	0.7	3	0.28	128.2
White Mocha Iced Shaken Espresso - almond drink	Venti	942	226	5.6	3	38.5	37.1	0.9	3.9	0.36	171
White Mocha Iced Shaken Espresso - soya drink	Tall	594	141	4	1.8	20.4	19.5	1	5.3	0.24	85.5
White Mocha Iced Shaken Espresso - soya drink	Grande	827	196	5.4	2.6	29.6	28.3	1.3	6.8	0.32	128.2
White Mocha Iced Shaken Espresso - soya drink	Venti	1065	253	6.7	3.4	38.9	37.2	1.6	8.4	0.40	171
White Mocha Iced Shaken Espresso - oat drink	Tall	675	161	5.3	1.8	25	20.4	1.5	2.5	0.27	85.5
White Mocha Iced Shaken Espresso - oat drink	Grande	922	220	6.9	2.6	35	29.4	1.8	3.4	0.36	128.2
White Mocha Iced Shaken Espresso - oat drink	Venti	1177	280	8.5	3.4	45.3	38.5	2.2	4.4	0.45	171
White Mocha Iced Shaken Espresso - coconut drink	Tall	599	144	4.7	4.1	21.3	20.6	2	2.7	0.17	85.5
White Mocha Iced Shaken Espresso - coconut drink	Grande	832	199	6.2	5.3	30.7	29.7	2.5	3.7	0.24	128.2
White Mocha Iced Shaken Espresso - coconut drink	Venti	1071	256	7.7	6.6	40.2	38.8	3	4.7	0.31	171
Alternative Coffee Bean - Espresso Drinks		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Americano	Tall	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Americano	Grande	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Americano	Venti	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Decaf Americano	Tall	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Americano	Grande	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Americano	Venti	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Caffè Latte - semi skimmed milk	Tall	515	123	4.3	4.2	12.2	11.5	0.3	8.8	0.26	85.5
Blonde Caffè Latte - semi skimmed milk	Grande	632	151	5.2	5.2	14.9	14.2	0.3	10.8	0.32	85.5
Blonde Caffè Latte - semi skimmed milk	Venti	852	203	7.1	6.9	20.1	19.1	0.4	14.6	0.43	128.2
Blonde Caffè Latte - whole milk	Tall	677	161	8.9	5.6	11.9	11.2	0.3	8.6	0.26	85.5
Blonde Caffè Latte - whole milk	Grande	833	199	11	6.9	14.6	13.9	0.3	10.5	0.32	85.5
Blonde Caffè Latte - whole milk	Venti	1122	267	14.7	9.3	19.7	18.7	0.4	14.2	0.42	128.2
Blonde Caffè Latte - skimmed milk	Tall	394	94	0.9	0.4	12.4	11.7	0.3	8.8	0.27	85.5
Blonde Caffè Latte - skimmed milk	Grande	482	114	1	0.4	15.2	14.5	0.3	10.8	0.33	85.5
Blonde Caffè Latte - skimmed milk	Venti	650	155	1.4	0.6	20.5	19.5	0.4	14.6	0.45	128.2
Blonde Caffè Latte - almond drink	Tall	268	67	3	0.3	6.7	6	0.7	1.5	0.18	85.5
Blonde Caffè Latte - almond drink	Grande	326	81	3.7	0.3	8.2	7.5	0.9	1.8	0.22	85.5
Blonde Caffè Latte - almond drink	Venti	441	110	5	0.5	11.1	10	1.2	2.5	0.29	128.2
Blonde Caffè Latte - soya drink	Tall	454	108	4.7	0.8	7.3	6.2	1.7	8.3	0.24	85.5
Blonde Caffè Latte - soya drink	Grande	557	133	5.8	0.9	8.9	7.6	2.1	10.2	0.30	85.5
Blonde Caffè Latte - soya drink	Venti	751	179	7.9	1.3	12	10.2	2.8	13.8	0.40	128.2
Blonde Caffè Latte - oat drink	Tall	624	149	7.4	0.8	17	8.1	2.7	2.3	0.32	85.5
Blonde Caffè Latte - oat drink	Grande	767	184	9.1	0.9	20.9	10	3.3	2.7	0.39	85.5
Blonde Caffè Latte - oat drink	Venti	1033	247	12.3	1.3	28.2	13.4	4.4	3.7	0.53	128.2
Blonde Caffè Latte - coconut drink	Tall	464	113	6.2	5.6	9.3	8.6	3.9	2.7	0.11	85.5
Blonde Caffè Latte - coconut drink	Grande	569	139	7.6	7	11.3	10.6	4.8	3.3	0.14	85.5
Blonde Caffè Latte - coconut drink	Venti	767	187	10.3	9.3	15.3	14.2	6.5	4.5	0.18	128.2
Decaf Caffè Latte - semi skimmed milk	Tall	521	124	4.3	4.2	12.6	11.5	0.2	8.8	0.26	3.6
Decaf Caffè Latte - semi skimmed milk	Grande	638	152	5.2	5.2	15.3	14.2	0.2	10.8	0.32	3.6
Decaf Caffè Latte - semi skimmed milk	Venti	861	205	7.1	6.9	20.7	19.1	0.3	14.5	0.43	5.4
Decaf Caffè Latte - whole milk	Tall	683	163	8.9	5.6	12.3	11.3	0.2	8.5	0.26	3.6
Decaf Caffè Latte - whole milk	Grande	839	200	11	6.9	15	13.9	0.2	10.5	0.32	3.6
Decaf Caffè Latte - whole milk	Venti	1131	269	14.7	9.3	20.3	18.7	0.3	14.1	0.42	5.4
Decaf Caffè Latte - skimmed milk	Tall	400	95	0.9	0.4	12.8	11.8	0.2	8.8	0.27	3.6
Decaf Caffè Latte - skimmed milk	Grande	488	116	1	0.4	15.6	14.5	0.2	10.5	0.33	3.6
Decaf Caffè Latte - skimmed milk	Venti	659	157	1.4	0.6	21.1	19.5	0.3	14.5	0.45	5.4
Decaf Caffè Latte - almond drink	Tall	274	68	3	0.3	7.1	6.1	0.7	1.5	0.18	3.6
Decaf Caffè Latte - almond drink	Grande	332	83	3.7	0.3	8.6	7.5	0.8	1.7	0.22	3.6
Decaf Caffè Latte - almond drink	Venti	450	112	5	0.5	11.7	10.1	1.1	2.4	0.29	5.4
Decaf Caffè Latte - soya drink	Tall	460	109	4.7	0.8	7.7	6.2	1.7	8.3	0.24	3.6
Decaf Caffè Latte - soya drink	Grande	563	134	5.8	0.9	9.3	7.6	2	10.2	0.30	3.6
Decaf Caffè Latte - soya drink	Venti	760	181	7.9	1.3	12.6	10.2	2.8	13.7	0.40	5.4
Decaf Caffè Latte - oat drink	Tall	630	151	7.4	0.8	17.4	8.1	2.6	2.2	0.32	3.6
Decaf Caffè Latte - oat drink	Grande	773	185	9.1	0.9	21.3	10	3.2	2.7	0.39	3.6
Decaf Caffè Latte - oat drink	Venti	1042	249	12.3	1.3	28.8	13.5	4.4	3.6	0.53	5.4
Decaf Caffè Latte - coconut drink	Tall	470	114	6.2	5.6	9.7	8.6	3.9	2.7	0.11	3.6
Decaf Caffè Latte - coconut drink	Grande	575	140	7.6	7	11.7	10.6	4.7	3.3	0.14	3.6
Decaf Caffè Latte - coconut drink	Venti	776	189	10.3	9.3	15.9	14.3	6.4	4.4	0.18	5.4
Blonde Latte Macchiato - semi skimmed milk	Tall	472	112	3.9	3.8	11.2	10.5	0.3	8.1	0.24	85.5
Blonde Latte Macchiato - semi skimmed milk	Grande	612	146	5.1	5	14.4	13.7	0.3	10.5	0.31	85.5
Blonde Latte Macchiato - semi skimmed milk	Venti	809	193	6.7	6.6	19.1	18.1	0.4	13.8	0.41	128.2
Blonde Latte Macchiato - whole milk	Tall	620	148	8.1	5.1	10.9	10.3	0.3	7.8	0.23	85.5
Blonde Latte Macchiato - whole milk	Grande	8									

Blonde Latte Macchiato - oat drink	Grande	743	178	8.8	0.9	20.2	9.7	3.2	2.6	0.38	85.5
Blonde Latte Macchiato - oat drink	Venti	981	235	11.7	1.2	26.7	12.7	4.2	3.5	0.50	128.2
Blonde Latte Macchiato - coconut drink	Tall	425	104	5.7	5.1	8.5	7.8	3.6	2.5	0.10	85.5
Blonde Latte Macchiato - coconut drink	Grande	551	134	7.4	6.7	10.9	10.3	4.6	3.2	0.13	85.5
Blonde Latte Macchiato - coconut drink	Venti	729	177	9.7	8.8	14.5	13.5	6.1	4.3	0.17	128.2
Decaf Latte Macchiato - semi skimmed milk	Tall	478	114	3.9	3.8	11.6	10.5	0.2	8	0.24	3.6
Decaf Latte Macchiato - semi skimmed milk	Grande	618	147	5.1	5	14.8	13.8	0.2	10.4	0.31	3.6
Decaf Latte Macchiato - semi skimmed milk	Venti	818	195	6.7	6.6	19.7	18.1	0.3	13.8	0.41	5.4
Decaf Latte Macchiato - whole milk	Tall	626	149	8.1	5.1	11.3	10.3	0.2	7.8	0.23	3.6
Decaf Latte Macchiato - whole milk	Grande	812	194	10.6	6.7	14.5	13.5	0.2	10.1	0.31	3.6
Decaf Latte Macchiato - whole milk	Venti	1073	256	13.9	8.8	19.3	17.7	0.3	13.4	0.40	5.4
Decaf Latte Macchiato - skimmed milk	Tall	367	87	0.8	0.3	11.8	10.7	0.2	8	0.24	3.6
Decaf Latte Macchiato - skimmed milk	Grande	473	112	1	0.4	15.1	14.1	0.2	10.4	0.32	3.6
Decaf Latte Macchiato - skimmed milk	Venti	627	149	1.3	0.6	20.1	18.5	0.3	13.8	0.42	5.4
Decaf Latte Macchiato - almond drink	Tall	252	63	2.7	0.3	6.6	5.5	0.7	1.4	0.16	3.6
Decaf Latte Macchiato - almond drink	Grande	322	80	3.6	0.3	8.3	7.3	0.8	1.7	0.21	3.6
Decaf Latte Macchiato - almond drink	Venti	428	107	4.7	0.4	11.1	9.6	1.1	2.3	0.28	5.4
Decaf Latte Macchiato - soya drink	Tall	422	101	4.3	0.7	7.1	5.6	1.6	7.6	0.22	3.6
Decaf Latte Macchiato - soya drink	Grande	545	130	5.7	0.9	9	7.4	2	9.9	0.29	3.6
Decaf Latte Macchiato - soya drink	Venti	722	172	7.5	1.2	12.1	9.7	2.6	13	0.38	5.4
Decaf Latte Macchiato - oat drink	Tall	577	138	6.8	0.7	16	7.4	2.4	2	0.29	3.6
Decaf Latte Macchiato - oat drink	Grande	749	179	8.8	0.9	20.6	9.7	3.1	2.6	0.38	3.6
Decaf Latte Macchiato - oat drink	Venti	989	237	11.7	1.2	27.3	12.8	4.2	3.5	0.50	5.4
Decaf Latte Macchiato - coconut drink	Tall	431	105	5.7	5.1	8.9	7.9	3.5	2.5	0.10	3.6
Decaf Latte Macchiato - coconut drink	Grande	557	135	7.4	6.7	11.3	10.3	4.6	3.2	0.13	3.6
Decaf Latte Macchiato - coconut drink	Venti	738	179	9.7	8.8	15.1	13.5	6.1	4.2	0.17	5.4
Blonde Espresso Doppio	Doppio	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Decaf Espresso Doppio	Doppio	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Blonde Espresso	Single	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Decaf Espresso	Single	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Blonde Espresso Con Panna - Doppio	Double	200	49	4.2	3	1.9	1.2	0.3	0.6	0.01	85.5
Decaf Espresso Con Panna - Doppio	Double	206	50	4.2	3	2.3	1.2	0.2	0.6	0.01	3.6
Blonde Espresso Con Panna	Single	188	46	4.2	3	1.5	1.1	0.1	0.4	0.01	42.7
Decaf Espresso Con Panna	Single	191	46	4.2	3	1.7	1.2	0.1	0.4	0.01	1.8
Blonde Espresso Macchiato - semi skimmed milk	Single	23	6	0.2	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - whole milk	Single	27	7	0.3	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - skimmed milk	Single	21	5	0.1	0	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - almond drink	Single	18	4	0.1	0	0.5	0.2	0.1	0.2	0.00	42.7
Blonde Espresso Macchiato - soya drink	Single	22	5	0.2	0	0.5	0.2	0.2	0.3	0.01	42.7
Blonde Espresso Macchiato - oat drink	Single	26	6	0.2	0	0.7	0.2	0.2	0.2	0.01	42.7
Blonde Espresso Macchiato - coconut drink	Single	22	5	0.2	0.1	0.6	0.2	0.2	0.2	0.00	42.7
Decaf Espresso Macchiato - semi skimmed milk	Single	26	6	0.2	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - whole milk	Single	30	7	0.3	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - skimmed milk	Single	24	6	0.1	0	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - almond drink	Single	21	5	0.1	0	0.7	0.2	0.1	0.2	0.00	1.8
Decaf Espresso Macchiato - soya drink	Single	25	6	0.2	0	0.7	0.2	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - oat drink	Single	29	7	0.2	0	0.9	0.2	0.2	0.2	0.01	1.8
Decaf Espresso Macchiato - coconut drink	Single	25	6	0.2	0.1	0.8	0.2	0.2	0.2	0.00	1.8
Blonde Espresso Macchiato - Doppio - semi skimmed milk	Double	58	14	0.4	0.3	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - whole milk	Double	69	17	0.7	0.4	1.5	0.8	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - skimmed milk	Double	50	12	0.2	0.1	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - almond drink	Double	41	10	0.3	0.1	1.2	0.5	0.3	0.4	0.01	85.5
Blonde Espresso Macchiato - Doppio - soya drink	Double	54	13	0.4	0.1	1.2	0.5	0.4	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - oat drink	Double	65	16	0.6	0.1	1.9	0.6	0.4	0.4	0.02	85.5
Blonde Espresso Macchiato - Doppio - coconut drink	Double	55	13	0.5	0.4	1.3	0.7	0.5	0.5	0.01	85.5
Decaf Espresso Macchiato - Doppio - semi skimmed milk	Double	64	15	0.4	0.3	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - whole milk	Double	75	18	0.7	0.4	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - skimmed milk	Double	56	14	0.2	0.1	2	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - almond drink	Double	47	12	0.3	0.1	1.6	0.5	0.3	0.4	0.01	3.6
Decaf Espresso Macchiato - Doppio - soya drink	Double	60	14	0.4	0.1	1.6	0.5	0.3	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - oat drink	Double	71	17	0.6	0.1	2.3	0.7	0.4	0.4	0.02	3.6
Decaf Espresso Macchiato - Doppio - coconut drink	Double	61	15	0.5	0.4	1.7	0.7	0.5	0.4	0.01	3.6
Blonde Cappuccino - semi skimmed milk	Tall	428	102	3.5	3.4	10.1	9.5	0.3	7.3	0.22	85.5
Blonde Cappuccino - semi skimmed milk	Grande	542	129	4.5	4.4	12.8	12.1	0.3	9.3	0.28	85.5
Blonde Cappuccino - semi skimmed milk	Venti	702	167	5.8	5.7	16.6	15.6	0.4	12	0.36	128.2
Blonde Cappuccino - whole milk	Tall	561	134	7.3	4.6	9.9	9.3	0.3	7.1	0.21	85.5
Blonde Cappuccino - whole milk	Grande	713	170	9.3	5.9	12.5	11.8	0.3	9	0.27	85.5
Blonde Cappuccino - whole milk	Venti	923	220	12	7.6	16.3	15.3	0.4	11.7	0.35	128.2
Blonde Cappuccino - skimmed milk	Tall	328	78	0.7	0.3	10.3	9.7	0.3	7.3	0.22	85.5
Blonde Cappuccino - skimmed milk	Grande	414	98	0.9	0.4	13	12.4	0.3	9.3	0.28	85.5
Blonde Cappuccino - skimmed milk	Venti	538	128	1.2	0.5	16.9	15.9	0.4	12	0.36	128.2
Blonde Cappuccino - almond drink	Tall	225	56	2.5	0.2	5.7	5	0.7	1.3	0.15	85.5
Blonde Cappuccino - almond drink	Grande	281	70	3.2	0.3	7	6.4	0.8	1.6	0.19	85.5
Blonde Cappuccino - almond drink	Venti	367	92	4.1	0.4	9.2	8.2	1.1	2.1	0.24	128.2
Blonde Cappuccino - soya drink	Tall	378	90	3.9	0.6	6.1	5.1	1.5	6.9	0.20	85.5
Blonde Cappuccino - soya drink	Grande	478	114	5	0.8	7.7	6.5	1.8	8.8	0.26	85.5
Blonde Cappuccino - soya drink	Venti	620	148	6.5	1.1	10	8.4	2.4	11.3	0.33	128.2
Blonde Cappuccino - oat drink	Tall	518	124	6.1	0.6	14.1	6.7	2.3	1.9	0.26	85.5
Blonde Cappuccino - oat drink	Grande	657	157	7.8	0.8	17.9	8.5	2.8	2.4	0.33	85.5
Blonde Cappuccino - oat drink	Venti	850	204	10.1	1.1	23.2	11	3.7	3.1	0.43	128.2
Blonde Cappuccino - coconut drink	Tall	386	94	5.1	4.6	7.7	7.1	3.3	2.3	0.09	85.5
Blonde Cappuccino - coconut drink	Grande	488	119	6.5	5.9	9.7	9	4.1	2.9	0.12	85.5
Blonde Cappuccino - coconut drink	Venti	633	154	8.4	7.6	12.7	11.7	5.3	3.8	0.15	128.2
Decaf Cappuccino - semi skimmed milk	Tall	434	103	3.5	3.4	10.5	9.5	0.2	7.2	0.22	3.6
Decaf Cappuccino - semi skimmed milk	Grande	547	130	4.5	4.4	13.2	12.1	0.2	9.2	0.28	3.6
Decaf Cappuccino - semi skimmed milk	Venti	711	169	5.8	5.7	17.2	15.6	0.3	11.9	0.36	5.4
Decaf Cappuccino - whole milk	Tall	567	135	7.3	4.6	10.3	9.3	0.2	7	0.21	3.6
Decaf Cappuccino - whole milk	Grande	719	171	9.3	5.9	12.9	11.9	0.2	9	0.27	3.6
Decaf Cappuccino - whole milk	Venti	932	222	12	7.6	16.9	15.3	0.3	11.6	0.35	5.4
Decaf Cappuccino - skimmed milk	Tall	334	79	0.7	0.3	10.7	9.7	0.2	7.2	0.22	3.6
Decaf Cappuccino - skimmed milk	Grande	420	100	0.9	0.4	13.4	12.4	0.2	9.2	0.28	3.6
Decaf Cappuccino - skimmed milk	Venti	547	130	1.2	0.5	17.5	16	0.3	11.9	0.36	5.4
Decaf Cappuccino - almond drink	Tall	230	57	2.5	0.2	6.1	5	0.6	1.3	0.15	3.6
Decaf Cappuccino - almond drink	Grande	287	72	3.2	0.3	7.5	6.4	0.7	1.5	0.19	3.6
Decaf Cappuccino - almond drink	Venti	376	94	4.1	0.4	9.8	8.3	1	2	0.24	5.4
Decaf Cappuccino - soya drink	Tall	384	91	3.9	0.6	6.6	5.1	1.4	6.8	0.20	3.6
Decaf Cappuccino - soya drink	Grande	484	115	5	0.8	8.1	6.5	1.8	8.7	0.26	3.6
Decaf Cappuccino - soya drink	Venti	629	150	6.5	1.1	10.6	8.4	2.3	11.3	0.33	5.4
Decaf Cappuccino - oat drink	Tall	523	125	6.1	0.6	14.5	6.7	2.2	1.9	0.26	3.6
Decaf Cappuccino - oat drink	Grande	662	158	7.8	0.8	18.3	8.5	2.8	2.3	0.33	3.6
Decaf Cappuccino - oat drink	Venti	859	206	10.1	1.1	23.8	11	3.6	3	0.43	5.4
Decaf Cappuccino - coconut drink	Tall	392	95	5.1	4.6	8.1	7.1	3.2	2.3	0.09	3.6
Decaf Cappuccino - coconut drink	Grande	494	120	6.5	5.9	10.1	9.1	4.1	2.8	0.12	3.6
Decaf Cappuccino - coconut drink	Venti	642	156	8.4	7.6	13.3	11.7	5.3	3.7	0.15	5.4
Blonde Flat White - semi skimmed milk	Short	242	58	2	1.9	5.8	5.1	0.3	4.1	0.12	85.5
Blonde Flat White - whole milk	Short	314	75	4	2.5	5.7	5	0.3	4	0.11	85.5
Blonde Flat White - skimmed milk	Short	189	45	0.5	0.2	5.9	5.2	0.3	4.1	0.12	85.5
Blonde Flat White - almond drink	Short	133	33	1.4	0.2	3.4	2.7	0.5	0.8	0.08	85.5
Blonde Flat White - soya drink	Short	215	51	2.2	0.4	3.7	2.8	0.9	3.9	0.11	85.5
Blonde Flat White - oat drink	Short	291	70	3.4	0.4	8	3.6	1.3	1.2	0.14	85.5
Blonde Flat White - coconut drink	Short	220	54	2.8	2.5	4.5	3.9	1.9	1.4	0.05	85.5
Decaf Flat White - semi skimmed milk	Short	248	59	2	1.9	6.2	5.2	0.2	4	0.12	3.6
Decaf Flat White - whole milk	Short	320	76	4	2.5	6.1	5.1	0.2	3.9	0.11	3.6
Decaf Flat White - skimmed milk	Short	194	46	0.5	0.2	6.3	5.3	0.2	4	0.12	3.6
Decaf Flat White - almond drink	Short	139	35	1.4	0.2	3.8	2.8	0.4	0.8	0.08	3.6
Decaf Flat White - soya drink	Short	221	53	2.2	0.4	4.1	2.8	0.9	3.8	0.11	3.6
Decaf Flat White - oat drink	Short	296	71	3.4	0.4	8					

Blonde Caramel Macchiato - skimmed milk	Venti	951	225	2.2	1.1	37.1	35.6	0.4	13.9	0.45	128.2
Blonde Caramel Macchiato - almond drink	Tall	466	114	3.7	0.8	16.9	15.8	0.7	1.5	0.19	85.5
Blonde Caramel Macchiato - almond drink	Grande	594	145	4.5	0.9	22.1	21	0.9	1.8	0.24	85.5
Blonde Caramel Macchiato - almond drink	Venti	753	184	5.6	1	28.2	26.6	1.2	2.4	0.30	128.2
Blonde Caramel Macchiato - soya drink	Tall	643	153	5.3	1.3	17.4	15.9	1.6	8	0.26	85.5
Blonde Caramel Macchiato - soya drink	Grande	823	195	6.6	1.5	22.8	21.1	2.1	10.2	0.32	85.5
Blonde Caramel Macchiato - soya drink	Venti	1047	248	8.3	1.7	29.1	26.8	2.7	13.1	0.41	128.2
Blonde Caramel Macchiato - oat drink	Tall	804	192	7.9	1.3	26.6	17.7	2.6	2.2	0.33	85.5
Blonde Caramel Macchiato - oat drink	Grande	1031	246	9.9	1.5	34.7	23.5	3.2	2.8	0.41	85.5
Blonde Caramel Macchiato - oat drink	Venti	1314	313	12.5	1.7	44.4	29.8	4.2	3.6	0.52	128.2
Blonde Caramel Macchiato - coconut drink	Tall	652	157	6.7	5.9	19.3	18.2	3.7	2.7	0.13	85.5
Blonde Caramel Macchiato - coconut drink	Grande	835	201	8.4	7.4	25.2	24.1	4.7	3.4	0.16	85.5
Blonde Caramel Macchiato - coconut drink	Venti	1062	256	10.6	9.4	32.2	30.6	6.1	4.4	0.20	128.2
Decaf Caramel Macchiato - semi skimmed milk	Tall	706	168	4.9	4.5	22.4	21	0.2	8.4	0.27	3.6
Decaf Caramel Macchiato - semi skimmed milk	Grande	903	214	6	5.6	29.2	27.7	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - semi skimmed milk	Venti	1151	273	7.5	7.1	37.4	35.2	0.3	13.8	0.44	5.4
Decaf Caramel Macchiato - whole milk	Tall	860	205	9.3	5.8	22.2	20.8	0.2	8.2	0.27	3.6
Decaf Caramel Macchiato - whole milk	Grande	1102	262	11.7	7.4	28.9	27.4	0.2	10.4	0.34	3.6
Decaf Caramel Macchiato - whole milk	Venti	1407	334	14.8	9.3	37	34.8	0.3	13.5	0.43	5.4
Decaf Caramel Macchiato - skimmed milk	Tall	591	140	1.7	0.9	22.7	21.2	0.2	8.4	0.28	3.6
Decaf Caramel Macchiato - skimmed milk	Grande	754	179	1.9	1	29.5	28	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - skimmed milk	Venti	960	228	2.2	1.1	37.7	35.6	0.3	13.8	0.45	5.4
Decaf Caramel Macchiato - almond drink	Tall	472	115	3.7	0.8	17.3	15.8	0.7	1.5	0.19	3.6
Decaf Caramel Macchiato - almond drink	Grande	600	146	4.5	0.9	22.5	21	0.8	1.8	0.24	3.6
Decaf Caramel Macchiato - almond drink	Venti	762	186	5.6	1	28.8	26.7	1.1	2.4	0.30	5.4
Decaf Caramel Macchiato - soya drink	Tall	649	154	5.3	1.3	17.8	15.9	1.6	7.9	0.26	3.6
Decaf Caramel Macchiato - soya drink	Grande	829	197	6.6	1.5	23.2	21.1	2	10.1	0.32	3.6
Decaf Caramel Macchiato - soya drink	Venti	1056	250	8.3	1.7	29.7	26.8	2.6	13.1	0.41	5.4
Decaf Caramel Macchiato - oat drink	Tall	810	193	7.9	1.3	27	17.8	2.5	2.2	0.33	3.6
Decaf Caramel Macchiato - oat drink	Grande	1036	247	9.9	1.5	35.1	23.5	3.2	2.7	0.41	3.6
Decaf Caramel Macchiato - oat drink	Venti	1323	315	12.5	1.7	45	29.9	4.2	3.5	0.52	5.4
Decaf Caramel Macchiato - coconut drink	Tall	658	159	6.7	5.9	19.7	18.2	3.7	2.6	0.13	3.6
Decaf Caramel Macchiato - coconut drink	Grande	841	203	8.4	7.4	25.6	24.1	4.7	3.3	0.16	3.6
Decaf Caramel Macchiato - coconut drink	Venti	1071	258	10.6	9.4	32.8	30.6	6.1	4.3	0.20	5.4
Blonde Mocha - semi skimmed milk	Tall	855	204	9.4	7.4	20.4	19.1	1.5	8.8	0.21	85.5
Blonde Mocha - semi skimmed milk	Grande	1099	262	11	8.8	28.1	26.4	2.2	11.7	0.28	85.5
Blonde Mocha - semi skimmed milk	Venti	1382	330	13	10.5	36.6	34.2	2.9	15.1	0.35	128.2
Blonde Mocha - whole milk	Tall	976	233	12.8	8.5	20.3	18.9	1.5	8.6	0.21	85.5
Blonde Mocha - whole milk	Grande	1260	301	15.5	10.2	27.9	26.2	2.2	11.5	0.27	85.5
Blonde Mocha - whole milk	Venti	1586	378	18.8	12.3	36.2	33.9	2.9	14.8	0.34	128.2
Blonde Mocha - skimmed milk	Tall	764	183	6.8	4.6	20.6	19.3	1.5	8.8	0.22	85.5
Blonde Mocha - skimmed milk	Grande	980	234	7.6	5	28.4	26.7	2.2	11.7	0.28	85.5
Blonde Mocha - skimmed milk	Venti	1230	293	8.8	5.7	36.9	34.5	2.9	15.1	0.36	128.2
Blonde Mocha - almond drink	Tall	670	163	8.4	4.5	16.4	15.1	1.9	3.3	0.15	85.5
Blonde Mocha - almond drink	Grande	855	207	9.7	5	22.8	21.1	2.6	4.5	0.19	85.5
Blonde Mocha - almond drink	Venti	1072	260	11.5	5.7	29.7	27.4	3.5	5.9	0.24	128.2
Blonde Mocha - soya drink	Tall	810	193	9.7	4.9	16.8	15.1	2.6	8.4	0.20	85.5
Blonde Mocha - soya drink	Grande	1039	248	11.4	5.4	23.3	21.2	3.6	11.3	0.26	85.5
Blonde Mocha - soya drink	Venti	1306	311	13.6	6.3	30.5	27.5	4.8	14.5	0.33	128.2
Blonde Mocha - oat drink	Tall	936	224	11.7	4.9	24.1	16.6	3.3	3.9	0.25	85.5
Blonde Mocha - oat drink	Grande	1207	289	14.1	5.4	32.9	23.1	4.6	5.3	0.33	85.5
Blonde Mocha - oat drink	Venti	1519	363	17	6.3	42.6	29.9	6	6.9	0.42	128.2
Blonde Mocha - coconut drink	Tall	817	197	10.8	8.5	18.3	16.9	4.2	4.3	0.10	85.5
Blonde Mocha - coconut drink	Grande	1049	253	12.9	10.2	25.3	23.6	5.8	5.8	0.13	85.5
Blonde Mocha - coconut drink	Venti	1318	317	15.5	12.3	32.9	30.6	7.5	7.5	0.16	128.2
Decaf Mocha - semi skimmed milk	Tall	964	230	9.7	7.6	25.3	23.2	2.1	9.3	0.20	3.6
Decaf Mocha - semi skimmed milk	Grande	1189	283	11.2	8.8	32.5	30.1	2.7	11.9	0.26	3.6
Decaf Mocha - semi skimmed milk	Venti	1514	361	13.6	10.8	42.1	38.8	3.5	15.9	0.35	5.4
Decaf Mocha - whole milk	Tall	1078	257	13	8.6	25.1	23.1	2.1	9.1	0.20	3.6
Decaf Mocha - whole milk	Grande	1336	319	15.3	10.1	32.3	29.9	2.7	11.7	0.25	3.6
Decaf Mocha - whole milk	Venti	1718	410	19.3	12.6	41.8	38.5	3.5	15.6	0.34	5.4
Decaf Mocha - skimmed milk	Tall	878	210	7.3	4.9	25.5	23.4	2.1	9.3	0.21	3.6
Decaf Mocha - skimmed milk	Grande	1079	257	8.1	5.3	32.7	30.3	2.7	11.9	0.26	3.6
Decaf Mocha - skimmed milk	Venti	1362	324	9.3	6.1	42.4	39.1	3.5	15.9	0.36	5.4
Decaf Mocha - almond drink	Tall	790	191	8.8	4.8	21.5	19.4	2.5	4.1	0.14	3.6
Decaf Mocha - almond drink	Grande	965	233	10	5.3	27.6	25.2	3.2	5.3	0.18	3.6
Decaf Mocha - almond drink	Venti	1204	291	12	6	35.3	32	4.1	6.8	0.24	5.4
Decaf Mocha - soya drink	Tall	921	220	10.1	5.2	21.9	19.5	3.1	8.9	0.19	3.6
Decaf Mocha - soya drink	Grande	1134	270	11.6	5.7	28.1	25.3	4.1	11.5	0.24	3.6
Decaf Mocha - soya drink	Venti	1438	343	14.2	6.6	36	32.1	5.3	15.3	0.33	5.4
Decaf Mocha - oat drink	Tall	1041	249	11.9	5.2	28.7	20.8	3.8	4.7	0.24	3.6
Decaf Mocha - oat drink	Grande	1288	308	14	5.7	36.9	27	4.9	6	0.31	3.6
Decaf Mocha - oat drink	Venti	1651	394	17.5	6.6	48.1	34.6	6.5	7.7	0.42	5.4
Decaf Mocha - coconut drink	Tall	928	223	11.1	8.6	23.2	21.2	4.7	5	0.10	3.6
Decaf Mocha - coconut drink	Grande	1143	275	12.9	10.1	29.9	27.5	6	6.4	0.12	3.6
Decaf Mocha - coconut drink	Venti	1450	349	16	12.7	38.4	35.2	8	8.3	0.16	5.4
Blonde White Mocha - semi skimmed milk	Tall	961	229	9.9	8.1	26.8	26.2	0.3	8	0.32	85.5
Blonde White Mocha - semi skimmed milk	Grande	1250	298	11.7	9.7	37.5	36.9	0.3	10.4	0.43	85.5
Blonde White Mocha - semi skimmed milk	Venti	1628	388	14.4	12.1	50.1	49.1	0.5	14.1	0.58	128.2
Blonde White Mocha - whole milk	Tall	1078	257	13.2	9.1	26.7	26	0.3	7.8	0.32	85.5
Blonde White Mocha - whole milk	Grande	1401	334	16	11	37.3	36.6	0.3	10.2	0.43	85.5
Blonde White Mocha - whole milk	Venti	1834	437	20.3	13.9	49.8	48.8	0.5	13.8	0.58	128.2
Blonde White Mocha - skimmed milk	Tall	873	208	7.5	5.3	27	26.3	0.3	8	0.32	85.5
Blonde White Mocha - skimmed milk	Grande	1137	271	8.5	6.1	37.8	37.1	0.3	10.4	0.44	85.5
Blonde White Mocha - skimmed milk	Venti	1474	351	10.1	7.2	50.4	49.4	0.5	14.1	0.59	128.2
Blonde White Mocha - almond drink	Tall	783	189	9	5.3	22.9	22.3	0.6	2.8	0.26	85.5
Blonde White Mocha - almond drink	Grande	1020	246	10.5	6.1	32.5	31.8	0.8	3.6	0.36	85.5
Blonde White Mocha - almond drink	Venti	1314	317	12.8	7.1	43.2	42.2	1.1	4.8	0.48	128.2
Blonde White Mocha - soya drink	Tall	917	219	10.3	5.6	23.4	22.3	1.3	7.7	0.31	85.5
Blonde White Mocha - soya drink	Grande	1193	284	12.2	6.5	33	31.9	1.7	10	0.42	85.5
Blonde White Mocha - soya drink	Venti	1551	369	15	7.8	44	42.3	2.3	13.5	0.56	128.2
Blonde White Mocha - oat drink	Tall	1039	248	12.2	5.6	30.3	23.7	2	3.3	0.36	85.5
Blonde White Mocha - oat drink	Grande	1352	323	14.6	6.5	42	33.7	2.6	4.3	0.49	85.5
Blonde White Mocha - oat drink	Venti	1766	422	18.4	7.8	56.3	44.8	3.5	5.8	0.65	128.2
Blonde White Mocha - coconut drink	Tall	924	222	11.3	9.1	24.7	24.1	2.9	3.6	0.21	85.5
Blonde White Mocha - coconut drink	Grande	1203	289	13.5	11	34.8	34.1	3.7	4.8	0.29	85.5
Blonde White Mocha - coconut drink	Venti	1563	375	16.9	13.9	46.4	45.4	5.1	6.4	0.39	128.2
Decaf White Mocha - semi skimmed milk	Tall	1114	266	10.5	8.5	34.7	33.6	0.3	8	0.36	3.6
Decaf White Mocha - semi skimmed milk	Grande	1450	345	12.7	10.5	46.5	45.4	0.3	11.2	0.50	3.6
Decaf White Mocha - semi skimmed milk	Venti	1754	418	14.7	12.2	57.5	55.9	0.4	13.5	0.61	5.4
Decaf White Mocha - whole milk	Tall	1220	291	13.5	9.4	34.5	33.5	0.3	7.8	0.36	3.6
Decaf White Mocha - whole milk	Grande	1605	382	17.1	11.8	46.2	45.2	0.3	11	0.49	3.6
Decaf White Mocha - whole milk	Venti	1938	462	20	13.8	57.2	55.6	0.4	13.2	0.60	5.4
Decaf White Mocha - skimmed milk	Tall	1036	247	8.3	6	34.8	33.8	0.3	8	0.36	3.6
Decaf White Mocha - skimmed milk	Grande	1334	317	9.4	6.8	46.7	45.6	0.3	11.2	0.51	3.6
Decaf White Mocha - skimmed milk	Venti	1616	384	10.9	7.9	57.7	56.2	0.4	13.5	0.62	5.4
Decaf White Mocha - almond drink	Tall	954	229	9.7	5.9	31.2	30.1	0.6	3.2	0.31	3.6
Decaf White Mocha - almond drink	Grande	1214	292	11.5	6.8	41.3	40.2	0.7	4.2	0.42	3.6
Decaf White Mocha - almond drink	Venti	1473	354	13.3	7.8	51.3	49.7	1	5.2	0.51	5.4
Decaf White Mocha - soya drink	Tall	1075	256	10.8	6.3	31.5	30.2	1.2	7.7	0.35	3.6
Decaf White Mocha - soya drink	Grande	1392	331	13.1	7.2	41.8	40.3	1.7	10.7	0.48	3.6
Decaf White Mocha - soya drink	Venti	1685	401	15.3	8.4	52	49.8	2.1	13	0.59	5.4
Decaf White Mocha - oat drink	Tall	1185	283	12.5	6.3	37.8	31.4				

Blonde Iced Latte - semi skimmed milk	Tall	342	82	2.8	2.7	8.1	7.5	0.3	5.8	0.17	85.5
Blonde Iced Latte - semi skimmed milk	Grande	532	127	4.4	4.3	12.6	11.9	0.3	9.1	0.27	85.5
Blonde Iced Latte - semi skimmed milk	Venti	539	128	4.4	4.3	12.8	11.8	0.4	9.2	0.27	128.2
Blonde Iced Latte - whole milk	Tall	447	107	5.8	3.6	8	7.3	0.3	5.6	0.17	85.5
Blonde Iced Latte - whole milk	Grande	700	167	9.2	5.8	12.3	11.6	0.3	8.8	0.26	85.5
Blonde Iced Latte - whole milk	Venti	705	168	9.1	5.7	12.6	11.5	0.4	8.9	0.26	128.2
Blonde Iced Latte - skimmed milk	Tall	264	63	0.6	0.2	8.3	7.6	0.3	5.8	0.17	85.5
Blonde Iced Latte - skimmed milk	Grande	406	97	0.9	0.4	12.8	12.1	0.3	9.1	0.28	85.5
Blonde Iced Latte - skimmed milk	Venti	415	99	0.9	0.4	13.1	12	0.4	9.2	0.27	128.2
Blonde Iced Latte - almond drink	Tall	182	46	2	0.2	4.6	3.9	0.6	1.1	0.11	85.5
Blonde Iced Latte - almond drink	Grande	276	69	3.1	0.3	6.9	6.3	0.8	1.5	0.18	85.5
Blonde Iced Latte - almond drink	Venti	286	71	3.1	0.3	7.2	6.2	0.9	1.7	0.18	128.2
Blonde Iced Latte - soya drink	Tall	303	72	3.1	0.5	5	4	1.2	5.5	0.16	85.5
Blonde Iced Latte - soya drink	Grande	469	112	4.9	0.8	7.5	6.4	1.8	8.6	0.25	85.5
Blonde Iced Latte - soya drink	Venti	477	114	4.9	0.8	7.8	6.3	1.9	8.7	0.25	128.2
Blonde Iced Latte - oat drink	Tall	413	99	4.8	0.5	11.3	5.3	1.8	1.6	0.21	85.5
Blonde Iced Latte - oat drink	Grande	645	154	7.7	0.8	17.6	8.4	2.8	2.3	0.33	85.5
Blonde Iced Latte - oat drink	Venti	650	156	7.6	0.8	17.8	8.3	2.9	2.5	0.32	128.2
Blonde Iced Latte - coconut drink	Tall	309	75	4.1	3.7	6.3	5.6	2.6	1.9	0.07	85.5
Blonde Iced Latte - coconut drink	Grande	479	117	6.4	5.8	9.5	8.9	4	2.8	0.11	85.5
Blonde Iced Latte - coconut drink	Venti	487	119	6.4	5.8	9.8	8.8	4.1	3	0.11	128.2
Decaf Iced Latte - semi skimmed milk	Tall	348	83	2.8	2.7	8.5	7.5	0.2	5.8	0.17	3.6
Decaf Iced Latte - semi skimmed milk	Grande	538	128	4.4	4.3	13	11.9	0.2	9	0.27	3.6
Decaf Iced Latte - semi skimmed milk	Venti	548	131	4.4	4.3	13.4	11.8	0.3	9.1	0.27	5.4
Decaf Iced Latte - whole milk	Tall	453	108	5.8	3.6	8.4	7.3	0.2	5.6	0.17	3.6
Decaf Iced Latte - whole milk	Grande	706	168	9.2	5.8	12.7	11.6	0.2	8.8	0.26	3.6
Decaf Iced Latte - whole milk	Venti	714	170	9.1	5.7	13.2	11.6	0.3	8.8	0.26	5.4
Decaf Iced Latte - skimmed milk	Tall	270	64	0.6	0.2	8.7	7.6	0.2	5.8	0.17	3.6
Decaf Iced Latte - skimmed milk	Grande	412	98	0.9	0.4	13.2	12.2	0.2	9	0.28	3.6
Decaf Iced Latte - skimmed milk	Venti	424	101	0.9	0.4	13.7	12.1	0.3	9.1	0.27	5.4
Decaf Iced Latte - almond drink	Tall	188	47	2	0.2	5	4	0.5	1	0.11	3.6
Decaf Iced Latte - almond drink	Grande	282	70	3.1	0.3	7.3	6.3	0.7	1.5	0.18	3.6
Decaf Iced Latte - almond drink	Venti	295	73	3.1	0.3	7.9	6.3	0.8	1.6	0.18	5.4
Decaf Iced Latte - soya drink	Tall	309	74	3.1	0.5	5.4	4	1.2	5.4	0.16	3.6
Decaf Iced Latte - soya drink	Grande	475	113	4.9	0.8	7.9	6.4	1.7	8.5	0.25	3.6
Decaf Iced Latte - soya drink	Venti	486	116	4.9	0.8	8.5	6.4	1.8	8.6	0.25	5.4
Decaf Iced Latte - oat drink	Tall	419	100	4.8	0.5	11.7	5.3	1.8	1.5	0.21	3.6
Decaf Iced Latte - oat drink	Grande	651	156	7.7	0.8	18	8.4	2.7	2.3	0.33	3.6
Decaf Iced Latte - oat drink	Venti	659	158	7.6	0.8	18.4	8.4	2.8	2.4	0.32	5.4
Decaf Iced Latte - coconut drink	Tall	315	77	4.1	3.7	6.7	5.6	2.6	1.8	0.07	3.6
Decaf Iced Latte - coconut drink	Grande	485	118	6.4	5.8	9.9	8.9	4	2.8	0.11	3.6
Decaf Iced Latte - coconut drink	Venti	495	121	6.4	5.8	10.4	8.8	4.1	2.9	0.11	5.4
Blonde Classic Iced Cappuccino - semi skimmed milk	Tall	293	70	2.4	2.3	7	6.3	0.3	5	0.14	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Grande	442	105	3.6	3.5	10.5	9.8	0.3	7.5	0.22	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Venti	478	114	3.9	3.8	11.4	10.4	0.4	8.1	0.24	128.2
Blonde Classic Iced Cappuccino - whole milk	Tall	382	91	4.9	3.1	6.9	6.2	0.3	4.8	0.14	85.5
Blonde Classic Iced Cappuccino - whole milk	Grande	580	138	7.6	4.8	10.2	9.6	0.3	7.3	0.22	85.5
Blonde Classic Iced Cappuccino - whole milk	Venti	624	149	8	5.1	11.2	10.2	0.4	7.9	0.23	128.2
Blonde Classic Iced Cappuccino - skimmed milk	Tall	227	54	0.5	0.2	7.1	6.4	0.3	5	0.15	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Grande	338	80	0.8	0.3	10.7	10	0.3	7.5	0.23	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Venti	369	88	0.9	0.4	11.6	10.6	0.4	8.1	0.24	128.2
Blonde Classic Iced Cappuccino - almond drink	Tall	158	39	1.7	0.2	4	3.3	0.5	1	0.10	85.5
Blonde Classic Iced Cappuccino - almond drink	Grande	231	58	2.6	0.2	5.8	5.2	0.7	1.3	0.15	85.5
Blonde Classic Iced Cappuccino - almond drink	Venti	256	64	2.8	0.3	6.5	5.5	0.8	1.5	0.16	128.2
Blonde Classic Iced Cappuccino - soya drink	Tall	260	62	2.7	0.4	4.3	3.4	1.1	4.7	0.13	85.5
Blonde Classic Iced Cappuccino - soya drink	Grande	390	93	4.1	0.7	6.3	5.2	1.5	7.1	0.21	85.5
Blonde Classic Iced Cappuccino - soya drink	Venti	423	101	4.3	0.7	7	5.6	1.7	7.7	0.22	128.2
Blonde Classic Iced Cappuccino - oat drink	Tall	352	84	4.1	0.4	9.6	4.5	1.6	1.4	0.17	85.5
Blonde Classic Iced Cappuccino - oat drink	Grande	534	128	6.3	0.7	14.6	6.9	2.3	2	0.27	85.5
Blonde Classic Iced Cappuccino - oat drink	Venti	576	138	6.7	0.7	15.7	7.3	2.6	2.2	0.28	128.2
Blonde Classic Iced Cappuccino - coconut drink	Tall	265	65	3.4	3.1	5.4	4.7	2.3	1.6	0.06	85.5
Blonde Classic Iced Cappuccino - coconut drink	Grande	398	97	5.3	4.8	8	7.3	3.4	2.4	0.09	85.5
Blonde Classic Iced Cappuccino - coconut drink	Venti	432	105	5.6	5.1	8.8	7.8	3.7	2.7	0.10	128.2
Decaf Classic Iced Cappuccino - semi skimmed milk	Tall	299	71	2.4	2.3	7.4	6.3	0.2	4.9	0.14	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Grande	447	107	3.6	3.5	10.9	9.8	0.2	7.5	0.22	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Venti	487	116	3.9	3.8	12	10.4	0.3	8	0.24	5.4
Decaf Classic Iced Cappuccino - whole milk	Tall	387	92	4.9	3.1	7.3	6.2	0.2	4.8	0.14	3.6
Decaf Classic Iced Cappuccino - whole milk	Grande	585	140	7.6	4.8	10.7	9.6	0.2	7.3	0.22	3.6
Decaf Classic Iced Cappuccino - whole milk	Venti	633	151	8	5.1	11.8	10.2	0.3	7.8	0.23	5.4
Decaf Classic Iced Cappuccino - skimmed milk	Tall	232	55	0.5	0.2	7.5	6.5	0.2	4.9	0.15	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Grande	344	82	0.8	0.3	11.1	10	0.2	7.5	0.23	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Venti	378	90	0.9	0.4	12.2	10.6	0.3	8	0.24	5.4
Decaf Classic Iced Cappuccino - almond drink	Tall	164	41	1.7	0.2	4.4	3.4	0.5	0.9	0.10	3.6
Decaf Classic Iced Cappuccino - almond drink	Grande	237	59	2.6	0.2	6.2	5.2	0.6	1.3	0.15	3.6
Decaf Classic Iced Cappuccino - almond drink	Venti	264	66	2.8	0.3	7.1	5.5	0.8	1.5	0.16	5.4
Decaf Classic Iced Cappuccino - soya drink	Tall	266	63	2.7	0.4	4.7	3.4	1	4.6	0.13	3.6
Decaf Classic Iced Cappuccino - soya drink	Grande	396	94	4.1	0.7	6.7	5.3	1.5	7.1	0.21	3.6
Decaf Classic Iced Cappuccino - soya drink	Venti	432	103	4.3	0.7	7.6	5.6	1.6	7.6	0.22	5.4
Decaf Classic Iced Cappuccino - oat drink	Tall	358	86	4.1	0.4	10	4.5	1.5	1.3	0.17	3.6
Decaf Classic Iced Cappuccino - oat drink	Grande	540	129	6.3	0.7	15	6.9	2.3	1.9	0.27	3.6
Decaf Classic Iced Cappuccino - oat drink	Venti	585	140	6.7	0.7	16.4	7.4	2.5	2.1	0.28	5.4
Decaf Classic Iced Cappuccino - coconut drink	Tall	271	66	3.4	3.1	5.8	4.7	2.2	1.6	0.06	3.6
Decaf Classic Iced Cappuccino - coconut drink	Grande	404	98	5.3	4.8	8.4	7.3	3.3	2.3	0.09	3.6
Decaf Classic Iced Cappuccino - coconut drink	Venti	441	107	5.6	5.1	9.4	7.8	3.6	2.6	0.10	5.4
Blonde Iced Latte Macchiato - semi skimmed milk	Tall	379	90	3.1	3	9	8.3	0.3	6.4	0.19	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Grande	548	131	4.5	4.4	12.9	12.3	0.3	9.4	0.28	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Venti	572	136	4.7	4.6	13.6	12.6	0.4	9.7	0.29	128.2
Blonde Iced Latte Macchiato - whole milk	Tall	496	118	6.4	4.1	8.8	8.1	0.3	6.3	0.18	85.5
Blonde Iced Latte Macchiato - whole milk	Grande	722	172	9.5	6	12.7	12	0.3	9.1	0.27	85.5
Blonde Iced Latte Macchiato - whole milk	Venti	749	179	9.7	6.1	13.3	12.3	0.4	9.5	0.28	128.2
Blonde Iced Latte Macchiato - skimmed milk	Tall	291	69	0.7	0.3	9.2	8.5	0.3	6.4	0.19	85.5
Blonde Iced Latte Macchiato - skimmed milk	Grande	419	100	0.9	0.4	13.2	12.5	0.3	9.4	0.29	85.5
Blonde Iced Latte Macchiato - skimmed milk	Venti	440	105	1	0.4	13.8	12.8	0.4	9.7	0.29	128.2
Blonde Iced Latte Macchiato - almond drink	Tall	200	50	2.2	0.2	5.1	4.4	0.6	1.2	0.13	85.5
Blonde Iced Latte Macchiato - almond drink	Grande	284	71	3.2	0.3	7.1	6.5	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato - almond drink	Venti	302	76	3.3	0.3	7.6	6.6	0.9	1.8	0.19	128.2
Blonde Iced Latte Macchiato - soya drink	Tall	335	80	3.5	0.6	5.5	4.5	1.3	6.1	0.18	85.5
Blonde Iced Latte Macchiato - soya drink	Grande	484	115	5.1	0.8	7.8	6.6	1.8	8.9	0.26	85.5
Blonde Iced Latte Macchiato - soya drink	Venti	506	121	5.2	0.9	8.3	6.7	2	9.2	0.27	128.2
Blonde Iced Latte Macchiato - oat drink	Tall	457	110	5.4	0.6	12.5	5.9	2	1.7	0.23	85.5
Blonde Iced Latte Macchiato - oat drink	Grande	665	159	7.9	0.8	18.1	8.6	2.9	2.4	0.34	85.5
Blonde Iced Latte Macchiato - oat drink	Venti	691	166	8.1	0.9	18.9	8.9	3	2.6	0.35	128.2
Blonde Iced Latte Macchiato - coconut drink	Tall	342	83	4.5	4.1	6.9	6.2	2.9	2.1	0.08	85.5
Blonde Iced Latte Macchiato - coconut drink	Grande	494	120	6.6	6	9.8	9.2	4.2	2.9	0.12	85.5
Blonde Iced Latte Macchiato - coconut drink	Venti	517	126	6.8	6.2	10.4	9.4	4.4	3.1	0.12	128.2
Decaf Iced Latte Macchiato - semi skimmed milk	Tall	385	92	3.1	3	9.4	8.3	0.2	6.4	0.19	3.6
Decaf Iced Latte Macchiato - semi skimmed milk	Grande	554	132	4.5	4.4	13.3	12.3	0.2	9.3	0.28	3.6
Decaf Iced Latte Macchiato - semi skimmed milk	Venti	581	138	4.7	4.6	14.2	12.6	0.3	9.7	0.29	5.4
Decaf Iced Latte Macchiato - whole milk	Tall	502	120	6.4	4.1	9.2	8.2	0.2	6.2	0.18	3.6
Decaf Iced Latte Macchiato - whole milk	Grande	728	173	9.5	6	13.1	12	0.2	9.1	0.27	3.6
Decaf Iced Latte Macchiato - whole milk	Venti	758	181	9.7	6.1	13.9	12.3	0.3	9.4	0.28	5.4
Decaf Iced Latte Macchiato - skimmed milk	Tall	297	71	0.7	0.3	9.6	8.5	0.2	6.4	0.19	3.6
Decaf Iced Latte Macchiato - skimmed milk	Grande	425	101	0.9	0.4	13.6	12.5	0.2	9.3	0.29	3.6
Decaf Iced Latte Macchiato - skimmed milk	Venti	449	107	1	0.4	14.5	12.9</				

Blonde Iced Caramel Macchiato - semi skimmed milk	Tall	612	145	4.2	3.7	20.3	19.1	0.3	6.5	0.22	85.5
Blonde Iced Caramel Macchiato - semi skimmed milk	Grande	842	200	5.6	5.1	27.8	26.6	0.3	9.5	0.31	85.5
Blonde Iced Caramel Macchiato - semi skimmed milk	Venti	927	220	5.8	5.2	32	30.4	0.4	9.8	0.32	128.2
Blonde Iced Caramel Macchiato - whole milk	Tall	729	173	7.5	4.7	20.1	18.9	0.3	6.4	0.22	85.5
Blonde Iced Caramel Macchiato - whole milk	Grande	1016	242	10.5	6.6	27.6	26.3	0.3	9.2	0.31	85.5
Blonde Iced Caramel Macchiato - whole milk	Venti	1104	263	10.8	6.8	31.8	30.2	0.4	9.6	0.31	128.2
Blonde Iced Caramel Macchiato - skimmed milk	Tall	524	124	1.7	0.9	20.4	19.3	0.3	6.5	0.23	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Grande	713	169	2	1	28.1	26.9	0.3	9.5	0.32	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Venti	795	188	2.1	1.1	32.3	30.7	0.4	9.8	0.33	128.2
Blonde Iced Caramel Macchiato - almond drink	Tall	433	105	3.3	0.9	16.3	15.2	0.6	1.3	0.16	85.5
Blonde Iced Caramel Macchiato - almond drink	Grande	578	141	4.2	1	22	20.8	0.8	1.7	0.22	85.5
Blonde Iced Caramel Macchiato - almond drink	Venti	657	159	4.4	1	26.1	24.5	0.9	1.9	0.23	128.2
Blonde Iced Caramel Macchiato - soya drink	Tall	568	135	4.5	1.2	16.8	15.3	1.3	6.2	0.21	85.5
Blonde Iced Caramel Macchiato - soya drink	Grande	778	185	6.1	1.5	22.6	20.9	1.8	8.9	0.29	85.5
Blonde Iced Caramel Macchiato - soya drink	Venti	861	204	6.3	1.5	26.8	24.6	2	9.3	0.30	128.2
Blonde Iced Caramel Macchiato - oat drink	Tall	690	165	6.4	1.2	23.8	16.7	2	1.8	0.26	85.5
Blonde Iced Caramel Macchiato - oat drink	Grande	959	229	9	1.5	33	23	2.9	2.5	0.37	85.5
Blonde Iced Caramel Macchiato - oat drink	Venti	1046	249	9.2	1.5	37.3	26.7	3	2.7	0.38	128.2
Blonde Iced Caramel Macchiato - coconut drink	Tall	575	138	5.6	4.7	18.2	17	2.9	2.2	0.11	85.5
Blonde Iced Caramel Macchiato - coconut drink	Grande	788	190	7.7	6.7	24.7	23.5	4.2	3	0.15	85.5
Blonde Iced Caramel Macchiato - coconut drink	Venti	872	210	7.9	6.8	28.9	27.2	4.4	3.2	0.15	128.2
Decaf Iced Caramel Macchiato - semi skimmed milk	Tall	618	147	4.2	3.7	20.7	19.1	0.2	6.5	0.22	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Grande	848	201	5.6	5.1	28.2	26.6	0.2	9.4	0.31	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Venti	936	222	5.8	5.2	32.7	30.5	0.3	9.7	0.32	5.4
Decaf Iced Caramel Macchiato - whole milk	Tall	735	175	7.5	4.7	20.5	19	0.2	6.3	0.22	3.6
Decaf Iced Caramel Macchiato - whole milk	Grande	1022	243	10.5	6.6	28	26.4	0.2	9.2	0.31	3.6
Decaf Iced Caramel Macchiato - whole milk	Venti	1113	265	10.8	6.8	32.4	30.2	0.3	9.5	0.31	5.4
Decaf Iced Caramel Macchiato - skimmed milk	Tall	530	126	1.7	0.9	20.8	19.3	0.2	6.5	0.23	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Grande	719	170	2	1	28.5	26.9	0.2	9.4	0.32	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Venti	804	191	2.1	1.1	32.9	30.7	0.3	9.7	0.33	5.4
Decaf Iced Caramel Macchiato - almond drink	Tall	439	107	3.3	0.9	16.7	15.2	0.6	1.2	0.16	3.6
Decaf Iced Caramel Macchiato - almond drink	Grande	584	142	4.2	1	22.4	20.8	0.7	1.6	0.22	3.6
Decaf Iced Caramel Macchiato - almond drink	Venti	666	161	4.4	1	26.7	24.5	0.9	1.8	0.23	5.4
Decaf Iced Caramel Macchiato - soya drink	Tall	574	136	4.5	1.2	17.2	15.3	1.3	6.1	0.21	3.6
Decaf Iced Caramel Macchiato - soya drink	Grande	784	186	6.1	1.5	23	20.9	1.8	8.9	0.29	3.6
Decaf Iced Caramel Macchiato - soya drink	Venti	870	206	6.3	1.5	27.4	24.6	1.9	9.2	0.30	5.4
Decaf Iced Caramel Macchiato - oat drink	Tall	696	166	6.4	1.2	24.2	16.7	2	1.8	0.26	3.6
Decaf Iced Caramel Macchiato - oat drink	Grande	965	230	9	1.5	33.4	23	2.8	2.4	0.37	3.6
Decaf Iced Caramel Macchiato - oat drink	Venti	1055	251	9.2	1.5	37.9	26.8	3	2.6	0.38	5.4
Decaf Iced Caramel Macchiato - coconut drink	Tall	581	140	5.6	4.7	18.6	17	2.8	2.1	0.11	3.6
Decaf Iced Caramel Macchiato - coconut drink	Grande	794	191	7.7	6.7	25.1	23.5	4.1	2.9	0.15	3.6
Decaf Iced Caramel Macchiato - coconut drink	Venti	880	212	7.9	6.8	29.5	27.3	4.3	3.1	0.15	5.4
Blonde Iced Cappuccino with Cold Foam	Tall	226	54	0.4	0.1	9.5	8.8	0.3	2.9	0.08	85.5
Blonde Iced Cappuccino with Cold Foam	Grande	298	71	0.4	0.2	13	12.3	0.3	3.6	0.10	85.5
Blonde Iced Cappuccino with Cold Foam	Venti	389	92	0.6	0.2	17	16	0.4	4.5	0.13	128.2
Decaf Iced Cappuccino with Cold Foam	Tall	231	55	0.4	0.1	9.9	8.8	0.2	2.9	0.08	3.6
Decaf Iced Cappuccino with Cold Foam	Grande	304	72	0.4	0.2	13.4	12.3	0.2	3.5	0.10	3.6
Decaf Iced Cappuccino with Cold Foam	Venti	398	94	0.6	0.2	17.6	16	0.3	4.5	0.13	5.4
Blonde Iced Mocha - semi skimmed milk	Tall	929	223	12.6	9.5	19.2	17.9	1.5	7.3	0.17	85.5
Blonde Iced Mocha - semi skimmed milk	Grande	1311	314	17.2	13.1	28	26.3	2.2	10.7	0.25	85.5
Blonde Iced Mocha - semi skimmed milk	Venti	1436	344	17.7	13.3	33	30.7	2.9	11.6	0.24	128.2
Blonde Iced Mocha - whole milk	Tall	1017	244	15.1	10.3	19.1	17.7	1.5	7.2	0.16	85.5
Blonde Iced Mocha - whole milk	Grande	1443	345	20.9	14.2	27.8	26.1	2.2	10.5	0.24	85.5
Blonde Iced Mocha - whole milk	Venti	1564	374	21.3	14.5	32.8	30.5	2.9	11.4	0.24	128.2
Blonde Iced Mocha - skimmed milk	Tall	864	207	10.8	7.5	19.3	18	1.5	7.3	0.17	85.5
Blonde Iced Mocha - skimmed milk	Grande	1213	290	14.4	10	28.2	26.5	2.2	10.7	0.25	85.5
Blonde Iced Mocha - skimmed milk	Venti	1341	321	15	10.3	33.2	30.9	2.9	11.6	0.25	128.2
Blonde Iced Mocha - almond drink	Tall	796	193	11.9	7.4	16.3	14.9	1.8	3.4	0.12	85.5
Blonde Iced Mocha - almond drink	Grande	1111	269	16.2	9.9	23.6	21.9	2.5	4.8	0.18	85.5
Blonde Iced Mocha - almond drink	Venti	1241	300	16.7	10.3	28.7	26.4	3.3	5.8	0.18	128.2
Blonde Iced Mocha - soya drink	Tall	896	215	12.9	7.7	16.6	15	2.3	7.1	0.16	85.5
Blonde Iced Mocha - soya drink	Grande	1262	302	17.6	10.3	24.1	22	3.3	10.3	0.23	85.5
Blonde Iced Mocha - soya drink	Venti	1388	332	18.1	10.7	29.2	26.5	4.1	11.2	0.23	128.2
Blonde Iced Mocha - oat drink	Tall	988	237	14.3	7.7	21.8	16	2.8	3.8	0.20	85.5
Blonde Iced Mocha - oat drink	Grande	1400	336	19.8	10.3	31.9	23.6	4.1	5.4	0.29	85.5
Blonde Iced Mocha - oat drink	Venti	1522	365	20.2	10.7	36.9	28	4.8	6.4	0.29	128.2
Blonde Iced Mocha - coconut drink	Tall	902	217	13.7	10.3	17.6	16.3	3.5	4	0.09	85.5
Blonde Iced Mocha - coconut drink	Grande	1270	306	18.8	14.3	25.6	24	5.1	5.8	0.12	85.5
Blonde Iced Mocha - coconut drink	Venti	1396	336	19.2	14.5	30.7	28.4	5.8	6.8	0.12	128.2
Decaf Iced Mocha - semi skimmed milk	Tall	1029	246	12.9	9.6	23.8	21.8	2.1	7.7	0.15	3.6
Decaf Iced Mocha - semi skimmed milk	Grande	1432	343	17.7	13.3	33.1	30.7	2.7	11.4	0.24	3.6
Decaf Iced Mocha - semi skimmed milk	Venti	1520	363	17.8	13.3	37.4	34.2	3.5	11.6	0.22	5.4
Decaf Iced Mocha - whole milk	Tall	1107	265	15.1	10.3	23.7	21.6	2.1	7.5	0.15	3.6
Decaf Iced Mocha - whole milk	Grande	1562	373	21.3	14.5	32.9	30.5	2.7	11.2	0.24	3.6
Decaf Iced Mocha - whole milk	Venti	1632	390	21	14.2	37.2	34	3.5	11.4	0.22	5.4
Decaf Iced Mocha - skimmed milk	Tall	971	232	11.3	7.8	23.9	21.9	2.1	7.7	0.16	3.6
Decaf Iced Mocha - skimmed milk	Grande	1336	319	15	10.3	33.3	30.9	2.7	11.4	0.25	3.6
Decaf Iced Mocha - skimmed milk	Venti	1436	343	15.5	10.6	37.6	34.3	3.5	11.6	0.22	5.4
Decaf Iced Mocha - almond drink	Tall	910	219	12.3	7.7	21.2	19.2	2.3	4.2	0.11	3.6
Decaf Iced Mocha - almond drink	Grande	1236	298	16.7	10.3	28.8	26.4	3.1	5.6	0.18	3.6
Decaf Iced Mocha - almond drink	Venti	1349	325	17	10.6	33.7	30.4	3.8	6.5	0.16	5.4
Decaf Iced Mocha - soya drink	Tall	1000	239	13.1	8	21.5	19.2	2.8	7.4	0.14	3.6
Decaf Iced Mocha - soya drink	Grande	1384	331	18.1	10.6	29.3	26.5	3.9	11.1	0.23	3.6
Decaf Iced Mocha - soya drink	Venti	1478	353	18.2	10.9	34.1	30.5	4.5	11.2	0.21	5.4
Decaf Iced Mocha - oat drink	Tall	1081	259	14.4	8	26.2	20.1	3.3	4.5	0.18	3.6
Decaf Iced Mocha - oat drink	Grande	1519	364	20.2	10.6	37	28	4.7	6.2	0.29	3.6
Decaf Iced Mocha - oat drink	Venti	1595	382	20	10.9	40.8	31.8	5.2	7.1	0.26	5.4
Decaf Iced Mocha - coconut drink	Tall	1004	242	13.8	10.3	22.4	20.4	3.9	4.8	0.08	3.6
Decaf Iced Mocha - coconut drink	Grande	1392	335	19.2	14.5	30.8	28.4	5.6	6.6	0.12	3.6
Decaf Iced Mocha - coconut drink	Venti	1485	357	19.2	14.3	35.4	32.1	6	7.4	0.11	5.4
Blonde Iced White Mocha - semi skimmed milk	Tall	1050	251	13.3	10.3	25.9	25.3	0.3	6.8	0.28	85.5
Blonde Iced White Mocha - semi skimmed milk	Grande	1520	363	18.4	14.5	38.7	38.1	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - semi skimmed milk	Venti	1681	402	19.1	14.9	46.6	45.6	0.5	10.6	0.48	128.2
Blonde Iced White Mocha - whole milk	Tall	1139	272	15.8	11.1	25.8	25.1	0.3	6.7	0.28	85.5
Blonde Iced White Mocha - whole milk	Grande	1661	397	22.5	15.7	38.5	37.9	0.3	10.2	0.43	85.5
Blonde Iced White Mocha - whole milk	Venti	1811	433	22.8	16	46.4	45.4	0.5	10.4	0.47	128.2
Blonde Iced White Mocha - skimmed milk	Tall	984	235	11.4	8.2	26.1	25.4	0.3	6.8	0.29	85.5
Blonde Iced White Mocha - skimmed milk	Grande	1414	338	15.5	11.1	38.9	38.3	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - skimmed milk	Venti	1583	378	16.4	11.8	46.8	45.8	0.5	10.6	0.48	128.2
Blonde Iced White Mocha - almond drink	Tall	915	221	12.6	8.2	23	22.3	0.6	2.8	0.24	85.5
Blonde Iced White Mocha - almond drink	Grande	1304	315	17.3	11.1	34	33.3	0.7	4	0.36	85.5
Blonde Iced White Mocha - almond drink	Venti	1482	357	18.1	11.8	42.2	41.2	0.9	4.7	0.41	128.2
Blonde Iced White Mocha - soya drink	Tall	1017	243	13.5	8.4	23.3	22.4	1.1	6.5	0.27	85.5
Blonde Iced White Mocha - soya drink	Grande	1467	351	18.9	11.5	34.5	33.4	1.6	10	0.42	85.5
Blonde Iced White Mocha - soya drink	Venti	1632	390	19.5	12.2	42.7	41.3	1.6	10.2	0.46	128.2
Blonde Iced White Mocha - oat drink	Tall	1109	266	15	8.4	28.6	23.4	1.6	3.2	0.31	85.5
Blonde Iced White Mocha - oat drink	Grande	1615	387	21.2	11.5	43	35.1	2.4	4.7	0.48	85.5
Blonde Iced White Mocha - oat drink	Venti	1768	423	21.6	12.2	50.5	42.8	2.4	5.3	0.52	128.2
Blonde Iced White Mocha - coconut drink	Tall	1022	246	14.3	11.1	24.4	23.7	2.3	3.5	0.20	85.5
Blonde Iced White Mocha - coconut drink	Grande	1475	355	20.1	15.7	36.2	35.5	3.5	5.1	0.30	85.5
Blonde Iced White Mocha - coconut drink	Venti	1640	394	20.6	16.1	44					

Decaf Iced White Mocha - oat drink	Tall	1262	302	15.4	9.1	36.3	31.2	1.4	3.7	0.35	3.6
Decaf Iced White Mocha - oat drink	Grande	1771	423	21.7	12.1	50.7	42.9	2.3	5.2	0.53	3.6
Decaf Iced White Mocha - oat drink	Venti	1915	458	21.9	12.8	58.1	50.5	2.2	5.7	0.56	5.4
Decaf Iced White Mocha - coconut drink	Tall	1185	284	14.8	11.4	32.5	31.5	2	3.9	0.25	3.6
Decaf Iced White Mocha - coconut drink	Grande	1640	394	20.7	16.1	44.4	43.3	3.3	5.6	0.36	3.6
Decaf Iced White Mocha - coconut drink	Venti	1799	431	21	16.3	52.5	50.9	3.1	6.1	0.41	5.4
Blonde Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	367	87	2.1	2	12.6	11.8	0.3	4.3	0.12	85.5
Blonde Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	485	115	2.6	2.4	17.4	16.2	0.4	5.4	0.15	128.2
Blonde Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	593	141	3	2.8	21.9	20.4	0.5	6.2	0.17	171
Blonde Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	444	106	4.3	2.7	12.5	11.7	0.3	4.2	0.12	85.5
Blonde Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	579	138	5.2	3.3	17.3	16.1	0.4	5.2	0.15	128.2
Blonde Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	700	167	6	3.8	21.8	20.2	0.5	6.1	0.17	171
Blonde Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	310	73	0.5	0.2	12.7	12	0.3	4.3	0.13	85.5
Blonde Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	415	99	0.6	0.2	17.5	16.4	0.4	5.4	0.16	128.2
Blonde Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	513	122	0.7	0.3	22.1	20.5	0.5	6.2	0.18	171
Blonde Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	250	61	1.5	0.2	10	9.3	0.5	0.9	0.08	85.5
Blonde Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	342	83	1.9	0.2	14.3	13.1	0.7	1.2	0.10	128.2
Blonde Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	430	104	2.2	0.2	18.4	16.8	0.9	1.4	0.12	171
Blonde Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	338	80	2.3	0.4	10.3	9.3	1	4.1	0.12	85.5
Blonde Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	450	107	2.9	0.5	14.6	13.2	1.2	5.1	0.14	128.2
Blonde Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	553	131	3.3	0.6	18.7	16.9	1.5	5.9	0.16	171
Blonde Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	419	100	3.6	0.4	14.9	10.2	1.4	1.2	0.15	85.5
Blonde Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	548	131	4.4	0.5	20.2	14.3	1.8	1.6	0.18	128.2
Blonde Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	665	159	5.1	0.6	25.1	18.1	2.1	1.9	0.21	171
Blonde Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	343	83	3	2.7	11.2	10.5	2	1.5	0.05	85.5
Blonde Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	456	110	3.7	3.3	15.7	14.6	2.5	1.9	0.06	128.2
Blonde Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	559	135	4.3	3.8	20	18.5	2.9	2.2	0.07	171
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	428	102	2.1	2	16.2	15	0.2	4.3	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	549	130	2.6	2.4	21.2	19.4	0.3	5.3	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	659	157	3	2.8	26	23.6	0.4	6.1	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	505	120	4.3	2.7	16.1	14.9	0.2	4.2	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	642	153	5.2	3.3	21.1	19.3	0.3	5.2	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	767	182	6	3.8	25.8	23.4	0.4	6	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	370	88	0.5	0.2	16.4	15.1	0.2	4.3	0.13	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	479	113	0.6	0.2	21.4	19.6	0.3	5.3	0.16	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	579	137	0.7	0.3	26.1	23.8	0.4	6.1	0.18	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	310	75	1.5	0.2	13.7	12.5	0.5	0.8	0.08	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	406	98	1.9	0.2	18.1	16.3	0.6	1.1	0.10	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	496	120	2.2	0.2	22.4	20	0.8	1.3	0.12	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	399	95	2.3	0.4	13.9	12.5	0.9	4.1	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	514	122	2.9	0.5	18.4	16.4	1.2	5	0.14	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	619	147	3.3	0.6	22.8	20.1	1.4	5.8	0.16	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	480	114	3.6	0.4	18.5	13.4	1.4	1.2	0.15	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	612	146	4.4	0.5	24	17.5	1.7	1.5	0.18	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	731	174	5.1	0.6	29.2	21.4	2	1.8	0.21	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	404	97	3	2.7	14.9	13.7	1.9	1.4	0.05	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	519	125	3.7	3.3	19.6	17.8	2.4	1.8	0.06	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	626	150	4.3	3.8	24.1	21.7	2.8	2.1	0.07	7.2
Blonde Starbucks Doubleshot Iced Coffee	Mini	350	85	8	5	2.1	1.4	0.3	0.9	0.03	85.5
Decaf Starbucks Doubleshot Iced Coffee	Mini	356	86	8	5	2.5	1.4	0.2	0.9	0.03	3.6
Blonde Starbucks Doubleshot Vanilla Iced Coffee	Mini	417	101	8	5	6.1	5.3	0.3	0.9	0.03	85.5
Decaf Starbucks Doubleshot Vanilla Iced Coffee	Mini	423	102	8	5	6.5	5.3	0.2	0.9	0.03	3.6
Alternative Coffee Bean - Frappuccino		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Espresso Frappuccino - semi skimmed milk	Tall	416	98	0.9	0.8	20.1	19.1	0.2	2.1	0.32	57.6
Blonde Espresso Frappuccino - semi skimmed milk	Grande	563	133	1.3	1.2	27	25.8	0.3	2.9	0.44	60.9
Blonde Espresso Frappuccino - semi skimmed milk	Venti	726	171	1.5	1.3	35.4	33.9	0.3	3.4	0.58	70.7
Blonde Espresso Frappuccino - whole milk	Tall	446	105	1.8	1.1	20	19	0.2	2	0.32	57.6
Blonde Espresso Frappuccino - whole milk	Grande	606	143	2.6	1.5	26.9	25.7	0.3	2.8	0.44	60.9
Blonde Espresso Frappuccino - whole milk	Venti	776	183	3	1.8	35.4	33.9	0.3	3.3	0.57	70.7
Blonde Espresso Frappuccino - skimmed milk	Tall	394	93	0.3	0.1	20.1	19.1	0.2	2.1	0.33	57.6
Blonde Espresso Frappuccino - skimmed milk	Grande	530	125	0.4	0.1	27	25.8	0.3	2.9	0.44	60.9
Blonde Espresso Frappuccino - skimmed milk	Venti	688	162	0.5	0.2	35.5	34	0.3	3.4	0.58	70.7
Blonde Espresso Frappuccino - almond drink	Tall	370	88	0.7	0.1	19.1	18.1	0.3	0.7	0.31	57.6
Blonde Espresso Frappuccino - almond drink	Grande	496	118	1	0.1	25.5	24.3	0.4	0.9	0.42	60.9
Blonde Espresso Frappuccino - almond drink	Venti	649	154	1.1	0.1	33.7	32.2	0.5	1.1	0.55	70.7
Blonde Espresso Frappuccino - soya drink	Tall	405	96	1	0.2	19.2	18.1	0.5	2	0.32	57.6
Blonde Espresso Frappuccino - soya drink	Grande	546	129	1.4	0.2	25.7	24.3	0.6	2.7	0.44	60.9
Blonde Espresso Frappuccino - soya drink	Venti	707	167	1.7	0.3	33.9	32.3	0.8	3.2	0.57	70.7
Blonde Espresso Frappuccino - oat drink	Tall	436	103	1.5	0.2	21	18.4	0.7	0.8	0.33	57.6
Blonde Espresso Frappuccino - oat drink	Grande	592	140	2.2	0.2	28.3	24.9	0.9	1.1	0.45	60.9
Blonde Espresso Frappuccino - oat drink	Venti	760	180	2.5	0.3	36.9	32.9	1.1	1.3	0.59	70.7
Blonde Espresso Frappuccino - coconut drink	Tall	407	96	1.3	1.1	19.5	18.5	0.9	0.9	0.30	57.6
Blonde Espresso Frappuccino - coconut drink	Grande	549	130	1.8	1.5	26.2	25	1.2	1.2	0.40	60.9
Blonde Espresso Frappuccino - coconut drink	Venti	710	168	2.1	1.8	34.5	33	1.4	1.5	0.53	70.7
Decaf Espresso Frappuccino - semi skimmed milk	Tall	387	92	0.8	0.8	19	18.1	0.2	1.7	0.28	2.9
Decaf Espresso Frappuccino - semi skimmed milk	Grande	519	123	1.2	1.1	25.2	24.1	0.2	2.4	0.37	3.8
Decaf Espresso Frappuccino - semi skimmed milk	Venti	669	158	1.3	1.1	33.5	32	0.3	2.6	0.49	5.2
Decaf Espresso Frappuccino - whole milk	Tall	416	98	1.6	1	18.9	18.1	0.2	1.7	0.28	2.9
Decaf Espresso Frappuccino - whole milk	Grande	558	132	2.3	1.4	25.2	24	0.2	2.3	0.37	3.8
Decaf Espresso Frappuccino - whole milk	Venti	710	168	2.4	1.5	33.4	31.9	0.3	2.5	0.49	5.2
Decaf Espresso Frappuccino - skimmed milk	Tall	366	86	0.2	0.1	19	18.2	0.2	1.7	0.28	2.9
Decaf Espresso Frappuccino - skimmed milk	Grande	489	115	0.3	0.1	25.3	24.2	0.2	2.4	0.38	3.8
Decaf Espresso Frappuccino - skimmed milk	Venti	637	151	0.4	0.1	33.6	32	0.3	2.6	0.49	5.2
Decaf Espresso Frappuccino - almond drink	Tall	344	82	0.6	0.1	18	17.2	0.3	0.4	0.27	2.9
Decaf Espresso Frappuccino - almond drink	Grande	458	109	0.8	0.1	23.9	22.8	0.4	0.6	0.35	3.8
Decaf Espresso Frappuccino - almond drink	Venti	605	144	0.9	0.1	32.1	30.6	0.4	0.7	0.47	5.2
Decaf Espresso Frappuccino - soya drink	Tall	377	89	0.9	0.2	18.1	17.2	0.4	1.6	0.28	2.9
Decaf Espresso Frappuccino - soya drink	Grande	504	119	1.3	0.2	24	22.8	0.6	2.3	0.37	3.8
Decaf Espresso Frappuccino - soya drink	Venti	653	154	1.4	0.3	32.3	30.6	0.7	2.4	0.49	5.2
Decaf Espresso Frappuccino - oat drink	Tall	406	96	1.4	0.2	19.8	17.5	0.6	0.6	0.29	2.9
Decaf Espresso Frappuccino - oat drink	Grande	545	129	1.9	0.2	26.4	23.3	0.8	0.8	0.39	3.8
Decaf Espresso Frappuccino - oat drink	Venti	697	165	2.1	0.3	34.8	31.1	1	0.9	0.50	5.2
Decaf Espresso Frappuccino - coconut drink	Tall	378	90	1.2	1	18.5	17.6	0.8	0.6	0.25	2.9
Decaf Espresso Frappuccino - coconut drink	Grande	506	120	1.6	1.4	24.5	23.4	1.1	0.9	0.34	3.8
Decaf Espresso Frappuccino - coconut drink	Venti	656	156	1.8	1.5	32.8	31.2	1.3	1	0.45	5.2
Decaf Coffee Frappuccino - semi skimmed milk	Tall	872	208	9.5	7.2	26.6	26.1	0.1	3.7	0.40	1.8
Decaf Coffee Frappuccino - semi skimmed milk	Grande	1246	297	13.2	10	39.2	38.1	0.2	4.9	0.58	3.6
Decaf Coffee Frappuccino - semi skimmed milk	Venti	1467	349	13.6	10.3	50.5	48.9	0.3	5.6	0.75	5.4
Decaf Coffee Frappuccino - whole milk	Tall	930	222	11.1	7.7	26.5	26	0.1	3.6	0.40	1.8
Decaf Coffee Frappuccino - whole milk	Grande	1319	315	15.3	10.6	39.1	38	0.2	4.8	0.58	3.6
Decaf Coffee Frappuccino - whole milk	Venti	1552	370	16	11	50.4	48.8	0.3	5.5	0.74	5.4
Decaf Coffee Frappuccino - skimmed milk	Tall	830	198	8.3	5.9	26.7	26.2	0.1	3.7	0.40	1.8
Decaf Coffee Frappuccino - skimmed milk	Grande	1191	284	11.7	8.2	39.3	38.2	0.2	4.9	0.58	3.6
Decaf Coffee Frappuccino - skimmed milk	Venti	1404	334	11.8	8.3	50.6	49	0.3	5.6	0.75	5.4
Decaf Coffee Frappuccino - almond drink	Tall	786	188	9.1	5.9	24.7	24.2	0.3	1.1	0.37	1.8
Decaf Coffee Frappuccino - almond drink	Grande	1134	272	12.6	8.2	36.7	35.7	0.4	1.6	0.54	3.6
Decaf Coffee Frappuccino - almond drink	Venti	1338	320	12.9	8.2	47.7	46.1	0.6	1.8	0.70	5.4
Decaf Coffee Frappuccino - soya drink	Tall	851	203	9.7	6	24.9	24.2	0.6	3.5	0.40	1.8
Decaf Coffee Frappuccino - soya drink	Grande	1218	290	13.4	8.4	37	35.7	0.9	4.7	0.57	3.6
Decaf Coffee Frappuccino - soya drink	Venti	1435	342	13.8	8.5	48	46.1	1.1	5.4	0.74	5.4
Decaf Coffee Frappuccino - oat drink	Tall	911	217	10.6	6	28.3	24.9	1	1.4	0.42	1.8
Decaf Coffee Frappuccino - oat drink											

Decaf Caramel Frappuccino - almond drink	Tall	989	237	11.7	7.7	30.9	30	0.2	1.2	0.36	1.5
Decaf Caramel Frappuccino - almond drink	Grande	1260	302	14.9	10	39.3	37.9	0.3	1.6	0.46	2.6
Decaf Caramel Frappuccino - almond drink	Venti	1428	341	15.2	10.1	48.5	46.7	0.4	1.7	0.56	3.9
Decaf Caramel Frappuccino - soya drink	Tall	1040	248	12.2	7.9	31.1	30	0.5	3.1	0.38	1.5
Decaf Caramel Frappuccino - soya drink	Grande	1318	315	15.5	10.1	39.5	38	0.6	3.7	0.48	2.6
Decaf Caramel Frappuccino - soya drink	Venti	1485	354	15.7	10.2	48.6	46.7	0.7	3.8	0.58	3.9
Decaf Caramel Frappuccino - oat drink	Tall	1086	259	12.9	7.9	33.7	30.5	0.8	1.4	0.40	1.5
Decaf Caramel Frappuccino - oat drink	Grande	1371	327	16.3	10.1	42.5	38.6	0.9	1.8	0.50	2.6
Decaf Caramel Frappuccino - oat drink	Venti	1537	367	16.5	10.2	51.6	47.3	1	1.9	0.61	3.9
Decaf Caramel Frappuccino - coconut drink	Tall	1043	249	12.6	9.2	31.6	30.6	1.1	1.5	0.35	1.5
Decaf Caramel Frappuccino - coconut drink	Grande	1321	316	15.9	11.6	40.1	38.7	1.3	1.9	0.44	2.6
Decaf Caramel Frappuccino - coconut drink	Venti	1488	355	16.1	11.7	49.2	47.5	1.4	2	0.54	3.9
Decaf Mocha Frappuccino - semi skimmed milk	Tall	948	226	10.9	8.1	27.6	26.8	0.7	3.9	0.34	1.5
Decaf Mocha Frappuccino - semi skimmed milk	Grande	1255	300	14.3	10.5	37.1	35.8	1	5	0.45	2.8
Decaf Mocha Frappuccino - semi skimmed milk	Venti	1411	336	14.4	10.6	45.4	43.7	1.3	5.2	0.54	4
Decaf Mocha Frappuccino - whole milk	Tall	993	237	12.2	8.5	27.5	26.8	0.7	3.9	0.34	1.5
Decaf Mocha Frappuccino - whole milk	Grande	1308	312	15.8	11	37	35.8	1	4.9	0.45	2.8
Decaf Mocha Frappuccino - whole milk	Venti	1462	349	15.9	11	45.3	43.6	1.3	5.2	0.54	4
Decaf Mocha Frappuccino - skimmed milk	Tall	914	218	9.9	7	27.6	26.9	0.7	3.9	0.35	1.5
Decaf Mocha Frappuccino - skimmed milk	Grande	1215	290	13.1	9.3	37.2	35.9	1	5	0.46	2.8
Decaf Mocha Frappuccino - skimmed milk	Venti	1373	327	13.4	9.4	45.4	43.7	1.3	5.2	0.55	4
Decaf Mocha Frappuccino - almond drink	Tall	879	211	10.5	7	26.1	25.3	0.8	1.9	0.32	1.5
Decaf Mocha Frappuccino - almond drink	Grande	1174	281	13.8	9.2	35.3	34.1	1.1	2.6	0.43	2.8
Decaf Mocha Frappuccino - almond drink	Venti	1333	319	14	9.4	43.7	42	1.4	2.9	0.52	4
Decaf Mocha Frappuccino - soya drink	Tall	931	222	11	7.1	26.2	25.3	1.1	3.8	0.34	1.5
Decaf Mocha Frappuccino - soya drink	Grande	1235	295	14.4	9.4	35.5	34.1	1.4	4.8	0.45	2.8
Decaf Mocha Frappuccino - soya drink	Venti	1392	332	14.6	9.5	43.8	42	1.7	5.1	0.54	4
Decaf Mocha Frappuccino - oat drink	Tall	978	234	11.8	7.1	28.9	25.9	1.4	2.1	0.36	1.5
Decaf Mocha Frappuccino - oat drink	Grande	1291	308	15.3	9.4	38.7	34.7	1.8	2.8	0.47	2.8
Decaf Mocha Frappuccino - oat drink	Venti	1445	345	15.4	9.5	46.9	42.6	2	3.2	0.56	4
Decaf Mocha Frappuccino - coconut drink	Tall	933	223	11.4	8.5	26.8	26	1.7	2.2	0.30	1.5
Decaf Mocha Frappuccino - coconut drink	Grande	1238	296	14.9	11	36.1	34.9	2.2	3	0.40	2.8
Decaf Mocha Frappuccino - coconut drink	Venti	1395	333	15	11	44.5	42.7	2.4	3.3	0.50	4
Decaf White Mocha Frappuccino - semi skimmed milk	Tall	1025	244	11.2	8.5	31.7	31.2	0.1	3.8	0.41	1.6
Decaf White Mocha Frappuccino - semi skimmed milk	Grande	1421	339	15	11.3	45.5	44.6	0.2	5	0.57	2.9
Decaf White Mocha Frappuccino - semi skimmed milk	Venti	1521	362	15	11.2	51.5	50.3	0.3	4.9	0.65	4.1
Decaf White Mocha Frappuccino - whole milk	Tall	1073	256	12.6	8.9	31.6	31.2	0.1	3.7	0.41	1.6
Decaf White Mocha Frappuccino - whole milk	Grande	1477	352	16.6	11.8	45.4	44.5	0.2	4.9	0.56	2.9
Decaf White Mocha Frappuccino - whole milk	Venti	1574	375	16.5	11.7	51.4	50.2	0.3	4.8	0.65	4.1
Decaf White Mocha Frappuccino - skimmed milk	Tall	989	236	10.2	7.3	31.8	31.3	0.1	3.8	0.42	1.6
Decaf White Mocha Frappuccino - skimmed milk	Grande	1379	329	13.9	10	45.6	44.7	0.2	5	0.57	2.9
Decaf White Mocha Frappuccino - skimmed milk	Venti	1481	353	13.8	9.9	51.6	50.4	0.3	4.9	0.65	4.1
Decaf White Mocha Frappuccino - almond drink	Tall	952	228	10.9	7.3	30.1	29.6	0.3	1.7	0.39	1.6
Decaf White Mocha Frappuccino - almond drink	Grande	1336	320	14.6	10	43.6	42.8	0.4	2.5	0.54	2.9
Decaf White Mocha Frappuccino - almond drink	Venti	1440	344	14.5	9.9	49.7	48.5	0.4	2.5	0.62	4.1
Decaf White Mocha Frappuccino - soya drink	Tall	1007	240	11.4	7.5	30.3	29.7	0.5	3.7	0.41	1.6
Decaf White Mocha Frappuccino - soya drink	Grande	1400	334	15.2	10.1	43.8	42.8	0.7	4.8	0.56	2.9
Decaf White Mocha Frappuccino - soya drink	Venti	1501	358	15.1	10.1	49.9	48.5	0.8	4.7	0.65	4.1
Decaf White Mocha Frappuccino - oat drink	Tall	1057	252	12.2	7.5	33.2	30.2	0.8	1.9	0.43	1.6
Decaf White Mocha Frappuccino - oat drink	Grande	1459	348	16.1	10.1	47.1	43.5	1	2.7	0.59	2.9
Decaf White Mocha Frappuccino - oat drink	Venti	1556	371	16	10.1	49.2	46.1	1.1	2.7	0.67	4.1
Decaf White Mocha Frappuccino - coconut drink	Tall	1010	242	11.8	8.9	30.9	30.4	1.2	2	0.37	1.6
Decaf White Mocha Frappuccino - coconut drink	Grande	1404	336	15.7	11.8	44.5	43.6	1.5	2.9	0.51	2.9
Decaf White Mocha Frappuccino - coconut drink	Venti	1504	359	15.6	11.7	50.6	49.3	1.5	2.9	0.60	4.1
Decaf Java Chip Frappuccino - semi skimmed milk	Tall	1128	269	13.2	9.9	32.3	30.3	1.3	4.5	0.38	1.5
Decaf Java Chip Frappuccino - semi skimmed milk	Grande	1498	358	17.4	13.1	43.4	40.5	1.8	5.7	0.51	2.7
Decaf Java Chip Frappuccino - semi skimmed milk	Venti	1703	406	18.3	13.8	52.7	48.9	2.3	6.1	0.61	3.9
Decaf Java Chip Frappuccino - whole milk	Tall	1172	280	14.4	10.3	32.2	30.2	1.3	4.4	0.38	1.5
Decaf Java Chip Frappuccino - whole milk	Grande	1551	370	18.9	13.5	43.3	40.4	1.8	5.6	0.51	2.7
Decaf Java Chip Frappuccino - whole milk	Venti	1753	418	19.7	14.2	52.6	48.9	2.3	6	0.60	3.9
Decaf Java Chip Frappuccino - skimmed milk	Tall	1094	261	12.2	8.9	32.4	30.4	1.3	4.5	0.38	1.5
Decaf Java Chip Frappuccino - skimmed milk	Grande	1459	348	16.3	11.8	43.5	40.6	1.8	5.7	0.51	2.7
Decaf Java Chip Frappuccino - skimmed milk	Venti	1666	398	17.3	12.6	52.8	49	2.3	6.1	0.61	3.9
Decaf Java Chip Frappuccino - almond drink	Tall	1060	254	12.8	8.9	30.8	28.8	1.4	2.5	0.36	1.5
Decaf Java Chip Frappuccino - almond drink	Grande	1418	340	17	11.8	41.7	38.7	1.9	3.3	0.48	2.7
Decaf Java Chip Frappuccino - almond drink	Venti	1627	389	17.9	12.6	51	47.3	2.4	3.8	0.58	3.9
Decaf Java Chip Frappuccino - soya drink	Tall	1111	265	13.3	9	31	28.8	1.7	4.3	0.38	1.5
Decaf Java Chip Frappuccino - soya drink	Grande	1478	353	17.5	12	41.8	38.8	2.3	5.5	0.50	2.7
Decaf Java Chip Frappuccino - soya drink	Venti	1685	402	18.5	12.7	51.2	47.3	2.7	5.9	0.60	3.9
Decaf Java Chip Frappuccino - oat drink	Tall	1157	277	14	9	33.6	29.4	2	2.7	0.40	1.5
Decaf Java Chip Frappuccino - oat drink	Grande	1533	366	18.4	12	45	39.4	2.6	3.5	0.53	2.7
Decaf Java Chip Frappuccino - oat drink	Venti	1737	415	19.3	12.7	54.2	47.9	3	4.1	0.62	3.9
Decaf Java Chip Frappuccino - coconut drink	Tall	1114	267	13.7	10.3	31.5	29.5	2.3	2.8	0.34	1.5
Decaf Java Chip Frappuccino - coconut drink	Grande	1481	355	18	13.5	42.5	39.6	3	3.7	0.46	2.7
Decaf Java Chip Frappuccino - coconut drink	Venti	1688	404	18.9	14.2	51.8	48	3.4	4.2	0.56	3.9
Winter FY25 Promo Beverages UK/IRE - Alternative Coffee		Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Blonde Pistachio Velvet Latte - semi skimmed milk	Tall	813	193	5.2	4.8	26.2	25.5	0.3	10.3	0.43	85.5
Blonde Pistachio Velvet Latte - semi skimmed milk	Grande	1062	252	6.7	6.2	34.9	34.2	0.3	12.9	0.56	85.5
Blonde Pistachio Velvet Latte - semi skimmed milk	Venti	1321	314	8.2	7.6	43.9	42.8	0.5	15.6	0.70	128.2
Blonde Pistachio Velvet Latte - whole milk	Tall	956	227	9.2	6	26	25.3	0.3	10	0.43	85.5
Blonde Pistachio Velvet Latte - whole milk	Grande	1240	295	11.7	7.7	34.7	33.9	0.3	12.6	0.56	85.5
Blonde Pistachio Velvet Latte - whole milk	Venti	1537	365	14.4	9.5	43.6	42.5	0.5	15.3	0.69	128.2
Blonde Pistachio Velvet Latte - skimmed milk	Tall	707	168	2.2	1.4	26.4	25.7	0.3	10.3	0.44	85.5
Blonde Pistachio Velvet Latte - skimmed milk	Grande	928	220	2.9	2	35.2	34.4	0.3	12.9	0.57	85.5
Blonde Pistachio Velvet Latte - skimmed milk	Venti	1160	275	3.7	2.5	44.2	43.1	0.5	15.6	0.71	128.2
Blonde Pistachio Velvet Latte - almond drink	Tall	597	145	4.1	1.4	21.5	20.7	0.7	3.9	0.36	85.5
Blonde Pistachio Velvet Latte - almond drink	Grande	790	191	5.3	1.9	29	28.2	0.9	4.9	0.47	85.5
Blonde Pistachio Velvet Latte - almond drink	Venti	993	240	6.6	2.4	36.7	35.6	1.1	5.9	0.59	128.2
Blonde Pistachio Velvet Latte - soya drink	Tall	760	181	5.6	1.8	22	20.8	1.6	9.8	0.42	85.5
Blonde Pistachio Velvet Latte - soya drink	Grande	995	236	7.2	2.4	29.6	28.3	1.9	12.3	0.54	85.5
Blonde Pistachio Velvet Latte - soya drink	Venti	1240	295	8.9	3.1	37.5	35.7	2.4	15	0.67	128.2
Blonde Pistachio Velvet Latte - oat drink	Tall	909	217	7.9	1.8	30.5	22.5	2.4	4.5	0.48	85.5
Blonde Pistachio Velvet Latte - oat drink	Grande	1181	282	10.1	2.4	40.3	30.4	3	5.7	0.62	85.5
Blonde Pistachio Velvet Latte - oat drink	Venti	1466	349	12.4	3.1	50.3	38.3	3.7	6.9	0.77	128.2
Blonde Pistachio Velvet Latte - coconut drink	Tall	769	185	6.9	6	23.7	22.9	3.5	5	0.30	85.5
Blonde Pistachio Velvet Latte - coconut drink	Grande	1006	242	8.8	7.7	31.7	31	4.3	6.2	0.40	85.5
Blonde Pistachio Velvet Latte - coconut drink	Venti	1253	301	10.8	9.5	40	38.9	5.3	7.6	0.50	128.2
Decaf Pistachio Velvet Latte - semi skimmed milk	Tall	925	220	5.6	5.1	31.6	30.5	0.3	10.5	0.49	3.6
Decaf Pistachio Velvet Latte - semi skimmed milk	Grande	1154	274	6.9	6.3	39.9	38.7	0.3	12.7	0.61	3.6
Decaf Pistachio Velvet Latte - semi skimmed milk	Venti	1483	352	9.1	8.3	50.6	48.9	0.5	16.6	0.78	5.4
Decaf Pistachio Velvet Latte - whole milk	Tall	1065	253	9.6	6.3	31.4	30.3	0.3	10.3	0.48	3.6
Decaf Pistachio Velvet Latte - whole milk	Grande	1323	315	11.8	7.8	39.6	38.5	0.3	12.5	0.60	3.6
Decaf Pistachio Velvet Latte - whole milk	Venti	1712	407	15.6	10.3	50.3	48.6	0.5	16.3	0.77	5.4
Decaf Pistachio Velvet Latte - skimmed milk	Tall	821	195	2.7	1.8	31.8	30.7	0.3	10.5	0.49	3.6
Decaf Pistachio Velvet Latte - skimmed milk	Grande	1027	244	3.4	2.4	40.1	39	0.3	12.7	0.62	3.6
Decaf Pistachio Velvet Latte - skimmed milk	Venti	1312	311	4.3	3	51	49.3	0.5	16.6	0.79	5.4
Decaf Pistachio Velvet Latte - almond drink	Tall	712	172	4.5	1.8	26.9	25.8	0.7	4.2	0.41	3.6
Decaf Pistachio Velvet Latte - almond drink	Grande	896	216	5.6	2.3	34.2	33	0.8	5.1	0.52	3.6
Decaf Pistachio Velvet Latte - almond drink	Venti	1134	274	7.3	2.8	43	41.3	1.1	6.4	0.66	5.4
Decaf Pistachio Velvet Latte - soya drink	Tall	873	207	6	2.2	27.5	25.9				

Blonde Iced Pistachio Latte - skimmed milk	Grande	855	203	2.8	1.9	32.9	32.1	0.3	11.2	0.52	85.5
Blonde Iced Pistachio Latte - skimmed milk	Venti	1009	239	3.4	2.4	39.5	38.3	0.5	12.1	0.60	128.2
Blonde Iced Pistachio Latte - almond drink	Tall	527	127	3.2	1.3	19.7	19	0.6	3.5	0.31	85.5
Blonde Iced Pistachio Latte - almond drink	Grande	742	179	4.7	1.8	27.8	27	0.8	4.6	0.44	85.5
Blonde Iced Pistachio Latte - almond drink	Venti	893	215	5.4	2.3	34.2	33.1	0.9	5.5	0.51	128.2
Blonde Iced Pistachio Latte - soya drink	Tall	636	151	4.3	1.6	20.1	19.1	1.2	7.5	0.35	85.5
Blonde Iced Pistachio Latte - soya drink	Grande	910	216	6.3	2.3	28.3	27.1	1.7	10.8	0.50	85.5
Blonde Iced Pistachio Latte - soya drink	Venti	1064	253	7	2.8	34.8	33.2	1.8	11.7	0.57	128.2
Blonde Iced Pistachio Latte - oat drink	Tall	736	175	5.8	1.6	25.8	20.2	1.7	4	0.39	85.5
Blonde Iced Pistachio Latte - oat drink	Grande	1063	253	8.7	2.3	37	28.9	2.5	5.3	0.56	85.5
Blonde Iced Pistachio Latte - oat drink	Venti	1220	291	9.4	2.8	43.7	35	2.7	6.1	0.64	128.2
Blonde Iced Pistachio Latte - coconut drink	Tall	642	154	5.1	4.4	21.2	20.5	2.5	4.3	0.27	85.5
Blonde Iced Pistachio Latte - coconut drink	Grande	919	220	7.6	6.6	30	29.3	3.6	5.7	0.38	85.5
Blonde Iced Pistachio Latte - coconut drink	Venti	1073	257	8.3	7.2	36.6	35.5	3.8	6.6	0.45	128.2
Decaf Iced Pistachio Latte - semi skimmed milk	Tall	773	184	4.3	3.8	28.1	27	0.3	7.8	0.41	3.6
Decaf Iced Pistachio Latte - semi skimmed milk	Grande	1060	252	6.2	5.5	37.7	36.5	0.3	11.1	0.56	3.6
Decaf Iced Pistachio Latte - semi skimmed milk	Venti	1204	286	6.7	6	44.1	42.4	0.5	11.8	0.63	5.4
Decaf Iced Pistachio Latte - whole milk	Tall	862	205	6.9	4.6	28	26.8	0.3	7.7	0.40	3.6
Decaf Iced Pistachio Latte - whole milk	Grande	1199	285	10.1	6.8	37.5	36.3	0.3	10.9	0.56	3.6
Decaf Iced Pistachio Latte - whole milk	Venti	1341	319	10.6	7.2	43.9	42.2	0.5	11.6	0.63	5.4
Decaf Iced Pistachio Latte - skimmed milk	Tall	706	168	2.5	1.7	28.2	27.1	0.3	7.8	0.41	3.6
Decaf Iced Pistachio Latte - skimmed milk	Grande	957	227	3.3	2.3	37.9	36.8	0.3	11.1	0.57	3.6
Decaf Iced Pistachio Latte - skimmed milk	Venti	1102	262	3.9	2.8	44.3	42.6	0.5	11.8	0.64	5.4
Decaf Iced Pistachio Latte - almond drink	Tall	637	153	3.6	1.7	25.1	24	0.6	3.8	0.36	3.6
Decaf Iced Pistachio Latte - almond drink	Grande	849	204	5.1	2.2	33.1	31.9	0.7	4.9	0.49	3.6
Decaf Iced Pistachio Latte - almond drink	Venti	996	239	5.7	2.7	39.6	37.9	0.9	5.7	0.56	5.4
Decaf Iced Pistachio Latte - soya drink	Tall	740	176	4.6	2	25.4	24	1.1	7.6	0.40	3.6
Decaf Iced Pistachio Latte - soya drink	Grande	1009	239	6.6	2.7	33.6	32	1.6	10.7	0.54	3.6
Decaf Iced Pistachio Latte - soya drink	Venti	1153	274	7.1	3.1	40.1	38	1.7	11.4	0.61	5.4
Decaf Iced Pistachio Latte - oat drink	Tall	833	198	6.1	2	30.7	25.1	1.6	4.2	0.44	3.6
Decaf Iced Pistachio Latte - oat drink	Grande	1154	275	8.8	2.7	41.8	33.7	2.4	5.5	0.61	3.6
Decaf Iced Pistachio Latte - oat drink	Venti	1296	308	9.4	3.1	48.2	39.6	2.5	6.3	0.68	5.4
Decaf Iced Pistachio Latte - coconut drink	Tall	745	178	5.4	4.6	26.5	25.4	2.3	4.5	0.32	3.6
Decaf Iced Pistachio Latte - coconut drink	Grande	1017	244	7.8	6.8	35.2	34.1	3.4	5.9	0.43	3.6
Decaf Iced Pistachio Latte - coconut drink	Venti	1162	278	8.4	7.2	41.7	40	3.5	6.7	0.50	5.4